

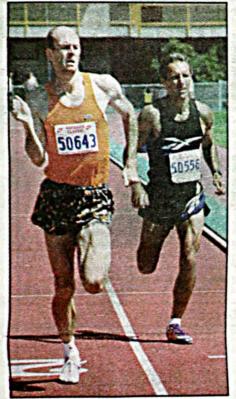
The official world and U.S. publication for Masters track & field, long distance running and racewalking

240th Issue

August 1998

\$2.50

Record Turnout for Hayward Classic Meet in Eugene



SUZY HESS Gordon Valiant (I) in 2:07.85, and Jim Jones in 2:08.39, finishing one-two in the M45 800 race, Hayward Classic Masters Meet.

Susannah Beck, 30, first overall and winner of the best age-graded performance in the National Masters News Women's Mile with an 83.5% 4:58.05, at the Hayward Classic Masters Meet.

by JERRY WOJCIK

A reputation for staging good meets, and the lure of Hayward Field, drew a record 289 athletes to Eugene, Ore., for the 18th meeting of the Hayward Classic Masters Meet on June 27-28. The field of 231 men and 58 women produced one U.S. and five world age-group pending records.

Joe Keshmiri, 60, Reno, Nev., broke the M60 world record for the 6kg shot with a 54-0. The present mark of 52-6¹/₄ is held by Peter Speckens of Germany.

On Saturday, Ivy Granstrom, W85, of Canada, ran a 2:26.42 in the 400, and on Sunday, she ran a 24:08.62 in the 3000. Both times are better than pending world records for that age group. Granstrom, who is blind, runs with the aid of a guide. Myra Fromme, 94, of Eugene, established W90 world records in the 100 (42.13) on Saturday, and the 200 (94.03) on Sunday.

Paul Heitzman, Eudora, Kansas, ran a 10:49.81 in the 3000 to break the U.S. M65 record of 10:51.0, which had stood for 23 years.

Heitzman, who had finished second in the National Masters News Age-Graded Mile here in 1997 and said that he would be back to win in 1998, kept his promise. Running in a field of 11 men, Heitzman ran a 5:28.71 for a 91.1% top performance and a \$50 prize, which he promptly returned to the NMN as a gift. David Jansen, 42, first overall in the mile in 4:34.61, was second with an 87.4% and was awarded \$25.

In a separate women's mile, Susannah Beck, 30, of Eugene, took Continued on page 7



Bev Docherty, St. Paul, Minn., four days after turning 40, claimed her first masters title at Grandma's Marathon, Duluth., Minn., June 20, with a 2:46:02.

Russia's Kuznetsov Sets Course Record 2:14:12 at Grandma's

by JANNA WALKUP

Minnesota's largest and oldest 26.2 mile road race, better known as Grandma's Marathon, has become famous in distance running circles for its multitude of volunteers, attention to detail, and outstanding competition. After nearly ideal weather conditions and exceptional performances, on June 20, masters runners will be looking ahead to the 1999 Grandma's.

Andrey Kuznetsov, of Russia, took advantage of the cool and foggy weather to set a new masters course record of 2:14:12 at this year's event. The 40-year-old Kuznetsov finished second overall, less than two minutes behind overall winner, Simon Peter, of Tanzania, 30, who blasted to a 2:12:47, Continued on page 6

a creatile subject ages

100 Nations Represented in World Masters Games

More than 12,000 athletes from 100 nations are registered to compete in the fourth Nike World Masters Games in Oregon, August 9-22.

More than 1300 from 43 countries will participate in the track & field portion of the games in Eugene.

The previous record number of countries represented in the games was 71 in Brisbane, Australia, four years

ago. Doug Single, General Manager and CEO of the games, said over half the registered athletes are from outside the United States, and each of the 25 sports featured in the games has at least one international athlete or team competing.

ing. "We are thrilled with the support the games have received from athletes worldwide," Single said.

However, the *Portland Oregonian* reported the games entries "remain low," citing the original projection of 25,000.

"Several Portland hotels are preparing to absorb heavy losses after most of the rooms reserved have not been booked," reported the Oregonian in a front sports page article, July 11. "Only 11,000 athletes have registered and paid the \$200 entry fee, causing four area hotels to lift blocks on rooms previously reserved."

Continued on page 17

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not been onian in a July 11.

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VATIONAL MASTERS NE

The official world and U.S. publication for masters track & field, long distance running and racewalking

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The National Masters News (ISSN-0744216) is published monthly, with an annual subscription rate of \$26.00. Main office address: 14155 Magnolia Blvd. #338, Sherman Oaks, CA 91423. Periodicals postage paid at Van Nuys, CA 91409.

The National Masters News is an official publication of USA Track & Field and of the World Association of Veteran Athletes. As an independent publication, its editorial policy is not necessarily that of USATF or WAVA.

Executive Officers of USATF: Pat Rico, President; Craig Masback, Executive Director.

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Mailing: The issue is mailed the last week of the month prior to the cover date.

Postmaster: Send address changes to: National Masters News, P.O. Box 16597, No. Hollywood, CA 91615

Subscriptions: A one-year subscription (12 issues) is \$26.00 (mailed 2nd class). Add \$16 for 1st class (USA & Canada) or \$19 for foreign air mail. Please send all correspondence on subscriptions to NMN, P.O. Box 16597, No. Hollywood, CA 91615. 818/760-8983. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical,

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San Diego Senior Sports Festival Presents Senior Olympics Track & Field Saturday, September 12, 1998

SAN DIEGO STATE UNIVERSITY TRACK SAN DIEGO, CALIFORNIA

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- ♦ 50m, 100m, 200m and 400m dashes
- +800m, 1500m and 3000m runs
- Long jump, high jump, pole vault
- ♦ Shot put, discus, javelin
- Long and short hurdles
- ♦ Pentathlon *

- 9 lane all weather track
- ♦ Grandparent/Grandchild relay Electronic timing
- ♦ Medley relay *

•USA T&F officials

*Pentathlon score based on earlier performance in 200m, 1500m, discus, long jump, and shot put. Enter event at the meet. No entry fee.

*Medley relay - 100m, 200m, 400m and 800m. Minimum combined age 230. Same sex or mixed team. Enter event at the meet. No entry fee.

Entry Fees: \$30.00 registration plus \$5.00 per event includes T-shirt and medals, Opening ceremonies - Dinner dance and more

"Just Say No to Aging" one day symposium - Wednesday, September 16 complimentary lunch included

Divisions: 5 year age divisions for men and women age 50 plus

For Entry: San Diego Senior Sports Festival, PO Box 126698, San Diego, California 92112 (619) 543-9046, fax (619) 543-9239

> **DEADLINE - SEPTEMBER 1, 1998 Co-sponsor - San Diego Track Club**



QUALIFYING STANDARDS

In response to Doug Schneebeck's letter in the June issue regarding my previous comments on qualifying standards for the national masters championships, I apologize if my remarks came across as "unsportsmanlike."

The only point I was trying to make is that I didn't feel as though I deserved to be recognized as a masters indoor 3000m champion, knowing there are several women across the country more qualified than myself. There were only two women in my age group; therefore, I was uncomfortable with my win and my championship status. I am sorry that in trying to make this point I may have represented myself in an "unmasterly" manner.

I am disappointed that Mr. Schneebeck interpreted this as an attempt to malign the efforts of the other athletes at the meet. Kathryn Martin ran a superb effort in winning the W45 3000 with a U.S. record, and I hope that, in six years, I am capable of running her times. My letter was written in support of Roland Rust's earlier letter, giving suggestions that were an attempt to give the meet the recognition it so greatly deserves.

I have watched many high school and college meets and am witness to the hard work put in trying to qualify for the "big meet." I was guilty of being naive enough to think we could create a similar situation in masters track. I realize there are many reasons for masters women not attending (expenses, commitments, etc.), and I am sure there are many people with suggestions to improve our sport. It is unfortunate, however, that such criticism is necessary when at attempt is made expressing them.

With such a great meet being offered to us, any attempt at increasing the participation of national caliber runners should be encouraged.

Karen Boen Stoughton, Massachusetts

NO FALSE START RULE

Australians generally have considerable, though not unqualified, admiration for the U.S.A. Largely through the influence of American television, our speech repeats every last bit of computer-industry language, and we are now in danger of adopting that pretentious word "masters" to describe many people who are no longer young, but certainly not experts of track and field. Which is why, presumably, you invented your contentious No False Start rule.

Most on this southern frontier find the American attitude to gun ownership and misuse simply incomprehensible. It's not much easier trying to find the benefit of the No False Start rule, canvassed yet again in your (typically admirable) June issue.

Graeme Shirley's exposition in Speaker's Corner is level-headed and helpful, but the sympathies of any administrator interested in the future of the sport must surely lie with Lee Gillespie's letter explaining the negative effects of such a draconian law. During the summer, our club runs a

weekly competition for all-comers, the

majority of whom are school children. One day we ran 38 100m races. We make it clear that breaks are not welcome in a busy program, but we don't throw out the baby with the bath water.

Surely the country with more education (of one sort or another) than any other can find a better solution than disqualifying athletes before they run! Might I humbly suggest you try education?

Robert Solomon New South Wales, Australia

I am very much against not allowing a false start. Let me explain why. My competitive season begins in June and ends in August. In Pennsylvania, we do not have the luxury of warm winters, and there are no indoor tracks where I can run. Therefore, I race only in the summer.

I am neither retired, nor independently wealthy, so I run in a handful of meets locally in Pennsylvania and Maryland. My biggest meet is the Pennsylvania Keystone Games in August, where I usually run a 200, 400, and in the 4x400. My entire year's training is designed for this meet. Thank goodness one false start is allowed, because my nervousness has caused me to false start (infrequently) in the past.

I have months of training time invested in each season and entry fees have become substantial. I would hate this to be all for nought, because a hot and tired official called me for a false start. If every meet I ran in began DQing for false starts, I would give up track entirely.

Few masters runners deliberately false start, because it hurts everyone in the heat, including themselves. How



Erwin Jaskulski, 95, is congratulated by Shoichi Tanouye, 78, after Jaskulski broke the M95 world record of 39.00 for the 100m with a 24.81 in the Aloha State Games, June 13-14, Honolulu.

many false starts are there in a typical meet? I doubt if there were more than ten during a full day of the Keystone State Games, which involved seven age groups and two genders for a total of 154 races. How much time was lost? Five minutes? This is one percent of the time required to put on a large meet. Not much reason to ruin someone's entire season for five minutes.

Most masters runners enjoy competing for the fun of it. Let's not allow the rules to become so restrictive that the fun is stripped away from competing.

> Peter Klotz York, Pennsylvania

SCHEDULE CONFLICTS

In last month's NMN, Charles Kirkby expressed concerns about his potentially busy 800m/400m schedule Continued on page 12

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Sixteen Join NMN Sustainers

Each month, NMN publishes a list of "sustainers," those who help the *National Masters News* and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an indepth schedule section, and more.

Special thanks this month go to: B. Brent

Dan Bulkley Roya Lee Byars Carolyn Cooney Joseph Dambrossio Paul Heitzman Robert Hunt Alfreda Iglehart Frank Kishi George Lyden Dennis Nelson Murray Oguss Doug Schneebeck Joan Stratton Tom Talbott Richard Widener Fairbanks, Alaska Phoenix, Oregon San Diego, California Vancouver, Washington Bronxville, New York Eudora, Kansas Anaheim, California Los Angeles, California Los Angeles, California Seattle, Washington Fargo, North Dakota Tucson, Arizona Albuquerque, New Mexico Yuma, Arizona Cos Cob, Connecticut Irving, Texas

Bulkley Breaks Record in Portland Classic

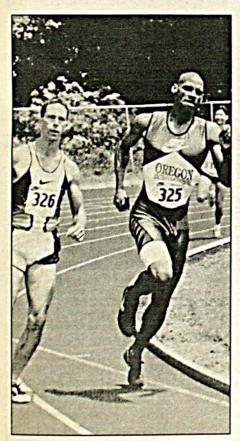
by JERRY WOJCIK

The 26th Portland Masters Classic hosted the 1998 USATF Oregon Association Masters Championships at Mt. Hood Community College in Gresham, June 13-14. Guest athletes from Washington, California, and Canada were among the 120 entrants.

Running six races in two days, Dan Bulkley, 81, Phoenix, Ore., broke the M80 300H world record of 68.0 by



JERRY WOJCIK Katie Angel (432), 44, kept her lead over Robin Vesey, 44, to win the W40 3000 race, 11:07.80 to 11:21.14, Portland Masters Classic.



JERRY WOJCIK

Driving toward the finish, Curtis Wilson, Jr. (r), 30, held off Mark Holme, 30, to win the M30 800 race, 1:58:36 to 1:58.76, Portland Masters Classic. Karl Trei in 1989 with a pending 64.63. Bulkley capped off the meet with a 10.93 first in the age-graded 100m.

Speedster Karry Cameron, M40, won five championships with wins in the 100 (12.00), 200 (24.22), 400 (53.17), short hurdles (18.17), and long hurdles (65.10). Submaster Curtis Wilson, Jr., took the M30 400 (49.07), and edged Mark Holme (1:58.76) in the 800 with a 1:58.36. Dave Walter won the M50 400 in 54.73. Ed Kousky, M55, posted the fastest time in the 5000 racewalk with a 27:37.70.

Martha Mendenhall, W35, high jumped 4-11¹/4. Ken Weinberg was the M30 winner with a 205-4 in the javelin. World-record holder Ross Carter, 84, won the Oregon Association M80 shot put (34-10¹/4) and discus (104-2) titles.

Paul and Laura Stepan of the Portland TC served as meet coordinators. Jim Puckett was the meet director.



SUZY HESS Todd Taylor, second M55 hammer (157-11), Portland Masters Classic.

FIFTEEN YEARS AGO August, 1983

- Dan Conway (2:23:25) Beats Bill Hall and Ralph Zimmerman to Win Masters Title in Grandma's Marathon
- Harvey Schellenberg, 50, and Gilberto Gonzalez, 70, Set World Age-Group Records in National Decathlon
- World Veterans Games Threatened as Puerto Rico's Governor Demands South Africans Be Banned from Competition

CLUB WEST 25th ANNUAL MASTERS TRACK & FIELD EVENT Saturday, October 3, 1998

Nick Carter Track – La Playa Field – Santa Barbara City College Cnr. Of Cabrillo Blvd. & Loma Alta Street Co-sponsored by Club West & City of Santa Barbara Parks & Rec. Dept.

FIELD EVENTS

All Implements Will be Checked with Club West Trackmaster

9.00am Hammer - All Hammer throwers, UCSB Hammer Ring at the Track.
10.30am- Shot Put – Throwers who do not throw the hammer. Hammer throwers who also throw the Shot, report for the second round, which starts as soon as the first round finishes.

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9.00am Long Jump	1.00pm	High Jump
10.30am Pole Vault & Shot Put	ed1.00pm adt avig .	Triple Jump
11.30am Javelin	1.30pm	Discus
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TRACK EVENTS

5000M	12.30pm	3000M Walk
800M	and the second sec	300M Hurdles
50M		400M Hurdles
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400M		Steeplechase*
	50M 80M Hurdles 100M Hurdles 110M Hurdles 100M	800M 1.00 pm 50M 1.15 pm 80M Hurdles 1.30 pm 100M Hurdles 2.00 pm 110M Hurdles 2.15 pm 100M 2.30 pm

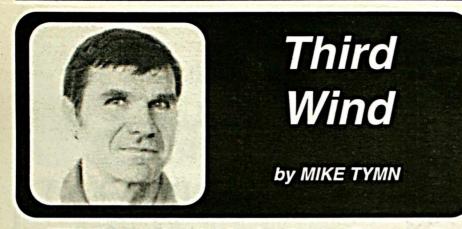
*Number of entries will determine running of event

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NAME	DOB	AGE	SEX
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PLEASE ENTER ME IN THE FOLLOWING	G EVENTS:	Next 2 Parts in the Parts	STATE DISTURBENCES
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ENTRY FEES: \$10 first event, \$5 each addition	nal event, \$20 Relay	S NO REFUN	
Relay team members must be from same club, a	nd club must send ch	neck for fees.	
SEPTEMBER 26, 1998 is the Deadline for En	tries. Entries postn	narked later, S	5 surcharge
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MEET DIRECTOR: Gordon McClenathen (805) 964-3005		
CLUB PRESIDENT: Beverley Lewis (805) 96		969-6613	thread a start P. Mar
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USATF rules. Athletes found positive for banned subst	ances, or who refuse to	be tested, will be	disqualified from this event
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National Masters News



Will Doomsday Make for Better Running?

I f all of the Doomsday reports I've been reading and hearing lately are correct, there's a possibility that this column will never make it into print or into the mail. If you're reading it, it means that one of the Doomsday prophets was at least a week or two off in his predictions.

According to futurist Gordon-Michael Scallion, who supposedly has the ability to see the future and has accurately predicted catastrophes and other world events, things will begin to happen in the latter part of July and will fully manifest themselves within three months. He's predicting major volcanic eruptions and earthquakes that will go off the scale. These will lead up to a shifting of the north and south poles, which will wipe out most of Europe and a good part of the United States. His visions show most of the western states under water.

Hard to Dismiss

I'd be inclined to totally discount Scallion as just another quack were it not for his past accuracy, El Niño, and the fact that a number of other people with psychic abilities of one kind or another have predicted much the same thing. Back during the 1930s, Edgar Cayce, called "The Sleeping Prophet," because he would go into a trance and relate all kinds of information otherwise unknown to him or the rest of the world, also predicted a polar shift dur-ing the latter part of 1998. He said that the western coast of North America will be inundated for several hundred miles inland, that the southern Atlantic coast will disappear beneath the ocean, and that Los Angeles, San Francisco, and New York would all be destroyed. He further mentioned that Japan would

Elizabeth "Bess" Ann James, who

took up running after retirement at age

67 and became one of the most popular

and successful runners in the masters

movement in the early 1980s, passed

away at the San Diego Hospice on May

15 at the age of 88. A resident of the

Hemet, Calif., area since 1941, James

was born in 1909 in Yukon, Pa., one of

James went on to run 475 races in her

13-year athletic career. She ran races at

all distances and completed the Boston,

New York and Los Angeles marathons.

She was the W70-74 TAC Female

Athlete of the Year in 1981, '82, and

'83, and, at one time, held more world

records than any other female athlete in

After starting her running avocation,

13 children.

"go into the sea."

Some 25 years ago, Ruth Montgomery, a former Washington-based journalist who learned to communicate with the "other side," predicted a "shifting of the axis" during the late '90s. She also mentioned topographical changes much like those of Scallion and Cayce.

Nostradamus also talked about a "great movement of the globe," although he had it happening in July or August of 1999.

Hopis in Agreement

I just heard last week that the Hopi Indian elders, who supposedly have long known the future of the earth, are now going public and saying that major changes will take place this year.

If we are to believe all this, this could be my last column and your last issue of *National Masters News*. However, I try to look at the bright side of this situation. I ask myself what positive things might result from such cataclysmic events. I gather that most of my home state of Hawaii will end up under water, but perhaps not immediately.

If I survive the initial tsunamis (otherwise known, incorrectly, as tidal waves), I should be able to lose the excess 30 pounds I'm now carrying and get back down to my old running weight of 152, since food will be in

Bess James

the U.S.

James was successful on the track as well as on the roads and the W75 world record for the 3000 (17:37.2) and the U.S. record for the 1500 (7:42.30), both set in 1985, are still hers. She was extremely proud of having the privilege of carrying the Olympic Torch in 1984 on its way to Los Angeles.

Survivors include two sons, a daughter, and four grandchildren. Fred, her husband of 57 years, died in August 1997.

Memorial contributions may be sent to the San Diego Hospice, 4311 Third Ave., San Diego, CA 92103, or to Point Loma Convalescent Hospital, Employee Fund, 3202 Duke St., San Diego, CA 92110. short supply. Moreover, since most businesses will likely cease to exist, I should be able to take early retirement and therefore have more time for training.

On a larger scale, though, I see advantages for the running world. I see a return to amateurism along with both track & field and road racing supplanting football, basketball, and baseball on our list of major sports. There will be no television, no Yankees, 49ers, Lakers, or Braves.

For those professional athletes who do survive, it is unlikely they will play for food. People will gather for little picnics and will enjoy running and throwing games as they did a century or two ago.

No More Couch Potatoes

On an even bigger scale, it should do wonders for the fitness of the remaining population. Since there will be no television, very limited motorized transportation, and little in the way of junk food, there will be few couch potatoes.

It will give us a chance to put all the training we've had over the years to practical use. Instead of running to win or for time, we can chase wild animals for food. I have a problem in this respect, however, as we don't have many wild animals in Hawaii. We do have a few wild pigs back in the boonies, but from the few I've seen, wrestling ability is more important than speed or endurance on the run. I intend to stock up on peanut butter this month.

I'm sure there will be other positive aspects to all these changes. One of the biggest is that we won't have to see or hear any more of Dennis Rodman. That, in itself, may be worth all the turmoil.

Kuznetsov, Kasen Win in Old Kent 25K

by JANNA WALKUP

Russia's Andrey Kuznetsov, 40, and Claudia Kasen, W40, San Antonio, Tex., ran away from the field to grab masters titles in the Old Kent River Bank Run 25K, Grand Rapids, Mich., May 9. Kuznetsov, crossing the finish line in 1:19:46, outdistanced M40 runner-up Jim Hage, Lanham, Mo., who took second in 1:22:29. Steve O'Connell, M40, Sparta, Mich., 1:27:27, finished third.

Kasen won the competition in 1:36:0, more than six minutes over W40 runner-up Doris Windsand-Dausma, Kingsport, Tenn., who completed the 15.5-mile distance in 1:42:37. Windsand-Dausma edged out thirdplace finisher Carol Gephart, W40, Hamilton, Mich., 1:43:30.

M70+ winner Jim Forshee, Ann Arbor, Mich., averaged an impressive 7:13 pace en route to a 1:51:57 finish, while Carol Bender, W55 winner, Middleville, Mich., coursed to a speedy 1:59:16. The race drew a record field of 4345.



JEFF FREY

Andrey Kuznetsov, 40, of Russia, sets a new Grandma's Marathon masters course record with a 2:14:12, Duluth, Minn., June 20.

Grandma's Marathon

Continued from page 1

the fastest Grandma's time since 1985. Kuznetsov's efforts earned him \$5750 in prize money.

Second-place master Steve Winchel, 42, Janesville, Wisc., sped to a 2:22:35 to take home \$750, while M45 winner, Lev Khiterman, 46, of Russia, snatched up the third overall masters spot to win \$500.

Less than a week after her 40th birthday, Bev Docherty, St. Paul, Minn., kept the celebration going with a masters win, negotiating the course in 2:46:02 to pocket \$1250. Docherty, whose time qualified her for the 2000 U.S. Olympic Trials, was followed by Doris Windsand-Dausma, 41, Kingsport, Tenn., 2:51:39, and Stephanie Kessler, 40, New York, N.Y., 2:53:11. Windsand-Dausma and Kessler earned \$750 and \$500, respectively.

The start time temperature of 57 degrees dropped to 54 degrees by the time the first of 5595 finishers crossed the line. Fog and occasional light rain prevailed throughout the race, helping six American men and sixteen American women, including Docherty to finish under 2:22 and 2:50, respectively, and qualify to compete in the 2000 U.S. Olympic Trials.

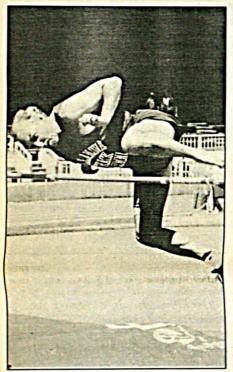
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Hayward Classic

Continued from page 1

the lead at the start and never relinquished it, to win with a fine 4:58.05 and a top performance of 83.5%. Marjorie Gilmore, 63, of Eugene, was the second-best performer with a 76.4% 7:14.29. Both received cash awards equal to the men's.

The Joe Keshmiri Awards for the best shot put and discus performances went for the shot, to Ross Carter, 64, Eugene, \$65, for his 100% 34-21/2; Don Cumley, 78, Sparks, Nev., \$35, 35-111/2, 88.4%; and Harry Hawke, 69, San Diego, Calif., \$25, 38-6, 87.1%. In the discus, the awards, in the same



JERRY WOJCIK

Frank Condon, second M55 in high jump (4-91/2), Hayward Classic Masters Meet.

amounts, went to Tom Fahey, 50, 165-4, 76.44%; Harvey Lewellen, 69, Springfield, Ore., 131-1, 76.42%; and Tom Gage, 55, of Montana, 146-10, 75.7%.

Georgia Cutler, 55, of Oregon, won the Seattle Masters Athletic Club \$25 prize for the best age-graded weight throw with a 72.2% 32-6¹/₂. The awards were presented on Saturday evening at a reception hosted by the Oregon Track Club Masters, the meet organizers, at the Phoenix Inn, event headquarters.

Ruth BreMiller and Frank Lulich of the Oregon TC Masters were the meet co-directors. The primary sponsors were Oregon Track Equipment, Pacific Continental Bank, Duncan & Brown Real Estate Appraisers, and Track Town Pizza. The Eugene Register-Guard ran short articles and your results for both days. ABC, CBS and NBC affiliate television stations gave coverage to 94-year-old Fremme's races.

The fact that the meet served as the USATF Northwest Regional Masters Championships helped bolster the total entry, but guest athletes came from out of the region and the country as well. Middle distance runner Ed Conner, M66, journeyed from the Hamptons in Long Island, but was unable to compete because of injury. Roy Treadwell, 50, of England, placed fourth in the NMN Mile with an 83.0% 5:07.31 and was first in the M50 5000, with a 16:55.28.

Standing in the infield, Frank Condon, M55, Chico, Calif., who competed as a collegian at Villanova University, summed up the feelings of many of the participants: "I really enjoy coming to Hayward. It's the greatest place for a track meet in the country."

Age-Graded Team Scoring Used in Hayward Meet

by GEOFFREY HUGHES

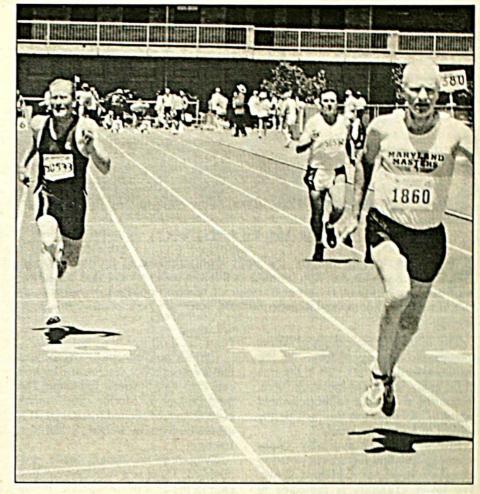
The 1998 Hayward Classic was an exciting meet for team competition, with a scoring method adjusted to provide a more competitive atmosphere. Instead of awarding points based on the order of finish in each age group, points were awarded to the top six age-graded performances per event.

The men's team trophy competition was hotly contested down to the last event of the two-day meet, with the Portland Masters TC winning with 115 points. The Oregon TC Masters ran away with the women's team trophy with 188 points and won the combined men's and women's trophy with 283 points.

Scoring for each event was 1st = 10 points; 2nd = 8; 3rd = 6; 4th = 4; 5th = 2; and 6th = 1.

Quality counted for scoring as well as quantity. Teams represented by fewer athletes were in a position to be competitive against teams with larg-er numbers of entrants. In the men's division, the Maryland Masters TC, represented solely by Jim Stookey, M65, the 1996 Masters Male Athlete of the Year, who had outstanding performances in seven events, placed third among 16 men's teams with 68 points.

In the women's division, the Maryland Masters, with just two entrants -Audrey Lary, W60, and Mary Alice Stookey, W65 - placed second with 52 points.



JERRY WOJCIK

James Stookey, winning the M65 100 (13.48), Hayward Classic Masters Meet, Eugene, Ore., June 27-28. Jack Coy (lane 5) was second (14.27), Cully Vaughn, third (15.82). Stookey single-handedly boosted his Maryland Masters TC to a third-place finish with seven firsts.



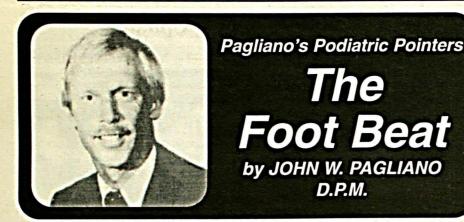
Masters Cross-Country Championships clo E. P. "Tont" Sawyer State Park 3000 Freys Hill Road Louisville, Kentucky 40241

Information E. P. "Tom" Sawyer State Park (502)426-8950 days Bob Ullrich, Race Director (502)459-6820 evenings Bob Miller (502)896-0717 evenings

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4



Stress Fractures

Stress fractures in runners are really manifestations of overuse injuries. Running too far, too fast, on hard surfaces in poor training flats can cause this type of injury. By stress fracture, we mean a thin crack or partial fracture of a bone, as compared to gross fracture, where the bone cracks completely through.

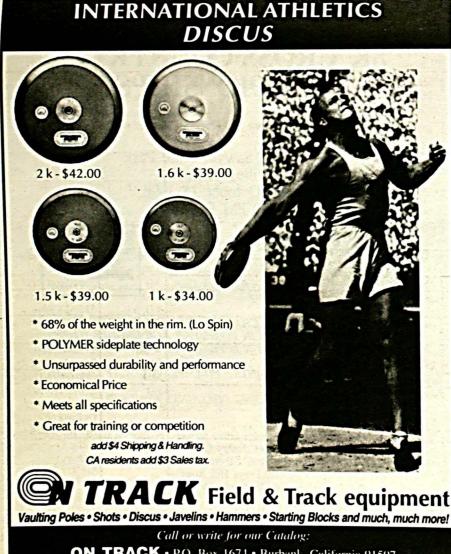
The most common areas of stress fracture in running athletes are the inside of the tibia, the fibula in the area of the ankle, and in the metatarsal area. (Fractures also occur in the sesamoid bones of the foot, but this will be the subject of a separate article.)

Stress fractures typically occur when the foot and leg are subjected to excessive stress, as explained above. The lower extremity is subjected to repetitive stress, resulting in a stress fracture or crack in the bone. Leg bones may also fracture if a tendon pulls too hard and causes periostitis or inflammation of the outer cortex of the

bone.

Certain blomechanical deformities that inhibit proper weight distribution can also cause stress fractures. The most famous is "Morton's toe," which is an elongated second metatarsal. If it absorbs excessive weight, it can also fracture.

Symptoms are usually quite pronounced. There is a sharp, unrelenting pain in the area of the fracture. It will be tender to the touch, and the foot may also become very swollen. A stress fracture may not show up on xray for several weeks after the break occurs. If a stress fracture is suspected,



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Mixed age-group start in the 100m at the Allegra TC Meet, Las Vegas, Nev., May 17.

a bone scan is the most accurate method of diagnosis. Unfortunately, in the running com-

munity, athletes tend to try to train through the fracture, and a mild periostitis may develop into a complete fracture.

Athletes with high-arch feet are more prone to stress fractures than are those of normal foot configuration or those with low-arch feet. The higharch foot is a poor shock absorber.

Obviously, prevention is the best mode of treatment. Use a well-cushioned, shock absorbing shoe. Avoid hard running surfaces such as concrete. Stretch properly. For those with biomechanical deformities, the use of a shock absorbing orthosis is recommended.

If you suspect a stress fracture, confirm it by x-ray or bone scan. If there is an overt fracture of the tibia or fibula, you will need to be in a cast for three to six weeks. Recovery usually takes six weeks, plus an additional two weeks of post-cast therapy and muscle strengthening. Muscles will atrophy in the cast and will need to be strengthened prior to returning to athletic activity.

With a stress fracture of the metatarsal, you may only be immobilized for three weeks in an Unna boot cast and walking shoe. This type of fracture responds well within the three week period, after which the athlete may return to activity with proper taping and a limited training program.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 50098, Eugene, OR 97405.)

Texas Senior Games Off To Good Start

by TIM MURPHY

A new Texas Senior Games at Angelo State University in San Angelo was a very successful outing on May 9. Arriving at the track at 7:45 a.m., with the sun bright and hot, we were greeted with good news and bad news. The track was terrific with automatic timing, but the wind was at 25-30 mph in the wrong direction and would blow the bar off the high jump standard.

Ed Jones, 53, recorded an age-graded 91.7% 11.26 in the 100. Wendell Palmer, 66, had an A-G 94.2% 44-5 in the shot put.

A very special thanks to the Sports Committee of the San Angelo Chamber of Commerce for its support and to John Muckleroy, Linda Walling, Bob Beaver, and Billy Hollis. Next year, the meet will be held at night to beat the Texas heat.

The sit-down dinner and country & western dance was well-attended at \$5 a head – even the town people attended just for the low price and to see what it was all about.

1999 USATF Masters LDR Championships

January 31 One Mile Road, Steve Scott Festival, Santee, CA February 13 6K X-C(m); 4K X-C(w), Seattle, WA March 28 5K(m), Carlsbad 5000, CA May (tba) Half-Marathon, Indianapolis Life 5000, IN June 5 5K(w), Freihofer's Albany, NY October 3 Marathon, Twin Cities, Minn./St. Paul, MN October 24 8K X-C, Louisville, KY November 21 5K X-C, Holmdel, NJ

Athletes Tally 100 All-American Performances in Atlanta McDaniels Sets Marks in Southeast Regionals

by JERRY WOJCIK

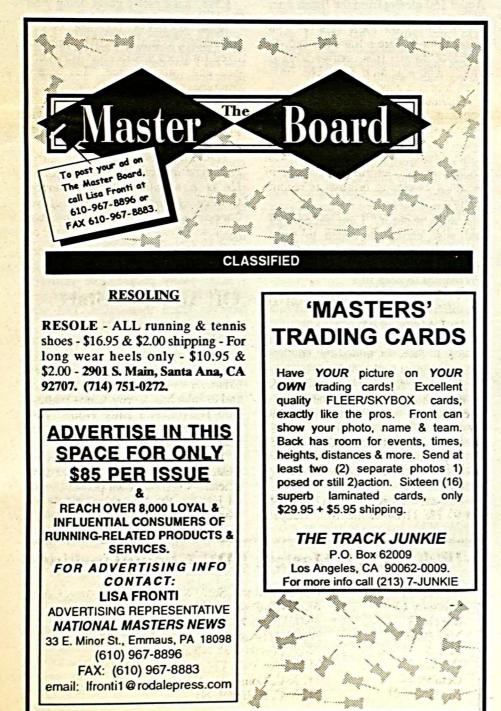
Temperatures in the mid-90s did not stop Leonore McDaniels, 70, from registering one W70 U.S. and three world records in the USATF Southeast Regional Masters Championships in Atlanta, June 13. McDaniels, who accounted for four indoor records in the 1998 Championships in Boston last March, established a world record of 87.12 for the 300H, broke world records in the high jump (3-11¹/₄) and pole vault (6-8¹/₄), and erased the national mark for the triple jump (23-4¹/₄).

Other competitors, also unaffected by the heat, achieved 100 All-American status marks. In the M50 200, the first three of eight runners finished with A-A marks, led by Thad Bell (25.78). In the women's 200 races, five of the seven runners ran A-A times, with the top performance by guest Pat Peterson, W70, of New York, with a 35.79. In the M65 shot put, all three competitors attained A-A status, with Larry Horine the winner (41-1¹/₄). Dan Healy, M50, with a 4:40.81, and Lesley Chaplin, W40, with a 4:55.14, ran 1998 probable top-ranked times in the 1500. Vincent Martin, M30, long jumped 22-10¹/₂ and triple jumped 47-1¹/₂. David Vandergriff, M40, hit the 165-6 mark with the 16lb. hammer.

Linda Stein, W50, had the best age-40+ time overall with a 30:13.02 in the 5000 racewalk. Keith Luoma, M35, was the fastest walker in 24:22.97.

The championships were hosted by the Atlanta TC. Athletes represented 34 clubs, some from out of the region, including the Boston RC, Maryland Masters, and Syracuse Chargers.

Masters Southeast Regional Coordinator, Bob Fine, who won the M65 racewalk, has planned for the meet to be rotated annually among the seven states in the region. Next year's championships are slated for Tennessee; the year-2000 championships will be held in North Carolina.



Masters Coaching Update

On this page is a list of masters coaching groups throughout the USA. Sites and individuals listed offer a variety of different programs. Some are free, others require a membership or training fee.

Some are informal gatherings in a supportive group without a professional coach. Often, an individual offers to serve as a leader without professing any coaching qualifications. Some coaches are very experienced, with Olympic-level athletes to their credit.

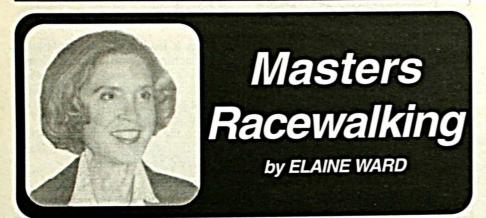
Most programs focus on specific or selected events/distances, which is noted on the chart. Interested athletes should contact the named individuals at the listed phone numbers.

Location/Site	Events	Contact
U. of South Florida	LD	C-Dror Vaknin
	ALC STREET	813-971-7627
	S	L-Joe Hehn
A REAL PROPERTY AND A REAL	STREET, SHOT	908-563-7383
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	MDID	C-214-526-5318
		C-214-361-6493
		C-214-820-7800
		C-972-562-2776
		C-Leo 909-
	З, П	595-9674
	CE	C-Ross 714-524
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		pacbell.net
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UC Irvine, CA		L-Mac
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CSU-Long Beach, CA		C-George
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CSU-Long Beach, CA		C-Dave 310-866-
19月前至1999年1月1日4月8日幕幕		9771 x2400 (work)
	MD, LD	C-Laszlo, 818-
		556-1563 (work)
Long Beach, CA	TH	C-Moose
	(Service Astron	310-596-0360
Pasadena, CA	RW	C-818-577-2264
Mt. SAC, Walnut, CA	S	L-909-
	1.00	945-9800 (home)
Orange County, CA	TH	C-310-598-9063
Birmingham H.STue	MD, LD	C-818-994-0682
Santa Monica HS - Wed		(home)
U of Hawaii-Manoa	S, TH, F	C
Sunday - 9 a.m11 a.m.	ALLER	2122012
Tacoma, Wash., Thu 5:30 p.m.	LD, MD, S	L-Ron
Steilacoom HS	and the set	Dimmerman
(April through Oct.)	12 20/2	253-582-8188
	MD, LD	C-Drew Sutcliffe
	ALC: NO PER	805-687-7863
	S. MD. LD.	L-Gordon Reiter
County of the second second second		314-230-9120
Southington, CT		C-860-621-3128
	2.2.2.	C-David Jackson
		915-533-3941
Canyon Del Oro H S		C-520-825-2595
	Contraction of	0 020 025-2595
	SMD	C-Mark Cleary
		714-589-0242
		C-510-633-1161
Jakiallu, CA	Course and the second sec	C-703-250-9277
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Multiple Sites - Eugene, OR	MD, LD	Neil McLaughlin Cathie Twomey Bellamy
	U. of South Florida Tampa, FL Bernards HS-Mon.&Thurs., 5:30 p.m. Hunterdon Central HS; Sat.& Sun., 9 a.m. Flemington, NJ Dallas-S.M.U. Dallas-S.M.U. Dallas-S.M.U. Dallas-S.M.U. McKinney, TX West LA College, Culver City, CA Placentia, CA Placentia, CA UCLA – Sun 8:30 a.m. UC Irvine, CA UCLA – Sun 8:30 a.m. UC Irvine, CA CSU-Long Beach, CA CSU-Long Beach, CA CSU-Long Beach, CA Mon, Wed, Sat – Culver City Tu, TH - Burbank, CA Long Beach, CA Pasadena, CA Mt. SAC, Walnut, CA Orange County, CA Birmingham H.STue Santa Monica HS - Wed U of Hawaii-Manoa Sunday - 9 a.m11 a.m. Tacoma, Wash., Thu 5:30 p.m.	U. of South Florida Tampa, FL Bernards HS-Mon.& Thurs., 5:30 p.m. Hunterdon Central HS; Sat.& Sun., 9 a.m. Flemington, NJ Dallas-S.M.U. Dallas-S.M.U. MD, LD Dallas-S.M.U. MD, LD MCKinney, TX MD, LD McKinney, TX MD, LD West LA College, Culver City, CA Placentia, CA S, F, MD UC Irvine, CA UCLA – Sun 8:30 a.m. UC Irvine, CA UC Irvine, CA S, H, F, PV, TH CSU-Long Beach, CA S, F, CSU-Long Beach, CA Long Beach, CA Long Beach, CA CSU-Long Beach, CA Long Beach, CA CSU-Long BEACH CSU-LONG CO CSU-LONG CO CSU-LONG CU CSU-LONG

C=Coach;L=Led by experienced athlete or volunteer of informal group; S=sprints (100-400m); MD=middle distance (800-5K); LD=long distance (5K-marathon); TH=throws; J=javelin: F=field events.

NMN would like readers from throughout the USA to let us know what masters training/coaching is available in your area. If you know of a group that's training together, informally or formally, send the info to NMN, P.O. Box 50098, Eugene OR 97405.

National Masters News



A Northern Star – June Marie Provost

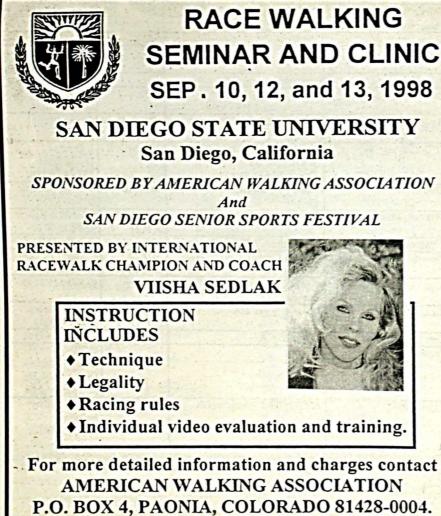
Pollowing is part I of an interview with the celebrated June-Marie Provost, W65, holder of numerous Canadian Records: W55: 5K track 29:37.13, road 29:24; 10K track 65:46, road 59:38; 20K 2:10:31; W60: 5K track 29:18.75, road 29:26; 10K track 61:31, road 60:05; 20K 2:05:58; W65: 5K track 31:20:56, road 32:16.03.

JMP: I have been setting records in Canada hoping they will be well broken over the next 15 to 20 years. I have to say 15 to 20 years, because most of the walkers who are really racing are about 20 years younger than me. We have one or two in their 50s, but the majority are in their 40s.

I started racewalking just before I turned 57, and made most of my records when I was 59, 60 and 61. I turned 65 in June, so I am just starting to race in a new age group. I figure it takes three years at absolute minimum, probably four, for your body and your head to finally realize what racewalking is all about. Frankly, I think this year my technique is probably better than it has ever been. However, because of my age, my times are probably not going to be as good as they were.

EW: You have already set two Canadian W65 records to add to your collection. Do you have any special memories?

JMP: I will always be ticked off at my W55 20K record of 2:05:58. I made it at the WAVA Road Racing Championship here in Ontario. I didn't know what the world record was and missed it by a little over a minute. Had I known, I think I could have probably broken it. My last 4K was not what it should have been. I was disappointed. Yet at the same time, I was very elated,



Telephone (970) 527-4557; Fax (970) 527-4607

because I won the Age Grading for the whole meet.

EW: Do you plan to race a 20K at 65?

JMP: I don't think I will. Whereas I enjoy the longer races, I really don't want to put the time in that it takes to train for them any more. Besides, I listen to Frank Alongi. Frank seems to me to have a very wholesome attitude. He doesn't think masters should be doing any longer races than 10K. He thinks our bodies are just not meant to take the punishment in the training.

EW: Have you ever had an injury?

JMP: I tore a muscle last year in my right leg – the first injury I ever had. I took off almost four months and did water work. I started racing again in March and am really working on speed now. It is beginning to come back. I am not unhappy, but I would be a lot happier if my times got lower.

EW: How did you tear your muscle?

JMP: It was in a race in Flint, Michigan. I was probably racing as well as or better than I had been doing. There were hills and I was flying – staying on the ground, but really moving and feeling very comfortable. About 150 meters from the finish line, something went pop and I thought, "Oh, my gosh, what did I do." Anyway, I finished the race legally except that I was probably 20 seconds slower than I would have been.

I went to a sports injury clinic and they told me I had torn a muscle just below my right knee on the outside toward the back. It hurt when it happened, but not afterward. The staff also told me it would take four or more months for the muscle to truly heal. They said, "You can race if you want, but if you want to race the rest of your life, think about it." I am old enough and wise enough to listen to good advice. So I didn't do any walking whatsoever. I did deep water work for 3¹/₂ months to keep fit.

Because of my injury, I explained the difference in the new and old rule for racewalking to the physiotherapist at the sports clinic. She was quite aghast. In fact, she pulled out another physiotherapist to watch me racewalk. Of course, I was hurt so I wasn't doing a very good job. She said, "You know, they may not have had problems with the knees before. But I think down the road they are going to see far more knee injuries with the new rule. From what I can see, you almost have to hyperextend to be legal, particularly if you foot goes out, say, 40 percent in front.

EW: What led you to take up race-walking?

JMP: My husband, Terry, and I were sitting together one evening. He said, "You know, we are going to retire in a couple of years and I think you should get into something for yourself." As I do a lot of volunteer work, he added, "You can't volunteer your retirement away." I asked him what he suggested.

I had been a walker all my life because, for a long time, I didn't have a car, and I love walking. He said, "Why don't you try racewalking?" I looked over at him and said, "First of all, what is it?"

Terry said, "I'll find out." I also made the statement, "but I am not competitive," and that has certainly come back to haunt me.

I started learning from a little paragraph on racewalking in a running book in our central library and an article given me by an orthopedic doctor friend. After I tried racewalking a while, my husband said, "Well, time yourself." Which I did. He encouraged me, saying, "That sounds pretty good." I got in touch with someone in masters sports and sent away for an entry form to do a 3000m at the masters spring indoor meet.

Terry told the men in his golf club, where everyone is very competitive. When I went over to the course, they all came up saying, "I hear you are going in a race." I wasn't too happy. When I came home, I broke into tears and Terry asked, "What's the matter?" I said, "I don't know what to wear." On the way to the race, he asked me. "What is bothering you more – whether you race well or whether you have on the right clothes?"

EW: That's pretty gutsy doing your first race on an indoor track.

JMP: I guess it was gutsy. I had never seen a racewalker and no one had told me I was doing it right. But I have never been one to shy away from something new. I jump in with both feet. Anyway, I ended up making a Canadian record in W55. From then on, I didn't have much excuse not to continue because, obviously, whether or not it comes through a natural something in the genes, it worked out for me. I walked the 3000 meters in 20:20 and eventually did much better than that.

EW: What is your best 3000 meters?

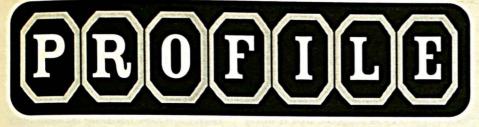
JMP: At 57 it was 18:28.7 indoors and 17:48.8 outdoors.

EW: Many people, like yourself, don't live near other racewalkers and have to teach themselves. Did you have any problems?

JMP: I think the technique must have come relatively easily. When I first started out in the mornings by myself, I knew I was racewalking. I had that feeling. I live by a mall so I can walk around the mall and watch myself in the windows to check if I look right.

I was also very fortunate. Terry made video tapes of my races. When we looked at the tapes, he would say little things like, "What you are doing really looks good, but pay attention to what others are doing with their arms." Even though he didn't know about racewalking, he knew enough about sports and body movements that he could pick out things.

I also watched other people and tried to picture racewalking in my own mind. I would question myself, "Will that work for me? Or would something else work better?" I have had a totally wonderful experience with every aspect of the sport – the whole of racewalking, not only the physical, but also the mental.



Finsrud Expects Best Marks as a Master

by JANNA WALKUP

he'd had a sparkling, award-laden career as a high school and collegiate thrower, but after the competition ended, Carol Finsrud wasn't quite ready to put the shot and discus away for good. She spent her post-collegiate years wondering if she could have thrown farther, and nine years later picked up the implements, resumed training, and proved herself right, launching the discus 185-3 at age 38.

While her top throws thus far have come in her mid-to-late thirties, the 41-year-old Finsrud believes her best marks might be yet to come. And because history tends to repeat itself, it wouldn't surprise many people if she tosses the platter to the 190-0 mark and beyond in upcoming competitions. After all, this is a woman who, along with her husband, Mike Graham, owns and operates The Old Texas Barbell Co., an old-fashioned gym and iron-pumping museum in their hometown of Lockhart, Tex., and is a four-time masters Outstanding Field Athlete. When asked of her motivation to excel, she replied, "I like to throw! Far!"

Hooked on Discus

As a high school senior in Minneapolis, Finsrud rewrote the record books with a winning toss of 144-4. She also made an impression in the shot put, finishing second at state.



JOHN SELLEH

John von Rohr, 50, of Florida, heaved the 98-lb. weight to a 13-7 mark, South Carolina Track Classic, June 28. From there, Finsrud accepted a twoyear track scholarship to Flathead Valley Community College in Montana, where she continued to unwind the tape, twice winning National Junior Collegiate Championships discus titles. She also finished third in the shot at the 1976 meet.

Then it was off on another scholarship, this one taking her to the University of Texas. Her solid career as a Longhorn was highlighted by nine meet discus titles and a Texas collegiate women's record with a 161-0.

As a senior, Finsrud placed sixth at the National AIAW Championship meet, but her best throw that season – 157-0 – did not equal the 161-0 she threw in her junior year. She participated in the Olympic Sports Festival, but then said farewell to the sport that had brought her so much success.

Second Career

After graduating from Texas, Finsrud went nearly a decade without setting foot in a throwing ring. But her love for the sport didn't wane, and Finsrud returned to track and field at age 31, and alerted the throwing world that she was back, with a major PR of 172-5 at the Houston Invitational in 1988.

Her distances continued to climb. She passed the 180-0 mark with a 180-9 at the 1990 Meet of Champions, placed sixth at the 1991 TAC nationals with a mark of 181-7, and threw her best-to-date 185-3 at the Waterloo Championships in 1995. Her top mark in the shot arrived one year later,' as she threw $45-4^{1}/_{2}$ at the Masters National Meet at age 39.

She hasn't broken 180-0 in several years, but the confident Finsrud isn't worried. After all, she has the past on her side. And she feels stronger than ever.

"I don't think that aging has affected me too much yet," she says. "I'm as strong as I've ever been. I have been relatively injury-free. The main problems I've had are with my feet and back, which I've had for a long time. I use good arch supports and have a lift in my shoes."

Looking to the Future

A printer with the University Interscholastic League printing office, Finsrud enjoys talking track to high school athletes. And, like them, she



Carol Finsrud

has some lofty goals for the future. She's looking forward to competing in the National Masters Meet in Maine and the World Masters Meet in England in 1999. And this time she has her eye on more than the discus and shot.

"I want to become more skilled in the hammer, weight throw, and javelin, to have a solid weight pentathlon," said Finsrud, who is relatively small for a world-class thrower at 5-8 and 180-lbs.

Finsrud has won every national masters discus and shot put title since 1993, and she won worlds in 1995 (discus and shot) and 1997 (discus). Her top marks in the other throwing events include 99-6 in the javelin (set at the WAVA meet in Durban, South Africa, 1997), 121-4 in the hammer at the 1997 Waterloo Championships, and 27-5¹/₂ in the 35-lb. weight, also set at Waterloo in 1997.

Her most memorable meet to date has been the Durban meet, where she overcame a 17-hour plane trip and back spasms to claim gold (discus), silver (hammer), and bronze (shot) medals.

Training Smarter

The driven Finsrud loves to weightlift almost as much as she loves to throw, but as a masters athlete she understands that she needs to train smart to avoid injury. Coached by her husband, a top strength and power coach for more than 20 years, Finsrud follows a carefully mapped-out plan of throwing and conditioning that has kept her healthy and strong.

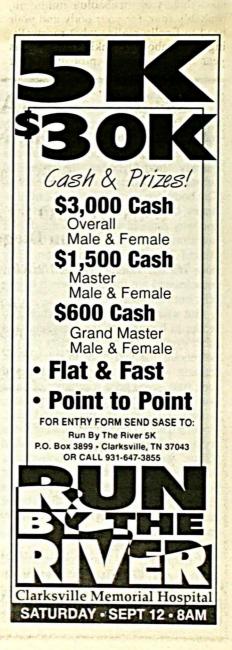
"In season, I throw 2-3 times a week, on average. After warming up and doing 6-12 standing throws, I will throw 12-24 full throws. I may also do some drills, depending on what I am working on. I take a couple of months off from throwing every year, but I lift weights year round. On average, I lift weights three times a week. I concentrate on the larger movement lifts – squats, power cleans, standing d.b. presses, push presses, partial deadlifts. I supplement these with things like d.b. presses, lat and pulley rows. I also do a lot to strengthen my midsection."

Finsrud sees herself training smarter now. "If something doesn't feel right, then I stop, rather than push it and 'train through it.' I don't train as much as I did before. I think I've become more efficient both in the gym and on the track."

Her added events, with an eye toward the weight pentathlon, have brought variety and new challenges to her training. And Finsrud certainly seems to be a woman who likes variety. She enjoys co-rec volleyball, and every week she and her 89-year-old neighbor play dominoes. Finsrud's other pursuits include Norwegian embroidery, gardening, and exploring small towns, antique shops, and auctions with her husband.

Finsrud and Graham moved from Austin to Lockhart in 1995, because they wanted to live in a small town. They're also animal lovers, with 11 dogs and four cats calling the Finsrud-Graham place home.

And new challenges? Remember what motivates Finsrud to excel: "I like to throw! Far!"



National Masters News



Movable Feasts Provide Long-Term Energy

The value of carbohydrates for pre-event nutrition is understood by athletes in many sports, not only runners. Football players, who, decades ago chomped down steaks before games, now prefer spaghetti, because they know it will provide them with fourth-quarter energy. The staple diet of Pete Sampras is pasta before tennis matches that could be over in an hour, or last three or four.

themselves dragging during long runs

and feel exhausted afterwards. When I

inquire, I often discover they are fol-

lowing some fad diet under a mistaken

belief that it will make them better run-

only before and after long runs, but also

during. "Before" is important for fuel-

ing muscles. "After" is important for

refueling them. "During" is important,

because you can run more efficiently if

Gatorade, or energy gels such as Reload,

work well during workouts. Research

also suggests that refueling your muscles

immediately after a workout will pro-

mote more efficient glycogen storage

(i.e., recovery). So after that long run

along the lakefront on Saturday or

Sunday morning, head for a pancake

house. I recently ran the Comrades

Marathon in South Africa, an ultrama-

rathon where the food of choice along

parties while training for the marathon

is that you practice the pre-race strate-

gies you will use in the race. Some indi-

viduals have food allergies that may

cause them stomach distress, and it's a

good idea to discover this before that

date. Movable feasts this summer will

help lead you to an autumn triumph.

for The LaSalle Banks Chicago Mara-

thon. His latest book is Hal Higdon's

strategies for drinking this summer.

for marathon success.

Staying well hydrated is a 24-hour job.

you're dehydrated; light color means you listened above.

drink rather than water. Get some energy while you drink.

Obtaining proper fluid balance is an art as well as a science.

water along your workout path, purchase a water belt.

Smart Running.)

(Hal Higdon is a training consultant

Another reason for multiple pasta

the course was baked potatoes.

Replacement drinks, such as

As runners, we need our carbs, not

ners. The opposite is true.

you keep your fuel tank full.

For marathon runners, the Pasta Party has become a pre-race ritual: spaghetti with marinara sauce, garlic bread, salad, and maybe a cookie for dessert. (As one who has attended marathons all over the world, I can attest to the fact that Chicago offers the best Pasta Party in all of running.)

Pre-Race Ritual

In many respects, Pasta Parties have become almost ritualistic events, something you do the night before a marathon. There's a symbolic and psychological value to such culinary encounters, somewhat like sharpening your sword before going into battle. But most runners also understand the nutritional reason for all those piles of linguini and fettuccine. Try getting a reservation in an Italian restaurant in downtown Chicago the night before the marathon and see how long you have to wait.

That's because muscles run best when fueled by carbohydrate-rich foods, such as pasta, rice, potatoes, breads and fruit. Carbohydrate converts quickly into glycogen, the sugar-like substance that muscles burn for energy. The body can convert fats and carbohydrates, but not as easily. That's one reason why runners who fail to mind their nutrition, or go out too fast, hit the wall around 20 miles in the marathon. They burn off the stored glycogen in their muscles and are forced to switch to less efficient fuel sources.

But what works for the marathon also works in training for the marathon, and other events. One pre-race pasta party is not enough. If you want to run well in training – particularly during weekend long runs – you need a summer of pasta parties, movable glycogen-loading feasts.

Not all runners understand this. Popular lately, particularly among those trying to lose weight, is the so-called "Zone" diet: 40 percent carbohydrates, 30 percent fats, 30 percent proteins. But for endurance athletes, 40/30/30 can be a disaster. Nutritionists suggest that a better ratio is 55/30/15, not only for performance, but for good health.

Ditch Fad Diets

I frequently get questions addressed to my Ask The Experts column on America Online from runners training for a marathon, who complain about being drained of energy. They find Write On

Continued from page 4

at the Nationals. He has pointed out the most serious events doubles conflict in the schedule, a holdover from the old pre-1994 schedule that is difficult to rectify because of the different approaches used in scheduling the middle-distances and the sprints.

All events scheduling issues will be on the table for discussion at this year's convention, via rules proposals. Jeff Schaller Pullman, Washington

AWARDS CHALLENGE

I hate writing letters to the editor, but I have good and bad news issues. I would like to bring up to your readers. First, the good news! The 1998 Hayward Classic was great. The Oregon Track Club masters did a wonderful job and my hat is off to them.

The bad news is that last year at the Hayward Classic, Joe Keshmiri and I put up \$1000 apiece to help further the masters track program. This money was to be given to the top age-graded athlete in the event or events Joe and I designated.

Unfortunately, both Joe and I have been verbally scolded by Barbara Kousky for not providing equal funds for women's events. I think if Joe and I put up our money, we should be thanked, not berated. For this reason, I will not put my sponsorship money in the Hayward Classic.

If Ms Kousky is so concerned about women's events having prize money, why doesn't her company, Northwest Event Management, match Joe's and my contributions?

Fred Shanaman Seattle Masters Athletic Club

- Hal Higdon

MEDALS AWARDS

I agree with a recent Northwest Regional survey which indicated that medals are the best form of award. The second part of this reward system is the credibility bestowed by placing in the top three in a USATF association or regional championships, from which we should derive great pride.

Not all athletes can gain medals beyond the regional or, for that matter, the association level, and they should be recognized for whatever their

Summer Drinks Contribute to Racing Success

Keeping well hydrated is as important in practice as in the race itself. Here are some

· Learn to love water fountains: Never pass one at work without stopping to drink.

• Test your urine: We don't need a specimen, but look after you pee. Yellow means

· Drink on the run: This is particularly important during long runs. If there's no

· Use replacement fluids: Now you have that water belt, fill it with a replacement

· Test your race plan: Learn what drinking strategies work during training.

While training for a marathon, find out what replacement fluid will be used in the

race, then train with it. At most marathon aid stations, you'll be offered both water and

the official replacement drink. Learning when and how to mix the two is important

degree of achievement.

Unfortunately, sometimes the significance of these achievements is overlooked when an association or regional chmapionships is combined with another meet, and the medals do not indicate USATF affiliation.

Some say providing special medals is an economic hardship on meet organizers. I don't think so. If they bid for championships sanction, part of the deal should be to provide medals stating that the meet is a USATF championships. If championships are held in conjunction with another meet, the ribbon part of the medal could indicate that the meet was also a USATF championships; ideally the medal should indicate both. If this isn't possible, then two medals should be awarded, one indicating the USATF championships, or perhaps for the chmapionships year, only the USATF medal could be used.

Another overlooked aspect of awards in USATF championships is the lack of duplicate medals when a guest from outside of the association or region places in the top three. At national championships, duplicate medals are given when foreign athletes displace any of the first three. Why shouldn't this also be true for association and regional championships? I saw fourth-place finishers in the 1998 USATF Northwest Regional Championships/Hayward Classic Meet deprived of medals by guest athletes.

We need to recognize the achievements in the championship meets, and in so doing, enhance participation in them.

> George Mathews Seattle, Washington

SWAN SONG

Last July in San Jose at the West Regionals, I was hit on the arm during the 100H. The "hit" turned me sideways while going over the fifth hurdle. When I came down I was twisted severely. I stopped sprinting in a single stride. I knew my body had suffered an abnormal stress as I had difficulty getting off the track. I had a headache and my legs hurt. My back suffered such that I could not get down to change my shoes.

After a month of recuperating, I returned to the Nationals at the same venue. I tore my right hamstring warming up for the hurdles. I didn't realize that was the beginning of the end for me.

In the fall, I tried to do some training by following the athletes I coach at Fresno State. My right leg kept having trouble. While running easy 400s, my right hamstring went again. I took time off and tried a comeback, but the same hamstring went yet again.

On February 13 (yes, a Friday) I did an easy workout and then drove the three and one-half hours down to Van Nuys to see our grandson. By the time we arrived I could not support myself on my right knee. The next week I saw the orthopedic surgeon who works with our Fresno State athletes. I was scheduled for arthroscopic knee Continued on page 13

August 1998

Write On

Continued from page 12

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surgery, which I had on The same doctor did my left knee four years ber walking without days after the surgery. I ing after a short hiatus cessfully competed at later that season. I v surgery with that experi After I awoke from

this time, the doctor ex that my right knee h severely messed up. He switch from hurdling/s ing a bicycle. Another that I try cross-countr surgeon agrees that my it. For a short while I swimming. It was a while.

I have done no train 13. My leg is just be swell each afternoon. heavy objects (includ son) without discomfo we sleep upstairs. It's ment to go from world hurdling to going up a always leading with the

I still have urges v hurdles. Just recently, decathlete with his hur ficult not to try some our grandson to keep street last week and wa I am not the physic recently was. I was so to turning 60. . .

The one thing that tle is my ability to eat. I should someday rebathroom scales. For l bought me some show and they fit! That is as as finishing the 400H.

If it turns out that I hurdles race already, write memoirs from n master and masters acquired many dear fr helped me enjoy nu ences and expect the piling and writing my an upper.

Meditating on the ble) end of my athletic nitely not an upper. urge, I would certainly note to me at 71 N. Ci 93612.

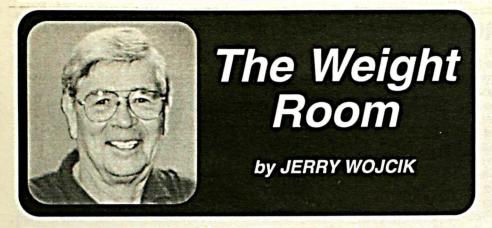
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KUDO

I want to thank the viding information for nizer of the Williams Huntsville, Ala., on Jul results can be submitt tion in the NMN and I approach my 40th summer, I have come NMN as a source of information in my dail

M. K Madison, I

National Masters News



Everything You've Ever Wanted to Know About the Weight Pentathlon, But etc.

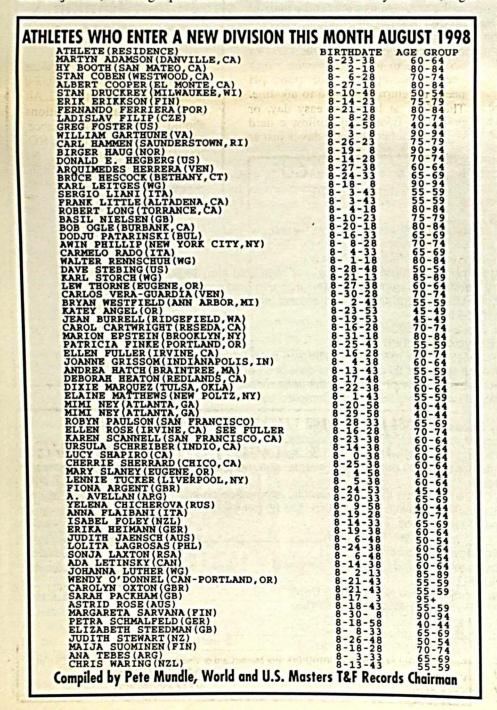
n the surface, the weight pentathlon appears to be a rather simple matter. People throw five implements, their marks are age-graded by five-year age groups, and the athletes with the highest totals win medals and national acclaim. Actually, it's more involved, because the event has aspects that are peculiar to it and not to the other combined-events.

First off, participants in a U.S. WP are allowed four trials with each implement, unlike the other combinedevents in which only three attempts are allowed. For instance, the decathlete, heptathlete, and pentathlete are permitted three tries with the shot, discus, and the javelin, but weight pentathletes

get four. The four-attempt rule applies only in the U.S.; the rest of the world gets three. Some years ago, U.S. throwers lobbied for four and were granted the extra heave.

More is Better

Most weight pentathletes favor four. Who wouldn't? In my last WP, I got



my best mark in the fourth throw in three of the five events. Others think it's pandering to already spoiled Amerikanschers, and disrupts the concept of the combined-event as a single event rather than a bunch of events strung together.

If we're allowed four attempts and everybody else gets three, what about records? To comply with WAVA regulations, only the first three attempts are counted when records are applied for ... I think, because I've never seen any WP records, national or world.

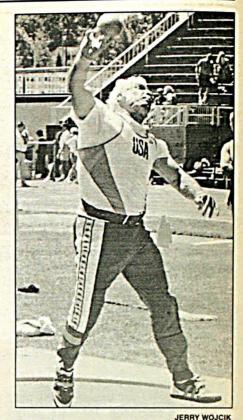
Another anomaly in the event is the difference in specifications of the weight implement when used in the WP and when thrown as a single event. The WAVA specifications for the men's weight in a WP are M30-49, 35lb; M50-59, 25-lb; M60-69, 20-lb.; M70-79, 16-lb.; and M80+, 12-lb. For the women, they are W30-49, 20-lb.; W50-59, 16-lb.; and W60+, 12-lb. Potential Problem

The specs for the weight when thrown in a single event in the U.S. are M30-59, 35-lb; M60+, 25-lb; W30-49, 20-lb; and W50+, 16-lb. You can see the potential for problems, especially if you don't read carefully or don't have the proper weight to practice with before you do a WP. Believe me, throwing the 16-lb. or the 12-lb. after having worked with the 25-lb. all season takes some time to get used to.

When the WP was legitimized a few years ago in the U.S., the differences in implement specs created problems, particularly for WP meet directors who didn't have the WAVA stuff and had to scramble to find sports equipment outfits that had them available. It's improved, but, just last winter at an indoor meet, I saw a woman, 60+, who was expecting to throw the 12-lb., end up grappling with the 16-lb.

Whole in Five

Otherwise, the WP is pretty much like the other combined-events. The five parts that make up the whole package are the hammer, shot put, discus, javelin, and weight, and must be contested in that order for the event to be legal. However, as is true for the other combined-events, you don't have



Joe Keshmiri, 60, broke the M60 world record

(52-61/4) for the shot with a 54-0, Hayward Classic Masters Meet, Eugene, Ore., June 27-28.

to do all five events to score.

So, if you want to enter the USATF National Masters Weight Pentathlon Championships at Citrus College, near Los Angeles, on Sept. 5, and just hurl the javelin or put the shot, I'm sure that Meet Director Lloyd Higgins will be more than glad to accommodate you.

The 1997 Championships in Orlando, Fla., drew a record 51 contestants. With the burden of meet director, Higgins, M55, may have a hard time duplicating his feat as the men's top scorer (4776) in Orlando. Vanessa Hilliard, W55, who lives in Florida, a hotbed of weight pentathletes, produced the top score (4895) in Orlando.

Westerners who couldn't make it to the Sunshine State last year should be out in full force. My money for toppoint man, if he shows, is on Stew Thomson, who quietly joined the M65 ranks on May 21. Any takers?

Three Records Rubbed Out in Trojan Meet by JERRY WOJCIK

One world and two U.S. age-group records fell in the Trojan Masters Meet

at Cromwell Field on the University of Southern California campus in Los Angeles on June 28.

Dave Jackson, a prominent flat jumper, who has been absent from the masters scene for several years, returned with a flourish, recording a pending M65 record of 35-91/4, an agegraded 95.4%, in his specialty, the triple jump. Tom Patsalis owns the present record of 35-63/4.

Arnold Gaynor added two inches to the M70 shot put record with a pending 45-3, an A-G 93.5%. Scott Herman holds the record at 45-1.

Larry Stuart, who broke the M60 world javelin record of 191-10 earlier this year with a 213-10, did it again, with a lesser 206-0, which earned him, however, the top performance honors with a 100%.

Harold Tolson, M60, recorded the best performances in the sprints, with a 94.5% 12.49 in the 100 and a 93.4% 25.67 in the 200. U. Morris Chong, W50, ran a 93.4% 13.93 in the 100.

Fred Sowerby, M45 world record holder at 50.20, was the top runner in the 400 with a 93.0% 52.82. Nolan Shaheed, M45, ran the 800 in 2:02.53, a 94.5%.

High jumper Jason Meisler, M40, was also in world-class territory with a 90.0% 6-21/4, as was Bud Held, M70, with a 91.4% 150-0 in the javelin.

Meet Director Russ Reabold of the host Trojan Masters TC conserved enough energy to win the M45 discus with a 118-0 toss.

National Masters News



Principles of Training – Part II

arl Fee, of Canada, holds the M65-69 outdoor world record for the 800 (2:14.33) and is acknowledged as one of the best masters middle-distance runners in the world. Below is the second part of a condensed version of one of 24 chapters in Fee's book, Secrets of a World Master's Champion, to be published sometime next year.

Principle of Reversibility and Maintenance

Use it or lose it: speed, strength, aerobic stamina, and flexibility. They're so easy to lose, but hard to build up. They can be negated to a large extent within two or three weeks if neglected. There is a loss of training effect as the body reverses back toward its undeveloped state. However, once a training effect has been reached, it is possible to maintain it with less volume, but intensity must remain the same.

Speed, strength, aerobic stamina training and flexibility exercises are required year round. For example, speed needs to be retained even in the base building phase; building on the previous year's speed enables quicker return to maximum performance. Weight exercises (every other day) and stretching (daily) year round are essential for masters to compensate for loss of muscle and flexibility due to aging. One secret to winning is to age slower than your rivals.

Principle of Relaxation

Relaxation is the key to running fast and to running economy. Any tension in the body interferes with fluidity of the muscle function, sapping your energy. Bud Winter, coach of many world record holders in the sprints, a strong advocate of relaxation in running, had a famous saying. "Faster, looser." He taught: first learn to relax at about 95% speeds; learn to relax the muscles not directly involved with running such as the face, jaw, neck and shoulders.

Principle of Continuity

Before a race, do not deviate from your normal routine in any way. Do not vary food, drinks, supplements, sleep, warm-up or normal activities. This is no time to experiment. For example, in the marathon it is important to run in the same training shoes used for long training runs.

Principle of the "Chicken Mind" but Stronger Body

The mind is weaker than the body. If you are aware of the truth that the body is stronger than the mind, the logical mind can overcome the "chicken mind." Then you can press on and even increase the pace, when it counts, in spite of the pain or discomfort.

Principle of Least Effort

Your body will always try to get the job done with the least amount of effort. Least effort expenditure results mainly from good form and complete relaxation. When you train, say, "I am running with minimum energy." For example, you deviate from least energy expenditure when trying "harder" in a sprint, particularly after reaching maximum speed. Also, in distance races, an even pace with no surges, except at the finish, results in least energy expenditure. On a hill, run easier going up and with more effort going down. When running with the wind, imagine yourself like a sail and push a little harder.

Principle of Training Partner

Runners make runners. They are nearly as important as a knowledgeable coach. A partner of similar speed and endurance makes life so much easier in doing fast intervals or on a long run in bad weather. There's company in misery. Percy Cerruty (famous Australian coach) mentions the "soul power" when a group of athletes trains together, resulting in a lot more momentum build-up throughout the workout, compared to training alone.

Principle of Limit Training

You need a tiring workout, but should not "total" yourself. Finish the workout feeling tired but capable of running more. In doing speedwork intervals, stop when performance drops off, or stop at the first sign of a cramp or sore muscle developing. The serious competitor has to go close to the limit to the point where the cooldown is a bit of a chore. You have to save enough energy for a decent workout the next day. So listen to your body.

Principle of Recovery

There has to be time for the body to recover and for the training effect to set in. After a hard workout, long run, or a race, micro-tears in the muscles need time to repair, glycogen stores need to be replaced, and blood pH needs to return from acid to alkaline. Therefore, at least one easy day, or preferably two, should follow a hard day. Remember, the easy day is just as

FIVE YEARS AGO August, 1993

- National Senior Sports Classic Draws 7500 to **Baton Rouge**
- David Moorcroft Sets World **Outdoor Masters Mile Mark** of 4:02.53

• Doug Kurtis (41, 1:07:16) and Grayson (43, 1:22:27) win USA Half-Marathon Crowns

important as the hard day. Also, weight training sessions should preferably be spaced at least 36 hours apart.

Principle of Living Like

a Champion

How we live in the hours away from training has a major influence on our success as runners. "Live, train and think like a champion every day." Everything affects how you run and train. Social activities will compete with your training time and interfere with diet and extra rest. Occasionally, a serious runner will have to be antisocial.

Principle of Regularity

It takes about seven or eight years of regular, consistent running to reach a career peak; use the age graded tables to evaluate progress. Keep a record of training every day. Some days you may start a workout and feel this is no fun or you may feel stale not your day for running. On these days cross-train. In other words, dayto-day perseverance is the key to success.

1998 Masters Indoor Rankings Completed

The USATF Masters Indoor Rankings for 1998 are included in this issue on pages 19-22. All corrections and additions should be sent to Jack Lance, Masters T&F Coordinator, P.O. Box 276, Long Valley, NJ 07853; fax: 908-876-5856. Changes will be published in the December 1998 issue. Indoor superweight marks for 1998 will be included in the 1998 outdoor rankings book.

Outdoor marks for 1998 which have not been published in the NMN should be sent with verification to Jack Lance, not the NMN. The last issue from which marks will be taken for the 1998 rankings will be announced in a later issue.



Mark Grubi

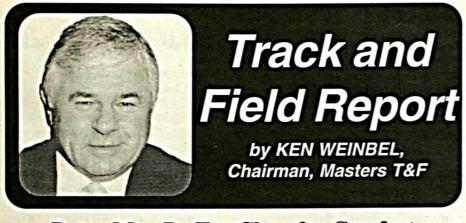
Mark Grubi, a certified official and a popular coach of masters track and field athletes, died June 6 of unannounced causes. He was 81.

He was born and grew up on Washington's Olympic Peninsula. He first worked with his father as a commercial fisherman on the Pacific Coast from South America to Alaska. After World War II service in Africa, Europe and the Pacific, he worked as a longshoreman to educate himself for seven years at U.C. Davis in animal husbandry and veterinary science.

His chosen profession was race horse training and he was one of the first to train horses with two mile gallops. He also enjoyed his own competition and working with human athletes.

He helped to start the women's track program at U.C. Berkeley in the early 1970s. For many years, he was coach of the Northern California Seniors Track Club, and director of many club meets. He donated many hours a day to teaching senior athletes when he didn't have a race horse in training. He wished to share his love and knowledge of horsemanship and human conditioning with as many interested people as possible.

National Masters News



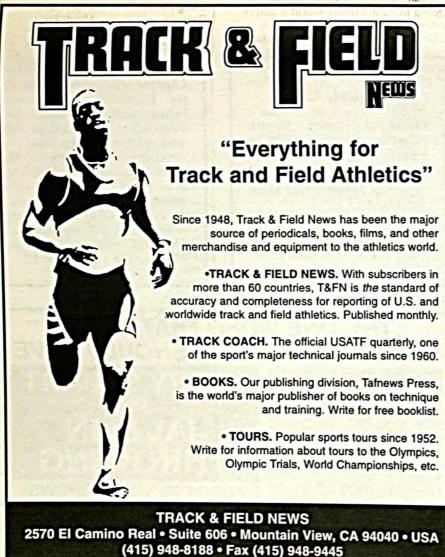
Dates May Be Too Close for Comfort

s I write, final preparations for the 1998 Outdoor National Championships at Orono, Me., are under way. It will be most interesting to see what impact, if any, the close date proximity of the Nike World Masters Games at Eugene, Ore., will have on our registration numbers for the Orono meet. The Orono meet's last day of competition is Aug. 2. The Eugene meet begins Aug. 10.

Next year, with the WAVA Championships in Gateshead, England, concluding on Aug. 8, and our national meet in Orlando, Fla., scheduled to begin Aug. 26, there certainly appears to be a more generous schedule separation. However, I suspect many of the WAVA participants will plan an extended stay for touring, etc., which could very well impact our numbers in Orlando.

I raise these matters to alert us that, as national, world master, and senior organizations become more aggressive in their recruiting for participants, sponsorships and favorable schedule dates, conflict is inevitable. I suggest further that this issue needs to be acknowledged and addressed in the future, for the well-being of all.

Barbara Kousky, Eugene, Ore., wrote an informative article in the July issue of *National Masters News* concerning sponsorships for masters track & field. Barbara, in her position as a meet director for the Nike World Masters Games, has been able to observe and evaluate the effectiveness of a well-staffed organization with specially talented sponsor recruiters and outside marketing agencies.



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Just as Barbara points out in her article, we should keep in mind that organizations such as the Senior Sports Organizations and the Nike World Masters Games conduct multi-event "festivals" that attract large numbers of participants to an involved community and lengthy time schedule. The sheer numbers of entered athletes and days involved are the catalysts that attract large national sponsors. Masters track and field meets, with the exception of the WAVA championships, are usually small in comparison to the multi-event festivals and therefore less attractive to sponsors, all else being equal.

U.S.A. masters track & field athletes need not despair. USATF has recently engaged a professional fund raising company with an impressive track record for success. Discussions with the firm's principals have been encouraging. The masters program is very much in the mix. Fund raising is only one facet of our program. We are athletes foremost.

Our association, regional and national programs provide opportunities for fine competition, good fellowship and a vehicle for a healthful way of life. We do these things well, and that is something we can be proud of.

1998 Hall of Fame Nominees Announced

by NORMAN GREEN

The Masters Hall of Fame Committee announced on July 8 its slate of nominees for the Class of 1998. One-half of the slate represents individuals held from the balloting of 1997; the other half represents those whose names have been submitted by committee members and current Masters Hall of Fame honorees. The entire slate of 24 nominees has been reviewed by the committee. Each has been validated as meeting our criteria of "10 years minimum of competition or administration as a master."

The nominees, in alphabetical order, are:

Bill Bangert (Field) Bob Boal (Administrator) Mary Bowermaster (Field) George Braceland (Field) Grace Butcher (Track) Ross Carter (Field) Anne Clarke (LDR) Max Green (Racewalk) Joann Grissom (Field) Claude Hills (T&F) Marion Irvine (LDR) Helen Klein (Ultras) Shirley Matson (LDR) Pearl Mehl (Track) Gary Miller (T&F) Bob Mimm (Racewalk) Pete Mundle (Administrator) Jim O'Neil (LDR) Wendell Palmer (Field) Pat Peterson (Track) Alex Ratelle (LDR) Al Sheahen (Administrator) Bruce Springbett (Track) Stewart Thomson (Field)

TEN YEARS AGO August, 1988

• U.S. Records Broken by Lurline Struppeck, W40, in the Javelin, and Pat Peterson, W60, in the High Jump in New Orleans

- Steve Lester Erases U.S. M45 10K Record with a 30:09 in Magna, Utah
- Payton Jordan (M79, 27.7 in 200) Is Top Performer with a 96.9% in Los Gatos, Calif.

Current members of the National Masters T&F Committee and the Masters LDR Committee plus Masters Hall of Fame honorees not included on either committee will be sent ballots and a data package about the 24 nominees in mid-September. Each elector may vote for as many as 10 individuals without regard to category. In other words, our committee intends that the voters select the ten most worthy individuals from the entire panel.

Each person must receive a majority from those voting by the deadline of Nov. 14. The results will be announced in Orlando at the joint meeting of the Masters T&F/LDR committees during the USATF Convention this coming December.

ye

th

The committee is gathering additional names for consideration in 1999. Several persons have already been brought to our attention and will be reviewed when the committee meets in December. The 10-year minimum criteria is delaying consideration of some persons, while current members of our committee cannot be nominated during their tenure.

As the above process is being followed for currently active masters, a parallel process approved in Dallas last December features a 10-person Old-Timers Committee reviewing a slate of 18 nominees from which it will select five this year. The Old-Timer selections will also be announced in Orlando this December. The Old-Timer process enables masters to catch up with their history, particularly those individuals whose careers were strongest in the 1970s and who are either deceased or stopped competing at least five years ago.

The Masters Hall of Fame Committee includes: Ruth Anderson, Bob Fine, Dudley Healy, Len Olson, Louise Mead Tricard, and Norm Green (serving as secretary). The Old-Timers Committee adds Ken Weinbel, Jerry Crockett, Evelyn White, and Al Sheahen to the six of us. You can see immediately the wealth of historical knowledge available to the committee in its deliberations.

May we all look toward Orlando and the opportunity to honor more outstanding participants in the U.S. masters program.

National Masters News



Serge d'Rovencourt said. The Hilton blocked off 200 rooms - at a nightly average cost of \$150 a room - for 14 days. Only "one or two" of those rooms have been booked, d'Rovby REX HARVEY President, NCCWAVA encourt said and it is too late to sign up a convention or other large group.

The World Masters Games secured more than 12,000 hotel rooms in Portland, but only 3150 reservations have been made by athletes, according to the Portland/Oregon Visitors Association.

"I wish I could choke the person who said 25,000," said Len Bergstein, communications director of the games.

Early on, knowledgeable masters athletes and administrators warned the games' organizers that the \$200 entry fee would discourage many athletesfrom participating. The organizers considered lowering the fee, but finally decided to stick with the original figure.

"It affected some sports, such as track and field," admitted David Fee, the games public relations director, "but with some sports, it was no issue at all."

Impact Will Be Felt

Still, the impact of the games will be felt, Single said.

"I can probably guarantee you this is going to be the finest World Masters Games ever staged," he said. Bergstein said the smaller turnout –

which he hopes will still reach 15,000 - will not diminish the games.

"We are victims of our own aspirations," he said, "but the fact is we will have 15,000 athletes participating in international competition that will be unlike anything this community has ever had.'

The games are generally open to anyone over age 30, depending on the sport. The first Masters Games drew about 4000 athletes to Toronto in 1985. About 8000 went to Denmark in 1989. The third renewal drew 24,000 to Brisbane in 1994.

The World Masters Games differs from the WAVA World Veterans Athletics Championships. That event, which drew 5788 athletes to Durban, South Africa, for its 12th biennial renewal in 1997, includes only track & field, long distance running and racewalking. It is limited to men over age 40 and women over age 35. The 13th WAVA Championships will be held in Gateshead, England, in 1999.

Fee said 38 percent of the track & field entrants are from outside the USA. "Even softball, a traditional American sport, drew 70 percent foreign entries,' Fee said. "The games will have a wonderfully international flavor."

Fee said track & field drew the most particpants, but swimming, rowing, and basketball each had about 1000 entries.

Most of the sports will be held in Continued on page 18

No Durban Results or Videos Yet?

If you bought the results book and a video of the WAVA Championships, paid for them in Durban, and have not received them, send a photocopy of proof of payment for those items and your name and address to Sandy Pashkin, 301 Cathedral Parkway, No. 6U, New York, NY 10026; e-mail: spashkin @aol.com. She will forward the documents to the Durban Organizing Committee, who will then send the items to you. 🗆

Nations Represented in World **Master Games** Latvia Albania

Antigua

Armenia

Australia

Austria

Belarus

Belgium

Bermuda

Bulgaria

Canada

Colombia

Croatia

Cyprus

Egypt

Denmark

England

Estonia

Finland

France

Georgia

Ghina

Germany

Gibraltar

Greece

Guinea

Guyana

Hungary

Indonesia

Iceland

Ireland

Jamaica

Japan

Jordan

Kenya

Israel

Italy

India

Guam

Cuba

China

Brazil

Aruba

Lebanon Argentina Lithuania Libya Madagascar Malaysia Mallorca Bahamas Mexico Bangladesh Micronesia Montserrat Moldova Netherlands New Zealand Nigeria Northern Ireland Norway Pakistan Costa Rica Paraguay Peru Philippines **Czech Republic** Poland Portugal Puerto Rico Romania El Salvador Russia Scotland Sierra Leone Singapore Slovak Republic Slovenia South Africa South Korea Spain Sri Lanka Sweden Guatemala Switzerland Syria Taiwan Hong Kong Trinidad & Tobago Turkey United Arab Emirates United States Ukraine Uruguay Vietnam West Indies Venezuela Kazakhstan Yugoslavia

The dates of Nov. 19-22 were carefully chosen to ensure pleasant weather for the competition, while beating the Thanksgiving travel restrictions and expensive high tourist season of mid-winter (see entry form on page 40).

NCCWAVA Set for Exotic Barbados

he North and Central American and Caribbean Regional Association of

onships on the sunny Caribbean island nation of Barbados, West Indies.

WAVA (NCCWAVA) will stage the 1998 version of their biennial champi-

ships"

people.

The meet is being sponsored by the Amateur Athletic Association of Barbados (AAA Barbados) and has the support of the Ministry of Labor, Community Development and Sports, Government of Barbados.

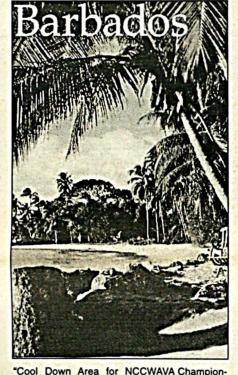
The event is to be held at the Barbados National Stadium, just outside of Bridgetown, the capital. The stadium was newly refurbished just a year ago and the track, in spite of its international quality, is being rebuilt at the present time, and should be in top shape for the championships. The stadium is unique in that there is a concentric bicycle track outside of the running track.

Tourism is very important to this small country. There are approximately a million visitors to Barbados each year, about half stopping briefly from cruise ships, and the other half staying an average of seven days. Tourists are well received. You will be special because of your involvement in this event which Barbadian sports organizations and government officials wish to use to introduce their citizens to the lifetime sport of masters track & field.

There are thousands of hotel rooms in all price ranges from dormitory type accommodations to 5-star luxury resorts. Many are on the beach or have beach access.

NCCWAVA Vice President Don Farquharson, Stadia Chair Sandy Pashkin, and I visited there in November 1996 and found the place delightful. The Barbados National Stadium was, for six years, the site of the Texaco Games, an international invitational meet involving 300-400 athletes. It also has hosted the C.A.C. Youth Championships and the CARIF-TA Games several times and will again in 1999. We have warned them that masters meets are a "different animal."

It is an important goal of NCCWA-VA to place the championships in a developing area at least half of the time. This was an excellent opportunity since, while there is great potential interest in Barbados, there has been no



organized masters t&f competition. In

fact, they were not even a member of

WAVA at the time of their selection.

This will be a great chance to promote

approach" is taken to most things, and

is one of the main charms of the area.

Join us to enjoy and promote our sport

in this tropical paradise of cobalt

waters, beautiful beaches and friendly

throw, then swim, golf, shop, dine,

sail, dive, ride, party, explore, or just

plain relax! The competition schedule

will be nearly the same as that in

Eugene two years ago, which seemed

and a pleasant self-assuredness of all

levels of people from hotel maids to

government ministers was one of the

primary impressions that I took away.

From the moment I arrived and heard

the lilting sounds of the local katydids,

that sound like electronic bells in the

warm night, I was hooked on the place

and am looking forward to being there

in November. And I hope to also see a

lot of you there for a relaxed and

enjoyable meet.

English is the language of Barbados,

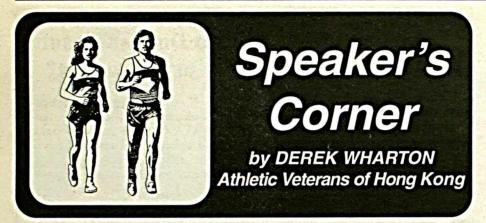
to work well for most people.

Compete well. Run jump, and

Be aware that the relaxed "island

our sport in a new and fertile area.

National Masters News



The Kobe Championships... A Disgrace

have read with interest the very brief comment of Torsten Carlius on the Kobe WAVA Road Championships in March and the more complete review by Ron Bell, the WAVA Non-Stadia (that is, "Road") Vice-President who didn't attend the event. May I put another perspective on the Japanese efforts, and on the role of WAVA. First, a few facts:

1. There were 21,000 competitors entered, but I'll accept that just 17,000 started – of them 11,000 to 12,000 in the 10K. The vast majority of participants were "fun" runners, attracted by the opportunity to run on the brand new bridge.

2. There was a "wave" start, with each wave supposedly consisting of runners from the same five-year age group. There were intervals between waves of (I think) two minutes in the 10K. All runners wore Championship Chips, but they were not activated at the start, and so there was no means of ensuring that runners started in their correct group – and some certainly didn't.

3. Spectators were not allowed to see any part of the race, presumably because of the narrow carriageway over the bridge.

4. All information at the finish was in Japanese, until the provisional results appeared about two hours later. Run With a View

I was in the 60+ age group and had around 7500 runners in front of me, most of them there for the view and the pleasure of running across an impressive piece of engineering. Assuming 10 minutes from the first wave to the 60+ wave, there would be 7500 people fairly evenly "spread" over a distance of about 3 kilometers. If you haven't experienced it, that's wall-to-wall people – certainly not the conditions for a World Championships.

From start to around 9K it was continuous zig-zagging and pushing and shouting to get through the crowds, made a bit easier if you spoke Japanese. At times you had to jump barriers to get on the opposite side of the road to get past tight groups, running the risk of head-on collision (which happened). On one occasion I had to make a last-second vault over a male runner kneeling down to take a picture of his lady partner – understandable behavior for him on such an occasion, but not good for the nerves of a serious competitor.

The above (in truth, understated) is the reality of the Kobe WAVA Road Championships.

Unsporting Behavior

It follows cowardice on the part of WAVA/the Japanese Organizing Committee – after complaints about a number of older Japanese runners starting with younger age groups – that they gained by starting up to ten minutes ahead of same-age competitors and by running on clear roads among younger, faster runners.

In the 60+ group, the first two finishers, both Japanese, admitted starting ahead of their age-group wave, and WAVA's International Liaison representative said they would be dis-

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qualified. Some time later, the Organizing Committee gave a different verdict – no action would be taken, as they had not received written complaints within 30 minutes of the finish, in accordance with WAVA rules. As the race results (at least in English) weren't available for at least two hours after the finish, it is a rule that could not be adhered to (even if we'd known it existed).

Another older competitor in the 75+ group won gold and silver in Durban a year earlier. He finished fifth or sixth in the Kobe half-marathon, a full 17 minutes behind the "winner." I accept his word, supported by others that not one person from the 75+ wave went ahead of him, and as numbers

World Master Games

Continued from page 17

Portland, with baseball in Salem, kayaking in Bend, and track & field in Eugene at famed Hayward Field. Tom Jordan and Barbara Kousky, well-known open and masters meet organizers, will manage the track & field competition.

"It seems much of the world is coming to Portland to participate in the games," said Portland mayor, Vera Katz. "It is exciting and helps raise our profile as an international city."

Portland's sister cities are well represented. Tallin, Estonia, has 83 athletes competing, including seven basketball teams. Khabarovsk, Russia, is sending 37 athletes.

In addition to the large global representation, every U.S. state is represented in the games.

Marathon legend Joan Benoit-Samuelson, 41, has officially registered and will run in the 5000-meters on Tue., Aug. 11.

Olympians to Compete

In 1984, as Joan Benoit, she won the inaugural women's Olympic Marathon in Los Angeles. Later, she set a U.S. marathon women's record of 2:21:21. She competed in the 1996 Olympic Marathon Trials, finishing 13th in 2:36:54 at age 39.

Dick Fosbury, John Thomas and Valeri Brumel, three of the greatest high jumpers in history, will also participate in the games. Fosbury, the 1968 Olympic high jump champion, invented his own jumping style known as the "Fosbury Flop," which is almost exclusively used by today's elite high jumpers. He and Thomas will host clinics at Hayward Field, while Brumel will compete. Thomas and Brumel were the first two people to jump over seven feet. Brumel won the 1964 Olympic high jump over Thomas in 7-1¹/4.

COMING NEXT MONTH Results of: • Nationals • Regionals

Indy Life Circuit Races

August 1998

were much less than the 10K it was easier to monitor.

Blatant Cheating

I have no doubt that a number of runners started in earlier groups than they should have. They cheated, but it was impossible to prove because the Championship Chips weren't activated at the start – apparently to facilitate quick printing of certificates at the finish.

What was wrong with Kobe? Mixing a fun run with a World Championships on an unsuitable course; not using technology as it should be used (the chips); not allowing spectators on the course (even though many of the foreigners had traveled halfway around the world); and a negligent and weak WAVA.

Clinics will also be hosted by Alberto Salazar, distance running; Payton Jordan, sprints; Yue Ling Chin and Ron Laird, racewalking; Mac Wilkins, discus; and Tom Petranoff, javelin. Jordan, 81, will also compete in the 100 and 200.

Other celebrity participants include:

• Bob Beamon, who won the long jump Olympic gold medal in 1968 with a leap of 29-2¹/₂, a world record that stood for 23 years.

• Willie Davenport, a four-time U.S. Olympian, who won the 110mH Olympic gold (1968) and bronze (1976) medals.

• Lee Evans, whose 43.86 in the 400m at the 1968 Olympics stood as a world mark for 20 years.

• James Lofton, former NFL receiver, who will compete in the 400m dash and the long jump.

Opening Ceremonies

Lavish opening ceremonies are slated for Portland on Sun., Aug. 9, featuring celebrity entertainment. Opening ceremonies for track & field will take place in Eugene, Mon., Aug. 10. There will be a special athletes' barbecue in Eugene on Fri., Aug. 14.

Many arts and cultural celebrations will be staged. Each participant will receive a 1998 World Masters Games tee-shirt, a Nike athletic bag, and many other useful items. A free shuttle will run from the Eugene airport and between hotels and Hayward Field.

Many masters athletes will have taken part in the 31st annual USATF National Masters T&F Championships the week before in Orono, Maine.

The Valley River Inn is the "official sport hotel" for the t&f competition. Many athletes will be staying at the excellent dormitories at the University of Oregon, adjacent to Hayward Field.

Alton Baker Park in Eugene, home of the famous "Pre's Trail," will be the site of the 10K and 20K road races.

The 1998 Nike World Masters Games is a not-for-profit affiliate of the Portland, Oregon Sports Authority (POSA).

Results of this event will appear in the October issue of the National Masters News. - Al Sheahen

1998 U.S. Masters Indoor Track & Field Rankings

Coordinated by Jack Lance, T&F Rankings Coordinator

55 Meters	WHERE S	M 60	NY VER	60 Meters	1000	Mike Steinmetz	7.99	Joy Ohavia	8.57	M 40	S.Hushis	Hans Gordon	27.39	W 30	1.000
Compiled by Jack	Lance	Pierre Dobrovolny	7.44	Compiled by Jack I	Lance	Caleb Brown	8.10	Gratta Long	8.66	Ben James	22.99	John Clifford	27.50	Althea Morris	25.57 26.55
M 30 Francois Boda	6.43	Bill Wright Dick Camp	7.63	M 30 George Onvenveoriwu	7.05	Lloyd Hathcock Lincoln Russin	8.15 8.16	Maria Dow Elaine Iba	8.80 8.80	Neal McIntyre Thomas Jones	23.50 23.59	Thomas Ranuga Avital Schurr	27.60 27.69	Charlene Landrum Jilia Ford Jackson	26.93
Tracy Fox	6.6	Alex Johnson	7.7	David Barmer	7.18	Dan Durante	8.18	Maniyn Vaughn	8.88	Val Barnwel	23.90	Marco BonneFoi	27.99	Lintz Rivera	27.67 28.30
Geraid Owens Henry Moses	6.64 6.70	Ronald Kirkpatrick Tom Fondy	7.79	Shawn Richards Spencer Johnson	7.18	Richard Sealey Jerome Belinson	8.18 8.25	Edna Crawley	9.10	Archie Glasoy Ken Ellis	23.92 23.95	Lawrence Harvey Ed Taft	28.01 28.07	Rita Wieber Shemi Grabowski	28.87
Alexander Gordon	6.76	Rich Rizzo	7.8	Robert James Thomas	7.23	Clyde Hundley	8.26	W 40 Cindy Steenbergen	8.23	Newle Hodge	24.00	Ben Miller	28.31	Dawn Best .	29.05 30.88
Orlando Harding Oliver Brown	6.8 6.9	D Ucker Mike Murphy	7.8 7.90	Brian Crossman	7.30 7.30	Angel Cashinero James Manor	8.28 8.29	Denise McField	8.35	Steve Coenen Hubert Evans	24.07	John Allen Randall Cleven	28.4 28.40	Mary Jeane O'Connor	30.00
Doug Cooper	6.9	Randal Cleven	7.92	Jon Poqqi Rudy Humer	7.34	Ken Kienzle	8.30	Irene Thompson	8.36	Keith Royster	24.26	Charles West	28.4	W 35 Renee Sterrett	27.37
Jim Reilly	6.9	Don Amery	8.00	James Really	7.35	Bob Davis Joe Johnston	8.32 8.32	Cheryl Alston Louise Clark	8.53 8.55	Chuck Hunter John Brooks	24.30 24.35	Doug Geertgens John Head	28.5 29.08	Helena Nelson	27.64
Les Jones Andrew Gamble	7.2	K M Thomas Joe Hemler	8.0 8.19	Andre Bridgett Rodney Yates	7.45	Paul Simmons	8.34	Jacqueline Board	8.70	Mike Jacobs	24.35	Walter Gibson	29.15	Shemayne Williams Alicia Johnson	27.72 29.05
Enc Goodlow	7.30	Roosevelt Weaver	8.19	David Bell	7.49	M 55	and the second	Teresa Drota Maureen Snider	9.19 10.8	Ron Manion	24.36 24.44	Philip Byrne Ken Moses	29.38 29.45	Marie Dow	29.26
Michael LaNeve Jim Keys	7.3	Larry Carter Earl Mege	8.24 8.3	Donald Brown Marton Gillimore	7.54	Steve Robbins	7.60	W 45		Paul Allen Ellis Liddel	24.52	Paul Gilbert	29.56	Elaine Iba Edna Crawley	30.51 30.94
Bob Murphy	7.4	Dale Lance	8.4	Varnador Sutton	7.63	Tim Butts Hans Gordon	7.99	Karen Haves	9.94	Michael McPherson	24.76	Bill Hughes	29.6	Aidin Mair	31.46
James Tunstal	7.4	Jerry Anderson Cliff Pauling	8.59 8.67	Tarus Blackburn	7.65	Richard Jones	8.16	Jane Higgins Debbie Wyeth	10.26	Chris Wiles Greg Belancio	24.86 24.88	Michael Kendall Gene Ballard	29.7 29.87	Sara Falso	31.8 32.0
M 35 Benjamin McLeod	6.5	Don Beck	8.74	Charlie Knight Bob Watters	7.74 7.78	Frank Bonham Emil Pawitt	8.19 8.21	W 50	10.01	Nei Steinberg	24.90	Maxwell Harriyn	30.4	Carolyn Eich Karen Connelly	33.2
Mitch Lovett	6.6	Dillon Maier	8.90 8.98	M 35		Thutal Schurt	8.38	Kathy Cinna	9.25	Doug Finley Trip Reynolds	25.01 25.01	M 60	Sec.	W 40	
Fred Porter Earl Winfield	6.6 6.7	Haiq Bohiqian	0.90	Mitchell Lovett	6.98	Bill Angus	8.42	Norma Jones	9.99	Bill Cheadle	25.06	Larry Colbert Harold Tolson	25.10 25.35	Cindy Steenbergen	27.17 27.62
Robert Harding	6.9	M 65 Rich Baretta	7.6	Eugene Vicker Ben McLeod	7.15 7.16	Larry Armstrong Douglas Geertgens	8.48 8.51	Darlene Rhodes Mary Trotto	10.72	Larry Hankins	25.06 25.10	Bob Dobbs	25.81	Denise McField Jacqueline Board	27.79
Joe Schweiterman	6.90 7.0	Harry Brown	7.67	Nate Williams	7.20	Marco BonneFoi	8.52	W 55	E-MARINE	Mike Skoplanc Rick Easley	25.28	Dick Richards Ronald Kirkpatrick	25.99 26.52	Louise Clark	27.88 28.20
Bill Hughes Jr. Rick Evans	7.1	Bob Keegan Jim Stookey	7.7	Steven Keyes Kipper Bell	7.27 7.30	Ed Taft	8.57	Aidlin Mair	9.40	Larry Schworer	25.35	Wayne Bennett	26.87	Irene Thompson Cheryl Alston	29.29
Alex Rivera	7.1	Ross Mitchell	8.06	Rawle Crichlow	7.32	Gene Balard Steven Bowles	8.61 8.61	Mary Robinson Nina Bryant	9.65 9.83	Clifford Shock Mark Lynskey	25.6 25.68	Alexander Johnson	27.38	Teresa Drota	30.20
Bob Shelton Lewis Kelley	7.1	Clarence Trinkner Tom Rice	8.08 8.3	Donald Hardy	7.37	Nate Byrd	8.66	Cathy Primmer	10.65	Tom Bunner	25.70	Cliff Pauling Jim Mathis	27.39 27.79	Deni Whitaker-Crain Martha Lutz	30.36 30.55
Frank Makoczy	7.25	John Schreiber	8.49	Noah Livingston Ben Rosales	7.38	Georg Schweizer Ken Moses	8.74 8.75	Susanne Magrogan	12.50	Steve Shaugen	25.89 25.9	Alan Brevik	27.84	Renee DiGiacomo	32.6
Tim Karski Scott Eide	7.3 7.31	Giorgio Chiavelli	8.5	Karry Cameron	7.57	Dwane Horton	8.77	W 60 Audrey Lary	9.82	Bruce Clark Ken Castro	26.07	Bill Wright Tom Fondy	27.86 27.9	Karen Rossino	32.9 34.9
Terry O'Connel	7.5	Jack Lance Ray Eiland	8.5 8.99	Steven Gomaran Paul Catanoso	7.64	Jerry Stremikis	8.87 8.89	Barbara Jordan	10.25	Gregory McBride	26.12	Rich Rizzo	. 27.9	Path Ford Sharon Allen	36.55
M 40	1.	Bill Bergen	9.0	Alex Rivera	7.80	Philip Byrne M 60	0.05	Phylis Bradley Mary Roman	10.47	Roy Cume Ray Cioni	26.21 26.33	Ken Baker John MacDonaid	28.20 28.48	W 45	
Ben James Mike Skofanc	6.6 6.70	Heractio Chandeck	9.22	Kinley Hill Tim Coombs	7.81 7.89	Harold Tolson	7.75	Fei-Mei Chou	11.16	Sherman Weatherger	26.35	Andy Branch	28.5	Jane Higgins	33.46
Ellis Luddel	6.75	M 70 Chuck Sochor	8.15	Chuck Johnson	7.92	Dick Richards	7.95 7.97	W 65		Frank St. Dennis Ken Bakersfield	26.4 26.42	Dick Camp	28.5	Sandy Miller Debbie Wyeth	34.32 36.05
Morris Bluford Ken Ellis	6.85 6.88	Howard MacMillan	8.5	Allen Jones	7.94	Larry Colbert Dale Lance	8.02	Anne Yudel	10.39	Ron Jackson	26.8	Lowell Bonifield Ian Goldfoot	28.6 29.08	W 50	
John Dyer	7.1	Jack Greenwald	8.62 8.7	M 40 Neal McIntyre	7.19	Bob Dobbs	8.11	Magdalena Kuehne Georgia Johnson	10.81	M 45	1 Same	Fred Biederman	29.38	Kathy Cirina	31.50
Clifford Shock	7.1	Tom Delaney Frank Brako	8.72	Val Barnwell	7.20	Roosevelt Weaver Dr. Bill Wright	8.12 8.28	Jeannine Casey	11.54	Bill Collins Edward Gonera	22.90 23.61	Charlie Richard Richard Croak	29.47 29.65	Nadine Lowenstein Elizabeth Riordan	31.66 32.31
John Billingsley Don McNeill	7.2	Ken Yahiro	9.25 9.72	Michael Skoflanc John Brooks	7.2	Wayne Bennett	8.29	W 70	1. L. M.	Gerry Kranik	24.07	Wendell Roehrs	29.68	Norma Jones	34.88
Michael McPherson	7.2	R G Wolf Stephen Hull	12.15	Ben James	7.25	Dick Camp Alexander , shnson	8.41 8.47	Patricia Peterson Lenore McDaniels	10.42	Jesse Norman	24.14 24.61	Don Beck Mike Murphy	29.95 30.03	Penny Danielson	36.00
Frank St. Dennis Val Barnwell	7.28	M 75		Thomas Jones Val Grose	7.34 7.39	Bob Golly	8.56	Mary Holland	11.45	Keith Royster Willard Thompson	24.69	Don Amery	30.53	Latama Glass Chris Davis	37.67 37.68
John Brooks Steve Shauger	7.3	Ed Matthews John McCarthy	9.0 9.6	Mike Jacobs	7.44	Don Homn ell Fred Biederman	8.60 8.66	Johnnye Valien	11.81	Francis Schiro Horace Hudson	24.81 25.2	Tom Hartman	30.7 30.76	Mary Trotto	38.63
Ken Castro	7.5	Mel Buschman	9.88	Sherman Weatherger Stacey Price	7.44	Alan Brevik	8.66	W 75 Diane Friedman	12.50	Stan Druckery	25.22	Ray Franks James Ottaway	32.46	Darlene Rhodes	39.23
Ira Gershon Rockdale Hudson	7.5	Angelo Oliver Vern Mattson	10.23 13.44	Hubert Evans	7.54	Mike Murphy Richard Rizzo	8.7 8.70	W 80	4	Gerald Feeney Tom Cunningham	25.44 25.56	Spencer Parnsh	32.57	W 55 Aidlin Mair	31.00
Ron Jackson	7.5	Joe Martin	14.1	Chuck Hunter Paul Allen	7.54 7.57	Cliff Pauling	8.71	Hope Swan	17.28	Jim Dolezel	25.6	Jack Ucci M 65	32.9	Mary Robinson	3243
Winfrod Haynes M 45	7.51	M 80 Champion Goldy	9.2	Stacey Pricem	7.58	Bob Conzernius Don Beck	8.80 8.87	200 Meters	and substr	Joseph Johnson Zeek Zlobicki	25.61	Jim Stookey	27.62	Nina Bryant Cathy Primmer	34.24 34.96
Lester Hale	6.61	Tom Walsh	9.50	Steve Coenen Bob Blackburn	7.59	K M Thomas	8.88	Compiled by Jack	Lance	Robert Mitchell	25.72 25.84	Joe Summerlin	28.39	Helene Samuelson	36.9
Jim Dolezel	7.07	Warren Tashian	11.1	Elis Lidel	7.63	Wendel Roehrs	9.02	M 30		Dennis Brown	25.90	Jack Coy Rich Barretta	28.85 28.9	Judy Bordelon Lennie Tucker	37.35 37.7
T J Lister Mike Sharratt	7.09	Mel Flachs Ed Andrysiak	11.50 14.87	Larry Hankins	7.66	M 65 Bob Keegan	8.37	Robert James Thomas Tracy Fox	22.18 22.53	Phil Felton Curtis Baldwin	26.0 26.17	Vern Schewe	29.4	Sheia McKenna	39.33
David Robinson	7.2	M 85		Michael McPherson Andrew Mason	7.66 7.69	Harry Brown	8.38	George Onyenyeonwu	22.85	Dennis Clark	26.27	Bernard Stevens	30.03 30.08	Sylvia Brooks	41.0
Pershing Reid Horace Hudson	7.27	Manfred d'Elia	11.9	John Roberts	7.70	Jim Stookey	8.44	Rudy Humer	22.95	Karl Castor Steve Kloch	26.4 26.42	Ross Mitchell John Wall	30.57	Jan Condon Estelle Hahn	43.81 45.3
Robert Mitchel	7.36	W 30		Ken Ellis Neville Hodge	7.71 7.88	Ross Mitchell Melvin Larsen	8.58 8.60	Francois Boda William McCoy	23.10 23.23	Pershing Reid	26.46	L S Anderson	30.6	W 60	els paper la
Karl Castor	7.4	JoAnna Childress Althea Morris	7.50 7.5	John Billingsley	7.90	Floyd Gibbons	8.73	Geraid Owens	23.29	Jimme Jones	27.04 27.1	Bill Simmons Al Badinger	31.28 31.90	Audrey Lary	34.53
Edward Gonera Phil Clayton	7.48	Dawn Best	8.4	Tom Bunner Daniel Taylor	7.90	Bill Melville Bernard Stevens	8.75 8.82	Jon Poggi David Barmer	23.33 23.90	Phil Clayton Bob Hernn	27.38	William Hufnagel	32.01	Maureen Murphy Barbara Jordan	34.91 35.32
David Gritz	7.5	Karen Pyle	8.5	Bill Cheadle	7.95	Jack Coy	8.84	Rohan Elleston	23.95	John DuCray	27.45	John Schreiber Lawrence Greco	32.23 32.28	Phylis Bradley	37.44
Rich McMullen Dan Swanson	7.5 7.5	W 35 JoeAnn Jackson	7.83	Ken Castro	8.00	Clarence Trinkner John Wall	8.86 8.95	Andre Bridgett Andrew Harry	23.97 24.0	Dave Wohlers Richard Kanski	27.7 27.81	Tom Talbott	32.75	Fei-Mei Chou Mary Roman	38.18 38.75
Tom Cunningham	7.69	Joy O'Hayla	7.9	Steve Shaugen Steve Steven	8.08 8.08	Chuck Sochor	9.09	Jim Reily	24.15	Mike Morton	27.98	Bill Bergen Giorgio Chiavelli	33.2 33.5	Janet Amery	48.47
Wayne Elliott John Oleski	7.8	Karen Warneling	8.3	Joseph Hehn	8.09	Howard MacMillan Rodney Brown	9.10 9.13	Donald Brown Steve Gallero	24.16 24.39	Michael Potsaid	27.98	Alfred DuBois	33.85	W 65	
C D Cook	8.04	Edna Crawley Helena Nelson	8.4 8.42	M 45	7.20	Tom Rice	9.29	Orlando Harding	24.4	M 50 Charles Alie	24.05	Ed Stabler	34.1	Anne Yudell Maqdalena Kuehne	36.49
Alan Raymond	8.06	Penny Richardson	9.18	Edward Gonera Bill Collins	7.26	Larry Greco	9.49	Vincent Goodman	24.92	Joseph Johnson	24.16	Earl Fee (*Can.)	28.31	Joan Burguess	37.51 38.91
M 50 Joe Johnson	6.9	W 40	A Start	Les Hale	7.47	M 70	8.6	Marton Galimore Eric Goodlow	25.32 25.43	Randy Smith	24.69	M 70	cond-mil	Georgia Johnson	40.04
Robert Lloyd	6.94	Rita Wieber Irene Thompson	7.55	Gerry Krainik Jesse Norman	7.5 7.56	Mel Larsen Bill Melville	8.71	Charlie Knight	25.68	Ron Johnson Edward Jones	24.82 25.02	Bill Melville Chuck Sochor	29.09 29.40	W 70 Patricia Peterson	35.58
Gary Geiger Benny Liles	7.0	Cheryl Alston	7.9	Willard Thompson	7.61	Chuck Sochor	9.06 9.17	Henry Moses Andrew Gamble	25.69 25.83	Roger Pierce	25.12	Melwn Larsen	29.43	Lenore McDaniels	40.81
Roger Pierce	7.31	Louise Clark Teresa Drotar	8.1 8.53	Thierry Boucquey Bill Mathis	7.82 7.83	Denver Smith Howard MacMillan	9.17	Vincent Surace	26.2	Courtland Gray Tom Bassett	25.2 25.46	Rodney Brown Jack Greenwald	29.82 30.75	Mary Holland	43.58
Dennis Newton Robert Davis	7.34 7.40	Renee DiGiacomo	8.7	Billy Byrd	7.90	Jack Greenwald	9.25	M 35	a lives	Gary Geiger	25.8	Howard MacMillan	31.15	Bobb Mosenthal W 75	49.61
Mike Oliver	7.50	Karen Rossino	8.9	Anthony Santos Zeek Zlobicki	7.90 7.92	Frank Brako Jack Hipple	9.42 9.76	Mitchell Lovett Kettrell Berry	22.04 22.15	Alan Taylor Mike Steinmetz	26.0 26.1	Jack Greenwood Frank Brako	31.36 33.27	Diane Friedman	44.71
Richard Sealey	7.55	W 50 Kathy Cirina	8.5	Pershing Reid	7.93	M 75	Test and	Fred Porter	23.3	Bob Lloyd	26.11	Jack Hipple	33.64	W 80	The same
Frank Musiek Chet Dow	7.58	Mariene Sachs	8.86	Jim Dolezel Alan Russell	7.96 8.00	Tim Murphy Lester Wright	9.22 9.71	Ben Rosales Ben McLeod	23.57 23.63	Clyde Hundley Richard Lech	26.23 26.45	John McManus Mort Goldstein	34.18 35.58	Hope Swan Adrienne Salmini	67.66 1:17.98
Paul Montgomery	7.68	Penny Danielson Norma Jones	9.00 9.0	C D Cook Sr.	8.03	Ed Mathews	9.93	Jim Watts	24.06	Warren Graff	26.46	Y M Naci	36.51		1.17.30
Mike Milove	7.7	Maurita Bivans	10.8	Jimme Jones	8.03	John McCarthy	10.68	Karry Cameron	24.20	Richard Sealey Tony Cooper	27.05 27.15	Tom Walnut	39.7	All the second of the	
Mark Eckels Courtland Gray	7.9	Donna Cetrulo	11.2	Wayne Spitz Dennis Brown	8.13	A U Ricciardi Mel Buschman	10.70 10.74	Anthony Krainik John Burks	24.27 24.30	Paul Simmons	27.16	M 75	31.59	400 Meter	
Ken Kienzle	8.57	W 55	Sec. 1	Scott Thornsley	8.32	Angelo Oliver	10.91	Kinley Hill	24.39	Rich Jones	27.29	Tim Murphy Ed Matthews	33.06	Compiled by Jacl	k Lance
Anthony Palmer M 55	8.60	Aidin Mar	8.70	M 50 Stan Whitley	7.40	M 80		Billy Hughes Robert Harding	24.41 24.5	Lincoln Russin Dick Brady	27.32 27.47	Lester Wright	33.09	M 30 Robert James Thomas	48.69
Tim Butts	7.17	Sandy Pashkin Susanne Magrogan	10.59 11.7	Charles Alie	7.41	Mel Flachs R "sparks" Sortien	11.3 12.51	Rocco Serafini	24.57	Jesse Brewer	27.52	Tom Kennell Jim Manno	33.21 34.35	Tracy Fox	49.12
Rich Jones	7.5	For an evening the		Joseph Johnson	7.48	M 85		Sam Collins Marty Neibauer	24.65	Kingsley Clarke Gary Snyder	27.54 28.11	Frank Knaus	36.27	Mitchell Lovett Vaughan Kastor	51.7 52.22
Grover Coats Paul Gansle	7.51 7.69	W 60	9.05	Ron Johnson Richard Lech	7.67	Bert Morrow	11.10	Tim Karski	24.7	Robert Davis	28.16	Russ More Don Hanion	37.7 38.5	David McMillan	53.4
Doug Geentgens	7.7	Audrey Lary Phylis Bradley	9.05	Randy Smith	7.69	Ted Hatlen Omin Graf	11.27	Brendan Jackson	24.8 24.80	John Albanese Jim Woosley	28.17 28.32	Mel Buschman	41.21	Spencer Johnson	54.01
Bill Hughes	7.8 7.8	Delores Hinds	9.90	Countiand Grav Edward Jones	7.70	M 95		Frank Makoczy Kinley Hall	24.80	Bob Ihne	28.4	Houston Brumit	42.7	R Elleston Vincent Goodman	54.4
Charles West Edwin Taft	7.91	Mary Roman Rachel Lyga	10.2 10.69	Benny Liles	7.75	Everett Hosack	20.79	Willie Price	25.38	Tom Ranuga	28.48	K K Slaughter M 80	43.78	Jim Reilly	55.68
Dennis Leczinsky	8.09	Janet Amery	11.75	Metvin Fields Tom Bassett	7.77 7.78	W 30		Paul Calanoso Joe Schwieterman	25.49 25.54	M 55 Steve Robbins	24.09	Champion Goldy	36.9	N Havdenscheid Ed Papo	56.49 57.64
Nate Byrd David Avers	8.1 8.2	W 65	Lev Jur	William Overby	7.83	Althea Morris JoAnna Childress	8.02 8.37	Dominic Halsmer	25.6	William Burrel	26.22	Bob Matteson	36.92	Mike Boni	57.9
Tom Hartman	8.2	Georgia Johnson	10.15	Roger Pierce	7.87	Dawn Best	9.13	Eric Joiner Lindsey Thurman	25.78	Tim Butts Edward Smalls	26.25	Milo Lightfoot Warren Tashian	43.05	Don Spencer Steve Gallero	58.20 58.41
George Schweizer Mike Valle	8.27 8.3	M A Zeppetello	12.0	Robert Davis Bob Lloyd	7.89	Edna Crawley Denise Jones	9.25 9.30	Alex Rivera	25.86	Rich Jones	26.55 26.79	Mel Flachs	46.95	Phil Goodrum	1:00.20
Edward Smalls	8.49	W 70	1 and	Thaddeus Morris	7.89 7.90	W 35		Scott Eide Juan Castro	25.92 25.96	Frank Bonham	26.81	M 85	39.14	Vincent Surace Eric Goodlow	1:00.3
Dave Galigani	8.56	Lenore McDaniels Pat Peterson	9.9	Dennis Newton Eddie Watson	7.90	Helena Nelson	8.46	Juan Castro Jesse Jackson	26.36	Mike Boudreaux Steven Bowles	26.91 27.11	Bert Morrow Pete Allen	39.14 43.61		1.01.60
Bob Temmeler Gene Ballard	8.66	Mary Holland	10.50	Doug Spencer	7.96	Dana Baumparten	8.51	Paul Boccard	26.4	Grover Coats	27.11	Manfrod d'Elia	48.5	Continued on	next page

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page 20			Main II	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	1262 63	Nati	onal M	asters New	'S	TO TRACT		d and a rest the part	August 1998
Continued from previo	us page	M 50		Roy Englert	1:41.08	Dick Kennedy	2.08.31	M 50	1	W 40		Ton Byrnes 5:26.90 Chet Thompson 5:27.04	Tony watson 4:33.10 Jim O'Brien 4:34.26
M 35	- hafe	Charles Allie Melvin Fields	52.87 55.03	Nate White M 80	1:48.70	Clarence Fullerton Robert Murrray	210.22 210.3	Ken Sparks Albin Swenson	2:06:40 2:10:40	Alda Cossi	2 26.2 2 29.25	N55	David Jansen 4:35.12 Jon Waldron 4:35.12
Mitchell Lovett	48.58	Roger Pierce	55.43	Bob Matteson	1.23.61	Peter Schmidt	210.52	Paul Zink	2 10 85 2 12 89		2:30.04 2:31.74	Sid Howard 4:38.20	Jim Clayton 4:35.20 Tim McMullen 4:38.1
Ray Blackwell Kettrel Berry	49.47 50.39	Ron Johnson Alan Taylor	55.52 57.05	Austin Newman Milo Lightfoot	1:31.40	Doug Miller Art O'Brien	210.56	Gordon Reiter Alan Taylor	214.46	Eileen Troy	232.57	Joe Cordero 4:59.8 Pat Cosgrove 5:06.2	Paul Corcoran 4:38.48 Steve Shaklee 4:39.6
Sal Allah Reggie McDaniel	51.64 51.86	Dave Water Jesse Brewer	57.29 57.7	W 30	and the	Tom Sassi Phil Matraxin	211.29 212.3	Colin McArdle Randy Taylor	215.53 215.7		233.2 237.54	Ken Skinner 5:07.2 Seth Kaminsky 5:09.00	Tom Aspel 42 4:43.82
Tyrone Williams	51.87	Bob Lloyd	57.71	Althea Morris	56.98 1:03.84	David Sullivan	212.38	Bruce Carter	2 16.79	Tamara Steil	240 250.48	Max Hamlin 5:13.1 Joel Dubow 5:18.25	Rodney Orand 4:43.89 Matt Pile 4:45.58
Al Sapa Rocco Serafini	52.08 52.46	Ralph Souppa Warren Graff	58.44 59.47	Dawn Best Lisa Warren	1:04.98	Bill Possidento Neal Coffey	2129 213.7	Brad Johnson Victor Diaz	2 19.25 2 19.58	Patricia Nagy	2 50.66	Dan Kirsch 5:25.8 Nike Hawkes 5:31.48	Bob Garcia 4:47.8 SteveSchallamkamp4:49.76
Billy Hughes	53.12	M Masłowski	59.56	Venida Rodman Debbie Thomas	1:05.19	Jeffrey Endres Mike Filzpatrick	214 214.60	Richard Murray	2 19 68 2 20 86		252.4 258.36	Larry Harvey 5:31.7	John Williams 4:50.01 Bob Hodge 4:50.61
Brendan Jackson Robert Harding	53.5 53.9	Douglas Spencer Dan Durante	59.68 1:00.39	Artene DiLorenzo	1:06.27	Gino Caro	215.71	F Handelman John Babington	2 21 38	1000000	3.11.80	Bob Edmonds 5:32.67 Tony Lamorte 5:34.15	Bob Schneider 4:52.0
Jim Watts	54.02	Robert Ihne	1:00.62	Charlene Landron Paule Kekeh	1:06.40 1:08.00	Ted Carey Ben Gorecki	216.36 216.6	Hugh Sweeney	2 22 23 2 22 88	W 45		Floyd Whiting 5:36.08 Stan Edelman 5:36.6	Ray Sipperly 4:53.08 Mark Yellin 4:54.3
Anthony Krainik John Burks	54.22 54.44	John Albanese Harold Holan	1:01.07 1:01.48	Mary Jeane O'Connor	1:11.78	Paul Leary	216.96	Efren Beltran Frank Handelman	2 23 12		2 28.43 2 39.50	John Kuhl 5:38.13	James Buresh 4:55.83 David Tree 4:56.29
Karry Cameron Frank Makoczy	55.04 55.38	Frank Handelman Keith Small	1:01.65	W 35	55.67	Craig Malinckrodt Rick Fugler	217.27 217.39	Ron Ruffin Dam Masterson	2 24 24 2 27.95	Mary Rosado	2.40.20 2.48.85	M60 Joe Cordero 5:05.42	Nike Kelleher 4:55.90 Clyde Lowthert43 4:57.08
Sam Collins	55.83	Chip Robinson	1:02.12	Adina Valdez Shemayne Williams	1:04.16	Bob Donegan	218.25	Robert Weiner	2 29.13	Mary Hartzler Dale Fishel	251.01	Witold Bialokur 5:07.84 Jim Fillis 5:12.25	Adrian Sterrett 4:58.01 Gary Radford 4:58.7
Fred Porter Rich Agnello	57.0 57.18	Chet Thompson Kingsley Clarke	1:03.22 1:03.51	Helena Nelson Artene DiLorenzo	1:04.98 1:05.56	Gerry Woods Nick Mitchell	218.5 219.01	Kingsley Clarke J Tetherly	231.1 231.90	Donna Olson	3.08	Prank Hamiland 5:15.79 Henry Hawk 5:19.9	Abe Golub 4:58.76
Juan Castro	57.64	Randy Taylor	1:04.9	Alicia Johnson	1:07.07	David Goldberg	221.25	Larry Smith	232.85	Arlene Deckar W 50	1120	Jin Beahn 5:24.1	Hector Sanchez 4:59.1 Richard Clark 44 5:01.20
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Kint Makita	1:00.70	William Burrell Thomas Ranuga	58.78 59.64	Irene Thompson Carla Hoppie	1:05.00 1:06.01	Thomas Hartshome	2:03:52	Dominic Rappazzo	2.27.98	Yvonne Rothenberg	3.22.8	Bruce Susong 5:57.36 Alex White 6:39.80	Nolan Shaheed 48 4:24.71 Tim McMullen 45 4:25.55
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Keith Royster	55.12	Ed Donoghue Bob Chinchillo	1:04.60	Mary Rosado	1:12.20	Christopher Murphy George Frost	210.53 211.00	Dan Kirsch Floyd Whiting	241.2 242.08	1500 Meters		Sydonna Urquidi 5:33.99	Tim Payne 48 5:01.13
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Richard Clark Clifford Shock	58.92 59.1	Christopher Rush Tom Fondy	1:03.42 1:03.70	W 65	1.78.97	Kevin Hanion	217.4	Al Ravenscroft	2 57.95		:58.9	Madeline Bost 6:37.6 W65	Herb Engman 5:05.83 Bruce Carter 5:06.08
James McFarlane John Dyer	59.64 59.7	Alexander Johnson John MacDonald	1:03.70 1:03.72	Jean Horne Anne Yudel	1:14.68 1:26.23	Fred Hervert Marc Pendleton	217.52 217.60	Rene Wilett M 65	2.59.9	Tony Rodiez 4	:11.54	Toshiko d'Elia 6:38.7	Kieran Kelly 5:06.92 Terry Habecker 5:11.16
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Scott Clark			9.63	Hugh Swecny	
Chris Yorges Brian Fullem			0.76 7.83	Rich Murray Rich Davis	
Gil Aquiler Mary Paparella		9.0	03 6 08 62	Rich Friedlander	
Rodney Furr			8.77	Dale Carter Ronald Ruffin	
Alan Wells Allen Mead			4.89	Pete Shanno Perry Hayden	
Joe Simpson		9	27	Pete Mathis	
Norm Boothilier Tom Lochmann			35.18 18.3	Carl Hatfield Gaetan Bretan	
Jud Santos		9	50.85	Carl Grossman	
Keth Earl Curt Nelson			51.06 04.4	Joe Cordero Bob Congdon	
Mark Doctor			05.11	Kevin Smith	
David Menard Rob Dumo			13.08	Larry Smith Mike Defio	
Pat Turley			17.9	Jeff Straussman	
Rick Cote M 35		10	20.2	Paul Jewell Dean McNabb	
Craig Fram			13.05	Joe Burleson Dave Charlebois	
Bob Winn Amicar Duarte			47.41 50.7	Joel Dubow	
Ken Laluff		8	59.80	M 55	
Mike Yuhasz Tim Minor			03.9 13.96	Victor Zwolak Tim Simpson	
Todd Sinclair		9	27.90	Jack Thornhill	
Ken Bohan Robin Wheeless		9	30.38 32.1	Skip Houk Wally Brawner	
Robert Murray James Cuono		9	32.7 35.82	Joe Cordero John Cedarhoim	
Tim Murphy		9	36.2	Pat Cosprove	
Art Demers Keith Davies			4.58	Maxwell Harriyn Larry Abrahamso	
Casey Caristrom		9	8.9	John Allen	
Brendan Jackson Chip Langmaid			19.2 51.86	Dick Ashley Ed Donoghue	
Bob Brenner David Harding		9	51.9	Jeff Martin	
Tim ingal		10	10.9	Jack Ucci Floyd Whiting	
Rob Dumo Neal Coffey		10	11.95	Ken Skinner Paul Halbert	
Alan Sangeap		10	36.70	Bruce Fredricks	0
Mike Fitzpatnck Ed Cardenas		10	38.7	Bill Parrot Arthur Mailet	
Doug Christensen		10	48.8	Dennis Daty	
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8 46.03	Doug Frost
8 59.69	Roger Dean M 60
9.00.26	Bob Milner
9:01.23 9:07.13	Bill Spencer
9:09:64	Sam Graceffo Bobby Kincaid
9:12:49 9:14:90	Jim Beahm
9.18.23	Frank Haviland Bob Brock
9:18.40 9:28.11	Derek Mahaffey
9.28.13	Herman Willis Al Ravenscroft
9.28.95	Henry Pontious
9:29.56 9:33.51	G McClenathen
9:41.15	Adrian Craven Bernie Swansey
9:41.15 9:49.06	Rene Wilett
9:50.28	John Hurley Tom Fondy
9:51.25 9:56.80	Tony Ferrand
10:02.20	George Moss
10:03.4 10:04.98	M 65 Paul Heitzman
10:15.0	Robert Kahn
10:18.3 10:26.0	Ed Stabler Bob Brock
10.28.8	Donald Ross
10:31.4	James Keat
10:31.4	Wayne Nicoll Ray Pickell
10:36.5	Roger Hahn
10:36:50 10:40.8	Leland Chisholm Wally McRae
10.49.91	M 70
10:51.61	Howard MacMillan
11:04 69	Boyce Jacques Des Margetson
11:06.9	Ken Folsom
11:19.9	Tom Walnut
9 05 00	M 75 Nate White
9:11.90	Don Hanion
9.18.27 9.25.32	William Benson
9.38.96	John Bays Russ Moore
9.43.05	Roy Englert
9.44.4 9.53.9	Dan Geer
10:26.59	M 80 Dudley Healy
10:30.4	W 30
10.47.80	Christine Reaser Cathleen Allen
10:50.3 10:51.1	Leatha Damron
10:53.0	Mary Plude Karen Thistle
10:56.7	Phyllis Botson
11:08.0	Sydonna Urquidi
11:18.28 11:21.08	W 35 Lesley Lehane
11:24.4	Jean Chadnicki
11:29.5 11:42.0	Janice Morra Rossy Tibaduiza
11:44.2	Carolyn Eich
11:51.2 11:53.9	Mary Olivieri Sue O'Malley
11:56.0	Tina Gordon
12:05.6	Gay McClenathen Ruth Yanai
9.18.75	Karen Lein
9.22.79	Lome Marnell
9:27.78 9:46.04	Betsy Binkowski Karen Connelly
10:04.44	W 40
10:12.70	Patti Ford
10:19.65 10:37.0	R Sarris Hallop Karen Boen
10:42	Sharon Vos
10:54.2 10:58.15	Deborah Yealin Debra Keney
11:04.5	Catherine Oehrlein
11:17.6 11:18.90	W 45
11:26.5	Kathryn Martin Lynn Massey
11:32.52 11:35.0	Marion Malek
11:40.00	Maggy Zidar Mary Winston
11:42.0	April Capwill
11:48.1 11:53.2	Arlene Decker
12:05:2	W 50 Mary Trotto
12:11.85 12:12.14	Esther Clark
12.20.18	W 55
12:33.8	Lennie Tucker Julia Stallings
10.12.2	Madelilne Bost
10:35.23	W 65
10:40.86 10:45.00	Toshiko d'Elia
10:54.56	55M Hurdles Compiled by Jack L
10:55.6 10:58.94	M 30
11:04.9	Donald Brown
11:05.66 11:19.4	M 35
11:19.4	Joe Schweiterman John Roberts
11:21.52 11:28.9	Bob Shelton
11:51.7	M 40
11:52.1 11:56.58	Ken Ellis Doug Finley
12:04:59	Tony Ciccone
1207.1 1216.0	William Green John Billingsley
12:23	Mark Jakubowski
12 29 63	John Dyer Michael McPherson
	Strates Cold

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13.39.3 13.41.78	M 45 Stan Druckery	7.96	Henry Clapper Michael Dejesus
13.41.70	James Kneip	9.2	Neal Schuster
1:44.6	Ken Kring Bill Sikorsky	9.2	Donaid Rogan M 55
11:01.49 11:27.3	Jim Dolazel	10.08	Bill Angus
11:31.95	Ivan Black Doug Holmberg	10.1	Dave Ellis Terry Rowan
11:34.0 11:51.03	Garry Cornstock	11.0	Bruce Mills
12:21.9	Bob Ravi	11.5	John Sloan George LaBelle
12:24.17 12:33.30	M 50 Chet Dow	8.79	M 60
12:34.73	Mike Milove	9.3	Dale Lance
12:34.8 12:37.03	Jess Brewer Bill Walsh	9.4	Lowell Bonifild Bob Golly
12:37.45	Jim O'Brien	10.8	Rex Hane
12:49.51 13:02.8	Art Carlson	11.50	Al Matheis George Ball
13:06.75	M 55 Bill Angus	9.23	Don Arriery
13:48.5 14:14.9	George LaBelle	9.9	M 65
14:15.36	Nate Byrd Doug Geertgens	10.0	Clarence Trinkne Jim Stookey
	Bruce Mills	10.51	Harry Brown
10:50.40 12:17.36	Mike Valle Phil Byrne	11.1 13.23	Bill Simmons Rod Meyer
12.27.5 12.28.9	M 60	a chief	Ted Kress
12:34.43	Dale Lance Don Amery	8.4 9.59	M 70 Denver Smith
12:36.71	Jim Peterson	10.38	Mel Larsen
13:26.98 13:42.70	Bill Kelley	13.3	Buck Bradberry Chuck Sochor
13:55.2	M 65 Jim Stookey	9.3	Fred Hirsamaki
14:26.6	John Schreiber	10.6	Bill Townsend
	Richard Weiland Jack Lance	10.7	M 75 . Edward Lukens
13:28.6 13:37.46	Harry Brown	11.85	A U Ricciardi
14:45.67	Clarence Trinkner George Taylor	13.96 14.3	Mel Buschman
14:53.32 15:34.3	M 70	1000	M 85 Bert Morrow
10.04.0	Denver Smith	9.90 9.97	Robert Boal
15:16.1	Chuck Sochor Bill Townsend	11.04	W 30
16:06.0 16:13.64	Byron Winter	12.2	JoAnna Childress
16:42.1	M 75 Edwin Lukens	10.0	Charlene Landru Denise Jones
16:51.2 16:52:63	Mel Buschman	10.16	W 35
17:28.86	W 30		Karen Warneling
	JoAnna Childress Sherri Grabowski	8.60 9.49	W 60 Christel Miller
18:51.7	W 35		W 70
10:22.07	Penny Richardson	12.07	Lenore McDaniel
10:37.07	W 50 Mariene Sachs	10.54	High J
10:48	W 60	10.04	Compiled by
10:56.35 11:00.4	Rachel Lyga	12.72	M 30 Andrew Boyce
11:40.53	W 70 Leonore McDaniels	14.7	Larry White James Tunstall
9:34.08	60M Hurdle		Donald Brown
10:38.65	Compiled by Jack		Todd Risby Troy Mozena
10:49.12 11:07.11	M 30	A State	David Bell
11:09.0	Reggie Snowden Donald Brown	8.66 9.65	Vincent Surace M 35
11:24.3 11:35.13	David Bell	10.06	Joseph Patrone
11:38.3 11:56.53	Troy Mozena	10.38	Ted Lewis Kent Powers
11:56.8	M 35 Robert Stanley	8.54	Walter Reynolds
12:21.55 12:28.0	Allen Jones	8.84	Jeff Helton Jeff Watry
12:40.0	Joe Schwieterman Tim Bloomington	8.91 9.63	Allen Jones
12.44.9	Frank Makozy	9.72	Gary Preece Bill Brown
10.28.8	Rob Doran Butch McFetters	10.75	Frank Makozy
10:38.99	M 40		Ambroise Courtes Rob Doran
10:40.48 11:03.69	Ken Ellis	8.47	Scott Hall
1201	Lloyd Jeremiah Douglas Finley	8.48 8.56	Brad Kell Benedict Olusola
12:10.96	Tony Ciccone	8.69	M 40
Rep Car	Stacey Price John Roberts	8.77 8.77	Ken Ellis Ken Drollinger
10:43.72 12:02.06	Bob Zahn	9.23 9.32	Keith Johnson
12:37.20	Bob Blackburn Dennis Nelson	9.40	Jeff Watry D Peterson
12:38	Daniel Taylor	9.50 9.51	Tony Ciccone
13:03.70	Jeff Watry Mark Jakubowski	9.93	Kevin McLaughlin Stephen Miller
14:06.7	John Billingsley Steve Winkel	10.04	John Valiska
14:22.46	Gary Herlinger	10.98	Mark Gershon Steve Winkel
14:34.2	Kelley Meares	11.05	Gary Herninger
	M 45 Ken Kring	9.73	Kelley Meares Mark Jakubowski
13 49 8 13 55 78	Ed Baskauskas	10.14	Dave Raymond
14:00.0	Ivan Black Jim Crutcher	10.35 10.39	Sam Mason
	William Sikorsky	10.42	M 45 Walden Curry
14.01.3	Pat Fahy Jim Dolezel	10.64 11.02	James Sauers
S Lance	Alan Russel	11.09	Bob Hulme Kevin Carper
344.5	Richard Watson Mike Davis	11.17 11.83	Pat Fahy Richard Sobel
9.30	M 50	Le Ar	Ed Baskauskas
8.19	Courtland Gray	8.74 9.60	Alan Russell John Fortin
8.3	K H Troy	9.66	Ron Salvio
9.6	Michael Milove James Dickerson	9.87 9.89	Richard Watson Ivan Black
7.95	Jesse Brewer	10.13	Jerry Cash
8.23	Tom Thome Richard Lech	10.21 10.22	Jim Dolezel Mike Walker
8.3 8.61	Chet Dow	10.4	Mike Davis
8.7	Leon Coleman Bill Walsh	10.66	Steve Dowling Doug Holmberg
9.02 9.4	Jim Woolsey	11.42	Mark Hildebrand
9.5	T W Tesche	11.71	Grant Peterson

M	asters News
1	Henry Clapper
6	Michael Dejesus
-	Neal Schuster Donald Rogan
8	M 55
08	Bill Angus Dave Ellis
68 0	Terry Rowan
5	Bruce Mills John Sloan
	George LaBelle
9	M 60 Dale Lance
41	Lowell Bonifid
8	Bob Golly Rex Hane
50	Al Matheis
3	George Ball Don Amery
	M 65
0	Clarence Trinkner Jim Stookey
51	Harry Brown
1 23	Bill Simmons Rod Meyer
15	Ted Kress
9	M 70 Deriver Smith
38	Mel Larsen
.3	Buck Bradberry Chuck Sochor
	Fred Hirsamaki
67	Bill Townsend M 75
.6	Edward Lukens
.85	A U Ricciardi Mel Buschman
.3	M 85
	Bert Morrow
90 97	Robert Boal
.04	W 30
2	JoAnna Childress Charlene Landrum
.0	Denise Jones
.16	W 35
60	Karen Warneling
49	W 60 Christel Miller
71	W 70
107	Lenore McDaniels
.54	High Jump
-	Compiled by Jack Lan M 30
.72	Andrew Boyce
.7	Larry White James Tunstall
4	Donald Brown
•	Todd Risby Troy Mozena
10	David Bell Vincent Surace
66 65	M 35
0.06	Joseph Patrone
0.38	Ted Lewis Kent Powers
54	Watter Reynolds Jeff Helton
84 91	Jeff Watry
63	Allen Jones Gary Preece
72	Bill Brown
1.21	Frank Makozy Ambroise Courteau
	Rob Doran
47 48	Scott Hall Brad Kell
56 69	Benedict Olusola
77	M 40 Ken Ellis
17 23	Ken Drollinger
32	Keith Johnson Jeff Watry
40 50	D Peterson
51	Tony Ciccone Kevin McLaughlin
93 0.04	Stephen Miller
0.23	John Valiska Mark Gershon
0.98	Steve Winkel
1	Gary Herninger Kelley Meares
.73 0.14	Mark Jakubowski
0.35	Dave Raymond Sam Mason
0.39	M 45
0.64	Walden Curry James Sauers
1.02	Bob Hulme
1.17	Kevin Carper Pat Fahy
1.83	Richard Sobel
74	Ed Baskauskas Alan Russel
60 66	John Fortin
87	Ron Salvio Richard Watson
.89 0.13	Ivan Black
0.21	Jerry Cash Jim Dolezel
0.22	Mike Walker Mike Davis
0.66	Steve Dowling
1.33	Doug Holmberg Mark Hildebrand
1.71	Grant Peterson

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11.76	M 50
12.14 12.31 12.48	John Meisner Roberto Pozzi
100	Joe Johnston Alan Taylor
9.84 10.64	Gregory Brooks Bill Knipmeyer Henry Clapper
11.24 11.6	Tom Thome
12.21 12.39	Bob Boddy Tom laguli
9.04	Jim O'Brien James Brady
10.30	Bill Walsh Jorge Birnbaum
12.38 12.51	Michael Dejesus Ed Greene
12.53	T W Tesche Don Hurley
12.90	Bob Everoski Glenn Palmer
10.22 10.28	Chet Dow Bill Gainey-
11.60 11.94	Neal Schuster Dennis Schmitt
13.08 13.22	Mike Zahner Dan Kates
10.22	M 55 Bill Angus
10.23	Philip Byrne Norm Cyprus
10.96	Davie Perry James Cawley
12.15	Paul Gansle Dwaine Horton
11.05	Frank Condon Larry Armstrong
14.01 14.11	Douglas Geertgens Jim McGrath
15.13	Carl Wallin John Head
16.29	Michael Kendall Bruce Mills
	Fred Eitmann
9.47 9.58	Dale Nelson Roger Williams
13.05	Doug Geertgens Jerry McBride
11.16	George LaBelle Jer Sullivan
12.81	John Sloan Phil Kerr
14.98	M 60 Phil Fehlen
	Melton Newton Tom Langenfeld
ance	Ira Ramioo Jerry Sullivan
1.98 1.88	Sammy Bullard Larry Carter
1.78 1.77	Floyd Smith Jim Ware
1.77 1.7	Bob Golly John MacDonald
1.58 1.4	Jim Peterson John Reed
1.93	Charles Lanza Vincent Ruffin
1.88 1.83	James Mayer Paul Beckman
1.83 1.78	Gustave Davis K C Keffer
1.77 1.72	K M Thomas Don Beck
1.7 1.68	John Hurley Gene Lohman
1.68	Glenn Markwell Pat Beam
1.52	Louis Edelman Dillon Maier
1.4	Don Amery Gordon Beck
NAME.	Rex Hane M 65
1.84	Jim Stookey Bill Butterworth
1.78	Clarence Trinkner Ross Vrooman
1.72	Bill Simmons Invin Schafer
1.65	Jerry Lyons Jonas Cowles
1.63	Bob Simpson Ted Kress
1.6 1.58	Harvey Lewellen Rod Meyer
1.52	Bill Hufnagel Emmett Edwards
1.45 1.37	Thomas Hardy George Taylor
1.86	David Gilbert
1.77	M 70
1.68 1.63	Frank Brako Fred Hirsamaki
1.6 1.58	Deriver Smith Thomas Delany Economic Green
1.58	Francis Green Des Margetson Buck Bradberry
1.52	Scott Herman Vince Sempronio
1.47 1.47	Chuck Sochor
1.47 1.47	Dick Donley Bill Chiwis
1.46 1.4	Vic Jones Alex Leishman
1.37 1.25	Jerry Silsdorf Rich Soller
1.24	R G Wolf

 $\begin{array}{c} 1.52\\ 1.52\\ 1.52\\ 1.52\\ 1.5\\ 1.5\\ 1.5\\ 1.4\\ 1.4\\ 1.4\\ 1.4\\ 1.4\\ 1.35\\ 1.35\\ 1.35\\ 1.32\\ 1.32\\ 1.32\\ 1.22\\ 1.23\\ 1.22\\ 1.18\\ 1.12 \end{array}$

	A series and a series of the s	F	age 2
M 75	1.25	Jim Dolezel James Pedley	3.4 3.35
Scott Herrman Ed Lukens	1.25	Mike Sharratt	3.35
Mel Buschman Tim Murphy	1.17	Philip Johnson Joe Mahon	3.2 2.59
George Rajcevich	1.12	Ron Salvio	2.59
Armando Ricciardi Frank Kinaus	1.1	Richard Watson	2.59
d Matthews	1.07	Joe McMahon	244
80		Grant Peterson	213
runo Maki George Graceland	1.	Bob Reese M 50	213
ob Boucke	.97	Larry McIntyre	4.27
ilo Lightfoot	.97	Wayne Lambert	3.96
laude Hills ob Detweiler	.84 .75	Joe Johnston Warren Wilke	3.81
85		Tom Rauscher	3.66
Robert Boal	1.	Ed Halik Henry Hopkins	3.51
ed Hatlen V 30	.95	Dick Brady	3.2
Anne Jennings	1.72	Dennis Schmitt Bill Walsh	32
isa Warren	1.49	Don Anglen	2.74
Nithea Morris Edna Crawldy	1.42	Michael Zahner Rob Perry	2.74
W 35		M 55	1.00
Edna Crawley	1.32	Jeff Tindal	3.35
W 40 Cheryl Alston	14	Bill Angus Norm Cyprus	3.1
W 45		Jerry McBride	29
Kay Sparks	1.15	John Sloan Buster Byrnes	2.59
W 50	STER	M 60	
Skipper Clark Martene Sachs	1.3 1.3	Dale Lance	3.91
Kathy Cirina	1.17	Don Gray Duane Rykhus	3.05
Nancy Newn	1.02	John Diggs	29
W 55 Janice Condon	11	John Steinman	275
Cathy Primmer	1.1	K C Keffer Rusty Hamilton	215
Judy Bordelon	1.07	Bob Golly	214 213
Madeline Bost Joann Grissom	1.02	Glenn Markwell Jim Peterson	213
W 60		Don Amery	21
Christel Miller	1.2	Rex Hane	1.83
Delores Hinds Rachel Lyga	1.12	M 65 Jerry Donley	3.05
Ginny BaMemman	1.07	Harvey Lewellen	2.44
Bernice Bordelon Fei-Mei Chou	1.02	Jim Stookey Jerry Welbourn	2.44
Sue Tunniciif	.9	Ted Kress	2
W 65		Clarence Trinkner Russell McDaniels	2
Joan Burguess W 70	1.05	George Taylor	1.68
Lenore McDaniels	1.16	M 70	
Patncia Peterson Willie Gatz	1.04	Denver Smith Bill Chiwis	2.55
Pole Vaul	10 1000	Chuck Sochor	1.7
Compiled by Jack		M 75	
M 30	Stales,	Art Holland Boo Morcom	3.23
Duncan Littlefield Todd Freitag	4.65	Armando Ricciardi	2.15
Michael Stevens	4.57	Jim Johnson Mei Buschman	2.14
David Bell Jim Keys	4.5 3.81.	M 80	
Paul Masse	3.81	Claude Hills	1.37
Dave Counts Adam Harder	3.51	Milo Lightfoot W 35	1.22
Troy Mozena	31	Donna Ricks	29
M 35		W 55	
Matt Kendall Marty Neibauer	4.57	Joy MacDonald	2.64
Earl Winfield	3.98	Madeline Bost	1.68
Greg Charles	3.96	Sue Tunnichiff	1.78
Ambroise Courteau Terry Christopher	3.81 3.66	W 65	1.74
Mark Spenik	3.65	Amy Hicks	1.08
Paul Boccard Douglas Novak	3.35	W 70 Lenore McDaniels	2.09
Rob Doran	3.2	Salar Salar Salar	
Scott Hall Lindsey Thurman	3.2 2.74	Long Jump Compiled by Jack	Lance
Bryan Blakemore	2.43	M 30	
M 40		Andrew Boyce	6.79
Ken Ellis	4.75	Alexander Gordon Donald Brown	6.47 6.45
Gary Hunter Henry (Ron) Barela	4.57	Spencer Johnson	6.43
Mike Bizzaro	4.11	James Tunstali Rudy Huber	6.3 6.12
Tom Bunner Charles Barnard	4.11 3.96	David Bell	6.02
Michael McGinnis	3.96	Tarus Blackburn Richard Cistone	5.88 5.56
John Baker	3.81 3.81	Steve Gallero	5.46
Ken Drollinger Peter McGinnis	3.81	Troy Mozena	5.43
Donald Severn	3.81 3.81	Tyler Kalinski Doug Cooper	5.39 5.14
Wilson Soohoo Chris Young	3.81	Patrick Smith	5.06
Don Severn	3.66	Nick Mitchell Andrew Gamble	4.97
Hai Fairbanks Timothy Venty	3.51	Bob Murphy	4.93
Kelley Meares	3.4	Charlie Knight Vincent Marbn	4.89
Dave Gorman Rolf Lund	3.35	M 35	4.04
Jeff Watry	3.35	Willie Price	6.72
M 45	the lates	Brian Compan	6.6
Steve Gorman	4.17 3.96	Steven Keyes Benjamin McLeod	6.53 6.5
Larry McIntyre Warren Wilke	3.96	James Wardle	6.44
Johnnie Dye	3.81	Earl Winfield Kenneth Plude	6.33 6.15
Ken Kring Paul Hegiar	3.81 3.66	Robert Harding	6.08
John Hoogasian	3.66	Bob Shelton Marty Neibauer	6.05 5.93
Reg Hurlbert	3.66	Sam Collins	5.93
Eddie Seese		0	
Eddie Seese Michael Vick Robert Berke	3.66	Darrell Charles Demick Jackson	5.74

National Masters News

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					-			asters News				ment of the second places	Line Cipulnick 7.59
Continued from previo	ious page	Jim Peterson	4.31	W 65 Magdalena Kuehne	334	W 50 Kathy Cirina	8.18	Allan Neville Gary Krueger	10.34	A U Ricciardi George Brown	8.66 8.48	W 80 Katharine Gradick 5.75	Mary Roman 7.32
J Schwieterman Frank Makozy	5.54 5.49	Joe Hernier Charles Lanza	4.15	Fei-Mei Chou	2.85	W 55		Neil Rich	9.67 9.63	Mike Casteneda	8.38 7.95	Weight Throw	Betty Steele 6.87 Marcia Crooks 6.73
Rick Schultz	5.31	Dillon Maier	4.12	Patricia Lemanski	2.82	Joann Grissom	6.68	Donald Rogan Willie Northcal	9.61	Norman Hedrick George Rajcevich	7.9	Compiled by Jerry Wojcik	Audrey Lary 6.56
Darrell Turnipseed Vince Manno	5.14 4.86	Earl Mege Ed Kent	41	W 70 Lenore McDaniels	34	Susanne Magrogan	5.74	Henry Clapper	9.51 9.5	John McCarthy	7.87 7.72	N30	W65
Rob Doran	4.75	Glenn Markwell	4.04	Mary Holland	2.75	W 60 Audrey Lany	8.07	Tom Thome	3.3	Angelo Oliver Joseph Gozzo	7.42	Troy Herr 18.70	Amy Hicks 6.73 Lillian Snaden 6.50
Brad Kell	4.63	Bob Golly George Ball	3.99	Wille Gatza Charlotte Acton	1.47	Evelyn Whight	7.48 7.47	M 55 Gienn Johnson	14.03	Ray Skotte	7.32	William Cotter 13.27 M35	Barb Thorgrimson 5.59
M 40 Barry Stebbins	6.32	Al Matheis	3.99	W 75		Barbara Jordan Rachel Lyga	6.83	Joe Keshmini	13.99	Robert Sparks Gene Schneider	6.78 6.75	Mike Hambrick 14.93	Georgia Johnson 4.08
Ken Elis	6.16	Don Amery Delos Eyer	3.96 3.87	Diane Friedman	1.75	Fei-Mei Chou	5.75	Sheppard Miers Dennis McCraven	12.67 12.6	M 80	the second	Glenn Thompson 14.12 Stephen Harriman 8.46	Lucille Sampson 5.24
Joseph Smith	61	Rex Hane	3.65	Triple Jump		W 65		Stephen Cohen	12.49	Ross Carter	10.78	M40 Ken Jansson 17.63	W75 Helen Johnson 2.97
Mark Gershon Mike Skoflanc	6.06	Don Beck Gordon Beck	363	Compiled by Jack M 30	Lance	Maqdalena Kuehne Amy Hicks	7.2	Carl Wallin Richard Hotchkiss	12.46 12.27	Thomas McDermott Champion Goldy	9.1 8.14	David Vandergriff 15.65	A SHAT SHE
Bob Blackburn	5.99	Tigner Hayden	3.33	Bob McVicker	13.46	W 70	Sec.	Richard Ashland	11.93	Bruno Maki	7.63	Tony Chioccarelli 14.99 Don Filkins 13.79	- Thereit Pill Pill
Michael McPherson David Quick	5.79 5.77	Louis Edelman	3.29 3.24	James Turnstal	13.12	Lenore McDaniels	6.93	Gene Thacker	11.66 11.47	George Braceland Milo Lightfoot	7.57 7.34	Kim Salzer . 12.98	3000m Racewalk
John Billingsley	5.69	Gene Lohman M 65	3.64	Donald Brown Jesse Sommer	12.6	Shot Put	1042	Mickey Bitsco Mike Valle	11.3	Bob Boucke	6.81	Jay McKeen 12.68 Carl Reichard 12.43	Compiled by Jerry Wojcik
Ken Drollinger	5.44 5.38	Jim Stookey	4.92	M 35		Compiled by Jack	Lance	Harold Crater	11.02	Ed Olsen	5.84	Mark Kreafle Sr 12.33	M30 Arthur Ortega 34 14:58.26
Steve Winkel William Green	5.35	Clarence Trinkner	4.41	Brian Corrigan	13.93	M 30		Bill Angus Alex Meyer	11.01 10.82	George Peebles Bob Detweiler	5.27 5.08	Ted Goudge 10.72 Scott Bull 10.57	M35 Tim Nichols 38 14:55.24
Ronald Jackson	5.35	A Badinger	4.26	Benedict Olusola Donaid Hardy	13.49 13.43	Todd Adekaren Jim Keys	15.41	Bob Cahners	10.71	M 85	STORAGE ST	Nike Lauderdale 10.16	Ed Fitch 15:46.12
Mike Maryott Andy Mason	5.35 5.31	Glenn Edwards	4.15	Kent Powers	12.57	Тгоу Негт	13.12	Fred Eitmann	10.67	Leon Josin	7.56	Dennis Hansen 10.14 Carmen Letizia 9.78	Ed O'Connor 35 16:14.46
Jeff Watry	5.3	Tom Rice Vern Schewe	4.14	Willie Price	12.5	Tommy Amington Dave Bell	12.88 12.69	Paul Deem Brian McKenna	10.52	Ken Withee Ted Hatlen	7.5 6.58	Kevin McClaughlin 8.96 Dennis Hansen 8.56	Warrick Yeager 13:52.5 Steve Pecinovsky 14:18.7
Kelley Meares James McFartane	5.1 5.09	Inin Schafer	3.85	Robert Harding Darrell Charles	11.56	Jim Driscoll	12.48	Ron Sholes	10.39	Ornin Graf	5.33	M45	Steve Vaitones 14:45.65
David Hunt	4.83	Bill Simmons	3.85 3.82	Bob Shelton	11.26	William Cotter Kewn Parker	12.12 10.67	Gary Crawford Ed Rowan	10.38 9.92	Burt DeGroot	5.16	Tim Edwards 13.77 Carl Reichard 13.64	Rupert Ravena 14:52.80 Vince Peters 16:00.41
Hal Fairbanks	4.8	Bob Simpson Jack Lance	3.79	Sam Collins Mike Cook	10.85	Alexander Gordon	10.64	Larry Logsdon	9.9	M 95	1. 1. 1.	Hilary George 12.81	Rick Meyers 17:39.44 Don Peterson 19:10.63
Gary Herrlinger Christopher Noon	4.77	Bill Butterworth	3.71	M 40	12410	Troy Mozena	10.58	John Sloan	9.68	Everett Hosack W 30	4	Richard Watson 12.73 Pat Lynn 11.87	Ed Chesney 21:18
Jim Frederick	4.13	John Schreiber George Taylor	371 37	David Quick	13.68	M 35 Gienn Thompson	17.64	Philip Byrne Jack Karbens	9.58	Maureen Fallon	11.4	Ed Clark 11.22	M45 Brian Savilonis 15:00.90
Sam Mason	413	Ted Kress	3.51	Joseph Smith Russ Bosbach	13.37 12.5	Art McDermott	16.15	William Burkle	9.56	Lisa Warren	11.03	Ted Loska 11.11 Larry Readman 10.55	Gary Westlund 15:13.79
M 45 Anthony Santos	5.93	Don Sibiqtroti David Gibert	3.42 3.25	Mike Skofanc	11.99	Warren Taylor	15.56	Jer Sullivan Buster Byrnes	8.76 8.74	Nicole Phillips Cheryl Chong-Hunter	10.2	Dennis Chandler 10.53	Stan Sosnowski 15:14.81 John Jurewicz 17:15.18
John Bayles	5.8	Rod Meyer	3.15	Bob Blackburn	11.52	Pat Mitchell Walt Shields	14.74	M 60	Contraction of the	Virginia Les Palmer	9.75	John Priestley 10.49 M50	Ross Barranco 18:51.51 Fred Anderson 19:10.40
Edward Gonera Jim Dolezel	5.34 5.25	M 70	See. 2	Barry Stebbens Bob Richardson	11.52 11.47	Gary Klein	12.12	Joe Keshmin	15.77	W 35	1256	Tom Gage 14.72	M50
Les Hale	5.23	Chuck Sochor	44	Mark Gershon	10.95	Dawd Tolson Bob Shelton	11.83 10.84	Gerald Vaughn	13.97 13.23	Margaret Fox-Hall	11.66 10.52	Lad Pataki 14.62 George Mathews 13.79	James Carmines 13:19.24 Don DeNoon 13:21.86
John Oleski Stanley Finney	5.23 5.18	Tom Rice Buck Bradberry	4.38	Ronald Jackson Dave Cook	10.5 10.25	Rob Doran	10.76	Jim Hart Esse Sattari	13.23	Gretta Long Dana Baumgarten	8.94	Bruce Hedendal 13.34 Terry Shuman 11.92	Rich Friedlander 13:41.00 Robert Keating 14:15.11
Pat Fahy	5.12	Francis Green	4.09	M 45	10.25	Stephen Hamman	10.59	Stew Thomson	12.82	Cathy McKeever	8.15	JerryBookinWeiner 11.35	Gary Null 14:15.13
Scott Thomsley	5.1 5.04	Frank Brako Denver Smith	4.05	Rodney Witshire	12.47	M 40 Bob Otrando	15.62	Leonard Rosen Tom Wesselowski	12.32	Debra Hill Deborah Ecklund	8.13 7.86	Al Levine 10.46 Neal Schuster 10.45	Richard McGuire 14:58.83 Max Walker 15:19.56
Lester Hale Mike Santo	5.	Rich Soller	3.8	Anthony Santos Ivan Black	11.79 10.96	Jay McKeen	14.8	Charles Lanza	11.45	W 40		Allan Neville 10.40	Bill Harriman 16:40.82 Bob Parillo 19:41.3
Alan Russell	4.91	Tom Delaney	3.75	Scott Thomsley	10.76	Tony Ciccone	14.15	Douglas Cronin	11.43 10.87	Marcia Veale	10.74	Bill Walsh 9.82 Dave Tousignant 9.44	Rick Dean 21:07
Mark Jakubowski Ivan Black	4.82	Dennis Sullivan Bill Townsend	3.69	Bob Huime	10.61 10.18	Karl Swanke Robert Gunn	13.86 13.55	Don Amery Brad Ankerstar	10.87	Sarah Boslaugh Ruth Welding	10.58	Ed Fox 9.17	Jerry Whitten 21:18 Denis Rydjeski 21:47.70
Mike Davis	4.77	Fred Hirsamaki	3.68	John Oleski John Bavlies	9.86	Richard Gorbert	13.47	Don North	10.55	Sue Hallen	7.93	Gary Krueger 9.14 Bill Gainey 8.41	N55 John Elwarner 15:23.29
Jesse Norman	4.69	Robert Thomas Ken Yahiro	346	John Hoogasian	8.96	Kim Salzer Don Filkins	13.43 12.96	Gene Lohman Pete Barker	10.43	Lori Stade	6.39	Carl Levine 7.17	Tom Knatt 16:36.34
Mike Morton Richard Watson	4.67	Jack Hipple	3.16	Ron Salvio Doug Holmberg	8.41 8.13	Dawd Rhabgan	12.7	Jim Peterson	10.3	W 45		M55 Richard Hotchkiss 12.79	Bernie O'Finch 17:11.45 Sal Yerardi 19:39.39
John Hoogasian	4.65	Bill Chiwas	3.1	Dave Friedman	8.07	Dennis Hansen	12.58	John Mueller Rex Hane	10.25	Marsha Vale Joan Stratton	10.05 9.79	Norm Cyprus 11.77	Isaac Helo 21:20.20 Phil Davis 22:24.71
Marshall Hubsher Bill Sikorsky	4.57	R G Wolf Alex Leishman	3.05	M 50		Ken Ellis Dan Wallace	12.37 12.25	Ken Nielsen	10.13	Aori Capwil	9.45	Mike Valle 10.28	M60
Doug Holmberg	4.33	Roy Hoffman Bob Voege	2.97 2.83	Angel Cachinero K H Troy	11.55 11.38	Kim Salzer	12.21 11.93	James Mayer Alan Rosen	10.1 9.88	Mary Hartzler Debbie Yost	8.75 6.73	George LaBelle 9.94 Buster Byrnes 9.75	Bob Barrett 16:31.37 Gustave Davis 19:31.35
Mike Sharratt Bob Reese	4.27	M 75	autorit.	Michael Milove	10.51	Scott Bull	.y 11.89	Vern Spencer	9.88	W 50	1.1.1	Ed Rowan 9.53 Brian McKenna 9.06	Spencer Parrish 19:38.80 H O Brooks 19:58.67
M 50 04 0.0	Contract.	Ed Lukens	4.36	Oron Lott Bill Walsh	10.42	Peter Van Aken Richard Brown	11.34	Bob Endries Don Beck	9.62 9.46	Kathy Cirina Enika Szanto	10.01 9.58	William Burkle 8.26	Richard Huie 20:22.81 George Willmore 21:20.14
Edward Jones Richard Lech	5.86 5.59	Tom Kennell Ed Matthews	3.72 3.56	Jim Dickerson	9.12 8.11	Jeff Watry	11.15	Al Matheis	9.35 9.32	Martene Sachs	9.22	Bill Rykrus 5.24 Matt Schemmenti 5.02	Frank Sullivan 22:00.85
Joseph Johnson	5.5 5.46	Morgan Bartlett	3.38 3.26	Bill Gainey M 55	a.11	Carmen Letizla Michael Carnoman	10.79	George Ball M 65	9.32	Skipper Clark Patricia Fogg	9.07 8.88	M60 Stew Thomson 17.30	M65 Jack Bray 15:41.41
Angel Cachinero Jerome Belinson	543	Mel Buschman Art Holland	323	Douglas Geertgens	10.41	Daniel Taylor	10.51	Wendell Palmer	13.56	Latanya Glass	8.43	Don Amery 13.21	Dick Petruzzi 16:12.40 Alfred Dubois 16:42.20
Warren Gillette	5.31	Armando Ricciardi	323	James Cawley	10.39	Mike Robertson Tony Chioccarelli	10.46	Leonard Olson	12.88 12.6	Ingrid Mancini Carol Bradford	8.31 7.77	Vernon Spencer 12.33 Fred Shanaman 64 10.60	Sal Corrallo 17:42.5
James Dickerson Jerry Danberg	5.3 5.28	Jim Johnson Jay Benedict	2.98 2.95	Walter Shields Hans Gordon	9.8	B DiBenedetto	10.01	Rod Meyer Ray Feick	12.02	Sandy Maryott	7.19	Pete Barker 10.04	Wayne Nicoll 18:25.52 Bob Beaudet 18:25.98
Michael Milove	5.22	John McCarthy	2.92	Ken Moses	9.58	M 45	e mar	Larry Marsh	11.93	Mary Trotto	6.46	Steve Biddinger 7.24 Don Beck 6.69	Louis Candido 19:12.66 Jim Spitzer 19:19.60
K H Troy Oron Latt	5.17 5.1	F Jurronvile Frank Knaus	2.84	Lionel Low Terry Rowan	9.54 9.36	Karl Johnson Craig Shumaker	15.38 14.04	Harry Hawke Ted Kress	11.49 11.49	W 55 Joann Grissom	10.97	Emil Muller CAN 14.52 M65	Bill McCann 19:49.89
Roger Crockett	5.07	Hilar Saareste	28	Avital Shurr	9.14	Bill Leffler	13.35	Pay Carstensen	11.05	Karen Wright	8.92	Len Olson 13.76	Geoffrey Bye 20:06.07 Charles Dolecki 20:53.17
Ernie Dew Bob Boddy	5.04	Doc Bennett Vern Mattson	2.76 2.09	Doug Geartgens Ken Mediley	9.05 8.81	Ed Clark Stew Beltz	12.3 12.22	Karim Zandi	11.03 10.85	Roslyn Katz	7.42	Austin Bagyett 13.04 Pay Carstensen 12.95	W70 William Flick 17:55.79
Bill Walsh	4.99	Zelig Strauss	205	M 60		Hilary George	12	Bob Simpson Pete Augsburger	10.76	Karen Huff Fay Richard	7.34	Karim Zandi 12.59	John Nervetti 18:25.03
James Manor	4.97	Houston Brumit	1.91	Haig Bohigian	9.6	Dennis Chandler	11.74	Milton Brady	10.33	Susanne Magrogran	7.05	Ray Feick 12.46 Harry Hawke 11.13	Darrell Stewart 20:17.04 Dick Donley 20:39
Dennis Schmitt Norman Jones	4.76	M 80	3.63	Alan Brevik Jim Peterson	9.15 9.09	John Priestley Nick Mondello	11.7 11.46	Engel Grow Carlos Martinez	10.29 10.13	Audrey Kempf Sandy Pashkin	7.04 6.19	Emmett Edwards 8.41	Stuart Corning 23:23.76
Jim Dickerson	4.67	Tom Walsh R "sparks" Surien	2.56	Ed Kent	8.92	Rich McMullin	11.43	Jonas Cowies	10.12	Sylvia Brooks	5.68	M70 Ken Weinbel 12.69	Tia Dyas 21:11.83
Tom Thome Willie Northcal	4.62	Eliahu BarJosef	234	Joe Hemier John Reed	8.15 8.	Richard Watson Rich Dunphy	11.03	Pete Barker Donald Herberg	10.08	W 60	- SAR	Phil Brusca 10.15	W30 Denice Patterson 20:40
Gregory Brooks	4.54	George Braceland Claukle Hills	2.27 1.95	Bob Golly	7.78	Larry Readman	10.85	Austin Baggett	10.05	Evelyn Wright Mary Roman	8.83 8.77	Vince Sempronio 10.05 Bill Walmroth 10.00	Pan Brown 22:25.31 W35
Caleb Brown Chet Dow	4.5	Bob Boucke	1.68	Earl Mege	7.47	Carl Reichard Doug Holmberg	10.85 10.81	Don Sibigtroth Ross Vrooman	9.81 9.38	Pat Beam	8.36	Lev Mozhaev 9.03 Jacob Stein 7.66	Victoria Herazo 14:35.52
Gary Snyder	4.28	M 85		Gene Lohman Don Beck	7.01 6.96	Alan Russell	10.66	Clarence Trinkner	9.28	Anne Cirulnick	7.93	Bill Snaden 6.85	MaryanneTorrellas14:57.99 Kelley Cullenberg14:58.69
Jorge Birnbaum Mike Oliver	4.19	Ted Hatlen	2.38	N 65	1.54	Peter Mitchell	10.33	Emmett Edwards	9.17	Christel Miller Audrey Lary	7.71	Morton Goldstein 4.55	Marcia Gutsche 14:59.95 Abigail Oliver 17:38.06
Joe Schieffer Jr.	3.99	W 30		Jim Stookey	10.11	Mike Santo Tim Edwards	10.19	M 70 Arnie Gaynor	13.5	Marcia Crooks	7.36	Mel Buschman 9.27	Lee Harris 21:34.79
Henry Clapper Bob O'Connor	3.97 3.96	Sherri Grabowski	4.37	Jack Lance Bill Simmons	8.61	Jeff Mendenhall	10.05	Phillip Brusca	12.9	Betty Steele Sue Tunniciff	7.31	A U Ricciardi 7.62 Don Cumley 5.89	Shannon O'Neal 22:09.88 W40
Neal Schuster	3.95	Dawn Best S Blackburn	4.15	Don Sibiqtroth	7.32	William Sikorsky Bob Mackay	9.91 9.65	Mike Onlich Vince Sempronio	11.86 11.56	Mary Hirst	6.93	Ray Skotte 4.75	Sandy DeNoon 15:11.52 Roswitha Sidelko 15:38.34
Ed Greene	3.91	W 35	A. WAR	Russel McDaniels George Taylor	6.78 5.7	Mike Davis	9.58	William Walmroth	10.95	Bebe Evans Phylis Fraser	6.32 5.7	MBO Tom McDermott 8.56	Janet Comi 16:09.5
M 55 Philip Byrne	5.24	JoeAnn Jackson	4.93	M 70		John Romansic Michael Jacobson	9.47 9.27	Cliff Sampson Derver Smith	10.85 10.85	Phylis Shunn	5.44	Bob Detweiler 3.99	Donna Chamberlain16:26.3 Gloria Rawls 16:30.7
James Cawley	5.2	Elaine Iba Edna Crawley	4.18	Frank Brako	8.72	David Jones	9.07	Chuck Sochor	10.72	W 65	States .	Leon Joslin 6.73	Lee Chase 16:51.9 Pamela Powers 18:40.10
Hans Gordon	5.16	W 40	no nel	Denver Smith Tom Delaney	8.67 8.28	M 50	Se ave	Mel Larson	10.49	Marjone Howe	8.08	M95	Christina Moore 18:56.6
Bill Angus Charlie Richard	515	Cheryl Alston	4.35	Tom Rice	8.21	Lad Pataki Tom Gage	16. 14.89	Fred Hirsmaki Charles Covino	10.23 9.95	Gioria Bortell Betty Neal	7.59		Kathy Finch 20:16.3 Bonnie Deach 21:43.5
Doug Geertgens	5.08	Donna Pope Green Patty Wilson	4.22	Bill Townsend Alex Leishman	7.93	Bruce Hedendal	13.76	Robert Bonnell	9.77	Magdalena Kuehne	7.26	W30 Virginia Palmer 9.63	J Moureau 22:11.5
Ken Mediley Ken Moses	4.98	W 50	The states	Bob Voege	6.34	John von Rohr Vlaardingerbroek	13.67 13.42	Robert Hewitt Norman Wakely	9.75 9.72	Barb Thorgrimson Patricia Lemanski	7.21 6.72	¥35	Karen Davis 16:40.3
Gary Oliphant	4.55	Martene Sachs	3.81	Des Margetson	6.23	Glenn Palmer	13.28	Alex Leishman	9.5	Harriet Patch	6.47	Cynthia Morrison 8.54 Deborah Ecklund 6.86	Tish Roberts 16:44.8 Heidi Duskey 19:28.8
David Ayers Terry Rowan	4.47	Sandy Maryott Chris Davis	341	Morton Goldstein	5.9	Joseph DeStefano	13.22	Roland Clement Ken Yahiro	9.42 9.07	Thais Lacrouts Georgia Johnson	6.2 6.16	₩40	Sheila Danahey 19:31.80
Mike Vale	4.4	Enka Szanto	2.96	M 75 Ed Lukens	9.22	Ron Broce James Nichols	13.18 13.1	Dick Mulkern	9.03	Leah Wilson	6.15	Sarah Boslaugh 12.52 Ruth Welding 10.95	Alice Winkler 20:02.0 Ann Williams 20:21.2
Lionel Low	4.38	Nancy Nevin Susanne Magrogan	2.57 2.5	Tom Kennel	8.15	Robert Warrington	12.6	Frank Brako	8.98	Lilian Snaden	6.14	Sue Hallen 9.69 Lori Stade 5.18	Pris French 21:23.74
Dennis Leczinsky Geoff Hill	4.18	Janice Condon	234	Ed Matthews Hillar Saareste	7.23	Bill Gainey	12.45	Les Rudy J W "bill" Snaden	8.55	Georgia Lansing	5.97	Sandra O'Brien 4.95	Barbara Whipp 19:28.50
John Head	4.16	W 55		Art Holland	5.92	Jerry Bookin Weiner Ron Hambrick	12.41	Jacob Stein	8.42	W 70 Lucile Sampson	6.93	W45 Joan Stratton 11.00	Mary Baglin 19:43.59 Pat Walker 20:04.69
Richard Ashland Roger Williams	4.1	Joann Grissom	4.36	George Racevich	5.33	Bill Walsh	12	Jerry Silsdorf Monton Goldstein	8.03 7.39	Noreen Crawford	6.86	April Capwill 47 9.11	Mona Dible 21:32.12
John Sloan	3.92	Judy Bordelon Susanne Magrogan	2.35	Zeliq Strauss	5.28	A Neville Paimer Sweet	11.97 11.93	R G Walf	7.39	Lenore McDaniels Charlotte Acton	6.49 6.43	W50 Kathy Cirina 8.98	W55 Elton Richardson 17:35.86
Frank Condon	19 17	W 60		R "sparks" Sortien	6.5	R Woosencraft	11.85	Jim Hayes	7.32	Johnnye Valien	5.49	Erika Szanto 8.74	Janet Higbie 18:17.59
George Schweizer Dale Nelson	17 162	Audrey Lary	3.48	Eliahu BarJosef	4.54	Rich Dunohy Terry Shuman	11.79 11.75	M 75		Anita Zetts	4.96	Pat Fogg 5.03	Sami Bailey 18:34.99
M 60	1 4 4 4 M	Evelyn Wright Barbara Jordan	3.36 3.31	M 85		Vincent Breaux	11.11	Don Curriley Scott Herrman	11.11	Lorraine McCaslin Viola Gower	4.45	Roslyn Katz 9.51	Jeanne Shepardson19:30.37 Rachel Beaudet 22:07.60
Date Lance	5.33	Rachel Lyga	31	Claude Hills	4.52	Dave Tousignant	11.1	A T Richeson	10.43	W 75		Joann Grisson 8.31 Suzy Hess 7.06	Pat Beam 22:28.34
Ob of a Dishard	5.08	Christel Miller	3.07 2.69	W 35		Harry Windham Edward Fox	10.99	Charles Pistorino Mel Buschman	9.81 9.36	W Davenport	5	Susanne Magrogan 5.81	Betty Eisenhour 24:08 Joan Horner 26:19.60
Charlie Richard	4.00									Millie Buchert	4.00		
Lowel Bonifid Vincent Ruffin Kalakkat Thomas	4.66 4.43 4.35	Delores Hinds Betty Eisenhour	236	Elaine Iba Edna Crawley	8.93 7.76	Frank Monroe Packy Fusco	10.91	Zeig Strauss	8.83	Alline Witten	4.93	W60 Evelyn Wright 61 9.35	W65 R Bingham 21:48.8

Masters Scene

NATIONAL

• Phil (Philippa) Raschker, 51, USATF Masters T&F Female Athlete of the Year in 1997, announced her retirement from competition in an interview with Ken Stone, posted on his web site (http://members.aol.com/track ceo/index.html). Raschker, Marietta, GA, is considered by many masters aficionados as the greatest age-40+ athlete, man or woman, in the history of the movement. Her most recent accomplishments included seven WRs at the European Indoor Veterans Championships, Great Britain, February 1997, followed by 10 gold medals and a silver (six WRs) in the WAVA Championships, Durban, July 1997. She represented the U.S. internationally at age 48 in the pole vault, her forte. Her skills in the PV (W45 WR 11-1 in 1994) would have placed her high in the college ranks had she been able to take advantage of a track scholarship at age 50 to Life University, which was denied her for having accepted \$200 in prize money for winning agehandicapped races staged by the NMN. In the interview with Stone, Raschker gave "masters politics" and "lack of incentive for training and competing any more" as reasons for her retirement. In 1997, she was nominated to the Masters Hall of Fame, but rejected the award on the protestation that other deserving masters women had not been recognized. She was included anyway.

 Officials at the National Distance Running Hall of Fame honored the Hall's first class of inductees at an induction ceremony, Utica, N.Y., July 11. The five are: Ted Corbitt, a member of the 1952 Olympic marathon team and a Canadian and American national champion who pioneered ultra-marathons and broke American track records for the 25-, 40- and 50-mile marathons; Bill Rodgers, four-time winner of the Boston and New York City marathons and member of the 1976 U.S. Olympic team; Frank Shorter, 1972 Olympic gold medalist, 1976 Olympic silver medalist, and five-time U.S. national champion at 10,000 meters; Joan Benoit-Samuelson, pioneer of women's marathoning and 1984 Olympic gold medalist, the first and only American woman to ever receive that honor; and Kathrine Switzer, the first woman to officially run the Boston Marathon, who won the 1974 New York City Marathon, and created the Avon running program for women.

EAST

• Develand Campbell, 45, Lusby, MD, 35:45, and Linda Sheimo, 41, Alexandria, VA, 44:13, pumped to masters wins in the Lawyers Have A Heart 10K, Washington, DC, June 7. Deborah Gebhardt, 50, Adelphi, MD, was fourth W40+ in 48:02. In an adjunct 5K, masters decisions went to Greg Price, 42, Washington, DC, 18:37, and Laura Walkup, 48, Alexandria, VA, with a W40+ course record 20:07. John Haubert, 55, won his case with a 19:29 victory in the M55 group.

• Roger Evans, 40, Setauket, NY, edged John Di Camillo, 42, Garden City, NY, for the M40+ first by two seconds with a 17:49 in the Kids Helping Kids 5K, Plainview, NY, June 21. Dolores Doman, 41, Dix Hills, NY, won the W40+ race in 20:22.

• Tom Petranoff, M40, Past U.S. Olympian and WR holder in the javelin, now residing in Delaware after moving from South Africa, hit the 241-9 mark in the USATF New England Championships, Dedham, MA, June 27.

• Sharon Dolan, 56, Gaithersburg, MD, was second overall (20:59) in the women's Run For The Roses 5K, Wheaton, MD, June 13. Tami Graf, 61, Lusby, MD, won the W60 race in 25:50. • Alan Ruben, 41, 33:55, and Gordon Bakoulis, 37, 35:25, were first male and female overall and totaled the fastest time of 69:20 to place first in the Lamisil Twosome 10K, Central Park, NYC, April 25. Combined Age 140+ winners, with a 1:50:14 total, were Sab Koide, 74, 52:26, and Muriel Merl, 72, 57:48.

• Charles McMullen, 46, Rochester, NY, 33:37, and Tatiana Pozdnyakova, 42, Toronto, Canada, 34:28, were the first masters across the finish line at the Orange Classic 10K, Middletown, NY, June 14. Pozdnyakova, a citizen of the Ukraine, grabbed fifth overall in the women's competition.

• The East Coast portion of the Avon women's circuit featured large fields and fast times in New York and Baltimore. Gillian Horovitz, 42, NYC, 36:17, bested runner-up Stephanie Kessler, 40, 37:44, in the Avon Mini Marathon 10K, NYC, June 6. Helene Bedrock, 63, Cliffside Park, NJ, 46:12, claimed an impressive W60 victory. The circuit jumped to Baltimore, MD, June 27, where LInda Wack, 42, Germantown, MD, 39:50, scored a decisive masters win in the 10K race. Sharon Dolan, 56, Gaithersburg, MD, won the W55 crown in a speedy 43:55.

• Jane Welzel, 43, Fort Collins, CO, 1:16:58, cruised to first overall in the Fairfield Half-Marathon, Fairfield, CT, June 7. Kevin McCaffrey, 40, Marlborough, CT, 1:11:57, picked up the men's masters win, while top 5K masters were John Matthews, 41, Canton, CT, 16:43, and Inga LIII Wik, 49, Redding, CT, 21:09.

 Ron Hulslander, 41, Cortland, NY, 1:15:38, and Theresa Sadeghi, 42, Endwell, NY, 1:36:06, powered to masters wins in the 28th annual Vestal XX 20K, Vestal, NY, June 20.

SOUTHEAST

• The USATF Florida Association Convention will be held in Orlando at the Marriott Hotel International on Aug. 22. Contact Bob Fine, 3250 Lakeview Blvd., Delray Beach, FL 33445. 561-499-3370.

 Rick Platt, 47, Williamsburg, VA, 17:01, and Sheri Segal, 40, Norfolk, VA, 18:52, captured cash prizes for their masters victories in the Yorktown Freedom 5K, Yorktown, VA, July 4. Runners-up Bill Bustin, 40, Yorktown, 17:16, and Sharon White, 41, Langley AF Base, VA, 19:20, also won cash prizes.

• Linda Wack, 42, Germantown, MD, defended her masters title with an 18:39, worth \$200, in the Fredericksburg Women's 5K/RRCA Women's Distance Festival, Fredericksburg, MD, June 20. The race was dedicated to Mary Haag, who was Women and Children Services Director at Mary Washington Hospital and helped to raise funds for the inaugural race before she died of breast cancer in 1996. Runners were contesting for a purse of \$2500 this year.

• Rocketing to masters wins in the Peachtree 10K, Atlanta, GA, July 4, were Richard Buerkle, 50, Atlanta 32:50, and Amy Barrow, 40, Nashville, TN, 37:33. More than 55,000 runners toed the starting line of this Independence Day classic.

MIDWEST

• Clarence Trinkner established a worldbest time of 72.06 for age 66 in the 400H (33"), Augustana College Meet, Rock Island, IL, June 6. Stan Thompson held the previous best at 87.6 in 1978. Over 120 athletes participated in the 14th year of the Augustana meet, formerly called the Athlete's Foot Masters Meet.

• James Acklin, M40, Ogden, UT, 20:50, and Ruth Wysocki, W40, Canyon Lake, CA, 21:34, chugged to masters wins in the 25th annual Steamboat Classic 4 Miler, Peoria, II, June 20. Masters winners in the 15K competition were **Bob Dalton**, 45, Fayetteville, GA, 53:17, and **Christina Kidd**, 46, Lincoln, II, 1:04:22.

• Lynn Tracy, 45, 15:56, outdistanced the entire women's field at the UW Parkside (Wisconsin) 3000m racewalk, June 7 (AG 81.6%). Al Du Bois, 66, turned in a quick 16:37 (AG 84.3%) to win his division.

MID-AMERICA

• Bill Butterworth, meet director of the USATF Mid-America Regional Masters Championships, reports a good turnout and satisfied athletes in the meet in Wichita, KS, on June 15. On the track, George Marchetti won the M55 800 (2:20.9) and 1500 (4:49.3). Ken Ellis, M40, hit the heights with a meet-best 15-6 in the pole vault. Ken Jansson won the M40 hammer with a booming 191-10.

• Paul Heitzman, 67, Eudora, KS, won the age-graded competition in the Kansas Two Mile Championships in Hutchinson, June 6, with a 91.8%. Jay O'Neil, M40, 10:01, and Barbara Holzman, W45, 12:23, were first 40+. Terry Pollock, M50, 38:29, and Sheryl Drevo, W50, 47:59, took masters honors in the 10K.

• Jane Welzel, 43, Fort Collins, CO, 37:09, blasted to a masters win at the Avon Women's 10K, Denver, CO, May 9.

SOUTHWEST

• James Lofton, 42, a former All Pro Green Bay Packer, ran a spectacular 49.6 to finish second in a field of open and younger runners in an invitational 400 at the Metroplex Mile Championships in Dallas, June 30. In May, Lofton recorded a 22-3½ LJ and a 10.9 100m. In the Metroplex Meet, Rick Easley, 44, competing with runners whose ages ranged from 17 to 36, finished sixth (2:02.6) in an invitational 800. Easley, national champion when he was 40, joins the M45 ranks in February 1999.

• Linda Musil, 46, Dallas, TX, 42:39, bested the masters field and finished seventh overall at the Avon Women's 10K, Dallas, TX, May 9.

WEST

• The Sacramento version of the Avon Women's 10K, May 30, featured blistering times by the top three W40 women – Diana Fitzpatrick, Larkspur, CA, 36:27, Christine Kennedy, Sunnyvale, CA, 37:16, and Terry Adams Schmidt, Stateline, NV, 38:21. Deedee Grafius, Modesto, CA, 40:14, claimed the W45 victory while Melody Anne Schultz, 41:07, collected her third Avon W55 win.

• Top masters at the Palos Verdes Marathon, San Pedro, CA, June 6, were Ted Stull, 43, Lawndale, CA, 2:57:19, and Donna Watts, 40, Thousand Oaks, CA, 3:26:40. Watts was the first overall woman. Russ Poblano, 42, 1:27:48, and Alfreda Iglehart, 48, Los Angeles, CA, 1:28:55, snatched half-marathon masters wins. The 5K masters victories went to John Blauery, 40, Woodland Hills, CA, 17:32, and Linda King, 54, Manhattan Beach, CA, 21:14.

• Despite a delayed start and warm temperatures, Charles Andrews, 40, Rochester, NY, 2:33:02 (84.3% AG), and Christine Kennedy, 43, Sunnyvale, CA, 2:52:27 (84.7%), danced to solid masters wins at the highly popular Rock 'N Roll Maråthon, San Diego, CA, June 21. Kennedy narrowly edged Mary Burns-Prine, 40, San Diego, 2:53:38 (82.1%) for the victory. Ken Sparks, 53, Chagrin Falls, OH, 2:44:26, turned in the fastest age-graded performance (86.6%) to win the M50 division, followed by M45 winner Terry McCluskey, 49, Brookfield, OH, 2:40:21 (86.0%). On the women's side, Lynne Ingalls, 55, Chicago, IL, 3:18:08 (82.1%) had a fast age-group victory.

NORTHWEST

• Les Hintz, 77, and Jenni Ashcroft, 17, of Tigard, OR, may be the only grandfather-granddaughter pole vaulting combo in the U.S., if not



TESH TESHIMA Chet "The Jet" Blanton, 40, ran the Kapiolani 100 Miler, Honolulu, June 28, in 24:00 to raise money for charities.

in the world. Hintz started back into vaulting in 1987 at the nationals where he finished third in his age division and has since competed in the World Masters Games, the Oregon State Games, and local meets. Ashcroft, who won the Class 2A high school state pole vault title with a state record 11-6 for all classes this last spring, graduated from Sheridan HS in Tigard and will attend the University of Nevada in Reno on a track scholarship. Her best vault is 11-11³/₄.

 Becky Sisley, Northwest Regional Coordinator, announced that the Northwest Regional Masters Championships for the year 2000 will be held in Bozeman, MT, two weekends prior to the USATF National Masters Championships in Eugene, OR, Aug. 10-13. This will be the first regional championships outside of Washington or Oregon.

• Mark Holland, 41, 31:35, and Debble Hanson, 44, 40:43, strode to masters wins in the Magna Classic 10K, Magna, UT, June 27. The race was part of the USATF Utah Road Racing Circuit.

CANADA

• Art Meany, 54, was first M40+ and sixth overall in 27:00 at the Mews 8K, St. Johns, Newfoundland, July 5.

• Emil Muller, 60, who, as a guest athlete in the 1998 Indoor Nationals in Boston, was first in the M60 weight (47-7³/4), is one of just 13 hammer throwers, all non-masters, in Quebec. His season's best, in open competition, is 167-9.

INTERNATIONAL

• Albertos Van Zyl's pending M75 WR 14.95 in the 80H (Frank Finger/15.1/1990) helped to pump his decathlon score to 7710 (Claude Hills/6389/1989), another pending WR, in the South Africa Veterans Athletic Championships, Bloemfontein, May 1-2. He also ran a hand-timed 54.7 in the 300H; Dan Bulkley owns the WR of 55.33 in 1994.

• Wilma Perkins has been elected president of the Queensland Veterans Athletics Club in Australia. The first thing she did was apply to change the name of the club to "Masters" instead of "Veterans," according to club member Yasha Watkins.

ON TAP FOR AUGUST

TRACK AND FIELD The track & field portion of the multi-sports Nike World Masters Games opens on the 10th and closes on the 21st at Hayward Field in Eugene, Ore., with an expected 1300 athletes from worldwide participating. The USATF Masters Weight and Superweight Championships return to Seattle on the 29th. An age-graded meet is scheduled for Beverly, Mass., on the 8th. The Philadelphia Masters Champ-ionships and Oak Forest Meet in Illinois are on the menu, along with the Wolfpack Throwing Classic in Columbus, Ohio, on the 16th. Senior Games are being held in Colorado, Washington, New Mexico, Idaho, and Nebraska.

LONG DISTANCE RUNNING Indy Life Circuit action is available in the Crim 10 Mile, Flint, Mich., on the 22nd. The Beach To Beacon 10K, Cape Elizabeth, Me., initiates the month on the 1st, followed by the Sheehan 5 Mile, Red Bank, N.J., and Clarksburg 10K in West Virginia on the 8th. Offerings of the 16th range from the Falmouth 7.1 Mile in Massachusetts to Pikes Peak Marathon in Colorado and America's Finest City Half-Marathon in San Diego. On the 22nd, the Parkersburg Half-Marathon in West Virginia hosts the USATF Open Championships. Assorted teams will trundle off from Mt. Hood to Seaside, Ore., in the 195-mile Hood To Coast Relay on the 28th. The Annapolis 10 Mile and the Silver State Marathon, Reno, Nev., close out the month on the 30th. RACEWALKING

The MAC/East Region 3K Championship hits Central Park, NYC, on the 9th. Many track & field meets and road races include a racewalk. The Hood To Coast Relay has a shorter event for racewalk teams, starting in Portland, rather than in Mt. Hood.

NORTHWEST Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

August 5-9. Idaho Senior Games, Boise. Karin Hoffer-Boles, 800-859-0324.

August 6-9. Washington Senior Games, Olympia. Lisbeth Naber, 360-438-5458. August 10-22. NIKE World Masters Games (multi-sports), Portland and Eugene, Ore. M&W30+. 1-800-98-GAMES. Northwest Event Management, PO Box 10825, OR 97440. 541-687-1989; fax 687-1016.

October 3-4. Octoberfest Throws & Weight Pentathlon Meet, Helena, Mont. Continued on next page

Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are generally limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

TRACK & FIELD

NATIONAL

July 30-August 2. 31st annual USATF National Masters Championships, U. of Maine, Orono. U. of Maine, 5747 Memorial Gym, Orono, ME 04469-5747. 207-581-1077; fax: 207-581-3474; email: ranson@maine.maine.edu. Web site: http://www.ume.maine.edu/~track/track field.html

August 29. USATF National Weight & Superweight Championships, Seattle, Wash. Ken Weinbel, 4103 Hillcrest Ave. S.W., Seattle, WA 98116. 206-932-3923; fax; 932-3917.

September 5. USATF National Masters Weight Pentathlon Championships, Citrus College, Glendora, Calif. (near L.A.). SASE to Lloyd Higgins, 629 Marie Ave., Los Angeles, CA 90042. 626-914-8652; fax: 914-8659.

August 26-29, 1999. 32nd annual USATF National Masters Championships, Orlando, Fla.

October 20-29, 1999. U.S. National Senior Sports Classic VII, Orlando, Fla.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

August 5 (Wed.) Philadelphia Masters Meet. Germantown Academy, Fort Washington, Pa. 6pm-8pm. Claude Hills, 510 E. Valley Green Rd., Flourtown, PA 19031. Tom Yunker, 610-828-4672, or Bill Krieger, 215-722-8859.

August 8. Beverly Lions 2nd Annual All-Comers Age-Graded Meet, Beverly, Mass. 978-921-6150, x5466; e-mail: bevlions @aol.com.

August 16. Philadelphia Masters Championships, Germantown Academy, Fort Washington, Pa. See Aug. 5.

September 5-6. Potomac Valley Games, Williams HS, Alexandria, Va. PVG, c/o V. Meyer, 2305 S. Buchanan St., Arlington, VA 22206.

September 16. Green Mountain Senior Games, Green Mountain College, Vt. Ardi Smith, 802-824-6521.

September 25-27. Granite State Senior Games, Laconia, N.H. 50+. GSSG, Inc., PO Box 1942, Rochester, NH 03866-1942. 603-332-0055.

October 1-3. Maine Senior Games, Inc., Portland. Anita Chandler, 207-775-6503. October 1-3. Maryland Senior Olympics,

Towson. No out-of-state. Phil Adams,

410-830-4456.

October 3-11. Delaware Senior Olympics, Dover. No out-of-state. Peggy Yaeger, 302-736-5698.

October 25. Philadelphia Masters Runners Pentathlon, Germantown Academy, Fort Washington, Pa. 3000/800/ 200/1500/400; age/sex-graded. Claude Hills, 510 E. Valley Green Rd., Flourtown, PA 19031. Tom Yunker, 610-828-4672; Bill Krieger, 215-722-8859.

SOUTHEAST Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

August 8. Nashville Striders Meet, David Lipscomb H.S. 615-331-0111; 383-6733. September 22-27. North Carolina Senior Games, Raleigh. No out-of-state. Margo Raynor, 919-851-5456.

September 23-26. Georgia Golden Olympics, Robins Air Force Base. Vicki Pilgrim, 404-657-6644.

October 24. Sarasotá County Games For Life. Kelly Shoemaker, 6700 Clark Rd., Sarasota, FL 34241. 941-316-1172.

MIDWEST Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

August 16. Oak Forest Masters and Open Meet, Oak Forest HS, Illinois. Gerry Krainik, 708-687-2124.

August 16. Wolfpack Throwing Classic, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220. 614-459-2547.

September 9-16. Wisconsin Senior Olympics, Milwaukee. Helen Ramon, 414-821-4444.

September 10-13. Southwestern Illinois Regional Senior Games, Edwardsville. Cheryl Marshall, SIRSG, Inc., Campus Box 1084, Edwardsville, IL 62026. 618-692-3210; e-mail: cmarsha@siue.edu.

September 17-27. Illinois Senior Olympics, Springfield, Sandy Holste, 217-789-2284.

September 23. 2nd Annual Norm Bower Memorial Weight Pentathlon, SASE to Joe Chadbourne, Over The Hill TC, 18554 Haskins Rd., Chagrin Falls, OH 44023. 440-543-1932; fax: 543-7160.

September 24-27. Kentucky Senior Games, Elizabethtown. Ruth Hudson, 502-765-2175; 800-437-0092.

MID-AMERICA Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

August 2. The 21st Century AGELESS GAMES E.M. "R"ECREATIONAL MEET, U. of Minnesota, 516-15th St. SE. 1 pm. Pre-register by July 17. See p. 5 or SASE to Sr. Rachel Lyga, 122 NE 63 1/2Way, Mpls., MN 55432. 612-574-9661.

August 4-9. Rocky Mountain Senior Games, Greeley, Colo. Sheri Lobmeyer, 970-350-9433.

August 5-9. New Mexico Senior Olympics, Albuquerque. State residents only. Cecilia Acosta, 505-623-5777.

August 20-23. Nebraska Senior Olympics, Kearney. Scott Hayden, 308-237-4644.

September 5-6. Rocky Mountain Masters Games, U. of Colorado, Boulder. Dave Simons, 1550 Baseline, Boulder, CO 80302; Jim Weed, 507-726-2452; Tom Wesselowski, 316-722-2586. September 10-13. South Dakota Senior

Games, site TBA. Jaci Casanova-Keller, 605-773-3656.

SOUTHWEST Arkansas, Louisiana, Mississippi, Oklahoma, Texas

September 17-20. Arkansas Senior Olympics, Hot Springs. Gail Ezelle, 501-321-1441.

September 17-23. Oklahoma Senior Olympics, Tulsa. Dana Short, 918-596-7866.

September 19-October 31. Louisiana Senior Olympic Games, Baton Rouge. 504-925-1748.

September 22-27. Texas Senior Games, Temple. Susan McDowell, 254-298-5690.

WEST Arizona, California, Hawaii, Nevada

August 6, 13. Los Gatos All-Comers, Los Gatos HS, Calif. 5:30 pm. Willie Harmatz, 408-354-7365.

August 15. Kel Field Throws Meet, Santa Cruz. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408-458-0202.

September 12. San Diego Senior Olympics, San Diego, Calif. All t&f events, plus 50m, two RWs, National Masters News Age-Graded 100m. SDSO Office, 619-543-9046; David Pain, 619-582-3316(h), fax: 619-582-5769; Floyd Gibbons, 619-466-5756.

September 19. 6th annual Kel Field Throws Meet, Santa Cruz. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408-458-0202.

October 1-11. Nevada Senior Games, Las Vegas. Roger Owen, 702-294-2954.

October 3. Club West Meet, Santa Barbara CC, Calif. Beverley Lewis, 805-969-5851.

October 17. Kel Field Throws Meet, Santa Cruz, Calif. Gary Kelmenson, 5601 Empire Grade, Santa Cruz, CA 95060. 408-458-0202.

October 17-18. Orange County Senior Games, Saddleback College, Mission Viejo, Calif. 50+. Everett Brewer, 28000 Marguerite Parkway, Mission Viejo, CA 92692. 949-582-4835.

October 25. Sri Chinmoy Masters Games, Cal State Long Beach, Calif. 40+. Bigalita Egger, 310-645-0271.

November 1. 2nd annual Great Pumpkin Weight Pentathlon & Open Throws Meet, Grass Valley, Calif. Dick Hotchkiss, 14005 Meadow Dr., Grass Valley, CA 95945. 530-273-3660. Continued from previous page

Manuel White, 406-227-5020. October 12-24. Huntsman World Senior Games, St. George, Utah. Track dates: 19 (Mon.) – 20 (Tues.) Huntsman World Senior Games, 82 W. 700 South, St. George, UT 84770. 800-562-1268; 435-674-0550; e-mail: hwsg@infowest.com

INTERNATIONAL

August 10-22. NIKE World Masters Games (multi-sports), Portland and Eugene, Ore. M&W30+. 1-800-98-GAMES. Northwest Event Management, PO Box 10825, Eugene, OR 97440. 541-687-1989; fax 687-1016.

August 20-22. African Veterans Athletic Championships, Mauritius.

September 3-5. Russian Veterans Outdoor Championships, Moscow. Vadim Marshev, 14-6 Pervomaiskaya St., Himki, Moscow Region, 141400, Russia. 7 095-535-3308; fax: 7 095-573-4150.

September 11-19. European Veterans Championships, Cesenatico, Italy. Dr. Maria Luisa Moriconi, Istituto di Fisica dell'Atmosfera (CNR), Area di Ricerca Tor Vergata. Tel: 39 6 49934288; fax: 39 6 49934323.

September 19. San Juan Annual International Masters Meet, Puerto Rico. Gilberto Gonzalez, PO Box 11074, San Juan, PR 00922, 787-765-5702; fax: 787-763-7490.

October 14-18. X Asian Veterans Athletic Championships, Okinawa, Japan. M40/ W35. June 30 deadline. Japan Masters AA, Fuji-kasai Bldg., 1-25 Kitonashinchi, Wakayama City, 640 Japan. 0734-32-0787/7416; fax: 0734-32-7416.

November 1-7. WAVA South America Championships, Port Alegre, Brazil. Jorge Alzamora, PO Box 685, Santiago, Chile. Phone/fax: 56-2-621-1417. Hotel & room reservations: Continental Tourist Agency, 55-51-224-5796; fax: 55-51-224-5001.

November 19-22. North & Central American & Caribbean Regional Association of WAVA (NCCWAVA) Championships, Barbados. Contact: Rex Harvey, 6744 Connecticut Colony Circle, Mentor, OH 44060. Fax: 440-954-8111; e-mail: rexjh@aol.com.

July 29-August 8, 1999. XIII World Veterans Athletics Championships, Gateshead, England.

LONG DISTANCE RUNNING

NATIONAL

August 22. USATF National 10 Mile Championships/Crim 10 Mile Run, Flint, Mich. Indy Life Circuit Race. Anne Gault, 110 Mott Foundation Bldg., Flint, MI 48502, 810-235-3396.

September 7. Pacific Sun 10K, Kentfield, Calif. Indy Life Circuit Race. Kees Tuinzing, 80 Mitchell Blvd., San Rafael, CA 94903. 415-472-7223.

October 4. USATF National Masters Marathon Championships/Twin Cities Marathon, Minneapolis/St. Paul, Minn. Indy Life Circuit Race (1¹/₂ x points). Scott Schneider, 708 N. First St., #CR-33, Minneapolis, MN 55401. 612-673-0778. October 11. USATF National Masters 5K Cross-Country Championships, Rochester, N.Y. Peter Glavin, 160 Laney Rd., Rochester, NY 14620.

October 25. USATF National Masters 8K

Cross-Country Championships, Louisville,

Ky. Bob Ullrich, 1879 Douglass Blvd.,

October 31. USATF National Masters

15K Championships, Tulsa, Okla. Indy

Life Circuit Race. Jack Wing, 4038 E.

48th St., Tulsa, OK 74135. 918-292-6553.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

August 1. Beach To Beacon 10K, Cape

Elizabeth, Me. BTB 10K, c/o Marketing

Dept., PO Box 9540, Portland, ME 04112-

August 1. Hampton Falls 5 Miler. SASE

to Road Race, c/o 21 Curtis Rd., Hampton

Falls, NH 03844. Lisa Chace, director,

August 8. George Sheehan 5 Mile, Red

Bank, N.J. John Haulenbeek, PO Box

2087, Ocean Township, NJ 07712. 908-

August 8. Bridge Of Flowers 10K, Shel-

burne Falls, Mass. SASE to McCusker's

Market, 3 Bridge St., Shelburne Falls, MA

August 9. Roosevelt Island 10K, NYC.

NYRRC, 9 E. 89th St., NY, NY 10128.

August 15. NYRRC Manhattan Half-

August 16. Falmouth 7.1 Mile. FRR, PO

Box 732, Falmouth, MA 02541. 508-540-

August 30. Annapolis 10 Mile. Annapolis

Striders, PO Box 187, Annapolis, MD

September 6. Connecticut Classic 10K,

Danbury. Masters money. Carlos Lopes,

333 Main St., Danbury, CT 06810. 203-

September 7. New Haven 20K, New

Haven, Conn. John Bysiewicz, JB Sports,

2 Buena Vista Rd., Branford, CT 06405.

September 13. Eriesistible Marathon,

Erie, Pa. EM, PO Box 8311, Erie, PA

September 13. Ithaca 5 & 10 Miles,

Ithaca HS. Lorrie Marnell, PO Box 185,

September 19. Great Cow Harbor 10K,

Northport, N.Y. Rich Boziwick, PO Box

41, Northport, NY 11768. 516-754-5064.

September 19. Terry Fox 5K Benefit

Run, Boston, Mass. Angela Smalley, 617-

September 20. Harvard Pilgrim 5K,

Providence, R.I. Nancy Cerrone, c/o Public Affairs, HPHC/NE, One Hoppin

St., Providence, RI 02903. 401-331-4034.

Marathon, Fishkill, N.Y. Irvin Miller, 11

Manor Dr., Poughkeepsie, NY 12603.

September 20. Yonkers Marathon. A.J.

Cambria, Yonkers Park & Rec., 285

Nepperhan Ave., Yonkers, NY 10701.

September 20. Philadelphia Masters 5K

Cross-Country, Germantown Academy,

Fort Washington, Pa. Claude Hills, 510 E. Valley Green Rd., Flourtown, PA 19031.

September 20. Staten Island Half-Marathon, NYC. NYRRC, 9 E. 89th St.,

Tom Yunker, 610-828-4672.

20. Dutchess County

Locke, NY 13092. 607-255-2265(w).

Marathon, Central Park. See Aug. 9.

9540. 888-480-6940.

974-8457

phone/fax: 603-778-3031.

01370. 413-625-9411.

21404. 410-268-1165.

203-481-5933.

351-2273.

x43369.

September

914-471-0777.

914-377-6430.

16505. 814-452-1023.

731-3400; fax: 203-792-2163.

212-860-4455.

7000.

Louisville, KY 40205. 502-459-6820.

NY, NY 10128. 212-860-4455.

September 26. Donald J. Trump Fifth Avenue Mile, NYC. NYRRC, 9 E. 89th St., NY, NY 10128. 212-423-2239.

September 27. The Great Race 10K, Pittsburgh. Mike Radley, 400 City-County Blvd., Rm 459, Pittsburgh, PA 15219. 412-255-2493.

September 27. Philadelphia Half-Marathon. SASE to PDR, Box 43111, Philadelphia, PA 19129. 215-864-8225.

September 27. Adirondack Marathon, Schroon Lake. Daniel Perry, PO Box 583, Schroon Lake, NY 12870. 888-SCHROON; fax 518-532-7675.

September 27. Rockland Half-Marathon/New York RRCA Championships, Orangeburg. Tappan Zee Boosters, P.O. Box 249, Orangeburg, NY 10962. 914-359-5425.

October 3. New Hampshire Marathon, Bristol. Fred MacLean, PO Box 6, Bristol, NH 03222. 603-744-2649.

October 4. Wineglass Marathon, Corning, N.Y. Bill Taylor, PO Box 117, Corning, NY 14830. 607-936-4686; fax: 936-4685. October 10. Greater Hartford Marathon/ Half Marathon/5K. Hartford Marathon Inc., 221 Main St., Hartford, CT 06106. 860-525-8200; fax: 860-724-7317.

October 18. Atlantic City Marathon & Half-Marathon. ACM, P.O. Box 2181, Ventnor, NJ 08406. 609-822-6911.

October 18. Mohawk-Hudson River Marathon, Schenectady, N.Y. M-HRM, PO Box 4146, Albany, NY 12204. 518-435-4500.

October 25. Philadelphia Masters 5K Cross-Country, Germantown Academy, Fort Washington, Pa. Claude Hills, 510 E. Valley Green Rd., Flourtown, PA 19031. Tom Yunker, 610-828-4672, or Bill Krieger, 215-722-8859.

October 25. Marine Corps Marathon, Washington, D.C. MCM, PO Box 188, Quantico, VA 22134. 800-RUN-USMC; fax: 703-784-2265.

October 25. Cape Cod Marathon/Relay, Falmouth, Mass. SASE to Cape Cod Marathon, Box 699, West Falmouth, MA 02574. 508-540-6959.

October 31. Sweetwood Halloween 5K, Williamstown, Mass. 2 pm. M&W50+ only. Bob Matteson, 802-447-2566.

November 1. New York City Marathon. NYRRC, 9 E. 89th St., NY, NY 10128. 212-423-2239.

November 22. Philadelphia Marathon. PM, 215-685-0054,

SOUTHEAST Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

August 22. Louise Mandrell Smokey Mountain 5K For Boy Scouts, Pigeon Forge, Tenn. Masters money. 800-768-4971.

August 22. Maggie Valley Moonlight 8K, Maggie Valley, N.C. 8:30 pm. Hotline: 704-926-1686.

September 7. U.S. 10K Classic, Atlanta, Ga. Masters money. Corporate Sports, 6400 Highlands Parkway, Suite C, Symrna, GA 30082. 770-431-0100.

Symma, GA 50002. 770-451 orloc. September 12. Run By The River 5K, Clarksville, Tenn. SASE to Run By The River, PO Box 3899, Clarksville, TN 37043. Masters & Grandmasters money. Jo Huber, 931-647-3855; fax: 647-8664. September 12. Eastman 10K, Kingsport, Tenn. 423-229-3771. See also racewalk schedule.

September 26. Virginia 10 Mile,



GEORGE BANKER

Katherine Switzer, program director of the Avon Women's Circuit, congratulates Karen Franklin, 27, first woman overall (18:42), Mother's Day 5K, Washington, D.C., May 10. Switzer, former long distance standout, was the W50 winner (23:53).

Lynchburg. Chris Ellis, Chamber of Commerce, PO Box 2027, Lynchburg, VA 24501. 804-845-5966.

September 26. Neptune Festival 8K, Virginia Beach, Va. Festival 8K, 2204 St. Marshall Dr., Virginia Beach, VA 23454. 757-496-9556.

October 11. Richmond Marathon. Dewayne Davis, Richmond Times/ Dispatch, PO Box 85333, Richmond, VA 23293. 804-649-6738.

October 17. Southtrust Running Festival 10 Mile, St. Petersburg, Fla. Masters money. SRF, PO Box 66252, St. Pete Beach, FL 33736. 813-363-7866; fax: 360-9710; e-mail: run_florida@msn.com. October 24. Governor's Cup Half-Marathon & 8K, Columbia. Carolina Marathon Assn., PO Box 5092, Columbia, SC 29205. 803-929-1996; fax: 803-733-1149.

November 7. Richmond Marathon & 5 Miler. Masters money. RM, PO Box 8744, Richmond, VA 23226. 804-673-RACE; fax: 285-3132.

November 8. Vulcan Marathon, Birmingham. VM Weekend, PO Box 43447, Birmingham, AL 35243. 205-879-5344.

November 21. Star City Half-Marathon & 5K, Roanoke. Star City Striders, PO Box 8331, Roanoke, VA 24014. 540-966-7866, or Chris Miller, 540-982-1657.

November 26 (Thurs.). Outback Distance Classic Half-Marathon, Jacksonville. 1st Place Sports, 3853 Baymeadows Rd., Jacksonville, FL 32217. 904-739-1917.

November 26. Atlanta Marathon & Half-Marathon. SASE. to Atlanta TC, 3097 E. Shadowlawn Ave., Atlanta, GA 30305. 404-231-9064.

MIDWEST Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

August 8. State Street Mile/USATF Illinois Championships, Rockford, Ill. Continued on next page Continued from previous page

Runners Image, 815-963-2171. August 8. Clarksburg 10K. Clarksburg 10K, PO Box 1734, Clarksburg, WV 26032-1734. Phone/fax: 304-622-4735. August 22. Parkersburg Half-Marathon/ USATF M & W Open National Championships, Parkersburg, W. Va. Masters money. 304-424-2786.

August 23. Abes Amble 10K/USATF Illinois Championships, Springfield, Ill. Jon Hartnett, 217-787-4400.

September 5. Charleston 15 Mile & 5K. Charleston Run Committee, PO Box 2749, Charleston, WV 25330.

September 6. Scotty Hanton Marathon & Half-Marathon, Port Huron, Mich. Becky Lapine, PO Box 129, Marysville, MI 48040, 810-364-4550; fax: 364-4556.

September 7. The Smoot Mile, Parkersburg, W. Va. Masters money. Dorsey Cheuvront Jr., 3330 Emerson Ave., Parkersburg, WV 26104. 304-422-8916(day); fax: 422-6585.

September 7. Park Forest Scenic 10 Mile & 5K/USATF Women's Open Championship. Park Forest Ten, 301 Centre, Park Forest, IL 60466. 708-748-2005; fax: 503-8560.

September 13. Chicago Half-Marathon. Dillon Productions, Inc., PO Box 577017, Chicago, IL 60657. 773-929-5978; fax: 929-6047.

September 13. Columbus Half-Marathon. UltraFit USA, PO Box 06358, Columbus, OH 43206, 614-481-9077.

September 19. USATF Marathon, Wright-Patterson AFB. Tom Fisher, 88 SPTG/SVC, 5215 Thurlow St., Ste. 2, Wright Patterson AFB, OH 45433-5542. 937-257-4350, or 800-467-1823.

September 27. Frank Lloyd Wright 5K, Oak Park, Ill. Greg Evans, 708-383-0002. October 3. Bowling Green 10K. BG Classic, PO Box 1802, Bowling Green, KY 42101. 502-782-3660; 800-599-7223. October 10. Indianapolis Marathon & Half-Marathon. Joel Sauer, Indianapolis Marathon Corp., PO Box 36214, Indianapolis, IN 46236. 317-826-1670. October 11. Chicago Marathon. CM, PO

Box 10597, Chicago, IL 60610. 888-243-3344. October 11. Dayton River Corridor Half-

Marathon. Chris Brady, Wright Brothers, PO Box 9154, Dayton, OH 45409. 937-436-5757; fax: 937-435-2633.

October 18. Detroit International Marathon. IMG, 300 Stroh River Pl., Ste. 2600, Detroit, MI 48207. 313-393-7749; fax: 393-9454.

November 8. Columbus Marathon. CM, PO Box 26806, Columbus, OH 43226, 614-433-?395.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

August 16. Pikes Peak Marathon, Manitou Springs, Colo. PPM, PO Box 38235, Colorado Springs, CO 80937. 719-473-2625.

September 7. Heart Of America Marathon, Columbia, Mo. Joe Duncan, Columbia TC, PO Box 1872, Columbia, MO 65205. 573-445-2684.

September 27. Duke City Marathon & Half-Marathon, Albuquerque. DCM, PO Box 3038, Albuquerque, NM 87190. 505-890-1018.

October 10. 36th annual Jackrabbit 15 Mile & Relays. Ann Martin, Wellness Director, South Dakota St. U., PO Box 2820, Brookings, SD 57007. October 17. Hobo Day 5K, Steve Britzman, 319 5th Ave., Brookings, SD

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57006. 605-697-9058. October 18. St. Louis Marathon & Relay. St. Louis TC, 2385 Hampton Ave., #101,

St. Louis, MO 63139. 314-781-3926.

SOUTHWEST Arkansas, Louisiana, Mississippi, Oklahoma, Texas

October 17. Alamo 10,000, San Antonio, Tex. Masters money. Carl Owens, Director, PO Box 500324, San Antonio, TX 78280. 210-543-0444; fax: 543-0445. November 7. White Rock Half-Marathon. Dallas. X-C Club of Dallas, PO Box 820414, Dallas, TX 75382. 214-855-1511, or Horace Duncan, 972-270-5264.

November 7. 10 Miles for Texas, The Woodlands. Ellen Earle, 4810 Cypress Run Ct., Sugar Land, TX 77478. 281-265-3696.

November 8. San Antonio Marathon. SAM, 1123 Navarro, San Antonio, TX 78205. 210-246-9652.

> WEST Arizona, California, Hawaii, Nevada

August 16. America's Finest City Half-Marathon, San Diego. Neil Finn, PO Box 3879, San Diego, CA 92163. 619-297-3901.

August 30. Silver State Marathon, Reno, Nev. Ski Pisarski, SSM, 2358 Camelot Way, Reno, NV 89509. 702-849-0419.

September 27. Race For The Cure 5K, Newport Beach, Calif. Kinane Events, 2987 Highland Dr., Carlsbad, CA 92008. 760-434-2312; fax: 434-7706.

October 4. Sacramento Marathon. SM, PO Box 995, Dixon, CA 95620. 707-678-5005.

October 11. Lake Tahoe Marathon/Walk/ Relay; Half-Marathon & Racewalk; 10K & 10K Racewalk; 5K, South Lake Tahoe, Calif. Les Wright, 2261 Cold Creek Trail, South Lake Tahoe, CA 96150. 530-544-7095: fax: 544-6061.

October 18. San Luis Obispo Half-Marathon. Joe Rubin, PO Box 8106, San Luis Obispo, CA 93406. 800-676-7463; fax: 805-781-6092.

October 18. Humboldt Redwoods Marathon & Half-Marathon, Weott, Calif. Sharon Powers, PO Box 4989, Arcata, CA 95518. 707-433-1220.

October 25. Silicon Valley Marathon & Half-Marathon, San Jose. Firstwave Events, PO Box 565, Los Gatos, CA 95031. 408-354-0857.

November 7. Santa Barbara Half-Marathon & 5K. Ellen McCurdy, Santa Barbara News-Press, PO Box 1359, Santa Barbara, CA 93102. 805-892-2250, X5050; fax: 805-564-5139.

November 15. Race For The Cure 5K, Rose Bowl, Pasadena, Calif. Kinane Events, 2987 Highland Dr., Carlsbad, CA 92008. 760-434-2312; fax: 434-7706.

November 28. Santa Clarita Marathon. City of SC Marathon, PO Box 800646, Santa Clarita, CA 91380. 805-255-7149; fax: 805-259-8125.

> NORTHWEST Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

August 28-29. Hood To Coast Relay, Mt. Hood to Seaside, Ore. 195 miles. Also

GEORGE BANKER

Members of MCRRC Women of Wonder, the first W40+ running club in the Colt-USO 10 Mile, Washington, D.C., May 31 (I to r): Dee Nelson, 54, 70:51; Crystal Hulse, 43, 92:05; Sharon Dolan, 56, 71:34; Susan Humphries, 48, 70:40; and Linda Wack, 42, 66:26

shorter Portland To Coast Run Relay & Walk Relay. SASE to HTC Relay, 5319 SW Westgate Dr., Suite 262, Portland, OR 97221. 503-292-4626; fax: 292-4113. October 4. Portland Marathon. Les Smith, PO Box 4040, Beaverton, OR 97076. 503-226-1111.

97076. 503-226-1111. November 28. Seattle Marathon & Half-Marathon, SM Assoc., PO Box 31849.

Marathon. SM Assoc., PO Box 31849, Seattle, WA 98103. 206-729-3660.

CANADA

October 25. Casino Niagara Intl. Marathon, Niagara Falls, Ontario, Canada. Karen Stearne, Heart Niagara, Allied Health Bldg., 206-5673 North St., Niagara Falls, Ontario, Canada L2G-1J4. 905-358-5552.

INTERNATIONAL

November 1. Athens Marathon, Greece. Athens Marathon, c/o Apostolos Greek Tours, 3145 So. Akron St., Denver, CO 80231. 303-755-2888. http://www.ruralnet.net/~apostolo

RACEWALKING

August 9. MAC & East Region 3K Championships, Central Park, NYC. O/M. Stella Cashman, Park RWers, USA, 320 E. 83rd St., Box 18, NYC, 10028. Tel/fax: 212-628-1317.

September 10, 12, 13. Racewalking Seminar and Clinic by Viisha Sedlak, San Diego State U., Calif. American Walking Assoc., P.O. Box 4, Paonia, CO 81428-0004. 970-527-4557.

September 12. USATF National Masters 5K Championships, Kingsport, Tenn. Bobby Baker, 318 Twinhill Dr., Kingsport, TN 37660. 423-229-4364. September 13. USATF National Masters 40K Championships, Ft. Monmouth, N.J. Elliott Denman, 28 N. Locust Ave., West Long Branch, NJ 07764. 732-222-9080.

October 4. USATF National Masters

One-Hour & Two-Hour Championships, Worcester, Mass. USATF New England, PO Box 1905, Brookline, MA 02146. 617-566-7600.

October 17. MAC & East Region 30K Championships, Central Park, NYC. Stella Cashman, Park RWers USA, 320 E. 83rd St., Box 18, NY, NY 10028. Tel/fax: 212-628-1317; e-mail: FrancisCash @aol.com.

November 7. USATF South Region One-Hour Championships, Myrtle Beach, S.C. USATF South Carolina, PO Box 491, Union, SC 29379-0491. 803-427-1829.



GEORGE BANKER Jean Arthur (359), 35, first W35 (21:34), and Linda Sheimo, 41, fourth W40+ (21:17), Run For The Roses, Wheaton, Md., June 13.

RECIPIENTS OF CERTIFICATES/PATCHES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

M30-34		THE PARTY OF	rate to	M50-55			Same Print 1	<u>W50-54</u>			
David Olson	High Jump	6-4 1/2	6-1-96	Jerry Ford	Shot Put	42-6	4-24-97	Luraline Struppeck	Shot Put	34-13/4	5-23-97
			Salar and a state	Bob Maynard	Pole Vault	12	6-14-98	and the state of the state of the	Javelin	107	5-27-97
			and as to the set	Frank Monroe	Weight Throw	33-4	5-24-98	and the second second	Discus	79-5	5-27-984
M40-44	and the second second		5 1283 17	Donald Neidig	100	12.10	4-18-98	W60-64	and the second second		
John Roberts	110hh	15.4	5-10-98	Josef Pfister	Pole Vault	12	6-6-98	Roddie Larsen	Long Jump	11-9	6-28-98
Herbert Taskett	Mile	4:50	5-9-92	Jack Romansic	Discus	137-11	6-6-98	Dorothy Van Ausdal	5000m	26:01.2	6-6-98
Herbert Taskett	Mile	4:50	5-9-92	M55-59			THE REAL PROPERTY.	Contact As a second second			
			Ender State	Buster Byrnes	Weight Throw	32	2-27-98	W65-69			
and the second second			and the state of	Mark Chapman	Superweight	17	5-23-98	Janice Wolowicz	Discus	58-8	9-6-97
<u>M45-49</u>				August Kauffmann	Shot Put	39-5	6-13-98		Shot Put	20-6	9-6-97
Sergio Angulo	110 hh	17.8	5-23-98	a state of the sta	Shot I ut	00-0	0-10-50		and the second second		
Bill Penner	10k RW	51:38	4-30-95	M60-64				W70-74	S. aller to V		
Keith Peterman	400	55:91	8-3-97	Theodore Mordecai	Javelin	39.30	5-8, 10-98	Eliza Dalzell	Shot Put	22-2 3/4	4-6-98
					HI HEYLDEN		Sec. 12.1	A STATE OF A STATE	Gradence		

The All American tables have been changed to reflect current marks set by athletes all over the nation. The changes were made by the All American Standards Committee; however, the old tables may be used for one year until people have adjusted to the newer version. This was not done to make it more difficult for the athlete, but to make it more equitable after analyzing all the data. All American Standards Committee

Event	30-34	35-39	40-44	45-49		R MEN 55-59		65-69	70-74	75-79	80-84	85-89
100	10.95	11.3	11.5	11.9	12.2	12.6	13.2	13.8	14.6	16.0	18.0	23.0
200	22.4	23.2	23.8	24.6	25.5	27.0	27.7	29.5	32.0	35.0	40.2	52.0
400	51.5	52.5	53.8	56.0	57.5	62.0	65.0	69.0	75.0	88.0		120.0
800 1500	2:02	2:04	2:06	2:11	2:16 4:40	2:25 5:02	2:35	2:45	3:06	3:35	3:55	4:30
Mile	4:16 4:35	4:18 4:40	4:20 4:55	4:32 5:00	5:10	5:02	5:20 5:55	5:45 6:15	6:30 6:55	7:20 7:50	8:10	9:20
5000	15:45	16:00	16:15	16:45	17:30	18:25	19:30	21:00	23:30	26:00		32:30
10000	32:30	32:50	33:30	36:00	38:00	39:00	40:30	44:00	48:30	54:30		68:30
110H	15.4	16.5	17.8	18.8					and all			
100H	S. 199 - 4				18.0	19.0	20.0	21.0				
80H		-	-	Halle		er ide	2.45		18.0	21.0	25.0	30.0
400H	58.0	60.0	62.0	64.0	68.0	71.0	PT DATE		1			1.5
300H 3K-SC	10.10	10.00		10.10	48.0	51.0	- 55.0	60.0	67.0	75.0	85.0	95.0
2K-SC	10:10	10:30	11:45	12:40	13:30	14:00	9:30	10:30	12:00	14:00	16.30	19:30
HJ	1.90	1.85	1.76	1.68	1.60	1.50	1.45	1.38	1.25	1.15	1.00	0.80
	6-2%	6-1/4	5-9%	5-6	5-3	4-11	4-9	4-6	4-1%	3-9%	3-3%	2-7%
PV	4.40	4.10	3.95	3.70	3.55	3.05	2.70	2.40	2.30	2.00	1.80	1.30
Server,	14-5%		12-111/2	12-11/2	11-7%		8-10%	8-4'/4	7-61/2	6-6%	5-10%	4-31/4
W	6.50	6.10	5.85	5.60	5.40	4.90	4.50	4.20	3.80	3.35	2.85	2.20
	21-4	20-1/4	19-2%	18-41/2	17-8%		14-9%	13-91/2	12-5%	10-11%	9-4%	7-2%
τJ	13.20 43-3%	12.60	11.50	10.80	10.40 34-11/2	9.50	8.90 29-21/2	8.20 26-11	6.96 22-10	6.50 21-4	5.94	5.51 18-1
Shot	14.50	14.02	13.41	12.62		12.00		11.50	11.00	9.00	8.00	6.00
191.00	47-7	46-0	44-0	41-5	43-1		42-0	37-8%	36-1%	29-6		19-8%
Discus	44.80	42.80	39.50	37.50	42.00	41.00		39.00	34.00	26.00	22.00	
-	147-0	140-5	129-7	123-0	137-9		137-9	127-11	111-6	98-5	72-21/4	50-0
lammer	47.24	44.20	40.00	39.00	39.00	36.00	36.00	32.00	30.00 98-5	24.00 78-9	20.00	17.07
Javelin	155-0	145-0 56.00	131-3 48.76	127-11 47.00	127-11 43.00	118-1 41.00	118-1 39.00	35.00	31.00	24.00		14.02
Javenn	203-5	183-9	160-0	154-2	141-1		127-11	114-10	101-8	78-9	52-4	46-0
35#WL	15.00	14.00	13.00	12.00	10.00	9.00	Service I	a mest	6.00	5.00	4.00	3.00
- The state		45-11%	42-8	39-41/2	32-9%	29-61/2			19-8%		13-11/2	9-10
25#Wt.						(Calific	11.50	10.00	9.00	7.30	5.30	4.50
1		200	1	1		and the	37-6%	32-9%	29-61/2		17-4%	
56#WL	9.50	9.00	8.50	8.00	6.00	5.00	4.50	4.00	3.50	3.00 9-10	2.50 8-21/2	2.00
Dent	31-2	29-5%	27-10%	26-5 2400	19-8%	16-5 2600	14-9 2600	13-1½ 2600	2600	2600	2600	2600
Pent	2800		2000	2400	2000	2000	2000	2000	2000	2000	2000	
Decath	6500	5250	5250	5000	5200	5000		5000	4800	4200	3000	2500
	5500 2800	5250 2700	5250 2800	5000 3000	5200 3000	5000 3000	4500 3000	5000 3000	4800 2600	4200 2700	3000 3000	2500 3000
t. Pent. lotes: 1) 2)	2800 100 sta Short h	2700 andards a nurdles:	2800 re for aut 30-49:	3000 omatic tin 39";	3000 ne; use st	3000 tandard (50-59:	4500 3000 conversi 36";	3000 on for han 60-69: 3	2600 nd time. 13"; 70	and the second second	and Contraction	
/t. Pent. lotes: 1) 2) 3) 4) 5) 6) 7) 8)	2800 100 str Short I Long In Shot p Discus Hamme Javelin Metric	2700 andards a hurdles: hurdles: ut: throw: er: i: heights a	2800 re for eut 30-49: 30-49: 30-49: 30-49: 30-49: 30-59: nd distant	3000 omatic tin 39"; 36"; 7.26k (1 2kg; 7.26k (1 800g; ces are th	3000 ne; use st 16#); 16#); e standar	3000 tandard 50-59: 50-59: 50-59: 50-59: 50-59: 60+: rd; feet a	4500 3000 conversion 36"; 33"; 6k; 1.5kg; 6k; 6k; 600g and inches	3000 on for han 60-69: 3 60-69: 5 60-69: 5 60-69: 5 es listed fo	2600 nd time. 13"; 70 10" ik; 70 1.0kg ik; 70 pr convenie	2700 0+: 30" 0+: 4k 0+: 4k	and Contraction	
/t. Pent. Notes: 1) 2) 3) 4) 5) 6) 7) 8) 9)	2800 100 sta Short I Long h Shot p Discus Hamma Javelin Metric Pen/De	2700 andards a hurdles: burdles: tr: throw: er: t: heights a kc/WLPen: STERS /	2800 re for eut 30-49: 30-49: 30-49: 30-49: 30-49: 30-59: nd distant : 30-39	3000 omatic tin 39"; 36"; 7.26k (1 2kg; 7.26k (1 800g; ces are th IAAF pt ERICAN	3000 ne; use st 16#); 16#); ts.; 40+ W STAND	3000 tandard 50-59: 50-59: 50-59: 50-59: 60+: rd; feet a rAVA fac ARDS rOMEN	4500 3000 conversit 36"; 33"; 6k; 6k; 6k; 6k; 600g and inche toring (n OF EXC	3000 on for han 60-69: 3 60-69: 5 60-69: 5 60-69: 5 rs listed fo ew WAVA)	2600 nd time. 13": 7(10" 1.0kg 5k; 7(1.0kg 5k; 7(0" FOR R.	2700 D+: 30" D+: 4k D+: 4k ence.	3000 KERS	
2) 3) 4) 5) 6) 7) 8) 9) U 1.51	2800 100 sta Short H Long h Shot p Discus Hamma Javelin Metric Pen/De	2700 andards a surdies: surdies: ut: throw: ar: : heights a sc/WLPen: STERS / 3K	2800 re for aut 30-49: 30-49: 30-49: 30-49: 30-59: 30-59: ALL AM	3000 omstic tin 39"; 36"; 7.26k (1 2kg; 7.26k (1 800g; ces are th IAAF pr ERICAN 8K	3000 ne; use st 16#); 16#); e standar ts.; 40+ W STAND W 10K	3000 tandard d 50-59: 50-59: 50-59: 50-59: 60+: d; feet a /AVA fac	4500 3000 conversit 36"; 33"; 6k; 1.5kg; 6k; 600g and inche toring (n OF EXC	3000 on for han 60-69: 3 60+: 3 60+: 3 60-9: 5 60+: 1 60-69: 5 re listed for ow WAVA) ELLENC	2600 nd time. 13": 7(10" 7	2700)+: 30")+: 4k +: 4k ence. ACEWAL 30K	3000 KERS 40K	3000 50K
/L Pent. lotes: 1) 2) 3) 4) 5) 6) 7) 8) 9) U U 1.5l V30 7:13	2800 100 str Short I Long h Shot p Discus Hamm Javelin Metric Per/De	2700 andards a hurdles: urdles: throw: b: heights a kc/WLPen: STERS / 3K 14:50 15:18	2800 re for aut 30-49: 30-49: 30-49: 30-49: 30-49: 30-59: nd distan- : 30-39 ALL AM 5K 25:38 26:27	3000 omatic tin 39"; 36"; 7.26k († 2kg; 7.26k († 800g; ces are th IAAF pi ERICAN 8K 42:04 43:11	3000 ne; use st 16#); 16#); e standar ta.; 40+ W STAND W 10K 52:43 53:56	3000 tandard 50-59: 50-59: 50-59: 50-59: 60+: rd; feet a /AVA fac //AVA fac //AVA fac //ARDS //OMEN 1:21: 1:22:	4500 3000 conversid 36"; 333"; 6k; 600g nd inche toring (n OF EXC 5K 56 1:55 29 1:55	3000 on for han 60-69: 3 60-69: 5 60-69: 5 60-69: 5 es listed fo ew WAVA) ELLENC 20K 2:06 2:2 3:32 2:2	2600 nd time. 13": 7(10" 1.0kg 1k; 7(1.0kg 1k; 7(1.0kg	2700)+: 30")+: 4k)+: 4k ence. ACEWALL 30K 19:15 4:0 11:53 4:1	3000 KERS 40K 98:45 5 12:21 5	3000 50K :37:30 :42:23
/t. Pent. lotes: 1) 2) 3) 4) 5) 6) 7) 8) 9) 9) U U 1.5] V30 7:1: V35 7:2:	2800 100 str Short I Long h Shot p Discus Hamm Javelin Metric Per/De	2700 andards a hurdles: urdles: throw: b: heights a kc/WLPen: STERS / 3K 14:50 15:18	2800 re for aut 30-49: 30-49: 30-49: 30-49: 30-49: 30-59: nd distan- : 30-39 ALL AM 5K 25:38 26:27	3000 omatic tin 39"; 36"; 7.26k († 2kg; 7.26k († 800g; ces are th IAAF pi ERICAN 8K 42:04 43:11	3000 ne; use st 16#); 16#); e standar ta.; 40+ W STAND W 10K 52:43 53:56 55:56	3000 tandard 50-59: 50-59: 50-59: 50-59: 60+: rd; feet a /AVA fac /AVA fac /AVA fac /II: 1:21: 1:23: 1:26:	4500 3000 conversi- 36"; 33"; 6k; 6k; 6k; 6k; 600g nd inche toring (n OF EXC 5K 56 1:5; 29 1:5; 27 1:5;	3000 on for han 60-69: 3 60-69: 5 60-69: 5 re listed fo ew WAVA) ELLENC 20K 2:06 2:2 3:32 2:2	2600 ad time. 13": 71 10" 10" 10" 10" 10" 10" 10" 10	2700)+: 30")+: 4k)+: 4k ence. ACEWALL 30K 99:15 4:0 11:53 4:1	3000 KERS 40K 08:45 5 2:21 5 2:21 5	3000 50K :37:30 :42:23 :55:48
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200	28.0	28.8	30.0	31.6	33.0	35.0	37.0	39.0	42.0	48.0	52.0
400	63.5	65.5	68.0	70.0	78.6	80.0	83.0	84.0	86.0	98.0	104.0
800 -	2:33	2:35	2:40	2:46	2:54	3:10	3:20	3:36	3:56	4:30	5:40
1500	5:10	5:20	5:30	5:40	6:00	6:20	6:45	7:30	8:00	8:50	10:10
Mile	5:40	5:50	6:10	6:30	6:50	7:00	7:40	8:10	8:50	9:40	10:45
5000	19:45	20:15	21:00	22:00	23:30	24:50	26:00	28:00	30:00	34:00	36:00
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400H	75.0	79.0	84.0	88.0			S. San S.				
300H					66.0	72.0	79.0	87.0	96.0	110.0	120.0
HJ	1.40	1.35	1.27	1.22	1.12	1.07	1.02	0.97	0.92	0.89	0.84
	4-7	4-5%	4-2	4-0	3-8	3-6	3-4	3-2%	3-0%	2-11	2-9
PV	2.70	2.40	2.10	1.80	1.50	1.20	1.10	1.00	0.90	0.80	0.70
23-63 E.F	8-10%	7-10%	6-7	5-10%	4-11	3-11%	3-7%	3-3%	2-11%	2-7%	2-3%
IJ	4.60	4.42	4.04	3.81	3.40	3.20	3.10	2.60	2.30	2.10	1.50
	15-1	14-6	13-3	12-6	11-1%	10-6	10-2	8-6%	7-6%	6-10%	4-11
TJ	9.50	9.09	8.43	7.49	7.01	6.40	6.20	6.00	5.50	4.50	3.89
	31-2	29-10	27-8	24-7	23-0	21-0	20-41/4	19-8%	18-1/2	14-9	12-9
Shot	10.30	9.32	8.51	8.40	8.00	7.77	7.50	6.60	6.00	5.20	4.30
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Discus	32.00	30.00	25.00	24.00	22.00	21.00	18.00	16.00	14.00	13.00	11.0
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Hammer	35.00	32.50	30.00	25.00	23.00	22.00	21.00	18.00	14.00	12.00	9.00
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APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH

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1. If you have equaled or bettered the standard of excellence, please fill out this application, completely.

2. A copy of your results or a note stating in which issue your results appeared MUST accompany this application.

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Alexandria, VA; May 17	W65 Sharon Good 18-7 1600m RW
100m Sound mut 2010	M50 Alan Price 8:13.60
M30 David Barmer Jr 11.30	3000m RW
M35 Eugene Vickers 11.30 M40 Lloyd Jeremiah 12.60	M40 Don Welch 18:25.00
M50 Dennis Newton 12.60	M50 Alan Price 15:49.00 M60 E Robert Premo 24:46.00
M55 David Rosenthal 17.30	M60 E Robert Premo 24:46.00 W40 Marilyn Aquino 23:26.00
M60 E Robert Premo 20.60	W55 Lois Dicker 18:31.00
W30 Sophia Sheppard 13.40 W35 Teresa Henderson 14.00	Potomac Valley TC Meet
W60 Audrey Lary 16.10	Alexandria, VA; May 31
W75 Carla Convery 24.00	100m
200m	M30 David Barmer Jr 10.90
M30 David Barmer Jr 23.30 M35 Shawn Jensen 27.00	M40 Jeffrey Madison 12.10 M45 Naum Pefer 14.80
M40 Lloyd Jeremiah 31.10	M50 Dennis Newton 12.80
M55 R Lee Earman 31.40	M60 Larry Colbert 12.50
M60 E Robert Premo 46.20	W30 Sophia Sheppard 14.30
M65 James Stookey 28.10	W75 Carla Convery 23.30
M75 Bud Averitt 53.90 W35 Teresa Henderson 29.00	200m M30 Dale Legall 26.00
W75 Carla Convery 55.10	M35 George Ridley 23.00
400m	M45 Wayne Harris 27.20
M30 David Barmer 51.40	M50 D J Bertagnoli 30.60
M35 Eugene Vickers 54.00	M60 Larry Colbert 26.20
M55 Mike Radov 58.20 M75 Bud Averitt 2:06.90	W75 Bud Averitt 59.20 W30 Jelahn Stewart 30.00
800m	W75 Carla Convery 55.90
M30 Eric Cooper 2:34.10	400m
M35 Ethan Assal 2:24.10	M30 David Barmer Jr 53.20
M40 Paul Allen 2:25.50 M75 Bud Averitt 6:00.00	M35 George Ridley 51.60 M40 Jeffrey Madison 55.60
Mile	M45 Emeric Butler 55.40
M30 Roger Cressey 5:14.50	M50 D J Bertagnoli 1:06.80
M40 Bruce Hamilton 4:39.30 M45 Paul Ryan 4:51.40	M60 Larry Colbert 57.70 M75 Bud Averitt 2:18.20
M50 Butch Proctor 6:32.30	W30 Jelahn Stewart 1:11.50
M55 Jim Verdier 5:49.30	800m
W30 Alisa Hill 4:44.00	M30 A Mitchell 2:10.00
W40 Marilyn Aquino 7:51.90 3000m	M35 Ethan Assal 2:19.60 M40 James DeRienzo 2:11.30
M45 Jack Barrar 10:15.60	M40 James Declenzo 2.11.30 M45 Emeric Butler 2:15.10
Short Hurdles	M50 Bob Weine 2:33.20
M65 James Stookey 17.80	M55 Jim Verdier 2:41.60
Long Hurdles M65 James Stookey 51.70	M60 Bill Price 3:15.20
High Jump	W30 Alisa Hill 2:05.70 Mile
M65 James Stookey 4-6	M30 Darrell General 4:23.20
Long Jump M60 E Robert Premo 7-10	M45 Andrew Altman 5:42.00
W60 Audrey Lary 11	M75 Bud Averitt 14:43.10
W75 Carla Convery 6-1	W30 Jelahn Stewart 7:14.40 3000m
Shot Put M30 D Dartouzos 36-2.50	M30 Darrell General 8:49.80
M50 Victor Litwinski 31-11.50	M50 Bob Weiner 11:40.70
M60 E Robert Premo 21	M60 Bill Price 14:08.10 Short Hurdles
M65 Otis Moran 26-4	M35 Karl Smith 14.40
M75 C Pistorino 30-10.75 W35 T Henderson 38-8.75	M65 James Stookey 17.10
W50 Vicki Harmatuk 21-1.25	Long Hurdles
W65 Sharon Good 15-11.50 Discus	M65 James Stookey 50.10 High Jump
M30 D Dartouzos 107	M65 James Stookey 4-8
M35 Warren Taylor 156-10	Shot Put
M50 Victor Litwinski 86-7	M40 Larry Pion 36
M60 William Smith 147-8 M70 Rick Laulor 70-1	M45 Randy Yohe 25-4 M65 Otis Moran 23-4
M75 C Pistorino 93-4	W35 Teresa Henderson 37-2
W30 M Jezycki 108-3	W50 Vicki Harmatuk 24-2
W50 Vicki Harmatuk 63-9	W65 Sharon Good 16-10
W65 Sharon Good 40-5 W75 Carla Convery 39-3	Discus M40 Larry Pion 109-11
W75 Carla Convery 39-3 Javelin	M45 Randy Yohe 81-11
M40 James Overby 103-5	M50 Russ White 98-7
M50 Russ White 176-9	M55 Norman Johnson 112-2
M60 Essat Pashai 140-10 M75 C Pistorino 97-1	W50 Vicki Harmatuk 71-5 W65 Sharon Good 42
W30 M Jezycki 95-7	Javelin 42
W35 Sylvia Nolan 59-6	M40 Larry Pion 110-10
W65 Sharon Good 32-4	M45 Randy Yohe 99-10
W75 Carla Convery 37-8	M50 Russ White 168-8

W05 W75	Carla Convery	32-8
M40	ht Throw Garry Crago	22-9.50
M45	Randy Yohe Otis Moran	31-9 32-4.50
W65	Sharon Good	17-7
1600 M50	Alan Price	8:00.40
M50	Bob Weiner	10:05.20
M55 W45	M Schwed S Meadows	10:04.20
W65	M A Stookey	14:01.10
	m RW S Pecinovsky	12:39.90
M50 M55	Alan Price	14:59.40 20:04.20
M60	Donald Gerson	22:13.00
M75		24:49.30
Se	enior Sports Cla ochester, NH; Ju	issic ine 7
100m M50	Warren Dorr	13.21
M60	Richard Croak	14.38
M65 M70	Ken Perkins Norman Cloutier	15.54
M75	Joseph Sciagraff	a 15.54
W50 W55	Esther Lane Freda Ross	27.38 27.37
200m		
M50 M60	Warren Dorr Jacques Gagnon	27.69 30.01
M65	Frank Conlin	45.19
M70 M75	Herb Taylor Joseph Sciagraff	42.46 a 34.44
400m	A Children and	
M50 M55	Warren Dorr Fred Bertleson	1:01.52
M60	Richard Croak	1:07.40
M65 M70	Jack Prescott Herb Taylor	1:43.68 1:31.00
800m	and sectors is	
M50 M55		2:33.05 2:49.63
M65	Jack Prescott	3:42.90
M70 1500	m Neversty pr	3:35.90
	Ken House Jack Prescott	
M70	Kenneth Folsom	
Long M50	Jump Doug Willett	12-8
M60	Jacques Gagnon	10-6
M65 M70	Kenneth Perkins David Moore	12 8-5
M75	Boo Morcum	10-1
Shot M50		t 34
M55	Packy Fusco	32-2
M60 M65	Len Rosen Justin Rinfret	30-4 24-3
M70	David Moore	33-10
M80 M90	Bruno Maki Ted Desjourdy	29-9 21-5
Discu M50	5	
M50 M55	Dave Tousignan Packy fusco	109-4
M60 M65	Len Rosen Ted Fachada	142-5
M70	Normand Cloutie	er 57-4
M75 M80	Boo Morcum Bruno Maki	83 77
M90	Ted Desjourdy	36-7
Javel M50	in Buzz Gagne	149-10
M55	Ed Rowen	65-9
M60 M65	Bill Genest Frank Conlin	79-2 63-7
M70 M75	Ray St Pierre Boo Marcum	60-4 59-9
M80	Bruno Maki	73-1
M90	Ted Desjourdy	37-6
Mo 100m	rmont Senior G ontpelier, VT; Ju	ames ne 20
M50	Bruce Nunziata	13.2
M55 M60	Jeffrey Spoor Conrad Rowell	13.3 14.6
M65	Dennis Melanson	n 14.1
M70 M75	Howarel Powers Joe Sciaraffa	15.8 15.0
W60	Barbara Jordan	16.3
A statement of a state		
W65 W70	Flo Meiler Jeannine Casey	17.7

Town to the	and the second sec		- X	
200m	ES STREET		M35	a service and the service as
M50	Bruce Nunziata	27.8	19.91	Billy Vaughn William Vaugh
M55	Jeffrey Spoor	28.1	M40	Val Barnwell
M60 M65	Conrad Rowell Dennis Melanson	31.1		Rockdale Huds
M70	Howard Powers	30.9 38.0	M45	Jesse Norman
M75	Joe Schiaraffa	35.9	51	Francis Schiro
M80	Bob Matteson	38.6	199	CD Cook Sr Dennis Brown
W60	Barbara Jordan	35.1	M50	Joe Johnson
W65	Flo Meiler	44.8		Ron Johnson
W70	Jeannine Caley	41.0		Ken Kienzle
400m		1.024	M55	Greg Maccoll Davis Rosentha
M50 M55	Greg Gerdel Jeffrey Spoor	1:02.6	M60	Bob Dobbs
M65	Pat Kelley	1:20.7	1938	Richard Rizzo
M70	Howard Powers	1:28.1	M65	Tom Talbott
W55	Barbara Bloom	1:24.0	W35 W50	Helene Robon Skipper Clark
W60	Maureen Murphy	1:30.0		Mary Trotto
800m		R. S. F. St.	200m	外空机上等性
M50	Greg Gerdel	2:45.0	and the second second	Patrick Smith
M55 M60	Ted McKnight Carl Runge	2:36.8 3:26.5	M35	Mitch Lovett William Vaugh
M65	Bill Kelley	3:24.7		Alan Bautista
M70	Bill Hahn	3:27.5	200	Luca Trovato
W55	Barbara Bloom	3:15.6	M40	Val Barnwell
W60	Maureen Murphy	and the second second		Rockdale Hudse Rich Stewart
1500	m		M45	Jesse Norman
M55	Ted McKnight	5:12.9		Francis Schiro
M60	John Pelton	5:13.2	1	Dennis Brown
M65	Bill Kelley	7:06.1	M50	
M70	Bill Hahn	7:37.4	and the second	Ron Johnson
	Bob Matteson Barbara Bloom	8:30.3 6:20.2	See.	Ken Kienzle Greg Maccoll
The state of the state	Jump	6:20.2	M55	David Rosentha
M50	Michael Zahner	4-0	M60	Bob Dobbs
M55	Daniel Palmer	3-10	Sec.	Richard Rizzo
M60	Karl Rohnke	4-2	M65 W30	Tom Talbott
M65	Ken Perkins	4	W30	Alethea Morris Jilliane Jackson
M70	Dave Wilson	3-10	W55	
M75	George Brown	3-6	400m	Martine 2
W55	Barbara Bloom	3-4	M35	Mitch Lovett
W65	Flo Meiler	3-4	Store .	Alan Bautista Luca Trovato
Pole	Michael Zahner	9	M40	Rockdale Hudso
M60		5	1000	Rich Stewart
M65	Don Levesque	5-6	M45	
W65	Flo Meiler	4	M50	A Sterrett Michael Billman
	Jump Gran Gardal	12.1.25	10150	Greg Maccoll
M50 M55	Greg Gerdel Peter Davis	12-1.25	M55	David Rosentha
M60	Tom Rauh	13-9.50	M60	Richard Rizzo William Wei
M65	Ken Perkins	11-6.75	M65	Irwin Bernstein
M70	Jon Tobey	13-5.25	Post.d.	Art Kearney
M75	Joe Sciaraffa	10-3.50	24	Tom Talbott
W60	Barbara Jordan	10-2	M70	Joe Kernan John McManus
W65	Flo Meiler	10-1	A	Alethea Morris
W70		7-4.75	W35	
Shot	Dave Guilmette	41-2	W40	D Whitaker-Cra
M55	Peter Davis	27-6	W50	Mary Trotto
M60		34-1	800m	Arhtur Golbert
M65	Louis Capano	33-7	14140	Paul Salemi
M70	Dave Wilson	30-5	M45	Duane Green
M75	George Brown	28-1	Tas	Tony Plaster
M80	Bob Sparks	19-11	MSO	Carl McCoy Jr Victor Diaz
W60	Mary Lou Bell Marcia Crooks	19-11	M60	
W65 Discu		21-9		Irwin Bernstein
M50	Michael Zahner	103-4	1	Joe Keman
M55		94	0.000000	Dawn Best
M60	Karl Rohnke	109-1	1500 M30	Rob Udowitz
M65	Louis Capano	115-4	M40	Anthony Watso
M70	Dave Wilson	95-5	200	Paulo Salerni
M75	George Brown	87-10		Victor Diaz
M80	Bob Sparks	60-11		Sid Howard Witold Bialoku
W60 W65	Elsa Dahl Marcia Crooks	48-8		John McManus
W75	H Hammond	66-5 24-9	M75	
Javel			W45	Mary Rosado
M50	Michael Zahner	113-9		Mary Trotto
M55		103-4	3000 M35	
M60	Karl Rohnke	112-3		Mary Trotto
M65 M70	Louis Capano Dave Wilson	90-2	5000	
M80	Bob Sparks	113-4 35-7	M42	Harry Lichtenst
W55	Mary Dowlingt	35-7 84-8	100m	Des Margetson hurdles
W60	Elsa Dahl	57-11	M45	Ivan Black
W65	Marcia Crooks	54-6	M50	Mike Milove
W75	Harriet Hammond	17-8		Gus Davis hurdles
MAC	asters Champio	nships		Gus Davis
St. J	ohns University,	NYC;	M70	Manny Herscher
100m	June 20	42.30		hurdles
100m M30	June 20 Jim Reilly	11.92	M35	hurdles Mitch Lovett
100m M30	June 20	ania	M35 M40	hurdles

W30 Dawn Best 2000m steeplechase

Rockdale Hudson

Michael Billman

David Rosenthal

Anthony Watson

Harry Lichtenstein

D Whitaker-Crain

Rockdale Hudson

Greg Maccoll David Rosenthal

William Vaughn Jr

Davis Rosenthal Bob Dobbs

Billy Vaughn William Vaughn Jr

Rockdale Hudson

11 31

12.68

12.69

11 62

12.98

12.18

12.56

13.22

14 15

11.84

12.41

13.77

15 44 15.61

13.33

13.74

20.50

14.20

15.21

19.63

25.09

22.45

25.05

25.97

27.36

23.97

27.40

27.45

24.38

24.52

26.77

24.20 24.97

29.41

31.31 32.67

26.86

27 18

45.16

25 68

26.12

38.85

49.21 56.96 59.58

61.97

59 46 55.98 56.72

66.80

1:11.56

1;24.71

1:22.77

1:16.57

1:27.70

1:17.88

1:06.21

1:09.16

1:35.61

2.25.34

2:36.32

2:07.57

2:16.90

2:42.83

2:21.68 3:11.23

2:50.04

2:50.96

4:30.62

4:34.10

5:04.69 4:47.55

5:04.08

5.06 26

6:18.04

9:03.88

6:01.23

7:15.93

10:12.94

16:42.17

20:40.14

27:55.54

20.41

16.12

22 89

1.13 47

1:06.20

58.65

69 68

69.53

	steeplechase Joe Cordero	9:02.00
High .	Jump	
M35 M45	Rob Doran Ivan Black	1.50 1.44
	Carl McCoy Jr	1.24
	Gus Davis Art Keamey	1.16
M70	Des Margetson	1.20
Pole M35	Ault Rob Doran	10-0
Long	Jump	5.60
M40 M45	Vance Jordan Ivan Black	4.64
M50	Mike Milove	5.10 3.78
M60	Mike Billman William Wei	3.28
M65 W30	Tom Talbott	1.91 4.66
w30	Alethea Morris Dawn Best	4.00
	e Jump Reb Dorm	10.02
M40	Rob Doran Vance Jordan	11.78
M45 M50	Ivan Black Mike Milove	10.62 10.20
MJU	Mike Billman	9.09
M60 M65	William Wei Tom Talbott	7.17 5.19
Shot		5.19
M45	Steve Saner Ivan Black	12.10 6.77
M50	Dennis Chandler	13.29
	Rich Dunphy Edward Fox	11.27 10.71
2.64	Edward Fox Steve Budihas	8.83
M55	August Kauffmann	11.65 9.37
M60 M65	Kurt Krastin Pete Barker	10.60
	Martin Kintish	10.20
M70	Thomas Brook Charles Covino	9.30 10.48
M75	Sid Zecher	6.83
W35	Neni Lewis Debbie Ecklund	12.48
W50	Skipper Clark	9.04
W55	Mary Trotto Roslyn Katz	6.28 7.21
W60	Anne Cirulnick	7.93
Discu M35	Rob Doran	31.90
M45	Steve Saner	33.27
M50	Ivan Black Dennis Chandler	20.69 35.78
1.02	Edward Fox Frank Monroe	35.16 34.16
	Rich Dunphy	31.77
M55	Steve Budihas Norm Cyprus	30.36
M55 M60	Kurt Krasstin	29.62
M65	Martin Kintish	41.73 34.54
M70	Pete Barker Charles Covino	
M75	Sid Zecher	31.61
W35	Neni Lewis Debbie Ecklund	35.84 21.16
W50	Skipper Clark	20.41
W55	Mary Trotto Roslyn Katz	14.75 19.25
W60	Ann Cirulnick	17.99
Ham M35		47.14
M45	Ivan Black	16.21
M55 M60	Norm Cyprus Kurt Krastin	40.43 25.28
M65	Pete Barker	31.11
M70	Martin Kintish Charles Covino	29.81 25.23
W35	Debbie Ecklund	17.42
W55 W60	Roslyn Katz Ann Cirulnick	29.37 25.18
Jave	lin Line .	
M35 M45	Rob Doran Ivan Black	37.99 32.56
M45 M50	Dennis Chandler	51.60
	Edward Fox Steve Budihas	42.31 31.67
M65	Art Keamey	32.04
M70	Pete Barker Charles Covino	27.36 21.03
W35	Debbie Ecklund	18.89
W50	Skipper Clark Mary Trotto	19.58 18.25
W55	Roslyn Katz	18.25
3k RV	W	
M45 M50	Gary Tubb Donald Arthur	18:10.68 23:37.62
M60	Gus Davis	20:16.79
M65	Bob Barrett Jim Power	16:57.30 24:46.27
W30 W50	Denise Cummings	19:32.34
W 30	Eleanor Dube	21:42.84
	Continued on ne	ext page

32-8

W65 Sharon Good

August 1998

1:17.62

August 1998 1.6

National Masters News

page 29

Continued from previous		M70	William D
SOUTHEAS		W35	Dana Bau
Low Country Classic M	Aeet	W40	Pamela Pa
The Citadel, Charleston	, SC;	W45 W55	Donna Ser Ann Carte
100m May 30	28.4	W60	M Fitzger
M30 Donald Rhett	11.5	W70	Pat Peters
M35 Sanford Stephens	12.0 11.6	W75 200m	Carla Con
M40 Ron Jackson M50 Marion Harrison	12.3	M30	Marco Be
M60+ Clyde Mizzell	15.7		Abraham
W30 Laura Blasser	NTA	-	Orlondo N
200m	22.6		Toney Co Greg Sing
M30 Chris Murray M35 Sanford Stephens	23.6 25.1	1 = 31	Gregory 1
M40 Ron Jackson	24.6	5	Donald B
M50 Marion Harrison	25.6	M35	Paul Brow
M60+ Clyde Mizzell	33.9	L da H	Henry Lan Glen Sign
400m M30 Teddy White	:03.2	19.51	Sanford S
M35 Larry Polite	57.0		Charles Jo
	1:05.1		Arthur Ly
	1:09.3 1:11.7	M40	Ellis Lidd Chuck Hu
	1:24.2	2.11	Ron Jacks
800m	1.11	15-3	Barry Wis
	2:40.4		Wayne Fi
	2:42.2		Charles S Glen Reid
	2:18.4 2:44.4	3154	Keith Tho
	3:01.7	12.50	Kenneth
	2:50.2	M45	Billy John
	3:13.1	100	Willard T
	3:27.7	M50	Jimmie Jo Thad Bell
1500m M30 Kevin Nelson	4:53.9		Samuel H
	5:45.4		Greg Mar
	5:18.5		Garry Mc
	5:37.8 5:38.1		Joel Liles Willie Jos
W40 Benita Schlau 3 3000m	5.36.1		Michael A
	0:14.7		Lance Ne
	1:01.6	M55	Marion H
	1:48.5 3:26.9	1 34.	William E Nathaniel
W45 Martha White I High Jump	3.20.9	M60	Bob Dobt
M40 L Jeffords	3-4	21,0	Clifford P
M50 Walt Lancaster	4	13.0	Ed Fitzge
Long Jump M40 L Jeffords		M65	Joe Shana John Pop
	12-9 13-7.50	Constant of	Charles V
M50 Walt Lancaster	13-7.50	No.	Charles V John Sch
M50 Walt Lancaster	13-7.50 sters	M70	Charles V John Sch Harold Jo
M50 Walt Lancaster	sters hips	M70 W35	Charles V John Sch Harold Jo Dana Bau
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m	sters hips 13	M70	Charles V John Sch Harold Jo
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire	13-7.50 sters hips 13 11.13	M70 W35 W40 W45 W55	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty	13-7.50 sters thips 13 11.13 11.29	M70 W35 W40 W45 W55 W60	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn H
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire	13-7.50 sters thips 13 11.13 11.29	M70 W35 W40 W45 W55 W60 W70	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Oriondo Matthews Donald Rhett Tony Cole	13-7.50 sters hips 13 11.13 11.29 5 11.49 11.73 12.10	M70 W35 W40 W45 W55 W60	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn H Pat Peter Carla Con
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton	13-7.50 sters hips 13 11.13 11.29 11.49 11.73 12.10 12.39	M70 W35 W40 W45 W55 W60 W70 W75	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn I Pat Peter Carla Col Toney Co
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor	13-7.50 sters hips 13 11.13 11.29 11.49 11.73 12.10 12.39 12.97	M70 W35 W40 W45 W55 W60 W70 W75 400m	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn H Pat Peter Carla Coo Toney Co John Alle
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton	11.13 11.13 11.29 5 11.49 11.73 12.10 12.39 12.97 11.54	M70 W35 W40 W45 W55 W60 W70 W75 400m M30	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn H Pat Peters Carla Coo John Alle Ronald R
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown	13-7.50 sters hips 13 11.13 11.29 11.49 11.73 12.10 12.39 12.97 11.54 12.21 12.22	M70 W35 W40 W45 W55 W60 W70 W75 400m	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn H Pat Peter Carla Coo Toney Co John Alle
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens	13-7.50 sters hips 13 11.13 11.29 11.73 12.10 12.97 11.54 12.21 12.22 12.34	M70 W35 W40 W45 W55 W60 W70 W75 400m M30	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn H Pat Peters Toney Co John Alle Ronald R Paul Broy Glen Sigg John Stev
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson	13-7.50 sters hips 13 11.13 11.29 11.73 12.10 12.39 12.97 11.54 12.21 12.22 12.34 12.40	M70 W35 W40 W45 W55 W60 W70 W75 400m M30	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn H Pat Peter Carla Coo John Alle Ronald R Paul Broy Glen Sigg John Stev Steve Sat
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman	13-7.50 sters hhips 13 11.13 11.29 11.33 12.10 12.39 12.97 11.54 12.21 12.22 12.34 12.40 12.98	M70 W35 W40 W45 W55 W60 W70 W75 400m M30	Charles V John Sch Harold Jo Dana Bau Parnela P Donna Sa Ann Cart Marilyn H Pat Peter Carla Coo Toney Co John Alle Ronald R Paul Brov Glen Sig John Stev Steve Sat Henry La
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson	13-7.50 sters hips 13 11.13 11.29 11.73 12.10 12.39 12.97 11.54 12.21 12.22 12.34 12.40	M70 W35 W40 W45 W55 W60 W70 W75 400m M30	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn H Pat Peter Carla Coo John Alle Ronald R Paul Broy Glen Sigg John Stev Steve Sat
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Oriondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson	13-7.50 sters hips 13 11.13 11.29 11.49 11.73 12.10 12.39 12.97 11.54 12.21 12.22 12.34 12.40 12.98 13.25 11.57 12.04	M70 W35 W40 W55 W60 W70 W75 400m M30	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn I Pat Peter Carla Coo Toney Co John Alle Ronald R Paul Broy Glen Sigg John Stev Steve Sat Henry La Arthur Ly Val Barn Charles S
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Oriondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter	11.73 11.13 11.13 11.29 11.49 11.73 12.10 12.39 12.97 11.54 12.21 12.22 12.34 12.20 12.98 13.25 11.57 12.04 12.07	M70 W35 W40 W55 W60 W70 W75 400m M30	Charles V John Sch Harold Jo Dana Bau Pamela P Donna See Ann Cart Marilyn I Pat Peter Carla Coo Toney Co John Alle Ronald R Paul Broy Glen Sig John Stev Steve Sat Henry La Arthur Ly Val Barn Charles S Keith Th
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter Wayne Fisher	11.73 11.13 11.13 11.29 11.49 11.73 12.10 12.39 12.97 11.54 12.21 12.22 12.34 12.20 12.98 13.25 11.57 12.04 12.07 12.59	M70 W35 W40 W55 W60 W70 W75 400m M30	Charles V John Sch Harold Jo Dana Bau Pamela P Donna See Ann Cart Marilyn I Pat Peter Carla Coo Toney Co John Alle Ronald R Paul Broy Glen Sigy John Ster Steve Sat Henry La Val Barn Charles S Keith Th Reggie M
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Oriondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter	11.73 11.13 11.13 11.29 11.49 11.73 12.10 12.39 12.97 11.54 12.21 12.22 12.34 12.20 12.98 13.25 11.57 12.04 12.07	M70 W35 W40 W55 W60 W70 W75 400m M30	Charles V John Sch Harold Jo Dana Bau Pamela P Donna See Ann Cart Marilyn H Pat Peter Carla Cou John Alle Ronald R Paul Broy Glen Sig John Ster Steve Sat Arthur Ly Val Barn Charles J Keith Th Reggie M Charles J
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter Wayne Fisher Glen Reid John Roberts Michael Oliver	13-7.50 sters hips 13 11.13 11.29 11.3 12.10 12.39 12.97 11.54 12.21 12.22 12.34 12.22 12.34 12.29 13.25 11.57 12.04 12.99 12.97 12.59 12.77 12.91 13.77	M70 W35 W40 W45 W60 W70 W75 400m M30 M35	Charles V John Sch Harold Jo Dana Bau Pamela P Donna See Ann Cart Marilyn H Pat Peter Carla Coo John Alle Ronald R Paul Broy Glen Sigy John Ster Steve Sat Henry La Val Barn Charles J Keith Th Reggie M Charles J
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter Wayne Fisher Glen Reid John Roberts Michael Oliver M45 Billy Johnson	13-7.50 sters hips 13 11.13 11.29 11.49 11.73 12.10 12.39 12.39 12.97 11.54 12.21 12.34 12.40 12.98 13.25 11.57 12.04 12.07 12.91 13.77 11.61	M70 W35 W40 W45 W60 W70 W75 400m M30 M35	Charles V John Sch Harold Jo Dana Bau Parnela P Donna Se Ann Cart Marilyn H Pat Peter Carla Cool Toney Co John Alle Ronald R Paul Brov Glen Sigg John Ster Steve Sat Henry La Arthur Ly Val Barn Charles S Keith Th Reggie M Charles J Mical En Dewayne Jimmie Jo
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter Wayne Fisher Glen Reid John Roberts Michael Oliver M45 Billy Johnson Willard Thompson	13-7.50 sters hips 13 11.13 11.29 11.49 11.73 12.10 12.39 12.97 11.54 12.21 12.34 12.40 12.98 13.25 11.57 12.04 12.77 12.91 13.77 11.61 12.12	M70 W35 W40 W45 W60 W70 W75 400m M30 M35	Charles V John Sch Harold Jo Dana Bau Parnela P Donna Se Ann Cart Marilyn H Pat Peter Carla Cool Toney Co John Alle Ronald R Paul Brov Glen Sigg John Ster Steve Sat Henry La Arthur Ly Val Barn Charles S Keith Th Reggie M Charles J Mical En Dewayne Jimmie Ja Lamar Bo
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter Wayne Fisher Glen Reid John Roberts Michael Oliver M45 Billy Johnson	13-7.50 sters hips 13 11.13 11.29 11.49 11.73 12.10 12.39 12.39 12.97 11.54 12.21 12.34 12.40 12.98 13.25 11.57 12.04 12.07 12.91 13.77 11.61	M70 W35 W40 W45 W60 W70 W75 400m M30 M35	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn I Pat Peter Carla Coo Toney Co John Alle Ronald R Paul Brow Glen Sigg John Ster Steve Sat Henry La Arthur Ly Val Barn Charles S Keith Th Reggie M Charles S Keith Th Reggie J Mical En Dewayne Jimmie Jo Lamar Bo Stephan
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M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Oriondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter Wayne Fisher Glen Reid John Roberts Michael Oliver M45 Billy Johnson Willard Thompson Maron McCoy Phil Campbell M50 Samuel Hall Greg Marshall John Gaines	13-7.50 sters hips 11.13 11.29 11.13 11.29 11.13 12.97 11.54 12.21 12.39 12.21 12.34 12.40 12.98 13.25 11.57 12.04 12.77 12.61 12.77 12.61 12.77 13.77 13.77 13.77 13.77 13.77 13.70	M70 W35 W40 W45 W55 W60 W70 W75 400m M30 M35 M40 M45	Charles V John Sch Harold Jo Dana Bau Pamela P Donna See Ann Cart Marilyn I Pat Peter Carla Coo Toney Co John Alle Ronald R Paul Broy Glen Sigu John Steve Sat Henry La Arthur Ly Val Barn Charles J Keith Th Reggie M Charles J Mical En Dewayne Jimmie Ja Lamar Be Stephan I Alvin See Timothy Michael L Lance Ne
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Oriondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter Wayne Fisher Glen Reid John Roberts Michael Oliver M45 Billy Johnson Willard Thompson Maron McCoy Phil Campbell M50 Samuel Hall Greg Marshall John Gaines Ronald Kimball	13-7.50 sters hips 11.13 11.29 11.13 11.29 11.13 12.97 11.54 12.21 12.39 12.21 12.34 12.40 12.98 13.25 11.57 12.04 12.77 12.91 13.77 11.61 12.12 12.74 14.03 12.75 12.97 13.70 13.97	M70 W35 W40 W45 W55 W60 W70 W75 400m M30 M35 M40 M45 M55	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Sec Ann Cart Marilyn I Pat Peter Carla Coo Toney Co John Alle Ronald R Paul Broy Glen Sig John Stev Steve Sat Henry La Arthur Ly Val Barn Charles J Keith Th Reggie M Charles J Mical En Dewayne Jimmie Jo Lamar Bé Stephan I Alvin Sec
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M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter Wayne Fisher Glen Reid John Roberts Michael Oliver M45 Billy Johnson Willard Thompson Marion McCoy Phil Campbell M50 Samuel Hall Greg Marshall John Gaines Ronald Kimball Willie Josey Michael Augeri M55 Marion Harrison Jim Shoaf	13-7.50 sters hips 13 11.13 11.29 11.49 11.73 12.10 12.39 12.97 11.54 12.92 12.34 12.40 12.98 13.25 11.57 12.04 12.91 13.77 11.61 12.12 12.74 14.03 12.75 12.97 13.70 14.04 13.21 13.40	M70 W35 W40 W45 W55 W60 W70 W75 400m M30 M35 M40 M45 M55	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn I Pat Peter Carla Cou Toney Co John Alle Ronald R Pau Brow Glen Sigg John Ster Steve Sat Henry La Arthur Ly Val Barn Charles S Keith Th Reggie M Charles J Mical En Dewayne Jimmie Ju Lamar Bo Stephan I Alvin Sea Timothy Michael J Lance Ne Jim Shoa Sammy V Ed Fitzgg
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M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter Wayne Fisher Glen Reid John Roberts Michael Oliver M45 Billy Johnson Willard Thompson Marion McCoy Phil Campbell M50 Samuel Hall Greg Marshall John Gaines Ronald Kimball Willie Josey Michael Augeri M55 Marion Harrison Jim Shoaf M60 Bob Dobbs Jack Hunter Joe Shanahan M65 James Stookey	13-7.50 sters hips 11.13 11.29 11.3 12.97 11.54 12.97 11.54 12.21 12.34 12.97 11.54 12.97 11.54 12.91 12.92 12.40 12.98 13.25 11.57 12.98 13.25 11.57 12.91 13.77 12.91 13.77 13.97 14.04 13.97 14.04 13.60 13.54 16.00 16.47 13.57	M70 W35 W40 W45 W55 W60 W70 W75 400m M30 M35 M40 M45 M50 M55 M60 M55 M60 M55	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn I Pat Peter Carla Coo Toney Co John Alle Ronald R Paul Broy Glen Sigg John Stev Steve Sat Henry La Arthur Ly Val Barn Charles J Mical En Dewayne Jimmie Jo Lamar Bu Stephan I Alvin See Timothy Michael L Lance Ne Jim Shoa Sammy V Ed Fitzg Joe Sham Casey Jo David Lo Charles V
M50 Walt Lancaster USATF Southeast Ma Regional Champions Atlanta, GA; June 100m M30 Marco Beltzaire Abraham Canty Orlondo Matthews Donald Rhett Tony Cole Greg Singleton Daniel Taylor M35 Paul Brown Harold Pierce Henry Landry Sanford Stephens Jerry Edmondson Glen Sigman Charles Johnson M40 Val Barnwell Ron Jackson Chuck Hunter Wayne Fisher Glen Reid John Roberts Michael Oliver M45 Billy Johnson Willard Thompson Marion McCoy Phil Campbell M50 Samuel Hall Greg Marshall John Gaines Ronald Kimball Willie Josey Michael Augeri M55 Marion Harrison Jim Shoaf M60 Bob Dobbs Jack Hunter Joe Shanahan	13-7.50 sters hips 11.13 11.29 11.3 11.29 11.49 11.73 12.10 12.39 12.97 11.54 12.21 12.34 12.22 12.34 12.07 12.59 12.77 12.91 13.77 11.61 12.12 12.74 14.03 12.75 12.97 13.70 13.70 13.70 13.70 13.74 15.60 13.54 16.00 16.47	M70 W35 W40 W45 W55 W60 W70 W75 400m M30 M35 M40 M45 M50 M55 M60 M65 M65	Charles V John Sch Harold Jo Dana Bau Pamela P Donna Se Ann Cart Marilyn I Pat Peter Carla Coo Toney Co John Alle Ronald R Paul Broy Glen Sigg John Stev Steve Sat Henry La Arthur Ly Val Barn Charles J Mical En Dewayne Jimmie Jo Lamar Bu Stephan I Alvin See Timothy Michael L Lance Ne Jim Shoa Sammy V Ed Fitzg Joe Sham Casey Jo David Lo Charles V

William Daprano				
	15.52	W45	Donna Settles	1:08.11
Dana Baumgarten	13.81	W60	M Fitzgerald	1:23.73
Pamela Page	14.31	W70	Pat Peterson	1:37.43
Donna Settles	14.71	W75	Carla Convery	2:31.79
Ann Carter	17.14	800m	at the strate	1200
M Fitzgerald	15.54	M30	Ronald Ramsey	2:26.46
Pat Peterson	17.03	M35	Scott King	2:01.54
Carla Convery	24.49	M40	Eric Bonaparte Byron Burno	2:39.44 2:06.06
Marco Beltzaire	22.43	140	Mike Mead	2:10.48
Abraham Canty	22.43	Le ÷	M McCauley	2:13.79
Orlondo Matthews	22.67	M45	Mical Embler	2:10.69
Toney Cole	24.00		D Schmidt	2:11.59
Greg Singleton	25.20	150	Daniel Graham	2:34.54
Gregory Torry	25.36	M50	Ian Dickson	2:16.26
Donald Brady	26.55	100	Lindsey Bodden	2:27.28
Paul Brown	22.57	S. S. D.	Timothy Treon	2:28.40
Henry Landry	24.85	M55	Winston Laing	2:15.31
Glen Sigman	25.23	CIE, R	Allen McDaniel	2:20.85
Sanford Stephens	25.83	104.10	James Huffman	2:43.73
Charles Johnson	26.84	M60	Thomas Borne	3:00.04
Arthur Lyons	28.92	M60 M65	Cliff Pauling Casey Jones	2:43.12 2:36.69
Ellis Liddell Chuck Hunter	23.93 24.29	MOJ	David Lockett	2:56.47
Ron Jackson	24.51	1.1.1.50	Charles Venning	
Barry Wise	25.31	M70	Harold Johnson	3:00.76
Wayne Fisher	25.40		Bob Arthur	3:01.04
Charles Smith	25.48	W30	Amanda Saltin	2:41.51
Glen Reid	25.74	W35	E Weinstein	2:27.22
Keith Thompson	25.93	W40	Paula Zaragoza	2:52.69
Kenneth Edwards	27.34	1500n		In parent i
Billy Johnson	23.27	M30	Peter Heidbreder	
Willard Thompson			William Wallace	
Jimmie Jones	26.07	M35	Scott King	4:21.29
Thad Bell Samuel Hall	25.78 26.05	200	David Kroupa Christian Jensrud	4:29.44
Greg Marshall	26.03	M40	Mike Mead	4:27.57
Garry McClendon	28.20	14140	Byron Burno	4:31.28
Joel Liles	28.53	M45	Frank Phillips	5:04.52
Willie Josey	28.66	M50	Dan Healy	4:40.81
Michael Augeri	29.06	THE R.	Ian Dickson	4:43.84
Lance Netcand	32.02	M60	Adrian Craven	5:56.71
Marion Harrison	26.25	See.	Jim Hite	6:32.01
William Eubanks	28.47	M70	Bob Arthur	6:46.32
Nathaniel Carter	29.83	W30	Amanda Saltin	5:40.32
Bob Dobbs	27.95	W40	Lesley Chaplin	4:55.14
Clifford Pauling	30.21	11/60	Carol Rivera	6:39.84
Ed Fitzgerald Joe Shanahan	32.73 32.81	W60 5000	J Hodges-Hite	6:54.38
John Poppell	29.58	M30	Paul Drury	16:21.70
Charles Venning	31.20	M35	John Detro	16:08.78
John Schreiber	31.26		John Kissane	17:41.74
Harold Johnson	33.03	. der	Glen Bergman	19:03.43
Dana Baumgarten	27.51	M40	Neil Feather	16:22.05
	28.11	Rect	M Anderson	16:57.57
Pamela Page		2	R Hennigar	18:16.54
Donna Settles	29.57			
Donna Settles Ann Carter	37.34	ALR.	Hector Clement	18:54.97
Donna Settles Ann Carter Marilyn Fitzgerald	37.34 33.58	MAS	Hector Clement D J VanFossan	18:54.97 18:57.22
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson	37.34 33.58 35.79	M45	Hector Clement D J VanFossan T Shinnick	18:54.97 18:57.22 17:48.48
Donna Settles Ann Carter Marilyn Fitzgerald	37.34 33.58	M45	Hector Clement D J VanFossan T Shinnick Lee Fidler	18:54.97 18:57.22 17:48.48 17:57.08
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery	37.34 33.58 35.79 53.94	M45 M50	Hector Clement D J VanFossan T Shinnick	18:54.97 18:57.22 17:48.48
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson	37.34 33.58 35.79		Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole	37.34 33.58 35.79 53.94 54.17		Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27		Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30	M50 M55	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01	M50	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23.18:15
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02	M50 M55 M60	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23.18:15 23:23.75
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27	M50 M55 M60 M65	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23.18:15 23:23.75 20:41.19
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38	M50 M55 M60 M65 W30	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69	M50 M55 M60 M65 W30 W35	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:48.07
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38	M50 M55 M60 M65 W30	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 56.03 :04.38 54.69 55.53 56.08 :02.00	M50 M55 M60 M65 W30 W35 W40	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:17.04 23:18:15 20:21.75 20:41.19 18:08.91 18:48.07 22:45.49
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69 55.53 56.08 :02.00 :02.08	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 19:05.42 20:41.19 18:08.91 19:05.42 20:41.19 18:08.91 19:05.42 20:41.19 18:08.91 19:05.42 20:41.19 18:08.91 19:05.42 20:41.19 19:05.42 20:41.19 20:42.45 20:41.19 20:42.45 20:41.19 20:42.45 20:41.19 20:42.45 20:41.19 20:42.45 20:
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69 55.53 56.08 :02.00 :02.08 58.19	M50 M55 M60 M65 W30 W35 W40 W55 W60	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16:14.
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69 55.53 56.08 :02.00 :02.08 58.19 58.37	M50 M55 M60 M65 W30 W35 W40 Shor M40	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21.22
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69 55.53 56.08 :02.00 :02.08 58.19 58.37 :00.42	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M60	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21.22 20.97
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69 55.53 56.08 :02.00 :02.08 58.19 58.37 :00.42 :01.46	M50 M55 M60 M65 W30 W35 W40 Shor M40	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21.22 20.97 17.76
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69 55.53 56.08 :02.00 :02.08 58.19 58.37 :00.42 :01.46 :03.92	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M65	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey John Schreiber	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:17.04 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21.22 20.97 17.76 20.26
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom Stephan Foster Alvin Seale	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69 55.53 56.08 :02.00 :02.08 58.19 58.37 :00.42 :01.46	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M60	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:17.04 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21.22 20.97 17.76 20.26
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom Stephan Foster Alvin Seale Timothy Treon	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69 55.53 56.08 :02.00 :02.08 58.19 58.37 :00.42 :01.46 :03.92 57.89	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M60 M65 M70	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey John Schreiber Buck Bradberry	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21.22 20.97 17.76 20.26 14.95
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom Stephan Foster Alvin Seale Timothy Treon Michael Augeri	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69 55.53 56.08 :02.00 :02.08 58.19 58.37 :00.42 :00.42 :01.46 :03.92 57.89 :02.91	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M60 M65 M70 W45 W55	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey John Schreiber Buck Bradberry Linda Lowery Ann Carter	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:23.75 20:41.19 18:08.91 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21.22 20.97 17.76 20.26 14.95 18.44 18.88
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Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom Stephan Foster Alvin Seale Timothy Treon Michael Augeri Lance Netcand Jim Shoaf Sammy White Ed Fitzgerald Joe Shanahan	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.69 55.53 56.08 54.69 55.53 56.08 54.69 55.53 56.08 56.02 02.00 58.19 58.37 :00.42 :01.46 :03.92 57.89 :02.91 :12.65 :13.37 :16.32 :10.3.94 1:13.69 1:23.02	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M60 M65 M70 W45 S W55 Long M30 M35	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey John Schreiber Buck Bradberry Linda Lowery Ann Carter tHurdles Donald Brady Darren Hoyle J Edmondson T Weatherbee	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21.22 20.97 17.76 20.26 14.95 18.44 18.88 1:07.60 1:01.83 1:02.68 1:16.75
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom Stephan Foster Alvin Seale Timothy Treon Michael Augeri Lance Netcand Jim Shoaf Sammy White Ed Fitzgerald Joe Shanahan Casey Jones	37.34 33.58 35.79 53.94 54.17 54.20 55.41 54.20 55.41 56.02 56.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 5.03 56.08 50.02 50.35 50.08 50.20 50.20 50.20 58.19 58.37 1:00.42 1:01.46 1:03.92 57.89 1:02.91 1:13.65 1:13.69 1:23.02 1:08.03	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M60 M65 M70 W45 S W55 Long M30 M35	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey John Schreiber Buck Bradberry Linda Lowery Ann Carter t Hurdles Donald Brady Darren Hoyle J Edmondson T Weatherbee James Stookey	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21:22 20.97 17.76 20.26 14.95 18.44 18.88 1:07.60 1:01.83 1:02.68 1:16.75 51.86
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom Stephan Foster Alvin Seale Timothy Treon Michael Augeri Lance Netcand Jim Shoaf Sammy White Ed Fitzgerald Joe Shanahan Casey Jones David Lockett	37.34 33.58 35.79 53.94 54.17 54.20 55.41 54.20 55.41 54.20 56.01 56.02 56.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 50.38 56.08 50.20 50.20 50.20 58.19 58.37 1:00.42 57.89 1:02.91 1:12.65 1:13.37 1:16.32 1:03.94	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M65 M70 W45 W55 Long M30 M35 M55 M55	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey John Schreiber Buck Bradberry Linda Lowery Ann Carter Hurdles Donald Brady Darren Hoyle J Edmondson T Weatherbee James Stookey John Schreiber	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 24:19.04 24:19.
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom Stephan Foster Alvin Seale Timothy Treon Michael Augeri Lance Netcand Jim Shoaf Sammy White Ed Fitzgerald Joe Shanahan Casey Jones David Lockett Charles Venning	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 1:04.38 54.69 55.53 56.08 1:02.00 1:02.08 58.19 58.37 1:00.42 1:01.46 1:03.92 57.89 1:02.91 1:12.65 1:13.37 1:13.69 1:23.02 1:08.03 1:10.93 1:12.92	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M65 M60 M65 M70 W45 SU55 Long M30 M35 M65 W70	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey John Schreiber Buck Bradberry Linda Lowery Ann Carter Hurdles Donald Brady Darren Hoyle J Edmondson T Weatherbee James Stookey John Schreiber L McDaniels	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21:22 20.97 17.76 20.26 14.95 18.44 18.88 1:07.60 1:01.83 1:02.68 1:16.75 51.86
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom Stephan Foster Alvin Seale Timothy Treon Michael Augeri Lance Netcand Jim Shoaf Sammy White Ed Fitzgerald Joe Shanahan Casey Jones David Lockett Charles Venning Harold Johnson	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 1:04.38 54.69 55.53 56.08 1:02.00 1:02.08 58.19 58.37 1:00.42 1:03.92 57.89 1:02.91 1:12.65 1:13.37 1:16.32 1:03.94 1:13.69 1:23.02 1:10.93 1:12.92 1:15.07	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M60 M65 M70 W45 W55 Long M30 M35 M65 W70 (estal	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey John Schreiber Buck Bradberry Linda Lowery Ann Carter Hurdles Donald Brady Darren Hoyle J Edmondson T Weatherbee James Stookey John Schreiber	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 24:19.04 24:19.
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Smith Jimmie Jones Lamar Beckom Stephan Foster Alvin Seale Timothy Treon Michael Augeri Lance Netcand Jim Shoaf Sammy White Ed Fitzgerald Joe Shanahan Casey Jones David Lockett Charles Venning Harold Johnson	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 :04.38 54.60 55.53 56.08 :02.00 :02.08 58.19 58.37 :00.42 :01.46 :03.92 57.89 :02.91 :12.65 :13.37 :16.32 1:03.94 :13.69 :12.302 :109.93 :110.93 :12.92	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M60 M65 M70 W45 W55 Long M30 M35 M65 W70 (estal	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey John Schreiber Buck Bradberry Linda Lowery Ann Carter t Hurdles Donald Brady Darren Hoyle J Edmondson T Weatherbee James Stookey John Schreiber L McDaniels blishes WR)	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 24:19.04 24:19.
Donna Settles Ann Carter Marilyn Fitzgerald Pat Peterson Carla Convery Toney Cole John Allen Ronald Ramsey Paul Brown Glen Sigman John Stevens Steve Sattinger Henry Landry Arthur Lyons Val Barnwell Charles Smith Keith Thompson Reggie Mason Charles Jordan Mical Embler Dewayne Smith Jimmie Jones Lamar Beckom Stephan Foster Alvin Seale Timothy Treon Michael Augeri Lance Netcand Jim Shoaf Sammy White Ed Fitzgerald Joe Shanahan Casey Jones David Lockett Charles Venning Harold Johnson Chrisan Wilkes Lesley Chaplin	37.34 33.58 35.79 53.94 54.17 54.20 55.41 49.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 54.30 56.01 56.02 56.27 1:04.38 54.69 55.53 56.08 1:02.00 1:02.08 58.19 58.37 1:00.42 1:03.92 57.89 1:02.91 1:12.65 1:13.37 1:16.32 1:03.94 1:13.69 1:23.02 1:10.93 1:12.92 1:15.07	M50 M55 M60 M65 W30 W35 W40 W55 W60 Shor M40 M60 M65 M70 W45 SU55 Long M30 M35 M65 W70 (estal 4x10	Hector Clement D J VanFossan T Shinnick Lee Fidler K Rosenback Wes Wessely Jerry Banks James Moore Gary Cochrane Thomas Borne Louis Johnson Jim Hite C Williams K Perez E Weinstein R Hughes Julia Emmons J Hodges-Hite t Hurdles John Roberts Alan Shoultz Jerry Rouse James Stookey John Schreiber Buck Bradberry Linda Lowery Ann Carter Hurdles Donald Brady Darren Hoyle J Edmondson T Weatherbee James Stookey John Schreiber L McDaniels blishes WR) 0 Relay	18:54.97 18:57.22 17:48.48 17:57.08 18:13.30 17:22.57 19:05.42 30:23.96 21:12.54 23:17.04 23:18:15 23:23.75 20:41.19 18:08.91 18:48.07 22:45.49 25:42.60 26:11.38 16.14, 21.22 20.97 17.76 20.26 14.95 18.44 18.88 1:07.60 1:01.83 1:02.68 1:16.75 59.80 1:27.12

nal M	asters News	
:08.11	M40 Atlanta T	
:23.73 :37.43	Knoxville High Jump	Personal Control
2:31.79	M40 Alan Shou Glenn Rei	
2:26.46	M45 Bob Rock Johnnie D	well 1.52
2:01.54 2:39.44	M50 Henry Jor	dan 1.70
2:06.06	M55 N Carter Mike Vall	1.37 le 1.32
2:13.79	M60 Sammy W M55 N Carter	/hite 1.52 1.37
2:11.59	Mike Vall	le 1.32
2:34.54	M60 Sammy W Rudolph I	
2:27.28	Jerry Rou M65 James Sto	se 1.32
2:15.31	M70 Ed Holme	s 1.32
2:20.85 2:43.73	W45 Linda Lov	
3:00.04 2:43.12	W70 L McDan (Davidson/1.16/	
2:36.69	Pole Vault	A Standard Conta
2:56.47 2:59.81	M30 Thomas E M40 James Ba	
3:00.76 3:01.04	M45 Johnnie E Robert Be	
2:41.51	Don Hun M50 Henry Jon	ter 2.75
2:27.22	Kent Hah	in 2.60
4:39.07	M55 William I M60 Jerry Rou	and the second se
4:59.08	W70 L McDan (Valien/1.62/19	niels 2.04*
4:21.29 4:29.44	Long Jump	ALL CALL
4:33.00 4:27.57	M30 Vincent I Barry Sh	
4:31.28	M35 Jerry Edr	mondson 5.64
5:04.52 4:40.81	M40 Wayne F	isher 5.86
4:43.84 5:56.71	John Rob Kenneth	Edwards 5.34
6:32.01	Glenn Re	eid 4.73 e Jeffords 3.69
6:46.32 5:40.32	M45 Taylor W	eatherbee 5.34
4:55.14 6:39.84	Bob Roc Scott Th	
6:54.38	M50 Greg Ma Joel Lile	
6:21.70	Josey Wi Kent Ha	illie 4.13
6:08.78 7:41.74	M55 N Carter	4.29
9:03.43 6:22.05	Mike Va M60 Joseph C	
6:57.57 8:16.54	Jerry Ro M65 James St	
8:54.97	M70 Buck Br	adberry 4.14
8:57.22 7:48.48	W35 Terri Ro W40 Gin Mill	
7:57.08 8:13.30	W45 Linda Lo W70 L McDa	
7:22.57	Triple Jump	Section 19
9:05.42 0:23.96	M35 Stan Por	ter 11.74
1:12.54 3:17.04	M40 Keith Th Wayne H	isher 11.51
3.18:15	John Ro M45 Bob Roo	
0:41.19	T Weath	erbee 10.64
8:08.91 8:48.07	Scott Th M50 Greg Ma	arshall 9.46
2:45.49 5:42.60	Joel Lile M55 N Carter	
6:11.38	M65 James St Pay Cars	tookey 10.15
16.14	M70 Buck Br	adberry 8.35
21.22 20.97	W45 Linda Lo W70 L McDa	
17.76	Shot Put M30 Daniel T	alor 10.99
14.95	M35 Terry Da	vis 10.52
18.44 18.88	M40 Byran St Wayne F	
1:07.60	John Rol M50 Bruce H	berts 9.69
1:01.83	- Kenneth	Arthur 12.44
1:02.68 1:16.75	John Sell Tom Rus	
51.86 59.80	Ronald k M55 Mike Va	
1:27.12	L Morrel	10.34
10.00	M60 Gerald V Rudolph	Houg 11.68
44.49 46.03	Jack Hur M65 Larry Ho	

44.83	- Parti		11.44
50.61	M70	Phil Mulkey Ed Holmes	11.40 10.01
1.52	19.22	Victor Golowash	7.36
1.42 1.52	M75 W35	Floyd Simmons Dana Baumgarten	10.65
1.47	W65	Mary Horine	4.54
1.70	Discu		
1.37 1.32	M35	Terry Davis Stan Porter	36.25 21.08
1.52	M40	Bryan Stewart	34.20
1.37	and the second	A Chioccarelli	33.34
1.52	34	Keith Thompson Lawrence Jeffords	30.01
1.32	M45	Casey Capps	26.73
1.32 1.32	M50	Bruce Hedendal John Selleg	43.43 36.03
1.32	A. S.	Ronald Kimball	34.67
1.22	M55	Tom Russell Larry Dratt	31.68 50.10
1.20*	MUSS	Mike Valle	34.95
132	M60	Laurence Morrell Rudolph Houg	24.43 46.76
4.40	MOU	Jack Hunter	36.05
3.05 3.80		Jerry Rouse	35.29
3.35	M65	Larry Horine Phil Mulkey	42.54 40.70
2.75	N.C.	Pay Carstensen	32.43
3.35 2.60	M70	Ed Holmes William Daprano	31.19 29.51
2.75	72.5	Victor Golowash	18.28
2.15 2.04*	M75 W65	Floyd Simmons Mary Horine	29.87 11.28
2.01	Ham		11.28
6.97	M40	David Vandergriff	
5.83		A Chioccarelli Lawrence Jeffers	48.74 19.23
5.64	M45	Casey Capps	27.19
5.60 5.86	M50	Bruce Hedendal John Selleh	45.31 23.88
5.42	M55	Mike Valle	39.99
5.34 4.73	M60	Laurence Morrell Tim Twomey	21.05
s 3.69	M65	Ray Carstensen	39.56
5.34 5.27	M70	R Bergenback Victor Golowash	29.47 21.54
5.21	Jave	in meilers an	a con
4.87 4.75	M30	Michael Bagnell John Allen	42.49 42.45
4.13 4.00	Aren	Daniel Taylor	40.14
4.29	M35	Sanford Stephens Stan Porter	30.53 21.61
4.01 3.70	M40	Bryan Stewart	44.18
3.63	M45	Lawrence Jeffords Phil Campbell	9.16 31.14
4.88	535	Jeffery Stevens	28.34
2.74	M50	John Selleh Ronald Kimball	45.40 37.94
4.05	Tyre.	Bruce Hedendal	37.89
3.48	M55	Kent Hann Laurence Morrell	33.73 34.22
	MDD	Mike Valle	34.08
14.36 11.74	M60 M65	Jack Hunter Larry Horine	29.15 35.45
11.51	M03	William Dapraano	27.56
11.01 9.69	522	Ed Holmes R Bergenback	26.72 24.64
11.62	1	Victor Golowash	17.03
10.64 10.49	M75	Floyd Simmons Dana Baumgarten	29.10 22.11
9.46 8.05	W35 W40	Jane Souther	15.44
9.78	W65 W75	Mary Horine Carla Convery	11.11
10.15 7.10	5000 m	n RW	14 980
8.35	M35		:22.97
8.78 7.13*	1985	Jeb Bell 35	:44.37
	M50 M55		:22.80
10.99 10.52	M60	Harvey Pittman 34	:23.91
11.50	M65 W40		:07.10
11.01 9.69	W50		:13.02
13.34	•WR		1.1.1
12.44	Flo	rida Championsh Cloud, FL; June	ips
11.55 10.57	100m	. cioda, rL; June	20
9.39	M35	Jerry Nieves	12.30
11.45 10.34	M40	Kevin Marbury Bob Williams	12.06
14.12	M50	John Davis	12.96
11.68 9.79		Eric Hill William Benford	13.50
12.54	M55	Jerry Frank	13.89

13.89

Lange B		
	Doug Brown	16.46
M60	Joe Shanahan	15.39
M65	Luis Guzman	13.88
W35	Karen Lee	15.35
W45	Susan Hill	17.61
W50	Barbara Cleveland	1 15.78
200m	1	and the
M35	Luis Guzman	24.66
-	Jerry Nieves	27.66
M40	Kevin Marbury	24.65 25.78
M50	Carl Elkton Jon Davis	25.78
	Eric Hill	28.44
M55	Lionel Bonck	27.98
WIJJ	Jerry Frank	31.39
M60	Joe Shanahan	38.49
M65	Luis Guzman	28.57
W35	Terri Roberts	39.02
W45	Susan Hill	39.42
400m	210,500 -	
M30	Kerry Jackson	57.14
M55	Lionel Bonck	1:04.52
	Doug Brown	2:07.31
M60	Joe Shanahan	1:40.72
M65	David Lockett	1:08.55
800m		2:19.23
M40 M50	Charles Smith Leslie Bodden	2:19.23
1500	and the second sec	2.30.13
M50	and the second se	6:29.14
MJU	Steve Feith	7:24.83
M65	and a second	7:09.18
5000		
	J Van Der Veen	25:09.04
	t Hurdles	
M40	John Roberts	17.45
M50		- 19.40
	Vault	
M55	Jerry Frank	1.88
M70	Les Rudy	1.85
	Barbara Clevela	nd 2.21
Lon M40	John Roberts	5.23
M40	Kevin Marbury	3.05
M50		4.66
M55		4.47
14155	Doug Brown	3.33
M60	The second	3.13
M70		3.82
W30) Terri Roberts	2.79
W55	Barbara Clevela	nd 3.81
Trip	le Jump	
M40		9.45
	Joe DeLuca	
M60		7.48
Shot	Put	7.48
Shot M35	Bill Bruesdale	7.48 10.42
Shot M35 M45	Put Bill Bruesdale Rusty Earp	7.48 10.42 5.91
Shot M35	Put Bill Bruesdale Rusty Earp John Von Rohr	7.48 10.42 5.91 13.66
Shot M35 M45 M50	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill	7.48 10.42 5.91 13.66 8.14
Shot M35 M45	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell 	7.48 10.42 5.91 13.66
Shot M35 M45 M50	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45
Shot M35 M45 M50	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank	7.48 10.42 5.91 13.66 8.14 10.35 8.88
Shot M35 M45 M50 M55 M60 M65	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11
Shot M35 M50 M55 M60 M65 W43	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05
Shoi M35 M45 M50 M55 M60 M65 W45 Disc	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32
Shoi M35 M45 M50 M55 M60 M65 W49 Disc M35	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill US William Truesda	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 2.32 11.11
Shoi M35 M45 M50 M55 M60 M65 W45 Disc	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill us William Truesda Gary Lane 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 ale 30.08 41.57
Shoi M35 M45 M50 M55 M60 M65 W49 Disc M35	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill william Truesda Gary Lane John Von Rohy 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 11.11 5.32 41.57 41.28
Shot M35 M50 M55 M60 M65 W45 Disc M35 M50	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 11.11 5.32 11.11 5.32 11.11 5.32 11.11 5.32 11.11
Shoi M35 M45 M50 M55 M60 M65 W49 Disc M35 M50	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill william Truesda Gary Lane John Von Rohy Eric Hill Larry Morrell 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 ale 30.08 41.57 41.28 21.38 30.70
Shot M35 M50 M55 M60 M65 W45 Disc M35 M50	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill Larry Morrell Jerry Frank 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 11.11 5.32 11.11 5.32 11.11 5.32 11.11 5.32 11.11
Shot M35 M45 M50 M55 M60 M65 W45 Disc M35 M50 M55	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill william Truesda Gary Lane John Von Rohy Eric Hill Larry Morrell Jerry Frank 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 41.28 21.38 30.70 25.68
Shot M35 M45 M50 M55 M60 M65 W45 Disc M35 M50 M55	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 11.57 1
Shot M35 M45 M50 M55 M60 M65 M55 M50 M65 M60 M65 W50	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 11.11 5.32 11.11 5.32 21.38 30.70 25.76 32.14 14.27
Shot M35 M45 M50 M55 M60 M65 M55 M50 M55 M60 M65 W50 W55	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 11.11 5.32 11.11 5.32 21.38 30.70 25.76 32.14 14.27
Shot M35 M45 M50 M55 M60 M65 M55 M50 M65 M60 M65 W50 W55 Han	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen John Von Rohy Eric Hill Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelar 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 11.11 5.32 21.38 30.70 25.68 45.56 27.60 32.14 14.27 7 d 27.14
Shot M35 M45 M50 M55 M60 M65 W43 Disc M35 M50 M60 M65 W50 W55 Ham M35	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelau Imer William Truesda	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 11.11 5.32 21.38 30.70 25.68 41.57 41.28 21.38 30.70 25.68 45.56 27.60 32.14 14.27 14 14.27 14 14.27 14
Shot M35 M45 M50 M55 M60 M65 W43 Disc M35 M50 M65 W50 M65 W50 M65 W50 M65 W50 M65 SW50	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelau Imer William Truesda John Von Rohr	7.48 10.42 5.91 13.66 8.14 10.35- 8.88 11.45 9.05 11.11 5.32 11.11 5.68 45.56 27.60 32.14 14.27 15.58 14.27 14.27 15.58 14.27 14.27 14.27 15.58 14.27 15.58 15.56 1
Shot M35 M45 M50 M55 M60 M65 W49 Disc M35 M50 M65 W50 W55 Han M35 M50 M55	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jorry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelar John Von Rohr Larry Morrell 	7.48 10.42 5.91 13.66 8.14 10.35- 8.88 11.45 9.05 11.11 5.32 11.11 5.68 45.56 27.60 32.14 14.27 14.27 14.27 14.28 27.14 14.27 14.28 27.14 14.27 14.28 27.14 14.27 14.28 27.14 14.27 14.28 27.14 14.27 14.28 27.14 14.27 14.28 25.08 14.27 14.27 14.27 14.28 25.02
Shot M35 M45 M50 M55 M60 M65 W45 Disc M35 M50 M55 M60 W55 Han M35 M50 M55 M65	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelar John Von Rohr Larry Morrell Barbara Clevelar John Von Rohr Larry Morrell Pay Carstensen 	7.48 10.42 5.91 13.66 8.14 10.35- 8.88 11.45 9.05 11.11 5.32 ale 30.08 41.57 41.28 21.38 30.70 25.68 45.56 27.60 32.14 14.27 15.27 14.27 15.
Shot M35 M45 M50 M55 M60 M65 W45 Disc M35 M55 M60 W55 Han M35 M50 M55 M50 W55 Han M35 M55 M50 M55 M55	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jorry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda Gary Lane John Von Rohy Eric Hill Larry Morrell Jore DeLuca Pay Carstensen Susan Hill Barbara Clevelar William Truesda John Von Rohr Larry Morrell Jore DeLuca Pay Carstensen Susan Hill Barbara Clevelar William Truesda John Von Rohr Larry Morrell Darry Garstensen Susan Hill Barbara Clevelar Truesda John Von Rohr Larry Morrell Pay Carstensen Tom McDermoti 	7.48 10.42 5.91 13.66 8.14 10.35- 8.88 11.45 9.05 11.11 5.32 11.11 1.28 1.38 1.38 1.45 1.45 1.48 1.38 1.45 1.42 1.38 1.42 1.4
Shot M35 M45 M50 M55 M60 M65 M55 M55 M60 M55 Han M35 M65 W50 W55 Han M355 M60 W55 Han M355 M60 W55 Han M355 M60 W55 Han M35 M50 M50 M50 M50 M60 M55 M50 M60 M55 M50 M55 M60 M55 M50 M55 M50 M60 M55 M50 M55 M50 M60 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M55	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Gary Lane John Von Rohy Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelar Truesda John Von Rohr Larry Morrell Pay Carstensen Tom McDermotion 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 14.5 9.05 11.11 5.32 14.5 9.05 11.11 5.32 11.11 1.28 12.58 14.27 14.27 14.27 14.28 25.02 41.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02 11.15 15.02
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Shot M35 M45 M50 M55 M60 M65 W43 Disc M35 M50 M55 M60 W55 Han M35 M50 M55 M80 Javel Javel M40 M50	 Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Gary Lane John Von Rohy Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelar Truesda John Von Rohr Larry Morrell Pay Carstensen Tom McDermotion 	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 14.28 21.38 30.70 25.76 32.14 14.27 15.3001 14.27 15.3001 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 14.28 14.28 15.3001 14.28 1
Shot M35 M45 M50 M55 M60 M65 W43 Disc M35 M50 M55 M60 W55 Han M35 M50 M55 M80 Javel Javel M40 M50	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Joen Von Rohy Eric Hill Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelau John Von Rohr Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelau John Von Rohr Larry Morrell Pay Carstensen Tom McDermott Jesus Virella Gary Lane n RW	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 14.28 21.38 30.70 25.76 32.14 14.27 15.3001 14.27 15.3001 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.27 15.3001 14.27 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 15.3001 14.28 14.28 14.28 14.28 15.3001 14.28 1
Shot M35 M45 M50 M55 M60 M65 W43 Disc M35 M50 M65 W50 W55 Han M35 M50 M55 M80 Javel M40 M50 S000	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda John Von Rohy Eric Hill Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelar Nerr William Truesda John Von Rohy Eric Hill Barbara Clevelar Barbara Clevelar Susan Hill Barbara Clevelar Tom McDermottin Jesus Virella Gary Lane William Truesda John Von Rohr Larry Morrell Pay Carstensen Tom McDermottin Gary Lane a RW	7.48 10.42 5.91 13.66 8.14 10.35- 8.88 11.45 9.05 11.11 5.32 ale 30.08 41.57 41.28 21.38 30.70 25.68 45.56 27.60 32.14 14.27 14.27 14.27 14.27 14.28 45.56 27.60 32.14 14.27 15.50 14.17 15.50 14.17 15.50 14.17 15.50 14.17 15.50 15.50 14.15 15.50 14.15 15.50 15.
Shot M35 M45 M50 M55 M60 M65 W45 Disc M35 M50 M50	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill William Truesda John Von Rohy Eric Hill John Von Rohy Barbara Clevelar Pay Carstensen Susan Hill Barbara Clevelar Imer William Truesda John Von Rohr Larry Morrell Pay Carstensen Susan Hill Barbara Clevelar Imer William Truesda John Von Rohr Larry Morrell Pay Carstensen Tom McDermottin Jesus Virella Gary Lane n RW Gene Opheim 2 Steve Feith 3	7.48 10.42 5.91 13.66 8.14 10.35- 8.88 11.45 9.05 11.11 5.32 14.28 21.38 30.70 25.68 45.56 27.60 32.14 14.27 14.27 14.28 45.56 27.60 32.14 14.27 15.568
Shot M35 M45 M50 M55 M60 M65 W43 Disc M35 M50 M55 M55	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Eric Hill Jarry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Bar Gary Lane John Von Rohy Eric Hill Starry Morrell Jorn Von Rohy Eric Hill Starry Morrell Joe DeLuca Pay Carstensen John Von Rohy Eric Hill Barbara Clevelar Barbara Clevelar Imer William Truesda John Von Rohr Larry Morrell Pay Carstensen Tom McDermottin Jesus Virella Gary Lane Tom McDermottin J Fredericks Steve Feith Joug Brown	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 14.28 21.38 30.70 25.68 45.56 27.60 32.14 14.27 14.27 14.28 44.78 25.02 41.15 30.01 47.28 44.10 7:07.93 9:25.68 2:54.69 7:26.45
Shot M35 M45 M50 M55 M60 M65 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M50 M55 M50 M50 M55 M50 M50	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelar John Von Rohy Eric Hill Larry Morrell Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Barbara Clevelar John Von Rohr Larry Morrell Pay Carstensen Susan Hill Barbara Clevelar John Von Rohr Larry Morrell Pay Carstensen Tom McDermoti In Jesus Virella Gary Lane RW Gene Opheim 2 J Fredericks 2 Steve Feith 3 Doug Brown 3 Tom White 3	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 ale 30.08 41.57 41.28 21.38 30.70 25.68 45.56 27.60 32.14 14.27 14.27 14.27 14.28 44.78 25.02 41.15 3.0.01 47.28 44.10 7:07.93 9:25.68 2:54.69 7:26.45 1:19.01
Shot M35 M45 M50 M55 M60 M65 W49 Disc M65 M55 M60 W55 Han M35 M60 W55 Han M35 M60 W55 Han M35 M60 W55 Han M35 M60 W55 M80 Javeli M40 M55 M80 Javeli M50 M55 M80 Javeli M50 M55 M65 W49 M55 M65 M80 Javeli M50 M55 M65 M80 Javeli M55 M60 M55 M55 M55 M55 M55 M55 M55 M55 M55 M5	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Eric Hill Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Bar Gary Lane John Von Rohy Eric Hill Gary Lane John Von Rohy Eric Hill Earry Frank John Von Rohy Eric Hill Jarry Frank John Von Rohy Eric Hill Barbara Clevelar Day Carstensen Susan Hill Barbara Clevelar Tom McDermotin Jesus Virella Gary Lane Tom McDermotin Steve Feith 3 Doug Brown 3 Tom White 3	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 11.41 12.56 14.47 14.28 44.57 14.28 44.57 14.28 44.10 7.07.93 9:25.68 44.10 7.07.93 9:25.66 11.901 2:56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.901 12.56.66 11.57 11
Shot M35 M45 M50 M55 M60 M65 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M50 M55 M50 M50 M55 M50 M50	Put Bill Bruesdale Rusty Earp John Von Rohr Eric Hill Eric Hill Jerry Frank Rudy Houg Joe DeLuca Pay Carstensen Susan Hill Bar Gary Lane John Von Rohy Eric Hill Gary Lane John Von Rohy Eric Hill Earry Frank John Von Rohy Eric Hill Jarry Frank John Von Rohy Eric Hill Barbara Clevelar Day Carstensen Susan Hill Barbara Clevelar Tom McDermotin Jesus Virella Gary Lane Tom McDermotin Steve Feith 3 Doug Brown 3 Tom White 3	7.48 10.42 5.91 13.66 8.14 10.35 8.88 11.45 9.05 11.11 5.32 ale 30.08 41.57 41.28 21.38 30.70 30.70 30.70 30.70 30.70 30.71 41.28 41.57 41.28 25.68 45.56 27.60 32.14 14.27 14.27 14.27 14.28 44.78 25.02 41.15 30.01 47.28 44.10 7:07.93 9:25.68 2:56.69 7:26.45 1:19.01 2:56.66 8:00.03

Continued from previous page W60 Mary Hoback 37:26.31 Mindy Binert 39:00.06 Don Brady Memorial Meet Nashville, TN; June 27 100m M30 Eric Merriwether 11.4 M35 ChenMing Hsneh M40 Enrique Sacco 14.6 M45 Dave Craig 11.9 M55 Hans Gordon 12.4 M60 Ralph Summerlin 13 1 M65 Bob Alexander 14.8 M70 Bill Daprano 14 9 W45 Debra Settles 13.7 200m M30 Eric Merriwether 23.5 25.8 M35 Lindsey Thurman M40 Enrique Sacco 24.3 M45 Ellis Mayfield 24.5 M50 Tony Cooper 26.3 M55 Hans Gordon 26.1 M60 James Mathis 27.7 M65 Bob Alexander 31.2 M70 Bill Daprano 32 4 W45 Debra Settles 28.4 400m M35 Clyde Goode 53.0 M40 Steve Winkel 53.5 M45 Ellis Mayfield 55.9 M55 Golden Bertram 62.6 800m M30 Dan Bond 2:37.8 M35 Mark Carver M40 Gerald Parker 2:02.4 M45 David Amster 2:17.8 1500m M35 Scott King 4:12.7 M70 Gian Sahota 6:37.9 3000m M30 Seth Sheridan 9:12.3 M35 Jay Perry 10:38.2 M40 Gerald Baker 11:14.5 M45 David Amster 10:50.2 100mH M50 Jim Woosley 18.4 400mH M45 Bill Cheadle 61.5 Men's 4x100m Relay Memohis AC 44.2 **High Jump** M40 James Stewart 1.35 M45 Mike Walker 1.45 M60 Lou Vodopya 1.31 Long Jump M35 Kevin Richardson 5.79 M55 Hans Gordon 5.48 M70 Bill Daprano 4.00 Shot Put M30 Murray Harber 8 63 M40 Gary Sutton 9.79 M45 Mark Neuman 8.89 M55 Swayne McCawley M60 William Smith 8.27 10.45 M70 Gian Sahota 6.74 W55 Alice Tym 6.39 Discus M40 Gary Sutton 30.10 M55 Swayne McCauley 33.96 M60 Will Smith 42.16 M70 Bill Daprano 26.16 W55 Alice Tym 16.36 Javelin M30 Murray Harber 35.54 M40 Chris Clark 54.18 28.64 M45 Mark Newman M50 Jack Castner 34 58 M70 Bill Daprano 30.54 W55 Alice Tym 21.41 Sunshine Games St. Cloud, FL; June 27 100m M30 Orlando Mathews 10.09 M40 Kevin Marbury 11.62 M45 16.91 Mickey Lee

M50

M55

M60

M75

W30

W35

W45

200m

M30

M40

M45

M50

M55

M75

Jon Davis

Lionel Bonck

Joe Shanahan

John Anoka

Carmen Lee

Susan Hill

Dan Taylor

Jon Davis

John Anok

W30 Carmine Lee

Lionel Bonck

Dwayne Schmidt

Dana Baumgarten

Orlondo Mathews 22.66

12.94

12.00

15.20

16.96

15.81

12.57

17 53

26.71

26.85

26.90

29.05

38 36

32.53

W35 W45	Dana Baumgarten Susan Hill	27.02 39.57
400m		1000
M30	Kerry Jackson	53.91
M45	DeWayne Schmidt	
M55		1:06.02
M60		1:19.10
M65		1:10.90
M70		1:31.82
M80		1:32.93
W45 800m		1:29.59
M30		2:53.1
M30	D Schmidt	2:12.8
M65	Jack Lockett	2:54.4
M80		3:39.2
1500	Charles and the second s	3.39.2
	Gary Bloome	4:17.4
	Eric Hill	6:10.1
1000 C	Hurdles	0.10.1
	John Roberts	16.36
	Eric Hill	18.64
	Jump	10.01
	Joe DeLuca	.91
M75		.99
Pole		
- C	Nick Green	3.96
	Harry Hackett	3.28
M45	Jim Pedley	3.43
	Dave Drierfirst	2.74
M70	Les Rudy	2.39
	Jump	
	Kevin Marbury	5.52
M50	A LaFrambois	4.93
M60		3.10
	Les Rudy	3.76
M75		2.95
W35		3.15
I riple	John Roberts	10.20
M40 M50	A LaFramboise	10.39 9.50
	Joe DeLuca	7.39
Shot M40		10.01
M40 M50	Bruce Hedendahl	10.91 13.70
	Larry Morrell	10.05
14133		
M60	Erce Cattori	1104
M60	Esse Sattari	13.04
1 11	Joe DeLuca	8.88
W35	Joe DeLuca Dana Baumgarten	8.88 9.33
W35 W45	Joe DeLuca Dana Baumgarten Susan Hill	8.88
W35 W45 Discu	Joe DeLuca Dana Baumgarten Susan Hill	8.88 9.33 5.16
W35 W45 Discu M50	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl	8.88 9.33 5.16 47.65
W35 W45 Discu	Joe DeLuca Dana Baumgarten Susan Hill	8.88 9.33 5.16 47.65 30.89
W35 W45 Discu M50 M55	Joe DeLuca Dana Baumgarten Susan Hill S Bruce Hedendahl Larry Morrell	8.88 9.33 5.16 47.65
W35 W45 Discu M50 M55 M60	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill	8.88 9.33 5.16 47.65 30.89 45.32
W35 W45 Discu M50 M55 M60 W45	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill	8.88 9.33 5.16 47.65 30.89 45.32
W35 W45 Discu M50 M55 M60 W45 Ham	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer	8.88 9.33 5.16 47.65 30.89 45.32 16.64
W35 W45 Discu M50 M55 M60 W45 Hami M50	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10
W35 W45 Discu M50 M55 M60 W45 Hami M50 M55	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10
W35 W45 Discu M50 M55 M60 W45 Hami M50 M55 Javel	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell in	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38
W35 W45 Discu M50 M55 M60 W45 Hami M50 M55 Javel M40	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell in Jesus Virella	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15
W35 W45 Discu M50 M55 M60 W45 Ham M50 M55 Javel M40 M50	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell in Jesus Virella Gary Lane	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36
W35 W45 Discu M50 M55 M60 W45 Hami M50 M55 Javel M40 M50 M55	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell in Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53
W35 W45 Discu M50 M55 M60 W45 Ham M50 M55 Javel M40 M50 M55 M60 M75 W35	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell in Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53
W35 W45 Discu M50 M55 M60 W45 Hami M50 M55 Javel M40 M55 M60 M75 M60 M75 W35 1500	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell in Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 27.31
W35 W45 Discu M50 M55 M60 W45 Hami M50 M55 Javel M40 M55 M60 M75 W35 S 1500 M45	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell in Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW C Rotchstein	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 27.31 10.59.0
W35 W45 Discu M50 M55 M60 W45 Javel M40 M50 M55 M60 M55 M60 M75 W35 1500 M45 M50	Joe DeLuca Dana Baumgarten Susan Hill s Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell in Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW C Rotchstein John Fredericks	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 27.31 10:59.0 7.40.5
W35 W45 Discu M50 M55 Hami M50 M55 Javel M40 M50 M55 M60 M55 S M60 M75 W35 1500 M45 S M50 M65	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell In Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW C Rotchstein John Fredericks Bob Fine	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 27.31 10:59.0 7.40.5
W35 W45 Discu M50 M55 Hami M50 M55 Javel M40 M55 Javel M40 M55 M50 M75 W35 1500 M45 SM50 M65 3000	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell In Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW C Rotchstein John Fredericks Bob Fine m RW	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 7.731 10:59.0 7.40.5 9:19.2
W35 W45 Discu M50 M55 M60 W45 Hami M50 M55 Javel M40 M55 Javel M40 M55 M60 M75 W35 I500 M45 S 3000 M45	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell Esse Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW C Rotchstein John Fredericks Bob Fine m RW C Rotchstein	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 27.31 10:59.00 7.40.5 9:19.2 21:57.3
W35 W45 Discu M50 M55 M60 W45 Hami M50 M55 Javel M40 M55 Javel M40 M55 M50 M75 W35 1500 M45 M50 M65 M50 M55	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell In Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW C Rotchstein John Fredericks Bob Fine m RW C Rotchstein John Fredericks	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 27.31 10.59.0 7.40.5 9:19.2 21:57.3 17:00.8
W35 W45 Discu M50 M55 M60 W45 Hami M50 M55 Javel M40 M55 Javel M40 M55 M50 M75 W35 1500 M45 M50 M65 M50 M55	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell In Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW C Rotchstein John Fredericks Bob Fine m RW C Rotchstein John Fredericks Bob Fine	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 27.31 10:59.0 7.40.5 9:19.2 21:57.3 17:00.8 18:40.9
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W35 W45 Discu M50 M55 M60 W45 Hami M50 M55 Javel M40 M55 M60 M55 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M55 M60 M65 M65 M65 M60 M55 M60 M65 M65 M60 M65 M65 M60 M65 M65 M60 M65 M60 M65 M65 M60 M65 M65 M60 M60 M60 M60 M60 M60 M60 M60 M60 M60	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell Esse Sattari Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW C Rotchstein John Fredericks Bob Fine m RW C Rotchstein John Fredericks Bob Fine MIDWESS Stana College Inv ock Island, IL; Ju Eric Goodlow Tim Coombs Mike Murphy Clarence Trinkner Bill Melville Mel Flachs Penny Danielson Janet Amery Ged Ragland m Eric Goodlow Tim Coombs Mike Skoflanc	8.88 9.33 5.16 47,65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 27.31 10.59.0 7.40.5 9:19.2 21:57.3 17:00.8 18:40.9 7 11:57.3 17:00.8 18:40.9 7 6.96 6.65 6.65 7.33 7.48 7.53 11.10 8.70 11.41 14.51 12.44 12.23 12.02
W35 W45 Discu M50 M55 M60 W45 Javel M40 M55 Javel M40 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M45 M50 M45 M50 M45 M50 M45 M65 M40 M35 M40 M45 M45 M45 M45 M45 M45 M45 M45 M45 M45	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahi Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahi Larry Morrell Esse Sattari Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW C Rotchstein John Fredericks Bob Fine m RW C Rotchstein John Fredericks Bob Fine MIDWESS Stana College Inv ock Island, IL; Ju Eric Goodlow Tim Coombs Mike Skoflanc Mike Oliver Leroy Corey Mike Murphy Clarence Trinkner Bill Melville Mel Flachs Penny Danielson Janet Amery Ged Ragland m Eric Goodlow Tim Coombs Mike Skoflanc Janet Amery Ged Ragland m	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 27.31 10.59.0 7.40.5 9:19.2 21:57.3 17:00.8 18:40.5 7.53 17:00.8 18:40.5 7.53 17:26 7.53 11.10 8.65 6.68 6.68 6.68 6.68 6.51 7.26 7.33 7.48 7.53 11.10 8.75 7.53 11.10 8.20 7.20 7.20 7.20 7.20 7.20 7.20 7.20 7
W35 W45 Discu M50 M55 M60 W45 Javel M40 M55 Javel M40 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M45 M50 M45 M50 M45 M50 M45 M65 M40 M35 M40 M45 M45 M45 M45 M45 M45 M45 M45 M45 M45	Joe DeLuca Dana Baumgarten Susan Hill Bruce Hedendahl Larry Morrell Esse Sattari Susan Hill mer Bruce Hedendahl Larry Morrell Esse Sattari Jesus Virella Gary Lane Larry Morrell Esse Sattari Les Rudy Dana Baumgarter m RW C Rotchstein John Fredericks Bob Fine m RW C Rotchstein John Fredericks Bob Fine MIDWESS Stana College Inv ock Island, IL; Ju Eric Goodlow Tim Coombs Mike Murphy Clarence Trinkner Bill Melville Mel Flachs Penny Danielson Janet Amery Ged Ragland m Eric Goodlow Tim Coombs Mike Skoflanc	8.88 9.33 5.16 47.65 30.89 45.32 16.64 46.10 25.15 48.38 41.36 28.64 42.20 28.53 27.31 10.59.0 7.40.5 9:19.2 21:57.3 17:00.8 18:40.9 7 11:57.3 17:00.8 18:40.9 7 6.96 6.65 6.65 7.33 7.48 7.53 11.10 8.70 11.41 14.51 12.44 12.23 12.02

M55 Leroy Corey M60 Mike Murphy 13.58 13.93 M65 Clarence Trinkner M70 Bill Metville 14.17 13.92 Mel Larsen 15 28 M75 Mel Buschman 19.05 M80 Mel Flachs 20.42 W50 Penny Danielson W60 Janet Amery 15.0h 200m M30 Eric Goodlow 25.28 M35 Tim Coombs M40 Paul Gorden 24.60 25.63 M45 Gerry Krainik 23.96 25.43 M50 Bob Llovd M55 Leroy Corey 28.26 M60 Mike Murphy 29.43 M70 Bill Melville 29.15 M80 Mel Flachs 44.96 M85 Vemon Schaefer 43.37 W50 Penny Danielson 35.92 W60 Janet Amery 51.85 400m M30 Eric Goodlow 57.6h 56.2h M40 Paul Gorden 58.2h M45 Bill Schooler M50 Bob Lloyd 56.68 M80 Mel Flachs 2:05.22 M85 Vemon Schaefer 1:56.04 800m M35 Dick Kennedy 2:06.80 M40 Scott Caldwell 2:14.60 M85 Vernon Schaefer 4:38.23 W40 Sheree Robertson2:39.48 Gregg Newell Mile M30 Roger Bayshore 4:41.3h M40 Steve Hulst 4:30.9h M45 Charles Lutz 4:43.4h M50 Rich Steder 5:42.0h Short Hurdles M40 Jeff Watry 18.32 M55 Bruce Mills 19 68 17.44 M65 Clarence Trinkner M75 Mel Buschman 20.43 400mH (33') M65 ClarenceTrinkner6672.06 High Jump M30 Andrew Boyce 1.98 M40 Jeff Watry 1.72 M45 Dan Graf 1.37 M50 Mike Oliver 1.16 M55 Bruce Mills : NoE: 1.37 M65 Clarence Trinkner 1.32 M70 Ed Failor 1.22 M75 Mel Buschman M80 Wib Ragland 0.92 Pole Vault M35 Brett Anderson 4.26 M40 Jeff Watry -3.35 M50 Merle Norberg 3.05 Long Jump M30 Andrew Boyce 6.80 M40 Mike Skoflanc 5.95 M50 Merle Norberg 4.28 M65 Clarence Trinkner 4.47 M75 Mel Buschman 3.32 M80 Mel Flachs 2.36 W60 Janet Amery 2.36 Triple Jump M40 Mike Skoflanc 11.65 Shot Put 13.7 M35 Joe Beadle M45 Matt Byrnes 13.87 M50 Jack Romansic 11.35 M55 Ed Schmidt 10.93 M60 Don Amery 10.49 M70 Ed Failor 8.73 M75 Mel Buschman 8.64 M80 Keith Bare 6.59 W40 Ruth Welding 10.95 W45 Linda Rowe 8.84 W60 Janet Amery 4.08 Discus M35 Joe Beadle 47.58 M40 Dennis Munson M45 Bill Leffler 22.84 40.06 M50 Jack Romansic 42.04 M60 Everett Hardy 42.50 M70 Ed Failor 29.02 M75 Mel Buschman 26.28 M80 Keith Bare 14.70 W40 Ruth Welding 38.38 W45 Linda Rowe 30.88 W60 Janet Amery 11.12 Javelin M35 Joe Beadle 38.38 M40 John Valiska 38.10 M45 Bill Schooler 38.78 M50 Jack Romansic 30.02 M55 Ed Schmidt 19.56 M60 Bill Park 26.74 27.52 M70 Ed Failor M75 Mel Buschman 25.70

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	M80 Keith Bare	13.20
	W40 Ruth Welding	24.46
	W45 Linda Rowe	25.56
	Weight M30 Steve Klos	12.19
	M35 Joe Beadle	10.00
	M40 Larry Crocker	4.73
	M60 Bob Warren 20#	12.96
	W40 Ruth Welding	10.36 5.48
11	W45 Linda Rowe Superweight	5.40
	M30 Steve Klos	7.94
	M40 Larry Crocker	3.07
2	M60 Don Amery W40 Ruth Welding	5.30 5.81
1	USATF Illinois Ma	
	Championship Lisle, IL; June	
1	100m	grinner.
	M30 Marlon Gaillimo	re 11.78
	M35 N Williams	11.14
	M40 Tim Graf	11.23
	M45 Lawrence Quinn	
	M50 Ronald Stevenso	
144	M55 Darrell Huey M60 Pierre Dobrovoli	14.18 ny 13.41
1	M65 Harry Brown	13.99
	M70 Melvin Larsen	14.02
	W30 JoAnna Childres	is 13.25
DATE	W35 Karen Johnson	13.71
310	W60 Janet Amery	21.61
	100m Age-Graded	01.004
	M40 Tim Graf 41 M70 Melvin Larsen 7	91.9%
	M70 Melvin Larsen 7 M35 Nathaniel	
	Williams 35	90.0%
	M55 Darrell Huey 59	
	M50 Ronald	
	Stevenson 52	81.4%
	200m	
	M30 Marlon Gallimo	
	M35 N Williams M40 Tim Graf	22.80 24.10
	M40 Tim Oral M45 Lawrence Quin	
3	M50 Kingsley Clarke	
	M55 Darrell Huey	29.82
	M60 P Dobrovolny	28.67
-	W60 Janet Amery 400m	48.31
	M30 Don Spencer	56.51
	M35 Tyrone William	
	M50 Kingsley Clarke	s 52.11
21		1:01.83
1	M55 Darrell Huey	1:01.83 1:08.96
K	M55 Darrell Huey M60 M Davidson	1:01.83
1 × 1	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy	1:01.83 1:08.96 1:09.03
1 4 - 4 - 4 - 4	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy	1:01.83 1:08.96 1:09.03 2:03.18
and an and and	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell	2:03.18 2:06.01 2:16.06
A Service Service A	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy	2:03.18 2:06.01 2:16.06
and the second s	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran	: 1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29
and the second s	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown	2:03.18 2:06.01 2:16.06 n 2:41.99
and the second se	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27
and the second s	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M50 Harry Brown 1500m M30 Roger Bashore	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98
and the second se	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M50 Harry Brown 1500m M30 Roger Bashore	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98
the second se	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M50 Efren Beltran M50 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70
A distance of the second	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M55 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M56 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78
A distance of the second	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 1.68
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M30 Drew Boyce	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 50.89
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	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 1.68 son 1.40 1.32
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M50 Efren Beltran M50 Farn Beltran M50 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 Dave Gilbert M40 Terry Christoph	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 1.68 son 1.40 1.32 3.66 her 3.66
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M50 Efren Beltran M50 Farn Beltran M50 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 Dave Gilbert M40 Terry Christoph	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 1.68 son 1.40 1.32 3.66 her 3.66
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 Dave Gilbert M40 Terry Christoph M45 Edward Kress	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 1.68 son 1.40 1.32 3.66 her 3.66
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M55 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M55 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry W30 J Cruz Bernal M35 Timothy Coom M55 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 George Lehmar M65 Edward Kress Long Jump	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 1.68 son 1.40 1.32 1.83
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M55 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry W30 J Childress Long Hurdles M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 Dave Gilbert M40 Terry Christopf M45 Edward Kress Long Jump M30 Drew Boyce	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 1.68 son 1.40 1.32 1.83 1.83 1.83 1.83
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 George Lehmar M40 Terry Christoph M40 Drew Boyce M35 Allen Jones	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 1.68 son 1.40 1.32 a.66 1.83 a.66 1.83 a.654 5.70
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M55 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry W30 J Childress Long Hurdles M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 Dave Gilbert M40 Terry Christopf M45 Edward Kress Long Jump M30 Drew Boyce	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 50.89 1.93 1.78 1.68 50.89 1.93 1.78 1.68 50.89 1.93 1.78 1.68 50.89 1.93 1.78 1.68 50.89 1.93 1.78 1.68 50.89 1.93 1.78 1.68 50.89 1.93 1.78 1.68 50.89 1.93 1.78 1.68 50.66 1.83 1.83
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 Dave Gilbert M40 Terry Christopf M45 George Lehmar M65 Edward Kress Long Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 Dave Gilbert M40 Terry Christopf M45 George Lehmar M65 Edward Kress Long Jump M30 Drew Boyce M35 Allen Jones M40 Jere Boyce M35 Allen Jones M40 Mike Skotlanc M45 Lawrence Quin	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 1.68 son 1.40 1.32 her 3.66 1.83 6.54 5.70 5.82 n 4.48
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 Dave Gilbert M40 Terry Christoph M40 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 Dave Gilbert M40 Terry Christoph M45 George Lehmar M65 Edward Kress Long Jump M30 Drew Boyce M35 Allen Jones M40 Jerey Boyce M35 Allen Jones M40 Drew Boyce M35 Allen Jones M40 Drew Boyce	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 1.68 son 1.40 1.32 3.66 n 3.66 1.83 6.54 5.70 5.82 n 4.48 3.46
	M55 Darrell Huey M60 M Davidson 800m M30 Kurt Helledy M35 Dick Kennedy M40 Scott Caldwell M45 Lawrence Quin M50 Efren Beltran M65 Harry Brown 1500m M30 Roger Bashore M40 Drew McPhee M45 Turran Harper M50 Paul Perry 3000m M35 Tom Sherwood W35 Cruz Bernal Short Hurdles M35 Allen Jones M40 Jeff Watry W30 J A Childress Long Hurdles M35 Timothy Coom M65 Harry Brown High Jump M30 Drew Boyce M35 Allen Jones M40 Jeff Watry M60 Michael David M65 Edward Kress Pole Vault M35 Dave Gilbert M40 Terry Christoph M45 George Lehmar M55 Allen Jones M40 Drew Boyce M35 Allen Jones M40 Jeff Watry	1:01.83 1:08.96 1:09.03 2:03.18 2:06.01 2:16.06 n 2:41.99 2:23.29 2:48.27 4:20.98 4:35.35 4:59.65 4:37.08 9:27.87 11:57.80 15.58 18.78 15.70 bs 1:01.85 50.89 1.93 1.78 16.8 son 1.40 1.32 3.66 1.83 3.66 1.83 3.66 1.83 3.66 1.83

National Masters News

W60 Janet Amery 2 28 Triple Jump 11.39 M40 Mike Skoflanc Shot Put M35 Walter Shields 14 74 M45 Ron Summera 14.41 Rich Woosencraft 11.78 M50 Stephen Cohen 11.65 M55 10.31 M60 Don Amery M65 Rod Meyer 10.81 M70 Kenneth Yahiro 8.63 W40 **Ruth Welding** 10.77 Discus Brian Wayda 31.26 M35 Ron Summers M45 36.44 Rich Woosencraft 34.78 M50 35.36 Stephen Cohen M55 Everett Hardy 41.76 M60 39.68 Rod Meyer M65 Kenneth Yahiro 25 42 M70 38.40 W40 **Ruth Welding** 11.22 W60 Janet Amery Hammer 42.60 M30 Steve Klus M45 Larry Readman 31.48 22.74 M55 Gene Primm 19.10 M60 Don Amery Ruth Welding W40 36.20 Javelin M55 Gene Primm 28 10 M70 Kenneth Yahiro 21.50 W40 Ruth Welding 23.92 Weight Throw 10.90 M30 Steve Klus M55 4.70 Gene Primm 11.90 M60 Don Amery W40 Ruth Welding 10.97 **Cleveland Track Classic** Independence, OH; July 5 100m 112 M30 Ken Jones 11.9 M35 Gregory Coats D Clinkscale 12.4 M40 Charles Woods 14.1 Ray Leone 14.3 M45 Alex Thompson 13.6 M50 Don Ragon 1-6 Gary Gosky 14.6 M55 12.8 Grover Coats Barry Kline Ev Poe M65 150 Wm Simmons 15.9 M70 Chuck Sochor 14.5 Bill Weinacht 15.9 M80 Gene Abdenour 17.7 W30 Kisha Carman 12.8 W45 Charlotte Jarvis 15.9 G Anthony 17.0 W60 Essie Kea 16.1 Diane Friedman 21.2 W75 200 m M30 Ken Jones 22 5 **Bob Bennett** 25.3 Tyrone Williams 22.3 M35 David Clinkscale 24.5 Walter Hawkins M40 26.4 M45 Alex Thompson 270 29.0 Bernie Glisic M55 27.3 Grover Coats M60 Paul Williams 29.5 M65 Ev Poe 33.2 M70 Chuck Sochor 29.4 Will Weinacht 34.8 M80 Kisha Carman 25.9 W30 Linda Carty 26.0 W35 Belinda McCoy 27.4 **Debbie Thomas** 28.0 W45 Charlotte Jarvis 24.7 Geraldine Anthony 36.6 W60 Essie Kea 33.9 W75 Diane Friedman 47.0 400 M30 Bob Bennett 58 1 Tyrone Williams M35 51.9 Lawrence Finley 59.1 M40 Bob Thomas 56.3 Walter Hawkins 57.3 M45 Turran Harper 59.4 Alex Thompson 1:02.2 M50 Jeff Gerson 1:08.7 M55 W Waterman 1:02.6 Grover Coats 1:06.7

M70

Jack Greenwald

W35 Debbie Thomas

1.11.9

1:02.3

	Belinda McCoy	1:04.4
	Mary Hartzler	1:04.6
¥45		1:30.8
24	G Anthony	1.30.0
300m	And the state	
M40	Bob Thomas	2:06.7
	Dave White	2:25.9
M45	Dave Blankenshi	p 2:06.4
M50	Ronald Ruffin	2:30.0
	Jeff Gerson	2:39.0
W45	Mary Hartzler	2:53.8
w45		3:32.5
20%	G Anthony	3.32.5
1500	m	
M40	Charles Woods	4:58.0
M45	Dave Blankensh	ip 4:24.5
M50	Ronald Ruffin	5:00.0
M55	Bill Cantanese	5:16.0
3000	the second	
	Charles Woods	10:44.7
M40		
M50	Ronald Ruffin	10:47.2
	Brian Sobczak	12:08.3
Long	Hurdles	
M45	Kimm Williams	44.8
M55	John Sloan	57.4
M70	Chuck Sochor	59.8
	Jump	- Northern
M35		6-6
M40		5
M50		4-8
	Eric Bray	4-6
M55		5
	Grover Coats	4-6
M60		4-4
M65		
	Chuck Wiedman	
M70		4-2
	- Chuck Sochor	3-10
W60	Essie Kea	3-8
	Vault	
M35		7-6
	Plank Makozy	
M40	Dave White	10-6
M55		9
Lon	g Jump	man Card
M35	Gregory Coats	18-5.75
	Frank Makozy	13-9.50
M40	the second se	15-3
14140	Bill Harris	11-7.50
M50		16-5
M30		
		12 0 50
	Curtis Simpson	12-9.50
M65	Wm Simmons	10-9
M65	Wm Simmons Ev Po	10-9 10
M65	Wm Simmons Ev Po Chuck Sochor	10-9 10 12-4.75
	Wm Simmons Ev Po Chuck Sochor	10-9 10
M70 W50	Wm Simmons Ev Po Chuck Sochor Erika Szanto	10-9 10 12-4.75 9.25
M70 W50	Wm Simmons Ev Po Chuck Sochor Erika Szanto ble Jump	10-9 10 12-4.75 9.25
M70 W50 Trip	Wm Simmons Ev Po Chuck Sochor Erika Szanto ble Jump Gregory Coats	10-9 10 12-4.75 9.25 39-11
M70 W50 Trip M35	Wm Simmons Ev Po Chuck Sochor Erika Szanto ble Jump Gregory Coats Frank Makozy	10-9 10 12-4.75 9.25 39-11 36.50
M70 W50 Trip M35 M40	Wm Simmons Ev Po Chuck Sochor Erika Szanto be Jump Gregory Coats Frank Makozy Bill Harris	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50
M70 W50 Trip M35 M40 M50	Wm Simmons Ev Po Chuck Sochor Erika Szanto be Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50
M70 W50 Trip M35 M40 M50 M55	Wm Simmons Ev Po Chuck Sochor Erika Szanto be Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5
M70 W50 Trip M35 M40 M50	Wm Simmons Ev Po Chuck Sochor Erika Szanto be Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50
M70 W50 Trip M35 M40 M50 M50 W30	Wm Simmons Ev Po Chuck Sochor Erika Szanto be Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5
M70 W50 Trip M35 M40 M50 M50 W30	Wm Simmons Ev Po Chuck Sochor Erika Szanto Se Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5
M70 W50 Trip M35 M40 M50 M55 W30 Sho M35	Wm Simmons Ev Po Chuck Sochor Erika Szanto Se Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2
M70 W50 Trip M35 M40 M50 M50 M50 Sho	Wm Simmons Ev Po Chuck Sochor Erika Szanto E Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7
M70 W50 Trip M35 M40 M50 M55 W30 Sho M35 M40	Wm Simmons Ev Po Chuck Sochor Erika Szanto E Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1
M70 W50 Trip M35 M40 M55 W30 Sho M35 M40 M45	Wm Simmons Ev Po Chuck Sochor Erika Szanto Erika Szanto E Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put S M Hambrick Terry Butler Bill Harris Joe Klamar	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2
M70 W50 Trip M35 M40 M50 M55 W30 Sho M35 M40	Wm Simmons Ev Po Chuck Sochor Erika Szanto Erika Szanto E Jump Gregory Coats Frank Makozy Bill Harris Grover Coats Linda Carty t Put S M Hambrick Terry Butler Bill Harris J Joe Klamar Mike Cavotta	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10
M700 W50 Trip M35 M40 M55 W30 Sho M35 M40 M45 M45	Wm Simmons Ev Po Chuck Sochor Erika Szanto be Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Dike Cavotta Doug Weikert	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50
M70 W50 Trip M35 M40 M55 W30 Sho M35 M40 M43 M50 M51	Wm Simmons Ev Po Chuck Sochor Erika Szanto ole Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Dike Cavotta Doug Weikert Mickey Bitsdo	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5
M700 W50 Trip M35 M40 M55 W30 Sho M35 M40 M45 M45	Wm Simmons Ev Po Chuck Sochor Erika Szanto ole Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11
M70 W50 Trip M35 M40 M55 W30 Sho M35 M40 M43 M50 M51	Wm Simmons Ev Po Chuck Sochor Erika Szanto ole Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Dike Cavotta Doug Weikert Mickey Bitsdo	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5
M70 W50 Trip M35 M40 M55 W30 Sho M35 M40 M45 M50 M50 M50	Wm Simmons Ev Po Chuck Sochor Erika Szanto be Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5
M70 W50 Trip M35 M40 M55 W30 Sho M35 M40 M45 M50 M55 M60 M65	Wm Simmons Ev Po Chuck Sochor Erika Szanto Chuck Sochor Erika Szanto Site Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4
M70 W50 Trip M35 M40 M55 W30 Sho M35 M40 M45 M50 M55 M60 M55 M60 M65 M70	Wm Simmons Ev Po Chuck Sochor Erika Szanto Sie Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7.50
M70 W50 Trip M35 M40 M55 W30 Sho M35 M40 M45 M50 M55 M60 M65	Wm Simmons Ev Po Chuck Sochor Erika Szanto Se Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-6.50 36-11.5 32-11 32-5 32-4 31-7.50 28-8.50
M70 W50 Trip M35 M40 M50 M30 Sho M35 M40 M42 M50 M50 M50 M50 M50 M50 M50 M50 M50 M50	Wm Simmons Ev Po Chuck Sochor Erika Szanto Se Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvi	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7,50 28-8,50 \$ 26-6,50 \$ 26-50 \$ 2
M70 W50 Trip M35 M40 M55 W30 Sho M35 M40 M45 M50 M50 M50 M60 M65 M60	Wm Simmons Ev Po Chuck Sochor Ev Po Chuck Sochor Firka Szanto E Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvii Erika Szanto	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7.50 28-8.50 \$26-6.50 28-10.5(
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M70 W50 Trip M35 M40 M55 W30 Sho M35 M40 M35 M40 M35 M40 M45 M50 M51 M50 W44 W50 Dise	Wm Simmons Ev Po Chuck Sochor Frika Szanto Sie Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvii Elika Szanto B Holland Cus	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7.50 28-8.50 \$26-6.50 28-10.50 28-10.50 24-1
M70 W50 Trip M35 M40 M50 M35 M40 M45 M50 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M50 M50 M50 M50 M50 M50 M50 M50 M5	Wm Simmons Ev Po Chuck Sochor Frika Szanto be Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvii Erika Szanto B Holland Cus O Gary Flamik	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7.50 28-8.50 \$26-6.50 28-10.5(
M70 W50 Trip M35 M40 M55 W30 Sho M35 M40 M35 M40 M35 M40 M45 M50 M51 M50 W44 W50 Dise	Wm Simmons Ev Po Chuck Sochor Frika Szanto be Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvii Erika Szanto B Holland Cus O Gary Flamik	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7.50 28-8.50 \$26-6.50 28-10.50 28-10.50 24-1
M70 W50 Trip M35 M40 M50 M35 M40 M45 M50 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M50 M50 M50 M50 M50 M50 M50 M50 M5	Wm Simmons Ev Po Chuck Sochor Frika Szanto be Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvii Erika Szanto B Holland Cus Gary Flamik M Hambrick	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7.50 28-8.50 s 26-6.50 28-10.5(24-1 117-5 161-7
M70 W50 Trip M35 M40 M50 M35 M40 M52 M50 M52 M60 M52 M60 M52 M50 M50 M50 M50 M50 M50 M50 M50 M50 M50	Wm Simmons Ev Po Chuck Sochor Ev Po Chuck Sochor Firka Szanto Se Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvi B Holland cus O Gary Flamik S M Hambrick	10-9 10 12-4.75 9.25 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7,50 28-8,50 28-10.5
M70 W50 Trip M35 M40 M50 M30 M40 M45 M50 M50 M50 M50 M50 M50 M50 M50 M50 M5	Wm Simmons Ev Po Chuck Sochor Ev Po Chuck Sochor Firka Szanto Se Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvis B Holland cus O Gary Flamik M Hambrick M Hambrick	10-9 10 12-4.75 9.25 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7,50 28-8,50 28-10.5
M70 W50 Trip M35 M40 M50 M30 M40 M45 M60 M51 M60 M51 M60 M51 M50 M51 M50 M51 M50 M51 M50 M51 M50 M51 M50 M51 M50 M51 M50 M50 M50 M50 M50 M50 M50 M50 M50 M50	Wm Simmons Ev Po Chuck Sochor Ev Po Chuck Sochor Firka Szanto Se Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put Mill Harris Marry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvis E Gary Flamik S M Hambrick Gray Flamik S M Hambrick Mary Hartzler Charlotte Jarvis G Gary Flamik S M Hambrick Mary Hartzler Charlotte Jarvis C Wiedman Cus	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7,50 28-8.50 s 26-6.50 28-10.5(24-1 117-5 161-7 123-9 81-10 92-4
M70 W50 Trip M35 M40 M50 M30 M40 M45 M50 M50 M50 M50 M50 M50 M50 M50 M50 M5	Wm Simmons Ev Po Chuck Sochor Ev Po Chuck Sochor Erika Szanto Sie Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvi Erika Szanto B Holland Cus Gary Flamik M Hambrick M Hambrick M Hambrick S M Hambrick	10-9 10 12-4.75 9.25 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-1 32-5 32-4 31-7,50 28-8.50 s 26-6.50 28-10.5(24-1) 117-5 161-7 123-9 81-10 92-4 132
M70 W50 Trip M35 M40 M50 M30 M40 M45 M50 M40 M51 M50 M51 M51 M51 M51 M51 M51 M51 M51 M51 M51	Wm Simmons Ev Po Chuck Sochor Ev Po Chuck Sochor Firka Szanto Se Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put Mill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvi E Erika Szanto B Holland Cus Gary Flamik M Hambrick Kurt Landig Dave White Joe Klamar Mike Cavotta Doug Weikert	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7,50 28-8.50 s 26-6.50 28-10.5(24-1 117-5 161-7 123-9 81-10 92-4
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M70 W50 Trip M35 M40 M50 M30 M30 M40 M50 M50 M50 M50 M50 M30 M30 M30 M30 M40 M30 M40 M30 M40 M50 M50 M50 M50 M50 M50 M50 M50 M50 M5	Wm Simmons Ev Po Chuck Sochor Frika Szanto S Gregory Coats Frank Makozy Bill Harris G Greyory Coats J Jerry Boswell G Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris J Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo D David Morris Robert Reitz C Wiedman Robert Reitz C Wiedman Robert Reitz C Wiedman Robert Reitz C C Wiedman Robert Reitz C C Wiedman Robert Reitz C C Wiedman C Erika Szanto B Holland Cus O Gary Flamik M Hambrick O Kurt Landig Dave White J Joe Klamar O Mike Cavotta Doug Weikert Mike Cavotta Dove White J Joe Klamar O Mike Cavotta Doug Weikert	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-6.50 32-11 32-5 32-4 31-7,50 28-8,50 \$26-6,50 28-10,50 29-10,50 29-10,50 20-
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M70 W50 Trip M35 M40 M50 M35 M40 M55 M60 M55 M60 M30 M30 M30 M41 M45 M50 M55 M40 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M40 M50 Sho M40 Sho Sho M40 Sho Sho M40 Sho Sho M40 Sho Sho M40 Sho Sho M40 Sho Sho Sho Sho Sho Sho Sho Sho Sho Sho	Wm Simmons Ev Po Chuck Sochor Frika Szanto ole Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Omike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Robert Reitz C Wiedman Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvii D Erika Szanto B Holland Cus M Hambrick M Hambrick M Hambrick M Hambrick M Hambrick M Hambrick M Hambrick M Hambrick M Hambrick	10-9 10 12-4.75 9.25 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7.50 28-8.50 28-8.50 28-10.5(24-1) 117-5 161-7 123-9 81-10 92-4 132 132 116-6 102-10 135 118-7
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M70 W50 Trip M35 M40 M50 M50 M50 M50 M50 M50 M50 M50 M50 M5	Wm Simmons Ev Po Chuck Sochor Ev Po Ev Po Chuck Sochor Erika Szanto Sie Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put M Hambrick Terry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvis E Gary Flamik Mambrick Grus Gary Flamik Mambrick Mary Hartzler Charlotte Jarvis G Gary Flamik Mambrick Mary Hartzler Charlotte Jarvis G Firka Szanto B Holland Cus Gary Flamik Mambrick Mambrick Mambrick Mary Hartzler Mickey Bitsko John Sloan David Morris Robert Reitz G Nechard Clarke Mickey Bitsko John Sloan David Morris Robert Reitz Redenbeck Richard Clarke	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7 12-9 81-10 92-4 135 116-6 102-10 35 118-7 115-5 80-4 35 35 32-10 35 32-1 35 32-4 31-7 12-3 9 81-10 35 118-7 115-5 80-4 35 35 35 35 35 35 35 35 35 35
M70 W50 Trip M35 M40 M50 M50 M60 M51 M60 M51 M30 M31 M41 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M50 M55 M50 M55 M30 M31 M41 M55 M50 M30 M31 M31 M31 M31 M31 M31 M31 M31 M31 M31	Wm Simmons Ev Po Chuck Sochor Ev Po Chuck Sochor Erika Szanto Sie Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put Mill Harris Marris De Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvis E Mary Hartzler Charlotte Jarvis G Gary Flamik Mike Cavotta Dog Veikert Mike Cavotta Dog Veikert Mary Hartzler Charlotte Jarvis G Gary Flamik M Hambrick Mary Hartzler Charlotte Jarvis G Klamar Mike Cavotta Doug Weikert Mickey Bitsko John Sloan David Morris Robert Reitz G Redenbeck Kart Landig Dave White G Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsko John Sloan David Morris Robert Reitz R Bredenbeck Richard Clarke Gene Abdenou	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-11 32-5 32-4 31-7 32-8 32-11 32-5 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-11 32-5 32-4 31-7 32-4 31-7 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-4 31-7 32-8 32-11 32-5 32-4 31-7 32-8 32-11 32-5 32-4 31-7 32-8 32-11 32-5 32-4 31-7 32-8 32-10 32-11 32-5 32-4 31-7 32-8 32-10 32-11 32-5 32-4 31-7 32-8 32-4 31-7 32-9 81-10 92-4 132 116-6 102-10 35 118-7 15-5 118-7 15-5 32-4 35 32-4 31-7 32-8 32-10 32-11 32-5 32-4 31-7 123-9 81-10 92-4 135 118-7 15-5 35-11
M70 W50 Trip M35 M40 M50 M50 M50 M50 M50 M50 M50 M50 M50 M5	Wm Simmons Ev Po Chuck Sochor Ev Po Erika Szanto De Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put Mill Harris Marry Butler Bill Harris Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvi Erika Szanto B Holland Cus Gary Flamik Mike Cavotta Doug Weikert Mike Cavotta Doug Weikert Mary Hartzler Charlotte Jarvi B Holland Cus Gary Flamik Mike Cavotta Doug Weikert Mike Cavotta Doug Weikert Mike Cavotta Doug Weikert Mickey Bitsko John Sloan David Morris Robert Reitz S R Bredenbeck Richard Clarke Gene Abdenou Mary Hartzler Charlotte Jarvi	10-9 10 12-4.75 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7 12-9 81-10 92-4 135 116-6 102-10 35 118-7 115-5 80-4 35 35 32-10 35 32-1 35 32-4 31-7 12-3 9 81-10 35 118-7 115-5 80-4 35 35 35 35 35 35 35 35 35 35
M70 W50 Trip M35 M40 M50 M50 M60 M51 M60 M51 M30 M31 M41 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M50 M55 M50 M55 M30 M31 M41 M55 M50 M30 M31 M31 M31 M31 M31 M31 M31 M31 M31 M31	Wm Simmons Ev Po Chuck Sochor Ev Po Chuck Sochor Erika Szanto Sie Jump Gregory Coats Frank Makozy Bill Harris Jerry Boswell Grover Coats Linda Carty t Put Mill Harris Marris De Klamar Mike Cavotta Doug Weikert Mickey Bitsdo David Morris Robert Reitz C Wiedman Richard Clark Mary Hartzler Charlotte Jarvis E Mary Hartzler Charlotte Jarvis G Gary Flamik Mike Cavotta Dog Veikert Mike Cavotta Dog Veikert Mary Hartzler Charlotte Jarvis G Gary Flamik M Hambrick Mary Hartzler Charlotte Jarvis G Klamar Mike Cavotta Doug Weikert Mickey Bitsko John Sloan David Morris Robert Reitz G Redenbeck Kart Landig Dave White G Joe Klamar Mike Cavotta Doug Weikert Mickey Bitsko John Sloan David Morris Robert Reitz R Bredenbeck Richard Clarke Gene Abdenou	10-9 10 12-4.75 9.25 9.25 39-11 36.50 22-2.50 44.50 31-5 32-8 48-2 30-7 28-1 31-2 46-10 36-6.50 36-11.5 32-11 32-5 32-4 31-7.50 28-8.50 \$26-6.50 28-10.5(24-1) 117-5 161-7 123-9 81-10 92-4 132 123 116-6 102-10 135 118-7 115-5 80-4 \$8-3 94-6 \$3-10 76-9

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W75	Diane Friedman	36-5
Ham	ner	
M50	James Pearce	120-1
	Allen Ray	112-1
M55	Mickey Bitsko	149-5
M65	J Chadbourne	151-4
W45	Charlotte Jarvis	79
W50	Erika Szanto	77-3
W70	B Holland	75-5
Javel	in	
M35	Frank Makozy	117-1
M50	Doug Weikert	112-8
	William Miele	77-7
M55		116-5
	Richard Clarke	44-1
W45	Charlotte Jarvis	65-8
0.0100.001	Erika Szanto	70-5
W70	Bernice Holland	63-4
W75	Diane Friedman	34-2
	m RW	
M40	Tim Bailey	17:2
M55	Thomas Gardner	20:5
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17		CA

N/I	D-AMIENI	
-	Denver TC Meet	
	Denver, CO; May	21
100m M30	Gerald Owens	11.4
M35	Bob Pankey	13.9
M60	Larry Carter	13.9
W40	Teresa Drotar	14.1
200m	A SARAH W. H.	
M30	Gerald Owens	23.4
M35	Bob Pankey	28.6
M50	Chet Thompson	27.3
M60	Larry Carter	29.9
400m		1.00 1
M35	Bob Pandey	1;09.1 1:02.2
M50 M55	Chet Thompson B van Doorninck	1:14.0
M60	R McKisson	1:12.6
800m		
M55	B van Doorninck	2:43.6
W40	Teresa Drotar	2:42.5
1500		1.1.1.1
M55		5:48.5
-	Jump	
M60	Larry Carter	4-8
	F Mid-America R	
Ma	sters Champions	hips
	Wichita, KS; June	15
100m M30	Vernon Brown	11.70
M30 M40	Alan Allison	11.28 11.80
14140	Kirk Burgess	12.25
- service	Rick Schwindt	12.40
	Mike Ford	12.50
120	Cornell Sowell	12.60
	Kelly Meares	13.80
M45	William Sellers	12.80
1.85	Jim Dolezel	12.90
M50	Tom Bassett	12.49
	Mike Steinmetz	12.54
	Paul Montgomery Tom Fisher	14.02
	Bill Selbe	14.19
M55	Thornton Sheldon	14.32
M65	Roger Weidman	15.47
W40	Claire Overstake	15.37
	Sandy Lane	15.90
W55	Nina Bryant	16.40
11	Eileen Schmidt	17.90
W60	Betty Eisenhour	19.70
W75	Maxine Anderson	20.85
200m M30	Vernon Brown	24.4
M35	Jeff Lindsey	24.4
M40	Kirk Burgess	25.3
	Cornell Sowell	25.9
	Mike Ford	26.2
	Ed Somerville	26.3
	Jim Dolezel	26.3
1.41	Keith Willsey	27.2
M45	William Sellers	25.4
	Jim Dolezel	26.2
M50		25.6
	Mike Steinmetz	25.9
	Paul Montgomery Bill Selbe	26.4 26.6
1 de	Tom Fisher	20.0
M55		29.8
W40		33.5
W55		37.5
	and the second second second	

-	Contra data	*
N70	Eileen Schmidt Maxine Anderson	40.4
00m	indenne i underson	10.0
M35	Jeff Lindsay	54.2
	John Menefee Cornell Sowell	56.2 1:01.1
	Brooks Wright	1:03.3
M45	William Sellers	58.7
1	Steve Sell	1:00.6
	George Hall	1:04.7
M50	Bill Selbe Tom Fisher	1:00.2
Select	Larry Law	1:04.9
W40	Sandy Lane	1:22.1
W55	Eileen Schmidt	1:37.1
W70	Maxine Anderson	2:05.3
800m		2012
M35 M40	Jeff Lindsay Keith Willsey	2:06.3 2:12.7
10140	Ed Somerville	2:18.9
	Scott Schafer	2:22.5
M45	D Rademacher	2:23.1
M50	Larry Law	3:04.4
M55	George Marchetti Ross Greathouse	2:20.9 2:38.6
M60 W55	Eileen Schmidt	4:39.3
1500		4.57.5
M35	Jim Bogus	4:42.1
M40	Scott Schafer	4:42.9
	Brooks Wright	4:50.1
M45 M55	Steve Sell George Marchetti	4:54.5 4:49.3
M55 M60	Ross Greathouse	5:31.4
W40	Sandy Lane	6:55.9
W55	Eileen Schmidt	8:32.8
3000		
M35	Jim Bogus	10:34.5
M40	Scott Schafer Keith Willsey	10:27.4 11:57.8
M45	D Rademacher	11:09.0
	Steve Sell	11.30.5
Shor	t Hurdles	1. 234
M35	Greg Lower	18.7
	Riley Greenwood	19.1
M40 M50	Charles Barnard Ken Winters	19.2 19.4
M50 M80	Bob Warwick	28.0
M80 W40		15.8
	Hurdles	
M35	Riley Greenwood	1:09.8
M40	Ken Ellis	1:05.0
Ulah	Keith Willsey	1:07.2
M35	Jump Greg Lower	4-10
M40	Kelly Meares	5
M45	Dennis Webb	5-2
	D Rademacher	4-8 4-6
M50	Steve Sell Larry law	5
IVLJU	Tom Thorne	5
1	Ken Winers	4-10
M55	George Marchett	
M65		4-6
	Bill Buterworth Glenn Edwards	4-6 4-4
M70	and the second sec	4
M75		3-8
W55	Eileen Schmidt	3-6
W60		3-4
	Vault Kan Filie	15.6
M40	Ken Ellis Mark Breault	15-6
	Charles Barnard	13
	Kelly Meares	11-6
M45	Dennis Webb	12-6
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1400	D Rademacher	9 10
M50 M65	Jerry Donley	9-6
14103	Glenn Edwards	9
M75	Bob Warwick	7
W60	Sue Tunnicliff	6
Long	Jump	2014
		20-6.50
M35	Greg Lower	11-10
M40	Casey Jones	19.25
	Kelly Meares	17-8.25
		7-7
M45		8-2.50
1		7-4 3-3
M50		2
	C Barnhart I	1-11
M55		7-11.75

100	Trational Ivi
M65	Glenn Edwards 12-11.75
	Eldon Keeslar 8-9.50
M75	Bob Warwick 8-11
	Bill Trimmell 6-2.50
M85	Lee Haun 6-5.25
W40	Sandy Lane 11-4.25
W45	Deb Vestal 7-10.50
W55	Eileen Schmidt 10-5
W60	Betty Eisenhour 8-4.25
	Jump
M35 M45	R Greenwood 31-2.50 Dennis Webb 34-2.50
M45	Jim Dolezel 31-9
M50	Ken Winters 33-4.50
14150	Bob Everoski 25-9
M65	Bill Butterworth 25-11.75
W45	Deb Vestal 18-4
W55	Eileen Schmidt 18-10
Shot	
M30	Todd Davis 45-6.50
	W Donaldson 42-8
	Lance Snyder 42-7
M40	Ken Ellis 40
1.5.8	Dviu Rhatigan 39-5
	Russell Hinson 34-6
M45	Tim Fuehrer 31-4
M50	Karl Birns 37-9
	Ken Winters 37-1
	Tim Edwards 36-5
MER	Blaine Welton 35
M55	Jimmy duckett 30-10
M60	Ron Anderson 42-9 T Wesselowski 37-11
M65	T Wesselowski 37-11 Wendell Palmer 44-10
	Ross Vrooman 32-3
	Ray Poteets 31-6
M70	
M75	Bill Trimmell 30.50
24	Bob Warwick 25-2
M85	Lee Haun 24-4
W40	Sandy Lane 25-10
W60	Sue Tunnicliff 23-4
Tiel	Phyllis Keeslar 17-8
Discu	
M45	Tim Fuehrer 84-10
M50	Tim Edwards 138-9
	Blaine Welton 115-10
aso.	James Crawford 113-8
	Ken Winters 110-10
MEE	Bob Everoski 95-2 Jimmy Duckett 96-1
M55 M60	Ron Anderson 162-2
MOU	T Wesselowski 127
M65	Wendell Palmer 168-1
	Ray Poteete 111-9
1.5	Ross Vrooman 96-11
Ham	mer
M30	Todd Davis 124-4
M40	Ken Jansson 191-10
M50	Tim Edwards 144-9
Test!	Karl Bino 119-9
M55	
M60	
M65	
MTO	Ray Potecte 69-4
M70 Jave	
M30	
M30	
M40	
M45	and the second
M50	
1.87	Ken Winters 113-6
	James Crawford 100-9
	Tim Edwards 104-5
M55	
M65	
121	Ross Vrooman 94
M55	Jimmy Duckett 95-6
M70	Harold Kroeker 69-5
M75	H Socolofsky 95-9
W60	Sondra McCoy 69
2000	Sue Tunnicliff 58-7
3000 M70	m RW Dick Donley 22:06.2
M /0	Bill Calhoun 22:51.3
W30	
W40	
W40	
	Mary Harms 22.24 0
W55 W60	
W55	
W55	

0	BD Track Club M Ames, IA; June	
	100m	
0	M35 Ed Muehsam	12.51
5	M50 Mike Oliver	13.39
5	M55 Bery Engebretson	13.46
50	200m M35 Jeff Alaimo	25.95
	M45 Alan Russell	25.35
5	M55 Leroy Corey	28.03
0	400m	
50	M35 Dave Langer	58.41
CAL)	800m	10660
50		2:16.65
2	1500m M40 John Anderson	4:40.48
.75	Long Hurdles	4.10.10
T	M55 Dave Eidahl	1:21.24
S.F.	Long Jump	1 4400
50	M35 Jeff Alaimo	17-3
張	M50 Mike Oliver M55 Dave Eidahl	13-1
	Triple Jump	1001
	M55 Dave Eidahl	31-10
-	Shot Put	100
14	M45 Matt Byrnes	45-10
2	Discus	177 3
24	M45 Jerry Senters 3000m RW	127-3
1	M55 Dave Eidahl	0:47.10
	SOUTHWE	21
2	San Angelo Senior (Games
	San Angelo, TX; M	lay 9
20	50m	371
	M50 Melvin Goode	6.96 7.86
1	M55 Bufe Morrison M60 Wayne Bennett	
tir.	M65 Bill Hearne	7.65
N. AL	M70 Don Watson	9.16
1	M75 Tim Murphy W55 Jody McCulley	7.78 9.78
	100m	3.70
	M50 Ed Jones	12.28
10	Mel Goode	13.36 14.89
9	M55 Bufe Morrison Fred McDaniel	15.02
10	M60 Wayne Bennett	13.02
8	M65 Bill Hearne	14.17 14.57
-10 2	Bill Pardue M70 Don Watson	18.15
ĩ	Jack Gilbert	23.09
2	M75 Tim Murphy	14.51
18	W55 Jody McCulley Marg Atkinson	17.97 18.92
1	200m	10.02
A	ALEO EL LANGE	100 Crate 1 77
	M50 Ed Jones	25.47
	John Harris	27.55
11	John Harris M55 Troy Scoggins	
-11 -4 -10	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett	27.55 30.14 31.67 27.17
-11 -4 -10 -9	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit	27.55 30.14 31.67 27.17 29.61
-11 -4 -10 -9 -9	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne	27.55 30.14 31.67 27.17 29.61 30.56
-11 -4 -10 -9 -9 6	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70
4 -10 -9 -9 -9 -9 -9 -8	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett Jarnes Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53
-11 -4 -10 -9 -9 -6 -8 -10 4	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81
-11 -4 -10 -9 -9 -6 -8 -10 4	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53
-11 -4 -10 -9 -9 -6 -8 -10 4 -1	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00
-11 -4 -10 -9 -9 -9 -8 -10 -1 -1	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22
-11 -4 -10 -9 -9 -9 -9 -9 -10 -1 -1 -5 -8	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett Jarnes Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris Al Harrison M55 Troy Scoggins	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41
9 11 4 -10 -9 -9 -6 -8 -10 4 -1 -5 -8 4	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris Al Harrison M55 Troy Scoggins Fred McDaniel	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06
-11 -10 -9 -9 -9 -8 -10 -1 -1 -5 -8 -4 -1 -1 -5 -8 -4 -1	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris Al Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.60 67.61 83.06 85.55
11 4 10 -9 -9 6 -8 -10 4 -1 -1 -5 -8 4 -1 -6	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris Al Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1:52.69
11 4 10 -9 -9 6 -8 -10 4 -1 -1 -5 -8 4 -1 -6 -9	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris Al Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84
	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris AI Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1:52.69 80.92
11 4 10 -9 -9 6 -8 10 4 -1 -1 -5 -8 4 -1 -6 -9 -5	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris Al Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander	27.55 30.14 31.67 27.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1:52.69 80.92 3:25.48 3:26.89
11 4-10 9-9-6-8-10 4-1 -1-5-8-4-1-6-9-5-6-2	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris AI Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m M50 Jerry Whitten Bob Miller	27.55 30.14 31.67 27.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1.52.69 80.92 3.25.48 3.26.89 2.25.02
11 4 -10 -9 -9 -6 -8 -10 -1 -1 -5 -8 -4 -1 -6 -9 -5 -6 -2 -6	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris AI Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m M50 Jerry Whitten Bob Miller M55 Troy Scoggins Stan Kelly	27.55 30.14 31.67 27.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1:52.69 80.92 3:25.48 3:26.89 2:25.02 2:51.01
11 4 -10 -9 -9 -6 -8 -10 -1 -1 -5 -8 -4 -1 -6 -9 -5 -6 -2 -6 -5	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris Al Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m M50 Jerry Whitten Bob Miller M50 Troy Scoggins Stan Kelly M60 Don Slocomb	27.55 30.14 31.67 27.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1.52.69 80.92 3.25.48 3.26.89 2.25.02
11 4 10 -9 -9 6 -8 10 4 -1 -1 -5 -8 4 -1 -6 -9 -5 6 -2 6 5 9	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M55 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris Al Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M55 John Alexander 800 m M50 Jerry Whitten Bob Miller M55 Troy Scoggins Stan Kelly M60 Don Slocomb Gary Schmidt M70 Don Watson	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1.52.69 80.92 3:25.48 3:26.89 2:25.02 2:51.01 2:48.98
11 4 -10 -9 -9 -6 -8 -10 -1 -1 -5 -8 -4 -1 -6 -9 -5 -6 -2 -6 -5	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M55 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris Al Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m M50 Jerry Whitten Bob Miller M55 Troy Scoggins Stan Kelly M60 Don Slocomb Gary Schmidt M70 Don Watson	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 133.06 66.55 68.84 1:52.69 80.92 3:25.48 3:26.89 2:25.02 2:51.01 2:48.98 2:49.16 4:30.10
11 4 -10 -9 -9 -6 -8 -10 -1 -1 -5 -8 -4 -1 -6 -9 -5 -6 -2 -6 -5 -9 -7	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris AI Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m M50 Jerry Whitten Bob Miller M55 Troy Scoggins Stan Kelly M60 Don Slocomb Gary Schmidt M70 Don Watson 1500 m	27.55 30.14 31.67 27.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1:52.69 80.92 3:25.48 3:26.89 2:25.02 2:51.01 2:48.98 2:49.16 4:30.10 7:09.97
11 4 -10 -9 -9 -6 -8 -10 -1 -1 -5 -8 -4 -1 -6 -9 -5 -6 -2 -5 -5 -7 -6 -2 -7 -6 -2 -7 -6 -7 -7 -6 -7 -7 -7 -7 -7 -7 -7 -7 -7 -7 -7 -7 -7	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M55 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris Al Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m M50 Jerry Whitten Bob Miller M55 Troy Scoggins Stan Kelly M60 Don Slocomb Gary Schmidt M70 Don Watson 1500 m M50 Royce Baker Bob Miller	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1:52.69 80.92 3:25.48 3:26.89 2:25.02 2:51.01 2:48.98 2:25.02 2:51.01 7:09.97 7:14.58 5:50.75
11. 4 -10 -9 -9 -9 -9 -8 -14 -1 -1 -5 -8 -4 -1 -5 -8 -4 -1 -5 -8 -4 -1 -5 -8 -4 -1 -9 -9 -6 -8 -7 -7 -7 -7 -7 -7 -7 -7 -7 -7	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M55 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris AI Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m M50 Jerry Whitten Bob Miller M55 Troy Scoggins Stan Kelly M60 Don Slocomb Gary Schmidt M70 Don Watson 1500 m M50 Royce Baker Bob Miller	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1:52.69 80.92 3:25.48 3:26.89 2:25.02 2:51.01 2:48.98 2:25.02 2:51.01 2:48.98 2:25.02 2:51.01 2:48.98 2:25.02 2:51.01 2:48.98
11. 4 -10 -9 -9 -9 -8 -1 -1 -5 -8 -4 -1 -5 -8 -4 -1 -5 -8 -4 -1 -5 -8 -4 -1 -5 -8 -4 -7 -5 -8 -7 -5 -5 -5 -5 -5 -5 -5 -5 -5 -5	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M55 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris AI Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m M50 Jerry Whitten Bob Miller M50 Troy Scoggins Stan Kelly M60 Don Slocomb Gary Schmidt M70 Don Watson 1500 m M50 Royce Baker Bob Miller	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1:52.69 80.92 3:25.48 3:26.89 2:25.02 2:51.01 2:48.98 2:49.16 4:30.10 7:09.97 7:14.58 5:50.75 5:51.38
11 4 -10 -9 -6 -8 -1 -5 -8 -1 -5 -6 -7 6.2 1.3 6.8 0.0 6.0	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris AI Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m M50 Jerry Whitten Bob Miller M50 Troy Scoggins Stan Kelly M60 Don Slocomb Gary Schmidt M70 Don Watson 1500 m M50 Royce Baker Bob Miller M55 Trevis Herd Stan Kelly M60 Don Slocomb M50 Royce Baker Bob Miller	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1:52.69 80.92 3:25.48 3:26.89 2:25.02 2:51.01 2:48.98 2:25.02 2:51.01 2:48.98 2:25.02 2:51.01 2:48.98 5:50.75 5:51.38 5:50.75
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11 4 -10 -9 -6 -8 -1 -5 -8 -1 -5 -6 -7 6.2 1.3 6.8 0.0 6.0	John Harris M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M65 Bill Hearne Bill Pardue M70 Jack Gilbert Don Watson M75 Tim Murphy John Alexander W55 Marg Atkinson 400 m M50 John Morris AI Harrison M55 Troy Scoggins Fred McDaniel M60 Wayne Bennett James Leggit M70 Don Watson M75 John Alexander 800 m M50 Jerry Whitten Bob Miller M55 Troy Scoggins Stan Kelly M60 Don Slocomb Gary Schmidt M70 Don Watson 1500 m M50 Royce Baker Bob Miller M50 Royce Baker Bob Miller M50 Royce Baker Bob Miller M50 Royce Baker Bob Miller M55 Trevis Herd Stan Kelly M60 Don Slocomb M75 Adrien Pronovost High Jump M50 Dennis Schmitt	27.55 30.14 31.67 27.17 29.61 30.56 31.15 41.70 44.53 31.81 33.22 40.00 65.25 67.60 67.41 83.06 66.55 68.84 1:52.69 80.92 3:25.48 3:26.89 2:25.02 2:51.01 2:48.98 2:25.02 2:51.01 7:09.97 7:14.58 5:50.75 5:51.38 5:50.25 9:07.20 9:18.91 4-2
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- 1		3-10
	M75 Tim Murphy W55 Marg Atkinson	3-10 3-8
	W70 Emma Udovich	2-8
	Pole Vault	
	M50 D Schmitt M60 S Atkinson	2-10
	M70 L Smith	2-10
	Long Jump	1. 1. 1. 1.
	M50 Ed Jones Dennis Schmitt	15-4.75
1	Dennis Schmitt M55 Bufe Morrison M60 James Leggit M65 Richard Hein Bill Wareham	11-8.75
	M60 James Leggit	13-6
	Bill Wareham	12-0.25
	M/U Doug Cochran	0-10.50
	Jack Gilbert M75 Adrien Pronovost	8-8
		12-2.25
	W60 Loretta Watson	7-11.50
	W65 Lillian Overcast W70 Emma Udovich	5-8.50 7-1.75
	Shot Put	
	M50 J Brewer D Gamer	37-3.25
	D Gamer M55 B Morrison M60 B Beck	33-2 28-9.50
	M60 B Beck	41-7.50
	M65 Wendell Palmer	44-5 37-9
	R Hein M70 D Cochran F Adams	34-1.25
		28-3.25
	M75 A Pronovost	24-11 24-8
	J Udovich W55 M Morrison	
	W60 L Watson	30-1
	W65 L Overcast	17-8.50 18-2.50
	W65 L Overcast W70 Emma Udovich M Gilbert	18-2.50
	Discus	Section 1
1.0	M50 J Brewer D Gamer	122-3 98-1
Ċ	M55 Bufe Morrison	74-5
0.00	M60 B Beck	124-3
1	J Leggit M65 R Hein	107-10 93-1
1	R Morgan	89-10
	M70 D Cochran	89-3
1	J Gilbert M75 A Pronovost	71-5
	M75 A Pronovost J Udovich	51-6
	W55 M MORISON	44-11 71-2
	W65 L Overcast	35-10
1	W70 E Udovich	42-2
	M Gilbert Javelin	27-10
	M50 D Schmitt	92-8
Ì	J Brewer M55 B Morrison	91-8 103-9
	M60 B Beck	95-7
1	J Leggit	91-0
	M65 W Palmer M70 D Cochran	117-1 85-5
	F Adams	43-6
	M75 A Pronovost	43-4
	W60 J Watson W65 L Overcast	62-8 34-1
	W70 E Udovich	38-1
	M Gilbert	18-11
	Hill Country Classic	Masters
	Meet Mason, TX; Jun	e 13
	100m	And mark
	M30 Neil Eisenbach	
1	M35 Fred Porter	10.95
ļ		
	Lindy Raney	11.40
	Lindy Raney M40 Daniel Stagg	
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett	11.40 11.65 11.70 13.71
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis	11.40 11.65 11.70 13.71 13.72
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode	11.40 11.65 11.70 13.71 13.72 12.82
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett John Head	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85 14.20
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85 14.20 14.15
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett John Head M65 Bill Hearne Norman Wells	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85 14.20 14.15 14.64
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett John Head M65 Bill Hearne Norman Wells M75 Bob Wingo W40 C Steenbergen	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85 14.20 14.15 14.64 16.09 12.65
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett John Head M65 Bill Hearne Norman Wells M75 Bob Wingo W40 C Steenbergen Pamela Booton	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85 14.20 14.15 14.64 16.09 12.65 15.01
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett John Head M65 Bill Hearne Norman Wells M75 Bob Wingo W40 C Steenbergen Pamela Booton W50 C McCormack	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85 14.20 14.15 14.64 16.09 12.65 15.01 15.87
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett John Head M65 Bill Hearne Norman Wells M75 Bob Wingo W40 C Steenbergen Pamela Booton	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85 14.20 14.15 14.64 16.09 12.65 15.01 15.87 17.02
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett John Head M65 Bill Hearne Norman Wells M75 Bob Wingo W40 C Steenbergen Parnela Bootom W50 C McCormack Sylvia Brooks 200m M30 Neil Eisenbach	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85 14.20 14.15 14.64 16.09 12.65 15.01 15.87 17.02 29.28
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett John Head M65 Bill Hearne Norman Wells M75 Bob Wingo W40 C Steenbergen Pamela Booton W50 C McCormack Sylvia Brooks 200m M30 Neil Eisenbach M35 Fred Porter	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85 14.20 14.15 14.64 16.09 12.65 15.01 15.87 17.02 29.28 22.65
	Lindy Raney M40 Daniel Stagg Vern Ogle M45 Larry Bonnett Steve Ellis M50 Melvin Goode Jim McCoy M55 Don Denson Roy Eisenbach M60 Wayne Bennett John Head M65 Bill Hearne Norman Wells M75 Bob Wingo W40 C Steenbergen Parnela Bootom W50 C McCormack Sylvia Brooks 200m M30 Neil Eisenbach	11.40 11.65 11.70 13.71 13.72 12.82 14.74 12.57 15.12 12.85 14.20 14.15 14.64 16.09 12.65 15.01 15.87 17.02 29.28 22.65 23.62

	and the same same of	ageor
	Walter Harris	30.01
M50	Melvin Goode	28.37
	Jim McCoy	30.35
M55	Don Denson	26.61
M60	Roy Eisenbach Paul Johnson	34.02 26.31
WIOU	Wayne Bennett	26.73
M65	Bill Hearne	30.41
	Norman Wells	30.81
M70	John Alexander Adrien Pronovos	32.15 48.48
W40	C Steenbergen	25.95
1000	Charlotte Carter	31.64
W50	C McCormack	34.83
100-	Sylvia Brooks	38.53
400m M35	Linday Raney	53.58
10.1	Van Eisenbach	1:02.61
M40	Rick Easley	56.17
M45	Don Gibson Jim Wyatt	58.57
M45	Steve Ellis	1:06.28 1:10.91
M50	Richard Cox	1:08.96
M55	Don Denson	1:03.61
	Dan McCormack	
M60 M75	Paul Johnson Bob Wingo	1:00.62
	Michel Kagan	1:35.80
W30	Terri Eisenbach	1:49.05
800m		2.17.62
M35	Juan Mendoza Rick Cawley	2:17.53 2:34.97
M40	James Heerwald	2:13.87
	Randy Milstead	2:14.17
M45	Walter Harris	2:42.06
M50	Bobby Clemons Lloyd Rust	2:31.26 2:51.06
M55	Dan McCormack	
	Troy Scoggins	2:38.92
M60	Mary Herring	2:53.23
M65 M75	Jack Gray Bob Wingo	3:03.61 3:22.13
MITS	Michel Katan	3:44.14
W50	Alice Spoontz	2:56.06
1600		111111
M35	Juan Bernal Juan Mendoza	4:54.51 5:19.74
M40	Randy Milstead	4:47.92
1. 14	James Heerwald	4:51.22
M50	Bobby Clemons	5:47.90
M60	Lloyd Rust Gary Schmidt	6:19.72 5:57.76
M75	Michel Kagan	8:11.02
W40	Kay Schmidt	6:24.37
5000		10.00.00
M35 M40	Juan Bernal Randy Milstead	19:20.48 17:05.51
M45	Walter Harris	21:27.33
M60	Dale Brand	24:47.78
M65	Jack Gray	24:20.25
Short M35	Hurdles Jeff Brower	15.92
	Dan Cook	16.43
M40	Michael Mitchell	
M55	Jim Cawley	17.64
M60 M65	Lowell Bonnifiel Norman Wells	d 17.00 18.61
W40	Charlotte Carter	15.88
	Jump	A Dist.
M30	Isik Gunvener Jeff Brower	5-6
M35 M40	Vern Ogle	5-10 5-2
M50	Dennis Schmitt	4-8
	David Middour	4
M55	Jim Cawley	4-10
M60	Bufe Morrison John Head	4-3 4-4
M65	Richard Hein	4-4
	Val Smith	3-10
M75 W60	Bob Wingo Loretta Watson	3-11 3-8
Pole		3-8
M40	James Fountain	14-10
	Brent Buck	11
M45	Larry Bonnett John Gonzales	11
M50	Dennis Schmitt	7
	David Middour	9
M55	Steven Warr	9-6
M75	Chet Henninger Loretta Watson	6
W60 Long	Jump	5-6
M30	Isik Guvener	18-5.50
M50	Melvin Goode	16-4.75
	Continued on n	ext page

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National Masters News

Continued from previous page Dennis Schmitt 15-9.25 M55 Don Denson 16-11.50 16-11.25 Jim Cawley W60 Loretta Watson 9.25 **Triple Jump** M30 Tanju Yortsever 40-5 Isik Guvener 38-7 38-8.50 M40 Vern Ogle Dennis Schmitt 27-11 M50 David Middour 27-10 Troy Scoggins 26-9 M55 Bufe Morrison 22-4 M65 Richard Hein 25-11 24 M75 Bill Carter Shot Put 16# M30 S Bloomquist 55-4 Steve Patridge 50-10 M40 Vern Ogle 33-10 <u>6K</u> M50 George Nelson 39-6 Jerry Brewer 38-8.50 John Conniff 42-4 M55 Mark Chapman 37-7.50 12# Steve Patridge 54-1.50 M40 5K M60 John Cantrell 45-3 Bob Beck 39-10 M65 **Richard Hein** 36-6 Jim Gerhardt 35-7 4K M70 Fred Adams 24-7 M75 Bill Carter 30-6 A Pronovost 22 W40 Carol Finsrud 41-5 C Mellinthin 22-8 W60 Loretta Watson 29-11 3K W60 Loretta Watson 30-10 Discus <u>2K</u> M35 John Smith 89-8 Steve Patridge 155-1 M40 John Gonzales 101-10 M45 M55 John Conniff 127-4 Bob Beck 82-9 M60 1.5K Steve Patridge 172-10 M40 George Nelson 127-6 M50 Jerry Brewer 122-7 M55 John Conniff 148-6 Mark Chapman 113-5 1K John Cantrell 129-10 M60 Bob Beck 128-9 134-5 M65 Jim Gerhardt **Richard Hein** 106-2 M70 Fred Adams 67-5 110-6 Bill Carter M75 A Pronovost 56-5 W40 Carol Finsrud 155-3 C Mellenthin 63-9 W50 Sylvia Brooks 52-8 W60 Loretta Watson 72-8 Hammer M40 Steve Partridge 130-11 Steve Bolles 118-11 M50 83 Jerry Brewer 82-5 Dan Patridge M55 John Conniff 94-8 75-6 Mark Chapman M60 JohnCantrell 93-2 90-2 John Lindsay M70 Fred Adams 73-5 57-10 A Pronovost Carol Finsrud 121 W40 53-8 C Mellenthin Javelin Vern Ogle 146-6 M40 David Bolles 139-3 Scott Dulin 149-6 M45 100-10 John Gonzales 114 M50 Jerry Brewer Melvin Goode 99-5 Jerry Dyes 155-4 M55 127-11 Ken Wilson 110-5 John Lindsay M60 108-10 John Cantrell Val Smith 103-10 M65 M75 Bill Carter 87-10 51-11 A Pronovost Weight Throw 35# 34-8 M40 David Bolles

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Steve Bolles 30-1 M50 Jerry Brewer 27-6 M55 John Conniff 29-3 Allegra Bufe Morrison 18-11 M60 John Cantrell 30-2 John Lindsay 22-6 100m M70 Fred Adams 17-10 M30 Monte M75 A Pronovost 13-6 Carol Finsrud 28-7 W40 M35 Kerry C Mellenthin 12-11 16# W60 Loretta Watson 30-10 M40 Brent M45 Bob Louisiana Games New Orleans, LA; June 14 M55 Steve 100m M30 Lloyd Collins 11.47 M60 Dale 11.70 M35 Donald Hardy W60 Dee Lance Madison 11.95 M40 200m 12.20 M45 Daniel Theil M30 Jame Robert Baker 13.35 M50 M55 Hans Gordon 12.85 M35 Davi M60 Jack Theriot 200 m M40 Bren Lloyd Collins 23.02 M30 M45 Willie M35 Donald Hardy 23.67 M55 Steve M40 Lance Madison 24.48 M60 Dale 24.88 M45 Daniel Theil 400m M50 Dale Bernauer 26.63 M35 Kerry M55 Hans Gordon 26.48 M60 Jack Theriot 29.68 M40 Corn M400 M45 Fred M35 Kevin Lendo 54.93 M60 Dale M40 Robert Fluker 29.29 M70 Thon Dortie Moore 56.85 M45 W35 Kelli M50 N Singleton 1:15.83 800m M55 Alonzo Jones 1:04.73 M40 Ed S 800m M45 Den M40 D Haywood 2:20.20 Dortie Moore M60 Dale M45 2:14.85 M70 Tho Roger Brown 2:29.03 M50 W35 Kelli M60 C Wimberly 2:36.93 1500m 1500m M35 Robe M45 Den M50 Roger Brown 4:52.72 High Jump M70 Thor W35 Kelli M40 John Henning 4-8 M45 Walden Curry 64 3000m M35 Rob M60 Fran James Gray 4-10 M50 M60 Phillip Nicaud 3-8 Jack Haller Sr 3-4 M70 Tho N65 W35 Kelli Bill Noonan M70 3-8 5000m M75 Frank Knaus 3-4 M30 Rapt Pole Vault M30 Rick Wright 17-6 M45 Gan M35 Greg Duplantis 15 M40 Kevin Trosclair 11-6 M55 Carl M45 Jim Carisella 10 M60 Ken M50 Robert Manard 12 Long Jump 18-8.75 M35 Kevin Lendo 110mH Thomas Wilson 18 M30 Jam M45 High Ju M50 Gler Robert Baker M50 16-4.75 M55 Hans Gordon 16-2.75 M60 John Triple Jump Pole Va 42-11.75 M35 Kevin Lendo M45 Bill M50 Robert Baker 33-2.75 M60 Joh M65 Paul Adams 22-5 Long Ju M45 Free Shot Put M30 Bengt Jarlsjo 47-3 M40 Jeff Baty 38-6 M55 Rich M45 Paul Bowman 32-5.50 M60 Joh M50 Vincent Breaux 35-7.50 W60 Dee M55 Harold Landry 33-8.50 Triple . Don North 34-1.25 M60 M45 Bob M65 Jack Haller Sr 30-1.75 M55 Rich Discus Shot Pu M35 Tho M40 Jeff Baty 122-9 M45 Paul Bowman 91-8 M40 Jam Sam Goodwin 136-4 M50 M50 Gle M55 Richard Staff 131-6 M55 Rich Don North 131-1 M60 M65 Roland Forman 102-3 M60 Ken Hammer M40 Jeff Baty 124-11 M65 Hov M75 Rog M45 Paul Bowman 77 W60 Dee Vincent Breaux 86-8 M50 Discus M35 Tho B Chatangier 84-8 M55 M60 Don Dorth 100-11 M50 Gle M65 Paul Adams 79-10 M55 Rich Javelin M45 Steven Shulin 146-1 M60 Joh M65 How M50 Richard Sander 166-8 M60 Jack Theriot 131-6 M75 Roc W60 Dee M65 Roland Forman 89

National Masters News

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WEST	STATISTICS.	Javelin
egra TC/Nevada S	Senior	M40 Brent Mc M45 Jim McE
Games Las Vegas; May	10 m	Bill Isley M55 AI McDa
n	21 CE	M60 Jack Jan W60 Dee Ann
Monte Brown James Smith	12.03 12.26	USATE
Kerry Cameron David Dimassa	11.87 12.12	Cham U of Haw
Mark Strom Brent Moorehead	13.62 12.62	100m N
Bob Richardson	12.48	M30 Hank V M40 Bill Bla
Fred James Dennis Wright	12.77 13.38	M50 Allen M
Steven Bowles Richard Imperiale	13.71 14.07	M55 Jack K M60 Stan K
Dale Bessey Dee Anne Janne	15.20 18.67	M65 Pat Bro M70 Bob V
n James Smith	24.05	W40 Becky
Monte Brown	25.03	200m M40 Bob G
David Dimassa Mark Strom	24.26 28.59	M45 Henry M50 Allen I
Brent Moorehead Willie Richardson	27.59 25.73	M55 Jack k
Dennis Wright	28.17 27.75	M70 Bob V W65 Mollie
Dale Bessey	32.00	400m
m Kerry Cameron	52.99	M40 Bob G M50 Mike
David Dimassa Cornell Clark	54.81 66.79	M55 Jack K M60 Stan K
Fred Sowerby	51.33	M70 Brook
Dale Bessey Thomas Hodges		W40 V She 800m
Kellie Archuletta	68.43	M40 Ashley
	2:18.69	M45 Steve M50 Ron P
Dennis Swick	2;24.96	M55 Bob T
Dale Bessey Thomas Hodges	3:20.54 4:20.54	M70 Brook W40 Becky
Kellie Archuletta	2:26.06	W45 Halina
Robert Yasek Dennis Swick	4:32.59	1500m M35 Tom I
Thomas Hodges	8:10.40	M40 Ashle M50 Gerry
Kellie Archuletta	ATT FRANC	M60 Geoff
Robert Yasek Frank Lamonte 1	9:59.62	M70 Brook W40 Becky
Thomas Hodges 1 Kellie Archuletta 1		W65 Molli 3000m
0m	Hand I Ma	M40 Ashle
RaphaelRodriguezt Agustin Luna 1	8:49.94	M45 Derei M60 Geoff
Gary Abbott 2 Ed Seum 2	1:18.74	Short Hurdle
Carl Wright 2	0:05.95	M50 Ron Partin
Ray Nelson 2	1:43.55	M65 Pat Br
Ed Dobson 2	7:45.16	Long Hurdle M40 Ryan I
James Smith	17.02	M50 Ron P 4x100 Relay
Glen Palmer	4-11	M40 Pa'aka
) John Steinman e Vault	4-1	Blair/I High Jump
5 Bill Isley) John Steinman	10-6 9-0	M45 Tom M M55 Lione
Fred James	17-4	M60 Stan K
Bill Isley 5 Richard Imperiale	13-8	M65 Pat Br M70 Bob V
John Steinman	11-2	Long Jump
Jack Janne Dee Anne Janne	10-1 7-11	M45 Henry M50 Gayle
5 Bob Richardson	35-11	M55 Lione M65 Pat Bi
Bill Isley 5 Richard Imperiale	30-6	M70 Bob V
ot Put	9. 0228	M85 Stan Triple Jum
5 Thomas Llamas) James Kerman	45-7	M55 Lione
Glen Palmer Rich Salisbury	42-1	M70 Bob V Shot Put
Ray Sunday Ken Pletz	35-1	M35 Todd M40 B Die
John Steinman	33-7	M50 Gayle
5 Howard Waite 5 Roger Hall	30-11 24-5	M60 Bob M M70 Dick
Dee Anne Janne	24-8	M85 Stan
5 Thomas Llamas O Glen Palmer		W55 Joan I Discus
5 Rich Salisbury	127-8 110-4	M35 Todd
Ray Sunday John Steinman	69-7 101-9	M40 B Dil M45 Derel
5 Howard Waite 5 Roger Hall	97-2	M50 Mike M55 Jack
O Dee Anne Janne	62-3	M60 Bob N

rs News		
elin	1	M65 Tony Lenzir 93-9
Brent Moorehead	109-10	M70 Dick Mulkern 101
Jim McEvoy Bill Isley	119-2 110-2	M85 Stan Thompson 22 W55 Joan Davis 39-3
Al McDaniels	105-2	Javelin
Jack Janne	71-9	M35 Todd Uemura 71-1
Dee Anne Janne	62-8	M40 B DiBenedetto 89
USATF Hawaii Sta		M45 Derek Goudge 89 M50 Gayle Lau 27
Championships J of Hawaii, Honolu		M55 Martin Hee 113-5
May 25	uiu,	M70 Bob Voege 60-6
n - Les generations		M85 Stan Thompson 18-7
Hank Warrington Bill Blair	11.4 12.9	Grand Canyon State Games
Allen Ng	13.9	Tucson, AZ; June 6
Jack Karbens	14.6	100m
Stan Kuroda	14.9	M40 Bedden Holmes 12.68
Pat Brown	15.7	M45 Matthew Heathco 13.04
Bob Voege Becky Chan	18.8 15.4	M50 Larry Armstrong 14.17
m	13.4	M60 Fred Kjer 13.34
Bob Gill	26.6	M65 Dusty Wright 14.25 M75 Milton Silverstein 15.44
Henry Dutro	27.7	200m
Allen Ng	28.7	M40 Ron Smith 25.41
5 Jack Karbens) Bob Voege	29.2 44.3	M60 Fred Kjer 27.36
5 Mollie Chang	42.4	M65 Budd Hamilton 35.50
m	1 11 1	M75 Milton Silverstein 33.04 400m
Bob Gill	1:01.0	M40 Ron Smith 54.97
Mike Suenaga	1:13.2	M45 Jerry Canavan 1:15.81
5 Jack Karbens 0 Stan Kuroda	1:06.1	M60 Fred Kjer 1:03.48
Brooks Kakiuchi	1:32.9	800m
0 V Shepherd	1:27.4	M40 J Herschberger 2:13.36 M50 Dick Upson 2:38.58
	an 1 18 3	MS0 Dick Upson 2:38.58 MS5 Karl Schmitz 3:23.01
0 Ashley Dustow	2:23.1	1500m
5 Steve Sturm	2:35.4	M40 Mike Sawyer 4:43.70
0 Ron Pate 5 Bob Taylor	2:31.1 2:34.8	M45 James Lee 5:35.04
0 Brooks Kakiuchi	3:18.0	M50 Richard Rivera 6:11.27
0 Becky Chan	2:46.8	M55 Joel Gonzalez 5:28.31
5 Halina Zaleski	3:19.2	5000m M40 Steve Felde 19:07.20
0m	E. Stat	M45 John Norris 18:54.70
5 Tom Peterson	5:19.9	M55 Joel Gonzalez 20:13.50
0 Ashley Dustow 0 Gerry Lindrren	4:36.8	Short Hurdles
0 Geoff Howard	5:24.8	M45 Donald Bradford 19.95 M55 Bob Osterhoudt 17.38
0 Brooks Kakiuchi		Long Hurdles
0 Becky Chan	5:38.0	M65 Dave Douglass 1:06.31
5 Mollie Chang	7:15.1	High Jump
0 Ashley Dustow	9:58.1	M40 Brian Campbell 1.83
5 Derek Goudge		M45 Donald Bradford 1.57 M50 Godfrey Cernyar 1.32
Geoff Howard		MS0 Godifey Certival 1.32 MS5 Larry Armstrong 1.37
rt Hurdles	1000	M60 Bob Delfs 1.12
) Ron Pate 5 Martin Hee	20.3 19.8	M65 Budd Hamilton 1.07
5 Pat Brown	22.9	Pole Vault
g Hurdles	- BLM	M40 Henry Barela 4.25 M50 Gary Salvail 3.05
Ryan Namaka	1:24.4	M50 Gary Salvail 3.05 M55 Larry Jones 2.90
Ron Pate	1:16.8	M65 Dave Douglass 2.45
00 Relay D Pa'akani (Dutro/	52.0	Long Jump
Blair/Ng/Imoto)	52.0	M45 Donald Bradford 5.31
h Jump		M60 Donald Judd 3.79 M75 Milton Silverstein 3.26
5 Tom Marks	5-2	Triple Jump
5 Lionel Low	4-6 3-9	M50 Godfrey Cernyar 8.37
0 Stan Kuroda 5 Pat Brown	3-9	M60 Bob Delfs 5.64
0 Bob Voege	3-7	Shot Put MAS Ron Travis 10.30
ng Jump	F . 1984/1	M45 Ron Travis 10.39 M50 Fred Purvis 11.91
5 Henry Dutro	16-5	M55 Duane Thompson 12.22
0 Gayle Lau	9	M60 Donald Judd 10.83
5 Lionel Low 5 Pat Brown	14-8	M65 Budd Hamilton 6.58
0 Bob Voege	9-5	Discus
5 Stan Thompson	5	M45 Reuben Young 37.30 M50 Fred Purvis 35 34
ple Jump	1 6-21	M55 Charles Quarelli 33.20
5 Lionel Low	31-8	M60 Donald Judd 34.78
0 Bob Voege	19	M65 Dave Douglass 27.34
5 Todd Uemura	27-1	Javelin
	34	M45 Clay Hull 38.40 M50 Doug Anderson 26.41
0 Gayle Lau	18	M55 Charles Quarelli 35.77
0 Bob Molyneux	the second second	M60 Denneth Ormsby 25.90
0 Dick Mulkern 5 Stan Thompson	29-6 9-1	M65 Dave Douglass 26.02
5 Joan Davis	9-1 16-6	1 2 5 4 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1
cus	1 6002	Los Gatos T&F Classic
5 Todd Uemura	78-1	Los Gatos, CA; June 13
0 B DiBenedeto	119-4	100m
5 Derek Goudge	76	M30 Alan Williams 11.75
50 Mike Suenaga 55 Jack Karbens	69 110	M35 Alan Tucker 11.75
0 Bob Molyneux	97-11	M40 Kevin Morning 10.93 M45 K Christensen 12.52
DOD INIDIALEUX		

165	Tony Lenzir 93-9	W30
170	Dick Mulkern 101	W50
185	Stan Thompson 22	W70
/55	Joan Davis 39-3	200m
avel 135	Todd Uemura 71-1	M30 M35
140	B DiBenedetto 89	M40
145	Derek Goudge 89	M45
150	Gayle Lau 27	M50
155	Martin Hee 113-5 Bob Voege 60-6	M60 M65
170 185	Bob Voege 60-6 Stan Thompson 18-7	M75
		W50
	d Canyon State Games Jucson, AZ; June 6	400m
0 m	ucson, AL, oune o	M30 M35
	Bedden Holmes 12.68	M40
	Bedden Holmes 12.68 Matthew Heathco 13.04	M45
	Larry Armstrong 14.17	M50
60	Fred Kjer 13.34	W35
65	Dusty Wright 14.25	W60 800m
75 0m	Milton Silverstein 15.44	M30
40	Ron Smith 25.41	Prack
60	Fred Kjer 27.36	M35
65	Budd Hamilton 35.50	M40
75	Milton Silverstein 33.04	M50 M60
0m 40	Ron Smith 54.97	W35
45	Jerry Canavan 1:15.81	W60
60	Fred Kjer 1:03.48	1500
)0m	的复数社会社会 和社会	M30
40	J Herschberger 2:13.36 Dick Upson 2:38.58	M40 M45
150 155	Dick Upson 2:38.58 Karl Schmitz 3:23.01	M43
500 n	the second se	M55
140	Mike Sawyer 4:43.70	W35
145	James Lee 5:35.04	W50
150	Richard Rivera 6:11.27	W60
155	Joel Gonzalez 5:28.31	5000 M40
000r 140	Steve Felde 19:07.20	M40 M45
140	John Norris 18:54.70	M50
155	Joel Gonzalez 20:13.50	W60
	Hurdles	Shor
145	Donald Bradford 19.95	M30 M35
155	Bob Osterhoudt 17.38	M45
165		Long
	Jump gmiet toil	M30 M40
140	Brian Campbell 1.83 Donald Bradford 1.57	4x10
445 450	Godfrey Cernyar 1 1.32	M30
155	Larry Armstrong 1.37	M40
160	Bob Delfs 1.12	M50
165	Budd Hamilton 1.07	4x40 M40
	Vault Henry Barela 4.25	High
140 150	Gary Salvail 3.05	M35
155	Larry Jones 2.90	M40
165	Dave Douglass 2.45	M45
-	Jump Control to Star	M50
145	Donald Bradford 5.31	M65 W50
160 175	Donald Judd 3.79 Milton Silverstein 3.26	Pole
	e Jump	M35
150	Godfrey Cernyar 8.37	M40
160	Bob Delfs 5.64	M55
hot		M65 W35
145 150	Ron Travis 10.39 Fred Purvis 11.91	Long
155	Duane Thompson 12.22	M30
160	Donald Judd 10.83	M35
165	Budd Hamilton 6.58	M40
iscu 145	Reuben Young 37.30	M50 M60
150	Fred Purvis 35 34	M65
155	Charles Quarelli 33.20	Trip
160	Donald Judd 34.78	M35
165	Dave Douglass 27.34	M40 M45
aveli 145	and the second se	M45 M50
150	Clay Hull 38.40 Doug Anderson 26.41	M65
155	Charles Quarelli 35.77	W50
160	Denneth Ormsby 25.90	Shot
165	Dave Douglass 26.02	M35 M45
eter.	Print Barris Conta	M45 M50
Lo	s Gatos T&F Classic	M70
	s Gatos, CA; June 13	M75
00m	Alon W/III	Disc
30 35	Alan Williams 11.75 Alan Tucker 11.75	M35 M50
40	Alan Tucker 11.75 Kevin Morning 10.93	M50 M60
	K Christensen 12.52	1100

	August	1))0
V30	Mary Vidovich	15.94
	Kim Smith	15.57
V70	S Dietderich	19.95
00m		
130	Lloyd Anderson	24.89
135	Alan Tucker	23.03
140	Kevin Morning	22.72
145	K Christensen	25.85
150	Paul Raymond	26.07
160	Bobby Thomas	27.03 31.07
165	Benson Ford	35.27
175	Frank Toner	34.35
V50	Kim Smith	34.33
/30	Jeff Mann	55.04
135	Rob Stark	58.57
140	Nikos Mourtos	56.38
445	Gregg Bunker	58.20
150		1:05.27
W35		1:07.17
W60	D Bromstead	1:45.60
800 m		
M30	Roger Chagnon	1:57.2
	Jeff Mann	1:57.2
M35	Steve Kautz	2:04.8
M40	Nikos Mourtos	2:12.5
M50	Fred Martin	2:25.0
M60	P Richardson	2:32.8 2:27.2
W35	Suzanne Cordes	3:46.4
W60	D Bromstead	3.40.4
1500 M30	Jeff Mann	4:08.8
M30 M40	Char Lightly	4:24.1
M40 M45	Jim Gorman	4:25.4
M50	Fred Martin	4:56.4
M55	Jake White	5:35.5
W35	Suzanne Cordes	5:17.9
W50	Nancy Nevin	7:39.3
W60	D Bromstead	7:26.2
5000		1 Sect
M40	Tom Cushman	16:37.9
M45	Jim Gorman	17:41.1
M50	Fred Martin	19:14.1
W60	D Bromstead	26:57.7
	t Hurdles	
M30 M35	R Snowden	15.63 15.21
M35 M45	B J Duhon E Baskauskas	
		10 16
		19.46
Long	Hurdles	19.46 1:01.27
Long M30 M40	Hurdles R Snowden Brian Mutert Om Relay	1:01.27 1:05.22
Long M30 M40	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars	1:01:27 1:05:22 47:65
Long M30 M40 4x10 M30 M40	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC	1:01.27 1:05.22 47.65 50.12
Long M30 M40 4x10 M30 M40 M50	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC	1:01:27 1:05:22 47:65
Long M30 M40 4x10 M30 M40 M50 4x40	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay	1:01.27 1:05.22 47.65 50.12 49.01
Long M30 M40 4x10 M30 M40 M50 4x40 M40	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans	1:01.27 1:05.22 47.65 50.12
Long M30 M40 4x10 M30 M40 M50 4x40 M40 High	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump	1:01.27 1:05.22 47.65 50.12 49.01 4:15.2
Long M30 M40 4x10 M30 M40 M50 4x40 M40 High M35	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski	1:01.27 1:05.22 47.65 50.12 49.01 4:15.2 1.78
Long M30 M40 4x10 M30 M40 M50 4x40 M40 High M35 M40	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert	1:01.27 1:05.22 47.65 50.12 49.01 4:15.2 1.78 1.58
Long M30 M40 4x10 M30 M40 M50 4x40 M40 High M35 M40 M45	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas	1:01.27 1:05.22 47.65 50.12 49.01 4:15.2 1.78 1.58 1.63
Long M30 M40 4x10 M30 M40 M50 4x40 M40 High M35 M40	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas	1:01.27 1:05.22 47,65 5 50.12 49.01 4:15.2 1.78 1.58 1.63 1.37
Long M30 M40 4x10 M30 M40 M50 4x40 M40 High M35 M40 M45 M50	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda	1:01.27 1:05.22 47.65 50.12 49.01 4:15.2 1.78 1.58 1.63
Long M30 M40 4x10 M30 M40 M50 4x40 M40 High M35 M40 M45 M50 M65	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin	1:01.27 1:05.22 47,65 5 0.12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22
Long M30 M40 4x10 M30 M40 M50 4x40 M40 High M35 M40 M45 M50 M65 W50	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin Vault Allen Eggman	1:01.27 1:05.22 47.65 50.12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22 1.02 3.05
Long M30 M40 4x10 M30 M40 M50 4x40 M40 M40 M45 M50 M40 M45 M50 M65 W50 Pole	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin Vault Allen Eggman Felix Bohni	1:01.27 1:05.22 47.65 50.12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22 1.02 3.05 4.12
Long M30 M40 4x10 M30 M40 M50 4x40 M40 M40 M45 M40 M45 M40 M45 M50 M65 W50 Pole M355 M40 M55	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin Vault Allen Eggman Felix Bohni Byron Bush	1:01.27 1:05.22 47.65 5 0:12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22 1.02 3.05 4.12 2.59
Long M30 M40 4x10 M30 M40 M50 4x40 M40 M40 M45 M40 M45 M40 M45 M50 M65 M40 M55 M40 M55 M40 M55 M40	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin Vault Allen Eggman Felix Bohni Byron Bush Al Brenda	1:01.27 1:05.22 47.65 5 0:12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22 1.02 3.05 4.12 2.59 2.44
Long M30 M40 4x10 M30 M40 M50 4x40 M40 M45 M40 M45 M40 M45 W50 Pole M35 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M50 M50 M50 M50 M50 M50 M50 M50 M5	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin Vault Allen Eggman Felix Bohni Byron Bush Al Brenda Diana Rigon	1:01.27 1:05.22 47.65 5 0:12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22 1.02 3.05 4.12 2.59
Long M30 M40 4x10 M30 M40 M50 M40 M45 M40 M45 M40 M45 M50 M55 M50 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M55 M50 M50	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin Vault Allen Eggman Felix Bohni Byron Bush Al Brenda Diana Rigon	1:01.27 1:05.22 47.65 5 0:12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22 1.02 3.05 4.12 2.59 2.44 2.44
Long M30 M40 410 M30 M40 M50 4140 M40 High M35 M40 M45 M40 M45 M40 M45 M40 M45 M40 M45 M40 M45 M40 M45 M40 M40 M40 M40 M40 M40 M40 M40 M40 M40	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin Vault Allen Eggman Felix Bohni Byron Bush Al Brenda Diana Rigon Jump Terry Duncan	1:01.27 1:05.22 47.65 5 0.12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22 1.02 3.05 4.12 2.59 2.44 2.44 6.39
Long M30 M40 410 M30 M40 M50 4140 M40 M45 M40 M45 M40 M45 M40 M45 M40 M45 M40 M45 M40 M45 M40 M45 M40 M45 M40 M40 M40 M40 M40 M40 M40 M40 M40 M40	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin Vault Allen Eggman Felix Bohni Byron Bush Al Brenda Diana Rigon Jump Terry Duncan Phil White	1:01.27 1:05.22 47,65 5 50.12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22 1.02 3.05 4.12 2.59 2.44 2.44 6.39 5.48
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Long M30 M40 410 M30 M40 M50 4140 M40 High M35 M40 M45 M40 M45 M40 M55 M40 M55 M40 M55 M35 Long M30 M35 M40 M50	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin Vault Allen Eggman Felix Bohni Byron Bush Al Brenda Diana Rigon g Jump Terry Duncan Phil White Greg Hodson Lalrry Lettieri	1:01.27 1:05.22 47,65 5 0.12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22 1.02 3.05 4.12 2.59 2.44 2.44 6.39 5.48 4.52 4.72
Long M30 M40 410 M30 M40 M50 4140 M40 M45 M40 M45 M40 M45 M40 M45 M40 M55 M40 M55 M40 M35 M40 M35 M40	Hurdles R Snowden Brian Mutert Om Relay Monterey Jaguars San Francisco TC West Valley TC Om Relay Spartans Jump D Kolakowski Brian Butert E Baskauskas Gary Wuest Al Brenda Nancy Nevin Vault Allen Eggman Felix Bohni Byron Bush Al Brenda Diana Rigon Jump Terry Duncan Phil White Greg Hodson Lalrry Lettieri O Legend	1:01.27 1:05.22 47,65 5 50.12 49.01 4:15.2 1.78 1.58 1.63 1.37 1.22 1.02 3.05 4.12 2.59 2.44 2.44 6.39 5.48 4.52
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Continued from previous page M65 George Whiting 38.48 M70 G G Toscano 19.61 M80 Richard Mack 15.16 W70 S Dietderich 17.93 Hammer M30 Mike Henry 60.86 M35 M Martinez 37.35 M45 D McKenzie 61.60 M60 Don Hughes 5.39 Javelin M40 John Hansen 52.04 M45 Bob Powers 51 10 M50 W Hendricks 30.91 M60 Phil Conley 44.75 M80 **Richard Mack** 18.01 W30 S Murtagh 40.49 W70 S Dietderich 16.43 5000m RW M45 Art Klein 78.74 9 M55 Joe Doane 30.06 6 32.52 2 M60 Jim Fisher M65 John Borset 36:43.2 M80 Ernest Lucken 38:53.2 W35 C Sakelarios 26:01.5 W55 J Nedelco 27:52.8 W65 S Parlan 39:51.4 Aloha State Games 100m

Honolulu, HI; June 13-14 M30 Hank Warrington 10.71 Rick Chin 12.48 M35 Bill Blair 11.92 M40 M45 John Rosa 12.4h Allen Ng 12.35 M50 M55 Martin Hee 14 00 M60 Rustin Whiting 13.6h Karimez Godek 16.86 M70 M75 Shoichi Tanouye 20.87 M80 Bob Terukina 23.10 M95 Erwin Jaskulski 24.81 (establishes WR) W30 Pamela Larry 12.8h Robyn Calhoun 14.1h W45 W55 Joan Davis 24.1h 200m M30 Freddie Florentz 25.7h M35 Fred Jones 25.1h M40 Marvin Jones 25.1h M45 John Rosa 26.5h M50 Walter Ritte 27.2h M55 Rudy Kainuma 31.0h M60 Austin Whiting 29.0h M70 George Ishiki 42.2h M80 Bob Terukina 54.0h W30 Pamela Larry 26 90 W45 Robyn Calhoun 31.2h 400m M30 Sam Moku 53.57 M35 **Rich Miano** 56.53 M40 Marvin Jones 58 71 M45 Vincent Costello 57.22 M50 Walter Ritte 1:01.11 M55 Robert Taylor 1:02.58 M60 S Kuroda 1:10.67 M70 George Ishiki 1:36.19 M75 Bob Terukina 1:51.69 W30 Pamela Larry 1:03.09 W40 Becky Chan 1:10.14 W45 Robyn Calhoun 1:14.75 800m M35 Mark Elwell 2:05.53 M40 Ashley Dustow 2:20.79 M45 Steve Sturm 2:40.85 M50 Wayne Joseph 2:34.57 M55 Abdul Odood 3:06.69 M60 Geoff Howard 2:45.05 M70 B Kakiuchi 3:48.01 M75 Naoto Inada 3:58.28 W35 A Johnson 2:35.26 W40 Becky Chan 2:46.21 W45 M Grigsby 3:09.91 1500m M30 Clint Sheeley 4:33.8h M35 Ty Hanson 5:16.8h M40 Ashley Dustow 4:35.7h M50 Wayne Joseph 5:09.30 M60 Geoff Howard 5:28.01 M70 B Kakiuchi 8:01.19 M75 Naoto Inada 8:30.04 W35 A Johnson 5:11.2h W40 Becky Chan 5:40.7h 3000m M30 Clint Sheeley 10:09.9h

M35 M40	
	Allen Wolfe 10:43.7h
	Ashley Dustow 9:48.2h
M45	Steve Sturm 12.29.3h
M50 M60	Wayne Joseph 11:15.4h
M70	Geoff Howard 11:29.7h B Kakiuchi 17:14.9h
M75	Naoto Inada 17:19.8h
	Hurdles
M30	Edwin Alfaro 21.40
M35	
M45	
M50	Absalon Amodo 17.1h
M55	
W30	Pamela Larry 12.8h
W45 W55	Robyn Calhoun 14.1h
	Joan Davis 24.1h Hurdles
	Steve Sakuma 1:21.90
M45	James Dunkle 1:25.70
	m Relay
M40	Pa'a Kane 49.6h
	(Bowen/Dutro/Ng/
1	Rosa)
M50	Hawaii Masters TC 54.6h
100	(Karbens/Amodo/
	Bush/Suenaga)
M60	Hawaii Masters TC 1:00.3h
	(Molyneux/Kuroda.
	Cunningham/Whiting)
M70	Isaki TC 1:27.5h
	Faerber's Flyers 1:09.0h
1.30	(Gribsby/Zaleski/
Part	Lee Calhoun)
	Om Relay
M30	Moku 3:41.6h
	(Unterman/Miano/ Nakanelua/Moku)
MAD	Nakanelua/Moku) Hawaii Masters TC
14140	4·10 3h
	(Blair/Marks/
MARCE !!	Costello/Gill)
M50	Hawaii Masters TC 4:30.7h
	4:30.7h (Ritte/Bush/
	Karbens/Amodo)
W40	Faerbers Flyers 5:24.8h
122	(Chan/Sheperd/Jones-
	Medusley/Grigsby)
	Jump
M40	Taras Chepurny 1.63
M45 M55	Tom Marks 1.58 Lionel Low 1.37
M65	Sheldon Varney 1.32
M70	Bob Voege 1.07
Pole	
M30	Joel Flores 3.65
M40	
M45	
	Vincent Costello 2.44
M55	Lionel Low 2.13
M55 Long	Lionel Low 2.13 Jump
M55 Long M30	Lionel Low 2.13 Jump F Florentz 6.13
M55 Long M30 M35	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46
M55 Long M30	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46
M55 Long M30 M35 M40	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94
M55 Long M30 M35 M40 M45 M50 M55	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86
M55 Long M30 M35 M40 M45 M50 M55 M60	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30
M55 Long M30 M35 M40 M45 M50 M55 M60 M65	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75
M55 Long M30 M35 M40 M45 M50 M55 M60 M65 M70	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18
M55 Long M30 M35 M40 M45 M50 M55 M60 M65 M70 W30	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50
M55 Long M30 M35 M40 M45 M50 M55 M60 M65 M70 W30 W45	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6
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M55 Long M30 M35 M40 M45 M50 M55 M60 M65 M70 W30 W45 Tripl M30	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 le Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55
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M55 Long M30 M35 M40 M45 M50 M55 M60 M55 M60 W30 W45 Tripl M30 M35 M40 M55	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 le Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07
M55 Long M30 M35 M40 M45 M50 M55 M60 M55 M70 W30 W45 Tripl M30 M55 M40 M55 M70	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 le Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31
M55 Long M30 M35 M40 M55 M50 M65 M60 W30 W45 Tripl M30 M35 M40 M35 M40 Shot	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 le Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put
M55 Long M30 M35 M40 M45 M55 M60 M55 M70 W30 W45 Tripl M30 M35 M40 M55 M40 Shot M35	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 le Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76
M555 Long M30 M35 M40 M45 M55 M55 M55 M55 M55 M40 M30 M35 M40 Shot M35 M40	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 te Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45
M55 Long M30 M35 M40 M45 M55 M60 W30 W45 Tripl M30 M55 M40 M55 M40 M50	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 te Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45 Robert Larson 18.77
M55 Long M30 M35 M40 M45 M55 M55 M55 M55 M40 M30 M55 M40 Shot M35 M40	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 I Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45 Robert Larson 18.77 Jack Karbens 9.23
M55 Long M30 M35 M40 M45 M50 M55 M60 W30 W45 Tripl M30 M55 M40 M55 M70 Sbot M35 M40 M55	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 te Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45 Robert Larson 18.77 Jack Karbens 9.23
M55 Long M30 M35 M40 M45 M50 M55 M60 W30 W30 W30 W30 W30 M35 M70 M35 M40 M55 M40 M55 M40 M55 M40	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 e Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45 Robert Larson 18.77 Jack Karbens 9.23 Kenneth Souza 10.99 Anthony Lenzer 8.55 Dick Mulkern 9.02
M55 Long M30 M35 M40 M55 M60 M55 M60 W30 W45 Tripl M30 M35 M40 M55 M40 M50 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M45 M55 M40 M45 M55 M45 M55 M45 M55 M45 M55 M45 M55 M45 M55 M45 M55 M45 M55 M45 M55 M45 M55 M45 M55 M5	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 le Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45 Robert Larson 18.77 Jack Karbens 9.23 Kenneth Souza 10.99 Anthony Lenzer 8.55 Dick Mulkern 9.02 Roger Lee 7.15
M55 Long M30 M35 M40 M45 M50 M65 M60 W30 W45 Tripl M30 M35 M40 M55 M50 M50 M50 M50 M55 M40 M55 M40 M55 M50 M55 M40 M55 M50 M55 M55 M40 M55 M55 M55 M50 M55 M55	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 le Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45 Robert Larson 18.77 Jack Karbens 9.23 Kenneth Souza 10.99 Anthony Lenzer 8.55 Dick Mulkern 9.02 Roger Lee 7.15 Joan Davis 4.59
M55 Long M30 M35 M40 M45 M55 M60 W30 W45 Tripl M30 M55 M40 M50 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M60 M55 M40 M55 M60 M55 M55 M60 M55 M55 M60 M55 M55 M60 M55 M55 M55 M55 M55 M55 M55 M55 M55 M5	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 le Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45 Robert Larson 18.77 Jack Karbens 9.23 Kenneth Souza 10.99 Anthony Lenzer 8.55 Dick Mulkern 9.02 Roger Lee 7.15 Joan Davis 4.59
M55 Long M30 M35 M40 M45 M55 M60 W30 W45 Tripl M30 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M65 M70 M55 M65 M70 M55 M65 M70 M55 M65 M65 M65 M65 M65 M65 M65 M65 M65	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 le Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45 Robert Larson 18.77 Jack Karbens 9.23 Kenneth Souza 10.99 Anthony Lenzer 8.55 Dick Mulkern 9.02 Roger Lee 7.15 Joan Davis 4.59 S
M55 Long M30 M35 M40 M45 M50 M55 M40 W30 W45 Tripl M30 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M35 M40 M35 M40 M35 M40 M35 M40 M35 M40 M35 M40 M35 M40 M35 M40 M35 M40 M35 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M45 M55 M40 M55 M50 M55 M40 M55 M50 M50	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 te Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45 Robert Larson 18.77 Jack Karbens 9.23 Kenneth Souza 10.99 Anthony Lenzer 8.55 Dick Mulkern 9.02 Roger Lee 7.15 Joan Davis 4.59 John Havey 36.84 Brian Ueno 38.73
M55 Long M30 M35 M40 M45 M55 M60 W30 W45 Tripl M30 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M65 M70 M55 M65 M70 M55 M65 M70 M55 M65 M65 M65 M65 M65 M65 M65 M65 M65	Lionel Low 2.13 Jump F Florentz 6.13 Todd Uemura 3.46 Henry Dutro 4.97 John Rosa 4.46 Courtland Pang 3.94 Lionel Low 4.86 R Molyneux 3.30 Pat Brown 3.75 Bob Voege 3.18 Deborah Scott 11-9.50 Robyn Calhoun 10-6 e Jump Hugh Buchanan 11.49 Todd Uemura 6.97 Taras Chepurny 11.55 Robert Larson 8.71 Lionel Low 10.07 Bob Voege 6.31 Put Brian Ueno 12.76 Bob DiBenedetto 10.45 Robert Larson 18.77 Jack Karbens 9.23 Kenneth Souza 10.99 Anthony Lenzer 8.55 Dick Mulkern 9.02 Roger Lee 7.15 Joan Davis 4.59 S

M60 Kenneth Souza 34.35 M65 Edward van Pelt 48 06 M70 Dick Mulkern 36 59 M75 Roger Lee 16 01 W55 Joan Davis 13 02 5000m RW M30 Gerald Dar 41:25.6h M40 Craig Lund 40:43.9h M45 Gary Harbottle 31:24.1h M50 S Davidson 35:08.1h M65 C Andrade 37:19 7h M75 Naoto Inada 43:54.9h W35 Nadine Lund 43:53.7h Grand Canyon State Games Phoenix, AZ; June 27 100m M30 Timothy Woods 11.23 M35 Scott Pasmore 12.10 M40 S Onyepunuka 11.53 M45 Stacev Price 11.77 M50 Ronald Jordan 12.79 M55 John Davis 13.10 M60 Fred Kier 13.37 M65 Dusty Wright 14.11 M75 Milton Silverstein 15.80 W30 Michelle Winkler 16.49 W35 E Mokoguw 13 39 W40 Sierra Kamela 14 49 W50 Kathy Jager 13.76 200m Timothy Woods 22.47 M30 M35 C Muhammad 22.92 M40 S Onyepunuka 23.95 M45 Burrell Bender 26.14 M50 Abe Rodriguez 26.26 M50 John Davis 27.61 M60 Fred Kjer 26.97 M65 Andy Anderson 30.30 W50 Kathy Jager 29.55 400m M30 Timothy Woods 48.41 M35 Ted Campbell 51.94 M40 S Onyepunuka 53.40 M45 C Holloway 1:04.88 M50 Abe Rodriquez 1:00.36 M55 Garry Cox 1:02.78 M60 Al Lowe 1:15.15 800m Brian Dempsey 2:16.62 M30 M35 Ted Campbell 2.03 24 M40 Jim Hershberger 2:11.10 M45 David Gladstone 2:26.93 Richard Rivera 2:55.47 M50 3:17.01 M55 Karl Schmitz 1500m 4.36.29 M30 Lee Noble M35 Doug Morris 4:20.66 M40 Fred Behrmann 4:30.17 M45 David Gladstone 5:09.02 M55 Karl Schmitz 6:10.16 M60 Cliff Bedell 5:27.02 1500m W30 Brigette Beracy 5:24.68 3000m W30 Brigette Beracy 11:43.92 W35 C Gardiner 10:08.24 5000m M30 Jeff Maples 19:08.94 16:32.26 M35 E Condon 16:53.54 M40 S Greenspan M50 C Balchumas 21:10.45 M55 Karl Schmitz 23:15.72 M60 Ralph Scales 19:10.21 Steeplechase M30 Jeff Maples 12.20 22 M35 David Dobler 10:12.24 M40 David Parnell 14:19.73 M45 John Rhodes 14:59.85 Long Hurdles M35 Steve Janusz 1:04.22 M40 J Buhmiller 1:06.49 M45 John Rhodes 1:18.26 M50 Dick Upton 1:14.92 M65 Dave Douglass 1:04.44 High Jump M30 Bill Jones 1 93 M35 Randy Forrest 1.88 1.80 M40 Brian Campbell M45 Pat Fahy 1.60 M50 Richard Rivera 1.30 M65 Dave Douglass 1.25 W35 Deborah Cooper 1.35 Pole Vault 3.20 M35 John Brown

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	M40	Henry Barela	4.57
	M45	Richard Watson	2.74
I	M50	Gary Salvail	3.04
I	M55 M65	Larry Jones Douglas McFetters	2.74 NA
I	M75	T DeVaughn	1.98
	W30	Jennifer Croissant	8'
	W50	Kathy Jager Jump	1.98
	M30	Algie Mitchell	5.76
	M35	Dave Nichols	6.02
	M40 M45	Brian Campbell Pat Fahy	5.58 5.74
-	M50	Warren Gillette	5.60
I	M55	Keith Powell	4.52
	M75 W40	Everett Penrod Sierra Kamela	2.47
I	W50	Kathy Jager	3.74
	-	Jump	
I	M30 M35	Richard Jones Chris Franks	13.12 10.38
	M40	Brian Campbell	11.58
I	M45	Pat Fahy	11.39
I	M50 M60	John Gray Bob Delfs	10.73 5.54
I	Shot I	and the second second second	5.54
I	M35	Ron Stilwell	13.85
	M40 M45	Jeff Phister Richard Watson	12.22
	M50	Billy Winchester	15.10
I	M55	Duane Thompson	12.05
I	M60	Ben McGrady	12.16
I	M65 M70	Paul O'Leary Wes Goodwin	10.83
	W30	Donna Kee	8.99
I	W35	Laurie Shagena	9.11
I	W40 W45	Vicki McMillan Joan Stratton	7.94 10.29
I	W50	Kathy Jager	8.22
I	W60	B J Smith	5.22
I	W65 Discu	Bernice Wagner	5.73
I	M35	Ron Stilwell	41.60
	M40	Andy Miller	48.98
I	M45 M50	Reuben Young Billy Winchestge	33.68 43.54
	M55	Bob Osterhoudt	33.70
	M60	Bob Bergfeldt Dave Douglass	40.14
	M65 M70	C J Smith	33.14 16.96
I	W30	Donna Kee	19.82
I		Joan Stratton	32.56
I	W45	Kathy lager	10 04
	W45 W50 W60	Kathy Jager B J Smith	19.94 9.92
	W50 W60 Ham	B J Smith mer	9.92
	W50 W60 Ham M35	B J Smith mer Jeff Crothers	9.92 35.21
	W50 W60 Ham	B J Smith mer	9.92
	W50 W60 Ham M35 M40 M45 M50	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman	9.92 35.21 25.91 36.48 17.02
	W50 W60 Ham M35 M40 M45 M50 M55	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt	9.92 35.21 25.91 36.48 17.02 39.37
	W50 W60 Ham M35 M40 M45 M50 M55 M65 M75	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00
	W50 W60 Ham M35 M40 M45 M50 M55 M65 M75 W45	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton	9.92 35.21 25.91 36.48 17.02 39.37 31.20
	W50 W60 Ham M35 M40 M45 M50 M55 M65 M75	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77
	W50 W60 Hama M35 M40 M45 M50 M55 M55 M55 M75 W45 Javel M40 M45	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19
	W50 W60 Hama M35 M40 M45 M50 M55 M55 M55 M75 W45 Javel M40 M45 M50	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78
	W50 W60 Hama M35 M40 M45 M50 M55 M55 M55 M75 W45 Javel M40 M45	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton joan Stratton James Lathrop Richard Watson Joe Hibe Charles Quarelli	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50
	W50 W60 Ham M35 M40 M45 M50 M55 M65 M65 Javel M40 M455 M50 M55 M60 M65	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95
	W50 W60 Ham M35 M40 M45 M55 M65 M75 W45 Javel M40 M45 M55 M60 M55 M60 M65 M70	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78
	W50 W60 Ham M35 M40 M45 M50 M55 M65 M65 Javel M40 M455 M50 M55 M60 M65	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20
	W50 W60 Ham M35 M40 M45 M50 M55 M65 M75 W45 Javel M40 M45 M50 M55 M55 M65 M55 M65 M55 M55 M65 M55 M65 M55 M65 M55 M40 M45 M50 M40 M45 M40 M45 M50 M45 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M40 M55 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M40 M45 M50 M45 M50 M45 M50 M45 M40 M45 M50 M45 M50 M45 M40 M45 M50 M45 M40 M45 M50 M45 M40 M45 M50 M45 M40 M45 M40 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M45 M50 M55 M55 M55 M55 M55 M55 M55 M55 M5	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78
	W50 W60 Ham M35 M40 M45 M55 M65 M75 W45 Javel M40 M45 M50 M55 M60 M55 M60 M55 W30 W45 W30	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58
	W50 W60 Ham M35 M40 M45 M55 M65 M75 W45 Javel M40 M45 M50 M55 M60 M55 M60 M55 W30 W45 W30	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92
	W50 W60 Ham M35 M40 M45 M50 M55 M75 W45 Javel M40 M45 M50 M55 M60 M55 M60 M55 M60 M55 W30 W45 W60 S000r M35 W40	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal 34: Jeff Komaiko 43:	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33
	W50 W60 Ham M35 M40 M45 M55 M75 M75 M75 M75 M75 M40 M45 M50 M55 M60 M55 M70 M35 W30 W45 W60 M35 S000 M35 M40 M50	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal J4: Jeff Komaiko 43: Phil Davis 34:	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33 35.43
	W50 W60 Ham M35 M40 M45 M50 M55 M75 W45 Javel M40 M45 M50 M55 M60 M55 M60 M55 M60 M55 W30 W45 W60 S000r M35 W40	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal 34: Jeff Komaiko 43: Phil Davis 34: Cliff Elkins 40:	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33
	W50 W60 Ham M35 M40 M45 M50 M55 M65 M55 M40 M45 M55 M65 M55 M65 M55 M65 M70 M35 W30 W45 W40 S000 M35 M40 M55 M40 M55 M40 M45 S000 M35 M40 M45 S000 M45 M35 M45 M45 M45 M40 M45 M50 M45 M40 M45 M55 M65 M40 M45 M55 M65 M40 M45 M55 M65 M40 M45 M55 M65 M65 M65 M40 M45 M55 M65 M65 M65 M65 M65 M65 M65 M65 M6	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal Jeff Komaiko 43: Phil Davis 34: Sciff Elkins 40: D Gladding 34: Karen Davis 29:	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33 35.43 24.40
	W50 W60 Ham M35 M40 M45 M50 M45 M50 M45 M40 M45 M55 M65 M55 M65 M55 M65 M70 M35 W30 W45 W60 5000r M35 W40 M55 W45 W50	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal Jeff Komaiko 43: Phil Davis 34: Cliff Elkins 40: Cliff Elkins 40	9.92 35.21 25.91 36.48 17.02 39.37 31.20 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.42 01.42 01.43 35.43 24.40 12.66 14.31
	W50 W60 Ham M35 M40 M45 M50 M55 M65 M55 M40 M45 M55 M65 M55 M65 M55 M65 M70 M35 W30 W45 W40 S000 M35 M40 M55 M40 M55 M40 M45 S000 M35 M40 M45 S000 M45 M35 M45 M45 M45 M40 M45 M50 M45 M40 M45 M55 M65 M40 M45 M55 M65 M40 M45 M55 M65 M40 M45 M55 M65 M65 M65 M40 M45 M55 M65 M65 M65 M65 M65 M65 M65 M65 M6	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal Jeff Komaiko M Cliff Elkins D Gladding Strate Stra	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33 35.43 35.43 24.40 51.60 12.66
	W50 W60 Ham M35 M40 M45 M55 M65 M45 Javel M40 M45 M50 M45 M50 M55 M60 M55 M60 M35 W30 W45 W30 W45 W30 W45 W45 W45 S W45 S M50 W45 S M50 M55 M65 M55 M55 M65 M55 M55 M65 M55 M55	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal Jeff Komaiko 43: Jeff Komaiko 43: Cliff Elkins Maren Davis 29: Elsie Kallai 39: Elkie Davis 35: Claire Elkins 44: 44: 44: 44: 45: 44: 45: 44: 45: 44: 45: 45	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33 35.43 24.40 51.60 12.66 14.31 49.40 49.29
	W50 W60 Ham M35 M40 M45 M50 M45 M55 W45 Javel M40 M45 M55 M60 M45 M70 M65 M70 M35 W30 W45 W60 S000 M35 W40 M55 W45 W50 W45 M75 Troja	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal Jeff Komaiko Matter Davis D Gladding Strate Davis Scilaire Elkins Masters Track Momentice Son Stratton Scilaire Strate Matter Masters Track Momentice Richard Watson Scilaire Strate Matter Strate Matter D Gladding Strate Strate Matter Masters Track Matter Converted Strate Matter Converted Strate Converted Strate Strat	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33 35.43 24.40 51.66 14.31 49.40 49.29 leet
	W50 W60 Ham M35 M40 M45 M50 M45 M55 W45 Javel M40 M45 M55 M60 M45 M70 M65 M70 M35 W30 W45 W60 S000 M35 W40 M55 W45 W50 W45 M75 Troja	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal Jeff Komaiko Jeff Komaiko D Gladding Strate Davis Strate Strate Strate Strate Strate Strate Strate Strate Strate Strate Strate Masters Track M	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33 35.43 24.40 51.66 14.31 49.40 49.29 leet
	W50 W60 Ham M35 M40 M45 M50 M55 M55 M55 M40 M45 M55 M65 M55 M65 M55 M65 M70 M35 W30 W45 W60 5000r M35 W40 M55 W45 W60 5000r M35 W45 SW60 S000r M35 M40 M45 SU M40 M45 M55 M65 M70 M65 M70 M65 M70 M55 M70 M55 M65 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M65 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M55 M70 M50 M55 M70 M50 M50 M70 M55 M70 M50 M50 M50 M50 M50 M50 M50 M50 M50 M5	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal Jeff Komaiko Jeff Komaiko D Gladding Staren Davis Elsie Kallai Staren Elkins 44: Dave Dave Staren Staren Davis Staren Davis Staren Davis Staren Davis Richard Watson Staren Davis Staren Davis Staren Davis Staren Davis Staren Davis Staren Davis Staren Davis Claire Elkins Staren Davis Charles Charles Charles Charles Staren Davis Staren Davis Star	9.92 35.21 25.91 36.48 17.02 39.37 31.20 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.43 1.60
	W50 W60 Ham M35 M40 M45 M50 M45 M55 M45 Javel M40 M45 M55 M65 M55 M65 M55 M65 M70 M35 W30 W45 W60 5000r M35 W40 M55 M40 M55 M45 M75 Crc Lo 100m M30	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal Jeff Komaiko Gladding Signification Elsie Kallai Signification Signification Signification Signification Signification Signification RW E Bernal Signification Signification Signification Signification Signification Signification Signification Signification Cliff Elkins Signification Signification Claire Elkins Signification Significatio	9.92 35.21 25.91 36.48 17.02 39.37 31.20 25.00 35.77 62.69 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33 35.43 24.40 51.66 14.31 49.40 49.29 leet 3 ,78 8 11.09
	W50 W60 Ham M35 M40 M45 M50 M55 M55 W45 Javel M40 M45 M50 M55 M70 M35 W30 W45 W30 W45 W30 W45 W30 W45 W30 W45 W30 W45 M70 M35 M40 M35 M70 M35 M40 M35 M60 M35 M70 M35 M60 M35 M70 M35 M60 M35 M70 M35 M60 M35 M60 M35 M70 M35 M60 M35 M75 M75 M75 M75 M75 M75 M75 M75 M75 M7	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal Jeff Komaiko D Gladding Karen Davis Elsie Kallai 39: Elkie Davis SClaire Elkins 44: Momwell Field, U.S.C S Angeles; June 2 G Onyenyeonwu Stephen Acosta C Stephenson	9.92 35.21 25.91 36.48 17.02 39.37 31.200 25.00 25.00 25.07 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33 35.43 24.40 51.60 12.66 14.31 49.40 49.29 leet 8 11.09 13.77 11.47
	W50 W60 Ham M35 M40 M35 M50 M55 M55 M55 M55 M55 M40 M45 M40 M45 Javel M40 M45 M50 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M35 W60 S000r M35 M40 M50 M65 M75 W45 W50 M65 M75 W45 W50 W65 Troja M30 M35	B J Smith mer Jeff Crothers Jeff Nelson Richard Watson Herbert Perlman Bob Osterhoudt Dave Douglass T De Vaughn Joan Stratton in James Lathrop Richard Watson Joe Hibe Charles Quarelli Bob Bergfeldt Dave Douglass C J Smith Tim O'Neil Donna Kee Kathy Jager B J Smith n RW E Bernal Jeff Komaiko Masters Track M omwell Field, U.S.C S Angeles; June 2 G Onyenyeonwu Stephen Acosta C Stephenson M Corrin	9.92 35.21 25.91 36.48 17.02 39.37 31.200 25.00 25.00 25.07 46.19 42.78 37.50 38.71 23.95 16.78 51.20 31.58 17.46 10.92 01.42 01.33 35.43 24.40 51.60 12.66 14.31 49.40 49.29 leet 28 8 11.09 13.77

1.1	M40	James Bonilla	11.88
	14140	Thomas Mike	12.09
		David Perrin	12.25
		Steve Cummings	12.49 13.31
	M45	Brent Moorhead Fred James	12.71
	M43	L Baskerville	12.84
		J Tomaschke	12.89
		George Wong	13.64
	M50	P Gnesin Frank Little	14.63 12.81
1	MSU	D Herring	12.99
		J Birnbaum	14.55
1	W55	Walt Butler	12.73
		D Reichardt C Loftis	13.07
1		T Craddock	13.77
	M60	Hal Tolson	12.49
		K Dennis	14.02
		Delos Eyer Haig Bohigian	14.03
	M65		14.18
	intos	Samuel Flory	14.47
		Jim Selby	14.82
		Vincent Salce Frank Kishi	14.90 15.39
	M70		16.54
		Joseph Welch	18.60
	M75	Tom Patsalis	16.49
	1.000	Thomas Pico	17.73
	M80 M85	Julian Myers Anthony Castro	24.69
	W30		13.92
	14	D Chambland	16.30
	W35		13.80
	W40) Sylvia Hoss Michele Freeman	14.36 14.78
		Darla Beadle	15.61
		K Herring	16.35
		Debbie Selby	17.74
		U Morris-Chong	13.93 14.71
		M J McMaster	23.39
	W65	M Kuehne	17.68
	200		1.61
		G Onyenyeonwu	23.33
	0	Stephen Acosta	29.63
	M35		25.10
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-	M40	Thomas Mike Steve Wulf	24.69 24.70 25.80
1 1 2 2 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	M40	Thomas Mike Steve Wulf Brent Moorhead	24.70 25.80 27.90
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C ARE A LOUGH CONTRA	M40	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson	24.70 25.80 27.90 29.70 25.78
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にはない、「ころ」というです。		Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson Fred James Steve Kloch J Tomaschke	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60
Care I Jacob and Andrew		Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson Fred James Steve Kloch J Tomaschke B Fitzpatrick	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37
the state of the state of the		Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson- Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60
Carlo and and an and a second second	M45	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin D Michael Kahn D Herring	24.70 25.80 27.90 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16
Card and the second sec	M45 M50	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen R Richardson Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry	24.70 25.80 27.90 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61
the last white a contract of the same	M45	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen R Richardson Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry 5 D Reichardt	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.61
Chief and the state of the state of the	M45 M50	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen R Richardson Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.61 27.17 27.62
the second of the second of the second of the	M45 M50	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin O Michael Kahn D Herring Joe Perry 5 D Reichardt C Loftis Robert Jones J Bustamante	24.70 25.80 27.90 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.87 29.21 25.87 26.13 27.61 27.61 27.62 30.03 30.68
Contraction of the second	M45 M50	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson- Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry 5 D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson	24.70 25.80 27.90 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.61 27.62 30.03 30.68 25.67
	M45 M50 M55 M60	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson- Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry 5 D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian	24.70 25.80 27.90 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.61 27.62 30.06 8 25.67 32.17
	M45 M50 M55	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson- Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry 5 D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian	24.70 25.80 27.90 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.61 27.62 30.03 30.68 25.67
	M45 M50 M55 M60	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry 5 D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian 5 Don Cheek Samual Flory Jim Selby	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.61 27.62 30.03 30.68 25.67 32.17 28.95 29.96 30.62
	M45 M50 M55 M60	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen R Richardson Fred James Steve Kloch J Tomaschke. B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian D Don Cheek Samual Flory Jim Selby Vincent Salce	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.17 27.62 30.03 30.68 25.67 32.17 28.95 29.96 30.62 30.65
	M45 M50 M55 M60 M65	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen R Richardson Fred James Steve Kloch J Tomaschke. B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian D On Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.17 27.62 30.03 30.68 25.67 32.17 28.95 29.96 30.62 30.65 33.27
	M45 M50 M55 M60 M65	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry 5 D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian 5 Don Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi O Al Escobosa	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.17 27.62 30.03 30.68 25.67 32.57 28.95 29.96 30.62 30.65 33.27 31.04
	M45 M50 M55 M60 M65	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen R Richardson Fred James Steve Kloch J Tomaschke. B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian D On Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi A I Escobosa Thomas Miller	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.17 27.62 30.03 30.68 25.67 32.17 28.95 29.96 30.62 30.65 33.27
	M45 M50 M55 M60 M65	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen R Richardson Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry D Reichardt C Loftis Robert Jones J Bustamante Hai g Bohigian D On Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi A I Escobosa Thomas Miller Joseph Welch Harold Willis	24.70 25.80 27.90 29.70 25.78 26.13 26.57 29.21 25.87 29.21 25.87 29.26 10.25.87 29.21 25.87 29.26 27.61 27.61 27.62 30.03 30.68 25.67 32.17 28.95 29.96 30.62 30.65 33.27 31.04 35.25 39.47 39.86
	M45 M50 M55 M60 M65	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson- Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry 5 D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian 5 Don Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi Al Escobosa Thomas Miller Joseph Welch Harold Willis Thomas Pico	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.61 27.61 27.62 30.068 25.67 32.17 28.95 29.96 30.62 30.65 33.27 31.04 35.25 39.47 39.86 37.31
	M45 M50 M55 M60 M65 M70 M75	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson- Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry 5 D Reichardt C Loftis Robert Jones J Bustamante D Hal Tolson Haig Bohigian 5 Don Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi A I Escobosa Thomas Miller Joseph Welch Harold Willis Thomas Pico Bob Hunt	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.61 27.62 30.03 30.68 25.67 32.17 28.95 29.96 30.62 30.65 33.27 31.04 35.25 39.47 39.86 37.31 41.70
	M45 M50 M55 M60 M65	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson- Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry 5 D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian 5 Don Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi A I Escobosa Thomas Miller Joseph Welch Harold Willis Thomas Pico Bob Hunt Julian Myers	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.61 27.61 27.62 30.068 25.67 32.17 28.95 29.96 30.62 30.65 33.27 31.04 35.25 39.47 39.86 37.31
	M45 M50 M55 M60 M65 M70 M75 M80 M85 W30	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen 5 R Richardson Fred James Steve Kloch J Tomaschke B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry 5 D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian 5 Don Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi A I Escobosa Thomas Miller Joseph Welch Harold Willis Thomas Pico Bob Hunt Julian Myers Anthony Castro Tammy Nolen	24.70 25.80 27.90 29.70 25.78 26.13 26.57 26.60 27.37 29.21 25.87 26.16 27.61 27.17 27.62 30.03 30.68 25.67 32.17 28.95 29.96 30.65 33.27 31.04 35.25 39.47 39.86 37.31 41.70 52.42 41.14 29.56
	M45 M50 M55 M60 M65 M70 M75 M80 M75 M80 W30 W35	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen R Richardson Fred James Steve Kloch J Tomaschke. B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian Don Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi A I Escobosa Thomas Miller Joseph Welch Harold Willis Thomas Pico Bob Hunt Julian Myers Anthony Castro Tammy Nolen Elaine Iba	24.70 25.80 27.90 29.70 25.78 26.13 26.67 27.97 29.21 25.87 29.21 25.87 29.21 25.87 29.21 25.87 29.21 25.87 29.21 27.62 30.03 30.68 25.67 32.17 28.95 29.96 30.62 30.65 33.27 31.04 35.25 39.47 39.86 37.31 41.70 52.42 41.14 29.56 29.84
	M45 M50 M55 M60 M65 M70 M75 M80 M75 M80 W30 W35	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen R Richardson Fred James Steve Kloch J Tomaschke. B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian Don Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi A I Escobosa Thomas Miller Joseph Welch Harold Willis Thomas Pico Bob Hunt Julian Myers Anthony Castro Tammy Nolen Elaine Iba Carla Hoppie	24.70 25.80 27.90 29.70 25.78 26.13 26.57 29.21 25.87 26.16 27.37 29.21 25.87 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.72 29.21 27.77 29.21 27.72 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.21 27.77 29.96 30.68 37.27 31.04 35.25 39.87 39.86 37.31 41.70 52.47 39.86 37.31 41.70 52.59 39.86 37.31 41.70 52.59 39.86 37.31 41.70 52.59 53.27 31.04 35.25 39.86 37.31 41.70 52.41 29.86 37.31 41.70 52.41 29.86 37.31 41.70 52.55 39.47 39.86 37.31 41.70 52.95 29.84 29.95 29.96 29.95 29.96 29.95 29.96 29.95 29.96 29.95 29.96 29.95 29.96 29.95 29.96 29.95 29.96 29.95 29.96 29.95 29.95 29.96 27.31 41.70 25.25 29.84 29.85 29.84 29.85 29.84 29.85 29.84 29.84 29.85 29.84 29.84 29.84 29.84 29.84 29.85 29.84 29.84 29.84 29.70
	M45 M50 M55 M60 M65 M70 M75 M80 M75 M80 W30 W35	Thomas Mike Steve Wulf Brent Moorhead Mark Cohen R Richardson Fred James Steve Kloch J Tomaschke. B Fitzpatrick P Gnesin Michael Kahn D Herring Joe Perry D Reichardt C Loftis Robert Jones J Bustamante Hal Tolson Haig Bohigian Don Cheek Samual Flory Jim Selby Vincent Salce Frank Kishi A I Escobosa Thomas Miller Joseph Welch Harold Willis Thomas Pico Bob Hunt Julian Myers Anthony Castro Tammy Nolen Elaine Iba	24.70 25.80 27.90 29.70 25.78 26.13 26.67 27.97 29.21 25.87 29.21 25.87 29.21 25.87 29.21 25.87 29.21 25.87 29.21 27.62 30.03 30.68 25.67 32.17 28.95 29.96 30.62 30.65 33.27 31.04 35.25 39.47 39.86 37.31 41.70 52.42 41.14 29.56 29.84
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page	34		
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00 Meter Dash	SE CAL	M 1.
135 Roosevelt Ruby Ronald Wallace	11.45 12.18	M
Greg Font	12.32 12.56	M
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John Wells Bob Blackburn	12.23 12.26	2
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Steve Banton Naim Hasan	13.87 13.97	
Richard Walton	13.94	M
150 Dave Walter Larry Schellrer	12.42 12.79	1
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Richard Ying 455 Stephen Robbins	13.22 12.03	N
Paul Edens Ron Jensen	12.53 13.53	N N
Michael Myles	13.97	N
M60 Robert Miller Jim Schlewitz	13.58 14.18	V
Paul Stepan	14.22 15.92	V
165 Cully Vaughan John Nelson	19.55	3
170 Dick Cottingham Hal Carlile	15.33 15.36	N
175 Albert Johnson	21.47	V
480 Dan Bulkley W35 Dawn Collins	16.16 14.38	V
W40 Heidi Sause	14.47	V
W50 Caroline Cooney Patrica Horne Wright	16.72 18.92	N
W55 Rose Schlewitz W80 Irene Crane	18.32 30.73	N
Age-Graded 100m	30.73	N
Dan Bulkley 81 Jack Coy 67	10.93 11.30	
Jim Schlewitz 64	11.81	
Doug Puckett 34 Cully Vaughn 67	12.47	8
Dick Cottingham 70	12.58	N
Al Johnson 75 200 Meter Dash	15.42	1
M30 Curtis Wilson, Jr. Douglas Puckett	22.97 24.41	
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Mike Toll M35 Greg Font	25.01 25.27	
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135 David Haner	57.68
40 Karry Cameron Mike Andrews	53.17 53.34
145 Russell Acea	57.03
150 Dave Walter	54.73
Rich Tucker Ed Tanner	58.20 1:12.45
155 Don McMillan	58.82
Ron Jensen 160 Paul Stepan	1:03.66 1:08.05
160 Larry Wright	1:13.85
170 Tom Brinton 180 Dan Bulkley	1:10.98 1:30.07
180 Dan Bulkley /80 Irene Crane	2:31.95
00 Meter dash	
130 Curtis Wilson, Jr. Mark Holme	1:58.36 1:58.76
135 Mike Stepan	2:04.01
140 Dave Clingan Walt Yohn	2:07.87 2:15.47
145 Gordon Valient	2:12.38
Andrew Delecki	2:23.85
150 Rich Tucker Marc Wiitala	2:12.09 2:15.44
Jim Hampton	2:20.66
155 Don McMillan	2:14.32
160 Larry Wright Ken Ogden	2:44.44 2:45.33
165 Don Kane	2:47.85
Jack Keener 170 Tom Brinton	2:48.04 2:45.91
180 Dan Bulkley	3:37.59
,500 Meter Run	4.00.01
130 Robert Ricker 135 Mike Stepan	4:58.54 4:17.41
Pat Wagner	4:20.66
John Shaw	4:36.57
140 Walt Yohn Steve Meyer	4:43.69 4:57.94
145 Jim Jones	4:28.97
Dave Taylor	4:47.83
Jim Goodman Vince Engor	5:13.25
450 Bob Williams	4:50.8]
Marc Wiitala Greg Jacob	4:51.30 5:12.15
Steve Munroe	5:12.15
455 Luigi Schiavo	6:53.85
460 Larry Wright 460 Ken Ogden	5:30.36 5:53.59
465 Jack Keener	6:02.86
Donn Kirk W44 Robin Vesey	7:01.42
V50 Candy Puterbaugh	5:24.9S 5:29.22
W55 Laura Stepan	7:49.60
V65 Susan Means ,000 Meter Run	7:21.S6
175 Joseph Mallon	18:08.95
V40 Katey Angel Robin Vesey	11:07.80 11:21.14
V65 · Susan Means	15:52.18
W70 Helen Lachman	18:50.31
5,000 Meter Run 430 Tim Becken	18:45.43
Douglas Puckett	19:53.71
M45 Dave Taylor M50 Foster R. Kimble	17:28.84 20:08.16
Steve Munroe	20:08.16
Ed Tanner	23:13.11
M60 Larry Wright M65 Donn Kirk	20:59.S4 26:10.91
80 Meter High Hurd	Barris Contraction
M80 Dan Bulkley	19.07
W40 Heidi Sause W50 Caroline Cooney	14.63 21.21
100 Meter High Hur	dles
M40 Karry Cameron M45 Richard Walton M50 K.H. Troy	18.17
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300 Meter Int Hurdl	cs
M50 Ed Tanner M40 Karry Cameron	1:02.96 1:05.15
M45 Richand Walton	1:09.77
M80 Dan Bulkley W40 Heidi Sause	WR1:04.63
W-40 Heidi Sause 3,000 Meter Steeple	1:15.26 chase
416 Det Wanner	10.07 71
James DeRosso John Hughel	10:45.38 11:54.75
M45 Felix Lupe	11:54.65
M50 Ed Tanner	15:18.45
M55 Luigi Schiavo High Jump	15:56.79
M30 Tom A. Thompson	
David Turnbull Brian Cousbay	1.93
Brian Coushay M35 Mike Jaqua	1.78 1.68
M40 Steve Banton	1.53
Fred W Pearson	1.53
M45 Bill Spaet M50 Dick Clintworth M55 Joe Johnson	1.58 1.54
M55 Joe Johnson	1.31

lasters News
Don McCrea
M65 Keith Carr M70 Vince Sempronio
M75 Gilbert Young Les Hintz
W35 Martha Mendenhall
W50 Caroline Cooney Cherie Potsklan
Pole Vault
M35 Mike Jaqua M40 Steve Banton
M45 Bill Spaet Jobn Patterson
Russell Acea
M50 Josef Pfister Dick Clintworth
Richard Ying
M55 Larry Holmes M60 Don Gray
M70 John P. Cleveland M75 Les Hintz
Long Jump
M30 David Tumbull Brian Coushay
Mike Toll M35 Greg Font
M40 Fred W Pearson
Naim Hasan Bob Blackburn
John Wells
M45 Russell Acea M50 Dick Clintworth
Oron Lott
David Smith M55 Dick Rex
Pete La Barge
Luigi Schiavo W30 Julie Toll
W50 Caroline Cooney Triple Jump
M30 Mike Toll
M42 Bob Blackburn M50 K.B. Troy
David Smith
W30 Julie Toll Shot Put
M50 Jerry Ford
Jerry Crowe David Smith
M55 Joe Johnson M60 Bob Lawson
M60 Neil Saling
M65 Tom Allison M70 Vince Sempronio
Cal Hersey Ward Church
M75 Don Jacobs
M80 Ross Carter M85 Leon Joslin
W50 Kitty Crowe W70 Patricia Osmon
Discus Throw
M40 Richard Stewart Brian Valley
Steve Banton
M45 Tim Muller M50 Jerry Crowe
Dick Clintworth M55 John White
Conrad Sundholm
Pete La Barge Luigi Schiavo
John King
M60 Bob Lawson Neil Saling
Mirl Gratton Frank Miller
M65 Jerry Wojcik
Cully Vaughan M70 Cal Hersey
Ward Church
M75 Don Jacobs M80 Ross Carter
M85 Leon Joslin W50 Kitty Crowe
W55 Suzy Hess
W60 Melissa Buchan W70 Patricia Osmon
Hammer Throw
M50 George Mathews
Todd Taylor David Smith
M55 Jobn Wbite Luigi Schiavo
M60 Bob Lawson
Frank Miller M65 Jim Hitchman
Jerry Wojcik
Vince Sempronio
Jim Holland Ward Church

1.27 1.31	M85 Leon Joslin W55 Suzy Hess	19.44 20.74
1.11	W70 Patricia Osmon	17.72
1.11	Javelin Throw M30 Ken Weinberg	62.59
1.52	M45 Ray Milojevich	44.73
1.04	Russell Acea	31.19
0.93	M50 David Smith	30.25
4.11	M55 Gary Reddaway Pete La Barge	37.90
3.50	Luigi Schiavo	25.22
3.50	M60 Mirl Gratton	36.42
3.35	Bob Lawson	36.09
3.35	Jim Schlewitz	23.14 34.62
3.35	M65 Tom Allison Cully Vaughan	25.78
2.89	M70 Cal Hersey	25.32
3.35	Vince Sempronio	24.23
2.89 2.89	Ward Church	22.00
1.52	M75 Joseph Mallon	19.37 14.73
	Don Jacobs M85 Leon Joslin	15.32
6.57	W50 Patricia Home Wrig	
6.33	W55 Rose Schlewitz	10.20
6.20 5.47	W70 Patricia Osmon	11.80
5.70	Weight Throw	12.71
5.70	M50 George Mathews	13.71 13.09
5.35	Todd Taylor Jerry Ford	7.83
4.94	M55 John White	10.87
5.29	Luigi Schiavo	6.74
4.66	M60 Bob Lawson	11.95
4.57 3.38	M65 Jerry Wojcik	9.93
4.74	M70 Ken Weinbel	11.33 10.14
14.11	Vince Sempronio Jim Holland	7.01
3.11	Ward Church	6.41
4.00	M85 Leon Joslin	6.06
3.36	W55 Suzy Hess	7.17
10.67	W70 Patricia Osmon	4.65
3.70	5,000 Meter Racewa	
10.60	M44 Doug Vermeer	
7.60	M45 Felix Lupe	34:52.64
8.70	M55 Edgar Kousky Bob Brewer	
	M65 Dick Vaughn	30:33.74
12.74 12.09	M75 Joseph Mallon	
	W35 Kim Miller	
11.99		
11.99 10.72	W40 Diane Brameman	35:26.34
10.72 11.63	W40 Diane Brameman W50 C.J. Hanes	35:26.34 39:27.41
10.72 11.63 11.21	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler	35:26.34 39:27.41 36:21.62
10.72 11.63 11.21 10.69	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker	35:26.34 39:27.41 36:21.62 36:19.56
10.72 11.63 11.21	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class	39:27.41 36:21.62 36:19.56
10.72 11.63 11.21 10.69 11.47 9.60 8.46	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest nships
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest nships
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest nships
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest ships 27-28 10.80 11.79
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scarlett	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest ships 27-28 10.80 11.79 11.38
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest ships 27-28 10.80 11.79 11.38 11.76
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbułł M35 Paul Scarlett Ron Walface Dave Haner	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest sships 27-28 10.80 11.79 11.38 11.76 12.24
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest ships 27-28 10.80 11.79 11.38 11.76
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbułł M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest sships 27-28 10.80 11.79 11.38 11.76 12.24 11.61
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest thships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05
10.72 11.63 11.21 10.69 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest ships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05 13.47
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 42.76 27.98 33.74 32.92	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbuli M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest sships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.04 13.47 12.17
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 32.92	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest sships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 12.24 11.61 11.67 12.24 12.05 13.47 12.17 12.62
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbuli M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest sships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.04 11.67 13.47 12.17
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 32.92 30.56	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest thships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05 13.47 12.17 12.62 13.47 12.62 13.41 12.58
10.72 11.63 11.21 10.69 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 27.98 33.74 32.92 30.56 29.92 43.16 40.76	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scariett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest ships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05 13.47 12.17 12.62 13.45 12.41 12.58 12.62
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 30.56 29.92 43.16 40.76 37.94	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scariett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest sships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.02 13.47 12.17 12.62 13.45 12.41 12.62 12.43
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.26	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scariett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor Richard Ying	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest sships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 12.84 12.05 13.47 12.17 12.62 13.45 12.41 12.58 12.61 12.58 12.62 12.73 13.08
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.26 30.42	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scariett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest sships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.02 13.47 12.17 12.62 13.45 12.41 12.62 12.43
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.26	W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest thships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05 13.47 12.62 13.45 12.41 12.58 12.62 12.41 12.58 12.62 12.73 13.08 13.14 13.35 13.45
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.26 29.93 24.68	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Reglonal Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Ciyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest ships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05 13.47 12.17 12.62 13.45 12.45 12.45 12.45 12.45 12.45 13.45 12.62 12.73 13.08 13.14 13.35 13.45 12.60
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.26 30.42 26.38 24.68 14.36	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Chyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.02 13.47 12.17 12.62 13.45 12.41 12.62 12.73 13.08 13.14 13.35 13.45 12.60 13.48
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.26 30.42 26.62 29.38 14.36 31.76	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Chyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest sships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 12.24 11.61 11.67 12.24 11.61 12.62 13.45 12.41 12.58 12.62 12.73 13.08 13.14 13.35 13.45 12.45 12.45 12.41 12.58 13.45 12.62 12.73 13.08 13.14 13.35 13.45 12.45 12.45 12.41 13.45 12.45 12.41 12.58 13.45
10.72 11.63 11.21 10.69 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.26 30.42 26.62 29.38 24.62 29.38 24.62 31.45 31.76 20.48	 W-40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbułł M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum M60 Jim Schlewitz 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest thships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05 13.47 12.17 12.62 13.45 12.41 12.58 12.62 12.73 13.08 13.14 13.35 13.45 14.45 14.45 14.45 14.45 14.45 14.45 14.55 14.55 14.55 14.55 14.55
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.26 30.42 26.62 29.38 24.68 14.36 31.76 20.48 17.46	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Chyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest sships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 12.24 11.61 11.67 12.24 11.61 12.24 13.45 13.45 12.41 12.58 12.62 12.73 13.08 13.14 13.35 13.45 12.45 12.45 12.41 12.58 13.45 12.62 12.73 13.08 13.14 13.35 13.45 12.45 12.45 13.45
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.24 33.24 24.68 14.36 31.76 20.48 17.46 17.32	 W40 Diane Brameman W50 C.J. Hanes W53 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Reglonal Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbuli M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Ciyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum M60 Jim Schlewitz Bob Golly Paul Stepan M65 Jim Stookey 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest 10.80 11.79 11.38 11.76 12.24 11.61 11.67 12.24 11.61 11.67 12.24 11.61 12.25 13.47 12.17 12.62 13.45 12.41 12.58 12.62 12.73 13.08 13.14 13.35 13.45 12.60 13.48 14.86 13.96 13.99
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.26 30.42 26.62 29.38 24.68 14.36 31.76 20.48 17.46	 W40 Diane Brameman W50 C.J. Hanes W53 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champlor Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Chyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum M60 Jim Schlewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest 10.80 11.79 11.38 11.76 12.24 11.61 11.67 12.24 11.61 11.67 12.25 13.47 12.17 12.62 13.47 12.17 12.62 13.47 12.41 12.58 12.41 12.58 12.62 12.73 13.08 13.145 13.45 13.45 13.49 13.99 14.45
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 42.76 29.92 43.16 40.76 30.42 29.38 24.68 14.36 31.74 31.46 17.32 13.31	 W-40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum M60 Jim Schlewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy Cully Vaughan 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.02 13.47 12.17 12.62 13.45 12.41 12.62 13.45 12.41 12.62 12.73 13.08 13.14 13.35 13.45 12.62 12.73 13.08 13.14 13.35 13.45 13.45 13.45 13.45 13.45 13.45 13.45 13.65 13.45 13.65 15.65 15.65 15.65 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15.55 15
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 40.76 37.94 33.24 29.92 43.16 40.76 30.42 29.38 24.68 14.36 31.746 17.32 13.31 11.42	 W-40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbułł M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Stepan M60 Jim Schlewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest thships 27-28 10.80 11.79 11.38 11.76 12.24 11.67 11.84 12.05 13.47 12.17 12.62 13.45 12.41 12.58 12.62 12.73 13.08 13.14 13.35 13.45 12.62 12.73 13.08 13.14 13.35 13.48 13.45 13.48 13.45 13.48 13.45 13.48 13.45 13.48 13.48 13.45 13.48
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 42.76 29.92 43.16 40.76 30.42 29.38 24.68 14.36 31.74 31.46 17.32 13.31	 W-40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbuli M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Chyde Hundley David Clyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum M60 Jim Schoewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier Dick Cottingham 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest thships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 12.24 11.61 11.67 12.25 13.47 12.17 12.62 13.45 12.41 12.58 12.62 12.73 13.08 13.14 13.35 13.45 12.60 13.48 14.86 13.99 14.45 13.99 14.45 13.48 14.27 15.23
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 23.92 29.92 43.16 40.76 30.42 29.92 43.16 40.76 30.42 29.92 43.16 40.76 30.42 29.92 43.16 40.76 30.42 29.92 43.16 40.76 30.42 29.92 43.16 40.76 30.42 29.92 43.16 40.76 30.42 29.92 43.16 40.76 30.42 20.92 43.16 40.76 30.42 20.92 43.16 40.76 30.42 20.92 43.16 40.76 30.42 20.92 43.16 40.76 30.44 30.42 20.92 43.16 40.76 30.42 20.92 43.16 40.76 30.42 20.92 43.16 40.76 30.42 20.92 43.16 40.76 30.42 20.92 43.16 40.76 30.42 20.92 43.16 40.76 30.42 20.92 43.16 40.76 30.42 20.92 43.16 40.76 30.42 20.92 20.92 43.16 40.76 30.42 20.93 21.62 20.93 21.62 20.93 21.62 20.93 21.62 21.75 21.75 21.31 11.42 48.32	 W40 Diane Brameman W50 C.J. Hanes W53 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Reglonal Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Chyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum M60 Jim Schlewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier Dick Cottingham Fremont Sturm 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest thships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05 13.47 12.62 13.45 12.41 12.58 12.62 12.73 13.08 13.145 12.62 12.73 13.08 13.145 12.60 13.48 13.99 14.45 13.99 14.45 13.82 14.37 15.82 17.98
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.24 30.42 26.62 29.38 24.68 17.46 17.32 13.31 11.42 48.32 48.14 29.58 37.10	 W-40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Stepan M60 Jim Schlewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier Dick Cottingham Fremont Sturm Don Anhorm Ray Ryan 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest 10.80 11.79 11.38 11.76 12.24 11.61 11.67 12.24 11.61 11.67 12.24 11.61 12.25 13.47 12.17 12.62 13.45 12.41 12.58 12.62 12.73 13.08 13.14 13.35 13.45 12.60 13.48 14.86 13.99 14.45 13.99 14.45 13.48 14.27 15.23
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 42.76 27.98 33.74 32.92 33.74 32.92 30.56 29.92 43.16 40.76 37.98 33.74 32.92 30.56 29.92 43.16 40.76 37.48 33.24 33.24 33.24 33.24 33.24 31.42 26.62 29.38 24.68 11.42 1.44 1.42	 W-40 Diane Brameman W-50 C.J. Hanes W-50 C.J. Hanes W-55 Shannon Kessler W-60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Stepan Sidney Woodsum M60 Jim Schlewitz Bob Golly Paul Stepan M55 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier Dick Cottingham Fremont Sturm Don Anhorm Ray Ryan M75 Bill Bronson 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest thships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05 13.47 12.17 12.62 13.45 12.41 12.58 12.62 12.73 13.08 13.14 13.35 13.45 12.60 13.48 13.99 14.45 13.99 14.45 13.48 14.97 15.82 14.37 15.82 14.37 15.82 14.37
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 40.76 29.92 43.16 40.76 30.42 29.38 24.68 14.36 31.46 17.32 13.31 11.42 48.32 48.14 29.58 37.10 22.34 34.50	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbuli M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Chyde Hundley David Clyde Hundley David Sollewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier Dick Cottingham Fremont Sturm Don Anhorn Ray Ryan M75 Bill Bronson Al Johnson 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest thships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05 13.47 12.17 12.62 13.45 12.41 12.58 12.41 12.58 12.41 12.58 13.44 13.35 13.45 12.60 13.48 13.99 14.45 13.99 14.45 13.99 14.45 13.99 14.45 13.99 14.45 13.99 14.45 13.99 14.45 13.99 14.45 13.98 14.97 15.82 21.02
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 42.76 29.92 43.16 40.76 30.42 29.38 24.68 14.36 31.46 30.42 29.38 24.68 17.43 11.42 48.32 48.14 29.58 37.10 22.34 34.50 33.18	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Chyde Hundley David Timg Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum M60 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier Dick Cottingham Fremont Sturm Don Anhorn Ray Ryan M75 Bill Bronson Al Johnson W35 Dawn Collins 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest thships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 12.24 11.61 11.67 12.25 13.47 12.17 12.62 13.47 12.17 12.62 13.47 12.62 13.44 12.58 12.41 12.58 12.41 12.58 12.45 13.45 12.60 13.48 13.99 14.45 13.99 14.45 13.99 14.45 13.99 14.45 13.99 14.45 13.99 14.35 13.99 14.45 13.99 14.45 13.99 14.35 13.99 14.35 13.99 14.45 13.99 14.35 13.99 14.45 13.99 14.35 13.99 14.35 13.99 14.45 13.99 14.35 13.99
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 32.92 30.56 29.92 43.16 40.76 37.94 33.26 30.42 26.62 29.38 14.36 31.76 14.36 31.42 32.92 30.56 29.92 43.16 40.76 37.94 33.26 30.42 26.62 29.38 14.36 31.76 14.32 13.26 31.42 31.14 31.42 31.14 31.142	 W40 Diane Brameman W50 C.J. Hanes W53 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Reglonal Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbuli M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Chyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum M60 Jim Schlewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier Dick Cottingham Fremont Sturm Don Anhorn Ray Ryan M75 Bill Bronson Al Johnson W35 Dawn Collins W40 Jacqueline Board 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest nships 27-28 10.80 11.79 11.38 11.76 12.24 11.61 11.67 11.84 12.05 13.47 12.62 13.45 12.41 12.58 12.62 13.45 12.62 13.45 12.62 13.45 12.62 13.45 12.62 13.45 12.60 13.48 13.99 14.45 13.99 14.45 13.99 14.45 13.99 14.45 13.99 14.52 13.99 14.52 13.99 15.23 17.98 18.02 21.11 15.86 21.02 13.97 13.31
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 42.76 27.98 33.74 32.92 30.56 42.76 29.92 43.16 40.76 30.42 29.38 24.68 14.36 31.46 30.42 29.38 24.68 17.43 11.42 48.32 48.14 29.58 37.10 22.34 34.50 33.18	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Stepan M65 Jim Schlewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier Dick Cottingham Fremont Sturm Don Anhorn Ray Ryan M75 Bill Bronson Al Johnson W35 Dawn Collins W40 Jacqueline Board Rebecca Mitchell Shawn Underwoor 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest 15hips 27-28 10.80 11.79 11.38 11.76 12.24 11.67 11.84 12.05 13.47 12.17 12.62 13.45 12.41 12.58 12.62 12.73 13.045 12.41 12.58 12.62 12.73 13.045 13.45 12.62 13.45 13.45 12.62 13.45 13.52 13.11 15.52
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 37.66 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.98 33.74 32.92 30.56 29.92 43.16 40.76 37.94 33.24 33.24 33.24 24.68 11.42 29.38 24.68 11.42 29.38 24.68 11.42 13.31 11.42 48.32 48.32 48.32 48.32 48.32 48.31 11.42 13.31 13.31 13.45 13.52 27.72	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbuli M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Chyde Hundley David Clex Freitas Geoffrey Hughes M55 Paul Edens Ron Jensen Sidney Woodsum M60 Jim Schlewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier Dick Cottingham Fremont Sturm Don Anhorn Ray Ryan M75 Bill Bronson Al Johnson W35 Dawn Collins W40 Jacqueline Board Rebecca Mitchell Shawn Underwood 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest 15hips 27-28 10.80 11.79 11.38 11.76 12.24 11.67 11.84 12.05 13.47 12.17 12.62 13.45 12.41 12.58 12.62 12.73 13.045 12.41 12.58 12.62 12.73 13.045 13.45 12.62 13.45 13.45 12.62 13.45 13.52 13.11 15.52
10.72 11.63 11.21 10.69 11.47 9.60 8.46 5.42 10.62 7.44 6.26 5.83 46.72 36.00 31.46 42.76 27.98 33.74 32.92 30.56 29.92 43.16 40.76 37.98 33.74 32.92 30.56 29.92 43.16 40.76 37.98 33.74 32.92 30.56 29.92 43.16 40.76 37.98 33.74 33.26 30.42 26.62 29.38 24.68 17.32 13.31 11.42 48.32 48.31 48.32 48.31 11.42 48.32 48.31 11.42 48.32 48.31 11.42 48.32 48.31 11.42 48.32 48.32 31.40 33.52	 W40 Diane Brameman W50 C.J. Hanes W55 Shannon Kessler W60 Anne O. Whitaker Hayward Class Masters/USATF Nor Regional Champior Eugene, OR; June 100 m M30 Art Anderson David Turnbull M35 Paul Scarlett Ron Wallace Dave Haner M40 Karry Cameron Stacey Price John Wells Naim Hasan Steve Banton M45 Dave Ortman Charlie Powell Richard Walton M50 Lex Freitas George Lyden Clyde Hundley David Naylor Richard Ying Dan Cole Will Leslie Geoffrey Hughes M55 Paul Stepan M65 Jim Schlewitz Bob Golly Paul Stepan M65 Jim Stookey Jack Coy Cully Vaughan M70 Vern Regier Dick Cottingham Fremont Sturm Don Anhorn Ray Ryan M75 Bill Bronson Al Johnson W35 Dawn Collins W40 Jacqueline Board Rebecca Mitchell Shawn Underwoor 	35:26.34 39:27.41 36:21.62 36:19.56 ic thwest 15,56 10.80 11.79 11.38 11.76 12.24 11.67 11.84 12.05 13.47 12.17 12.62 13.45 12.41 12.58 12.62 12.73 13.045 12.41 12.58 12.62 12.73 13.045 12.62 13.45 12.62 13.45 12.62 13.45 14.53 13.53 14.53 15.62 14.53 15.62 14.53 15.62 14.53 15.62 14.53 15.62 14.53 15.62 14.53 15.62 14.53 15.62 14.53 15.62 14.53 15.62 14.53 15.62 14.53 15.54 15.52 15.55

	16 20
Teddie Bell W55 Marg Radcliffe	16.39 15.53
Rose Schlewitz	17.25
W60 Audrey Lary	16.24
Marilyn Rickson	17.70
Alice Whitty	26.84
W90 Myra Fromme WF	142.13
200m	
M30 Curtis Wilson Tate Metcalf	22.66 25.15
M35 Ron Wallace	25.02
David Haner	25.18
M40 Karry Cameron	23.49
John Wells	25.06
Naim Hasan	25.21
Bill Maier	25.62
Bruce Kupersmith	25.69
M45 Dave Ortman	24.58
Charlie Powell Richard Walton	25.76 27.85
Tim Shelley	28.32
M50 Lex Freitas	26.00
George Lyden	26.27
Clyde Hundley	26.51
Daniel Cole	27.63
Will Leslie	27.93
Geoff Hughes	28.03
Richard Ying	28.03 29.95
Ron Craig M55 Paul Edens	29.95
Ron Jensen	25.90
Lew Thome	28.02
Sidney Woodsum	30.85
M60 Jim Schlewitz	29.50
M65 Jim Stookey	27.88
Jack Coy	28.77
Bill Baxter Cully Vaughan	31.89 34.10
M70 Vern Regier	34.10
Dick Cottingham	33.40
Don Anhorn	40.79
W40 Jacqueline Board	27.11
W45 Mary Libal	27.45
W50 Avril Naylor	32.02
Caroline Cooney Teddie Bell	34.34 35.46
Nancy Nevin	35.40
W55 Marg Radcliffe	32.72
Janice Condon	41.98
W60 Audrey Lary	34.85
Marilyn Rickson	38.93
W90 Myra Fromme WF	R94.03
400m	ALT DE LA
	494.03 49.18 51.97
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner	49.18 51.97 60.71
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron	49.18 51.97 60.71 52.85
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews	49.18 51.97 60.71 52.85 53.38
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan	49.18 51.97 60.71 52.85 53.38 55.19
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith	49.18 51.97 60.71 52.85 53.38 55.19 56.97
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan	49.18 51.97 60.71 52.85 53.38 55.19
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones Tim Shelley	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10 63.13
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones Tim Shelley M50 Dave Walter	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10 63.13 55.32
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones Tim Shelley M50 Dave Walter Rich Tucker	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10 63.13 55.32 58.62
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones Tim Shelley M50 Dave Walter Rich Tucker Rich Tucker Ron Craig	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10 63.13 55.32
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones Tim Shelley M50 Dave Walter Rich Tucker Ron Craig M55 Ron Jensen Dan McCormack	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10 63.13 55.32 58.62 69.13 62.24 67.35
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones Tim Shelley M50 Dave Walter Rich Tucker Ron Craig M55 Ron Jensen Dan McCormack Sidney Woodsum	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10 63.13 55.32 58.62 69.13 62.24 67.35 69.42
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones Tim Shelley M50 Dave Walter Rich Tucker Ron Craig M55 Ron Jensen Dan McCormack Sidney Woodsum M60 Pal Stepan	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10 63.13 55.32 58.62 69.13 62.24 67.35 69.42 66.94
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones Tim Shelley M50 Dave Walter Rich Tucker Ron Craig M55 Ron Jensen Dan McCormack Sidney Woodsum M60 Pal Stepan Jim Schlewitz	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10 63.13 55.32 58.62 69.13 62.24 67.35 69.44 71.58
400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones Tim Shelley M50 Dave Walter Rich Tucker Ron Craig M55 Ron Jensen Dan McCormack Sidney Woodsum M60 Pal Stepan Jim Schlewitz M65 Jack Coy	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10 63.13 55.32 58.62 69.13 62.24 67.35 69.42 66.94 71.58 65.77
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400 m M30 Curtis Wilson M35 Paul Scarlett David Haner M40 Karry Cameron Mike Andrews Naim Hasan Bruce Kupersmith Fred Hervert M45 Dave Ortman R Jacquet Acea Charlie Powell Jim Jones Tim Shelley M50 Dave Walter Rich Tucker Ron Craig M55 Ron Jensen Dan McCormack Sidney Woodsum M60 Pal Stepan Jim Schlewitz M65 Jack Coy Don Kane M70 Tom Brinton Don Anhorn W40 Jacqueline Board W45 Mary Libal W50 Nancy Nevin W60 Alice Whitty W85 IvyGranstrom WR 800 m M30 Curtis Wilson Tate Metcalf M40 David Jansen David Clingan Walt Yohn Kevin Cowley M45 Gordon Valiant Jim Jones Rick Hammond Gregg Lobisser M50 Rich Tucker Gary Rust Marc Witala Alan Beck M55 Don McMillan	49.18 51.97 60.71 52.85 53.38 55.19 56.97 59.19 54.58 56.17 57.06 57.10 63.13 55.32 69.42 66.94 67.35 69.42 66.94 71.58 65.77 67.92 72.39 99.76 62.45 65.02 86.88 2:18.04 2:26.42 1:58.24 2:03.43 2:16.06 2:07.85 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:16.06 2:17.25 2:04.38 2:17.25 2:04.35 2:17.25 2:04.35 2:17.25 2:04.38 2:17.25 2:04.35 2:17.25 2:04.38 2:17.25 2:04.35 2:17.25 2:04.35 2:17.25 2:17

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Continued from previous page M60 Ken Ogden 2:42.61 M65 Don Kane 2:46.73 M70 Tom Brinton 2:39.88 W40 Deb EerkesDove 2:29.05 W50 Nancy Nevin 3:34.84 3:15.11 W60 Clair Ingraham 5:23.19 W85 lvyGranstrom 1500m M30 Chris Yorges 4:12.27 M35 Steven James 4:13.82 M40 Tom Cushman 4:25.50 Walt Yohn 4:36.61 Steve Meyer 4:56.57 M45 Mike Allison 4:31.76 4:37.02 Larry Pine Ken Bell 4.39 21 Gordon Valiant 4:40.92 5:07.17 Tim Goodman M50 Marc Wiitata 4-42 39 **Bon Ackerman** 4:46.26 David McJunkin 4:48.92 Larry Wilson 4.54 64 Phil Nemir 5:07.60 Ron Hanson 5:41.94 Dan Cole 5.49 04 6:56.72 M55 Luigi Schiavo M60 Bilt Iffrig 5:16.45 John Frik Nilsson 5:32 38 M65 Paul Heitzman 5:09.43 Dennis Meyer 5:30.20 W40 Deb EerkesDove 5:01.94 5:40.60 **Betsy Seth** 7:35.57 7:54.72 W50 Nancy Nevin W55 Laura Stepan W60 Clair Ingraham 6:41.15 National Masters News Age-Graded Mile Time A-G% 5:28,71 91.1 4:34.61 87.4 5:48,78 83.9 5:07,31 83.0 6:15.84 82.5 5:41,12 80.8 6:10.49 76.6 5:51.09 73.2 6:24.31 71.7 7:28.79 66.7 Age 67 42 65 50 70 59 62 42 51 59 67 Name Paul Heitzman David Jansen David Jansen Dennis Meyer Roy Treadwell Tom Brinton Dan McCorma Dan McCormack 59 Ken Ogden 62 Sleve Meyer 42 Rick Lloyd 51 Roger Dean 59 Donn Kirk 67 Women Susannah Beck 30 Marjorie Gilmore 63 Laurat amenaColl 31 My Granstrom 86 Staci Ogoli 30 4:58.05 83.5 7:14.29 76.4 5:53 77 70.4 11:54.4269.8 6:05.67 68.1 3000m M30 Tim Becken 10:31.45 M35 Steven James 9:04 46 M45 Mike Allison 9:45.64 Dave Taylor 10:05 25 Ken Bell 10:18.84 Tim Goodman 11:03 34 John Hammond 11:22.57 M50 Marc Wiitala 10:39.77 Phil Nemir 10:58.38 11:04.84 Mark Troseth M55 Des O'Bourke 11:14.77 Bill McConochie 14:13.59 Luigi Schiavo 14:58.09 M60 Bobby Kincaid 11:45.09 M65 PaulHeitzmanAR10:49.81 (Bright/10:51.0/1975) M70 Don Anhorn 17:12.48 W85 lvyGranstrom WR24:08.62 5000m M35 Dale Laswell 16:59.33 M40 Tom Cushman 16:26.51 M45 Larry Pine 16:46.15 Jahn Barry 17:00.60 Doug Sturm 20-28 04 M50 Roy Treadwell 16:55.28 David McJunkin 17:06.02 Alan Beck 17:15.48 M55 Roger Dearr 23:05.24 M60 Bill Iffrig 19:14 40 Marv Rexius 19:30.26 Bobby Kincaid 19:39.51 M65 Don Hughes 23:10.20 25:56.43 Donn Kirk M80 Lyman Glenny 29:10.30 W35 Julie James 19:55.26 W40 Robin Vesey 19:30.59 10.000m M40 Brian Fairbrother43:52.42 M45 Mike Gangwer 38:44.39 M50 David McJunkin 35:03.10 M60 Bobby Kincaid 40:59.58 M65 Don Hughes 48:43.81 Short Hurdles M40 Stacey Price M45 Brian McKinley 17 62 16.51 16.91 Dave Ortman **Richard Walton** 18.47 16.68 M65 Jim Stookey John Hepner 22.01 M70 Vern Regier 17.88 W40 Heidi Sause 13.30

W50 Avril Naylor Caroline Cooney	15.96	
Long Hurdles M40 Karry Cameron	60.07	
Bill Maier M45 Dave Ortman	66.52	
Brian McKinley	59.06 60.94	
Richard Walton M65 Jim Stookey	69.34 49.61	
W40 Heidi Sause Steeplechase	75.11	
M30 Chris Yorges M35 Jim DeRosso	9:35.87	1
John Hughel	11:57.54	1
M65 John Hepner 4x100m Relay	8:31.52	
M40 Oregon TCM Oregon TCM	49.97 52.72	
M50 Portland TCM	56.34	1
W40 Oregon TCM 4x400m Relay	63.19	
M40 Oregon TCM High Jump	4:07.04	1
M30 Dave Turnbull Tom Thompson	1.99	
Brian Coushay M40 Steven Banton	1.90	
Bob Good M45 Dave Ortman	1.42	2
M50 Dan Cole Richard Beswick	1.58	3
Dick Clintworth	1.54	0
M55 Al Phillips Frank Condon	1.62	5
Dale Nelson M60 Phil Fehlen	1.29	
Bob Golly M65 Jim Stookey	1.30	
Keith Carr M70 Vince Sempronic	1.34	4
M75 Gil Young	1.14	4
Les Hintz M80 Lew Luehrs	0.9	0
W35 Martha Mendenh W50 Caroline Cooney		
Nancy Nevin Cherie Potsklan	1.0	
W55 Becky Sisley Janice Condon	1.14	4
Pole Vault M35 Dan Umenhofer	i den sta	
M40 Dan West Chris Young	4.2	0
Steven Banton Bob Good	3.5 3.4	0
M45 John Patterson	3.6	0
R Jacquet Acea M50 Dennis Phillips	3.3 3.7	0
Dick Clintworth Richard Ying	3.3 2.8	0
M55 Larry Holmes Al Phillips	3.5 2.9	0
M60 Don Gray Bob Golly	2.9 2.3	-
M65 Harvey Leweller M70 John Cleveland		0
M75 Les Hintz W40 Donna Schultz	1.6	0
W55 Becky Sisley	2.3	
Long Jump M30 Dave Turnbull	6.5	
Mike Tott M35 Darrell Charles	6.1 5.7	5
M40 Fred Pearson John Wells	5.7 5.6	9
Bruce Kupersmitt Bill Maier	h 5.2 5.0	
M45 Dave Ortman R Jacquet Acea	6.0 5.3	
M50 Oron Lott Dick Clintworth	5.0 4.7	9
Geoffrey Hughes		3
Dave Smith M55 AI Philtips	4.9	7
Ken Perkins Frank Condon	4.3	3
Pete La Barge Luigi Schiavo	3.7 3.2	4
M60 Bob Golly M65 Jim Stookey	3.6 4.9	4
Ralph Daehler Cully Vaughan	4.3 3.4	2
M70 Ray Ryan M75 Bill Bronson	2.2	5
M80 Lew Luehrs	1.8 3.9	9
W30 Julie Toll W50 Avril Naylor	3.7	2
Caroline Cooney Nancy Nevin	2.8	1
W55 Marg Radcliffe Janice Condon	3.7 2.6	
W60 Audrey Lary Alice Whitty	3.2	6
Allo Willing	2.0	-

Triple Jump M30 Brian Coushay 13.90 Mike Toll 12.68 Dave Turnbull 12.65 M40 Mike Lariza 13 63 M50 Oron Lott 10.70 Paul Boberts 9.72 David Smith 7 28 M55 Dale Nelson 6.52 M60 Bob Golly 771 M65 Jim Stookey 9.84 M70 Ray Ryan 5.80 M80 Lew Luehrs 3.67 W30 Julie Toll 8.80 W50 Avril Navlor 7.86 Nancy Nevin 6.41 W55 Becky Sisley 7.83 W60 Audrey Lary 6.63 Shot Put M40 Gary Zasimovich 12 48 Steven Banton 10.61 M45 Tim Muller Jan Grigsby 9.04 M50 Jerry Ford 12.88 Bob Sage 11.93 David Smith 11.38 Jerry Crowe 11.12 Dan Cole 8 98 12.52 M55 Tom Gage **Rich Noble** 10.62 Ken Perkins 9.89 M60JoeKeshmiriWR16.46/54-(Speckens/16.01;52-6.5/1996) Jim Hart 12.9 Neil Saling 11.5 M65 Walt Badorek 11.9 Harry Hawke 11.7 Tom Allison 11.0 Murdo Camobell 10.9 Harvey Lewellen 10.4 M70 Vince Sempronio 11.7 11.6 Hal Wallace Cal Hersey 9.3 M75 Don Cumley 10.9 Myron Dover 8.08 Jim Minah 7 6 M80 Ross Carter 10.4 Lew Luehrs 6.5 M85 Leon Jostin 7.1 W45 Carol Golly 6.4 W50 Pat Home Wright 7.8 Kathy Noble Kitty Crowe 6.5 6.3 W55 Marg Radcliffe 7.8 Georgia Cutler 7.1 W60 Audrey Lary 8.2 Alice Whith 5.4 W70 Pat Osmon 5.3 W75 Melanie Osmon 5.7 Discus M40 Tim Fox 47.5 Brian Valley 34.2 Steven Banton 33.7 Bill Majer 29.3 M45 Mark Neal 46.3 Tim Muller 37.8 M50 Tom Fahey 50.4 43.3 Tim Edwards Jerry Crowe 39.3 **Richard Beswick** 32.2 Daniel Cole 31.8 Bob Sager 31.0 Dave Smith 29.5 Geoffrey Hughes 27.6 M55 Tom Gage 44.7 Joe Meyers 37.4 Conrad Sundholm 36 5 Al Phillips 33.3 Pete La Barge 31.9 Luigi Schiavo 28.9 John King 28.6 **Richard Noble** 26.2 M60 Neil Saling 44.7 Jim Hart 43 5 41.0 M65 Harry Hawke 39.9 Harvey Lewellen Walt Badorek 39.78 Tom Allison 36.6 Cully Vaughan 29.4 25.32 **Robert Peters** M70 Hal Wallace 38.6 32.1 Cal Hersey M75 Don Cumley 32.6 Myron Dover 26 0 30.8 M80 Ross Carter 16.7 Lew Luehrs M85 Leon Joslin 21.0 W45 Candice Woyak 30.6 Carol Golly 10.2 W50 Kitty Crowe 18.6 W55 Georgia Cutler 172 23.0 W60 Audrey Lary W70 Pat Osmon 11.7 W75 Melanie Reske

13.90	Hammer M40 Tim Fox	46.02	M45 Robert Frank 7:35.45
12.68	M45 Mark Neal	40.02	M55 Ed Kousky 7:53.92 Mark Adams 7:54.62
12.65	M50 George Mathews	49.77	Roger Dean 11:31.46
13.63 10.70	Todd Taylor	49.27	W35 Teresa Aragon 7:59.97
9.72	Tim Edwards Bob Sager	48.47 40.91	5000m Racewalk M45 Robert Frank 25:53.18
7.28	David Smith	28.49	M45 House Frank 23.33.10 M50 Steve Smelser 31:27.20
6.52	M55 Tom Gage	57.37	Chas Monismith 32:01.53
7.71 9.84	M60 Jim Hart	39.77 34.45	M55 Mark Adams 26:27.10
5.80	M65 Harry Hawke Jim Hitchman	34.45	Bob Brewer 29:26.51 W30 Tami Garcia 36:31.00
3.67	Jerry Wojcik	30.67	W35 Teresa Aragon 26:40.29
8.80	Fred Shanaman	27.32	Kim Miller 30:39.44
7.86	Harvey Lewellen M70 Ken Weinbel	25.04	W40 Diane Bransman34:47.00 W45 Lida Smith 30:22.95
7.83	Vince Sempronio	38.85 29.73	W45 Lida Smith 30:22.95 W50 Linda Althouse 34:57.69
6.63	Hal Wallace	28.80	W60 Anne Whitaker 35:06.34
10.40	M75 Jim Minah	26.26	Margaret Peters 36:31.28
12.48 10.61	M80 Ross Carter M85 Leon Jostin	16.78 19.17	Men's Teams Portland Masters TC 115
11.92	W55 Georgia Cutler	31.71	Oregon TC Masters 95
9.04	W70 Pat Osmon	19.04	Maryland Masters TC 68
12.88	W75 Melanie Reske	11.63	Seattle Masters AC 26
11.38	Javelin M30 Ken Weinberg	62.79	Racewalkers NW 18 Great Britain 14
11.12	Ken Hall	59.07	Barron Park Striders 10
8.98	M40 Bill Maier	39.09	Reebok Aggies 9
12.52	M45 Ray Milojevich	41.12	Women's Teams
9.89	Jan Grigsby M50 Lou Christensen	28.39 45.95	Oregon TC Masters 188 Maryland Masters 52
46/54-0	Bob Burkholder	43.76	Portland Masters TC 50
(1996)	Dave Smith	34.33	Canadian Masters 24
12.99	Geoffrey Hughes Bob Sager	31.70 31.60	New Mexico RWers 20 Hersey Harriers 20
11.97	Daniel Cole	25.63	Hersey Harriers 20 St. Louis Jets 18
11.73	M55 Gary Reddaway	49.49	Racewalkers NW 16
11.01 10.93	Doug Appel	44.80	Combined Teams
10.93	Al Phillips Pete La Barge	44.51 38.06	Oregon TC Masters 283 Portland Masters TC 165
11.73	Richard Noble	24.77	Maryland Masters 110
11.66	M60 Phil Fehlen	42.48	
9.35 10.95	Malcolm Russell Jim Schlewitz	39.45 25.07	INTERNATIONAL
8.08	M65 Murdo Campbell	40.19	South Africa Veterans
7.62	Tom Allison	34.45	Athletics T&F Championships
10.42	John Hepner	31.70	Bloemfontein; May 1-2
6.54 7.19	Cully Vaughan Harvey Lewellen	26.00 25.47	100m
6.45	M70 Hal Wallace	29.16	M30 A Pohl 10.93 M35 E Molokwane 11.91
7.81	Earl Johnson	28.69	M40 N van Heerden 11.46
6.56 6.35	Vince Sempronio Cal Hersey	26.26 24.61	M45 L Claassen 11,82
7.80	M75 Bill Bronson	32.55	M50 J P Naborn 12.30
7.15	Myron Dover	18.64	M55 J van Heerden 12.86 M60 Monty Hacker 12.50
8.27 5.41	M80 Ross Carter Lew Luehrs	15.95 13.73	M65 A Heine 13.70
5.38	W50 Pat HorneWright	21.43	M70 J H Schoeman 15.37
5.73	Teddie Bell	21.35	M80 Carl Pace 19.19
47.50	W55 Becky Sisley Rose Schlewitz	32.23 17.10	W35 Leonie Louwrens 12.53
34.26	W70 Pat Osmon	12.90	W40 Anna du Plessis 13.19
33.78	Weight	S. Sale	W45 G van Niekerk 13.12 W50 A Poletti 14.00
29.32 46.34	M40 Gary Zasimovich	12.87	W55 S Alberts 14.84
37.84	M45 Mark Neal Jan Grigsby	13.66 8.35	W65 V Welgemoed 15.56
50.40	M50 George Mathews	14.22	W75 P Whittington 22.99
43.38	Tim Edwards	14.05	200m
39.38 32.24	Todd Taylor Bob Sager	13.21	M30 M Ngwato 23.7
31.88	Bob Sager Jerry Crowe	11.70 8.52	M35 A F Jonker 23.0 M40 G Bester 23.8
31.08	Dave Smith	8.03	M40 G Bester 23.6 M45 L Claassen 24.3
29.54	M55 Tom Gage	14.63	M50 S Immelman 25.5
27.66 44.77	Luigi Schiavo M60 James Hart	5.78 12.75	M55 J van Heerden 26.6
37.44	M65 Jerry Wojcik	10.99	M60 Monty Hacker 26.9
36.51	Harry Hawke	10.76	M65 A Heine 29.2 M70 J H Schoeman 31.7
33.39 31.95	Fred Shanaman	10.26 7.99	M/0 J H Schoeman 31.7 M80 Carl Pace 40.9
28.95	Murdo Campbell M70 Ken Weinbel	11.77	W35 Leonie Louwrens 25.7
28.60	Vince Sempronio	10.15	W40 Anna du Plessis 27.3
26.27 44.76	M80 Ross Carter	6.30	W45 G van Niekerk 26.9
44.76	M85 Leon Joslin W55 Georgia Cutler	6.58 9.92	W50 A Poletti 29.1
41.00	W70 Pat Osmon	4.77	W55 S Alberts 30.2 W65 V Welgemoed 33.1
39.96	W75 Melanie Reske	5.25	400m
39.78 36.64	Superweight M40 Gary Zasimovich	7.58	M30 M Ngwato 51.89
29.44	M45 Jan Grigsby	5.68	M35 Div Kotze 54.02
25.32	M50 Tim Edwards	9.37	M40 T Brown 53.17
38.68 32.12	George Mathews Todd Taylor	9.12 8.93	M45 L Claassen 55.30 M50 S Immelman 56.52
	Bob Sager	7.96	M50 S Immelman 56.52 M55 B Faber 1:03.62
32.62	M55 Tom Gage	9.33	M60 H Mickautsch 1:06.59
26.04		4.35	M65 A Heine 1:07.20
26.04 30.84	Luigi Schiavo		
26.04 30.84 16.78	M60 James Hart	5.95	M80 Carl Pace 1:37.93
26.04 30.84		5.95 5.17 9.24	M80 Carl Pace 1:37.93 W35 E Pretorius 50.57
26.04 30.84 16.78 21.04 30.62 10.24	M60 James Hart M65 Fred Shanaman M70 Ken Weinbel Vince Sempronio	5.17 9.24 7.98	M80 Carl Pace 1:37.93 W35 E Pretorius 50.57 W40 Anna du Piessis 1:03.94
26.04 30.84 16.78 21.04 30.62 10.24 18.69	M60 James Hart M65 Fred Shanaman M70 Ken Weinbel Vince Sempronio M85 Leon Joslin	5.17 9.24 7.98 4.82	M80 Carl Pace 1:37.93 W35 E Pretorius 50.57 W40 Anna du Piessis 1:03.94 W45 P Immelman 1:14.10
26.04 30.84 16.78 21.04 30.62 10.24 18.69 17.26	M60 James Hart M65 Fred Shanaman M70 Ken Weinbel Vince Sempronio M85 Leon Joslin W55 Georgia Cutler	5.17 9.24 7.98 4.82 5.90	M80 Carl Pace 1:37.93 W35 E Pretorius 50.57 W40 Anna du Piessis 1:03.94 W45 P Immelman 1:14.10 W55 S Alberts 1:14.10
26.04 30.84 16.78 21.04 30.62 10.24 18.69	M60 James Hart M65 Fred Shanaman M70 Ken Weinbel Vince Sempronio M85 Leon Joslin W55 Georgia Cutler W70 Pat Osmon MIIe Racewalk	5.17 9.24 7.98 4.82	M80 Carl Pace 1:37.93 W35 E Pretorius 50.57 W40 Anna du Piessis 1:03.94 W45 P Immelman 1:14.10 W55 S Alberts 1:14.10 W65 V Welgemoed 1:17.32 '800m

National Masters News

27	46.02	M45 Robert Frank
	42.73	M55 Ed Kousky Mark Adams
	49.77 49.27	Roger Dean W35 Teresa Aragon
	48.47	5000m Racewalk
	40.91 28.49	M45 Robert Frank M50 Steve Smelser
	57.37	Chas Monismit
	39.77 34.45	M55 Mark Adams Bob Brewer
	34.42 30.67	W30 Tami Garcia
	27.32	W35 Teresa Aragon Kim Miller
1	25.04 38.85	W40 Diane Bransm W45 Lida Smith
0	29.73	W50 Linda Althouse
	28.80 26.26	W60 Anne Whitaker Margaret Peter
	16.78	Men's Teams
	19.17 31.71	Portland Masters TO Oregon TC Masters
	19.04	Maryland Masters T
	11.63	Seattle Masters AC Racewalkers NW
	62.79	Great Britain
	59.07 39.09	Barron Park Strider Reebok Aggies
	41.12	Women's Teams
1	28.39 45.95	Oregon TC Masters Maryland Masters
	43.76	Portland Masters T
s	34.33 31.70	Canadian Masters New Mexico RWers
	31.60	Hersey Harriers
1	25.63 49.49	St. Louis Jets Racewalkers NW
	44.80	Combined Team
	44.51 38.06	Oregon TC Masters Portland Masters T
	24.77	Maryland Masters
	42.48 39.45	INTERNAT
	25.07 40.19	South Africa Ve
	34.45	Athletics T&F Chan
	31.70 26.00	Bloemfontein; I
n	25.47	M30 A Pohl
1	29.16 28.69	M35 E Molokwane
io	26.26 24.61	M40 N van Heerder M45 L Claassen
-11	32.55	M50 J P Naborn
5 1.	18.64 15.95	M55 J van Heerden M60 Monty Hacker
	13.73	M65 A Heine
nt	21.43 21.35	M70 J H Schoeman M80 Carl Pace
	32.23	W35 Leonie Louwro
	17.10 12.90	W40 Anna du Pless
	10.07	W45 G van Niekerk W50 A Poletti
h	12.87 13.66	W55 S Alberts
	8.35 14.22	W65 V Welgemoed W75 P Whittington
vs	14.05	200m
	13.21 11.70	M30 M Ngwato M35 A F Jonker
	8.52	M40 G Bester
	8.03 14.63	M45 L Claassen
	5.78	M50 S Immelman M55 J van Heerden
	12.75 10.99	M60 Monty Hacker
	10.76	M65 A Heine M70 J H Schoeman
n H	10.26 7.99	M80 Carl Pace
in	11.77	W35 Leonie Louwr W40 Anna du Pless
io	10.15 6.30	W40 Anna du Pless W45 G van Nieker
-	6.58 9.92	W50 A Poletti
	4.77	W55 S Alberts W65 V Welgemoed
	5.25	400m
h	7.58	M30 M Ngwato
14	5.68 9.37	M35 Div Kotze M40 T Brown
s	9.12	M45 L Claassen
	8.93 7.96	M50 S Immelman M55 B Faber
	9.33	M60 H Mickautsch
	4.35 5.95	M65 A Heine M80 Carl Pace
1	5.17 9.24	W35 E Pretorius
io	7.98	W40 Anna du Piess
	4 00	W45 P Immelman
	4.82	W55 S Alberts
	4.82 5.90 3.58	W55 S Alberts W65 V Welgemoed
×	5.90	W55 S Alberts

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7:35.45	M35	Div Kotze	2:04.8
7:53.92 7:54.62		T Brown L Claassen	2:00.2 2:05.0
. 11:31.46	M45 M50	J Greyling	2:09.4
7:59.97	M55	B Faber	2:26.4
25:53.18	M65 M70	F C Nel G W Loedolff	2:51.7 2:48.9
r 31:27.20 th 32:01.53	M80	Carl Pace	3:51.4
26:27.10	W30	M Naude	2:24.1 2:26.4
29:26.51 36:31.00	W35 W40	L de Beer E M Fouche	2:39.5
n 26:40.29	W45	P Immelman	2:30.3
30:39.44 han34:47.00	W50 W55	Rea Oosthuizen B Kleynhans	2:41.8 3:17.1
30:22.95	1500n		5.11.1
e 34:57.69 r 35:06.34	M30	Isaac Mphahlane	4:21.0
ers 36:31.28	M35 M40	Div Kotze T Brown	4:25.0 4:18.0
C 115	M45	V Lentsoenyane	4:26.0
s 95	M50 M55	J Greyling S Mostert	4:34.7 5:12.1
TC 68 26	M60	J B Evans	6:06.2
18	M65	M Eksteen	6:58.2
14 rs 10	M70 W30	G W Loedolff M Naude	5:37.9 5:02.2
9	W35	W Mew	5:16.7
s 188	W40	C Le Grange	5:17.2 5:41.0
52	W45 W50	Corrie van Zyl Rea Oosthuizen	5:47.0
C 50 24	W55	Willemien Smuts	6:01.0
s 20	50001 M35	n A Vermeulen	16:25.7
20 18	M33 M40	D Swanepoel	20:24.2
16	M45	D Nienaber	17:51.6
ns s 283	M50 M55	J Greyling S Mostert	17:43.1 19:07.6
TC 165	M60	J B Evans	20:47.2
110	M70	G W Loedolff	20:37.8
IONAL	W30 W35	L Bridger W Mew	19:03.1 19:52.9
eterans	W40	C Le Grange	19:90.4
mpionships May 1-2	W45 W50	Corrie van Zyl Rea Oosthuizen	20:55.1 21:38.3
May 1-2	W55	Willemien Smut	
10.93	W65	-	32:52.8
en 11.91 en 11.46	10,00 M35		34:33.2
11.82	M40	P R Mohalajeng	
12.30 12.86	M45 M50	J Zwiegelaar P du Plessis	36:51.0 44:51.6
r 12.50	M55	P de Villiers	41:01.0
13.70 15.37	M60 M70	J B Evans G W Loefolff	42:46.5
19.19	M75		54:26.3
rens 12.53	W35 W40		42:58.5 39:16.1
sis 13.19 k 13.12	W60		51:17.0
14.00	W65	L Krugel	1:08:35.6
14.84 1 15.56	Shor M35	t Hurdles A J September	16.3
22.99	M45	L Freitag	22.6
1.15 14 337 F	M55		21.6
23.7 23.0	M60 M70		18.9 20.4
23.8	W35		16.3
24.3 25.5	W40 W45		12.7 13.6
n 26.6	W55		15.3
r 26.9	W65	E Nel Hurdles	18.3
29.2 n 31.7	M45		1:08.6
40.9	M60		1:05.6
rens 25.7 sis 27.3	M60 M70		50.2 1:10.4
k 26.9	M75	A H A van Zyl	54.7
29.1	W35 W40		s 1:04.9 1:10.0
30.2 d 33.1	W40 W45		1:15.8
and marked	W55		1:00.5
51.89 54.02	2000 M70	m Steeplechase G W Loedolff	8:58.68
53.17	W35	C Mangels	8:55.11
55.30	W40 W45		8:08.86 9:44.59
56.52 1:03.62	W45 W55	the second se	9.44.39
h 1:06.59	3000	m Steeplechase	
1:07.20 1:37.93	M35 M40	P Bezuidenhout P R Mohalajeng	9:54.0 11:37.8
50.57	M50	J Greyling	11:11.6
sis 1:03.94 1:14.10	High M35	Jump A J September	1.80
1:14.10	M40	J Deysel	1.60
d 1:17.32	M45	J Scheepers	1.70
ane 1.590		Continued on no	

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	ed from previous		M50
M55	B Hancock	1.47	M55
M60	H Miekaautsch	1.50	M60
M03	A Heine J H Schoeman	1.29	M70
W35	L van Rensburg	1.49	M75
			M80
W45	M Ferreira	1.35	M85
W55	H Kuppe G Theron	1.25	W30 W35
		1.07	W40
Pole V			W45
M30	C Preston L Nienber	4.00 4.10	W50
M35 M40	K S Joubert	2.90	W55
M45	I I van der Merwe	2 60	W60
M50	A G Murdoch	3.50	W64
M60	Albert Smith	2.50	W70 Javelin
W35	G Jacobson	2.40	M35
Long	Jump	7.4	M40
M30 M35	A Pohl C H Jafta	6.16	M45
M40	N van Heerden		M50
M45	K Vorster	5.63	M55
		4.88	M60
M55	T van der Mescht B Hancock R Cross	4.95	M70 M75
M60	R Cross,	. 5.09	M80
M65	A Heine J H Schoeman	4.33 3.81	M85
M/0	J H Schoeman	5.62	W35
W40	C Gomes A Steenkamp	4.43	W40
W45	S van Rooyen		W45
W55	H Kuppe	4.19	W50
W60	G Schultz	3.24	W55 1
W65	Aletta Kniger	3.03	W65
W80	E Paveley	1.43	W70
I I I DIC	Jump	12 (0)	Weigh
	C H Jafta N van Heerden	12.60	M30
	C du Toit	11.51	M40
M55	P van Rensburg	9.02	M45
M65	A Haine	0 43	M50 M55
	M Scholtz		M60
W35	C Gomes	11.45	M70
W40	A Steenkamp	8.72 8.35	M75
W55	A Engelbrecht H Kuppe	9.25	M80
W60	G Schultz		M85 W30-
	Charles de Disse	1 70	W JU
W65	Christie du Plooy	6.78	W35
Shot I	Put unput Stread	Real L	W35 W40
Shot I M30	Put J Verster	12.57	W40 W45
Shot I M30 M35	Put unput Stread	Real L	W40 W45 W50
Shot I M30 M35 M40	Put J Verster R C F Louw	12.57 11.96 14.95 11.62	W40 W45 W50 W55
Shot I M30 M35 M40 M45 M50	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt	12.57 11.96 14.95 11.62 13.25	W40 W45 W50 W55 W60
Shot I M30 M35 M40 M45 M50 M55	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde	12.57 11.96 14.95 11.62 13.25 11.49	W40 W45 W50 W55
Shot I M30 M35 M40 M45 M50 M55 M60	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff	12.57 11.96 14.95 11.62 13.25 11.49 12.00	W40 W45 W50 W55 W60 W65 W70 Hepta
Shot I M30 M35 M40 M45 M50 M55 M60 M70	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27	W40 W45 W50 W55 W60 W65 W70 Hepta W35
Shot I M30 M35 M40 M45 M50 M55 M60	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09	W40 W45 W50 W55 W60 W65 W70 Hepta W35 W40
Shot I M30 M35 M40 M45 M50 M55 M60 M70 M75	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27	W40 W45 W50 W55 W60 W65 W70 Hepta W35 W40 W45
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M70 M75 M80 M85 W30	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Botha L Wale C Sterley R White	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15	W40 W45 W50 W55 W60 W65 W70 Hepta W35 W40 W45 W55
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M70 M75 M80 M85 W30 W35	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39	W40 W45 W50 W55 W60 W65 W70 Hepta W35 W40 W45 W55 W65
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M85 W30 W35 W40	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27	W40 W45 W50 W55 W60 W65 W70 Hepta W35 W40 W45 W55
Shot J M30 M35 M40 M45 M50 M55 M60 M75 M80 M75 M80 M85 W30 W35 W40 W45	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62	W40 W45 W50 W55 W60 W65 W70 Hepta W35 W40 W45 W55 W65 Decatl M35 M40
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M85 W30 W35 W40 W45 W50	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85	W40 W45 W50 W55 W60 W65 W70 Hepta W35 W40 W45 W65 Decat M35 M40 M45
Shot J M30 M35 M40 M45 M50 M55 M60 M75 M80 M75 M80 M85 W30 W35 W40 W45	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62	W40 W45 W50 W55 W60 W65 W70 Hepta W35 W40 W45 W55 W65 Decatl M35 M40 M45 SM50
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M75 M80 M85 W30 W35 W40 W45 S55	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85 9.02	W40 W45 W50 W55 W60 W55 W70 Hepta W35 W40 W45 W55 W65 Decat M35 M40 M45 SM50 M55
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M70 M75 M80 M75 M80 M85 W30 W35 W40 W45 W50 W55 W60 W55 W70	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe L Grobler	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85 9.05 8.06 7.39 6.94	W40 W45 W50 W55 W60 W65 W70 Hepta W35 W40 W45 W55 W65 Decatl M35 M40 M45 SM50
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M70 M75 M80 M70 M85 W30 W35 W40 W35 W40 W45 W50 W55 W60 W55 W60 W55 W70 W80	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe L Grobler E Paveley	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85 9.02 8.06 7.39	W40 W45 W50 W55 W60 W55 W60 W70 Hepta W35 W40 W45 W55 W65 Decati M35 M40 M45 M55 M60 M75 5000m
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M75 M80 M75 M80 M75 W30 W45 W30 W45 W50 W45 W55 W65 W70 W80 Disc	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe L Grobler E Paveley as	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85 9.02 8.06 7.39 6.94 4.37	W40 W45 W50 W55 W60 W55 W60 W70 Hepta W35 W40 W45 W55 W65 Decatl M35 M40 M45 M50 M55 M60 M75 S000m M30
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M70 M75 M80 M70 M85 W30 W35 W40 W35 W40 W45 W50 W55 W60 W55 W60 W55 W70 W80	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Botha L Botha L Wale C Sterley R White A Hennop C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe L Grobler E Paveley as	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85 9.05 8.06 7.39 6.94	W40 W45 W50 W55 W60 W55 W70 Hepta W35 W40 W45 W55 W65 Decatl M35 M40 M45 M50 M55 M50 M75 5000m M30 M35
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M75 M80 M75 W30 W35 W40 W45 W50 W45 W50 W45 W50 W45 W50 W45 W50 W45 M30 M35 M40 M70 M75 M80 M75 M80 M75 M80 M75 M80 M75 M75 M75 M75 M75 M75 M75 M75 M75 M75	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Botha L Wale C Sterley R White A Hennop C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe L Grobler E Paveley S J Raubenheimer R C F Louw	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85 9.02 8.06 7.39 6.94 4.37 46.48	W40 W45 W50 W55 W60 W65 W70 Hepta W35 W40 W45 W55 W65 Decatl M35 M40 M45 S55 M60 M75 S000m M30 M35 M40
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M75 M80 M85 W30 W35 W30 W35 W40 W45 W50 W55 W60 W55 W60 W55 W60 W65 W70 W80 Disct M35 M40 M35 M40 M45 M50 M45 M50 M75 M80 M75 M70 M75 M70 M75 M70 M75 M70 M75 M70 M75 M70 M75 M70 M75 M70 M75 M70 M75 M70 M70 M75 M70 M70 M70 M70 M70 M70 M70 M70 M70 M70	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe L Grobler E Paveley as J Raubenheimer R C F Louw J V R Saunders J Atlers	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85 9.02 8.06 7.39 6.94 4.37 46.48 40.94 43.86 35.46	W40 W45 W50 W55 W60 W55 W70 Hepta W35 W40 W45 W55 W65 Decatl M35 M40 M45 M50 M55 M50 M75 5000m M30 M35
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M70 M85 W30 W35 W30 W35 W30 W45 W50 W45 W55 W60 W45 W55 W60 W45 S W60 W45 S W55 W60 W45 S W55 W60 W45 S W55 W60 W45 S W55 W55 W60 W45 M55 M60 M75 M80 M75 M70 M75 M80 M75 M80 M75 M70 M70 M75 M70 M70 M70 M70 M70 M70 M70 M70 M70 M70	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe L Grobler E Paveley as J Raubenheimer R C F Louw J V R Saunders J Atlers Jan Roodt	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85 9.02 8.06 7.39 6.94 4.37 46.48 40.94 43.86 35.46 39.26	W40 W45 W50 W55 W60 W55 W60 W55 W60 W55 W60 W45 W35 W40 W45 W55 W65 Decatl M35 M40 M45 M50 M55 M60 M75 S000m M30 M35 M40 M45 M50 M45 M50 M55
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M70 M75 M80 M70 M75 M80 M70 M85 W30 W35 W30 W45 W50 W45 W50 W45 W55 W60 W55 W60 W55 M60 W55 M60 W55 M60 W55 M60 W55 M60 W55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M70 M75 M80 M75 M75 M70 M75 M75 M75 M75 M75 M75 M75 M75 M75 M75	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe L Grobler E Paveley 15 J Raubenheimer R C F Louw J V R Saunders J Atlers Jan Roodt S Johnson	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85 9.02 8.06 7.39 6.94 4.37 46.48 40.94 43.86 35.46 39.26 36.68	W40 W45 W50 W55 W60 W55 W60 W55 W70 Hepta: W35 W40 W45 W55 W65 Decat! M30 M40 M45 M50 M55 M60 M75 5000m M30 M35 M40 M45 M50 M55 M60 M55 M60
Shot J M30 M35 M40 M45 M50 M55 M60 M70 M75 M80 M70 M75 M80 M70 M85 W30 W35 W40 W35 W40 W45 W50 W45 W50 W55 W60 M35 M40 M35 M40 M35 M40 M35 M55 M60	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe L Grobler E Paveley as J Raubenheimer R C F Louw J V R Saunders J Atlers J an Roodt S Johnson Albert Smith	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.82 9.02 8.06 7.39 6.94 4.37 46.48 40.94 43.86 35.46 39.26 36.68 36.44	W40 W45 W50 W55 W60 W55 W60 W55 W60 W55 W60 W45 W35 W40 W45 W55 Decatl M30 M45 M50 M55 M60 M75 5000m M30 M35 M40 M45 M50 M55 M60 M55 M60 M55 M60 M55 M60
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Shot J M30 M35 M40 M45 M50 M55 M60 M75 M80 M75 W30 W35 W40 W45 W30 W45 W50 W45 W50 W45 W50 W40 W45 W50 W45 W50 W45 M55 M60 M35 M40 M35 M40 M35 M40 M35 M40 M75 M80 M45 M55 M60 M70 M35 M40 M75 M80 M45 M55 M60 M75 M80 M75 M70 M75 M80 M75 M80 M70 M75 M80 M70 M75 M80 M70 M75 M80 M70 M70 M70 M70 M70 M70 M70 M70 M70 M7	Put J Verster R C F Louw J J van Zyl Reuben Smut Jan Roodt H W Rohde J M Eloff B Stannius L Botha L Wale C Sterley R White A Hennop C Steenkamp H Schoonwinkel S du Bruyn Anette Grobler Naomie van Lill S Malherbe L Grobler E Paveley J Raubenheimer R C F Louw J V R Saunders J Atlers Jan Roodt S Johnson Albert Smith B Stannius L Botha L Wale	12.57 11.96 14.95 11.62 13.25 11.49 12.00 11.27 9.09 8.12 6.73 11.15 10.39 9.27 10.62 9.85 9.02 8.06 7.39 6.94 4.37 46.48 40.94 4.386 35.46 39.26 36.64 4.33.06 31.44 27.60	W40 W45 W50 W55 W60 W55 W60 W55 W60 W35 W35 W40 W45 W55 W65 Decatl M35 M40 M45 M50 M55 M60 M35 M40 M35 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M55 M60 M65 M75 M80
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	John Di Camillo	17:51
	Steve Josepher	18:42
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	Jay Hildebrand	18:28
M50	Peter Mugglestone	
	Larry Frankel	22:04
	Brian Kane	22:58
M55	Dan Badalament	19:49
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M60	Hilton Goring	20:23
	Abe Bernstein	22:14
	James Ducrow	23:56
M65	Joe Pascarella	23:15
	Dan Dougherty	29:00
M70	John McManus	23:21
	Bert Jablon	24:51
	Bill Merz	33:29
W40	Dolores Doman	20:22
	LoriHarlenesMelnik	
-	Meg O'Neill	21:55
W45	Andrea Otto	22:09
	Barbara Gilmartin	29:22
-	Cathy Stein	29:24
W50	Susan Fabiano	25:40
	Ginger Boland	26:51
	Sherry Belovin	27:31
W55	Helma Clavin	27:38
	Joan Ackerman	31:34
14/00	Alta Rose	31:48
W60	Paddy Rossbach	28:43
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Laura Roman	42:37
Ellie Murphy Nelda Clelland	43:14 43:40
Margie Gehringer	45:02
Donna Lewis Laura Dewald	46:04 46:11
Trish Gaffney	47:31
Leslie Eby Chandi Banerjee	49:33 50:22
Bonnie Legro	51:24
Georgia Smith Jane Polanka	51:27 51:46
W45 Esther Buchser	46:24
Marilyn Bevans Rita Twist	46:41 47:18
Christy St Clair	48:55
Sandy Salazar Patricia Brooks	49:02 49:10
Marjorie Margue	50:19
Maria Shields Nancy Hutt	50:34 53:13
Barbara Johnson	54:02
Bonnie Murtha	54:44
Jeri Delambo W50 Krystyna Turowska	54:56 45:17
Marge Rosasco	48:14
Marlys Palmer Randon Fritsch	48:34 48:42
Linda Tice	49:33
Dee Nelson Muffet Chatterton	49:34 52:44
Nadia Wasserman	53:39
Laura Cantrell June Schneider	53:58 54:54
W55 Sharon Dolan	43:55
Janet Newburgh Barbara Riggin	52:25 55:26
Irene Smyth	57:22
Linda Simpson BernadinePongracz	58:48
Delma Miller	1:03:36
Carolyn Strauss W60 Tami Graf	1:08:01
Jill Mottus	55:07
Joanne Mallet W65 Doralie Segal	58:25 56:18
Bertha McGruder	1:14:20
W70 Kay Morrison W80 Hedy Margue	1:04:29 1:02:53
W80 Hedy Marque	1:02:53
W80 Hedy Marque	1:02:53
W80 Hedy Marque	1:02:53
W80 Hedy Marque SOUTHEAN Avon Women's 1 Atlanta, GA; Apri W40 Alice Smoot	1:02:53 ST 0K il 4 39:14
W80 Hedy Marque SOUTHEAN Avon Women's 1 Atlanta, GA; Apri W40 Alice Smoot Nancy Stewart	1:02:53 ST 0K il 4 39:14 40:29
W80 Hedy Marque SOUTHEAN Avon Women's 1 Atlanta, GA; Apri W40 Alice Smoot	1:02:53 ST OK II 4 39:14 40:29 41:58 43:12
W80 Hedy Marque SOUTHEAA Avon Women's 1 Atlanta, GA; Apri W40 Alice Smoot Nancy Stewart Debbie Davis Sandra Stark Sherri Hintz	1:02:53 ST 0K 11 4 39:14 40:29 41:58 43:12 43:17
W80 Hedy Marque SOUTHEAA Avon Women's 1 Atlanta, GA; Apri W40 Alice Smoot Nancy Stewart Debbie Davis Sandra Stark	1:02:53 ST OK II 4 39:14 40:29 41:58 43:12
W80 Hedy Marque SOUTHIEA Avon Women's 1 Atlanta, GA; Apri W40 Alice Smoot Nancy Stewart Debbie Davis Sandra Stark Sherri Hintz Barbara Horwitz Mary Snipes Charlotte Johnson	1:02:53 ST OK II 4 39:14 40:29 41:58 43:12 43:12 43:17 43:56 44:16 44:54
W80 Hedy Marque SOUTHIEAN Avon Women's 1 Atlanta, GA; Apri W40 Alice Smoot Nancy Stewart Debbie Davis Sandra Stark Sherri Hintz Barbara Horwitz Mary Snipes Charlotte Johnson Helene Dunn Pamela Zendt	1:02:53 ST OK 11 39 :14 40 :29 41 :58 43 :12 43 :17 43 :56 44 :16 44 :56 44 :56 44 :537
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Overall

Overall

Bertice Muddiman 57:47 Reese Jacobs 3 Wendy Simonetti 1:01:56 Tom Dursee W65 Socorro Reed 1:11:46 Randy Stroud 3 W70 Barbara Stinson 1:20:24 Robert Dancy W75 Rita Tomassini 1:05:28 Michael Peters 3 M45 Bob Dalton Expo 10,000, Knoxville, TN; Lloyd Boone George Lipscomb May 23 Don Tomczak Thomas Shinnick 3 Jared Segera 30.37 Sam Norman Jan Gautier 36:52 Buddy Harpool 3 Masters Men Henry Wolfe Lanny Doan Mark Friedrich 34:14 David Mauterer 3 34:39 Gregory Rucker Grandmasters Men Johnny Bernhardt 3 36:34 Wes Wesselv Phil Sparling Lynwood Wagner 38:10 Sam Boyd 3 Kirk Rosenbach Ronald Sims M40 James Keebler 37:25 M45 Jim Freid 37:49 3 M50 Johnny Sinks 39:09 Danny Daniel 40:00 M55 William Orr Larry Gordon 3 46:14 M60 George Captain Jim Struve Thomas Millen M65 Stu Eichel 51:21 3 John Lewis M70 Gian Sahota 51:47 M80+Walter Collins 68:11 M50 Richard Buerkle Wes Wesselv Masters Women 3 Vern Noble 39:54 Alendia Vestal Mary Preisel 40:02 Hank Glass Wayne Doehlman Grandmasters Women Patricia Denton Scott Barrow 47:53 Gene McGrady Connie Friend 48.21 44:43 Dennis Jaffe W40 Molly Gerke Marris Johnson W45 Debbie Smith 48:23 Jeffrey Hawkins 3 49:09 W50 Gail McCaslin John Rinker W55 Janice Hicks 51:18 James Walke W60 Joyce HodgesHite 54:47 Gary Darnell 54:41 W65 Wendy Williams nce Cook Terre W70+Lynn Edwards 68:25 Jerry Banks Alow Stewart Memorial Day Family 5 Mile Jim Watkins Boca Raton, FL; May 25 Michael Havs M55 Allen McDaniel Ed Bligh Joe Waters Wallace Carr Gary Cochrane Andrew Greenidge 33 26:46 Mick Reger 29 27:41 M40 Gary Bloome Al Bakari 27:32 29:34 Costas Liatsos 30:57 Terry Anderson M45 Ed Norton 32:30 Ben Zappa George Grosheim John McCall 32.43 Pete Roberts 33:12 Gerald Friedman M50 Victor Beltran 32.07 **Dick Sinclair** George Sharp Andrew Sherwood 32:58 Mike Reed M55 Bill Springer 30:52 George Teter Eric Elbel M60 Tom Dye 37:16 M65 Bob Levine 40:58 Fred Motz 41:36 M70 Rene Beteille M60 Jon Adamson 37:51 W40 Jan Osterwald Lloyd Chambers Nancy Murr 41:13 John Perkins W45 Shirley Raney 39:33 Frrol Lassiter W50 Sharron Beal 36:51 Bobby Chandler 39:53 W55 Joni Vanderveen Roy Lamm John Waterhouse W60 Barbara Boutin 55:56 Al Klimaitis Fredericksburg Women's 5K Marcros Alegre Fredericksburg, VA; June 20 John Livingston Clifford Wade Kim Saddic 28 17.11 Raymond Cowan W40 Linda Wack 18:39 M65 Charles Williams CathyVenturaMerkel19:46 Casey Jones Richard Cheney Joyce Adams 20:34 20:27 W45 Betty Blank Walter McDaniel Callie Edmundson 21:57 Charles Kern W50 Claudia Crawford 24:57 Paul Robinson Susan Ryan 26:11 Charles Wilburn 5 William Stryker W55 Mae Cleveland 22:40 Adowene Garland 25:30 Ben Gross 5 W40 Amy Barrow W60 Sheila Wolk 35:24 Lesley Chaplin 3 Nancy Stewart Peachtree 10K Janie Wilson Atlanta, GA; July 4 Nancy Jackson Overall Khalid Khannouchi 26 Shelia Haire 27:47 Sherri Hintz H Kimaiyo-Kipkoskei 29 M40 David Kannewurf 31:52 Barbara Horwitz 33:14 Debbie Davis 33:38 John Taylor Sandra Stark Neil Feather 33:55 Patti Patterson Michael Beeson 34:18 Sherry Hyden Norman Roper 34:24 Sally Brooking Michael Anderson 34:30 Mary Jean Yon Alphie Cronin 34:59 Laura Dobbs Kevin Moats 35:02 Charlotte Johnson John Phillips 35:32 Joyce Lichty Thomas Bourdon 35:43 Donna Miller Beverly Coville Chuck Hobbs 35:56 Jerry Stephenson 35:58 Gerry Gardner Jamie Doss 36:03 W45 Judith Hine 3 36:12 Barbara Luciano David Yon Timothy Geis 36:14 Trish Vlastnik Robert Clasen 36:19 Sally Gray Malcolm Adams Joe Schroeder 36:28 Carolyn Mather 36:28 Carolyn Fox Theresa Vangrov Neal Stubblefield 36:29

36:34

Barry Halligan

Carmen Moore

36:34	Adriana Herman	47:49
36:42	Susan Gantt Kathy McDaniel	48:02 48:04
37:07	Deborah Milner	48:18
37:10 33:27	Deb McClanahan Deborah Janey	48:51 49:05
33:53	Dianna Campbell	49:07
35:08 35:18	Jane Thompson Bonnie Evans	49:23 49:26
35:30	Cynthia Furlow	49:28
36:18 36:45	W50 Vickie Johnson Dee Bays	42:59 43:51
36:50	Birgit Horn	43:56
37:01 37:07	Rissie Thieler Gail Sharber	47:18 49:54
37:08	Gayle Barron	51:30
37:10 37:20	Connie Vogt Molly Gray	51:37 51:43
37:27	Glenda Miller	52:45
37:39 37:46	Susan Houlton Natalie Spalding	52:52 53:54
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38:44	Bruce Spitler 41	18:15
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39:34	Winston Collins 57	
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40:09	Tom Ray 65	22:51
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40:51	EileenHungerman	
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41:43	Joan Coven 57	24:00
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15K <u>Overall</u> John Weigel 24 Jill Hovey 19 M40 Mohsen Mechichi Ron Shepard Nigel Keen John Watson E Tecuanhuey Mike Endres Robert Robertson Gary Maas Howie Schomer Joe Moreno Gary Densberger Mark Cihlar Curt Bennett Tom McDonald Joseph Hart M45 Bob Dalton Geno Atencio	47:59 56:14 57:08 58:51 59:03 1:00:27 1:01:23 1:01:50 1:02:12 1:02:12 1:03:16 1:04:11 1:04:19 1:04:29 1:04:33 53:17 58:52 59:35 1:00:35 1:00:56
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1	John Trifoi Phil Stewart	1:03:3
	Al Rosenberger	1:04:1
1	Donald Nelson	1:04:5
	Victor Nemudrov M50 Merlin Anderson	1:04:5
	John Malson	1:01:2
	Fred Betz	1:01:2
ł	Gary Harmon Dennis Manske	1:04:4
	Drew Jackson	1:05:24
	Howard Cohen Joe O'Shea	1:06:5
	Allan Morgan	1:08:2
	Ron Iwanski M55 Doug Braasch	1:08:4
ł	Rick Brodine	1:04:04
	Perry Holman	1:07:24
	Ron Flannery Charlie Grotevant	1:08:57
	Mike Rucker	1:10:0
1	Paul Van Aurich Wayne Taber	1:10:27
	M60 Malcolm Gillis 65	1:10:45
	Bill Spencer 62	1:06:38
	Auburn Wells 61 Bill Tushaus 60	1:11:44
	Robert Hill 62	1:15:43
	Weldon Phelps M70 Bill Buster 72	1:16:21
1	Bill Morrison 71	1:24:48
	Vic Twomey 71	1:33:22
	Bob Winn 71 W40 Susan Puzey	1:44:10 1:09:5
2	Barb Lulay	1:10:23
	Patricia Ball	1:12:59
1	Pat O'Bryan Cheryl Jeffery	1:14:15
	Kathy Andrews	1:21:3
	Valerie Vesely Sandra Malone	1:22:17
	Janice Capitelli	1:23:08
	Janet Campbell	1:25:20
í	W45 Christina Kidd Huda Melkey	1:04:22
1	Barbara Franzen	1:10:25
1	Linda Jacobs	1:16:54
	Leslie McClintock Marty Yonker	1:18:13
	Jean Oldham	1:19:08
	Sue Robertson Margo Hoeks	1:19:12
	Barbara House	
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	W50 Jan Daker Cynci Calvin Marcia Dickerson Nancy Kapheim Sharon Nelson Wilma Scheps Gre Van Gervan Carol Lyndell W55 Bonnie McElwee Kathy Sager	1:11:10 1:14:00 1:18:09 1:20:21 1:21:51 1:22:17 1:23:27 1:25:39 1:18:30 1:21:26 1:21:31 1:24:04
	W50 Jan Daker Cynci Calvin Marcia Dickerson Nancy Kapheim Sharon Nelson Wilma Scheps Gre Van Gervan Carol Lyndell W55 Bonnie McElwee Kathy Sager Kay Schleusener Sue Weast Mary Jane Pratt Anna Berdahl	1:11:10 1:14:00 1:18:09 1:20:21 1:21:51 1:22:17 1:25:30 1:12:30 1:21:26 1:21:31 1:21:31 1:22:40 1:25:46 1:27:03
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5003332277 99443313377300	W50 Jan Daker Cynci Calvin Marcia Dickerson Nancy Kapheim Sharon Nelson Wilma Scheps Gre Van Gervan Carol Lyndell W55 Bonnie McElwee Kathy Sager Kay Schleusener Sue Weast Mary Jane Pratt Anna Berdahl W60 Francis Ard Joyce Hodges-Hite Hiro Nishida MIDD-AMIER USATF Minnesota Marathon Champion New Prague; Ma Overall David Helm 26 Deb Gormley 31 M40 Allen Zetterlund David Kleingam M45 Rob Witham Doug Suker M50 Robert Behrens Norm Purnington M55 Jared Mondry Frank McCoy M60 Jerry Sombke Rich Trochman M55 Greg Prom M70 Harold Hubbard W40 AndrieteWickstron S Dewar-Olson W45 Karen Imhoff Barbara Leininge W50 Chris Jansen Mary Hiatt W55 Judy Cronen W60 Phyllis Kahn W65 Carol Sankey W70 MaryLou Carlson	1:11:10 1:14:00 1:18:00 1:20:21 1:22:17 1:22:17 1:22:32 1:25:33 1:22:33 1:21:26 1:21:36 1:21:26 1:21:36 1:21:26 1:21:36 1:22:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:3
	W50 Jan Daker Cynci Calvin Marcia Dickerson Nancy Kapheim Sharon Nelson Wilma Scheps Gre Van Gervan Carol Lyndell W55 Bonnie McElwee Kathy Sager Kay Schleusener Sue Weast Mary Jane Pratt Anna Berdahl W60 Francis Ard Joyce Hodges-Hite Hiro Nishida MID-AMER USATF Minnesota Marathon Champion New Prague; Ma Overall David Helm 26 Deb Gormley 31 M40 Allen Zetterlund David Kleingam M45 Rob Witham Doug Suker M50 Robert Behrens Norm Purrington M55 Jared Mondry Frank McCoy M60 Jerry Sombke Rich Trochman M65 Greg Prom M70 Harold Hubbard W40 AndrieteWickstror S Dewar-Olson W45 Karen Imhoff Barbara Leininge W50 Chris Jansen Mary Hiatt W55 Judy Cronen W60 Phyllis Kahn W65 Carol Sankey W70 MaryLou Carlson	1:11:10 1:14:00 1:18:00 1:20:21 1:22:17 1:22:17 1:22:32 1:25:33 1:22:33 1:21:26 1:21:36 1:21:26 1:21:36 1:21:26 1:21:36 1:22:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:33 1:23:3

5	W40 Jane Welzel	37:09
0	Phyllis Rosenthal	38:08
3	Susan McCabe Laurie Alexander	40:55 45:11
1	Kathy D'Alessandro	45:17
6	Karen Skelly Sue Drake	45:48 46:16
1	Carol Whipple	46:28
0	Elizabeth Jacques	46:30
2 4	Susan Eberlein Rhonda Mickelson	46:46 47:00
7	Nancy Gilmore	47:56
1	M Bedford-Billinh Connie Coln	48:02 48:48
7	Sheryl Radetsky	48:50
4	W45 Peggy Muhn	41:54 42:28
4	Jan Hughes Kathy White	45:41
7	Jean Franzmann	45:57
5 1	Debbie Hathaway Carol Simonson	48:13 49:08
7	Gwenda Maughan	49:21
5	Paula Vaughn PJ Layman	50:38 50:50
8	Barbara Michael	51:29
4	Marijane Martinez Rebecca Brinkman	51:51 52:07
3	W50 Marilyn Stapleton	42:09
1	Deborah Cuerden L Andes-Georges	47:45 48:51
8	Carol Lyndell	49:50
2	Sue Wayne Allyn Feinberg	51:20 52:00
1	Laree Morris	54:31
3	Barbie Vierthaler	54:46
9 5	Diane Minka Patricia Connell	54:51 55:18
9	W55 Melody Schultz	43:59
77	Bette Poppers Barbara Rossi	47:52 50:01
8	Fay Dizerega	53:15
4	Betti Krapfl	56:08 58:54
0	Sharen Finegan Valdene Ranum	59:22
1	Bev Lilly	1:01:33
5	W60 Betsy Harrower Charlotte Belless	51:11 54:01
3	Diane Palmason	54:02
5 8	W65 Mary Cockerha W70 Betty Willis	1:05:35 1:10:42
2	School Run 10K & 2	
8	Hutchinson, KS; Jur	
0	10K	
9	Overall Peter Klug	34:26
1	Nancy Barber	44:22
7	M40 Mike Valdois Kirby Krehbiel	40:59 41:24
7	M45 David Bryan	40:46
9 6	Bob Huerter	42:06
6	M50 Terry Pollock Larry McKee	38:29 38:39
1	Paul Shimon	39:12
6	M55 Dick Drevo M60 David Arst	45:37 51:39
3	W45 Judy Cox	49:29
5	L Hochstetler	57:50
0	W50 Sheryl Drevo 2 Mile	47:59
	Overall	
15	Mornay Annandale Deb Torneden	9:19 10:28
3	M40 Jay O'Neilt	10:01
	Mike Valdois M45 David Bryan	12:47
	Rod Calhoun	13:27 13:44
	M50 Paul Shimon	12:12
	Larry Schmidt M55 Bill Cowell	12:45 14:38
5	M60 Charles Pinard	14:38
	Jan Howell M65 Paul Heitzman	14:42
		11:38 16:51
2	W40 Gail Stecklein	
3	LuAnn Frank	17:14
3	LuAnn Frank W45 Barbara Holzman	12:23
3	LuAnn Frank W45 Barbara Holzman Diana Jarvis W50 Trudy Calloway	12:23 18:11 13:28
5	LuAnn Frank W45 Barbara Holzman Diana Jarvis W50 Trudy Calloway Sheryl Drevo	12:23 18:11 13:28 14:59
	LuAnn Frank W45 Barbara Holzman Diana Jarvis W50 Trudy Calloway	12:23 18:11 13:28
3	LuAnn Frank W45 Barbara Hotzman Diana Jarvis W50 Trudy Calloway Sheryl Drevo W55 Rowena Hinshaw W65 Barbara Rose	12:23 18:11 13:28 14:59 18:06 27:41
3 3 7 3 1 5 3 5 3 5 3 5 3 9	LuAnn Frank W45 Barbara Holzman Diana Jarvis W50 Trudy Calloway Sheryl Drevo W55 Rowena Hinshaw W65 Barbara Rose	12:23 18:11 13:28 14:59 18:06 27:41 T
3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	LuAnn Frank W45 Barbara Holzman Diana Jarvis W50 Trudy Calloway Sheryl Drevo W55 Rowena Hinshaw W65 Barbara Rose SOUTHAWES Avon Women's 100	12:23 18:11 13:28 14:59 18:06 27:41 T
3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	LuAnn Frank W45 Barbara Holzman Diana Jarvis W50 Trudy Calloway Sheryl Drevo W55 Rowena Hinshaw W65 Barbara Rose SOUTHAWES Avon Women's 101 Dallas,TX; May 9	12:23 18:11 13:28 14:59 18:06 27:41 T
3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	LuAnn Frank W45 Barbara Holzman Diana Jarvis W50 Trudy Calloway Sheryl Drevo W55 Rowena Hinshaw W65 Barbara Rose SOUTHAWES Avon Women's 101 Dallas,TX; May 9 <u>Overall</u> Jody Hawkins 31	12:23 18:11 13:28 14:59 18:06 27:41 7 8 8 8 8 9 18 10 10 11 11 13 12 18 11 13 13 18 11 13 13 13 13 13 13 13
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3	LuAnn Frank W45 Barbara Hotzman Diana Jarvis W50 Trudy Calloway Sheryl Drevo W55 Rowena Hinshaw W65 Barbara Rose SOUTHAWES Avon Women's 10 Dallas,TX; May 9 <u>Overall</u> Jody Hawkins 31 W40 Michelle Case Chizuko Koller Bev Sigler	12:23 18:11 13:28 14:59 18:06 27:41 7 8 8 1 1 1 1 1 1 1 1 1 1
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3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	LuAnn Frank W45 Barbara Holzman Diana Jarvis W50 Trudy Calloway Sheryl Drevo W55 Rowena Hinshaw W65 Barbara Rose SOUTHAWES Avon Women's 100 Dallas,TX; May 9 <u>Overall</u> Jody Hawkins 31 W40 Michelle Case Chizuko Koller Bev Sigler Bronda Starling Jean Allen Dianna Hager Lisa Ryan	12:23 18:11 13:28 14:59 18:06 27:41 7 7 7 8 8 5 5 5 5 5 5 5 5 5 5
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National Masters News

Carolyne Thomson	52:47
Allison Marable	54:30
Lala Wilcox	54:36
Maria Sanchez	57:01
Carolyn Jeter Leslie Goodfellow	58:10 58:34
Barbara Gill	58:52
W45 Linda Musil	42:39
Jacquie Baldelli	44:09
Marisa Quinones	45:06
Carol Mathus	47:01
Janet Cromer	49:11
Ann Dannis	50:05
Patricia Banks April Vuletich	51:02 52:17
Marilyn Clemens	59:16
Bette Walk	1:01:30
T Gwen Holmes	1:04:47
Sue Conley	1:05:13
W50 Margaret Filingeri	45:02
Susan Sams	50:47
Marylyn Patrick Bernice Matthias	53:14 55:03
Phyllis Wilson	55:12
Judy Jackson	57:36
Louise Young	58:20
Kathy Frable	59:21
Mary Edlund	1:00:45
Janice Snyder	1:00:54
W55 Mary Kennard	52:59 53:26
Corey Binder Barbara Bernstein	53:26
Jean Blackard	56:26
Mary Salter	57:26
Lorraine Whitaker	58:06
Betty Hutton	1:07:38
Erlinda Sullivan	1:07:55
W60 Maria Johnston	55:17
Diana Hersey	55:46
Betty Forsvall W65 Mary Ann Cotten	1:12:35 1:08:53
W70 Joyce Rhine	1:15:57
WEST	
Avon Women's 10	OK
Sacramento, CA; Ma	ay 30
Overall	
Marisa Avendano 24	36:07
W40 Diana Fitzpatrick Christine Kennedy	36:27 37:16
T Adams Schmidt	38:21
Connie Rowden	40:55
Connie Rowden Christi Holligan	41:27
Christi Holligan Mo Bartley	41:27 42:15
Christi Holligan Mo Bartley Maria Briones	41:27 42:15 42:46
Christi Holligan Mo Bartley Maria Briones Tia Rosen	41:27 42:15
Christi Holligan Mo Bartley Maria Briones Tia Rosen Kathy Welch	41:27 42:15 42:46 43:24
Christi Holligan Mo Bartley Maria Briones Tia Rosen	41:27 42:15 42:46 43:24 44:12
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Dennis Huffman Ming Quon	3:27:27
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Gerry Davidson 77 5: Mabel Velge 71 5:	41:44
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Magna Classic 10 Magna, UT; June 2	7
Overall	20.27
Larry Smithee 34 Olga Appell 34	29:27 33:23
M40 Mark Holland	31:35
Mark Dickey George Katz	31:51 33:09
John Erickson	34:18
Doug Barker	38:19
M45 Ray Workman Alan Stewart	33:03 34:42
Geno Atencio	36:44
Toby Salazar	37:21
Howard Horwitz M50 Hawk Harper	39:39 36:47
Jerry Kartchner	38:07
Charv Das	39:51
Joe Morzinski Roger Riddle	42:48 43:10
M55 Paul Peacock	36:52
James Burlingham	41:00
Jan Thurston Richard Groth	42:12 42:30
Mike Hendrickson	48:19
M60 Dean Anderson	47:35
Bud Astin M75 Bill Collings 1	59:05 :02:52
	:04:28
W40 Debbie Hanson	40:43
Heidi Hadley	42:15 42:59
Tami Katz W45 Diana Thompson	42.59
Kayleen Garreaud	54:24
Hisayo Kinjo	57:51
MED Leanie Crowne	
W50 Jeanie Groves	42:18 48:44
W50 Jeanie Groves Jamey Folland	42:18 48:44
W50 Jeanie Groves	42:18 48:44
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W50 Jeanie Groves Jarney Folland W-Parkside/Parside June Twilight 300m Rac June 7 <u>Overall</u> Jeff Salvage 31 Lynn Tracy 45 M30 Jeff Salvage M35 Michael Rose M40 Jeff Kuhl M45 Ron Winkler W30 Jilleen Pfarr W40 Katie Michel W45 Lynn Tracy W60 Jean Otto W65 Darlene DuBois USATF Pacific Associ Masters 5K Racewa Championships Los Gatos, CA; June M45 Art Klein M55 John Doane Stu Kinney M60 Jim Fisher Ralph Wheeler	42:18 48:44 NC e Walk 14:23 15:56 14:23 18:20 16:10 16:39 15:58 19:01 15:56 23:59 25:38 ation alk 28:25 30:06 32:54 32:52 39:35

W55 Jo Ann Nedelco 27:52 Hansi Rigney 30:21 30:40 Lani LeBlanc 33:12 Lorri Coppola 39:51

W65 Shirley Parlan

Zip

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WAVA/USATF

Hurdles and Implements Specifications HURDLES WOMEN Hurdle No. of Race To 1st Between To Hurdles Finish Hurdles Distance Height Hurdle Age 30-39 .840m 13.00m 8.5m 10.5m 100m 33" 42'8'/2" 27'10'/2" 34'5" 10 40-49 80m .762m 12.00m 8.0m 12.00m 30" 39'4" 26'3" 39'4" 8 50-59 19.00m 8 60-69 80m .762m 12.00m 7.0m 70 Plus 30" 39'4" 22'11'/2" 62'4" 30-39 400m .762m 45.00m 35.00m 40.00m 10 40-49 147'73/4" 30' 114'9'/2 131'2% 50-59 60-69 300m .762m 50.00m 35.00m 40.00m 7 114'9% 70 plu 30" 164'01/2' 131'21/2 MEN 30-39 110m .991m 13.72m 9.14m 14.02m 10 40-49 39" 45' 30' 46' 50-59 100m .914m 13.00m 8.50m 10.50m 10 42'8" 27'10% 36' 34'5" 60-69 100m .840m 13.00m 8.50m 10.50m 10 33" 27'10'/2" 34'5" 42'8" 70 plus 80m .762m 12.00m 7.0m 19.0m 8 39'4" 22'11% 30" 62'4' 30-49 400m .914m 45.00m 35.00m 40.00m 36' 50-59 147'7'/2" 114'9'/2" 400m .840m 131'2'/2' 10 33" 60+ 300m .762m 50.00m 35.00m 40 00m 30 164'0'/2" 114'9'/ 131'2% 7 IMPLEMENTS SHOT PUT DISCUS HAMMER JAVELIN AGE WEIGHT Womer AVAV USATE 30-49 4.00k 1.00k 4.00k 600gms. 20# 20# 50 plus 3.00k 1.00k 3.00k 400 gms. 16# 16# 60 plus 12# 16# Men 30-49 7.26k (16 lbs.) 2.00k 7.26k (16 lbs.) 800 gms. 35# 35# 1.50k 6.00k 800 gms. 25# 35# 50-59 6.00k 60-69 5.00k 1 00k 5.00k 600 gms. 20# 25# 4.00k 4.00k 1.00k 600 gms. 25# 70-79 16# 4.00k 1.00k 4.00k 600 gms 12# 25# 80 plus Steeplechase: men 30-59: 3000m/36" (.914m); men 60+ and women: 2000m/30" (.762m)

Superweight: M30-69 56-lb.; M70+ 35-lb.; W30-49 35-lb.; W50+ 25-lb WAVA weights are used for USATF weight pentathlons.

1998 NORTH & CENTRAL AMERICAN & CARIBBEAN WAVA REGIONAL CHAMPIONSHIPS

BARBADOS NATIONAL STADIUM, BRIDGETOWN, BARBADOS NOVEMBER 19-22 1998

ELIGIBILITY: Competition is open to all men and women 30 years of age and older. Age on November 19, 1998 will determine a competitor's age group. Individual competition will be held in age groups of 5-year increments starting at age 30. Relays will be held in age groups of 10-year increments. ALL COMPETITORS MUST BE MEMBERS OF THEIR COUNTRY'S AFFILIATE, IF ONE EXISTS. (FOR EXAMPLE, IN THE USA, ALL COMPETITORS MUST HAVE A 1998 USATF CARD AND ALL

BARBADIAN CITIZENS MUST BE REGISTERED WITH AMATEUR ATHLETIC ASSOCIATION OF BARBADOS.) GUEST (NON NCCWAVA) COMPETITORS ARE WELCOME. Proof of Birth Date will be required from all competitors in advance. A photocopy of your passport or birth certificate must be sent with your entry form to ensure eligibility. <u>AWARDS</u>: NCCWAVA Championships medals will be awarded to the top three finishers in each age division (men 40+ and women 35+) in each Championship final. Non-NCCWAVA guest competitors finishing in the top

three in these divisions will receive a non-Championship medal. The first three finishers in the women and men 30-34 age groups, and men 35-39 age group, will receive non-Championships medals in each event. ENTRY FEES AND PROCEDURES: The NCCWAVA fee is US \$5. Entry fee is US \$25 for the first event, US \$15 for the second event, US \$15 for the third event, and US \$17 for all subsequent events. Pentathlon, or Weight Pentathlon entry is US \$30 each (US \$20 if an additional event) Relays are US \$40 per team, payable on-site before the start of the race. Each competitor will receive a commemorative NCCWAVA T-shirt as part of the entry fee. Additional T-shirts may be purchased for US \$12.50 each, either in advance or on-site.

All entries must be RECEIVED BY NOVEMBER 2, 1998. Confirmation of entry will be sent to all competitors who have registered by October 2, 1998. (If your form is received after October 2nd, no confirmation will be sent). Late entries received after November 2nd will be assessed at US \$25 penalty. Absolutely no entries will be accepted after November 9th. No entry will be considered complete unless it is accompanied by full payment of fees.

There will be no refunds of entry fees for any reason.

RELAYS: Teams will be divided into 10-years age groups (30-39, 40-49, etc). Teams may be composed of athletes from the same or different countries. No mixed-gender teams will be allowed. Entries will taken on-site only. Entry fee is US \$40 per team. All relay team members will be required to provide proof of date of birth and USATF registration if U.S. citizen and AAA of Barbados registration, if a citizen of Barbados. PACKET PICKUP: Competitors may pick up their packets at the following times: at the Divi Southwinds Tuesday and Wednesday and at the National Stadium Thursday - Sunday.

DECLARATIONS: Declarations must be made at least one hour before the scheduled start of the event. Events starting before 10 a.m. may be declarated for on the evening prior. CHAMPIONSHIP BARBEQUE: A post meet barbeque open to all athletes and accompanying persons will be held at the end of competition, Sunday November 22rd. Cost is US \$15 per person.

ACCOMMODATIONS: ALL AT ST. LAWRENCE GAP, CHRISI CHURCH MEET HEADQUARTERS DIVI SOUTHWINDS BEACH RESORT Tel 246-428-7181 Bresmay Apartment Hotel Tel 246-428-6131 Dover Beach Apartment Tel 246-428-8076 Monteray Tel 246-428-9152

or Apartment Hotel Tel 246-428-9298 SOUTHERN PALMS BEACH CLUB Tel 246-428-7171

available on Monday, November 23rd. The shuttles will operate to and from the Stadium from Wednesday through Sunday.

EQUIPMENT Maximum spike length is 1/4" for all surfaces except the high jump and javelin runways which may take 3/8" spikes. Meet management will have field event implements (with the exception of vaulting poles) and starting blocks available for use by all competitors. Personal implements and blocks may be used by a competitor, subject to approval by Weights & Measures. Upon acceptance, these items must then be made available by the owner for use by other competitors in that competition (WAVA RULE 9(2)).

COMPETITION ENTRY FORM ALL ENTRIES MUST BE RECEIVED BY NOVEMBER 2, 1998 Family Name Address

City		000-000-0000Ev
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Fax 000-000-0000

Country of Citizenship(if different than above)

Male/Female(M/F) Date of Birth Day Month Year Age As of November 19, 1998

Mark Event

00000000 Postal Code

with an "X"	Name of Event Wo	omen's Age Groups	Men's Age Groups	Best Mark 1	998 o
and the second second	1. 100 Meter Dash	All age groups	All age groups		
entransien -	2. 200 Meter Dash	All age groups	All age groups		
Arrandate 17	3. 400 Meter Dash	All age groups	All age groups	10 Jan 10	
which have been been a set	4. 800 Meter Dash	All age groups	All age groups	A State of the	-
	5. 1,500 Meter Run	All age groups	All age groups		
100 100 100 100 100 100 100 100 100 100	6. 2,000 Meter Steeplechase	All age groups	M60 and over	1	
Name of A	7. 3.000 Meter Steeplechase		M30 - M55		
	8. 5,000 Meter Run	All age groups	All age groups		1
10-1000	9. 80 Meter Hurdles	W40 and over	M70 and over		
000	0. 100 Meter Hurdles	W30 and W35	M50 - M65		
	1. 110 Meter Hurdles		M30 - M45		
	2. 300 Meter Hurdles	W50 and older	M60 and older		
	3. 400 Meter Hurdles	W30 - W45	M30 - M55		
	4. 10K Walk (Road)	All age groups	All age groups		
	5. 5K Walk (Track)	All age groups	All age groups		
	6. 8K Cross Country	All age groups	All age groups		_
Street State	7. 10K Road Race	All age groups	All age groups		
A	8. High Jump	All age groups	All age groups		
	9. Pole Vault	All age groups	All age groups		
1	20. Long Jump	All age groups	All age groups		
	21. Triple Jump	All age groups	All age groups		
	22. Shot Put	All age groups	All age groups		
	23. Discus Throw	All age groups	All age groups		
	24. Javelin Throw	All age groups	All age groups		
there are	25. Hammer Throw	All age groups	All age groups		
	26. Pentathlon	All age groups	All age groups		
	27. Weight Pentathlon	All age groups	All age groups		

MS. JUNE CADDLE or MRS. ESTER MAYNARD AT TEL. 246-426-2858 ext. 268/269 fax. 246-429-5935 e-mail jcaddle@hotmail.com

Idx. 240-425-5555 e-filait jeaucite e notifiait.com WAIVER I hereby declare that I am in good health and am properly conditioned for the competitions, and that I am of the stated age on this application. I absolutely relieve The Amateur Athletic Association of Barbados, NCCWAVA, the corporate sponsors, and the Barbados National Stadium of any responsibility for any injury, loss or damage to myself or my property which I may sustain in the course of (or in connection with) the 1998 NCCWAVA Championships.

(NOTE: EXACT EVENT STARTING TIME WILL BE DETERMINED AFTER ALL ENTRIES HAVE BEEN RECEIVED AND ENTERED INTO THE COMPUTER. HOWEVER, NO EVENT WILL BE CHANGED FROM THE DAY USTED BELOW) THURDSAY, NOVEMBER 19 THURDSAY, NOVEMBER 19 8K Cross Country 5000 Meter Track RaceWalk 400 Meters – Prelims Pentables Pole Vault Hammer NCCWAVA Executive Council Meeting FRIDAY, NOVEMBER 20 Storpherbase Steeplechase 800 Meters 100 Meters – Prelims High Hurdles 400 Meters – Finals Long Ju Shot Put

NCCWAVA EVENT SCHEDULE

SATURDAY, NOVEMBER 21 10K Road Walk 5000 Meters 100 Meters - Finals Intermediate Hurdles Intermediate Hurdles 200 Meters - Prelima High Jump Javelin NCCWAVA General Asser

SUNDAY, NOVEMBER 22

10K Road Race 1500 Meters 200 Finals

1998

4 X 100 Relays X 400 Relays Weight Pentathlor Triple Jump

ATHLETES AND OFFICIALS BARBEOUE

NCCWAVA

FEES: NOIE - The Pentathion and Weight Pentathion are multi-events, and have a separate fee schedule from all other events, which are termed "single events" (see below)

							= US \$5.00
I" Single event (US \$25.0	0) (includes T	-shirt)					-
T-shirt size (circ		M	L	XL XXL	- KY	1.68.15	and shares your
2nd Single event (US \$15.0	00)(00	1.04		1. 18 h 10	1.1	4.55	- And Carline
3" Single event (US \$15.0)0)(0)	1 day	2	Sec. 1	- 10	34	dani Schieb
Additional single events =	Arge -	x	US SI	7.00	and sight	1 21 22 3	and and
Pentathlon (US \$30.00 if a (If Pentathlon is						i china a	indeli ell
Weight Pentathlon (US \$3							-
(If Pentathlon is	your only even	nt, indicate	e T-shi	rt size above	·)	in the	e i w xalug
	your only even	nt, indicate ember 2 nd (US \$2	rt size above 5.00)			
(If Pentathion is Surcharge for entries recei	ived after Nove	nı, indicate ember 2 nd (JS \$12.50	US \$2 (Circle	rt size above 5.00) : sizes: S	M L XL	XXL	(<u>00 6 84</u> 8

TOTAL AMOUNT DUE - USS

Please return this form, and the Competition Entry Form, with FULL PAYMENT by check or money order, payable to the Amateur Athletic Association of Barbados, and mail to: NCCWAVA Organizing Committee, c/o Amateur Athletic Association of Barbados, PO Box 46, Bridgetown, BARBADOS, W.I. 'Championships Supporter: Your voluntary US \$25 00 contribution will help sponsor a thank-you party for the officials who genero fonate their time and expertise in order to make this event possible. Championship Supporters will be recognized in the meet more meet program

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