NATIONAL MASTERS NEWS

The official world and U.S. publication for Masters track & field, long distance running and race walking.

168th Issue | August, 1992 | $2.50

Masters Celebrate Silver Anniversary

1000 to Compete in 25th Annual Nationals in Spokane

This month, the U.S. masters track and field program celebrates its 25th anniversary. It was in 1967 when the first "masters miles" were organized by David Pain. In 1968, Pain staged the first national masters meet in San Diego. After six straight years there, the national championships have moved around the country to different sites.

This year's meet — dubbed the 25th annual TAC/USA National Masters Track and Field Championships — will be held on August 13-16 in Spokane, Wash., a city of 186,000. More than 1000 participants from over 40 states are expected to attend. The meet returns to the Northwest region for the first time since 1987, when over 900 athletes competed in Oregon. The Spokane weather should be dry and in the mid-80s.

Competition will be held in five-year age groups for both men and women from age 30-34 to age 95+. There are no qualifying standards to enter the meet, except to be at least age 30.

The entry deadline was July 13 with the final deadline July 31. No late entries will be accepted in Spokane, except possibly for relay teams, which may sign up on the day of the relay if lanes are available.

Awards to First Six

The first three U.S. finishers in each event will receive TAC's official Championship medal, along with an attached medal identifying this year's site and date. Fourth through sixth placers will receive ribbons. U.S. national winners will also receive a TAC championship patch. Foreign placers will receive duplicate awards.

A welcoming ceremony will be held at the stadium on Friday at 7 p.m. Following that, an athletes' party will be held at the meet-headquarters Sheraton Hotel at 9 p.m. Organizers will provide free beer, free Pepsi, and free snacks. A no-host bar will also be available.

A barbeque is slated for Saturday at the track following the competition at about 6 p.m. After the barbeque — at about 8 p.m. — the annual athletes' meeting will be held in the college's Student Union A and B lounges. Everyone is invited.

A closing ceremony will take place at the stadium on Sunday at 4 p.m.

Transportation

All major airlines fly into the Spokane airport. Amtrak and Greyhound have daily service. The major hotels will provide free van transportation from the airport to their hotels. For others, a taxi or rental car is an option.

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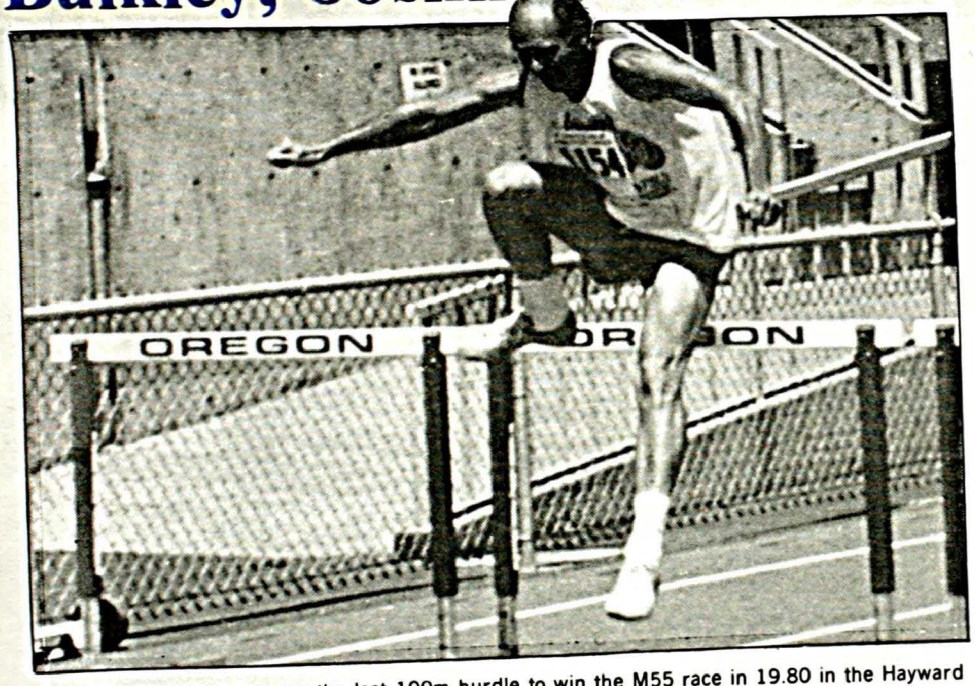
Bulkley, Joslin Set Records at Hayward



Fred Brandenfels leaps over the last 100m hurdle to win the M55 race in 19.80 in the Hayward Classic.
Photo by Jerry Wojcik

by JERRY WOJCIK

The Hayward Classic Track and Field Meet drew a record 230 men and women athletes from age 30-and-over from the Northwest, plus entrants from California, Canada, and even Florida to Eugene, Ore., on June 20-21. The meet also served as the Oregon TAC Championships.

Using probably the best track and field venue in the country, athletes broke one world, two U.S., and 46 meet age-group records. Daniel Bulkley lowered the M75-79 world record for the 300m hurdles to 57.73 (old record 60.78, Gonzalez, 1989). Leon Joslin, 80, set new U.S. M80-84 standards in the shot put with a 9.22m (8.45m, Macconaghy, 1989) and discus with a 31.20m (27.84m, De Groot, 1987).

Becky Sisley, meet director, reserved enough energy to break the U.S. age-53 record in the javelin with a 30.92m, and Joslin upped the single-age U.S. hammer best to 23.04m.

Thirty of the meet records went to men and 16 to women.

In other action, Ed Spinney, ran a 1:59.07 for the M35 gold, while Jules Trigueiro, W45, ran the best women's 800 in 2:31.84, sure to put her in the top three in the rankings for 1992. Gene Solomon and Paul Zitzelsberger dueled for M40-44 distance honors, with Solomon winning the 1500, 4:09.12 to 4:09.37, and Zitzelsberger taking the 5000, 15:54 to 16:01.

Ed Lipscomb, M40, finished with a 4.70m in the pole vault. Don Cumley beat a strong M70 field in the shot put with an 11.99m, but lost to Gerald Cysewski (33.76m) in the discus by two inches. Kathy Picknell-Gelhausen,

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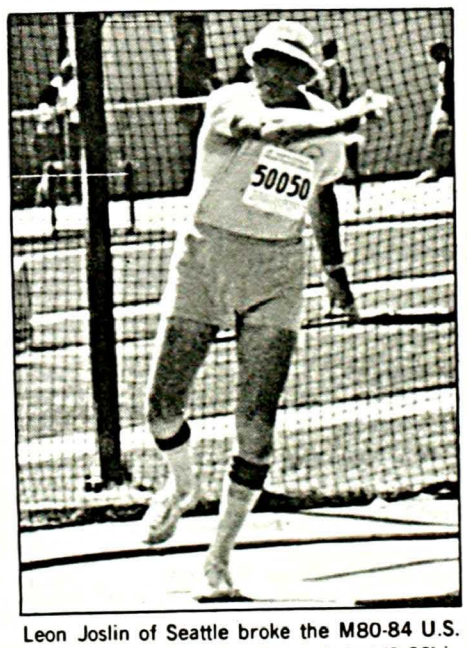
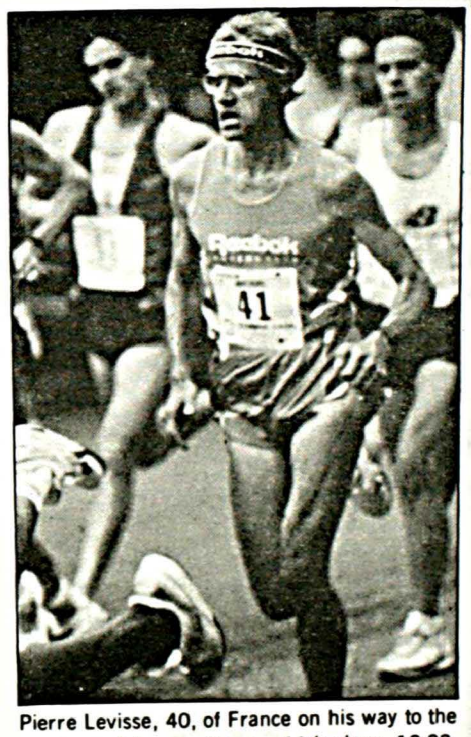


Leon Joslin of Seattle broke the M80-84 U.S. record for the discus (31.20) and shot (9.22) in the Hayward Classic.
Photo by Jerry Wojcik

Levisse Big Hit in Peoria



Pierre Levisse, 40, of France on his way to the masters victory, with an 11th-place 18:23, Steamboat 4 Mile, Peoria, Ill.
Photo by Clay Shaw

by JERRY WOJCIK

Pierre Levisse, 40, of France defeated a tough M40-44 field, with an 11th-overall 18:23 to win the masters title in the Steamboat 4 Mile in Peoria, Ill., on June 20. Nick Rose, 40, of England chased him well but ended eight seconds behind, followed by Charlie McMullen, 40, 19:22; Ken

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The *National Masters News* is devoted exclusively to track & field, long distance running, and racewalking for men and women over age 30. Each month it delivers 24 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competition.

Some masters events are sponsored by TAC, the national governing body for athletics in the USA. Some are sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to ages 40+, 50+ or 55+; (please check the schedule for details). Some events require advance registration. Some require a current TAC card ($7 to $11 per year, depending on the region). To inquire about a TAC card, call The Athletics Congress in your area, or 317/261-0500. There are no qualifying standards for any masters athletics event.

NMN welcomes contributions — results, schedule info, photos, letters, articles, and opinions. Manuscripts should be typed, double-spaced, but legibly handwritten material is also acceptable. Results should be typed, single-spaced. Please include a stamped, self-addressed envelope if return is desired.

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Kurtis, Gilbert Top Masters in Grandma's Marathon

by SCOTT KEENAN

Doug Kurtis, 40, of Northville, Mich., finished 17th overall in 2:23:47 to capture the men's masters division in Grandma's Marathon in Duluth, Minn., on June 20. Kurtis, who won the race three years ago, was forced to settle for the masters title due to a nagging hamstring.

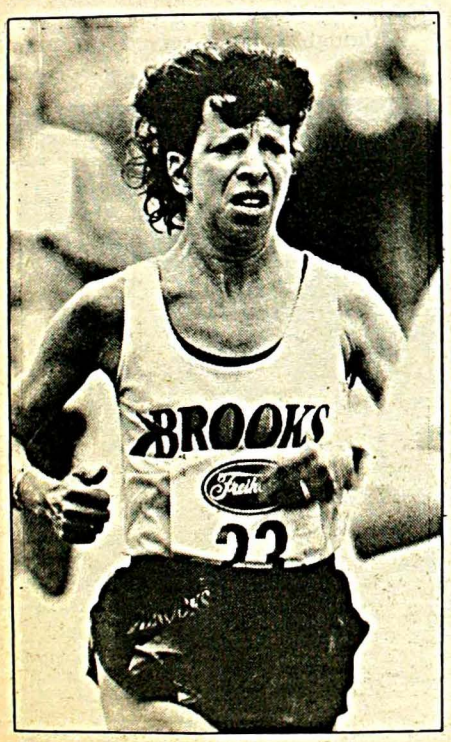
"Running as a master, I'm not worried about someone beating me," he told reporter Chris Miller of the *News Tribune*. "I just want to run under 2:20. Today, because of the hamstring, I had to back off. It was just very bothersome, and I was forced to be conservative."

Ryszard Marczak, 47, of Poland, placed second in 2:24:18, followed by Rob Whetham of Stillwater, Minn., in 2:26:51.

In the women's division, Sharlet Gilbert, 41, of Richmond, Calif., finished first master in 2:38:00, a personal best. Gilbert, who broke her heel in the 1988 Olympic Trials in Pittsburgh, was told by her podiatrist that she probably wouldn't be able to run again competitively. "It was a total surprise," she said after finishing in sixth-place overall. "I was unable to run for a long time. The Lord was willing, the weather was perfect, and conditions were once-in-a-lifetime."

Nancy Grayson of Columbia, S.C., finished second in 2:52:48, followed by Edina, Minn., resident Diane Stoneking in 3:01:53.

The adjunct Garry Bjorklund Half-Marathon saw Jim Pelarske of St. Cloud, Minn., finish as top male master in 1:10:15, with Duluth's Sharon Ollenburger winning the distaff division in 1:32:01. □



Barbara Filutze, 45, from Erie, Pa., steams to a 17:43 victory, Freihofer's Run For Women 5K, Albany, N.Y., June 6.

Victor Sailer/Agence Shot

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1992 TAC/USA

THE NATIONAL MASTERS

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15 Kilometer Cross-Country Championships

(TAC Sanctioned)

Sunday, November 29, 1992 — 11:00am

Van Cortlandt Park, Bronx, New York

with the cooperation of the City of New York, Department of Parks & Recreation,
DAVID N. DINKINS, Mayor; BETSY GOTBAUM, Commissioner;
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Souvenir T-shirts, (not guaranteed to post-entrants), Awards Ceremony and complimentary buffet after race.

with the cooperation of the Millrose Team

AGE GROUP AWARDS/MEN AND WOMEN:
(6 each) 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

RULES: Masters Teams: Only association clubs are eligible to compete for team titles. Team age divisions are 40+, 50+, 60+, and 70+. A maximum of 8 declared entries per team.

Scoring is by aggregate time of top team finishers. Men 40+ and 50+ score 5 runners, 60+ and 70+ score 3 runners. All women's teams score 3 runners.

If entering more than one team (or if an individual is competing in a lower age group), team must declare in writing, half-hour before race to Meet Director. Lockers available (bring lock) at Stadium (242nd Street).

The Pete McArdle Memorial Trophy will be awarded to the first place male and female overall finishers

DIRECTIONS: Subway: Broadway IRT #1 local to 242nd Street (last stop) then walk North to Start on Flats. Car: from Major Deegan Expressway, Exit at Van Cortlandt Park South, Turn West 1 block to Broadway. Turn right (North) to Start. Parking on street. TAC rules will be strictly enforced. Athletes are reminded not to cut or fold competition numbers.

CHECK-IN: At Start, 9:30am-10:30am

ENTRY FEE: $8.00 (post-entry: $10.00). Checks payable to New York Road Runners Club

MAIL TO: Kurt Steiner, Meet Director; 1660 E. 21st Street; Brooklyn, NY 11210; Telephone: (718) 336-3025 (evenings) or the New York Road Runners Club, 212-860-4455 (days) Millrose coach: Joe Kleinerman.

TACMASTERS 1992
15K CROSS COUNTRY CHAMPIONSHIPS
NOVEMBER 29, 1992

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I know that running in New York Road Runners Club (NYRRC) activities is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in NYRRC activities including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat, extreme cold, and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I, for myself and anyone entitled to act on my behalf, waive and release the NYRRC, Millrose, Guinness, TAC, the City of New York, Department of Parks & Recreation, the Metropolitan Athletics Congress, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

SIGNATURE (parent must sign if entrant is nder 18)

Date

Place	Time	Runners Number

Last Name		First Name	
Phone	Age on Race Day	Birth Date (month/date/year)	Sex
Mailing Address			
City	State (or Country if not USA)	Zip Code	
TAC Number			
Exact Name of Team			

WRITE ON!

Address Letters to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404.

AGE-GRADED TABLES

I have some questions about the age-graded tables:

1) On what are the open-class and age standards based? Many are near or on the world records but some are not.

(They are based on the potential world record for each age/event.)

2) How are the age factors calculated? I note that the 400m slows the fastest with age compared to other running events.

(From world records and past performances of all age groups.)

3) How are the All-American Standards set? It's curious that the men's standards are set at about 85% scores while the women's standards are at about 75% scores. Is it the aim to have about 25 qualifiers in each event per year?

(Yes.)

4) Are the women's AA standards more lenient because there are fewer U.S. women competing in track events while the standards are international?

(Yes.)

5) I am trying at age 45 to make all of the standards between 400 and 5000 and now lack only the 3000SC. Does a TAC-certified street mile meet the All-American standard?

(Yes.)

Thanks very much for your time — past and present. You offer a wonderful service to those of us whose goals were not all met in collegiate competition.

Steve Moyer, M.D.
Portland, Oregon

I greatly enjoyed Jim Smith's article (June), which advocated using age-grading for race awards. However, I believe that our basic priority is for race directors to treat *all* five-year age groups equitably with regard to prize money.

Only *after* this is achieved, should we try for some "frosting on the cake" in the form of recognizing the top three performers, etc. I would hate to see the transfer of the "loot" to the top three age-graded performers, while the bulk of the masters still receive only trinkets.

Herb Chisholm
Alexandria, Virginia

MALE MENOPAUSE

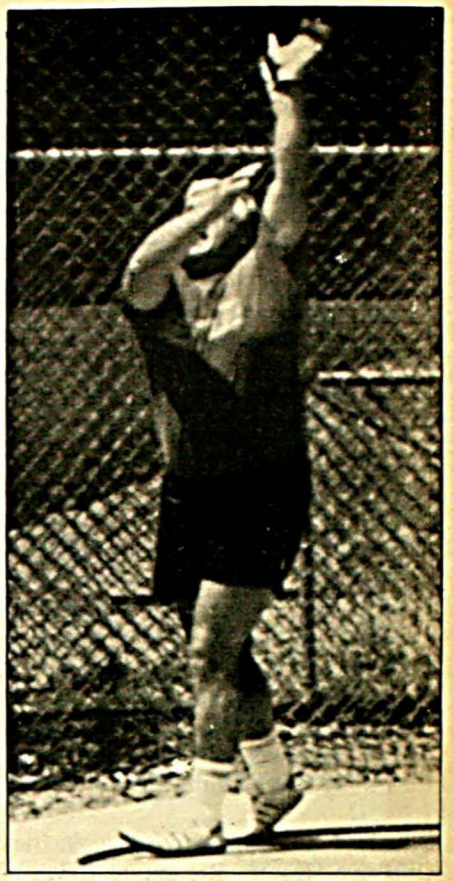
About my mid-forties I noticed a weakness in my legs while running. Over the next six years, my athletic ability declined steadily.

I finally went to my doctor last fall and had a thorough physical exam. All of my tests were normal — except for my testosterone level

I have just started testosterone therapy, and about five days after a shot, my strength returns to normal. Ten days later my strength starts to weaken and I need another shot. The doctors say that with time there will be less up and down in the cycle.

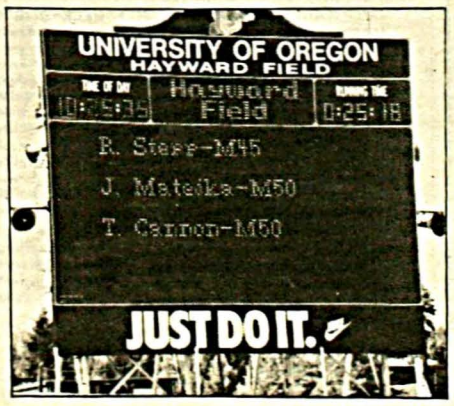
Although male menopause is relatively rare, I wanted to share my experience with other masters athletes who might have the same symptoms and are chalking it up to "aging." The process can be reversed if you seek the proper medical treatment.

Douglas Rustad
Santa Rosa, California



Hammer thrower Ken Weinbel, M60, Seattle, prays to Thor, the hammer god, for a good throw, Hayward Masters Classic, June 20-21, Eugene, Ore. He finished with a 112-2.
Photo by Jerry Wojcik

Herve Pastre (1111) won (2:02.10) the M45 800, with Richard Tucker, third (2:09.30), Hayward Classic Meet, June 20-21, Eugene, Ore.
Photo by Jerry Wojcik



Scoreboard, Hayward Field, University of Oregon, Eugene, showing the entrants in the pole vault and the running time of the 10,000, June 20, the first day of the Hayward Classic Meet.
Photo by Jerry Wojcik

WAVA COUNCIL MEETINGS

In May, my wife Lily and I went to Miyazaki, Japan, to inspect hotels on behalf of our travel agency, Alouette Travel, to promote our masters tour to the WAVA Championships in 1993. We went at the same time as the WAVA Council, and it was an eye-opener for us.

Although I have served on many

Continued on next page

Hayward Classic Meet Director Becky Sisley, in the shot put (8.20) here, broke the age-53 U.S. record in the javelin earlier with a 30.92, June 20-21, Eugene Ore.
Photo by Jerry Wojcik

NATIONAL MASTERS NEWS

Subscription Form

The *National Masters News* is the official world and U.S. publication for Masters track & field, long distance running and race walking.

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CZZMN

Write On

Continued from previous page

track and field committees over the years, I have never before encountered such dedication and hard work as that shown by the WAVA Council Members.

They often worked from 8 a.m. to 8 p.m. with only a short break for lunch. It certainly is no holiday for them. They earned our respect and I applaud their efforts.

I must add the Japanese are excellent hosts, and we were very impressed with their courtesy and generosity. We are looking forward to the World Championships in October, 1993.

Ken Richardson
Maple Ridge, British Columbia

HISTORY OF LDR

There was one minor error in Claudia Ciavarella's otherwise fine article (July NMN) on the history of U.S. masters long distance running. She quotes Ed Kozloff as recalling that the 1974 National AAU Masters Cross-Country Championships on Belle Isle in Detroit were attended by "only seventeen people."

Ed must have been talking about a local masters race. The nationals were held in Detroit in 1971 and '72. The 1974 nationals were in Long Beach, Calif.

Other than that tiny discrepancy, the article was excellent.

Hal Higdon
Michigan City, Indiana

INDOOR NATIONALS

This is a belated thank you to Jim Pearce, meet director of the 1992 National Indoor Championships in Columbus, Ohio. Jim and his dedicated cadre of workers made it possible for us to enjoy a magnificent meet.

There were over 100 officials — 11 of which were picked to officiate at the Olympic Trials. Many were there from 7 a.m. to 9 p.m. or later each day, with no reimbursement for their services or mileage. I hope enough of us took the effort to thank them for their time.

The facility was excellent — across the street from meet headquarters. The hotel was kind enough to leave rooms open for those wishing to change after their competition.

Finally, I'd like to thank Jim for the many times he called on me to discuss issues before making final decisions. If you felt the entry fees were too high, I'll take the heat, as I advocated raising them this year.

This is the second time Jim has hosted our national indoor meet, and if we're lucky, he might do it again. For his role as meet director, and for his involvement in masters track and field throughout the years, I nominate him as "Administrator of the Year."

Scott Thornsley
National Masters Indoor Coordinator

SOUTH AFRICAN MASTERS

At long last it looks as though South African sports will be back in the world arena. I think sports will help get our people to move even closer together, although the path is not all that smooth.

Progress has certainly been made, and we all look forward to more unity, cooperation, friendship, and happiness.

Leo Benning
Capetown, South Africa

Athletes from Sweden, Finland, Poland, Austria, Germany, and the Middle East helped make the 17th Annual South African Championships a huge success. I was the only entrant from the U.S., and competed wearing the U.S. team uniform that we wore in Australia.

I found the South Africans to be nappy, congenial people. They are good sportsmen, and I think they would do a great job of conducting the 1995 WAVA Games.

Bill Bangert
Tustin, California

PROUD TO BE A MASTER

As I graduate from the M70-74 bracket, I look back fondly on the last five years of competition. In my wildest imagination, I never thought I'd be able to win some national, and even world, championships.

I was injured last summer and couldn't compete, so I'm really looking forward to coming back. I'm warning all the guys in my new age group — look out!

Dan Bulkley
Phoenix, Arizona

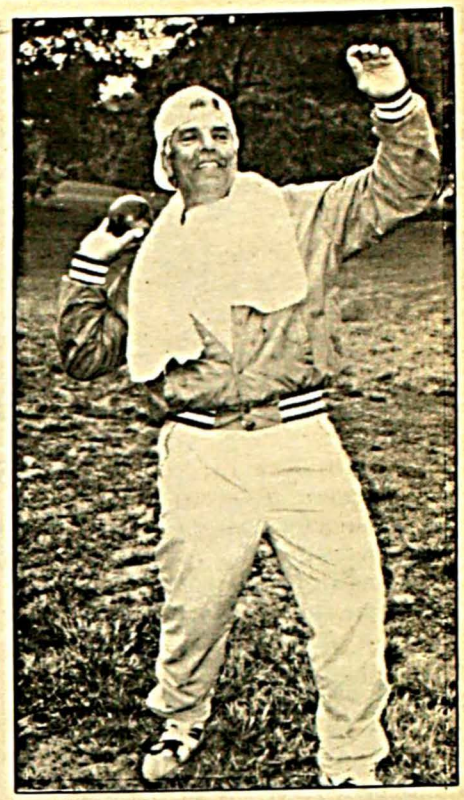
ATHLETE OF THE MONTH

I am truly honored to be chosen as the Sorbothane Athlete-of-the-Month for June. I am also very grateful for all the kind remarks I have received regarding my decision to "hang up the spikes" at the end of this year.

I am looking forward to seeing all of my friends at the Nationals in Spokane.

Payton Jordan
Los Altos, California

Paul Schmitt (2:48.6) edges Ernie Hirschfield (2:48.9) for the M65 win in the 800, St. Louis Senior Olympics, St. Louis, Mo., May 24.
Photo by Hank Kiesel



Phil Brusca hams it up after debuting as a new M65 with a first in the shot (41-0), St. Louis Senior Olympics, St. Louis, Mo., May 24.
Photo by Hank Kiesel

Top three M40 runners before the start of WZYP Cotton Row Run 10K, Huntsville, Ala., May 25. From l to r: Earl Owens (3rd, 32:10), Kenneth Judson (2nd, 31:21), and Mike Fromant (1st, 31:01).
Photo by Jim Oaks

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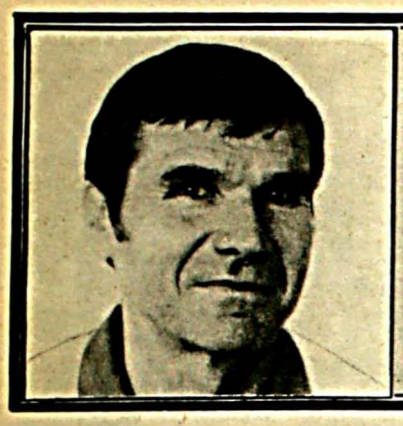

Third Wind

by Mike Tymn

Versus

Among the dozens of files I maintain for research purposes is one simply titled "Versus." The file contains around 60 clippings, including the following from our sports.

Olympic Gold vs World Record

"A lot of people say the Olympic gold is the ultimate. But if I win and score 300 points less than my PR, I won't be happy. If I had a choice, it would be the world record. I would rather be listed as the guy who scored the most points." — *Dan O'Brien,* top American decathlete.

"The gold is like a son or daughter — never to be taken away. A world record can be like a lost lover you are trying to get back." — *Jim Spivey,* top American miler.

"Victories are much more of a motivating factor for me than records. You may own a record only for so long, because someone else is bound to come along and take it away. But nobody can knock on your door and take away your medals or your victories. Those are the things you have forever." — *Grete Waitz,* 1984 Olympic marathon silver medalist.

"I might feel a bit defensive, but in general, times are still more important to me than victories. I prefer to attempt fast times and possibly have to crawl in." — *Ingrid Kristiansen,* marathon world record-holder.

"I don't know that winning the gold was so important to me. I would say that setting my first world record meant more." — *Glenn Davis,* 400 hurdles gold medalist in 1956 & '60.

"The world record is what keeps me going more so than anything else. I'd love an Olympic gold medal, but a world record would make me happier." *Greg Foster,* top-ranked American hurdler.

Track vs Road

"I really like the track. It's got some element of legitimacy or some element of separating the men from the boys that I really like. There's no comparison to road racing." — *Mark Nenow,* American record-holder at 10,000.

Hurdles vs Flat

"I have always had this great feeling when I run the hurdles, whether it's the highs or intermediates. Running on the flat is boring to me, but going over the hurdles is thrilling." — *Andre Phillips,* former top-ranked American 400 hurdler.

100 vs 200

"The 100 is explosion. The 200 is smooth acceleration and relaxation. You can run the 200 after the 100. But if you switch them, make people try to explode when they're tired, you set them up for injury." — *Carl Lewis,* world record-holder at 100 meters.

"I like the 100 better basically because of the fact that it's shorter and there's less energy needed to run it than the 200. I like both events but I still prefer the 100 over the 2." — *Calvin Smith,* former world record-holder at 100 meters.

"I want to be the world's fastest woman. If you win the 100, it means you're the world's fastest woman. If you win the 200, it means you're a good 200 runner." — *Evelyn Ashford,* top-ranked American sprinter for many years.

200 vs 400

"I kill the 200 — 20.41. But I want to run the 400. It's more interesting." — *Darrell Robinson,* former UCLA star.

"You have to intend to run the 400. The 400 is run with patience. You have to trust your inner clock. Run it right, and you die a little. It's a test of faith." — *John Smith,* coach and former 440 star.

1500 vs Mile

"To be honest, I probably prefer the 1500. I'm a bit younger than some of the other guys and maybe the mile has lost a little of its mystique." — *Steve Cram,* world record-holder in the mile.

"I have always felt there are two types of milers, the 800-miler type and the miler-5000 type. I am the latter, so I always felt my chances were better to set a world record for the mile rather than the 1500 because I'm a strength runner and not a speed runner" — *Sydney Maree,* American record-holder at 1500.

1500 vs 5000 (& 10,000)

"If I had to assign values to races I'd say that the 1500 is the greatest, the most beautiful of distances; the 5000 is the toughest and the 10,000 is the easiest. No, I must persist: the 10,000 is nothing at all." — *Said Aouita,* world record-holder at 1500.

"I don't like it (5000) or the time it takes to train for it. Economically, it's better to be the tenth-ranked miler than being ranked second in the 5000." — *Steve Scott,* American record-holder in the mile.

Mile vs Marathon

"If you want to run, then run a mile. If you want to experience another life, run a marathon." — *Emil Zatopek,* 1952 Olympic marathon winner.

10,000 vs Marathon

"The 10,000 is a harder event than the marathon. It takes more training and discipline." — *Carlos Lopes,* 1984 Olympic marathon gold medalist.

Half-Marathon vs Marathon

"You can really race a half-marathon. The way you dominate a marathon is by *not* being up front." — *Steve Moneghetti,* top Australian distance runner.

"Half-marathons are relatively easy. The thing about the marathon is that when you get past 20 or 22 miles you start using muscle tissue. That's the tough part." — *Mark Curp,* former American record-holder in the half-marathon.

American vs European Tactics

"In the U.S. there's bumping on the first break, but then people will tend to back off and get into position. Overseas, there's no backing off — no one is going to give you a position. You have to elbow or kick or push a little bit to get your position. And you're really not comfortable in your position until after the 500, and that's a long way to fight." — *Johnny Gray,* American record-holder at 800.

American vs European Track Meets

"Even though track & field in Europe is much more popular than in the U.S., my personal belief is that track & field in the U.S. is more fun. In Europe, it's a big business. Though the meets can be fun — especially the smaller meets — the big meets are business. You go to a good track meet in the U.S. and it's almost more of a picnic atmosphere. That's fun, not only for the athletes but for the spectator." — *Mike Buncic,* top-ranked American discus thrower.

American Joggers vs English Joggers

"You can always spot the American joggers in Central London. They run in place at red lights." — unnamed managing director of a British company. □

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Seven Records Set in Raleigh

by JERRY WOJCIK

The 22nd annual Southeastern U.S. Master Track and Field Meet, with its large schedule of events, was held on May 1-3 in Raleigh, N.C. In addition to the usual offerings, this meet has two weight throws, two pentathlons, a 10K road run, and a 20K road walk.

At end of the third day, two world and five U.S. age-group records had fallen. Pat Peterson, 66, broke her own W65 WR of 79.32, set in 1991, for the 300mH with a 76.90. Leonore McDaniels, 64, upped the W60 high-jump WR of 1.23, set by C. Wippersteg, Germany, in 1989, to 1.24 (AG 92.5%).

Bernice Holland celebrated her February entrance into the W65 group outdoors with three U.S. records: shot put, 8.70 (Mary Bowermaster, 8.05, 1986); discus, 25.60 (Harriet Boyd, 19.42, 1989); and javelin, 25.16 (Edith Mendyka, 22.54, 1976).

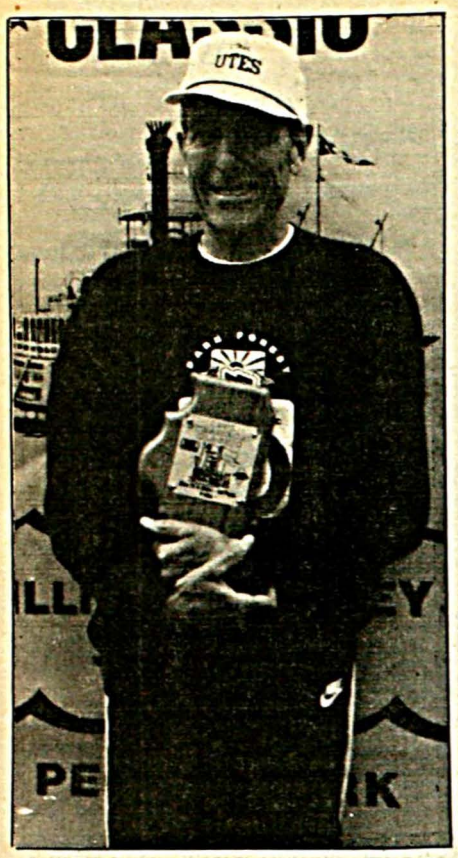
In the hammer, Betty Jarvis, 76, increased her U.S. W75 record of 17.24, set in 1991, with a 17.80.

Olympic walk trials qualifier, Ray Funkhouser, 41, clocked a U.S. record 22:19 (AG 89.5%) in the 5000 track walk.

David Beshears, 38, outpointed the pentathlon field with 2407, while Len Olson, a recent M60, topped the weight pentathletes with 2839.

Thomas Hare, 48, posted the best time (35:50) of the entire 10K road run field. Robet Mimm, 67, was the best age-graded performer (83.0%) in the 20K road walk with a 2:00:51.

Ray Fulghum and Dale Smith were directors and organizers of the meet, held on the North Carolina State U. campus. □



Warren Utes, 71, after a fast 23:50 M70+ victory, Steamboat 4 Mile, Peoria, Ill., June 20.
Photo by Clay Shaw

Levisse Big Hit Continued from page 1

Popejoy, 41, 19:52; and Gary Romesser, 41, 20:01.

Judith Hine, 43, won the masters women's race in 23:29, with Que Harbor, 41, second in 24:07.

The best performance of the race came from Warren Utes, 71, who blazed to a 23:50 to win the M70+ contest. A total of 2142, (1535 men and 607 women) finished.

In the lesser-attended 15K, Allan Rushmer, 48, of England ran a 14th-over-all 51:40 for the top masters performance (AG 89.4%). Gary Townsend (40, 50:45) and Christina Kidd (40, 60:55) were masters firsts. Six hundred runners finished, 494 men and 106 women.

The event was under the direction of Joy Kessler. □

Judith Hine, 43, first masters woman (23:29), Steamboat 4 Mile, Peoria, Ill., June 20.
Photo by Clay Shaw

Palmer Sets Discus Record in Southwest Regionals

by TIM MURPHY

Wendell Palmer, 60, of Pampa, Texas, established a new U.S. M60 discus record with a phenomenal throw of 174-3 in the TAC Southwest Regional Championships held June 6 at SMU in Dallas, Texas. Palmer's mark eclipsed the U.S. standard of 174-1 set by Dan Aldrich in 1980. He also had wins in the shot put (43-½), hammer (127-3½), and javelin (120-1).

Betty Jarvis, 76, joined in the record-breaking spirit by surpassing her own pending W75 U.S. mark of 56-6¾ in the hammer with a heave of 57-11. Jarvis also topped the W75 field in the javelin (42-6), discus (56-1), and shot (17-5).

The meet featured more than 250 entrants (150 masters) from 10 states, and was directed by a small, efficient staff headed by John Pritchett. Tony Deatherage, president of the Dallas Masters Track Club, who just showed up to watch because of a pulled hamstring, was enlisted to run the finish line and did a fine job. □

Mr. Jordan Returns to Los Gatos

by JERRY WOJCIK

Payton Jordan, 75, of Los Altos, Calif., continued to whittle away at the M75-79 world records for the 100 and 200 with a 13.40 (AG 98.6%) and 28.10 (AG 99.6%) in the TAC/Pacific Track and Field Championships, Los Gatos, Calif., June 13. Jordan, with earlier marks of 13.48 and 28.3, both under the world records held by Josiah Packard, should reduce any previous bests when he faces national competition in the Championships in Spokane, Wash., August 13-16.

In the 1500, Vicki Bigelow lowered Margaret Miller's U.S. W55-59 record of 5:20.0 to 5:14.2 (AG 90.4%). Racewalker Ruth Van Sandt broke Thelma Jacobs' U.S. record 35:07 for the W70-74 5000 racewalk with a 34:30.

In the 400, Milton Qualls, M35, 51.40, and Martin Adamson, M50, 55.66, both top-ten ranked in 1991, showed that they will maintain those standings for 1992.

Throwers were in good form, with Larry Stuart, M50, at 59.86, and Fran Conley, W50, at 31.14, in the javelin, and Joe Keshmiri, M50, with the day's best 52.32 in the discus.

Attendees were treated to a throw of 72-1½ in the M30 division shot by Olympic hopeful Greg Tafralis. □

Stookey, Tucker and Hills Win in Philly

by PETER TAYLOR

Jim Stookey, Lorraine Tucker, and Claude Hills were age division winners in the Philadelphia Masters 100-long jump-200m "Rapid Triathlon" at St. Joseph's U. outdoor facility.

Stookey, 62, put together three excellent performances, sprinting the 100 in 13.4, soaring 5.34 in the long jump (AG 91.6%), and taking only 26.9 seconds in the 200 (AG 91.41%). Alex Johnson, 59, was next in line in the men's "Blue Division" (ages 30-69), with marks of 12.9, 4.86, and 26.6, while 64-year-old Ed Cox placed third with a 13.3 100, 4.05 long jump, and 27.9 200.

Lorraine Tucker, an affable and talented 45-year-old sprinter from the New York City area, ran the 100 in 13.5 seconds, the 200 in 28.1, and long jumped 4.53. Claude Hills, 80, sprinted the 100 in 17.0, the 200 in 38.3, and long jumped 3.29 to win the men's Gold Division (70+) unopposed.

In other events, Jim Sutton, 60, ran the mile in 5:07.1, while Bill Mariski posted the fastest times of the day in the mile/800, leading the M30 runners with 4:25.2 and 2:03.3. Also in this age group, Bill Austin showed good form in running an excellent 400 (49.6). Earlier, Gar Schoener, 76, won his 100 in 15.9 seconds. □

Five Years Ago

- Ken Dennis Sets Two M50 WRs (100/11.2, 200/22.9) in in Northern California Seniors Classic
- Phil Raschker Breaks W40 100 WR (11.9) and Sets U.S. W40 High Jump Mark of 5-0
- Payton Jordan (M70, 26.8, 200), Tom Patsalis (M65, 35-2½, TJ), and Del Pickarts (M60, 183-8, JT) Smash WRs in SCATAC Meet

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MASTERS ATHLETE OF THE MONTH

Pierre Levisse

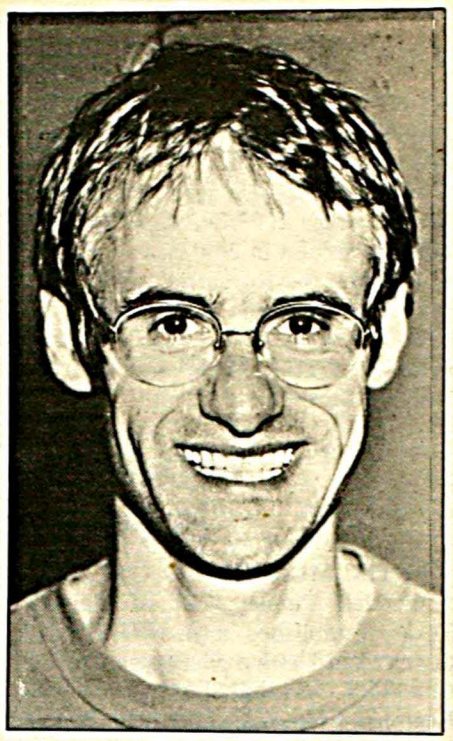
This month's Sorbothane Masters Athlete-of-the-Month is Pierre Levisse, the amazing 40-year-old Frenchman now living in Boulder, Colo., who has dominated the U.S. masters road racing scene this year.

Since coming to the U.S. earlier this year, Levisse has won masters titles in the:

- International Veterans 8K Cross-Country in Boston, March 20, (23:05).
- Sallie Mae 10K in Washington, D.C., April 12 (29:33; 96.7% age-graded).
- Bay to Breakers 7.1 miler in San Francisco, May 17 (36:04).
- Bolder Boulder 10K in Boulder, Colo., May 25, (30:24).
- Hospital Hill Half-Marathon in Kansas City, Mo., May 31 (64:44; 97.3% AG).
- Steamboat 4-miler in Peoria, Ill., June 20 (18:23).
- Cascade Run Off 15K, Portland, Ore., June 28 (44:14; 99.0% AG).
- Boilermaker 15K in Utica, N.Y., July 12 (45:09).

Levisse's only loss was by three seconds to Kenya's Joseph Nzau in the Peachtree 10K in Atlanta, July 4 (29:09 to 29:12).

Sorbothane produces lightweight, shock-absorbing air-infused insoles which can be found at most sporting goods stores. Sorbothane sponsors the athlete-of-the-month award every other month in NMN. For his efforts, Levisse will receive $100 from Sorbothane. □



Pierre Levisse
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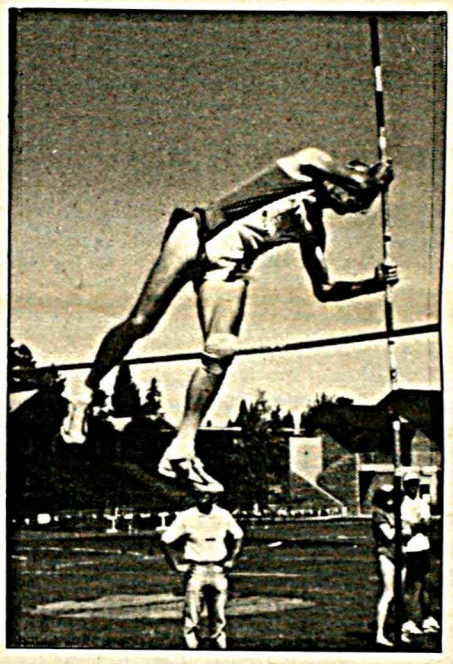


Loren Swanson, M60, finished with an 8-6¼ vault in the Hayward Classic Meet, June 20-21, Eugene, Ore. Photo by Jerry Wojcik

Mid-America Regional Championships

by JERRY WOJCIK

The Athletics Congress Mid-America Regional Masters Championships were held at the Nebraska Wesleyan University track in Lincoln, Nebr., on June 28.

In the sprints, Tom Bassett won the M40 100 in 11.5 and 200 in 23.7, both meet bests. Danis Wilet, top-ranked W35 (58.10) in 1991, should maintain that spot after running a 57.9 400 here.

Jerry Donley, M60, another top-ranked athlete in 1991 in the pole vault (11-11¾), finished with an 11-6.

Charles Obye, M70, included a 28-6½ triple jump in his several firsts.

Shot-putter Scott Herman, M70-74 national outdoor champion in 1991, won with a 41-5. □

Bulkley, Joslin Set Records

Continued from page 1

W30, topped all discus throwers with a 157-3.

Bob Brewer, M50, 29:58, and Judy Heller, W45, 30:14, were best masters in the 5000 racewalk.

Besides the fine track, athletes were treated to competent announcers, on-site results after each attempt in the field events, track results on the scoreboard seconds after each race, watermelon, ice water, and tons of officials (five for the hammer throw). The *Eugene Register-Guard* printed results after each day.

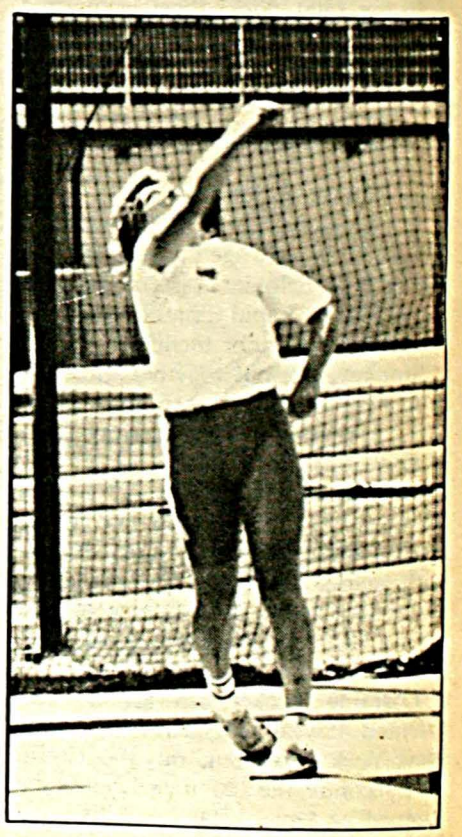
Experienced officials and volunteers (WAVA championships, Pacific 10 championships, and more) numbered over 200.

In addition to the supply of officials, the community provided support by buying event-sponsorship at $50 per, for which the sponsor received exposure in the meet program and on the track. The Oregon Masters Track Club added its expertise.

The Valley River Center, a large, modern shopping complex in Eugene donated $1500, and the Valley River Inn provided shuttle services, reduced room prices, and a room and food for the Saturday night reception.

Unseasonable heat (mid-90s) for Eugene created relatively few problems — a hammer thrower experienced heat exhaustion, and the 5000m runners and walkers needed water dousing.

This may be the best masters meet, excluding some nationals, that I have attended in my 18 years as a master. After 25 years, the masters movement should expect more meets like this, so if you can't find one, try this meet next season. □



Kathy Picknell-Gelhausen, W30, topped all discus throwers with a 157-3, Hayward Classic Meet, June 20-21, Eugene, Ore.
Photo by Jerry Wojcik

Whitley Ties 200 WR

Jordan, Johnston Set WRs in SCATAC Championships

by CHRISTEL MILLER
Meet Director

Payton Jordan continued his phenomenal string of record-breaking performances by shattering Josiah Packard's world M75 200 mark of 29.5 with a blistering 28.18 in the SCATAC District Championships and Pentathlon held June 20 at Occidental College in Los Angeles. Jordan's age-graded performance was an incredible 99.4%.

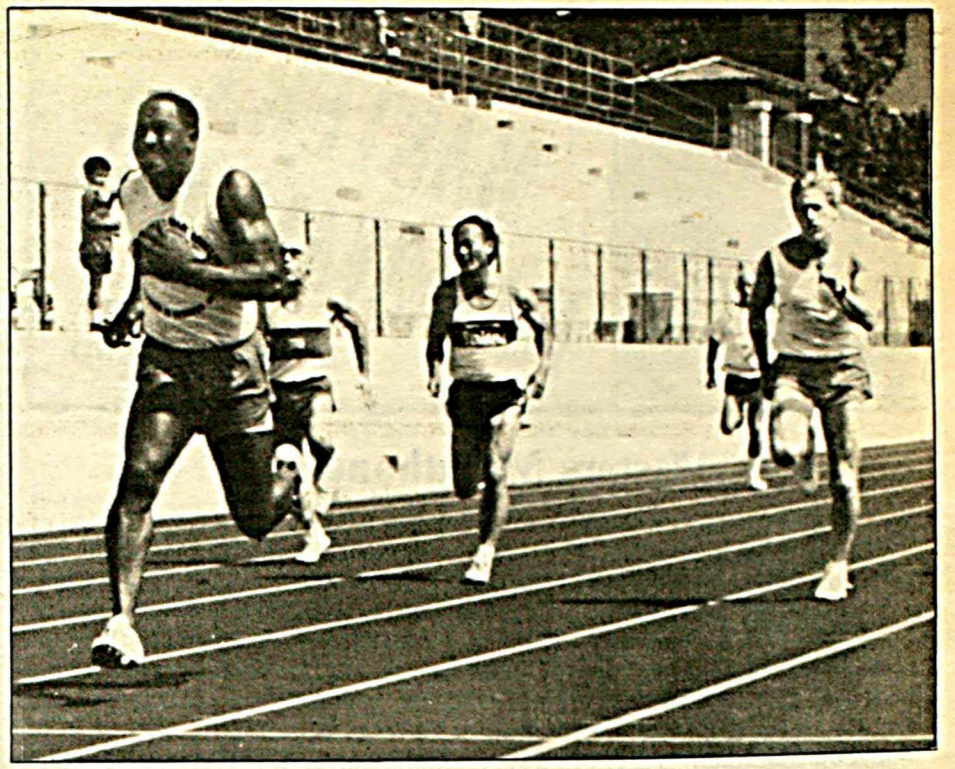
Roger Tsuda takes the M55 long jump with a leap of 16-11½, SCATAC District Championships.

Photo by Jon Lomax

Carol Johnston obliterated the world M80 pole vault standard of 6-6½ held by the U.S.'s Bob Macconaghy with a vault of 8-3. Johnston's mark also bettered the pending WR of 7-7¼ by Ahiti Pajunen of Finland. In the M45 200, Stan Whitley tied the current world standard of 22.3 by George Rhoden of Jamaica, while setting a new U.S. mark in that event.

Other record setters included M70 Tom Patsalis with an 80mH WR of 14.4 and a U.S. mark of 32-1¾ in the TJ; and Burt de Groot with an M85 U.S. discus record of 77-2¾.

Bob Watanabe, M65, staging a remarkable recovery from cancer, ran a 14.98 100 to capture his division. Other noteworthy sprinting performances were turned in by Patsalis, M70 (100, 14.25), and out-of-stater Clifton McKenzie, M35 (400, 47.97).



Walt Butler speeds to an M50 victory in the 100 (12.14), SCATAC District Championships.

Photo by Jon Lomax

Although attendance was down slightly for this year's event — especially among female competitors — the meet was a resounding success thanks to the untiring efforts of TAC officials and volunteers. □

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MASTERS RACEWALKING

by ELAINE WARD

Masters Marathoners

As many masters racewalkers enjoy competing in marathons, this section of NMN is going to periodically feature unusual and unique marathons and outstanding marathoners. The first in this series is by Pat Carrol, a Commander in the US Navy, presently stationed with her husband in Iceland as part of the Iceland Defense Force. In 1989, Pat won the women's masters racewalk in the Los Angeles Marathon in a time of 4:20:22 at age 39. This article will feature her experiences in the Bangkok Marathon in November 1991, and the London Marathon in April 1992 as described in her letters to me.

Bangkok Marathon

When the race began at 5:00 a.m. near the Grand Palace, there was little fanfare. There were few women and I was the only racewalker. We headed out over a river and the course was rather flat. I heard people laughing and talking about me, but I had no idea what they were saying. Some of the runners actually complimented me along the way.

Just prior to the halfway point, we passed a group of girls handing out yellow ribbons on a rubber band. "A memento of the race," I thought. I saw everyone taking one to put on an arm. I tried to do the same, but the band was too big so I held it in my hand. Eventually the ribbon came off, but I held on to the rubber band.

The city was waking up as we returned to wind our way along the streets. Smells of food and incense were quite prevalent, and as I was feeling fine, the different smells didn't bother me. We passed another group of kids handing out pink ribbons. As I was on the outside, I didn't bother to pick one up. An older gentleman, who had been running with me for quite awhile, went back to get one for me. He stayed with me until the finish line and made sure I had water and sponges. I was never alone.

As we got closer to the finish line, the traffic was very heavy and we had to stop the traffic ourselves to cross streets. We ended up going along the sidewalks with the pedestrians and all sorts of vendors selling snakes and other exotics. I finished with a time of 4:49:45. The two rubber bands I had collected were taken from me, and it was then that I realized the yellow and pink ribbons marked check points. I received the medal awarded to those who finished in less than six hours. There was water and Pepsi, but no food.

All in all, it was a well-organized marathon. The Bangkok Marathon is billed as one of the most exotic in the world, and probably it is. Thai people are very warm and friendly. Though I had a memorable and enjoyable experience, I'm not sure the Bangkok Marathon is for everyone. I would recommend it only for someone who is looking for adventure in an Asian country, but don't go to Bangkok for PRs. To enter the Bangkok Marathon, contact Running Around the World, 45 Montsalas Drive, Monterey, CA 93940. 408-373-7506.

London Marathon

My training here in Iceland is not what I would like it to be. In short, the weather is terrible. It is usually windy, rainy and cold. To maintain motivation, my husband and I entered the London Marathon. We committed to it in December when the weather was getting really bad; and in December, January, and February we did all of our training in the gym on the base.

It was difficult because there were only three treadmills in the gym and we were limited to 35 minutes per session unless there was no one waiting. We were able to start biking at the end of February when the temperature was in the 20s and the wind was 25kts or greater.

In March the weather improved enough to get some decent workouts on the road; however, the maximum distance I completed was only 13 miles. I hoped it would be enough to get me through the London Marathon on April 12.

In London the weather was overcast with the temperatures in the mid-50s. There was not much wind. The race started at 9:30 a.m. in Blackheath. There was a field of about 24,000 people. When the starting gun went off, nobody in my area moved for seven minutes. It took a total of 11 minutes just to get to the start line. The course was extremely scenic and historic. Some of the sights were Greenwich, Cutty Sark, the London Bridge, the Tower of London and Buckingham Palace. The course ended on Westminster Bridge in sight of Big Ben.

The course seemed mostly downhill. There were a few places where the road was cobblestone and the footing a bit tricky. The support was excellent. There was bottled water at every mile and Gatorade at every other mile starting at about the seven-mile mark. Empty bottles littering the course presented minor problems.

I wore a singlet and shorts and was quite comfortable as long as I was moving. In a couple of places along the water, the wind picked up, but didn't last. It started to drizzle when I reached the 22-mile mark, but that didn't last either.

During the race I saw only two other racewalkers, one male and one female. There wasn't a racewalk division, which I found surprising since the British are into walking, but it was encouraging to hear some of the spectators applaud and say "very well" or "very good" in a very proper British accent. There was great entertainment

Continued on page 12

Frank Weibel (l), 9th (29:48.10) and Arden Zentic, 8th (29:45.30), M45 5000 walk, TAC National Masters T&F Championships, Naperville, Ill., July 4-7. This year's championships will be held in Spokane, Wash., on Aug. 13-16. Photo by Jerry Wojcik

Racewalking Pros and Cons

MIYAZAKI SCHEDULE

In reviewing the "tentative" schedule for the WAVA Championships in Miyazaki, I am alarmed by the fact that the 10K and 20K road walks have been scheduled *before* the 5K track walk — and, there is only five days between the two events.

A distance race requires a period of recovery, expecially in the case of masters athletes. Placing the 10K and 20K walks before the 5K is a tremendous disservice to the competitors who enter both events.

I realize scheduling a track and field event of this magnitude is awesome, but I believe that the organizers should try to provide the best possible conditions for the athletes.

I truly hope something can be done to rectify this situation.

Richard Oliver
Studio City, California

(Prior to meeting with the Japanese, the WAVA Organizing Advisory Committee spent many hours creating a proposed schedule. When the meetings took place in Japan in May, the Japanese said neither of their two tracks would have lighting.

That severely inhibited the scheduling of events. To permit trial heats in the shorter distances, and to enable doubling in the 5K, 10K, cross-country and marathon, the only available time and place to hold the 5K walk was on the secondary track on Saturday, October 16th. Holding the 5K walk will tie up one track for the entire day.

Please understand that our committee spent 16 hours just discussing the schedule among ourselves. Then, three days were spent with the Japanese.

In addition, most competitors have little hope of winning an individual medal at any of the walking distances. However, many have a good chance of winning a team medal in the road walks. The argument was advanced that it would be better for most of the athletes to be fresh for the event in which they could best help their team and have the best chance for an award.

Quite frankly, I think five days rest is enough. In our national championships, there is only one to two-and-a-half days rest. I have competed in all the World Championships and have found that, for me, it doesn't make any difference in terms of relative performance as to which distance is held first.

It is impossible to satisfy all the competitors in creating a schedule of events. The action that was taken regarding the walks was not done frivolously. — Bob Fine, WAVA Executive Vice-President.)

Hellgate 5K

by MAURY DEAN

Thee hundred hurried harriers barrelled under the big Hellgate Bridge of Archie Bunker's Queens in New York City on June 20. Talk about rainbows; the race featured a frantic footsore tour of New York, a multi-ethnic coalition of runners, and one of the fastest fields of 300 I've ever seen to mile one — those of us huff-puffing a 5:30 mile split thought we were in mid-pack. An obnoxious hill, however, brought the hellions of Hellgate back to reality.

When the race was over, the thunder boomed, the rainbow shimmered, and the cloudburst washed over the 300 who scrambled to shelter under the nearby Triboro Bridge.

The masters duel went to the younger runner, Ernesto Ayala, M40, (17:22), who outkicked this M45 reporter by one second on the track. The bronze went to one of NYC's finest masters vets, 44-year-old Ecuadoran Luis Guichichulca (17:33).

The premier masters achievement of the Hellgate hillstompers race, however, was the fine 19:19 turned in by W40 Belinda Saunders (with kudos to Marilyn Greeley, 48, and her fabulous 20:36). Other notable swift times were turned in by comebacker Julio DeJesus (17:43 at age 47), and Bob Ford (19:32 50+ victory at 56).

Every East Coast runner knows Central Park, epicenter of all the speedy age-group champs. New York City, though, hosts at least ten major races per week like this Hellgate 5K, many as scenic (on a small scale) as the fabled New York City Marathon.

Most impressive in this one was its multi-ethnic rainbow. Most of the winners in this romp over cobblestones of yesteryear were of Hispanic heritage or Afro-American; but the race hosted by the Astoria Park Running Club also featured excellent runners from Poland and Canada and nearly everywhere else, besides Long Island's regularly featured ethnic runners, who are often Italian, Irish, Jewish, or WASPS.

When I think of Hellgate, I think of the Statue of Liberty and Ellis Island, and I think of America's opportunities for all immigrants. My father, born in Kilwinning, Scotland, once said, "Son, never run over 100 yards, unless somebody's chasing you." Had I listened, I might have missed this summer odyssey in the hills under Hellgate, □

The Central Park TC quartet of (from left) Cliff Pauling, 57, Sid Howard, 53, Dr. Dan Hamner, 52, and Les Wright, 50, broke the M50-59 world record of 4:04.1 for the 1600m sprint medley, with a 3:58.40 in the New York Relays, May 3. Photo from Les Wright

Records Fall in Fujitsu Classic 8K

by DAVID GRENIER

Domingo Tibaduiza, 42, continued his dominance of the male masters division with a sizzling masters course record of 23:32 in the Fifth Annual Fujitsu Classic 8K "Run For The Kids" held June 20 in San Jose, Calif. The Reno, Nev., resident bested his 1991 course mark of 23:45, while on his way to a sixth-overall finish.

Joan Ottaway, 48, of Sausalito, Calif., edged Juana Stavolone, 46, of San Jose, 28:54 to 30:20, to capture the women's title. Shirley Matson 51, took the W50-59 division in 28:58 to finish ninth female overall.

Now in its fifth year, the race, which was solely underwritten by Fujitsu Microelectronics, has raised more than $283,000 to support a variety of children's charities and educational projects in northern California. □

Levisse, Jordan Win In Cascade Run Off

by PAULA FASANO

Pierre Levisse, 40, of France, won the men's masters division with a speedy 44:14 in the Cascade Run Off 15K, held June 28 in Portland, Oregon. Levisse, who finished seventh overall, took home the top masters prize of $1000.

Artemio Navarro, 42, of Mexico, who had won the masters race twice in previous years, had to settle for second (45:31, $750), with England's Nick Rose, 40, placing third in 45:37 ($500).

In the women's contest, Janet Jordan, 43, of Portland took top honors with a 58:21 ($1000). Meg Cummins, 43, also of Portland, followed with a 59:03, with Californian Becky Simmie-Kesecker, 40, finishing third in 60:53.

More than 7000 runners competed in the contest, which featured 60 degree temperatures and an overcast sky. □

Nzau, Grayson Top Masters In Peachtree 10K

Joseph Nzau, 40, of Kenya, topped a deep masters field to finish 11th overall (29:09) in the Peachtree 10K, held in Atlanta, Ga., on July 4. The spindly-legged runner, who sports a goatee, handed Frenchman Pierre Levisse (40, 29:12) his first masters defeat, and soundly defeated the remaining competition of Artemio Navarro (42, 29:27), Nick Rose (40, 29:45), and Manuel Vera (41, 29:51).

In the women's contest, Nancy Grayson of Columbia, S.C., took home the $1500 masters prize with a 35:02. She was followed by Alaskan Suzanne Ray (40, 35:47), and Carol McLatchie (40, 36:01) of Texas. □

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THE FOOT BEAT

by JOHN W. PAGLIANO, D.P.M.

Cuboid Syndrome

Q. I am a 60-year-old runner. Recently, my doctor diagnosed me as suffering from Cuboid Syndrome. What is that, and what can I do to alleviate the pain on the outside and bottoms of my feet?

A. Cuboid Syndrome is a somewhat rare running injury, occuring in approximately 4% of all injured athletes. It is not an easily recognized ailment, and is often mis-diagnosed.

Most of the pain occurs on the outside of the foot, near the cuboid bone which is located in the heel area, and acts as a stabilizing force for the forefoot. Injury to the cuboid usually happens when a runner tries to run farther and faster than normal, runs on uneven terrain, steps on a rock, etc. In many cases, Cuboid Syndrome is a secondary result of an ankle sprain caused by stepping or running off a curb.

The injury is very unusual in runners with high-arch feet, and is most often seen in athletes with flat or pronated feet. The first step in diagnosis is to have an x-ray taken to rule out a possible fracture. Once that is done, treatment is complex and diversified.

Some practitioners feel that the best treatment is manipulation to try to realign the calcaneo-cuboid joint. This is accomplished by a sharp, downward thrust on the foot while the foot is at rest. Often, the procedure will have to be repeated several times to achieve optimum results.

With an extremely pronated or flat foot, the use of an orthotic insert is very helpful. This will help stabilize the rearfoot area and reduce the strain on the cuboid joint. I also recommend that the athlete use a low dye strapping on a daily basis.

In chronic cases, a below-the-knee cast may be applied for six weeks, followed by rehabilitation therapy. I do not favor steroid injections into this area.

Once the pain subsides, the athlete may return to running as long as the symptoms do not recur. □

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Masters Racewalking

Continued from page 10

along the way and, at the end, there were a space blanket, a finisher's medal, water, and a finisher's bag containing a T-shirt and some goodies. It was well-run and well-organized.

We entered the marathon through Marathon Tours and were not pleased with the service. The fee was ridiculous, 50 pounds or about US $80.00. There are so may people who want to enter that the entry fee can be high and foreigners can be charged a higher fee than the "locals". We had tried to enter directly, but were told that we had to submit an application and the fee prior to December 31. Our names would be placed in the lottery to be drawn on the 31st. Despite the high fee, we decided to go with Marathon Tours since our entry was guaranteed.□

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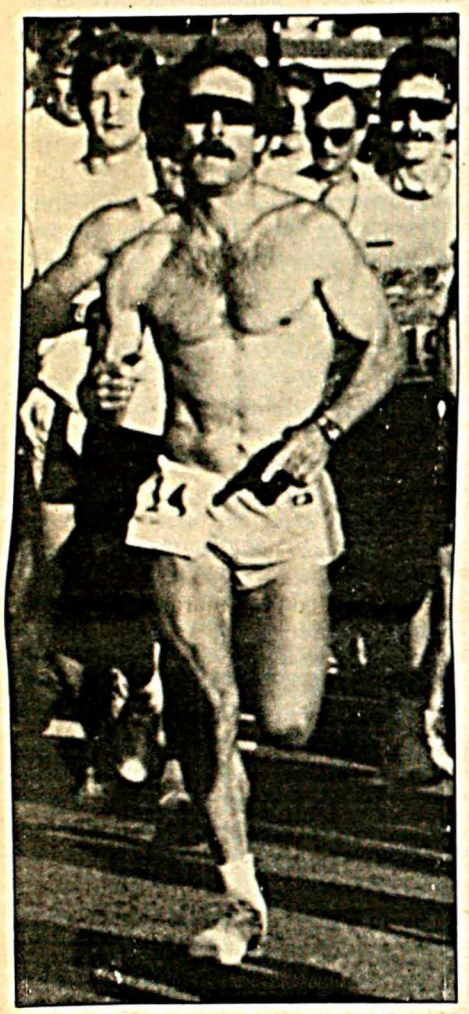

No. 14, Tom Burnett, first master (55:49), at the start of the Garden of the Gods 15, Colorado Springs, June 14.
Photo by Nancy Hobbs

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to *National Masters News, P.O. Box 2372, Van Nuys, CA 91404.*

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Published by Road Race Management the Guide includes elite athlete alphabetical listing (including masters) with over 800 contact addresses and phone numbers, calendar and contacts for over 400 prize-money events, plus much more. $46.00. — $ _____

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MASTERS TRACK & FIELD REPORT

by BARBARA KOUSKY
Masters T&F Chairman

Athletes Meeting at National Championships

The Spokane Organizers have been working very diligently to provide us with an excellent National Championships this year. In addition to the competition, athletes will be invited to a hosted party on Friday evening following the competition. On Saturday, at the end of the competition, there will be a barbecue dinner, followed by the traditional Athletes Meeting. The meeting will be held in the Student Union, in close proximity to where the barbecue will be held, in Conference Rooms A/B.

In addition to the presentation of awards to our program's outstanding athletes, the meeting will give everyone an opportunity to discuss upcoming proposed rule changes and other items of significance to our program. This is an open meeting and I encourage all to attend.

Letters, We Get Letters

A major goal of your committee has been to increase participation in our program. If inquiries regarding masters track and field are an indication, we are working toward fulfilling that segment of our goal. Recent articles in *Longevity Magazine, Modern Maturity,* and *U.S. News and World Report,* have prompted an average of 4-5 inquiries per day from all parts of the U.S. requesting information on our program. The majority of correspondents appear to be in the 50+ age groups.

Concern has been expressed that we are not marketing our program to the younger athlete, including sub-masters and pre-sub-masters. In response to suggestions from members, we will make a concentrated effort to place articles/information on our program in areas where they will better inform the younger age groups of our sport.

At the Convention, several delegates reported on their success of combining masters competitions with youth and sub-master athletes. In addition to providing additional competition opportunities for everyone, it helps to off-set the expenses of the meet, as well as providing an excellent introduction to the concept of lifetime involvement in our sport.

Meetings, We Have Meetings

Since the Convention, I have participated in the regularly scheduled TAC Executive Meetings, including telephone conference calls, and the most recent meetings held during the Olympic Trials in New Orleans. As your representative to the TAC Executive Committee, I make regular reports on our activities. A valuable

Continued on page 15

DISTANCES TO BE RUN IN 100-METER AGE-HANDICAP

Age	Men	Women	Age	Men	Women
OC	100.0	91.4	60	84.7	76.0
30	98.5	89.9	61	84.1	75.4
31	98.1	89.5	62	83.5	74.8
32	97.7	89.1	63	82.9	74.2
33	97.3	88.7	64	82.3	73.6
34	96.9	88.2	65	81.7	73.0
35	96.5	87.8	66	81.0	72.3
36	96.1	87.4	67	80.4	71.6
37	95.6	87.0	68	79.7	71.0
38	95.2	86.6	69	79.0	70.2
39	94.8	86.2	70	78.3	69.6
40	94.3	85.7	71	77.6	68.8
41	93.9	85.3	72	76.9	68.1
42	93.5	84.8	73	76.1	67.4
43	93.0	84.4	74	75.3	66.6
44	92.6	83.9	75	74.5	65.8
45	92.1	83.5	76	73.7	64.9
46	91.7	83.1	77	72.9	64.1
47	91.3	82.6	78	72.0	63.2
48	90.8	82.2	79	71.1	62.3
49	90.4	81.7	80	70.2	61.4
50	89.9	81.2	81	69.2	60.5
51	89.4	80.7	82	68.3	59.5
52	88.9	80.3	83	67.3	58.5
53	88.4	79.8	84	66.3	57.5
54	87.9	79.2	85	65.2	56.4
55	87.4	78.7	86	64.2	55.4
56	86.9	78.2	87	63.1	54.3
57	86.3	77.7	88	62.0	53.2
58	85.8	77.1	89	60.9	52.1
59	85.3	76.6	90	59.7	50.9

1000 to Compete in 25th Annual Nationals

Continued from page 1

A shuttle service — for $8 per person per day — will be provided from many hotels to the stadium, starting at 5:30 a.m. daily. However, only one 47-passenger bus will make the two-hour round trip. A schedule will be posted. The hotels are several miles from the track.

Packets consisting of a number, T-shirt, an updated schedule, and information will be available at the stadium beginning Wednesday, August 12 from 9 a.m. to 6 p.m.

"All-you-can-eat" meal packages for lunch and dinner for four days at the stadium can be purchased at the registration desk for $40, which includes a ticket to Friday's barbeque.

Massages will be available at the stadium for a nominal donation. Results will be posted promptly. Local newspaper and TV coverage is expected.

No "Declarations"

The "declaration" procedure used in the last two national meets (where athletes had to check in one hour before their event) will not be in effect in Spokane. Any participant who plans to skip the meet or to scratch from an event should notify the organizers prior to the start of competition. Otherwise, heats will be drawn with the athlete included and expected to compete.

For non-competitors, admission to the stadium will be $2 per day, or $6 for a four-day pass.

Proof of age and TAC membership will be required of all U.S. nationals at on-site registration. Foreign competitors should provide similar proof of registration from their country's governing body.

Special Events

The popular, annual age-graded 100-meter races for men and women will again be staged. Based on the WAVA age-graded tables, the races will feature the winners of each 100-meter final (see distance handicaps on this page).

The special "regional 4 x 100 relays" have been moved on the schedule from Sunday to Saturday, following the 200 finals at about 5 p.m. Each of the seven regions may enter a team in each of four races: 1) women age 50+; 2) men age 50+; 3) women age 30-49; 4) men age 30-49.

The 50+ teams may be composed of any four 50+ runners who live in a region as long as their total ages are 230 or more. The 30-49 quartets may be composed of any four regional 30-49 runners whose total ages are 150 or more. Teams may sign up in Spokane.

The races will be scored by points (10,7,5,4,3,2,1). The region whose teams compile the most points will receive $1000 from Holiday Inn, the sponsor of the event. The second-place region will get $500; third $400; fourth $300; fifth $200; and sixth $100. Each region will determine how best to use its award.

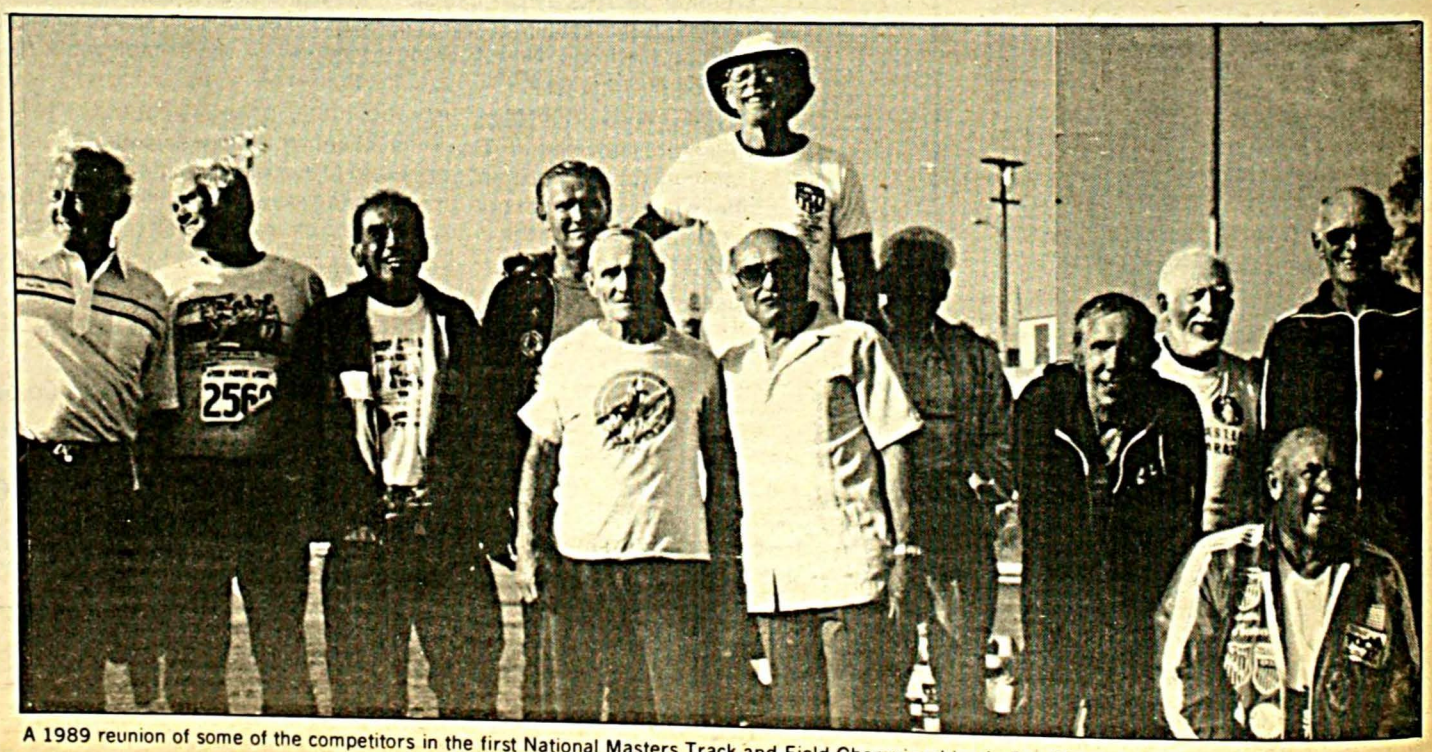
Sightseeing

The Sheraton and other hotels are in downtown Spokane, close to Riverfront Park, Skywalks and shopping malls. Within 75 miles of Spokane are 75 lakes. Five national parks are within a day's drive. Horse racing and dog racing are available.

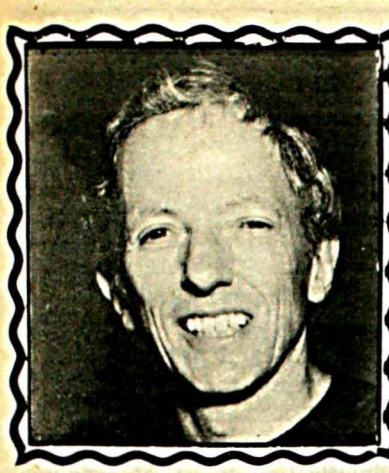
Spokane features ballet, symphony, theatre, comedy and fine dining and dancing. Seattle is a 300-mile, six-hour drive. Cour d'Alene — a noted resort — is 30 miles away. For more tourist info, call the Spokane Tourist Bureau at 1-800-248-3230.

Results

The complete results of the meet — including all heats and finishers — will be published in the September issue of NMN. □



A 1989 reunion of some of the competitors in the first National Masters Track and Field Championships in San Diego in 1968.



On The Run

by Hal Higdon

Pain Got Masters Track Moving

A lot of runners take age-group competition for granted. Dare a race organizer not offer awards three-deep in five-year age categories through the 70s and he'll hear rumbles of discontent. The world track championships for athletes over 40 regularly attract 5000 or more. The running world wonders who will be the first master to break four minutes for the mile.

Thus, it seems strange that the masters movement is barely a quarter-century old. That point was brought home to me when I received an invitation to attend a party for David H.R. Pain's 70th birthday and the 25th anniversary of the U.S. Masters.

Pain is the one who got the masters movement moving. A San Diego attorney, he found he had too little time to play handball, which required finding courts and recruiting partners. He started jogging, but missed the competition.

Beginning in 1952, handball began offering national championships for "masters" over 40, eventually adding "grand master" (over 50), and "super masters" (over 60). Pain thought this would work for runners too. In 1966, he asked a local track promoter to add a masters mile to his meet; the following year, Pain organized a full-scale track and field meet.

When I first heard about the masters meet, I was in my mid-30s and thought it would never interest me. I had "retired" from competition on the national level and, although I planned to keep running, I was content to trot along toward the middle of the pack and let younger runners worry about winning.

Nevertheless, in 1971, there I was in San Diego lining up to run 10,000 meters at Pain's meet, which had been recognized as a national championship by the Amateur Athletic Union.

My opponent was Peter Mundle, who had dominated the distance events at previous meets. Peter jumped into an early lead. I spent the middle laps catching him. Then we sprinted the last lap with me barely outleaning him at the finish.

I was hooked.

It was the thrill of competition with an age equal. Ironically, Peter and I were not age-equals. I had just turned 40; he was over 45. It would be several years before ten-year age brackets divided into five-year brackets.

Runners in other countries noticed the success of our masters meet. In 1972, Pain organized a tour of masters athletes to run a series of track meets in Europe, beginning in London. It proved a resounding success, attracting contingents from Canada, Australia and New Zealand.

That was the first unofficial world veterans championships. While in London, I attended a pub meeting of leaders from the countries represented, including Canada's Don Farquharson, who would become first president of a newly-formed World Association of Veteran Athletes. We discussed starting an official world championships, which was held in Toronto in 1975. The masters movement has grown since then.

Unfortunately, it has grown without David Pain, who discovered he couldn't divert enough time from his law practice to give the movement the nurturing it needed during the early years. A decline in his running ability also caused him to shift some of his energy into other activities, including bicycling.

When after a decade's absence, Pain sought to resume his involvement, he discovered that he wasn't entirely welcome in an arena that had become increasingly politicized. You need as sharp elbows to survive in the WAVA committee rooms now as on the curves of the 1500 meters. The new leaders were willing to nod toward Pain as the Baron Pierre de Coubertin of their sport — as long as they didn't have to yield him any power.

So Pain retired again from his leadership role, which seemed a shame, but in the meantime, a lot of runners everywhere are thankful that someone came up with the idea of age-group competition. So on the occasion of the 70th birthday of David H. R. Pain, and the 25th anniversary of the U.S. masters movement, I would like to say, "Happy birthday, David." And congratulations to us masters, too. □

A Home for Masters Memorabilia

by DAVID PAIN

For some time we have been considering how to collect, preserve and present for public display the history and memorabilia of a most remarkable episode in sport — the development of age-group athletics.

The past 25 years have seen masters athletics expand to virtually every developed nation worldwide, urged on and promoted by such organizations as the World Association of Veteran Athletes (WAVA) and publications such as the *National Masters News*.

Despite this remarkable growth, little, if anything, has been done to preserve the early record and achievements of these athletic pioneers.

Recently, the San Diego Hall of Champions, a nonprofit sports museum devoted to preserving the history of sport, has expressed interest in developing an entire section devoted to masters athletics, including not only items of historical interest, but also a library of statistical data, records, and writings to be made available to scholars and researchers seeking information on fitness and its relation to the aging process.

More details on the project will be announced soon. □

SITES OF NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS

1	1968	San Diego
2	1969	San Diego
3	1970	San Diego
4	1971	San Diego
5	1972	San Diego
6	1973	San Diego
7	1974	Gresham, OR
8	1975	White Plains, NY
9	1976	Gresham, OR
10	1977	Naperville, IL
11	1978	Atlanta
12	1979	Gresham, OR
13	1980	Philadelphia
14	1981	Los Gatos, CA
15	1982	Wichita, KS
16	1983	Houston
17	1984	Eugene, OR
18	1985	Indianapolis
19	1986	New York City
20	1987	Springfield, OR
21	1988	Orlando, FL
22	1989	San Diego
23	1990	Indianapolis
24	1991	Naperville, IL
25	1992	Spokane, WA

Ten Years Ago

- Payton Jordan, 65, Sets Two World Sprint Marks (100/12.6, 200/26.1) in Pacific Masters T&F Meet
- Shirley Matson, 41, Wins Her 18th Event of the Year With a 38:29 10K in the Western Regionals
- John Knifton, 42, Wins 50K RW Championships in 4:47:29
- Phil Raschker, 35, Sets Three U.S. Records (11.7/100, 25.5/200, 5-1/HJ) in Atlanta Masters T&F Championships

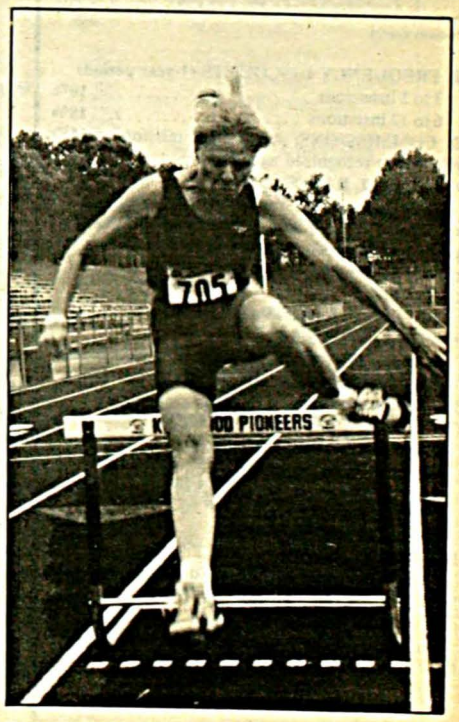
Masters Track and Field Report Continued from page 14

by-product of the time spent has been the networking with other committee chairs and TAC staff. As a member of the Committee, I serve on the Strategic Planning sub-committee, whose duties include looking at a four-year financial plan for TAC. My long-distance counterpart, Charles DesJardins, is serving as an ex-officio member of the Special Committee for Development of Executive Director Performance Standards.

As expected, most of the time spent during TAC Executive Meetings is not directly related to any one committee. Instead, we are dealing with a number of issues, some of which make the sports pages; others are equally important, but not to the general public.

The Bylaws state that the Executive Committee shall discharge the duties of the Board of Directors between Board meetings. We are also charged with the responsibility of acting on reinstatement requests; most of them associated in one way or another with doping violations. We may accept, deny, or modify the recommendation. In this capacity, we are serving as the final jury. It is not a job that I particularly enjoy, but one I accept as part of my responsibilities. In many cases it is not easy, as was the case with the Butch Reynolds decision. While you may or may not agree (and I heard from both sides on the issue) with the decisions made by the TAC Executive Committee, one thing was made perfectly clear: "The national and international bodies must work together to set worldwide drug-testing standards, jurisdiction and resolution procedures" said Frank Greenberg, TAC President.

While I cannot answer questions regarding specific cases, I'm more than happy to respond to questions, criticisms, and suggestions. □



Pam Calvert, 46, Ballwin, Mo., U.S. record holder in the W45 400H (71.20).

Photo by Hank Kiesel

PROFILE

Ken Popejoy

by MARILYN MITCHELL

It was a very emotional Ken Popejoy whom we saw on national television at the Olympic Trials in New Orleans. Popejoy, 41, the U.S. and world M40 1500-meter champion, was embracing Jim Spivey right after Spivey qualified for the Olympics with a first-place finish in the 1500.

But what was Popejoy doing in this most improbable scene? Coaching?

Well, yes. Ken, who lives in Wheaton, Ill., met Jim in 1986 in Indianapolis at the Pan Am Games and was invited to a party at Jim's house. Ken follows Big Ten milers closely, and the two talked for hours. A friendship developed.

When Spivey moved to Bloomington, Ind., to prepare for the 1987 World Championships, he asked Mike Durkin for coaching help. Durkin (Illinois) and Popejoy (Michigan State) were Big Ten running rivals 20 years ago. Durkin, now a Chicago lawyer, agreed to coach Spivey with the condition that Popejoy shared coaching duties.

Popejoy, an attorney specializing in real estate development, has also been a volunteer North Central College (Ill.). cross-country coach for 11 years, taking them to two NCAA Division III championships, with eight seconds and a third.

Durkin supplies Spivey's written workouts, planning and strategy. Popejoy does the fine-tuning and actual workouts with Jim. A normal week includes two track interval workouts and two serious road or trail runs, with Jim and Ken running 90% together.

Since Durkin gets a bit nervous during competition, Popejoy accompanies Spivey to the races. Ken will be present for the August 3, 6 and 8 rounds of the men's 1500 in Barcelona.

Popejoy feels there are five to six people capable of medaling in the event, and the plan is for Jim to be one of them by following the Durkin/Popejoy plan. Ken continually tells Jim that he is ". . .a 32-year-old in a race of young milers in their 20's who have great leg speed. Don't run the kids' race; have the courage to take the lead at ½ mile and hit it and hit it hard."

Popejoy says Spivey doesn't have the same lightning kick he used to, but where he used to be tenative and nervous, he is now stronger than ever before.

"By taking the lead and having the courage to hold it, he can expect to as least medal in Barcelona," Popejoy said.

How does Popejoy handle being a lawyer, husband, father and world-class masters runner? First, with the support and sponsorship of Nike, which provides allowances and some performance bonuses for his own running. Next, with understanding legal partners and family members who give him emotional support and allow him time for his running and coaching. The coaching is currently taking from 15 to 25 hours a week.

Ken Popejoy, 41, streaking to a masters mile first (4:17.99), Mobil One Invitational, Fairfax, Va. Victor Sailer/Agence Shot

Has this affected Ken's training? Well, it's probably of higher-quality, training with a runner of Spivey's caliber.

The future? Ken will be back home for a couple of days after the Olympics and will fly to Spokane to defend his 1500-meter title in the National Masters Championships. He anticipates one more year of masters competition, culminating in the WAVA Championships next year in Miyazaki, and then possible retirement. He has three children (ages five to 13) and wants to spend more time watching and supporting them in their accomplishments as they grow and mature.

Ken's fellow masters athletes wish him, Durkin and Spivey the best of luck in Barcelona. □

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Column Inches	Ad Size	Cost	Examples: Width	Height
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			10"	6½"
			7½"	8½"
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			10"	3¼"
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75 cents per word. Count name and address as 5 words. Race notices are 50 cents per word. Prepayment required with copy.

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Track & Field Rankings Report

by JERRY WOJCIK, Masters T&F Rankings Coordinator

The rankings for the indoor 55m/60y dash, 3000, long jump, and 3000 racewalk appear in this issue. The remaining indoor events to be published are the 400 and pole vault; they should be ready for the September issue. The indoor weight marks will be combined with outdoor weight throws and published in the 1992 rankings book.

The first group of corrections to the 1991 outdoor rankings are also in this issue. When sending corrections, be sure to state your age group and the event.

Compilers for the 1992 outdoor track & field season are listed below. Please forward your best marks, if they are not published in the NMN, after your season is over. Marks sent to me or the NMN instead of the appropriate compilers will not be forwarded. All marks, including those made in open competition, should have some form of verification.

100, 200, 400, 1500, 5000, 4x100 4x400 relays:
Larry Patz, RFD #1, Box 435, Contoocook, NH 03229

800:
William Benson, 6 Eton St., Valley Stream, NY 11581

3000, 10,000:
John Dickey, 9128 N. Swan Circle, Brentwood, MO 63144-1145

HJ, TJ:
Charles Mercurio, 4927 W. 123 Pl., Hawthorne, CA 90250

PV:
Tomlinson Rauscher, 85 Sunset Blvd., Pittsford, NY 14534

LJ:
Robb Bong, 420 Silver Saddle Rd., Monument, CO 80132

Mile, both hurdles, SC, SP, DT, HT, JT, WT, decathlon, heptathlon, pentathlon, and 1500, mile, 3000, 5000 track walks:
Jerry Wojcik, 774 Blueridge Dr., Santa Maria, CA 93455. □

Raschker Sets Pole Vault WR in Tennessee

from DEAN WATERS, Meet Director

The fifth annual Tennessee Masters Track and Field Championships at the University of Tennessee, Knoxville, May 29-30, produced one world and one U.S. age-group records. Phil Raschker, 45, Atlanta, Ga., pole vaulted 9-4 to break the W45-49 world record, and Betty Vosburgh, 60, Atlanta, ran a 32.49 200, below the W60 national record of 33.3, set in 1982 by Josephine Kolda.

The meet got off to a wet start on Friday night, when a cold front produced a drenching rain for the mile and 3000. Despite slogging through a half-inch of water on the track, Keith Johnson, 35, Augusta, S.C., ran impressive back-to-back 4:44 and 9:30 times in those events.

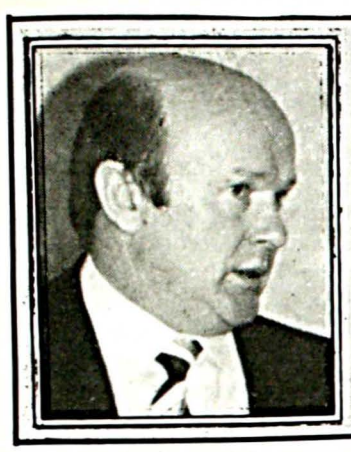
There were other fine performances throughout the meet, starting with Elizabeth Longton, 42, Nashville, Tenn., 59:35 in the 10,000m racewalk, and Thad Bell, 45, Charleston, S.C., 24.06 in the 200. University of Tennessee track coach Ed Oliver, 37, ran a 49.65 400, .17 seconds under the national age record.

Nolan Fowler, 78, a generous benefactor of the meet since the first in 1986, turned in his usual excellent performances in the hammer (97-5) and weight throw (29-11). In the javelin, Bill Duckworth, 57, with a 165-6, and Richard Bergenback, 65, with a 113-6, showed they are competitive at a national level.

The meet was opened to contestants 20-years-and-older in an attempt to provide a bridge between less-serious-than-world-class college athletes and masters track and field. Although this didn't cause a large entry of the sub-30-year-olds, the eight athletes who took advantage of the meet enjoyed the competition and provided excitement.

Officiating by the Knoxville TC and Officials Association under Lowell Charlton, assistant meet director, and computer-produced individual and team results by Bill Cain, Oak Ridge TC, kept the meet moving on schedule and competitors well-informed.

The team championship went to the Knoxville TC with 193 points, followed by the World Elite TC (164), and Nashville TC (103). Fourteen clubs were represented. □



International Scene

by CESARE BECCALLI,
President of WAVA

Report from the President

The WAVA Council met in Miyazaki, Japan on May 21-25. All 15 Council members were present. Both our own meetings — discussing only WAVA matters — and those with the Japanese organizers were very successful.

Our discussions were held with a spirit of union, friendship and cooperation. After the dangerous break which occurred at our last Council and Assembly meetings in Turku, everyone should be pleased to learn that our political crisis seems to be over.

Procedures for Affiliation

The financial support from the IAAF was confirmed, so that WAVA affiliation fees at the world and regional level are cancelled. A new affiliation form was approved by the Council; it will be sent to all standing affiliates shortly. Affiliates should simply complete the form and return it. No further action need be taken. It will be valid for 1992-93.

The WAVA Secretary will write to each regional association informing it as to which countries in its region are affiliated to WAVA. (Regions are based on the IAAF groupings.) No country may be affiliated at a regional level if not previously accepted as a WAVA affiliate.

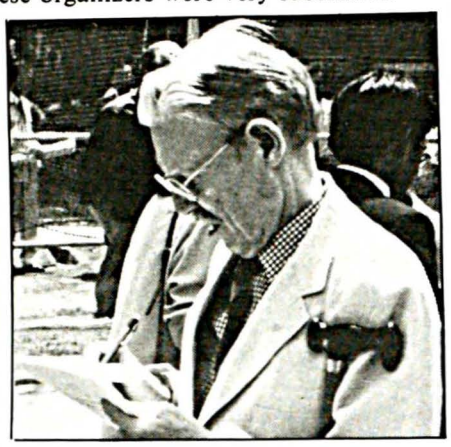
IAAF Relationship

The IAAF/WAVA office in London is already operating. Our direct correspondent there is Mr. Mark Horley. Thanks to his cooperation, the new WAVA Handbook — with the WAVA constitution and by-laws in five languages — will soon be available.

To all countries where a WAVA affiliate does not yet exist, the IAAF will send an invitation and WAVA application form to the country's national athletic federation.

Regional Financial Support

Regional (Continental) Veterans Associations will be given financial support by WAVA/IAAF. (Editor's note: see July issue, p. 17, for details.)



Bill Taylor, WAVA Vice-President of stadia events, makes notes during an inspection trip by the WAVA Council of the facilities for the WAVA World Veterans Athletics Championships in Miyazaki, Japan, in October, 1993.

Drug-Testing

Random drug testing will be implemented in Miyazaki.

By-Law Changes

The Council made some minor modifications to the by-laws which will be printed in the Handbook. Anyone may discuss these at next year's General Assembly.

1995 Championships

Singapore withdrew its bid to host the 1995 WAVA World Veterans Athletics Championships. Cesar Moreno, the new WAVA Council member who is also a member of the IAAF Council, checked the situation at the IAAF meeting in Toronto at the end of May. He reported that Maurice Nicholas (an IAAF Council member and Asian General Secretary who lives in Singapore) had not been informed by local veterans about the decision to withdraw. Moreno reported that, after much discussion with all parties, the conditions are not right to hold the Championships in Singapore in 1995.

Other possibilities for 1995 include South Africa, Chile (which was planning a bid for 1997), Great Britain, Greece, and possibly others.

Cross-Country

Following the Miyazaki meetings, the Hungarian Federation asked me if it could organize a world Veterans Cross-Country Championships together with the IAAF X-C Championships, which will be held in Hungary in 1994. I wrote all Council members for their opinion. Meanwhile, I wrote the Hungarians, thanking them for their interest and stating that, in any case, WAVA should first get from the IAAF its guarantee that it would approve joint IAAF/WAVA Cross-Country Championships in *all* future IAAF championships. The replies from Council members were mostly in favor of the Hungarian proposal, with some reservations.

In the event WAVA *does* decide to hold its cross-country championship in conjunction with the IAAF cross-country championships, the veterans competitions will not simply become an IAAF event. They will remain a WAVA event, within the general agreement we have with the IAAF.

Generally, no WAVA rules would be changed. WAVA has the right to continue to autonomously administer veterans competition all over the world under the general jurisdiction of the IAAF, following the terms of the policy which was decided at the last Assembly in Turku.

Some Council members stressed that the cross-country decision should be made by the General Assembly, not the Council. That could be correct, but the Hungarians cannot wait until October, 1993 to decide what to do in January/February, 1994, when the IAAF championships will be held.

A proposal to withdraw cross-country from the "summer" championships could be presented to the next General Assembly. (Personally, I think it's the right thing to do, because cross-country is traditionally not a summer event.)

So we should continue our negotiations regarding 1994, then the Assembly in Miyazaki will have the opportunity to instruct the Council whether to proceed beyond 1994 or not.

1993 Elections

Regarding the 1993 elections, I declared to the Council that I would be willing to serve for another two-year period (1994-1995). Owen Flaherty also sought the Council nomination for President. I was honored by a favorable vote of 12-1, with one abstention, which I believe shows that we are once again united.

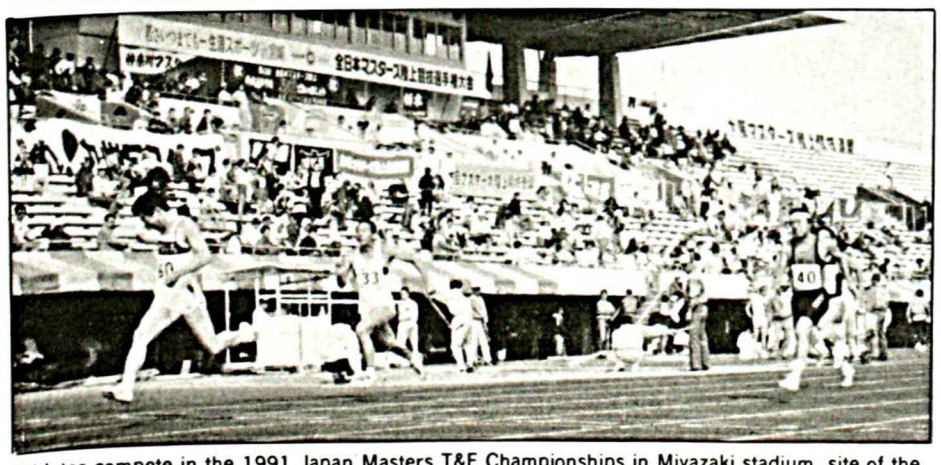
Miyazaki 1993

Regarding Miyazaki in 1993, the Council was treated very well by Governor Matsukata and his staff. The existing facilities are very nice. A new track will be built for us in the Sports Park, close to the main track, so there will be no secondary tracks far away.

The dedication, enthusiasm and efficiency of the Miyazaki organizers really impressed us once again, as they did at our first visit in 1990 and in the official presentation in Turku last year.

Finally, considering that at least 20 new countries will be represented in Miyazaki — including many Africans and many first-time competitors — it will be really worthwhile to attend this greatest happening ever. Not only that, but there are splendid tourist opportunities in Miyazaki and its subtropical island of Kyushu.

I'm anxious to see all the world's veterans there for another milestone in WAVA's history. □



Athletes compete in the 1991 Japan Masters T&F Championships in Miyazaki stadium, site of the 1993 WAVA World Veterans Athletics Championships.

WORLD ASSOCIATION OF VETERAN ATHLETES

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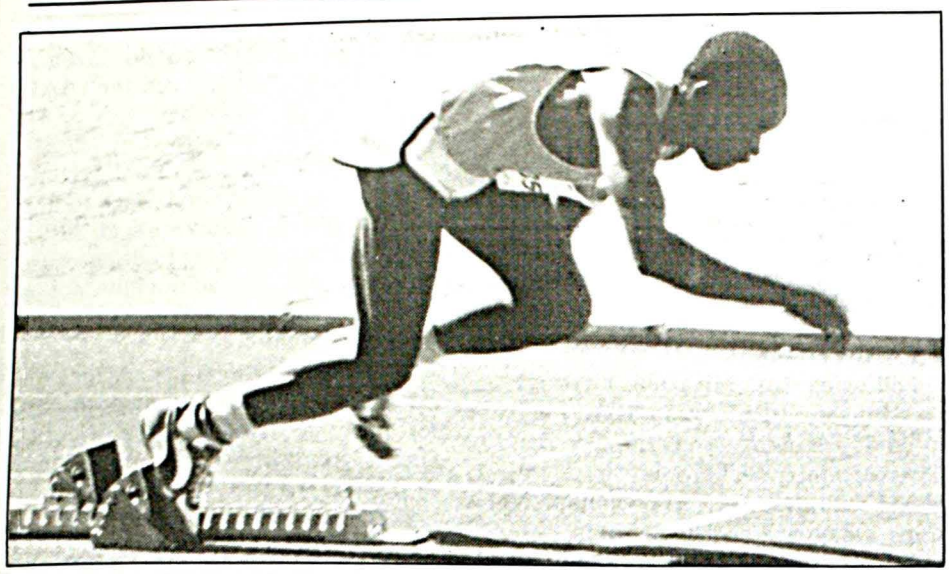

B. Tlapu, M35, took firsts in the 100, 200, and 400, South African Masters Championships, Krugersdorp, May 8-9. Photo by Leo Benning

373 in South African Championships

by LEO BENNING

The South African Masters Track and Field Championships were held May 8-9 in Krugersdorp near Johannesburg. The entry of 373 athletes was the largest ever and included at least 12 participants from other countries, including Australia, Germany, and the USA.

Twenty-four S.A. records were broken or established and two equalled. The best performance of the meet was probably that of Trevor Brown, M35, who won the 800 in 1:56.64 and the 1500 in 4:00.61, for S.A. records. Not far behind was the exciting black sprinter, B. Tlapu, M35, who won the 100 (11.21), 200 (22.26), and 400 (48.43), leaving his opposition far back.

Helen Rothman, W60, won the 10K road walk in 1:00:34, a S.A. record.

Monty Hacker, M55, scored a double in the 100 (12.58) and 200 (25.14), while Stan Wald, M45, a world medalist in the 100 in Rome in 1985, chalked up wins in the 100 (11.75) and 200 (23.88) during his last few days in the M45 age group. □

WAVA/TAC Hurdles and Implements Specifications

HURDLES

Age	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish
WOMEN					
30-39	100m	.840m 33"	13.00m 42'8½"	8.5m 27'10½"	10.5m 34'5"
40-49	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"
50-59 60-69 70 Plus	80m	.762m 30"	12.00m 39'4"	7.0m 22'11½"	19.00m 62'4"
30-39 40-49	400m	.762m 30"	45.00m 147'7¾"	35.00m 114'9½"	40.00m 131'2½"
50-59 60-69 70 plus	300m	.762m 30"	50.00m 164'0½"	35.00m 114'9½"	40.00m 131'2½"
MEN					
30-39 40-49	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'
50-59	100m	.914m 36"	13.00m 42'8"	8.50m 27'10½"	10.50m 34.5"
60-69	100m	.840m 33"	13.00m 42'8"	8.50m 27'10½"	10.50m 34'5"
70 plus	80m	.762m 30"	12.00m 39'4"	7.0m 22'11½"	19.0m 62'4"
30-49	400m	.914m 36"	45.00m 147'7½"	35.00m 114'9½"	40.00m 131'2½"
50-59	400m	.840m 33"			
60 +	300m	.762m 30"	50.00m 164'0½"	35.00m 114'9½"	40.00m 131'2¾"

IMPLEMENTS

AGE	SHOT PUT	DISCUS	HAMMER	JAVELIN
Women				
30-49	4.00k	1.00k	4.00k	600gms.
50 plus	3.00k	1.00k	3.00k	400 gms.
Men				
30-49	7.26k (16 lbs.)	2.00k	7.26k (16 lbs.)	800 gms.*
50-59	6.00k	1.50k	6.00k	800 gms.*
60-69	5.00k	1.00k	5.00k	600 gms.
70 plus	4.00k	1.00k	4.00k	600 gms.

*Either "old" or "new" javelin may be used

Brasher Breaks Four Records in Tasmania

by JERRY WOJCIK

Local favorite Shirley Brasher of Tasmania thrilled her fans with four W65-69 distance world records in the Australian Veterans Athletic Association Championships in Hobart, Tasmania, April 15-20. Starting with the 800, which she ran in 3:08:80, Brasher clipped off new records in the 1500 (6:02.68); 5000 (22:06.34); and 10,000 (45:49.71).

In the hammer throw, Helen Searle, New South Wales, set a W50 world record of 43.30. Two potential world bests, after more marks are recorded, were produced by Tina Smit, W65, Tasmania, 2000m steeplechase (12:44.78), and Ruth Frith, New South Wales, W80, triple jump (5.33).

Fifteen national records included a 47.63 in the 300mH by M60 Quentin Anthony, Australian Capital Territory; a 42.76 discus throw by M65 Rudi Hochreiter, Victoria; and 1:10:41 by Tom Daintry, Victoria, in the M80 10K road walk.

Nearly 500 athletes returned to Hobart, the site of the 1985 Australian Championships. □

The Brunei team captured three golds in the 7th Asian Veterans Athletic Championships, Singapore, June 11-14. Photo by Hari Chandra

1043 Compete in 7th Asian Veterans Championships

by HARI CHANDRA

More than 1000 competitors from 13 countries gathered in Singapore's Toa Payoh Stadium on June 11-14 to set 92 Asian records in the 7th Asian Veterans Athletic Championships.

Noteworthy performances were turned in by Glory Barnabas, W50, of Singapore, with a 29.2 200 and a 71.2 400; Rebecca Mok, W45, also of Singapore, with golds in the 1500 (6:33.4), 5000 (24:36.2), and 10,000 (55:33.9); and Japan's Okada Yasaburo, M80, who won his first gold medal since he started competing at age 73 with an Asian record-setting 16.0 in the 100.

The meet was a huge success with fabulous opening and closing ceremonies, featuring two bands. Japan won the team medal competition, taking 97 golds, 64 silvers, and 43 bronzes. India followed with 44 golds, 43 silvers and 40 bronzes. □

The Singapore team enters Toa Payoh Stadium for the start of the 7th Asian Veterans Athletic Championships, Singapore, June 11-14. Photo by Hari Chandra

MASTERS SCENE

NATIONAL

• Purchasers of domestic airline tickets may be eligible for rebates for flights taken between Jan. 1, 1988 and June 30, 1992. How do you file a claim? First, write to: Airline Antitrust Litigation, P.O. Box 209, Philadelphia, PA 19107. Just ask them to put you on the mailing list.

• **Karin Smith**, 36, winner of the W35 javelin at the WAVA Championships last year in Finland, has been named to the U.S. Olympic team because she is one of only three U.S. women who have met the Olympic qualifying standard.

EAST

• **Rosemary Riccardi** celebrated her 50th birthday with a 23:17 in the Smithtown Days 5K, L.I., NY, June 6. **Cindy Bermudez** (W40, 20:57) and **Maury Dean** (M45, 17:12) were top masters.

• **Frank Shorter**, 44, a Middletown, NY, native, was first 40+ in 33:57 in the Orange Classic 10K, June 14. Now a resident of Boulder, CO, Shorter admitted that his responsibilities as commentator for every race — trials, semis, finals — for NBC's pay-per-view cable outlets, and the marathon for regular over-the-air broadcast, have hurt his training, but predicted this year's down time will pay long-term dividends, "I think my instinct for self-preservation is pretty good."

• **Richard Shaver** (39, 56:57) and **Ann Davies** (45, 66:04) combined for the age 80-99 win in the Trevira Twosome 10 Mile, Central Park, April 25. The age 100-119 race went to **Daniel Hamner** (51, 62:18) and **Anna Thornhill** (51, 68:06), and the age 120+ contest to **George Thompson** (66, 72:02) and **Helene Bedrock** (57, 71:10).

• **Lance Hugelmeyer**, 52, despite an age-graded 88.5% 16:54, lost first-place overall by three seconds to Tom Ryan, 25, in a 200+ field, West Meadow 5K, Stony Brook, L.I., May 23. **Craig Stewart**, 41, an iron-pumping masters newcomer, who can bench press twice his 165 pounds, was third in 16:58. **Hilary Boucher** ran 21:25 to win the W46-50 in the oddball age-groups race.

• **Maddy Harmeling**, W45, was first woman (19:40) in the Waterbury Spring Sprint 5K, Westbury, L.I., May 30, while **John Lupski**, M40, missed out on first overall by one second with a 16:53 in a field of 100+.

• An all-day cold rain abbreviated the schedule in the New Jersey TAC Masters Championships, Long Branch, May 31. Postponed events were to be held later. Standouts were **Paul Narcessian**, M80, hammer (24.08) and **Ray Funkhouser**, M40, 5000 RW (21:07), both early-season, top-ranked performances.

• First masters in the South Ferry Shelter Island 10K, Shelter Island, NY, June 13, were **Alan Oman** (M40, 33:38) and **Susan Curtis** (W40, 41:36). **Cliff Clark**, the race's founder, set aside his administrative hat to finish in 39:26. **Grete Waitz**, nine-time NYC marathon champion, who has retired from competitive running, finished in 38:44. Temperatures in the 80s greeted the 2000 entrants.

SOUTHEAST

• Omitted from the Florida TAC Masters Championships results, May 18, in the July issue was the M50 TJ, won by **Joe De Luca**, with an All-American 10.42; **Nemour DeLaneuville**, was second at 9.65m.

• **Chuck Moeser**, 40, Herndon, VA, held off **Steve Ruckert**, 42, Westminster, MD, to win the 40+ title and $100 by two seconds with a 15:21, Drachen Fire 5K For Arthritis, Williamsburg, VA, April 18. **Donna Harrison**, 40, Virginia Beach, won the W40+ race in 20:03, with 52-year-old **Karin Stronach**, Hampton, VA, second in 21:09. With 943 finishers, the event raised $15,845 for the Arthritis Foundation.

• The evening Jacksonville Meet, May 9, attracted 47 athletes from ages 30 through 73, who were attended to by 34 officials. **Cleveland Smith**, 42, with wins in the 100 (11.4) and 200 (23.8), and **Len Olson**, 60, 152-7 in the discus, were standouts.

• Participants in the Florida AC Clearwater Meet, May 23, were dazzled by a world-class 264-0 by open javelinist **John Amabile**, competing as an M30.

MIDWEST

• **Dan Sekerak**, 45, produced the best 40+ age-factored performance with a 16:00 (14:45) in the Lou Cox Memorial 5K, Dayton, OH, May 25. First W40+ was **Linda Ray** (20:28). Grandmaster (50+) titlists were **Ken Prior** (17:14) and **Jean Hopkins** (24:22).

• **John Campbell**, 43, placed third (30:15) with an M40+ victory over **Henry Rono** (40, 31:06) of Kenya and defending 40+ champion **Bill Rodgers** (44, 31:09) in the Great Race 10K, Elkhart, IN, May 25. **Ron Hill**, 53, of England, who won the Boston Marathon in 1970 and has logged over 125,000 miles, finished fifth in the M50 race with a 45:39. **Claudia Ciavarella** was top W40+ in 40:01. Masters firsts in the companion half-marathon (Goshen to Elkhart) were **Ken Willems** (M45, 1:17:42) and **Barb Scrogham** (W45, 1:40:49) in race temperatures below 50°.

• **Norman Eastman**, 61, was top age-graded masters performer with a 77:35 (90.8%) in the Tulip Time 20K, Holland, MI, May 23. **Carol Bender**, 52, second W40+, was top 40+ woman with an 82:39 (88.2%).

SOUTH WEST

• **Wendell Palmer**, 60, Pampa, TX, broke the single-age AR for the 2kg discus with a 131-1, and the WR for the 1.5kg with a 157-1, Ponca City Classic, OK, May 30.

• **John Alexander**, 72, broke the U.S. M70-74 100y record (13.4, Ivers, 1983) with a 12.34 in the Oil Capital Meet, Andrews, TX, June 13.

INTERNATIONAL

• The **Indian National Veterans Athletic Championships** held in Madras, April 10-12, drew 1400 competitors from 20 affiliated states. The organizing committee of the Tamilnadu Veterans Athletic Association arranged for free accommodations and subsidized meals. **Sri Joginder Singh** of Punjab, competing as an M100, threw the discus 16.30m and javelin 18.20m. The overall team championship went to the team from Kerala state.

• After six years of publication, the Australian Veteran Athlete magazine is calling it quits. A new publisher rescued the publication over a year ago, but has now thrown in the towel. "The publishers could not solicit enough advertising to continue," said editor Mike Hall, "and could not obtain financial support from the national body, so we had no choice but to cease production." □

Start of the M55 800, XIV Indian National Veterans Athletic Championships, Madras, April 10-12.
Photo from V. Suryanarayana

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MASTERS NATIONAL CHAMPIONSHIP

THE ATHLETICS CONGRESS TAC USA

WEIGHT PENTATHLON

shot put discus javelin hammer weight

DATE: SEPTEMBER 5,1992

SITE: UNIVERSITY OF WASHINGTON, HUSKY STADIUM SEATTLE, WASHINGTON

AGE GROUPS: 5 YEAR AGE GROUPS MEN & WOMEN 30 AND OLDER

TAC REGISTRATION: REQUIRED AVAILABLE AT SITE OF COMPETITION

ENTRY FEE: $25.00 INCLUDES PENTATHLON, T-SHIRT, POST MEET BUFFET

AWARDS: TAC MEDALS AND CHAMPIONSHIP PATCHES

STARTING TIME: 9:00 A.M. (TENTATIVE)

COMPETITOR INFORMATION: MAILED UPON ENTRY RECEIPT

HOST: SEATTLE MASTERS ATHLETIC CLUB
PACIFIC NORTHWEST ATHLETIC CONGRESS

OFFICIAL ENTRY

ENTRY MUST BE POSTMARKED BY AUGUST 24,1992. NO LATE ENTRIES ALLOWED

NAME: _____

ADDRESS: _____ PHONE: _____

CITY: _____ STATE: _____ ZIP CODE: _____

AGE: (AS OF 5 SEPT 92) _____ M ____ F ____

1992 TAC # _____ DOB: _____

T-SHIRT SIZE: MED _ LG _ XL _ XXL _

BEST 91/92 PERFORMANCES: SHOT _____ JAVELIN _____
DISCUS _____ HAMMER _____ WEIGHT _____

ENTRY FEE: MAKE PAYABLE: SEATTLE MASTERS AC

WAIVER: MUST BE SIGNED TO COMPETE

I waive all rights that I or my heirs or assigns may have against the Seattle Masters A.C., Pacific Northwest Athletics Congress, and/or University of Washington arising from any injury, illness or accident that I may sustain in arriving to, participating in, or departing from this event. I declare my good health to participate in this event.

SIGNED_____ Date_____

Mail to: Ken Weinbel 4103 Hillcrest Ave SW Seattle Wa. 98116 (206)938-3895

schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.

THE ATHLETICS CONGRESS TAC USA

TRACK & FIELD
NATIONAL

August 13-16. 25th TAC/USA National Masters Championships, Spokane, Wash. Vernie Foxley, Spokane Falls Community College, Athletics MS-3070, W. 3410 Ft. George Wright Dr., Spokane, WA 99204-5288. Phone: 509/533-3644; Fax: 509/533-4128.

September 5. TAC/USA National Masters Weight Pentathlon Championships, Seattle, Wash. Seattle Masters AC, Ken Weinbel, 4103 Hillcrest Ave. SW, Seattle, WA 98116. 206/932-4219(d); 938-3895(e).

October 3. TAC/USA National Open and Masters 56# Weight Throw Championship, Greenville, S.C. Dick Bloomfield, 103 Crestwood Dr., Greer, SC 29651. 803/879-7839.

EAST
Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia Pennsylvania, Rhode Island, Vermont

August 1. TAC Eastern Regional Masters Championships, Randall's Island, NYC. SASE to: Haig Bohigian, 225 Hunter Ave., North Tarrytown, NY 10591. 914/631-1547.

August 2. Tri-State TC Meet. Wayne Vaughn, 734 W. Franklin St., Hagerstown, MD 21740. 301/733-6076.

August 5-9. Keystone State Games, Bethlehem, Pa. Trey Jackson, KSG, 31 So. Hancock St., Wilkes-Barre, PA 18702. 717/823-3165. Residents only.

August 30. Don Harris Memorial Meet, Ardmore, Pa. Pete Taylor, 3120 Schoolhouse Ln., JA9, Philadelphia, PA 19144. 215/842-3807.

September 6. Potomac Valley Games, Washington, D.C. area. Sal Corrallo, 3466 Roberts Ln. N., Arlington, VA 22207. 703/243-1290.

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SOUTHEAST
Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

September 12. Florida Track Circuit Meet. DeLand. 5-yr. age groups from 19 to 80+. SASE to: John Boyle, POB 1824, DeLand, FL 32721. 904/736-0002.

September 19-20. 8th Annual Thomasville Fall Masters Decathlon, Thomasville, N.C. Bill Busby, 11 Culbreth Ave., Thomasville, NC 27360. 919/476-1228.

September 26. Florida Circuit Meet, Tampa. 5-yr. age groups from 19 to 80+. SASE to: Larry Siegel, 8714 Highland Ave., Tampa, FL 33604. 813/931-8997.

October 10. Nashville TC Open & Masters Meet, Vanderbilt U., Randall Brady, 2709 Linmar Ave. #5, Nashville, TN 37215. 615/383-6733.

MIDWEST
Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

August 1. Midwest Masters Championships, Marshall U., Huntington, W. Va. David Stooke, 119 Cheyenne Tr., Ona, WV 25545. 304/736-8474.

August 1. TAC Midwest Regional Masters Championships, Wauconda, Ill. Harry Brown, 610 Hillside Ave., Waucona, IL 60084. 708/526-7686.

August 8. Dayton Track Classic. Dayton Recr. & Parks, 513/263-8400; Bob Jones, 513/837-2754 after 7 p.m.

August 13-15. Quad Cities Senior Olympics. 55+. Edie Sanders, United Med. Center, 501 10th Ave., Moline, IL 61265. 309/757-3120.

September 13. Ohio TAC 56# Weight Throw/Wolfpack Throwing Classic, Worthington HS, Columbus. John White, 4865 Arthur Place, Columbus, OH 43220. 614/459-2547.

MID-AMERICA
Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

August 13-16. Rocky Mountain Senior Games. 55+. Mary Behling, Greeley Sr. Activity Cntr., 1010 6th St., Greeley, CO 80631. 303/330-3172.

August 21-23. Nebraska Senior Olympics. 55+. Roger Jasnoch, P.O. Box 607, Kearney, NE 68847. 800/227-8340; 800/652-9435 (in state).

September 5-6. Rocky Mountain Masters Games, U. of Colorado, Boulder. David Simmons, 1550 Baseline, Boulder, CO 80302. 303/443-4919.

September 20. Fall Classic Championships, Nebraska Wesleyan U. Gary Bredehoft, 4037 N. 20th, Lincoln, NE 68521. 402/435-7061.

Some readers provide additional support to the National Masters News and to the Masters program by sending contributions of $25, $50 or $100 a year. If you are able, we urge you to join them. All contributors will receive a free copy of the new Masters Age Record book and will be listed in the paper as a National Masters News sustainer.

SOUTHWEST
Arkansas, Louisiana, Mississippi, Oklahoma, Texas

August 1. South Texas TAC Masters & Submasters Meet, San Antonio. John Head, 512/651-5414; Art Rodriguez, 512/655-4904.

August 19-22. West Texas Senior Sports Classic. 55+. Peter Laverty, Box 2000, Lubbock, TX 79457. 806/767-2680.

WEST
Arizona, California, Hawaii, Nevada

August 1. River City Summer Relays, Sacramento State, Sacramento, Calif. Masters & open. P.O. Box 255131, Sacramento, CA 95865. 916/489-7881.

August 8. Foothill College Throws Series, Los Altos, Calif. 35# and hammer moved to Stanford. Foothill College, c/o Gary Kelmenson, 2501 Friesland Court, Santa Cruz, CA 95062. 408/479-0202(h).

September 13. Northern California Seniors Classic, UC-Berkeley. Jim Johnson, 1026 Murchison, Millbrae, CA 94030. 415/647-1889.

September 20. Sri Chinmoy Masters Meet, CSU-Long Beach, Calif. 45+. Bigalita Egger, 1921 S. Sherbourne Dr., Los Angeles, CA 90034. 213/838-4746.

October 3. Club West Masters Meet, Santa Barbara Comm. College, Calif. Lloyd Albright, P.O. Box 1079, Goleta, CA 93116. 805/682-9540.

NORTHWEST
Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

August 1-2. Alaska TAC Association Triathlon, Heptathlon, Decathlon, Bartlett H.S., Anchorage. Team Alaska TC, 907/338-7388.

August 5-8. Idaho Senior Games, 55+. John Kirk, P.O. Box 2048, Boise, ID 83701. 208/385-2553.

August 6-8. Wyoming Senior Olympics. 55+. Bonnie Fitch, 1000 Douglas Hwy., Gillette, WY 82716. 307/682-7406.

August 8. Alaska TAC Association Championships, Bartlett H.S., Anchorage. Team Alaska TC, 907/338-7388.

October 20-23. Huntsman Chemical's World Senior Games, St. George, Utah. 50+. Sylvia Wunderli, Executive Director, 1355 So. Foothill Dr., Ste. 103, Salt Lake City, UT 84108. 801/583-6231.

INTERNATIONAL

July 25-August 9. XXV Olympics, Barcelona, Spain.

August 19-23. WAVA North American Regional Championships, Jalapa, Vera Cruz, Mexico. Entry form in April issue. Sports Travel, 619/225-9555; Northwest Mgmt., 503/687-1989; Diana Schneider, 212/391-5616.

September 11-13. 13th All-Japan Masters Championships, Tottori Prefecture. July 10 deadline. Kinki Nippon Tourist, Tottori Branch, 706 Sakaemachi, Tottori City 680 Japan. Tel. 0857-23-1161.

October 9-12. VI WAVA South American Regional Championships, Caracas, Venezuela. Jorge Alzamora, P.O. Box 685, Santiago, Chile. 621-1417. Fax: 0 11 56 2 669 5006.

October 10-11. San Juan Masters International Meet. Capt. Adalberto Alvarado, PR Masters Assn., P.O. Box 31300, 65th Inf. Station, Rio Piedras, Puerto Rico 00929-0300.

October 24-25. Hong Kong Veterans International Meet. M&W35+. AVOHK, International Meet, G.P.O. Box 10368, Central Hong Kong.

November 30-December 6. VI WAVA Regional Oceania Championships, Norfolk Island, Ian Anderson, PO Box 158, Norfolk Island. M40+, W35+. Fax: 011-64-672-3-3106. Phone: 011-64-672-3-2115.

ON TAP FOR AUGUST

TRACK AND FIELD

The silver anniversary of U.S. masters track & field will be celebrated in Spokane, Wash., for a four-day run starting on the 13th. Nearly 1000 celebrants ages-30-and-over are expected. Soon after, those with pluck, luck, and bucks will head for the WAVA North American Regional Championships, opening on the 19th for a five-day stint in Vera Cruz, Mexico.

Before those dates, athletes can hone their skills in TAC Regional Championships in NYC and Wauconda, Ill., and the Midwest Masters Meet, Huntington, W. Va., on the 1st, followed by a meet in Dayton, Ohio, on the 8th.

The schedule shows senior meets (55+) throughout the country; the XXV Olympics continue through the 9th.

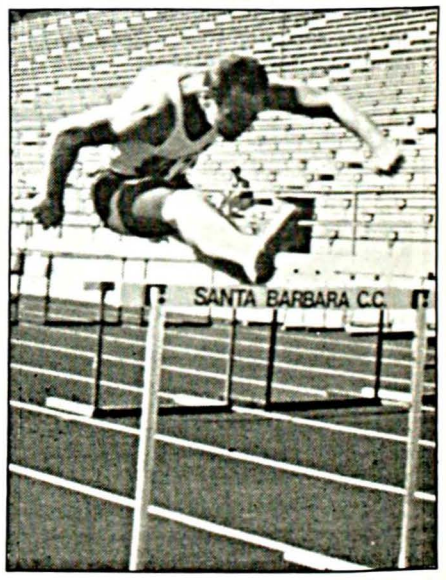
LONG DISTANCE RUNNING

The National Masters 10 Mile Championships will be decided in the Bobby Crim Race, Flint, Mich., on the 22nd.

Other major races are the Asbury Park 10K, New Jersey, on the 8th; Parkersburg Half-Marathon, W. Va., 15th; America's Finest City Half-Marathon, San Diego, and the Falmouth Run, Massachusetts, 16th; the Pikes Peak Runs, 22nd and 23rd; Maggie Valley 8K, North Carolina, 29th; and marathons in Santa Monica, San Francisco, and Nevada, 30th.

RACEWALKING

The national 5000 track championships and 10K/20K road championships will be held with the t&f nationals in Spokane. □



Ed Baskauskas, M40, leaps over the last hurdle for a 17.19, 1991 Club West Masters Meet, Santa Barbara. This year's meet will be held on October 3. Photo by Jerry Wojcik

Continued from previous page

LONG DISTANCE RUNNING
NATIONAL

August 1-October 31. RRCA Women's Distance Festivals. RRCA-sponsored races throughout the country. SASE to Women's Distance Festival, RRCA National Office, 629 S. Washington St., Alexandria, VA 22314. 703/836-0558.

August 22. TAC/USA National Masters 10 Mile Championships, Flint, Mich. Lois Craig, P.O. Box 981, Flint, MI 48501. 313/235-3396.

September 7. TAC/USA National Masters 20K Championships, New Haven, Conn. John Bysiewicz, P.O. Box 1893, New Haven, CT 06508. 203/397-0214.

October 4. TAC/USA National Masters Marathon Championships, Minneapolis, Minn. Bruce Mortensen, 15301 Highland Pl., Minnetonka, MN 55345.

November 8. TAC/USA National Masters 5K Cross-Country Championships, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220. 614/459-2547.

November 14. TAC/USA National 25K Championships, San Diego, Calif. Joni Shirley, 11212 Via Carroza, San Diego, CA 92124. 619/455-4440.

November 21. TAC/USA National Masters 8K Cross-Country Championships, Boston, Mass. Fred Treseler, 79 Manet Rd., Chestnut Hill, MA 02167. 617/964-7802.

November 29. TAC/USA National Masters 15K Cross-Country Championships, Bronx, N.Y. Kurt Steiner, 1660 E. 21st St., Brooklyn, NY 11210. 718/336-3025.

December 6. TAC/USA National Masters 10K Cross-Country Championships, Louisville, Ky. Bob Ullrich, 1879 Douglass Blvd., Louisville, KY 40205. 502/459-6820.

EAST
Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia Pennsylvania, Rhode Island, Vermont

August 1. Phelps Sauerkraut 20K, Phelps, N.Y. George Tillson, Wiborn Rd., Shortsville, NY 14548. 716/289-4250.

August 2. United Hospital Summer 10K, South Orange, N.J. Also 3000m X-C & masters 100, 800, one mile. Len Klepak, Columbia H.S., Parker Ave., South Orange, NJ. 201/761-8701.

August 2. Fort Adams 5K, Newport, R.I. Masters money. Joe Dias, 83 Park St., Providence, RI 02903. 401/277-2776.

August 8. Asbury Park 10K, Asbury Park, N.J. AP 10K, P.O. Box 2287, Ocean Township, NJ 07712. 908/922-9479.

August 8. Fruit Run 8K & RW, Alexandria, Va. SASE to Potomac Valley Walkers, Valerie Meyer, 2305 S. Buchanan St., Arlington, VA 22206. 703/243-1291.

August 16. Falmouth Road Race 7.1 Mile. Jon Carroll & Rich Sherman, Box 732, Falmouth, MA 02541. 508/540-7000.

September 20. Chubb Life 5K/10 Mile. SASE to Chubb Life Run, One Granite Place, Concord, NH 03301. 703/226-5007.

September 20. Eriesistible Marathon. Ken Chestek, 319 W. 10th St., Erie, PA 16502. 814/454-5868.

October 11. Belmont Plateau Autumn Classic (5 miles cross-country), Fairmont Park, Phila. Peter Taylor, 3120 Schoolhouse Ln., JA-9, Philadelphia, PA 19144. 215/842-3807.

SOUTHEAST
Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

August 6. Miami RC 3 Mile Cross-Country, Thompson Memorial Park. 7 p.m. Miami RC, Tropical Park, 7920 S.W. 40 St., Miami, FL 33155. 1-800/940-4RUN.

August 8. Miami RC Tropical 50 (50 Mile/50 Mile Relay/50K), Thompson Memorial Park. Miami RC, 7920 S.W. 40 St., Miami, FL 33155. 1-800/940-4RUN.

August 15. Full Moon Frolic 8 Mile. Masters RR Series, P.O. Box 1824, DeLand, FL 32721. 904/736-0002.

August 29. Maggie Valley Moonlight 8K. Wayne Abbe, P.O. Box 998, Maggie Valley, NC 28751. 704/926-1630.

September 4. Midnight Flight 5K. $1300 for M&W40+. Starts midnight, Friday night. John Bernhardt, POB 1106, Anderson, SC 29622. 803/226-7360.

September 5. Charleston 15 Mile. Danny Wells, 1001 Virginia St., E, Charleston, WV 304/348-5122.

MIDWEST
Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

August 1. Marion 5K Prime. $1400 for M&W40+. Greg Winger, 226 Forest Lawn Blvd., Marion, OH 43302. 614/389-1128(e).

August 15. Parkersburg Half-Marathon. Dorsey Cheuvront, P.O. Box 718, Parkersburg, WV 26102. 304/424-2786.

September 7. Park Forest Scenic 10 Mile. Bud James, Parks & Rec. Dept., 200 Forest Blvd., Park Forest, IL 60466. 708/748-2005.

MID-AMERICA
Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

August 22. Pikes Peak Ascent, Manitou Springs, Colo. Triple Crown of Running, P.O. Box 38235, Colorado Springs, CO 80937. 719/473-2625.

August 23. Pikes Peak Marathon, Manitou Springs, Colo. Triple Crown of Running, P.O. Box 38235, Colorado Springs, CO 80937. 719/473-2625.

WEST
Arizona, California, Hawaii, Nevada

August 1. Mormon Lake Half-Marathon, Flagstaff, Ariz. Ariz. Road Racers, P.O. Box 37876, Phoenix, AZ 85069-7876. 602/954-8341.

August 2-7. Redwoods Running Camp, UC-Santa Cruz, Calif. Roy Benson, 56 Roswell Rd., #355 North, Atlanta, GA 30342. 404/255-6234.

August 9, 22. Summer Series 4 Mile. Arizona Road Racers, P.O. Box 37876, Phoenix, AZ 85069-7876. 602/954-8341.

August 16. America's Finest City Half-Marathon. Neil Finn, P.O. Box 3879, San Diego, CA 92163. 619/297-3901.

August 22. 38th Balboa 8 Mile Cross-Country, San Diego. Masters Challenge Series. SDTC, Bill Gookin, 619/578-9456.

August 30. City of San Francisco Marathon. Mark Winitz, 415/948-0618; Peter Tatum, 415/571-1242.

August 30. Santa Monica Marathon. Cultural & Rec. Services Division, 2600 Ocean Blvd., Santa Monica, CA 90405. 213/458-8311.

August 30. Silver State Marathon. Bob MacMahan, P.O. Box 21171, Reno, NV 89515. 702/825-3006.

September 3. Sunset In The Park 2.8 Mile/4.8 Mile Cross-Country. 6:00 p.m. SASE to: Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714/841-5417.

September 7. Jerome Hill Climb 5 Mile, Jerome, Ariz. Ariz. Road Racers, P.O. Box 37876, Phoenix, AZ 85069-7876.

NORTHWEST
Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

September 7. Sister Cities Half-Marathon. Woodinville, Wash. Super Jock 'n Jill Event Promotions, 305 NE Maple Leaf Pl., Seattle, WA 98115. 206/522-7788.

W40+100 competitors, Bruce Jenner Meet, San Jose, Calif., May 30. From l to r: Jutta McCormick (51, 14.55), Jane Duff (15.39), Marge Moore (59, 19.01) and Fei-Mei Chou Lee (57, 16.47).
Photo by Thelma Rubin

September 7. Founders Day 8K Cross-Country. So. Oregon Sizzlers, Tom Burnham, 451 Thornton Way, Ashland, OR 97520. 503/482-4467.

October 3. St. George Marathon. Kent Perkins, St. George Leisure Services Dept., 86 S. Main St., St. George, UT 84770. 801/634-5850.

CANADA

September 20. Ontario Masters Half-Marathon Championship/Coors Light Toronto Half-Marathon. Doug Smith, 58 Newmarket Ave., Toronto, Ont., Canada M4C IV9. 416/699-5818.

INTERNATIONAL

August 2. BVAF 10 Mile Championships, Oswestry, N. Wales Borders. Doug Morris, 27 Whittington Rd., Oswestry, Shropshire, SY 11, IJD. 0 691-653338.

August 29-30. 1st WAVA Road Running Championships, Birmingham, England. M40+, W35+. 10K/25K. Barbara Dunsford, 71 Hillside Crescent, South Harrow, Middlesex, HAZ OQU England, Phone: 011-44-81-422-7157.

September 27. Berlin Marathon, Berlin, Germany. Marathon Tours, 108 Main St., Boston, MA 02129. 617/242-7845.

RACE WALKING

August 9. MAC 3K Championships, Central Park, NYC. Park Walkers Club, c/o Stella Cashman, 320 E. 83rd St., Box 18, NY, NY 10028. 212/628-1317.

August 13-16. TAC/USA National Masters Championships, Spokane, Wash. 5K track. 20K & 10K road. See T&F National.

August 19-23. Dave McGovern's Racewalk Camp, Healing Springs Ranch, Tiago, Texas. Dave McGovern, P.O. Box 6601, New York, NY 10128. 212/744-5515.

August 22. South Carolina Championships, Darlington. 20K-M&W/10K-W. Wallace Bradley, P.O. Box 94, Darlington, SC 29532. 803/398-4030.

August 29. Art Keay Memorial 10K RW, Toronto, Canada. C. Greenough, 1-223 Crawford St., Toronto, ON Canada M6J 2V5. 416/365-7222.

September 5. MAC 20K Championships, Central Park, NYC. Gary Null, 200 W. 86th St., NY, NY 10024.

September 6. North American Masters 15K Racewalk & Territorial 5K, Albuquerque. 15K-M40+, W35+. 5K-all ages. Gene Dix, 2301 El Nido Ct. NW, Albuquerque, NM 87104. 505/242-3713.

September 13. TAC/USA National Masters 40K Championships, Ft. Monmouth, N.J. Elliott Denman, 28 N. Locust Ave., West Long Branch, NJ 07764. 201/222-9213.

September 26. MAC 15K Championships, Central Park, NYC. Park Walkers Club, c/o Stella Cashman, 320 E. 83rd St., Box 18, NY, NY 10028. 212/628-1317.

October 18. TAC/USA National Masters 1-Hour & 2-Hour Championships, Cambridge, Mass. Philip McGaw, 156 Blue Hill Ave., Milton, MA 02174. 617/698-1806.

Sri Chinmoy Masters Track & Field 40 and Over

Sunday, September 20, 1992 at CSU Long Beach

Please check September issue of NMN for reprint of complete entry form or send a SASE to: Sri Chinmoy Marathon Team, 6199 Canterbury Dr. No. 202, Culver City, CA 90230. Any questions, please call 310/645-0271.

U.S. MASTERS TRACK & FIELD RANKINGS

(Coordinated by Jerry Wojcik, T&F Rankings Chairman)

CORRECTIONS TO THE 1991 U.S. MASTERS TRACK AND FIELD RANKINGS BOOK

100m		
M50 Avital Schurr	12.10	12th of 100
	instead of 32nd in M45	
200m		
M35 Ken Castro	24.36p	39th of 100
M50 Avital Schurr	25.10	18th of 100
	instead of 35th in M45	
800m		
M70 Boo Morcom	2:55.99	8th of 30
1500m		
W65 Po Adams	7:28.7	11th of 15
Short Hurdles		
W40 Lorraine Tucker	16.3	2nd of 8
Long Hurdles		
M55 Doug Alberts	81.3	7th of 8
	instead of 16th in M50	
Shot Put		
M50 Jim Hart 54	13.92	8th of 59
M55 Jim Hart 55	13.56	1st of 59
Len Olsen 59	13.05	5th of 60
Dennis Rietz	12.13	8th of 60
	instead of 42nd in M60	
M60 John Pavacic	delete—light implement	
Discus		
M30 Joe Benoit	46.48	8th of 70
M55 Dennis Rietz	37.87	17th of 90
	instead of 2nd	
W70 Florence Berry	15.14	8th of 18
Hammer		
M30 Joe Benoit	46.90	4th of 16
Decathlon		
M50 Gary Miller 53	8317	1st of 8
	instead of 5696	
Pentathlon		
M70 Boo Morcom	3875	1st of 3
	instead of 3075	

1992 Indoor 55m/60y
Compiled by Larry Patz

NAME	TIME
MEN'S 30-34	
1- 10	
LARRY McKENNEY	6.43
REMO BIAGIONI	6.50
- GIBBON	6.60
CURT JANKO	6.60
LEON DEVERO	6.70
M. GODBOLT	6.76
FRED FEASTER	6.80
RODNEY WILSON	6.80
JOHN BILLINGSLEY	6.96
FRANK MAKOZY	7.00
11- 16	
M. BEATTY	7.04
DOUG MASON	7.10
RICK JEFFERS	7.12
KEVIN GOLDSTEIN	7.20
K. GLEASON	7.26
TIM ROBINSON	7.30
MEN'S 35-39	
1- 10	
BEN JAMES	6.30
JOHN BROOKS	6.40
DON McNEILL	6.60
J. BYOH	6.66
KEITH WITHERSPOON	6.67
LAWRENCE LEE	6.70
FREDERIC D. MURRELL	6.70
- STRONG	6.70
JAMES EASTER	6.70
ROBERT E BOWEN	6.74
11- 20	
TOM BLOXOM	6.75
EDDIE MOSE	6.80
KENNETH BAUERSFELD	6.90
ADRIAN STERRETT	6.90
GENE MAXWELL	7.06
AL HARDEN	7.10
HORACE HUDSON	7.10
ED ANTHONY	7.10
DAVID ORTMAN	7.12
WARREN FISHER	7.20
21- 29	
KEN CASTRO	7.20
ROCKDALE HUDSON	7.30
JOSEPH B HEHN JR	7.30
JOE PIOTTI	7.40
RICK L PLUNKETT	7.50
MARK GERSHON	7.60
BOB NOYES	7.67
GREG HANSON	8.30
SONNY THORNTON	9.03
MEN'S 40-44	
1- 10	
NATE ROBINSON	6.60
THOMAS THOMPSON	6.60
ALPHONSO WALTON	6.80
MONEY GOINES	6.80
PERSHING REID	6.80
WILLIAM CORSEY	6.90
MIKE SHARRATT	6.90
J. J. LANSELY	6.90
STAN DRUCKREY	6.93
CLIFTON JACKSON	7.00
11- 20	
PHILIP FELTON	7.00
ROBERT HAHN	7.00
TOM LITTLE	7.00
RICHARD FINNIE	7.01
LARRY ISLER	7.04
K. OVERBY	7.07
H. ALI JOHNSON	7.10
LOUIS JOHNSON	7.12
JOE BAILIFF	7.20
JOHN PAUL JONES	7.20
21- 30	
TIM DICKENS	7.30
RAY PANEK	7.30
IVAN BLACK	7.30
CHARLES CREWSHAW	7.30
ARMAND LaFRAMBOISE	7.30
NOAH PERLIS	7.30
D. LUCIA	7.33
ANGEL NIEVES	7.39
TOM CUNNINGHAM	7.40
WOODY DISHAROON	7.40
31- 40	
GREG FLORANT	7.40
DAVE HILL	7.48
DAN WELLER	7.50
C. PITTMAN	7.60
JIM SHEA	7.60
BOB MICHO	7.60
RICHARD UTLEY	7.80
M. DAVIS	7.92
OWEN LISTOVITCH	8.00
LARRY CHEATHAM	8.00
41- 44	
FRANK MONROE	8.20
NEAL SCHUSTER	8.39
L. MILLER	8.95
DANA MARRELL	9.70
MEN'S 45-49	
1- 10	
JOSEMI JOHNSON	6.60
RON JOHNSON	6.70
LLOYD CORDNER	6.83
MELVIN FIELDS	6.90
ROGER PIERCE	6.90
JIM LEE	6.96
TOM BASSETT	7.00
- BREWER	7.00
TONY MATTHIAS	7.10
TYRONE CARLIS	7.10
11- 20	
MICHAEL AUGERI	7.10
RAB HAGIN	7.20
JEFF BLATT	7.20
ELLIOTT FELDMAN	7.20
SAMUEL HALL	7.20
D. NEWTON	7.22
RANDALL CLEVEN	7.25
JAMES VICKS	7.28
PAUL STELMASZYK	7.40
BILL HENRY	7.40
21- 30	
PETER FELDMAN	7.40
PAUL HENRY	7.40
DUKE THORSON	7.50
THOMAS J HARTMAN	7.50
A. JONES	7.59
JAMES BRADY	7.70
CHARLES VARNET	7.80
LARRY SIMMONS	8.20
JIM CORRIGAN	8.40
JOHN McCLELLAND	8.78
MEN'S 50-54	
1- 10	
GENE BALLARD	7.20
ROOSEVELT WEAVER	7.20
THORNTON SHELTON	7.30
LEE STOPOULOS	7.31
ROY S. TURNER	7.38
JOHN EWING	7.40
WILLIAM JEFFREY	7.40
PAUL DAVIS	7.58
CARLOS H VERNON	7.60
BARRY KLINE	7.60
11- 20	
PETER TAMS CAN	7.63
IRV HEATH	7.70
BILL DURHAM	7.78
D. DONNOLLY	7.90
DAVE ELLIS	7.92
JOHN O'NEILL	7.99
RICHARD CICCONE	8.00
BRUCE MILLS	8.02
NORM CYPRUS	8.06
BOB FUHRMAN	8.10
21- 26	
DAVID GALLIGANI	8.20
J. ROBINSON	8.48
TOM COLLINS	8.60
JOHN LASSER	8.80
HAROLD KOCH	8.86
T. WILSON	9.60
MEN'S 55-59	
1- 10	
RALPH SUMMERLIN	7.00
JIMMY WEAVER	7.10
TONY DEATHERAGE	7.19
LARRY COLBERT	7.20
JAMES MATHIS	7.28
ALEXANDER JOHNSON	7.30
CLIFFORD PAULING	7.30
PIERRE DOBROVOLNY	7.31
JOSEPH HEMLER	7.40
BILL WRIGHT	7.60
11- 20	
JAMES BRADLEY	7.75
RAY EILAND	7.78
ED KENT	7.80
LEON TROUT	7.85
EARL MEGE	7.90
DOUGLAS ALBERTS	7.91
RICHARD CROAK	8.15
J. McDONALD	8.37
FRED WIMMER	8.50
LARRY GOLDENBERG	8.73
MEN'S 60-64	
1- 10	
EARL VENTURA	7.20
EDWARD COX	7.40
AL CROWLEY	7.40
CLARENCE TRINKNER	7.54
JOE BUMMERLIN	7.59
THOMAS BROOKS	7.60
ANDY ANDERSON	7.63
- CLARK	7.70
TOM DELANY	7.70
ROSS MITCHELL CAN	7.70
11- 20	
BAILEY GORE	7.75
LAWRENCE PRATT	7.80
JAMES STOOKEY	7.80
THEODORE SWANSON	7.80
RICHARD BARRETTA	7.87
JACK LANCE	8.10
BART REISSIG	8.25
BILL BERGEN	8.33
GIORGIO CHIAVELLI	8.33
PAT FERRARO	8.50
21- 26	
THOMAS MORRIS	8.70
TOM DYCKMAN	8.70
HARRY BROWN	8.81
JACK NYHAN	8.84
LAWRENCE GRECO	8.94
D. WALSH	9.01
MEN'S 65-69	
1- 10	
JIM LAW	7.60
JOE BERGTHOLD	7.80
ROBERT NAYLOR	8.10
SAM MADIA	8.20
OSCAR HARRIS	8.23
HOWARD MacMILLAN	8.30
ED HILMES	8.30
J. WALKER PIERSON	8.40
MANNY HERSCHER	8.50
ROBERT WINGO	8.56
11- 17	
ALFONZO WILSON	8.60
CHARLES McGARVEY	8.80
E. J. MORRISSETTE	8.80
CHUCK OLSON	8.83
MELVIN B. LARSEN	9.62
JIM PLATIS	9.81
BOB THOMAS	11.20
MEN'S 70-74	
1- 10	
TIM MURPHY	7.90
ED MATTHEWS	8.10
RUSSELL MORE	8.60
JOE MARTIN	8.78
MEL BUSCHMAN	8.79
DAVID HALL	8.90
CHAMPION GOLDY	9.00
ROBERT WARWICK	9.05
E. COLE	12.30
CHARLES WHITE	15.90
MEN'S 75-79	
1- 9	
FRED WHITE	8.68
CHAMPION GOLDY	8.70
ROBERT P. SORLIEN	8.80
GARFIELD SCHOENER	9.10
HUGH RHODES	9.25
CLAUDE HILLS	9.70
MEL FLACHS	12.14
HAROLD MASSIE	13.10
ROBERT DETWEILER	14.20
MEN'S 80-84	
JEREMIAH GAINES	9.23
WESLEY WARD	9.54
WOMEN'S 30-34	
CATHY McKEEVER	8.20
MARY ELLEN MALLOY	8.30
JULIE WIEDIS	9.90
WOMEN'S 35-39	
IRENE THOMPSON	7.20
MARCIA HULSE	7.50
JOANN ANGOTTI	7.60
LOU BLOXOM	8.34
LINDA PENISKA	9.60
WOMEN'S 40-44	
1- 7	
SHARON OSBORNE	7.70
KATHY PIERCE	7.90
SKIPPER CLARK	8.00
LORRAINE TUCKER	8.04
ELIZABETH RIORDAN	8.65
RENE BLENDEN	8.71
SANDY MARYOTT	9.10
WOMEN'S 45-49	
1- 8	
LORRAINE TUCKER	7.60
NADINE LOWENSTEIN	8.50
MICHAEL HILL	3.70
KAREN HABER	9.50
PENNY DANIELSON	9.52
MARY LOU PLATIS	10.02
PEGGY SMITH-HITE	10.40
LINDA REICHL	10.47
WOMEN'S 50-54	
MARY LUKER	8.25
JUTTA RIEGEL CAN	9.04
MARION COFFEE	9.15
WOMEN'S 55-59	
RACHEL LYGA	8.81
LUCY ANNE BROBST	9.27
DORTHA SWANSON	10.10
WOMEN'S 60-64	
LEONORE McDANIELS	9.32
MARYANN CARRINO	11.00
WOMEN'S 65-69	
PAT PETERSON	9.20
JOSEPHINE SULLIVAN	9.80
ANN McGOWAN	11.00
WOMEN'S 70-74	
FLORENCE BERRY	10.20
LIBBY HAGEMANN	12.20

1992 Indoor 3000
Compiled by John Dickey

NAME	TIME
MEN's 30-34	
1-10	
Rich Marion	8:45.19
Scott Jones	8:47.0
Dale Bradley	8:48.9
John Agnew	8:50.48
Bob Carroll	8:59.1
Bill Mullarney	9:09.6
Ira Meyers	9:11.3
Casey Carlstrom	9:18.5
Dennis Coleman	9:18.9
Joe Carroll	9:20.53
11-20	
Chris Hussey	9:31.0
Doug Foster	9:33.5
Jim Cremer	9:34.6
M. McGinley	9:35.79
Bob Brenner	9:37.0
Stan Cohen	9:37.6
Bill Heidelberger	9:39.5
David Boor	10:27
Jim Zollweg	10:53.0
Juv. Rodriguez	10:57.3
21-25	
Tom Yunker	11:16.5
Wayde Herneisey	11:31.0
Steve Dobbin	11:59.1
V. Kumor	12:49.8
Ines Nieves	14:34
MEN's 35-39	
1-10	
Mark Furkis	8:45.45
Fred Carnathan	8:58.5
Mike Patterson	9:01.5
Dan Lawson	9:07.7
Jeff Bradley	9:11.7
Bob Colantuano	9:12.1
Larry Walker	9:16.89
Richard Houston	9:17.4
George Frost	9:18.6
Johnson	9:20.6
11-20	
John Dowling	9:24.7
Stan Hockerson	9:27.51
Rusty Moore	9:27.9
R. Gutzwiller	9:34.65
Joe Eroeljac	9:37.25
Bill Kehner	9:37.4
Stan Polkowski	9:40.04
Tim Otis	9:40.4
Rick Cleary	9:49.2
Sid Holzer	9:55.6
21-30	
Jack Harbaugh	9:58.9
Neil Rosen	10:04.9
Dan Burns	10:06.2
Ken Florance	10:08.9
Willie Speight	10:17.5
John Dickey	10:18.4
Warren Walker	10:39.2
Jeff Knutson	10:59.8
Tom Bebee	11:16
Ted Hackett	11:22.6
MEN's 40-44	
1-10	
Domingo Tibaduiza	8:39.90
Dave Patterson	8:55.4
Steve Ruckert	8:56.4
Nolan Smith	8:56.55
Mark Hunter	9:02.46
Patrick Hambrick	9:03.01
Gary Tompkins	9:12.06
J. Gelsomini	9:27.51
Phil Yoder	9:31.0
Michael Barr	9:36.09
11-20	
Jay Jenkins	9:38.8
Giles	9:40.1
Ed Woerner	9:45.5
Bruce Albert	9:46.1
Tom Homeyer	9:48.0
Elton Horst	9:51
Roger Price	9:58.8
Rick Cleary	9:59.0
John Goegel	10:04.3
V. Gainer	10:04.66
21-30	
Jim Billick	10:12
Fletcher Lakey	10:17.1
Micks Purnell	10:18.6
Bob Richey	10:26.1
Stan Seltzer	10:28.5
Denny Mellish	10:28.6
Larry Hart	10:29.0
Bob Thomas	10:30.7
Fred Dedrick	10:30.9
Dick Rishe	10:32.3
31-40	
Ray Smith	10:32.8
Bob Weiner	10:46.0
Joe Burleson	10:56.2
Mike Tometich	11:04.2
Amos Mincin	11:06.3
Joe Daley	11:06.6
Rich Bernstein	11:15.0
Ron Salvio	11:23.6
Bob Histed	11:27.0
Tony DeSabato	11:35.3
41-48	
P. Hogan	11:41.30
Tony Kasenga	11:43.3
David Weiss	12:10
Ellis Martin	12:19.0
Kyle Mecklenborg	12:30.6
Rich Sundin	13:02.6
Roger George	14:33.5
James Miner	15:05
MEN's 45-49	
1-10	
Al Swenson	9:04.72
Harold Nolan	9:07.53
Dan Sekerak	9:10.49
Vic Heckler	9:17.64
Elton Horst	9:54.9
Gavin	10:13.6
Mark Hosler	10:21.19
Bob Kuebler	10:25.94
D. Brown	10:29.54
F. Galuppe	10:33.66
11-20	
Bob Graham	10:38
Bob Congdon	10:45.3
Pete Smith	10:48.7
Paul Aucoin	10:51
Carl Grossman	10:53.0
Mark Hampton	11:02.6
Rich Howett	11:03.6
Bob Miller	11:11.4
Dwayne Wartman	11:11.9
Herb Engman	11:14.7
21-22	
George Sanders	11:43.0
Sam Miller	13:23.7
MEN's 50-54	
1-10	
Kirk Randall	9:57.9
Chuck Keating	10:10.80
Vincent Colgan	10:19.0
Larry Jewett	10:36.7
Jim Finch	10:37.01
Stan Edelson	10:41.05
Dennis Werling	10:52.6
Doug Goodhue	10:54.60
Jim Donohue	10:55.9
Ken Katzer	11:09.0
11-19	
John Novak	11:14.01
Ron Breon	11:30.0
John Hurley	11:57.8
John Schwartz	12:18.7
Paul Johnson	12:27.9
John Robinson	12:49.7
Larry Harvey	12:56.0
Dan Mittler	13:04
Dick Gudeman	13:28.5
MEN's 55-59	
1-10	
Sam Graceffo	10:12.6
Charles Wimberley	10:32.36
Ken Ogden	10:51.88
Don Slocomb	11:07.64
Wilson	11:15.8
Jim Culver	11:34.4
Chuck Collins	12:00.5
Bruce Gilbert	12:07.7
Don Bawmann	12:12.5
Jim Kent	12:25.8
11-17	
Dick Kowalski	12:43.3
Vanness robinson	12:47.3
Tony Farrand	12:56.3
Tom Dyckman	13:31
Bob Feller	15:06.1
Harold Williams	15:18.9
Fran Riley	n.t.
MEN's 60-64	
1-10	
Dick Wilson	10:40.89
Charles Williams	10:56.93
Howard Rubin	11:18.2
Robert Culling	11:33.76
Jim Keat	11:55.73
Larry Dickerson	12:06.4
Stan Cherim	12:24.7
Leonard Hoffman	12:30.3
Jack Nyham	12:39.60
Gary Nolan	13:17.0
11-12	
Vin Fandetti	13:24.8
John More	14:21.7
MEN's 65-69	
1-4	
Jim Forshee	11:12.03
Luther Burdelle	11:38.5
Sid Toabe	12:39.7
Don Mitchell	13:09.9
MEN's 70-74	
1-6	
Nate White	13:19.1
George Blyn	13:28.1
Merle Knox	13:54.17
Howard Strassenbg	15:01.20
Clarence Osborn	15:49.6
Phil O'Connell	17:00.0
MEN's 75-79	
1-2	
Dudley Healey	14:20.47
Harold Massie	19:08.9
MEN's 80-84	
1-1	
Ed Benham	48:46.86
MEN's 85-89	
1-1	
Willard Benton	71:24.08
MEN's 90-94	
1-1	
Paul Spangler	88:12.40
WOMEN's 30-34	
1-6	
Laywel	10:55.1
Anne Ricardelli	11:02.9
Cindy Kowalski	12:13.8
Karen Lein	12:33.8
K. Stuart-Smith	13:39
Ines Nieves-Evans	14:37
WOMEN's 35-39	
1-2	
Shirley Woodford	11:20.7
Jean Roeder	11:29.4
WOMEN's 40-44	
1-3	
Barb Blaszak	11:07.2
Claudia Scott	11:43.7
Judy Tarashow	12:15.4
WOMEN's 45-49	
1-3	
Joni Shirley	11:06.77
Judy Gulley	13:52.7
MaryAnn Thompson	17:40
WOMEN's 50-54	
1-4	
Barbara Pike	12:13.5
Marilyn Moorehead	13:03.59
Rita Alles	13:04.3
Elton Richardson	13:39.70

Continued on next page

WOMEN's 55-59
1-2

Sally Busby	13:40
Marian Kowalski	13:53.1

WOMEN's 60-64
1-1

Whayong Semer	14:00.94

WOMEN's 75-79
1-4

Pearl Mehl	21:24.33

1992 Indoor Long Jump
Compiled by
Robb Bong

M30-34

Glyn Agnew	6.26
Rob Shelton	6.17
Remo Biagioni	6.16
Rick Schreiner	6.08
John Hunter	6.07
Kevin Gleason	5.90
David Caldwell	5.84
John Dyer	5.69
Cornell Sowell	5.69
Keith Kinnaird	5.67
(10)	
Bill Johnson	5.63
Marty Rogier	5.54
Richard Bedrick	5.46
Mike Campbell	5.40
Frank Makozy	5.26
Stephen Mills	5.24
Jim Craig	5.14
Alton Waynewood	5.05
Richard Ryan	4.61

M35-39

Keith Witherspoon	6.73
Randy Kruse	6.46
Scott Thornsley	6.06
David Ortman	6.05
Jeffrey Watry	6.05
Scott Evans	5.96
Tim LaBeau	5.91
Merek Nowicki CAN	5.91
Eddie Mose	5.84
David Caldwell	5.71
(10)	
Fredrick Murrell	5.79
Dan Dothard	5.60
Rick Plunkett	5.56
Don Sellers	5.50
Enyo Dewith	5.29
Ted Tiernon	5.22
Rockdale Hudson	5.21
Robert Zahn	5.18
Tim McCloy CAN	5.01
Bob Noyes	5.00
(20)	
George Crummel	4.98
Joe Piotti	4.95
Charles Barnard	4.90
Mark Gershon	4.89
John Valiska	4.38

M40-44

Walter Davenport	5.96
Jerry Gaines	5.84
Charles Crewshaw	5.57
Bill Hanson	5.54
Clifton Jackson	5.53
Ivan Black	5.46
Joseph Brown	5.44
Ken Cooper	5.41
Pat Crandall	5.41
Armond LaFramboise	5.38
(10)	
William Corsey	5.37
Mike Davis	5.36
Bob Burke	5.24
Dave Hill	5.18
Robert Burnett	5.15
Woody Disharoon	5.15
William DeHorn	5.13
Bob Green	5.10
Hodge Kirby	5.09
Ed Laurelli	5.08
(20)	
James Sauers	5.07
Fletcher Lokey	5.04
Angel Nieves	4.98
Ray Panek	4.98
John Boogasian	4.94
Ed Baskauskas	4.93
Mike Sharratt	4.93
Dick O'Riley	4.89
Jim Shea	4.89
Jim Dolezel	4.83
(30)	
Gene Hoffman	4.81
Walter Ewing	4.80
Tom Rowe	4.75
Leonard Zigment	4.74
Bill Schooler	4.66
Roger Knight CAN	4.49
Ron Salvio	4.38
Bob Eaheart	3.99
Neal Schuster	3.99
John Guiste	2.83
(40)	

M45-49

Tyrone Carlis	6.19
Joe Johnson	6.19
Jerry Boswell	5.95
Ray Starnes	5.89
Ken Troy	5.85
Robb Bong	5.81
Rex Harvey	5.67
Alan Slater CAN	5.64
George Pachovsky CAN	5.59
Tom Callender CAN	5.30
(10)	
Mike Milove	5.30
Henry Hopkins	5.18
-- McCormick	4.91
Michael Billman	4.90
Charles Varnet	4.81
Mike Augeri	4.76
Jan Decker	4.74
Tom Thorne	4.66
Palmer Sweet	4.53
Duke Thorson	4.34

M50-54

Dale Lance	5.49
Sammy White	5.40
Emil Pawlik	5.39
Avital Schurr	5.28
Dave Eidahl	5.22
John Ewing	5.19
Grover Coats	5.10
Bob O'Brien	5.04
Lee Stopoulos	4.95
Dennis Leczinski	4.69
(10)	
Carlos Vernon	4.60
Dave Ellis	4.56
Mike Valle	4.53
Bryant Barber CAN	4.50
Jack Brunner	4.47
James Wagner	4.47
Dave Waddell CAN	4.38
Ed Arnold	4.37
George LaBelle	4.34
Harvey Boles	4.25
(20)	
Tom Collins	4.21
Nate Byrd	4.12
Rex Bane	3.97
Richard Russell	3.82
Dave Connolly	3.70
Richard Kay	3.69
Joe Griffin	3.29

M55-59

Phil Mulkey	4.96
Pete Stopoulos	4.88
Vincent Ruffin	4.86
Paul Williams	4.78
Earl Mege	4.59
Jim Peterson	4.57
Ed Kent	4.41
Hank Perry	4.31
Fran LaPointe	4.19
Bob Bradley	4.17
(10)	
Robert Moore	4.11
Stan Giles	3.73
Tom Adams	3.48
James Bradley	3.35
James Ware	3.31
Bob Smullens	3.13
Nick Palladius	2.98

M60-64

Clarence Trinkner	5.21
James Stookey	4.86
Theodore Swanson	4.57
Earl Ventura	4.52
Dick Edmonds	4.43
Bailey Gore	4.39
Pay Carstensen	4.32
Jack Lance	4.31
Dave Douglass	4.21
Tom Delany	4.17
(10)	
Jim Mathers CAN	4.13
Curt Trevor	4.11
Richard Greiwe	4.09
Bill Townsend	4.08
Quinto Biagioni	4.02
Max Woerle CAN	4.02
Giorgio Chiavelli	3.90
Paul Soraparu	3.81
George Taylor	3.62
Tony Viveiros	3.40
(20)	
Bill Brobst	3.29
Ray Feick	3.29
Don Grey	3.29

M65-69

Melvin Larsen	4.97
Buck Bradberry	4.71
Denver Smith	4.37
Jim Platis	4.17
Oscar Harris	4.10
Jack Doorlay	4.05
Bob Thomas	3.99
Fred Hirsimaki	3.98
Des Margetson	3.61
Chuck Olson	3.28

M70-74

Ed Lukens	4.66
Tom Patsalis	4.60
Tom Kennell	4.32
Boo Morcom	4.19
Walter Dahlin	3.80
Ed Matthews	3.75
Mel Buschman	3.73
Bob Warwick Sr	3.72
John Davison	3.71
Armando Ricciardi	3.67
(10)	
George Rajcevich	3.58
Dave Hall	3.20
Earl Cole	2.51

M75-79

R Sparks Sorlein	3.88
Clarence Trahan	3.66
Ian Hume CAN	3.63
Ham Morningstar	3.23
Claude Hills	3.16
Mel Flachs	3.09
Gene Wood	2.42
Harold Massie	1.88
Bob Detweiler	1.63

M80-84

Karl Trei CAN	3.38
Jeremiah Gaines	3.12
Leon Joslin	2.88
Virgil McIntyre	2.78

M85-89

Russell Randall	2.34

W30-34

Pamela King	4.79
Julie Wiedis	3.06

W35-39

Irene Thompson	4.91
Francine Kaye	2.29

W40-44

Phil Raschker	4.77
Skipper Clark	4.42
Lorraine Tucker	4.05
Sandy Maryott	3.78
Beth Johnson	3.14
Vera Cabanus CAN	3.06

W45-49

Phil Raschker	5.38
Lorraine Tucker	4.27
Penny Danielson	4.06
Jean Hemming CAN	3.86
Michael Hill	3.77
Marlene Sachs	3.74
Mary Lou Platis	3.68
Cathy Primmer	3.26

W50-54

Ann Carter	3.41
Joann Grissom	3.35

W55-59

Rachel Lyga	3.70
Lucy Ann Brobst	3.63
Dortha Swanson	2.95
Joan Dugan	2.17

W60-64

Betty Vosburgh	3.76
Leonore McDaniels	3.70
Jeane Azeltine	1.92

W65-69

Bernice Holland	3.11
Patricia Peterson	2.52

W70-74

Elga Meri CAN	3.02
Florence Berry	3.01
Mary Bowermaster	2.51
Libby Hagemann	2.35

1992 Indoor 3000 Racewalk
Compiled by Jerry Wojcik

*1st-place time, 1992 National Masters Championships

M35-39	16:28.5*
Pete Williams	15:01.22
Larry Ryan 39	16:14.6
Bill Youngberg	20:48.38
M40-44	12:42.62*
1-8	
R Funkhouser	12:35.00
Glenn Herold	13:35.23
Bill McCray	14:44.2
Jim Miner 43	14:50.6
Leland Sandifur	15:21.64
Dean Fasterland	15:21.94
Ron Salvio 43	16:16.1
Greg McCoy 41	18:17.0
M45-49	13:43.72*
1-12	
Gary Null 47	13:16.1
John Johnson	14:26.1
Franco Panloni	14:37.31
Larry Simmons 49	14:44.1
Victor Sipes	14:44.12
Don Mowles	14:57.2
S Telank	15:21.64
Jacinto Mogena	16:01.5
Arden Zentic	17:18.87
Frank Weibel	17:41.19
Gary Kidd	17:56.6
John Sholeen 46	18:08.0
M50-54	
Paul Johnson	14:58.4*
Terry McHoskey	14:58.9
Gerald Bocci	16:29.2
Bernie Finch	16:44.2
M55-59	
Stu Summerhayes CAN	15:31.11*
Ray Everson	16:45.57
Gene Siler	17:09.1
Ed Merrill 59	17:33.3
M60-64	
Max Green	14:44.51*
James Spitzer	17:15.5
Mike Michael	17:30.7
Leo Rivera	18:32.8
Marv Eisenstein	20:03.7
M65-69	
1-6	
Robert Mimm	16:56.14*
Ed Gawinski 65	17:03.0
Richard Bennett	19:01.37
Don Cotner	19:30.96
Joe Vitucci	19:33.92
Jack Hunter	21:22.62
W30-34	
Eliz Galasso	14:22.19
Chris Sakelaris	15:16.90
Jackie Kerby	16:09.07*
Kathy Irvin	18:54.50
W35-39	
Mataji Graham	16:18.85*
Ellin Marshall 35	17:02.0
Kathy Finch	17:06.4
Lenore Norris	18:07.94
Robin Kershaw 38	20:41.4
W40-44	
1-6	
Vilsha Sedlak	14:23.33*
Phyllis Hansen	16:19.31
Donna Cetrulo	17:30.4
Patty Kerr	18:15.37
Pat Weir	18:36.18
Laurie Youngberg	22:12.38
W45-49	
1-6	
Jeanne Bocci	16:29.54*
Valerie Stowe	16:38.50
Dorothy Sholeen 47	17:04.9
J Risner-Gardner	17:31.5
Olga Figueroa	17:33.8
Kathleen Wood	18:47.0
W50-54	17:28.21*
Elton Richardson	17:17
Ruth Everson	18:58.34
Rachel Norton	19:11.50
Renee Weatherford	20:08.4
Carol Brittain	22:06.41
W55-59	
Joyce Decker	18:35.97*
Sami Bailey	18:42.02
W60-64	
Phyllis Goodlad CAN	21:28.70*
Jo Presser	21:34.5
Vera Spitzer	25:07.0
W65-69	
Ruth Leff	19:06.8*
Joan Rowland	20:45.5
Queenie Thompson	22:57.7
Martha Vitucci	23:06.2
Jean Cotner	24:28.6

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, AUG., 1992

ATHLETE(RESIDENCE)	BIRTHDATE	AGE GROUP
LAURIE BINDER(OAKLAND,CA)	8-10-47	45-49
KATHARINE BRIEGER(BERKELEY,CA)	8- 5-32	60-64
ALBERTA CODD(CA)	8- 0-37	55-59
MARY FARNSWORTH(US)	8-12-32	60-64
MAEANN GARTY(SAN DIEGO,CA)	8-26-27	65-69
INGRID GOODBODY(US)	8-13-37	55-59
MARILYN HARBIN(MARTINEZ,CA)	8-30-37	55-59
KAREN HUFF(WILMETTE,ILL)	8- 7-42	50-54
SHIRLEY INGRAM(ROSEBURG,OR)	8- 3-37	55-59
CAROLYN ISHIDA(HARBOR CITY,CA)	8- 9-42	50-54
ANN JANKORSKI(LOS ANGELES,CA)	8-21-47	45-49
PATRICIA LARSON(PRIOR LAKE,US)	8- 4-37	55-59
GLADYS LEHMAN(REEDLEY,CA)	8- 2-22	70-74
ELIZABETH MESSENGER(THORTON,NH)	8-30-27	65-69
BARBARA MOELLER(US)	8-20-37	55-59
MOLLY MONHEIT(LAFAYETTE,CA)	8- 5-22	70-74
MARILLA SALISBURY(SAN DIEGO,CA)	8-18- 7	85-89
EVELYN SCHMIDT(ST. LOUIS,MO)	8-29-27	65-69
DIANE YOUNG(SARATOGA,CA)	8-10-42	50-54
MARGARITHA DAEHLER(SUI)	8-21-47	45-49
JOYCE GREEN(AUS)	8-24-27	65-69
URSULA HOHENBERG(WG)	8- 9-52	40-44
ANNETTE HORSNELL(NZ)	8- 7-37	55-59
ILSE KIRSTEN(WG)	8-17-27	65-69
HEATHER MAY(NZ)	8- 2-22	70-74
SUSAN ELEANOR THOMSON(GB)	8- 7-32	60-64
CHRISTA VOSS(WG)	8-20-42	50-54
VALERIE YOUNG(NZ)	8-10-37	55-59
GEOFF BACON(RSA)	8-31-42	50-54
DICK BARTEK(SANTA BARBARA,CA)	8-10-32	60-64
LEE BLOUNT(ST. LOUIS,MO)	8-14-32	60-64
JOHN CLARKE(LOVELAND,COLO)	8-25- 7	85-89
DAVE DAVIS(SAN JOSE,CA)	8-20-37	55-59
HUBERT DUKE(LOS ANGELES,CA)	8- 0-22	70-74
GERALD ENGLAND(IN)	8- 5-32	60-64
STEVE FERRAZ(SAN FRANCISCO,CA)	8-11-47	45-49
JOHN GETAS(US)	8-11-22	70-74
VIC HECKLER(CHICAGO,IL)	8-10-42	50-54
ENRIQUE HELF(WG)	8- 9-32	60-64
BILL JAMES(WICHITA,KS)	8-28-22	70-74
CORDELL LINDSEY(LOS ANGELES,CA)	8- 0-32	60-64
THOMAS O'HORA(PITTSBURGH,PA)	8-26-42	50-54
P. PIPER(AUS)	8-10-27	65-69
HANS PROBST(WG)	8-24-32	60-64
GEORGE SCUTTS(GB)	8-14-17	75-79
CHUCK SOCHOR(PORTLAND,US)	8-16-27	65-69
RUDOLF TOMASEK(CZE)	8-11-37	55-59
GEORGE VANG(NOR)	8- 7- 2	90-94
ALBERTUS VAN ZYL(RSA)	8-13-22	70-74

NOW AVAILABLE

1991 U.S. Masters Outdoor T&F Rankings Book

- Men's and womens 1991 U.S. 5-year track & field age-group rankings.
- 56 pages, over 100-deep in some events.
- All T&F events, including 3000, 10,000, weight, relays; racewalks (1500, mile, 3000, 5000).

Send $5.00 plus $1.25 postage and handling ($5.00 foreign) to:

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TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. To keep information current, we generally do not publish results more than 4 months old. Results that are typed (maximum 28 spaces/2¼" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

EAST

Potomac Valley Seniors All-Comers

--May 3--

100m
Mort Diamond 60 14.8
Ed Simmons 49 14.8
John Martin 64 15.5

200m
Curtis Davis 34 26.8
Mort Diamond 60 30.1
Bob Weiner 45 30.3
Ed Simmons 49 30.5
M Zalenska W31 32.4

400m
Ralph Romain 59 55.2
Spencer Robinson 38 56.9
Spider Rossiter 40 60.6
Roger Barbee 45 67.1
Ed Simmons 49 70.0
Mort Diamond 60 71.0
John Martin 64 74.8
Renee Butler 31 78.0

800m
Mark McCabe 31 2:05
Chandra Chaudhari M31 2:18
James Moreland 39 2:25
Bob Weiner 45 2:27
J J Wind M42 2:30
Spencer Robinson 38 2:34

One Mile
Chandra Chaudhari M31 4:43
Curtis Davis 34 4:46
Spider Rossiter 40 4:56
James Moreland 39 5:01
Ted Poulos 30 5:26
Roger Barbee 45 5:30
Renee Butler 31 6:19
Joy Chambers 45 7:51
Chester Salkird 60 7:55

3000m
Chandra Chaudhari M31 9:53
Ted Poulos 30 9:59
James Moreland 39 10:10
George Guiley 43 11:07
Bob Weiner 45 12:42

110mH
Pat Crandall M41 16.6

High Jump
David Lide 32 6-1
Pat Crandall M41 5-7
John Martin M64 3-9

Shot Put
Mike Lauderdale 37 37-11
Clarence Larson 82 22-7
Janette Lott 50 20-¼
Bernie Kleinschmidt W70 19-9½

Discus
Claude Lott 47 129-4
Mike Mathew 49 111-8
Russ White 48 91-6
Mike McReynolds 52 81-10
Clarence Larson 82 54-2
B Kleinschmidt W70 49-9

Hammer
Mike Lauderdale 37 138-0

Javelin
Russ White 48 190-0
Clarence Larson 82 61-2
B Kleinschmidt W70 51-9

Weight
Mike Lauderdale 37 36-2

One Mile Racewalk
Valerie Meyer 33 8:52
Lois Dicker 52 9:04
Jane Hein 38 9:07
Bill O'Reilly 66 9:54
Paul Terry 64 10:09
Ed Goldstein 34 10:11
Paul Robertson 52 10:24

3000m Racewalk
Valerie Meyer 33 17:35
Paul Robertson 52 19:47
Paul Terry 64 19:57
Bill O'Reilly 66 20:26
Wayne Dexter 77 24:14

--May 10--

100m
Spencer Robinson 38 12.8
Bill Bergen 64 15.2
Pat Nesley W64 17.9
Carla Convery 72 21.3

200m
James Moreland 39 30.0
Bill Bergen 64 32.1
Lynn Davis W35 32.1
Pat Nesley W64 37.1
Carla Convery W72 52.4

400m
Karl Smith 33 55.0
Spencer Robinson 38 56.3
Bob Eaheart 45 63.3
James Moreland 39 63.7
Bernie Greene M48 67.5
J J Wind M42 70.2
Lynn Davis W35 71.7

800m
Mark McCabe 31 2:01.9
Chandra Chaudhari M31 2:12.0
Bob Eaheart 45 2:25.0
Bernie Greene M48 2:37.0
Lynn Davis W35 3:00.0

One Mile
Chandra Chaudhari M31 4:43
Steve Estevez 36 4:55
Brian Gregory 33 4:57
James Moreland 39 5:06
George Guiley 43 5:28
Ed Sears 49 5:34
Bob Eaheart 45 5:35
Rolland Elliott 56 6:08
Steve Clark 47 6:32
Joy Chambers 46 7:43

3000m
Chandra Chaudhari M31 9:38
Curtis Davis 34 9;39
Ted Poulos 30 9:50
Brian Gregory 33 9:51
J J Wind M42 10:13
James Moreland 39 10:28
Bernie Greene M48 10:33
E Bullinger M33 10:40
Steve Sedlacko 35 10:48
George Guiley 43 11:05

Shot Put
Mike Lauderdale 37 37-1
Phil Scudieri 56 34-9
Chas Pistorino Sr 69 33-6
Ned Curran 63 33-0
Pam Hinkle 32 24-9½
Kate DeAngelis 64 21-0
Sharon Good 59 20-6½
Clarence Larson 82 20-4½
Bernie Kleinschmidt W70 19-8½
Carla Convery 72 15-10

Discus
Phil Scudieri 56 131-9
Mike Mathew 49 113-8
Chas Pistorino Sr 69 100-11
Ned Curran 63 86-11
Pam Hinkle 32 67-7
Clarence Larson 82 54-9
Kate DeAngelis 64 53-3
Sharon Good 59 46-10
B Kleinschmidt W70 46-7
Carla Convery 72 37-7

Javelin
Phil Scuderi 56 121-5
Chas Pistorino Sr 69 93-5
Ned Curran 63 89-2
Clarence Larson 82 55-10
B Kleinschmidt W70 49-2
Carla Convery 72 39-9
Sharon Good 59 34-2

One Mile Racewalk
Bobby Briggs M35 6:55
Tracey Briggs W30 7:20
Bob Elliott 43 7:41
Jim Lemert 56 9:18
Nancy Whitney 56 9:19
Bill O'Reilly 66 9:47
Paul Robertson 52 10:14
Pat Nesley W64 10:24
Paul Terry 64 10:27
Clarence Larson 82 13:55

300m Racewalk
Tracey Briggs W30 14:15
Jim Lemert 56 17:55
Nancy Whitney 56 18:24
Bill O'Reilly 66 19:39
Paul Robertson 52 19:40
Paul Terry 64 19:46
Wayne Dexter 77 23:39

New Jersey TAC Masters Championships Long Branch; May 31

out-of-state entrants follow NJ residents
*some events postponed to later date because of rain

100m
M30 Leon Devero 11.4
Dean Lewis 11.6
Rich Alexander 12.2
M35 John Brooks 11.3
James Easter 11.6
Don McNeill 12.0
M40 Phil Felton 12.4
Geo Harrison 15.4
M45 Paul Henry 12.7
Rab Hagin 13.4
M50 Bob Williams 12.1
Frank Farkas 14.0
M55 Alex Johnson 13.2
John MacDonald 13.5
Leon Trout 13.9
M60 Jack Lance 14.5
Giorgio Chianelli 14.9
M70 Les Wright Sr 15.3
W30 Julie Wiedis 18.0
W35 Cheryl Alston 15.3
W40 Deborah McNish 17.7
Pat Goebel 20.1
W45 Johnnie HillHudgins 15.0

M30 Fred Feaster 11.4
M35 Gary Murgia 13.2
M45 Mike Augeri 12.7
Rich Jones 12.7
M55 Horace Stephens 14.9
W30 Louise Clark 13.6
W35 Marcia Hulse 13.4

200m
M30 Leo Morrissey 24.0
Derrick Roberts 25.2
M35 John Brooks 24.1
Jim Easter 24.9
Rockdale Hudson 24.9
M40 Phil Felton 26.0
Geo Harrison 35.3
M45 Paul Henry 26.6
Rab Hagin 30.3
M50 Nate Byrd 29.9
M55 Alex Johnson 28.0
John MacDonald 29.7
W35 Paula DicksonTaylor 34.5
W40 Deborah McNish 37.4

M30 F Feaster 33.9
M40 Noah Perlis 26.1
M45 Rich Jones 27.6
Mike Billman 27.7
M55 Dawson Pratt 27.4
Horace Stephens 31.9
W30 Louise Clark 29.7

400m
M30 Rich Alexander 56.2
M35 Jim Easter 53.6
M40 Phil Felton 57.7
Pete Reinhart 62.0
M45 Paul Henry 59.2
M50 Bob O'Brien 60.6
M55 John MacDonald 63.7
M70 Jim Manno 67.8
W40 Pat Goebel 98.3

M30 Fred Feaster 54.4
M35 Bob Walker 53.0
Adrian Sterrett 55.0
Tom Morrissey 57.0
M40 Noah Perlis 62.0
W30 Louise Clark 66.5
W40 Cathy Van Leuven 71.5

800m
M30 Gary Cox 2:18.8
Leo Morrissey 2:43.3
M35 Frankie Darden 2:26.6
M40 Ben Brockwell 2:13.5
Hoyle Mozee 2:21.6
Chris Monroe 2:22.4
M45 Andrew Halvorsen 2:50.6
M55 Irwin Bernstein 2:33.9
Dick Dedham 2:54.9
Paul Roedell 3:36.2
M60 Hal Smith 3:07.1
W35 Paula DicksonTaylo 3:09.4

M35 Bob Walker 2:09.5

1500m
M30 Peter Rollins 4:46.0
Leo Morrissey 5:14.5
Juvenal Rodriquez 5:17.7
M35 Carlos Alvarez 4:42.1
Barry Blake 5:02.9
M40 Pete Reinhart 4:56.8
David Faris 5:10.0

John Eddy 5:23.4
M45 John Kuhi 5:07.1
Bill Indek 5:10.2
M50 Dave Gerredge 5:03.2
M55 Mike McDonnell 5:37.4
Gene Chase 5:40.6
Paul Roedell 7:12.2
M75 Dudley Healy 9:21.1
W35 Paula DicksonTaylor 6:25.7
W40 Barbara Johnson 6:56.0
W45 Rita Rofe 6:29.8

M40 Ron Hodge 5:04.4

5000m
M30 Pete Rollins 16:29
John McFadden 16:54
Cliff Mimm 17:27
M35 Chris Peters 16:42
Neil Henry 22:04
M40 Frank Russo 16:56
Tom DeLisa 19:00
M45 Harry Nolan 16:18

M50 Stan Edelson 18:07
Jeff Martin 18:29
Armando Oliveira 18:34
M55 Gene Chase 19:22
M60 Hal Smith 23:19
Chris Pappas 24:32
M65 Bob Mimm 25:07
M75 Harry Drazin 25:26
W40 Barbara Johnson 24:45

M35 Joe Navarra 20:19

Short Hurdles
M30 Leon Devero 15.9
M40 Dawud Saleem 16.3
M45 Mike Hill 20.7
M55 Leon Trout 19.5
M60 Larry Pratt Sr 19.3

300mH
M55 John MacDonald 57.7
M60 Larry Pratt Sr 52.9

Hammer
M30 Mike Bersch 46.80m
M40 John Casamassima 42.03
Richard Smith 29.91
Ron Salvio 27.65
M45 John Loversidge 19.03
M60 Paul Soraparu 18.72
M75 Eugene Bradford 18.11
M80 Paul Narcessian 24.08

M60 Pay Carstensen 45.60
Ray Feick 34.50
M65 Lev Mozhaev 39.20

Weight
M30 Mike Bersch 9.94
M40 John Casamassima 11.52
Dick Smith 9.49
Ron Salvio 8.41
M45 Frank Monroe 10.80
John Loversidge 6.04
M60 Paul Soraparu 7.23
M75 Eugene Bradford 7.28

M60 Pay Carstensen 12.71
Ray Feick 11.32
M65 Lev Mozhaev 11.47
M75 Bob Detweiler 5.50

5000m Racewalk
M30 Cliff Mimm 23:09
Steve Pinto 28:32
M35 Frankie Darden 29:49
M40 Ray Funkhouser 21:07
Anthony Noerpel 26:53
M45 Jack Lach 29:35
M50 Bob Lynch 37:57
M65 Bob Mimm 38:34
M75 Harry Drazin 37:08
W40 Phyllis Hansen 27:43
Pat Weir 28:57
Donna Cetrulo 30:50
W45 Isabel Stuper 36:25

M65 Ray McKeeman 38:34
W50 Elton Richardson 29:53

MAC Masters Championships Randalls Island, NY; June 6

100m
M30 Fred Feaster 11.53
P. Williams 11.64
M35 D. Frederick 12.12
Ted Daher 12.42
Rock Hudson 12.87
J. Rodriquez 13.07
M40 Bill Overby 12.02
Phil Felton 12.35
Rob Jackson 12.38
M45 Joe Johnson 11.64
Ron Johnson 11.89
Ed Howard 12.43
M50 Gene Ballard 12.59
Bill Burrell 13.15
Carlos Vernon 13.30
M55 Cliff Pauling 13.32
Lloyd Henry 14.13
Jerome Capp 14.17
M60 Tom Brooks 14.04
M65 Manny Herscher 15.63
W30 Rose Gaeta 16.42
W35 Marcia Hulse 13.00
W40 Sharon Osborne 13.63
Jenny Pinto 13.71
Lavanya Chose 18.26
W45 Lorraine Tucker 13.59
Rochercke 17.04
O. Johnson 17.26

200m
M30 David Cherry 22.83
R. Biagioni 22.92
Fred Feaster 23.55
M35 D. Frederick 24.43
Ted Daher 25.57
M40 Ken Brinker 23.51
Lee Errol 24.19
Phil Felton 24.54
M45 Joe Johnson 23.66
Ron Johnson 24.02
Paul Henry 24.93
M50 Bill Burrell 25.25
Ed Small 25.34
Gene Ballard 26.71
M55 Richard Rizzo 26.03
Cliff Pauling 26.12
Phil Lino 28.86
M65 Manny Herscher 32.54
W30 Louise Clark 27.39
Rose Gaeta 33.93
W35 Marcia Hulse 26.57
W40 Sharon Osborne 27.76
Jenny Pinto 27.80
W45 Lorraine Tucker 28.73

400m
M30 David Cherry 51.12
Fred Feaster 51.15
M35 Robert Walker 53.63
Ernest Evans 1:06.12
M40 Ken Brinkee 51.95
Phil Felton 54.22
Noah Perlis 58.72
M45 Paul Henry 54.85
Joe Johnson 55,45
Mike Billman 59.81
M50 Bill Burrell 55.00
Ed Small 56.52
Jim O'Neill 58.32
M55 Cliff Pauling 57.86
Richard Rizzo 58.38
Tom Talbott 1:13.32
W30 Louise Clark 1:03.25
W40 Jenny Pinto 1:03.54
Cathy Vanleuven 1:09.47

800m
M30 Jeff Johnson 2:05.17
M35 John Williams 2:00.86
Miles Vaughn 2:02.52
Tom Morrissey 2:09.37
M40 Duane Green 1:59.40
Blake Mike 2:17.86
Joe Burlason 2:18.73
M45 Michael Wilson 2:11.28
M55 Cliff Pauling 2:20.05
Aneshan Sley 2:20.14
Irwin Bernstein 2:24.51
M60 Bill Fortune 2:38.51
M65 John McManus 2:40.02
W30 Joan Sterrett 2:30.74
S. Renee 2:30.74
W40 Cathy Vanleuven 2:35.27

1500m
M30 Alex Cuozzo 4:16.05
M35 John William 4:20.96
M40 Joe Burleson 4:41.86
M45 Mike Wilson 4:35.87
M50 Dan Hamner 4:52.89
M55 Ken Baker 4:46.91
M60 Bill Fortune 5:07.37
W40 Belinda Saundes 5:20.51
W45 Ann Makoske 5:30.62

3000m
M30 Tony Ruiz 9:25.83
M40 Joe Burleson 11:27.37
W35 P. BC'Asse 13:54.36

5000m
M30 Alan Kilfoyle 17:00.56
Larry King 17:54.60

110H
M40 Dawud Saleem 16.07
Curtis Pittman 17.67
Ivan Black 19.20
M45 Mike MiLove 18.12
M50 Dave Connoley 20.60
M55 Ralph Bacote 23.37
M60 Larry Pratt 16.71

400H
M40 Ivan Black 1:03.82
M45 Mike MiLove 1:07.17
M55 Ralph Bacote 1:27.61

High Jump
M30 Kasenchask 5-4
M40 Ivan Black 5-8
M45 John Harbulak 5-2
M50 Dave Connolly 4-8
M55 Ralph Bacote 4-8
M60 Larry Pratt 5-0
M65 Des Margetson 4-4
W40 Skipper Clark 4-10
W45 Michael Hill 4-8

Pole Vault
M40 Ron Salvo 9-0
M50 Norm Cyrpus 11-0
M60 Chas Stevenson 8-6
W40 Skipper Clark 5-0

Long Jump
M30 Joe Laffert 20-½
M35 Andy Miller 18-3 3/4
M40 Ivan Black 17-4 3/4
M45 Mike MiLove 18-3
M50 Carlos Vernon 14-3
M55 Ralph Bacote 11-9 3/4
M60 Chas Stevenson 12-10½
M70 Hillar Saareste 11-8¼
W40 Skipper Clark 13- 3/4
W45 Lorraine Tucker 13-10¼

Triple Jump
M30 Bill Johnson 40-½
M40 Ivan Black 36-9
M45 Mike MiLove 35-8½
M50 Jim O'Neill 31-0
M55 Ralph Bacote 26-5 3/4
M70 H. Saareste 24-8½
W30 Rose Gaeta 24-6¼
W40 Skipper Clark 23-5½

Shot Put
M40 Rich Dunphy 38-3½
M45 Ed Fox 33-8 3/4
M50 Jai Singh 28-2¼
M55 Morton Hahn 22-5¼
M60 Pay Carstensen 38-5½
M75 Bill Eipel 27-6
W45 J. Hill-Hudgins 29-10
W50 Roslyn Katz 25-5½
W55 Cirulnick 28-¼

Discus
M35 Andy Miller 112-10
M40 Weaver 107-10
M45 Ed Fox 97-0
M50 Norm Cyprus 127-1
M60 Pay Carstensen 105-1
M65 Manny Herscher 95-9
M75 Bill Eipel 63-3
W40 Skipper Clark 86-0
W45 Lorraine Tucker 76-0
W50 Roslyn Katz 72-7
W55 Ann Cirulnick 63-2

Hammer
M30 Mike Bersch 156-2
M40 John Casamassima 136-6
M50 Norm Cyprus 130-1
M60 A. Phillip 139-4
M65 Jim Crawford 105-7
M75 Bill Eipel 65-4
W50 Roslyn Katz 76-0
W55 Ann Cirulnick 68-11

Javelin
M35 Andy Miller 152-3
M40 Weaver 160-4
M45 Herb May 139-2½
M50 Jai Singh 85-11
M55 Morton Hahn 92-6
M60 Pay Carstensen 113-5
M75 Bill Eipel 73-11
W40 Skipper Clark 68-1
W45 Lorraine Tucker 89-7
W50 Roslyn Katz 63-10½
W55 Ann Cirulnick 47-8

3K Racewalk
M45 F. Pantoni 14:25.61
M50 Tom Roeder 15:24.02
M65 Gerry Rosea 20:10.48
W45 Helen Adelson 19:33.99
W50 Elton Richardson 17:24.65
W55 Mae Lewis 22:49.40

Adirondack Association/TAC Championships Albany, NY; June 20-21

100m
M30 Tom Jasinski 11.60
M35 Rockdale Hudson 12.30
John Dower 13.80
M45 Bob Dilwith 12.40
Mike Billman 12.70
M50 Gene Ballard 12.20
M55 Gus Franze 13.60
Bob Hassenger 14.70
M60+Jack Kendrick 13.90
W50 Barb Stewart 15.70

200m
M30 Tom Jasinski 23.80
M35 Rockdale Hudson 25.80
M40 Alen Taylor 25.50
M45 Mike Billman 26.10
Bruce Morrison 27.80
M55 Gus Franze 28.50
Bob Hassenger 29.40

400m
M45 Markus Heidelberg 54.50
Mike Billman 59.00
Bruce Morrison 60.80
M55 Gus Franze 67.10
M60+Jake Landes 83.40

800m
M30 Eric Amering 2:15.80
M35 Mark Schott 2:11.20
M40 Craig Sargent 2:19.30

1500m
M35 Mark Schott 4:34.30
M50 John Hurley 5:55.30
M55 Dick Haven 5:50.90
W35 T Blessington 6:03.30
W40 Paula Birmingham 6:47.00

3000m
W30 Nancy Nicholson 10:56.4
M35 MaryBeth Steffen 12:03.6
T Blessington 12:47.5
Rosemarie Klapp 13:33.0
M40 Julie Wilcox 12:29.1
Martha Degrazia 13;15.3
W50 Judith Maguire 13:27.3
Lois Smith 14:23.1
W55 BettyJean Sotile 19:30.7
W60+N Gerstenberger 13:26.6

5000m
M30 Tom Dalton 14:37.0
Rich Coughlin 15:11.0
Chris Buckley 15:45.0
M35 Rob Picotte 16:35.0
Rob Colborn 16:55.1
Steven Sweeney 17:57.0
M40 Ken Klapp 17:37.8
M45 Dennis Bonting 17:56.2
Bob Whitby 20:04.8
M50 Ken Skinner 19:04.5
M55 Dick Haven 21:21.1
M60+Bob Gavreau 19:32.0
Wim Westman 21:36.8

10,000m
M30 Mike Miller 36:44.5

Short Hurdles
M35 Roberto Vives 16.90
Anthony Torre 19.10

Long Hurdles
M35 Steve Mastaitis 67.50
Anthony Torre 67.60
M40 Dave Herrington 86.00
M60+George Freeman 59.00

High Jump
M30 Gary Preece 5-8
M40 Alan Taylor 5-0

Pole Vault
M30 Dan Kennedy 12-0
Doug Ribley 12-0
Wayne Bequette 11-0
M40 Tom Rauscher 13-0
M50 Ed Gallagher 7-6
W50 Barb Stewart 5-6

Long Jump
M35 Rockdale Hudson 5.53m
David Ricks 4.94
M55 Dillion Maier 4.36
Louis Capano 4.10
Bob Smullens 3.20
W50 Barb Stewart 4.00

Triple Jump
M55 Bob Smullens 20-7

Shot Put
M45 Frank Monroe 9.88m
M55 Louis Capano 10.42
Dillon Maier 8.69
W50 Barb Stewart 6.63

Discus
M45 Frank Monroe 31.60
M55 Louis Capano 30.72
Dillon Maier 24.76

Continued on next page

Continued from previous page

Hammer
W50 Barb Stewart 17.80
Javelin
M55 Louis Capano 28.42
Bob Smullens 21.84
Dillon Maier 19.58
5000m Racewalk
M45 Ed O'Connor 27:53.2
Richard Incremona 29:10.3
M60+Bill Hogan 36:14.0

Niagara TAC Championships
Buffalo, NY; June 20

Meet Record

100
M30 Willie Price 11.6
M40 Mike Nedd 12.4
M40 A. LaFramboise 12.8
M45 Sam Hall 12.6
M45 Bob Micho 12.7
M45 Jack Lyda 12.9
M55 Andrew Branch 12.7
M55 Harvey Boles 14.4
M60 Ted Swanson 13.5
M60 Ken Morris 14.6
M65 Andrew Thomson 14.2
M65 Robert Metzner 17.5
200
M30 Willie Price 24.3
M30 Ken Switnicki 26.3
M30 Duncan Payne 26.7
M40 Mike Nedd 25.1
M40 A. LaFramboise 25.9
M45 Robert Zimmerman 24.7 *
M45 Sam Hall 25.4
M45 Bob Micho 25.8
M45 Paul Stelmaszyk 26.7
M45 Jack Lyda 27.3
M50 Chuck La Chiusa 25.4 *
M55 Andrew Branch 25.9
M60 Ted Swanson 28.7
M60 Ken Morris 34.1
M65 Andrew Thomson 29.8 *
400
M30 Ken Switnicki 59.2
M35 Horace Hudson 53.8
M40 Mike Nedd 56.2
M45 Robert Zimmerman 55.5 *
M45 Bob Micho 56.8
M45 Paul Stelmaszyk 59.2
M45 Jack Lyda 59.3
M45 Lancelot Alcindor 1:01.2
M60 Ted Swanson 1:17.7
M60 Ken Morris 1:18.8
800
M30 Peter DiPirro 2:16
M35 Horace Hudson 2:18.9
M45 Larry Callahan 2:38.7
1500
M30 Duncan Payne 5:10
M40 Doug Smith 5:00.7
M40 Larry Giles 5:28.5
110 Hurdles
M30 Dan Glushetski 17.5
100 Hurdles
M65 Andrew Thomson 19.2
300 Hurdles
M60 Ken Morris 1:07.8
M65 Andrew Thomson 53.1
Long Jump
M30 Willie Price 19-10
M30 Ken Swinicki 16-5
M30 Duncan Payne 13-5
M35 Mikar Sayers 15-10
M40 Kevin Donovan 16-0
M45 Joe Orsini 9-11
M55 Ronald Peoples 14-0
M55 Harvey Boles 12-11
M60 Ted Swanson 13-10
Triple Jump
M30 Willie Price 40-3
M35 Mike Sayers 31-2
M40 Dick O'Riley 37-4
M55 Harvey Boles 29-7 *
M55 Ron Peoples 29-2
M60 Ted Swanson 27-7
High Jump
M40 Kevin Donovan 5-2
M55 Harvey Boles 4-0
M60 Ted Swanson 4-0
M65 Andrew Thomson 4-2
M65 Robert Metzner 3-4
Pole Vault
M35 Mike Sayers 9-6
M40 Kevin Donovan 12-0
M40 James Kelly 10-0
M55 Harvey Boles 8-6
M60 Ted Swanson 5-9 *
Shot Put
M30 Paul Kittell 33-3
M35 Ray Bzibziak 33-10
M35 Mike Sayers 28-7
M40 Gordon Almes 34-6
M40 Jim Alexander 31-5
M45 John Kasperski 38-11
M45 Arlie Schwan 31-10
M45 Joe Orsini 26-5
M55 Chuck Yost 36-8
M55 Harvey Boles 27-8
M60 Richard Holloway 36-1
M65 Bill Russo 27-0
Discus
M30Paul Kittell 121-0
M30 Ken Switnicki 92-11
M30 Duncan Payne 71-7
M35 Mike Sayers 95-1
M35 Ray Bzibziak 92-11
M40 Jim Alexander 99-3
M40 A. LaFramboise 95-6
M40 Dick O'Riley 87-10
M45 John Kasperski 119-9 *
M45 Arlie Schwan 97-2
M55 Chuck Yost 100-4
M55 Harvey Boles 90-8
M60 Richard Holloway 132-7 *
M65 Bill Russo 97-8
M65 Robert Metzner 60-1
Javelin
M30 Paul Kittell 139-1
M30 Steven Antes 164-11
M30 Ken Switnicki 129-6
M30 Duncan Payne 96-3
M35 Mike Sayers 157-7
M35 Tom Wood 144-11
M40 A. LaFramboise 143-10 *
M40 Dick O'Riley 122-4
M45 John Kasperski 114-4 *
M45 Joe Orsini 10-8
M55 Harvey Boles 92-0
M60 Richard Holloway 133-4
M60 Ken Morris 82-11
20# Heavy Weight
M30 Paul Kittell 51-9
M45 John Kasperski 58-7
M60 Richard Holloway 40-9
100
W30 Deborah Eckhardt 18.7
W35 Sylvia Kapturowski 16.5
W45 Jo Cross 14.4 *
W50 Barbara Stewart 17.9
W55 Dortha Swanson 15.5 *
W55 Edna Hyer 18.6
200
W35 Sylvia Kapturowski 35.9
W45 Pamela Duncan 29.3 *
W45 Jo Cross 29.7
W55 Dortha Swanson 38.7 *
W55 Edna Hyer 39.3
400
W35 Sylvia Kapturowski 1:24
W45 Jo Cross 1:07.2 *
W45 Pam Duncan 1:07.5
W60 Ruth Carrier 1:28 *
800
W35 Irene Thompson 2:47
W45 Georgie Gillis 2:55.1 *
W50 Judy Willmott 3:02 *
W60 Ruth Carrier 3:26.2 *
1500
W45 Georgie Gillis 5:45.7
3000
W45 Georgie Gillis 12:36.5
10,000
W35 Donna Sayers 54:48.4
Long Jump
W35 Irene Thompson 14-3
W35 Donna Sayers 10-4
W45 Jo Cross 13-2 *
W55 Dortha Swanson 9-5 *
Triple Jump
W35 Donna Sayers 22-2 *
W55 Dortha Swanson 20-11*
High Jump
W30 Deborah Eckhardt 3-4
Shot Put
W30 Deborah Eckhardt 23-3
W35 Irene Thompson 25-6
W35 Sylvia Kapturowski 20-10
W35 Nancy LaChiusa 19-11
W50 Barbara Stewart 22-4
W55 Dortha Swanson 26-6 *
W60 Mary Thomson 21-1
Discus
W30 Deborah Eckhardt 72-4 *
W35 Nancy LaChiusa 62-11
W35 Sylvia Kapturowski 60-0
W50 Barbara Stewart 51-7
W55 Dortha Swanson 61-0
W55 Edna Hyer 59-10
W60 Mary Thomson 52-7
16# Heavy Weight
W55 Dortha Swanson 32-0 *
W60 Mary Thomson 26-4
20# Heavy Weight
W30 Deborah Eckhardt 23-11*
W35 Nancy LaChiusa 23-2 *
W55 Dortha Swanson 24-10
Javelin
W30 Deborah Eckhardt 68-8
W35 Irene Thompson 66-8
W35 Donna Sayers 61-8
W35 Nancy LaChiusa 34-3
W50 Barbara Stewart 53-11
W55 Edna Hyer 58-2 *
W55 Dortha Swanson 54-11
W60 Mary Thomson 43-10
W55 Dortha Swanson 54-11
W60 Mary Thomson 43-10

Philadelphia Masters Track Meet
Philadelphia, PA; June 27

100m (non-triathlon)
M30 Tim Robinson 12.2
M35 Ron Manion 11.5
Leroy Galloway 11.9
M40 Phil Felton 12.1
H. Ali Johnson 12.2
Karl Castor 12.3
John Borden 13.2
M45 Paul Henry 12.0
D. Strong 13.1
Rab Hagin 13.8
M50 Jim Hodge 13.9
M55 Dawson Pratt 12.8
Larry Goldenberg 15.7
Noah Marshall 17.2
M75 Garfield Schoener 15.9

200m (non-triathlon)
M30 Bill Austin 22.8
Elmore Linnie 23.8
M35 Ron Manion 23.8
M35 Greg Hanson 27.6
M40 Phil Felton 24.7
Karl Castor 24.9
Bill Bixler 26.3
M45 Paul Henry 24.8
Rab Hagin 29.2
M50 Jim Hodge 28.4
M55 Dawson Pratt 26.1
W30 Donna Morris 31.2

400m
M30 Bill Austin 49.6
Lee Pease 57.4
Tom Yunker 1:02.5
M35 Ron Manion 52.6
Jack Walsh 58.5
Jack Mroz 1:02.2
M40 Phil Felton 53.9
Karl Castor 54.7
Bill Bixler 56.9
M45 Paul Henry 54.1
Rab Hagin 1:00.0
B. Street 1:07.7
M50 Bob O'Brien 1:00.3
Bob Fuhrman 1:02.3
R. Sheftel 1:15.7
M55 Dawson Pratt 1:00.2
M65 Oscar Harris 1:13.2
W30 Donna Morris 1:07.8
W40 Diane McManus 1:32.7

800m
M30 Bill Mariski 2:03.3
Tom Yunker 2:30.4
M35 Joel Hoffsmith 2:04.8
Miller Allen 2:09.0
Joe Kern 2:11.5
C. Price 2:15.2
Steffen Knight 2:26.5
Jack Mroz 2:26.9
M40 Gary Tompkins 2:15.7
Jim Yester 2:22.2
Ben Draper 2:31.7
M45 George Sanders 2:25.4
Gregg Atzert 2:25.7
M50 Jerry McFadden 2:27.1
Bob Ross 2:35.7
R. Sheftel 2:58.7
M55 Bill McClellan 2:46.4
Noah Marshall 3:05.8
W40 Diane McManus 3:34.0

1 mile
M30 Bill Mariski 4:25.2
Joe Wesolowski 4:26.0
G. Spillane 5:36.7
M35 Joe Kern 4:40.4
Joel Hoffsmith 4:43.3
C. Price 4:47.4
Greg Hanson 5:19.9
M40 Gary Tompkins 4:42.0
Doug Mayers 4:46.6
Phil Yoder 4:47.0
Stu Madres 5:11.5
Ben Draper 5:16.7
Kyle Mecklenborg 5:44.2
Jim Thornton 6:00.0
M45 Gregg Atzert 5:17.0
George Sanders 5:26.4
M50 George Linn 5:34.6
R. Sheftel 6:25.5
M55 George Jackson 5:51.7
Bill McClellan 6:08.0
M60 Jim Sutton 5:07.1
Paul Gorka 6:27.7
Stan Cherim 6:29.6
M65 Don Mitchell 6:58.9
Marvin Levy 9:54.7
W40 Diane McManus 7:13.5
W45 Joan Ickler 7:14.9
W50 Ronni Levy 7:44.8

3000 run
M30 Joe Wesolowski 9:00.1
Scott Lash 10:13.5
M35 Joe Bacso 11:11.5
Miller Allen 11:39.7
M40 Phil Yoder 9:34.1
D. Mayers 10:01.8
Stu Madres 10:09.8
Kyle Mecklenborg 11:41.2
Jim Thornton 12:37.2
M45 Carl Grossman 11:55.8
M50 Grant Krow 11:40.5
R. Sheftel 13:33.8
M65 Don Mitchell 14:10.4

triple jump
M40 Bob Beale 12.39
M60 George Taylor 6.94

3000 racewalk
M55 Ed Merrill 17:29.2
Ellis Lesack 19:18.1
M65 Ed Gawinski 16:37.7
Ray McKeeman 22:20.0
Al Hedrick disq.
M75 George Braceland 21:54.1
W35 Robin Kershaw 20:27.9
W40 Jessica Krow 17:12.5

Rapid Triathlon (100m, long jump, 200m)*

		100	%	lj	%	200	%	score
Gold Division (70+) Men								
Claude Hills	80	17.0	82.6	3.29	73.8	38.3	77.9	234.3
Blue Division (30-69) Women								
Lorraine Tucker	45	13.5	87.4	4.53	74.3	28.1	86.0	247.7
N. Ammermuller	61	16.0	81.6	3.18	65.4	35.1	78.3	225.3
Lisa Lockley	34	14.4	77.6	4.74	67.9	30.0	75.0	220.5
Blue Division (30-69) Men								
Jim Stookey	62	13.4	88.0	5.34	91.6	26.9	91.4	271.0
Alex Johnson	59	12.9	89.5	4.86	79.8	26.6	90.2	259.5
Ed Cox	64	13.3	90.0	4.05	71.6	27.9	89.6	251.2
William Corsey	43	12.1	87.5	5.86	78.1	26.0	82.5	248.1
Bob O'Brien	52	13.2	83.9	4.95	74.0	27.5	82.8	240.7
Woody Disharoon	43	12.5	84.7	5.49	73.2	26.4	81.3	239.2
Dave Connolly	51	13.2	83.5	4.36	64.3	27.8	81.3	229.1
Oscar Harris	68	14.8	83.5	3.37	63.1	31.9	81.4	228.0
Walker Pierson	69	14.6	85.4	2.91	55.2	30.6	85.7	226.3
Bill Krieger	40	12.2	85.6	4.13	53.2	25.2	83.7	222.5
Jim Shea	43	13.4	79.0	4.91	65.5	27.8	77.2	221.7
Taylor Tunstall	42	13.4	78.7	4.90	64.6	28.0	76.2	219.5
Warren Fisher	36	12.6	81.3	4.58	56.5	25.3	81.4	219.2
C. Henry	30	12.1	82.6	4.88	56.7	26.2	76.1	215.4
Phil McCloskey	60	14.8	78.6	3.28	54.7	30.8	78.5	211.8
George Taylor	61	15.5	75.5	3.72	62.9	34.6	70.5	208.9
Tim Street	31	11.3	88.8	4.53	53.1	dnf	----	141.9

* Scored using single-age standards from Masters Age-Graded Tables, 1989 ed.

SOUTHEAST

Southeastern Masters Meet
Raleigh, NC; May 1-3

100m
M30 William Montague 12.03
M35 Haywood Ray 11.40
M40 Nate Robinson 11.49
Joe Mack 11.84
Ed Anthony 12.03
Dave Edwards 12.61
M45 Thad Bell 11.72
Mike Augeri 12.14
Ralph McCay Jr 12.40
Ed Watson 13.13
M50 Al Williams 12.04
Ervin Mitchell 12.42
Hou-Min Chang 13.99
M55 Cliff Pauling 13.56
Doug Alberts 14.24
Phil Plant 14.57
M60 James Stookey 13.30
Dick Barger 14.23
Ken Morris 14.34
Bill Bergen 14.51
M65 Jim Law 13.03
John O'Neil 13.67
Ray Bower 13.75
Joe Rogers 13.99
M70 Ed Matthews 14.29
Tom Kennell 14.81
Vern Mattson 15.70
M75 Bill Weinacht 14.73
W35 Sandra Austin 14.89
W40 Jennifer Pinto 14.00
Donna Settles 14.28
W50 Joy MacDonald 15.15
Essie Kea 15.94
Ann Carter 16.46
Jeannie McKeigan 19.39
W60 Betty Vosburgh 15.48
Leonore McDaniels 16.55
Pat Nesley 17.06
Peggy Bliss 18.38

200m
M30 Jessie Dingle 24.89
M35 Bernard Gant 24.83
Chas Jordan 25.05
M40 David Goodridge 24.81
Joe Mack 24.85
Ed Anthony 26.05
Tom Little 26.18
M45 Thad Bell 24.47
Mike Augeri 25.58
Ralph McCay Jr 25.95
M50 Al Williams 25.06
Ervin Mitchell 26.74
Bob O'Brien 27.75
Hou-Min Chang 29.46
M55 Cliff Pauling 27.17
Doug Alberts 29.15
Phil Plant 29.59
M60 Ferris Portner 29.69
Dick Barger 30.75
Bill Bergen 31.31
Russ McDaniels 32.76
M65 Jim Law 26.96
Joe Rogers 29.06
Ray Bower 29.22
Rudy Valentine 29.85
Harold Johnson 30.51
M70 Ed Matthews 29.51
Tom Kennell 31.13
M75 Bill Weinacht 30.75
Ralph Birhcard 42.45
W40 Jennifer Pinto 28.00
Donna Settles 28.21
W50 Joy MacDonald 31.01
Jeannie McKeigan 45.87
W60 Betty Vosburgh 33.67
Pat Nesley 36.0h
Peggy Bliss 41.47
M65 Pat Peterson 35.98
M70 Elga Meri 39.3h
Carla Convery 48.15

400m
M30 Jesse Dingle 53.07
M35 Bernard Gant 54.80
Chas Jordan 54.82
M40 David Goodridge 55.54
Tom Little 57.07
M45 Jerry Fussell 63.66
M50 Al Williams 55.60
Bob O'Brien 60.51
Wm Jeffrey 64.79
M55 Cliff Pauling 60.06
Phil Plant 70.76
M60 Ferris Portner 65.97
Ken Morris 81.48
M65 Jim Law 64.11
Harold Johnson 67.93
Rudy Valentine 69.11
Oscar Harris 74.14
M70 Ed Matthews 96.42
W30 Fonda Moore 98.30
W35 Jayne Jae Decatur 68.37
M40 Donna Settles 64.99
Jennifer Pinto 65.48
W50 Barbara Latta 1:40.47
Jeannie McKeigan 1:53.22
W60 Peggy Bliss 97.71
W65 Pat Peterson 94.43

800m
M30 Jesse Dingle 2:05.66
Reginald Henderso 2:12.68
David Martin 2:19.30
M35 Chas Jordan 2:13.05
Bernard Gant 2:21.93
Les Windley 2:24.01
M40 Kirk Maness 2:08.88
M45 Jerry Fussell 2:28.77
M50 Max Hamlyn 2:27.29
M55 Cliff Pauling 2:23.08
Rolland Elliott 2:29.09
Ed Harris 2:30.38
M65 Milt Bliss 3:05.11
Harold Stephens 3:21.69
M75 Dudley Healy 3:22.51
W50 Barbara Latta 3:53.31
W60 Peggy Bliss 3:45.69
W65 Dorly Brechbuehl 3:32.97

1500m
M30 Anthony Boerio 5:17.45
Bill McAmis 5:24.4h
M40 Kirk Maness 4:16.08
M50 Max Hamlyn 5:09.94
Wm Jeffrey 5:23.78
M55 Cliff Pauling 5:14.81
Rolland Elliott 5:19.95
M60 David MacKenzie 6:45.57
M65 Roland Anspach 6:07.48
Milton Bliss 6:12.80
Harold Stephens 6:35.57
M70 Bob Abarno 8:20.34
M75 Dudley Healey 6:39.22
W35 Linda Washington 6:51.32
W45 Anna Moore 6:00.23
W50 Jeannie McKeigan 8:10.79
W60 Peggy Bliss 7:38.84
W65 Dorly Brechbuehl 6:55.27

3000m
M30 David Martin 10:39.19
Anthony Boerio 11:43.56
M35 Bob Peterson 10:35.39
M40 Jerry Parrish 11:37.48
M45 Jack Bacheler 9:33.41
M50 Max Hamlyn 11:10.49
M55 Ed Harris 11:17.51
M60 David MacKenzie 14:24.27
M65 Harold Stephens 14:06.73
Eldridge Lloyd 14:48.69
W45 Anna Moore 12:38.16
W65 Dorly Brechbuehl 14:53.89

5000m
M35 Bob Peterson 18:19.1
M40 Jerry Parrish 20:35.6
M45 Dane Freeman 19:13.9
M55 Adrian Craven 18:36.8
M60 H L Swanson 23:17.8
M65 Roland Anspach 21:55.3
Harold Stephens 24:33.9
Eldridge Lloyd 30:27.1
M75 Dudley Healey 24:06.7
W45 Anna Moore 21:54.8

Short Hurdles
M30 Mark Monti 15.39
M35 Dave Beshears 19.78
Phil Berry 20.10
M40 Nate Robinson 14.91
M45 Wm Busby 19.06
M55 Doug Alberts 17.79
Jack Gilmore 20.99
M60 Larry Pratt Sr 16.46
M65 Denver Smith 18.26
Andrew Thomson 19.66
Fred Hirsimaki 20.85
M70 Tom Kennell 16.61
W50 Ann Carter 18.56
W60 Leonore McDaniels 19.65
W65 Pat Peterson 21.04

Long Hurdles
M30 Trace Barnette 64.59
M35 Phil Berry 71.84
M45 Wm Busby 73.05
M50 Harold Holder 74.35
M55 Doug Alberts 77.89
M60 Larry Pratt Sr 50.90
Ken Morris 66.33
M65 Andrew Thomson 55.11
Fred Hirsimaki 60.40
W60 Leonore McDaniels 70.55
W65 Pat Peterson WR76.90

Steeplechase
M30 Bill McAmis 13:44.8
M35 Al Everhart 10:27.1
M40 Ron Salvio 12:26.3
Jerry Parrish 13:31.6
M50 Wm Jeffrey 14:06.7
Harold Holder 15:27.3
M65 Roland Anspach 9:39.1

High Jump
M30 Jonathan Orcutt 1.90m
M40 Jim Murphy 1.66
Johnnie Dye 1.48
M45 Wm Busby 1.42
Geo Cliette 1.42
M50 Nate Carter 1.38
M55 Glenn Yoder 1.48
Doug Alberts 1.38
Jack Gilmore 1.38
M60 Larry Pratt Sr 1.38
Russ McDaniels 1.24
M65 Ed Holmes 1.38
Fred Hirsimaki 1.32
Andrew Thomson 1.27
Norb Weckstein 1.12
M70 Harry Allen Jr 1.16
M75 Francisco Colon 1.24
Glin Casey 0.96
W50 Brenda Bloomfield 1.12
W60 Leonore McDaniels WR1.24
Betty Vosburgh 1.12

Pole Vault
M40 Chas Strode 4.42
Johnnie Dye 3.80
Ron Salvio 2.88
M45 Wm Busby 3.80
Wm Eubanks 2.88
M60 Don Grey 2.28
M65 Denver Smith 2.74
Fred Hirsimaki 2.62

Long Jump
M40 Jim Murphy 5.16
John Nicholas 4.56
M45 Ralph McCay Jr 4.64
Geo Cliette 3.94
M50 Bob O'Brien 5.04
H D Holder 4.24
M55 Glenn Yoder 4.00
M60 Jim Stookey 4.74
Ken Morris 3.72
Russ McDaniels 3.38
M65 Ed Holmes 4.20
Joe Rogers 4.12
Oscar Harris 4.06
Fred Hirsimaki 4.02
M70 Tom Kennell 4.26
Vern Mattson 4.14
Harry Allen Jr 3.02
M75 Francisco Colon 3.60
W50 Ann Carter 3.46
W60 Betty Vosburgh 3.02
W65 Bernice Holland 3.06

Triple Jump
M30 Trace Barnette 13.11
M40 Jim Murphy 10.38
M50 Nate Carter 10.85
Mike Valle 9.55
M55 Glenn Yoder 8.78
Rusty Hamilton 8.20
M60 Jim Stookey 10.24
Russ McDaniels 7.15
M65 Denver Smith 9.69
M70 Tom Kennell 8.64
Vern Mattson 8.61
Ed Matthews 8.10

Shot Put
M30 Al Russo 11.84
M35 Peter Collins 11.54
M40 John Roehr 12.64
Cal Nordt 11.70
Ed Nicholas 11.68
Jonathan Wells 10.54
M45 Tom Cesar 11.90
Lem Clayton 10.68
Geo Cliette 8.24
M50 Mike Valle 11.60
Corbin Peterson 9.18
M55 Tim Tomey 11.12
M60 Len Olson 12.66
Wm Garrahan 11.60
Darwin Newton 10.72
Ned Curran 10.34
M65 Don Reid 11.06
Ed Holmes 10.38
Wm Waugh 8.24
M70 Gordon Nordgren 9.61
Fred Geiter 9.20
John Baptist 8.88
Carl Bock Jr 8.52
M75 Jack Wood 8.36
Glin Casey 7.80
M80 Gordon Powell 6.54
W50 Brenda Bloomfield 7.70
M55 Sharon Good 5.76
W65 Bernice Holland AR8.70
Harriett Boyd 6.58
Jimmie Reid 6.16
W70 Elga Meri 6.86
W75 Betty Jarvis 5.38

Discus
M30 Al Russo 36.72
Trace Barnette 33.80
M40 Ed Nicholas 35.66
John Roehr 35.44
Jonathan Wells 31.56
Glen Weaver 30.36
M45 Lem Clayton 31.14
Geo Cliette 25.06
M50 Mike Valle 38.54
C J Peterson 29.00
M60 Len Olson 45.70
Wm Garrahan 41.20
Ned Curran 29.90
Don Grey 27.36
M65 Ed Holmes 36.04
Don Reid 35.06
Denver Smith 34.44
Wm Waugh 27.28
M70 J J McCarthy 31.10
Gordon Nordgren 30.92
Carl Bock Jr 28.29
J P Baptist 25.16
M75 Francisco Colon 30.26
J E Wood 21.70
G D Casey 18.72

Continued on next page

Continued from previous page

M80 Gordon Powell 21.54
W30 Elena Goldberg 33.84
W55 Sharon Good 12.10
W65 Bernice Holland AR25.60
Harriett Boyd 18.82
Jimmie Reid 15.38
W70 Elga Meri 20.64
W75 Betty Jarvis 16.88

Hammer
M30 Al Russo 18.52
M35 Peter Collins 41.26
M40 John Roehr 35.00
M45 Lem Clayton 24.44
M50 Mike Valle 38.84
Dick Bloomfield 38.40
C J Peterson 22.38
M55 Tim Tomey 38.60
M60 Len Olson 39.06
Ned Curran 21.96
M65 Don Reid 30.76
M70 Gordon Nordgren 26.16
Carl Bock Jr 17.68
M75 Nolan Fowler 30.12
Jack Wood 20.32
M80 Gordon Powell 16.36
W30 Elana Goldberg 28.00
W50 Brenda Bloomfield 30.16
W65 Harriett Boyd 18.84
Jimmie Reid 16.48
W75 Betty Jarvis AR17.80

Javelin
M30 Jim Draine 64.14
Al Russo 35.04
M40 Nate Robinson 50.96
Glen Weaver 46.68
John Roehr 29.72
M45 Geo Cliette 27.88
M50 C J Peterson 20.70
M55 Bill Duckworth 52.54
M60 Len Olson 35.16
Wm Garrahan 33.86
Ned Curran 28.08
Don Grey 25.12
M65 Don Reid 28.58
M70 Gordon Nordgren 34.32
J J McCarthy 26.84
Carl Bock Jr 23.60
John Baptist 23.48
M70 Gordon Nordgren 33.20
M75 Francisco Colon 32.80
Jack Wood 26.06
M80 Gordon Powell 12.58
W55 Sharon Good 11.60
W65 Bernice Holland AR25.16
Jimmie Reid 15.22
Harriett Boyd 14.36
W70 Elga Meri 24.24
Carla Convery 12.62
W75 Betty Jarvis 13.36

Weight
M30 Al Russo 8.12
M40 John Roehr 11.60
M45 Lem Clayton 8.66
M50 Dick Bloomfield 12.64
Mike Valle 10.26
C J Peterson 7.02
M55 Tim Tomey 11.20
M60 Len Olson 12.24
Ned Curran 8.08
M65 Don Reid 10.12
M70 Gordon Nordgren 6.48
M75 Nolan Fowler 9.58
Jack Wood 5.74
M80 Gordon Nordgren 6.06
W50 Brenda Bloomfield 10.48
M75 Betty Jarvis 6.22

56# Weight
M40 John Roehr 6.88
M50 Dick Bloomfield 7.58
Mike Valle 5.80
M55 Tim Tomey 6.72
M60 Len Olson 4.90
Ned Curran 3.58
M65 Norb Weckstein 2.94
M75 Jack Wood 2.28

Pentathlon(LJ/JT/200/DT/1500)
M35 David Beshears 38 2407
(5.74/40.22/26.35/32.16/5:24.4)
M40 G Roebuck II 41 1698
(4.42/40.60/29.85/28.78/5:58.6)
Neal Schuster 44 1663
(4.28/33.96/29.45/22.18/5:18.6)
M45 George Cliette 48 1315
(4.26/35.04/30.73/24.66/6:40.7)
M50 David Ayers 50 2073
(4.88/35.94/27.93/29.38/5:11.5)
Nate Carter 52 1918
(4.80/35.30/27.62/33.70/6:01.8)
Mike Valle 51 1833
(4.62/37.34/29.14/36.34/6:10.3)
M55 Jack Gilmore 57 1564
(4.50/32.78/31.64/32.58/6:02.9)
M60 Ken Morris 62 1009
(3.92/28.54/31.2h/21.70/7:07.9)
Don Grey 64 830
(3.32/25.44/36.5h/28.06/7:09.3)
M65 Denver Smith 66 1541
(4.94/34.12/29.2h/30.64/7:10.4)
William Daprano 65 1461
(4.48/35.26/29.2h/31.18/7:24.1)
Oscar Harris 68 1055
(4.20/23.02/30.4h/22.60/6:58.1)
M70 John McCarthy 70 874
(3.28/25.66/34.5h/26.96/6:56.4)
M75 Francisco Colon 75 1064
(4.10/33.64/34.0h/28.10/dnf)
W60 Leonore McDaniels64 851
(4.14/12.24/35.2h/15.80/9:21.6)

Weight Pentathlon
(SP/HT/DT/JT/WT)
M30 Al Russo 31 2016
(11.84/18.52/36.72/32.60/7.60)
M35 Jeff Baty 37 2821
(11.94/36.20/38.78/48.08/12.40)
M40 John Roehr 44 2465
(12.64/35.00/35.44/29.72/11.60)
Glen Weaver 44 2092
(7.34/33.64/30.24/43.88/9.32)
M45 Lemuel Clayton 45 1936
(10.68/24.44/31.14/29.66/8.66)
M50 Mike Valle 51 2481
(11.60/38.84/38.54/32.64/10.26)
C J Peterson 50 1528
(9.18/22.38/29.00/20.70/6.56)
M55 Tim Tomey 57 2255
(11.12/38.60/29.18/28.14/11.20)
M60 Len Olson 60 2839
(12.48/39.06/45.70/35.16/12.24)
Ned Curran 63 1742
(10.30/21.96/27.52/28.08/7.92)
M65 Don Reid 68 2103
(10.58/30.76/35.06/27.98/9.16)
Norb Weckstein 68 1354
(8.78/14.90/24.54/20.10/7.30)
M70 Gordon Nordgren 73 1805
(9.58/26.16/29.84/34.32/6.48)
M75 Jack Wood 79 1335
(8.36/20.32/21.70/25.96/5.74)
M80 Gordon Powell 82 1010
(6.54/16.36/21.54/12.58/6.06)
W60 Betty Vosburgh 60 1331
(6.58/12.46/18.97/21.18/6.60)
W75 Betty Jarvis 76 1144
(5.38/17.80/16.88/13.28/6.22)

5000m Track Racewalk
M35 Alvia Gaskill Jr 27:04.8
Frank Miner 27:55.3
M40 Ray Funkhouser AR22:19.7
George Fenigshohn26:18.1
Jerry Parrish 27:48.2
M45 Norm Fragle 25:59.8
Bob Baker 33:02.8
M50 Ray McKinnis 27:18.5
Wm H Chelf 27:37.4
Rod Anderon 27:40.5
M55 Ron Chandross 34:49.8
M60 Andrew Briggs 30:18.2
Ken Long 31:50.4
Clind Edwards 33:53.4
M65 Eldridge Lloyd 36:10.2
John Snaden 36:31.2
M70 Cokkey Daman 30:03.4
M75 Bill Patterson 33:15.8
Don Johnson 37:14.4
W30 Micheline Daneau 25:27.1
W35 Ellen Marshall 27:32.6
Susanne Edwards 33:08.1
W45 Suzanne Stansfiel28:47.6
Kathy Frable 29:39.0
W50 J P McKeigan 30:40.1
W55 Nancy Whitney 31:18.0
Carolyn Johnson 32:34.6
W60 Pat Nesley 33:22.7
Marie Betts 37:34.5

10K Road Run
M35 Zeph Putnam 35:59
Robert Peterson 39:11
M45 Thomas Hare 35:50
Tom Lada 42:51
M50 Max Hamilton 42:33
M55 Ed Harris 42:27
M65 Roland Anspach 48:01
M75 Dudley Healy 54:33
W45 Anna Moore 46:44
W50 J P McKeigan 68:24
W60 Peggy Bliss 58:30

20K Roadwalk
M30 Cliff Mimm 1:41:00
M35 Alvia Gaskill Jr 1:59:55
M40 Phil McGaw 1:46:29
M45 Alan Price 1:51:51
Norm Fragle 1:56:32
M50 Tom Zdrojewski 2:05:00
Ray McKinnis 2:05:54
M55 Ed Merrill 2:17:55
Ron Chandross 2:32:25
M60 Andrew Briggs 2:10:26
Mike Michel 2:13:25
M65 Robert Mimm 2:00:51
Ed Gawinski 2:17:14
M70 Cokey Daman 2:10:53
M75 Don Johnson 2:46:59
Harry Drazin 2:47:13
W30 Micheline Daneau 1:51:46
W35 Ellen Marshall 2:01:05
Donna Pekar 2:11:29
W45 Suz Stansfield 2:10:43
Kathy Frable 2:21:13

Jacksonville Meet
Jacksonville, FL; May 9

100m
1 Cleveland Smith 42 11.4
2 Mark Casey 34 11.9
3 Randy Reagor 34 12.0
4 Jon Davis 45 12.1
5 Matt Sitkowski 42 12.3
6 Mike Boudreaux 53 12.7
7 Earle Wilson 51 13.3
8 Robert Fussell 42 13.5
9 Ted Sjogren 59 13.9
10 Dave Slocum 61 14.2
11 Joy McDonald W51 14.9
12 Don Hull 73 17.3
13 Betty Sjogren W59 18.5

200m
1 C Smith 42 23.8
2 Harold Pierce 31 24.0
3 Jon Davis 45 24.1
4 Matt Sitkowski 42 25.8
5 Kim Anderson 39 25.8
6 Mike Boudreaux 53 25.9
7 Ted Sjogren 59 29.3
8 J McDonald W51 31.0
9 David Slocum 61 31.2
10 Betty Sjogren W59 42.9

400m
1 Mark Casey 34 55.2
2 Kim Anderson 39 58.3
3 Jon Davis 45 59.2
4 Bob Fussell 42 64.9
5 M Boudreaux 53 68.4
6 T Sjogren 59 68.8

800m
1 Herb Taskett 44 2:13.1
2 Lindsey Bodden 44 2:19.7
3 Mike Minyon 31 2:23.7
4 Ken Snowden 32 2:24.7
5 Jim Steele 51 2:27.4
6 Marsh Henrique 47 2:59.0
7 John Fisher 51 3:23.9

One Mile
1 Tony Barlow 35 4:47
2 Mark Casey 34 4:48
3 Herb Taskett 44 4:50
4 Ken Snowden 32 4:59
5 Bobby Menks 41 5:01
6 David Hatten 40 5:10
7 Lyle Kamm 35 5:27
8 Mike Minyon 31 5:34
9 Ty Payne 47 5:43
10 Bob Marshall 38 5:44
11 Norm Wyner 58 6:09
12 Gary Ledman 38 6:33
13 John Fisher 51 7:18

5000m
1 Tony Barlow 35 16:57
2 Bobby Menks 41 17:35
3 David Hatten 40 18:05
4 Bob Fernee 41 18:59
5 Art Bigelow 58 21:24
6 John Walsh 45 23:15
7 Marsh Henrique 47 24:08

High Jump
1 Norman Seals 30 6-0
2 Bob Helton 54 3-10
3 Don Hull 73 3-6

Long Jump
1 C Smith 42 19-1
2 Randy Reagor 34 18-2
3 Rusty Hamilton 56 12-4¼
4 Bob Helton 54 11-½
Don Hull 73 9-3

Triple Jump
1 Rusty Hamilton 56 28-¼
2 Ted Sjogren 59 25-6
3 Don Hull 73 19-9½

Shot Put 16#
1 Fred Hamilton 33 35-¼
2 Joey Rahn 30 32-6½

Shot Put 12#
1 Rusty Hamilton 56 27-0
2 Ted Sjogren 59 24-6
3 Bob Helton 54 23-11

Shot Put 8#
1 Len Olson 60 41-11
2 Jack Gamble 67 32-10
3 Bob Seligman 67 32-1
4 Don Hull 73 29-1
5 Betty Sjogren W59 18-1

Discus 2kg
1 Fred Hamilton 33 111-1
2 Joey Rahn 30 97-0

Discus 1.5kg
1 Rusty Hamilton 56 89-8

Discus 1kg
1 Len Olson 60 152-7
2 Jack Gamble 67 116-6
3 Bob Seligman 67 101-4
4 John Durrett 63 90-7
5 Don Hull 73 75-1

Javelin 800gr
1 Randy Reagor 34 136-0
2 Joey Rahn 30 123-3
3 Fred Hamilton 33 121-2
4 Rusty Hamilton 56 93-9
5 Bob Helton 54 78-6
6 Ted Sjogren 59 77-2

Javelin 600gr
1 Len Olson 60 113-9
2 Jack Gamble 67 108-8
3 Don Hull 73 69-7

5000m Racewalk
1 Terence Boyle 40 30:06
2 Charles Carter 41 31:14
3 Jim French 47 33:25
4 John Carson 70 35:02
5 Skip Lesemann 32 35:52
from Robert Fine

Florida AC Meet
Clearwater; May 23

200m
M30 Eilers 26.06
M35 Simon 24.32
Guym 25.74
M50 Walkers 26.58
Wheeler 27.95
M55 Shoemaker 28.97
Burr 29.68
M60 Gentry 31.98
M65 Armstrong 28.89
Baily 35.94
M70 Gonzalez 34.50
Heard 35.02

400m
M35 Guym 58.62
M45 Feith 95.58
M50 McDonald 73.58
Gonzalez 85.84
M60 Baily 77.53

1500m
M40 Mirones 5:00
M45 Slavine 4:39
M50 Gonzalez 6:40.5
M55 Bigelow 5:47.6

High Jump
M30 Jeff Welton 2.00
M40 R Vlaardingerbroek1.56
Ed Bailey 1.06
M55 Bob Moore 1.37
Gary Shoemaker 1.32
Bill Mondell 1.32
M60 Bill Gentry 1.37
M70 Gil Gonzales 1.06
W50 Sara Gonzales 1.14

Long Jump
M30 Jeff Hilton 6.39
M40 Earl Bailey 3.81
M55 Bob Moore 4.30
Gary Shoemaker 4.19
M60 Bernie Friedman3.29
M70 Gil Gonzales 2.97

Shot Put
M35 Don Heaven 13.58
M40 R Vlaardingerbroek12.66
M55 Brian Hennesey 9.78
Bob Moore 9.77
M60 Larry Siegel 10.62
Carlos Frandorfer10.08
M65 Jack Gamble 10.09
M70 Herb Steele 9.80
Gil Gonzales 8.65
W50 Vanessa Hilliard11.13
W55 Shirley Smith 9.20

Discus
M35 Don Heaven 40.43
M40 R Vlaardingerbroek38.68
M50 Brian Hennesey 27.32
M60 C Frandorfer 34.30
Lew Sieger 32.10
M65 Jack Gamble 40.30
M70 G Gonzales 26.42
Herb Steele 24.07
W50 V Hilliard 31.27

Javelin
M30 John Amabile 80.48
M40 Nate Robinson 53.50
Vlaardingerbroek52.58
M45 Tim Heikkila 44.20
M55 Bill Mondell 38.23
Bob Moore 35.60
M60 Bill Gentry 29.28
M70 Gil Gonzales 22.59
Herb Steele 18.98
W50 V Hilliard 34.21
W55 Shirley Smith 22.45
from Robert Fine

South Carolina Senior Sports Classic
Florence, SC; May 23

50m
M55 Charles Welch 7.13
Pearly Mack 7.30
Ron Monroe 7.82
M60 Jack McDowell 7.87
Phillips Hungerford 8.19
Tom Gorrell 8.23
M65 Joseph Rogers 7.40
Melvin Steele 8.70
Bob Wingard 9.40
M70 Bill Owen 7.90
Joe Ronquillo 8.20
Clip Clippinger 11.60
M75 Milton Williams 7.90
George Dye 9.10
M80 Al Nellis 11.10
W55 Alice Walker 10.10
Elsie Monroe 11.90
W60 Laura Blount 9.10
Ruth Martin 10.90
W65 Josephine Sulliva 8.30
W70 Ann Mikell 17.40

100m
M55 Charles Welch 12.80
Pearly Mack 13.40
Welly Bradham 14.00
M60 John Johansen 14.20
Jack McDowell 14.70
Lawton Rogers 15.30
M65 Joseph Rogers 14.55
Melvin Steele 17.26
Bob Wingard 19.20
M70 Bill Owen 15.80
Joe Ronquillo 16.20
Clip Clippinger 22.30
M75 Milton Williams 15.50
M80 Al Nellis 22.70

200m
M55 Charles Welch 26.68
Welly Bradham 29.20
Bobby Hollis 30.27
M60 John Johansen 30.03
Tom Gorrell 32.42
Albert Suggs 33.90
M65 Joseph Rogers 29.54
Melvin Steele 37.22
Bob Wingard 40.04
M70 Bill Owen 36.17
Clip Clippinger 55.79
M75 Milton Williams 32.72
Alexander Evanoff 41.93

400m
M55 Bobby Hollis 1:08.34
Ronald Gerughty 1:10.36
Ron Monroe 1:20.72
M60 Mike Michel 1:22.74
Tom Gorrell 1:31.19
John Dave 1:38.47
M65 Joseph Rogers 1:14.93
Major Summerford 1:29.64
Bob Wingard 1:32.59
M70 Harry Malach 1:59.84
Rockett Rowell 2:19.64
Clip Clippinger 2:25.29

800m
M55 Bobby Hollis 2:42.65
Ronald Gerughty 2:49.65
Ron Monroe 2:56.01
M60 Tom Gorrell 3:03.95
Paul Mitchell 3:52.96
M65 Bob Wingard 3:43.89
Clyde Weaver 3:50.55
M70 Rocket Rowell 5:10.79
Clip Clippinger 5:13.28

1500m
M55 Bobby Hollis 5:26.60
Ronald Gerughty 5:36.84
Paul Benz 5:56.92
M60 Avery Goode 6:06.49
Paul Mitchell 7:33.26
M65 Dick Lyons 5:47.59
Major Summerford 6:53.78
Bob Wingard 7:29.62
M70 Bernard Decker 9:16.61
Rocket Rowell 10:36.46
Clip Clippinger 11:18.17

5K
M55 Paul Benz 21:34.70
Ron Monroe 23:15.99
M60 Robert Gray 20:37.90
Thomas Fosmire 26:11.20
M65 Dick Lyons 19:43.90
Major Summerford 24:23.90
Clyde Weaver 25:01.20
M70 Rocket Rowell 37:51.80
Bernard Decker 39:42.00
Clip Clippinger 41:30.60
M80 Al Nellis 40:30.10
W60 Garthedon Embler 25:20.20
W70 Ann Mikell 42:58.70

1500mRW
M55 Bobby Thigpen 11:33.71
M60 Mike Michel 8:28.38
Clint Edwards 9:15.37
John Dave 10:55.84
M65 John Snaden 9:59.54
H. Dunagan 11:31.96
Sanford Lampl 12:10.68
M70 Taylor Eaton 9:49.99
Walter Scully 9:52.11
Joe Ronquillo 10:34.89
M80 Al Nellis 11:41.25
Paul Booth 13:06.77
W55 Sybil Gerughty 10:36.69
W60 Miriam Dye 10:56.81
Iris Huggins 11:21.20
Ruth Martin 11:23.74
W65 Anne Powell 11:30.70
Miriam Stiling 11:33.05
Phyllis Wells 11:35.35

5K RW
M55 Bobby Thigpen 41:05.86
M60 Mike Michel 30:25.99
Clint Edwards 33:29.06
John Dave 37:47.67
M65 John Snaden 36:31.24
M70 Taylor Eaton 35:19.99
Walter Scully 35:21.66
M80 Al Nellis 41:04.40
Joseph Biersteker 35:23.46
W55 Sybil Gerughty 37:39.59
W60 Joan Panaccione 38:54.45
Ruth Martin 40:12.08
Laura Blount 41:55.70
W65 Anne Powell 40:25.94
Grace Hendrix 42:41.49

Running Long Jump
M55 Pearly Mack 3.86
Rusty Hamilton 3.86
Welly Bradham 3.78
Philip Spotts 3.50
Ray Norwood,Jr. 3.02
M60 Jack McDowell 3.30
Lawton Rogers 3.12
Pete Peacock 2.84
Charles Cooper 2.83
Henry Weeks 2.82
M65 Joseph Rogers 4.19
Ivory Hoskins 3.27
Melvin Steele 2.92
Frank Sullivan 1.70
M70 Bill Owen 3.10
August Krajcik 2.61
Clip Clippinger 1.55
M75 Ralph Waldrop 2.54
Jake Franklin 2.23
Franklin Weaver 2.08
Charles Hirshey 1.34
M80 Paul Booth 1.83
W55 Suzanne Cox 2.87
Yvonne Hoskins 1.60
W60 Ann Witt 2.74
Laura Blount 2.22
W65 Josephine Sullivan 2.94
Lucille Andrews 1.41

Standing Long Jump
M55 Pearly Mack 2.37
Bobby Hollard 2.23
Rusty Hamilton 2.21
Welly Bradham 2.16
Ray Norwood, Jr. 2.11
Philip Spotts 2.09
William Bozilleri 2.05
M60 Robert MacCallum 2.17
Pete Peacock 1.99
Charles Cooper 1.88
Jack McDowell 1.84
Henry Weeks 1.53
M65 Joseph Rogers 2.25
Ivory Hoskins 2.00
Melvin Steele 1.71
M70 Bill Owen 1.98
Joe Ronquillo 1.83
Clip Clippinger 1.04
M75 Jake Franklin 1.62
Franklin Weaver 1.57
C. Hirshey 1.09
M80 Paul Booth 1.43
W55 Suzanne Cox 1.80
Yvonne Hoskins 1.32
W60 Ann Witt 1.62
W65 Josephine Sullivan 1.64
Lucille Andrews 1.24

High Jump
M55 Welly Bradham 1.22
M60 Phillips Hungerford 1.37
Robert MacCallum 1.22
Carl Hust 1.17
M65 Bill Simpson 1.17
Frank Maguire 1.17
M70 Bill Owen 1.06
Clip Clippinger 0.68
M75 Milton Williams 1.06
Jake Franklin 0.68
W65 Josephine Sullivan 0.91

Shot Put
M55 Pearly Mack 9.47
Ray Norwood, Jr. 8.68
Alan Gentry 8.33
Rusty Hamilton 7.99
James Barnes 7.45
Joel Dekle 6.25
M60 Frank Van Deventer 9.78
Charles Cooper 9.65
William Patrick 9.59
John Moll, Sr. 9.21
Phillip Hungerford 9.00
Ian Wylie 8.29
Lawton Rogers 8.13
Pete Peacock 7.79
Vince McNeese 7.43
Henry Weeks 7.41
M65 Graeme Dalzell 9.62
Bill Simpson 7.86
Ivory Hoskins 7.59
Robert Logan 5.93
Bob Moody 5.59
Malcom Bailey 5.43
M70 Bill Owen 10.16
Joe Ronquillo 8.58
Hoyt Hendrix 7.95
Bernard Decker 7.52
Rocket Rowell 5.96
Clip Clippinger 5.32
M75 Milton Williams 8.68
Charles Hirshey 7.64
Alexander Evanoff 7.22
Howard Haynes 6.77
Franklin Weaver 5.83
Jake Franklin 5.60
M80 Ray Wylie 7.78
Paul Booth 7.43
Lewis Dasher 5.15
W55 Yvonne Hoskins 6.84
W60 Eliza Dalzell 6.78
Ena Wylie 5.93
Chris Simpson 4.29
W65 Norma Grice 6.16
Josephine Sullivan 5.24
Minnie Wilson 5.18
Clarice Bailey 5.05
Betty Biersteker 4.39
Theresa Phillips 3.74
W80 Hazel Wentz 4.11
Margaret Yockey 3.71

Discus
M55 Howard Murphree 32.90
Rusty Hamilton 28.28
Ray Norwood, Jr. 21.56
William Bozilleri 20.56
Pearly Mack 18.26
M60 John Moll, Sr. 36.80
William Patrick 32.10
Phillips Hungerford 27.94
Frank Van Deventer 26.10
Pete Peacock 25.88
Ian Wylie 19.96
Lawton Rogers 19.42
Vince McNeese 17.65
Henry Weeks 15.85
M65 Bill Simpson 30.01
Graeme Dalzell 27.87
Ivory Hoskins 24.33
Bob Moody 20.60
Frank Maguire 19.56
Melvin Steele 19.17
Frank Sullivan 17.22
M70 Bill Owen 32.92
Joe Ronquillo 31.68
Bernard Decker 19.71
Hoyt Hendrix 17.22
Clip Clippinger 11.39
M75 Milton Williams 22.12
Charles Hirshey 20.20
Howard Haynes 18.16
Alexander Evanoff 16.99
Franklin Weaver 11.36
Jake Franklin 8.47
M80 Ray Wylie 17.88
Paul Booth 17.61
W55 Yvonne Hoskins 15.22
Alice Walker 10.08
W60 Eliza Dalzell 13.87
Myrtle Moody 10.67
W65 Josephine Sullivan 12.52
Norma Grice 12.11
Clarice Bailey 10.54
Rosalie Jourdan 10.48
W70 Lois Dpster 8.15

Continued on next page

Tennessee Masters Championships
U. of Tennessee-Knoxville; May 29-30

55m
M40 Jeff Stevens 7.60
M45 Thad Bell 7.34
M50 Ervin Mitchell Sr 7.67
M55 Patrick Meagher 7.92
M60 Larry Greco 11.48
M70 Charles Mariott 9.78

100m
M30 Jay Mathis 12.04
Cris Gibson 12.46
Brad Davies 12.58
M35 Robert Phillips 12.28
Chip Scott 13.43
M40 Jeff Stevens 12.99
M50 Ervin Mitchell Sr 13.08
Avital Schurr 13.37
Frank Galbraith 13.46
M55 Jim Mathis 13.27
Pat Meagher 13.73
Tom Vickers 16.08
M60 Bailey Gore 13.03
Ted Sjogren 14.28
Don Dickinson 14.32
W55 Betty Sjogren 20.22
W60 Betty Vosburgh 15.84

200m
M30 Jay Mathis 24.08
Scott King 24.36
M35 Robert Short 24.99
Chip Scott 26.62
M40 Ellis Mayfield 24.10
Tom Gilliard Jr 24.42
Greg Marshall 25.19
M45 Thad Bell 24.06
Randall Brady 26.10
Tom Brewer 26.26
M50 Ervin Mitchell Sr 26.58
Avital Schurr 26.59
Frank Galbraith 27.56
M55 Jim Mathis 26.25
Pat Meagher 27.53
Barry Bertram 29.12
M60 Ted Sjogren 29.49
Alvin Clark 31.86
M70 Charles Mariott 40.53
M75 C A Speaks 45.72
W45 Phil Raschker 27.23
W55 Betty Sjogren 43.16
W60 Betty Vosburgh 32.49
(U.S. W60-64 record/old-33.3)

400m
M30 Cris Gibson 50.58
Scott King 52.27
Mark Carver 52.30
M35 Charles Oliver 49.63
Doran Marcus 54.59
Bill Cheadle 55.24
M40 Ellis Mayfield 53.04
Greg Marshall 57.31
M45 Jim Montmarquet 55.51
Alvin Seale 56.00
Jerry Wood 62.30
M50 Joe Gross 64.43
John Swicegood 84.40
M55 Jim Mathis 57.49
Pat Meagher 62.40
Bobby Hollis 66.45
M60 Ted Sjogren 66.06
Larry Hall 70.78
W55 Betty Sjogren 1:49.80
W60 Betty Vosburgh 1:14.94

800m
M30 Scott King 2:02.62
Jim Busby 2:02.63
Mark Carver 2:03.56
M35 David Mosley 2:15.77
Jeff Burse 2:17.74
M40 Roland Rust 2:11.50
Steve Lemay 2:20.88
Greg Marshall 2:22.88
M45 Jim Montmarquet 2:22.95
David Bailey 2:24.19
Alvin Seale 2:36.53
M50 John Swicegood 3:23.49
M55 Bobby Hollis 2:43.53
M75 Max Springer 3:45.30
W30 Rachel Blaha 2:25.61
W55 Evelyn Zerfoss 3:13.84

1500m
M30 Scott King 4:08.43
Bill McCamis 5:25.15
M35 Sergio Arzac 5:00.18
M40 Roland Rust 4:31.11
John Jenkins 4:52.77
Bruce White 4:53.51
M45 Mike Taglio 4:49.23
David Bailey 4:49.87
M50 John Swicegood 6:53.49
M55 Bobby Hollis 5:32.10
M60 Larry Hall 5:50.25
M70 Willie Duncan 7:03.78
M75 Max Springer 7:39.40
W55 Evelyn Zerfoss 6:25.72

One Mile
M35 Keith Johnson 4:44
M40 Brian Hilliard 5:28
M45 Tom Bowden 5:05
Allan Morgan 5:10
W30 Rachel Blaha 5:29

3000m
M35 Keith Johnson 9:30
Sergio Arzac 10:55
M40 Bruce White 10:38
Brian Hilliard 11:16
M45 Allan Morgan 10:31
William Kelch 14:31
M50 Don Smith 13:04
John Swicegood 15:21
M55 Paul Barrette 11:57
M70 Willie Duncan 15:23
M75 Max Springer 16:59
W55 Wendy England 13:17

Short Hurdles
M35 Al Rodd 15.77
Bill Cheadle 16.98
M40 Tom Gilliard Jr 15.30
M45 Wm Busby 19.64
M55 Phil Mulkey 18.77
M60 Bailey Gore 19.94
Wm Brobst 24.19
W45 Phil Raschker 12.99
W55 Lucy Anne Brobst 19.92

Long Hurdles
M35 Bill Cheadle 61.47
M40 Paul Garron 67.87
M50 Joe Gross 73.36
M60 William Brobst 91.04
W50 Ann Carter 73.60

Steeplechase
M30 Bill McAmis 13:26.37
M45 Wm Kelch 16:32.05
M50 John Swicegood 18:23.34

High Jump
M35 David Mosley 1.63m
Beasey Hendrix 1.27
M40 Russ Baker 1.47
Barry Faust 1.47
Jim Accardie 1.47
M45 Tom Brewer 1.68
M50 Frank Galbraith 1.52
Buck Jones 1.37
Mike Valle 1.37
M55 Phil Mulkey 1.42
Lou Vodopya 1.32
M60 William Brobst 1.27
Ned Curran 1.07
M65 Ed Holmes 1.37
Buck Bradberry 1.37
Vic Golowash 1.12
W45 Phil Raschker 1.47
W50 Brenda Bloomfield 1.17
W55 Lucy Anne Brobst 1.12

Pole Vault
M35 David Beshears 3.97
M45 William Busby 3.58
M55 Phil Mulkey 3.05
W45 Phil Raschker 2.85
(W45-49 WR/old-1.80; p2.10)

Long Jump
M30 Brad Davies 5.75
M35 David Mosley 5.38
John Blaha 4.80
Jeff Burse 4.55
M40 T Weatherbee 5.32
Russ Baker 5.31
M50 Avital Schurr 5.01
Mike Valle 4.73
Hank Zingg 3.73
M55 Phil Mulkey 4.63
Jim Nicholson 3.01
M60 Bailey Gore 4.47
William Brobst 3.55
M65 Ed Holmes 4.14
Vic Golowash 3.57
M70 Chas Mariott 3.07
W45 Phil Raschker 4.71
W55 Lucy Anne Brobst 3.55

Triple Jump
M35 David Mosley 11.45
Jeff Burse 9.42
M40 T Weatherbee 10.50
Barry Faust 9.00
M50 Avital Schurr 9.91
Buck Jones 8.61
M55 Phil Mulkey 9.79
M65 Vic Golowash 7.25
W45 Phil Raschker 9.75
W50 Ann Carter 7.75

Shot Put
M35 Beasey Hendrix 9.08
M40 Jim Accardie 12.55
Russ Baker 12.27
Jeff Stevens 9.92
M45 L B Clayton Jr 11.01
Randy Gordan 9.52
M50 Glen Johnson 12.52
Mike Valle 11.13
Hank Zingg 10.39
M55 Phil Mulkey 11.74
Lou Vodopya 10.45
M60 Ned Curran 10.57
William Brobst 7.50
M65 Ed Holmes 10.34
Cliff Sampson 10.06
Buck Bradberry 9.38
M70 Gordon Nordgren 10.21
Chas Mariott 9.28
W50 Brenda Bloomfield 8.34
W60 Lucille Sampson 7.84

Discus
M30 Brad Davies 30.30
M40 Russ Baker 36.08
Jim Accardie 35.22
M45 L B Clayton Jr 30.06
Randy Gordan 20.18
M50 Mike Valle 38.88
Hank Zingg 37.70
Frank Galbraith 36.89
M55 Phil Mulkey 37.32
Lou Vodopya 28.10
M60 Bailey Gore 29.98
Ned Curran 26.52
William Brobst 20.68
M65 Cliff Sampson 40.34
Ed Holmes 37.22
Buck Bradberry 34.70
M70 Chas Mariott 32.36
Gordon Nordgren 26.68
W60 Lucille Sampson 21.26
W65 Audrey Bergenback 11.00

Hammer
M40 Russ Baker 37.56
M45 L B Clayton Jr 26.39
M50 Dick Bloomfield 41.74
Mike Valle 39.34
Hank Zingg 19.73
M55 Phil Mulkey 28.44
M60 Ned Curran 21.32
M65 Rich Bergenback 33.39
Cliff Sampson 25.80
Vic Golowash 20.61
M70 Chas Mariott 27.68
Gordon Nordgren 26.62
M75 Nolan Fowler 29.70
W50 Brenda Bloomfield 34.30
W60 Betty Vosburgh 21.94

Javelin
M30 Brad Davies 50.04
M35 Beasey Hendrix 40.50
M40 Russ Baker 57.10
Jim Accardie 38.95
Barry Faust 33.50
M55 Bill Duckworth 50.45
Phil Mulkey 31.70
Lou Vodopya 26.80
M60 Bailey Gore 34.91
Ned Curran 26.61
William Brobst 20.67
M65 Rich Bergenback 34.60
Vic Golowash 20.45
M70 Chas Mariott 34.18
Gordon Nordgren 33.18
W50 Sonja Moretz 13.00
W60 Betty Vosburgh 20.50
W65 Audrey Bergenback 8.21

Weight
M40 Russ Baker 12.98
M45 L B Clayton Jr 9.46
M50 Dick Bloomfield 12.66
Mike Valle 10.08
M60 Ned Curran 8.29
M65 Cliff Sampson 12.88
Vic Golowash 7.85
M70 Gordon Nordgren 7.59
M75 Nolan Fowler 9.12
W50 Brenda Bloomfield 10.45

56# Weight
M40 Russ Baker 8.98
M50 Dick Bloomfield 7.60
Mike Valle 6.19
M60 Ned Curran 3.92
M65 Cliff Sampson 5.50

3000m Racewalk
M45 Robert Baker 18:31.18
William Kelch 22:03.17
M75 Bill Tallmadge 19:41.45
W40 Eliz Longton 16:34.64
Jill Overholt 22:03.20

10,000m Racewalk
M45 William Kelch 1:16:52
M70 Harold Canfield 1:17:54
W40 Eliz Longton 59:35

Teams	T	F	Total
1 Knoxville TC	151	42	193
2 World Elite TC	68	96	164
3 Nashville TC	61	42	103
4 Atlanta TC	60	30	90
5 Victory AC	18	20	38

MIDWEST

Southwestern Illinois Senior Olympics Edwardsville; May 18

Out-of-District Athletes
Follow In-District Athletes

50y
M55 Donald Healey 7.66
M60 Ed True 7.30
M65 Alex Schutzenhofer 7.24
M70 Christo Popoff 8.61
M75 Gerald Naugle 12.78
M80 Henry Kemmerer 9.38
W55 Charmaine Sobkowski 8.50
W65 Margaret Quade 10.24

M55 Jerry Austin 6.72
M60 Cecil Howard 6.86
M65 Mel Larsen 6.26
M70 Bob Warwick 8.00
M75 Tom Walsh 7.18
W55 Elinor Nelson 9.42
W60 Ann Schnurbusch 10.07
W65 Dottie Gray 8.92
W70 Florence Berry 8.56
W75 Phyllis Anderson 11.50

100m
M55 Rod Langston 15.33
M60 Richard Cameron 14.59
M65 Alex Schutzenhofer 15.52
M70 Christo Popoff 18.80
M80 Henry Kemmerer 20.91
W55 Charmaine Sobkowski 19.38
W65 Margaret Quade 24.57
W75 Luetta Bollmeier 27.47

M55 Vern Schewe 13.24
M60 Cecil Howard 14.52
M65 Mel Larsen 13.54
M70 Bob Warwick 17.31
M75 Bob Walsh 15.33
M90 Guy Sibley 34.47
W55 Elinor Nelson 20.72
W65 Marie McElvaine 23.78
W70 Florence Berry 19.08

200m
M55 Don Healey 36.47
M60 George Cook 31.52
M65 Ernie Hammond 37.51
M80 Henry Kemmerer 47.94
W65 Margaret Quade 57.06
W75 Luetta Bollmeier 72.53
W80 Meredith Probst 2:53.36

M55 Vern Schewe 27.98
M60 John Rossio 30.60
M65 Mel Larsen 28.19
M70 Bob Warwick 36.92
M90 Guy Sibley 1:36.88
W65 Marie McElvaine 49.50
W70 Florence Berry 44.59

400m
M55 Rod Langston 65.82
M60 George Cook 73.14
W75 Luetta Bollmeier 3:05.38
W80 Meredith Probst 6:01.11

M55 William Wecker 65.08
M60 John Rossio 67.86
M65 Paul Schmitt 71.93
M70 Oscar Hartmann 84.21
M75 Wib Raglend 97.26
W55 Josepha Schaeffer 97.20
W60 Mary Wilson 2:03.28

800m
M55 Harold Dix 2:44.00
M60 Barney Barnes 2:51.96
M70 Neal Emerson 3:29.84
W80 Meredith Probst 13:04.7

M55 Richard Strinni 2:40.95
M60 Joseph Bell 2:49.42
M65 Paul Schmitt 2:51.20
M70 Charles Lebrell 3:44.27
M75 Clifford Gouge 5:39.31
W55 Josepha Schaeffer 3:41.08
W60 Katie Stroud 4:14.23
W65 Dottie Gray 3:28.79

1500m
M55 Harold Dix 5:37.21
M60 Barney Barnes 6:02.62
M65 Paul Heires 6:59.87
M70 Neal Emerson 7:38.70
W55 Joan Warrington 7:50.30

M55 Richard Strinni 6:16.44
M60 Joseph Bell 5:54.43
M65 Paul Schmitt 6:08.50
W55 Josepha Schaeffer 7:11.15
W60 Katie Stroud 8:24.87

5000m
M55 Harold Dix 20:15
M60 Barney Barnes 21:50
M65 Paul Heires 24:52
M70 Neal Emerson 26:16
W55 Joan Harrington 28:15

M55 Gene Penzel 23:16
M60 Doug Corderman 26:30
M65 Gorman Stroud 22:58
M70 Chas Lebrell 24:37
W60 Katie Stroud 29:30

High Jump
M55 Don Healey 4-3
M60 Rich Cameron 4-1
M65 Waldo McDonald 3-11

M55 Ken Christiansen 4-6½
M60 Richard Grater 4-3
M65 Paul Saunders 4-6½
M70 Bob Warwick 3-11
M75 Wib Ragland 3-10
M80 Dick Edwards 3-0

Long Jump
W55 Dorothy Creamer 9-3

W55 Elinor Nelson 8-3½
W60 Pat Cooper 7-1½
W65 Irene Kerwin 7-9
W70 Florence Berry 8-5

Shot Put
M60 David Hall 26-7½
M65 Norman Showers 24-2
M70 John Allen 35-10½
M75 Roy Cross 18-5½
M80 Henry Kemmerer 21-8
W55 C Sobkowski 23-9½
W60 Millie Loyet 12-5½
W65 Frieda Newberry 19-1
W75 Luetta Bollmeier 11-2
W80 Meredith Probst 8-10

M55 Ken Christiansen 31-3½
M60 Cecil Howard 32-6½
M65 Phil Brusca 39-5
M70 Norbert Coughlin 26-5¼
M75 Ward Parker 25-2½
M80 Eugene Grant 25-3
M90 Guy Sibley 11-9¼
W55 Elinor Nelson 25-9½
W60 Imogene Karjala 19-5¼
W65 Irene Kerwin 20-9
W70 Florence Berry 17-1
W75 Phyllis Anderson 17-4
W80 Carolyn Clark 14-1

Discus
M60 Ed True 78-1
M65 Norman Showers 81-10
M70 John Allen 102-11
M75 Roy Allen 73-8
M80 Jim Pechar 41-5
W55 CharmaineSobkowski 85-7
W60 Millie Loyet 23-7
W65 Margaret Quade 47-1
W80 Meredith Probst 15-8

M55 Gene Penzel 70-5
M60 Ed Failor 106-5
M65 Phil Brusca 128-2
M70 Dick Henderson 88-9
M75 Chris Christy 81-3
M80 Eugene Grant 93-4
M90 Guy Sibley 34-0
W55 Betty Adams 54-3
W60 Imogene Karjala 40-8
W65 Irene Kerwin 62-6
W70 Florence Berry 43-9
W75 Phyllis Anderson 40-5
W80 Carolyn Clark 35-1

1500m Racewalk
M55 Frank Sobkowski 9:52
M60 Ed True 11:29
M65 Frank Nagy 10:46
M70 Charles King 9:56
M75 Wm Welch 11:45
M80 Ed Fresen 13:27
W60 Millie Loyet 14:36
W65 Gertie Toensing 12:31
W70 M Cadwallader 12:53
W75 Louisa Hall 14:36

M55 Richard Pearce 12:15
M60 Gene Hall 8:54
M65 Bob Schnurbusch 9:02
M70 Robert Lusskin 9:53
M75 Clifford Gouge 9:49
M90 Guy Sibley 16:18
W55 Elinor Nelson 11:24
W60 Ann Schnurbusch 11:51
W65 P BaileyMcCarthy 10:43
W70 Virginia Polechla 12:37
W75 Lucille Sandman 13:49

TAC Indiana Masters Meet Indianapolis; May 30

100m
M90 Arling Pitcher 24.5
W35 Donna Pope-Green 13.2
W40 Chris Davis 14.9
W65 Georgia Pitcher 31.7

200m
M35 Mike Stewart 27.4
M40 Bill Craig 27.6
M90 Arling Pitcher 76.9
W35 Donna Pope-Green 26.4
W40 Chris Davis 34.6

400m
M40 Bill Craig 62.8
W40 Debbie Anderson 67.8

800m
M60 Julius DeFabis 2:37.3
W40 Debbie Anderson 2:35.5

1500m
M45 John Lutgring 4:37.8
M50 Jim Verdier 5:09.1
Gene Lausch 5:19.9
M60 Julius DeFabis 5:22.3
W40 Debbie Anderson 5:17.7

5000m
M40 Robert Meier 17:06.6
Douglas Schmidt 18:05.0
M55 William Rees 19:53.3

High Jump
M35 Ken Rowe 5-10
Mike Stewart 5-3
M55 John Sharp 4-8
M90 Arling Pitcher 2-6

Pole Vault
M40 Mark Beck 10-0
M45 Henry Hopkins 11-6
M55 John Sharp 9-0

Long Jump
M55 John Sharp 15-9¼
M90 Arling Pitcher 3-1 3/4
W35 Donna Pope-Green 18-10½
W40 Chris Davis 12-3

Shot Put
M30 Mike Milatovich 38-1 3/4
M35 Randy Fox 28-0
M40 Dave Stebing 42-11½
W50 Joann Grissom 38-9
W65 Georgia Pitcher 12-6

Discus
M35 Randy Fox 70-0
M40 Dave Stebing 125-2
M55 Everett Hardy 119-3
M90 Arling Pitcher 34-3
W50 Joanne Grissom 66-3

Hammer
M35 Randy Fox 82-10
M40 Dave Stebing 135-9
W50 Joann Grissom 95-9

Javelin
M35 Randy Fox 107-9
M40 Dave Stebing 153-0
Gary Walkup 146-7
M55 Robert Verbanac 119-3
M90 Arling Pitcher 35-4
W50 Joann Grissom 74-2
W65 Georgia Pitcher 21-7

3000m Racewalk
M40 Michael Bird 16 45.3
M50 Dennis Withem 18:23.5
M55 Ray Everson 16:13.8
W40 Jackie Jessup 17:11.5
W45 Dorothy Withem 18:43.7
W50 Ruth Everson 18:56.1
Beth Pickard 19:32.4
W55 Sami Bailey 17:17.5

Athlete's Foot Meet Rock Island, IL; June 6

50 Meters
M15 Steve Thomas 6.3
M35 Mike McDowell 6.1
Randy Western 6.7
Ted Bielefeld 6.9
M40 Mike Oliver 7.0
Walt Ewing 7.4
M55 Pete Stopoulos 7.0
Richard Richardson 7.4
Mike Murphy 7.5
M60 Chuck Sochor 7.3
Don Walsh 7.9
Don Sibigtroth 8.4
M70 Joe Bergthold 6.9
M75 Mel Flachs 8.9
W15 Miranda Harrison 7.0
W30 Kathy Lee 7.4
Rhonda Pape 8.5
W45 Penny Danielson 8.3
W70 Florence Berry 9.3

100 Meters
M15 Jacco Strickland 10.8
Bill Jordan 11.2
Aaron Taylor 11.6
Marcus Forrest 11.8
Steve Thomas 11.9
M20 Jason LeBlanc 11.4
M25 Mike Rohl 13.2
M35 Mike McDowell 10.7
Ted Bielefield 12.8
Randy Western 12.8
M40 Mike Oliver 13.6
M45 Dave Hill 12.7
Leroy Corey 13.6
Neil Bovey 15.1
M50 Lee Stopoulos 13.4
Ron Sandberg 14.0
M55 Pierre Dobrovolny 12.2
Mike Murphy 14.1
Richard Richardson 14.6
M60 Harry Brown 12.7
Clarence Trinkner 13.7
Chuck Sochor 14.1
Don Walsh 15.5
M65 Mel Larsen 12.8
M70 Joe Bergthold 13.6
M75 Mel Flachs 17.0
W30 Kathy Lee 14.2
W45 Penny Danielson 15.6
W60 Lorraine Youngberg 27.0
W70 Florence Berry 18.8

200 Meters
M15 Steve Thomas 24.4
Marcus Forrest 25.9
M20 Jason LeBlanc 24.0
M30 Gary Bos 29.0
M35 Mike McDowell 22.5
Mike Moore 26.3
Jeff Watry 25.6
Ted Bielefeld 27.2
M40 Mike Oliver 27.8
M55 Pierre Dobrovolny 26.0
M60 Harry Brown 26.4
Clarence Trinkner 28.2
Chuck Sochor 29.9
M70 Joe Bergthold 29.1
M75 Mel Flachs 36.4
W15 Miranda Harrison 27.9
Sara Anderson 29.0
W20 Kristin Braet 27.0
Amy Shemek 27.3
Sara Yendro 28.2
W30 Kathy Lee 31.0

400 Meters
M15 Zack Stengel 53.0
M25 Patrick Bautch 62.2
Micheal Rohl 64.6
M35 Michael McDowell 51.6
Ted Bielefield 63.1
M45 Ed Lillis 58.1
Kingsley Clarke 60.9
David Hill 62.1
Neil Bovey 75.7
M50 Bruce Mills 66.0
Bruce Davis 68.4
Jim Graham 77.1
M55 Frank Brown 66.2
M60 Harry Brown 62.1
Clarence Trinkner 65.7
Chuck Sochor 67.7
Don Walsh 75.7
M75 Warren Wiggins 1:52.2
W15 Sara Anderson 65.5
Miranda Harrison 69.1
W25 Sara Prince 78.1
W30 Mary Claeys-Otto 73.3

800 Meters
M25 Doug Sand 2:02.1
Glynn Taylor 2:14.5
Scott Hoag 2:30.4
M40 Don Fish 2:16.1
M50 Jim Graham 2:59.9
M60 Chuck Sochor 2:57.3
M70 George Rajcevich 3:25.4
M75 Warren Wiggins 4:25.2
W15 Katie Soucek 2:39.4
W25 Sara Prince 3:04.9
W30 Linda Bos 3:16.0
W35 Muriel Naumann 2:41.9
W40 Rosie Schires 3:33.7
Alice Winkler 3:38.2

3000 Meter Run
M20 Dan Schisler 9:26.4
M25 Nick Melling 9:22.1
Mike Ethington 10:01.2
M30 Gary Bos 11:39.6
M35 Dan Burns 9:42.4
Brad Scott 9:43.2
Karl Aronson 10:15.4
M40 Dale Keppy 10:19.3
Ron Winkler 11:12.5
M50 Dennis Werling 10:41.0
Jim Graham 12:04.2
W25 Kelley Timmerman 10:51.3

Gregg Newell Mile
Overall Male
Dan Schisler 4:28.2
M15 John Estabrook 4:36.8
Kent Cottingham 5:15.3
M20 Dan Schisler 4:28.2
M25 Les Youngren 4:31.2
Glynn Taylor 4:55.6
John Kroening 4:57.3
Scott Hoag 5:19.8
M30 Steve Beck 4:30.8
Joe Lopez 4:32.5
John Anderson 4:38.7
Doug Foster 4:53.8
Don Kick 4:54.4
Jeff Holle 5:26.7
M35 Dallas Robertson 4:44.0
Dan Burns 4:54.2
Mike Johnson 5:13.1
Bill Youngberg 6:48.6
M40 Nick Juenger 4:59.0
Dale Keppy 5:08.5
Ron Winkler 5:22.8
Pat McCaskey 5:31.5
M45 Jim Cottingham 5:32.2
M50 Jim Graham 5:51.9
M55 Fran Riley 6:19.6
M70 George Rajcevich 7:36.0
M75 Warren Wiggins 9:42.2
Overall Female-
Kelley Timmerman 5:24.9
W15 Vickie Stackwick 6:12.8
Bobbi Bradfield 6:42.0
W25 Kelley Timmerman 5:24.9
W30 Mary Claeys-Otto 5:54.0
W35 Muriel Naumann 5:30.7
W40 Claudia Scott 5:45.4
Gwen Archer 5:56.1
Karyl Colarusso 6:33.1
Alice Winkler 7:35.0
Rosie Schires 7:43.4
Laurie Youngberg 10:19.4
W45 Wanda Hartwigsen 6:29.7
W55 Donna Gulley 7:22.0
W60 Lorraine Youngberg 14:51.3
W65 Mabel Velge 8:54.6

Continued on next page

Continued from previous page

4 x 100M Relay
M50 Mel Larsen
Lee Stopoulos
Pete Stopoulos
Dave Eidahl 51.5
W15 Miranda Harrison
Lynn Brady
Jenny Folz
Megan Jones 57.0

High Jump
M15 Chad Gillam 5' 10"
Phil Gradert 5' 9"
M20 Jason Ax 6' 2"
Jesse Heath 5' 10"
M35 Jeff Watry 6' 0"
Mike Moore 6' 0"
John Valiska 5' 8"
M35 Jim Wymore 5' 2"
Jeff Smith 4' 8"
M40 Mike Davis 5' 2"
M55 R. Richardson 5' 1"
Floyd Smith 4' 9"
M60 C. Trinkner 4' 8"
Don Sibigtroth 4' 0"
Ed Failor 3' 10"
M65 Ernie Hammond 3' 8"
M70 G. Rajcevich 3' 8"
M75 Wib Ragland 3' 8"
W15 Amy Todd 5' 3"
W20 Kim Wallace 5' 2"

Pole Vault
M20 Davy Eidahl NH
M35 Mike Davis 12' 6"
Jeff Watry 10' 6"
Mike Moore NH
M45 Dave Hill NH
M55 Frank Brown 8' 6"

Long Jump
M30 Mike Campbell 16' 5¼"
Gary Bos 14' 7¼"
M35 Jeff Watry 18' 10½"
Mike Moore 17' 9½"
Randy Western No Mark
M40 Mike Davis 17' 4¾"
Walt Ewing 14' 6¼"
M50 Dave Eidahl 16' 9¼"
Lee Stopoulos 15' 1"
M55 Pete Stopoulos 16' 9½"
Frank Brown 13' 10"
M60 Clarence Trinkner 14' 11½"
Chuck Sochor 13' 10"
Ed Failor 12' 4"
Don Sibigtroth 11' 11"
M65 Mel Larsen 16'7-3/4"
Ernie Hammond 9' 10½"
M70 George Rajcevich 10' 10"
Mel Flachs 9'6-3/4"
W45 Penny Danielson 12' 6"

Standing Long Jump
M15 Chad Gillam 8' 10¾"
M20 Davy Eidahl 9' 1"
M30 Mike Campbell 8' 3"
M35 Randy Western 9'2-3/4"
John Valiska 8' 7½"
Jeff Smith 6' 8"
M40 Walt Ewing 7' 11½"
M45 David Hill 8'4-3/4"
Neil Bovey 7'10-3/4"
M50 Bob Warren 8' 6"
Dave Eidahl 7' 10"
Ron Sandberg 7' 5½"
M55 Pete Stopoulos 8'0-3/4"
Frank Brown 7' 9½"
Floyd Smith 7' 9½"
M60 Clarence Trinkner 7' 11"
Ed Failor 7' 5"
Don sibigtroth 6'10-3/4"
Chuck Sochor 6' 6½"
M65 Ernie Hammond 6' 6½"
M70 George Rajcevich 6 0½"
W15 Bobbi Bradfield 6'9-3/4"
W70 Florence Berry 4'8-3/4"

Triple Jump
M15 Chad Gillam 34' 6½"
M20 Davy Eidahl 39' 0½"
M35 Randy Western 36' 1"
Jim Smith 23' 2"
M40 Mike Davis 34' 3"
Walt Ewing 28' 7½"
M50 Dave Eidahl 32' 1"
M55 Frank Brown 27' 9½"
Floyd Smith 25' 10½"
M60 Don Sibigtroth 24' 2"
Ed Failor 21' 10"
W15 Bobbi Bradfield 24' 2"

100M Hurdles
M50 Dave Eidahl (36") 16.9
Bruce Mills " 18.0
M60 C. Trinkner (33") 16.4
Chuck Sochor " 20.2
Don Walsh " 21.3
M65 Ernie Hammond " 31.0
W15 Angie Schmitt (33") 15.8
W20 Kim Wallace " 15.7
Amy Shemek 15.8

Shot Put
M15 Todd Senters 48' 3"
M35 Mike Moore 41' 6½"
Jeff Watry 34' 5"
Larry Duncan 33' 1"
Jeff Smith 26' 1"
M40 Jerry Senters 41' 10"
M45 John Hess 31' 8"
Jim Hess 27' 2"
M50 Bob Warren 36' 8"
Carl Klehm 24' 10"
M55 R. Richardson 32' 10"
Floyd Smith 31' 11"
M60 Don Sibigtroth 33' 3"
Ed Failor 31' 1"
C. Trinkner 30'3-3/4"
M70 G. Rajcevich 28' 8"
M75 Warren Wiggins 19' 2"
W30 Linda Bos 18' 5"
W35 Vicki Johnson 24' 9"
W45 Nancy Hamilton 17' 10"
W70 Florence Berry 18' 0"

Discus
M15 Todd Senters 138' 6"
M35 Mike Moore 124' 6"
Larry Duncan 105' 2"
Jeff Watry 102' 2"
M40 Dale Wilcoxson 131' 10"
Jerry Senters 127' 8"
Mike Davis 95' 9"
M45 John Hess 102' 1"
Jim Hess 76' 7"
M50 Bob Warren 114' 4"
Terry Simons 110" 2"
Carl Klehm 64' 9"
M55 Everett Hardy 106' 7"
M60 Don Mather 123' 8"
Clarence Trinkner 96' 9"
Ed Failor 92' 5"
Don Sibigtroth No Mark
M65 Ernie Hammond 74' 3"
W35 Vicki Johnsen 67' 2"
W45 Nancy Hamilton 47' 5"
W50 Cindy Hess 40' 2"
W70 Florence Berry 42' 6"

Weight Throws
M15 Todd Senters 35# 23' 6"
M40 Jerry Senters 35# 30' 6"
M50 Carl Klehm 20# 41' 2"
" 25# 39' 1"
" 28# 37' 2"
" 35# 34' 1"
" 56# 17' 1"
" 98# 9' 2"
" 200# 4' 11"
" 300# 2' 11"
M50 Bob Warren 56# 19' 3½"
M50 Carl Klehm Caber 12' 2"
" Stone 26' 1"
" Barrel 28' 1"

Javelin
M20 Davy Eidahl 141' 1"
M25 Michael Rohl 82' 9"
M30 Doug Foster 96' 0"
M35 Mike Moore 147' 1"
Jeff Watry 138' 4"
Jim Wymore 136' 10"
John Valiska 131' 8"
M40 Al Weed 156' 8"
Mike Davis 126' 4"
M50 Bob Warren 107' 5"
Dave Eidahl 104' 0"
Ron Sandberg 78' 0"
Carl Klehm 66' 5"
M60 Don Mather 135' 2"
Clarence Trinkner 80' 0"
M55 Richard Richardson 103' 2"
W15 Jenny Folz 114' 4"
W35 Vicki Johnson 86' 7"
W45 Nancy Hamilton 48' 5"
W70 Florence Berry 44' 1"

1500M Racewalk
M25 Mike Rohl 6:56.8
Patrick Bautch 7:40.7
M35 Bill Youngberg 8:37.1
M40 Dean Easterlund 7:09.0
Steve Frey 8:06.9
M50 Ron Sandberg 7:46.2
Frank Weibel 8:16.0
M55 Frank Brown 7:47.0
M65 Ernie Hammond 11:11.0
Wayne Mitchell 12:06.3
M70 Tom Kirley 9:05.9
W20 Tammy Seed 9:25.0
W35 Cindy Simmons 10:04.4
W40 Laurie Youngberg 9:55.0
W45 Kim Schoeberl 9:21.4
W50 JoAnn Sandberg 9:54.6
Carol Brittain 9:57.6
W55 Porky Gadient 8:20.7
W60 Lorraine Youngberg 13:50.3

3000M Racewalk
W40 Dean Easterland 15:25.8
Steve Frey 16:56.9
M50 Ron Sandberg 17:00.3
Frank Weibel 17:34.0
M55 Frank Brown 17:52.0
M65 Ernie Hammond 21:15.0
Wayne Mitchell 22:30.2
M70 Tom Kirley 18:52.0
W20 Tammy Seed 19:30.3
W45 Kim Schoeberl 18:56.3
W50 JoAnn Sandberg 20:15.0
W55 Porky Gadient 17:53.0

MID-AMERICA

St. Louis Senior Olympics
St. Louis, MO; May 24

100m
M55 Vern Schewe 13.5
M60 Gene Williams 13.8
M65 Paul Saunders 13.6
M70 Joseph Hoedel 14.2
M75 Tom Walsh 15.1
M80+Emmett Bennett 18.8
W55 Dolores Domermuth 19.8
W60 Jane Clarkson 16.6
W65 Lavina Haefele 16.7
W70 Florence Berry 18.7
W75 Lucille Monroe 18.2
W80+Marie Uebel 22.2

200m
M55 Vern Schewe 27.4
M60 Ed True 29.3
M65 Paul Saunders 28.4
M70 Bob Warwick 36.6
M75 Milton Hoffman 42.2
M80+Emmett Bennett 38.9
W55 Sandra Becker 47.1
W60 Jane Clarkson 35.1
W65 Lavina Haefele 36.1
W70 Florence Betty 42.3
W75 Lucille Monroe 40.2
W80+Marie Uebel 50.9

400m
M55 Richard Strini 64.9
M60 John Rossio 66.6
M65 Jack Haefele 67.1
M70 Oscar Hartmann 84.4
M75 Larry Patterson 92.6
M80+Emmett Bennett 92.6
W55 Audrey Sullivan 98.1
W60 Jane Clarkson 81.7
W65 Dottie Gray 96.6
W70 Dorothy Owens 2:22.5
W80+Anna Ward 2:43.9

800m
M55 Richard Strini 2;42.2
M60 John Rossio 2:45.5
M65 Paul Schmitt 2:48.6
M70 Neal Emerson 3:26.3
M75 Larry Patterson 3:32.6
M80+Emmett Bennett 3:49.2
W55 Audrey Sullivan 3:49.4
W60 Betty Benkert 3:38.5
W65 Dottie Gray 3:37.6
W70 Bernice Thorton 4:43.4
W80+Anna Ward 6:29.2

1500m
M55 David Becker 5:31.4
M60 Al Smith 5:45.1
M65 Ernie Herschfield 5:40.0
M70 Neal Emerson 7:02.2
M75 Larry Patterson 7:06.4
M80+Emmett Bennett 8:12.9
W55 Audrey Sullivan 7:25.5
W60 Betty Benkert 6:59.9
W65 Dottie Gray 7:02.3
W70 Bernice Thorton 9:40.82
W80+Anna Ward 12;44.31

5000m
M55 Jim Carney 20:09.7
M60 Al Smith 20:54.7
M65 Ernie Herschfield 19:55.0
M70 Bill Schmidt 23:29.2
M75 Larry Patterson 25:42
M80+Oliver Langenhern 33:36
W55 Audrey Sullivan 27:02
W60 Madonna Buder 23:31.0
W65 Dottie Gray 25:51.2
W70+Imy Ernst 35:08

High Jump
M55 Ken Christiansen 4-8
M60 Dick Scott 4-4
M65 Harry Guth 4-6
M70 Bruce McDonald 4-0
M75 Ham Morningstar 4-0
M80+Dick Edwards 3-0
W65 Jeanne Glaub 3-2
W75 Claire Veith 3-0
W80+Marie Uebel 2-10

Long Jump
M55 Lowell Bonifield 15-7½
M60 Ed True 13-1
M65 Peter Kronberg 14-7½
M70 Oscar Hartmann 11-2½
M75 Tom Walsh 11-8
M80+Paul McDowell 8-9 3/4
W55 Skip Meyer 9-8
W60 Jane Clarkson 9-3½
W65 Lavina Haefele 11-5¼
W70 Florence Berry 9-6½
W75 Lucille Monroe 7-6½
W80+Marie Uebel 7-4½

Shot Put
M55 Bob Beck 40-7½
M60 Don Mather 34-½
M65 Phil Brusca 41-0
M70 John Allen 36-4
M75 Robert Powell 35-10½
M80+Glynn Clark 22-9½
W55 Wanda Wejzyrawicz 28-5
W60 Margaret Fox 22-3
W65 Dorothy Hassler 23-½
W70 Helen Stephens 21-1½
W75 Claire Veith 19-4 3/4

Discus
M55 Bob Beck 108-10
M60 Dick Scott 126-10
M65 Phil Brusca 128-0
M70 John Allen 99-3
M75 Ham Morningstar 101-7
M80+Vernon Kennedy 66-1
W55 Charm Sobkowski 73-3
W60 MaryJane Miller 61-2
W65 Kathleen Adair 51-4
W70 Florence Berry 45-9
W75 Claire Veith 33-9
W80+Marie Uebel 36-4

Javelin
M55 Walter Diggs 113-0
M60 Don Mather 142-5
M65 Phil Brusca 122-1
M70 Bruce McDonald 111-5
M75 Lee Todd 98-5
M80+Mike Calvin 58-7
W55 Betty Adams 61-8
W60 MaryJane Miller 65-8
W65 Irene Kerwin 38-6
W70 Helen Stephens 47-5
W75 Claire Veith 38-0
W80+Marie Uebel 41-0

1500m Racewalk
M55 Fred Adams 9:22.9
M60 Jack Griswold 8:28.1
M65 Bob Schnurbusch 9:29.8
M70 Thomas Kirley 9:10.5
M75 John Marchesini 9:53.3
M80+Paul McDowell 11:31.0
W55 Maureen Lia 9;07.4
W60 Ruth Eberle 8:33.4
W65 Polly Bailey 11:15.3
W70 Imogene Watkins 10:11.7
W75 Lucille Monroe 11:11.5
W80+Anna Ward 13:30.1

TAC Mid-America Regional Championships
Lincoln, NE; June 28

100m
M30 Greg Lewis 12.8
M35 John Adams 12.2
M40 Tom Bassett 11.5
Jim Dolezal 12.5
M45 Ross Jensen 12.5
Ken Winters 13.5
M50 Otis Perry 13.0
Bery Engebretsen 13.1
Howard Weisser 13.2
Rex Sears 13.6
M55 Stan Giles 13.8
M60 John Poppell 13.2
Fred Gunther 14.5
M65 Bob Thomas 15.2
W35 Danis Willet 12.9
Linda Peniska 17.7
W40 Karen GambleLogan 15.8

200m
M30 Greg Lewis 26.9
M35 Fred Franklin 24.4
John Adams 24.6
M40 Tom Bassett 23.7
M45 Ross Jensen 25.6
Bill Mack 26.6
Ken Winters 28.9
M50 Howard Weisser 26.9
Bery Engebretsen 27.3
Al Petroff 28.0
Rex Sears 28.4
M55 Stan Giles 29.6
M60 John Poppell 27.7
Jerry Donley 29.7
Fred Gunther 30.6

400m
M35 John Adams 55.2
Fred Franklin 56.2
Charles Yeager 59.5
Wayne Reynolds 61.6
M50 Al Petroff 61.5
Ross Greathouse 64.0
M60 Fred Gunther 67.4
W35 Danis Wilet 57.9
Norma Reynolds 67.8
Doris Hoppes 88.0

800m
M30 Dale Nielsen 2:16.9
M40 Jerry Hoeschen 2:13.1
Bob Franzese 2:13.5
M50 Howard Weisser 2:31.0
Ross Greathouse 2:32.1

1500m
M30 Dale Nielsen 4:32.8
M35 Hector Sanchez 4:36.4
Mike Maryott 4:57.9
M40 Jerry Hoeschen 4:44.6
Lou Soukup 5:04.9
Mark Peniska 5:05.6
M45 Jay Birmingham 4:57.1
M50 James Wanger 6:03.8
M55 Howard Erickson 5:35.7

5000m
M40 Ed Woerner 16:47.7
Jerry Hoeschen 19:06.0
M45 Jay Birmingham 19:49.9
M55 Howard Erickson 20:56.9
W40 Paula Birmingham 25:10.6

Short Hurdles
M40 Jim Dolezel 21.0
M45 Ken Winters 17.0
Ross Jensen 19.0
M65 Bob Thomas 110m 21.8
M60 Jerry Reiserer 80m 14.8
M70 Charles Obye 80m 15.3
W40 Sandy Maryott 17.4

Long Hurdles
M35 David Peaco 67.8
M60 Jerry Reiserer 59.5

High Jump
M35 Beasey Hendrix 4-0
M40 Thomas Thelen 5-6
Roger Lansman 5-4
Jim Dolezel 4-9
M45 Ken Winters 5-2
Roger Williams 5-0
M50 Jay Knepper 4-8
M60 Bill Butterworth 4-6
Ed Failor Sr 4-2
M70 Chas Obye 4-4
W40 Sandy Maryott 4-2

Pole Vault
M30 Dave Yelken 14-3
M35 Chas Yeager 9-0
M40 Jim Dolezel 9-0
M60 Jerry Donley 11-6

Long Jump
M40 Jim Dolezel 16-11¼
M50 Rex Sears 16-5
James Wagner 15-1
M55 Stan Giles 13-6½
M60 Jerry Reiserer 14-4½
Ed Failor Sr 12-1½
M65 Bob Thomas 14-0
M70 Chas Obye 14-2 3/4
W40 Sandy Maryott 12-11

Triple Jump
M30 Terry Armitage 46-2½
M40 Jim Dolezel 32-7½
M60 Bill Butterworth 27-10
M70 Ed Failor Sr 22-1½
M70 Chas Obye 28-6½

Shot Put
M30 Ted Bulling 46-6½
Jeff France 32-4½
M40 Jerry Senters 44-2½
Tom Thelen 38-2¼
M45 Bill Maack 34-11
M50 Otis Perry 36-5½
M55 Tom Wesselowski 44-2½
M60 Bill Brazelton 34-5½
Jack Eighmy 32-3¼
Ed Failor Sr 27-1½
M65 Bob Thomas 30-5½
M70 Scott Herman 41-5
M75 E Lee Todd 32-11½

Discus
M30 Jeff France 111-11
M40 Dale Wilcoxson 141-11
Jerry Senters 141-10
Thomas Thelen 98-10
M45 Bill Maack 119-10
M50 Otis Perry 111-9
Alex Meyer 108-10
M55 Tom Wesselowski 122-6
M60 Jerry Reiserer 123-8
Bill Brazelton 121-2
Bill Butterworth 103-6
Ed Failor Sr 97-6
Jack Eighmy 84-9
M65 Harold Kroeker 129-9
Bob Thomas 98-2
M70 Scott Herrman 112-10
M75 E Lee Todd 95-6
W35 Vicki Johnson 65-7

Javelin
M35 Beasey Hendrix 140-1
M50 Alex Meyer 132-0
M60 Bill Brazelton 132-10
Jerry Reiserer 88-6
M65 Harold Kroeker 73-2
M75 Lee Todd 100-8
W35 Vicki Johnson 88-9

Minnesota Masters/Seniors EM "R" T&F Meet
St. Paul, MN; July 5

*All-American Performance

110mH
M30 Ken Frank 15.08
Bill Jahner 15.09

100mH
M50 George LaBelle 18.03
*M55 Jim Peterson 18.32

80mH
*M70 Charles Obye 15.03
Bob Warwick, Sr. 18.03
W55 Rachel Lyga 19.06

55m
M30 Bill Jahner 6.56
M40 Howard Sundberg 6.72
M50 George LaBelle 7.65
M55 Jerry Anderson 7.22
M60 L.S. "Andy" Anderson 7.02
M65 Chuck Olson 8.09
M70 Bob Warwick. Sr. 8.77
W55 Rachel Lyga 8.35

100m
M30 Bill Jahner 11.97
M35 Patrick Boulay 13.15
M40 Howard Sundberg 11.99
M55 Jim Peterson 13.62
*M60 L.S. "Andy" Anderson 13.05
M65 Charles Cuddihy 15.41
M70 Bob Warwick, Sr. 17.07
W40 Deb Vestal 21.44
*W55 Rachel Lyga 15.69

200m
M40 Howard Sundberg 25.53
M50 David Bennett 27.44
George LaBelle 30.22
*M60 L.S."Andy" Anderson 26.97
W40 Deb Vestal 50.31
W55 Rachel Lyga 35.78

400m
M50 David Bennett 1:01.16
*M60 L.S. "Andy" Anderson 1:04.94
M70 Bob Warwick, Sr. 1.33.72

400mRW
M35 Jeff Sovereign 2:35.09
M50 George LaBelle 2:09.18
M60 James Gibb 2:16.25

800m
M40 Howard Sundberg 2:17.72
Shawn Regan 2:18.72
M55 Ted Oviatt 2:58.69
*W35 Elizabeth Sundberg 2:55.01

One Mile
*M50 Rick Kleyman 4:57.50
M55 Gary Defrance 5:30.94
Ted Oviatt 6:15.15
W35 Elizabeth Sundberg 6:28.72

Two Miles
M55 John Kramer 10:48.75

Family Fun Relay
SUNDBERG- 1:03.50
Michael (8) & Jonathan (6)
Elizabeth (38) Eric (11) Howard (41)

High Jump
M30 Ken Frank 6-0
Bill Jahner 5-8
M35 Patrick Boulay 5-6
M50 George LaBelle 4-2
*M55 Tom Langenfeld 5-3
Jim Peterson 4-4
Ted Oviatt 4-2
M60 Emmett Edwards 4-2
James Gibb 4-0
*M70 Charles Obye 4-4
Bob Warwick, Sr. 3-10½
*W55 Rachel Lyga 3-11¼

Long Jump
M30 Bill Jahner 18-8
Ken Frank 18-8
M35 Patrick Boulay 16-1
M40 Timothy Fuehrer 11-9
M50 George LaBelle 13-18
M55 Jim Peterson 14-10½
Ted Oviatt 12-7
Jerry Anderson 11-10½
M60 Emmett Edwards 12-3
*M70 Charles Obye 14-8
Bob Warwick, Sr. 10-10
W40 Deb Vestal 8-2½
*W55 Rachel Lyga 12-1

Triple Jump
M30 Bill Jahner 39-4
Ken Frank 36-11
M50 George LaBelle 27-6
*M55 Jim Peterson 31-2½
*M70 Charles Obye 28-2
*W55 Rachel Lyga 25-2

Pole Vault
M30 Ken Frank 12-6
M35 Patrick Boulay 8-6
M50 Jim Noonan 10-0
M55 Ted Oviatt 8-6
Jim Peterson 7-6
M70 Bob Warwick, Sr. 7-3
W55 Rachel Lyga 3-8

All Official Weights-HW,SP,DI,JA,TJ

Hammer
M50 George LaBelle 61-6
*M60 Larry Marsh 108-10
Emmett Edwards 88-11½
W55 Rachel Lyga 72-0

Shotput
M40 Jerry Senters 42-¾
Timothy Fuehrer 25-2
M45 Ron Predovich 33-1½
M50 George LaBelle 34-6
M55 Jim Peterson 31-10½
M60 Emmett Edwards 32-7
M65 Chuck Olson 27-7
M70 Bob Warwick, Sr. 24-7
W55 Rachel Lyga 22-10

Discus
M35 Patrick Boulay 104-10
*M40 Jerry Senters 144-3½
M45 Ron Predovich 101-11
M50 George LaBelle 88-0
M55 Jim Peterson 110-3
Ted Oviatt 96-4
M60 Larry Marsh 121-8½
Emmett Edwards 119-3½
James Gibb 108-5
M65 Chuck Olson 94-0
M70 bob Warwick, Sr. 73-5

Javelin
M35 Patrick Boulay 111-2
M45 Ron Predovich 94-8
M50 George LaBelle 110-6
M55 Jim Peterson 98-5
M60 Larry Marsh 107-1
Emmett Edwards 90-5

Weight Toss
M50 George LaBelle 26-7
M50 Larry Marsh 34-4
Emmett Edwards 32-6
W55 Rachel Lyga 18-8

SOUTHWEST

Ponca City Track Classic
Ponca City, OK; May 30

High Jump
M40 Jim Dolezel 4-10
M45 Jim Johnson 5-6
Tim McGough 4-9
M60 Bill Butterworth 4-9

Pole Vault
M40 Jim Dolezel 14-7½
M45 Tim McGough 11-2 3/4
M55 Stan Giles 12-7 3/4
M70 Foster Johnson 11-2

Triple Jump
M45 Bob Everoski 29-6
M60 Bill Butterworth 29-2

Shot Put
M45 Dan Dewelt 36-7½
M55 Jim Barnhart 12# 34-8
M60 Wendell Palmer 45-6½
Floyd Jack 39-4½
Dick Scott 34-3
M70 S C Herrman 40-7

Discus
M45 Dan Dewelt 120-0
Tim McGough 88-4
M55 Jim Barnhart 75-7
M60 Wendell Palmer 176-2
Floyd Jack 123-5
Bill Butterworth 112-4
M65 Ed Hooker 139-10
M70 S C Herrman 112-1

Javelin
M45 Rick Fitzgerald 111-8
M55 Jim Barnhart 74-4
M60 Wendell Palmer 116-2
Dick Scott 95-10
Floyd Jack 84-4

TAC Southwest Regional Championships
Dallas, TX; June 6

100M
M30 Ronald Hudson 11.22
victor Langley 11.40
Jerrod Handy 11.46
Lindy Raney 11.48
Clevphis Collier 11.72
Don Locke 11.90
Rich Wendling 12.89
M35 Derrick McBay 11.50
Richard Mayfield 11.76
Roy M Roberson 12.13
Anthony King 12.76
Richard Watson 14.42
M40 J. B. Haggerty 11.55
Robert Hahn 12.39
Floyd Spillen 12.69
Hodge Kirby 12.99
M45 Ed Jones 11.93
Doug Spencer 12.20
Tory Matthias 12.33
Herb Stein 12.35
Willie Smith 12.50
M50 Emil Pawlik 12.46H
M55 Wayne bennett 12.57H
Clifton Yeager 14.53H
M60 Joe Summerlin 13.62
Bill Dovers 14.34
Dick Scott 14.90
Bill Pardue 17.50
M65 Winn Talley 15.24
J D Gresham 15.40
M70 Tim Murphy 13.57
M75 Fred White 16.13
W open M Roberison N/T
Rebecca Langley 14.63
Kimberly Timbrook 15.56
W30 Pamela King 13.25
W40 Rene Blenden 15.12
W50 Mary Luker 14.32
W55 Eda Raygore 18.87
W60 Billye Talley 19.89
W65 Johnnye Vallen 17.73

200m
M30 Michal Houston 23.47
Lindy Raniey 23.85
Don Locke 24.15
Brian Southwell 25.57
M35 Derrick McBay 24.55
Richard Mayfield 24.93
Alford Williams 25.39
Roy M. Roberson 25.81
M40 Tom Thompson 23.30
J.B. Haggerty 23.65
Floyd Spiner 25.92
Hodge Kirby 27.00
M45 Ed Jones 24.55
Doug Spencer 24.74
Herb Stein 25.28
Willie Smith 25.68
Tony Matthias 31.12
M50 John Harkas 27.43
Clifton Yeager 30.40
M55 Wayne Bennett 26.84
M60 Joe Summerlin 28.94
Bill Bowers 30.96
Dick Scott 31.62
M65 Winn Talley 32.94
J. D. Gresham 34.00
M70 Tim Murphy 28.24
W30 Pamela King 27.95
W40 Rene Blenden 31.50
W50 Mary Luker 29.70
W55 Ema Gore 42.57
W60 Billye Talley 42.85
W65 Johnnye Vallen 37.89

Continued from previous page

400H
M30 Freddie Wilson 49.90
Brian southwell 54.40
Todd Essary 56.92
M35 James Reppert 53.36
Richard Watson 66.10
M40 Tom Thompson 52.96
Jerry Feldhausen 58.56
M45 Ruben Whitney 60.13
John kajonder 62.70
M50 John Harkas 60.52
M55 Wayne Bennett 60.69
M75 Fred White 83.34
W open T Parson 63.66
W40 Sue Thompson 82.20

800M
M30 C Delford 1:54.31
Fred Wilson 1:58.88
Dick Galen 2:03.79
Jeff Brover 2:11.76
Ken Benkins 2:17.03
M35 Rick Easley 2:00.80
M40 Mike McCracken 2:08.20
Herstan Hall 2:09.20
Terry Feldhausen 2:12.80
Decker Micham 2:19.08
M45 John Kajander 2:20.68
M50 John Harkas 2:30.11
Gib Brown 2:35.63
M65 Bob Wingo 2:56.33

80M H H
W50 Mary Luker 15.35

110 H H H
M30 Jeff Brower 16.33
Rich Wendling 19.27
M40 Robert Hahn 18.45
John Moray 20.50
Jim Dolezel 21.44
M50 100M H H
Emig Pavlik 15.55
Mike Wilwite 33.03
M55 George Jageman 21.17

400M I H
M30 Michach Houston 59.9
M45 Ray Burrus 64.8
John Morris 71.9

1500 H
M30 Leonard Harrel 4:59.02
M35 Rick Easley 4:37.16
James Repper 4:52.36
M40 Mike McCracken 4:33.63
M45 John Kasanpen 4:53.20
M50 GIB Brown 5:23.92
M65 Winn Talley 6:32.75
Bob Wingo 6:33.36

4X100M Relay
M60-69 53.74
Bill Bowers, Bill Pardue,
Joe Summerlin & Tim Murphy

5000M RUN
W open K. Timbrook 25:23.4
M40 Tony Colon 16:24.99
M60 Rorert Coffee 21:16.00
HIGH JUMP
W65 Johnnye Valien 3'08"
M30 Jeff Brower 6'02"
Ken Ellis 5'10"
Leonard Harrel 5'10"
M35 Roy Roberson 5'06"
Richard watson 5'00"
M40 Jim Dolezel 5'00"
M45 Jack Manning 5'00"
Lee Powell 4'02"
M50 Ehin Pavlik 5'06"
Emil Jackson 5'02"
M55 George Jageman 4'04"
Richard Hein 5'00"
M60 Dick Scott 4'08"
M70 Bill Sampsam 4'00"

POLE VAULT
M OPEN R. Dehollander 17'0"
Scott Henning 17'0"
Burry Hunt 16'6"
M30 Ken Ellis 14'0"
Todd Essary 11'0"
Tom Garzillo 10'0"
M35 James Fountain 14'0"
Paul Richards 12'0"
M40 Dan Jones 12'0"
M50 Mike Wilhite 5'0"
M55 George Jageman 9'0"
M60 Joe Thomas 5'0"
M70 Bill Sampson 6'0"
LONG JUMP
W OPEN A. Black 19'101/2"
Rebecca Langley 12'8 1/2"
W30 Famala King 14'5"
W65 Johnnye Valien 9'9 3/4"
M30 J.H. Beake 22'5 1/2"
Clevphis Collier 19'9"
Jeff Brover 19'2 1/2"
Todd Essary 15'10 3/4
M40 Hodge Kirby 16'6 3/4"
Jim Dolezel 16'3 1/2"
M45 Ed Jones 19'7 3/4"
Herd Stein 17'7 1/4"
Lee Powell 14'6 1/2"
M50 Emil Pavlik 17'10"
Mike Wilhite 17'6 1/2"
M55 George Jageman 13'6 1/4"
M60 Dick Scott 14'9 1/4"
TRIPLE JUMP
M40 Robert Hahn 35'3 1/2"
Jim Dolezel 31'6"
M50 Mike Wilhite 10' 3 1/2"
SHOT
W75 Betty Jarvis 17'5"
M30 Ken Ellis 39'9 1/2"
Todd Essary 36'3 1/2"
M35 Richard Watson 33'9 1/2"
M40 Jim Dearth 37'3/4"
M45 Lee Powell 29'6"
M55 Richard Hein 42'00"
John Lindsey 38'8 1/2"
George Jageman 35'10"
M60 Wendell Palmar 43'0 1/2"
Dick Scott 33'0 3/4"
Joe Thomas 29'8"
M65 J.B. Gresham 28'10 1/2"
DISCUS
W75 Betty Jarvis 56'1"
M30 Todd Essary 96'22"
M35 Richard Watson 96'11"
M45 Lee Powell 94'0"
M50 Gib Brown 89'5"
Mike Wihite 59'11"
M55 John Lindsay 116'6 1/2"
George Jageman 87'11"
M60 Wendell Palmar 174'3"
Dick Scott 114'2 1/2"
Joe Thomas 101'1 1/2"
Craig Tyler 93'10"
M65 J.B. Gresham 92'4"
HAMMER
M30 Mark Carpenter 137'10"
M35 Richard Watson 95'09"
M55 John Lindsey 110'51/8"
M60 Wendell Parmer 127'31/2"
Joe Thomas 74'31/2"
W76 Betty Jarvis 57'11"
JAVELIN
W75 Betty Jarvis 42'6"
M30 Todd Essary 146'6"
M35 Richard Watson 125'6"
M50 Gib Brown 117'7"
Mike Willhite 74'5"
M55 Jim Duncon 114'10"
John Lindsay 104'4"
M60 Wendel Palmar 120'1"
Dick Scott 103'1"
Craig Tyler 82'0"
5K Race Walk
W45 Karen Anderson 33:32
W55 Dorella Skremeta 41:19
M45 Joe Anderson 27:40.
M55 F. Donalpson 26:40
M70 Jim Gross 35:41

Oil Capital Meet
Andrews, TX;
June 13

100y
M60 Tim Murphy 11.57
M70 John Alexander AR12.34
M30 Steve Havlak 13.14
M35 Tom Bloxom 11.41
M40 Tom Acrey 11.50
M45 John Morris 12.52
M50 Steve Ireland 12.26
200m
M30 Steve Havlak 28.41
M35 Tom Bloxom 23.10
M40 Thomas Acrey 25.04
M45 John Morris 26.87
M50 Billy Durham 28.49
M60 Tim Murphy 27.55
M70 John Alexander 28.38
400m
M35 Joe Tranthum 65.12
M40 David Rodriguez 58.35
M50 Steve Ireland 59.13
800m
M35 David Reyes 2:53.06
M50 Marrel Balla 2:22
5000m
M35 Jerry Wade 21:17
M40 Wendell Harper 21:41
M45 Manuel Davila 22:20
M50 Joe Naylor 30:31
M55 J R McAdams 27:37
High Jump
M35 J J Mathews 5-8
M45 John Morris 4-6
M50 Peter Reide 4-6
M60 Joe Thomas 3-3
Pole Vault
M60 Joe Thomas 4-6
M65 Chet Henninger 7-9½
Long Jump
M35 J J Mathews 18-9
M45 John Morris 13-5
M50 Buffe Morrison 14-1
Triple Jump
M35 Kyle Large 37-7½
M50 Buffe Morrison 24-11
Shot Put
M35 Steve Partridge 46-4½
M40 Gill Warren 35-9¼
M50 Buffe Morrison 32-0
M60 Wendell Palmer 43-1½
Discus
M35 Steve Partridge 171-3
M40 Gill Warren 109-10
M50 Buffe Morrison 92-3
M60 Wendell Palmer WR187-2
M70 John Alexander 108-2
Hammer
M35 Steve Partridge 166-2
M40 Gill Warren 81-5
M50 Buffe Morrison 105-11
M60 Wendell Palmer 152-5#?
Javelin
M30 Steve Havlak 98-11
M35 J J Mathews 150-1
M40 John Parra 117-8
M60 Wendell Palmer 110-4
Weight
M35 Steve Partridge 31-5
M40 Gill Warren 31-5
M60 Wendell Palmer 35-3½

WEST

Masters 100m
Modesto Relays
Modesto, CA;

1	Stan Whitley	46	11.0h
2	Hugh Adams	52	11.92
3	Marion Sanchez	59	12.37
4	Dennis Duffy	49	12.43
5	Bruce Springbett	59	13.01
6	Bill Probst	50	13.08
7	Fred Sims	--	13.11
8	Bernie Stevens	--	13.43
9	Hugh Washington	--	nta

Mt. SAC Relays
Walnut, CA;
April 18

Age-Graded 100	Hcp	Age	Time
Stan Whitley	8.3	46	10.23
Walt Butler	10.6	51	10.65
Frank Little	9.2	48	10.77
Cliff McPherson	17.1	63	11.09
Herman Castille	7.0	43	11.15
Jack Talsky	10.1	50	NT
Eugene Driver	6.1	41	DNF
Ken Dennis	12.1	54	DNF

Bruce Jenner Meet
San Jose, CA;
May 30

100m (W40+)
Jutta McCormick, 51 14.55
Judy Ace, 40 14.56
Marti Behrens, 43 14.74
Jane Duff 15.39
Kay Lyons, 53 15.48
Fei-Mei Chou Lee, 57 16.47
Shirley Dietderich, 65 18.55
Marge Moore, 59 19.01

7th Annual Meet of Champions
Los Angeles;
May 30

100m
M35 John Green 11.3
Peter Tatematsu 12.1
M40 T. Bouequey 11.8
George Wong 12.3
Roger Nowak 13.0
M45 Theo Viltz 12.3
Sheridon Groves 12.4
Tony Craddock 12.8
M50 Walt Butler 11.9
Jack Talsky 12.5
Ron McKnight 13.5
M55 Roger Tsuda 13.0
M60 Rocky McPherson 12.9
Sam Flory 13.2
M65 Bob Watanabe 15.5
M70 Tom Patsalis 14.0
Larence Killion 15.2
M75 Bert Morrow 17.3
Harry Yu 19.6
M85 John Rust 20.3
W40 A. Wlodarczyk 12.4
W45 Donna Cunningham 16.1
200m
M30 J. Smith 22.4
M35 Wm. Qualls 23.2
Wm. Harry 23.9
John Green 24.6
M40 Gene Driver 23.5
Herm Castillo 24.0
T. Boucquey 24.4
M45 Bill Weinstock 24.3
Sheridon Groves 26.1
Charley Loftis 26.3
M50 Walt Butler 25.1
Jack Talsky 25.6
Fred Niedermeyer 26.5
M55 Roger Tsuda 27.2
M60 Sam Flory 28.5
Lew Beadle 29.1
Frank Kishi 30.0
M65 Bob Watanabe 31.7
M70 Clarence Killion 32.1
Bob Hunt 36.0
M85 John Rust 48.0
400m
M30 J. Smith 50.9
M35 Milt Qualls 49.9
Bill Harry 51.8
F. Williams 56.9
M40 Herm Castillo 53.8
Gene Driver 55.9
M45 Don Parker 52.5
M50 Jack Talsky 57.7
M60 Rocky McPherson 63.2
Lew Beadle 65.3
M65 Bill Fitzgerald 70.8
Bob Watanabe 93.5
W30 Pam Widmann 69.5
W35 Tina Stephan 66.3
W60 Sumi Leonard 94.5
800m
M30 Hamp Zadoyan 2:06.9
Bill Relford 2:09.7
Herm Duncan 2:13.4
M40 Conrad Brook 2:05.0
M45 Bob Russell 2:10.5
M50 Bob McAlpine 2:21.3
M59 Ross Dunton 2:24.8
M60 Bob Culling 2:37.3
Lloyd McGuire 2:38.4
Efrian Sanchez 2:43.6
W50 Yvette LaVigne 2:37.2
W55 Jean Hoaglund 2:49.6
W60 Sumi Leonard 3:45.0

1500
M30 Jim Reed 4:21.2
M35 F. Williams 5:03.6
M40 Conrad Brooks 4:32.0
M45 Rob Russell 4:40.2
M60 Bob Culling 5:01.1
Gunnar Linde 5:11.4
W50 Yvette LaVigne 5:22.2
3000m
M45 Rob Russell 10:47
Luigi Schiavo 13:56
M55 W. DeRothne 22:11
M60 Pat Devine 11:32
110H
M45 Theo Viltz 15.5
Sheridon Groves 18.0
M50 Walt Butler 13.5
Alvin Henry 14.9
M60 Dave Jackson 15.7
Will Robinson 19.5
M70 Tom Patsalis 13.9
Bob Hunt 16.7
Chuck McFate 17.6
M75 Bert Morrow 18.3
W40 A. Wlodarczyk 11.8
400H
M35 Mike Merrigan 44.0
M45 Sheridon Groves 46.1
M50 Bill Knocke 46.0
Fred Niedermeyer 46.7
M60 Will Robinson 50.6
M70 Bob Hunt 65.8
M75 Pete Ganahl 66.1
Bert Morrow 71.2
Steeplechase
M35 Neal Bojko 8:15.7
Jeff Widmann 10:06.7
M45 Luigi Schiavo 9:47.9
W30 Pam Widmann 9:52.7
4x100 Relay
M50 SC Striders 54.8
M60 LAVAC 58.0
Distance Medley
M30 SC Stirders 12:36.6
M60 SC Striders 14:06.8
High Jump
M30 Kyle Snay 5-10
M35 Mel Embree 6-0
Jason Meisler 6-6
M70 Chuck McFate 4-0
M75 Pete Ganahl 3-10
W40 A. Steeklenburg 5-0
Pole Vault
M30 Greg Charles 14-0
Dave Shickling 12-0
M40 Steve Morris 13-6
Wayne Shaul 9-0
M45 Mike Morris 10-6
Bob Bly 13-0
M55 Ray Fitzhugh 9-0
Hal Smith 8-0
M75 Jim Vernon 8-6
M80 Carol Johnston 8-0
Long Jump
M40 John Kuechle 18-6
Mike McCarty 13-11
M45 Bob Bly 16-6
M55 Roger Tsuda 16-7¼
M70 Tom Patsalis 15-1
M75 Harry Yu 7-10½
M80 Art Vesco *6-6
W40 A. Wlodarczyk 17-6¼
Triple Jump
M35 Tom Stuthard 40-1
M40 Milan Tiff 48-2½
M50 Alivin Henry 37-0¼
M60 Dave Jackson 36-5¼
M70 Tom Patsalis 31-7¼
M75 Harry Yk 16-3
M80 Art Vesco 14-6
Shot Put
M35 Bill Pendleton 45-5½
Val Olotoa 44-1
Scott West 44-10
M40 Mike Nash 47-8½
Mike Deller 43-2
M45 Lee Schwartz 29-2
M50 Paul Vermillon 44-7½
M55 Hal Smith 40-7¼
Ron Wade 35-7½
Mike Devlin 35-4½.
M60 Arnie Gaynor 39-5
Art Bergman 29-10
M70 Mike Castenada 33-9
M80 Art Vesco 21-6¼
W35 Janet Wilson 33-5
Discus
M35 Val Olotoa 133-1
Russ Reabold 132-4
Bill Pendleton 118-1
M40 Mike Deller 139-6
Mike Nash 133-1
M45 Mike Woodward 123-9
Lee Schwartz 115-2
Tom Starbuck 93-11
M50 Al Brown 135-5
Dave Nuttall 110-3
Abe Sheinker 99-0
M55 Stew Thompson 144-1
Hal Smith 124-5
Ron Wade 118-3
M60 Arnie Gaynor 121-5
Art Bergman 96-9
M70 Jerry Siefert 114-8
Bob Hunt 100-9
M80 Art Vesco 58-6
W35 Janet Wilson 147-0
Hammer
M35 Bill Pendleton 106-10
M40 Mike Deller 152-6
M45 Mike Woodward 106-10
M50 Al Brown 115-11
Abe Sheinker 99-5
M55 Stew Thompson 164-10
M80 Art Vesco 67-9
Javelin
M35 Tony Ciapelli 201-0
Frank Vacek 155-6
M45 Mike Woodward 120-1
Tom Starbuck 114-10
Luigi Schiavo 72-9
M50 Dave Nuttall 113-11
Larry Stuart 203-0
M55 Hal Smith 118-5
Leon Barette 65-2
Mike Devlin 110-11
M60 Bud Held 188-9
Del Pickarts 165-2
M80 Art Vesco 51-0
W55 Pat Devlin 53-9
5K RW
M50 Bill Neder 27:26
M55 Bob Meador 28:19
Walter DeRothne 41:00
M60 Ted Greiner 30:38
W45 D. Cunningham 28:51
Kern Helms 31:41

Aloha State Games
Honolulu, HI;
June 12-13

100m
M30 Kent Plunkett 11.8
M35 Dacre Bowen 11.1
M40 Joel Keil 11.8
M45 David Walker 11.9
M50 Martin Hee 13.0
M55 Bill Cunningham 14.7
M65 Robert Voege 17.1
W30 Jeanette McCoy 12.9
W35 Ethle Guerrero 16.3
W40 Robyn Calhoun 13.8
W45 Delie Suarez 20.2
200m
M40 Fred L¼sano 26.1
M45 David Walker 25.7
M50 Roy Shishido 30.6
M55 Bill Cunningham 30.4
M65 Robert Voege 38.2
W30 Jeanette McCoy 27.5
W35 Ethel Guerrero 36.6
W40 Robyn Calhoun 30.4
400m
M30 Mark Elwell 53.5
M35 Billy Blair 1:00.9
M40 Fred Losano 58.7
M45 John Bush 59.7
M50 Jack Karbens 1:01.6
M55 Bill Cunningham 1:10.2
W35 Ethel Guerrero 1:19.2
W45 Mililani Jones 1:30.5
800
M30 Mark Elwell 2:02.1
M35 Joe Laturnau 2:17.1
M40 Fred Losano 2:17.9
M45 Jon Kunitake 2:28.4
M50 Howard Wiig 2:48.4
M55 Richard Sullivan 2:42.1
M60 Del King 4:06.1
M70 Martin Sherman 3:49.5
M75 Bob Terukina 4:00.3
1500
M35 Joe Laturnau 4:39.1
M40 Duncan MacDonald 4:12.4
M45 Jon Kunitake 5:00.0
M50 Howard Wiig 5:32.4
M55 Richard Sullivan 5:25.9
M60 Del King 5:59.6
M70 Naoto Inada 5:59.6
W30 Florence Jenkins 6:54.9
W35 Janice Charma 6:04.2
W60 S. Miyashiro 7:37.1
3000m
M30 W. Johnson 9:51.7
M35 S. Miyashiro 10:03.0
M40 Wm. James 9:48.3
M45 Jon Kunitake 11:17.8
M55 Richard Sullivan 11:54.0
M60 Del King 13.25.0
M65 Bob Henniger 13:36.8
M70 Martin Sherman 15:21.3
W30 Florence Jenkins 14:10.3
W35 Nèllie Lee 13:08.0
W60 S. Miyashiro 15:52.7
110H
M35 Derek Bolds 20.6
M40 19.4
M45 Bob Larson 19.7
4x100
M30 Kamehaeha TC 46.4
M40 Hawaii Masters TC 50.3
M50 Hawaii Masters TC 59.1
M70 Hawaii Masters TC 1:19.7
W30 Hawaii Masters TC 57.2
4x400
M30 Kamehameha TC 3:54.3
M40 Hawaii Masters TC 4:04.4
M50 Hawaii Masters TC 5:00.4
High Jump
M35 Darryl Wong 1.68
M40 Larry Luehrs 1.57
M45 Ron Schaedel 1.52
M50 Nate Aiwohi 1.37
M60 Sheldon Varney 1.42
M70 Ken Wheeler 1.17
Pole Vault
M35 Henry Dutro 2.74
M40 Larry Luehrs 2.89
M50 Nathan Aiwohi 2.13
Long Jump
M30 Dan Kellarney 6.05
M35 Mack Dutro 5.72
M40 Welmon Walker 4.65
M45 Clement Chun 5.30
M50 Nathan Aiwohi 4.74
M65 Bob Voege 3.50
Triple Jump
M35 Darryl Wong 11.96
M40 Gary Austin 10.23
M45 Clement Chun 8.51
M50 Lionel Low 10.06
Shot Put
M30 Miles Kaonohi 12.23
M35 Dale Carstensen 9.72
M40 Scott Brooks 11.68
M45 Lawrence Larson 8.77
M50 K. Kanehe 10.84
M65 Roger Lee 7.01
M70 Ken Wheeler 9.48
W50 Pat McLachlan 10.00
Discus
M30 Brian Ueno 36.50
M35 Dale Carstensen 35.50
M40 Scott Brooks 30.82
M45 Ronald Cabalse 20.67
M50 Kaehu Kanehe 35.84
M55 Ed Van Pelt 41.24
M70 Ken Wheeler 33.88
W50 Pat McLachlan 20.06
1500RW
M35 Charles James Jr. 9:24
M40 Gordon Chang 10:15
M45 Harlow Urabe 13:54
M65 Tom Loomis 10:44
M70 Chuck Yogi 11:33
W30 Joao Blessing 10:03
W35 Cheryl Embry 8:13
W50 Joan Davis 10:55
W80 Adaline Crocker 13:54

TAC/Pacific Masters Championships
Los Gatos, CA;
June 13

100m
M30 Allen Tucker 11.41
Ted Jeung 11.63
Harold Hibbert 12.31
M35 Darrell Smith 11.56
Milton Qualls 11.59
Lee Larkins 11.87
Ken Wun 12.11
Mark Robinson 12.22
M40 Paul Raymond 12.01
Earl Bryant 12.19
Larry Lettieri 12.25
Ray Yeck 12.29
Ed Washington 12.70
M45 George Carty 12.11
Gary Patterson 12.30
Terry Tiernay 12.34
Bill Alston 12.36
Bill Probst 13.39
M50 Walt Butler 11.56
Martin Adamson 12.06
Hugh Adams 12.47
Gil LaTorre 12.51
M55 Rich Young 13.74
Marcel Cote 13.99
Ben Rivera 14.16
M65 Carl Orndoff 14.89
M70 Frank Toner 15.34
Clarence Killion 15.36
Bob Hunt 15.91
M75 Payton Jordan WR13.40
Clarence Trahan 16.99
M80 Wilfred Bigelow 18.30
W30 Michele Demby 13.78
Laurie McCarthy 18.57
W50 Jutta McCormick 14.35
Kay Lyons 15.72
Cherrie Sherrard 18.57
W55 Fei-Mei Chou 16.87
W60 Shirley Dietderich 18.45
W70 Diane Ogilvie 19.95
Josephine Kolda 19.96
200m
M30 Allen Tucker 22.85
Ted Jueng 23.82
Harold Hibbert 24.59
Peter Elias 25.46
M35 Darrell Smith 23.59
Bruce McCarthy 23.81
Mark Robinson 24.90
Rick Thoman 24.99
Frank Demby 25.12
M40 Paul Raymond 24.57
Ray Yeck 25.04
Earl Bryant 25.06
Larry Lettieri 26.13
Ed Washington 26.73
M45 Matt Pruitt 23.77
Dennis Duffy 25.14
Terry Tierney 25.22
Gary Patterson 25.36
Garry Mader 25.54
M50 Walt Butler 24.53
Martin Adamson 24.75
Gil LaTorre 25.73
M55 Bruce Springbett 26.79
Marcel Cote 27.92
Rich Young 28.12
M60 Marion Sanchez 25.75
Don Benton 26.86
Bernard Stevens 27.72
Vernon Regier 28.14
Huel Washington 28.63
M65 Carl Orndoff 30.76
M70 Clarence Killion 32.18
Frank Toner 32.19
M75 Payton Jordan WR28.10
W30 Michele Demby 29.40
W45 Janie Duff 31.46
W50 Jutta McCormick 29.71
W55 Fei-Mei Chou 35.73
400m
M30 Chris Hughes 53.00
William Ward 55.19
Ed Marchand 55.76
Harold Hibbert 56.03
M35 Milton Qualls 51.40
Will Stokes 57.19
Ken Wun 57.49
M40 Brooks Conrad 56.64
Paul Raymond 58.89
Ray Yeck 58.98
M50 Martin Adamson 55.66
M60 Marion Sanchez 64.20
Alex Pappas 65.69
Fred Gunther 66.61
M65 Jerome Lopes 96.50
M70 Pierre DelFausse 94.50
W40 Martie Behrens 67.16
Judy Ace 68.61
W45 Janie Duff 73.98
800m
M30 Gary Marty 2:01.0
Greg Kindig 2:01.6
Tony Melody 2:09.1
Arnold Rivas 2:09.2

Continued on next page

Continued from previous page

M35 Glenn Carpenter 2:00.0
Rick Kushman 2:04.8
Mike Fanelli 2:09.5
Jim Bordoni 2:13.9
Argelio Tobar 2:18.5
M40 William Hughey 2:06.8
Steve Ferraz 2:10.0
Brooks Conrad 2:14.1
Kurt Gravenhorst 2:17.5
Wayne Morris 2:18.8
M45 Searcy Barnett 2:06.7
Jim Hampton 2:07.9
Dennis Duffy 2:11.1
M50 Andre Dunkell 2:06.2
Ty Nelson 2:18.3
Bob Loggins 2:22.3
M55 Gerry Czamanske 2:35.3
Wm Flodberg 2:44.9
M60 Fred Gunther 2:36.0
John Russell 2:36.7
M65 Joe King 2:39.4
M75 Ray Mahannah 3:32.5
Pierre DelFausse 3:36.1
W30 Ann Dyer 2:25.8
Darlene Green 2:28.5
Susan Locke 2:34.6
Joan Case 2:39.6
W40 DeeDee Grafius 2:30.6
Judy Ace 2:33.8
W50 Jutta McCormick 2:31.0
Yvette LaVigne 2:33.9
Nadine O'Connor 2:40.2

1500m
M35 Jason Ballman 4:12.3
Rick Kushman 4:19.3
M40 David Amster 4:13.8
Tim Shannon 4:20.3
Bill Brusher 4:28.5
John Christianson 4:32.0
Rich Batty 4:41.3
M45 Mike Ackley 4:21.0
Harvey Franklin 4:23.1
Gabriel Sandoval 4:24.3
M50 Andre Dunkell 4:38.3
Tim Rostege 4:43.1
Jim Bevins 5:03.2
M55 Chas Wimberley 4:36.1
M65 Joe King 5:09.7
M70 Pierre DelFausse 7:50.4
W30 Susan Locke 5:16.8
Cathy Hennelly 5:22.4
W40 B SimmieKesecker 5:00.0
DeeDee Grafius 5:09.7
W50 Yvette LaVigne 5:20.6
W55 Vicky Bigelow AR5:14.2

5000m
M30 Albert DeLaTorre 15:27.5
Frank Lucarelli 18:02.5
M35 W Schmulewicz 16:46.1
Gilbert Machado 16:55.3
Grover Prowell 1-:53.0
M40 David Amster 16:43.7
M45 Bill Clark 17:04.8
Gabriel Sandoval 17:21.6
Teddy Walton 21:39.2
M50 Jim Bevins 19:52.9
M60 Joe King 19:05.7
Pierre DelFausse 28:32.4
W35 Janet Lynn 20:41.6
W40 B SimmieKesecker 18:48.8

Short Hurdles
M40 Scott Pardi 19.8
M45 George Carty 17.77
M50 Walt Butler 13.94
Hugh Adams 14.90
M70 Bob Hunt 17.50
M80 Wilfred Bigelow 21.50
W50 Cherrie Sherrard 17.00

Long Hurdles
M30 Tony Melody 57.85
M45 Gary Patterson 72.38
M50 Hugh Adams 63.21
M55 L Onomatapoia 81.79
M60 Marion Senchez 46.50
M65 Carl Orndoff 56.50
M70 Bob Hunt 62.60

High Jump
M35 Richard Watson 1.47m
M45 Henry Freeman 1.57
M50 Ted Cain 1.52
Don Dvorak 1.47
John Parks 1.27
Wayne Roberts 1.16
M55 Phil Fehlen 1.62
Don Rose 1.42
Steve Richmond 1.42
M60 Marion Sanchez 1.47
Al Brenda 1.32
M65 Joe King 1.32
Jerry Silsdorf 1.16
Jim Johnson 1.11
M70 A U Ricciardi 1.11
M75 Jim Vernon 1.01
M80 Les Holmquist 1.06
Wilfred Bigelow 1.04
W55 Fei-Mei Chou 1.06

Pole Vault
M30 Albert Miller 4.05
M40 Jim Williams 4.57
Eddie Seese 4.05
Joe Miyoshi 3.50
M45 Greg Miguel 4.20
Roger Werne 3.75
Rich Stepp 3.35
M60 Al Brenda 3.05
Vernon Regier 2.59
M65 Jim Johnson 2.13
M70 A U Ricciardi 2.28
M75 Jim Vernon 2.59

Long Jump
M30 Ken Patterson 5.79
M35 R Quilantang 5.19
M40 James Manor 5.70
Scott Pardi 5.36
Joe Miyoshi 4.73
Mike McCarthy 4.15
M50 Don Dvorak 4.87
John Parks 4.52
Wayne Roberts 3.14
M55 Steve Richmond 4.95
L Onomatapoia 4.88
M60 Al Brenda 4.56
M65 Jim Johnson 3.63
M70 A U Ricciardi 3.72
M75 Clarence Trahan 3.69
Pierre DelFausse 2.71
M80 Wilfred Bigelow 3.11
W50 Cherrie Sherrard 3.29
W70 Ruth Talley 2.30

Triple Jump
M40 Scott Pardi 10.45
M45 James Manor 11.38
M50 Don Dvorak 10.49
M55 Steve Richmond 9.75
L Onomatapoia 8.96
M60 Al Brenda 9.02
M75 Clarence Trahan 7.36

Shot Put
M30 Greg Tafralas 21.98
Ron McKee 17.56
Eric Hodgdon 13.34
M35 Kevin Winter 13.42
Rich Watson 9.62
M40 Robert Mackay 13.82
Pat Lyman 12.92
Gary Kelmenson 11.07
M50 Carl Meyer 13.61
Mike Parker 11.30
Wayne Roberts 9.16
M55 James Hart 12.77
Ted Wassam 11.01
M65 Mike Orlich 12.68
Ed Chynoweth 10.95
Jerry Silsdorf 8.51
M70 Hal Cronkhite 10.82
Rick Hustace 10.46
A U Ricciardi 9.85
Hy Booth 9.84
Bob Stone 8.44
M75 Ross Carter 11.76

Discus
M35 James Harness 35.12
Rich Watson 30.48
M40 Robert MacKay 40.52
Gary Kelmenson 33.60
M50 Joe Keshmiri 52.32
Ron Mickle 50.62
Carl Meyer 36.18
Dave Nutall 32.76
Mike Parker 31.44
M55 James Hart 44.94
Turk Markishtun 37.44
Ted Wassam 31.60
M65 Mike Orlich 38.92
Jerry Silsdorf 23.72
M70 Hy Booth 35.70
A U Ricciardi 28.64
Bob Stone 28.44
Dick Mack 22.40
M75 Ross Carter 35.72
W40 Judy Galvan 16.58
W50 Cherrie Sherrard 21.02
Lorraine Coppola 16.26
W55 Fei-Mei Chou 13.76
W65 Shirley Dietderich 18.48
W70 Ruth Talley 13.16

Hammer
M30 Dave Debus 64.54
Dave McKenzie 64.14
David Swan 56.90
Eric Hodgdon 39.82
M40 Robert MacKay 42.96
Gary Kelmenson 42.68
M55 James Hart 36.94
M65 Jerry Silsdorf 20.92
M70 A U Ricciardi 34.90
Bob Stone 28.48

Javelin
M30 Tomas Silva 64.63
Rich Watson 42.44
M35 Kevin Winter 47.00
M40 Tony Grant 61.24
Bob Powers 49.64
Robert MacKay 37.22
Gary Kelmenson 35.38
M50 Larry Stuart 59.86
John Burns 49.08
Carl Meyer 42.60
Dave Nuttall 32.78
Mike Parker 27.16
M55 Phil Conley 48.50
Phil Fellen 43.62
Turk Markishtun 43.18
Don Rose 37.82
M60 Ed Kilduff 29.66
M70 A U Ricciardi 26.36
Rick Hustace 26.08
Dick Mack 21.94
W40 Judy Galvan 28.38
W50 Fran Conley 31.14
Ruth Hallanger 10.87
W65 Shirley Dietderich 19.81
W70 Ruth Talley 14.45

5000m Racewalk
M35 Jonathan Matthews 20:28
M40 Skip Bockoven 24:50
Randy Avelar 25:04
M45 Kirk DeFord 29:52
M55 Ralph Wheelen 37:39
M60 William Moremen 28:43
Karl Krueger 28:50
Don Korbin 33:40
Jon Borset 35:07
M65 Don Cotner 32:51
M70 S C Sorensen 36:40
W30 Kim Wilkinson 24:02
W35 Cindy Paffumi 25:49
T Ikonian 27:09
Laura Cribbins 28:36
Darcie Abrams 30:49
Lorrie Leiker 31:09
W40 Sandy Womack 29:23
Sally Focacci 30:10
Marie McNulty 33:55
W45 Joann Nedelco 26:38
Ellan Clark 34:31
W50 Lorraine Coppola 31:04
Glee Miller 35:43
W55 Pat Draves 37:45
W60 Grace Moremen 38:18
W65 Jean Cotner 41:57
W70 Ruth VanSandt AR34:30

SCATAC District Championships
Los Angeles, CA; June 20

100m
M30 Alberto Ros 10.88
Luke Worsfold 11.51
Willie Jones 12.79
M35 Ben Brown 11.29
M40 Eugene Driver 11.79
T. Boucquey 11.89
George Wong 12.69
Robert Maseratti 15.86
M45 Stan Whitley 11.29
FRank Little 11.92
Bill Weinstock 11.97
Tony Craddock 13.09
Bill Siart 14.01
Don Parker 19.10
M50 Walter Butler 12.14
Jack Talsky 12.76
Ron McKnicght 13.37
M55 Roger Tsuda HT 12.7
Dick Glasgoq HT 13.0
Don Alexander 16.03
M60 Dean Smith 13.18
Barry Phullips 14.31
Juan Pedevilla 15.43
M65 Bob Watanabe 14.98
Joe Welch 17.86
M70 Tom Patsalis 14.25
Alfred Guidet 15.16
Clarence Killion 15.26
M75 Payton Jordan 13.62
Bert Morrow 17.16
M85 John Rust 20.69
W30 Robyne Moore 14.88
Laurie McCoy 19.76
W40 Anna Wlodarczyk 12.66
W50 Nadine O'Connor 14.81

200m
M30 Alberto Ros 22.24
Matt Gottlieb 24.83
M35 Ben Brown 22.66
Milton Qualls 23.27
Brad Jones 24.66
M40 Eugene Driver 23.54
T. Bouquey 24.51
M45 Stan Whitley *WR 22.30
Bill Weinstock 24.56
Frank Little 24.94
Tony Craddock 27.06
Tim McMullen 27.81
M50 Jack Talsky 25.64
Fred Niedermeyer 26.11
M55 Dick Glasgow 26.53
Roger Tsuda 26.49
M60 Juan Pedevilla 33.89
M65 Bob Watanable 31.45
M70 Al Guidet 31.34
Clarence Killion 31.68
M75 Payton Jordan WR 28.18
W50 Nadine O'Connor 29.78

400m
M30 Alberto Ros 49.28
Luke Worsfold 52.04
M35 Clifton McKenzie 47.97
William Harry 51.22
Milt Qualls 51.58
Mike Black HT 56.3
M40 Steve Hardisson 50.87
Jon Kilroy 54.39
Eugene Driver 54.83
Jack Talsky 58.36
M45 Tim McMullen HT 63.2
Tony Craddock HT 65.1
M50 Rob McAlpine 62.02
Mel Saks 66.13
M55 Stan King 61.88
Al Sheahen 68.84
M60 Louis Beadle 65.82
M75 Pete Ganahl 1:26.45
W50 Nadine O'Connor 69.00

800m
M30 Joe Gilboy 2:02.58
Chauncey 2:02.76
M35 Bill Harry 1:59.46
Dan Barry 1:59.98
Kirby McMillan 2:07.66
M40 Jon Kilroy 2:05.02
M45 Rob Russell 2:07.49
M50 George Cohen 2:13.05
John Cosgrove HT 2:22.3
Mel Saks 2:34.66
M55 Ross Dunton 2:23.98
M60 Sid Wing 2:22.52
Robert Culling 2:27.28
Louis Beadle 2:34.11
Lloyd McGuire 2:35.27
Efrian Sanchez 2:38.01
Harold Willis 2:48.20
W50 Yvette LaVigne 2:35.44
W55 Jeanne Hoagland 2:48.34
Pat Willis 4:16.93

1500m
M30 Brian Russell 3:54.23
Steve Flynn 4:23.13
M40 Bill Sumner 4:30.66
Conrad Brooks 4:39.48
M45 Graeme Shirley 4:15.48
M50 Neil Doherty HT 4:39.2
M60 Robert Culling 5:02.16
Gunnar Linde 5:12.09
Efrian Sanchez 5:25.61
Harold Willis HT 5:46.8
M65 Avery Bryant 5:34.98
Ray Gill HT 6:01.6
Walt Atcheson HT 6:20.0
W50 Yvette LaVigne 5:25.12
W55 Jeanne Hoagland 5:50.1

5000m
M30 Mark Hulme 15:49
Mark Cleary 17:11
M40 Phil Marshall 17:28
M45 Rigo Contreras 22:02
Luigi Schiaro 24:29
M50 Anthony Gomez 20.25
M55 Michael Fenton 19:22
Walt de Rothne 37:02
M60 Pete Mundle 25:36
M65 Ray Gil 22:20

80mH
M70 Tom Patsalis HT 14.4
Bob Hunt HT 18.4
M75 Bert Morrow HT 16.2

100mH
M50 Walt Butler 14.18
M60 Dave Douglas 19.06
M65 George Simon 41.79

110mH
M45 Sheridon Groves 18.93

300mH
M60 Dave Douglas 54.83
M70 Bob Hunt 1:04.28
M75 Pete Ganahl 1:06.97

400mH
M35 Mike Merrigan 1:01.87
Andrew Hecker 1:07.83
M40 Jon Kilroy 1:00.27
M45 Sheridon Groves 1:08.37
Tim McMullen HT 1:09.6
Jorge Birnbaum 1:18.89
M50 Bill Knocke 1:07.06
Fred Niedermeyer 1:09.49

High Jump
M35 Jason Meisler 1.98
Mel Embree 1.93
M40 Charlie Rader 1.93
M45 Jorge Birnbaum 1.52
Bill Siart 1.37
M55 Phil Fehlen 1.62
Ray Fitzhugh 1.32
M60 Dave Douglass 1.32
Robert Perry 1.02
M65 Victor Jones 1.17
M75 Jim Vernon 1.07
M80 Carol Johnston 1.07

Pole Vault
M30 Greg Charles 13-6
M40 Steve Hardisson 15-½
M45 Greg Miguel 14-4½
Bill Siart 9-0
M50 Mardon Connelly 13-0
M55 Jack Simms 9-0
Ray Fitzhugh 8-9
M70 Jim Vernon 8-6
M80 Carol Johnston WR 8-3

Long Jump
M40 John Kuechle 19-7 1/4
Rob Maseratti 15-3 3/4
Mike McCarty 13-4 1/4
M45 Leroy Clipps 14-7 1/2
M55 Roger Tsuda 16-11¼
Ray Fitzhugh 13-9
M70 Tom Patsalis 15-10¼
M75 Harry Yu 7-7 3/4
M80 Carol Johnston 9-8 1/2
W30 Laurie McCarty 9-10 3/4
W40 A. Wlodarczyk 18-8 1/2
W55 Christel Miller 3.52m
W60 Shirley Kinsey 3.03m

Triple Jump
M35 Tom Stuthard 38-11 1/2
Andrew Hecker 34-9 3/4
M40 Joel Whitfield 38-2 3/4
M50 Al Henry 37-3 1/4
M70 Tom Patsalis 32-1 3/4
M75 Harry Yu 17-1 3/4
M80 Art Vesco 15-4 1/2

Shot Put
M35 Bill Pendleton 47-9 3/4
Russ Reabold 40-10 3/4
Scott West 40-8 3/4
M40 Mike Nash 46-9
Mike Deller 41-11 3/4
Bob Maseratti 29-3 1/2
M50 P. Vermillon 45-3 1/4
M55 Hal Smith 43-9 1/2
Mike Devlin 36-6 1/2
G. Bobell 35-6 1/2
J. Durrenberger 34-1 1/4
Bob Eldridge 31-7
W. De Rothne Jr. 24-0
M60 Art Bergman 30-7
M65 Ed Chynoweth 37-7
M70 J. Sullenger 32-11 1/2
M80 Art Vesco 21-11 1/2
M85 Burt de Groot 24-5 3/4
W35 Janet Wilson 35-7

Discus
M35 Russ Reabold 126-8
Bill Pendleton 106-9
M40 Mike Deller 140-10
Mike Nash 112-1
M45 Lee Schwartz 114-2
Tom Starbuck 91-9
Luigi Schiavo 83-7
M50 Lloyd Higgins 179-9
Abe Sheinker 102-0
M55 Stu Thomson 146-4
Mike Devlin 105-4
B. Eldridge 90-11
Don Alexander 79-2
W. de Rothne 66-7¼
M60 Dave Douglass 105-5
Art Berman 101-5
Robert Perry 73-2
M70 W. Thompson 132-2
Jim Sullinger 105-8
M80 Art Vesco 55-10¼
Burt de Groot 77-3
W35 Grace Apiati 157-3
Janet Wilson 138-11

Hammer
M40 Mike Deller 42.44
M50 F.S. Thompson 52.90
Abe Sheinker 31.72
M60 Dave Douglass 33.00
M80 Art Vesco 17.30

Javelin
M40 Mike McCarty 29.94
M45 Tom Starbuck 43.34
Bill Siart 37.94
Leroy Clipps 29.58
M50 Larry Stuart 57.14
Larry Stuart 68.28
Steve Wordell 39.48
M55 Mike Devlin 36.50
Hall Smith 36.38
Don Alexander 29.58
M60 Bud Held 51.78
M70 Jim Sullenger 21.30
W55 Christel Miller 30.36
Patty Devlin 16.16

Pentathlon
Oviatt, 58 2662
Parks, 53 2403
Schiavo, 49 1774
Kinster, 56 1178

5K Walk
M50 Bill Nader 20.07
Stu Ray 30.51
M60 J. Gallagher 34.26
M65 Don Cotner 34.28
M70 J. Newberry 34.30
W45 D. Cunningham 28.40
Karen Helms 32.03
W50 H. Gerardo 33.01
W55 Pat Willis 38.48
W60 Jean Cotner 40.54

NORTHWEST

Senior Sports Festival
Seattle, WA; June 6

100m
M30 Leroy Johnson 12.07
M35 David Ortman 12.36
Russell Acea 12.6
M40 Ezra Abdullah 12.09
Bob Fox 12.40
M45 Harold Morioka 12.28
Greg Williams 12.33
M50 Joe Johnson 12.99
Larry Schwitters 13.84
M55 Robert Miller 13.2
Tony Nasralla 13.9
M60 Jack Coy 14.03
Ronald Muth 14.43
M65 Dick Nordquist 14.91
Tom Norwood 15.30
M70 Gil Splain 15.86
Ed Johnstone 16.57
M75 Don Burroughs 15.88
Al Klier 18.16
M80 Leon Joslin 18.97
Henry Schumaker 27.6
W30 Jennifer Sponnick 14.42
Martha Mendenhall 14.84
W45 Avril Douglas 14.44
W50 Marti Thielman 16.7
Ellen Easley 19.7
W55 Louise Reed 16.86
W60 Nikki Ryan 15.70
W65 Rosanne Sallee 33.2

200m
M30 Leroy Johnson 24.61
M35 Russell Acea 24.67
David Ortman 24.68
M40 Ezra Abdullah 24.86
Bob Fox 25.61
M45 Greg Williams 25.31
Ron Jensen 25.87
M50 Joe Johnson 25.91
Mike Ackerman 31.96
M55 Stephen Odwin 27.19
Tony Nasralla 29.06
M60 Jack Coy 28.66
Chadwick Bolender 30.94
M65 Dick Nordquist 31.33
Tom Norwood 32.04
M70 Ed Johnstone 36.90
M75 Don Burroughs 35.70
Al Klier 39.10
W30 Martha Mendenhall 33.56
W45 Avril Douglas 31.11
W50 Marti Thielman 35.32
Ellen Eastey 43.41
W55 Louise Reed 35.54

400m
M35 David Ortman 53.31
Randy Blomgren 62.14
M40 Ezra Abdullah 54.01
Mike Brandt 54.50
M45 Harold Morioka 52.76
Richard Tucker 54.00
M50 Joe Thielman 59.27
M55 Tony Nasralla 64.88
Bill Cupp 65.04
M60 Ralph Miller 62.85
M65 Louie Miovski 72.03
Tom Norwood 77.76
M70 Norm Hansen 80.46
Ed Johnstone 83.09
W35 Theresa Haynes 61.6
W40 Geneva Meyers 78.9
W45 Avril Douglas 63.4
W50 Ellen Eastey 98.4
Renate Rogers 1:57.5
W55 Louise Reed 79.3
W65 Hazel Cameron 88.7
W70 Edna Johnson 2:22.9
W75 Betty Joslin 2:26.8

800m
M30 Steve Creel 2:06.08
M35 Art Keubel 2;16.80
Ted Nelson 2:18.07
M40 Doug Sturm 2:28.36
M45 Rich Tucker 2:07.21
Jay Newkirk 2:25.75
M55 Stephen Odwin 2:17.71
Glen Eastey 3:12.47
M60 Ralph Miller 2:22.8
M65 Len Tritsch 2:46.69
Louie Miovski 2:51.16
M70 Norm Hansen 3:13.60
Ed Johnstone 3:26.14
W35 Sue Grigsby 2:22.55
W45 Avril Douglas 2:37.49
W50 Ellen Eastey 4:00.56
Renate Rogers 4:21.82
W55 Gail Everett 3:37.96
W65 Hazel Cameron 3:23.91

1500m
M30 Steve Creel 4:04.23
M35 Greg Beyerlein 4:07.85
Art Kuebel 4:25.86
M40 Barry Anderson 4:46.66
Doug Sturm 4:55.00
M45 Joe Henry 4:39.5
Paul Dalton 4:42.0
M50 Des O'Rourke 4:48.7
Jim Latteri 5:38.3
M55 David Pitkethly 4:51.7
William Cupp 5:23.5
M65 Don Bernitt 6:29.1
Bob Gevers 6:40.5
M70 Norm Hansen 6:31.5
Ed Johnstone 6:40.5
M75 Maury Cummings 7:50.8
W50 Renate Rogers 7:44.4
Ellen Eastey 7:46.6
W55 Gail Everett 7:10.2

5000m
M35 Hank Nash 16:22.6
Ted Nelson 17:07.7
M40 Barry Anderson 17:42
Brian Peterman 17:55.4
M45 Paul Ehrlich 18:26.4
Marty Stitsel 18:35.6
M50 Des O'Rourke 17:40.5
Tim Joslin 17:51.4
M55 David Pitkethly 17:29.5
Mel Preedy 18:33.8
M65 Don Bernitt 22:53.7
M70 Norm Hansen 22:42.9
Ed Johnstone 25:09.7
M75 Maury Cummings 26:51.5
W45 Ricki Vadset 21:09.7
W50 Judith Groombridge 20:23.9
Renate Rogers 28:00.3
W55 Shirley Smith 24:10.4
W60 Janet Kavadas 38:57.3

4x100m Relay
M40-44 Williams, Fox, Eng, Abdullah 48.10
M50-54 Coy, Miller, Johnson, Thielman 52.25
W30-34 Gerecke, Douglas, Reed, Cameron 65.66

High Jump
M35 David Ortman 1.73m
Russ Acea 1.48
M40 Rich Teller 1.91
Ezra Abdullah 1.58
M45 Frank Lulich 1.58
Jim Lockard 1.35
M50 Joe Johnson 1.58
Mike Ackerman 1.52
M55 Dave Klicker 1.40
Mel Preedy 1.22
M60 Jack Fischer 1.58
William Hill 1.42
M65 Leo Nowitzki 1.22
Geo Butchkow 1.09
M70 Ken Gorshkow 1.36
Gil Splain 1.27
M80 Leon Joslin 0.92
Henry Schumaker 0.76
W30 Martha Mendenhall 1.48
W65 Roseanne Sallee 0.9-

Pole Vault
M40 Rich Teller 11-4
Jerry Ceis 10-4
M45 Larry Holmes 12-10
M50 David Butler 8-4
M55 Troy Hall 9-4
Tom Porter 7-0
M60 Chad Bolender 8-4
Wm Hill 6-6

Continued on next page

Continued from previous page

M65	Dick Nordquist	8-4
	Leo Nowitzki	8-4
Long Jump		
M30	Jeff Smoot	5.92m
M35	David Ortman	5.99
M40	Oron Lott	4.93
	Jeff Schaller	4.85
M45	Grant LaMothe	4.62
	Jim Lockard	4.61
M50	Bob Sheedy	4.17
	Roger Dean	3.81
M55	Troy Hall	4.70
	Dave Klicker	4.39
M60	Darrold Skartvedt	4.44
	Art Afremow	4.17
M65	Art Jaago	3.72
	Geo Butchko	3.62
M70	Gil Splain	3.87
	Ken Gorshkow	3.35
M80	Leon Joslin	2.99
	Henry Schumaker	1.75
W30	Martha Mendenhall	4.37
W65	Roseann Sallee	2.13
W70	Edna Johnson	1.55
Triple Jump		
M30	Jeff Smoot	11.92
M40	Rich Teller	10.21
	Oron Lott	9.55
M45	Grant LaMothe	9.35
	Skip Garcia	7.97
M50	Mike Ackerman	8.59
	Brad Wilson	7.75
M55	Dave Klicker	9.56
	Tony Nasralla	8.44
M60	Chad Bolender	8.08
	Ray Ryan	4.61
M65	Bob Gevers	7.70
M70	Ken Gorshkow	6.53
Shot Put		
M35	David Ortman	9.06
	Russ Acea	7.27
M40	Rich Teller	10.44
	Laurie Olafson	7.50
M45	Grant LaMothe	8.34
M50	Larry Lundgren	11.02
	Robert Roy	10.45
M55	Ben Dacus	11.32
	Neil Saling	11.08
M60	Darrold Skartvedt	11.08
	Bob Fisher	10.80
M65	Art Jaago	11.94
	Harvey Williams	10.26
M70	Ken Gorshkow	10.95
M80	Leon Joslin	9.14
(age-group AR/old-8.45)		
W35	Theresa Haynes	9.28
W40	Lois Lott	5.77
W50	Linda Ticknor	8.30
	Marti Thielman	8.17
Discus		
M35	Russ Acea	24.90
	David Ortman	24.88
M40	Laurie Olafson	25.98
M45	Pat Shober	25.48
	Grant LaMother	23.46
M50	Robert Roy	42.18
	Larry Lundgren	32.66
M55	Neil Salin	40.18
	Turk Markitshun	3C.68
M60	Darrold Skartvedt	41.86
	Bob Fisher	41.80
M65	Harvey Williams	35.68
	Art Jaago	34.76
M70	Gerald Cysewski	34.80
	Ken Gorshkow	22.78
M80	Leon Joslin	29.98
(age-group AR/old-27.84)		
W30	Martha Mendenhall	22.70
W50	Marti Thielman	22.20
Javelin		
M30	Blake Surina	52.38
M35	David Ortman	35.10
M45	Grant LaMothe	32.16
M50	Rob Sheedy	37.92
	Joe Johnson	37.14
M55	Turk Markishtun	40.86
	Bob Flaherty	36.80
M60	Ron Muth	33.82
	Bruce Edney	29.36
M65	Art Jaago	37.04
	Geo Butchko	28.84
M70	Ken Gorshkow	19.76
M80	Leon Joslin	20.88
W35	Theresa Haynes	28.70
W50	Marti Thielman	13.66
1500m Racewalk		
M40	David Snyder	8:08.62
M55	Don Holmes	10:14.38
M65	Rich Bennett	8:42.66
	Art Clevenger	10:26.63
M70	Warren Wilson	11:22.77
M85+	Helge Wiel	13:39.4
W30	Jana Brumbaugh	8:20.98
W50	JoannaBlankenship	10:26.5
W55	Sunnie Gordon	13:30.4
W65	Ruth Kasper	12:16.1
W75	Eliz Springer	15:04.1
3000m Racewalk		
M40	Stan Chraminski	14:46.18
	Bob Novak	15:12.88
M50	Martin Graham	17:31.09
M55	Paul Kaald	17:44.09
	Don Holmes	21:33.87
M65	Hugh Degler	19:07.42
	Rich Bennett	19:11.63
M70	Warren Wilson	24:38.11
W45	Ricki Vadset	21:09.7
W50	Judy Groombridge	20:23.9
	Renate Rogers	28:00.3
W55	Shirley Smith	24:10.4
W60	Janet Kavadas	38:57.3

Hayward Masters Classic Championships (Oregon TAC Championships) Eugene, OR; June 20-21

100m		
M35	Randy Kruse	11.76
	David Ortman	11.93
M40	Fred Merrill	11.62
	Paul Raymond	11.93
	Jeff Schaller	12.23
	Wing Man	12.54
	Fred Pietrzak	13.23
	Tim Shelley	13.76
M45	Harold Marioka CAN	11.64
M50	Paul Edens	11.85
	Joe Johnson	12.42
	Bumper Emerson	12.60
	Randall Patrick	13.59
	Theron Neisen	14.05
	John Forsyth	14.82
M55	Jim Schlewitz	13.86
	Ralph Daehler	13.86
M60	Don Kane	13.71
	Jack Coy	13.75
	Robert McGowan	14.28
	Art Afremow	14.61
M65	Bob Higginbotham	14.52
	Ward Church	17.75
M70	Gus Aronson	14.86
	Cameron Hutcheson	17.33
M75	Clarence Trahan	16.83
	George Amsberry	22.70
M80	Leon Joslin	18.63
W40	Penny FarsterGilkey	13.85
W45	Teddie Bell	15.46
W50	Marti Thielman	16.24
	Rose Schlewitz	17.12
W75	Betty Joslin	26.25
200m		
M40	Fred Merrill	23.99
	Paul Raymond	24.36
	Jeff Schaller	25.64
	Fred Pietrzak	26.91
	Al Huffstutter	28.30
	Tim Shelley	28.45
M45	Harold Marioka CAN	23.79
M50	Paul Edens	24.06
	Joe Johnson	25.07
	Joe Thielman	25.94
	Bumper Emerson	26.13
	Randall Patrick	28.44
M55	Bill Cupp	28.94
M60	Jack Coy	27.90
	Robert McGowan	28.22
	John Nelson	30.54
M70	Gus Aronson	30.95
	Cameron Hutcheson	37.17
W40	Penny FarsterGilkey	29.12
W45	Teddie Bell	33.14
W50	Marti Thielman	36.17
W75	Betty Joslin	57.16
400m		
M35	David Ortman	53.54
	Dave Hgmeier	53.67
M40	Jim Jones	55.25
	Paul Raymond	55.51
	Jim Hiebert	55.92
	Don Knight	58.42
	Robert Hammond Jr	59.24
	Jeff Schaller	60.35
M45	Harold Marioka CAN	52.12
M50	Bill McIlwaine	57.93
	Joe Thielman	59.62
	Barry Adams	59.74
	John Forsyth	70.49
M55	Bill Cupp	63.34
	Ken Ogden	64.93
	Fred Brandenfels	70.42
M60	Robert McGowan	62.78
	Don Kane	66.00
	Ralph Miller	76.44
M65	Rich Nordquist	72.80
M70	Gus Aronson	71.28
	Cameron Hutcheson	90.80
M75	Dan Bulkley	71.47
	Maury Cummings	98.27
W40	Judy Ace	67.51
800m		
M35	Ed Spinney	1:59.07
	Stan Goodell	2:02.47
M40	Jim Hiebert	2:04.12
	Wm Hughey	2:08.92
	Don Knight	2:10.97
	Robert Hammond	2:15.18
M45	Herve Pastre	2:02.10
	Steve Boyer	2:06.30
	Richard Tucker	2:09.04
	Dave Haverstock	2:22.14
	Ron Hebert	2:23.07
	Les Castle	2:35.05
M50	Don McMillan	2:10.40
	Barry Adams	2:14.45
	Bill McIlwaine	2:19.11
	George Linn	2:38.26
M60	Ralph Miller	2:16.51
	Robert McGowan	2:21.67
M70	Gus Aronson	2:55.40
M75	Dan Bulkley	2:52.72
W35	Katey Angel	2:30.39
	Mary Russell	2;36.68
W40	Judy Ace	2:32.95
	Kathy Holmstrom	2:45.57
W45	Jules Trigueiro	2:31.84
W70	Marie Stafford	4:03.98
1500m		
M30	Kevin Cowley	4:23.24
M35	Marty Downs	4:15.99
	Stan Goodell	4:21.44
	Paul Scott	4:43.22
M40	Gene Soloman	4:09.12
	Paul Zitzelsberger	4:09.37
	Ken Bell	4:18.86
	Doug Dow	4:38.77
	Fred Pietrzak	4:42.88
	Neil Chinn	4:50.70
M45	Steve Boyer	4:18.48
	Al Beck	4:19.00
	Garry Kryszak	4:29.51
	Ron Ackerman	4:35.60
	Jim Archer	5:06.08
	Les Castle	5:09.40
M50	Barry Adams	4:37.65
	George Linn	5:13.57
M55	Ken Ogden	5:17.35
M60	Tom Brinton	5:24.83
M65	John Keston	5:09.65
M75	Dan Bulkley	6:39.56
W35	Katey Angel	5:02.24
	Mary Russell	5:22.47
	Janet Linn	5:50.19
W40	Kathy Holmstrom	5:34.26
W45	Jules Trigueiro	5:18.14
W55	Susan Means	7:06.90
W65	Dawn Russell	7:33.69
3000m		
M30	Steve Cain	9:23.84
M35	Dennis Myers	9:57.30
M40	Ken Bell	9:20.07
M60	Tom Brinton	11:50.42
W35	Terri Lee Busby	10:44.65
	Katey Angel	11:07.76
	Janet Linn	11:51.14
W70	Marie Stafford	17:33.94
5000mm		
M30	Jim Swietlik	16:29.16
	Ric GarciaGarcia	17:07.95
M35	Pete Lewandowski	16:18.71
	Paul Bolin	17:34.71
	Jerry Anderson	18:55.05
M40	P Zitzelsberger	15:54.08
	Gene Solomon	16:01.50
	Dennis Whitfield	17:01.60
	Glen Christensen	18:03.64
	Gary Simoni	18:35.39
	Roger Robb	19:15.02
M45	Al Beck	16:15.85
	Rod Malone	17:03.24
	Peter Glaser	20:16.98
M50	Joe Sneddon	18:00.96
	Jack Anderson	18:55.09
	Clarke Wallin	23:48.87
M55	MikeChristiansen	18:47.82
	Ken Ogden	19:17.89
M65	John Keston	18:55.14
M75	Maury Cummings	27:05.95
W35	Cathie Bellamy	17:08.35
W45	Carol Jackson	21:07.68
10,000m		
M35	Hank Nash	34:36.45
	Jerry Anderson	38:41.23
M40	Robert Scheffel	39:13.07
M45	Roger Rutan	43:21.67
M50	Paul Slovic	45:13.02
M55	Ken Ogden	39:58.27
M75	Alvin Grahn	52:44.94
Short Hurdles		
M55	Fred Brandenfels	19.80
	Jerry Newcomb	21.71
M60	Loren Swanson	18.40
	Alan Maxwell	19.60
M65	Bob Higginbothar	17.98
	Rich Nordquist	18.90
Long Hurdles		
M35	David Ortman	58.80
	Rich Reinhart	61.03
M45	Larry Norris	66.58
	Gale Pfueller	76.72
M50	Bud Kingler	54.85
M55	Fred Brandenfels	53.89
M65	Rich Nordquist	55.46
M75	Dan Bulkley WR	57.73
Steeplechase		
M40	Bob Scheffel	14:01.65
M45	Gale Pfueller	11:09.95
	Larry Norris	11:36.20
High Jump		
M35	David Ortman	1.78m
M40	Al Huffstutter	1.53
	Tim Shelley	1.41
M45	Al Phillips	1.65
M50	Mike Akerman	1.57
	Joe Johnson	1.53
	Tom White	1.17
M55	Fred Brandenfels	1.41
	Jerry Newcomb	1.37
	Don Gray	1.33
M60	Loren Swanson	1.38
	Harvey Lewellen	1.32
M65	Vince Sempronio	1.38
	Ward Church	1.12
M70	Gilbert Young	1.22
	Les Hintz	1.02
Pole Vault		
M30	Dan Umenhofer	4.70
	Doug Porter	4.60
M40	Ed Lipscomb	4.70
	Mike Manahan	4.10
	Josef Phister	4.00
	Al Huffstutter	2.70
M45	Larry Holmes	3.90
	Richard Stepp	3.50
	Geoffrey Hughes	2.30
M50	T Cannon	3.50
	John Forsyth	2.80
M55	Don Gray	3.10
	Fred Brandenfels	2.40
	Jerry Newcomb	2.20
M60	Harvey Lewellen	2.70
	Loren Swanson	2.60
M65	Rich Nordquist	2.70
	Don Grosh	2.60
M70	Les Hintz	1.90
Long Jump		
M35	Randy Kruse	6.28
	David Ortman	6.14
M40	David Pietka	6.33
	Jeff Schaller	4.83
M45	Oron Lott	5.34
M50	Joe Johnson	4.88
	Randall Patrick	4.36
M55	Ralph Daehler	4.67
	Jerry Newcomb	3.95
	Fred Brandenfels	3.71
M60	Darrold Skartvedt	4.77
	Art Afremow	4.08
M65	Bob Higginbotham	4.28
	Vince Sempronio	3.64
M70	Myron Dover	3.82
M75	Clarence Trahan	3.49
M80	Leon Joslin	3.17
W55	V P Baker	2.47
Triple Jump		
M40	Wing Man	9.89
M45	Oron Lott	9.93
M75	Clarence Trahan	7.23
Shot Put		
M40	Al Huffstutter	8.38
	Leonard Witt	8.27
M45	Dennis Foiles	9.19
	Geoffrey Hughes	8.19
M50	Richard Brown	14.60
	Norman Lee	10.63
	Tom White	9.17
	Tony Padilla	8.75
M55	Richard Lee	12.27
	Neil Saling	11.46
M60	Harvey Lewellen	10.99
	Loren Swanson	9.96
M65	Vince Sempronio	10.60
	Ward Church	8.62
	Cal Hersey	8.47
M70	Donald Cumley	11.99
	Jim Minah	11.15
	Gerald Cysewski	10.82
	Walter Jenkins	10.06
	Myron Dover	10.05
M75	Ross Carter	11.70
	George Amsberry	7.11
M80	Leon Joslin	AR 9.22
W40	Candice Woyak	7.94
	Lois Lott	6.09
W50	Marti Thielman	8.36
	Becky Sisley	8.20
W65	Estelle Jenkins	6.85
W70	Melanie Reske	6.46
Discus		
M40	Bill Galler	28.20
	Al Huffstutter	22.90
	Tim Shelley	21.48
M45	Geoffrey Hughes	22.32
	Dennis Foiles	20.78
M50	Robert Roy	44.20
	Joe Myers	40.60
	Norman Lee	38.28
	Tom White	27.00
M55	Neil Saling	41.66
	Turk Markishtun	34.24
	Gordon Slate	31.72
	Fred Brandenfels	26.34
	Jerry Newcomb	23.06
M60	Darrold Skartvedt	41.60
	Harvey Lewellen	38.42
	Sherrell Sears	38.08
	Loren Swanson	31.32
	Jerry Wojcik	29.18
	John Nelson	28.68
M65	Rich Nordquist	34.30
	Ward Church	30.64
	Ralph Hassman	26.00
	Cal Hersey	22.42
M70	Gerald Cysewski	33.76
	Donald Cumley	33.72
	Myron Dover	32.54
	Walt Jenkins	29.14
M75	Ross Carter	35.52
M80	Leon Joslin	AR 31.20
W30	K PicknellGelhausen	47.94
W40	Candice Woyak	30.46
W50	Marti Thielman	17.46
W65	Estelle Jenkins	16.68
W70	Melanie Reske	17.26
Hammer		
M40	Bill Galler	23.44
M45	George Mathews	44.82
M55	Richard Lee	36.22
	Gordon Slate	24.82
M60	Ken Weinbel	34.20
	Jerry Wojcik	30.98
M65	Ward Church	20.68
	Ralph Hassman	19.00
M70	Jim Minah	39.20
	Walt Jenkins CAN	38.84
	Gerald Cysewski	27.46
M80	Leon Joslin	23.04
W65	Estelle Jenkins	18.54
Javelin		
M30	Doug Porter	56.50
M35	Jeff Carter	54.46
M40	Tim Shelley	37.98
	Al Huffstutter	32.88
M45	Bob Engelstad	51.96
	Al Phillips	51.18
	John Weatherly	36.66
	Dennis Foiles	24.30
M50	Joe Johnson	37.12
	Ora Banister	36.10
	John Forsyth	33.40
	Tony Padilla	27.22
	Tom White	25.86
M55	Turk Markishtun	42.36
	Ken Brewer	34.32
	Don Gray	34.10
	Jerry Newcomb	25.00
M60	Harvey Lewellen	25.24
M65	Cal Hersey	28.30
	Ward Church	28.12
M70	Myron Dover	27.70
	Gerald Cysewski	27.62
	Rick Hustace	24.04
	Joseph Mallon	22.68
M75	George Amsberry	14.96
M80	Leon Joslin	22.06
W40	Lin Cook	20.46
W50	Becky Sisley	30.92
W65	Estelle Jenkins	14.34
2000m Racewalk		
M35	Bob Frank	11:01.4
M50	Bob Brewer	10:29.8
M60	William Kinder	14:09.2
M65	Rich Bennett	12:17.5
W40	Sue Laks	11:48.4
W45	Carolyn Kortge	11:56.8
	Sandie Shirey	12:40.7
5000m Racewalk		
M30	Steve Kenard	24:30.75
M50	Bob Brewer	29:58.99
M60	William Kinder	35:49.55
M65	Marc Hansen	31:47.64
	Rich Bennett	32:44.50
	A A Clevenger	37:05.04
M70	Joseph Mallon	35:48.24
W35	Donna Houle	30:27.17
W40	Sue Laks	30:15.40
	Colene McCarter	31:43.05
W45	Judy Heller	30:14.69
	Georgia Cutler	33:27.73
	Sandie Shirey	33:44.62

Oregon TAC Masters Decathlon/Heptathlon Championships Phoenix, OR June 27-28

		Pts
M35	Stan Goodell	5128
	Michael Jones	4190
	Russell Acea	*5387
M40	Allen Huffstutter	3756
M45	Ken Troy	*4527
M50+	Fred Brandenfels	5195
	Donald Gray	5180
	Jerry Newcomb	4235
M60	Harvey Lewellen	5443
	Loren Swnason	5393
M65	Dick Nordquist	6431
M75	Daniel Bulkley	6739

*out of state award

CANADA

Ontario Masters T&F Championships Hamilton, ONT; June 13-14

100m		
M80	Trei, Karl	18.6
M75	Mackereth, Ben	16.2
	Breslin, Jim	16.8
	Warwas, Hans	17.1
M65	O'Neill, John	14.3
	Baum, Norm	14.4
	Egerton, Stan	14.6
M60	Smith, Bernie	12.9
	Sochor, Chuck	13.7
	Weingust, John	14.1
	Morris, Ken	14.4
	Malmstrom, Eric	14.4
	Mozewsky, Walter	16.1
M55	Agnoo, Charles	12.80
	Bartholomew, Gord	13.80
	Little, Clark	14.04
	Bowles, Harvey	14.82
M50	Slater, Alan	12.91
	Vopel, Ewald	14.81
M45	Bell, Thaddeus	12.12
	Zimmerman, Robert	12.50
	Martinez, Wayne	13.36
	Hankins, Phil	13.36
	Schubert, Phillip	14.09
	Powell, John	14.66
	Read, Bob	14.98
M40	Gemert, Robby	12.02
	Santillo, Smokey	12.03
	Martin, Robert	12.29
	Nedd, Mike	12.53
	Lee, Bert	13.79
M35	Smith, Kerry	11.70
	Keen, Al	11.72
	Richards, Cassius	12.58
W75	Cunningham, Isobel	20.78
W50	McKeigan, Jeanne	18.81
W45	Cross, Josephine	14.5
	Duncan, Pam	14.9
	Hemming, Gean	16.4
W40	Trott, Rhona	14.8
W35	Hendershot, Marg	13.9
	Berube, Nicole	16.6
200m		
M80	Trei, Karl	38.92
M75	Mackereth, Ben	32.93
	Warwas, Hans	35.19
M65	Thompson, Andrew	28.86
	Baum. Norman	29.06
M60	Sochor, Chuck	28.03
	Weingust, John	29.37
	Morris, Ken	31.01
M55	Van Der Vleuten, J.	26.88
	Bartholomew, Gord	28.16
	Little, Clark	28.24
M50	LaChiusa, Chuck	25.59
	Christenson, Vern	31.07
M45	Bell, Thaddeus	23.78
	Zimmermann, Robert	24.20
	Hankins, Phil	26.68
	Martinez, Wayne	26.84
	Alcindor, Lancelot	27.08
	Hooper, Glenn	31.39
M40	Gemert, Robby	25.11
	Nedd, Mike	25.60
	Laframboise, A.	26.39
	Best, James	26.44
	Stoyan, Tom	27.54
M35	Keen, Al	23.62
	Richards, Cassius	25.78
	Keeting, Alex	30.21
W50	Rosenitsch, A.M.	31.36
W45	Duncan, Pam	29.70
W40	Trott, Rhona	29.53
400m		
M65	Maxwell, Richard	67.77
	Baum, Norman	69.08
	Sadul, Valden	73.28
M60	Smith, Bernie	62.86
	Sochor, Chuck	66.01
	Morris, Ken	77.43
M55	Little, Clark	69.11
M50	McIlwaine, Bill	60.00
	Christensen, Vern	66.1
M45	Zimmerman, Robert	55.98
	Hawkins, Phil	59.54
	Machado, Frank	60.06
	Alcindor, Lancelot	62.38
	Schubert, Phillip	65.42
	Powell, John	65:56
	Hooper, Glenn	69.78
M40	Nedd, Mike	55.92
	Faulkner, John	61.00
	Stoyan, Tom	61.32
M35	Davidson, Robert	60.64
	Keeting, Alex	69.12
W60	Carrier, Ruth	1:38.0
W45	Duncan, Pam	1:09.1
	Cross, Josephine	1:09.2
800m		
M65	Maxwell, Richard	2:35.51
M60	Sochor, Chuck	2:41.71
M55	Van Der Vleuten	2:25.62
	Krowlow, Gerhard	2:42.61
	Johnston, John	2:29.33
M50	Thompson, Bill	2:14.53
	McIlwaine, Bill	2:20.07
	Christensen, V.	2:34.22
M45	Richardson, W.	2:16.00
M40	Hutchinson, Tom	2:12.36
	Faulkner, John	2:18.04
	Stoyan, Tom	2:27.14
M35	Davidson, Robert	2:24.42
	Keeting, Alex	2:35.11
W65	Brechbeuhl, D.	3:35.03
W60	Carrier, Ruth	3:26.54
W50	Willmott, Judy	2:46.00
W35	Guy, Christine	2:48.79
1500m		
M70	Crozier, Bud	6:51.7
	Vacratsis, Elef	8:41.3
M65	Sadul, Valden	6:15.5
	Wilson, Art	6:24.3
M60	Whitlock, Ed	5:07.56
M55	Krolow, Gerhard	5:27.9
	Graves, Richard	5:46.9
M50	Tushingham, Tom	4:30.09
	Thompson, Bill	4:37.93
	Featherstone, D.	4:47.04
	Christensen, V.	5:21.8
M45	Richardson, W.	4:50.68
	Nielsen, Ole	5:02.30
M40	Hutchinson, Tom	4:40.90
	Little, Erik	4:42.71
	Fayne, Tim	4:43.64
	Pickard, John	4:48.59
	Stoyan, Tom	5:19.49
M35	Aitkin, George	4:26.91
	Sellon, Mike	4:55.09
W70	Kazdan, Judith	8:21.00
W65	Brechbuehl, D.	6:58.80
W50	Willmott, Judy	6:01.04
W45	Gillis, Georgie	5:50.92
W40	Findley, Linda	5:16.62
5000m		
M75	Sheridan, W.	30:35.09
M65	Maxwell, R.	19:29.21
	Wilson, Arthur	23:12.76
	Fellowes, Peter	23:24.96
M60	Whitlock, Ed	18:14.73
	Teodoro, M.	21:04.26
M55	Abbott, Norm	18:06.12
	Krolow, Gerhard	19:51.59
M50	Mounsey, Duncan	20:17.06
M45	Sheridan, Mike	17:54.43
	Anderson, Dan	20:13.79
M40	Fritchett, F.	17:49.41
	Lee, Bert	21:04.26
M35	Aitken, George	16:22.56
	Sellon, Mike	17:21.28
W65	Brechbeuhl, D.	25:27.72
W35	Watson, Pauline	18:49.31
10,000m		
M70	Vivancos, Ed	54:08.09
M60	Teodoro, Manuel	42:46.00
	Charles, Felix	44:40.90
M55	Abbott, Norm	38:25.10
	Crichton, Ron	39:53.40
	Graves, Richard	45:24.30
M50	Matthews, Vic	36:19.50
	Golding, Mike	37:33.40
	Mounsey, Duncan	42:54.7
M45	Anderson, Dan	38:59.1
	Upshaw, Charles	39:01.1
	St.John, Grant	39:34.1
	Wilson, Bob	40:23.1
M40	Willis, Bud	36:34.40
	Brooks, Steve	38:03.5
	Smith, Doug	41:21.7
M35	Sellon, Mike	36:17.80
	Shellington, B.	37:03.50
W70	Kazdan, Judith	59:05.3
W55	Turner, Molly	42:10.5 CNR
W50	Potter, Marge	45:51.6
SPRINT HURDLES		
M75	Warwas, Hans	19.11
M65	Thompson, Andrew	19.49
M55	Land, Bob	19.81
	Bain, Hugo	20.36
W50	Stewart, Barbara	21.56
W45	Hemming, Gean	17.29
LOW HURDLES		
M75	Warwas, Hans	1:15.46
M65	Thompson, Andy	52.49
	Sadul, Valden	55.02
M60	Morris, Ken	1:06.00
M55	Land, Bob	1:17.47
	Bain, Hugo	1:31.19
M45	Machado, Frank	1:07.87
M40	Bogatek, Steve	1:02.77
	Little, Erik	1:08.41
STEEPLECHASE		
M65	Sadul, Valden	9:39.04
M60	Sochor, Chuck	9:15.11
M55	Doughty, John	12:54.33
	Johnston, John	13:39.58
M50	Christensen, V.	12:49.35
M45	Anderson, Dan	12:33.61
M40	Pickard, John	11:34.29
	Smith, Doug	11:51.06
HIGH JUMP		
M80	Trei, Karl	1.11
M65	Thompson, Andrew	1.27
	Todd, Alan	1.14
M60	Mathers, Jim	1.30
	Mozewsky, Walter	1.27
M55	Land, Bob	1.44
	Boles, Harvey	1.28
M50	Morris, Dave	1.32
M45	Klinger, Witold	1.75
	Kiraly, Imrich	1.60
	Quick, Fred	1.44
	Hooper, Glen	1.32
M40	Nowicki, Marek	1.52
M35	Davidson, Rob	1.60

Continued on next page

Continued from previous page

W65	Pedel, Helgi	1.11
W50	McKeigan, Jeanne	1.11
W45	Hemming, Gean	1.27
POLE VAULT		
M65	Egerton, Stan	2.85
M60	Mozewsky, Walter	2.00
M55	Land, Bob	2.70
	Boles, Harvey	2.55
M50	Merrilees, Brian	3.00
M45	Rauscher, Tom	3.90
	Quick, Fred	3.30
M40	Perrine, Doug	3.45
W50	Rosenitsch, Ann M.	1.65
	Stewart, Barbara	1:65
LONG JUMP		
M80	Trei, Karl	3.15
M75	Breslin, Jim	3.15
	Warwas, Hans	3.03
M65	Thompson, Andy	3.50
M60	Smith, Bernie	4.65
	Mozewsky, Walter	3.62
	Morris, Ken	3.56
M55	Land, Bob	4.46
	Bain, Hugo	4.19
	Boles, Harvey	4.10
M50	Slater, Alan	5.45
M45	Pachovsky, George	5.76
	Read, Bob	4.27
M40	Nowicki, Marek	5.93
	Gemert, Robby	5.73
	Best, James	5.15
	La Framboise, A.	4.96
M35	Davidson, Robert	5.04
W70	Meri, Elga	3.00
	Pedel, Helgi	2.71
W45	Cross, Josephine	4.36
	Hemming, Jean	3.84
W35	Hendershot, Marg	4.07
	Berube, Nicole	3.35
TRIPLE JUMP		
M80	Trei, Karl	6.90
M65	Thompson, Andrew	7.52
M60	Mozewsky, Walter	7.20
M55	Boles, Harvey	9.70
	Land, Bob	9.10
	Bain, Hugo	8.77
M50	Slater, Alan	11.42 CNR
M40	Laframbroise, A.	10.30
W50	Stewart, Barbara	6.80
SHOTPUT		
M80	Trei, Karl	7.73
M75	Purgalis, Ed	9.43
M70	Bachman, Garry	12.05 CNR
	Upsalis, Aleks	10.67
M65	Viskers, Evalds	9.77
M60	Mozewski, Walter	8.10
	Flowers, Jim	7.95
M55	Yla-Outinen, Eero	10.94
	Toomes, Juhan	10.85
	Boles, Harvey	8.81
M50	Cechl, Fred	10.05
M45	Kasperski, John	11.87
	Anderson, Dan	7.50
M40	Murphy, Rob	10.89
	Dellavedova, Folgo	9.79
W70	Meri, Elga	6.70 CNR
W65	Pedel, Helgi	7.23
W60	Tomsons, Velta	7.23
W45	Hemming, Gean	6.83
W40	Heit, Debbi	9.89
	Aulenback, Darlene	9.18
DISCUS		
M80	Trei, Karl	23.58
M75	Warwas, Hans	23.18
	Purgalis, Ed	23.13
M70	Bachman, Garry	31.35
	Upsalis, Aleks	26.98
	Tsotsos, Kostas	20.08
M65	Viskers, Evalds	38.06
M60	Mozewsky, Walter	28.81
M55	Yla-Outinen, Eero	36.57
	Toomes, Juhan	33.21
	Boyd, Jack	30.64
	Boles, Harvey	27.45
M50	Cechl, Fred	37.64
	Morris, David	36.47
M45	Coffin, Gary	37.14
	Kasperski, John	37.06
M40	Murphy, Rob	29.95
W70	Meri, Elga	18.72
W60	Tomsons, Velta	19.48
	Thompson, Mary	16.02
W40	Aulenback, Darlene	24.98
	Heit, Debbi	23.22
	Franke, Patricia	21.71
W35	Kasperski, Kim	23.48
	Guy, Christine	22.69
	Hunt, Linda	21.26
	Axcell, Kathy	14.83
HAMMER		
M75	Purgalis, Ed	27.46
M70	Upmalis, Aleks	28.94
M55	Toomes, Juhan	34.80
	Yla-Outinen, Eero	34.10
	Staveley, Bob	33.52
M50	Cechl, Fred	32.78
M45	Kasperski, John	37.26
W55	Thompson, Mary	20.14
W50	Stewart, Barbara	16.54
W40	Heit, Debi	27.10 CNR
	Aulenback, Darlene	26.06
W35	Kasperski, Kim	23.96
JAVELIN		
M80	Trei, Karl	28.30 CNR
M75	Purgalis, Ed	29.64
M70	Tsotsos, Kostas	22.07
	Vacratsis, Elef	11.44
M60	Mozewsky, Walter	30.63
	Flowers, Jim	24.83
M55	Yla-Outinen, Eero	38.92
	Boles, Harvey	27.98
M50	Pamenter, Fred	47.12
M45	Kiraly, Imrich	38.14
	Kasperski, John	38.06
M40	Dellavedova, Folgo	56.84
	Hobbs, David	47.16
	Best, James	41.56
	LaFrambroise, A.	39.70
M36	Finkbeiner, Mike	52.82
W70	Meri, Elga	22.91
W40	Heit, Debbi	25.34
	Aulenback, Darlene	24.36
WEIGHT THROW		
M75	Purgalis, Ed	8.56
M70	Upmalis, Aleks	8.95
M55	Toomes, Juhan	10.73
	Yla-Outinen, Eero	9.45
M45	Kasperski, John	12.20
	Kiraly, Imrich	8.59
M40	Dellavedova, Folgo	7.99
W60	Thompson, Mary	7.71
W50	Stewart, Barbara	5.11
W40	Aulenback, Darlene	9.20
	Heit, Debbi	8.41
W35	Kasperski, Kimberly	7.94
5000M RACEWALK		
M80	Peterson, G.	40:26.32
M70	Gould, Max	32:30.04
M65	Fellowes, Peter	32:38.73
M60	Brancaccio, Sal	30:50.00
	Fedder, Josh	33:49.10
	Carroll, Ron	34:56.24
M55	Summerhayes, S.	27:41.07
	Weinstein, Len	29:52.12
	Turner, Ron	31:38.12
M45	Freeman, Mike	27:50.96
	Gough, Michael	30:12.20
M40	Olszewski, R.	26:16.01
M35	Guimond, Paul	28:51.04
W55	Provost, J.M.	29:52.04 CNR
	Sutherland, J.	33:22.65
W50	Himel, Mikki	33:27.99
	McKeigan, Jeanne	36:30.4
W45	Chute, Marilyn	30:29.00
W35	Sweazey, Nanci	27:51.04 CNR
	Burnett, Susan	29:09.41

CNR - Canadian Native Record

INTERNATIONAL

Australian Veterans Athletic Association Championships Hobart, Tasmania; April 15-20

100m		
M35	R Crookham	11.88
M40	B Davis	11.76
M45	P Crombie	11.86
M50	F Turner	12.10
M55	H Coogan	12.56
M60	R Solomon	13.14
M65	R Hochreiter	13.54
M70	M Johnston	14.70
M75	V Turner	16.86
M85	R Frith	23.28
W30	M Perrot	12.86
W35	L Choate	13.02
W40	V Forsyth	14.20
W45	M Allison	13.66
W50	N Parrish	14.00
W55	D Whittam	15.32
W60	A Cooper	14.56
W65	G Davidson	16.22
W70	M Skarratt	20.12
200m		
M35	P Ireland	24.12
M40	B Davis	23.82
M45	J Kealy	24.27
M50	F Turner	24.28
M55	H Coogan	25.60
M60	R Solomon	26.52
M65	R Hochreiter	28.10
M70	M Johnston	31.52
M75	V Turner	35.18
W30	M Perrot	26.22
W35	R McCambridge	26.02
W40	H Steadman	29.70
W45	M Allison	27.38
W50	N Parrish	29.16
W55	L Woodman	36.98
W60	A Cooper	30.37
W65	G Davidson	35.18
W70	M Skarratt	44.04
400m		
M35	M Pace	54.12
M40	S Hayward	51.92
M45	P Crombie	55.00
M50	F Turner	53.92
M55	H Coogan	57.34
M60	R Solomon	60.22
M65	T Hishon	66.30
M70	M Johnston	68.32
M75	V Turner	81.88
W30	D Lance	61.84
W35	R McCambridge	59.34
W40	M Santich	64.40
W45	M Allison	60.36
W50	A Stobaus	66.74
W55	L Woodman	78.07
W60	J Green	83.37
W65	S Brasher	83.82
W70	M Partridge	97.09
800m		
M35	J Humphreys	2:01.96
M40	R Catherall	1:59.45
M45	C O'Brien	2:04.52
M50	P Critchley	2:09.84
M55	F Carpenter	2:15.40
M60	O Millridge	2:21.89
M65	R Hughes	2:33.11
M70	P Colthup	3:35.17
M75	A Smith	3:28.25
M80	J Brown	4:19.93
W35	J Shaw	2:30.06
W40	M Santich	2:23.32
W45	M Allison	2:25.85
W50	J Chandler	2:44.32
W55	L Woodman	2:58.36
W60	S Young	3:08.81
W65	S Brasher	WR3:01.18
1500m		
M35	D Lewis	4:07.50
M40	I Murray	4:02.97
M45	C O'Brien	4:06.59
M50	B Smith	4:37.88
M55	F Carpenter	4:36.89
M60	R Young	5:04.39
M65	R Hughes	5:14.47
M70	G Nevitt	6:48.63
M75	J Stevens	7:03.89
M80	J Brown	8:21.42
W35	D Barnes	5:02.74
W40	R Busteed	4:55.74
W45	M Wong	5:25.28
W50	T Baird	5:17.25
W55	B Dalgleish	5:53.60
W60	J Albury	5:58.66
W65	S Brasher	WR6:02.68
5000m		
M35	D Lewis	15:43.5
M40	s Austin	15:03.1
M45	C O'Brien	15:58.5
M50	J Seymon	17:32.1
M55	F Carpenter	17:24.0
M60	R Young	19:19.3
M65	R Hughes	19:11.3
M70	G Nevitt	24:28.7
M80	J Brown	33:22.4
W30	M StawyTomkns	19:37.3
W35	D Barnes	18:45.6
W40	C Horne	18:08.3
W45	E Marquadt	19:03.6
W50	T Baird	18:33.1
W55	B Dalgleish	21:44.7
W60	S Young	21:58.1
W65	S Brasher	22:06.3
10,000m		
M35	D Lewis	33:02.6
M40	S Austin	30:23.1
M45	B Kelly	35:11.0
M50	J Seymon	35:27.0
M55	F Carpenter	35:55.7
M60	R Young	38:25.5
M65	R Hughes	39:46.7
M70	R Oughton	49:13.1
M80	J Brown	68:38.1
W30	M StawyTomkns	40:50.3
W35	H Winchester	40:20.0
W40	C Horne	37:39.8
W45	E Marquadt	39:00.3
W50	T Baird	38:00.3
W55	P Mews	52:27.4
W60	J Albury	44:46.0
W65	S Brasher	WR45:49.7
Short Hurdles		
M35	C Tompkins	16.82
M40	P Collins	17.83
M45	T Barnard	19.41
M50	M Stevenson	15.58
M60	D Mather	16.92
M65	S Stankovic	21.27
M70	K Hopkins	19.69
W30	J Erickson	19.26
W35	S Lee	17.90
W40	L Clayton	17.73
W45	M Allison	13.08
W50	T Wharton	15.29
Long Hurdles		
M35	C Riddoch	73.30
M40	J Molloy	59.02
M45	K Martin	65.61
M50	M Stevenson	44.42
M55	H Coogan	56.84
M60	Q Anthony	47.63
M65	M Collins	58.00
M70	K Hopkins	63.00
W35	J Shaw	75.53
W40	L Clayton	95.22
W45	M Allison	nta
W50	S Westbrook	68.8
Steeplechase		
M35	G Holden	10:08.7
M40	I Murray	9:59.4
M45	A Bennie	12:09.4
M50	J Seymon	11:26.0
M55	B Kenny	12:04.0
M60	O Millridge	7:52.4
M65	M Collins	8:56.5
M70	K Hopkins	10:37.2
W35	J Shaw	8:14.6
W40	L Clayton	9:59.4
W45	L Hamilton	10:35.7
W50	J Morrey	9:07.8
W55	P Mews	11:10.3
W65	T Smith	WR12:44.7
High Jump		
M35	C Tompkins	1.80m
M40	J Gordon	1.65
M45	P Hepburn	1.55
M50	J Hunt	1.74
M60	Q Anthony	1.48
M65	R Hochreiter	1.30
M70	W Widera	1.30
M75	A Smith	1.05
W30	J Erickson	1.47
W35	S Lee	1.50
W45	C Battersby	1.41
W50	T Wharton	1.26
W55	H Doherty	1.00
W65	G Davidson	1.15
Pole Vault		
M35	C Tompkins	3.65
M40	J Gordon	2.40
M45	K Martin	2.40
M50	J Poulter	3.25
M60	J McGrath	2.90
M65	R Hochreiter	2.40
M70	W Widera	2.30
Long Jump		
M35	C Tompkins	6.24
M40	N Peters	5.92
M45	K Martin	5.37
M50	M Stevenson	5.72
M55	S Stankovic	3.70
M60	Q Anthony	5.05
M65	R Hochreiter	4.73
M70	K Hopkins	4.17
M75	A Smith	2.45
M80	R Frith	2.04
W30	J Erickson	5.08
W35	L Choate	4.72
W40	V Forsyth	4.70
W45	C Battersby	4.56
W50	G Seymon	3.79
W55	H Doherty	3.11
W65	G Davidson	3.47
W70	M Partridge	2.91
W80	R Frith	2.14
Triple Jump		
M35	C Tompkins	13.90
M40	N Peters	12.07
M45	K Martin	11.73
M50	J Hunt	11.53
M60	Q Anthony	10.40
M65	R Hochreiter	9.56
M70	K Hopkins	7.97
M75	A Smith	6.20
M85	R Frith	5.18
W30	J Erickson	10.48
W35	L Choate	9.98
W40	E Dundas	6.59
W45	J Johnson	9.65
W50	G Seymon	8.01
W55	D Whittam	8.57
W65	G Davidson	7.95
W70	M Partridge	6.68
W80	R Frith	WR 5.33
Shot Put		
M35	I Murray	12.63
M40	A Turbin	12.73
M45	R Guy	12.66
M50	N Evans	13.21
M55	P Shuttler	9.63
M60	C Rann	12.09
M65	F Jekabsons	11.50
M70	W Widera	9.79
M75	R Foley	9.67
M80	N Hawke	7.68
M85	R Frith	5.95
W30	J Erickson	8.04
W35	P Bird	8.30
W40	D Palmer	10.27
W45	M Thomas	10.33
W50	H Searle	12.16
W55	H Doherty	10.94
W60	M Dando	6.23
W65	L Widera	8.52
W70	M Skarratt	6.85
W80	R Frith	5.71
Discus		
M35	I Murray	39.02
M40	T Dent	38.18
M45	R Guy	41.62
M50	A Spaits	44.60
M55	V Feldmanis	35.44
M60	I Mancs	45.56
M65	R Hochreiter	42.76
M70	W Widera	31.20
M75	R Foley	35.50
M80	N Hawke	18.68
M85	R Frith	14.44
W30	J Erickson	20.98
W35	P Bird	24.94
W40	D Palmer	31.66
W45	M Thomas	30.68
W50	H Searle	29.16
W55	H Doherty	30.48
W60	J O'Neill	18.28
W65	L Widera	23.96
W70	M Skarratt	17.72
W75	M Stevens	7.04
W80	R Frith	13.16
Hammer		
M35	I Murray	42.32
M40	T Dent	31.90
M45	R Guy	43.10
M50	A Spaits	39.24
M55	S Stankovic	23.80
M60	I Mancs	37.50
M65	F Jekabsons	35.56
M70	W Widera	36.26
M75	R Foley	40.14
M80	N Hawke	27.08
M85	R Frith	14.88
W30	J Erickson	20.40
W35	F Schiller	29.90
W40	L Kirsch	38.72
W45	C Battersby	35.14
W50	H Searle	WR43.30
W55	H Doherty	31.46
W60	M Dando	13.58
W65	L Widera	31.20
W70	M Skarratt	17.94
W80	R Frith	17.24
Javelin		
M35	D Cole	46.48
M40	J Gordon	40.28
M45	R Guy	49.02
M50	K Daniels	39.58
M55	P Shuttler	28.46
M60	Q Anthony	37.70
M65	R Hochreiter	37.90
M70	W Widera	29.78
M80	N Hawke	24.06
M85	R Frith	11.30
W30	D Lance	22.64
W35	P Bird	30.10
W40	D Palmer	25.44
W45	M Thomas	37.02
W50	G Seymon	31.34
W55	H Doherty	33.32
W60	M Dando	14.00
W65	L Widera	21.02
W70	M Skarratt	15.18
W75	M Stevens	6.48
W80	R Frith	10.32
Pentathlon		
M35	C Tompkins	3481
M40	J Gordon	2881
M45	D Sheehan	3109
M50	K Daniels	3516
M55	D Paul	2850
M60	Q Anthony	4221
M65	M Dauphinet	3348
M75	A Smith	1616
W30	D Lance	2407
W35	P Bird	3056
W45	C Battersby	3360
W50	G Seymon	1980
W55	J Cox	1602
W60	P Carr	1511
W65	G Davidson	3087
5000m Racewalk		
M35	C Riddoch	24:20.8
M40	D Cash	24:04.4
M45	G White	22:43.6
M50	T Johnson	23:56.5
M55	R Gardiner	25:03.0
M60	P Waddell	29:33.7
M65	J Kilfoyle	29:31.1
M70	G Nevitt	31:00.2
M80	T Daintry	30:42.8
W35	V Maleckas	28:40.9
W40	H McDonald	25:43.8
W45	L Osborne	27:54.0
W50	P Hall	28:13.1
W55	T Leb	30:47.3
W60	M Dando	34:38.0
W65	B Newman	31:42.5
W70	G Smith	41:04.3
W80	N Jeffreys	41:34.7
10K Road Walk		
M40	D Cash	1:49:33
M45	G White	1:41:36
M50	T Johnson	1:46:57
M55	R Gardiner	1:49:36
M60	P Waddell	1:03:33
M65	J Kilfoyle	1:02:31
M70	G Nevitt	1:12:34
M80	T Daintry	1:10:41
W40	H McDonald	53:52
W45	L Osborne	58:32
W50	P Hall	1:00:15
W55	T Leb	1:05:15
W60	M Dando	1:12:05
W65	B Newman	1:05:20
W70	G Smith	1:25:19
W80	N Jeffreys	1:25:22

South African Championships Krugersdorp; May 8-9

100m		
M30	G Theron	11.34
M35	B Tlapu	11.21
M40	J G Breytenbach	11.48
M45	S Wald	11.76
M50	D Augustyn	12.50
M55	M Hacker	12.58
M60	A Heine	13.97
M65	L Nel	14.05
M70	L Botha	15.85
W30	W Bekker	12.61
W35	J Kruger	12.94
W40	G vanNiekerk	12.93
W45	G Vilioen	13.80
W50	Y deWit	14.56
W55	N Van Lill	17.18
W60	A du Plooy	16.95
W65	S Campbell	16.73
200m		
M30	J van Vuuren	22.91
M35	B Tlapu	22.26
M40	J Breytenbach	22.85
	J G Breytenbach	23.08
M45	S Wald	23.88
M50	D Augustyn	25.31
M55	M Hacker	25.14
M60	A Heine	28.18
M65	L Nel	28.26
W30	W Bekker	25.44
W35	J Kruger	26.29
W40	G vanNiekerk	26.32
W45	G Vilioen	27.85
W50	Y de Wit	29.50
W60	A du Plooy	35.09
W65	S Campbell	36.12
400m		
M30	P van Vuuren	49.26
M35	B Tlapu	48.43
M40	J Meyer	51.89
M45	L Keel	56.37
M50	E Mkhomowe	57.73
M55	M Grujic	56.22
M60	A Heine	61.47
M65	L Nel	63.98
W30	B Putter	62.80
W35	A van Beuge	60.98
W40	P Immelman	62.91
W50	Y de Wit	69.17
W55	Q du Toit	82.67
W60	J Geldenhuys	83.72
800m		
M30	D Brummer	1:50.82
M35	T Brown	1:56.64
M40	L Claasen	2:04.07
M45	V O'Donoghue	2:10.42
M50	e Mkhomove	2:15.53
M55	F van Vuuren	2:22.31
M60	F Schoeman	2:35.72
M65	L Nel	2:35.36
M70	C Walker	2:28.52
W30	K Hlelmut	2:32.44
W35	A van Beuge	2:29.77
W40	S van Rooyen	2:33.69
W45	Y Lariviere	2:41.27
W50	J Kleynhans	2:59.88
W55	Q du Toit	3:14.97
W60	J Geldenhuys	3:20.42
1500m		
M30	J Fourie	4:00.45
M35	T Brown	4:00.61
M45	H Sliep	4:28.25
M50	I Hunter	4:44.24
M55	F vanVuuren	5:12.69
M60	G Loedolff	5:08.35
M70	C Walker	7:04.75
W30	B Putter	5:17.46
W35	D Lorenzen	5:00.43
W40	A Griesel	5:37.29
W45	Y Lariviere	5:31.07
W50	S Hackney	6:01.57
5000m		
M35	S de Jager	15:04.0
M40	S Hollier	15:22.1
M45	H Visser	16:30.9
M50	a Gumbi	17:38.2
M55	D van Vuuren	17:18.0
M60	G Loedolff	16:47.2
M65	H Goldstein	21:38.7
M70	A Ferguson	20:58.1
W30	C Hardenburg	19:06.6
W35	V von Gordon	19:47.6
W45	P Beaton	20:13.5
W50	W Smuts	21:00.4
W55	A TenTusscher	22:14.8
W60	M Krugel	30:43.3
10,000m		
M30	H Lekhanyani	31:32.8
M35	L Barnard	33:37.8
M40	G Mosweu	32:02.8
M45	B Merrington	34:21.2
M50	D Gumbi	39:51.2
M55	D Van Vuuren	34:34.5
M60	G Loedolff	38:23.4
M70	A Ferguson	42:56.5
W30	C Hardenburg	39:50.10
W35	V von Gordon	40:20.0
W45	P Beaton	39:52.7
Short Hurdles		
M30	G Theron	16.16
M35	N Frylinck	16.01
M40	L Freitag	19.34
M45	W Kareng	19.12
M50	C Truter	14.75
M55	P Botha	22.20
M65	A Van Zyl	17.56
W30	L de Beer	18.68
W35	V Arlow	18.63
W40	A de Villiers	13.20
W50	H Kuppe	14.20
Long Hurdles		
M30	S Ramagogobi	57.73
M40	R Rossouw	59.58
M45	W Kareng	63.10
M50	F Meaker	57.95
M55	L Benning	48.52
M65	A Van Zyl	52.24
W30	Y Fourie	68.91
W40	A Engelbrecht	76.78
Steeplechase		
M30	G VanderWesthuizen	10:49.5
M35	S de Jager	9:32.1
M45	B Matthews	12:08.9
M55	J Jordaan	13:20.0
High Jump		
M30	C Frey	2.07
M35	D Mastert	1.75
M40	M Scheepers	1.70
M45	P Kruger	1.74
M50	D Heunis	1.50
M55	L Benning	1.52
M60	C Colyn	1.30
M65	A van Zyl	1.35
W30	L de Beer	1.48
W35	H Freitag	1.55
W40	M Ferreira	1.45
W50	H Kuppe	1.20
W55	L Zimmerman	1.18
W65	A Wood	1.15
Pole Vault		
M35	D Mastert	3.20
M40	A Muller	3.44
M45	M Sliwinski	3.10
M55	J Klopper	3.00
M60	C Colyn	2.62
W35	M Black	2.00
W40	M de Villiers	2.35
W45	P Pietersen	2.30
Long Jump		
M30	M O'Hara	5.95
M35	J Ellis	6.56
M40	J G Breytenback	5.69
M45	J van Rooyen	5.71
M50	D Augustyn	4.96
M55	G Pistorius	5.23
M60	A Heine	4.87
M65	A van Zyl	4.13
M70	P Nel	3.22
W30	Y Fourie	4.81
W35	T Kruger	4.47
W40	G van Niekerk	4.90
W45	P Pietersen	4.08
W50	H Kuppe	4.55
W55	G Schulz	3.42
W65	A Wood	3.32
W80	R Frith AUS	2.15
Triple Jump		
M30	M O'Hara	13.36
M35	N Frylinck	11.69
M40	H Boshoff	10.74
M45	S Mtata	11.94
M55	G Pistorius	10.47
M70	P Nel	6.68
W30	Y Fourie	9.66
W40	G van Niekerk	9.66
W45	P Pietersen	8.36
W50	H Searle AUS	9.65
W55	A Kruger	6.74
W80	R Frith AUS	5.26
Shot Put		
M30	M Storm	13.21m
M40	A Silva	12.13
M45	Monyefane	12.03
M50	G Schirmer	14.25
M55	A Rzepecki	12.13
M60	D VanJaarsveldt	11.01
M65	B Bangert US	11.45
M70	P Frech	10.87
M75	L Wale	9.29
M80	C Sterley	7.30
W40	H du Plessis	10.67
W45	E Green	9.00
W50	H Searle	12.01
W55	L Zimmerman	8.51
W60	E van Holtz	6.35
W65	L Grobler	8.38
W75	A Smit	6.10
Discus		
M35	J Saunders	43.54
M40	J Roodt	36.02
M45	A Dale	32.74
M50	W Mwalwanda	44.16
M55	A Rzepecki	35.66
M60	T Bruwer	36.46
M65	B Bangert US	37.30
M70	P Frech GER	36.98
M75	L Wale	26.24
M80	C Sterley	24.44
W35	R Boardman	30.72
W40	M de Bruyn	31.20
W45	P Pietersen	23.04
W50	M L Vys	25.68
W55	L Zimmerman	29.14
W60	E von Holtz	17.88
W65	L Grobler	22.60
W75	E Paveley	13.84
Hammer		
M35	T Kotze	36.82
M40	J Roodt	48.98
M45	A Dale	35.86
M50	J Bligraut	36.90
M55	A Rzepecki	47.20
M60	T Bruwer	37.50
M65	J Visser	35.14
M70	G Glockner	29.90
M75	L Wale	20.10
M80	C Sterley	27.72
W40	V Clayton	32.20
W50	H Searle	38.52
W55	N van Lill	21.64
W65	L Grobler	22.12
W75	A Smit	14.64
W80	R Frith	17.54
Javelin		
M35	T Liebenberg	62.34
M40	J Solms	49.60
M45	Z vandenBerg	47.04
M50	W Mwalwanda	56.92
M55	J Klopper	41.38
M60	T Bruwer	30.40
M65	J Visser	32.20
M70	G Glockner	29.08
M75	L Wale	22.72
M80	C Sterley	18.42
Pentathlon		
M35	D Mostert	3021
M40	J Allers	2943
M45	Z vandenBerg	2583
M50	L van Wyk	2634
M55	R Cross	3376
W40	N Ferreira	3376
W50	P England	2547
Weight Pentathlon		
M35	T Liebenberg	3185
M40	J Solms	3023
M45	z vandenBerg	2834
M50	G vanderMerwe	2550
M55	A Rzepecki	3910
M65	J Visser	3316
M70	P Frech GER	3379
M80	C Sterley	3610
W30	V vanderWalt	2763
W35	H Labuschagne	2263
W40	S deBruyn	3019
W50	M L Vys	3865
W65	L Grobler	4639
5000m Track Walk		
M30	J Maleme	26:29.2
M35	O Mundel	24:24.3
M50	J Spencer	24:27.2
M60	J H Jordaan	30:09.1
M65	I Hertz	30:41.3
M70	I Rogers	37:04.9
W35	W M'Guigan	28:26.2
W40	J de Beer	31:06.6
W45	P Clemmans	29:33.3
W50	O du Toit	31:26.3
W55	D Mare	34:17.6
W60	H Rothman	29:48.2
W65	M Hutchison	36:36.2
10K Road Walk		
W35	W M'Guigan	1:00:45
W40	J de Beer	1:05:38
W45	P Clemmans	1:02:50
W50	L Engelbrecht	1:26:18
W60	H Rothman	1:00:34
W65	M Hutchison	1:--:21
20K Road Walk		
M35	O Mundel	1:49:03
M45	W Ward	2:10:33
M50	J Spencer	1:49:31
M55	J Stoltz	2:06:37

7th Asian Veterans Athletic Championships Singapore; June 11-14

100m (M40)
1st Niimi Nobuo JPN 11.9
2nd Nikami Junichi JPN 11.9
3rd Tokuda Kazuaki JPN 12.0

(M45)
1st Kaihara Kozabu JPN 11.4
2nd Porel M Ranjan IND 12.0
3rd A J Toisuta INA 12.5

(M50)
1st Jootje P Oroh IND 12.1
2nd Terence Tseng SIN 12.2
3rd Kuo I-Haiung TPE 12.7

(M55)
1st Huang Yuan-Teh TPE 12.4
2nd Akiyama Jiro JPN 12.5
2nd Mori Kiyoshi JPN 12.5

(M60)
1st Watanabe Seiji JPN 12.8
2nd Uchida Tamotsu JPN 13.1
3rd Isnibami Saburo JPN 13.3

(M65)
1st Kawashima Tetsuo JPN 13.0
2nd Tamoto Hisaki JPN 13.7
3rd Kawai Shigeru JPN 14.0

(M70)
1st Watanabe Gentaro JPN 15.6
2nd Hirano Heihachi JPN 16.0
3rd Peng Hung-Lien TPE 17.2

(M75)
1st Yare Takeshi JPN 14.9
2nd Miwa Shoji JPN 15.4
2nd Tateshi Yuichi JPN 15.4

(M80)
1st Okada Yasaburo JPN 16.0
2nd Yep Chin-Ho TPE 17.3
3rd Yamamuro Toyoki JPN 19.2

(W35)
1st Prochy Mehta IND 13.6
2nd Iwai Kiyomi JPN 13.8
3rd Emma Amalia INA 14.0

(W40)
1st Alamine Fumiko JPN 13.4
2nd Oisuka Nobuko JPN 14.2
3rd Dora Edwards SIN 14.6

(W45)
1st Mahaktyah Sukuk IND 15.4
2nd Myamoto Hiroko JPN 15.5
3rd Yin Nu MYA 15.6

(W50)
1st Glory Barnabas SIN 14.0
2nd Kuraisu Midori JPN 14.6
3rd Nori Nobuko JPN 15.0

(W55)
1st D Resluningrun IND 16.1
2nd Yang Jih-Mei TPE 16.4
3rd Huang Ho-Mei TPE 16.5

(W60)
1st Daisy Victor IND 15.8
2nd Tineke Matulessy INA 16.1
3rd Tineke Harahap INA 16.4

(W65)
1st Emmy Hulapea INA 21.6

200m (M40)
1st Nikami Junichi JPN 23.7
2nd Niimi Nobuo JPN 23.8
3rd Talagala L S SRI 24.4

(M45)
1st Kaihara Kozabu JPN 23.2
2nd Porel M Ranjan IND 23.5
3rd Silva S D R SRI 26.2

(M50)
1st Tadakuma Ryosuke JPN 24.6
2nd Terence Tseng SIN 25.3
3rd Jootje P Oroh INA 25.6

(M55)
1st Huang Yuan-Teh TPE 25.3
2nd Kawakami Akio JPN 25.9
2nd M Gunasena SIN 25.9

(M60)
1st Uchida Tamotsu JPN 26.3
2nd Watanabe Seiji JPN 26.8
3rd Sakai Kusuo JPN 27.2

(M65)
1st Kawashima Tetsuo JPN 26.8
2nd Tamoto Hisaki JPN 28.3
3rd Patrick Miranda MAL 31.0

(M70)
1st Watanabe Gentaro JPN 31.1
2nd Hirano Heihachi JPN 32.6
3rd Dalip Singh D IND 34.4

(M75)
1st Yabe Takeshi JPN 31.2
2nd Miwa Shoji JPN 33.1
3rd Binsar P Hutapea INA 41.7

(M80)
1st Okada Yasaburo JPN 35.5
2nd Yep Chin-Ho TPE 37.1
3rd Sujjan Singh B IND 37.6

(W35)
1st Prochy Mehta IND 28.3
2nd Iwai Kiyomi JPN 28.9
3rd Hazel Chew K H SIN 29.8

(W40)
1st Alamine Fumiko JPN 28.4
2nd Menika SRI 29.2
3rd Fujikawa Chikako JPN 30.4

(W45)
1st Mahariyah Surur INA 33.0
2nd Vanitha Kukkadi IND 35.8
3rd Niniek JK R INA 36.0

(W50)
1st Glory Barnabas SIN 29.2
2nd Nakamura Chieko JPN 29.5
3rd Uray Suharta P INA 34.4

(W55)
1st Huang Ho-Mei TPE 34.7
2nd D Restuningrun INA 36.2
3rd Annie Joseph IND 37.7

(W60)
1st Daisy Victor IND 34.0
2nd Tineke Harahap INA 35.3
3rd Tineke Matulessy INA 36.0

400m (M40)
1st Ono Akihiro JPN 53.5
2nd Dabbu Basawaiah IND 55.1
3rd Mohinder Singh IND 55.4

(M45)
1st Piscal Hindu Rao IND 55.1
2nd T Kunjumuhamed IND 56.5
3rd Porel M Ranjan IND 56.8

(M50)
1st K K Chacko IND 58.9
2nd Tadakuma R JPN 59.1
3rd Chandradasa R A SRI 59.4

(M55)
1st M Gunasena SIN 59.1
2nd Huang Yuan-Teh TPE 59.5
3rd Kawakami Akio JPN 60.1

(M60)
1st Hari Chandra SIN 62.1
1st Sakai Kusuo JPN 62.1
3rd Jayathilake SRI 64.2

(M65)
1st Kawashima Tetsuo JPN 62.8
2nd Tamoto Hisaki JPN 67.3
3rd Joseph Selvaraj IND 68.4

(M70)
1st Watanabe Gentaro JPN 73.0
2nd Hirano Heihachi JPN 79.9
3rd S Veerasamy SIN 83.7

(M75)
1st Yabe Takeshi JPN 74.3
2nd Ang Huan Keat MAL 94.6
3rd Charles Mahipe INA 98.6

(M80)
1st Sujjan Singh B IND 99.9
2nd Yang Ching-Hsieh TPE 103.4
3rd Narayana Moorthy IND 127.8

(W35)
1st Prochy Mehta IND 65.0
2nd Hazel Chew K H SIN 66.0
3rd Kawtjia MYA 66.7

(W40)
1st Menika SRI 69.4
2nd Fujikawa Chikako JPN 70.1
3rd Sriyani SRI 71.2

(W45)
1st Mahariyah Suru INA 85.2

(W50)
1st Glory Barnabas SIN 71.2
2nd Chang Yu-Yin TPE 76.9
3rd Ong Siew Im MAL 87.5

(W55)
1st Satchi T M SRI 75.8
2nd Ooi Suan Chee MAL 86.7
3rd Sheethalaxmi V IND 87.1

(W60)
1st Sharadamma M IND 88.6
3rd Marie Rorek INA 96.7

800m (M40)
1st Ono Akihiro JPN 2:03.3
2nd Razaak M A SRI 2:07.2
3rd Chinta P Kumar IND 2:07.4

(M45)
1st Peter Govind MAL 2:06.4
2nd Piscal Hindu Rao IND 2:06.7
3rd Chung Ching-Jung TPE 2:08.5

(M50)
1st Sahu Narayan IND 2:17.4
2nd Chandradasa R A SRI 2:18.3
3rd Shivanna M P IND 2:19.1

(M55)
1st Huang C M TPE 2:25.6
2nd Huang Wen-Ji TPE 2:28.2
3rd Woo Jong Dae KOR 2:39.7

(M60)
1st Jayathilake SRI 2:31.2
2nd Takata Shogo JPN 2:33.1
3rd Ibohal Singh IND 2:36.6

(M65)
1st Noriuchi Katsumi JPN 2:34.3
2nd Nagano Minao JPN 2:37.8
3rd Chen Shih-Hu TPE 2:39.9

(M70)
1st Dalip Singh D IND 3:06.1
2nd Yang Ching-Fa TPE 3:07.9
3rd Wang Tsan-Hsun TPE 3:08.7

(M75)
1st Sadakata Ichiro JPN 2:59.8
2nd Khoo Hoon Teong MAL 4:15.9
3rd Ong Sin Yeow MAL 4:31.6

(M80)
1st Yang Ching-Hsieh TPE 4:22.1
2nd Sairakawa T JPN 5:56.7

(W35)
1st Mylni Mylni Than MYA 2:33.1
2nd Kawija MYA 2:34.0
3rd Padmawathie SRI 2:38.5

(W40)
1st Fujikawa Chikako JPN 2:43.3
2nd Menika SRI 2:53.2
3rd Leiyana T INA 2:54.4

(W45)
1st Devi Hemcha IND 3:14.5
2nd Titik E Burton INA 3:28.8
3rd Fernando I SRI 3:52.7

(W50)
1st Nishihara Yaeko JPN 2:52.8
2nd Lee Yang Man-Mei TPE 3:01.8
3rd Chang Yu-Yin TPE 3:06.

(W55)
1st Satchi T M SRI 3:05.8
2nd Ooi Suan Chee MAL 3:32.5
3rd Sharada Bai IND 4:13.4

(W60)
1st Okamoto Teiko JPN 3:18.6
2nd Sharadamma M IND 3:26.1
3rd Marie Rorek INA 4:12.8

(W65)
1st Emmy Hutapea INA 4:09.4
2nd Kok Kek Kee MAL 4:17.9

1500m (M40)
1st C Selvaraj IND 4:21.8
2nd Razaak M A SRI 4:24.9
3rd R A Kularayne SRI 4:31.4

(M45)
1st Peter Govind MAL 4:29.6
2nd Piscal Hindu Rao IND 4:30.
3rd Kahandawala A SRI 4:32.

(M50)
1st Pinnagodage P P SRI 4:42.2
2nd Kato Katsumi JPN 4:47.3
3rd Darmiyanto INA 4:47.7

(M55)
1st Tanaka Kiyoshi JPN 4:54.4
2nd Huang C X TPE 5:01.3
3rd Yoo Sam Hyun KOR 5:03.2

(M60)
1st Sakurai Norio JPN 4:05.7
2nd Matsuoka Hiroshi JPN 5:09.1
3rd Jayathilake SRI 5:33.2

(M65)
1st Noriuchi Kapsumi JPN 5:07.6
2nd Nagano Minao JPN 5:28.9
3rd Chen Shih-Hu TPE 5:29.4

(M70)
1st Peng Hung-Lien TPE 6:20.7
2nd Hsu Shin-Kiw TPE 6:20.9
3rd Yang Ching-Fa TPE 6:25.1

(M75)
1st Sadakata Ichiro JPN 6:03.2
2nd Ang Huan Keat MAL 8:32.8
3rd Yamamoto Y JPN 8:56.0

(M80)
1st Yang Ching-Hsieh TPE 9:28.1
2nd Sairakawa T JPN

(W35)
1st Kawtja MYA 5:13.8
2nd Mylni Mylni Than MYA 5:14.2
3rd Padmawathie SRI 5:27.1

(W40)
1st Fujikawa Chikako JPN 5:27.7
2nd T Leiayane INA 6:10.4
3rd Sunarti INA 6:39.5

(W45)
1st Rebecca Mok SIN 6:33.4
2nd Devi Hemcna IND 6:46.3
3rd Titik E Burton INA 7:19.2

(W50)
1st Nishihara Yaeko JPN 6:06.5
2nd Lee Yang Man-Mei TPE 6:11.6
3rd Ong Siew Im MAL 6:48.0

(W55)
1st Satchi T SRI 6:25.5
2nd Ooi Suan Chee MAL 6:50.0
3rd Sheethalaxmi V IND 7:26.2

(W60)
1st Okamoto Teiko JPN 6:24.0
2nd Sharadamma M IND 7:11.8
3rd Sylvia Harding MAL 10:28.

(W65)
1st Koh Kek Kee MAL 8:19.4
2nd Emmy Hutapea INA 8:44.1

5000m (M40)
1st Mya Thwe MYA 16:09.
2nd Michael MYA 16:12.
3rd Chang C C TPE 16:32.1

(M45)
1st Takahashi Tosho JPN 17:04.
2nd Kalappa N Swamy IND 17:34.
3rd Mohammad Amin INA 18:32.

(M50)
1st Pinnagodage PP SRI 17:28.2
2nd Punchi Bandajm SRI 17:41.3
3rd Darmiyanto INA 18:45.3

(M55)
1st Tanaka Kiyoshi JPN 17:41.1
2nd Woo Jong Dae KOR 20:52.
3rd Matsumura Y JPN 21:47.

(M60)
1st Matsuoka Hiroshi JPN 19:12.8
2nd Sakurai Norio JPN 19:20.
3rd Miyagawa Tadashi JPN 19:47.4

(M65)
1st Noriuchi Katsumi JPN 20:35.5
2nd Y Mulder INA 20:45.5
3rd Nagano Minao JPN 21:10.5

(M70)
1st Hsu Shin-Kiw TPE 24:52.
2nd Dalip Singh D IND 26:37.8
3rd Soemitro INA 46:21.0

(M75)
1st Sadakata Ichiro JPN 23:40.0
2nd Chia Hu-Chen TPE 26:38.2
3rd Yamamoto Yaohi H JPN 30:51.1

(W35)
1st Mar Mar Min MYA 19:05.6
2nd Chua Bee Ling SIN 20:33.1
3rd Michelle P SIN 22:34.5

(W40)
1st Sunarti INA 25:30.4
2nd Asmarani INA 28:12.1

(W45)
1st Rebecca Mok SIN 24:36.2
2nd Murbiah INA 24:54.3
3rd Titik E Burton INA 26:29.3

(W50)
1st Nishihara Yaeko JPN 22:35.6
2nd Lee Yang Man-Mei TPE 23:22.2
3rd Devi Tombimacha IND 29:51.6

(W55)
1st Sheethalaxmi V IND 26:09.2
2nd Micky Gurmiresmi INA 26:39.1

(W60)
1st Okamoto Teiko JPN 23:47.9
2nd Binodini S Devi IND 37:28.4
3rd Roseanne Jones MAL 38:26.9

(W65)
1st Koh Kek Kee MAL 32:07.9

10000m (M40)
1st Mya Thwe MYA 33:57.9
2nd C Selvaraj IND 34:05.6
3rd Michael MYA 34:55.4

(M45)
1st Rajaratnam M SRI 37:08.2
2nd Kalappa N Swamy IND 37:11.0
3rd Konada J A IND 38:33.6

(M50)
1st Appaiah Pemmanda IND 37:24.2
2nd Darmiyanto INA 37:30.6
3rd Punchi Banda J M SRI 37:36.7

(M55)
1st Tanaka Kiyoshi JPN 36:48.6
2nd Matsumura Y JPN 41:08.9
3rd Chiang Huo-Yen TPE 48:10.8

(M60)
1st Sakurai Norio JPN 40:14.0
2nd Miyagawa Tadashi JPN 42:03.4
3rd Matsuoka Hiroshi JPN 43:38.6

(M65)
1st Noriuchi Katsumi JPN 42:29.7
2nd Katayama Inao JPN 45:23.0
3rd Y Mulder INA 45:24.8

(M70)
1st Wang Tsan-Hsun TPE 50:46.2
2nd Hsu Shin-Kiw TPE 52:44.0
3rd Peng Hung-Lien TPE 55:48.9

(M75)
1st Chia Hu-Chen TPE 57:58.7

(W35)
1st Mar Mar Min MYA 41:47.7
2nd Dede Suryani IND 45:50
3rd Mala Honnatti IND 57:15.3

(W40)
1st Sunarti IND 58:29.1
2nd Asmarani IND 1hr 4:25.6

(W45)
1st Rebecca Mok SIN 55:33.9
2nd Murbiah IND 1hr 0:58.8

(W50)
1st Nishihara Yaeko JPN 52:16.6
2nd Kalyani Baul INA 1hr 4:02

(W55)
1st Micky Gurmiresmi INA 1hr 1:41.4

(W60)
1st Roseanne Jones MAL 1hr 18:12

110m Hurdles (M40)
1st Chen Tsung-Pin TPE 15.6
2nd Chiang Ching-Chi TPE 16.7
3rd Yamaguchi T JPN 16.8

(M45)
1st T Kunjumuhamed IND 18.2
2nd Haji Abdul Rani BRU 18.9
3rd Otsuka Hiroshi JPN 19.0

100m Hurdles (M50)
1st Tadakuma Ryosuke JPN 15.5
2nd Sugiyama Kyozo JPN 16.6
3rd Upali Perera A SRI 16.8

(M55)
1st PV Parthasarathy IND 15.6
2nd Wang Kuei-Lin TPE 18.4
3rd Ito Koichi JPN 18.5

(M60)
1st Otani Toshio JPN 17.9
2nd Uchida Tamotsu JPN 20.7
3rd Mori Yoshishige JPN 21.3

(M65)
1st Harbajan Singh IND 20.1
2nd Hendarsin INA 23.4

(W35)
1st J Saraswati IND 20.2
2nd Emma Amalia INA 21.3

80m Hurdles (W40)
1st Oisuka Nobuko JPN 15.2
2nd Wang Chun-Mei TPE 15.4
3rd Menika SRI 16.0

(W45)
1st Miyamoto Hiroko JPN 16.5
2nd SRI Hatiwaryati INA 16.9
3rd Nanda Rajapaksa SRI 17.9

(W50)
1st Nakamura Chieko JPN 14.9
2nd Kuratsu Midori JPN 16.5
3rd Diwikara SRI 18.0

(W55)
1st V Nair IND 17.1
2nd Asano Shuhko JPN 22.2

400m Hurdles (M40)
1st Chen Tsung-Pin TPE 62.4
2nd Chiang Ching-Chi TPE 62.6
3rd Dickson J IND 64.9

(M45)
1st T Kunjumuhamed IND 62.1
2nd Gnanaguru K MAL 65.9
2nd Kyes Ngwe MYA 65.9

(M50)
1st Sugiyama Kyozo JPN 64.2
2nd Tadakuma Ryosuke JPN 65.4
3rd Upali Perera A SRI 65.5

(M55)
1st PV Parthasarathy IND 68.2
2nd K Satchithananda SRI 88.7

300m Hurdles (M60)
1st Uchida Tamotsu JPN 50.4
2nd Thomas Kessler MAL 52.2
3rd Takata Shogo JPN 52.7

(M65)
1st Tamoto Hisaki JPN 55.1
2nd Harbajan Singh IND 67.0

4 X 100m (M40)
1st Japan 45.3
2nd India 46.4
3rd Singapore 47.9

(M50)
1st Japan 48.7
2nd Chinese Taipei 49.8
3rd Indonesia 50.0

(M60)
1st Japan 50.6
2nd Chinese Taipei 53.2
3rd Indonesia 60.3

(W35)
1st Singapore 56.3
2nd Myanmar 58.4
3rd India 58.8

(W45)
1st Japan 59.0
2nd Indonesia 62.6
3rd Sri Lanka 63.3

(W55)
1st Indonesia 65.3
2nd Japan 70.8

4 X 400m (M40)
1st Chinese Taipei 3:42.9
2nd India 3:43.0
3rd Sri Lanka 3:53.2

(M50)
1st Japan 4:01.5
2nd Sri Lanka 4:03.6
3rd Chinese Taipei 4:13.5

(M60)
1st Japan 4:16.0
2nd Chinese Taipei 4:43.6
3rd Malaysia 5:18.9

(W35)
1st Myanmar 4:32.5
2nd Singapore 4:42.0
3rd Sri Lanka 4:48.3

High Jump (M40)
1st Tin Aye MYA 1.70m
2nd Jayaraine SRI 1.56m

(M45)
1st Kyan Nyunt MYA 1.64m
2nd Sahu Brundaban IND 1.56m
3rd Haji Mohammed BRU 1.50m

(M50)
1st Lin Chin-Tien TPE 1.59m
2nd Lee Chang-Ho TPE 1.53m
3rd Sunil Ghose INA 1.45m

(M55)
1st Higashi N JPN 1.50m
2nd Kao Chin-Shui TPE 1.25m

(M60)
1st Ishigami Saburo JPN 1.40m
2nd Otani Toshio JPN 1.35m
3rd Furuta Shoji JPN 1.30m

(M65)
1st Kobayashi Michio JPN 1.35m
2nd Yamamoto Noburu JPN 1.30m
3rd Matsumura Sairu JPN 1.25m

(M70)
1st Miura Takuro JPN 1.25m
2nd Liu Chang-Chuan TPE 1.15m
3rd Kometsuzaki M JPN 1.10m

(M75)
1st Takahashi Toyoji JPN 1.05m
2nd Uchiyama Keisaku JPN 1.05m
3rd Soei Kim Hong INA 1.00m

(W35)
1st S Punganonth THA 1.45m
2nd Jaiswal Saraswati IND 1.37m
3rd Sriyani SRI 1.26m

(W40)
1st Indari S INA 1.29m
2nd Nurilmi Sani INA 1.26m
3rd Linda Rachman INA 1.23m

(W45)
1st Lydia S N PHI 1.15m
2nd Sri Hati Waryati INA 1.00m

(W50)
1st Sato Yoko JPN 1.39m
2nd M Saraswathi IND 1.10m
3rd Ichigaki Tokiko JPN 1.05m

(W55)
1st V Nair IND 1.10m
2nd Dr V Samuel IND 1.10m
3rd Asano Shunko JPN 1.00m

(W60)
1st Yokoi Kazuyo JPN 1.15m

Pole Vault (M40)
1st Almeda T J E SRI 2.90m
2nd Kulatunge N SRI 2.80m
3rd Puran Singh IND 2.80m

(M45)
1st B P Singh IND 3.00m
2nd Haji Mohammed BRU 2.90m
3rd Otsuka Hiroshi JPN 2.80m

(M50)
1st Chu Ruey-Fang TPE 3.00m
2nd Kawabata K JPN 2.80m
3rd Sunil Ghose IND 2.60m

(M55)
1st Ito Koichi JPN 2.80m
2nd Chiang Huo-Yen TPE 2.40m

(M60)
1st Kobayashi Sueo JPN 3.00m
2nd P L Sharma IND 2.60m

(M65)
1st Harbajan Singh IND 2.00m

(M70)
1st Liu Chang-Chuan TPE 1.65m

Long Jump (M40)
1st Rajender Singh IND 5.71m
2nd Chiang Ching-Chi TPE 5.61m
2nd Chen Tsung-Pin TPE 5.61m

(M45)
1st Haji Abdul Rani BRU 5.83m
2nd Fernando E SRI 5.55m
3rd A J Toisuta INA 5.23m

(M50)
1st Sunil Ghose IND 5.25m
2nd Lee Chang-Ho TPE 5.03m
3rd Chu Ruey-Fang TPE 4.84m

(M55)
1st M Gunasena SIN 5.22m
2nd Yeh Chen-Meng TPE 4.73m
3rd Haji Adenan PDP BRU 4.70m

(M60)
1st Ishigami Saburo JPN 5.05m
2nd Otani Toshio JPN 4.95m
3rd Lee Jih Chao TPE 4.82m

(M65)
1st Kobayashi Michio JPN 4.77m
2nd Ishii Kazushi JPN 4.60m
3rd Yamamoto Noburu JPN 4.55m

(M70)
1st Liu Chang-Chuan TPE 3.58m
2nd Miura Takuro JPN 3.47m

(M75)
1st Tateshi Yuichi JPN 3.68m
2nd Miwa Shoji JPN 3.64m
3rd Okazaki Yoshio JPN 3.55m

(M80)
1st Sujjan Singh B IND 3.32m

(W35)
1st Jaiswal S IND 4.38m
2nd Sriyani SRI 4.19m
3rd Emma Amalia INA 4.14m

(W40)
1st Kamilah INA 4.23m
2nd Sriyani SRI 4.15m
3rd Roy Sobha IND 3.79m

(W45)
1st Lydia S N PHI 4.24m
2nd Suwatini Elias INA 3.95m
3rd Sri Hati Waryati INA 3.75m

(W50)
1st Nakamura Chieko JPN 4.42m
2nd Kuratsu Midori JPN 4.29m
3rd Nori Nobuko JPN 3.62m

(W55)
1st V Nair IND 3.84m
2nd Yang Jih-Mei TPE 3.50m
3rd D Restuningrun INA 3.20m

(W60)
1st Yokoi Kazuyo JPN 3.69m
2nd Tineke Harahap INA 3.50m
3rd Tineke Matulessy INA 3.37m

Triple Jump (M40)
1st Weeranainghe PM SRI 12.58m
2nd Rajender Singh IND 12.07m
3rd Perera Mas SRI 11.47m

(M45)
1st Hj Abdul Rani BRU 11.81m
2nd Fernando E SRI 11.67m
3rd Chandra S ASP SRI 10.98m

(M50)
1st Lee Chang-Ho TPE 11.03m
2nd Pathirana DN SRI 10.27m
3rd Oishi Nobuo JPN 10.05m

(M55)
1st Hj Adenan PDP BRU 9.14m
2nd Paul Yeddu IND 8.75m

(M60)
1st Lee Jih-Chao TPE 10.62m
2nd Furuta Shoji JPN 9.72m
3rd Komazaki Minoru JPN 9.66m

(M65)
1st Kobayashi Michio JPN 10.31m
2nd Yamamoto Noburu JPN 10.29m
3rd Ishii Kazushi JPN 9.68m

(M70)
1st Liu Chang-Chuan TPE 8.01m

(M75)
1st Tateshi Yuichi JPN 8.20m
2nd Chiu Sheng TPE 6.38m

(W35)
1st Prochy Mehta IND 8.98m
2nd K N Meenakshy IND 8.79m
3rd R Thulasi IND 8.40m

Continued on next page

Continued from previous page

(W40)
1st Sriyani SRI 8.85m
2nd Redha Chellappan IND 8.61m
3rd Roy Shoba IND 8.41m

(W45)
1st Lydia S N PHI 8.65m
2nd Sri Hati Waiyati INA 8.35m
3rd Vanitha Kukkadi IND 7.57m

(W50)
1st Nakamura Chieko JPN 9.88m
2nd Kuraisu Midori JPN 9.07m
3rd Glory Barnabas SIN 8.27m

(W55)
1st Asano Shunko JPN 7.07m
2nd D Resluningrun INA 6.64m
3rd Sharada Bai IND 6.56m

(W60)
1st Yokoi Kazyo JPN 7.76m
2nd Daisy Victor IND 7.75m
3rd Tineke Harahap INA 7.10m

Shot Putt (M40)
1st Ishida Shigenori JPN 13.04m
2nd J David MAL 11.70m
3rd Hari Biswal IND 11.39m

(M45)
1st Taniguchi K JPN 12.58m
2nd Kidiyoor Gopal IND 10.94m
3rd Nand Lal Singh IND 10.80m

(M50)
1st Kato Takashi JPN 12.19m
2nd A Karim Amrullah INA 11.77m
3rd Terazawa Y JPN 11.61m

(M55)
1st Malik Yash Dah IND 11.76m
2nd Nakao Akiyoshi JPN 10.91m
3rd Yeh Chen-Meng TPE 10.67m

(M60)
1st Wang Fu-Lai TPE 11.16m
2nd Hiremath S S IND 10.31m
3rd Sukatamsi INA 9.96m

(M65)
1st Hsu Chin-Liew TPE 10.00m
2nd Kuo Chi-Chiu TPE 9.84m
3rd Matsumura Shiro JPN 9.34m

(M70)
1st A Sibidol MAL 12.52m
2nd Koshiba Komon JPN 9.73m
3rd Wang Chen-I TPE 8.34m

(M75)
1st Liao Hung TPE 10.44m
2nd Huang Shih-Jung TPE 8.40m
3rd Okazaki Yoshio JPN 8.37m

(M80)
1st Mit Singh Sandhu IND 5.73m

(W35)
1st Yosephine Mahuse INA 12.03m
2nd Naw Bway Htoo MYA 11.39m
3rd R Thulasi IND 9.40m

(W40)
1st Jennifer Tin Lay MYA 10.46m
2nd Anna Budi INA 8.00m
3rd Sriyani SRI 6.53m

(W45)
1st Nagatomo Junko JPN 8.24m
2nd Tumi Sulandari INA 7.94m
3rd Sunami INA 7.69m

(W50)
1st Wijayanti S INA 10.11m
2nd Jane Paripurnam MAL 9.71m
3rd Sato Yoko JPN 9.33m

(W55)
1st Tu Feng Li TPE 7.94m
2nd Sophia Karwur INA 7.20m
3rd Josephine S INA 5.98m

(W60)
1st Sheng Chiew-Shin TPE 7.46m
2nd Lin Ching-Mei TPE 6.90m
3rd Tien Kumoro INA 6.50m

(W65)
1st Tsuju Isuzu JPN 7.52m
2nd Tsao Huang Chin TPE 6.58m
3rd Chen-Lee TPE 5.62m

Discus (M40)
1st Hari Biswal IND 33.58m
2nd Tsai Kuang-Fu TPE 33.30m
3rd Pularan P Babu IND 32.76m

(M45)
1st Lin Cheng-Hung TPE 33.24m
2nd Nand Lal Singh IND 33.20m
3rd BN Gopalakrishna IND 32.22m

(M50)
1st Chu Ruey Fang TPE 35.80m
2nd Terazawa Y JPN 35.20m
3rd Howr Ming-Howr TPE 34.32m

(M55)
1st Nakao Akiyoshi JPN 34.62m
2nd Tsushida Tsukasa JPN 31.30m
3rd Malik Yashi Dah IND 31.26m

(M60)
1st Wang Fu-Lai TPE 39.16m
2nd Suzuki Masayoshi JPN 34.16m
3rd Chu Teh-Chen TPE 34.06m

(M65)
1st Aso Katsuya JPN 33.60m
2nd Tsao Yung-Yi TPE 33.16m
3rd Djoe Pridhs INA 29.62m

(M70)
1st A Sibidol MAL 33.72m
2nd Chen Chun-Hsu TPE 29.70m
3rd Wang Chen-I TPE 25.14m

(M75)
1st Liao Hung TPE 27.66m
2nd Okazaki Yoshio JPN 23.20m
3rd Uchiyama Keisaku JPN 21.80m

(M80)
1st Mit Singh Sandhu IND 17.70m

(W35)
1st Naw Bway Htoo MYA 32.34m
2nd R Thulasi IND 29.54m
3rd Josephine Mahuse INA 28.88m

(W40)
1st Jennifer Tin Lay MYA 36.32m
2nd Anna Budi INA 34.28m
3rd Dana Siri SRI 22.00m

(W45)
1st Tumi Sulandari INA 26.24m
2nd Sunami INA 23.82m
3rd Dorothy D'Souza IND 20.86m

(W50)
1st Jane Paripurnam MAL 25.92
2nd M Suhardi INA 25.68
3rd Maria Herman INA 22.68

(W55)
1st Sophia Karmur INA 19.4m
2nd N R Sugihardjo INA 17.90m
3rd Tu Feng-Li TPE 16.18m

(W60)
1st Tien Kumoro INA 19.00m
2nd Nikie Sinural INA 18.94m
3rd Sheng Chiew-Shin TPE 18.32m

(W65)
1st Tsuju Isuzu JPN 20.98
2nd Tsao Huang Chin TPE 16.72
3rd Huang Nieh TPE 16.22

Hammer (M40)
1st Ghulam Noorani PAK 45.48m
2nd Ishida Shigenori JPN 28.84m
3rd Perumal Romasamy IND 28.38m

(M45)
1st Tatsuno Masaki JPN 39.38m
2nd Ram Lal Chand IND 37.57m
3rd Nand Lal Singh IND 36.98m

(M50)
1st Howr Ming-Howr TPE 40.78m
2nd Terazawa Y JPN 37.90m
3rd Lin Nan Hsiung TPE 35.14m

(M55)
1st Tsushida Tsukasa JPN 32.34m
2nd Jank Singh Gill IND 30.80m
3rd Nakao Aki Yoshi JPN 29.98m

(M60)
1st Suzuki Masayoshi JPN 29.74m
2nd Soenarjo Basoeki INA 23.22m

(M65)
1st Aso Katsuya JPN 31.00m
2nd Nakashio Zenjiro JPN 21.28m
3rd Santokh Singh IND 16.58m

(M70)
1st Koshiba Komon JPN 17.58m

(M80)
1st Mit Singh Sandhu IND 19.64m

Javelin (M40)
1st Yoyo Bahagia INA 51.98m
2nd Yamaguchi T JPN 50.78m
3rd Mirando R J SRI 49.30m

(M45)
1st Takenaka Hisao JPN 48.84m
2nd Ram Lal Chand IND 40.82m
3rd Lin Cheng-Hong TPE 38.78m

(M50)
1st Lin Chin-Tien TPE 48.40m
2nd A Karim Amrullah INA 47.00m
3rd Jan Salakory INA 45.86m

(M55)
1st Tsushida Tsukasa JPN 38.92m
2nd Kamishima Minoru JPN 38.90m
3rd Koba Makoto JPN 38.56m

(M60)
1st Hiremath S S IND 38.70m
2nd P L Sharma IND 38.38m
3rd Hsu Shih-Shan TPE 35.10m

(M65)
1st Djoe Pridhs INA 34.00m
2nd Tsao Yung-Yi TPE 33.26m
3rd Aso Katsuya JPN 33.00m

(M70)
1st A Sibidol MAL 40.00m
2nd Wang Chen-I TPE 29.94m
3rd Koshiba Komon JPN 29.48m

(M75)
1st Liao Hung TPE 24.82m
2nd Soei Kim Hong INA 23.14m
3rd Lo Ming-Teh TPE 20.56m

(M80)
1st Mit Singh Sandhu IND 10.66m

(W35)
1st R Thulasi IND 32.98m
2nd Yosephine Mahuse INA 30.18m
3rd Sanghamma N IND 26.78m

(W40)
1st Otsuka Nobuko JPN 31.18m
2nd Anna Budi INA 24.12m
3rd Bamunuarachchi SRI 15.10m

(W45)
1st Tumi Sulandari INA 30.82m
2nd Mary Noronha IND 24.70m
3rd Dorothy D'Souza IND 20.44m

(W50)
1st Maria Herman INA 26.36m
2nd Lin-Chiu-Man TPE 26.32m
3rd Sato Yoko JPN 24.14m

(W55)
1st Sophia Karwur INA 21.88m
2nd Tu Feng-Li TPE 20.20m
3rd Josephine S INA 17.60m

(W60)
1st Jamuna Devi IND 20.10m
2nd Miura Mitsuko JPN 18.94m
3rd Tien Kumoro INA 18.22m

(W65)
1st Harimati Th Devi IND 18.68m
2nd Tsuju Isuzu JPN 17.14m
3rd Tsao Huang-Chin TPE 13.63m

5km Walk (M40)
1st Win Kyi MYA 25:17.1
2nd Selamat B Rajab SIN 25:31.5
3rd Jeffrey Ho K S SIN 27:13.4

(M45)
1st Purvis Bill HK 25:31.5
2nd Thomas Kok MAL 27:13.4
3rd Ramnadu Paidiah MAL 27:35.6

(M50)
1st Karuppiah M MAL 27:15.0
2nd A Shanabho Gana IND 27:50.0
3rd S N Singam SIN 30:18.8

(M55)
1st Tanaka Toshiaki JPN 27:16.6
2nd Wada Hiroshi JPN 28:56.0
3rd Leong Lee San SIN 32:07.6

(M60)
1st Kernail Singh SIN 30:57.7
2nd Richard Jones MAL 34:53.0
3rd Thomas Kessler MAL 38:30.3

(M65)
1st Goy Chong Nee SIN 35:31.1
2nd Lim Eow Hwa MAL 36:00.4
3rd S Mohanty IND 36:21.5

(M70)
1st N Ganji Gatti IND 36:29.0
2nd Norman De Souza MAL 46:04.6
3rd Sri Sena D W SRI 47:05.0

(M75)
1st Lim Kwi Choon SIN 35:26.3
2nd Ang Huan Keat MAL 37:10.3
3rd Ong Sin Yeow MAL 38:55.2

(M80)
1st Ong Beng Chooi SIN 38:20.9
2nd Yang Ching-Hsieh TPE 39:17.3
3rd Sairakawa T JPN 43:04.1

(W35)
1st Tan Siong Keow SIN 27:29.6
2nd Michelle P SIN 30:00.0
3rd Nwe Nwe Aye MYA 32:20.8

(W40)
1st Helen Low G H SIN 27:10.8
2nd Madavy Nair SIN 29:11.4
3rd V Dangare IND 33:45.7

(W45)
1st Rosmanizar INA 33:18.2
2nd Devi Hemcha IND 34:23.7
3rd Diana Oroh INA 34:25.0

(W50)
1st L Pakiam SIN 34:45.9
2nd Kalyani Baul IND 37:35.1
3rd Devi Tombimacha IND 37:36.7

(W55)
1st Satchi T SRI 34:29.2
2nd Sheethalaxmi V IND 34:43.2
3rd Annie Joseph IND 36:45.2

(W60)
1st Sharadamma M IND 35:40.7
2nd Binodini S Devi IND 41:35.8
3rd Sylvia Harding MAL 42:01.6

(W65)
1st Koh Kek Kee MAL 39:37.7
2nd Loh Ah San MAL 41:04.1
3rd Wong Chwee Jong MAL 50:07.8

LONG DISTANCE RESULTS

Please send results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. To keep information current, we generally do not publish results more than 4 months old. Results that are typed (maximum 28 spaces/2¼" wide) in our format receive preference. Deadline is the 10th of the month prior to issue date.

EAST

West Meadow Beach 5K
Stony Brook, L.I.;
May 23

Overall
Tom Ryan 25 16:51
Sharon Zuhoski 38 20:42
M36 Bob Harrington 17:33
Mike Stafford 17:45
M41 Craig Stewart 3rd 16:58
Eric Bressler 18:34
M46 Maury Dean 17:19
Roger McCarthy 17:51
M51 Lance Hugelmeyer 2nd 16:54
John Long 18:05
M56 Richard Murphy 18:30
Ralph Bauer 19:32
M60+Rich Bloom 21:03
Bill Welsh 22:44
W36 Linda Sullivan 21:16
Laurie Buell 24:50
W41 Estella Clasen 21:29
Sandra Sussman 22:46
W46 Hilary Boucher 21:25
Marilyn Golub 30:31
W51 Barb Flores 55 24:29
Erika Glus 25:06
from Maury Dean

Westbury Sprint 5K
Westbury, L.I.;
May 30

Overall
Tom Heinz 16:52
Maddy Harmeling W45 19:40
M40 John Lupski 2nd 16:53
Roland DuPree 17:36
Jesus Fuentes 17:37
M50 Rich Roth 18:16
Mike Service 18:44
Abe Bernstein 54 19:09
M60+Alan Druckman 23:22
Pete Lamagna 23:48
W40 Leslie Jacobs 23:06
Carol Laugen 26:05
Barbara Lamperez 27:15
W50 none
W60+Sandra Roppolo 28:51
Joseta Jenks 28:59
from Maury Dean

Smithtown Days 5K
Smithtown, NY;
June 6

Overall
John Kogel 16:10
Linda Ochs 20:05
M40 Dennis Muhlenforth 17:54
Rick Faloon 18:29
M45 Maury Dean 5th 17:12
John Ferraro 6th 17:23
M50 Richie Roth 18:08
John Long 18:19
M55 Ralph Bauer 19:42
Jim Ducroco 25:05
M60 Rich Bloom 22:19
Peter LaMagna 24:11
M65 Miles Borden 23:06
George Dennis 26:41
M70+Bill Benson 26:04
W40 Cindy Bermudez 2nd 20:57
Debbie Gabrielle 24:34
W45 Hilary Bourcher 3rd 21:26
Mary Trotto 24:40
W50 Rosemary Riccardi 23:17
Mayte Cuti 26:16

Cranston Police 5K
Cranston, RI;
June 7

Overall
John Treacy 14:11
Chris Gregorek 17:21
M40 Dave Reinhart 15:52
Larry Olsen 15:56
Hollie Walton 16:07
M50 Fred Zuleger 19:46
John Dromsky 20:16
Paul Lietar 27:08
M60 Geoff Etherington 19:16
Carl Hammen 21:38
Don Alden 23:00
W40 Dawne Era 18:36
Janet Maguire 19:05
Eleanora Mendonca 19:20
W50 Arlene Moore 25:44
Arline Farrell 27:33
Phyllis Bailey 31:15
W60 Emily Burke 28:53
Delores Berard 30:19
Leona Tessier 32:39
from C S Hammen

Sneaker Factory 4 Mile
Millburn, NJ;
June 9

Overall
Gordon Dickenson 20:48
Karen Giacomantio 26:40
M40 Maury Dean 22:49
Dan O'Flaherty 24:55
M50 Howie Brown 28:16
Bill Combs 30:48
M60+none
W40 Helen Kaar 34:45
W50 Carolyn Cornell 34:30
W60+none

South Ferry Shelter Island 10K
Shelter Island, L.I., NY;
June 13

Overall
Kevin Ruch 30:36
Karen Koehler 35:59
M40 Alan Oman 33:38
Dan Brach 33:58
Bob Moritz 35:47
M50 Richard Murphy 38:54
Joe DiOrio 40:01
Sheldon Weintraub 40:35
M60 John McManus 42:30
Warren Elmslie 42:44
George Thompson 44:47
M70+Andrew Neidnig 49:51
Sid Beckwith 56:13
Walter Moritz 60:34
W40 Susan Curtis 41:36
Diane O'Donnell 41:56
Suzanne Rohr 42:29
W50 Annette Frisch 46:41
Merritt White 49:24
Nancy Fraser 50:14
W60 Lya Killian 55:05
Cecele Miller 62:09
Joan Gillen 89:27
W70+Althea Wetherbee 62:32
Zira Kellner 70:31

Orange Classic 10K
Middletown, NY;
June 14

Overall
John Treacy 29:12
Carmen De Oliveira 33:51
Top Masters
Frank Shorter 33:57
Bob Hermesch 34:37
Scott Abercrombie 34:55
Mary Rosado 44:28
Donna Joudy 45:35
Jean Poodiack 46:46
M40 Ed Kelly 35:50
Ken Royal 36:40
Jeff Goldman 36:46
William Chawner 36:59
Myron Baker Sr 37:09
M50 Dick Simko 39:00
Julio Lugo 39:32
Eugene Garlepp 40:35
Bill LaRue 40:42
Robert Norton 40:53
M60 Billy Drake 42:00
Philip Brennan 46:00
Wm Prendergast 46:21
M70+Ralph Borelli 63:49
W40 Cheryl Kohut 48:02
Marilyn Gambardel 49:07
Benita Auge 49:57
W50 Linda Sandner 54:11
Mary Woodin 56:22
Marilyn Seidner 59:45
W60 Eleanor Petak 64:23
Emily Fayo 65:28
Shirley Simmers 71:52

East Meadow Bagel 5K
East Meadow, L.I.;
June 14

Overall
Mike Anderson 15:16
Susan Iaccino 18:44
M40 John Lupski 16:53
Maury Dean 16:59
Jay Hildebrand 17:07
M50 Joe Cordero 18:46
John Boyle 55 19:04
M60 John Corrigan 20:56
George Marr 21:17
W40 Liz Penagos 21:38
W50 Carolyn Langford 23:29
W60 Gilda Bluestone 31:22
from Maury Dean

16th Annual Litchfield Hills Road Race
Litchfield, CT
June 14

M40-49
Nick Caswell 41:12
Stephen Johnson 42:20
Dan Schiesel 43:14
Mike Giulian 44:05
Richard LaChance 45:16
M50-59
Bill Borla 43:27
Bob Sieller 44:19
David Thompson 47:27
Fred Zuleger III 49:10
Gerald Nahley 50:51
M60+
Jay Sturdevant 47:42
Paul Orsini 53:17
Alan Schwartz 54:52
Gerald Bousquet 58:45
Sam Wasson 1:01:04
W40-49
Mary DeGeorge 44:40
Rebecca Wool 45:58
Karen Laskowski 49:54
Janice McKeown 51:02
Laura Bradshaw 54:21
W50-59
Judy Savitt 51:32
Patty Parmalee 51:50
Carolyn Sunderman 58:07
Sally Strazdins 1:01:52
Pat Gebow 1:05:17
W60+
Barbara Andersen 1:03:44
A. Monniere 1:40:52

Hellgate 5K
Astoria, Queens, NYC;
June 20

Overall
Shawn Marcelle 15:47
Patty Anderson 18:08
M40 Ernesto Ayala 17:22
Luis Guichichulea 17:33
Mikolaj Malinak 18:24
Gerry McGann 19:03
M45 Maury Dean 17:23
Julio DeJesus 17:43
Julio Aguirre 18:55
M50 Dave Schechter 21:14
Benito LaRosa 22:18
M55 Bob Ford 19:32
Antonio Bianco 23:19
M60+Joe Simonte 22:51
Ted Sullivan 23:02
Peter Lamagna 24:38
W40 Belinda Saunders 19:19
John Villalobos 23:49
Elwanda Young 25:44
W45 Marilyn Greeley 20:36
Joan Grishman 25:38
W50 Edith Jones 23:41
Ruth Greher 26:35
W55 Margaret Carinei 24:22
W60+Sondra Roppolo
from Maury Dean

SOUTHEAST

Peachtree 10K
Atlanta, GA
July 4

Men
Joseph Nzau, 40 KEN 29:09
Pierre Levisse, 40 FRA 29:12
Artemio Navarro, 42 MEX 29:27
Nick Rose, 40 GBR 29:45
Manuel Vera, 41 MEX 29:51
Women
Nancy Grayson, 42 35:02
Suzanne Ray, 40 35:47
Carol McLatchie, 40 36:01

MIDWEST

Tulip Time 20K/5K
Holland, MI;
May 23

--20K--
Overall
Dan Held 61:49
Laura Dewald 74:37
M40 Duane Spitz 66:58
Ron Woods 70:24
Jim Chihak 70:52
Dave Smith 71:05
Dennis Grantz 71:29
David Borlik 72:41
Joe Geoghan 73:13
Xavier Cook 73:45
M45 Marvin Lafler 76:47
Ted Nykiel 79:29
Frank Okoh 80:22
Dominic Vella 80:43
Ron Osborne 80:44
Loren Redder 80:48
M50 Greg Osmun 74:50
Fred Germaine 79:19
Tom McKernan 79:50
Bert DeVries 83:40
M55 Larry Nicholson 80:34
Ed Obetts 81:47
Frank Wallace 87:42
M60 Norman Eastman 77:35
Joe Gamble 1;44:33
M70+Paul Hansen 70 95:08
Paul Zylstra 2:03:20
W40 Karen Hubbard 78:22
Barbara Olson 86:40
Donna Kanoza 97:08
W45 Paula Emmons 91:09
Susan Mason 92:17
Donna Baker 98:24
W50 Carol Bender 52 82:39
Pat Dancey 1:41:02
--5K--
Overall
John Lumkes 14:51
Barbara Kooiker 17:36
M40 Richard Havenga 17:14
Nicholas Kramer 17:26
M45 David Weber 17:31
John St. Andre 18:34
M50 Larry Targgart 17:05
M55 Dick Wagen 18:50
M60+Jerry Johncock 19:54
W40 Marie Smythe 22:52
W45 Diane Arbanas 21:33

Lou Cox Memorial 5K
Dayton, OH;
May 25

Overall
Noel Hallihan 14:37
Laura Schweitzer 17:33
Top Masters (40-49)
Dan Sekerak 16:10
Linda Ray 20:28
Top Grandmasters (50+)
Ken Prior 17:14
Jean Hopkins 24:22
M40 Dave Greenwood 16:39
Peter Di Salvo 16:54
Don Drozd 17:09
Luis Colas 17:12
Ward Wenstrup 17:14
M45 Rich Davis 16:47
Chris Thieke 17:21
James Bishop 17:45
Dave McAdams 17:49
M50 Paul Hamilton 17:44
Ron Rohrer 17:49
Gary Walters 17:58
James Siefring 17:59
M55 Ken Swanson 19:26
Howard Hughes 19:45
M60 Don Williams 20:07
James Beall 20:29
M65 Roland Anspach 22:16
Walter Caton 23:12

Continued on next page

Continued from previous page

M70+	Elwood Foust	29:21
W40	Theresa Laselle	22:15
	Sandy Bosley	22:55
W45	Pamela Lovell	21:18
	Linda Joe Macke	22:11
W50	Patricia Swanson	27:06
	Karen Johnson	27:29
W55	Mim Brierley	24:34
	Ann Briggs	26:23
W60+	Adlena Bussinger	29:29

Great Race 10K/Half-Marathon
Elkhart, IN; May 25

--10K--

Overall

	Gerard Donakowski	29:48
	Helen Moros	33:28
M40	John Campbell	30:15
	Henry Rono	31:06
	Bill Rodgers	31:09
	George Cook	34:31
	Phillip Suelzer	34:38
	Dan Kaufman	34:56
M45	Dennis Hooley	35:22
	Bruce Bordner	40:13
	Larry Solyom	40:14
	Bernie Burgette	40:45
	Larry Morningstar	40:50
M50	L K Christensen	38:26
	Donald Parker	41:24
	Drex Dickerhoof	43:56
	Dave Padgett	45:09
M55	Michael Kristos	43:47
	Alan Hagopian	43:55
	Wayne Randolph	48:34
M60	Ray Carey	46:59
	Joe Mollo	49:16
M65	Ken Disler	53:41
	Carlton Cook	56:33
M70+	Paul Randall	68:07
W40	Claudia Ciavarella	40:01
	Michelle Siebert	46:02
	Mary Huber	49:02
W45	Dixie Douglas	46:43
	Carolyn Riddle	48:42
W50	Mary Connolly	46:16
	Jeanette Klein	49:44

--Half-Marathon--

Overall

	Brad Cooper	1:08:16
	Karlene Herrell	1:17:42
M40	George Whiet	1:24:25
	Rex Piercy	1:29:06
M45	Ken Willems	1:17:42
	Warren Johns	1:18:03
M50	Harry Tellman	1:18:25
	Abbas Goudarzi	1:26:39
M55	Kenneth Burns	1:30:22
	Richard Shank	1:32:47
M60	Philip Wahls	2:09:46
	Robert Hockensmit	2:10:58
M65	George Lytell	nta
M70+	Howard Henry	1:57:34
	Joe Thornburg	1:59:51
W40	Renate Hilles	1:42:06
	Diana Pinda	1:52:22
W45	Barb Scrogham	1:40:49
	Ann Stoltz	1:45:24

Metro-Macomb Runners Evening 5K
Mt. Clemens, MI; June 10

Overall

	Peter Noordijk	19	18:21
	Windi Guntsch	14	21:04
M40	George Geck	43	18:39
	George Gambert	44	18:52
	Tim Klinkhamer	45	19:04
M50	Darrell McKee	58	20:26
	Herb Seegert	56	21:12
	Bob Price	58	22:01
W40	Rhonda Torgow	40	27:32
W50	Ann James	50	27:49

Steamboat 4 Mile/15K
Peoria, IL; June 20

--4 Mile--

M40	Pierre Levisse	18:23
	Nick Rose	18:31
	Charles McMullen	19:22
	Ken Popejoy	19:52
	Gary Romesser	20:01
	Steve Wollny	21:13
	Angelo Rinchiuso	22:17
	Jim Graham	22:27
M45	Jack Meyer	22:05
	Larry McMasters	22:30
	Fred Betz	22:55
	Robert Stevens	22:55
	Kirk Simpson	23:11
	Ron Gebbink	24:01
M50	Tony Murray	23:33
	Eugene Smith	23:36
	Renzo Dreon	23:51
	Bob Barocci	24:20
M55	Art Harris	24:47
	David Larson	26:25
	Ron Achterberg	27:44
M60	Jack Gentry	24:10
	Wayne Winans	25:13
	Tom Griffith	27:18
M65	Glenn Bradd	30:30
	Jim Netick	32:19
	Robert Winn	34:00
M70+	Warren Utes	23:50
	Bill Kennedy	30:28
W40	Judith Hine	23:29
	Que Harbor	24:07
	Meredith Knopf	25:31
W45	Althea Stevens	27:52
	Ginger Dykstra	31:35
	Kay Foster	31:41
W50	MaryJane Pratt	28:41
	Linda Watson	29:16
	Lois Williamson	29:36
W55	Barbara Gurtler	28:42
	Marion Kowalski	29:46
	Porky Gadient	31:24
M60	Lois Gilmore	31:54
	Erma Hickey	32:36
W65	Loretta Shehan	34:27
W70+	Geneva Meadows 70	41:36

--15K--

M40	Gary Townsend	50:45
	Gary Holda	51:21
	David Spataru	53:27
	Jose Duran	53:30
	Wayne Skutt	55:28
M45	Allan Rushmer	51:40
	Merlin Anderson	54:32
	Ken Belvel	57:16
M50	Don Vandell	56:14
	Doug Braasch	56:37
	Dennis Werling	59:41
M60+	John Bertsche 63	63:11
	Martin Senior 60	72:33
W40	Christina Kidd	60:55
	Claudia Scott	62:33
	Gwenell Archer	64:24
W45	Wanda Hartwigsen	71:29
	Dody Burkey	75:57
W50	Bonnie Friedman	75:23
	Sue Weast	76:27
W60+	Jo Gonse 60	97:33
	from Joy Kessler	

MID-AMERICA

Garden Of The Gods 15K
Colorado Springs, CO; June 14

M40	Tom Burnett	55:49
	Richard Kinney	56:19
	Larry Miller	56:35
	Al Grimme	57:49
	Hampton Islan	58:39
	Thomas Groves	59:36
M45	Barry Roth	59:40
	Ron Davis	60:42
	Rich Johnson	62:11
	Howard Streltzer	62:16
	Jerry Ahlberg	62:35
	Arnie Willems	64:05
M50	Robert McAndrews	61:33
	Philip Mann	63:51
	Ken Emerson	64:51
	Charles Keck	64:53
	Don Kinney	66:22
M55	Jim Way	59:59
	Glen Ash	64:25
	Ron Walters	67:49
	Robert Greene	71:57
M60	Dale Goering	67:26
	Ernie Black	70:17
	Bill Turley	70:50
M65	Sam Gutierrez	84:07
	Gib Frye	85:28
M70	Rodge Rogers	84:24
	Orval Lohman	88:43
M75	Carl Mapps	1:53:54
W40	Brenda Lebrasse	68:48
	Mary Gervais	70:02
	Carol Stewart	70:13
	Beatrice Kurcher	73:40
W45	Marilyn Stapleton	70:40
	Judy Connally	73:58
	Joyce McKelvey	74:01
W50	Grace Rome-Kuhn	80:53
	Linda Knudsen	83:12
	Janet Koch	85:08
W55	Prudy Hilger	81:27
	Martha Kinsinger	92:59
W60	Nelma Burnett	91:17
	Arlene Ruark	95:35
W65	Mary Kirsling	2:11:45

Grandma's Marathon
Duluth, MN; June 20

M40	Doug Kurtis	2:23:47
	Rob Whetham	2:26:51
	Doug Suker	2:28:48
	Terry McCluskey	2:32:02
	Don Slusser	2:37:35
M45	Ryszard Marczak	2:24:18
	Bruce Mortenson	2:33:09
	Leslie Davis	2:35:56
	Dick Ruhland	2:36:08
	Tom Allison	2:38:32
M50	Bob Nelson	2:39:57
	Jared Mondry	2:39:37
	Andy Deters	2:50:03
	Nick Rogers	2:55:21
	Jim Mayerle	2:57:14
M55	Ted Tetzlaff	2:55:38
	Erv Tolkinen	3:07:38
	Ralph Koenig	3:08:19
	Earl Weidner	3:09:03
	Marvin Rexius	3:09:15
M60+	Greg Prom	3:10:35
	Larry Engel	3:12:18
	Wes Johnson	3:14:39
	Frank Mason	3:25:55
	Bill Hollihan	3:27:08
M70+	Vern Nelson	4:19:04
	Frank Ruebl	4:29:21
	Clay Moran	4:52:05
	Leo Hardung	4:58:03
	Don McNelly	5:16:36
W40	Sharlet Gilbert	2:38:00
	Nancy Grayson	2:52:48
	Diane Stoneking	3:01:53
	Barb Jacobsen	3:04:44
	Linda Schissel	3:09:17
W45	Faye Berger	3:11:32
	Mary Hiatt	3:18:20
	Gloria Jansen	3:19:45
	Carol Klitzke	3:20:02
	Roberta Brill	3:26:11
W50	Audrey Schroeder	3:30:14
	N. Schumacher	3:47:36
	Alice Highman	3:50:23
	Mary Dwyer	3:54:38
	Susan Boyd	3:56:32
W55	Wen-Shi Yu	3:36:06
	Fern Anderson	3:48:07
	Sandra Osborn	3:52:23
	Lois Degonda	4:09:02
	Ann Kelly	4:25:13
W60+	Joy Johnson	3:54:39
	Irene Molitor	4:08:49
	V. Albrecht	4:25:58
	Terri Fanelli	5:09:00
	Terril Kloyda	5:14:28
W70+	Edith Wenmark	5:16:07

SOUTHWEST

Full Moon Klassic (5K)
Tulsa, OK; June 12

	OVERALL		
	Kevin Mitchell	30	15:01
	Susan Evans	28	17:42
M40	Robert Anderson	44	16:26
	Terry Lewis	40	17:13
	John Howland	41	17:56
	Mike O'Rourke	43	18:04
	Larry Biddle	44	18:31
M45	Don Short	45	17:54
	Dan Vasicek	49	17:54
	Robert Maddy	46	18:03
	Bob Bomer	49	18:12
M50	Lewis Chandler	50	17:14
	Richard Martin	50	18:24
	Tom Ford	52	18:52
M55	Russell Bennett	55	18:50
	Fred Dice	55	19:15
	Larry Miller	59	21:10
M60	Art Melendez	61	19:06
	Richard Mitchell	63	22:56
	James Cox	62	27:20
M65	Eugene Byrnes	65	23:32
	Nocus McIntosh	66	24:43
	Bob Lake	68	26:44
M70	Jim Smith	70	21:29
	Ross Waltzer	70	25:03
F40	Martha O'Rourke	41	18:43
	Barbara Beeman	41	20:18
	Twila Graham	41	21:36
	Debbie Williams	42	22:53
	Laura Potts	42	22:58
F45	Linda Stilwell	45	22:58
	Sharon Blessing	46	24:46
	Cheryl Gafford	45	25:23
F50	Lydia Borges	50	21:08
	Sonja Banfield	53	26:16
	Irene Moore	52	28:35
F55	Jenna Hague	55	27:45
	Fran Dice	55	31:03
	Nancy Pearson	58	34:19
F60	Wanda Lemons	62	33:08
	Marilee Chambers	63	35:23
F65	Naomi Thomason	65	33:50
	Jean Benear	66	34:14

(1,679 Finishers)

WEST

Memorial Day 8K
Tucson, AZ; May 25

1	Greg Wenneborg	24	25:09
10	Jim Westmoreland	40	28:09
19	J Stamper Holland	W34	30:16
27	Earl Evans	47	30:48
32	James Peller	54	31:08
65	Frank Patania	60	33:35
76	Valeria Koch	41	34:26
101	Eldon Braun	55	36:40
102	Sue Fletcher	51	36:45
114	Shirley Hester	49	37:57
172	Inge Wildfang	59	46:37
194	Ursula Brown	62	68:10

Run, Roll, Stroll 5K/8K
Inglewood, CA; May 31

--5K--

Overall

	Kirby Lee 27	16:20
	Jeanne Kawashima 35	20:20

Top Masters

1	Catarino Gonzalez 50	16:58
2	Aldo Mora 57	18:34
3	Booker Washington --	19:36

1	Peggy Sullivan 40	21:38
2	Kim Sachiko 49	23:29
3	Mattie Alexander 53	24:39

--8K--

Overall

	Javier Lara 34	26:49
	Annie Seawright 25	31:08

Top Masters

1	Armando Hernandez 41	28:58
2	Dan Ashimine 48	30:22
3	Glen Nakano 41	30:44

1	Karin Handsaker 49	35:55
2	Atsuko Fujimoto 57	42:00
3	Annie Burns 56	45:54

Juneteenth Freedom 3.8 Cross-Country Run
Tucson, AZ; June 6

1	Bill Cuculic	32	21:13
3	John Norris	41	23:26
10	Earl Evans	47	24:44
17	Larry Losey	52	25:37
24	Wm Chapdelain	61	26:24
26	Val Trantanella	W24	26:38
34	Valeria Koch	41	27:50
41	Sue Fletcher	51	30:17
42	Dick Haines	56	30:21
46	Shirley Hester	49	30:58

Fujitsu 8K
San Jose, CA June 20

M40-49

	D. Tibaduiza, 42	23:32.0
	James Milton, 41	25:26.0
	James Tracy, 42	26:11.0
	Mark Graves, 42	26:27.0
	Barry Schaeffer, 41	26:29.0
	Craig Bowen, 40	27:13.0
	A. Jackson , 46	27:54.0
	David Garcia, 41	27:55.0
	Joe Johnson, 43	28:05.0
	Jim Howe, 46	28:28.0

M50-59

	Joe Hurtado, 51	29:54.0
	Jake White, 50	30:23.0
	David Norlander, 53	30:53.0
	Bill Stacy, 50	31:15.0
	Rolf Nebelung, 52	31:37.0
	Philip Hager, 55	31:40.0
	Bob Schmitt, 50	31:46.0
	Norman Saucedo, 56	32:02.0
	Andy Kotulski, 52	32:16.0
	Tom Walsh, 58	32:24.0

M60-69

	E. Romesberg, 61	33:24.0
	Jim Green, 66	34:27.0
	Ken Napier, 60	34:56.0
	Dennis Egley, 69	35:53.0
	Lloyd Anderson, 61	36:33.0
	Don Lucero, 64	37:03.0
	Ken Nash, 64	37:44.0
	Gary Toji, 69	38:45.0
	Dick Yaeger, 63	39:03.0
	Bill Wallace, 69	39:10.0

M70-95

	J. Friedzander, 70	42:39.0
	Harry Harder, 75	42:47.0
	Al Jarschke, 79	44:43.0
	Gordon McHugh, 71	47:02.0
	Mel Shine, 83	47:09.0
	Ralph Jago, 81	51:00.0
	Tony Marshall, 76	52:08.0

W40-49

	Joan Ottaway, 48	28:54.0
	Juana Stavolone, 46	30:20.0
	Sandy Sanchez, 43	32:35.0
	Kathy Mascia, 41	34:26.0
	Gail Gottelman, 47	35:22.0
	Kathy Frank, 44	36:31.0
	Katie Joseph, 41	36:33.0
	Christel Stippich,43	39:39.0
	M. Fitzgerald, 41	39:46.0
	Candy Strubbe, 41	40:15.0

W50-59

	Shirley Matson, 51	28 58.0
	Barbara Robben, 58	39:53.0
	Joanne Hall, 56	40:15.0
	Sue Sedgley, 52	41:49.0
	Ruby Hurtado, 50	42:43.0
	Joan Masui, 56	42:45.0
	Marina Flores, 58	44:03.0
	Joyce Small, 54	44:14.0
	Margie Keyes, 50	46:51.0
	Mary Sullivan, 51	48:49.0

W60-69

	Kit Pickles, 66	44:17.0
	Jeanne Olson, 65	46:35.0
	Relma Siirila, 64	52:25.0
	Ruth Levitan, 61	54:18.0
	Thelma Reily, 65	56:11.0
	Viola Kull, 61	1:08:01.0

W70+

	Jaclyn Caselli, 71	47:04.0
	Peggy Pridmore, 71	55:19.0

Summer Solstice 5-Miler
Long Beach, CA; June 26

M40	Herman Sanchez	28:48
	Bill Fitzpatrick	30:02
	Carl Brown	30:22
M45	Ron Ogilvie	28:36
	Dan Kelly	29:08
	Warren Fish	29:58
M50	Jim Chenoweth	28:24
	Bob Weinman	32:49
	Bill Scott	32:55
M55	Bruce Lin	31:09
	Bob Rice	32:31
	Bill O'Donnell	33:07
M60	Pat Devine	32:22
	Hugh McHugh	33:44
	Ed Foat	35:02
M65	Larry Banuelos	33:12
	Bob Koch	37:08
	R. Frankenfield	44:53
M70+	Ed Hornung	40:03
	Ralph Liberto	43:50
W40	Peggy Sullivan	35:02
	Barbra Miller	40:10
	Kathy Eimen	41:27
W45	Isadora Johnson	35:42
	Nancy Buchanan	37:21
	Sue Robbins	39:11
W50	Joeann Goltra	36:18
	Hwaja Andrade	39:41
	Nancy Fleeman	46:27
W55	Shirley Blush	35:01
	Ginie Mains	39:55
	Audrey Hauth	42:34
W60	Yukie Mochida	40:29
	Pinkie Fisher	43:32
	Gloria Eldred	59:22

NORTHWEST

Cascade Run Off 15K
Portland, OR; June 28

M40	Pierre Levisse	44:14.00
	A. Navarro	45:30.05
	Nick Rose	45:36.50
	Gary Wilborn	50:28.56
	Allen Boyce	50:51.47
M45	Erik Sten	52:56.00
	John Jordeth	53:17.93
	Bill Donnelly	54:10.27
	David Lowe	55:04.02
	Garry Kryszak	55:18.81
M50	Mike Heffernan	50:56.46
	Warren Finke	55:30.18
	Tim Joslin	56:18.39
	Pat Leonti	57:45.50
	Tom Kirchner	57:48.68
M55	David Pitkethly	58:18.87
	Ken Ogden	1:01:06
	Gary Nichols	1:02:06
	Jim Hilton	1:02:22
	Jim Lopez	1:02:56
M60	Keith Fitch	1:02:46
	Buz Masters	1:06:23
	Jim Woodhouse CAN	1:06:28
	Robert Dolphin	1:06:59
	Larry Cannon	1:07:51
M65+	Ted Lehman	1:12:33
	Charles Kuyk	1:13:58
	Howard Holter	1:14:54
	Joe Cusic, 70	1:16:02
	Bob Hayden	1:17:51
W40	Janet Jordan	58:20:81
	Meg Cummins	59:02.06
	Becky Kesecker	1:00:53
	Dianne Sullivan	1:01:49
	Ginny Bayless	1:02:35
W45	Louise Dunn	1:04:15
	Levi Query	1:04:55
	Carolann Castell	1:05:34
	Madeline Connell	1:06:59
	Louann Ashburn	1:07:18
W50	Patti Donley	1:02:04
	Chris Curtis	1:09:49
	Susan Roberts	1:12:57
	Darlene Carlson	1:14:53
	Karolyn Neupert	1:16:53
W55	Wen-Shi Yu	1:10:49
	Rose Nichols	1:16:29
	Ann Whiting	1:19:51
	Suzi MacLeod	1:21:40
	Barbara Jarvis	1:23:39
W60	Colleen Mershon	1:16:16
	Joan Morris	1:18:51
	Gisela Conrad	1:24:07
	Brita Hazell	1:25:13
	Joan Klopfer	1:28:10
W65+	Billie Murphy	1:15:08
	Luci Wells	1:33:47
	Jo Hess, 74	1:36:16
	Helen Lachman	1:38:07
	Don Newmark	1:42:23

INTERNATIONAL

Festival Primavera
5K/10K/10 Mile
Baja California, Mexico; June 6

--5K--

Overall

	Jorge Montes	15:00
	Marisol Cossio	18:48
M40	Gildardo Nieto	16:55
M45	Serna Porfino	17:00
M50	Robert McAlpine	18:43
M55	Carlos Vega	20:11
M60+	Ted Horner	21:57
W40	Claudia Morales	21:27
W45	Marit Malarkey	25:50
W50+	Dolores Vega	25:57

--10K--

Overall

	Ken Rogers	39:30
	Jennifer Briggs	40:07
M40	Angelo Gutierrez	42:06
M45	Tye Hoskins	45:11
M50	George Malarkey	47:19
M55	Antonio Vardin	41:02
M60+	Gerald Kelly	51:56
W40	Lisa Moran	45:51
W45	Jody Spreen	53:46
W50+	Carol Felker	53:41

--10 Mile--

Overall

	Johnny Camacho	57:37
	Lynn O'Connor	63:53
M40	Jamie Williams	60:05
M45	Bob Ramsay	67:19
M50	Ed Neete	71:07
M55	Guelermo Ruiz	70:27
M60+	Bob Calhoun	79:33
W40	Yvette Lonnes	93:32
W45	Diane Eastman	73:20
W50+	Sue Hughey	88:18

RACE WALKING

TAC North Region Championships
Mid-America Classic
3000m RW
Lisle, IL; June 13

M40	Mike DeWitt	12:49.4
M45	Don DeNoon	12:47.4
	Don Mowles	12:54.0

MAC 10K Racewalk Championships
Central Park, NYC; June 14

M30-39

	Michael Korol	48:27
	Danny Vogel	50:35
	R. Hernandez	53:47
	M. Vazquez	1:13:08
	Sid Rothstein	1:15:05

M40-49

	Dan O'Connor	44:00
	Gary Null	50:02
	Franco Pantoni	50:45
	Lon Wilson	54:59
	Richard Harper	55:46

M50-59

	Jules Freemond	1:00:31
	Stan Schecter	1:01:33
	Per Hollander	1:10:05
	Benno Stein	1:11:44

M60-69

	Howard Jacobson	57:05
	Avram Finger	1:04:55
	Leo Rivera	1:05:28

M70+

	Frank LaMorte	1:04:33
	Sol Tannenbaum	1:18:52

W30-39

	Linda Ahern	1:14:19

W40-49

	Pat Salussolia	1:02:24
	Lynn Conant	1:04:58
	Andrea Arnano	1:05:29
	Helen Adelson	1:08:14
	Melinda Lloyd	1:21:41

W50-59

	Elton Richardson	58:47
	Maria Cox	1:07:18
	Anne Kunz	1:08:20
	Mara Jenkins	1:12:23

-5K-

	Patty Ditzel, 35	32:04
	Constance Cohrt, 38	33:29
	Susanne Martin, 30	33:24
	Susan Shaw, 40	35:12
	Vivian Lowery, 68	36:24
	Karen Bdera, 31	37:02
	Mayumi Sato, 31	37:29
	Marietta Arenberg, 52	38:56
	Peggy Tompkins, 46	39:07
	Carol Esche, 35	39:35
	Kim Healy, 34	42:40
	Lilli Vasquez, 56	43:05

YOUR HELP GIVES OTHERS HOPE.

United Way

RECIPIENTS OF CERTIFICATES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

M30-34

Manuel Toppins	High Jump	6-7	1-12-92
	Triple Jump	43-11	1-12-92
Mark Carver	800M	1:59.0	6-22-92
	800M	2:00.5	6-6-92
Scott King	1500	4:08.43	5-29-92

M35-39

Michael Budincich	Shot Put	47-0	2-22-92

M50-54

Karl Griepenburg	10K	35:53	5-25-92

M55-59

Lee Duffner	5000 RW	27:01	3-28-92
Ronald Wade	Shot Put	37-2	5-23-92
Alan Brooks	Shot Put	37-1	6-6-92
Ted Oviatt	Pentathlon	2662	6-20-92

M60-64

Jan Smit	Hammer	36.72	5-30-92

M65-69

Edward Hooker	Discus	149-5	5-14-92

M70-74

Julian Byers	800M	2:57.8	8-1-84
Fred Praeger	Shot Put	28-11½	3-1-92

M80-84

C. Ray Wylie	Shot Put	25-7	5-23-92

W40-44

Cathy Van Leuven	800M	2:35.2	6-6-92

W60-64

Eleanor Wallace	10K	52:51	6-6-92
	5K	25:48	6-14-92

U.S. MASTERS ALL AMERICAN STANDARDS OF EXCELLENCE FOR MASTERS RACE WALKERS

MEN

Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
1500	6:42	6:53	7:03	7:15	7:29	7:45	8:04	8:20	9:04	9:49	11:00	11:45	13:02
Mile	7:12	7:24	7:36	7:49	8:04	8:21	8:41	9:18	9:42	10:30	11:48	12:36	14:03
3000	13:59	14:23	14:46	15:12	15:36	16:12	16:54	18:00	19:00	20:30	23:00	24:36	27:18
2Mile	15:04	15:30	15:54	16:24	16:54	17:30	18:12	19:24	20:27	22:06	24:48	26:30	29:24
5000	23:36	24:13	24:48	25:33	26:24	27:18	28:24	30:24	31:54	34:33	38:42	41:24	45:54
10K	48:08	49:10	50:27	51:54	53:33	55:26	59:06	63:21	66:30	70:09	78:36	84:06	93:18
15K	1:12	1:14	1:16	1:19	1:23	1:27	1:31	1:35	1:40	1:47	1:58	2:10	2:22
20K	1:38	1:40	1:43	1:47	1:52	1:57	2:02	2:09	2:17	2:27	2:40	2:55	3:10
50K	4:30	4:36	5:00	5:09	5:20	5:41	5:53	6:20	6:48	7:12			

WOMEN

Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
1500	7:25	7:39	7:53	8:08	8:26	8:45	9:08	10:39	11:15	11:58	12:50	14:17	15:36
Mile	8:00	8:15	8:30	8:45	9:03	9:42	10:18	11:30	12:09	12:54	13:48	15:21	16:48
3000	15:30	16:00	16:30	17:00	17:33	18:48	20:06	22:12	23:33	25:00	26:48	29:48	32:36
2Mile	16:44	17:15	17:46	18:18	18:54	20:12	21:36	24:00	25:21	26:54	28:54	32:09	35:09
5000	26:13	26:56	27:42	28:33	29:36	31:33	33:48	37:30	39:36	42:06	45:09	50:18	55:12
10K	53:25	54:41	56:12	58:00	63:12	65:48	70:33	76:06	82:42	87:54	94:12	1:42	1:51
15K	1:24	1:26	1:29	1:32	1:35	1:39	1:46	1:55	2:04	2:13	2:22	2:33	2:48
20K	1:54	1:57	2:01	2:05	2:09	2:14	2:23	2:34	2:47	3:00	3:13	3:38	3:47
50K	5:11	5:26	5:36	5:46	6:00	6:25	6:41	7:13					

A minimum of two judges must be present and the competition must be limited to racewalkers (i.e. no runners)

U.S. MASTERS STANDARDS OF EXCELLENCE FOR MEN

Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
100	11.0	11.33	11.67	12.0	12.5	13.0	13.5	14.0	15.0	16.5	18.0	20.0
200	22.4	23.3	24.2	25.1	26.0	27.2	28.5	29.8	32.4	35.8	39.8	44.0
400	51.0	52.5	54.0	56.0	58.5	61.5	65.0	70.0	76.5	84.5	94.0	105.0
800	2:01	2:04	2:08	2:13	2:19	2:27	2:37	2:49	3:06	3:27	3:54	4:24
1500	4:11	4:15	4:22	4:32	4:45	5:02	5:24	5:47	6:22	7:03	7:59	9:15
Mile	4:31	4:35	4:42	4:53	5:07	5:25	5:49	6:14	6:51	7:38	8:42	10:10
5000	15:30	15:42	16:06	16:44	17:30	18:24	19:36	21:08	23:30	26:00	29:00	32:30
10000	32:11	32:35	33:30	34:45	36:15	38:10	40:30	44:15	48:30	54:30	61:15	68:30
110H	15.3	16.4	17.75	18.75								
100H					18.0	19.0	20.0	21.3				
80H									18.0	21.0	25.0	30.0
400H	57.6	59.7	62.0	64.4	67.2	70.6						
300H					48.0	51.0	55.0	60.0	66.5	74.5	84.0	95.0
3K-SC	10:00	10:20	10:55	11:40	12:30	13:20						
2K-SC							9:30	10:30	12:00	14:00	16:30	19:30
HJ	1.94	1.85	1.76	1.68	1.59	1.50	1.41	1.32	1.23	1.13	1.02	.92
	6-4½	6-3/4	5-9¼	5-6	5-2½	4-11	4-7½	4-4	4-½	3-8	3-4	3-1
PV	4.40	4.15	3.90	3.60	3.30	3.05	2.80	2.55	2.30	2.05	1.80	1.50
	14-5¼	13-7¼	12-9½	11-9½	10-10	10-0	9-2¼	8-4¼	7-6½	6-8½	5-11	4-11
LJ	6.55	6.20	5.85	5.45	5.10	4.75	4.40	4.00	3.65	3.35	3.00	2.65
	21-6	20-4¼	19-2¼	17-10½	16-9	15-7	14-5¼	13-1½	11-11½	11-0	9-10	8-8¼
TJ	13.35	12.65	11.90	11.15	10.40	9.65	8.90	8.20	7.50	6.80	6.10	5.50
	43-9½	41-6	39-½	36-7	34-1½	31-8	29-2½	26-11	24-7¼	22-4	20-¼	18-½
Shot	15.20	14.10	13.00	12.00	12.40	11.20	12.00	10.80	10.00	8.80	7.65	6.50
	49-10½	46-3¼	42-8	39-4½	40-8¼	36-9	39-4½	35-5¼	33-0	28-10½	25-1¼	21-4
Discus	44.80	42.60	40.60	38.00	40.00	36.40	40.00	36.80	31.60	26.40	21.40	16.20
	147-0	139-9	133-2	124-8	131-3	119-5	131-3	120-9	103-8	86-7	70-2½	53-2
Hammer	47.24	44.20	41.14	38.10	38.40	36.00	36.00	33.00	29.00	25.00	22.50	18.00
	155-0	145-0	135-0	125-0	126-0	118-1	118-1	108-3	95-2	82-0	73-10	60-0
Jav	62.00	57.00	52.00	48.00	43.00	38.50	40.00	35.00	29.00	24.00	19.00	15.00
	203-5	187-0	170-7	157-6	141-1	126-4	131-3	114-10	95-2	78-9	62-4	49-2
35#Wt.	15.00	14.00	13.00	12.00	10.00	9.00						
25#Wt.							11.00	10.00	9.00	8.00	7.00	6.00
56#Wt.	9.50	9.00	8.50	8.00	6.00	5.00	4.50	4.00	3.50	3.00	2.50	2.00
Pen	2800	2600	2600	2600	2600	2600	2600	2600	2600	2600	2600	2600
Dec	5500	5250	5250	5250	5250	5250	5250	5250	5250	5250	5250	5250

notes: 1) 100 standards are for automatic time; use standard conversion for hand time.
2) Short hurdles: 30-49: 39"; 50-59: 36"; 60-69: 33"; 70+: 30"
3) Long hurdles: 30-49: 36"; 50-59: 33"; 60+: 30".
4) Shot put: 30-49: 7.26k (16#); 50-59: 6k; 60-69: 5k; 70+: 4k.
5) Discus throw: 30-49: 2kg; 50-59: 1.5kg; 60+: 1.0kg.
6) Hammer: 30-49: 7.26k (16#); 50-59: 6k; 60-69: 5k; 70+: 4k.
7) Javelin: 30-59: 800g; 60+: 600g.
8) Metric heights and distances are the standard; feet and inches listed for convenience.
9) Pen/Dec: 30-39 IAAF pts.; 40+ WAVA factoring (new WAVA)

U.S. MASTERS STANDARDS OF EXCELLENCE FOR WOMEN

Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84
100	13.8	14.2	14.6	15.0	15.6	16.2	16.9	17.8	18.8	20.0	21.2
200	28.0	29.2	30.3	31.4	32.5	34.0	35.7	37.5	40.0	43.5	47.0
400	63.5	65.5	67.5	69.5	71.5	73.5	78.5	83.7	90.0	96.5	103.3
800	2:32	2:35	2:40	2:46	2:54	3:05	3:19	3:36	3:56	4:09	4:35
1500	5:10	5:19	5:29	5:40	5:58	6:20	6:48	7:23	8:04	8:52	9:48
Mile	5:34	5:44	5:55	6:07	6:26	6:49	7:19	7:46	8:47	9:39	10:45
5000	19:45	20:30	21:20	22:16	23:12	24:16	26:08	28:08	30:08	32:21	34:26
10000	41:00	42:40	44:40	47:00	49:30	52:00	56:00	60:00	66:00	76:00	86:00
100H	17.2	18.2									
80H			15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0
400H	75.5	79.9	84.4	88.8							
300H					66.0	72.0	79.0	87.0	96.0		
HJ	1.42	1.35	1.27	1.19	1.12	1.07	1.02	.97	.92	.89	.84
	4-8	4-5¼	4-2	3-11	3-8	3-6¼	3-4¼	3-2¼	3-0½	2-11	2-9
LJ	5.00	4.60	4.25	3.90	3.55	3.20	2.85	2.60	2.35	2.10	2.00
	16-5.	15-1	13-11½	12-9½	11-8	10-6	9-4¼	8-6¼	7-8½	6-11	6-7
TJ	10.00	9.20	8.60	7.80	7.18	6.40	5.70	5.20	4.70	4.20	3.80
	32-10	30-2½	28-2½	25-7¼	23-7	21-0	18-8¼	17-1	15-5	13-9¼	12-5½
Shot	10.30	9.30	8.40	7.70	7.95	7.20	6.50	5.80	5.25	4.70	4.25
	33-9½	30-6¼	27-7	25-3¼	26-1	23-7½	21-4	19-0¼	17-3	15-5	13-11¼
Jav	39.50	33.50	27.50	21.50	25.00	19.00	18.00	16.00	15.00	14.00	13.50
	129-7	109-11	93-6	70-6½	82-0	62-4	59-1	52-6	49-2	45-11	44-4
Discus	30.0	27.8	26.0	24.0	22.0	20.0	18.0	16.0	15.0	14.0	13.5
	98-5	91-2	85-4	78-9	72-2	65-8	59-1	52-6	49-2	45-11	44-4
Hammer	35.0	32.5	30.0	25.0	23.0	22.0	20.0	18.0	14.0	12.0	9.0
	131-3	114-10	98-5	82-0	75-6	72-2	65-8	59-1	45-11	39-5	29-7
20#Wt.	10.00	9.00	8.00	7.00	6.00	5.00	4.00	3.50	3.25	3.00	2.75

notes: 1) 100 standards are for automatic time; use standard conversion for hand time.
2) Short hurdles: 30-39: 33"; 40+: 30"
3) Shot put: 30-49: 4k; 50+: 3k.
4) Javelin: 30-49: 600gm; 50+: 400gm.
5) Hammer: 30-49: 4k; 40+: 3k.
6) Metric heights and distances are the standard; feet and inches listed for convenience.

APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH

NAME_____ AGE-GROUP _____

ADDRESS_____ SEX: M_____ F _____

CITY_____ STATE_____ ZIP _____

MEET_____ DATE OF MEET _____

MEET SITE _____

EVENT:_____ MARK: _____

HURDLE HEIGHT_____ WEIGHT OF IMPLEMENT_____

☐ CERTIFICATE ☐ PATCH ☐ PATCH TAG

If you have bettered the standard of excellence, please send $10 for a certificate, $10 for patch, or $15 for both a certificate and a patch. (A patch tag, showing event and year, is an extra $5 each.) Send to: All-American, National Masters News, P.O. Box 2372, Van Nuys, CA 91404. (Enclose copy of results, or note in which issue they appeared.) A 3-color, 8" by 10" certificate — suitable for framing — and/or a 3-color, 3" x 4" patch will be mailed to you within two weeks. (Allow six weeks for patches with tags.)