The official world and U.S. publication for masters track & field, long distance running and racewalking

287th Issue July 2002 \$2.50



SUZY HESS

Finalists in the M65 200 (from I): Don Cheek; Ronald Rule, 3rd (29.74); James Stookey, 1st (27.50); George Gluppe; William Hufnagel; Earl Fee, 2nd (28.71), and John Poppell, 1998 USATF National Masters Championships, Orono, Me.

Nationals Return to Orono, Maine

"Best ever" was the consensus after the USATF National Masters Championships when it was held in 1998 in Orono, Me. Athletes will get a chance to see if this is true again when the 35th annual championships are staged at U. of Maine's Clarence Beckett Family T&F Center on Aug. 8-11.

In 1998, the meet drew 1061 athletes, which should be surpassed this year, based on the rave reviews and the fact that a lot of masters stayed away from Baton Rouge in 2001 and, consequently, haven't been to an outdoor championships since Eugene, Ore., in 2000.

The meet is open to all men and women, age 30-and-over, who will

compete in as many five-year age groups as are needed, perhaps even to 100-104. Anybody can enter. No qualifying standards are required except for USATF registration, which will be available on site.

Proof of date of birth (photocopy of birth certificate or passport) must be included with the registration form. Deadline without penalty is July 17. Entries postmarked after July 17 will be assessed a \$25 late fee. No entries will be accepted after Aug. 1.

International competitors may enter as guests without USATF registration and will receive equal place awards.

Events on the first day include the Continued on page 10

WZYP Cotton Row 10K Changes, But Not the Winners

By JIM OAKS

HUNTSVILLE, Ala. – There were many changes at the 2002 Memorial Day WZYP Cotton Row Runs. Champion Chip timing was used for the first time. A 5K race (510 finishers) was added to replace the two-mile fun run. The start and finish for the 10K race were moved slightly to bring the two closer together. A single finish line replaced the double finish.

But some things did not change. Mountainwood Hill – near the threemile mark – is still as steep as ever. The 10K race still had almost 1500 finishers. And two of the world's top masters returned to take the men's and women's masters titles.

For the third consecutive year, Kenyan Andrew Masai, 42, won the top masters prize of \$500 with a 31:19, particularly impressive after a 1:04:42 on the hilly Ogden Newspaper 20K in Wheeling, W.Va., two days earlier.

After a year's absence, the seemingly tireless Ukrainian, Tatyana Pozdnyakova, returned to Huntsville to win the women's master crown for the fourth time. She, too, had raced on the

Continued on page 6

Nesbit-Mabe Outdukes Bakoulis for National Title at Freihofer's 5K

By SUSANNAH BECK

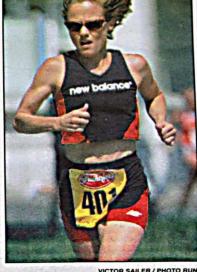
Joan Nesbit-Mabe, 40, Chapel Hill, N.C., won her first National Masters Championship at the 24th Freihofer's Run for Women, Albany, N.Y., June 1, with a burst of gritty speed that propelled her past a late-charging Gordon Bakoulis, 41, New York City, 16:54 to 16:58.

Bakoulis, who had run the Vermont City Marathon in 2:47:50 only six days before, passed Nesbit Mabe with 800m to go on the famous rolling course, but Nesbit Mabe, who had a difficult middle mile, rallied to take back the lead in the final downhill stretch.

Race times at Freihofer's were slow across the field this year, as conditions were variously described from "perfect" to "really hot and difficult." The air was still, with temperatures in the high 70s that were reported to rise five degrees during the course of the race.

degrees during the course of the race.

In spite of the biggest field in the history of the all-women's race, with 3564

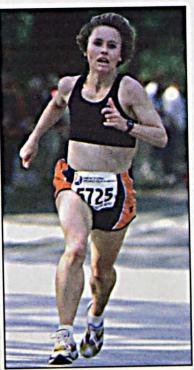


VICTOR SAILER / PHOTO RUN Joan Nesbit-Mabe, 40, first master (16:54) Freihofer's 5K for Women/USATF Masters

Continued on page 9

Bakoulis, Martin Top Performers

30th NY Mini Marathon Draws 3825



ALISON WADE / NYRR

Alayne Adams, W40, third masters woman (37:08), NYC Mini Marathon 10K.

By MARILYN MITCHELL

On June 3, 1972, the New York Road Runners staged the world's first all-women's road race with a total entry of 78, considered large for that time. The race, called the Crazylegs Mini Marathon, was launched by the late Fred Lebow, chairman of the NYRR, and Nina Kuscsik and Kathrine Switzer, women who were themselves running pioneers. Both Kuscsik and Switzer were on hand for this year's race.

The 30th edition, now the NY Mini Marathon 10K, on June 8, in Central Park, had 3825 finishers from ages 12 to 80+. Masters finishers numbered 1052; the largest age-groups were in the W30-39 group with 1517.

Gordon Bakoulis, 41, running for Continued on page 8

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WMA DECISION ON TEAMS

To the World Masters Athletics Council: I hope that Council members have read the open letter by Bridget Cushen (June NMN). I thought one of WMA's mission statements should be to encourage "a level playing field" for competition as a team or individual. Limiting teams to compete in their own age divisions favors only the host country or large contingents.

Small countries are really put at a disadvantage when not allowed to move competitors into younger age teams. Even the USA missed opportunities to form teams in Brisbane. This was the first time in all 13 prior championships that such a limitation was enforced.

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This change of "rules" had not been properly legislated or even brought before the General Assembly for discussion. Cushen has addressed this "failed process" clearly. Not even the team managers were all informed of this change prior to arriving in Brisbane. At that meet, it was stated "that if an older age person moved to form a younger team, he/she could no longer compete for awards in their own age." That added an even meaner approach to "fair competition."

Over the years, I felt team competition in the non-stadia events (including the road racewalk) to be very encouraging for good competition and opportunity to participate as a team member where this might be the athlete's only chance at a medal.

I seriously hope the original scoring teams can be saved.

Ruth Anderson Oakland, California

MASTERS ATHLETICS

I'm concerned about the lack of progress in masters athletics. I've been in it for 15 years, and it hasn't gotten any better. For instance, meets are still stacked up on top of each other like they're in competition for entries with surrounding states. It's not as bad as last year, but still stinks.

These are all meets within 400-500 miles of Nashville: June 8, Atlanta TC Masters, Birmingham Track Classic, USATF Mid-America Regionals; June 9, Potomac Valley TC, Indiana Masters, Iowa Senior Games, Minnesota Masters, USATF Southwestern Masters.

What's with all these meet directors and their fixation on the first weekend in June? Can't anybody look beyond their own state borders and realize how many more entrants they'd have if their meets weren't in competition with others close by?

I realize that the first problem is facility access. That can only be solved when the USATF and the NSGA get together, perhaps even with an assist from the AARP, and put pressure on local facilities for a wider range of meet dates. That means those august bodies would have



GEORGE BANKER
Doug Kuderna, 40, first M40+ (28:25),
Springburst 8K, Greenbelt National Park, Md.



TESH TESHIMA Mary Sele, 40, first woman (39:18), 2002 Ford Island 10K, Pearl Harbor, Honolulu.

to collaborate, if that's possible. Then adjacent states' meet directors would have to do the same.

The second problem, or excuse, may be the perceived weather in various areas. As one meet director wrote me, "Have you ever been here in August?" My answer is that I have high jumped at 47 degrees in Knoxville in May and thrown the shot at 100 degrees in Orlando. Track junkies adapt.

We can't all afford to hopscotch around the country, but there are many of us who would like a lot more competitions within a day's drive of home.

I live in Tennessee, so I notice this more than others, perhaps. Bordered by eight states and reasonably close to 15, we could get all the action we required if the above problem was reasonably solved.

I have gone to four of the above meets before. I get one this year. How long will the individual meets last if they keep this up?

Lou Vodopya Nashville, Tennessee

KUDOS

Great publication. Over the years, you've kept us athletes well informed on what is going on in the wonderful world of masters track and field. Without you, where would we be?

Lee Englund Kenosha, Wisconsin

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Five Join NMN Sustainers

Periodically, NMN publishes a list of "sustainers," those who help the National Masters News and masters athletics by making contributions. These extra funds allow us to publish more photos, deeper results, an indepth schedule section, and more.

Special thanks this month go to:

Fan Benno Steven Bowles Bill and Jeanne Daprano Jim and Wendy Donnell Gordon Wickersham Addison, Texas Henderson, Nevada Fayetteville, Georgia The Dalles, Oregon Bakersfield, California



July 2002

Train, Th

To be a champic think and live and ambitious How serious are you many of the followin

Training

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The VO₂max ener oped in running lot 10K race pace and pace, with rests between to run time.

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The training emquality sessions, in cis: for marathoners for 5K, 10K runner



Training Advice

By EARL FEE

Train, Think, Live Like a Champion – Part I

o be a champion, you not only have to train like a champion, you have to think and live like one. It is an everyday process. Many excellent talented and ambitious runners are defeating themselves with the wrong approach. How serious are you about your specialty and how knowledgeable? And how many of the following are you doing consistently, if at all?

Training

Firstly you must have an experienced coach, or, if self-coached, you need to be fully knowledgeable about the training for your specialty. Ideally you have both the right coach and the personal knowledge.

It is important to have a training schedule based on your goals for the season. With no plan, you plan to fail. Build a base for two to three months before the speedwork phase.

Base training involves mainly aerobic runs and hills, but some speed should be incorporated and retained from the previous competitive phase. This conditions the body for the intense intervals to follow and helps to avoid injury. During the speedwork phase (no more than about 16 weeks for marathoners and about 12 for other runners), proceed gradually up to the main competition. This phase involves a lot of race pace intervals.

Improvement is rapid in the beginning, but it takes about six weeks for a training effect to set into the body, so prepare well in advance. Don't leave speed too late in the phase. Don't mix an aerobic run with anaerobic intervals in the same workout.

For sprinters and distance runners, after the major competition, if there are further races, reduce volume but retain some intensity.

Energy Systems

Be familiar with the five training systems: (1) alactic, (2) anaerobic lactic (S for Speed), (3) VO₂max, (4) anaerobic threshold (AT), and (5) aerobic.

The alactic or phosphate (creatine) energy system occurs in the first 30 seconds of intense effort and is important for sprinters and during the final kick to the tape.

The anaerobic lactic system is important mainly for sprinters and middle distance runners and is used when pace is greater than mile pace.

The VO₂max energy system is developed in running long intervals at 5K, 10K race pace and sometimes 3K race pace, with rests between approximately equal to run time.

The AT energy system, also called lactic threshold or ventilatory threshold, is developed at about 15 seconds per mile slower than 10K race pace. Runs at AT pace are usually called tempo runs.

The training emphasis for intense quality sessions, in order of importance, is: for marathoners (AT, VO₂max, S); for 5K, 10K runners (VO₂max, AT, S);

and for middle distance (S, VO₂max, AT).

During a typical week in the speedwork phase there is normally about 6% to 20% of total weekly mileage in AT, VO₂max, or S quality workouts. The lower percentages are for inexperienced runners and the higher for experienced/competitive runners, national class, elite, or world class masters.

The remaining percentage of total mileage is spent in the aerobic energy system. The renowned distance coach, Jack Daniels, recommends no more than 10%, 8% and 5% of weekly mileage, respectively, for the AT, VO,max and S workout.

Training Log

Keep a daily training log to learn what worked, what didn't, and to read before a race to give confidence. Each day should contain details of the workout, weather conditions, and personal feelings.

Strength and Flexibility

To age slower than your rivals, it is important to compensate for the loss of flexibility and strength that occurs with age. There needs to be frequent daily stretching to help retain stride length and suppleness. Fast resistive movements (lifting weights 2-3 times per week, plyometrics, and sprinting) will help reduce atrophy of neural pathways and associated fast twitch fibers due to aging, and help preserve stride frequency.

Recovery

For proper recovery, have hard followed by easy days, practice periodization (an easy week every 3rd or 4th week). For older runners, avoid two hard days in a row and cross-train between running days. Two half-workouts spread out in one day are less stressful than one complete workout.

Allow three to four weeks to tapet before major competition for the marathon and one to two weeks for other runners. Between training phases there should be adequate rest of a few weeks involving cross-training.

(Look for injury prevention and nutrition in Part II next month.)

Need Back Issues?

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- Sat. August 3 Opening Ceremonies at the Tech Museum, 5:30-9:00 pm.
- Sun. August 4 Day Trip to San Francisco \$80/person Fri. August 9 Day Trip to Monterey \$80/person
- August 9-11 San Jose Jazz Festival Downtown San Jose Sat. August 10 Big Band Dance at Fairmont Hotel, 6-10 pm.
- Host Hotel: Fairmont Hotel, call 1-800-346-5550 before July 1 for special Senior Games room rate of \$99/night.
- Travel Info: Contact the San Jose Convention and Visitors Bureau

1-800-726-5673 or www.sanjose.org







Parks, Recreation and Neighborhood Service

Third Wind

By MIKE TYMN

The First Octogenarian Runner?

n a story titled "Athlete at 80" appearing in the July 1938 issue of *Physical Culture* magazine, Graeme Hammond, a New York City physician, tells how five "grinning, expectant, and highly skeptical" reporters showed up on his 80th birthday in 1932 to observe him run 48 laps – four miles – around the track of the New York Athletic Club.

Apparently, it was then difficult to believe that anyone that age could run so far and it was therefore a newsworthy story. If there was anyone 80 or older running for fitness and health before Hammond, I have not heard of him or her. In fact, since Hammond states that he had never stopped running after college, he may have been the first runner in lower age divisions.

One of the five reporters gathered to witness Hammond's four-mile jog, a reporter for the WorldTelegram, was a former college runner and was told by his editor to join Hammond and to "run the shanks off the doctor."

Uneven Contest

Hammond, who stood 6-1, welcomed the competition. "I took him on, licking my chops," Hammond wrote. "It isn't every day after you turn 80 that you get a chance to run with some husky youngster in his twenties and lick him to a frazzle."

When the young reporter started out at a pace that would have "broken all traffic laws," Hammond was concerned that the reporter would collapse with a heart condition and immediately called a halt to the event so he could listen to the reporter's heart. After Hammond concluded that the reporter's heart was sound, they started over again. The reporter maintained a sane pace, but then quit after a dozen laps. "When he did stop, it was reasonably evident that he was fed up, and he was puffing and blowing plenty," Hammond continued the story.

"I, on the other hand, with eighty years in my knapsack for ballast, completed my 48 laps without difficulty. I

TEN YEARS AGO July 1992

- Mike Fromant (M40, 31:01) and Nancy Grayson (W40, 35:34) Break Cotton Row 10K Masters Records, Huntsville, Ala.
- Wilson Waigwa, 43, Wins New York Games Masters Mile in 4:14.48
- Holiday Inns Offers \$2500 in Prize Money to Winning 4x100 Regional All-Star Teams at 25th USA National Masters T&F Championships, Spokane, Wash.



Dr. Graeme Hammond

could have done eight miles as easily as four."

Hammond reported that after the run, he followed his usual custom of wrapping up in blankets for an hour's sweat. He followed that with a warm shower and plenty of soap and topped it off with a dash of cold water for the sake of skin reaction. He then went for his dinner of a chop, vegetables, a salad, and a thick slice of apple pie.

All-Around Sportsman

Hammond competed in lacrosse, football, fencing, and track at Columbia University in 1875. In one meet, he won the quarter, the half and the mile. According to the story, one afternoon newspaper said that Hammond's quarter time of 54 seconds would never be beaten.

After he left college, Hammond was a bicycle racer for 10 years. He continued fencing, winning several national championships and representing the U.S. in that sport at the 1912 Olympic Games.

"For any man of 80, or in fact for any man over 40, to undertake such a thing without preparation might well be suicidal," Hammond wrote of his running regimen. "But I am an athlete who has never exercised to excess, and who has never permitted himself to get out of training."

After the story of Hammond's run hit the papers, Artie McGovern, a former boxer who ran a gymnasium, reportedly registered shock and indignation at Hammond's feat. McGovern thought a physician should set a better example for men over 40. "Mr. McGovern couldn't conceive of such folly," Hammond wrote. "Why didn't I stay in bed on my 80th birthday where I belonged, instead of doing a lot of monkey-shines unbecoming to my years!"

Too Young for Golf

Hammond went on to say that he would challenge McGovern to a game of golf, except that he did not yet consider himself old enough for golf.

"One trouble with running as a way of exercise is that the average man can find no place in which to do it without making himself conspicuous," Hammond went on. "I run on an indoor track, at the New York Athletic Club. But if I put on my running togs and got out on the street, the people would stare and the cops would pick me up."

For those who have no place to run,

Hammond recommended skipping rope as a good compromise. Dancing was suggested as another good substitute, assuming the person puts "a little of the spirit of romping into it." Hammond saw the development of the "Big Apple" form of dancing as encouraging, since it did not involve the "snuggle-pup" features that had been typical of ballroom dancing of the day.

"No, it isn't dignified," he wrote, "but who wants to be dignified? Pooh!"

(Mike Tymn can be reached by email at metgat@aol.com)

Cotton Row 10K

Continued from page 1

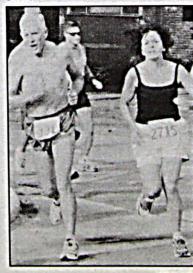
previous Saturday, a 10K in 34:55 in Minneapolis, Minn.

Although Pozdnyakova was seeded first overall, based on superior head-to-head performances against No. 2 seed, Beth Old, 27, from Atlanta, and No. 3 seed, Agnes Ngunjin, a 26-year-old Kenyan, she had to settle for third overall in 36:06 this year. But Pozdnyakova was still far ahead of last year's masters winner, Shannon Reade, Gallatin, Tenn., who ran a respectable sub-40 time of 39:55 for second master and \$400.

Two local women, Janet Haenisch (45:35) and Jenise Fontenot (45:46), won the \$300 and \$200 offered for third and fourth.

For the past two years, Masai's only serious challenge from other Cotton Row masters had been from former Olympian John Tuttle. This year a nagging groin injury prevented Tuttle from competing at Cotton Row, so Masai was well ahead of second place John Glidewell's 33:47.

Glidewell, 45, a former Ohio State runner who now lives in nearby Athens, Ala., rarely competes, but seems to be able to whip himself into shape quickly for an occasional race. Kevin Mitchell, 40, West Fork, Ark., a small town near Fayetteville, was third in 34:00, followed by Huntsville's Marty Clarke in 34:46.



Two local runners at the two-mile mark, Tim Hopper, first M65 (47:45) and Jenise Fontenot, W45, fourth W40+ (45:46), 2002 WZYP Cotton Row 10K, Huntsville, Ala.



FRITZ GANT

John Glidewell, second M40+ (33:47) leads Van Townsend, fifth M40+ (35:48) at the two-mile mark, 2002 WZYP Cotton Row Run.

Even though the new, flatter, 5K drew some of the runners from the longer and tougher 10K, enough new runners accepted the challenge to give the race 1478 finishers, with Betty Dooley, 74, of nearby Madison, setting an Alabama age record, finishing in 1:15:58.

The best age-graded performance among grandmasters was 64-year-old Fay Bradley's 41:33. Bradley now lives in Huntsville after establishing himself as an outstanding masters runner while living in the Washington, D.C., area.

Susie Kluttz, 65, Winston-Salem, N.C., had the second best W40+ agegraded time after Pozdnyakova, with a 48.43.

Almost half of the 10K finishers were masters this year. There were 585 men and 140 women in the over-40 crowd.

Sixteen runners continued their streak as finishers of all 23 races in the series: Joan Bell and Betty Byrne on the distaff side, and Bill Allbritton, James Carroll, Moody Davis, Gary Deere, Don Hillis, Merrill Jones, Kevin Jose, Jack Kachelman, Bill McDowell, Lon Porch, Carl Senkbeil, Jon Turner, Charlie VanValkenburgh, and Bruce Woody. Carroll had the best time of the group, finishing in 45:29.

The masters winners of the 5K were John Hill, M40, third overall in 19:00, and Donna Cancel, W50, 24:06. □



July 2002

Road Recor

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When we process a compile its demograph like number of entrants, females, ages, etc. Nowhether the course is cerecords can only be courses. If the course results are processed for times, and, if there are a mances are entered in Then, we check for receall-comers, age-group, gle-age) and if a recorrace application must be The "race" is notification.

and if the application with the results, it is als for completion. Until mentation is complete pending.

The road race apprarts: (1) general infocourse, (3) timing and bona fide competition.

Part 1 - General Incovers the race name race director, address and finisher totals, trelisting, and race day correct 2 - The Court

section summarizes I race director provides cate number and sig course was run as certiall the important cour and finish lines, cours and turn-around point appropriate – need to b ble-checked.

As important, one begun, the runners, par ones, must be led on the ly. Improper course mandates the certification is run long; either scennightmare.

Part 3 - Timing These two elements re pin of record-keeping, vide a way to ensure USATF Rule 37 (Tim to properly time a road

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The official time first designating the Before the race, the the three official wate the primary timer is



LDR Report

By RYAN LAMPPA USATF Road Running Information Center

Road Records and Their Upkeep - Part II

ast month we looked at criteria for establishment of road records. This month we take a look at the documentation process.

When we process a race, first we compile its demographic information, like number of entrants, finishers, males, females, ages, etc. Next, we verify whether the course is certified. U.S. road records can only be set on certified courses. If the course is certified, the results are processed for national ranking times, and, if there are any, these performances are entered into the database. Then, we check for records (either open, all-comers, age-group, or national single-age) and if a record is set, the road race application must be completed.

The "race" is notified of the record, and if the application was not included with the results, it is also sent to the race for completion. Until the record documentation is complete, the record is pending.

The road race application has four parts: (1) general information, (2) the course, (3) timing and scoring, and (4) bona fide competition.

Part 1 – General Information: This covers the race name, distance, date, race director, address and phone, entrant and finisher totals, trends, prize money listing, and race day conditions.

Part 2 – The Course: The course section summarizes Rule 185.5. The race director provides the course certificate number and signs-off that the course was run as certified. On race day, all the important course points – start and finish lines, course route markings and turn-around points, and coning, if appropriate – need to be set up and double-checked.

As important, once the race has begun, the runners, particularly the lead ones, must be led on the course properly. Improper course management invalidates the certification unless the course is run long; either scenario is a runner's nightmare.

Part 3 – Timing and Scoring: These two elements represent the linchpin of record-keeping, because they provide a way to ensure timing accuracy. USATF Rule 37 (Timers) explains how to properly time a road race.

Although at least two stopped times are required on the winning time to verify the subsequent times, preferred practice is to record three stopped times for the winning man, the winning woman, the first U.S. man, and the first U.S. woman. Each timer needs to sign-off on his/her respective time on the application. A fourth alternate timer is also recommended in case of timing failure or mishan.

The official time is established by first designating the official watches. Before the race, the chief timer selects the three official watches. In most cases, the primary timer is an electronic print-

er. The official time is the middle of three, or the slower of two readings on the official stop watches. The official time for road races must be converted to the next longer full second. For example, 29:10.95 or 29:10.05 is recorded as 29:11.

If there are three official stopped times (15:10.75, 15:11.15 and 15:10.85), the official time is 15:11 because 15:10.85 is the middle time, and it is rounded-up to 15:11. If only two official stopped times exist (15:11.15 and 15:10.85), the official time is 15:12 because 15:11.15 is the slower of the two times and it is converted to a 15:12.

Selecting timing is another important timing component. As the name implies, it entails "selecting" a runner and recording his/her bib number and time. Usually, a two-person team records the information. One person calls out a runner's bib number and the other either inputs the number and the finishing time into a printer timer or writes it down on a select sheet. Then, these select sheets are matched up with the results to ensure that each runner received the correct time.

Later, the chief scorer and/or race director sign-off on Part 3 verifying the timing and scoring procedures as accurate and proper.

Note: Rule 36.4 covers the use of transponder timing systems (i.e., the chip) and Rule 36.4(h) states that "times for other competitors will be adjusted, based on the official winning time." In other words, "chip" timing cannot be used for national rankings or records unless the "chip" time is properly adjusted (i.e., gun time).

Also, Rule 136.1 states: "The order in which the athletes cross the finish line will be the official finish position." Further, Rule 136.3 – regarding transponder timing – states: "the athlete's time elapsed between the start and finish line can be made known to the athlete, but will not be considered as official time."

To say the least, the timing and scoring is essential for record documentation. In the majority of cases, the main

Some readers provide additional support to the National Masters News by sending contributions of \$25, \$50 or \$100 a year. If you are able, we urge you to join them. All contributors will receive a free copy of the Masters Age Records book and will be listed in the paper as a National Masters News sustainer.

reason why a record is not officially recognized is because the race cannot produce proper timing documentation. The establishment of proper timing procedures prior to the race is a must.

When considering a timing company, a race director should ask if the company can meet USATF requirements. Some timing companies provide complete timing services. It is, however, the race's responsibility that "appropriate provisions have been made for the validation of records"

The race and its timing company need to coordinate who will be doing what on race day. Trying to track down timers after the event is not only difficult, but sometimes impossible. In sum, the importance of proper timing and scoring cannot be over-emphasized.

Part 4 – Bona Fide Competition: This section concerns three areas: the start (USATF Rule 60), the course monitoring (Rule 65.7), and fair competition/assistance to athletes (Rule 66). In addition, the duties of the referee are briefly explained (Rule 32).

After the race, the race director or referee signs-off that the race was run properly according to the rules, standards and requirements of USA Track & Field

Once a race properly documents a pending record, RRIC clears the record, but if it is an open, all-comers, or aggroup record, the course needs to be validated. The validation process reviews the course information from the application, and the RRTC validations chair determines whether or not the course will be re-measured. Open records require re-measurement.

If the course passes validation, the final step for an open, all-comers, or age-group record, is ratification at the national convention.

In closing, record-keeping adds credibility and meaning to our sport as well as providing a historical context. In addition, records serve to motivate current athletes to be their best. Their place and importance in road running cannot be denied, and when all parties involved – race directors, timing companies, USATF and others – work to improve our record-keeping capabilities, the sport can only get better.

Road Running Resources

The USATF Road Running Information Center provides a clearinghouse for the sport. If you need a road race application, our national class time standards, a list of current records, or any other road running related question or concern, don't hesitate to contact us. Also, check out our website (www.runningusa.org and www.usaldr.org) for age-group rankings, race calendars, race results and other information.

We also offer the following: On the Roads (quarterly newsletter), articles on demographics, records, athlete profiles, sports science and other pertinent LDR information. \$25 per year (check payable to RRIC). Nationally ranked runners, media and race directors are eligible for free subscriptions.

Frameable certificates available for national records and national ranking times. \$12 each or \$10 each for two or more.

Contact Information: USATF Road Running Information Center, 5522 Camino Cerralvo, Santa Barbara, CA 93111. 805-696-6232, fax: 805-696-6252; e-mail: rric@runningusa.org; Web site: www.usaldr.org; USATF RRIC staff: Basil and Linda Honikman, managing trustees; Ryan Lamppa, research and communications.

Road Race Publications: Competition Rules (\$12), Course Measurement and Certification Procedures (\$4), and (www.runningusa.org and www.usaldr.org) (\$6) plus \$3 shipping/handling. The RRTC Web site (www.rrtc.net) has the course measurement manual on-line.

Order on-line at www.usatf. org, or by snail mail at USATF Book Order Department, Box 120, Indianapolis, IN 46206, 317-261-0500.

WANT PRESS FOR YOUR RACE / MEET??

Too often, at national, regional, even world class events, there is zero or next to no major press coverage - despite top quality athletes who break national age records in your meet. Bob Weiner, former White House press staff and media coordinator for Congressional committees - and a dedicated masters runner who has directed RRCA national championship road races and USATF world class track events - has formed a public affairs company and contacted National Masters News about this glaring omission and need in the masters running circuit. Bob worked at the 2002 Salt Lake Olympics generating press for the World Anti-Doping Agency's drug testing activities before and at the Games - obtaining stories on "Today", "Good Morning America", NBC Evening News, HBO, AP, the Washington Post, New York Times, Los Angeles Times, NPR, and all major media. He had done the same for U.S. Drug Czar Barry McCaffrey at the 2000 Sydney Olympics. Bob and his company -- Robert Weiner Associates Public Affairs - are eager and ready to help the Masters Running movement.

Press at your race is a motivational tool for the runners and field athletes, organizers, friends, supporters, and the public - before and after your event, a useful magnifier for years as you keep giving out clips. And it's just plain fun to see your event on the eleven o'clock news! Or in the wires or networks if you capitalize on something truly major.

WANT PRESS AT YOUR RACE/MEET (OR OTHER MAJOR EVENT OR ISSUE!)? CONTACT: ROBERT WEINER ASSOCIATES PUBLIC AFFAIRS

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July 2002

ou're sitting in of several roa der which rac

No, indeed, and th the heading "Caveat the indicators of a go first criterion to be en tude of the race manage runners - not just the Jane and Joe Six-pack

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Read the Brochur

You should carefu brochure and entry fo certified by USATF? else matters - forge your time, because it's ified and uncertified becomes just another lot of company.

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Data Source

running and track & trator, as well as in cl USATF Masters I Masters LDR choos year for each of its fi from 40 to 90+.

I am an athlete in

PAGLIANO'S PODIATRIC POINTERS The Foot Beat By JOHN W. PAGLIANO, D.P.M.

Treatment of Plantar Fasciitis

nce the diagnosis of plantar fasciitis has been established, the treatment process needs to be initiated immediately. Many times, short-term rest will reduce the inflammation from other causes, but this is not the case for plantar fasciitis.

If plantar fasciitis has developed within a six-week period, I would suggest a course of physical therapy. This includes hydrotherapy at 105 degrees for 15 minutes, followed by ultrasound, with a 2.5% hydrocortisone cream to the bottom of the foot for 7-10 minutes. Iontophoresis has also proved beneficial.

The purpose of the ultrasound is to reduce pain, increase blood flow and increase the extensibility of the collagen tissue. Ultrasound can also be used to lyse excessive scar tissue. Additional hot water soaks should be performed on a daily basis at home, preferably in the evening, to relax the fascial band overnight and reduce the morning foot pain. Light longitudinal massage may also be tried.

Tape Strapping

I find tape strapping of the affected foot is extremely helpful. This tends to shift the weight to the longitudinal arch area and reduce the stress to the fascial attachment. Low dye strapping is preferred. It is recommended to remove the tape at night to allow the skin to "breathe."

The use of a night splint is also recommended at this point. This affords a constant stretch on the fascia and will eliminate the morning "rest pain." Studies have showed that this type of overnight treatment is effective.

A study out of California at the Davis School of Medicine has shown that the use of a night splint in combination with a visco-elastic heel pad and stretching program, along with nonsteroidal anti-inflammatories, has been shown to provide relief.

I have not had much luck with oral anti-inflammatory medications.

Cortisone

Probably the best and most effective treatment for the long-standing plantar

fasciitis pathology is a short acting local cortisone. I use a combination of Celestone and Lidocaine injected through a medial approach at the level of palpation of the plantar fascial defect. This will lyse the scar tissue and reduce the swelling around the fascia insertion. I have also used ultrasound prior to injection therapy, and this seems to aid in penetration of the solution. I follow this up with low dye strapping and three full days of rest. This is a safe procedure.

Over the long term, the use of foot orthoses is recommended to reduce rear foot overpronation, which aggravates the fascia at its insertion. Pronation overloads the fascia at the insertion into the calcaneus. The overpronated foot and calcaneal valgus certainly place an excessive stress on the medial heel area and the fascia inser-

If all else fails, a surgical release can be performed at the plantar fascia insertion. Studies have shown 85% relief after fascial surgical procedures. In the long run, while treating plantar fasciitis with physical therapy, injection therapy or surgical correction, you have a high chance of failure if you

Orthosis

do not correct the underlying defect. (Dr. Pagliano can be reached by email at thefootbeat@aol.com)

A study at the Clinic of Sports Medicine in 1988 pointed out that an

excessive or prolonged duration of

pronation is the most common mechanical cause of structural strain resulting

in plantar fasciitis. So this will need to

be addressed prior to the athlete return-

ing to his or her running program.

Several studies have shown that plantar

fasciitis can be reduced by around 80%

with a proper foot orthosis.

NY Mini Marathon

Continued from page 1

Moving Comfort, was the first master, and 19th overall, with a 34:47. Kim Griffin, 40, of the Warren Street Social & Athletic Club, was second master (36:19), and Alayne Adams, 40, Central Park Track Club, third (37:08).

Kathy Martin, 50, Northport RC, ran a sensational 37:41 to win the W50 race and place sixth master overall. Her time age-grades to a 90.3%, second only to Bakoulis' 90.6% among the masters. Joan Ottaway, 58, of California, with a 42:36, took the W55 race from Ann Davies, 55, of New York, who ran a 43:23. Margaret Jones-Bussani was the W80 division winner in 71:04.

Bakoulis has had a phenomenal running career, characterized by consistency and longevity. Her recent masters results include first masters woman at

VICTOR SAILER / PHOTO RUN Kathy Switzer, 55, first woman to run the Boston Marathon, 1967, and Avon Running Series program director, in a 30-year-old T-shirt from the Crazylegs Mini Marathon, running in the NYC Mini Marathon 10K.

the November 2001 NYC Marathon (2:41:43, 17th woman overall), and third masters woman at the April 2002 Boston Marathon (2:42:47, 14th woman

By virtue of her NYC Marathon performance, Bakoulis has qualified for the 2004 Olympic Marathon Trials, because the race was the USATF Marathon Championship and the "Olympic qualifying window" was open.

The original race name, the "Mini Marathon," derived from reference to the then-fashionable and ever-popular mini-skirt at a time when some people... okay, mostly men... thought that women would suffer debilitating physical injuries of various kinds from running long distances.

The advent of this and subsequent all-women's 10K, half-marathon and marathon events with the support of original sponsors L'eggs and Avon, and the support of thousands of women in the U.S. and around the world, helped make it possible to establish the 10K and marathon distances in the women's Olympic program.

Overall winner Asmae Leghazoui, 25, Morocco, smashed both the 30:47 course record set by England's Paula Radcliffe in 2001, and the 13-year-old world best of 30:39 set by Liz McColgan in 1989. Total prize money for the event was \$31,850, excluding money for local awards.

The weather was sunny with 62 degrees, 56% humidity, and a 7mph wind.

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It's never too early to think Puerto Rico* .. Or any other Masters event in which you plan to compete along the way!

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 World Masters Athletic Championships July 2-12, 2003 Carolina, San Juan, Puerto Rico



Master Scope

By DON LEIN, Masters LDR Awards Chairman

Caveat Cursor

Tou're sitting in your favorite chair wondering whether you should enter one of several road races near your home. Having decided to enter, you wonder which race. After all, aren't all road races the same?

No, indeed, and that's the reason for the heading "Caveat Cursor." What are the indicators of a good road race? The first criterion to be explored is the attitude of the race management toward the runners - not just the elite runners, but Jane and Joe Six-pack.

After 35 years working for a company that inculcated "Respect for the Individual" into my psyche, it is ineluctable that I would apply that same paradigm to race management.

One of the hats I wear is president of the longest running masters track meet in the U.S. (32 years). We have to run our meet pursuant to the rules, properly recognize athletic performance, and keep improving our meet to make it more "competitor friendly." We ask the athletes to do their best; we as administrators should strive to do our best, as well

Read the Brochure

You should carefully read the race brochure and entry form. Is the distance certified by USATF? If it is not, nothing else matters - forget keeping track of your time, because it's for some unspecified and uncertified distance. The race becomes just another workout, with a lot of company.

Are the timing protocols - as specified by USATF - followed? If not, again, you're in a fun run. Nothing against fun runs, but is this what you spent your entry fee for?

What other indicators are important? Do they start the race on time? Is the course well marked? Imagine finishing a marathon and finding you took the wrong route!

How long after the finish are results ready? Are the results age-graded, as well as the awards? What happens to the results? Do they disappear into unrecorded history at sundown, or are they transmitted to local media outlets, as well as to the state and national record-keepers of the sport? If you go, out and do your best, you'd like to know it would be recorded for posterity and subsequent recognition, should the times so merit.

You should know beforehand what kind of a race you are entering. If it's a fun run - go out and enjoy, and forget about times. If it's a serious race - go out and perform to the level you're capable of.

Data Source

I am an athlete in both long distance running and track & field, and administrator, as well as in charge of awards for USATF Masters LDR. Each year, Masters LDR chooses athletes of the year for each of its five-year age groups from 40 to 90+.

The source of our data is the USATF Road Running Information Center (RRIC), the national record-keeper, because of the quality control they exercise over the results submitted to them. The results are submitted to them by either state record-keepers and/or from race administrators directly, using instructions on-line at www.run ningusa.org/index_results.

This year, RRIC is publishing on this Web site the results of all accepted performances. All runners can check on their performances, as well as those of their friends/competitors. RRIC intends to have age-group rankings within each state, and, eventually, by city.

If you have enough quality times listed, you will be considered for athleteof-the-year in your age group. The election itself is conducted at the USATF Annual Meeting with the members of the Masters LDR Board voting.

Be Insistent

Unfortunately, a great number of race results are not submitted to the RRIC. RRIC is trying to make the submission as easy as possible, within the

One of the ways we can get more results submitted and therefore your times recognized, is for you to insist upon it as a condition of your running the race. Don't just insist on it beforehand, check up afterward. There are entirely too many cases of records being set, or national qualifying times being recorded, that are never recognized because the results are not submitted. If enough runners insist upon it and try to run only in races that submit results, then results will be submitted.

Again, in racing, as in everything you spend your money on, know what you're buying. And in the case of race selection, caveat cursor.



Theresa Kopach, 40, Ann Arbor, Mich., first woman overall (40:19), Ferndale Foot Frolic 10K, Ferndale, Mich., May 19.



VICTOR SAILER / PHOTO RUN

W40 finishers in the Freihofer Women's 5K/National Masters Championships, Albany, N.Y., (from I): Carmen Ayala Troncoso, 43, 5th (17:35); Janet Robertz, 42, 4th (17:30); Kim Griffin, 40, 3rd (17:08); and Joan Nesbit-Mabe, 40, first (16:54).

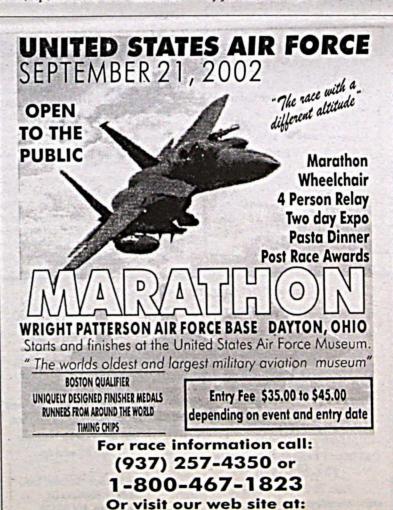
Freihofer's 5K

Continued from page 1

runners competing, Ruth Wysocki's 1997 course record, 16:06, was never in

The top age-graded scorer was Kathryn Martin, 50, Northport, N.Y., whose 18:13 won her \$500. Carolyn Smith-Hanna, 51, Pittsford, N.Y., 19:35, trotted to the W50 runner-up position. Joan Ottaway, 58, Murphys, Calif., 20:10, repeated as the W55 laureate and was fourth-best A-G performer overall. Marie Michelson, 60, Stonybrook, N.Y., hot-footed it to a strong 21:25, the tenthbest A-G performance.

Margaret Betz, 65, Conklin, N.Y., was eighth-best performer with 22:08 to top the W65. In the W75, Muriel Merl, 76, Pomona, N.Y., ran a superb 27:57, missing the U.S. single-age record set by Gerry Davidson in 1997 by just three seconds.



http://afmarathon.wpafb.af.mil



Masters Racewalking

By ELAINE WARD

USATF Masters Racewalking Awards

Tiere has been much discussion about the criteria used to determine the annual Masters Track & Field Awards for Racewalking. The following explanation is from Rod Larsen, Racewalking Representative to the Masters Track and Field Committee - ew.

In order to be consistent with the other Masters Track and Field Awards, the "Racewalker of the Year" criteria are as follows:

Citizenship

These awards are for U.S. citizens. They can be living anywhere. Dual citizens must be competing for the U.S. as indicated on meet entry forms. Resident aliens (green card holders) and foreign nationals are not eligible.

Two Age Groups

An athlete can win an award in two different age groups during the same year if their performance warrants it.

Nominations

1) Athletes will need to be nominated. We are asking for nominations

TWENTY YEARS AGO July 1982

- · Southern Calif. Striders M40-49 Relay Team Sets U.S. Record for Distance Medley (11:03.8)
- Mike Heffernan (M40, 31:55) and Shirley Matson (W40, 37:32) Are Top Masters in Viking Classic
- New Zealander Jack Foster Sets M50 World Best of 2:20:28 in Auckland Mara-

from athletes, followers and supporters of the sport of racewalking. Self-nominations are not only welcome, but strongly encouraged. We want to make sure no deserving candidate is over-

- 2) Nominations must be received by Friday, Oct. 25 (the Friday after the National 20K in Coconut Creek, Fla., the last National Masters Championship of the year). Nominations should be sent to Rod Larsen, 104 Eleventh Avenue, Windermere, FL 34786, Fax: (407) 876-5843.
- 3) The nominations must include results from an independent source: official race results, local newspapers, NMN, the race director, etc.
- 4) The nominations should include actual "gun time," and age-graded performance figures based on the 2002
- 5) The only races to be considered are limited to USATF Association, Regional, National, and WMA championships. Next year the National Senior Games will be included, too. These races need to be USATF-sanctioned and limited to racewalk only events. These events can be on a road course or a track.

Selection

The actual selection will be based on an athlete's place in the various championships, with more weight being given to National and World championships. Other factors will be strength of competition, actual performance, age-graded performance, records set, consistency and head-tohead performance. Two factors that



Phillip Rabinowitz, 98, in the 5000 racewalk (46:47.12). South Africa Masters Athletics Championships, Bellville, May 3-4

will not be considered are recovery from/dealing with injury, and the "it's his/her turn" concept. We simply want to pick the athletes who have the best year.

The Committee

The selection committee will comprise one representative from each of the seven Masters Track and Field Regions. Also, there will be five atlarge members and Rod Larsen as the Chairman.□

(When the names of the selection committee are finalized, they will be published in this column. Rod's e-mail is: Larsenrod@aol.com - ew.)

Orono Preview

Continued from page 1

National Masters Pentathlon Championships.

On-campus dormitory housing with meals is available; contact 207-581-4092; e-mail: csd@umit.maine.edu. For information on area hotels, contact the Bangor Convention and Visitors Bureau: 800-91-MOOSE, or 207-947-0101.

For those interested in more than just athletics, Maine offers a vast array of activities in the summer: rafting, camping, biking, canoeing, hiking, the seashore, antiquing, and history. Sights not to be missed, within a couple of hours drive from Orono, include Acadia National Park, Bar Harbor, Bath, Kennebunkport, the 20 or so accessible lighthouses of the 63 that exist in the state, and, above all, a visit to Freeport, the home of L.L. Bean.

The four-day schedule, along with additional information and registration form, is in this and the May issue.

Contact information for the Championships is in the schedule under Track & Field, National.



Bennett Beach, 52, Bethesda, Md., has run all 30 Cherry Blossom 10 Mile races. He finished the 2002 race on April 7, in 67:28.

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July 2002

Harold Tolson, #443, winnin and Jim Crandall, #427, M55

By BOB HIGGINBO More than 100 ath perfect day (80 degree field in the Cent Association Champion May 18, producing in season marks.

The sprint fields fe runners. Kevin Mornin records in the 100 (11.1



CLARK F

FAT; Wind gauge; certified off Age groups and sexes may be or

Field Events:

Signature:



ART SHAHZADE

Harold Tolson, #443, winning (12.5) in a mixed age-group 100. Robert Zimmerman, #389, was first M55 (12.7), with Gary Patterson, #446, M55 second, and Jim Crandall, #427, M55 third, Central Calif. Championships/Visalia Classic, May 18.

Sprinters, Throwers Sparkle in Visalia

By BOB HIGGINBOTHAM

More than 100 athletes enjoyed a perfect day (80 degrees) for track & field in the Central California Association Championships, Visalia, May 18, producing impressive early season marks.

The sprint fields featured top U.S. runners. Kevin Morning set M45 meet records in the 100 (11.1) and 200 (22.2). Harold Tolson dominated the M60 100 (12.5) and 200 (25.4). Tammy Mack, W35, won the 100, 200, and 100H.

David Salazar, M50, traveled from New Mexico, set an 800 meet record (2:06), and left early for Sunday's Bay to Breakers. Rodney Brown, of Utah, won the M75 400 and 800.

In the jumps, Lavel Davenport, M40, enjoyed outstanding marks in the long (19-3) and triple (45-21/2) jumps.

Shot putters James Kerman, M45, 46-61/2, and Hal Smith, M65, 45-61/2, topped the shot field. Tom Allison, of Oregon, took wins in the shot, discus, and javelin.

Bob Humphries, M65, tossed the discus 143-8, and John Burns, M60, was the best in the large javelin field with a 145-3.



Pam Zimmerman, first W55 (15.1), and Magdalena Kuehne, first W70 (17.7), in the 100, Central Calif. Championships/Visalia Classic, May 18.



USATF SOUTHWEST REGION TRACK & FIELD **CHAMPIONSHIPS**

CLARK FIELD, FORT WORTH, TEXAS

JULY 13, 2002

CONTACT: Mr. Courtland Gray Mr. Bert Williams

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Mr. Bert Williams 972 820 5941 speedbychoice a hounail com
FEES: First event: \$16.00; \$6.00 each additional event: Max. \$34 entry-excluding late entry fee \$5.00 after July 10.

DIVISIONS: Masters (30+); Open (19+) No youth division

Maxicas (307); Open (177) No youth division. Regional championship medias to masters. Medals to top three from southwest region and to guest participants in top three places. Competition open to athletes from all masters regions.

Fort Worth, TX; FWISD Clark Field. SE part of Fort Worth; I-20/1-820 N. @Wichita exit north; at Tarrant County Junior College campus. SITE:

FAT; Wind gauge; certified officials; USATF membership required, available oosite; Age groups and sexes may be combined.

Schedule of Events

Field Events:

All men's throws in order of Weight Pentathlos
Hammer, Shot, Discus, Javelin, Weight;
Women's events: Javelin, Discus, Shot, Hammer
9:00 A. M. Hammer, Women's Javelin
10:00 A. M. HJ; LJ, then TJ
10:00 A. M. Pole Vault

Running Events: Events run in order, not by time. Please allow yourself plenty of time.
8:30 A. M. 1) 5000m 8.300.4400m IH
2) 3000m Race Walk 9) 200m

3) 4 X100 Relay

4) 800m 5) 100m

6) 80/100/110m Hurdles

9) 200m 10) 1500m 11) 4 X 400 Relay 12) 4 X 800 Relay 13) 2/3K Steeplechase*

Must have minimum of 5 entries by July 10

Entry Form

Age (on July 13)

USATF# Events Entered
Amount Enclosed: Checks payable to: Southwest Region Champion
Mail Entry Form to: USATF Southwestern Association, P.O. Box 76376, Dallas, TX 75376

of my entry, I hereby for myself and executors waive, release, as staffer accruse, against the Fort Worth Independent School District or any damages, which may be suffered by me in conjunction to risks of competition, and that my training is such that I am pro-

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ENTRIES CLOSE AT 11:00 AM

SCHEDULE OF EVENTS EVENTS RUN IN ORDER LISTED TIMES ARE APPROXIMATE

300/400 HURDLES 100 METER DASH 1500 METER RUN 80/100/110 HURDLES 200 METER DASH 800 METER RUN 4 X 100 RELAY

4 X 400 RELAY 400 METER DASH

3000 METER RACEWALK

9:00 AM WEIGHT PENTATHLON-ALL THROWS
PENTATHLON THROWS WILL COUNT
AS REGULAR COMPETITION THROW
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2:00 LONG JUMP
4:00 TRIPLE JUMP FOLLOWS LONG JUMP
4:00 TRIPLE JUMP FOLLOWS LONG JUMP

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On The Run

By HAL HIGDON

7 Marathons, 7 Months, 7 Lessons Learned

It started with Grandma's Marathon. The 25th anniversary of that race in Duluth, Minn., last June was the same weekend as my 70th birthday. Why not celebrate by running a marathon? Then the idea grew: Why not run seven? A decade earlier, I ran 6 marathons in 6 weeks to celebrate my 60th birthday. That proved too difficult to duplicate. But 7 marathons in 7 months for my 70th seemed doable. Then to expand the string of 7s, I decided to use those 7 marathons to help raise \$700,000 for 7 separate charities.

Including the training leading up to that feat, 7-7-70 motivated me for nearly a year. But, as often happens when I accept a challenge, I learned lessons to help others. Follow me on a running odyssey that covered 183.4 miles:

Grandma's Marathon

Plan family fun around your race. Nobody considered Duluth a party town a quarter century ago. It was blue collar, best known for shipping iron ore south. Then Scott Keenan talked Grandma's Saloon & Deli into linking its name with a marathon to finish next to the popular restaurant. The promise of a fast course attracted early runners; the party atmosphere that developed around the marathon keeps them coming back.

Since my daughter Laura lives in Minnesota, my wife and I planned activities that her family could enjoy. Duluth sightseeing includes tours of the harbor, an ore boat museum, an IMAX theater and boutique shops. Most fun was the ride on race day morning on the North Shore Scenic-Railroad, featuring breakfast on the train. Son-in-law Pete and I got out to run, while the others stayed on the train, which tracked the runners for a while before speeding back to the finish.

Waving to my grandkids in the first few miles proved more fun than the last few miles. I had consciously undertrained so I wouldn't get burned out during my multiple marathons. Bad idea. Better preparation might have made Grandma's – and the six marathons that followed – more fun.

Lesson learned: While planning to have fun, mind your training too.

World Masters Championships

Get loose to run fast. International marathons are exciting. Competing with runners of different nationalities adds to their flavor. The World Masters Championships is held every other year, and I never miss it. I've won four gold medals, including one in the marathon. Four weeks after Grandma's, I was on a flight to Australia that lasted most of a day.

Jet lag can be a problem. I arrived Down Under feeling bloated, not quite sure what time of day it was. Fortunately, I had arranged an appointment through an Australian friend with a massage therapist before leaving home. The massage helped remove fluids that had pooled in my legs during the long plane ride and helped me relax.

That contributed to a time 14 minutes faster than Grandma's. A course with multiple out-and-back loops along the

Brisbane River permitted runners and spectators to see each other frequently. I love international races, because they're marked in kilometers. After you've hit the wall, the kilometer marks come at you faster than do mile marks.

Lesson learned: Going abroad can broaden your running experience.

Heart of America Marathon

Grab help whenever you can. Seven weeks training between my second and third races got me in better shape, but Heart of America provided my greatest challenge. This hilly marathon held on Labor Day attracts a few tough runners, who thumb their noses at hot weather.

Running buddy Steve Kearney agreed to pace me and carry a cellular phone. I posted my phone number on the Internet so runners who use my online training programs could offer words of encouragement (and pledge donations for 7-7-70).

Columbia resident Yolanda Merriweather called to say she would meet me at 20 miles with an ice bottle. I rubbed it over the back of my neck. As the ice gradually melted over the next several miles, I sipped the water. Ecstasy! An Internet friend, Holly Campbell of St. Louis, appeared to walk me through the last few miles.

By then, plans to run each marathon faster than the one before had vanished under a boiling sun. In the closing miles with a police car tailing me, I realized I was the last runner. Having won this marathon in 1968, the thought of placing first and last in the same race tantalized me. Alas, with a mile to go, I caught another runner and finished next-to-last.

Lesson learned: It doesn't matter when you finish, only that you finish. LaSalle Bank Chicago Marathon

Nobody would run Heart of America seeking a Personal Record, but Chicago attracts runners expecting just that. When your course holds the world record for both men and women, you do gain respect. If you can't run fast on a day when the world record is set, you have no excuses.

I had several excuses ready, but didn't need them. I ran 15 seconds faster than Brisbane, fastest of my 7 marathons. The fact that Chicago is my "home course" also helped.

In 1964, I won the Windy City Marathon, a predecessor race. It's not so much home cooking as it is not wasting energy traveling.

There are many fast-course and



GEORGE BANKE

Top finishers in the 75-79 divisions (from I): Bill Morrison, M75 third (1:41:04); Kay Morrison, W75 first (1:51:03); and Walt Washburn, M75 second (1:37:51), 30th Credit Union Cherry Blossom 10 Mile, Washington, D.C., April 7.

good-weather marathons. Pick one if you want that fast finishing time to qualify you for Boston. Marathons with large fields also work best for first-time marathoners. If you finish in five, six or more hours, you won't be alone.

Ironically, one negative event contributed to my success. Traumatized by September 11, I sat comatose before my TV set for five days, unwilling to run. The rest probably did more good than harm.

Lesson learned: To run best, get lots of rest.

Indianapolis Marathon

Small races work well for experienced runners. In contrast to Chicago with its 30,000 runners, Indianapolis, two weeks later, attracted 600 with maybe twice that number in a simultaneous half marathon. No energy wasted getting to the starting line. No slowdown in the early miles. Despite starting near the back, I hit race pace right away.

A woman running the same pace kept me motivated. We passed and re-passed each other as I walked through aid stations, then sped up. Turning into the wind around 11 miles, I let a man weighing near 200 pounds block the wind for me.

Alas, when they turned off at the half marathon, I was on my own. At one turn near 22 miles, I saw no one in front, no one behind. No problem for a seasoned veteran, but tough if it's your first.

Crossing an intersection where a policeman waited to allow a car to cross, I heard him say to the driver, "Follow that old man!" That motivated me for several of the next miles. I missed my Chicago time by only 22 seconds.

Lesson learned: Grab inspiration wherever you can.

Honolulu Marathon

Relax and enjoy the fun. Before embarking on 7-7-70, Rose and I offered to bring children, spouses and grandchildren to one of my marathons. Surprise: They selected Honolulu. All 16 of us gathered on Waikiki Beach one morning to pose for a family Christmas card. (Grandson Jake had 7-7-70 cut in the back of his hair.)

Having everybody together proved to be one of the more enjoyable experiences of my life, but my treasury of Frequent Flyer points is empty.

So why ruin everything by running fast. With son-in-law Pete and two grandsons, I started behind and didn't get disturbed when blocked by walkers. Hot weather? Bright sun? Time to work on my tan. Aloha spirit: I had it. This was my 10th time running Honolulu (out of 111 career marathons), so I knew the routine.

But aloha spirit only carried me 20 miles. The last six were spent mostly walking. Planning 7-7-70, I figured that I would get stronger and faster as I went. Looking back, doing Indy two weeks after Chicago (much too close) dropped my glycogen stores so low, that even a truckload of pasta would not provide recovery.

Lesson learned: Avoid both overtraining and overracing.

Walt Disney World Marathon

Don't worry about what you can't control. Like January weather. Late in the Disney Marathon, I overheard a woman grumbling into her cellular phone: "It's windy and has been raining for 8 miles." I held out my palm and felt not a drop of moisture. "It must be raining 50 yards back," I told Jon Israel, a friend who paced me in the last of my seven marathons.

Actually, except for 10 minutes or so, the rain had been light. But if you had been planning Disney as a Boston Qualifier, it could have upset your plans. Similarly, if the weather turns hot or cold, you may need to make pace adjustments to run reasonably well – or even to finish. If you have flexible plans, you never will fail.

I succeeded not only in my plan to finish 7 marathons in 7 months, but I also achieved my fund-raising goal: raising \$914,000 for the charities on my list. To celebrate my 80th birthday, I plan to run 8 marathons in 8 years. I haven't figured out my 90th yet.

Lesson learned: Dream impossible dreams, but pick achievable goals – then reach them! □

(Hal Higdon is a Senior Writer for Runner's World. More about his 7-7-70 Quest can be found on his Web site: www.halhigdon.com.)



Ronnie Wong, 55, fourth Credit Union Cherry Washington, D.C.

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Ronnie Wong, 55, fourth M55 (64:57), 2002 Credit Union Cherry Blossom 10 Mile, Washington, D.C.

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By JERRY WOJCIK

The 500g Javelin, A Sticky Situation

nother chapter has been written on the newly adopted javelins saga, if you can call them new after three years. It seems that a WMA (then WAVA) highly positioned officer released what he thought were the official IAAF 500g javelin specifications onto the WAVA (now WMA) Web site early in 2001.

Some manufacturers saw them and started making javelins. Later, IAAF evidently changed its mind and made some further changes to the specs. Other manufacturers now work on those specifications.

Length Discrepancies

The main problem is that the allowable overall lengths for the 500g are different. What happens now is that throwers may show up at a meet to find that their 500g implements are nixed by weights and measures. This is all a result of shoddy work by the people responsible for the adoption of the new javelins.

As of a few weeks ago, the WAVA (now WMA) Web site shows that the minimum overall length for the 500g is 2.00 meters and the maximum is 2.10 meters. The USATF 2002 Rule Book, p.140, gives the minimum for the 500g as 2100 millimeters and the maximum as 2200 millimeters.

Rex Harvey, former USATF Masters Combined-Events Coordinator, now WMA Stadia (fancy Old World, Latin term for track & field) Vice-President, has about 50 pages of javelin correspondence that he's condensing for me. The whole story, which I am preparing, is a real soap opera," he says. I can't wait.

Not Popular

The javelins that replaced the ones that some age groups had been using for years have not been a big hit from the start. A few throwers have simply given up on them; some have had trouble adjusting to them; and others decry the eventual loss of fine records made with the "old" javelins, especially the 800g and 600g.

A couple of Eugene throwers and I purchased what I think were among the first 500g javelins produced by Gill Sports Equipment in Eugene. They have passed muster at every meet we've taken them to, including the Hayward Meet, where the weights and measurements guys may be the best in the country, having had experience with Olympic Trials, NCAA Championships, World Veterans Championships, you name it, and are immune to cajoling, sweet talk, flim flam, wheedling, and bamboozling. I know, because I've tried them all when my stuff hasn't passed their scrutiny.

Hold Your Horses

If you're in the market for a 500g, I suggest holding off for awhile until this is clarified. Those who were throwing the 600g before the 500g came into our lives might want to go back to the 600g for fun just to see what it feels like.

Meanwhile, I'm not going to measure my javelin. If it's been okay with all of the weights and measurements officials so far, it's okay with me.

I hope to see you at the Nationals in Orono, Me. 🗆



Arnie Gaynor, 74, M70 world record holder in the shot put (14.77), back in action at the Palm Desert Senior Games in April after a two-year layoff with a torn shoulder muscle



JERRY WOJCIK

Bob Lawson, 67, top scorer in the Seattle Spring Fling Meet, May 4.

Indoor Rankings Done, Outdoor Rankers Ready

By JERRY WOJCIK **USATF Masters T&F Rankings** Coordinator

This issue contains the 2002 indoor rankings. They were compiled by volunteers, who give freely of their time, effort, and expenses to this task, which has become increasingly significant to the masters movement. We should express our appreciation and thanks to these volunteers: Larry Patz, Ruth BreMiller, David Ortman, and Jim Gerhardt, all of whom also work on the outdoor rankings.

An abbreviated version of the 2002 indoor rankings is on the National Masters News Web site: www. nationalmastersnews.com.

One interesting aspect of the rankings is the contrast in the indoor and outdoor 1500 and mile lists. In the indoor lists, the 1500 appears to be obsolescent, while the mile, the most recognized masters indoor event, is thriving; in the outdoor lists, the ratio is about three to one in favor of the 1500. This, despite the fact that Rule 261.3 (Masters Track and Field Championships) says: "The Sports Committee may authorize the substitution of One Mile for 1500 Meters, either indoor or outdoors"; so, why don't outdoor championships' meet directors opt for the mile, an event that has much more meaning for U.S. sports fans than does the 1500?

The outdoor season rankers for 2002 are listed below. If your best marks have not appeared in the NMN results section by the January 2002 issue, send them with documentation or verification (name of meet, date, site, director's name with a phone number or e-mail address) to the appropriate compilers. Marks sent to me for events that I am not compiling will not be forwarded.

100, 200, 4x100, 4x400 - Larry Patz, 534 Gould Hill Rd., Contoocook, NH 03229; e-mail: B6883578@aol.com

400 - Ruth BreMiller, 590 W 29th Ave., Eugene, OR 97405; e-mail: brem@oregon.uoregon.edu

800, 1500 - Erich Reed, 2359 Columbia, Eugene, OR 97403; e-mail: erichreed@yahoo.com

Short hurdles, long hurdles, steeplechase, 5000 - David Ortman, 7043 22nd Ave. N.W., Seattle, WA 98117; e-mail: deo@foxinternet.com

High jump, pole vault - Joy MacDonald, 6721 NE 21st Road, Ft. Lauderdale, FL 33308; e-mail: FTLREDSKIN@aol.com

Long jump, triple jump, shot put, discus - James Gerhardt, 834 Thornvine Lane., Houston, TX 77079.

Mile, 3000, 10,000, hammer, javelin, weight, superweight - Jerry Wojcik, NMN, P.O. Box 50098, Eugene, OR 97405; e-mail: jerry woj@aol.com

Combined events - Alan Russell, 1713 Amherst Dr., Ames, IA 50014; email: russell@iastate.edu

Racewalks: 5000 track/5K road, 10K, 20K - Thomas Higbie, 7851 Admirals Ct., Indianapolis, IN 46236; email: thigbie@indyweb.net

Below are changes to the 2001 Indoor

High Jump: M60 Don McCrea, 15th of 19 (1.22).

Below are changes to the 2001 Outdoor Rankings: 100m: M45 Larry Zwick, 58th of 75

200m: M45 Larry Zwick, 55th of 67

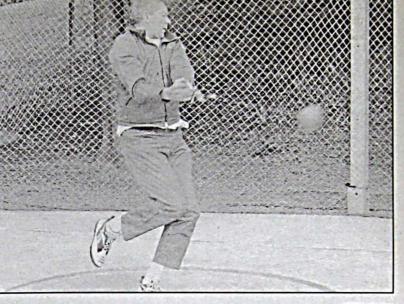
400m: M45 Larry Zwick, 37th of 53

800m: M45 Dave Clingan, 3rd with a 2:03.91, not 2:04.0, no change in rank.

1500m: M45 Dave Clingan, 1st of 39 (4:12.65)

5000m: M45 Thomas Cushman, 3rd of 27 (16:31.42); M45 David Elger, 6th of 28 (16:40.81).

Outdoor Pentathlon: M60 Phil Byrne should have been listed as 1st (3534). The total (3676) for the first-listed M60 was based on single-age agegrading, not five-year, as required in the combined events.



Germany, 34.34, and GBR, 35.15. Coming in fif Lessing, Germany, in 35:41 after a tree the finish straight w Krystyne Pieczulis, credited with the sar

July 2002

Last Minute Team S Over 2500 A

By BRIDGET CUS

Athletes from 41 na afield as Japan and A ed on the lovely Adria

of Riccione, Italy, Ma sixth running of the races (10K, half-mar

20K and 30K racewa entry was, of course nation with 1695,

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Schweickhardt drew

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21st overall, took

Italy also won the

Hermann Schaiter le

M55+ and women

33:59, ahead of

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After the first lap of

Switzerland, 77.

Cham

Not far behind, positions, came two Marie Luise H-Duve Katharina Kaufman Stevenson, Great B race, easily won t ahead of the first Marguin Levesque The Ukraine picked medal when Anato won the M65 title in

The Italian f Acquarone, M70, ad able collection, co 40:38, over four mi ner-up, John Roberts M75 and M80 titles Sergio Agnoli, I Heinrich Keller, Sw hats off to Clem member of IGAL, WMA, who travele New Zealand to win

The half-mara morning saw Sch field from the gun, from Mauricio Vas and Jesus Alon 1.10.50. Albert R sixth (1:12:36), go first M45, Herm Kerstin Pressler, the women home 1300 finished.

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Last Minute Team Scoring Rule Changes Embarrass Host Nation

Over 2500 Athletes in 6th WMA Non-Stadia Championships in Riccione, Italy

By BRIDGET CUSHEN

Athletes from 41 nations from as far afield as Japan and Australia descended on the lovely Adriatic seaside resort of Riccione, Italy, May 24-26, for the sixth running of the WMA non-stadia races (10K, half-marathon, and 10K, 20K and 30K racewalks). The biggest entry was, of course, from the host nation with 1695, followed by Germany, 189, Great Britain, 131, and Switzerland, 77.

After the first lap of the flat two-lap course in the 10K, the current European M40 champion, Stephane Schweickhardt, Switzerland, had a nine-second lead over a chasing trio of Richard Mulligan, M40, Ireland, Marco Cacciamani, M40, Italy, and Johann Hopfner, M45, Germany. Schweickhardt drew away on the final lap to lead the separate M40-54 record field home by 59 seconds in 29:47 from Mulligan. A brilliant time. Hopfner held on for third place to take the M45 (31:03). Gianni Vello, Italy, 21st overall, took the M50 title in 32.43.

Italy also won the M55 race when Hermann Schaiter led the 419-strong M55+ and women's field home in 33:59, ahead of Alfred Hermes, Germany, 34.34, and Harry Matthews, GBR, 35.15.

Coming in fifth overall, Peter Lessing, Germany, took the M60 race in 35:41 after a tremendous battle up the finish straight with the first W35, Krystyne Pieczulis, Poland, who was credited with the same time.

Not far behind, in 14th and 17th positions, came two German W40s, Marie Luise H-Duventaste, 36:17, and Katharina Kaufmann, 36:40. Janette Stevenson, Great Britain, 18th in the race, easily won the W50 (36:45), ahead of the first W45, Sylviane Marguin Levesque of France (37:12). The Ukraine picked up its first gold medal when Anatoliy Prysyahnyuk won the M65 title in 36:56.

The Italian favorite, Luciano Acquarone, M70, added to his considerable collection, coming in 100th in 40:38, over four minutes clear of runner-up, John Roberts, Great Britain. The M75 and M80 titles went as predicted to Sergio Agnoli, Italy, 44:41, and Heinrich Keller, Switzerland, 54:18, but hats off to Clem Green, a founding member of IGAL, the forerunner to WMA, who traveled all the way from New Zealand to win the M85 race.

The half-marathon on Saturday morning saw Schweickhardt lead the field from the gun, winning in 1:07:32 from Mauricio Vagnoli, Italy, 1:10:38, and Jesus Alonso Prieto, Spain, 1:10:50. Albert Rungger, M50, Italy, sixth (1:12:36), got home ahead of the first M45, Hermes Bertuzzi, Italy. Kerstin Pressler, W40, Germany, led the women home in 1:19:37. Over 1300 finished

The most meritorious medal should

surely go to Vasile Harjoc, 49, who finished 515th (1:35:06) the day after he had cycled in from Romania!

Racewalking fans were treated to the sight of stylish Naomi Menendez, W35, in the 10K, which started at 3:00 p.m. Already selected to represent England in the Commonwealth Games next month, she was hoping to reach the stiff qualifying standard for the European Championships at the end of August. She repeatedly lapped a class field in the 2000m switchback course to win in 47:18 from Nancy Sweazey, Canada, W45, 55:44, and Natali Sapounova, W45, Italy, 56:05.

The M40-54 race was held at 6:00 p.m. Two Italians, Roberto Cervi, M45, 47:33, and Gabriele Caldarelli, M40, 48:31, led home two M40 Irishmen, Patrick Murphy, 48:40 and James Gibbons, 48:58.

The women's 20K and men's 30K started early in the morning on day two with Christine Sarembe Stegmaie, W35, Germany, winning the 20K in 1:49:37, and Graziano Morotti, M50, Italy, winning the 30K in 2:34:46.

At their meeting in Puerto Rico in March, the WMA Council decided to change the rules on team scoring, thus no longer allowing older athletes to score in a younger age group even when competing in the same road race/walk. The consequences became patently clear for the organizers and potential sponsors when the mayor of Riccione was left presenting gold medals in all the men's team walks to Italy; no team qualified for bronze.

No country stepped forward for any awards in the W55-and-over. A random check of the results showed that if the rules as printed in the WAVA handbook had been adhered to, Austria, Spain, Great Britain, and France would all have been on the rostrum. Italy was the only country to field a W35 team in the half-marathon, but what a pity that Poland, in its first ever appearance in these championships, was not allowed to declare one W40 for their W35 team – a silver medal

July 1987

- Phil Raschker Sets Four U.S. W40 Records in Southeastern Masters Championships
- Michael Hurd (41, 1:05:45) and Gabriele Andersen (41, 1:18:15) Are First Masters in Elby's Distance Race 25K
- L'eggs Mini Marathon 10K Title Goes to Barbara Filutze, 40, in 37:00



JERRY WOJCIK

Brenda Riley, AUS, W60 winner (27:49.83) leads the field in the 5000 racewalk, 14th World Veterans Championships, Brisbane, Australia.

went unpresented.

A supporting cross-country relay (where, curiously, athletes were allowed to score in a younger age-group team) proved a nice finale to the weekend. But, why put the organizers to such trouble? Transportation had to be provided, miles of concrete paths had to be earthed over, and the 4000m zig-zag course in a public park had to be taped off.

The Organizing Committee, headed by Alberto Morini and Lamberto Vacchi, did a very good job indeed. Media interest was local; residents and vacationers cheered the runners through the traffic-free, well-marked streets. Restaurants were numerous, eating out was a pleasure, and the many ice cream parlors were popular with the visitors – no one makes ice cream like the Italians!

FIVE YEARS AGO July 1997

- Valery Svetogor (M40, 33:00) and Tatyana Pozdnyakova (W40, 35:47) First in WZYP Cotton Row 10K, Huntsville, Ala.
- Ruth Wysocki, 40, Sets W40 U.S. Record (16:06) in Freihofer's 5K, Albany, N.Y.
- Phil Raschker Breaks Three W50 World Records in Senior Olympics, Tucson, Ariz.

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WMA web site: http://www.world-masters-athletics.org

July 2002



International Scene

By TORSTEN CARLIUS WMA President

Riccione Hosts Biggest WMA Non-Stadia **Event Ever**

uring June, the sports world has been concentrated on the World Soccer Cup in Korea and Japan. It's been a fantastic spectacle that has bewitched many of us, but behind the scenes there have also been other sports activities, including the WMA developments mentioned below

Non Stadia Championships

Our 6th WMA Championships Non-Stadia staged in Riccione, ITA, on May 24-26 were our biggest non-stadia championships ever. Without doubt, they were an enormous success, with about 2600 athletes (from about 40 countries) representing South America (Argentina, Chile, Colombia), South Africa, Australia, New Zealand, Asia, and Europe. Together they ensured a fantastic weekend in Riccione.

The LOC and the City of Riccione were exceptionally well organized, with courses running along the seashore and sometimes diverging into the city center. We all owe our friends in Riccione and the FIDAL Comitato Regionale Emilia Romagna a very great "Thank You" for their efforts to give us the very best which they did.

WMA Web Site

Our new Web site (www.world-mas ters-athletics.org) is getting its form as we successively add more and more information. We are trying also to offer vital information in many languages, and there is much more to be done in this

We hope our new Web site will be the natural information point for all masters worldwide, and it is also my hope that our six regions will find it valuable to use their own subpages in the respective sections for their specific information.

I know very well that Europe has its own Web site and we have a link between the two, but there should be good reason to use our Web site. The other five regions are invited to place their information here, and I believe this

opportunity is slowly being understood. Hopefully, we will soon have a complete masters world-Web site.

Reiterating what I've said in the past, we invite and appreciate receiving reactions and/or comments on the Web site. You can either fax or mail us directly, or use the special "Forum" section to express your ideas.

Future WMA Bids

In Puerto Rico next year we will award the 2006 World Non-Stadia Championships and the 2007 World Stadia Championships. I would like to remind all potential bidders that the bid deadline is September 1 this year. All interested Affiliates are requested to contact our Secretary, Monty Hacker, no later than this date, following which the inspection procedure will begin that leads up to the signing of the preliminary contract.

On our Web site you will find the Rules of Competition. The first paragraph describes the bidding procedure. Moreover, our Executive Vice President, Tom Jordan, has now finalized the guidelines for our Stadia Championships, which are also available on our Web site. If you have problems accessing this information, please contact him directly at P.O. Box 10825, Eugene, OR 97440; 541-687-1989.

2004 Indoor Championships

The council is forwarding to the General Assembly in Puerto Rico a proposal that we add World Indoor Championships to our competition program. On our Web site we ask for interest/bids to be considered, depending on approval in Puerto Rico. To give the



LEO BENNING

Art Schoeman, M45, clearing the water jump barrier barefooted, South Africa Masters Athletics Championships, Bellville, May 3-4.

maximum possible opportunity, the time limit for indoor bids is extended to December 31. We want these inaugural indoor championships to be a great success and look forward to receiving bids.

IAAF Veterans Committee

The IAAF Veterans Committee met in Riccione in connection with our World Non-Stadia Championships. As most of you know, this committee does not have its own activities, but serves as a link between WMA and IAAF. This also gives us and WMA a direct link with IAAF activities, and the Committee Chairman, Cesar Moreno Bravo, MEX. could provide us with important information. For example, the rule of maximum runway for long jump and triple jump of 45 meters that was decided in Edmonton is now abolished by the IAAF Council, and the new rule of the hammer grip (also taken in Edmonton) is likewise abolished by the IAAF Council.

From the above meeting, I can also mention that the committee decided to forward to the IAAF Council and IAAF General Assembly in Paris next year a proposal to lower the masters starting age for men from the present 40 years to 35 years, provided, of course, that the proposal is approved by our WMA General Assembly in Puerto Rico. This procedure is very important to us, since, if approved, it will be possible to apply the new starting age for men in 2004. If we had not had this cooperation, we would have been forced to wait until 2006, due to General Assembly proce-

Also on the agenda for the committee meeting were regional reports. These all showed a very wide range of masters activities, with that of Africa perhaps the most interesting (see comments below).

Africa Development Plan

During the last few years we have tried many times to set up a development program for Africa's masters activities. The reality is, that on this vast continent, we have a very good activity level in the southern part with South Africa taking the lead, but in Central and North Africa there is very limited, if any, masters activity. This has been a great concern to us for a long time, as we want to include the whole of Africa in our sports world. I know this is also the wish of the IAAF Regional Africa Federation.

Now there seems to be a slight hope that something could happen. The Africa Representative on the IAAF Veterans' Committee, Mr. A. Belaid, ALG, has presented a realistic plan for an attempt to appoint subregional liaison persons for Africa's five regions. This could be the answer and, with a "joint venture" between IAAF and WMA, there might be an opening at last.

2002 Regional Championships

The autumn will be busy with our Regional Championships. Oceania started traditionally, in January, in Geelong, AUS, but from August to November the other five will be holding their regional

Africa: Oct. 18-20, Reduit, MRI Asia: Sep. 16-21, Dahlian, CHN

Europe: Aug. 15-25, Pottsdam,

North & Central America and the Caribbean: Aug. 22-25, Leon, MEX

South America: Nov. 3-10, Cochabamba, BOL

All these will provide excellent proof of how big our movement is, and it will be very interesting to study results and comments from each of these Championships.

2003 World Stadia Championships

I will not comment much upon these great Championships to be held next year, except to say that preparations are going well and in accordance with plans agreed upon between WMA and the LOC

Our Stadia Committee will meet in Carolina, Puerto Rico, at the end of June and the entry booklet will soon be printed. I do suggest you visit their Web site, which has a link from the WMA Web site under "Events."

Report from Britain

XV WMA INTERNATIONAL CHAMPIONSHIPS CAROLINA, PUERTO RICO • July 1-14, 2003

XVI WMA INTERNATIONAL CHAMPIONSHIPS SAN SEBASTIAN, SPAIN • JULY 2005

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Charlton Sets New M75 5000 World Record

By BRIDGET CUSHEN

The remarkable Steve Charlton continues his total domination of M75 road and track in Britain, smashing James Todd's 5000 world record of 20:00.13 in 1997 with a stunning 19:45.05 after leading and lapping the combined M60+ race. With an automatic-timed finish and backup manual time-keeping installed on the track, there is no question about accuracy.

Charlton won the M75 British cross-country title by seven minutes in

March; he then set a world best for a 10K on the road, May 6.

At the same meet in Battersea Park, London, Phil McAvoy broke his own British M70 hammer record, which he had set last week, with a 44.42. Standing just 5-5, McAvoy, who was 70 last December, deadlifted 460 lbs in a competition last summer.

Kermit Bentham won an exciting M40 400 in 51.2; Wally Franklyn took the M45 in 54.4.

U.S

PAUL LAME RICE PAUL ALEX E M RICE DOMA DOM RICE THOM WILL RICE TOM DA I

BOME BILL RICE JOBE ROB GRO OSC SAM

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6.43 6.62 6.94 6.97 6.96 7.14 7.20 7.39 7.43 6.6h 6.8h 7.1h 7.1h

55 Meters
Compiled by Larry Patz
55M MER* 3 10-34
GEORGE FORMER* 6.22
ADAM GARDER 7.19
CORSIN LARR 7.19
CORSIN LOLLAND 6.30
ARADOR RATES 6.35
JEFF SICROLS 7.48 7.19 7.35 6.3h 6.5h 7.4h MODERY WILSON DOE NCHEIL CERIS BAMSEN JAMES POUNTAIN JUPPREY SIEK JOHE BECHTOLD BYRON WARE NITCREAL LOWIS HICKARL LOWIS DAVID NEUMANN DAVID NEUMANN DAVID PRIERSON LOWELL BUTLER SINLEY SILL LICHARD SHEEA RICHARD SRIERA GLES WEITELY DARYL POLE JEPPREY SIEE

55 Meters

STEVE BIBSKELL JAY POURMIER MARE PIELDS THOMAS JOHES DAVID RAMSON EASSTHER HCX LARRY JACKSON WAYNE PISHER TERRY NCESCENIE DOMALD PASSMAN

DOMALD PASSAGE STEVEN CALETYA 55M MER'S BILL COLLING MATHAN ROBINSON JIMSIE JONES ROBERT REICE PETER BULL DOM REUL GARY AREND GARY AREMO
THOMAS CUMMIT
MOMENT MARM
HITE CLIVER
HOME PERLIS
BOD DAVIS
GARY AREMO
RICK LAPP
JISSE HORMAN
ROBERT BARM
JIRNIE JOHES
55M RED
BOGGER PIERCE

55M NEM'S MOGER PIERCE MOELVIN PIERCO DAN BANSHAM JOSEPS JOHNSON BILL LEWIS RICHARD SEALET RICE JOHES DARRELL BURY
ROOSEVELT WEAVER
RARION EARLISON
EMIL PANLIE
DON DENSON
JOHN BOYKIN
ROY EISEMBACE
GROVER COATS
CHARLES BARTHOLO

7.73 7.81 7.93 7.94 7.46 7.56 7.56 7.56 7.86 7.86

C

72.2h

57.06 57.51 58.16 60.47 60.72 61.66 61.75 62.09 64.47 65.45 68.23

65.0h 74.0h

61.84 62.85 63.99 65.10 65.16 67.40 71.12 71.26 71.63 71.84 76.78

64.3h 68.9h 70.5h 70.6h 75.2h

59.35 60.16 63.60 64.33 66.26 66.92 69.38 69.49 70.12 72.22 76.27 77.53 79.49 64.7h 67.0h 85.0h

65.97 78.30 85.66 89.82

81.78 95.93

98.05 1:44.65 1:46.58

59.72 60.01 61.15

57.48 61.77 62.37 63.59 64.99 68.43 71.2h

59.96 65.23 67.04 67.38 67.59 73.19 76.31

63.86 65.09 65.97

67.50 69.44

70.10 70.47 72.76

37.56 Gene Iwen 37.69 Rick Sherrod 36.4h Bob Inne 33.94 Bob Micho 34.57 Sidney Gunst 37.00 M 55

M 55
Roger Pierce
Richard Hamner
Bic Stevens
Mike Granum
Warren Graff
Ron Pate
Frank Handelma
Mike Radov
Allen McDaniel
Don Boyer
John Kuhl

J. C. Shenk Buk Nakeed M 60 Mack Stewart

Harold Tolson

Richard Rizzo
Dominic Rappazzo
Watter Thorne
Grover Coats
Dan Hamner
Bobby Fischer
Bill Hughes
Richard McKisson
Norman Goluskin
Bob Dworkin
Don Rappazzo
Herbent Schueler
Darell Huey
Mike Davidson
Dave Magure
M 65
Larry Colbert
Paul Johnson
Ken Baker
John MacDonald
Wayne Bennett
Bob Lida
Christopher Rush
Jim Aneshansley
James Ware
Donald Beck
Invin Bernstein
Ray Franks
Richard Larkin
Bill Jenkowch
Rich Rizzo
Fred Schlereth
Kent Morgan
M 70
Harry Brown
Bill Wareham
Watter Desind
Charles Wrixon
Clarence Trinkner
M 75
Bob Wingo
Clarence Trinkner
M 75
Bob Wingo
Harry Brown
Rich MacManus
John McManus
Y M. Naci
John McManus
Y M. Naci
John Meeks
Richard Rucoba
Sam Madia

M 80

Jim Manno
Johm Means
M85
Bob Matteson
Maxwell Springer
Vincent Malizia

Vincent Malizia
W 30
Alexandria Waddell
Angela Scott
Lisa Daley
W35
Alethea Morris
Shemayne Williams
Sarah Lawson
Dawn Isaac
Dawn Best
Julie Casals
Chris Kazebee
W 40

Chris Kazebee
W 40
Rose Monday
Stephanie Vega
Susan Krogstad-Hill
Louise Clark Feaster
Laurie Clark?
Jane Erbe
Lynn Johnson
W 45
Denise McField
Irene Thompson
Paula Dickson-Taylor
Jocelyn Louther
Deni Witsker-Crain
Mary Edwer
Martha Lutz
Sandra O'Brien
W 50
Sharon Warren

Sharon Warren

Margaret Curtis

Carolyn Smith Hanna Hillen Stubendorff Elizabeth Riordan

Continued on next page

2002 McMahon Family Trust U.S. Masters Indoor Track & Field Rankings

| (Coordinated by Jerry Wojcik) | | | | | | | | | | | | | | - |
|-------------------------------|--|----------------------|--|-------------------------|--|-----------------------|--|-------------------------|---|-------------------------|--|--|-------------------------|---|
| | 55 Meters Compiled by Larry | Patz | SSH MEN'S 65-69 WAYNE BENNETT DENNIS MELANSON | 7.02 | BAROLD PIERCE JIN MATTS | 7.57 | THOMAS TALBOTT | 9.97 | DARMELL GATLING GREG POSTER | 23.17 | MALTER THORNE 28.49 DARRELL BURY 29.92 | EATY GOTTSCHALE | 37.56 | |
| | SSM MEN'S 30-34 GEORGE JOACEIN | 6.03 | PAUL JOHNSON LAWRENCE COLBERT | 7.85 | DARRELL TURNIPSEED | 7.62 | ELOYD WILLIAMS 60M MEN'S 70-74 HARRY BROWN | 8.70 | MICHAEL WALLER VAL BARDWELL MICHAEL SULLIVAN | 23.71 | NATE BYRD 30.01 BILL BUGBES 30.09 RICHARD MCKISSON 30.53 | H-L HECHAELSON | | É |
| | TODD ASHLEY ADAM GARDNER CORATH LANG | 7.19 | RICHARD CAMP PAUL LEMMEUNL ALEX JOHNSON | 8.03 | MICHAEL JAMUSEY MALCOLM OWEN | 7.60 | JOE SUNMERLIN | 9.02 | DAVID PETERSON DAVID MEURANN | 24.25 24.50 | GEORGE CAIRMS 31.15 DAVE HCGUIRE 31.63 | AUDREY LARY LOUISE TRICARD | 33.94 34.57 37.00 | |
| | WILL BOLLAND AARON HAYES | 7.35 6.3h 6.5h | E M THOMAS RICHARD CROAK | 0.32 0.50 0.56 | STEVE SIESKELL EDWARD ENLAW ROGER DAVIS | 7.77 | JACK GREEWALD | 9.32 | DAVID BYNOS | 24.03 | GEORGE LABELLE 32.95 | HART ROHAN JOAN BURGUESS | 38.44 | F |
| | JEFF MICHOLS | 7.4h | DONALD AMERY DON FARLEY | 9.01 | JEFFERY STOKE JOHN BECHTOLD | 0.04 | JOHN SCHREIBER EV POE AMDY ANDERSON | 9.42 | ROBERT SWEEKEY DAVID DINASSA | 25.47 25.61 25.67 | DAVID ROSENTHAL 34.71 GRHE BALLARD 28.9b | FRI-MEI CHOU | 41.30 41.50 | Ė |
| | STEVEN BUNN EVERAD SAMUELS | 6.43 | DAVE MANGON | 9.29 | ALVIN MILLERDIS REM ELLIS | 0.11 0.10 | LANGENCE GRECO VAL SHITE | 10.59 | ROGER DAVIS - | 25.85 | DAVID ROSENTRAL 35.2h | 200M MCMEN'S 76-1 GRORGIA JORNSON | 74 37.4h | , |
| | GORDON HCEBY JEFF GOLD DANIEL L'ARBE | 6.94 | THOMAS TALBOTT LLOYD WILLIAMS WILLIAM BITTMER | 9.53 7.8h 7.8h | PRAME MARGEY BRIAN WAYDA | 0.31 | SAMUEL MUKES 60M NEM'S 75-79 | 11.99 | EDWARD ENGLAW | 26.15 26.29 | 200M NEW'S 65-69 LANGENCE COLSERT 26.20 | 400 Meters | -60-mins; | F |
| | ROBERT WALTERS ENGIS TAYLOR | 7.14 | TOM RALLUREAT | 0.0h | BONY RINEGOLD | 7.8h | MELVIN LARSEN WILLIAM DAPRAMO RAYNOMD BOWER | 9.10 | REN STENIEN | 26.46 26.56 26.62 | PAUL JORNSON 26.87 BOB LIDA 27.16 WAYNE BENNETT 27.58 | Compiled by Ruth B | reMiller | , |
| | ALAN SIMS LEON WINDER | 7.39 | DR PALMER 55M MEN'S 70-74 JOHN MADDEN | 1.4h | MARTIN ERULES SABE ONYEPUNURA BRADY CRAIN | 7.34 | FRANK BRAKO SAM MADIA | 10.28 | LUCA TROVATO | 26.70 26.73 | RICHARD CAMP 27.99 LLOYD WILLIAMS 20.06 | Marek Wensel David Nash | 50.00 | 7 |
| | ROGER MALONE JEFF GOLD ROBERT MARDING | 7.43 6.6h 6.7h | JAMES STOCKEY HARRY BROWN | 8.30 | STACY PRICE THOMAS JONES | 7.47 | PREDERICK BIRSINARI | 12.10 | LAMRENCE PINLEY | 27.10 | DEMNIS MELANSON 28.51 ALAN BREVIK 29.00 DANSON PRATT 29.04 | George Joachim Adam Gardner | 52.17 53.90 | J |
| | JIM REILLY DERRICE GOLDEN | 6.8h 6.8h | EDMARD COX DAVID CADY | 8.50 | TOM SMITE ANDRE HARGROVE KARSTWER MCDONHOUGE | 7.50 7.51 7.60 | FOR MEN.S SO-S4 | 10.10 | ANTHONY HANLETT | 27.27 27.27 27.37 | JOHN NACDONALD 29.69 JAMES WARE 29.65 | Hugo Estrada Preston Peters | 53.94 55.09 | |
| | ANTHONY GAY | 7.1h | BERNARD STEVENS BILL MAREHAM DEAM SHAM | 8.61 8.73 8.87 | TODO CHRISTENSEN JOHN BROOKS | 7.69 | JOHN MEANS BOUSTON BRUNIT | 10.61 | JEPPREY SIEE | 20.04 | DOMALD BECK 30.25 REMMETH BAKER 30.44 RICHARD CROAK 31.14 | Brian Hickey Will Holland | 57.42 58.09 | F |
| | VAL BARMELL HITCHELL LOVETT | 6.62 | SORRY OLIPHANT JACK LANCE | 9.42 | COLIN WILLIAMS JIM RUSS | 7.72 | DOC BENGETT 60K MEN'S 85-89 | 12.42 | HITCHELL LOVETT | 29.16 24.0h 24.8h | RAY FRANKS 31.98 THOMAS TALBOTT 33.27 | Mike Martindale Tom Bruno | 59.59 60.52 | 2 |
| | GREG POSTER | 6.93 | DON SIBIGTROTE JAMES STOOKEY JOHN SCHREIBER | 10.49 8.1h 8.2h | STEPHEN COENEN ED JAMES GREGORY MCBRIDE | 7.76 | CHAMPION GOLDY CLARENCE TRANS | 10.72 | KIMLEY BILL | 25.2h 25.3h | IRWIN BERNSTEIN 33.39 MIRE PATTERSON 34.26 | Yoncel Jourdain Jeff Krause | 52.0h 60.2h | 0 |
| | MALTER EUTTO | 7.30 | EDWARD COI BERT LANCASTER | 8.2h 8.8h | CALVIN SAULSBERRY DORALD PASSMAN | 7.90 | POPS THORMS | 15.65 | PAUL AUGELLO | 26.2h 27.3h 28.2b | DONALD AMERY 35.28 RICHARD RISSO 27.7h LLOYD WILLIAMS 28.7h | M 35 Robert Thomas | 49.91 | 8 |
| | RODKEY WILSON DON NEWBILL | 7.44 | JIN CASEY 55M MEN'S 75-79 | 9.7h | GREG SCHWAD DAVID E ORTHAN TERRY HCKECHNIE | 7.93 7.93 7.94 | TED BATLEN 60M MEN'S 100 | 14.60 | TRACE BARNETT 200M MEN'S 45-49 | 28.3h | DR PALMER 31.2h | Rawle Crichlow Howard Lindsay | 51.93 52.20 | 4 |
| | CHRIS BANSEN JAMES POUNTAIN | 7.51 | BOMARD MACHILLAM BILL CARTER RICHARD RUCOBA | 9.27 | BRIAN BERQUIST KIRK BURGESS | 7.99 | EVERETT BOSACE(100) | 27.29 | THOMAS JOHES | 23.65 23.73 23.76 | DONALD AMERY 35.7h 200M MEN'S 70-74 HARRY BROWN 28.36 | David Bynoe Alan Bautista | 54.73 54.87 | 6 |
| | JEPPREY SIER JOHN BECHTOLD BYRON WARE | 7.59 | FICHARD SOLLER JOHN MEEKS | 9.92 | DAVID GRITZ WILLIAM SELLERS | 0.05 0.05 | LILLIAN AMIDI NICOLE WILLIAMS ANGELA SCOTT | 8.27 8.29 8.46 | SABE ONYEPUMUKA | 23.02 | JAMES STOOKEY 30.19 JOE SUMMERLIN 30.27 | Ismet Kaya Kerry Sloan | 55.23 55.40 | |
| | PAUL PELII MITCHELL LOVETT | 7.77 6.4h | | 10.39 | JOSEPH LUCIANO JEFFREY WATRY | 8.06 8.31 8.39 | MEDENIA WEST LILLIAM AMIDI | 0.57 0.1h | TOM SHITE | 23.98 24.57 | BILL MAREHAM 32.26 | Rawle Puckerine Mark Hickman | 55.56 55.77 | |
| | DAVID NEUMANN | 6.6h 6.9h | SAM MADIA 55M HEN'S 80-84 | 9.0h 9.4h | JOHN SMITH RELLY MEARES | 0.44 | 60M WOMEN'S 35-39 ALETTER MORRIS | 7.06 | STEPREN COENEN | 24.59 24.62 24.79 | BERNARD STEVENS 32.45 DEAM SHAM 32.48 JOE VAUGEN 32.54 | Phillippe Neron James Scesney | 56.00 56.38 | L |
| | LOVELL BUTLER | 6.9h | JIM MAINO TOM KENNELL | 9.36 | WILLARD THOMPSON JULIO RODRIGUES | 0.96 0.1h | CHARLEME LANDRUM ROBIN MOORN SARAN LANSON | 7.93 | GREGORY MCBRIDE | 24.82 | ANDY ANDERSON 33.48 CLARENCE TRIMENER 34.73 | Kevin McKenna Mike Wall | 57.93 58.29 | |
| | RICHARD SRIERA GLEN WRITELY | 7.1b 7.1b | VERNON MATTSON | 12.12 12.68 11.0h | BILLY JOHNSON BILL COLLINS BILLY JOHNSON | 7.20 | MONIKA CALDWELL SHAMMA COLLINS | 8.47 8.94 9.31 | DAVID & ORTHAN | 25.10 25.24 25.32 | DON BRANANTE 35.70 WALTER DESIND 36.19 LANGENCE GRECO 38.43 | Robert Harding | 54.8h 55.1h | 1 |
| | JEPPREY SIEK | 7.1h 7.2h | SSM MOMEN'S 30-34 CHRISTIME BEACE | 7.26 | CHARLES ALLIE MARION MCCOY JR | 7.56 | CHARLENE LANDRUN | 7.5h | RICE EASLEY PAUL GORDEN | 25.58 | DARWIN MICHAUD . 38.61 EDWAAD COE . 31.06 | Dave Richard Doug Cooper | 56.6h 58.0h | - |
| | | 7.2h 7.2h | EISEA CARRAM AIMES LOUISS JENNIFER STEPHENS | 7.88 8.0b 8.6h | STANLEY DRUCKREY JIM DOLBIEL DENNIS BROWN | 7.80 7.90 7.98 | MAYMER MOORE LOUISE CLARE ELISABETS MONDOY | 8.69 10.19 | THOMAS BUINTER | 25.94 26.02 26.16 | JOHN SCHREIBER 32.7b BERT LANCASTER 33.5b ODD SANGESLAND 37.8b | Philip Yoder M 40 | 60.7h | |
| | THOMAS JOHES ROBERT SAIN | 7.07 | 55M WOMEN'S 35-39 ALETHEA MORRIS | 7.50 | JIMMIE JONES ALAM RUSSELL | 8.01 8.03 | LOUISE CLARE 60H WOMEN'S 45-49 | 0.0b | DONALD PASSMAN KIRK BURGESS | 26.28 | JIM CASEY 38.5h | Darnell Gatting Mitchell Lovett | 51.07 51.71 | |
| | CALVIN SAULSBERRY | 7.17 | DENISE JONES LINDA CARTY MONIKA CALDWELL | 7.80 7.85 7.6h | RICHARD RAMSKI | 8.09 8.19 8.23 | DENISE MCPIELD JOCELYN LOUTHER DENISE WHITAKER-CRAIN | 9.56 9.56 | JOHN BARTLETT | 26.98 27.47 28.12 | MELVIN LARSEN 32.25 HAROLD JOHNSON 34.43 RICHARD BUCOBA 35.03 | Ray Blackwell David Bynoe | 51.84 54.58 | |
| | THOMAS BUICHER ADAM MOSELESEI | 7.39 | SSM MOMEN'S 40-44 | 0.0h | DEMNIS SCHNITT ROBERT BANK | 8.47 | TERESA DROTAR LIS JOHNSON MANCY COCERANS | 9.70 10.24 10.31 | DANIAM ROWE | 28.34 28.40 30.87 | Y N NACI 36.79 JOHN MEEKS 38.89 RICHARD SOLLER 39.19 | Val Barnwell David Neumann Keith Royster | 54.71 55.03 55.14 | - |
| | DOMALD PASSMAN RICHARD CLARK DAVID GRITS | 7.61 7.71 7.72 | SUSAN STEPHENSON 55N WOMEN'S 45-49 IRENE TROMPSON | 7.80 | CHARLIE POWELL PAUL BLAKENSHIP HOAS PERLIS | 0.50 0.51 0.55 | 60H WOMEN'S 50-54 | 0.05 | EDWARD GOWERA | 23.5h 25.6h | JOHN HCHANUS 39.64 HOMARD MACHILLAN 40.23 | Patrick Lewis Dave DiMassa | 56.14 56.57 | |
| | DARREL JARNIGAN | 7.75 | DONNA BARRETT 55H WOMEN'S 50-54 | 9.82 | DAN GRAF HORMAN BOUGE CARTER HOLKES | 0.61 0.62 0.65 | MARGARET CURTIS BILLEN STUBENDORFF ELISABETE RIORDAN | 9.11 9.53 9.80 | RUSS PATTON | 26.8h 20.2h 20.5h | SAN NADIA 36.7h JOHN MEMIS 38.1h | John Bechtold David Byrne | 56.75 57.13 | 6 |
| | MARE PIELOS THOMAS JONES | 7.77 7.00 6.6b | NARGARET CUETIS BILLEN STUBENDORFF ELIZABETE RIORDAN | 0.06 0.97 | MAYNE SPITS MICHAEL GARRITY | 0.60 0.75 | VIRGINIA ANGELL ELIN GRIKITIS | 10.63 | | 29.0h | 200M NEW'S 80-84 JIM MANDO 34.60 | Darrell Turnipseed Alvin Rollier | 57.99 58.60 | Č |
| | DAVID RAMSON EARSTHER HCDOMHOUGE | 6.9h 6.9h | DIAM LASICIAK ERLEN BAYES | 9.03 7.8h 8.5h | BOB MARCHETTI MIRE JACKSON MICHAEL MOSER | 8.84 8.95 9.15 | SHARON MARRES 60M MONEN'S 55-59 PBIL RASCEXER | 0.6h | JESSE HORMAN | 23.17 24.33 25.32 | VERME BOCKCASTLE 41.70 HOUSTON BRUNIT 47.94 DOC BENNETT 52.04 | Michael DeLuz Ken Ellis | 59.25 59.91 | 2 |
| | LARRY JACKSON WAYNE PISHER TERRY NCKECHNIE | 7.1h 7.1h 7.2h | MARY TROTTO 55M WOMEN'S 55-59 | 10.5h | JOE MCHABON 60M NEW'S 55-59 | 9.00 | EATHY JAGER LYNN MAPTEL | 9.43 | STANLEY DRUCKREY | 25.34 25.59 | VERSION MATTSON 58.78 JIN MANNO 35.4h | Roger Davis Scott Williams | 60.01 60.34 | - |
| | DOMALD PASSHAM STEVEN GALETTA | 7.2h 7.3h | | 11.01 | STAM WEITLEY WILFREDO PICORELLI JOSEPH JOHNSON | 7.66 | LYMME INCALLS LORRAINE TUCKER 600 WOMEN'S 60-64 | 9.50 | DAVID SALASAR | 25.91 25.91 | TOM KENNELL 36.9h 200M MEN'S 85-89 CHAMPION GOLDY 39.75 | Jeff Stone Donald Buckler | 60.39 60.43 | , |
| | PATERN BODINSON | 6.82 | SSM WOMEN'S 60-64 HAMMELORE BOERWER EVELYN WRIGHT | 9.40 | COURTLAND GRAY LLOYD BATHCOCE | 7.92 | NATE BENGEN | 9.03 | JIMMIE JONES THOMAS CUMMINGHAM | 26.53 26.54 | ROBERT MATTESON 39.79 MAINTELL SPRINGER 43.61 CLARENCE TRANAM 44.54 | Nick Mitchell Tony Fulton | 62.72 57.8h | - |
| | JIMIE JOHES | 7.39 | ESSIE KEA EVELYE WRIGET | 9.96 9.0h | JOHN BARTFIELD GARY GRIGER | 7.96 7.98 0.12 | ADLIN MAIR SAMMELORS BOSRASSER | 9.63 | JERRY SCRIVER | 26.62 27.27 27.52 | VINCENT MALIEIA 40.81 | Kinley Hill William Sanford | 58.4h 62.5h | |
| | PETER BULL DON REUL | 7.61 | S JOAN GREENWOOD SSN MOMEN'S 65-69 | 9.3h | ROBERT BAKER DEMNIS MENTON | 0.15 0.17 | SHELLEY WRITLOCK 60M WOMEN'S 65-69 | 10.35 | PHILIP PELTON | 27.66 | EVERETT BOSACK(100) 2:22.81 2008 WOMEN'S 30-34 | Ed Lindo M 45 | 65.5h | |
| | THOMAS CUMMINGHAM ROBERT HARM | 7.73 | BARBARA JORDAN PLO MEILER | 9.10 | CHARLES BROCATO DOUGLAS SPENCER TIM BUTTS | 8.20 8.22 8.35 | BARBARA JORDAN AUDREY LARY | 9.91 | JOHN THORNTON | 27.93 20.33 20.60 | BILLIAN ANIDI 27.22 | Ben James Edward Gonera | 53.14 53.28 | |
| | NIKE OLIVER | 7.93 | AUDREY LARY | 9.1h 9.7h | MIES GRANUN DAN BANSHAN | 8.40 8.51 | LOUISE TRICARD MARY ROMAN JOAN BURGUESS | 10.68 | PAUL BLAKENSHIP | 29.76 29.96 | MICOLE WILLIAMS 27.29 AIMRE LOUISE 28.89 MEDENIA WEST 28.99 | Archie Glaspy Keith Royster | 53.63 54.17 | i |
| | GARY AREND BICK LAPP | 7.4h 7.5h 7.5h | MARY ROMAN 55M MOMEN'S 70-74 GRORGIA JOHNSON | 10.71 | ROW COLLIVER | 0.55 0.55 | PRI-MRI CROU MARY ROMAN | 11.73 10.6h | EMRICE WARNER | 30.07 31.27 24.2h | 200M WOMEN'S 35-39 ALETHEA MORRIS 25.43 | Stephen Coenen Herman Beicher | 54.21 54.80 | į |
| | JESSE MORNAN ROBERT BARN | 7.5h 7.6h | SSM WOMEN'S 75-79 ALVERTA PERKINS | 15.25 | GENE BALLARD DAVID MOLLOY | 8.69 | MARGARET BINTON | 13.33 | GARY AREND | 27.9h 29.3h | ROBIN MOORE 26.73 CHARLENE LANDRUM 26.89 SHEDNAYME WILLIAMS 27.02 | Rick Easley Francis Schiro | 55.22 55.62 | , |
| | JIMMIE JOHES 55M MEM.8 55-59 | 7.40 | DIANE PRIEDMAN | 13.37 | TON THORNE GARY SHYDER | 8.71 8.74 | 200 Meters Compiled by Larry | Patz | PATRICE VIOLA 200M MEN'S 55-59 JOSEPH JOHNSON | 30.7h | SARAH LAMSON 27.84 LORI KESSEL 28.12 | Paul Gorden Gregory McBride | 56.01 56.51 | |
| | MELVIS PIELOS DAS BANSHAS | 7.41 | 60 Meters Compiled by Larry | Patz | WILLIAM ANGUS BILL LEWIS | 8.78 8.84 9.12 | 200M NEW'S 30-34 | | ROGER PIERCE | 25.56 25.75 25.83 | DAMW ISAAC 20.01 LINDA CARTY 29.26 NOWIEA CALDWELL 29.09 | Horace Grant Roy Currie | 56.63 56.82 | |
| | DILL LEWIS | 7.50 | SEAM DUPORD | 7.17 | BUSTER BYRNES | 9.35 | GRONGE JOACHIN | 23.56 | HELVIN PIELDS BIC STEVENS | 25.90 26.02 26.08 | DAMM BEST 30.05 CHARLENE LANDRUM 25.1h | Adrien Sterrett Denworth Frederick | | |
| | RICEARD SEALSY RICE JONES TIM BUTTS | 7.63 | DOW DRUMOND MAREK WENSEL GEORGE JOACHIN | 7.23 | JOSEPH JOHNSON 60N NEW'S 60-64 BAROLD TOLSON | 7.6h | YOMEL JOURDAIN ADAM GARDNER JAMES STEVENS | 23.73 24.52 25.03 | EDWARD JONES WARREN GRAFF | 26.59 | MONIFA CALEMELL 30.1h CERIS EASEBEE 31.4h 200M MONES S 40-44 | John Bartlett Heriberto Medina | 60.35 | Ì |
| | DOUG GREATGENS HICHAEL HILOVE | 7.93 | NUGO ESTRADA PRESTON PETERS | 7.54 | CHARLES BARTHOLONEY | 8.14 | WILL BOLLAND LYNDELL PITTMAN | 25.37 24.5h | DOUGLAS SPENCER RICE JOHES BILL LEWIS | 27.10 27.34 27.30 | MATRIER MOORE 26.24 LOUISE CLARE 28.78 | Russ Patton Wayne Fisher | 58.6h 59.3h | |
| | ROGER TEST MELVIS PIELDS ROS SEASWELL | 7.2h | ROD WESTON WILL HOLLAND KANE WILSON | 7.60 | DALE LANCE EMIL PAMLIE GROVER COATS | 1.44 | ROBERT RAUPTHAM 200M HEN'S 35-39 ROBERT THOMAS | 26.96 | TOM BASSETT DENNIS DUPPY | 27.45 | SUSAN STEPHENSON 35.75 LOUISE CLARK 28.7h 200H MONEN'S 45-49 | Dan Swanson Mark Rybinski | 59.4h 60.3h | 1 |
| | JOSEPH JOHNSON HICHAEL HILOVE | 7.2h 7.3h 7.6h | ADAM GARDNER KENT WILLIAMS | 7.70 | JIM KENNEY GENE BALLARD | 0.54 | ROGEST CHARLTON RAWLE CRICELON | 22.87 | PAUL GANSLE CHUCE ROSE GARY SHYDER | 28.60 | DENISE HCFIELD 28.19 JACQUELINE BOARD 28.33 | James MacFarlane | 60.8h | |
| | EDDIE WATSON | 7.6h 7.6h | SHAUM DIETS SANLE CRICHLON RAWLE CRICHLON | 7.12 | DARRELL MURY AVITAL SCHURR BICHARD RISSO | 8.65 8.68 | ORLONDO NATTUENS HOWARD LINDSAY AMDRE BRIDGETT | 23.29 23.60 24.06 | PRANK BANDELMAN DAN BANSHAN | 20.06 | JOCELYN LOUTHER 29.03 IRENE THOMPSON 29.54 MARTEA LUTS 31.37 | Anthony Markley | 61.8h 64.9h | 1 |
| | DAVID MOLLOY DARRELL BURY S 60-64 | 7.72 | JIN REILLY | 7.26 | THOMAS MILLER MEMRY BUYNY | 8.91 | JAMES SMITE ANTONIO SMITE | 24.51 | | 30.30 | TERESA DROTAR 31.69 GAIL REES 31.72 | M 50 Aiston Brown | 53.36 53.92 | j |
| | ROOSEVELT WEAVER | 7.75 | ORLOHDO MATTHEWS AMDRE BRIDGETT SHAME CARSON | 7.33 | HERBERT SCHUELER GEORGE LABELLE CLAYTON DAVIS | 9.05 | DANIEL L'ABBE ENWIS TAYLOR LEON WINDER | 25.13 25.17 | | 31.50 32.87 33.02 | 200M MOMEN'S 50-54 SEARON WARREN 29.19 MARGARET CURTIS 30.41 | Charles Allie Carroll Blake Rick Lapp | 55.36 55.89 | |
| | EMIL PAMLIE DOW DEMSON JOHN BOYELD | 7.80 | COSTAS PRILLIPIDES | 7.52 | BRUCE HILLS | 9.45 | J T MANN | 25.19 | JACE O. BEILER | 33.07 26.8h | ELILABETE RIGROAM 31.64 | David Salazar Dennis Brown | 56.87 57.45 | 1 |
| | GROVER COATS | 7.98 | ROBERT WALTERS ROBERT SPENCE RICHARD BILL | 7.61 | DAVID MOSENTRAL MOMENT GENT GENE BALLARD | 9.83 10.06 8.0h | MARE BICEMAN BRIC MERRIWEATHER | 25.30 25.37 26.14 | CHARLES BROCATO | 27.1h 27.3h 27.3h | MARY TROTTO 37.26 JOANNE CREEL 39.26 BILLES STUDENDORFF 32.0h | Stanley Druckery Errol Lee | 57.76 58.15 | |
| | CHARLES BARTHOLOREN WALTER THORNE LAWRENCE COLBERT | 8.03 8.05 | ERIC MERRIWEATHER | 7.09 | 60M MEN'S 65-69 LANGENCE COLBERT | 0.20 | JIM SCESREY ROGER HALOWS | 26.20 | JOSEPS JORNSON ROW SHAMWELL | 27.3b 20.7h | MARY TROTTO 38.7h | Tom Cunningham Jesse Norman | 58.83 58.91 | |
| | BERBERT SCHUELER PULL BYRNE | 8.16 | MARTIN SPRAGUE RONALD DAVY | 7.4h | NATHE BEINETT RICHARD CAMP | 9.41 9.42 9.44 | WILLIAM MATEAU REVIN MCREMMA ROBERT MARDING | 26.86 26.99 24.9h | STEVE LINEAR | 31.1h 32.9h | HADINE LOWERSTEIN 30.00 EATEY JAGER 30.62 LYNN HAFTEL 31.21 | Alex Constantinou Jerry Scriver | 59.43 59.81 | - |
| | CRAMPORD ELLERSE LANGENCE COLSERT THOMAS PONDY | 7.4h | NITCHELL LOVETT | 7.21 | DESMIS MELANSON LLOYD WILLIAMS | 0.57 | DAVID RICHARD | 25.1h 25.5h | EAROLD TOLSON LAWRENCE COLSENT | 26.95 | ETHER INCALLS 31.33 BILERN BOLEMANN 40.56 | * Burk Grandjean Parker White | 60.36 | - |
| | NOBERT TAYLOR | 7.7b | DARWELL GATLING MICHAEL WALLER | 7.35 | SAMIS WALLS | 8.76 8.77 8.93 | ROBALD DAVY AMTRONY GAY | 26.1h 26.3h 26.3h | MARION MARRISON GROVER COATS DON DENSON | 27.96 27.96 20.12 | 200M MCMEN'S 60-64 EATHY BENGEN 31.33 ADLIN MAIR 31.60 | Jim Fallen Joe McMahon | 60.58 | |
| | WILLIAM BITTHER REVIN HURPEY | 7.9h 0.1h 0.1h | PORT PULTOR DOMALD BARDY RICHARL SULLIVAN | 7.42 | PAUL BECERAM WILLIAM JAMEOVICE | 9.06 | NIACRETT POABLE 500H WER. 8 40-44 | | NACE STENAST NOT BISEMBACE | 20.13 | MARY ROBINSON 31.79 BANNELORS BORRHER 35.65 | Noah Perlis James Corridan | 61.66 61.71 | 1 |
| | | 10000 | The second secon | PACE. | The same of the sa | | | | | | | STATE OF THE PARTY | The last of | |

8:49.7 | Debi James

7:28:27 | Drew Davis

| | | Randy Taylor | 2:19.10 | | 2 58 73 | , M80 | | 1 M45 | S. Marin | Roger Whalley John McManus | 7:28:27 7:36:26 | Drew Davis Angelo Decollibus | 9:05.24 | Debi James Christine Beach | 12:40.03 |
|---|--------------------|--|---|--------------------------------------|---------------------|--------------------------------------|------------------------------|-------------------------------------|--------------------|---------------------------------------|--------------------|------------------------------------|----------------------|-------------------------------------|----------------|
| ontinued from previo | AND THE RESERVE | Spider Rossiter | 2:19.63 | Mary Diver | 2:59.20 | Nate White | 9:16.8 | Steve Gallagher Ken Leinbach | 4:22.66 | Jerry Bisson | 7:37.5 7:46.81 | Don DiDonato | 9:11.05 | Barb Lauff | 12:57.1 |
| rika Campbell haron Warren | 73.57 74.54 | Jim Fallen Carter Holmes | 2 20 22 2 23 29 | Betty Gilmour Irene Thompson | 3:09:26 2:51:0h | Joelle Fair | 5:14.83 | Steve Gallegos | 438.66 | Dick Sullivan Alan Smith | 7.48.92 | Ted Poulos Jon Sinclair | 9:25.01 | Amy Sonstein W35 | 13:19.9 |
| ary Rosado ary Hartzier | 75.71 | Stephen Viegas | 2:23.33 | Pat Waterhouse | 3:21.5h | Zara Rhone W35 | 5:50.2 | David Tappe David Cannon | 4:40.77 | M75 | 7:18.58 | Scott Williams | 9:50.24 | Tanya Poel | 11:04.40 |
| ristine Murphy | 76.26 79.40 | Peter Reinhart James Corridan | 2:24.81 | W 50 Kathryn Martin | 2:27.42 | Tanya Poel | 5.05.48 | Tim McMullen | 4:41.24 | Frank Moore John McManus | 734.25 | Keith Davies Ron Leonhardt | 9:59.0 | Joann Rogers Kathy Goetz | 12:09.82 |
| eala Obriant | 87.49 | Charles Russell | 2:35.32 | Carolyn SmithHann | a 2:28.68 | Joann Rogers W40 | 6.01.85 | Jim Robinson Allan Muir | 4:47.17 | ArchieMessenger | 7:42.02 7:47.7 | Don Charlton | 10:05.2 | Verna van Wert | 12:38.74 |
| Daker 55 | 86.0h | Norman Thomas Kent Oglesby | 2:41.05 | Coreen Steinbach Erika Campbell | 2:37.22 2:45.70 | Kim Jones | 4:59:52 | Mark Rybinski | 4:49.6 | Bill Oabum Ray Blue 77 | 7:53.8 | Pete David | 10:08.47 | W40 | |
| ne Ingalis | 70.22 | Joe Daley | 2:31.0h | Mary Rosado | 2.51.84 | Barbara Gubbins Janice Morra | 5:01.3 5:13.45 | Dave Albo Fred Kitzrow | 4:53.26 | M80 | 754.63 | W.F. Newhall Randy Miller | 10:10.08 | Alicia Kelly Barbara Gubbins | 10:09.49 |
| n Naftel ie Kimche | 71.42 | Martin Powers Bob Micho | 2:37.2h 2:37.6h | Mary Hartzler Mary Trotto P | 2 59 15 3 16 64 | Linda Brown | 5:39.75 5:50.0 | Bryan Burdo Dave Worden | 4:54.26 4:55.0 | Bill Tribou Nate White | 9:27.2 | Spook Handy | 10:22.10 | Lorraine Jasper | 10:31.78 |
| ne Lowenstein | 76.99 | Frank Schaler | 2:48.6h | Sherry Brosnahan | 3:18.16 | Carol Pratt Joanne Siegel | 5.51.25 | James McFarlane | 4:58.72 | George Blvn | 9:43.0 | Jim Juliano | 10:29.31 | Dorit Attias | 12:04.98 |
| n Mair | 73.72 | M 55 Paul Perry | 2:19.75 | Jan Daker Diane Sherrer | 3:06.6h 3:23.0h | W45 | 6:03.6 | Bruce Roebal Bob Paxton | 5:00.47 | M85 Max Springer | 10:10.12 | Peter de Their David Bowden | 10:30.70 | Joanne Siegel Karen Lein | 12:37.12 |
| y Robinson | 73.99 | Dale Gaide | 2:20.32 | W 55 | | Cathy Oehrlein W50 | Service . | Tom Hartshorne | 5.03.15 | Dudley Healy | 12:03.36 | Phil Ware | 10:36.57 | W45 | 13:08.46 |
| nelore Boerner teline Bost | 81.87 93.16 | Richard Hamner Colin McArdle | 2:20.39 | Nadine Lowenstein Sylvie Kimche | 2:41.60 | Kathy Martin | 5:02.8 6:16h | Dan Littlejohn Rob Muehlenweg | 5:04.39 5:05.34 | W30 Staci Bennett | 5:11.4 | Ken Lauff Peter Schmidt | 10:39.3 | Cathy Utzschneider | |
| y Gottschalk | 82.0h | Ramsay Thomas | 2 22 53 | Ann Makowski | 2:59.45 | Diane Sherrer W55 | Charge SW. | David Ozug | 5:05.93 | Camille Martin | 5:21.2 | Jeffrey Endres | 10:49.22 | Audrey Balander Tewice Mullis | 12:24 |
| rie-Lou Michelsoh | nn82.5h | Ron Pate Frank Handelman | 2:24.90 2:25.79 | Phil Raschker P Natalie Grabow | 3:02.73 | Sylvie Kimche | 5:40.98 | Ron Hulslander | 5:06.00 5:06.63 | MaryBRomagnoli AlexandriaWaddell | 5:22.47 | Michael Bennett | 11:03.72 | Cami Klein | 13:57.43 |
| 55 ice Butcher | 78.30 | Brad Johnson | 2:26.77 | Eileen Hotzmann | 3.24.99 | Natalie Grabow W60 | 6:31.05 | Michael Bjornberg Brian Fawcett | 5:06.8 | Lauren Eckhart | 5:23.77 | Bob Saul John Lanza | 11:12.44 | Pat Waterhouse W50 | 14:25 |
| en Bedrock | 96.17 | Ernest Heimberg Steve Prouty | 2:27.61 | W 60 Mary-LouMichelsoh | n 2:55 91 | MarieLouiseMicheleoh | n 5:42.47 | Jim Schlentz | 5:06.8 | Robbie Waite | 5:33.18 5:37.49 | Tom Yunker | 11:47 | Kathryn Martin | 10:36.41 |
| | 1:41.57 | Allen McDaniel | 2:30.81 | Y TaskerRothenberg | g 3:06.17 | GATTER TOP INCHES | STATE OF THE PERSON NAMED IN | Jack Harbaugh Rick Terhune | 5:12.09 | Devon Sargent Sarah Hale | 5:44.61 | Jay Fournier | 11:51.1 | Diane McManus | 15:08.0 |
| dis Provost 1 | 1:47.22 | Hugh Sweeney Jonathan Tetherly | 2:31.13 | Madeline Bost Sheila McKenna | 3:25.81 3:38.26 | Mile Compiled by Jerr | v Wolcik | Tom Ryan | 5:12.29 | W35 | 539.1 | M45 Rob O'Hara | 9:32.99 | W55 | |
| on Schley 1 | 1:44.29 | John Kuhi | 2:36.35 | W 65 | SECURITY . | www.completender | | Tony Plaster Jeffrey Juran | 5:14.0 | Laura Carlson - Ann Vazquez | 5:47.74 | Jim Robinson | 9:33.39 | Joan Ottaway Natalie Grabow | 11:45.91 |
| | | John Nowatkowski Bob Glover | 2:37.27 | Jeanne Daprano Grace Butcher | 2:53:54 3:20:47 | Rob Van Cleve | 431.16 | Dave Heinen 46 | 5:14.9 | Sue Pearsall | 5:56.14 5:57.5. | Brad Pace | 9:34.87 | Joyce Geroux | 15:05.07 |
| 800 Meters piled by Ruth B | | John Saarman | 2:39.79 | Mary Harada | 3 29 56 | Mike Kairis | 4:32.07 | Tom Kolb Kevin Hanlon | 5:15.27 5:15.45 | Marion Smit Karen Vanderwood | | Bob McCusker Mark Rybinski | 9:39.83 9:40.32 | W60 | |
| 30 | Ji Civilliei | Bill Indek Bill Indek | 2:47.41 2:46.0h | W 70 | 4.02.27 | Mathews Reinders Craig Chilton | 4:32.9 4:33.33 | Jerry Heaps | 5:16.0 | W40 | | John Matthews | 9:48.08 | Y. Tasker-Rothenbe Madeline Bost | |
| vid Nash | 1:56.49 | Herb Engman | 2:35.0h | Helen Schley | 4:03.27 | Enk Goetze | 4:33.38 | Rick Cleary | 5:18.45 5:18.63 | Kimberly Griffin Kelly Keeler 40 | 4:59.78 | Gary Radford | 9:49 | W65 | 15:23.08 |
| renceArmstrong | 1:59.59 | Carl Landis Paul Stelmaszyk | 2:36.0h 2:39.9h | 1500 Meter | | Steve Sutton | 434.4 436.8 | Harvey Blonder Brent Ager | 5:19.24 | Alicia Kelly | 5:02.2 | Gary Moore | 9:49.81 9:59 | Mary Harada | 15:04.67 |
| | 2:03:39 | Joseph Lazzaro | 2:41.0h | Compiled by Jerry | y Wojcik | Russ Spangler Ken Cooper | 4:37.6 | Gary Moore | 5:25.21 5:25.24 | Madelyn Noe-Schlentz | 5:08.1 5:21.55 | Joel Highsmith Jack Harbaugh | 10:03.28 | Tammy Graf | 15:34.91 |
| in Hickey | 2:05.21 | Jim Noone | 2:41.5h | M30 Terrence Armstrong | 4:07.51 | Gary Rosenberg | 4:38.77 | Bill McMullen Larry McDonough | 5:25.3 | Kellie Eyre Lorraine Jasper | 5:27.0 | Jim Ney | 10:04.97 | 55m Hurdle | |
| | 2:05:42 | J.C. Shenk Jorge Aguilera | 2:43.0h 2:51.6h | Mark Gaffney | 4:11.4 | Jay Nelson | 4:46.8 | Tim Kelley | 5:27.2 5:28.86 | Sue Munson | 537.94 539.18 | Leo Vandervlugt | 10:09.4 | Compiled by David B | E. Ortman |
| id Small | 2:08:39 | M 60 | CONTRACTOR OF THE PARTY OF THE | Gary Rosenberg Angelo Harasts | 421.27 | Chris Pszeniczny | 4:47.0 | Graham Upton | 5:29.47 | Ruth Yanai Sarah Falso | 5:41.34 | Dave Hoch Wilhelm Anderson | 10:14.06 | M30 | |
| | 2:14.26 | Sid Howard Maxwell Hamyn | 2 20 87 2 28 27 | David Small | 434.71 | John Dugan Adam Engst | 4:59.0 | Jeff Boiston | 5:29.5 | Susan Menz | 5:46.10 5:55.00 | Kenneth Brown | 10:21.46 | Robert Walter M35 | 8.9h |
| x Pereira | 2:16.08 | Doug Goodhue | 2:27.29 | Dean Derek | 4:41.h | M35 | Branchill. | M50 Nolan Shaheed52 | 4:26.75 | Caryl Senn Kellie Archuletta | 6:12.49 | Kevin Rabineau | 10:22.60 | Glenn Patterson | 7.89 |
| | 2:20.46 2:04.7h | Dan Hamner David Galligani | 2:31.32 | Norm Bouthiller | 4:15.58 | Seb Villalva Norm Bouthillier | 4:29.02 4:31.54 | Chuck Moeser 50 | 4:51.5 | Lorrie Marnell | 6:12.92 | Jeffrey Mader S. Schallenkamp | 10:26.03 | Timmie Bell | 8.61 |
| n Becker | 2:09.7h | Carl Landis | 2:33.39 | Bruce Davie Pasul Buccino | 4:16.40 4:25.03 | Brian Fullem | 4:31.76 | Dennis O'Brien Mike Seaman | 4:55.60 4:56.1 | Linda Brown Rose Flato | 6:13.05 6:14.3 | Tom Kolb | 10:36.88 | John McKenzie M40 | 8.7h |
| jamin Crouch | 2 03 56 | Thom Weddle Dominic Rappazzo | 2:34.49 2:34.52 | Graeme Ackland | 4:26.85 | Bruce Davie Melvin Gonsalves | 4:35.93 4:41.25 | Mike McCusker | 4:56.3 | Reva Fred 41 | 6:18.13 | Roger Koehler | 10:47.8 | Robert Abdullah | 7.82 |
| rc Nesbitt | 2:03.75 | Rich Colasuonno | 2:35.49 | Tom Metz Roger Janezic | 4:30.85 4:34.8 | Will Nuwsham | 4:42.99 | John Dimick Paul Ryan | 4:59.0 5:04.0 | W45 Suzanne Rary | 5:54.6 | Jim McNamara Ray Scheck | 11:01.33 | Robert Johnson | 8.38 |
| | 2:05:33 | | 2:37.35 2:38.91 | Joe Dudman | 4:35.92 | JamesEhrenhaft Rich Scharchburg | 4:44.13 4:47.17 | Randy Taylor | 5:05.56 | Patti Ford | 5:55.10 | Joe Fego | 11:52.8 | Dexter McCloud | 9.21 |
| | 2:07.55 | | 2:41.66 | Sergio Londono | 4:37.75 | Harris Hardy | 4:47.7 | Nick Caswell | 5:06.65 5:06.92 | Paula DicksonTaylo | | Russ Patton | 11:59 | Tim McMahon Glenn Patterson | 9.52 |
| hardScharchburg | | | 2:41.87 | Chip Langmaid Larry Glazer | 4:40.75 | Roger Janezic Keith O'Brien | 4:50.4 4:51.36 | Roger Price Larry Krol | 5:08.62 | Shirley Woodford AndriettWickstrom | 6:10.18 | Tom Allen | 11:59.58 | Joe Schwieterman | 7.9h 8.5h |
| | 2.07.84 | | 2:44.70 | Tim Wilcox | 4:41h | Dan Senecal | 4.52.84 | Tony Plaster | 5:09.43 5:10.52 | Susan O'Connor | 632.21 | James Darr M50 | 12:30.83 | Eugene Anton | 8.9h |
| | 2 09 23 | Bob Laufer | 2:46.13 | M40 Mike Egle | 3:58.7 | Doug Crist Tim Wilcox | 4:53.0 4:56.0 | Spider Rossiter Larry Washington | 5:11.3 | Sonia Jacobsen Diane McGuire | 6:36.5 6:46.85 | Nolan Shaheed | 9:18.45 | Trace Barnette M45 | 9.7h |
| | 2:09.76 | | 2:58.72 2:39.2h | | 4:17h | Rodney Furr | 4:58.04 | Caleb Rossiter | 5:13.35 5:14.4 | W50 | | Roger Price | 9:55.56 | Dennis Nelson | 8.31 |
| stopher Shea | 2:16.63 | Joe Cordero | 2:48.9h | Don DiDonato Jim Vandermolen | 4:25.4 4:31.2 | Bill Maloney | 4:58.81 | John Naslund Henry Finch | 5:25.80 | Kathy Martin CarolynSmithHanna | 522.74 526.03 | Judge Jones Randy Taylor | 10:11.83 | Robert Zahn | 8.44 |
| vn McKenna ank Hughes | 2:21.41 | Tom Fondy Herbert Schueler | 2:55.9h 3:05.3h | John Papp | 4:41.60 | Derek Lindstrom Manuel Chinchilla | 4:59.3 5:00.70 | Shawn Regan 51 | 5:25.9 | Coreen Steinbach | 5:44.81 | Glenn Herold | 10:18.5 | Jim Russ | 9.61 |
| rk Nesbitt | 2:09.1h | M 65 | Association. | Richard Agnelo Jim McFarlane | 444.04 | lan Clements | 5:01.9 | Ward Gilkerson J J Wind | 538.5 539.6 | Erika Campbell | 5:56.37 | Roger Price | 10:24.84 | Al Cestero Joe Serdakowski | 9.83 |
| n O'Neill | 2:28.6h 2:30.0h | Henry Hawk Ken Baker | 2:30.47 | Ron Leonhardt | 4:49.26 | Troy Egan Larry Glazer | 5:02.81 5:03.17 | Leo O'Connor | 5:40.91 | Mary Rosado Carol Geliman | 6:06.00 | Larry Washington Mark Sepkowski | 10:35.51 | Anthony Markley 1 | 10.4h |
| vid Schreiner | 2:30.9h | Christopher Rush | 2:33.76 | Craig Plummer Jim Dill | 4:50.16 4:50.7 | M40 | SOUTH PROPERTY. | Carter Holmes Jim Miner | 5:44.7 5:59.1 | Sue Humphries | 6:38.88 | Jacob Wind | 11:10.3 | M50 Robert Habo | 9.07 |
| 40 gel Roman | 2:01.05 | Jack Miller James Aneshansley | 2:33.95 | Clement Easton | 4:50.87 | Mike Egle 40 Doug Martyn 42 | 4:18.48 | Joe Giunta | 5:59.6 | Diane Sherrer Marcy Sheehan | 6:48.0 | Steve Josepher | 11:12.90 | Robert Hahn Gene Iwen | 9.07 |
| f Lindsay | 2:01.22 | Frank Haviland | 2:37.35 | | 4:52.07 4:55.9 | Peter Magill 40 | 421.39 | Tom Powers Bob Glover | 6:01.0 6:01.18 | W55 | | Cjros Sicaras Russ Salzberg | 11:42.59 11:59.2 | William de Horn | 9.74 |
| sey Carlstrom bert Collins | 2:06:68 | Art Conro Tony DaPonte | 2 42 45 2 52 14 | Jay Fournier | 4:56.3 | Thomas Dalton Anselm LeBourne | 4:21.78 | Steve Schaeffer | 6:01.74 | Joni Shirley Joan Ottaway | 5:43.96 5:58.32 | Gaetan Breton | 12:02.74 | Mark Johnson | 9.76 |
| b Bolton | 2:08:54 | Irwin Bernstein | 2 55 52 | | 4:57.4 5:09.37 | Conor O'Driscoll | 4:23.51 | M55 | Duranti L | Sylvie Kimche | 6:09.49 | Gary Knackmuchs | 12:05.05 | Ivan Black Stephen Davis | 10.52 |
| trick Lewis | 2 08 57 | Phil Schaffer | 3:14.41 | | 5:12.6 | Jamin Assum Ron Shaiko | 423.55 | Paul Perry Harry Nolan | 4:59.24 5:01.01 | Ann Makowski | 6:29.78 | | 12:12 | Robert Rovi | 11.65 |
| eve Terrill ac Allen | 2:09:59 | Bill Baker Bruce Gilbert | 2:36.0h 2:51.0h | | 5:14.24 | Paul Hammond | 4:25.50 4:26.31 | Colin McArdle | 5:01.22 | Peg Trager W60 | 7:32.9 | Leo O'Conner John Penamonte | 12:22 | Mitch Farbstein | 11.0h |
| ch Agnello | 2:10.83 | Kent Morgan | 3:11.0h | M45 Barry Harwick | 4:15.86 | Scott Lundquist | 4:26.87 | Hugh Sweeney Dale Gaide | 5:09.1 5:12.39 | MarieLouiseMicheleohn | | M55 | 12.01.01 | Neal Schuster | 11.2h |
| nuck Shields | 2:11.66 | M 70 Jim Sutton | 2:34:10 | Jim Robinson | 4:27h | Rich Marion Angel Roman | 4:27.52 4:28.14 | Herb Engman | 5:17.06 | YvonTaskerRothenbe Lennie Tucker | 6:43.24 | Colin McArdle | 9:59.82 | M55 Stan Druckery | 7.94 |
| n Sinclair iter Schmidt | 2:14.37 | Paul Heitzman | 2:34.10 | Dave Worden Allen Muir | 428.4 | Todd Coffin | 4:29.29 | Brad Johnson | 5:19.83 | | 7:15.14 | Mark Hosler | 10:08.69 | Robert Baker | 9.13 |
| aig Plummer | 2:17.70 | Arnold Meardon | 3:11.91 | Charles Lutz 49 | 4:36.0 | Mike Platt Scott Brown | 431.41 | Kent Blair John Babington | 5:21.18 5:24.00 | Katy Gottachalk W65 | | Hugh Sweeney Herb Engram | 10:09.62 | Michael Milove | 9.82 |
| chael DeLuz | 2:17.98 | Walter Desind Alan Smith | 3 25 53 | Richard Clark Rick Terhune | 4:50.09 | Tony DaRocha | 4:35.38 | Pat Griffith | 531.0 | Jeanne Deprano | 6:28.91 | Patrick Griffith | 11:00.0 | Bruce Carson M60 | 11.30 |
| rryl Smith | 2.21.00 | M 75 | Spinor Photo. | Dave Hoch | 4 50 28 | Casey Caristrom Gordon Christie | 4:35.48 | Jack Thornhill Norm Purrington | 5:34.84 5:35.3 | Tami Graf Edna Hyer | 7:16.07 8:52.68 | Ron Pate | 11:01.42 | Emil Pawlik | 8.94 |
| hn Down | 2:21.12 | Ray Cherniak Archie Messenger | 3:09:01 | | 4:58.46 | Jon Waldron | 435.69 436.04 | Jim Noone | 5:40.71 | 7 3 | My Sine | James Noone Bob Glover | 11:15.2 | Grover Coats | 9.53 |
| ke Barber ouglas Chapman | 2 26 05 2 28 59 | Harold Johnson | 3:12.76 | Seth Okrend | 5:14.1 5:20.62 | Gerry Clapper | 4:36.75 | Carl Landis Jorge Aguilera | 5:43.0 5:50.2 | 3000 Meter | | John Novatkowski | 11:29.22 | Nate Byrd | 9.70 |
| ebola Awofeso | 2:31.04 | John McManus | 3:23:24 | Tom Allen | 5.41.2 | Bob Collins Kevin Haas | 4:37.20 4:38.6 | Tom Carr | 5:52.95 | Compiled by David | E. Ortman | Steve Prouty | 11:30.98 | Phil Byrne Scott Tyler | 14.57 |
| vid Jackson nder Nix | 2:31.71 2:05.8h | Y.M. Naci Frank Lucianna | 3:48.25 | Leo Murillo M50 | 5:41.6 | Paul Gianoble | 438.8 | Harland Bigelow David Roland | 5:55.39 | M30 | 0.500 | Peter Shannon M60 | 11:37.65 | Jim Kenney | 10.3h |
| ic Parker | 2:08.5h | M 80 | ME THERE | Jim Jones | 44283 | Jav Duggan Stuart Galloway | 439.17 | Graeme Shirley | 6:00.4 | Jeffrey Townsend Rob DeFilippis | 8:50.9 8:52.45 | Doug Goodhue | 10:22.86 | Bruce Mills | 13.9h |
| bin Wheeless nuck Shields | 2:09.7h 2:10.0h | Bill Tribou Dan Greer | 3:32.16 | Dennis O'Brien Roger Price | 4:43.8 5:02.75 | Don DiDonato | 4:39.27 4:39.76 | Russ Mescroll | 6:04.2 | Enk Goetze | 9:00.34 | Thom Weddle | 10:44.95 | M65 Paul Lehmkuhi | 10.8h |
| sey Caristrom | 2:13.0h | Bill Benson | 4:07.2h | Tony Plaster | 5:04.9 | Scott Williams | 4:40.26 | Dave Daubert Ken Gordon | 6:04.6 6:08.21 | Rob Van Cleve | 9:00.48 | RichardColasuonn Maxwell Hamlyn | 10:56.62 | Joe Cariozzi | 12.6h |
| nathonDevierScott | 2 25.5h 2 29.0h | George Blyn M 85 | 4:10.3h | Bob Schuler Bob Huddle | 5:14.2 5:15h | Kevin McCusker Thomas Greene | 4:40.41 4:40.63 | Lee Stauffacher | 6:14.3 | Casey Carroll Mike Kairus | 9:03.77 | John Pelton | 11:05.78 | M70 | 9.45 |
| m Unker | 2:30.0h | Vincent Malizia | 4:14.51 | Bob Cates | 5:18.46 | Dave Cole | 4:41.0 | Dennis Duffy M60 | 6:18.75 | Paul Miller | 9:16.79 | Pat Cosgrove | 11:24.93 | James Stookey Clarence Trinkner | |
| Fournier | 2:30.3h | Maxwell Springer W 30 | 4:29.12 | Leo O'Connor | 5:19.7 | Mac Allen Ed Ellison | 4:41.52 | Sid Howard | 5:10.59 | Chuck Engle | 9:33.33 | Blaine Lawson | 11:44.6 | John Schreiber | 10.10 |
| 45 eve Gallagher | 2:03:16 | Alexandria Waddell | | Dennis Brazil Jeff Parkman | 5:19.9 5:27.79 | Ted Poulos | 4:42.90 | Doug Goodhue Dennis Featherston | 5:15.16 | Dave Hannon N. McVey-Finney | 9:36.18 | Joe Cordero Denis Daly | 11:48.91 12:03.88 | Val Smith | 14.11 |
| eve Gallegos | 2:06:65 | Devon Joan Sargent | 2:21.30 | Gary Knackmuchs | 531.33 | Mike Mahoney Tony Vodacek | 4:42.95 4:45.0 | Max Hamlyn | 5:26.87 | Chris Carroll | 9:54 | Kenneth Skinner | 12:05.94 | W30 | 9.19 |
| n Robinson | 2:07.50 | Lauren Eckhart Joelle Fair | 2:29.66 | Randy Taylor Steve Calonkey | 5:36.25 5:52.33 | Robin Wheeless | 4:45.8 | Rich Colasuonno Thom Weddle | 5:27.26 | Angelo Harasts Bryan Westby | 10.09.85 | Jeff Martin | 12:06.63 | Diane Thompson W35 | |
| ve Clingan | 2:07.63 | Maxine Wynter | 2:36.44 | M55 | Nam And | Bob Nugent Joe Waldron | 4:46.32 | Carl Landis | 530.6 538.75 | Scott Fawcett | 10:15.22 | Eric White Al Swan | 12:51.71 | Anne Jennings | 9.59 |
| ve Also b Thomas | 2:09.95 | W35 Kim Mannen | 2:28.44 | Herb Engman Frank Myers | 4:59h 5:09:30 | Doug Miller | 4:47.14 | John Petton Pat Cosgrove | 5.39.53 | Mike Gargan | 10:24.33 | Andrew Boyajian | 13:53.45 | Denise Jones | 15.40 |
| omas Hartshorne | 2:12.43 | Tanya Poel | 2:33.14 | Frank Handelman | 5:10.83 | Dennis Wallach | 4:48.3 | Jack Brennan | 5:40.36 5:42.27 | Jorge Banales Espen Kateras | 10:25.61 | M65 | Mites at | W50 Mary Trotto | 17.1h |
| mes McFarlane by Currie | 2 12 62 2 12 82 | Dawn Best Karen Vanderwood | 2:37.61 | Peter Shanno | 5:15.70 | Pete Kessier Alan Porter | 4:48.5 4:49.52 | David Galligani | 5:42.3 | Joe Turchetti | 10:35.21 | Bill Spencer Jim Beahm | 11:26.12 | W60 | |
| ace Grant | 2:12.92 | Sue Pearsall | 2:40.06 | JohnNowatkowski Doug Brown | 5:17.00 5:18.21 | Keith Davies | 4:51.64 | Pat Cosgrove Denis Daly | 5:50.35 5:57.50 | M35 | No. of Street, | Don Farley | 12:24.4 | Evelyn Wright | 13.45 |
| n Muir | 2:15.79 | Julie Casals | 2:43.75 | Joseph Lazzaro | 5:21.0 | David Kleingard Phil Hull | 4:52.8 4:53.1 | Bob Lauter | 5:57.69 | Sebastian Villalva Rich Byrne | 8:48.59 | M70 | - T- | W65 Flo Meiler | 12.43 |
| thard Clark th Okrend | 2:17.22 2:18.73 | Lori McKeough P Eileen Prescott | 2:50.16 | Jorge Aguilera Joe Sinicrope | 5:21.5 5:49.10 | Paul Powell | 4:53.89 | Joe Cordero | 5:58.6 6:21.07 | Chris Chisholm | 8:48.8 8:50.21 | Paul Heitzman Charles Williams | 11:28.56 | Barbara Jordan | 12.44 |
| ayne Dwyer | 2:19:23 | Bethany Heslam | 2:34.0h | M60 | STATE OF | Jim Cuono John Roemer | 4:53.96 4:58.34 | Jeff Martin | 623.05 | Norm Bouthillier | 8:51.15 | Bill Engle | 12:43.93 | 60m Hurdle | 08 00000 |
| b Muehlenberg b Hodge | 2:19.86 | W 40 Kim Jones | 2:27.07 | Maxwell Hamlyn Richard Colasuonno | 5:08.86 | Mark Raybuck | 5:03.02 | Vince Colgan M65 | 6:26.12 | John Trowse William Brosmith | 8:56.84 | Larry Dickerson | 13:06.37 | Compiled by David | |
| rry Scheld | 2 22 25 | Ruth Yanai | 2:34.23 | Joe Cordero | 5:43.4 | Chuck Shields | 5:05.78 | Henry Hawk | 535.70 | Chris Yorges | 8:59.41 9:05.73 | Don Berman | 13:49.83 | M30 | 15 PO 45 |
| eriberto Medina ervey Blonder | 2:27.16 | Laurie Clark | 2:35.05 | Al Swan | 5:55.59 | Paul Brown Peter Heidbreder | 5:06.1 5:06:38 | Jack Miller | 5:42.54 | John Barresi | 9:09.92 | Ed Doucette Walter Desind | 13:56.50 | Don Drummond | 8.24 |
| chard Pierce | 2 30 50 | Janice Morra - Susan Menz | 2:35.45 | James McFadden Eric White | 5.57.54° 5.58.66 | Neal Coffey | 5:06.70 | Bill Spencer Bruce Gilbert | 5:50.37 6:11.0 | Paul Buccino | 9:25.65 | M75 | 13.31.74 | Chris Essick | 8.88 |
| nthony Baker | 2:34.60 | Jennifer Frost P | 2:46.13 | Blaine Lawson | 6:16.0 | John Hylas Paul DeThier | 5:07.17 5:07.8 | Don Farley | 6:19.42 | Graeme Ackland Doug Crist | 9:30.23 | Kenneth Folsom | 15:14.30 | Kane Wilson | 8.89 9.18p |
| oug Bogert | 2:36.90 | Lynn Johnson | 2:50.70 | M65 Frank Haviland | 5:25.70 | Pat O'Meara | 5:08.7 | Chuck Collins Roger Goodwin 65 | 6.35.0 | Forrest Newman | 9:32.15 | William Osburn Ray Blue | 15:46.13 | Robert Walter James Melton | 9.18p 9.27p |
| uss Patton aul Gorden | 2:16.2h 2:16.4h | Shelley Glover Helen Moreno | 2:51.77 | Paul Robilla | 5:35.7 | Mike Bjornberg Tim Ingall | 5:08.9 | Ted Sullivan | 6:36.0 7:29.91 | Dan Rohnke | 9:33.95 | D | 16:14.3 | Todd Anderson | 9.89p |
| | 2:28.3h | Lorraine Jasper | 2:33.3h | Chuck Collins | 6:06h | Eric Maki | 5:09.31 5:10.12 | Jim Nelson | 7:30.1 | Harris Hardy | 9:43.62 | Desmond Margetson | 118:55.02 | M35 | 914 |
| rry Luk | Brown P | Barbara Gubbens Carol Pratt | 2:33.6h 2:56.5h | Jim Beahm M70 | 6:14.3 | Ken Simpson | 5:10.53 | Paul Heitzman | 5:44.93 | Allen Mead | 9:45.21 | M80 Dan Geer | TOTAL SECTION | David Ashford Glenn Patterson | 8.14 8.43 |
| 50 | 2:05.03 | W 45 | 2.30.311 | Joseph Labruno | 62839 | Jim Tharp Nick Mitchell | 5:11.75 5:12.69 | Jim Sutton | 5:47.0 | Andrew Shearer | 9:46.47 | C | 17:45.11 | Michael Burke | 8.51 |
| 50 ston Brown | 2:06.10 | | | Walter Desind | 6:37.26 | Kirt Goetzke | 5:14.8 | Charles Williams | 6:29.31 | Ian Clements | 10:11.1 | M85 | 19:40.7 | Robert Spence | 8.56 |
| ston Brown avid Salazar olan Shaheed | 2:06.10 | PaulaDicksonTaylor | | | 840 00 | | | | | | | | | | |
| ston Brown avid Salazar olan Shaheed m Jones arroll Blake | | PaulaDicksonTaylor Carla Hoppie DeniWhitaker-Crain | 2:43.51 | Ed Doucette M75 | 7.02.22 | Pete David Craig Plummer | 5:17.94 5:18.03 | Greg Prom | 8:38.2 7:05.4 | Wayne Cottell Dave Attenbury | 10:13.11 | | 20:34.28 25:06.66 | James Smith Reggie Snowden | 8.82 8.82p |

Continued from previou John McKenzie
Damon Blakemore
John Skirbst
Robert Moore
Doff Berle
Robert Walters
Mike Toll
M40
Karl Smith
Robert Abdullah
Dexter McCloud
Tim O'Neil
John Dyer
Ken Eliis
Glen Whiteley
Dexter McCloud
Michael Smith
Mark Twedt
Michael Janusey
Rob Doran
Stephen Winkel
Michael Janusey
Frank Makozy
Duncan Payne
Craig Plummer
Frank Makozy
Duncan Payne
Craig Plummer
Frank Makozy
M45
Colin Williams
Stacey Price
Dennis Nelson
Todd Christensen
Robert Zahn
Jim Russ
Jeffrey Watry
Al Cestero
Phillip Mulkey
Joe Serdakowski
Kelty Meares
Dan Ayub
Paul Nelson
Richard Watson
John Brubaker
M50
Robert Hahn
William Foucher
Gene Iwen
Jim Dolezel
Robert Baker
Pat Fahy
Jim Dolezel
Robert Baker
Pat Fahy
Jim Dolezel
Daniel Cole Mark Johnson Carter Holmes Alan Russell Ivan Black Darryl Decker Mike Jackson Steve Davis Clay Hull Michael Moser Dan Graf Neal Schuster Dan Graf
Neal Schuster
M55
Courtland Gray
Fred Johnston
Mike Milove
Bill Angus
Roben Baker
Joe Johnston
Ron Colliver
Tom Thorne
Henry Clapper
M60
Emil Pawlik
Phil Byrne Pauli Pawlik
Phil Byrne
Grover Coats
Nate Byrd
Bruce Mills
John Head
Robert Gent
Herbert Schueler
M65
Lowell Bonffield
George Labelle
Bill Jankovich
Rodger Young
M70
James Stookey
John Schreiber
Jerry Donley
Val Smith
Leland Chisholm
M75
Fred Hirsimaki
Melvin Larsen Fred Hirsimaki 10
Melvin Larsen 11
Frank Brako 11
DesmondMargetson1
M80
Edwin Lukens 11
M85
Pops Thorne 4 W35 Charlene Landrum

8.3 8.7 9.0 9.1 9.3 10.2 10.3 10.6 11.1 11.4 11.6 11.7

9.6 9.6 9.9 10.1 10.1 10.1 10.2

10.2 10.6 10.7 10.8 11.9 11.9 12.0 12.1 12.6 13.3

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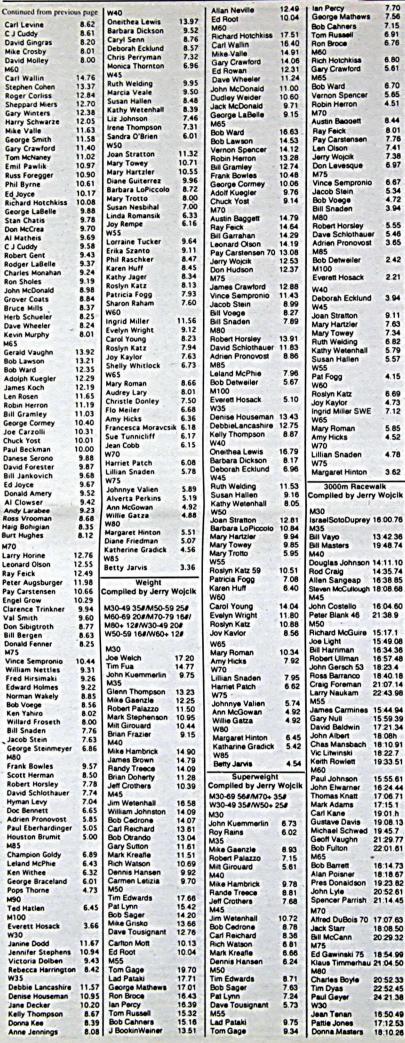
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Charlene Landrum
Anne Jennings
Lori McKeough
W40
Carly Senn
Jennifer Frost
Elizabeth Mondoy
W45
Irene Thompson
Teresa Drotar
Liz Johnson
Nancy Cochrane
W50
Linda Lowery
Mary Trotto
W55
Phil Raschker

Phil Raschker Lynn Naftel

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|------|---|---|--|--|--|--|---|--|--|--|--|---|---|---|--|---|
| - | Continued from previ | ious page | W60 | 1 | JOHN BURLEY | 1.21 | DENNIS SCHNITT | 3.04 | Charles Hansen | 4.64 | Lou Edelman | 2.97 | Keith Mathis | 9.44 | Mike Toll | 8.40 |
| | John McKenzie | 9.64p | Evelyn Wright 15 W65 | .15 | ROGER CORLISS | 1.10 | MAYNE GARNER MICHAEL SANNER | 2.89 | Michael Smith | 4.58 | Thomas Farrell | 2.96 | Al Cestero | 9.25 | Martin Sprague | 8.38 |
| | Damon Blakemore | | The second secon | | HIRE VALLE | 1.16 | JOE REED | 2.75 | Brian Wayda | 4.55 | Burt Hughes | 2.81 | Gary Pirch | 9.22 | M40 | |
| | John Skirbet | 10.17p | Obline to | .17 .71p | GEORGE LABELLE | 1.11 | DAN HCBRIDE EDMARD CHESTNUT | 2.74 | Robert Scannell | 4.46 | M70 | 000000 | MSO | MONE. | Bobby Conn | 14.43 |
| | Robert Moore Dolf Berle | 10.64p 10.67p | p=pentathion h=hepta | thion | MJ MEN'S 65-69 | | ROBERT REESE | 2.70 | Craig Plummer ? | 6.57 | James Stookey | 4.53 | Pat Fahy | 11.46 | Craig Rinker | 13.07 |
| | Robert Walters | 10.89p | The state of the s | - | JERRY SULLIVAN | 1.50 | DENNIS PHILLIPS | 20000 | M45 | SOUR P | John Schreiber | 4.21 | Mauro Medina | 11.24 | Michael Hambrick | 12.75 |
| | Mike Toll | 10.98p | High Jump | | JAMES WARE | 1.35 | JOE JOHNSTON | 3.75 | Dave Quick | 6.05 | Clarence Trinkner | 3.91. | Enrick Warner | 11.02 | Thomas Lanzalotto | 12.56 |
| | M40 | ТО.ВОР | Compiled by Larry F | atz | PAUL LEHMKUHL ROBIN HERROM | 1.26 | TOMLINSON RAUSCHER | 3.35 | Bob Blackburn | 5.69 | Jerry Donley | 3.83 | Milan Jamrich | 10.89 | Jim Brown | 12.46 |
| | Karl Smith | 7.97 | MJ MEN'S 30-34 ART HENSON | 2.00 | PAUL BECKNAN | 1.25 | JEFF TINDAL JEFF TYNDALL | 3.30 | Jim Russ | 5.54 | Donald Hudson | 3.56 | Ivan Black | 10.46 | Tim O'Neil | 12.02 |
| | Robert Abdullah | 8.46 | STEVEN BLLIS | 1.83 | JAY GOLDENBERG | 1.17 | RON COLLIVER | 3.04 | Todd Christiansen | 5.53 | Ray Propst | 3.50 | Lonnie Davis | 10.35 | Rick Brown | 11.78 |
| | Dexter McCloud | 8.73 | ROD MESTON | 1.75 | ROSS VROCHAM | 1.16 | MICE JAMES | 3.00 | Thomas Bunner | 5.52 | Bill Wareham | 3.40 | Taylor Weatherbee | 9.99 | Nick Mitchell | 11.71 |
| | Tim O'Neil | 9.040 | TODD ANDERSON ROBERT WALKER | 1.65 | JOHN SELLERS | 1.16 | VIC RADIEVICE PETER FICETER | 2.90 | Wayne Fisher | 5.36 | Walter Desind | 3.39 | Roger Crockett | 9.91 | Walt Hamilton | 11.71 |
| | John Dyer | 9.21p | ROBERT WALTER | 1.62 | TON RALLUKKAT | 1.07 | JOHNSTON EWING | 2.89 | Rupert Wynter | 5.34 | Jack Lance | 3.34 | John Oleski | 9.64 | Rande Treece | 11.43 |
| | Ken Ellis | 9.41h | JAKES MELTON | 1.59 | GEORGE CORNEY | 1.05 | MICHAEL ZAHNER | 2.70 | Jeff Watry | 5.29 | Val Smith | 3.09 | Stephen Davis | 9.58 | Eric Schad | 11.33 |
| | Glen Whiteley | 9.71 | IGOR AGAEV | 2.00 | LOUIS EDELMAN | 1.01 | DENNIS STEAPEL PV NEN'S 60-64 | 2.40 | Willard Thompson | 5.28 | Don Sibigtroth | 3.02 | Mark Johnson | 9.44 | Mike Cabrinha | 11.24 |
| | Dexter McCloud | 9.76 | ANTHONY GAY | 1.88 | JAMES STOOKEY | 1.35 | DALE LANCE | 3.50 | Robert Zahn | 5.25 | Ray Feick | 2.82 | Gene Iwen | 9.41 | Michael Janusey | 11.06 |
| | Michael Smith | 9.87 | DAMON BLAKEHORE | 1.03 | CLARENCE TRINKNER | 1.32 | GERALD COUNTHAN | 3.30 | Kenny Drollinger | 5.11 | Bill Butterworth | 2.70 | MSS | | Ken Ellis - | 11.03 |
| | Mark Twedt | 10.15h | OLEG MYSIKOV | 1.77 | GORDON SEIPERT | 1.32 | RODGER YOUNG ROGER CHASSOY | 2.59 | Al Cestero | 5.09 | M75 | 407 | Robert Baker | 10.36 | Larry Ball | 10.51 |
| | Michael Janusey | 10.18h | STEVEN ELLIS | 1.72 | JERRY DOWLEY | 1.22 | BOB PULTON | 2.44 | Bob Doran | 5.00 | Melvin Larsen | 4.07 | Michael Milove | 10.11 | Brian Doherty | 10.29 |
| | Rob Doran | 11.20h | DOLF BEALE | 1.71 | SOUNT OLIPSANT | 1.17 | DON MCCREA | 2.44 | David Ranson | 4.97 | William Daprano | 3.69 | Doug Geertgens | 10.02 | Rob Doran | 10.28 |
| | | 10.24p | MICHAEL JAQUA | 1.68 | RUSSELL MCDANIELS | 1.16 | PV MEN'S 65-69 | 2.20 | Kelly Meares | 4.89 | Frank Brako | 3.51 | John Martin | 9.71 | John Dyer | 10.24 |
| | | 10.48p | ROBERT HOORE | 1.62 | MAY PRICE | 1.12 | TAYLOR GOODS | 3.20 | Rick Easley Keith Mathis | 4.81 | Bill Carter | 3.48 | Wayne White | 9.38 | Mark Twedt | 9.86 |
| | Frank Makozy Duncan Payne | 10.37p | GORDON NCKEY | 1.62 | BILL BUTTERWORTS | 1.11 | WILLIAM JANKOVICE | 2.50 | Gary Pirch | 4.72 | Fred Hirsimaki | 3.43 | M60 | 0.20 | Jeff Crothers | 9.79 |
| | | 10.81p 12.08p | REGGIE SHOWDOW | 1.62 | LELAND CHISHOLM | .97 | ALLEN MORRIS | 2.44 | Darrel Jarnigan | 4.57 | Richard Soller Oscar Harris | 3.29 | Jim Kenney Grover Coats | 9.28 | Frank Makozy | 9.32 9.22 |
| | Frank Makozy | 12.62h | JAMES TUNSTALL | 1.60 | MJ MEN'S 75-79 | | PV MEN'S 70-74 | 2.13 | John Davis | 4.53 | Bob Voege | 2.70 | David Rosenthal | 8.96 | Craig Plummer Steve Winkel | 9.13 |
| | M45 | | MATTHEW GIBBS | 1.50 | PREDERICE BIRSIMARI VINCE SEMPRONIO | 1.26 | JERRY DONLEY | 2.89 | Phillip Mulkey | 4.49 | Bob Wingo | 2.44 | Richard Rizzo | 8.17 | Russell Hinson | 8.64 |
| | Colin Williams | 8.36 | JOHN SKIRBST | 1.50 | EDMARD BOLARS | 1.25 | GORDON SEIFERT | 2.74 | Richard Watson | 4.34 | Desmond Margetson | | Carl Wallin | 7.80 | Steve Janusz | 8.52 |
| | Stacey Price | 8.78 | PAUL POSTER | 1.47 | PRANK BRAKO RICHARD SOLLER | 1.20 | EV POE RUSSELL MCDANIELS | 2.10 | Al Cestero ? | 6.13 | M80 | | Richard McKissin | 7.79 | Duncan Payne | 8.51 |
| | Dennis Nelson | 9.01 | MICHAEL PASCUEEO | 1.90 | BOB VOEGE | 1.10 | PV MEN'S 80-84 | 2.00 | MSO | PERMIT | Edwin Lukens | 4.01 | M65 | 111.0 | Roger Mitchell | 8.47 |
| | Todd Christensen | 9.15h | BRUCE HCBARNETTE | 1.90 | WILLARD PROSETE | 1.07 | NILLIAN BELL PV WONEN'S 40-44 | 2.75 | Stan Druckrey | 5.67 | Ed Carter | 3.57 | Alan Brevik | 8.96 | Michael Kenna | 7.75 |
| | Robert Zahn | 9.32h | RICE SCHAFINER | 1.78 | DESMOND MARGETSON | .90 | CATHYRN COLE | 2.90 | William Foucher | 5.60 | Tom Kennell | 3.55 | Paul Lehmkuhl | 8.95 | M45 . | |
| | Jim Russ | 9.35h | JERRY CROCKETT | 1.75 | BJ MEN'S 80-84 | | CARYL SENN | 2.50 | Peter Thompson | 5.57 | David Hall | 2.45 | Tom Kallukkat | 8.91 | Bob Otrando | 16.43 |
| | Jeffrey Watry Al Cestero | 10.25p 10.34 | RUSS BOSBACE . | 1.70 | ED CARTER | 1.15 | PV MOMEN'S 45-49 LIZ JOHNSON | - | Ty Lewis | 5.49 | Doc Bennett | 2.08 | Haig Bohigian | 8.77 | Ron Summers | 15.13 |
| | | 10.34 10.84p | MITCHELL LOVETT | 1.68 | ETHAN LEVY | 0.95 | MANCY COCHRANE | 1.40 | Pat Fahy | 5.46 | Rick Schultz ?? | 5.29 | K M Thomas | 7.70 | Todd Christensen | 13.86 |
| | | 11.15 | KEN ELLIS | 1.67 | PAUL EBERHARDINGER | 0.76 | PV WOREN'S 50-54 | | Mike Hill | 5.40 | M85 | 2000 | Lowell Bonifield | 7.57 | Jim Wetenhall | 13.20 |
| | | 11.17h | TON O'NEIL | 1.66 | LELAND HCPHIE | 1.07 | MILLEN STUBENDORFF | 2.00 | Jim Dolezel | 5.39 | Clarence Trahan | 2.93 | Robin Herron | 7.08 | Tony Ciccone | 12.99 |
| | | 11.42 | JOHN DYER | 1.60 | GEORGE BRACELAND | 1.00 | SUSAN NESBIBAL | 1.50 | Alan Russell | 5.36 | Leland McPhie | 2.46 | M70 | DARVE | Mike McGaw | 11.85 |
| | | 11.65 | CRAIG PLUMER | 1.50 | BOB DETWEILER POPS THORNE | 0.70 | PV WOMEN'S 55-59 | | Roger Crockett | 5.08 | George Braceland | 1.92 | James Stookey | 9.21 | Dennis Hansen | 11.81 |
| | Richard Watson | 11.72h | GREG POSTER BICK MATTERN | 1.53 | BJ WOMEN'S 30-34 | 0.60 | PHIL RASCHKER | 2.60 | John Oleski | 5.05 | Pops Thorne | 1.87 | Ray Probst | 7.63 | Russ Taylor | 11.50 |
| | John Brubaker | 12.85p | MICHAEL JAMUSEY | 1.52 | RINIRO MAKATAKE | 1.63 | PV WOMEN'S 60-64 | 2.20 | Carter Holmes | 4.96 | M90 | MAN S | Jack Lance | 6.82 | Carl Reichard | 11.47 |
| | M50 | District I | PRANK MARGEY | 1.49 | JEHNIPER STEPHENS BJ WOMEN'S 35-39 | 1.37 | JOY MACDONALD | 2.30 | Rick Lapp | 4.96 | Ted Hatlen | 2.01 | M75 | H-774 | George Castelli | 11.11 |
| | Robert Hahn | 9.66 | ROB DORAN DUNCAN PAYNE | 1.46 | ANNE JENNINGS | 1.55 | BECKY SISLEY EVELYN WRIGHT | 1.91 | Dick Kochert | 4.93 | W30 | | Frank Brako | 6.70 | Carmen Letizia | 10.93 |
| | William Foucher | 9.68 | MORTIMER SELLERS | 1.43 | ALETHEA HORRIS | 1.40 | SHELLEY WHITLOCK | 1.06 | Taylor Weatherbee | 4.90 | Kimiko Nakatake | 4.93 | Bob Voege | 6.07 | Jeff Watry | 10.61 |
| | Gene Iwen | 9.92 | TRACE BARNETT | 1.42 | DAMM BEST | 1.17 | PV WOMEN'S 65-69 | 100 PM | Bob Boddy | 4.88 | Paula Leskie | 4.90 | M80 | gar. | Phil Mulky | 10.54 |
| | Jim Dolezel | 10.10 | GERALD PORD | 1.42 | CARYL SENS | 1.50 | PLO MEILER | 1.78 | Gerald Dunne | 4.88 | Aimee Louise | 4.30 | Edwin Lukens | 8.30 | Richard Watson | 10.37 |
| | Robert Baker | 10.11p | BJ KEN'S 45-49 | 315 | BARBARA DICKSON | 1.27 | SUE TUNNICLIFF | 1.67 | Lonnie Davis | 4.87 | W35 | | Tom Kennell | 7.96 | Jim Russ | 10.23 |
| | Pat Fahy | 10.13 10.20h | BRIAN CAMPBELL | 1.80 | JENNIFER PROST | 1.15 | PV WOREN'S 70-74 | 1 | Enrick Warner | 4.86 | Ann Jennings | 4.89 | Ed Carter | 7.07 | Gary Sutton | 10.15 |
| | Jim Dolezel Daniel Cole | 10.23p | GARY PIRCE | 1.71 | IRENE THOMPSON | 1.33 | PV WOMEN'S 75-79 | 1.70 | Mauro Medina | 4.85 | Alethea Morris | 4.71 | Rick Schultz | 5.29 | Robert Zahn | 10.06 |
| | Darliel Cole | | ROBERT LAN | 1.68 | LIZ JOHNSON | 1.30 | JOHNNYE VALIEN | 1.60 | Gene Iwen | 4.83 | Dawn Best | 4.32 | M85 | 6.31 | Pat Cannon | 9.97 |
| | Mark Johnson | 10.28 | JIM RUSS | 1.60 | CARLA HOPPIE | 1.30 | PV WOMEN'S 80-84 MARGARET BINTON | 1.20 | Mike Jackson Ivan Black | 4.81 | Shawna Collins | 4.25 3.54 | Clarence Trahan Maxwell Springer | 4.95 | Ed Clark Bob Cedrone | 9.97 |
| | Carter Holmes | 10.68p | VALERTY SWEINSO | 1.67 | BJ WOMEN'S 50-54 | 1.21 | MARGARET BISTOR | 1.20 | Daniel Cole | 4.73 | Lori McKeough W40 | 3.34 | Leland McPhie | 4.74 | Nick Helfrich | 9.52 |
| | Alan Russell | 10.79h | TODO CHRISTENSEN | 1.65 | LINDA LOWERY | 1.25 | Long Jump | of easier | Larry Nolly | 4.69 | Jennifer Frost | 3.71 | Robert Sorlien | 4.35 | John Davis | 9.50 |
| | Ivan Black | 10.87p | BOB DORAM | 1.63 | BILLEN STUBENDORFF | 1.18 | Compiled by Jim Ger | rhardt | Norman Hough | 4.63 | Susan Stephenson | 3.66 | George Braceland | 4.05 | Herman Surrell | 9.16 |
| | Darryl Decker Mike Jackson | 11.90p 11.91h | JOHN VALISKA KELLY MEARES | 1.62 | MARY TROTTO | 1.00 | M30 | ENGT. | Mark Johnson | 4.63 | Elizabeth Mondoy | 3.30 | Sugretored absolute to be a | | Kelly Meares | 9.11 |
| | Steve Davis | 11.98p | BRIAN BEROUTST | 1.57 | PHIL RASCHER | 1.45 | Rod Weston | 6.56 | Dennis Schmitt | 4.48 | W45 | | W30 | | Mark Kreafle | 8.85 |
| 0.4 | Clay Hull | 12.03 | RICHARD WATSON | 1.50 | LINDA DOUGLASS | 1.26 | Brian Zaglauer | 6.22 | Steve Davis | 4.34 | Irene Thompson | 4.62 | Kimiko Nakatake | 10.03 | Keith Mathis | 8.73 |
| | Michael Moser | 12.15p | JAMES STEWART | 1.42 | SEARCH RABAS | 1.11 | Todd Anderson | 6.04 | Mike Moser | 4.33 | Liz Johnson | 3.57 | W35 | | Bob Doran | 7.97 |
| | Dan Graf | 12.69h | JOHN BRUBAKER | 1.39 | BJ WOMEN'S 60-64 | 2000 | Robert Walter | 6.04 | Bob Marchetti | 4.31 | Nancy Cochrane | 3.48 | Dawn Best | 7.74 | M50 | and a |
| | Neal Schuster | 13.35h | AL CESTERO BJ MEN'S 50-54 | 1.35 | EVELYN WRIGHT | 1.26 | James Melton | 5.98 5.78 | Neal Schuster | 4.25 | WSO | 4 20 | W40 | 700 | Michael Shiaras | 14.38 |
| er e | M55 Courtland Gray | 9.12 | MILAN JAMAICE | 1.75 | ESSIE KEA | 1.11 | Allan Sims James Jaeger | 5.58 | MSS John Hartfield | 5.70 | Linda Lowery Hillen Stubendorff | 4.38 | Barbara Dickson W45 | 7.66 | Luke Hotte | 14.38 |
| | Fred Johnston | 9.27 | JAMES SAUERS BORERT BULKE | 1.70 | EJ WOMEN'S 65-69 | 1.12 | Jeff Nuchols | 5.13 | Edward Jones | 5.67 | Dane Lasichak | 3.72 | Irene Thompson | 8.74 | Bob Sager Clay Hull | 11.83 |
| | Mike Milove | 10.25 | DANIEL COLE | 1.65 | PLO MEILER | 1.00 | M35 | No. | Robert Baker | 5.22 | Mary Trotto | 2.78 | W50 | Parks: | Alan Russell | 11.81 |
| | Bill Angus | 10.29h | LOSSVIE DAVIS | 1.63 | JOAN BURGUESS . PHYLLIS PROVOST | 0.99 | Gordon McKey | 6.40 | Mike Milove | 5.06 | WSS | The state | Linda Lowery | 8.97 | Mitch Farbstein | 11.53 |
| | Robert Baker | 10.30h | ALAH RUSSELL | 1.62 | PRI-MRI CHOU | 0.96 | Derrick Golden | 6.39 | Ron Colliver | 4.79 | Phil Raschker | 4.79 | Hillen Stubendorff | 8.02 | Norman Hough | 11.25 |
| | Joe Johnston | 10.39 | STEVE DAVIS | 1.50 | BJ WOKEN'S 75-79 | 963 | Reggie Snowden | 6.23 | Tom Thorne | 4.78 | Lorraine Tucker | 3.76 | WSS | Bette. | Michael Kalinas | 10.79 |
| 24 | Ron Colliver | 11.19h | RICE LAPP | 1.50 | MILLIE GATEA | 0.76 | Sargeant | 6.06 | Doug Geertgens | 4.77 | Kathy Jager | 3.52 | Phil Raschker | 9.33 | Rich Dunphy | 10.41 |
| | Tom Thorne | 11.49h 12.26h | PAT PARY RICHARD SOBEL | 1.50 | MARGARET BINTON | 0.91 | Damon Blakemore | 6.02 | Bill Angus | 4.73 | Sharon Raham | 3.08 | Sharon Raham | 6.81 | Dan Graf | 10.38 |
| | Henry Clapper M60 | 12.2011 | IVAN BLACK | 1.48 | Dala Vaule | 1000 | Robert Moore | 5.95 | Darryl Decker | 4.52 | Cathy Primmer | 2.80 | W60 | | Dave Tousignant | 10.32 |
| | Emil Pawlik | 9.61p | TERRELL SCHAFFER | 1.47 | Pole Vault Compiled by Larry F | late | Mike Toll | 5.92 | Wayne White | 4.48 | W60 | | Evelyn Wright | 7.69 | Terrell Schaeffer | 10.27 |
| | Phil Byrne | 10.08p | JIM DOLBIEL | 1.47 | But have been been a second of the second | 812 | Femi Afolayan | 5.83 | John Martin | 4.42 | Evelyn Wright | 3.76 | W65 | | Mark Johnson | 10.20 |
| | Grover Coats | 10.33 | DON CROSSFIELD CARTER BOLKES | 1.47 | PAT MANSON | 5.50 | Oleg Mysikov | 5.62 | John Harbulak | 4.28 | W65 | Y | Audrey Lary | 7.82 | Stephen Davis | 10.12 |
| | Nate Byrd | 11.01 | MAURE WEIGEL | 1.44 | JEFF CULLIGAN | 4.30 | Martin Sprague | 5.42 | Ray Bentley | 4.24 | Audrey Lary | 3.70 | Barbara Jordan | 7.27 | Peter Thompson | 9.90 |
| | Bruce Mills | 11.55p | APT CARLSON | 1.42 | BRIAN EAGLAUER | 4.30 | John McKenzie | 5.40 | Henry Clapper | 4.22 | Barbara Jordan | 3.34 | Flo Meiler | 5.78 | - Mike Jackson | 9.85 |
| | John Head | 12.85p | GENE IVEN | 1.42 | JAMES JAEGER CORBIN LANG | 3.50 | Terry Williams | 5.38 | Mike Crosby | 4.14 | Flo Meiler | 3.16 | Fei-Mei Chou | 5.20 | Jack Romansic | 9.78 |
| | Robert Gent | 12.37 | MICHAEL MOSER | 1.38 | DOUG LANG | 3.30 | Robert Harding | 5.35 | Dan Hansman | 4.10 | Fei-Mei Chou | 2.47 | W70 | | Mike Moser | 9.76 |
| | Herbert Schueler | 13.22h | ROB SCHIBLE | 1.30 | PV MEN'S 35-39 DUNCAN LITTLEFIELD | 4.60 | Anthony Gay Costas Philippides | 5.34 | Buster Byrnes | 3.75 | Phyllis Provost | 2.11 | Leonore McDaniels | 6.06 | Bob Cragile | 9.74 |
| | M65 | 11.09 | DOB BODDY | 1.37 | DAVE GILBERT | 4.11 | Steven Ellis | 5.27 | Roger Tesi | 3.62 | Janet Amery W70 | 2.01 | Ann McGowan | 271 | Michael Garrity | 9.52 |
| | George Labelle | 11.75 | STANLEY DRUCKREY | 1.35 | REGGIE HENDERSON | 4.00 | Kenny Sloan | 5.23 | Larry Qualis | 3.58 | Lenore McDaniels | 3.00 | Ann McGowan Willie Gatza | 3.71 | Daniel Cole | 9.34 |
| | Bill Jankovich | 12.17 | CLAY BULL MRAL SCHUSTER | 1.35 | MIKE LAURYK | 3.97 | Bob Walters | 5.19 | M60 Emil Pawlik | 5.06 | W75 | 3.00 | Wille Gatza | 3.56 | Carlton Mott Carter Holmes | 9.08 |
| | Rodger Young | 12.75 | HIRE JACKSON | 1.32 | MICHAEL JAQUA | 3.81 | John Skirbst | 5.18 | Emil Pawlik Phil Byrne | 4.92 | Ann McGowen | 2.01 | Margaret Hinton | 5.15 | Dale Deuvall | 8.99 |
| | M70 | | MARK JOHNSON | 1.30 | TODD HAIRE PV MEN'S 40-44 | 3.35 | James Tunstall | 5.14 | Robert Taylor | 4.75 | Willie Gatza | 1.78 | go. ot minton | | Denis Dreher | 8.95 |
| | James Stookey | 10.35 | DOWN GLESKI ROW SALVIO | 1.30 | PAUL BABITS | 4.65 | Dolf Berle | 5.01 | Jim Kenney | 4.60 | W80 | 1020 | Shot Put | diginalist- | Stan Druckrey | 8.92 |
| 10 | John Schreiber | 10.71 | DAVID PRIEDMAN | 1.30 | DAVID SWEIRY | 4.26 | Leslie Wright | 5.00 | Darrell Huey | 4.51 | Margaret Hinton | 2.27 | Compiled by Jim Ge | erhardt | Tom Rempe | 8.84 |
| | Jerry Donley | 16.44 | BJ KEN'S 55-59 | | THAD BRADY TERRY CHRISTOPHER | 4.11 | M40 | | Chuck Bartholomew | | Anna Andrewson Market | W | M30 | 100,000 | Jim Dolezel | 8.74 |
| | Val Smith | 19.26 | JOSEPH JOHNSON ROW COLLIVER | 1.57 | GREG CHARLES | 4.05 | Greg Foster | 7.04 | George Cairns | 4.45 | Triple Jump | OF THE PARTY | Tim Fua | 15.74 | Carl Levine | 8.69 |
| | Leland Chisholm | 19.62p | CHUCK DANNER | 1.52 | JAMES POUNTAIN | 3.96 | Robert Abdullah | 6.66 | Grover Coats | 4.42 | Compiled by Jim G | erhardt | Al Lechier | 15.30 | Gene Iwen | 8.33 |
| | M75 Fred Hirsimaki | 10.40h | ROBERT BAKER | 1.50 | JEFF SPRAGUE | 3.95 | Peter Stasiuk | 6.21 | John Head | 4.09 | M30 | Shirt . | John Kuemmerlin | 13.22 | Jeffrey Copeland | 8.14 |
| | Fred Hirsimaki | 10.90 | JOE JOHNSTON | 1.50 | BOB MCCORNICE | 3.51 | Trace Barnette | 5.95 | Dave McGuire | 3.97 | Rod Weston | 13.44 | Richard Costello | 12.42 | MSS | |
| | Melvin Larsen Frank Brako | 16.45 | TON THORNE | 1.47 | JERRY ROBN LEW AFFRONTI | 3.50 | Tim O'Neil | 5.88 | John Boykin | 3.91 | Robert Walter | 12.16 | Marek Wensel | 11.87 | Ladislav Pataki | 15.05 |
| | DesmondMargetso | | PAUL GAMELE HENRY CLAPPER | 1.45 | SCOTT HALL | 3.35 | Walter Hutton | 5.82 | Herbert Schueler | 3.78 | Jeff Nuchols | 10.50 | Wayne Keneipp | 11.49 | Tom Gage | 14.21 |
| | M80 | | WILLIAM ANGUS | 1.44 | THOMAS GREENE NICHOLAS MITCHELL | 3.20 | Michael Janusey | 5.80 | Bruce Mills | 3.66 | M35 | 4-12 | David Nixon | 11.38 | Charles Roll | 13.50 |
| | Edwin Lukens | 12.23 | JAY EDWARDS | 1.42 | PV MEN'S 45-49 | 3.00 | Rick Schreiner | 5.76 | George Smith | 3.64 | James Tunstall | 11.50 | Robert Walter | 11.36 | Joe DeStefano | 13.30 |
| | M85 | The self | JOHNSTON EWING DOUG GERFTGENS | 1.42 | GARY BUNTER | 4.40 | Kent Powers | 5.73 | Rodger Young | 3.58 | Michael Burke | 11.20 | Kane Wilson | 11.07 | Ron Boyce | 13.18 |
| | | | PANA REPLACES | 1.40 | THOMAS BUNNER BOB CRITES | 4.11 | John Dyer | 5.70 | C J Cuddy | 3.57 | Terry Williams | 10.99 | John Schlosser | 10.88 | Bill Hiney | 12.84 |
| | Pops Thorne | 42.07h | JOHN MARTIN | | | 3.80 | Ken Ellis | 5.64 | George LaBelle | 3.49 | Steven Ellis | 10.47 | Todd Anderson | 9.71 | lan Percy | 12.26 |
| | Pops Thorne | 42.07h | BUSTER BYRNES | 1.35 | DAVE GORMAN | | Mike Kayes | 5.61 | Burr Daly | 3.49 | M40 | 3575 | James Melton | 9.70 | Robert Harvey | 11.48 |
| | Pops Thorne W35 | | | 1.35 | DONALD SEVERN | 3.60 | | | | | | | | - | | |
| | Pops Thorne W35 Charlene Landrum | n 9.37 | BUSTER BYRNES DARRYL DECKER JOSH BARBULAK LEONARD SOKOLOSKI | 1.32 1.26 1.27 | | 3.50 | Stephen Winkel | 5.49 | David Rosenthal | 3.40 | Greg Foster | 14.60 | M35 | CONTRACT. | Allan Neville | 11.32 |
| | Pops Thorne W35 Charlene Landrum Anne Jennings | 9.37 9.57 | BUSTER BYRNES DARRYL DECKER JOHN BARBULAR LEOMARD BOROLOGKI RAY BENTLEY | 1.32 1.26 1.27 1.26 | DONALD SEVERN KENNY DROLLINGER BRAD WINTER PETER BISCHRAMM | 3.50 3.50 3.50 | Stephen Winkel Russ Bosbach | 5.42 | M65 | STORY. | Brian Johnson | 13.64 | M35 Glenn Thompson | 15.89 | Allan Neville J Bookin-Weiner | 11.28 |
| | Pops Thorne W35 Charlene Landrum Anne Jennings Lori McKeough | n 9.37 | BUSTER BYRNES DARRYL DECKER JOSH BARBULAK LEONARD SOKOLOSKI | 1.32 1.26 1.27 | DONALD SEVERN REMNY DROLLINGER BRAD WINTER PETER BISCHANN REITH PETRANEK | 3.50 3.50 3.50 3.35 | Stephen Winkel Russ Bosbach Lovell Butler | 5.42 5.42 | M65 Lowell Bonifield | 4.46 | Brian Johnson Donald Hardy | 13.64 | M35 Glenn Thompson Walter Shields | 15.89 14.81 | Allan Neville J Bookin-Weiner Herb Bachorik | 11.28 |
| | Pops Thorne W35 Charlene Landrum Anne Jennings | 9.37 9.57 | BUSTER BYRNES DARRYL DECKER JOHN BARBULAK LEOMAND SOKOLOSKI BAY BERTLEY SAN PPENNING BJ REE'S 60-64 BRIL PARLIK | 1.32 1.26 1.27 1.26 1.26 | DONALD SEVERN KENNY DROLLINGER BRAD WINTER PETER BISCHRAMM | 3.50 3.50 3.50 | Stephen Winkel Russ Bosbach Lovell Butler Marcus Battle | 5.42 5.42 5.31 | M65 Lowell Bonifield Paul Lehmkuhl | 4.46 4.31 | Brian Johnson Donald Hardy Marcus Battle | 13.64 13.30 12.10 | M35 Glenn Thompson Walter Shields Milt Girouard | 15.89 14.81 13.80 | Allan Neville J Bookin-Weiner Herb Bachorik Ron Colliver | 11.28 11.18 10.17 |
| | Pops Thorne W35 Charlene Landrum Anne Jennings Lori McKeough W40 Carty Senn Jennifer Frost | 9.37 9.57 14.81p 9.72 12.61p | BUSTER BYRNES DARRYL DECKER JOHN HARBULAR LEONARD SCHOLOSKI RAY BENTLEY SAM PPENNING BJ KER'S 60-64 | 1.32 1.26 1.27 1.26 1.26 | DOMALD SEVERM KENNY DROLLINGER BRAD MINTER PRITER BISCHARMS KRITE PETRAMEE ROY WILLIS CURTIS MERONSKI PAUL SHITE | 3.50 3.50 3.50 3.35 3.20 3.15 3.15 | Stephen Winkel Russ Bosbach Lovell Butler Marcus Battle Mitchell Lovett | 5.42 5.42 5.31 5.28 | M65 Lowell Bonifield Paul Lehmkuhl Paul Beckman | 4.46 4.31 4.18 | Brian Johnson Donald Hardy Marcus Battle Ralph Mitton | 13.64 13.30 12.10 11.83 | M35 Glenn Thompson Walter Shields Milt Girouard John Bauer | 15.89 14.81 13.80 12.75 | Allan Neville J Bookin-Weiner Herb Bachorik Ron Colliver Chuck Danner | 11.28 11.18 10.17 10.08 |
| | Pops Thorne W35 Charlene Landrum Anne Jennings Lori McKeough W40 Carly Senn Jennifer Frost Elitzabeth Mondoy | 9.37 9.57 14.81p 9.72 12.61p | NUSTER SYRWES DARRYL DECERN JOHN BARBULAK LEOMARD SOROLOSKI RAY BESTLET EAR PYENNING BJ KEN'S 60-64 ENIL PAMLIR GRALD COUNTRAM PHIL SYRME | 1.32 1.26 1.27 1.26 1.26 1.57 1.55 1.50 | DONALD SEVERM KEMMY DROLLINGER BRAD WINTER PETER BISCHMANN KRITH PETRAMER ROY WILLIS CURTIS MERONSEI | 3.50 3.50 3.50 3.35 3.20 3.15 | Stephen Winkel Russ Bosbach Lovell Butler Marcus Battle Mitchell Lovett Mortimore Sellers | 5.42 5.42 5.31 | M65 Lowell Bonifield Paul Lehmkuhl Paul Beckman Vincent Ruffin | 4.46 4.31 4.18 4.16 | Brian Johnson Donald Hardy Marcus Battle Ralph Mitton Mortimer Sellers | 13.64 13.30 12.10 11.83 11.44 | M35 Glenn Thompson Walter Shields Milt Girouard John Bauer Mike Gaenzle | 15.89 14.81 13.80 12.75 12.13 | Allan Neville J Bookin-Weiner Herb Bachorik Ron Colliver Chuck Danner Ed Root | 11.28 11.18 10.17 10.08 10.08 |
| | Pops Thorne W35 Charlene Landrum Anne Jennings Lori McKeough W40 Carly Senn Jennifer Frost Elitzabeth Mondoy W45 | 9.37 9.57 14.81p 9.72 12.61p / 12.69 | DARFIT DECER JOHN BARBULAK LEOMAND SOKOLOSII BAY BESTLEY SAM PFEMNISO BJ MEN'S 60-64 BHIL PARMIE BARAY ELIWE GERALD COUNTRAN PHIL STRUE BEFT BERGEN | 1.20 1.27 1.26 1.26 1.57 1.55 1.50 | DOMALD SEVERM REMAY BOOLLINGER BRAD WINTER PETER BISCHRAMM ELITE PETRAMEL ROY WILLIS CURTIS MERCHSEI PAUL SHITM JEFF BILDERBECK RARK FIELDS JIM RUSS | 3.50 3.50 3.35 3.20 3.15 3.15 3.05 2.90 2.09 | Stephen Winkel Russ Bosbach Lovell Butler Marcus Battle Mitchell Lovett | 5.42 5.42 5.31 5.28 5.28 | M65 Lowell Bonifield Paul Lehmkuhl Paul Beckman Vincent Ruffin Bill Jankovich | 4.46 4.31 4.18 4.16 4.09 | Brian Johnson Donald Hardy Marcus Battle Ralph Mitton Mortimer Sellers Dave Gilliland | 13.64 13.30 12.10 11.83 11.44 10.95 | M35 Glenn Thompson Walter Shields Milt Girouard John Bauer Mike Gaenzle Jeff Brink | 15.89 14.81 13.80 12.75 | Allan Neville J Bookin-Weiner Herb Bachorik Ron Colliver Chuck Danner Ed Root Tom Thorne | 11.28 11.18 10.17 10.08 10.08 10.05 |
| | Pops Thorne W35 Charlene Landrum Anne Jennings Lori McKeough W40 Carly Senn Jennifer Frost Elizabeth Mondoy W45 Irene Thompson | 9.37 9.57 14.81p 9.72 12.61p 12.69 | BUSTER BYRNES JOSE BLASULAX LECOMAND SONCOSET BAY BESTLEY BAS PYRENIES BUI PARK'S 50-64 BRIL PARK'S BART RITHS GRAND COUNTRAN PSIL BYRNE BEST BREGSS HICHAEL, DAVIDSON BOOGER TOUGS | 1.32 1.28 1.27 1.26 1.26 1.57 1.50 1.45 1.40 1.37 | DOMALD SEVERN ERBYT DOKLINGER BRAD WINTER PPTER BISCHDUNG ESTEP PETRAMER BOY WILLIS CUSTIS MERCHES! JEFF BILDERASCE HARE FIELDS JIR MUSS RIM BUSS RIM BUSS RIM BUSS RIM BUSS | 3.50 3.50 3.50 3.35 3.20 3.15 3.15 3.05 2.90 2.69 | Stephen Winkel Russ Bosbach Lovell Butler Marcus Battle Mitchell Lovett Mortimore Sellers Mark Twedt | 5.42 5.42 5.31 5.28 5.28 5.24 | M65 Lowell Bonifield Paul Lehmkuhl Paul Beckman Vincent Ruffin Bill Jankovich K M Thomas | 4.46 4.31 4.18 4.16 4.09 3.91 | Brian Johnson Donald Hardy Marcus Battle Ralph Mitton Mortimer Sellers Dave Gilliland Trace Barnette | 13.64 13.30 12.10 11.83 11.44 10.95 10.80 | M35 Glenn Thompson Walter Shields Milt Girouard John Bauer Mike Gaenzle Jeff Brink Dolf Berle | 15.89 14.81 13.80 12.75 12.13 11.09 | Allan Neville J Bookin-Weiner Herb Bachorik Ron Colliver Chuck Danner Ed Root Tom Thorne Robert Baker | 11.28 11.18 10.17 10.08 10.08 10.05 10.01 |
| | Pops Thorne W35 Charlene Landrum Anne Jennings Lori McKeough W40 Carly Senn Jennifer Frost Elizabeth Mondoy W45 Irene Thompson Teresa Drotar | 9.37 9.57 14.81p 9.72 12.61p 12.69 | BUSTER BYRNES JOHN BLABULAN LECOMAND BOROLOGEI BAY BESTLEY BAN SPIRNING BJ REN'S 60-64 BAART BLINE GENALD COUNTRAM PELL BYRNE BEST BERGES BEST BERGES BOOKE TOURG JUST BERGES JUST BERGES BOOKE TOURG JUST BERGES JUST BERGES | 1.32 1.26 1.27 1.26 1.26 1.57 1.50 1.65 1.60 1.37 1.37 | DOMALD SEVERM REMAY BOOLLINGER BRAD WINTER PETER BISCHRAMM ELITE PETRAMEL ROY WILLIS CURTIS MERCHSEI PAUL SHITM JEFF BILDERBECK RARK FIELDS JIM RUSS | 3.50 3.50 3.35 3.20 3.15 3.15 3.05 2.90 2.09 | Stephen Winkel Russ Bosbach Lovell Butler Marcus Battle Mitchell Lovett Mortimore Sellers Mark Twedt Rick Choppa | 5.42 5.42 5.31 5.28 5.28 5.24 5.16 | M65 Lowell Bonifield Paul Lehmkuhl Paul Beckman Vincent Ruffin Bill Jankovich K M Thomas Tom Kallukkat | 4.46 4.31 4.18 4.16 4.09 3.91 3.84 | Brian Johnson Donald Hardy Marcus Battle Raiph Mitton Mortimer Sellers Dave Gilliland Trace Barnette Frank Makozy | 13.64 13.30 12.10 11.83 11.44 10.95 10.80 10.61 | M35 Glenn Thompson Walter Shields Milt Girouard John Bauer Mike Gaenzle Jeff Brink | 15.89 14.81 13.80 12.75 12.13 11.09 10.47 | Allan Neville J Bookin-Weiner Herb Bachorik Ron Colliver Chuck Danner Ed Root Tom Thorne Robert Baker Jim Chamberas | 11.28 11.18 10.17 10.08 10.08 10.05 10.01 9.94 |
| | Pops Thorne W35 Charlene Landrum Anne Jennings Lori McKeough W40 Carly Senn Jennifer Frost Elitzabeth Mondoy W45 Irene Thompson Teresa Drotar Liz Johnson | 9.37 9.57 14.81p 9.72 12.61p 12.69 10.25 11.43 12.27h | BUSTER BYRNES JOSE BLASULAX LECOMAND SONCOSET BAY BESTLEY BAS PYRENIES BUI PARK'S 50-64 BRIL PARK'S BART RITHS GRAND COUNTRAN PSIL BYRNE BEST BREGSS HICHAEL, DAVIDSON BOOGER TOUGS | 1.32 1.28 1.27 1.26 1.26 1.57 1.50 1.45 1.40 1.37 | DOMALD SEVERM RESHY DOKALINGER SHAD MINTER PPETER BISCHAMME ESITH PETTAMEN ESITH PETTAMEN LOWER SHADMEN FAIL SHITH JEFF BISCHAME HAME FIELDS LIM BROCKAM DAM EOSTER | 3.50 3.50 3.50 3.35 3.15 3.15 3.15 2.90 2.09 2.74 2.74 | Stephen Winkel Russ Bosbach Lovell Butler Marcus Battie Mitchell Lovett Mortimore Sellers Mark Twedt Rick Choppa Steve Hieskell | 5.42 5.42 5.31 5.28 5.28 5.24 5.16 5.09 | M65 Lowell Bonifield Paul Lehmkuhl Paul Beckman Vincent Ruffin Bill Jankovich K M Thomas Tom Kallukkat Joe Carlozzi | 4.46 4.31 4.18 4.16 4.09 3.91 3.84 3.68 | Brian Johnson Donald Hardy Marcus Battle Ralph Mitton Mortimer Sellers Dave Gilliland Trace Barnette Frank Makozy Nick Mitchell | 13.64 13.30 12.10 11.83 11.44 10.95 10.80 10.61 10.44 | M35 Glenn Thompson Walter Shields Milt Girouard John Bauer Mike Gaenzle Jeff Brink Dolf Berle Hank Pearson Mark Stephenson | 15.89 14.81 13.80 12.75 12.13 11.09 10.47 10.45 | Allan Neville J Bookin-Weiner Herb Bachorik Ron Colliver Chuck Danner Ed Root Tom Thorne Robert Baker Jim Chamberas Darryl Decker | 11.28 11.18 10.17 10.08 10.08 10.05 10.01 9.94 9.70 |
| | Pops Thorne W35 Charlene Landrum Anne Jennings Lori McKeough W40 Carly Senn Jennifer Frost Elizabeth Mondoy W45 Irene Thompson Teresa Drotar Liz Johnson Nancy Cochrane | 9.37 9.57 14.81p 9.72 12.61p 12.69 | BUSTER BYRNES JOHN BLASHULAN LECOMAND BOROLOGET RAY BESTLEY RAY PERSING BJ MEN'S 50-64 BRIL PARKEY BARRY KLINS GERALD COUNTRAN PSIL BYRNES BEST REFEREN HICHAEL DAVIDSON JIN KERSEY GROVER COATS BRUCE RILLS CANL BALLIN | 1.32 1.26 1.27 1.26 1.26 1.57 1.55 1.60 1.45 1.47 1.37 1.37 | DOMALD SEVERN ERSHY DOKLLINGER BRAD WINTER PFTER BISCHOUND ESITE PETRAME BOY WILLIS CUSTIS MERCHES! JUR RUSS ESIR BROOME DAM EOSTER PV REF'S 50-54 VINCEST STRUMES FOR STRUMES | 3.50 3.50 3.50 3.35 3.20 3.15 3.15 3.05 2.09 2.74 2.74 | Stephen Winkel Russ Bosbach Lovell Butler Marcus Battie Mitchell Lovett Mortimore Sellers Mark Twedt Rick Choppa Steve Hieskell Paul Zelmanski | 5.42 5.42 5.31 5.28 5.28 5.24 5.16 5.09 5.09 5.08 5.03 | M65 Lowell Bonifield Paul Lehmkuhl Paul Beckman Vincent Ruffin Bill Jankovich K M Thomas Tom Kallukkat Joe Carlozzi Robin Herron | 4.46 4.31 4.18 4.16 4.09 3.91 3.84 | Brian Johnson Donald Hardy Marcus Battle Raiph Mitton Mortimer Sellers Dave Gilliland Trace Barnette Frank Makozy | 13.64 13.30 12.10 11.83 11.44 10.95 10.80 10.61 | M35 Glenn Thompson Walter Shields Milt Girouard John Bauer Mike Gaenzle Jeff Brink Dolf Berle Hank Pearson | 15.89 14.81 13.80 12.75 12.13 11.09 10.47 10.45 10.13 | Allan Neville J Bookin-Weiner Herb Bachorik Ron Colliver Chuck Danner Ed Root Tom Thorne Robert Baker Jim Chamberas | 11.28 11.18 10.17 10.08 10.08 10.05 10.01 9.94 |
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| Marcia Guische 14 22 51 Debbie Tophami 17:53 31 Doris McGuire 20:47.2 Lois Dicker 20:0 | W40 | | W45 | | W50 | | Gail Brandon | 23:53 |
|--|--|-------------------|-----------------|----------|------------------|----------|-----------------------------|----------------|
| Dorit Attias 40 15.58.86 Lynette Heinlein 18.28.65 W55 Mary Baglin 18.24.67 W70 Mary Ball 21.28.4 C Caravoulias 22.53.3 Joanne Harriman 19.11.19 Terri Hamilton 23.5 | Marcia Gutsche Victoria Herazo | 14 22 51 14 38 13 | Debbie Topham | 16:22.92 | Marianne Martino | 17:24.74 | Janet Higbie Lois Dicker | 18:40 20:05 |
| | Dorit Attias 40 Abigail Oliver | 17:51.84 | Sherrie Gossert | 18:53.64 | Mary Baglin | | W70 | 20:12 |
| | Abigail Oliver Mary Ball | 21:28.4 | C Caravoulias | 22:53.3 | Joanne Harriman | 19:11.19 | Terri Hamilton | |
| | Company of the Compan | | | LIIDI | DLES | | | |

| Sec. 3 | | Street, Street | HURDLE | | | |
|----------------|------------------|------------------|---------------------|----------------------|--------------------------------|-------------|
| | | | WOMEN | | | No. of |
| Age Group | Race Distance | Hurdle Height | To 1st Hurdle | Between Hurdles | To Finish | Hurdles |
| 30-39 | 100m | .840m 33" | 13.00m 42'8'/2" | 8.5m 27'10'/2" | 10,5m 34'5" | 10 |
| 40-49 | 80m | .762m 30" | 12.00m 39'4" | 8.0m 26'3" | 12.00m 39'4" | 8 |
| 50-59 | 80m | .762m 30" | 12.00m | 7.0m | 19.00m | 8 |
| 60+ | 80m | .686m 27" | 39'4" | 22'11'/₂" | .62'4" | |
| 30-39 40-49 | 400m | .762m 30" | 45.00m 147'7³/₄" | 35.00m 114'9'/2" | 40.00m 131'2'/ ₂ | |
| 50-59 | 300m | .762m 30" | 50.00m | 35.00m | 40.00m | |
| 60+ | 300m | .686m 27" | 164'0'/2" | 114'9'/2" | 131'2'/2 | |
| | | | MEN | | de Selvenia | |
| 30-39 40-49 | 110m | .991m 39" | 13.72m 45' | 9.14m 30' | 14.02m 46' | 10 |
| 50-59 | 100m | .914m 36" | 13.00m 42'8" | 8.50m 27'10'/2" | 10.50m 34'5" | 10 |
| 60-69 | 100m | .840m 33" | 16.00m 52'6" | 8.00m 26'3" | 12.00m 39'4" | 10 |
| 70-79 | 80m | .762m 30" | 12.00m | 00m 7.0m 19.0m | | 8 |
| 80+ | 80m | .686m 27" | 39'4" | 22'11'/2" | 62'4" | |
| 30-49 | 400m | .914m 36" | 45.00m | 35.00m | 40.00n | 1 |
| 50-59 | 400m | .840m 33" | 147'7'/2" | 114'9'/2" | 131'2'/2 | 10 |
| 60-69 | 300m | .762m 30" | 50.00m | 35.00m | 40.00m | |
| 70+ | 300m | .686m 27" | 164'0'/2" | 114'9'/2" | 131'2°/ | 7 |
| i local | | Marin Carrier | IMPLEMEN | ITS | the second | |
| AGE | SHOT PUT | DISCUS | HAMMER | JAVELIN | WEIGHT | SUPER WEIGH |
| Womer 30-49 | 4.00k | 1.00k | 4.00k | 600 gms. | 20# | 35# |
| 50-59 60+ | 3.00k 3.00k | 1.00k 1.00k | 3.00k 3.00k | 500 gms. 400 gms. | 16# 12# | 25# 25# |
| Men 30-49 | 7.26k (16 lbs.) | | 7.26k (16 lbs.) | 800 gms. | 35# | 56# |
| 50-59 | 6.00k | 1.50k | 6.00k | 700 gms. | 25# | 56# |
| 60-69 | 5.00k | 1.00k | 5.00k | 600 gms. | 20# | 56# |
| 70-79 80+ | 4.00k 4.00k | 1.00k 1.00k | 4.00k 4.00k | 500 gms. 400 gms. | 16# 12# | 35# 35# |
| | | 200 50 5000 | n/36" (.914m); m | | | 1000000 |

Steeplechase: men 30-59: 3000m/36" (.914m); men 60+ and women: 2000m/30" (.762m) WMA weights are used for USATF weight pentathlons.

Note: The 55m and 60m indoor hurdle races use the same heights, distance to first hurdle, and distance between hurdles as the outdoor hurdle races for the respective age groups.

For all age-groups indoors, 5 hurdles are run.

Masters Age Records

(2002 Edition)

Compiled by WMA and USATF Masters T&F Records Coordinator Pete Mundle with Rex Harvey, Shirley Dietderich and Beverly LaVeck.

- Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Oct. 31, 2001.
- U.S. Age bests for Men & Women for all racewalking events, age 40 and up, as of Oct. 31, 2001.
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s we move in priate to rem participation this matter. This is pwe would like.

Officials can only trolling activities o track. We all enjoy our sport in many c informality is what d issues. We see this beginning of meets whammer, racewalkin events take place, and officials often there is nothing goi there is a lot going needs to be vigilan down our guard that Living Dangerous

I personally water horror at a recent measured casually sector at the 75-f thrower in competiting her throw. Not erout at this situation responsibility to she a case like this, ever standing next to each ments are being thresituation.

Warm-ups can be time during our moften busy with pap to the athletes to fee We need to be very selves as well as a periods. It's very



Larry Parker, 53, Ea (37:38) and Nancy Mich., second woman Foot Frolic 10K, Ferno



Track & Field Report

By GEORGE MATHEWS Chairman, USATF Masters Track & Field

Safety and Sanction

s we move into the busiest time of the year for our sport, I think it appropriate to remind everyone that our Number One priority in the conduct and participation in our track meets is safety. We all have a responsibility in this matter. This is particularly true in meets that don't have as many officials as we would like.

Officials can only do so much in controlling activities on and around the track. We all enjoy the informality of our sport in many cases; unfortunately, informality is what often leads to safety issues. We see this particularly at the beginning of meets when events like the hammer, racewalking, and combined-events take place. Athletes, spectators and officials often walk around like there is nothing going on. Many times there is a lot going on, and everyone needs to be vigilant. It's when we let down our guard that bad things happen.

Living Dangerously

I personally watched and yelled in horror at a recent meet as a racewalker sauntered casually across the hammer sector at the 75-foot mark when a thrower in competition was commencing her throw. Not enough people yelled out at this situation. It is everyone's responsibility to shout out a warning in a case like this, even if it is two officials standing next to each other when implements are being thrown, or any similar situation.

Warm-ups can be a very dangerous time during our meets. Officials are often busy with paperwork and leave it to the athletes to fend for themselves. We need to be very sure we care for ourselves as well as others during these periods. It's very easy to become



JERRY WOJCIK
Larry Parker, 53, Eastpoint, Mich., first M50
(37:38) and Nancy Cassell, 52, Northville,
Mich., second woman overall (40:36), Ferndale
Foot Frolic 10K, Ferndale, Mich., May 19.



JERRY WOJCIK
Mark Neal, 49, in the 2002 Spring Fling
Throwers Pentathlon, Seattle.

absorbed in what "I" am doing. We need to be absorbed in what everyone is doing. Just to mention two areas of concern: hammers should not be wound and javelins thrown unless in the appropriate controlled throwing areas.

Other areas of concern exist in the track and field. We all should know them very well. There are plenty of dangerous situations on the track. The worst I see is people wandering onto running surfaces while athletes are in the execution of their event. This conduct has caused much damage, mostly to the athlete, not the wanderer. Nobody deserves to be interrupted like this.

We all need to practice "HEADS UP" conduct before, during, and after our meets. Let's all go out and have a safe and injury-free season.

Meet Sanction Process

It has come to my attention that many people in our organization are not familiar with our meet sanctioning process. I consider this to be one of the most important attributes of our organization. It is the process that gives us credibility and differentiates us from others who may be putting on track & field meets.

I have accepted an explanation of this process provided to me by Andy Martin, Manager of Association Services at USATF headquarters.

By definition, a USATF sanction is an official designation issued by USATF, through a local association

(there are 57 associations throughout the U.S.), that approves and licenses the holding of a competitive track & field, long distance running, or racewalking event in the United States. The sanction is also a contract that evidences the event's commitment to follow the national (USATF) and international (IAAF) rules and regulations of the sport, and to provide a safe environment for the participants and spectators. An event may apply for a USATF sanction from USATF, and must comply with the requirements of obtaining a sanction. Once the event has satisfied the sanction requirements, the event's application for sanction is approved.

Masters meets fall under the General Competition Sanction.

There are many benefits to obtaining a sanction, including:

Increased prestige: For many events, the USATF sanction improves the event's public perception. A sanction tells athletes that an event is being run according to defined rules and that they have some recourse if prizes aren't awarded.

Sanctioned events may use the USATF logo (upon signing of the sublicense trademark agreement) to promote the fact that the governing body has sanctioned the event and to evidence affiliation with USATF and its programs.

Liability insurance: Most governmental entities, including cities, counties, state highway departments, parks, and community centers, require general liability insurance for all events conducted within their jurisdiction. The cost of insurance included in the sanction is very inexpensive compared to the prices of most commercially available event insurance policies. It is important to know that events that are already insured may choose to waive the insurance coverage and pay a lower sanction fee.

Medical insurance for athletes: Any athlete who is a USATF member and is injured while participating in a sanctioned event will be eligible for secondary medical coverage for the injury. The insurance not only provides valuable coverage to our members, but it serves as a valuable deterrent to lawsuits.

Records: In general, for non-road



SUZY HESS Mel Larsen, 2001 top ranked M75 (14.14) in the short hurdles.

events, a sanction is required for an official track & field record to be accepted. There are some exceptions to this rule, however.

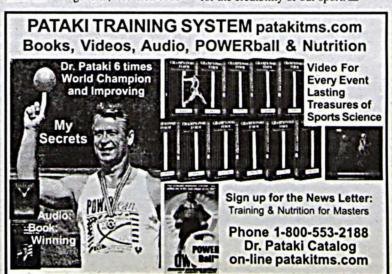
Dispute resolution: If requested, USATF will act as mediator in disputes between athletes and sanctioned events.

Promotion: Sanctioned events may be included in calendars published at the local and national levels, as appropriate. Each Association may provide benefits to its sanctioned events.

Rankings: To be considered for ranking in an open event, sanctioning of the event is one of the requirements for consideration.

I would think that all masters athletes would want the benefits of this program. We all work very hard for what we do, and it only makes sense that we demonstrate our skills in meets that are sanctioned. If there are meets in which one would like to participate that are not sanctioned, many times athletes can ask the meet organizers to get the meet sanctioned. Maybe, now that you know, you can tell them how to go about it.

This is one of the best tools we have for the credibility of our sport.



Masters Scene

NATIONAL

• On the Roads, the USATF RRIC publication, Vol. 2, Spring 2002, devotes half of the issue to 2001 world and U.S. masters rankings by time and by prize money. It also lists the W40+ qualifiers for the U.S. Olympic Marathon Trials (St. Louis, April 4, 2004) as of May 5, 2002: Gordon Bakoulis (2:41:43), Joan Samuelson (2:42:56), and Marie Boyd (2:47:59). No M40+ are listed as of May 5. For subscriptions contact: USATF RRIC, 5522 Camino Cerralvo, Santa Barbara, CA 93111. 805-696-6232; fax: 696-6252; email: ryan@run ningusa.org.

• Laace Deal, 40, of Eugene, OR and the NYAC, broke Ed Burke's 18-year-old M40 U.S. HT record (243-11) with a USA Outdoor T&F Championships winning throw of 244-5, Stanford, U., June 21. Deal tied Hal Connolly for the most national hammer titles with nine, and earned \$4000 first-place money and the right to represent the U.S. in the IAAF World Cup Championships, Sept. 21-22, Madrid, Spain.

EAST

Kim Griffin, 40, 17:41, led the entire women's field at the NYRR Allure Mother's Day 5K, Central Park, NYC, May 12. Amador Ybanez, 45, led the masters men. Kenneth Jones, 71, 23:14, and Helene Bedrock, 67, 24:13, were outstanding in their age groups. In an accompanying all-women half-marathon, Alayne Adams, 40, 1:22:25, claimed the masters title.

Andrey Kuznetsov, 42, RUS, 15:11, finished third overall at the National Race for the Cure in Washington, D.C., June 1, surpassing 70,000 other fund-raising participants. Betty Blank, 49, Falls Church, VA, 20:41, was the W40+ leader.

 Jim Wetenhall, 47, increased the M45 U.S. records for the WP to 4286 and the 56# SW to 11.67, Albright College, Reading, PA, June 1. Carl Wallin has the current WP record at 4044 in 1987, and Wetenhall the 56# SW at 10.52 in 2001.

• Ernest Brake, 40, North Sutton, NH, 42:14, and Susan Hackney, 45, Montpelier, VT, 48:52, bested the masters fields in the Bedford 12K/NH RRCA Championships, Bedford, NH, May 18. Bill Engle, 70, Peterborough, NH, won the M70+ race in 59:19.

• Derrick Staley, 43, Ballston Lake, NY, 35:51, and Beth Gottung-Staler, 43, Clifton Park, NY, 40:40, were first overall in the Tom Robinson Memorial Hudson-Mohawk RRC 10K Championships, Guilderland, NY, April 27. Dale Keenan, 51, Selkirk, NY, won the M50 race with a third-place 36:27. Anny Stockman, 60, Rensselaer, NY, left lots of masters behind, with a 53:32.

• Dave Van Houghton, 43, of the Philadelphia Masters, took the lead with 600m to go and extended it to win the Larry Ellis Masters Invitational 1500 with a 4:16:3 at the Princeton Invitational, NJ, on May 5. Don DiDonato, 44, LI TC, meet record holder (4:13.8), ran a 4:22.3 to hold off Fred Kitzrow, 46, Albany TC, 4:23.0, for second. The race is named after the late Larry Ellis, longtime Princeton track coach, head coach of the 1984 U.S. Olympic T&F team, and supporter of masters running.

 Dan Lawson, 46, Gaithersburg, MD, with a 56:21, and Laura Freix, 40, Centreville, VA, with a 64:38, collected \$300 each for masters firsts, George Washington Parkway 10 Mile, Mount Vernon, VA, April 21.

 Gennady Temnnikov, 40, RUS, 15:36, third M40+ in the Boston Marathon, and Maria Spinnler, 40, Hagestow, MD, 18:19, were both second overall, worth \$100 apiece, in the adjunct 5K. After 17 years as a 15K, the race switched to a 10 mile. Over 1500 entered.

 Randall White, 46, 16:37, and Deb Kenny, W40, 20:48, hastened to masters firsts in the North County News 5K, Yorktown Heights, NY, June 2. Khalid Khannouchi, 30, who set a world best 2:05:39 in the 2002 London Marathon, ran in the middle of the pack (20:00) offering encouragement, then gave out and autographed more photos than there were entrants. Moroccan-born Khannouchi is a U.S. citizen and resides in Ossining, N.Y. His younger brother Alae, 17, was second overall (15:25).

 Maria Spinnler, 40, was fourth overall in 18:46 in the Mother's Day Metro 5K for Women, Tyson's Corner, MD, May 12. Karen Erb, 51, Alexandria, VA, ran a quick 22:54.

SOUTHEAST

• Erika Messner smashed three W65 U.S. records in the Florida AC Meet, Kissimmee, on May 19. In the javelin, she erased her 2001 record of 29.89 with a 30.55; in the hammer, she stretched the record of 26.78 by Judy Featherstone to 27.30; and increased the superweight record of 5.42 by Lillian Snaden to 5.54. Austin Baggett crunched the M70 U.S. record of 7.65 for the 35# SW by James York, set 18 years ago in 1984, with a super 9.96.

 Joan Nesbit Mabe, Chapel Hill, NC, who turned 40 in January, streaked to a W40 U.S. record 4:32.73 for the 1500 in the UNC Last Chance Meet, Chapel Hill, May 11. Nesbit Mabe was a 1992 Olympian in the 10,000. Carol McLatchie has the present record of 4:38.7.

• Mike Felling, 44, 26:58, and Linda Stein, 51, 31:15, strode to overall firsts, Sig Kurz Invitational 5000 Racewalk, Coconut Creek, FL, May 4. Division winners include Gary Null, M55, 27:41, Bob Fine, M70, 32:41, Eleanor Perry Smith, W55, 34:39, and Marcia Shafmaster, W70, 39:25.

MIDWEST

• Theresa Kopach, 40, Ann Arbor, MI, in 40:19, and Nancy Cassell (Grayson), 52, Northville, MI, in 40:35, were 1-2 females overall in the Ferndale Foot Frolic, Ferndale, MI, May 19. Tim Emmett, 46, Royal Oak, MI, was first M40+, with a 35:27. Larry Parker, 53, Eastpoint, MI, won the M50 race in 37:38. Kopach, a recent W40 who races every couple of weeks on 40 miles a week, said, after the race, "It's good to be 40 and be a winner." The race was staged by the Motor City Striders under the direction of club president, Dr. Ed Kozloff. Hayes Lemmerz was the title sponsor, with help from Running Fit and the Ferndale Police & Fire departments.

 Centenarian Everett Hosack, 100, Chagrin Falls, OH, fell a smidgen short of breaking the M100-104 WRs in the DT (7.38/24-2½) and JT (6.69/21-11½) held by California's John Whittemore, with a DT throw of 7.15/23-5 and a JT of 6.68/21-11, North Coast Invitational, Brecksville, OH, May 19.

MID-AMERICA

 Wendell Palmer, 70, broke the M70 U.S. record for the 1kg discus with a 46.68 in the Rocky Mountain Qualifier Masters Championships, Albuquerque, NM, May 18-19. Ladislav Filip, of Oregon, holds the present record at 45.59. Palmer already has the M65 record of 53.92.

• Peter Kretsch, 41, Derby, KS, 57:32, and Vickie Luebbers, 44, Wichita, KS, 66:02, cruised to masters victories, Run Wichita Memorial Day 15K, May 26. Top age-graded masters were Dick Wilson, 70, Lawrence, KS, with a meet record 65:50/A-G48:57, and Marla Rhoden, 46, Topeka, KS, 64:42/A-G59:13.

SOUTHWEST

• Joe Greenberg, 2001 top-ranked M50 in the javelin, was at it again with a 208-7, Houston Sr. Games, April 21. Larry Vollmer, a highly ranked M45 in the LJ in 2001, hit the 194 mark as an M50. Diane Gulterrez, W50, won the W50 SP with a 32-11½. Wayne Bennett, M65, blistered the track in the 100 (13.00) and 200 (27.59).

• Ron Parks, 41, Tulsa, OK, flew to an overall first in 15:59, Saint Francis Corporate Challenge 5K, Tulsa, April 13. Martha O'Rourke, 51, Tulsa, was second woman overall (20:25), and Donna Spencer, 51, Tulsa, fourth (21:59). A week later, Parks churned out an M40+ first (17:30) on a sloppy, but flat, course in the Race for Victory 5K X-C, Tulsa. Prescilla Godl, 41, Golden Arrow, OK, collected \$250 for her women's second-place 21:11, while Marlene Gelsthorpe, 44, Enid, OK, won \$200 with a third-place 22:43.

WEST

• Kathy Bergen, 62, La Cañada, CA, upped the W60 U.S. HJ record from 1.29, by Evelyn Wright, to 1.31 in the Southern Calif. Striders' Meet of Champions, CSU-Long Beach, May 11. In other events, Lynn Naftel, W55, scorched a hand-timed (not allowable for records) 55.9 in the 300H, well below the U.S. record of 59.82; Anna Wlodarczyk, W50, posted the fastest 100 (13.0) among the women; and Kettrell Berry, M35, won the 200 in 22.0 and the 400 in 49.4.

• On May 26, Bergen upped the U.S. record to 1.34 at the Dan Aldrich Memorial Meet, UC-Irvine. The Cal Coast M50 squad set a U.S. record for the 4x1500 with a 19:12.6. Some 160 participated under the direction of Cornellus McCormick.

 Lad Pataki revised the M55 U.S. DT record of 54.44 by Larry Pratt with a 55.22, KelField Meet #106, Santa Cruz, CA, June 1, and the listed record for the 56# SW of 9.08 by Bob Backus way back in 1986, with a 10.84.

• Marie Romero, 43, celebrated at the Fiesta Days 10K, La Cañada, CA, May 27, with a first female overall 40:17. Jeff Nelson, M40, took the M40+ race in 34:09. Benjamin Caro, M55, was the only other master under 40:00, with a 37:25. In the 5K, Tracy River took the M40 race from Ed Lopez by one second with a 17:53. Claire Seibly, W40, rambled to the W40+ title with a 20:58. Division winner standouts included Lee Baca, M60, 19:46, Walter Atcheson, 75, 29:03, and Donna Cunngunga, W55, 24:28.

• Jose Luis Diaz, M45, 72:08, and Tammy Sergeant, W40, 86:07, registered masters wins in the 47th Fontana Half-Marathon, Fontana, CA, June 1. Juan Cabeza, M55, 80:08, and Penny Tyree, W60, 99:17, were notable age-group victors. In the 5K, Rich Burns, M45, steamed to a 15:14 M40+ first. Tracy Golba (17:34) and Kelly Archuletta (17:50) were 1-2 in the W40 contest. Bonnie Harkins took the W60 gold medal in 23:25.

• James Kurtzman, 40, Coto De Caza, CA, 16:13, and Laura Wissert, 44, Costa Mesa, CA, 21:44, flew to masters conquests in the Flo-Jo Memorial 5K, Laguna Hills, CA, May 27. Leroy Carter, 70, La Tijera, CA, placed 171st of over 1200 finishers. Fast females included Ann Phillips, 47, Sanger, CA, second W40+, 21:51, Nancy Ten Berge, 60, Huntington Beach, CA, 25:23, and Mary Storey, 78, Riverside, CA, 31:21. Edith Allen, 91, Laguna Hills, CA, ran a 46:24.

NORTHWEST

• Tony Young, 40, Redmond, WA, ran a 4:09.61 mile in the Seattle International Meet, June 9, well below the listed M40 U.S. record 4:12.24 by Larry Almberg in 1990. Young plans to compete in the National Masters Championships in Orono next month.

• A good chance that the male and female overall finishers in the Wings of Gold Marathon, Whidbey Island, WA, April 27, set a record of some sort by being the first age-50-and-over masters to win overall in the same marathon. Marathon legend Doug Kurtis, a recent 50, who won marathons in the Northwest several times in the '80s, traveled from Livonia, MI, to win the Gold Marathon in 2:44:35. Gunhild Swanson, 57, outran younger runners to win in 3:30:21.

• Steve Pollock, 42, 9:10:19, and Barbara Marquer, 46, 11:37:02, were first masters in the Wyoming Double Marathon (52.4 miles), Cheyenne, May 26. Tony Martin, 44, finished second (3:47:17), and Theresa Daus-Weber, 47, 22nd (4:29:33), among the over 100 finishers in the marathon. Grant Frost, 40,1:54.25, and Emily Quarterman, 40, 2:09:57 nabbed masters wins in the 13.2 miler.

 Chris Clark, 42, Salem, OR, 34:01, and Myra Klettke, 42, Lake Oswego, OR, 39:27, captured firsts in the Up The Lazy River 10K/Oregon RRC Masters Championships, West Linn, May 27. Carl Trabant, 40, Lake Oswego, was M40+ runner-up in 34:19. Division winners included Bob Ray, 50, Salem, 38:10; Scott Taylor, 57, Beaverton, OR, 38:49; and Bonnie Morris, 50, West Linn, 46:49.

OBITUARIES

· Dr. Adrien Pronovost, 82, a longtime member of the Dallas Masters T&F Club, passed away on May 25. In 1998, he won the gold medal in the 8K cross-country at the Nike World Masters Games, Eugene, Ore. Last year, he achieved All-American status in the weights. Pronovost, a retired dermatologist, qualified to represent Canada in the 1948 Olympic Games but elected to finish medical school that year and did not participate. As a young man, Pronovost set a number of national and world records in Canada, including some races run with snow shoes. He moved his practice to Corpus Christie, Tex., from Toronto in the '60s and retired from active practice in the '80s. He worked for the federal government for several years as a prison doctor before fully retiring in the early '90s.

· Ross Carter, 88, who became a masters world record holder in the throws in his later years, after a standout football career at the U. of Oregon and the NFL in the 1930s, died of age-related causes on June 20 in Eugene, OR. One of the most popular competitors among both world and national throwers, Carter holds age-group world records for the M80 and M85 shot put and M85 discus, U.S. shot put and discus records in the M75, M80, and M85, and dozens of single-age world and national records. In 1994, he was honored by the USATF Masters T&F Committee for his shot put of 12.27/40-3 as the Outstanding Single Performance of the Year, and as the Outstanding Male Athlete of the Year. After a sterling career at the U. of Oregon as an offensive and defensive lineman in the 1934 and 1935, and participation in the 1936 Shrine All-Star Game, he was selected in the eighth round of the NFL draft by the Chicago Cardinals and played four seasons. Before retirement, he worked in the wholesale lumber business in Eugene. He was elected to the USATF Masters Hall of Fame in 1998. He is also a member of the Oregon State Hall of Fame and the U. of O. Hall of Fame.

• Willie Davenport, who won the 110 H at the 1968 Olympics and competed at age 42 in the 1985 World Veterans Championships in Rome, died of a heart attack June 17 at O'Hare Airport in Chicago. He was 59. He was reportedly en route to his office in Virginia. He was a member of the four-man American bobsled team that finished 12th at the 1980 Winter Olympics. He was a member of the USA Track and Field Hall of Fame. A native of Troy, Ala., he competed at Southern U. of Baton Rouge, La.

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TRACK

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August 8-11. 35th a Masters Champion Orono. Rolland R Memorial Gymnasiu 207-581-1077; mai com; http://www. trackfield.html September 7. USA

Weight & Superw West Seattle Stadiu Hillcrest Ave. SW, S 932-3923; kweinbel November 9. US. Weight Pentathlon Amant, La. Jeff Bat Gonzales, LA 70737

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July 9. The Color Albany, N.Y. 6:1: hmrrc.com

July 10, 17, 24. Meet, Ocean Town Oakhurst, N.J. 6:1. 28 N. Locust Ave., 07764. Elliottden@ July 13. USATF Bowdoin College Watson, 207-443-6 July 13. Long & St J.P. McKaskey H Lancaster, Pa. 9 Thompson, 717-2 aol.com, or Terry S TGShuman2@aol strong.com for ent July 14. USATF I ships, Uniondale www.litf.org July 26-27. USAT Championships, Springfield, Mass. July 27-August Olympics, site TB

Olympics, site TB Bill Mudano, Jr., I megstategames.co August 4 & 18 Meets, T.C. Willia 8:30 am. 703-671 August 7. DC R Mile & 3K Washington & Le age groups/open Bob Weiner, 301-August 18. New Senior Games, M Open to out-of-st

Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are usually limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

TRACK & FIELD

NATIONAL

August 8-11. 35th annual USATF National Masters Championships, U. of Maine, Orono. Rolland Ranson, U. of Maine, Memorial Gymnasium, Orono, ME 04469. 207-581-1077; mainetrack_field@yahoo.com; http://www.ume.maine.edu/-track/trackfield.html

September 7. USATF National Masters Weight & Superweight Championships, West Seattle Stadium. Ken Weinbel, 4103 Hillcrest Ave. SW, Seattle, WA 98116. 206-932-3923; kweinbel@attbi.com

November 9. USATF National Masters Weight Pentathlon Championships, St. Amant, La. Jeff Baty, 321 E. Josephine St., Gonzales, LA 70737. 225-644-6930.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

July 9. The Colonie Mile, Colonie HS, Albany, N.Y. 6:15 pm. 518-435-4500; hmrrc.com

July 10, 17, 24. Shore AC All-Comers Meet, Ocean Township HS, W. Park Ave., Oakhurst, N.J. 6:15 pm. Elliott Denman, 28 N. Locust Ave., West Long Branch, NJ 07764. Elliottden@aol.com

July 13. USATF Maine Championships, Bowdoin College, Brunswick. Dave Watson, 207-443-6171; www.meusatf.org July 13. Long & Strong Throwers Classic, J.P. McKaskey HS, 445 Reservoir St., Lancaster, Pa. 9 am. Contact Glenn Thompson, 717-238-1720/Thrower60@ aol.com, or Terry Shuman, 717-285-7943/ TGShuman2@aol.com; www.longand strong.com for entry form.

July 14. USATF Long Island Championships, Uniondale, N.Y. 516-349-1770; www.litf.org

July 26-27. USATF East Regional Masters Championships, Springfield College, Springfield, Mass. www.usatfne.org

July 27-August 4. Connecticut Senior Olympics, site TBA. Open to out-of-state. Bill Mudano, Jr., 860-528-4588; www.nut megstategames.com

August 4 & 18. Potomac Valley TC Meets, T.C. Williams HS, Alexandria, Va. 8:30 am. 703-671-2520; www.pvtc.org

August 7. DC Road Runners Free One Mile & 3K Track Championships, Washington & Lee HS, Arlington, Va. All age groups/open to all. Register on site. Bob Weiner, 301-283-0821.

August 18. New Hampshire, Granite State Senior Games, Memorial HS, Manchester. Open to out-of-state. GSSG, 610 Front St., Suite B, Manchester, NH 03102-2610. 603-622-9041; www.nhseniorgames.org September 4-11. Maine Senior Olympics, Portland. Anita Chandler, 207-775-6503. September 20-23. New Jersey Senior Olympics, Fort Monmouth. Michael Garamella, 973-618-1111.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

July 19-25. Tennessee Senior Games, Nashville. Christine Dewbre, 615-902-9261.

July 20. Jacksonville TC Summer Classic, Bolles School Track, Jacksonville, Fla. Field - 5 pm; track 5:15 pm. Lamar Strother, 1511 S. McDuff Ave., Jacksonville, FL 32205. 904-384-TRAK.

July 21. Georgia Games Meet, Burke County HS, Waynesboro. Masters/Open. Jim Hite, 478-982-4881; www.georgia games.org

August 31-September 1. USATF Southeast Regional Masters/PVA Championships, T.C. Williams HS, Alexandria, Va. Mark Richards Pentathlon & Special Weight Pentathlon on 31st. SASE to Potomac Valley Games, c/o V. Meyer, 2305 S. Buchanan St., Arlington, VA 22206. 703-671-2520; www.pvtc.org

September 24-28. Georgia Golden Olympics, Robins AF Base. Vicki Pilgrim, 404-657-6644.

September 30-October 6. North Carolina Senior Games, Raleigh. Cindy Trumbower. 919-851-5456; www.ncsenior games.org

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

July 6. Dayton Track Classic, Welcome Stadium, Dayton, Ohio. Bob Jones, 937-837-2754; BJRun1@Juno.com

July 6. Cleveland Classic Meet, Broadview Heights, Ohio. Robert L. Walters, Jr., 440-526-5635; rlwalters@prodigy.net; www.othtc.org

July 7. Sprint & Mid-Distance Challenge, Oak Forest, Ill. (100/400/200/300/1500/ 800/1000) Gerry Krainik, www.midwest masterstrack.org

July 8-13. Indiana Senior Games, Indianapolis. Open to out-of-state, 800-253-2188; www.swirca.org

July 21. Midwest Masters Meet, Oak Forest, Ill. See July 7; Gerry Krainik.

July 27. Ohio Senior Olympics, Columbus Maryann Tilley, 614-645-3320. August 4-8. Michigan Senior Olympics, Midland. Marye Miller, 248-608-0255; www.michiganseniorolympics.org

September 3-15. Wisconsin Senior Olympics, Milwaukee. Helen Ramon, 262-821-4444; www.execpc.com/~aging September 18-22. Kentucky Senior



TESH TESHIMA

Uaaree Matsuda, first W60 (28:22), 2002 Race Against Violence 5K, Honolulu.

Olympics, Elizabethtown. Eddie Bowen, 270-358-4321; www.scrtc.com/-wenk4jz September 20-22. Illinois Senior Olympics, Springfield. Sheila Sheilds, 217-789-2284.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

July 7. USATF New Mexico Masters & Open Meet, Milne Stadium, Albuquerque. Kathy Fones, 31 Sandhill Rd., Los Lunas, NM 87031. 505-865-8612; fax: 565-8387; email: foneskn@aol.com

July 30-August 4. Rocky Mountain Senior Games, Greeley, Colo. Open to outof-state. Sheri Lobmeyer, 970-350-9433; www.rmseniorgames.com

August 4. Blair Open Track Meet, Blair, Nebr. Mike Maryott, 1485 South St., Blair, NE 68008. 402-426-5955.

August 7-11. New Mexico Senior Olympics, Las Cruces. Cecilia Acosta, 505-623-5777.

August 15-18. Nebraksa State Senior Olympics, Kearney. Open to out-of-state. Scott Hayden, 308-237-4644; www.nebraskaseniorgames.com

August 24. Halstead Masters & Open Meet, Halstead HS, Kansas. 4:00 pm. Bob Everoski, Halstead Recr. Commission, 316-835-3366, 835-2286.

August 31-September 1. Rocky Mountain Masters Games, Colorado St. U., Fort Collins. Jim Weed, 1166 Eagle Rd., Broomfield, CO 80020. Jerry Donley, 719-635-1264; www.denvertrackclub.org/ RMMG/RMMG-events.htm

September 5-8. South Dakota Senior Games, Sioux Falls. Al Weisbecker, 605-428-3807; www.sdseniorgames.atfree web.com

September 26-29. Kansas Senior Olympics, Topeka. KS Sr. Olympics, 1534 SW Clay, Topeka, KS 66604. 785-368-

ON TAP FOR JULY

Masters Regional Championships are set for the Southwest, Fort Worth, Texas, on the 13th; West, Mission Viejo, Calif., 13th-14th; Northwest, Salt Lake City, 19th-20th; and East, Springfield, Mass., 26th-27th. Association championships are scheduled for New Mexico, on the 7th; Maine, 13th; Long Island, 14th; Inland Northwest, 20th; and Texas, 27th. The BVAF Championships will be held in Copthall, North London, England, on the 27th-28th.

LONG DISTANCE RUNNING

Ultras head for the White River 50 Mile Trail/National Masters Championships, Crystal Mountain, Wash., on the 27th. The month opens with a bang on the 4th with the Peachtree 10K, Atlanta, and the Butte to Butte 10K, Eugene, Ore., followed by the Utica Boilermaker 15K, N.Y., on the 14th; Buffalo 4-Mile Chase, N.Y., and Quad-City Times Bix 7, Davenport, Ia., 20th; and the Wharf to Wharf 6 Mile, Santa Cruz, Calif., 28th.

RACEWALKING

Association championships are on the slate for Maine, on the 13th; MAC, 14th; and Long Island, 14th and 28th.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

July 13. Cat Spring Grunt IV Throwers Meet, Cat Spring, Texas. Mark Chapman, 1884 Bostik Rd., Cat Spring, TX 78933-5306; K9luvrs@intertex.net

July 13. USATF Southwest Regional Masters Championships, Clark Stadium, Fort Worth, Texas. Open & Masters Events. Gourtland Gray, 972-527-9960; cpgray@attbi.com

July 27. Texas Masters Championships, Coppell HS. Wayne Bennett, vwrunner @aol.com; www.dallasmasters.com August 26 - September 1. Texas Senior

August 26 - September 1. Texas Senior Games Championships; Lubbock. Nancy Swallow, 877-747-7572; nancy.swallow@ lubbocksports.org

September 19-22. Arkansas Senior Olympics T&F Events, Hot Springs. Qualifying for 2003 NSGA Championships. AR Sr. Olympics, PO Box 3377, Hot Springs, AR 71914. 502-321-1441; email: arsolymp@hotsprings.net

September 21-26. Louisiana Senior Olympic Games, Baton Rouge. Butch Gipson, 225-925-1748; www.lsog.net

WEST

Arizona, California, Hawaii, Nevada

July 3, 10, 17, 24. San Ramon Parks & Recr. All-Comers, California HS, San

Continued on page 24

John Elliott, 63, Columbia, Md., ran a 67:04, MD/DC RRC 10 Mile Club Challenge,

Continued from page 23 Ramon, Calif. 6:00 pm. Steve Piersol, 925-

July 5, 12, 19, 29. Diablo Valley College All-Comers, Pleasant Hill, Calif. 5:00 pm.

Also Aug. 2. Includes SC & HT. Call to

confirm July 5. Daniel Cruz, 925-685-

July 6. California State Games, San

Diego. Includes 5000RW and SC. Arnie

Robinson, 619-263-7334; www.calstate

July 13-14. USATF West Regional

Masters Championships, Saddleback

College, Mission Viejo, Calif. Mark

Cleary, 18 Charca, Rancho Santa Margarita, CA 92688. 949-589-0242; e-

mail: runnermark@cox.net; web: www.

July 20. KelField Throws Meet #108,

Santa Cruz, Calif. G. Kelmenson, 831-

July 25-28. Ely Senior Games, Ely, Nev.

August 2-11. California State Senior

Games, San Jose. T&F on 3-4. www.sjsen

August 3. California Senior Games, San

Jose CC. 408-297-0247; becky.

atigedewe@ci.sj.ca.us; www.sjsenior

September 28-October 6. Nevada State

Games, Las Vegas. Vince Adamo, 3890 N.

Buffalo Dr., Las Vegas, NV 89129. 702-

242-1590. www.nevadaseniorolympics.

October 5. 29th annual Club West Meet,

Santa Barbara, Calif. Beverley Lewis, 805-

969-5852, fax: 969-6613; Gordon

October 5-6. Nevada Senior Olympics,

Las Vegas, Nevada. Nevada Senior

Games, Inc., 3890 N. Buffalo Dr., Las

Vegas, NV 89129. Contact: 702-242-1590;

McClenathen, 805-964-3005.

458-0300; kelfield@aol.com

Holly Wilson, 775-289-3709.

Columbia, Md.

1230. x2258.

games.org

xro.com/entry.pdf

iorgames.com

games.com



David Webster, RRCA Club Chal

September 21 10K/RRCA Cha Cow Harbor 101 11768. www.co September 21. Weirs, N.H. 8-p

September 22 National Chan Stasaitis, 154 13501. 315-79

September 2 5K, Philadelp

July 4. Peach

e-mail: srgames1@juno.com; web: www. nevadaseniorolympics.com

October 20. Self-Transcendence Masters Games, Long Beach St. U., Calif. 40+. Bigalita Egger, 6220 Bristol Parkway, #315, Culver City, CA 90230. 310-645-0271; fax: 645-8618.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

July 13-14. State Games of Oregon, Mt. Hood CC (Portland area). General info: 503-520-1319; t&f: Keith Maneval, 503-667-

July 19-20. USATF Northwest Regional Masters Championships, East HS, Salt Lake City, Utah. (Fri.-Sat. meet). John Kernan, kernj779@alpine.k12.ut.us

July 19-20. Big Sky Games, Billings, Mont. MT residents only. General info: 406-254-7426; www.bigskygames.org

July 20. Inland Northwest Masters Classic, Pullman, Wash. Jeff Schaller, 435 SW State St., Pullman, WA 99163. 509-332-3148(h); jeffschaller@turbonet.com

July 26-27. Seattle Masters Classic, West Seattle Stadium. Ken Weinbel, 206-938-3895; email: kweinbel@attbi.com

July 27-28. Washington State Senior Games, Olympia. Open to out-of-state. Dan Donahue, 360-493-5397; www.pugetsound games.com

August 8-11. Wyoming Senior Olympics, Evanston. Open to out-of-state. Steve Liechty, Evanston Parks & Recr., 275 Saddleridge Rd., Evanston, WY 82930. 307-

789-1770; www.eprd.net
September 12-15. Idaho Senior Games, Boise. Karin Hoffer-Boles, 800-859-0324; www.iad-ore.com

October 7-19. Huntsman World Senior Games, St. George, Utah. 10K, 5K, 1500. Contact: 800-562-1268; www.seniorgames.net

CANADA

July 13-14. Canadian Masters AA Championships, York U., Keele & Steeles, Toronto. Doug Smith, douglasj.smith@ sympatico.ca; www.canadianmastersath letics.com

INTERNATIONAL

July 13-14. Spanish National Masters Championships, Orense. www.sportec.es/

July 27-28. British Veterans Championships, Copthall, North London, www.bvaf. org.uk

August 15-25. 13th European Veterans Athletics Championships, Potsdam, Germany. Leichtathletik-Verband Brandenberg e.V. Am Luftschiffhafen 2. D-14471 Potsdam. 0331-900100; fax: 0331-900101; www.LV-Brandenberg.de

August 22-25. North & Central American & Carribbean WMA Regional Championships, Leon, Mexico. Enrique Heredia Lozano, FMAVAC, eherediavaca@hot mail.com; www.angelfire.com/la3/fmav

September 20-29. Asia-Pacific Games, Queensland, Australia. www.mastersgames.

October 5-13. World Masters Games, Melbourne, Australia. Multi-sport. WMG, Locked Bag 2002, South Melbourne, VIC 3205, AUST. E-mail: info@2002worldmast ers.org; www.2002worldmasters.org November 3-10. 11th South American Championships, Cochabamba, Bolivia. Pablo Vera, PO Box 24, Cochabamba, Bolivia. 591-4 4263068; fax: 591-4 4119200; anambol2002@yahoo.com July 2-13, 2003. 15th World Masters Athletics Championships, Carolina, Puerto Rico. www.puertorico2003.org

LONG DISTANCE RUNNING

NATIONAL

July 27. USATF National Masters Championships/White River 50 Mile Trail, Crystal Mountain, Wash. Scott McCoubrey, 919 E. Pine St., Seattle, WA 206-325-4800; www.whiteriver50.org

August 24. USATF National Masters Championships/Headlands 50K Trail Race, Sausalito, Calif. Peter Franks, PO Box 26052, San Francisco, CA 94126, 415-636-4655; www.headlands50k.org

September 14-15. USATF National Masters 24-Hour Championships, Olander Park, Sylvania, Ohio. Dan Brannen, 4 Strawberry Ln., Morristown, NJ 07960. 973-898-1261; danbrannen@earthlink.net

September 29. USATF National Masters Marathon Championships/Twin Cities, Minneapolis/St. Paul, Minn. TCM, Inc., 2925 Dean Parkway, Ste. 110, Minneapolis, MN 55416. 612-925-3500; fax 925-3532; www.twincitiesmarathon.org

October 19. USATF National Masters Championships/Edmund Fitzgerald 100K, Duluth, Minn. Sue Olson, 157625 Judicial Rd., Burnsville, MN 55306. 952-892-1108; www.edmundfitz.com

October 26. USATF National Masters 15K Championships/Tulsa Run, Okla. Jack Wing, 4038 E. 48th St., Tulsa, OK 74135. 918-292-1939.

November 3. USATF National Masters 8K



Human Race 5K, Islip, N.Y.

Jeanette Mitchell, 42, first W40+ (23:33), Vytra

Cross-Country Championships, Rochester, N.Y. Peter Glavin, 160 Laney Rd., Rochester, NY 14620. 716-242-9031; www.gvh.net

November 24. USATF National Masters 5K Cross-Country Championships, Holmdel, N.J. Madeline Bost, PO Box 10120, New Brunswick, NJ 08906. 732-296-0006; www.usatf.org/assoc/nj

December 14. USATF National Masters 10K Cross-Country Championships, Rocklin, Calif. Joe Rubio, Venue Sports, 4035 S. Higuera, San Luis Obispo, CA 93401. joe@venuesports.com; www.resultzone.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia Pennsylvania, Rhode Island, Vermont

July 7. NYRR Bronx Half-Marathon, Bronx, NYC. 212-860-4455; www.nyrrc.org July 7. Firecracker Run 5K/USATF LI Men's Championships, Massapequa, N.Y. 516-349-9157; www.litf.org

July 13. Hartford Women's 5K, Hartford, Conn. Beth Shluger, 119 Hebvron Ave., Glastonbury, CT 06033. 860-652-8866.

July 13. Spirit of Gettysburg 5K, Gettysburg, Pa. 717-334-9171; www.ywcagettysburg.org July 13. Saucony Cross-Country Series, Frick Park, Pittsburgh, Pa. 724-254-2369. July 13. Vytra Long Island Women's 5K,

Farmingdale, N.Y. 516-349-7647; www.

maker.com

July 20. Subaru Buffalo 4-Mile Chase, Buffalo, N.Y. James Nowicki, 697 W. Delavan Ave., Buffalo, NY 14222. 716-881-

July 20. Rockville Rotary Twilight 8K Runfest, Rockville, Md. 301-652-7048; www.mcrrc.org/twilighter

July 21. Stowe 8 Miler, Stowe, Vt. Stowe 8, 400 Upper Hollow Hill Rd., Stowe, VT 05672. www.stowe8miler.org

July 21. Indian Ladder Trail 15K, Thacher State Park, Albany, N.Y. Hudson-Mohawk RRC, 435-4500; hmrrc.com

July 30. JP Morgan Chase Corporate Challenge 3.5 Mile, Jones Beach, L.I., N.Y. 516-349-7649; www.glirc.org

July 30. Yankee Homecoming 10 Mile, Newburyport, Mass. 978-463-3393; www. yankeerace.com

August 3. Beach to Beacon 10K, Cape Elizabeth, Me. Entries close at 5000, 888-480-6940; www.Beach2Beacon.org

August 6. JP Morgan Chase Corporate Challenge 3.5 Mile, Syracuse, N.Y. 315-446-6285; www.jpmorganchasecc.com

August 10. George Sheehan 5 Mile, Red Bank, N.J. 732-303-7478(d); www.sheehan classic. org

August 11. SBLI Falmouth 7.05 Miles, Falmouth, Mass. 508-737-7874; Falmouth RoadRace.com

August 17. Merchants Mile, Massapequa Park, L.I., N.Y. 516-349-9157; www.litf.org August 18. Eamonn Coghlan 5K Classic, Belmont Race Track, N.Y. 212-686-1210: 685-4649

August 25. Stone Harbor Lions 10K/USATF Mid-Atlantic Championships, Avalon, NJ. 609-368-1440.

September 15. CVS/Pharmacy Downtown 5K, Providence, R.I. Charlie Breagy, c.breagy@worldnet.att.net September 15. Jefferson Hospital

Continued on page 25

glirc.org Continued from pag July 14. 25th annual Utica Boilermaker 15K, Utica, N.Y. 315-797-5838; www.boiler Philadelphia

Philadelphia, P ladistancerun.or 603-234-5452; 1 September 22 Cross-Country 4455; www.ny

> September 27 Mile Relay, Beach, N.H. lay, com September 28 NYC. 212-8 M&W60+ cc 6886; alpuma

Ga. Atlanta T Atlanta, GA atlantatrackelu July 13. Craz: 245-9559; ww July 20. Brid Fla. 904-794 yahoo.com September 1. Virginia B www.mrhalf.e



David Webster, second M45 (59:30), 2002

RRCA Club Challenge, Columbia, Md.

Continued from page 24

Philadelphia Half-Marathon & 5K. Philadelphia, Pa. 215-564-6499; www.phi ladistancerun.org

September 21. The Great Cow Harbor 10K/RRCA Championships, Northport, N.Y. Cow Harbor 10K, PO Box 41, Northport, NY 11768. www.cowharborrace.com

September 21. Lake Winnipesaukee Relay, Weirs, N.H. 8-person teams. Ken Robichaud, 603-234-5452; krobichaud@presstek.com

September 22. NYRR Fred Lebow 5K Cross-Country, Central Park. 212-860-4455; www.nyrrc.org

September 22. Falling Leaves 5K/RRCA National Championships, Utica, N.Y. Jim Stasaitis, 154 Elmwood Place, Utica, NY 13501. 315-797-4949.

September 27-28. Reach the Beach 200 Mile Relay, Bretton Woods-Hampton Beach, N.H. 508-881-4505; www.rtbrelay. com

September 28. NYRR Fifth Avenue Mile, NYC. 212-860-4455; www.nyrrc.org; M&W60+ contact Al Puma, 718-854-6886; alpuma@att.net

September 29. Four Seasons Terry Fox 5K, Philadelphia. 215-963-2737.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

July 4. Peachtree Road Race 10K, Atlanta, Ga. Atlanta TC, 3097 E. Shadowlawn Ave., Atlanta, GA 30305. 404-231-9064; www. atlantatrackclub.org

July 13. Crazy 8's 8K, Kingsport, Tenn. 432-245-9559; www.crazy8s.org

July 20. Bridge of Lions 5K, St. Augustine, Fla. 904-794-0222, x4749; spolystjohns@ vahoo.com

September 1. Rock 'N' Roll Half-Marathon, Virginia Beach, Va. 800-311-1255; www.mrhalf.com

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

July 19. Andersen's Bastille Day 5K, Chicago, Ill. 773-868-3010, x228; andersen. com/bastilledayrace

July 20. Standard Federal Bank 10K Series, Grand Rapids, Mich. 877-904-5408; www. standardfederalbank10k.com

July 27. Greater Clarksburg 10K, Clarksburg, W.Va. 304-624-4100; www.Clarksburg 10K.com

July 28. Johnnycake Jog 5 Mile, Painesville, Ohio. Jim Murphy, 7085 Mentor Ave., Willoughby, OH 44094. 800-947-2737.

August 8. JP Morgan Chase Corporate Challenge 3.5 Mile, Chicago, Ill. 773-777-9000; www.chasecc.com

August 10. Paavo Nurmi Marathon & Relay, Upson, Wisc. 715-561-3290; www.hurleywi.

August 17. Standard Federal Bank 10K Series, Kalamazoo, Mich. 877-904-5408; www.standardfederalbank10k.com

August 17. Parkersburg Half-Marathon, Parkersburg, W. Va. 304-485-8844; www. parkersburgnewsandsentinel.com

August 24. Crim Festival of Races 10 Mile, Flint, Mich. 810-235-3396; www.crim.org

September 8. Chicago Half-Marathon. 773-929-6072; chicagohalfmarathon.com

September 14. Standard Federal Bank 10K Series, Detroit-Metro, Mich. 877-904-5408; www.standardfederalbank10k.com

September 21. USAF Marathon, Wright Patterson Air Force Base, Dayton, Ohio. Contact: 937-257-4350; http://afmarathon. wpafb.af.mil

September 21. Corn Classic 5000, Morganfield, Ky. 8:30 am. Douglas J. Johnson, 270-389-4684; 389-2323

September 29. Fox Cities Marathon, Appleton, Wisc. 5K Run/Walk on 28th. \$10,000 prize money. Contact: 877-230-7223; www.foxcitiesmarathon.org.
October 13. LaSalle Bank Chicago

Marathon. 888-243-3344; www.chicago marathon.com



Piriya Pinit, M56, 67:16, and Linda Wack, 46, 67:21, 2002 RRCA Club Challenge, Columbia,

MID-AMERICA

Colorado, Iowa, Kansas, Minnes Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

July 13. Midnight Madness 10K & 5K, Ames, Iowa. Roman Lynch, PO Box 266, Ames, IA 50010, 515-232-6131.

July 20. Quad-City Times Bix 7, Davenport, Iowa. Ed Froehlich, edfroehlich@home.com September 7. Dick Beardsley Half-Marathon & 5K, Detroit Lakes, Minn. 1-800-542-3992; www.visitdetroitlakes.com

September 14. Turkey Day 10K, Worthington, Minn. 507-376-6105(d); 376-5610(e).

September 21. Walker North Country Marathon, Relay, & 10K Run/Walk, Walker, Minn. 218-547-3327; www.raceberryjam

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

July 4. Sportspectrum Firecracker 5K, Shreveport, La. Matt Brown, 7607 Youree Dr., Shreveport, LA 71105. 318-798-1241. July 4. Bethany 8K Classic, Bethany, Okla.

July 27. Mohawk 5000, Tulsa, Okla. Mohawk 5K, 12127 E. 29th Ct., Tulsa, OK 74129. www.signmeup.com/mohawk5000

www.okrunner.com

August 24. Arkansas Senior Olympics 10K, Hot Springs. Qualifier for 2003 NSGA Senior Games. AR Sr. Olympics, PO Box 3377, Hot Springs, AR 71914; 501-321-1441; arsr olym@hotsprings.net

WEST

Arizona, California, Hawaii, Nevada

July 7. Fleet Feet Capitol Mile/USATF PAC Championships, Sacramento, Calif. 916-929-4786; www.rungoldmedal.com July 14. Eden Medical Center's Run to the Lake 10K & 5K, Castro Valley, Calif. 415-759-2690; www.RhodyCo.com July 28. Wharf to Wharf 6 Mile, Santa Cruz,

Calif. 831-475-2196; wharftowharf.com July 28. Chronicle San Francisco Marathon/Relay, Half-Marathon, & 5K.

800-698-8699; www.chroniclemarathon. August 18. 24th annual McConnell's Ice

Cream 5K & 10K, Santa Barbara, Calif. Kevin Young, 805-564-3400; kyoung@

August 18. America's Finest City Half-Marathon & 5K, San Diego, Calif. 858-792-2900; www.afchalf.com

August 22 (Thurs). Sunset in the Park 2.8 & 4.8 Cross-Country Race, Huntington Beach, Calif. 6:00 pm. SASE to Finish Line International, 7846 Connie Dr., Huntington Beach, CA 92648. 714-841-5417; www. nealand.com/finishline

August 24. Summertime Jet to Jetty 5K & 10K, Playa del Rey (Los Angeles), Calif. Airport Marina Counseling Service, 310-670-1410

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

July 3. Club Northwest Firecracker 5000, Seattle. 11:55 pm start. Finishes in Memorial Stadium July 4. 206-729-9972; www.promo tionevents.com

July 4. Pacific Continental Bank Buttte to Butte 10K, Eugene, Ore. 541-687-1989; buttetobutte.org

July 24. Deseret News/Granite Furniture Marathon & 10K, Salt Lake City. 801-270-7260; www.desnews.com/run

August 23. Nationwide Insurance Hood to Coast Relay 195 Mile, Mt. Hood-Seaside, Ore. 503-292-4626; www.hoodtocoast.com



GEORGE BANKER

John Tuttle, 42, fourth overall (30:22), Sallie Mae 10K, Washington, D.C.

CANADA

July 7. Calgary Herald Stampede 10K, Calgary, Alberta. 403-264-2996; www.stamp ederoadrace.com

RACEWALKING

July 13. USATF Maine RW Championships, Brunswick. Dave Watson, 207-443-6171.

July 14. USATF Long Island 3K RW Championships, Hauppage, N.Y. Gary Westerfield, 631-979-9603.

July 14. USATF MAC 5K RW Championships, NYC. Stella Cashman, 212-628-

July 28. USATF Long Island 5K RW Championships, East Meadow, N.Y. Gary Westerfield, 631-979-9603.

August 8-11. USATF National Masters 5000 (9th) & 10K (11th) RW Championships, Orono, Me. See National T&F Schedule.

September 1. USATF National Masters 40K Championships, Ft. Monmouth, N.J. Elliott Denman, Shore AC, 28 N. Locust St., W. Long Branch, NJ 07764. 732-222-9080; elliottden@aol.com

September 7. North Central 5K RW Championships, Detroit Lakes, Minn. Paul Geyer, 218-847-0410.

September 21. USATF National Masters 5K RW Championships, Kingsport, Tenn. Bobby Baker, 318 Twin Hill Dr., Kingsport, TN 37660. 423-349-6406; bbaker@preferred.com

September 28. USATF National Masters One-Hour RW Championships, St. James, N.Y. Michael Roth, Walk USA, 185 Lake Ave., St. James, NY 11780. 631-584-9824; mjroth@IX.netcom.com

October 7-19. Huntsman World Senior Games, St. George, Utah. Contact: 800-562-1268; www.seniorgames.net

October 20. USATF National Masters 20K Championships, Coconut Creek, Fla. Dan Koch, Florida AC, 3331 N.W. 22nd St., Coconut Creek, FL 33066. 954-970-9634; fax: 970-0382; racewalker@cyber agency.net\

RECIPIENTS OF ALL-AMERICAN AWARDS

| M40-44 Mac Allen John Anderson | Mile Mile | 4:41.52 4:49.9 | 3-23-02 6-30-01 | M65-69 William Bittner | 55m | 7.8 8.3 | 3-16-02 4-14-02 | W35-39 Liz Pitser | нј | 1.35 | 5-3-02 |
|---|-------------------|----------------------------|--|--|------------------|---------------------------|----------------------------------|---|-------------|-----------------|------------------------|
| Kenny Cook Steve Cooper Warren Taylor | 3K 800 SP | 9:58 2:05.41 15.18 | 5-22-02 4-26-02 8-05-01 9-01-01 | Norman Ellis Kallukkat Thomas M70-74 | 60m 55m TJ | 8.0 8.91 | 3-16-02 3-16-02 | W40-44 Pam Gunneson Mary Steppl | HJ Mile | 1.27 6:04.17 | 3-17-02 5-19-02 |
| Glen Whiteley M45-49 Wilhelm Anderson | 400 3000 i | 47.74 52.6 10:16.76 | 7-25-01 | William Patrick Dwight Shaeffer | WP 1500 | 3251 6:19.19 | 4-7-02 | W45-49 Nancy Cochrane Debbie Topham | HJ 3K RW | 1.27 | 3-22, 24-02 3-24-02 |
| Bruce Roebal M50-54 Ray Milojevich | Mile | 5:00.47 | 1-19-02 | M75-79 Willis Moses | 1500 800 | 7:02.94 3:22.36 | 7-21-01 7-21-01 | W60-64 | | | |
| M55-59 Walter Atcheson Hank Konen Robert Weiner | 10K D 3K sc | 38:30 151-6 13:12.40 | 3-27-82 4-21-02 | M90-94 Allan Bjork | D J SP | 50-8 51-50 19-9 1/4 | 10-10-01 10-10-01 10-10-01 | Suzanne Franco W65-69 Anne Ydell | 5K W | 24:23 | 5-12-02 4-27-02 |

| | obert \ | | 3 | K sc | 13:12. | 40 5-4 | -02 | | | 91-17 | Day July | - | |
|--------------|---------|------------------|---------|--------------------|-------------|------------------|------------|------------------|--------------|--------------|------------|----------------|-----------------|
| A L | J.S. | MAS | TE | RS A | LL- | AMI | ERIC | CAN | STA | AND | ARI | DS | |
| | Short's | | | | | OR ME | | | | | | | RES |
| Event | 30-34 | 35-39 | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | | 70-74 | | 80-84 | | |
| 55 | 6.8 | 6.9 | 7.1 | 7.2 | 7.4 | 7.9 | 8.1 | 8.4 | 8.9 | 9.4 | 10.4 | | 13.5 |
| 60 | 7.4 | 7.55 | 7.7 | 7.85 | 8.05 | 8.5 | 9.0 | 9.25 | 9.5 | 10.0 | 11.2 | | 16.6 |
| 100 | 11.0 | 11.3 | 11.5 | 11.9 | 12.2 | 12.6 | 13.2 | 13.8 | 14.6 | 16.0 | 18.0 | 23.0 | |
| 200 | 22.4 | 23.2 | 23.8 | 24.6 | 25.5 | 27.0 | 27.9 | 29.5 | 32.0 | 35.0 | 40.2 | 52.0 | |
| 400 | 51.5 | 52.5 | 53.8 | 56.0 | 57.5 | 62.0 | 65.0 | 69.0 | 75.0 | 88.0 | 98.0 | 120.0 | |
| 800 | 2:02 | 2:04 | 2:06 | 2:11 | 2:16 | 2:25 | 2:35 | 2:45 | 3:06 | 3:35 | 3:55 | 4:30 | |
| 1500 | 4:20 | 4:22 | 4:24 | 4:35 | 4:45 | 5:10 | 5:20 | 5:45 | 6:30 | 7:20 | 8:10 | 9:20 | |
| Mile | 4:40 | 4:40 | 4:50 | 5:00 | 5:10 | 5:30 | 6:00 | 6:15 | 6:55 | 8:20 | | 10:15 | |
| 3000 | 9:25 | 9:40 | 10:00 | 10:25 | 10:45 | 11:15 | 11:50 | 12:45 | 13:40 | 15:50 | 19:10 | 23:00 | 26:00 |
| 5000 | 15:45 | 16:00 | 16:15 | 16:45 | 17:30 | 18:25 | 19:30 | 21:00 | 23:30 | 26:00 | 29:00 | 32:30 | 35 |
| 10000 | 32:30 | 32:50 | 33:30 | 36:00 | 38:00 | 39:00 | 40:30 | 44:00 | 48:30 | 54:30 | 61:15 | 68:30 | |
| 55H | 8.6 | 8.7 | 9.0 | 9.5 | 10.0 | 10.3 | 10.6 | 10.9 | 11.2 | 11.6 | 12.5 | | |
| 60H | 9.0 | 9.3 | 9.4 | 9.8 | 10.3 | 10.6 | 10.9 | 11.1 | 11.4 | 12.0 | 13.6 | | |
| 110H | 15.4 | 16.5 | 17.8 | 18.8 | | | | | | | | | |
| 100H | | | | | 18.0 | 19.0 | 20.0 | 21.0 | | | | | |
| 80H | 100 | 200 | 3,1870 | | | | | | 18.0 | 21.0 | 25.0 | 30.0 | |
| 400H | 58.0 | 60.0 | 62.0 | 64.0 | 68.0 | 71.0 | | | *** | 75.0 | 05.0 | 95.0 | |
| 300H | | N. V. | | | 48.0 | 51.0 | 55.0 | 60.0 | 67.0 | 75.0 | 85.0 | 95.0 | |
| 3K-SC | 10:10 | 10:30 | 11:45 | 12:40 | 13:30 | 14:00 | | 40.00 | 40.00 | 14:00 | 16:30 | 19:30 | |
| 2K-SC | | | - | | | | 9:30 | 10:30 | 12:00 | 1.15 | | | |
| HJ | 1.90 | 1.85 | 1.76 | 1.68 | 1.60 | 1.50 | 1.45 | 1.38 | 1.25 | 3-91/4 | 1.00 | 0.80 2-7'/a | |
| - | 6-23/4 | 6-1/4 | 5-91/4 | 5-6 | 5-3 | 4-11 | 4-9 | 4-61/4 | 4-11/4 | 2.00 | 1.80 | 1.30 | |
| PV | 4.40 | 4.10 | 3.95 | 3.70 | 3.55 | 3.05 | 2.70 | 2.40 | 2.30 | | | 4-31/4 | |
| 1/200 | 14-51/4 | 13-51/4 | | 12-11/2 | 11-7% | 10-0 | 8-101/4 | 7-101/2 | 7-61/2 | 3.35 | 5-10% | 2.20 | |
| LJ | 6.50 | 6.10 | 5.85 | 5.60 | 5.40 | 4.90 | 4.50 | | | 10-11% | 9-41/4 | 7-21/2 | |
| | 21-4 | | 19-21/4 | 18-41/2 | 17-81/2 | 9.50 | 8.90 | 8.20 | 6.96 | 6.50 | 5.94 | 5.51 | |
| TJ | 13.20 | 12.60 | 11.50 | 10.80 | 10.40 | 31-2 | 29-2'h | | 22-10 | 21-4 | | 19-51/4 | |
| Chat | 14.50 | | 13.41 | 12.62 | 100 | 12.00 | 12.80 | 11.50 | - | 9.00 | 8.00 | 6.00 | |
| Shot | 47-7 | 46-0 | 44-0 | | 42-11% | 39-41/2 | 42-0 | | 36-11/4 | | | 19-81/4 | |
| Discus | 44.80 | 42.80 | 39.50 | 37.50 | 42.00 | 41.00 | 42.00 | | 34.00 | | 22.00 | 15.24 | |
| Telephone II | 147-0 | | 129-7 | 123-0 | 137-9 | 134-6 | 137-9 | 127-11 | 111-6 | | 72-21/4 | 50-0 | 755 |
| Hammer | 47.24 | 44.20 | 40.00 | 39.00 | 39.00 | 36.00 | 36.00 | | 30.00 | 24.00 | 20.00 | 17.07 | 1 |
| | 155-0 | 145-0 | | 127-11 | 127-11 | 118-1 | 118-1 | 105-0 | 98-5 | 78-9 | 65-71/2 | 56-0 | 322 |
| Javelin | 62.00 | 56.00 | 48.76 | 47.00 | 43.00 | 41.00 | 39.00 | 35.00 | 31.00 | 24.00 | 19.00 | 14.02 | |
| | 203-5 | 183-9 | 160-0 | 154-2 | 141-1 | 134-6 | 127-11 | 114-10 | 101-8 | 78-9 | 62-4 | 46-0 | |
| 35#Wt. | 15.00 | 14.00 | 13.00 | 12.00 | 10.00 | 9.00 | | 60213 | 6.00 | 5.00 | 4.00 | 3.00 | 100 |
| | 49-21/2 | 45-11% | 42-8 | 39-41/2 | 32-91/4 | 29-61/2 | | | 19-81/4 | 16-41/4 | 13-11/2 | 9-10 | 750 |
| 25#Wt. | | | | | | | 11.50 | 10.00 | 9.00 | 7.30 | 5.30 | 4.50 | 1000 |
| | | | | | | | 37-81/4 | 32-91/4 | 29-61/2 | 23-111/2 | 17-41/2 | 14-9 | |
| 56#Wt. | 9.50 | 9.00 | 8.50 | 8.00 | 6.00 | 5.50 | 5.00 | 4.50 | 3.50 | 3.00 | 2.50 | 2.00 | 25 |
| | 31-2 | 29-61/12 | 27-10% | 26-3 | 19-81/4 | 18-1/2 | 16-4% | 14-9 | 11-5% | 9-10 | 8-21/2 | 6-61/ | |
| Pent. | 2800 | 2600 | 2600 | 2600 | 2600 | 2600 | 2600 | 2600 | 2600 | 2400 | 2200 | 2000 | 1 |
| Decath. | 5500 | 5250 | 5250 | 5000 | 5200 | 5000 | 4500 | 5000 | 4800 | 4200 | 3000 | 2500 | 1 |
| Wt. Pent. | 2800 | 2700 | 2800 | 3000 | 3000 | 3000 | 3000 | 3000 | 2600 | 2700 | 3000 | 3000 | 250 |
| Notes: 1 | | standards | are for | eutomati | c time; use | | convers | | | .720 | 100 | 3 4 30 | |
| 3 | | hurdles: | | 49: 39" 49: 36" | The name of | 50-59: | | 60-69: | 33"; | 70-79 | 30"; | 80+: | 27" |
| 4 |) Shot | hurdles: put: | 30- | 49: 7.2 | 6k (16#); | 50-59: 50-59: | 6k; | 60-69: 60-69: | 30"; 5k: | 70+: 70+: | 27" | | |
| 5 |) Disci | us throw: | 30- | 49: 2kg | 1: | 50-59: | 1.5kg; | 60+: | 1.0kg; | | | 200 | |
| 6 7 | | | | 49: 7.2 49: 800 | 6k (16#); | 50-59: 50-59: | | 60-69: | 5k; 600g; | 70+: | 4k 500g | 80+: | 400g |
| |) Metr | ic heights | and dis | tances a | re the star | dard; fee | t and incl | hes listed | for con | venience | | | Jog |
| 9 | Pen/ | Dec/Wt.Pr | en: 30 | -39 IA | AF pts.; 40 | + WAVA f | actoring | new WA | /A). | CF- F | LAST AND | - | State of Street |

| | .S. MA | STER | S ALL- | AMER | ICAN S | TANDAF | DS OF E | EXCELL | ENCE F | OR RAC | EWAL | CERS |
|-----|--------|-------|--------|-------|---------|-----------|---------|---------|---------|---------|---------|---------|
| | 1.5K | Mile | 3K | 5K | 8K | 10K | 15K | 20K | 25K | 30K | 40K | 501 |
| W30 | 7:13 | 7:47 | 14:50 | 25:38 | 42:04 | 52:43 | 1:21:56 | 1:52:06 | 2:24:43 | 2:59:15 | 4:08:45 | 5:37:3 |
| W35 | 7:22 | 8:03 | 15:18 | 26:27 | 43:11 | 53:56 | 1:23:29 | 1:53:32 | 2:26:51 | 3:01:53 | 4:12:21 | 5:42:2 |
| W40 | 7:37 | 8:21 | 15:53 | 27:26 | 44:47 | 55:56 | 1:26:37 | 1:58:06 | 2:32:33 | 3:08:56 | 4:22:13 | 5:55:4 |
| W45 | 8:03 | 8:41 | 16:32 | 28:33 | 46:35 | 58:10 | 1:30:08 | 2:03:00 | 2:38:56 | 3:17:00 | 4:33:31 | 6:11:2 |
| W50 | 8:25 | 9:05 | 17:15 | 29:49 | 48:36 | 1:00:41 | 1:34:08 | 2:08:30 | 2:46:11 | 3:26:08 | 4:46:23 | 6:29:0 |
| W55 | 8:55 | 9:31 | 18:05 | 31:14 | 50:54 | 1:03:33 | 1:38:40 | 2:14:48 | 2:54:26 | 3:36:33 | 5:01:03 | 6:49:2 |
| W60 | 9:17 | 10:01 | 19:01 | 32:51 | 53:32 | 1:06:50 | 1:43:51 | 2:21:54 | 3:03:54 | 3:48:29 | 5:17:54 | 7:12:4 |
| W65 | 9:48 | 10:35 | 20:06 | 34:43 | 56:33 | 1:10:37 | 1:49:50 | 2:30:12 | 3:14:51 | 4:02:20 | 5:37:25 | 7:39:4 |
| W70 | 10:26 | 11:15 | 21:22 | 36:54 | 1:00:02 | 1:15:01 | 1:56:49 | 2:39:54 | 3:27:38 | 4:18:30 | 6:00:18 | 8:11:3 |
| W75 | 11:10 | 12:01 | 22:51 | 39:28 | 1:04:10 | 1:20:14 | 2:05:05 | 2:51:18 | 3:42:50 | 4:37:46 | 6:27:35 | 8:49:2 |
| W80 | 12:03 | 12:58 | 24:41 | 42:37 | 1:09:13 | 1:26:38 | 2:15:15 | 3:05:24 | 4:01:36 | 5:01:39 | 7:01:26 | 9:47:3 |
| W85 | 13:13 | 14:15 | 27:05 | 46:45 | 1:15:50 | 1:35:01 | 2:28:37 | 3:24:00 | 4:26:20 | 5:33:10 | 7:46:16 | 10:39:1 |
| W90 | 14:56 | 16:06 | 30:36 | 42:14 | 1:25:30 | 1:47:18 | 2:48:13 | 3:51:12 | | | | |
| | | | | | | ATLEBUSE. | MEN | | | | | |
| M30 | 6:31 | 7:01 | 13:21 | 23:05 | 37:57 | 47:49 | 1:13:10 | 1:38:18 | 2:05:12 | 2:32:17 | 3:27:30 | 4:31:0 |
| M35 | 6:43 | 7:14 | 13:47 | 23:46 | 38:55 | 48:53 | 1:14:28 | 1:39:43 | 2:06:56 | 2:34:14 | 3:30:17 | 4:34:5 |
| M40 | 6:58 | 7:29 | 14:16 | 24:24 | 40:15 | 50:32 | 1:17:03 | 1:43:13 | 2:11:29 | 2:39:47 | 3:37:53 | 4:44:4 |
| M45 | 7:13 | 7:46 | 14:47 | 25:31 | 41:44 | 52:25 | 1:19:58 | 1:47:10 | 2:16:35 | 2:46:05 | 3:46:36 | 4:56:2 |
| M50 | 7:33 | 8:05 | 15:23 | 26:33 | 43:25 | 54:32 | 1:23:14 | 1:51:37 | 2:22:20 | 2:53:13 | 3:56:29 | 5:09:2 |
| M55 | 7:50 | 8:26 | 16:04 | 27:43 | 45:19 | 56:55 | 1:26:56 | 1:56:38 | 2:28:52 | 3:01:19 | 4:07:41 | 5:24:2 |
| M60 | 8:13 | 8:51 | 16:50 | 29:02 | 47:28 | 59:38 | 1:31:10 | 2:02:23 | 2:36:20 | 3:10:33 | 4:20:30 | 5:41:2 |
| M65 | 8:38 | 9:19 | 17:43 | 30:33 | 49:56 | 1:02:45 | 1:36:01 | 2:08:58 | 2:44:53 | 3:21:11 | 4:35:15 | 6:01:0 |
| M70 | 9:08 | 9:50 | 18:44 | 32:18 | 52:46 | 1:06:21 | 1:41:37 | 2:16:35 | 2:53:56 | 3:33:31 | 4:52:23 | 6:23: |
| M75 | 9:43 | 10:28 | 19:55 | 34:20 | 56:04 | 1:10:35 | 1:48:13 | 2:25:34 | 3:05:02 | 3:48:05 | 5:12:40 | 6:50: |
| M80 | 10:26 | 11:14 | 21:22 | 36:50 | 60:06 | 1:15:44 | 1:56:15 | 2:36:31 | 3:20:50 | 4:05:57 | 5:37:34 | 7:24: |
| M85 | 11:21 | 12:13 | 23:14 | 40:04 | 65:20 | 1:22:26 | 2:06:43 | 2:50:48 | 3:39:31 | 4:29:18 | 6:10:11 | 8:07: |
| M90 | 12:41 | 13:39 | 25:58 | 44:45 | 72:52 | 1:32:08 | 2:21:52 | 3:11:28 | 4:06:38 | 5:03:17 | 6:57:43 | 9:11: |

| 19-9 | 1/4 | 10-1 | 0-01 | | Ann | e Ydell | | W | 8-6 | 1000 | 4-27-02 | |
|--------------|------|----------|------------|--------|----------------|----------|---------|-------------|-----------|------------|---------|---------------------|
| TE L | J.S | S. M | ASTI | ERS | ALL. | AM | ERI | CAN | STA | NDA | RDS | All |
| | | | | | F | OR WO | | | | 0341150 | | |
| Event | 9 | 30-34 | 35-39 | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80-84 |
| 100 | | 13.8 | 14.1 | 14.4 | 15.0 | 15.5 | 16.4 | 16.8 | 18.6 | 19.8 | 22.0 | 25.0 |
| 200 | | 28.0 | 28.8 | 30.0 | 31.6 | 33.0 | 35.0 | 37.0 | 39.0 | 42.0 | 48.0 | 52.0 |
| 400 | | 63.5 | 65.5 | 68.0 | 70.0 | 78.6 | 80.0 | 83.0 | 84.0 | 86.0 | 98.0 | 104.0 |
| 800 | | 2:33 | 2:35 | 2:40 | 2:46 | 2:54 | 3:10 | 3:20 | 3:36 | 3:56 | 4:30 | 5:40 |
| 1500 | | 5:10 | 5:20 | 5:30 | 5:40 | 6:00 | 6:20 | 6:45 | 7:30 | 8:00 | 8:50 | 10:10 |
| Mile | | 5:40 | 5:50 | 6:10 | 6:30 | 6:50 | 7:00 | 7:40 | 8:10 | 8:50 | 9:40 | 10:45 |
| 3000 | | 11:30 | 11:50 | 12:00 | 12:30 | 14:00 | 14:30 | 15:00 | 16:00 | 18:30 | 20:00 | 23:00 |
| 5000 | | 19:45 | 20:15 | 21:00 | 22:00 | 23:30 | 24:50 | 26:00 | 28:00 | 30:00 | 34:00 | 36:00 |
| 10000 | M | 41:30 | 42:40 | 44:00 | 48:00 | 50:00 | 52:00 | 56:00 | 60:00 | 66:00 | 76:00 | 85:00 |
| 100H | | 17.2 | 18.2 | | Barrell | | | | | | | The Park |
| 80H | | | | 15.0 | 15.8 | 16.5 | 17.6 | 18.7 | 20.2 | 22.2 | 25.0 | 28.0 |
| 400H | | 75.0 | 79.0 | 84.0 | 88.0 | 325.009 | | Sala P | | | | |
| 300H | | | | | | 66.0 | 72.0 | 79.0 | 87.0 | 96.0 | 110.0 | 120.0 |
| HJ | | 1.40 | 1.35 | 1.27 | 1.22 | 1.12 | 1.07 | 1.02 | 0.97 | 0.92 | 0.89 | 0.84 |
| | | 4-7 | 4-5 | 4-2 | 4-0 | 3-8 | 3-6 | 3-4 | 3-21/4 | 3-01/4 | 2-11 | 2-9 |
| PV | | 2.70 | 2.40 | 2.10 | 1.80 | 1.50 | 1.20 | 1.10 | 1.00 | 0.90 | 0.80 | 0.70 |
| | | 8-101/4 | 7-10% | 6-10% | 5-10% | 4-11 | 3-111/4 | 3-71/4 | 3-31/4 | 2-111/2 | 2-71/2 | 2-31/ |
| LJ | | 4.60 | 4.42 | 4.04 | 3.81 | 3.40 | 3.20 | 3.10 | 2.60 | 2.30 | 2.10 | 1.50 |
| | | 15-1 | 14-6 | 13-3 | 12-6 | 11-11/4 | 10-6 | 10-2 | 8-61/4 | 7-61/2 | 6-101/4 | 4-11 |
| TJ | | 9.50 | 9.09 | 8.43 | 7.49 | 7.01 | 6.40 | 6.20 | 6.00 | 5.50 | 4.50 | 3.89 |
| | | 31-2 | 29-10 | 27-8 | 24-7 | 23-0 | 21-0 | 20-41/4 | 19-81/4 | 18-1/2 | 14-9 | 12-9 |
| Shot | | 10.30 | 9.32 | 8.51 | 8.40 | 8.00 | 7.77 | 7.50 | 6.60 | 6.00 | 5.20 | 4.30 |
| Shot | | 33-91/2 | 30-7 | 27-11 | 27-61/4 | 26-3 | 25-6 | 24-71/4 | 21-8 | 19-81/4 | 17-1/4 | 14-11/ |
| lavalla | | | | | 25.00 | 23.00 | 22.15 | 20.00 | 17.00 | 16.00 | 15.00 | 12.00 |
| Javelin | | 35.00 | 33.50 | 28.00 | | 75-51/2 | 72-8 | 65-71/2 | 55-91/4 | 52-6 | 49-21/2 | 39-41/ |
| - | | 114-10 | 109-11 | 91-10 | 82-0 | 22.00 | 21.00 | 18.00 | 16.00 | 14.00 | 13.00 | 11.00 |
| Discus | | 32.00 | 30.00 | 25.00 | 24.00 | | 68-10% | 59-3/4 | | 45-111/4 | 42-8 | 36-11/4 |
| MARKET STATE | | 105-0 | 98-5 | 82-0 | 78-9 | | | | 18.00 | 14.00 | 12.00 | 9.00 |
| Hammer | | 35.00 | 32.50 | 30.00 | 25.00 | 23.00 | 22.00 | 21.00 | | 45-111/4 | | 29-61/2 |
| | 2043 | 114-10 | 106-7 | 98-5 | 82-0 | 12-2/1 | 12-21 | 68-10% | 29-74 | 45-1174 | 39-41/ | 29-0 / |
| 20#Wt. | | 10.00 | 9.00 | 8.00 | 7.01 | | | | | | | |
| | | 32-91/4 | 29-61/2 | 26-3 | 23-0 | 8.00 | 7.00 | 6.00 | 5.54 | 5.18 | 5.00 | 4.75 |
| 16#Wt. | | | | | | | 22-11% | 19-81/4 | 18-2 | 17-0 | 16-41/4 | 15-7 |
| C 1444 | | | | | | | | | | | | 3.00 |
| Sup.Wt. | | 6.50 | 6.00 | 5.50 | 5.00 | 5.25 | 5.00 | 4.75 | 4.50 | 4.00 | 3.50 | 9-10 |
| 100 | | 21-4 | 19-81/4 | 18-1/2 | | 17-21/4 | 16-41/4 | 15-7 | 14-9 | 13-11/2 | 11-5% | |
| Wt.Pent. | | 2600 | 2500 | 2500 | 2500 | 2800 | 2600 | 2600 | 2500 | 2500 | 2400 | 2300 |
| Notes: | 1) | | ndards are | | | | | | | e. | | |
| | 2) | Short h | | | 33"; | | 59: 30" | | 27" | | | |
| | | Long h | | | 30"; | 60- | | | | | | |
| | 3) | Shot pu | | | 4k; | 50- | | - | | | 1000 | 200 |
| | 4) | Javelin: | | | 600g; | | 59: 500 | g; 60+: 4 | 1009 | | | |
| | 5) | Hamme | | | 4k; | 50- | | | | unalanca | | Service of the last |
| | 6) | Superw | eights and | 30-49: | | tandard; | | nches liste | a tot cor | ivenience. | | |

APPLICATION FOR AN **ALL-AMERICAN CERTIFICATE/PATCH**

| NAME | AGE-GR | OUP |
|---------------|--------------|-------------|
| ADDRESS | | SEX: MF |
| CITY | ST | TATEZIP |
| MEET | DATI | E OF MEET |
| MEET SITE | | |
| EVENT | MARK | |
| HURDLE HEIGHT | WEIGHT OF II | MPLEMENT |
| □ CERTIFICATE | □ PATCH | □ PATCH TAG |
| | | |

- 1. If you have equaled or bettered the standard of excellence, please fill out this appli-
- 2. A copy of your results or a note stating in which issue your results appeared MUST accompany this application.
- 3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is \$15. 4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.
- 5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

50098, Eugene O we generally do noild. Results that wide) in metric Deadline is the 10

EAST

Potomac Valley 1 Alexandria, VA; 100m M35 Lorenzo Thomas M40 Harold Hunt M45 Matt Texier M55 Jim Thurman W80 Carla Convery M50 James Brooks M40 Ted Poulos M60 James Verdier W60 M-L Michelsohn M40 Ted Poulos M50 Jay Wind M60 Blaine Lawson M70 James Keat W50 Hillen Stubendorff W60 M-L Michelsohn High Jump M45 Keith Mathis Long Jump M30 Jamaal Abdullah M35 John McKenzie M40 Harold Hunt W55 Sue Phillips W60 Toni Letaw W80 Carla Convery Triple Jump M45 Keith Mathis Shot Put M50 Randy Yohe M45 Keith Mathis W55 Sue Phillips W60 Toni Letaw W65 Sharon Good W80 Carla Convery Discus M45 Keith Mathis M50 Randy Yohe M60 Norman Johnson W55 Sue Phillip W60 Toni Letaw W65 Sharon Good W70 Kate DeAngelis W80 Carla Convery M50 Randy Yohe W55 Sue Phillips W60 Toni Letaw W65 Sharon Good W70 Kate DeAngelis W80 Carla Convery Mile RW M45 Peter Blank W50 C L Arbelbide 3000m RW M45 Jeremy Kilborn M60 Michael Schwed M75 Charles Boyle W40 Carolyn Kilborn W60 Lois Dicker W70 Terry Hamilton

Legends Mi Washington, PA; M40 Joe Seiler M45 Roy Hetrick M50 Dave Sobal M65 John Harwick

Princeton Invitationa **Masters Invitatio** NJ; May

> Dave VanHoughton Don DiDonato 44 Fred Kitzrow 46 Harold Nolan 55 Tony Plasta 50

Pot

100m

TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O. Box 50098, Eugene OR 97405. To keep information current, we generally do not publish results more than 3 months old. Results that are typed (maximum 28 spaces / 21/4" wide) in metric in our format receive preference. Deadline is the 10th of the

| EAST | |
|--------------------------------|---------|
| omac Valley T exandria, VA; | |
| orenzo Thomas | 12.60 |
| arold Hunt | 12.00 |
| att Texier | 11.80 |
| m Thurman | 13.40 |
| arla Convery | 26.70 |
| emes Brooks | 2:42.10 |

| M35 Lorenzo Thomas | 12.60 |
|------------------------|----------------|
| M40 Harold Hunt | 12.00 |
| M45 Matt Texier | 11.80 |
| M55 Jim Thurman | 13.40 |
| W80 Carla Convery | 26.70 |
| 800m | |
| M50 James Brooks | 2:42.10 |
| Mile | |
| M40 Ted Poulos | 5:06.09 |
| M60 James Verdier | 6:52.70 |
| W60 M-L Michelsohn | 6:25:24 |
| 3000m | |
| M40 Ted Poulos | 10:55.80 |
| M50 Jay Wind | 11:50.30 |
| M60 Blaine Lawson | 12:28.70 |
| M70 James Keat | 14:08.70 |
| W50 Hillen Stubendorff | |
| W60 M-L Michelsohn | 12:08.50 |
| High Jump | 200 |
| M45 Keith Mathis | 5-1 |
| Long Jump | |
| M30 Jamaal Abdullah | 17-5 |
| M35 John McKenzie | 16-2.50 |
| M40 Harold Hunt | 13-6 |
| W55 Sue Phillips | 8-9.50 |
| W60 Toni Letaw | 7-10 |
| W80 Carla Convery | 2-10.50 |
| Triple Jump | |
| M45 Keith Mathis | 29-4.50 |
| Shot Put | STATE OF STATE |
| M50 Randy Yohe | 24-10 |
| M45 Keith Mathis | 15-8.50 |
| W55 Sue Phillips | 23-3 |
| W60 Toni Letaw | 17-9 |

W65 Sharon Good

W80 Carla Convery

M45 Keith Mathis M50 Randy Yohe

W55 Sue Phillip

W60 Toni Letaw

W65 Sharon Good

W70 Kate DeAngelis

W80 Carla Convery

M50 Randy Yohe

W55 Sue Phillips

W60 Toni Letaw

W65 Sharon Good

W70 Kate DeAngelis

W80 Carla Convery

M45 Peter Blank

W50 C L Arbelbide

M45 Jeremy Kilborn

M75 Charles Boyle

W40 Carolyn Kilborn

W60 Lois Dicker

M60 Michael Schwed

M60 Norman Johnson

Discus

Javelin

Mile RW

3000m RW

15 50

12-4 25

114-10

69-3

43-7

36-11

41-2

74-10

52-5

38-6

25-1

25-8

10:39.70

11:13.40

20:48.40

19:11.30

20:29.20

22:09.40

18:42 30

W50 Jennifer Pinto

800 Meter Run M35 John Hanlon

M40 Gary Cox

| 24:22.50 |
|--------------------|
| e April 27 |
| 5:34.68 5:44.36 |
| 6:53.36 |
| 5:25.95 8:12.61 |
| |

Princeton Invitational/Larry Elli Masters Invitational 1500 NJ; May 5

Dave VanHoughton 43 4:16.3 Don DiDonato 44 Fred Kitzrow 46 4:23 0 Harold Nolan 55 4:26.8 Tony Plasta 50 4:46.1

| ormat nonth | receive prefe | rence. |
|----------------|-------------------------------------|----------------|
| and a market | den State Athlet | |
| 1900 | Classic Randolph, NJ; Ju | |
| 100 N | leters | |
| M30 | Bryan Pierce Cortez Grimes | 11.59 |
| M35 | Paul Boccard Terry Williams | 12.71 |
| M40 | Jeff Gold Rick Evans | 11.83 |
| | Tim McMahon John Rodriquez | 12.70 13.19 |
| M45 | John Brooks | 11.92 |
| | Joe Hehn Rockdale Hudson | 12.93 13.16 |
| M50 | Jesse Norman Bob Reese | 12.38 |
| M55 | Robert Koontz Melvin Fields | 12.53 |
| | Bhashwar Hart Jim Burke | 12.85 |
| | David Gingras Bob Edmonds | 15.61 16.28 |
| M60 | David Rosenthal | 15.90 |
| M65 | Bill Hughes Larry Colbert | 39.72 13.48 |
| M80 | K.M. Thomas Jim Manno | 13.97 16.59 |
| W50 | Sharon Warren Skipper Clark | 14.22 17.45 |
| 110 H M40 | igh Hurdles Tim McMahon | 18.10 |
| M50 W50 | Mark Johnson | 19.71 |
| 200 M | Skipper Clark leter Dash | No. |
| M30 M40 | Bryan Pierce Darnell Gatling | 23.40 23.05 |
| 7-1-4 | Dave DiMassa Luca Trovato | 24.78 26.95 |
| M45 | Thomas Jones Archie Glaspy | 23.50 24.25 |
| 1450 | John Brooks | 24.28 |
| M50 | Edward Gonera Jesse Norman | 24.01 25.03 |
| | Dennis Brown Sak Flowers | 25.64 26.77 |
| 12.7 | Charles Pleasant Michael Garrity | 28.79 29.59 |
| M55 | Robert Koontz Bhashwar Hart | 25.78 26.27 |
| | Jim Burke David Gingras | 30.88 33.06 |
| M60 | David Siegfried Nate Byrd | 32.41 29.22 |
| | Gene Ballard | 34.55 |
| M65 | Larry Colbert James Duncan | 27.74 33.19 |
| M80 M85 | Jim Manno Bob Matteson | 35.91 43.20 |
| W35 W40 | Shemayne Williams Louise Clark | 27.74 29.35 |
| W45 | Paula Dickson-Taylo | or 30.52 |
| W50 | Sharon Warren Jennifer Pinto | 28.48 31.28 |
| 400 M M30 | leter Dash Adam Gardner | 55.63 |
| M40 | David Cherry Dave DiMassa | 54.98 55.94 |
| | Luca Trovato | 58.61 54.60 |
| M45 | Archie Glaspy Thomas Jones | 55.07 |
| M50 | Francis Schiro Ed Gonera | 56.35 55.24 |
| N Tab | Dennis Brown Sak Flowers | 58.62 59.18 |
| | Alan Constantino Charles Pleasant | 1:01.15 |
| | Michael Garrity Eddie Harris | 1:08.07 |
| M55 | Melvin Fields | 58.64 |
| | Glenn Schmel Jesse Nitkowski | 1:04.71 |
| | David Gingras Bob Edmonds | 1:17.94 |
| M60 | David Siegfried David Rosenthal | 1:12.93 |
| M65 | Larry Colbert Ken Baker | 1:01.83 |
| No. | Irwin Bernstein | 1:12.33 |
| 200 | John Leonard | 1:12.93 |
| M70 M80 | Arthur Kearney Jim Manno | 1:23.12 |
| M85 W35 | Bob Matteson Dawn Best | 1:47.12 |
| W40 | Julia Casals Louise Clark | 1:08.89 |
| WSO | Jennifer Pinto | 1:22 22 |

| | Nat | ional M |
|---------------|-------------------------------------|----------------------|
| | | IOIIAI IV |
| M45 | Doug Bogert Brian Barry | 2:29.59 2:43.00 |
| M50 | Kirk Pieret | 2:25.79 |
| M55 | Jonathan Tetherly | 2:38.14 |
| | John Saarmann Bill Indek | 2:41.56 2:47.55 |
| M65 | Frank Haviland | 2:36.41 |
| | Irwin Bernstein John Leonard | 2:55.72 2:55.84 |
| M75 | Ray Chemiak | 3:11.62 |
| W45 Mile I | Paula Dickson Tay | lor 2:41.49 |
| M30 | Angelo Harasts | 5:08.19 |
| M40 | Glenn McIsaac Kevin Higgins | 4:51.66 5:09.23 |
| M45 | Frank Morton | 5:41.66 |
| M50 | Roger Price Michael Quinn | 5:16.30 6:15.23 |
| M55 | Jesse Nitkowski | 6:09.20 |
| M65 | Frank Haviland John Leonard | 5:53.71 6:15.64 |
| M70 | Joe LaBruno | 7:54.56 |
| M80 | William Benson | 8:36.46 |
| M30 | Meter Run Angelo Harasts | 18:16.26 |
| | Joseph King | 19:50.05 |
| M40 M45 | Randy Miller James McNamara | 18:28.89 18:54.01 |
| M50 | Kirk Pierret | 19:54.83 |
| M70 | Michael Quinn Joe LaBruno | 21:20.11 26:45.16 |
| M85 | Dudley Healy | 42:21.31 |
| Mile I M40 | RaceWalk Randy Miller | 9:25.34 |
| M70 | Joe LaBruno | 11:50.69 |
| W50 | Sherry Brosnahan | 9:05.13 |
| High. | Jump David Kolakowski | 5'0" |
| M50 | Mark Johnson | 4'8" |
| Tie | Ron Salvio Bob Reese | 4'6" |
| Tie | Michael Garnity | 40" |
| M55 M60T | Eddie Harrison ie Jerry Sullivan | 50" 36" |
| | ie David Rosenthal | 3'6" |
| M65 | Vince Ruffin | 4'2" |
| M70 | K.M. Thomas Arthur Kearney | 3'4" 3'10" |
| | Jack Lance | 30" |
| W35 Long | Dawn Best | 40" |
| M35 | Terry Williams | 3.38 |
| M40 | Rick Choppa Glenn Metcalfe | 5.52 4.29 |
| M50 | Mark Johnson | 4.52 |
| MSS | Bob Reese Jesse Nitkowski | 4.12 |
| | David Gingras | 2.53 |
| M60 M65 | David Rosenthal | 3.08 4.08 |
| | Vincent Ruffin K.M. Thomas | 3.94 |
| M70 W35 | Jack Lance Dawn Best | 3.26 3.96 |
| Pole V | ault | 3.70 |
| M35 M40 | Duncan Littlefield Paul Boccard | 4.45 2.80 |
| M45 | Peter Hischmann | 3.25 |
| M50 | Bob Reese | 2.80 |
| Triple | Mark Johnson Jump | 2.05 |
| M35 | Terry Williams | 11.0 |
| M50 | Mark Johnson Bob Reese | 9.91 7.54 |
| M60 | David Rosenthal | 7.30 |
| M65 M70 | K.M. Thomas Jack Lance | 7.21 7.02 |
| Discus | | |
| M40 | Warren Taylor | 48.07 |
| M45 | Peter DeStefano Herman Pinque | 43.17 37.33 |
| M50 | Dennis Chandler | 33.62 |
| - | Dan Folk Ron Salvio | 31.20 28.77 |
| | Mark Johnson | 26.57 |
| | Mike Garrity Bob Polermo | 25.72 21.10 |
| M55 | Walt Roucken | 28.96 |
| M60 | Carl Levine | 25.98 51.60 |
| IATOO | John Bronstein | 38.10 |
| | Russell Van Put | 36.65 |
| | Jerry Sullivan Tim Miles | 28.54 24.53 |
| M65 | James Duncan | 33.17 |
| M70 | Pete Barker Leonard Olson | 31.63 |
| M75 | Zelig Strauss | 23.88 |
| W35 Javeli | Jane Decker | 28.96 |
| M30 | Dan Adams | 1789* |
| M35 M50 | Steve Jochum Greg Geraci | 186'9" |
| H.DU | Dennis Chandler | 163'5" |
| | Glenn Weaver | 129'2" 90'5" |
| | Michael Garrity Ron Salvio | 88'4" |

| , W35 | | 559* | M45 Wayne Fisher |
|--------------------|--|----------------|---|
| | Skipper Clark | 61'5" | M50 Bob Rockwell |
| THE PARTY NAMED IN | Put | | M55 Terry Martin |
| M40 | | | M70 Bill Daprano |
| | Peter DeStefano Victor Venna | 38'7" | W30 Ericka Wiliams |
| | Glenn Metcalfe | 37'1" 30'5" | W50 Hillen Stubendorff |
| M50 | | 38'11" | |
| NISO | Rich Dunphy | 327" | Triple Jump |
| 100.00 | Mark Johnson | 317" | M40 Mike Kayes |
| 100 | Dan Folk | 26'2" | M50 Bob Rockwell |
| 1920 | Ron Salvio | 25'5" | W30 Ericka Williams |
| M55 | Charles Roll | 44'5" | Shot Put |
| 37.00 | Walter Roucken | 32'1" | M40 Robert Newman |
| | Carl Levine | 28'10" | M60 Mike Valle |
| 1000 | David Gingras | 24'6" | M65 Gerald Vaughn |
| M60 | | 31"10" | M70 Ed Secaur |
| 136 | Jerry Sullivan | 29'9" | W35 Liz Pitser |
| 350 | Bill Hughes - | 292* | |
| M65 | | 23'4" 34'1" | Discus |
| MIOS | Ed Joyce | 30'10" | M40 William Vicoty |
| 1000 | Pete Barker | 31'3" | M45 Geoff Emerson |
| M70 | Leonard Olson | 36'2" | M60 Mike Valle |
| M75 | Zelig Strauss | 26'9" | M65 Bill Gramley |
| W35 | Jan Decker | 339" | M70 Ed Secaur |
| | Linda Smith | 20'9" | W35 Liz Pitser |
| | ht Throw | | Javelin |
| M50 | | 35'5" | M45 Jameson Wells |
| 160 | Ron Salvio | 31'1" | |
| - | Dan Folk | 29'6" | M60 Mike Valle |
| M55 | Robert Palermo | 19'5" | M70 Bill Daprano |
| | Carl Levine John Bronstein | 26'3" | W35 Liz Pitser |
| M65 | | 42'2" 35'5" | 3200m RW |
| M75 | | 176" | W65 Anne Yudell |
| 383 | SOUTHEA | ST | Florida AC Meet-Orland Kissimmee; Ma |
| | arolina Masters | | 50m |
| | Charlotte, NC; A | | M40 Steve Palacios |
| Sales Services | over a CONTRACTOR AND A SECURITY OF | | M55 Wayne Hansen |
| 100 | A CARLO SERVICE AND A SERVICE AND A SERVICE AND A SERVICE AND ASSOCIATION ASSO | | M65 Benjamin Jimine |
| M40 | H L Pierce | 11.60 | M70 Norm Taylor |

M45 Anthony Searles

M60 Horace Andrews

M70 Bill Daprano

W65 Anne Yudell

M40 H L'Pierce

M45 Wayne Fisher

W65 Anne Yudell

M35 Robert Cousa

M40 Wes Whitaker

M45 Wayne Fisher

M60 Maxwell Hamlyn

M70 Jake Whitfield

W35 Bridget Lightner

W50 Hillen Stubendorff

W65 Jeanne Daprano

M35 Robert Cousar

M40 Wes Whitaker

M70 Jake Whitfield

M35 Ellis Williams

M40 Ed Fager

M45 Paul Kinney

M65 Alex Coffin

M70 Jake Whitfield

M40 Alan Sigmon

M45 Paul Kinney

Long Hurdles M35 Maury Isley M40 William Vicory

4x100m Relay M40 Masters TC 'A'

High Jump

Pole Vault

88'4" 91'3" 94'4"

130'4"

1131

987"

Ron Salvio Carl Levine

Frank Illuzzi

Robert Youngs

Leonard Olson

M55

M65

M70

1:22.22

2:21:16

W35 Bridget Lightner

M45 Jameson Wells

M35 William Vicory

M50 Johnnie Dye

M55 Terry Martin M60 Mike Valle

M45 Tim Rhyne

M50 Johnnie Dye

Long Jump M35 Femi Afolayan

M40 Mike Kayes

W50 Hillen Stubendorff

W40 Brenda McGovern

W65 Jeanne Daprano

M60 Maxwell Hamlyn

W35 Liz Pitser

1500m

3200m

M60 Maxwell Hamlyn

W40 Brenda McGovern

400m

M60 Horace Andrews

W50 Hillen Stubendorff

W30 Fricka Williams

W50 Hillen Stubendorff

12.06

15.77

15.56

15.24

15 63

18.94

24.64

27.28

36.28 33.60

44.90

1:02 16

55.54

1:00.56

1:07.44

1:42.00

1:14.36

1:12.28

1:20.70

2:25.56

2:17.51

2:36 63

3:50.65

2:19.14

5:18 59

4:55 43

4:43.47

5:14.51

7:08.74

7:52 39

6:22.82

12:15.20

10:38.65

16:00.32

13:18.68

1:07.99

1:16.56

1:25.43

52 32

5-0

4-8

4-2

10-0

12-0

194

8-11.75

17-10.50

N35 Liz Pitser 200m RW V65 Anne Yudell 12:36.34 Chapte

15-6.50

13-7.25

11-10.50

12-2.75

13-2.75

36-7 75

35-5.75

26-11

31-6.50

38 5 50

46 50

28-4.25

89-1

108-9

135-8

133-7

83-5

120-8

98-0

97-2

1.57

1.27

3.66

2.59

1.98

25-8

| ı | Florida AC Meet-Orland Kissimmee; Ma | |
|------|--|--------------------|
| ۱ | 50m | |
| 1 | M40 Steve Palacios | 6.95 |
| Į | M55 Wayne Hansen | 6.98 |
| | M65 Benjamin Jimine | |
| Z | M70 Norm Taylor | 8.49 |
| | W45 Jocelyn Lowther | 7.58 |
| | 100m | |
| , | M45 Steve Palacios | 12.45 |
| 1 | M50 Bobby Terrill | 13.01 |
| | M55 Wayne Hansen | 12.91 |
| | M65 Benjamin Jimine: | |
| | M70 Larry Fleischman | |
| | W30 Maria Morris | 14.23 |
| | W35 Andrea Collier | 13.63 |
| | W45 Jocelyn Lowther | 14.13 |
| | M30 John Burke | 24.55 |
| | M35 Daren Welborn | 24.08 |
| | M45 Steve Palacios | 25.58 |
| | M50 Bobby Terrell | 26.98 |
| 1 | M55 Wayne Hansen | 27.55 |
| a) | M55 Wayne Hansen M70 Warren Doesche | 37.00 |
| į, | M75 Manuel Jiminez | 41.91 |
| | W45 Jocelyn Lowther | 29.09 |
| | M30 Nadir Murad | 57.90 |
| | M30 Nadir Murad M35 Kerry Jackson | 53.30 |
| | M45 Chas Smith | 57.28 |
| | M55 J C Shenk | 66.22 |
| | M75 Manuel Jiminez | 1:42.59 |
| | W45 Jocelyn Lowther | 65.56 |
| | 800m | - |
| | M35 Lou Musica | 2:18.75 |
| | M45 Jose Rosario | 3:05.00 |
| 1 | M50 EugeneTruchelut | |
| | M55 J C Shenk | 2:44.58 |
| | M70 Ralph Miller | 2:40.41 |
| 1 | M/5 Manuel Jiminez | 3:53.15 |
| 1 | W45 Celene Peters W60 Willy Moolenaar | 3:40.00 |
| | 1500m | 3.40.00 |
| | M35 Lou Musica | 4:56.66 |
| ì | M40 Steve Koski | 4:38.53 |
| | M45 Jose Rosario | 7:35.61 |
| | M50 EugeneTruchelut | |
| i | M75 Manuel Jiminez | |
| i de | W45 Celene Peters | 6:25.41 |
| ú | W60 Willy Moolenaar | 6:59.82 |
| | Short Hurdles | Bed stell |
| ŀ | M35 David Zeiters | 16.40 |
| | M40 A J Thomas | 18.17 21.78 |
| I | M60 John Sloan | 21.78 |
| | M70 Larry Fleischman Long Hurdles | 16.78 |
| | Long Hurdles | THE REAL PROPERTY. |
| | M40 Fank Santora | 72.67 |
| | 5000m | |
| | W40 Sue O'Malley | 20:27.81 |
| 1 | High Jump | The party |
| ı | M35 Jerry Dulaney M45 Jim Eirikis | 1.37 |
| | M45 JIM EIRIKIS | 1.47 |
| | M50 Bobby Terrell | 1.22 |

M55 Joe Johnston M60 Walter Deal

M55 Joe Johnston

M60 John Sloan

Pole Vault

Long Jump

M30 Todd Hill

M70 Larry Fleischman

M70 Larry Fleischman

| ř | M35 Daren Welborn | 5.38 |
|---|---|-------|
| q | M40 Ragnar Mossberg | 4.94 |
| į | M45 Jose Ortiz | 4.55 |
| 9 | M50 Bobby Torrell | 4.56 |
| | M55 Wayne Hansen | 4.98 |
| į | M65 Don Zacardo | 2.97 |
| ă | M70 Norm Taylor | 3.27 |
| Š | W30 Sharla Cobb | 4.30 |
| | Triple Jump | |
| Š | M30 Todd Hill | 9.19 |
| 1 | M45 Jesus Virella | 9.33 |
| ı | M60 John Sloan | 7.59 |
| ı | Shot Put | |
| ۱ | M45 Jose Ortiz | 10.69 |
| 1 | M50 John Von Rohr | 12.95 |
| ı | M60 Gary Winters | 12.69 |
| ı | M65 Don Zacardo | 6.73 |
| ı | M70 Len Olson | 11.79 |
| 1 | M75 Dick Mulkern | 9.33 |
| ı | W65 Erika Messner | 9.18 |
| ı | W70 Gloria Bortell | 7.15 |
| 4 | Discus | |
| ı | M45 Gary England | 46.06 |
| ١ | M50 John Von Rohr | 36.18 |
| 1 | M60 Larry Pratt | 54.75 |
| 1 | M65 Don Zacardo | 24.58 |
| 1 | M70 Len Olson | 34.90 |
| | M75 Dick Mulken | 33.21 |
| ŝ | W65 Erika Messner | 22.74 |
| | W70 Gloria Bortell | 17.25 |
| 3 | Hammer | |
| á | M50 John Von Rohr | 42.77 |
| | M60 Walter Deal | 27.90 |
| • | M65 Don Zacardo | 16.39 |
| | M70 Pay Carstensen | 40.57 |
| 1 | M75 Dick Mulken | 29.55 |
| H | W65 Erika Messner | |
| N | (Featherstone/26. W70 Gloria Bortell | |
| | W/U GIOGIA HORIEI | 14 20 |

| W65 Erika Messner | AR27.30 |
|---------------------|------------|
| (Featherstone/26 | 78/1997) |
| W70 Gloria Bortell | 14.20 |
| Javelin | |
| M45 Jesus Virella | 49.50 |
| M50 John Selleh | 41.37 |
| M55 Martin Menkin | 39.65 |
| M60 John Sloan | 36.30 |
| M65 Don Zacardo | 20.89 |
| M70 Len Olson | 28.64 |
| M75 Dick Mulken | 25.22 |
| W65 Erika Messner | AR30.55 |
| (Messner/29.89) | (2001) |
| W70 Gloria Bortell | 18.80 |
| Weight Throw | ALTONIA C |
| M60 Walter Deal | 12.24 |
| M65 Don Zacardo | 6.53 |
| M70 Austin Baggett | 18.40 |
| M75 Dick Mulken | 11.89 |
| W65 Erika Messner | 11.60 |
| W70 Gloria Bortell | 5.36 |
| Superweight | |
| M50 John Selleh | 6.71 |
| M60 Walter Deal | 5.62 |
| M65 Don Zacardo | 2.78 |
| M70 Austin Baggett | AR9.96 |
| (York/7.65/1984) | |
| M75 Dick Mulken | 4.84 |
| W65 Erika Messner | AR5.54 |
| (Snaden/5.42/19 | 998) |
| 3000m Racewalk | |
| M70 Bob Fine | 19:29.83 |
| M75 Manuel Jiminez | 22:46.32 |
| South Carolina Trac | |
| Furman U., Greenvil | le; June 1 |
| 100m | 网络参 |
| M30 Sylvanues Hepb | urn11.39 |

| M75 Manuel Jiminez 22 | 2:46.32 |
|------------------------|---------|
| South Carolina Track (| |
| Furman U., Greenville; | June ' |
| 100m | |
| M30 Sylvanues Hepburn | 11.39 |
| M35 Anthony Gay | 12.26 |
| Maurice Dunn | 13.23 |
| M40 Adolphus Bethune | 11.36 |
| Harold Pierce | 11.90 |
| M45 Anthony Searles | 11.16 |
| Frank Sharpe | 13.90 |
| M50 Greg Marshall | 12.76 |
| M55 Roger Kroodsma | 13.32 |
| Mike Crosby | 14.66 |
| M60 Ed Clack | 14.30 |
| Harvey Jones | 15.73 |
| M65 Jerry Barton | 14.36 |
| John Polevy | 14.56 |
| M70 Gordon Seifert | 14.81 |
| John Schreiber | 14.84 |
| M75 William Daprano | 15.44 |
| Buck Bradberry | 16.81 |
| W30 Tanya Filmore | 13.90 |
| Ericka Williams | 16.00 |
| W60 Ann Carter | 17.17 |
| W65 Anne Yudell | 18.51 |
| W75 JosephineSullivan | 18.51 |
| 200m | |
| M35 Anthony Gay | 25.16 |
| Casey Davis | 25.47 |
| M40 Harold Pierce | 22.9h |
| Adolphus Bethune | 23.0h |
| M45 Anthony Searles | 25.2h |

David Murr

26.5h

Continued on next page

Continued from p

| Continued from previous page | W30 Ericka Williams 8.07 | M80 John Anoka 17.75 W45 Jocelyn Lowther 13.51 |
|--|---|---|
| M50 Greg Marshall 26.0h Bob Green 26.7h | W50 Linda Lowery 9.12 W75 Jos Sullivan 4.62 | 200m |
| M55 Roger Kroodsma 26.91 | Shot Put | M30 John Burke 24.11 Jeff Krause 24.65 |
| James McGarry 31.20 M60 Ed Clack 29.15 | M30 Neil Derycke 12.47 M50 John von Rohr 12.47 | M35 Daren Wilbern 23.43 |
| Harvey Jones 35.02 | Bob Green 12.29 | M40 Randy Brower 24.30 Bernard Scott 26.53 |
| M65 John Polevy 30,18 M70 Jack Lockett 31,48 | M55 Mike Crosby 7.72 M60 Mike Valle 11.50 | M45 Steve Palacios 24.23 |
| John Schreiber 31.88 | Jack Gallagher 10.70 | Chas Smith 24.34 M50 Bobby Terrell 27.88 |
| W35 Chris Kazebee 29.41 W50 Susan Aderhold 34.55 | M70 Larry Horine 12.71 M75 Graeme Dalzell 7.55 | M55 Wayne Hansen 26.81 |
| W65 Jeanne Daprano 33.47 | W30 Felicia Mitchell 7.96 | Joe Johnston 27.81 M60 Lionel Bonck 29.71 |
| Anne Yudell 39.59 | W45 Liz Johnson 7.01 W60 Carol Young 7.54 | M65 Joe Shanahan 35.71 |
| M40 Wes Whitaker 53.97 | Ann Carter 5.68 | Ben Jiminez 38.06 M80 John Anoka 38.53 |
| Sanford Stephens 56.64 M45 David Murr 58.24 | W70 Eliza Dalzell 6.09 Discus | M80 John Anoka 38.53 W30 Michele Poole 27.32 |
| Bernard Gant 59.17 | M30 Neil Derycke 40.50 | W45 Jocelyn Lowther 29.01 |
| M50 Greg Marshall 59.25 Bob Green 60.42 | M40 William Vicory 27.10 M45 Geoff Emerson 32.30 | 400 m M30 John Burke 54.50 |
| M60 Harvey Jones 80.01 | Jameson Wells 28.04 | Jeff Krause 55.89 |
| M70 Jack Lockett 75.62 W35 Chris Kazebee 67.39 | M50 Ed Klare 32.50 M55 Roger Kroodsma 34.70 | M40 Randy Brower 53.87 John Dey 67.11 |
| W40 Jacqueline Hickey 80.32 | Mike Crosby 21.20 | M55 J C Shenk 63.54 |
| 800m M40 Bart Thompson 2:07.9h | M65 Gordon Edwards 26.46 M70 Larry Horine 40.30 | Jon Davis 64.32 M60 Lionel Bonck 64.93 |
| Joe Hammond 2;15.0h | Mack Branham 33.22 | M75 Tom McDonald 1:41.93 |
| M45 Miles Vaughn 2:10.94 | M75 Buck Bradberry 30.24 William Daprano 29.20 | W30 Michele Poole 63.49 W40 Elaine Rancatore 73.01 |
| Mickey McCauley 2:21.85 M50 Max Goodman 2:41.56 | W45 Liz Johnson 22.30 | JoAnne Miller 75.17 |
| Jim Roberts 2:41.97 | W60 Carol Young 20.06 BrendaBloomfield 16.70 | W45 Jocelyn Lowther 66.92 W55 Alicea Kelley 95.31 |
| M60 Jim Huffman 2:50.01 W40 JacquelineHickey3:20.56 | W70 Eliza Dalzell 19.20 | 800m |
| W65 Jeanne Daprano 2:55.84 | Hammer M30 Neil Derycke 34.77 | M30 Brian Hickey 2:13.33 M35 Dan Bergeson 2:16.55 |
| JoyceHodgesHite 3:34.71 | M50 John von Rohr 43.10 | Lou Musica 2:19.38 |
| M35 Michael McGee 6:28.09 | M60 Mike Valle 41.04 | M40 John Dey 2:39.40 M55 J C Shenk 2:39.40 |
| M40 Joe Hammond 4:45.07 Mike Foley 5:45.86 | Horace Andrews 34.16 M75 Dick Bergenback 25.22 | M55 J C Shenk 2:39.40 M70 Ralph Miller 2:35.70 |
| M45 Jameson Wells 5:22.18 | Graeme Dalzell 16.61 | W40 Elaine Rancatore 2:46.38 |
| M50 Max Goodman 6:24.26 W70 Marge Hoffman 7:36.12 | W60 Carol Young 33.56 Brenda Bloomfield 31.86 | Sue O'Malley 2.55.37 W45 Celene Peters 2.58.10 |
| 5000m | Javelin de della de la company | Rosa Rogers 3:03.13 |
| M40 Tim Stewart 17:28.05 EddiePennebaker17:59.00 | M35 Rob Lawson 38.88 M40 Roald Bradstock 73.00 | W55 Alicia Kelly 3:30.20 W60 Willy Moolenea 3:12.72 |
| M50 Jim Roberts 20:37.01 | James Singleton 34.04 | 1500m |
| M55 Linny Moore 20:48.75 | M45 Jameson Wells 37.66 Michael McGinnis 37.50 | M30 Brian Hickey 4:35.69 M35 Lou Musica 4:51.65 |
| W65JoyceHodgesHite29:28.79 W70 Marge Hoffman 25:45.80 | M50 Robert Kouvolo 54.96 | Miguel Dias 5:34.15 |
| Short Hurdles | Wayne Garner 32.76 | M45 Jose Clavijo 4:37.17 Orlando Quintero 5:17.08 |
| M35 Joshua Willis 14.92 Long Hurdles | M60 James Turner 30.12 Mike Valle 28.82 | M55 Doug Brown 9:54.05 |
| M40 Wm Vicory 74.91 W50 Linda Lowery 57.80 | M70 Larry Horine 33.64 | M70 Martin Quinn 6:59.34 Ray Blount 7:10.55 |
| Steeplechase | M75 William Daprano 26.74 Jim Dykes 17.86 | M75 Tom McDonald 8:00.11 |
| M50 Eddie Perry 13:15.1h | W60 Ann Carter 15.54 | W40 Sue O'Malley 5:42.65 Elaine Rancatore 5:52.99 |
| M65 Jim Hite 10:28.79 High Jump | Weight Throw M30 Neil Derycke 15.80 | W45 Celene Peters 5:58.42 |
| M30 Gregory Carney 1.87 | M50 John von Rohr 15.30 | Rosa Rogers 6:21.96 |
| Frank Powell 1.47 M40 William Vicory 1.47 | M60 Mike Valle 15.00 Dick Bloomfield 14.10 | W55 Alicea Kelly 6:56.03 W60 Willy Moolenear 6:46.30 |
| M45 David Murr 1.32 | M75 Dick Bergenback 8.80 | 5000m |
| M50 Bob Rockwell 1.52 Johnnie Dye 1.47 | Graeme Dalzell 6.90 W60 Carol Young 13.10 | M70 Ray Blount 24:46.69 Martin Quinn 25:02.04 |
| M60 Jack Gallagher 1.37 | Brenda Bloomfield 11.50 | M75 Tom McDonald 28:02.19 |
| Mike Valle 1.21 M70 Gordon Seifert 1.47 | W70 Eliza Dalzell 6.60 Superweight | W45 Sue O'Malley 19:55.92 High Jump |
| M75 Buck Bradberry 1.21 | M60 Mike Valle 5.90 | M45 Doug Brown 1.14 |
| W40 Pat Golus 1.32 W45 Liz Johnson 1.32 | David Wheeler 3.30 M75 Graeme Dalzell 3.60 | M55 John Thomas 1.24 Wayne Hansen 1.14 |
| W50 Linda Lowery 1.32 | Dick Bergenback 3.20 | M60 Ray Lebowitz 1.04 |
| Pole Vault M45 Peter McGinnis 3.65 | 1500m Racewalk M40 William Vicory 8:56.4h | M70 Richard Lowery 1.24 Les Rudy 1.14 |
| Tim Rhyne 3.50 | M65 Gordon Edwards11:19.4h | M75 Bob Voege nma |
| M50 Vince Struble 3.81 Johnnie Dye 3.50 | M70 Mike Michel 9:09.3h | Pole Vault M40 Mike Logue 3.81 |
| M55 Henry Jordan 3.20 | W65 Anne Yudell 12:20.2h 5000m Racewalk | Guz Keriazes 2.90 |
| Wm Eubanks 2.59 M70 Gordon Seifert 2.59 | M60 Heinrich Looser 30:17.56 | M50 Keith Ingram 3.50 M55 Joe Johnston 3.81 |
| M70 Gordon Seifert 2.59 Long Jump | Larry Seymour 34:49.35 M80 Waiter Scully 39:56.87 | M55 Joe Johnston 3.81 M60 Nel Siverson 3.50 |
| M35 Joshua Willis 6.81 | Joe Biersteker 39:57.17 | Long Jump |
| Rob Lawson 4.67 M40 James Singleton 5.57 | W40KatherineFincher34:53.11 W55RosemaryWilson 34:49.70 | M30 Todd Hill 4.85 Jerry Dulaney 3.69 |
| Mike Kaves 5.44 | W65 Millice Prihoda 36:19.57 | M35 Daren Welborn 5.21 |
| M45 Frank Sharpe 4.79 Jameson Wells 4.16 | Florida Championships | M40 Ernest Jones 4.86 M45 Jose Ortiz 4.11 |
| M60 Jack Gallagher 3.79 | Kissimmee; June 8 | M55 Robert Norton 4.47 |
| Larry Seymour 2.76 M65 Jerry Barton 4.12 | 100 m M30 John Burke 11.68 | John Thomas 3.63 M60 Ray Lebowitz 4.06 |
| M70 John Schreiber 4.33 | Jeff Krause 12.44 | M65 Ben Jiminez 3.85 |
| Jack McDowell 2.66 M75 Buck Bradberry 4.00 | M35 Daren Welborn 11.24 M40 Bernard Scott 12.19 | M70 Les Rudy 3.48 Alan Raynor 3.46 |
| William Daprano 3.59 | Mike Lynch 12.59 | M75 Bob Voege 2.77 |
| W35 ReginaRichardson 5.28 | M45 Steve Palacios 11.76 Chas Smith 12.68 | M80 John Anoka 2.87 |
| W65 Anne Yudell 2.46 W75 Jos Sullivan 2.33 | M50 Bobby Terrill 12.63 | Triple Jump |
| Triple Jump | M55 Wayne Hansen 12.99 Joe Johnston 13.55 | M30 Todd Hill 10.43 |
| M35 Joshua Willis 13.84 M40 James Singleton 12.53 | M60 Nels Siverson 13.67 | Jerry Dulaney 8.54 M45 Jose Ortiz 7.96 |
| Mike Kaves 11.20 | Ray Lebowitz 13.87 | M50 Robert Terrell 9.30 |
| M45 Glen Turner 11.15 | M65 Ben Jiminez 16.47 M70 Alan Raynor 15.40 | M60 Ray Lebowitz 8.14 M70 Alan Raynor 7.23 |
| M50 Bob Rockwell 11.46 | | |

| asters News | | |
|--|----------------|--|
| Short Hurdles | No. | M75 Sam Madia |
| M40 David Zieters | 16.02 | M80 John Means |
| M55 John Thomas | 20.56 | W65 Grace Butcher |
| M60 John Sloan | 21.21. | 800m |
| Shot Put | | M30 Dave Poplar |
| M40 James Matthews | | M40 Toby Barvincak |
| M45 Jose Ortiz | 10.74 | M45 Bob Thomas |
| M50 Miguel Ruiz | 11.38 | M50 Turran Harper W55 Helen Younglas |
| M55 John Thomas | 7.44 | W65 Grace Butcher |
| M60 Gary Winters | 12.87 | 1500m |
| Ray Lebowitz M65 Don Zaccardo | 9.77 | M40 Toby Barvincak |
| Ben Jiminez | 7.16 6.02 | M50 Ronald Ruffin |
| M70 Lou Pollay | 11.11 | W40 Joanne Siegel |
| Pay Carstensen | 10.74 | W55 Helen Younglas |
| M75 Bob Voege | 8.29 | W70 Marya Cavicchi |
| M80 John Anoka | 7.35 | 3000m |
| W60 Loyda Jiminez | 5.05 | M40 Anthony Boerio |
| W65 Erika Messner | 9.09 | M50 Jeff Hlinka |
| Discus | | W40 Joanne Siegel |
| M40 Michael Matthey | vs 38.37 | W55 Helen Younglas |
| M45 Jeff Donley | 36.14 | W70 Mary Cavicchi |
| Jose Ortiz | 29.60 | 4x100m Relay |
| M50 Miguel Ruiz | 32.59 | M35 OTHTC |
| M55 John Thomas | 25.37 | High Jump |
| M60 John Sloan | 34.09 | M35 James Timoch |
| Ray Lebowitz | 26.10 | M40 Barry Ward |
| M65 Don Zaccardo | 20.08 | M60 Barry Kline |
| M70 Austin Baggett | 33.26 | M65 Wayne Mishler M70 William Simmon |
| Richard Lowery | 32.73 | M75 George Roudeb |
| M75 Bob Vogue | 22.21 | W30 Willetta Taylor |
| W65 Erika Messner | 23.86 | Long Jump |
| Hammer M40 James Matthews | 35.27 | M30 James Brown |
| M60 John Sloan | | M35 Robert Walters |
| M70 Austin Baggett | 26.75 40.27 | M45 Mark Schervish |
| Pay Carstensen | 39.43 | M55 Dan Hansman |
| M75 Bob Voege | 18.43 | M60 Grover Coats |
| W65 Erika Messner | AR30.70 | M65 Wayne Mishler |
| (Featherstone/26 | | M70 Ev Poe |
| Javelin | | W30 Willetta Taylor |
| M45 Jesus Virella | 48.22 | W40 SusanStephens |
| Jose Ortiz | 47.10 | Shot Put |
| M50 Miguel Ruiz | 28.27 | M30 Al Lechler |
| M55 Martin Menkin | 40.10 | M35 James Timoch |
| M60 John Sloan | 34.92 | M45 MarkSchervish |
| M65 Don Zaccardo | 22.80 | M55 Joe Kuzma |
| M70 Reed Quinn | 33.22 | M65 Chuck Wiedman |
| M75 Bob Voege | 17.15 | M70 Rudy Bredenbuc M75 George Riser |
| W65 Erika Messner | 25.70 | W35 DebbieLancashi |
| Weight Throw | 47.00 | W40 Monica Thomps |
| M70 Austin Baggett Pay Carstensen | 17.98 15.63 | W55 Erika Szanto |
| 5000m Racewalk | 15.03 | Discus |
| M40 Steve Renard | 24:08.10 | M30 Al Lechler |
| M55 Don DeNoon | 26:34.39 | M35 James Timoch |
| M65 Ted Sager | 31:22.80 | M40 Frank Makozy |
| M70 Bob Fine | 33:24.50 | M45 Mark Schervish |
| W30 Kelly O'Neal | 31:58.80 | M55 Joe Kuzma |
| W70 Jeri McDonald | 43:40.65 | M60 Abe Sheinker |
| W75 Pepper Davis | 43:03.02 | M65 Chuck Wiedman |
| THE PARTY OF THE P | C/m | M70 Rudy Bredenbed |
| MIDWE | 51 . | M75 George Riser |
| North Coast Invi | tational | M100 Everett Hosack W35 DebbieLancash |
| Brecksville, OH; | | W55 Erika Szanto |
| 60m | The sales | Javelin |
| M30 Mike Manges | 7.94 | M35 Robert Walters |
| M35 Steven Bunn | 7.52 | M40 Rodney Wilson |
| M40 Rodney Wilson | 8.12 | M45 Mark Schervish |

M55 Dan Hansman M60 Grover Coats M65 Wayne Mishler 8.62 9.50 M70 Ev Poe 9.52 M85 Bill Weinacht 10.75 W40 Susan Stephenson 9.69 100m M30 Mike Manges 12.68 M35 Steven Bunn 12.01 M40 Rodney Wilson 12.75 M45 Bill Blair M50 Tom Timmerman 12.82 14.05 M55 Dan Hansman M60 Chuck Bartholomew13 34 M65 Wayne Mishler 15.90 M70 Ev Poe 15.48 M75 Sam Madia 17.03 M80 John Means 17.04 M85 Bill Weinacht 17.54 W40 Susan Stephenson 15.81 200m M40 Rodney Wilson 26.87 M45 John Roebuck M50 Tom Timmerman 27.00 31.30 M55 Dan Hansman M60 Grover Coats 28.00 M75 Sam Madia 35.00 W40 Susan Stephens W65 Grace Butcher 43.00 400 m M40 Bill Stephenson 66.32

M45 John Roebuck M50 Turran Harper

M60 Barry Kline

56.26 61.93

85.15

| W55 Helen Younglas 3:34.25 | M40 Blake W |
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| W65 Grace Butcher 2:41.90 | M55 Frank R Long Hurd |
| 1500m M40 Toby Barvincak 5:33.62 | M45 Mike Pa |
| M50 Ronald Ruffin 5:14.39 | High Jump |
| W40 Joanne Siegel 5:59.50 W55 Helen Younglas 8:12.29 | M45 Craig R M65 Jim Leg |
| W55 Helen Younglas 8:12.29 W70 Marya Cavicchi 13:45.65 | M70 Tom Ma |
| 3000m | Pole Vault |
| M40 Anthony Boerio 12:40.54 | M45 Dan Asi |
| M50 Jeff Hlinka 11:07.50 | M50 Brad W |
| W40 Joanne Siegel 12:51.18 W55 Helen Younglas 18:36.91 | M35 George |
| W70 Mary Cavicchi 28:29.08 | M50 Paul Go |
| 4x100m Relay | M65 Lowell I |
| M35 OTHTC 49.00 | M70 Tom Ma Shot Put |
| High Jump M35 James Timoch 4-7 | M35 Darryl |
| M40 Barry Ward 3-5 | M50 Pat Fort |
| M60 Barry Kline 4-7 | M65 James |
| M65 Wayne Mishler 4-5 M70 William Simmons 3-11 | M70 Wendell W70 Wanda |
| M75 George Roudebush3-9 | Discus |
| W30 Willetta Taylor 4-1 | M35 Darryl |
| Long Jump | M65 Floyd F |
| M30 James Brown 14-0 M35 Robert Walters 8-9 | M70 Wendel (Filip/45 |
| M45 Mark Schervish 7-7 | W70 Paula N |
| M55 Dan Hansman 7-2.5 | Hammer |
| M60 Grover Coats 8-3.5 | M50 Ed Bee |
| M65 Wayne Mishler 7-1 M70 Ev Poe 7-6 | M65 Floyd R M70 Wendel |
| W30 Willetta Taylor 12-6.75 | M80 Hugh H |
| W40 SusanStephenson12-0 | W70 Judy Fe |
| Shot Put | Javelin |
| M30 Al Lechler 50-4.5 M35 James Timoch 28-8 | M35 Trey Wa M40 Darrell |
| M45 MarkSchervish 26-9.5 | M50 Pat Fort |
| M55 Joe Kuzma 31-4 | M65 Floyd R |
| M65 Chuck Wiedman 27-1 M70 Rudy Bredenbuck 34-6 | M80 Hugh H W45 Lucille |
| M75 George Riser 35-9 | W70 Paula N |
| W35 DebbieLancashire38-7 | 5000m Rac |
| W40 Monica Thompson23-1 W55 Erika Szanto 27-11.5 | M55 Jerry W |
| W55 Erika Szanto 27-11.5 Discus | W40 Karen J |
| | SOUT |
| M30 Al Lechler 122-8 | DUCI |
| M35 James Timoch 80-4 | El Paso S |
| M35 James Timoch 80-4 M40 Frank Makozy 92-4 | |
| M35 James Timoch 80-4 | El Paso S El Paso |
| M35 James Timoch 80-4 M40 Frank Makozy 92-4 M45 Mark Schervish 78-11 M55 Joe Kuzma 86-3 M60 Abe Sheinker 82-4 | El Paso S El Paso 50m M50 OSCAR (M55 JOHN M5 |
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| M35 James Timoch M40 Frank Makozy M45 Mark Schervish M55 Joe Kuzma M60 Abe Sheinker M65 Chuck Wiedman M70 Rudy Bredenbeck M75 George Riser M55 DebbieLancashire 127-1 M55 JebbieLancashire 127-1 M55 Erika Szanto Javelin M35 Robert Walters M40 Rodney Wilson M40 Rodney Wilson M70 Rudy Bredenbeck M75 GeorgeRoudebush M35 Robert Walters M40 Rodney Wilson M45 Mark Schervish M20-7 M65 Chuck Wiedman M70 Rudy Bredenbeck M75 GeorgeRoudebush M20 Rodney Wilson M35 Robert Walters M40 Rodney Milson M40 Rodney Milson M50 Redenbeck M75 GeorgeRoudebush M40 Rich Coreno M50 Ray Allen M55 Ray Allen M55 Ray Allen M50 Ray Rilen M60 Thomas Gardner22.09.11 W50 Joyce Prohaska 18.51.30 MID-AMERICA Rocky Mountain Qualifier/Masters Champlonships, Albuquerque, NM; May 18-19 100m M30 James Stevens M65 Lowell Bonifield | EI Paso S EI Pas |
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2:41.90 2:13.95

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| 1500m | F-40 70 |
|------------------------|---------|
| | 5:19.76 |
| | 5:13.85 |
| M55 Frank Rodriguez | 5:14.05 |
| 3000m | |
| W40 Tonya Herring | 13:12.1 |
| 5000m | - |
| M35 George Rivera | 20:31.5 |
| M40 Blake Wood | 17:44.5 |
| M55 Frank Rodriguez | 28:58.8 |
| Long Hurdles | |
| M45 Mike Pannell | 63.52 |
| High Jump | |
| M45 Craig Rasmussen | 1.41 |
| M65 Jim Leggitt | 1.27 |
| M70 Tom Maloy | 1.06 |
| Pole Vault | |
| M45 Dan Ashcraft | 3.35 |
| M50 Brad Winter | 4.26 |
| Long Jump | |
| M35 George Rivera | 3.57 |
| M50 Paul Gooris | 3.71 |
| M65 Lowell Bonifield | 4.32 |
| M70 Tom Maloy | 2.87 |
| Shot Put | 2.07 |
| | 11.55 |
| M35 Darryl Johnson | 7.73 |
| M50 Pat Fort | |
| M65 James Koch | 12.67 |
| M70 Wendell Palmer | 13.41 |
| W70 Wanda Maloy | 4.62 |
| Discus | |
| M35 Darryl Johnson | 27.24 |
| M65 Floyd Riddle | 34.48 |
| M70 Wendell Palmer | H46.68 |
| (Filip/45.59/1998) | |
| W70 Paula Maloy | 8.42 |
| Hammer | |
| M50 Ed Beebe | 37.84 |
| M65 Floyd Riddle | 19.60 |
| M70 Wendell Palmer | 39.30 |
| M80 Hugh Hackett | 17.54 |
| W70 Judy Fetherston | 22.92 |
| Javelin | Barbar |
| M35 Trey Waring | 38.54 |
| M40 Darrell Turnipseed | 29.46 |
| M50 Pat Fort | 23.66 |
| M65 Floyd Riddle | 31.10 |
| M80 Hugh Hackett | 19.66 |
| W45 Lucille Brasher | 17.00 |
| W70 Paula Maloy | 9.68 |
| 5000m Racewalk | |
| | 41:37.2 |
| | 32:36.4 |
| | CT |
| | |

THWEST

Senior Games

| | nior Games, |
|--|--|
| El Paso, T | X; April 13 |
| 50e | |
| MED DECLE COM | EZ 7.23 |
| MSS JOHN MYLI | US 7.56 |
| M60 BUFE MORR | 150N 8.24 |
| M70 BERNARD S | |
| M75 BILL BART | ON 8.91 WELL 8.90 |
| M85 NICK AGUI | LAR 17.03 |
| WSS LAURIE BA | |
| WEO MARY MORR | ISON 11.20 |
| W70 DOROTHY G | ROSS 11.57 |
| 100m | |
| M50 OSCAR GON | EZ 13.44 |
| M60 BUFE MORR | US 15.56 ISON 16.23 |
| M65 JIM LEGGI | TT 13.60 |
| M70 REBNARD S | TEVENS 14.00 |
| M75 BILL BAR | TON 17.30 |
| M80 RALPH MAX M85 NICK AGUI | WELL 17.94 LAR 40.64 |
| M85 NICK AGUI | RTON 16.29 |
| WEO MARY HORR | |
| 200€ | |
| HSO HARK LEVI | TT 30.18 |
| MSS JOHN MYLI | |
| M60 BUFE MORR | ISON 38.89 |
| M65 JIM LEGGI | |
| M70 ANDY ANDE | RSON 31.00 |
| MOO RALPH MAX | WELL 47.00 LAR 84.28 |
| 4000 | |
| HSO MARK LEVI | 73.42 |
| MSS JOHN MYLII | 75.59 |
| MEO BILL BARR | 1142.53 |
| M65 JIN LEGGI | |
| 800m | BERG 91.20 |
| MSO BYRON TON | NSON 2:44 |
| M55 JOHN MYLI | 05 2:43 |
| MOO BILL BARR | 3127 |
| M65 PAUL HERN | |
| WSO MONI HOLM | |
| | BERG 3:31 |
| M50 BYRON JOH | |
| M50 BYRON JOHN | SON 5144 |
| M60 BILL BARRY | 7107 |
| M55 JOHN MYLIE M60 BILL BARRY M65 KIKI CONTI | ARAS 5:55 |
| H70 DON NAVRKA | L 7:30 |
| M75 BILL BARTO | N 7.54 |
| WSO MONI HOLM | ERG 7:24 |
| 5k RUN | |
| MSO BYRON JOHN | SON 20.24 |
| MSS GERALD BOY | 20 03 |
| M60 BILL BARRY | 26.17 |
| | |
| H75 FRAN CASTO | RENA 11 50 |
| WSO MONT HOLME | ERG 27.15 |
| WEG MARY MORRI | SON 34.44 |
| W65 SHIRLEY HE | RNANDEZ 33.41 |
| 4x100 Reley | RIE 42.21 |
| | |
| HSO A . ANDERSON . | J.MYL1US 62.29 |
| | STANTUR |
| Continu | water the second |

Continued on next page

| 1 | DESCRIPTION OF THE PERSON OF T | N. P. O'T WHEN SHARE SHARE |
|-----|--|----------------------------|
| | LONG | JUMP |
| | M50 | JOHN BARTON |
| | N55 | JOHN BARTON JOHN MYLIUS |
| | M60 | BUFE MORRIS |
| | M65 | JIN LEGGITT |
| | M70 | JIM LEGGITT |
| | H75 | DOUG COCHRAI |
| | | |
| | M80 | RALPH HAXWE |
| | M85 | NICK AGIULA |
| | W70 | DOROTHY GROS |
| | HIGH | JUMP |
| | H50 | JOHN BARTON |
| | H55 | STEVE MAC I |
| | M60 | BUFE MORRISO |
| | | TIM I POCTET |
| | H65 | JIM LEGGITT JIM POWELL |
| | H70 | JIM POWELL |
| | H75 | BILL BARTON |
| | H80 | RALPH MAXWE |
| | N85 | NICK AGUILAI |
| | W55 | LAURIE BARTO |
| | DOM: | 1 1 Horsel Committee |
| | | UN |
| | M50 | BYRON JOHNS |
| | M55 | GERALD ROY BILL BARRY |
| | M60 | BILL BARRY |
| | H65 | PAUL HERNA |
| | M70 | DON NAVRKAL |
| | M75 | FRAN CASTO |
| | W50 | MONI HOLMBI |
| | SHOT | This is the said to take |
| | | |
| | M50 | JERRY CASW |
| | M55 | GORDON WOF |
| | M60 | BUFE MORRIS |
| | M65 | JAKE JACOB |
| | M75 | DOUG COCHE |
| | N85 | NICK AGUIL |
| | W70 | DOROTHY GR |
| | DISCI | · Profession |
| | The second second | |
| | M50 | JERRY CASMI |
| | M55 | STEVE HAC |
| | M60 | BUFE MORRIS |
| | M65 | JIN LEGGIT |
| | M75 | DOUG COCHR |
| 100 | M85 | NICK AGUIL |
| | W60 | MARY HORRIS |
| | W65 | MAUD SHELL |
| | W70 | DOROTHY CRO |
| | JAVE | 74 |
| | | |
| | M50 | STEVE MAC |
| | M55 | STEVE HAC |
| | M60 | BUFE HORRIS |
| | M65 | JIM LEGGIT |
| | H75 | DOUG COCHE |
| | M85 | NICK AGUIL |
| | W50 | DIANN KAER |
| | W65 | MAUD SNELL |
| | H70 | DOROTHY GRO |
| | Service of the | |
| | 1500e | PACEWALK |

HTO DOROTHY GRI

1500 PACEWALE

H50 JERRY CASWEI

H50 JERRY CASWEI

H50 PANNE CONNER

H60 BUFF MORPIS

H60 DOTE CONNER

H60 MARY MORPISO

H60 SHIRLEY HERN

H70 ISBREI MARTI

H80 BETTIE BERRI

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H80 BETTIE BETRI NOO BETTIE BERRI NOO RICHARD RECH NOO RICHARD ECK NOO NIQUEL GARCI NOO FOODE OUTLIE NOO EVA CASWELL NOO EVA CASWELL NOO MARY MORRISO NOO BETTIE BERRI

Dallas Senio Dallas, TX; 50m

M50 Ken Raggio M55 Courtland Gra M65 Edward Rison M70 Joe Summerl M75 Bob Wingo W50 Onela O'Brian 100m M50 Ken Raggio

M55 Courtland Gra M65 Edward Rison M70 Joe Summer M75 Andy Anders M75 Bob Wingo W50 Onela O'Bria W55 Kathleen Fra W65 Marylou Bran W80 Margaret Hir 200m

M50 Ken Raggio M55 Courtland G M65 Edward Risc M70 Joe Summe M75 Bob Wingo

W50 Onela O'Bria W55 Kathleen Fra W65 Marylou Bra W80 Margaret His 400m M50 Ken Raggio

M55 Bill Lewis M65 Marvin Herr M75 Bob Wingo M85 Jesse Cumi W55 Kathleen Fr 800m

M50 Oza Colley M55 Frank Croc M60 Troy Scogg M65 Dick Doore M70 Jack Gray

| A STATE OF THE STA | the Report States | and the same | Nau | Ullai IVI | asters News | - | The state of the state of | Service Control | | Dage 29 |
|--|--|---------------------|--|--|--|----------------|---|-------------------|--|-----------|
| Continued from previous page | M75 Richard Widener | 3:25.00 | M70 Joe Summerlin | 14.13 | M60 Steven Warr | 9-6 | 1500M | The state of | M70 Paul Bambrook | 7.68 |
| LONG JUMP | 1500m | SHAPE. | M75 Erling Krosby | 14.85 | M65 Jim Julian | 7-7.5 | M55 Vincent Mejia | 5:34.94 | William Platts | 7.83 |
| M50 JOHN BARTON 13.2- M55 JOHN MYLIUS 9.7- | M50 Anthony Colon | 5:09.90 | M80 Charles Keenan | 18.57 | M70 Robert Phillips | 6-0 | Lloyd Rust | 5:34.94 | M75 Dewey Vroom | 7.94 |
| M60 BUFE MORRISON 11.5. | M55 Frank Crockett | 6:00.00 | W50 Rita Walker | 16.41 | M75 Keith Tomkins | 7-7.5 | M60 Troy Scroggins | 6:06.47 | M80 Johnny Gibson | 9.17 |
| M65 JIM LEGGITT 14:0- | | 6:23.00 | W55 Sally Curtis | 15.04 | M80 James Cordell | 6-0 | M65 Gary Schmidt | 6:14.80 | M85 Richard Leach | 9.84 |
| M75 DOUG COCHRAN 7'1" | And the second s | 6:36.25 | W60 Shelly Whitlock | 16.62 | Paul Coons | 5-6 | M70 Edward Williams | 7.17.63 | | |
| M80 RALPH MAXWELL 11'2" M85 NICK AGIULAR 4'9" | | 6:19.95 | W65 Mary Lou Bradford | d 16.75 | W60 Shelly Whitlock | 5-0 | M75 Bob Barton | 8:01.91 | W50 Brenda Matthews | 7.61 |
| W70 DOROTHY GROSS 6:34- | The second secon | 7:09.00 | W70 Georgia Goggin | 21.65 | W65 Mary Lou Bradford | d 5-6 | W60 Mary Kaplan | 8:21.08 | Nancy Cochrane | 8.39 |
| MIGH JUMP M50 JOHN BARTON 4:8- | High Jump | 1.00.00 | 200M | STATE OF THE PARTY | Shot Put | | W65 Bev Avery | 7:11.67 | W60 Marilyn Ongley | 9.06 |
| MSS STEVE MAC INTOSH 4'6" | | 44 | M50 Cliff McBride | 24.44 | M50 Brooks West | 45-1.5 | High Jump | | W70 Magdalena Kuehne | |
| M60 BUFE MORRISON 3'10" | | 3-8 | Larry Vollmer | 24.85 | M55 Mark Chapman | 36-2 | M50 Sil Bosch | 5-10 | W80 Gerda Ader | 11.81 |
| H70 JIM POWELL 3'10" | | | Jimmie Jones | 25.53 | M60 Harold Crater | 36-9 | M55 William Henderson | 4-8 | 100m | |
| M75 BILL BARTON 3:10- M80 RALPH MAXWELL 3:10- | | 3-7 | M55 Randy Smith | 25.78 | M65 Jilang Yang | 33-4 | M60 Herbert Miller | 4-6 | M50 Thierry Boucquey | 11.81 |
| M85 NICK AGUILAR 2'4" | All the second s | 4-0 | Douglas Spencer | 25.94 | M70 Jim Gerhardt | 36-10 | M65 Bobby Crabb | 4-6 | M55 Willie Roberson | 12.80 |
| W55 LAURIE BARTON 3'8- | | 2-9 | M60 James Procter | 27.44 | M75 Robert Woolfolk | 23-5 | M70 Val Smith | 3-10 | M60 Lee Gillespie | 12.83 |
| MSO BYRON JOHNSON 41.54 | | 3-3 | M65 Wayne Bennett | 27.59 | M80 Wade Alexander | 25-1.5 | M75 Louis Youngblood | 3-8 | M65 Milton Newton | 13.21 |
| MSS GERALD ROY 41.13 | | 3-1.50 | M70 Joe Summerlin | 28.97 | M85 Roy Hollingsworth | 22-9 | M80 Paul Coons | 3-0 | M70 Paul Bambrook | 14.21 |
| M60 BILL BARRY 54.13 M65 PAUL HERNANDEZ 54.11 | Pole Vault | | M75 Erling Krosby | 30.00 | W50 Diane Guiterrez | 32-11.5 | M90 Everett Williams | 3-0 | William Platts | 14.33 |
| M70 DON NAVRKAL 56.46 | W65 Marylou Bradford | 5-5 | M85 Charles Keenan | 41.69 | W55 Lynne Werner | 27-2.5 | W55 Linda Douglas | 4-2 | M80 Johnny Gibson | 17.58 |
| M75 FRAN CASTORENA 74.11 W50 MONI HOLMBERG 55.11 | W80 Margaret Hinton | 2-11 | W50 Rita Walker | 34.59 | W60 Mary Conway | 23-10.5 | Laurie Barton | 4-0 | Alfred Guidet | 18.97 |
| SHOT | Long Jump | | W55 Sally Curtis | 31.56 | W65 Scottie Scott | 21-3 | W60 Shelly Whitlock | 3-4 | M85 Richard Leach | 17.84 |
| MSO JERRY CASMELL 40'3" | M60 Lee Powell 1 | 14-10 | W60 Marion Coffee-Carne | y 39.18 | W70 Juanita Mosely | 24-9 | W65 Phyllis Provost | 3-2 | Robert Boucke | 48.51 |
| M60 BUFE MORRISON 30'6" | M70 Val Smith | 8-9 | 400M | | W75 Ruth Seeger | 21-0 | W75 Ruth Seeger | 3-3 | W50 Brenda Matthews | 14.04 |
| M65 JAKE JACOBS 25'9" | M75 Bob Wingo | 9-2.50 | M50 Cliff McBride | 58.29 | Discus | | Long Jump | | Nancy Cochrane | 15.43 |
| M85 NICK AGUILAR 23'2" | | 6-10.50 | M55 David Parro | 1:07.7 | M50 Brooks West | 144-07 | M50 Sil Bosch | 16-6 | W60 Marilyn Ongley | 17.00 |
| W70 DOROTHY GROSS 19'9" | Triple Jump | SECTION. | M60 James Procter | 1:05.0 | M55 Mark Lumkin | 154-10 | M55 Ed Jones | 18-6.25 | W70 Gloria Doro | 17.22 |
| MSO JERRY CASMELL 125.45 | | 23-2 | M65 Mack Stewart | 1:02.0 | M60 Harold Crater | 124-08 | M60 Bob Kocot | 12-8 | 200m | 17.22 |
| MSS STEVE HAC INTOSH 78'9" | | 20 | M70 Dell Cobb | 1:20.8 | M65 William Morris | 94-9.5 | M65 Val Mora | 10-2.75 | M55 Willie Roberson | 27 12 |
| M60 BUFE MORRISON 87'9" M65 JIM LEGGITT 96'25" | Shot Put | × 787 | M75 Erling Krosby | 1:08.9 | M70 Jim Gerhardt | 130-11 | M70 Robert Hoses | 9-9.25 | Discourage State of the Control of t | 27.13 |
| M75 DOUG COCHRAN 75'2" | | 10-4 | M80 Charles Keenan | 1:56.6 | M75 Robert Woolfolk | 64-07 | M75 Adolph Hoffman | 7-10.5 | Jorge Birnbaum | 27.23 |
| M85 NICK AGUILAR 35'3" M60 MARY MORRISON 41'8" | | 31-4 | W50 Gerri Wood | 1:24.5 | M80 Wade Alexander | 54-00 | M90 Everett Williams | 5-0 | M60 Lee Gillespie | 27.53 |
| W65 MAUD SNELL 50'7" W70 DOROTHY GROSS 46'11" | | 32-5 | W55 Bobbie Fisher | 1:18.9 | W50 Diane Guiterrez | 92-10 | W50 Patricia St Clair | 6-0 | Jim Francis | 30.89 |
| JAVELIN | | - 15 E.S. | W60 Marion Coffee-Carne | | W55 Sally Curtis | 64-1.5 | W55 Laurie Barton | 10-10.5 | M65 Milton Newton | 27.97 |
| M50 JERRY CASWELL 104'0" | | 29-9 | W65 Phyllis Provost | 1:56.1 | W60 Shelly Whitlock | 51-1.5 | W65 Phyllis Provost | 6-8 | Jesse Carrington | 29.33 |
| M55 STEVE MAC INTOSH 120'6" M60 BUFE MORRISON 107'5" | | 17-2 | 800M | | W65 Mary Lou Bradford | | W70 Dorothy Gross | 6-7.25 | M70 Jim Selby | 34.58 |
| M65 JIM LEGGITT 93'8" | | 25-3 | M50 Robert Shaw | 2:20.8 | W70 Juanita Mosely | 61-00 | W75 Ruth Seeger | 7-4 | Francis Kishi | 34.71 |
| M75 DOUG COCHRAN 88'11" | | 17-3 | M55 David Parro | 2:45.8 | W75 Ruth Seeger | 57-11 | Pole Vault M50 Mike Jackson | 10-0 | M75 Louis Beadle | 36.57 |
| W50 DIANN KAERWER 69'7" | | 10-9 | M60 Ken Hodges | 2:44.4 | Javelin | *** | | 10-0 | Walter Atcheson | 42.42 |
| W65 HAUD SNELL 35'7" H70 DOROTHY GROSS 49'1" | Discus | STATE OF THE PARTY. | M70 Orville Kremmer | 3:06.9 | M50 Joseph Greenberg | | Larry McIntyre M55 William Henderson | | W50 Nancy Cochrane | 33.18 |
| 1500m PACEWALK | M50 Brooks West, Jr | 129-1 | M75 Eugene Nink | 3:36.3 | M55 Bobby Barnes | 155-09 | M60 Bob Nowotny | 8-0 | Beverly Hicks | 36.41 |
| MSO JERRY CASWELL 10:09 | M55 Alan Van Scotter | 104-7 | W50 Geri Wood | 3:13.6 | M60 Ben Villalpando | 112-01 | M70 Ed Williams | 40 | W60 Marilyn Ongley | 38.37 |
| MSS RICHARD ECKERT 9.25 M60 BUFE MORRISON 11.34 | M60 Robert Harrell | 169-5 | W55 Bobbie Fisher | 3:45.5 | M65 Jilang Yang | 105-04 | M75 Adolph Hoffman | 6-6 | Carole Davis | 48.00 |
| M65 FRANK CONNERTON 11.21 | M65 Dean Hesse | 107-9 | W60 Ann Erickson | 3:13.5 | M70 Jim Gerhardt | 102-11 | Louis Youngblood | | W70 Magdalena Kuehne | 41.43 |
| MBS NICK AGUILAR 15.34 | M70 Ross Vrooman | 97-5 | W65 Phyllis Provost | 4:18.1 | M75 Keith Tomkins | 71-08 | M80 Paul Coons | 440 | Louise Martin | 1:07.77 |
| WSO EVA CASWELL 11.20 WGO MARY MORRISON 11.15 | M75 Ed Hooker | 96-1 | 1500M | | M80 Lawrence Riggs | 48-02 | W60 Shelly Whitlock | 5-1 | 400m | |
| W65 SHIRLEY HERNANDEZ 12.08 | M80 Adrien Pronovost | 47-6 | M50Robert Shaw | 4:48.0 | M85 Ward Parker | 47-07 | Shot Put | The same | M50 Parker White | 59.60 |
| WTO ISABEL MARTINEZ 15.32 WEO BETTIE BERRIE 12.30 | M85 Jesse Cummings | 56-9 | M60 Loyd Carey | 4:52.0 | W50 Elisabeth Kennedy | | M50 Sil Bosch | 35-3.75 | M55 Jorge Bimbaum | 1:09.93 |
| 5k RACEWALK | W50 Onela O'Briant | 60 | M65 John McInnis | 6:50.0 | W55 Linda Douglas | 59-02 45-03 | M55 Mark Chapman | 35-8.75 | Matteo Monica | 1;36.50 |
| M50 RICHARD RECHY 34.11 M55 RICHARD ECKERT 34.19 | W65 Phyllis Provost | 48-1 | M70 Orville Kremmer | 6:50.0 | W60 Mary Conway | | M60 John Conniff | 42-2.25 | M60 Jim Francis | 1:08.88 |
| MEO MIGUEL GARCIA 37.27 | W80 Margaret Hinton | 50-3 | M75 Eugene Nink | 6:50.0 | W65 Mary Lou Bradfor | 41-08 | M65 Dean Hesse | 39-7.25 | Darrell Short | 1:14.91 |
| M65 FRANK CONNERTON 41.01 | Javelin | 30-3 | M80 Charles Keenan | 8:12.1 | W70 Georgia Goggin W75 Ruth Seeger | 62-11 | M70 Wendell Palmer | 40-10.25 | M65 Gene Rotstein | 1:20.93 |
| W50 EVA CASWELL 40.19 W60 MARY MORRISON 39.28 | M50 Roger Conboy | 114-8 | W50 Geri Wood | 6:12.0 | W/3 Ruth Seeger | 02-11 | M75 Doug Cochran | 26-8.5 | Ray Archibald | 1:31.44 |
| W65 SHIRLEY HERNANDEZ 41.44 | M60 Lee Powell | 87-11 | W55 Bobbi Fisher | 7:32.0 | Kerrville Senior C | Games | M80 Bill Stevens | 22-4 | M70 Jim Selby | 1:19.43 |
| WBO BETTIE BERRIE 46.37 | | | W60 Ann Erickson | 6:12.6 | Kerrville, TX; Ap | pril 27 | M90 Everett Williams | 22-8.25 | William Kennedy | 1:20.37 |
| Dallas Senior Games | M65 Jack Parker | 106-10 | 1500M RW | | 100 M | | W50 Oneala O'Briant | 29-7 | M75 Walter Atcheson | 1:39.33 |
| Dallas, TX; April 13 | M70 Val Smith | 88-2 | M50 Joseph Schneider | 9:21.3 | M50 Sil Bosch | 13.91 | W60 Shelly Whitlock | 23-2.5 | | |
| 50m | M80 Adrien Pronovost | 48-11 | M55 Gary Leinhart | 7:48.2 | M55 Ed Jones | 12.49 | W65 Phyllis Provost | 18-4.5 | M80 John Irwin | 2:14.67 |
| M50 Ken Raggio 7.05 | M85 Jesse Cummings | 41 == | M60 John Knifton | 7:52.0 | M60 Don Denson | 12.73 | W70 Dorothy Gross | 19-0.5 | M85 Richard Leach | 1:53.04 |
| M55 Courtland Gray 6.57 | W50 Onela O'Briant | 54-11 | M65 Pete Romero | 8:38.8 | M65 Wayne Bennett | 12.99 | W75 Ruth Seeger | 20-4 | W50 Beverly Hicks | 1:31.34 |
| M65 Edward Rison 7.99 | W65 Marylou Bradford | 56-1 | M70 Richard Massey | 11:13.0 | M70 Joe Summerlin | 13.63 | W85 Lillian Rudd | 12-9 | W60 Marilyn Ongley | 1:28.85 |
| | W80 Margaret Hinton | 37-11 | M75 Ray Holbrook | 10:52.0 | M75 Sam Patterson | 16.62 | Discus | | Carole Davis | 1:43.16 |
| | 5K Road Race | | W50 Kim Yen | 13:12.0 | M80 John Whitwell | 20.80 | M50 Glen Miller | 101-7 | W70 Nessie Hollicky | 1:40.02 |
| M75 Bob Wingo 9.11 | M50 Joseph McKissick | 20:55 | W60 Juanita Rogillio | 10:49.2 | M85 Joe Henderson | 20.92 | M55 Harry Windham | 115-3 | 800m | |
| W50 Onela O'Briant 8.49 | M55 Norman Frable | 22:53 | 5000M RW | | M90 Everett Williams | 25.54 | M60 Robert Jeff Harrel | | M50 Rick Muth | 2:36.00 |
| 100m | M60 Chock Bailey | 20:44 | M50 Joseph Schneider | 33:17.6 | W50 Oneatha O'Briant | 15.16 | John Conniff | 146-3 | Mark Caswell | 4:31.99 |
| M50 Ken Raggio 13.71 | M65 George Rhode | 22:59 | M55 Gary Leinhart | 31:36.8 | W55 Laurie Barton | 16.21 | M65 Dean Hesse | 123-6 | M55 Gary Rust | 2:19.41 |
| M55 Courtland Gray 12.48 | M70 Jack Gray | 22:54 | M60 John Knifton | 31.08.0 | W60 Shelly Whitlock | 16.81 | M70 Wendell Palmer | 149-0 | Gary Hall | 2:27.23 |
| M65 Edward Rison 15.07 | M75 Richard Widener | 28:08 | M65 Byron Rogillio | 36:50.0 | W65 Joan Sutton | 17.89 | M75 Adolph Hoffman | 79-1 | M65 Gene Rotstein | 3:11.29 |
| M70 Joe Summerlin 14.36 | W55 Kathleen Frable | 27:43 | M70 Richard Massey | 35.29.3 | W80 Nita Henderson | 22.39 | M80 Bill Stevens | 66-1 | Ray Archibald | 3:23.68 |
| M75 Andy Anderson 15.05 | W75 Jan Richards | 30:44 | M75 Gene Eastman | 36:22.1 | 200M | | M90 Everett Williams | 54-7 | M70 Jim Selby | 3:14.10 |
| M75 Bob Wingo 18.23 | 1500m RW | Detail. | High Jump | 1000 | M55 Ed Jones | 26.55 | W50 Oneala O'Briant | 49-7 | William Kennedy | 3:32.56 |
| W50 Onela O'Briant 15.99 | M55 Norman Frable | 7:40 | M50 Larry Vollmer | 5-0 | M60 Don Denson | 27.67 | W60 Shelly Whitlock | 53-4- | M75 Louis Beadle | 3:19.97 |
| W55 Kathleen Frable 20.83 | M60 David Gordon | 9:42 | M55 Bill Henderson | 4-10 | M65 Wayne Bennett | 27.87 | W65 Phyllis Provost | 51-8 | James Wilkie | 3:22.10 |
| W65 Marylou Bradford 17.70 | M65 Presley Donaldson | 9:27 | M60 Ray Kozosky | 4-6.5 | M70 Joe Summerlin | 29.89 | W70 Dorothy Gross | 46-9 | M80 John Irwin | 5:33.51 |
| W80 Margaret Hinton 26.17 | W55 Kathleen Frable | 8:22 | M65 Bill Morris | 4-0 | M75 Sam Patterson M85 Joe Henderson | 36.63 | W75 Ruth Seeger | 56-10 | M75 Louis Beadle | 3:19.97 |
| 200m | W70 Marilyn Olsen | 12:17 | M70 John Goggin | 3-3 | M90 Everett Williams | 53.58 67.44 | Javelin | SAPER I | James Wilkie | 3:22.10 |
| M50 Ken Raggio 27.70 | | | M75 William Buerger M80 James Cordell | 3-3 | W50 Oneala O'Briant | 34.84 | M50 Sil Bosch | 116-3 | W55 Reiko Duba | 3:21.32 |
| M55 Courtland Gray 26.25 | W75 Jane Nightingale | 10:35 | W55 Linda Douglas | 3-6 | W55 Jo Nicholson | 45.20 | M55 William Henderson | | W65 Suzanne MacLeod | 3:27.14 |
| M65 Edward Rison 31.77 | W80 Fan Benno-Caris | 14:01 | W60 Shelly Whitlock | 4-2 | W60 Marion Coffee-Carne | | M60 Robert Jeff Harrel | | 1500m | U.L.1.14 |
| M70 Joe Summerlin 30.62 | W85 Mildred Stapleton | 15:00 | W65 Phyllis Provost | 3-6 | W65 Joan Sutton | 40.78 | M70 Jim Gerhardt | 102-9 | M50 Timothy Hayes | 5:25.63 |
| M75 Bob Wingo 39.99 | 5000m RW | KE TO THE | W70 Georgia Goggin | 3-3 | W90 Kate Kendrick | 3:10.97 | M75 Doug Cochran | 71-1 | | |
| | M55 Norman Frable | 31:21 | W75 Ruth Seeger | 3-3 | 400M | 3.10.97 | M80 Adrien Pronovost | 48-2 | Mark Caswell | 6:50.45 |
| W50 Onela O'Briant 35.33 | M60 David Gordon | 32:15 | TOTAL CONTRACTOR OF THE PERSON NAMED IN | 3-3 | M55 Richard Truhill | 1.20.02 | M90 Everett Williams | 47-0 | M55 Gary Hall | 5:12.55 |
| W55 Kathleen Frable 46.00 | M65 Carl Mills | 34:14 | M50 Larry Vollmer | 19-4 | M60 Jerry Larson | 1:29.97 | W50 Rickie Wright | 50-10 | M65 Ray Archibald | 7:15.36 |
| W65 Marylou Bradford 39.02 | W55 Patricia Mills | 36:13 | M55 John Hartfield | 18-3 | M65 Walter Swiere | 1:11.23 | W55 Linda Douglas | 59-6 | M70 Jim Selby | 7:2022 |
| W80 Margaret Hinton 1:08.82 | W70 Marilyn Olsen | NTA | M60 Ray Kozusko | 15-9 | M70 Edward Williams | 1:11.23 | W65 Phyllis Provost | 51-6.5 46-9 | Gene Connor | 10:03.00 |
| 400m | W75 Jane Nightingale | NTA | M65 Jiland Yang | 13-1.5 | M90 Harold Haswell | 1:24.21 | W70 Dorothy Gross | The second second | M75 Avery Bryant | 7:27.83 |
| M50 Ken Raggio 1:06.53 | W80 Fan Benno-Caris | NTA | M70 Herbert Wolf | 10-2.5 | W50 Oneala O'Briant | 5:24.63 | W75 Ruth Seeger | 56-10 | James Wilkie | 7:30.56 |
| M55 Bill Lewis 58.90 | W85 Mildred Stapleton | NTA | M75 Keith Tomkins | 9-10 | W55 Jo Nicholson | 1:24.66 | WEST | 12 7 7 7 | M80 John Irwin | 11:23.12 |
| M65 Marvin Herring 1:23.55 | | | M80 Wade Alexander | 9-0 | W60 Mary Kaplan | 1:45.58 | II COL | | W55 Reiko Duba | 6:49.69 |
| M75 Bob Wingo 1:40.42 | Houston Senior Gar | | W50 Elisabeth Kennedy | | W65 Phyllis Provost | 1:56.13 | Palm Springs Senior C | lympics | Nessie Hollicky | 8:15.05 |
| M85 Jesse Cummings 2:21.48 | Houston, TX, April | 21 | W55 Jean Vandercruyss | | 800M | 1:51.03 | Palm Springs, CA; A | | 3000m | 10000 |
| W55 Kathleen Frable 1:40.36 | 100 M | 100 | W60 Mary Conway | 5-9 | M55 Gerald Roy | 2:48.92 | 50m | THE PERSON | M60 Donald Garsh | 13:15.03 |
| 800m | M50 Cliff McBride | 11.69 | W65 Phyllis Provost | 7-1 | M60 Troy Scroggins | 2:53.77 | M50 Thierry Boucquey | 6.57 | M65 Dale Headley | 12:54.56 |
| | Larry Vollmer | 11.75 | W70 Georgia Goggin | 7-8 | M65 Gary Schmidt | 3.04.19 | Tom Scott | 6.77 | Gene Rotstein | 14:08.53 |
| | M55 Randy Smith | 12.31 | W75 Ruth Seeger | 8-1 | M70 Edward Williams | 3:26.95 | M55 Gary Wuest | 7.00 | M80 John Irwin | 20:15.56 |
| M55 Frank Crockett 2:47.67 | John Hartfield | 12.40 | SELECTION OF THE PERSON OF THE | | W60 Mary Kaplan | 4:01.07 | Marc Randolph | 7.72 | W55 Relko Duba | 14:49.33 |
| M60 Troy Scoggins 3:04.00 | Douglas Spencer | 12.49 | Pole Vault | Carlot State | W65 Bev Avery | 3:31.07 | M60 Lee Gillespie | 6.58 | W70 Nessie Hollicky | 16:57.54 |
| M65 Dick Doores 3:18.00 | M60 Ray Kozusko | 13.72 | M50 Clint Harris | 9-0 | | 14:08.10 | Charles Loftis | 7.38 | SECRETARIAN CONTRACTOR OF THE PROPERTY AND ADDRESS. | |
| M70 Jack Gray 3:11.30 | M65 Wayne Bennett | 13.00 | M55 Dennis Schmitt | 10-0 | | | Cridinos Cuitos | 1.30 | Continued on | next page |
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| High Jump | Dannis Lockhart 20:40.68 M60 Roger Martin 33:56.18 | W55 Kathy Jager 2.13 | M35 Benjamin Crouch 2:00.0h | W35 Tammy Nolen-Mack 68-10 | W60 Nadine O'Connor 2.63 |
| M50 Edward Baskauskas 5-0 | M65 Dennis Larney 31:44.75 | Long Jump | M40 Peter Magill 2:01.53 | W45 Tina Bowman 92-1 | Long Jump M40 Dannie Jackson 6.30 |
| Michael Walker 4-2 M55 Gary Wuest 4-4 | Norman Walter 33:22.84 | M35 Boe Garry 5.66 M40 Eric Peav 5.65 | M45 Steve Lassegard 2:22.0h | W55 Patricia Hunter 63-4 | M40 Dannie Jackson 6.30 M45 B B Bender 4.39 |
| M55 Gary Wuest 4-4 M60 Davie Perry 5-0 | W70 Sir Orville Bingley 32:42.54 | M40 Eric Peay 5.65 M50 Pat Fahy 5.17 | M50 Nolan Shaheed 2:07.34 M55 Robert McRae 2:36.5h | Arizona Masters Invitational | M50 Chris Jensen 4.94 |
| Dwaine Horton 4-8 | Larry Brown 33:31.86 | M55 John Davis 4.39 | M55 Robert McRae 2:36.5h M60 Stan Baker 2:43.0h | Glendale CC; April 27 | M55 John Davis 4.15 |
| M65 Milton Newton 4-8 | W75 Ollie Harker 29:48.36 | M60 Mery Armstrong 4.24 | M70 Jim Selby 3:19.68 | 100m M35 Rawle Crichlow 11.28 | M60 Mery Armstrong 4.27 |
| Raymond Fitzhugh 4-2 | W55 Jonni Schween 26:47.35 Martha King 31:56.60 | M65 Bob Bergfeldt 4.07 M85 Roy Clark 1.61 | W45 Debbie Barraza 2:35.0h | M40 Michael Sullivan 11.59 | M65 Bob Bergfeldt 4.22 |
| M70 Farrell Belliston 3-6 | W60 Carole Davis 30:27.39 | W35 Sierra Kamela 3.86 | 1500m | M45 S Onyepunuka 11.59 | M70 Paul O'Leary 2.87 |
| M75 Edward Holmes 4-2 M80 Vic Jones 3-4 | W65 Ruth Sluder 42:29.32 | W55 Kathy Jager 3.65 | M35 Fred Cowles 4:30.0h | M50 Chris Jensen 12.95 | M80 Charles Obeye 3.26 W30 Jennifer Burks 5.22 |
| M80 Vic Jones 3-4 M85 Robert Boucke 2-0 | Lorraine Day 47:15.00 | Triple Jump | M40 Frank Boegeman 4:47.0h | M55 Charles Brocato 13.05 | W45 Sierra Karnela 4.31 |
| W50 Annelies Steekelenburg 4-6 | W70 Nessie Hollicky 31:32.87 | M40 Michael Smith 8.77 M50 John Gray 9.78 | M45 Steve Lasseegard 4:45.0h M50 Bill Fitzpatrick 4:36.0h | M60 Mery Armstrong 14.44 | W55 Kathy Jager 3.43 |
| Nancy Cochran 4-0 | Beth Peterson 41:02.67 | M60 Mery Armstrong 8.03 | M50 Bill Fitzpatrick 4:36.0h M55 Robert McRae 5:12.0h | M65 Nick Newton 13.94 | Triple Jump |
| W70 Rosemary Austin 2-6 | W75 Roberta Morgan 45:13.02 10K Road Race | M65 Bob Bergfeldt 9.30 | M60 Stan Baker 5:58.0h | M85 Paul Hall 23.47 W30 Jennifer Burks 13.68 | M40 Michael Smith 8.78 |
| Long Jump | M50 Daniel Haddock 41:12 | Shot Put M40 Jeff Crothers 9.49 | M70 Al Escobosa 7:15.0h | W35 Tammy Mack 13.95 | M45 Brian Campbell 11.61 |
| M55 Carl Flowers 15-5 Gary Wuest 12-5 | M55 Neville Pearson 41:02 | M45 Ray Surrell . 9.44 | W35 Sinead Foran 5:46.0h | W45 Sierra Kamela 14.56 | M55 John Perkins 7.93 |
| Gary Wuest 12-5 M65 John Gardner 13-1.50 | Michael Mannell 47:10 | M50 Mike Shiaras 15.00 | W40 Debbie Barrza 5:18.0h | W55 Kathy Jager 14.99 | M60 Mery Armstrong 7.92 M65 Bob Bergfeldt 8.01 |
| Jerry Chase 12-8.50 | M65 Gene Rogstein 53:13 | M55 Duane Thompson 10.61 | 3000m M30 Antonio Avalos 10:17.0h | 200m | M80 Charles Obeye 6.62 |
| M70 Paul Bambrook 12-10 | M Eibouazaowi 53:29 | M60 George Davies 12.07 M65 Ben McGrady 12.06 | M30 Antonio Avalos 10:17.0h M40 Peter Magillq 8:52.0h | Mark Borchard 24.66 | W35 Jennifer Croissant 7.79 |
| M75 Dewey Vroom 10-2 | M70 Sir Orville Bingley 1:07:32 M80 Ira Samuels 1:46:18 | M70 Roger Pearson 6.58 | M55 M Marell 12:32.0h | M35 Rawle Crichlow 22.69 M40 Michael Sullivan 23.66 | W50 Annelies Steekelenburg 8.50 |
| M80 Morgan Bartlett 9-3.50 | W70 Lois Gilmore 1:00:08 | M85 Roy Clark 6.90 | M70 Milo Sather 12:44.0h | M45 B B Bender 27.58 | Shot Put |
| Johnny Gibson 7-11 M85 Robert Boucke 3-5.50 | M70 Sir Orville Bingley 1:07:32 | W55 Elke Davis 5.24 | Short Hurdles | M50 Chris Jensen 26.47 | M30 Kane Wilson 10.97 |
| M85 Robert Boucke 3-5.50 Casey Cameron 6-8 | Phoenix Invitational | Discus M35 Tim Edwards 46.32 | M35 Dolf Berle 10.32 | M55 Charles Brocato 27.02 | M35 Ron Stilwell 12.94 |
| W50 Nancy Cochrane 11-4 | Glendale CC, AZ; April 6-7 | M40 Jeff Crothers 27.63 | M40 Eugene Anton 10.75 | M60 Michael DeStefano 27.50 | M40 Jeff Crothers 9.88 M45 Amaldo Vidal 10.06 |
| W60 Marilyn Ongley 9-4 | 100m | M45 Richard Watson 31.93 | M45 Ken Stone 9.09 M55 Sheridon Groves 11.73 | M65 Nick Newton 27.81 | M50 Tim Muller 14.49 |
| W65 Ellen Brannigan 7-8.50 | M30 Norris Thomas 11.42 | M50 Clay Hull 38.93 | W35 Tammy Nolen-Mack 11.71 | M85 Paul Hall 51.98 | M55 George Mathews 12.03 |
| W70 Louise Martin 5-1 | M35 Rawle Crichlow 11.25 M40 Mike Sullivan 11.38 | M55 Bill Dow 25.60 M60 George Davies 44.32 | W40 Elizabeth Monday 11.82 | W30 Jennifer Burks 28.63 W35 Tammy Mack 30.06 | M70 Paul O'Leary 11.35 |
| Shot Put | M45 SabOnyepunuka 11.43 | M65 Neil Saling 42.43 | W50 Anna Wodarczyk 9.62 | W45 Jacqueline Board 29.40 | M85 Roy Clark 6.81 |
| M50 Angelo Rinaldi 39-6.50 | M50 Chris Jensen 12.77 | M70 Arthur Brandt 28.13 | Long Hurdles | W55 Kathy Jager 31.43 | W35 Jennifer Croissant 7.61 |
| James McEvoy 32-8 M55 Gary Wuest 36-9 | M55 John Davis 12.86 | M85 Roy Clark 21.11 | M35 Madjid Nicommand 57.78 | 400m | W45 Sierra Kamela 8.46 |
| Jorge Juarez 31-7 | M60 Mery Armstrong 14.04 W35 Shari Dickerson 13.36 | W40 Sierra Kamela 15.42 W55 Kathy Jager 23.04 | M35 Steve Cummings 45.82 | M35 Tim Woods 50.70 | W55 Kathy Jager 8.08 W60 Karen Bergfeldt 5.89 |
| M60 Riley O'Neil 38-7.50 | W45 JacquelineBoard 13.73 | W70 Barbara Brandt 18.33 | M55 Shenden Grores 50.77 M65 Jesse Carrington 55.34 | M40 Dave DiMassa 55.67 | W60 Karen Bergfeldt 5.89 Discus |
| Harold Sheakley 37-2 | W55 Kathy Jager 14.29 | Hammer | High Jump | M50 Chris Jensen 38.77 | M30 Kane Wilson 39.50 |
| M65 Douglas Cronin 34-3.50 | 200m | M40 Jeff Crothers 32.44 | M40 Mahmoud Niroumand 5-4 | M55 Garry Cox 1:03.51 M60 Michael DeStefano 1:02.69 | M35 Tim Edwards 46.56 |
| Raymond Fitzhugh 31-5 | M30 Tony Marchiano 25.98 M35 Rawle Crichlow 22.61 | M45 Richard Watson 33.77 M50 Clay Hull 42.76 | M45 Jason Meisler 5-4 | M60 Michael DeStefano 1:02.69 W40 Tricia Hickey 1:22.83 | M40 Andy Miller 35.73 |
| M70 Arnie Gaynor 42-5.50 Fred Lochner 36-9.50 | M40 Mike Sullivan 23.26 | M55 Bob Osterhoudt 39.90 | M50 Charlie Rader 5-4 | W45 Jacqueline Board 1:07.53 | M45 Richard Watson 32.80 |
| Fred Lochner 36-9.50 M75 Edward Holmes 31-8.50 | M45 SabOnyepunuka 23.89 | Javelin | M55 Jorge Birnbaum 4-6 | 800m | M50 Tim Muller 48.66 |
| Dewey Vroom 31-7 | M50 Chris Jensen 26.30 | M40 Eric Peay 36.32 | M60 Davie Perry 5-0 | M30 Chris Standage 2:07.72 | M55 Hal Fisher 42.33 M60 Dick Dow 38.34 |
| M80 Mike Castaneda 26-2 | M55 John Davis 27.75 M60 Mery Armstrong 29.55 | M45 Richard Watson 45.36 M50 Mike Chapman 45.91 | M65 Ray Fitzhugh 3-8 W30 Leslie Martin 4-4 | M35 Lee Baker 2:06.38 | M65 Bob Bergfeldt 39.06 |
| Morgan Bartlett 26-1 | W35 Shari Dickerson 27.52 | M55 Bob Colby 28.83 | W35 N Ranta-Bagdasar 5-2 | M40 Steve Terrill 2:05.75 | M70 Wes Goodwin 32.57 |
| M85 Robert Boucke 18-3 | 400m | M60 Mery Armstrong 30.32 | W45 Nancy Cochrane 4-0 | M50 Mike Smith 2:32.57 W45 Jacqueline Board 2:53.40 | M85 Roy Clark 22.00 |
| W50 A Steekelenburg 25-0 Nancy Cochran 19-5.50 | M35 Rawle Crichlow 51.89 M40 Dave DiMassa 55.41 | M65 Bob Bergfeldt 36.89 M70 Arthur Brandt 29.41 | W50 Ann Steekelenburg 4-4 | 1500m | W30 Rebecca Harrington 27.08 |
| W55 Hattie Perry 21-7 | M50 Chris Jensen 58.97 | W40 Karen Hamilton 22.15 | Pole Vault | M30 Rod Coker 4:25.00 | W45 Lora Radicke 14.60 W50 Lynn Baifantz 13.38 |
| W65 Mary Fields 20-5.50 | M55 Garry Cox 65.66 | W55 Elke Davis 11.44 | M35 Dolf Berle 13-0 | M35 Jeff Maples 4:34.83 | W50 Lynn Baifantz 13.38 W55 Kathy Jager 20.08 |
| Marianne Heidecke 18-4 | W45 JacquelineBoard 64.91 800 m | W70 Barbara Brandt 21.30 | M45 Murray Mead 13-0 M50 Steve Morris 12-2 | M45 Mark Hamlett 4:43.69 | W60 Karen Bergfeldt 14.60 |
| W70 Gloria Doro 23-2 | M30 Reggie Williams 2:19.10 | 3000m Racewalk M50 William Jefferson24:50.77 | M50 Steve Morris 12-2 M60 Gary Miller 10-6 | W35 Eileen Prescott 5:13.07 | W70 Barbara Brandt 18.38 |
| Joyce Benintende 13-7 | M35 Paul Sadorf 2:27.00 | COORDON, AND DISCOURT AND | M65 Ray Fitzhugh 7-0 s | W35 Eileen Prescott 5:13.07 W50 Diana Devine 6:31.72 | Hammer |
| W75 Viola Gower 12-10 W80 Wilma Davenport 15-8 | M40 Louis Bolivar 2:24.72 | John Ward Invitational Santa Ana, CA; April 14 | M75 Donald Roser 6-6 | 3000m | M40 Jeff Crothers 32.92 |
| Discus | M45 Mark Hamlett 2:21.49 W45 Carla Hoppie 2:42.32 | 100m | Long Jump | W35 Eileen Prescott 11:20.55 | M45 Richard Watson 34.06 M50 Clay Hull 44.41 |
| M50 James McEvoy 107-10 | 1500m | M30 John Sears 10.92 | M30 Madjia Noroumand 18-4 | W50 Diana Devine 13:51.97 | M55 George Mathews 45.31 |
| Angelo Rinaldi 104-11 | M35 Paul Sadorf 4:55.40 | M35 Ketrell Berry 10.18 | M40 LaVell Avenport 20-0 | 5000m | M70 Dave Douglass 32.11 |
| M55 Gary Wuest 95-6 | M40 David Jackson 4:59.90 | M40 James Chinn 11.50 | M45 Rob Duncanson 15-2 M50 David Chiasson 14-5 | M35 Jim Prescott 17:39.20 M40 Ben Leitzel 17:11.30 | M75 Thom DeVaughn 21.14 |
| Kenneth Baker 80-5 M60 Riley O'Neil 116-6 | M45 Mark Hamlett 4:50.69 M70 Dwight Schaeffer 6:19.19 | M45 Dray Jargrove 11.47 M50 J Tomysclike(?) 12.89 | M60 Duane Holmes 14-4 | M40 Ben Leitzel 17:11.30 M45 Emmanuel Katsanis 17:35.67 | W55 Kathy Jager 19.95 |
| M60 Riley O'Neil 116-6 Dwaine Horton 110-6 | W35 Eileen Prescott 5:20.27 | M55 Jorge Birnbaum 13.05 | M65 Roger Tsuda 16-0 | Short Hurdles | Javelin |
| M65 Douglas Cronin 114-8 | W40 L Clarke-Steffan 5:22.58 | M60 Lee Gillespie 13.27 | W35 Tiffany Wilson 14-3 | M30 Lawson Spiers 16.70 | M30 Kane Wilson 47.64 |
| Raymond Fitzhugh 97-4 | 5000 m M30 Chris Standage 17:19.51 | M70 Bob Frier 16.37 | W40 V Amarasekara 18-4 | M35 James Smith 16.21 | M35 Jeff Gonzales 45.93 M40 Alvin Rollier 35.35 |
| M70 Amie Gaynor 116-4 | M35 Jim Prescott 18:05.56 | M75 Joseph Welch 20.60 | W45 Nancy Cochrane 12-0 | M40 Dan Quigley 21.73 | M40 Alvin Rollier 35.35 M45 Richard Watson 46.23 |
| Fred Lochner 106-6 | M40 BenjaminLeitel 17:20.31 | W30 Kateena Bugg 11.78 | W50 Anna Wodarczyk 16-7 Triple Jump | M50 John Gray 18.50 | M50 Tim Colby 40.18 |
| M75 Dewey Vroom 98-6 Edward Holmes 86-2 | M45 Chuck Collins 19:05.58 | W35 Tammy Nolan 13.56 W45 Charmaine Wilson 15:29 | M30 Madjid Niroumand 35-9 | W35 Beth Reniewicki 17.46 | M55 Bruce Long 30.07 |
| M80 Mike Castaneda 75-4 | M50 Gerry Petersen 20:09.89 W35 Josephine Chee 22:39.12 | W50 Anna Wodacyk (?) 13.27 | M40 LaVell Avenport 44-4 | Long Hurdles M35 James Smith 59.76 | M65 Bob Bergfeldt 34.27 |
| M85 Robert Boucke 40-5 | W40 KellieArchuletta 20:21.62 | 200m | Shot Put | M40 Steve Janusz 1:11.84 | M70 Ed Cooper 28.02 |
| W50 Nancy Cochrane 42-9 | Short Hurdles | M30 Randy Thompson 23.9h | M35 Dolf Berle 34-11 | M45 Jeff Buhmiller 1:08.14 | W35 Tammy Mack 22.13 W45 Lora Radicke 18.73 |
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| and the same of the same and th | M35 James Smith 58.17 M40 Jonathon Benton 77.30 | M60 Lee Gillespie 28.34 | W40 V Amarasekara 31-5 | High Jump | M40 Paul DeMeester 18:20.35 |
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| C Covington 12:46.50 | W35 AZ Rising Suns 54.58 | M35 Matt Gottlieb 58.27 | M60 Joe Marino 147-8 | M80 Charles Obeye 1.20 | Meet of Champions |
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| M60 L Higgins 51.67 R Mickle 49.11 | M70 T Allison 35# 5.86 | 400m | George Whiting 113-5 | M50 Tim Goodman 2:36.12 Phil Hodges 2:52.81 | Triple Jump |
| J Marino 45.70 | Weight Pentathlon | M35 Alan Williams 55.90 M40 Alan Tucker 53.35 | M75 G G Tuscano 64-7 Alden Bryant 64-6 | M55 Larry Norris 2:21.94 | M45 Terry Masterson 28-7.5 Richard Schmidt 26-1.75 |
| M65 B Ward 43 42 | M45 R Watson 2852 M50 G Kelmenson 30.80 | David Lucas 55.89 | W45 Nancy Cochrane 43-2 | Rich Tucker 2:23.04 | M50 Kameron Mitchell 29-5.75 |
| B Humphreys 43.03 H Smith 40.30 | M60 M Parker 2933 | M45 David Kalb 57.89 | W60 Cherrie Sherrard 64-0 | M60 Don McMillan 2:23.43 | Scott Jackson 29-5.0 |
| H Smith 40.30 Hammer | M70 T Allison 3641 | Brian Mutert 63.40 | Lucille Ligon 62-11 | Dan McCormack 2:28.01 M65 Ken Ogden 2:51.61 | M55 Roger Hunt 27-7 |
| M50 T Meyer 46.10 | (marks above, done in proper order) | M55 Pearcy Barnett 65.12 | W65 Almeta Parish 46-3 | Ron Price 3:08.64 | Steve Pierce 25-9.5 M60 Victor Chaney 30-0 |
| M55 G Mathews 50.10 | Hawaii Masters Decathlon | Rainer Pawlitzki 65.65 M60 Martyn Adamson 66.10 | W75 ShirleyDietderich 48-11 Hammer | M70 John Hepner 2:51.69 | Ed Arnold 22-9 |
| M60 F Hunter 27.60 M65 B Ward 46.10 | Honolulu; June 1-2 | Jim Evans 63.02 | M30 Jay Price 148-8 | Jack Keener 3:03.43 | M70 John Cauldwell 25-3 |
| M65 B Ward 46.10 B Humphreys 41.10 | M45 Vince Costello 49 5606 Darryl Wong 46 3217. | M65 Robert Fuller 69.50 | M50 Thomas Meyer 146-0 | M80 Joseph Mallon 5:31.65 | M75 Denny Sullivan 26-5 |
| W55 P Hunter 19.97 | M50 Derek Goudge 51 2745 | W45 Cynthia Mik 78.57 W50 Sharlet Gilbert 71.46 | M55 George Mathews 152-7 M60 Ed Rust 88-11 | W40 Debbie Jones 2:50.72 1500 m | W55 Jean Moule 19-8 W65 Ginny Merriman 17-9 |
| Javelin 47.55 | Allan Nakasone 52 1120 | 800m | M65 Ken Tronstad 96-8 | M40 David Hipps 5:12.44 | Shot Put |
| M40 S Barba 47.55 E Anton 40.54 | M60 Lionel Low 62 4793 | M40 Mark Cleary 2:15.79 | M70 Del Alaways 72-0 | Ken Croteau 5:29.46 | M40 David Hipps 22-2 |
| W McElroy 36.46 | Jack Karbens 60 4726 | M45 Jim Bardoni 2:19.38 | M75 Jerry Silsdorf 45-3 | M45 Dave Clingan 4:20.11 | M45 Don Theobald 31-0 |
| M45 R Duncanson 34.49 | Mark Grubi Memorial Meet | Kevin Howard 2:27.29 M50 Wayne Morris 2:36.05 | M30 Curtis Moore 145-4 | M50 Phil Hodges 6:00.02 M55 Ron Ackerman 5:05.61 | Bob Busby 29-7 M50 Al Boyle 31-8 |
| V McGarry 33.07 M50 J McEvov 43.27 | UC Berkeley; June 2 | M55 Searcy Barnett 2:25.55 | M40 Ed Marchand 145-2 | Les Castle 5:36.43 | Jan Grigsby 30-0 |
| M50 J McEvoy 43.27 R Rook 40.74 | M35 Aaron Thigpen 10.96 | RainerPawlitzki 2:32.15 | M45 Richard Watson 148-8 | M60 Dan McCormack 5:12.84 | M55 Chuck Chapin 47-3 |
| J Williams 38.10 | Alan Williams 11.99 | M60 Jim Evans 2:43.30 | M50 Bob Powers 167-5 | Walter Hensley 6:07.30 | Bill Dow 27-11 |
| M55 J Brennan 31.85 | M40 Chris Duncan 11.41 Alan Tucker 11.53 | Jeremy Lys 2:44.94 W40 Mary Woo 2:45.7 | Ray Milojevich 122-9 M55 Gary Wuest 112-1 | M65 Bob Kesiver 7:01.02 M70 Jack Keener 6:20.25 | M60 Bud Sanborn 35-10 Doug Appel 33-11 |
| K Baker 28 84 M60 F Hunter 31 12 | Tommy Baker 11.61 | W45 Debbie Barraza 2:36.5 | M60 John Burns 138-0 | Tom Brinton 6:36.04 | M65 Neil Saling 37-2 |
| M60 F Hunter 31 12 M65 H Smith 32 32 | M45 Ron Walker 11.85 | W50 Sharlet Gilbert 2:34.1 | Ed Rust 109-7 | M75 John Keston 6:06.25 | Preston Evans 30-9 |
| B Humphreys 29 06 | Hubert Evans 11.95 M50 Larry Lettieri 12.53 | 1500m | M65 Ken Tronstad 97-0 M70 Del Alaways 99-0 | W40 Debbie Jones 5:47.87 W50 Jeanette Groesz 5:48.32 | M70 Tom Allison 36-7 Cully Vaughn 31-1 |
| M70 A Trefry 31.91 M75 D Roser 28.67 | Ray Yeck 12.76 | M40 Yuri Smirnoff 4:33.06 Mark Cleary 4:38.75 | M70 Del Alaways 99-0 M75 Aldan Bryant 63-3 | W60 Laura Stepan 8:33.03 | M75 Vince Sempronio 35-6 |
| W55 P Hunter 19 02 | David Chiasson 13.13 | M50 Wayne Morris 5:32.80 | W45 Nancy Cochrane 49-8 | W65 Suzi MacLeod 6:50.04 | Denny Sullivan 32-4 |
| W60 K Bergen 22.09 | M55 Robert Zimmerman 12.61 Gary Wuest 13.31 | Tom Bennett 5:44.45 M55 Searcy Barnett 5:20.70 | Jeanne Cameron 43-1 W55 Lorraine Tucker 84-7 | 3000m M40 Ken Croteau 11:37.16 | M80 Myron Dover 24-0 W40 Cheryl Nelson 25-10 |
| KelField Meet #106 | M60 Gary Sims 13.13 | M55 Searcy Barnett 5:20.70 RainerPawlitzki 5:25.98 | W55 Lorraine Tucker 84-7 W75 Shirley Dietderich 40-5 | Randolph Lytle 11:44.81 | W50 Joyce Taylor 25-7 |
| Santa Cruz, CA; June 1 | M65 Robert Fuller 14.19 | M60 Jeremy Lys 5:43.38 | 5000m Racewalk | M45 Alan Knoop nta | Kathy Arquette 23-11 |
| Shot Put | Marvin Smoller 15.13 | W40 Mary Woo 5:57.47 | M40 Des Channing 29:45 | Dan Erdmann 13:36.92 | W55 Jean Moule 24-7 |
| M45 Richard Watson 10.33 M50 Gary Kelmenson 11.32 | M70 Don Cheek 14.01 Benson Ford 14.28 | W45 Debbie Barraza 5:19.44 W50 Sharlet Gilbert 5:21.41 | M55 Keith McConnell 30:18 | M50 Marvin Gladden 11:30.60 M55 Joe Graziano 11:46.73 | W60 Jayne Oppliger 17-9 W65 Ginny Merriman 14-6 |
| M60 Mike Parker 11.92 | John Poppell 14.90 | W50 Sharlet Gilbert 5:21.41 Short Hurdles | M60 Jim Shiller 32:26 M65 Jack Bray 27:18 | M55 Joe Graziano 11:46.73 Les Castle 12:27.19 | W70 Pat Osmon . 17-0 |
| M70 Tom Allison 11.08 | M75 Lee Conway 15.89 | M40 Brian Conley 16.42 | M75 Richard Hansen 37:24 | M60 Walter Hensley 13:51.57 | W75 MaryAnn Feldman11-8 |
| W45 Nancy Cochrane 5.41 Discus | Alden Bryant 22.83 W35 Dana Brewer 12.61 | M50 Roger Parnell 16.03 | M80 John Levinsohn 38:24 | Robert Ryan 14:49.84 | M80 Melanie Reske 16-2 Discus |
| M45 R Watson 29.46 | Lisa Verdon 17.17 | Ben Del Villar 20.03 M55 James Hollister 16.43 | W45 Terri Rose 35:12 W50 Esther Beirne 39:58 | M70 John Hepner 13:00:09 Don Anhorn 20:49:16 | M45 Bob Busby 78-6 |
| M50 G Kelmenson 36.00 | W40 Joy Margerum 12.75 | W40 Joy Margerum 12.14 | W50 Esther Beirne 39:58 W55 Norma Hadnutt 35:04 | M75 John Keston 13:22.00 | Don Theobold 77-2 |
| M55 Ladislav Pataki AR55.22 (Pratt/54.44/1996) | Detria Thompson 15.04. Hilary Loeb 15.16 | Long Hurdles | *W60 Doris Cassels 31:54 | 5000m | M50 Jan Grigsby 92-6 |
| M60 Ron Mickle 50.95 | W45 Carol Ruth 16.12 | M50 Ben Del Villar 82.05 W35 Angela Paradise 84.11 | W65 Linda Burnett 35:25 | M40 Ken Croteau 18:49.40 | Al Boyle 85-7 M55 Chuck Chapin 137-3 |
| M Parker 36.36 | M50 Joyce Anthony 16.22 | W45 Nancy Cochrane 93.31 | NORTHWEST | David Hays 18:49.71 M45 Marcial Soto 18:23.43 | Todd Taylor 100-9 |
| M70 T Allison 34.08 | Cave Hursey 20.76 | High Jump | | Dan Erdmann 23:07.18 | M60 ConradSundholm 132-2 |
| ULTRA WEIGHTS , Gi | Ibertsville, PA; June 2 | M45 Brian Mutert 5-2 Richard Watson 4-2 | Oregon Senior Olympics Silverton; May 25 | M50 Marvin Gladden 18:51.36 | Joe Myers 128-6 M65 Neil Saling 137-2 |
| Age Graded Pa | artridge Tables | M50 Ben Del Villar 5-2 | 100m | M55 Les Castle 23:07.74 Steve Munroe 25:13:31 | Preston Evans 84-8 |
| W40-44 Eklund, D.(40) 2.53(4 | 98 200 Age-G. Score | M55 Gary Wuest 4-4 | M45 Bob Blackburn 12.13 | M60 Walter Hensley 24:22.04 | M70 Tom Allison 110-11 |
| W45-49 Wethenhall K(48) 3.02 (| 410) 1.74(610) .48 (283) 1303 (583) 2.21 (917) 1.02 (835)2335 | M60 John Burns 4-10 | Dwayne Baruso 12.53 | M65 Bob Kiever 25:14.71 | John Cauldwell 83-1 |
| W60-64 Katz, R.(60) 4.22 (| 56 98 | M75 Jerry Silsdorf 3-5 W45 Nancy Cochrane 4-0 | M50 Willie Venable 12.46 | Ron MacPike 32:38.40 M70 Al Oppliger 25:08.91 | M75 Cal Hersey 96-5 Denny Sullivan 96-1 |
| NOTE: Kathy Wethenhall threw th | e 300 lb. weight .56 meters. | Pole Vault | Mark Lesniak 12.59 M55 Ray Pokorny 13.66 | M70 Al Oppliger 25:08:91 Donn Kirk 29:04:80 | M80 Myron Dover 61-10 |
| 98 M45-49 Wethenhall, J (47) 5 58 (1) | 200 078) 2.64 (1012)1.70 (1405) 3495 | M45 Mike Guido 11-6 | Steve Pierce 13.97 | M75 John Keston 21:38.74 | W50 Joyce Taylor 76-8 |
| M50-54 Edwards, T. (54) 4.45 (9 | (67) 2.03 (87 1.21 (1064) 2901 | M55 Bruce Hotaling 10-6 M75 Jim Johnson 5-6 | M60 Paul Edens 12.35 | Craig McMicken 26:39.80 | Lynn Balfantz 48-11 |
| Sager, R. (54) 3.85 (81 M55-59 Ray, A. (55) 3.60 (77 | 8) 1.38 (551) .77 (628) 1997 (5) 1.85 (800) 1.04 (916) 2491 | M75 Jim Johnson 5-6 Long Jump | Michael Myles 13.51 M65 Darwin Grimm 14.12 | M80 Carroll Quinby 33:41.39 W45 Jane Florip 24:48.86 | W55 Jean Moule 57-5 W60 Jayne Opplinger 36-9 |
| M70-74 Carstensen, P. (70) 3.14 (1 | 1005) 1.76 (1145) .92 (1203)3353 | M35 Terry Duncan 19-9.75 | Bob Hewitt 14.71 | W50 Jeanette Groesz 21:05.00 | W65 LorrainePritchard 25-2 |
| Feick, R. (70) 3.05 (9 | 72) 1.30 (808) .63 (779) 2559 | M50 Roger Parnell 17-10.75 | M70 Benson Ford 14.24 | High Jump | W70 Pat Osmon 37-8 |
| Superweight | 14) 1.24 (765) .64 (794) 2473 | Larry Lettieri 16-2.25 James Manor 15-11 | Jack Coy 14.67 | M40 Doug Ousterhout 5-0 | W75 MaryAnn Feldman 25-8 W80 Melanie Reske 37-10 |
| M40 Jim Wetenhall 47AR11.67 | M Bambrick 3414 C Reichard 2913 | M55 James Hollister 16-9.5 | M75 John Fergison 18.55 Dick Rosson 24.23 | Randy Lytle 4-8 M45 Richard Schmidt 4-4 | W80 Melanie Reske 37-10 Javelin |
| (Wetenhall/10.52/2001) | N Helfreich 2136 | M60 RichardImperiale 13-9.25 | M80 Bill Bronson 16.14 | Terry Masterson 3-8 | M40 Gordy Smith 138-8 |
| M50 Tim Edwards 54 8.56 | M50 B Sager 3500 | Don Dvorak 13-8 | Myron Dover 19.11 | M55 Jay Edwards 14-4 | M45 Bob Blackburn 93-3 |
| Bob Sager 54 8.00 Ray Allen 55 7.14 | T Edwards 3470 M60 J Kuhns 3347 | M75 Jim Johnson 8-3.5 Triple Jump | W50 Candy Puterbaugh 14.90 W55 Gwen Nelson 15.94 | Roger Hunt t4-4 M60 Victor Chaney 4-2 | Richard Schmidt 82-6 M50 Ray Micotevich 131-5 |
| M70 Ray Feick 70 9.18 | M60 J Kuhns 3347 M70 R Feick 4435 | M40 Ed Marchand 34-0 | Caroline Cooney 16.66 | Jack Kondrasuk 4-0 | Al Boyce 92-6 |
| Pay Carstensen 70 8.53 | L Olson 4096 | M50 James Manor 31-10 | 200m | M65 John Steinman 4-2 | M55 Robert Rice 141-6 |
| Don Levesque 70 7.68 | W Garrahan 4010 | David Chiasson 28-6.25 Dennis Cameron 27-6.25 | M40 David Hipps 31.44 | Ron Price 3-10 | Chuck Chapin 119-11 |
| W40 Kathy Wetenhall 48 5.76 Debbie Ecklund 41 4.04 | P Carstensen 3701 D Levesque 3005 | 5000m | M45 Dwayne Baruso 25.79 M50 Mark Lesniak 25.79 | M70 Cully Vaughn t3-10 Keith Carr t3-10 | M60 Doug Appel 158-0 Bud Sanborn 134-5 |
| W60 Roz Katz 60 6.81 | M80 P Eberhardinger . 1571 | M40 Tim Keenan 16:37.8 | Willie Venable 26.92 | M75 Vince Sempronio 4-2 | M65 Bob Hewitt 96-1 |
| Weight Pentathion | WAO D Feldund | M45 Lloyd Stephenson15:53.8 | M55 Ray Pokorny 26.97 | Denny Sullivan 4-0 | Jim Schlewitz 74-11 |

Continued from M75 Vince Ser Cal Herse M80 Bill Brons W55 Jean Mod Caroline W60 Rose Sch Laura Ste W65 Ginny Me W70 Pat Osmo W75 MaryAnn W80 Melanie I 1500m Race M50 Pat Detlo M55 Mike Dur M80 Joseph N W45 Ingrid Gr W65 Julie Joh Betty Bro Seattle Park D West Seattle ! M30 Byron Do Ragello / M40 Michael Roger Da M45 David Or Edward I M50 Wm Ven Richard M55 Stephen M60 Charlie Roy Hills M65 Richard Jonathan M70 Jack Cox Bob Frie W35 Lauriera Christine W40 Martha 200m M30 Britt She M40 Michael Roger Da M45 Dwayne Gary Zas M50 Tim Shel M55 George Chas Br M60 Charlie V M70 Juck Cox Bob Frie W30 Christine Mary Bu W40 Marian W45 Karlyne 400m M30 Kyle Dir Britt She M40 Michael Roger D M45 Dwayne Robert M50 Michael Dean K M55 Bill Etny M60 Don Mo Roy Hil M65 Neil Sa M70 Bob Fri W35 Laurier W40 Teresa W45 Karlyn Collee 800m M30 Jake B Kyle D M40 David Karl S M45 Army S M50 Jim Jo M55 Rich 1 M60 Don N W40 Teres W45 Sue (1500m M30 Jake Mark M35 Rich M40 Tony

Edwar

Dean

Bill Et

Colle

M45 Amy

M50 Mich

Dear M55 Pete

M609 Des

Rick

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| Continued from previous | | W45 Sue Grigsby 5:25 | Shot Put | W50 Linda Kelley 26:41 | M45 Jose dos Santos 30:34 | M50 Randy Waterman5046:20 |
| | 87-11 83-11 | 5000 m M30 Ben Sauvage 15:37 | M30 Todd Anderson 9.30 M35 Mike Toll 7.89 | W55 M Greeley Walsh 22:12 | M50 Stephen Browne 32:00 | Paul Lindsay 54 48:51 John Hackney 56 49:32 |
| | 98-11 | Glen Weissman 16:24 | M35 Mike Toll 7.89 M40 Ray Roff 9.56 | W60 Zofia Turosz 23:24 | M55 Frederick Trilli 35:00 M60 Edwin Kahn 42:20 | M60 Doug McGregor63 49:52 |
| | 46-11 | M45 Dave Clingan 17:08 | M45 Gary Zasimovich 12.15 | W65 Roberta Warshawsky 41:18 W70 Thelma Wilson 27:07 | M65 Carlo Digiorgio 41:22 | EldonBurkinshaw6355:13 |
| | 44-2 | Steve Meyer 20:47 | M55 Jack Miller 9.42 | A THE STREET STREET | M70 Philip Winterer 43:19 | M70+Bill Engle 70 59:19 Don Ross 71 60:39 |
| | 25-3 59-1 | M50 Jim McGill 19:26 Doug Sturm 21:58 | Bill Dow 9.80 M60 Tom White 9.02 | NYRR Queens Half-Marathon Queens, NY; April 13 | M75 Sab Koide 47:55 | W40 Susan Hackney45 48:52 |
| | 41-5 | M65 Dennis Meyer 22:42 | M65 Bob Lawson 11.59 | Overall | M80 Mel Freidel 59:57 | Pat Bourgault 43 49:06 |
| W65 Ginny Merriman | 48-2 | M70 Field Ryan . 33:07 | Neil Saling 11.19 | Julio Chuqui 31 1:09:17 | M85 Wiffredo Rios 1:06:20 | Maggie Ramos 40 55:35 |
| | 37-4 | W35 Terri Smith 20:41 Lauriea Blume 21:16 | M80 Robert Horsley 8.21 Ken Gorshkow 7.73 | Lauren Esposito 23 1:21:34 | W40 Corinna Cortex 32:59 W45 Vickie Petrucelli 39:15 | W50 HeidyMcGaffigan5658:37 Fave Lowrey 58 59:44 |
| W75 MaryAnnFeldman W80 Melanie Reske | 31-9 | W40 Julie Taylor 22:02 | Ken Gorshkow 7.73 M90 Leon Joslin 6.30 | M40 James Stemm 1:15:04 | W50 Roslyn Schloss 40:12 | Pat Kiesselbach53 61:33 |
| 1500m Racewalk | | W45 Barbara Rush 21:23 | W30 Julie Toll 7.86 | M45 Amador Ybaniz 1:14:28 | W55 Kathleen Sarg 42:44 | W60 Ann Bunce 62 80:56 |
| | 51.42 | 4x400m Relay | Discus | M50 Thomas Hall 1:18:49 M55 Julio Aguirre 1:24:00 | W60 Billie Moten 50:57 | from Bill Spencer |
| M55 Mike Durell 13:1 M80 Joseph Mallon 16:0 | 12.60 | M30 Wed Night Warriors 4:00 Front Runners 4:28 | M40 Roy Roff 28.97 M45 Gary Zasimovich 36.09 | M60 Jack Brennan 1:28:39 | W65 Naomi Vogel 50:10 | AND DESCRIPTION OF THE PARTY OF |
| W45 Ingrid Green 14:3 | | W35 Front Runners 5:14 | M55 Todd Taylor 31.92 | M65 K Modzelewski 1:48:05 | W70 Joan Fisher 1:01:52 W75 Edith Farias 56:25 | Key Bank Vermont City Marathon |
| W65 Julie Johnson 14:2 | 23.66 | High Jump | Jack Miller 30.41 | M70 Anthony Celentano 2:02:57 | | Burlington, VT; May 26 |
| Betty Bronson 15:1 | 11.02 | M30 Todd Anderson 1.60 M35 Mike Toll 1.55 | M60 Conrad Sundham 40.99 Dick Dow 37.76 | M75 Sab Koide 2:12:24 | Canon Long Island Marathon & Half-Marathon | Overall |
| Seattle Park Department | | M45 Gary Zasimovich 1.65 | M65 Bob Lawson 43.75 | M85 Wilfredo Rios 3:30:06 W40 M Noe-Schlentz 1:23:17. | East Meadow, NY; May 5 | Chad Newton 32 2:26:27 |
| West Seattle Stadium; J | lune 1 | M50 Ric Teller 1.80 | Neil Saling 40.85 | W45 Kari Proffitt 1:26:35 | Overall | V Vandermissen 34 2:41:20 M40 Matt Kohlbrenner 2:45:59 |
| | 12.4 | M55 David Baldwin 1.40 | M80 Robert Horsley 27.55 | W50 Teiko Schultz 1:38:19 | Juan Estrella 25 2:37:13 Debbie Cuttitta 35 3:03:33 | Randy Sightler 2:50:46 |
| Ragello Atherley | 13.1 | Bill Dow 1.10 W35 Mary Burnett 1.15 | Ken Gorshkow 17.70 M90 Leon Joslin 19.20 | W55 Marjorie Kos 1:52:22 | M40 Andrezej Ryszewski 3:00:18 | Sam Davis 2:54:42 |
| M40 Michael Waller | 11.6 | W45 Martha Mendenhall 1.55 | W30 Frances Jones 31.46 | W60 Ruth Fairbrother 2:00:42 | M45 Steve Lerner 3:00:02 | Jay Johnson 2:55:41 Eric Maki 2:56:32 |
| Roger Davis M45 David Ortman | 12.1 | Pole Vault | W50 Joyce Taylor 23.58 | W65 Naomi Vogel 2:29:34 | M50 Brown Yoo 3:21:12 | M45 Norm Larson 2 50 49 |
| Edward Diaz | 13.9 | M50 John Patterson 10-0 | Lynn Balfonte 17.14 Javelin | W70 Bertha McGruder 2:53:05 | M55 Vinny Pizzo 3:15:06 M60 Mariusz Solarski 3:46:24 | Jonas Aviza 2 55:49 |
| M50 Wm Venable | 13.2 | Richard Ying 9-6 M55 Dick Clintworth 11-0 | M30 Dan Scott 46.51 | NYRR Niketown Run for the | M65 David Kenny 4:15:57 | Robert Cox 2:55:58 |
| Richard Ying | 14.9 | Long Jump | M45 Gary Zasimovich 35.96 | Parks 4-Mile | M70 Americo Fiore 4:14:02 | P Cavedi-Cheng 2:56:16 Gordon Horner 2:58:29 |
| M55 Stephen Robbins George Lyden | 12.3 | M30 Todd Anderson 5.94 | M50 Vance Jacobson 29.41 | Central Park, NYC; April 21 Overall | W40 Jeanette Mitchell 3:43:56 | M50 Claude Grenier 2:58:0 |
| M60 Charlie Walsh | 16.7 | M35 Mike Toll 6.00 M40 Greg Font 5.61 | M60 Pete LaBarge 42.06 Tom White 20.16 | Joseph Lemay 35 19:17 | W45 Helen Visgauss 3:37:08 W50 Carole Schaul 3:52:11 | Nick Honerkamp 3:00:3 |
| Roy Hills | 17.4 | Damon Satchwell 4.54 | M65 Bob Lawson 37.82 | Carol Howe 35 21:48 | W55 Young Kim 4:42:23 | Robert Briglio 3:02:4 Charles White 3:06:5 |
| M65 Richard Harrison Jonathan Heller | 15.4 16.9 | M65 Richard Harrison 3.85 | M80 Robert Horsley 15.15 | M40 Paul Stuart-Smith 21:52 | W60 Carolyn Vonderheydt 5:42:11 | M55 John Morton 3:15:5 |
| M70 Jack Cox | 15.1 | Jonathan Heller 3.13 | 1500m Racewalk | M45 Amador Ybanez 21:03 M50 John Walsh 24:57 | Half-Marathon Overall | Tom Faroulo 3:23:5 |
| Bob Frier | 16.5 | M70 Bob Frier 2.46 W30 Julie Toll 3.62 | M60 Gene Erickson 10:47 | M50 John Walsh 24:57 M55 Adolf Lawrowski 24:52 | Travis Tate 25 1:13:55 | Charles Buzinsky 3:27:1 Brad Crowther 3:31:2 |
| W35 Lauriera Blume | 14.0 | Triple Jump | 3000m Racewalk | M60 Robert Laufer 27:41 | Melissa Perkins-Banas 31 1:21:50 | Brad Crowther 3:31:2 M60 Fred Bostrom 3:50:4 |
| Christine Soute W40 Martha Mendenhall | 14.0 | M35 Mike Toll 11.73 | M40 Greg Hinrichsen 18:24 | M65 Eric Seiff 32:45 | M40 Richard Dela Sota 1:18:20 | John Ohnesorge 3:58:4 |
| 200m | 13.7 | M40 Greg Font 10.75 | M45 Richard Newman 17:55 | M70 Kenneth Jones 30:03 | M45 Brian Manghan 1:18:05 M50 Dennis O'Brien 1:19:51 | Peter Mitchell 4:00:4 |
| M30 Britt Sheely | 29.1 | Rick Teller 9.83 M55 David Baldwin 4.72 | Bart Kale 18:00 M50 Bob Novak 16:06 | M75 Sab Koide 36:01 | M55 Jorge Aguilera 1:30:43 | M65 David Sonstoem 3:15:4 |
| M40 Michael Waller | 24.8 | M60 Pete LaBarge 8.34 | M50 Bob Novak 16:06 M70 Oscar Werner 24:59 | M80 Mel Freidel 49:31 | M60 Jose Mendez 1:33:14 | Grant Whiteway 4:36:1 M70 Donald Lacharite 5:15:5 |
| Roger Davis M45 Dwayne Baruso | 25.7 26.7 | M65 Jonathan Heller 5.73 | W35 Julie Sullivan 19:48 | M85 Wilfredo Rios 51:44 W40 Kim Griffin 22:27 | M65 Mel Gowgill 1:35:43 M70 Gordon Koota 1:51:36 | W40 Gordon Bakoulis 2:47:5 |
| Gary Zasimovich | 28.1 | W30 Julie Toll 8.54 | W65 Bev LaVeck 17:46 | W45 Julie Cook 27:31 | M70 Gordon Koota 1:51:36 W40 Susan Preshier 1:33:07 | Sue McNamara 3:04:3 |
| M50 Tim Shelley | 30.0 | LONG DISTAN | ICE RESULTS | W50 Irene Jackson 29:22 | W45 Cindy Cohen 1:37:25 | Margaret Dunn 3:18:2 Shari Bashaw 3:25:0 |
| M55 George Lyden Chas Brocato | 26.2 | Edite Della | ICE HESUEIS | W55 Sylvie Kimche 27:59 | W50 Jackie Seltzer 1:52:21 | Toni Monsey 3:26.4 |
| M60 Charlie Walsh | 38.0 | NATIONAL | Marge Rajczewski 26:14 | W60 Evelyn Davis 32:18 | W55 Chuang Wei 1:55:10 W60 Marion Stanjones 1:48:01 | W45 O McHugh-Dillon 3:28:4 |
| Lee Kramer | 41.6 | | Eleano Hunt 26:41 | W65 Ginette Bedart 32:08 W70 Thelma Wilson 38:56 | W65 Naomi Vogel 2:20:08 | Josie Costero 3:37:5 M Pendergast 3:39:5 |
| M70 Jack Cox Bob Frier | 32.0 35.2 | Freihofer's Run For Women 5K | Sakiko Claus 28:04 H Janice Partyka 28:31 | W75 Joan Rowland 45:04 | W70 Thelma Wilson 2:09:33 | Sandra Dupuis 3:43:1 |
| W30 Christine Souter | 29.7 | USATF National Masters 5K Championships | Dolores Stein 28:54 | W80 Heather Williams 46:16 | NYRR Allure Mother's Day | Karen Freeman 3:43:5 |
| Mary Burnett | 33.4 | Albany, NY; June 1 | W65 Margaret Betz 22:08 | Tom Robinson Memorial | Half-Marathon and 5K Central Park, NYC; May 12 | W50 Betsy Laflame 3:43:3 Melinda Miller 3:46:0 |
| W40 Marian Quarrier W45 Karlyne Fazio | 32.9 | Overall | Anny Stockman 26:10 Eiko Bogue 34:02 | HMRRC 10K Championships | Half-Marathon (women only) | Virginia Foster 3:48:1 |
| 400m | | Marla Runyan 33 15:27 W40 Joan Nesbit Mabe 16:54 | Ann Johnson 35:13 | Guilderland, NY; April 27 | Overall | Janet Parkinson 3:56:4 |
| M30 Kyle Dinniene | 59.3 | Gordon Bakoulis 16:58 | Polina Tsoyrey 36:51 | Overall Derrick Staley 43 35:51 | Janina Malska 31 1:18:25 | W55 Ellen Greenfield 4:15:4 Rosemary Rusin 4:20:1 |
| Britt Sheely M40 Michael Waller | 64.1 54.3 | Kimberly Griffin 17:08 | BJ Sotile 38:29 | Beth Gottung-Stalker 43 40;40 | W40 Alayne Adams 1:22:25 | Carolyn Subin 4:23:0 |
| Roger Davis | 56.7 | Janet Robertz 17:30 C Ayala-Troncoso 17:35 | Carol Reynolds 38:40 Terry Hickey 39:53 | M40 John Noonan 36:23 | W45 Kari Proffitt 1:27:06 | Eleanor Slattery 4:54:5 |
| M45 Dwayne Baruso | 59.0 | Kate Paddon 17:53 | Rose Hendricksen 40:30 | John Colucci 37:16 Don Rodbell 37:27 | W50 Leah Whippl 1:33:05 W55 Ann Davies 1:36:14 | W60 J Roostai 5:25:03 |
| Robert Johnson | 61.0 | Lori Hewig 18:00 | Elizabeth Barker 42:30 | M45 James Jacobs 38:06 | W60 Zofia Turosz 1:48:13 | W65 Polly Kenniston 4:27:2 |
| M50 Michael Easterly Dean Koga | 59.8 65.4 | Sarah Kramer 18:11 | W70 Patricia VanGalen 34:40 Maureen Dooley 35:53 | Richard Clark 39:29 | W65 Joy Rose 2:14:48 | Jennette Cyr 4:55:1 |
| M55 Bill Etnyre | 67.5 | Susan Munson 18:47 Inge Aiken 19:07 | Janet Pomeranz 37:00 | Dale Broomhead 40:59 | W75 Pearl Jones 3:55:45 | Betty Lacharite 5:15:5 W75 R Tumidajewicz 6:07:4 |
| M60 Don McMillan | 59.9 | W45 Shirley Woodford 20:28 | Doris Schlamowitz 37:38 | M50 Dale Keenan 36:27 Tom Yannone 39:36 | 5K | Section of the section of the particular |
| Roy Hills | 80.0 | Denise Herman 21:25 | Delores Quinn 40:15 | Jim Bowles 40:27 | Overall | North County News 5K |
| M65 Neil Saling M70 Bob Frier | 94.0 | Patti DePaulis 21:26 Mary Smith 21:45 | Shirley Simmers 41:56 Gisela Choi 45:00 | M55 David Flansburg 47:35 | Julio Chuqui 32 16:12 Kim Griffin 40 17:41 | Yorktown Heights, NY; June Overall |
| W35 Lauriera Blume | 66.8 | Barbara Pearce 21:45 | W75 Muriel Merl 27:57 | Paul Murray 47:51 | M40 David Hardy 17:45 | Janko Bensa 24 15:0 |
| W40 Teresa Jaworski | 75.0 | Joy deVries 22:03 | . Shirley Lafleur 59:18 | Hank Steadman 49:01 M60 Ed Bown 45:43 | M45 Amador Ybanez 16:41 | Elsie DiLorenzo 37 15:2 |
| W45 Karlyne Fazio | 70.0 | Patricia Rapoli 22:25 | EAST | GianCarloMangano45:49 | M50 Stephen Browne 19:18 | M40 Randall White 46 16:3 |
| Colleen Rhay 800m | 81.0 | Elle Finocan 22:44 Kathie Hillard 22:57 | | Jim Moore 46:54 | M55 Richard Wakefield 20:14 | Doug Miller 42 17:2 Tim O'Brien 41 17:4 |
| M30 Jake Bartholomy | 2:11 | Teresa Wuerdeman22:57 | NYRR Police/Fire Run 8K Central Park, NYC; April 6 | M65 Wade Stockman 46:43 Michael Wearing 47:35 | M60 Stephen Chopek 21:39 | M50 S Abercrombie 52 18:1 |
| Kyle Dinniene | 2:17 | W50 Kathryn Martin 18:13 | Overall | Michael Wearing 47:35 Leonard Guere 49:56 | M65 Michael Goldman 22:21 M70 Kenneth Jones 23:14 | Bob Hermesch 52 18:5 |
| M40 David Green Karl Smith | 2:17 | C Smith-Hanna 19:35 | Will Hansler 27 26:55 | M70 Ed Doucette 48:50 | M75 Sab Koide 28:05 | B Czech 53 19:2 M60 Jack Brennan 60 19:1 |
| M45 Arny Stonkus | 2:19 | Martha DeGrazia 21:15 Coreen Steinbach 21:26 | Adrienne Walsh 35 32:24 | Ken Orner 59:41 | M80 Edward Finkelstein 42:28 | H Fankenhauser62 20:2 |
| Edward Diaz | 2:45 | Lena Hollman 22:08 | M40 Ray Moran 29:10 | M75 Mike Bartholomew 72:01 W40 Nancy Taormina 41:41 | M85 Wilfredo Rios 38:54 | M O'Shaughnessy67 26:2 |
| M50 Jim Jones | 2:10 | Diane Sardes 22:18 | M50 John Furlong 32:32 | Daniele Cherniak 44:08 | W40 Kim Griffin 17:41 | M70 John Bates 78 26:5 |
| Dean Koga M55 Rich Tucker | 2:37 | Diana Goff 22:27 Mary Rosado 22:39 | W40 Patricia Ruckie 41:09 | Colleen Brackett 46:20 | W45 Julie Cook 21:26 | George Byrne 72 29:0 W40 Deb Kenny 20:4 |
| Bill Etnyre | 2:45 | Judy Phelps 22:55 | NYRR Skagg-Walsh 5K | W45 Susan Burns 48:49 | W50 Roslyn Schloss 23:17 W55 Sylvie Kimche 21:48 | Julie Cook 21:3 |
| M60 Don McMillan | 2:23 | Cathy Catalano 23:26 | Queens, NY; April 13 Overall | Susie Bacon 51:51 Lynne DeRusso 53:20 | W60 Eleanor Cole 31:33 | Marina Veatch 21:5 |
| W40 Teresa Jaworski | 3:04 | W55 Joan Ottaway 20:10 | Steven Paddock 27 16:22 | W50 Martha DeGrazio 46:08 | W65 Helene Bedrock 24:13 | W50 Judy Anker 51 22:3 |
| W45 Sue Grigsby Colleen Rhay | 2:46 3:17 | C Schermerhorn 24:39 Jayne Zinke 24:57 | Doris Correa 35 17:49 | Judy Phelps 48:20 | W70 Thelma Wilson 27:28 | MaryLou Daost 52 24:1 Angela Gallo 53 27:0 |
| 1500m | 10.0 | Laura Clark 26:13 | M40 Dan Schleyer 19:50 | Louise Slater 54:04 | W75 Joan Rowland 33:59 | from Jack Brennan |
| M30 Jake Bartholomy | 4:14 | Rosemary Hillengas 26:15 | M45 Ivan Mills 18:14 | W60 Eiko Bogue 69:34 Catherine Guere 71:57 | W80 Althea Jureidini 49:21 | New York Mini Marathon 10 |
| Mark Donahue | 4:22 | Kathleen Smith 26:31 | M50 Edwin Maysonet 19:14 | W65 Anny Stockman 53:32 | Bedford 13K/NH RRCA | Central Park, NYC; June 8 |
| M35 Rich Duque | 4:26 | Kathleen Collins 26:34 Carolyn Lemmon 26:50 | M55 Bob Glover 20:00 M60 Francis Byrne 21:09 | W70+ReginaTurnidajewicz7573:17 | Championships | Overall |
| M40 Tony Young M45 Arny Stonkus | 4:45 | Carolyn Lemmon 26:50 Mary Ellis 27:45 | M60 Francis Byrne 21:09 M65 Carlo Digiorgio 24:42 | NYRR Bring a Friend 5-Miles | Bedford, NH; May 18 | Asmae Leghzaoui 25 30;2 |
| Rick Garrison | 4:58 | Sherry Dixon 27:56 | M70 Carlo Lopatriello 29:32 | Central Park, NYC; April 28 | Overall Joshua McDougle 16 39:00 | W30 Carol Howe 36 34:1 W40 Gordon Bakoulis 34:4 |
| | 4:39 | W60 Marie Michelsohn 21:25 | M75 George Dennis 32:32 | Overall | Abi Watras 27 44:54 | Kim Griffin 36:1 |
| M50 Michael Allison | | Y Tasker-Rothenberg 23:34 | M80 William Benson 33:08 | Julio Chuqui 31 27:03 | M40 Ernest Brake 40 42:14 | Alayne Adams 37:0 |
| M50 Michael Allison Dean Koga | 5:27 | | | | | |
| M50 Michael Allison | 4:59 5:40 | Zofia Turosz 23:40 Lennie Tucker 24:52 | W40 Alayne Adams 17:55 W45 Debra Kenney 20:37 | Corinna Cortex 41 32:59 M40 Ricardo Granados 28:35 | John Tuttle 45 43:51 John Dowling 45 44:07 | Catherine Stone 37:3 Continued on next p |

Herb Johnson

Janet Haenisch

Jennifer Rountree

W40Shannon Reade

Becky Davis

Julie Zingarelli

W45Tat. Pozdnyakova

Molly Gerke

Marcie Wingo

Sarah Grace

W55Brenda Cooter

W60Margie Stoll

W65Susie Kluttz

W70Betty Dooley

Anne Park

Jackie Clark

Barbara Meyer

W75Margaret Hagerty

Marylyn Coffey

Shirley Standish

Mary Thompson

Sue Burcham

W50Michie Pitts

Jenise Fontenot

Linda Akenhead

75:40

39:55

45:35

46:55

49:39

50:31

36:06

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46:45

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| us | page | 5K | |
|-----|-------|--|-------|
| | 39:30 | Overall | |
| | 39:48 | Mark Ullom 18 | 17:09 |
| | 40:10 | Wendy Hall 32 | 19:02 |
| | 40:20 | M40John Hill | 19:00 |
| | 42:09 | Thomas Fleming | 22:12 |
| ni | 43:01 | David Yates | 22:18 |
| | 43:13 | M45John Short | 20:27 |
| | 43:47 | Joe McKay | 21:34 |
| | 44:04 | Harrell Cox | 23:31 |
| | 37:41 | M50 Allen Rowland | 19:47 |
| | 44:09 | Steve Welstead | 20:14 |
| | 44:31 | David Wetzel | 20:19 |
| | 42:36 | M55 Dick Franklin | 22:10 |
| | 43:23 | Robert Archer | 24:48 |
| | 44:03 | Dennis Houk | 25:13 |
| | 50:14 | M60 Morgan Looney | 20:00 |
| | 52:38 | John Conroy | 21:02 |
| | 55:23 | Golden Bertram | 38:30 |
| | 48:14 | M65 Rudolph Bates | 23:42 |
| | 49:25 | John Whitlock | 32:00 |
| | 50:36 | Gerald Donovan | 49:07 |
| | 56:42 | M70 Byron Davis | 32:50 |
| | 69:26 | Terry Burcham | 33:17 |
| | 57:47 | Bernard Morgan | 38:41 |
| | 68:53 | M75 Gene Simonson | 36:38 |
| ani | 71:04 | Ken Reed | 37:40 |
| | 47:11 | M80 John Laughlin | 35:48 |
| | | Ernest R Ritch | 39:42 |
| S | | Richard Hamilton | 43:41 |
| | | Grover Daussman | 55:22 |
| | Run | Claudis Hawkins | 61:59 |
| ay | 27 | W40 Belva Roberson | 27:41 |
| | | Vickie Kurtz | 27:42 |
| | 127 | Gena Spearing | 29:14 |
| | 29:37 | W45Cathy Henry | 26:20 |
| | 34:29 | Cynthia Fuller | 29:12 |
| | 31:19 | Edie Davies | 30:26 |
| | 34:00 | W50Donna Cancel | 24:06 |
| | 34:46 | Pamela Duke | 26:40 |
| | 35:48 | Frances Archer | 28:42 |
| | 37:09 | W55Maxine Dean | 33:01 |
| | 37:52 | Faye Lowery | 36:08 |
| | 39:19 | Tish Stevens | 36:42 |
| | 39:30 | W60Carolyn Looney | 33:23 |
| | 39:37 | Mary Herrmann | 42:02 |
| | 40:01 | Lottie Meeks | 48:52 |
| | 33:47 | W65Yo Setser | 30:50 |
| | 35:58 | Jane Sanders | 42:52 |
| | 36:24 | Lee Weed | 45:22 |
| | 38:02 | W75Vivian Anderson | 47:21 |
| | 38:34 | And the late of th | |
| | 38:55 | The state of the s | |
| | 39:28 | MIDWEST | |
| Œ. | 39:43 | | |
| | 39:56 | Ferndale Foot Frolic | TUK |
| | 40:47 | Ferndale, MI; May | 19 |
| | 38:40 | Overall | |
| | 40:08 | Mark Scoles 26 | 33:34 |
| | 40:12 | Theresa Kopach 40 | 40:19 |
| | 42:23 | M40 Tim Emmett 46 | 35:27 |
| | 44:35 | Todd Kelly 41 | 36:03 |
| | 40:06 | | 37:25 |
| | | | |

| Overall | |
|----------------------|--------|
| Mark Scoles 26 | 33:34 |
| Theresa Kopach 40 | 40:19 |
| M40 Tim Emmett 46 | 35:27 |
| Todd Kelly 41 | 36:03 |
| Duane Stewart 43 | 37:25 |
| M50 Larry Parker 53 | 37:38, |
| Mike Stone 51 | 38:52 |
| EduardoPalomino52 | 39:38 |
| M60 Paul Shepard 64 | 45:05 |
| Dave Scarlin 60 | 46:03 |
| Gerry Spiewark 60 | 46:03 |
| W40 T Kopach 40 | 40:19 |
| Jacqueline Blair 46 | |
| Tina Leckner 45 | 48:01 |
| W50 Nancy Cassel 52 | 40:35 |
| Maggy Zidar 52 | 46:39 |
| W60 Merion Knight 65 | 55:17 |
| | |

| The state of the s | The Great Race Masters Half-Marathon Elkhart, IN; May 26 | | | | | |
|--|--|---------|--|--|--|--|
| į | Overall | | | | | |
| Ĭ | Eliub Kering | 1:05:01 | | | | |
| 5 | Lucie Mays | 1:22:11 | | | | |
| 2 | M40 Steve Wilson | 1:17:58 | | | | |
| ı | Mike Mullen | 1:17:58 | | | | |
| j | M45 Mark Lisak | 1:28:52 | | | | |
| ı | Allen Gunter | 1:41:03 | | | | |
| | M50 Eluid Kerring | 1:05:01 | | | | |
| H | Mike Bradford | 1:26:09 | | | | |
| | M55 Larry Varchetti | 1:32:58 | | | | |
| | Vaughn Smith | 1:35:59 | | | | |
| | M60 Harry Tellman | 1:31:15 | | | | |
| ı | Brad Yoder | 1:40:43 | | | | |
| ı | M65 Lawrence Scholl | 2:03:37 | | | | |
| H | Larry Gerzema | 2:23:28 | | | | |
| ŀ | M70+Jerry Johncock | 1:50:26 | | | | |
| ı | W40 Sandra Stefanski | 1:27:06 | | | | |
| Į | Deborah Sekan | 1:33:02 | | | | |
| ı | W45 Jeanne Olash | 1:26:33 | | | | |
| ı | Laurel Cihak | 1:35:01 | | | | |
| 1 | W50 Mary Davis | 2:04:11 | | | | |
| | W55 Ruth Garver | 2:31:41 | | | | |
| ì | W60 Maxine McNary | 3:04:42 | | | | |
| | W65 Joan Gary | 2:17:24 | | | | |

SOUTHWEST MID-AMERICA Saint Francis Corporate Fools Five Miles

42:15

46:28

42:29

45:29

61:20

57:32

53:14

57:51

58:49

65:47

67:35

67:46

68:33

73:51

75:29

75:44

91:07

82:36

65:50

77:40

64:42

71:58

86:16

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35:22

34:02

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33:59

36:13

36:36

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92:00

Overall

Johann Appell 25

M40 James Kurtzman

David Schiller

John Araujo

Dolly Ginter 38

Lewiston, MN; April 7

Overall

Tony Schiller 43

M40 T Schiller

nna Olson 23

David Kleingarn

Jerry McMillin

Matt Kingsbury

Steve Horeck

M65 Rodger Goodwin

W40 Nancy Marquette

Kathryn Frick

W55 Rosemary Harnly

W65 Katherine Degnan 75:54

Run Wichita Memorial Day 15K

Wichita, KS; May 26

W60 Sandra Dalquist

Colleen Roethke

M75 Steve Moline

W45 Joni Heath

Overall

Joe Gutierrez 32

Kara McCluskey 27

M40 Peter Kretsch

M45 Bob McAnany

M50 John Mason

M55 Paul Shimon

M60 Dick Drevo

Rex Roney

Brad Rhoden

Terry Pollock

David Bryan

Leon Mattocks

Tim Byrnes

Larry Peck

M65 Max Armstrong

W40 Vickie Luebbers

W45 Marla Rhoden

W55 Beth Rogers

from Dick Wilson

Lilly Guerra 29

M50 Doug Bell

M55 Dave Dooley

M60 Don Larson

Gary Julin

Ronn Baker

Rich Romero

M65 Jose Cardenas

M70 Warren Bystedt

M75 Warren Barker

M85 Dennett Fla

W40 Diane Gentry

M80 Rodge Rodgers

Catriona Dowling W45 Pam Boudreau

W50 Edie Stevenson

W55 Miriam Murcutt

W60 C Ahrnsbrak

W65 Libby James

Carol Scribner

Colleen Burns

Laura Russell

Geraldine Weber

Martha Kinsinger

W85 Verda McConnell 1:59:29

W90 Shervl Noven 92 88:00

W70 Mary Cockerham

W75 Nancy Smalley

W80 Ruth Bott

M40 Peter Fleming

W50 BarbaraHolzman

Citizen's Race Overall

Timothy Jones

M45 Frank Richardson

Wayne Chick

Graeme Paterson

Trudy Calloway

Bolder Boulder 10K

Boulder, CO; May 27

Sherry DeGarmo

Stephanie Duethman 68:01

M70 Dick Wilson

Top Age-Graded Masters

Rick Robinson

Dick Wilson 70 48:57/65:50

Marla Rhoden 46 59:13/64:42

RigobertoLedezma 62:06

W50 Carol Gordon

M45 Stephen Burt

M50 Ken Mogren

M55 Larry Stryker

M60 Dan Blake

| 117 | Challenge 5K | | | | |
|-------|-----------------------|-------|--|--|--|
| FIRM | Tulsa, OK; April 1 | 3 | | | |
| 27:05 | Overall | | | | |
| 30:36 | Ron Parks 41 | 15:59 | | | |
| 27:05 | Sherri Duke 39 | 19:11 | | | |
| 28:55 | M40 R Parks | 15:59 | | | |
| 29:48 | Alick Muskuma | 16:49 | | | |
| 29:31 | M45 Ron Wall | 17:18 | | | |
| 30:22 | M50 Rick Brower | 18:54 | | | |
| 33:06 | M55 Steve Haigh | 19:26 | | | |
| 33:11 | M60 Yeshe Dorje | 26:54 | | | |
| 34:58 | M65 Bob Adkins | 22:09 | | | |
| 35:12 | W40 Adele Baker | 22:09 | | | |
| 36:49 | W45 Barbara Cox | 26:48 | | | |
| 37:24 | W50 Martha O'Rourke | 20:25 | | | |
| 46:22 | W55 Barbara Parker | 27:08 | | | |
| 36:36 | W70+Bessie Strickland | 65:03 | | | |
| 36:56 | | 16 | | | |
| 39:30 | Race for Victory 5 | K | | | |

| Hace for victory 5 | |
|---------------------|-------|
| . Cross-Country | |
| Tulsa, OK; April 2 | 0 |
| Overall | |
| JacquesVanResburg34 | 16:07 |
| Araceli Davila 24 | 20:51 |
| M40 Ron Parks | 17:30 |
| M45 Pete Orban | 18:05 |
| M50 Randy Grundy | 23:51 |
| M55 Robert Schouten | 31:44 |
| M60 Andy Hogan | 23:55 |
| M65 Don Walkwitz | 26:33 |
| M70 Michael Walter | 29:44 |
| M75 Tom O'Connell | 39:48 |
| M80+Wish Lemons 84 | 53:34 |
| W40 Priscilla Godi | 21:11 |
| W45 Shelly Hyden | 27:09 |
| W50 Jean Winfrey | 37:05 |
| W60 Jean Reehling | 42:28 |
| W65 Faith Walkwitz | 45:20 |
| | |

W70+Wanda Lemons 7251:42 WEST Flo-Jo Memorial 5K Laguna Hills, CA; May 27

15:02

17:48

16:13

17:30

| ۱ | M45 | Dave Parsel | 16 | |
|---|---------------------|-------------------------------|----|-----|
| ı | STATE OF THE PARTY. | Barrie Williams | 17 | 22 |
| ı | A COL | Leon Laub | 17 | :38 |
| ı | M50 | Bill Sumner | | 24 |
| I | | Pete Boisineau | | :07 |
| ı | 1.00 | Jim Bechtold | | :37 |
| ı | M55 | Warren Young | | :48 |
| 1 | | Gary Ruck | | :36 |
| ı | | Hal Orshall | | :03 |
| ۱ | M60 | David Rusher | | :01 |
| ł | | Luis Varga | | :03 |
| ۱ | | Grego Cisneros | | 26 |
| 1 | M65 | Richard Tamoush | | 36 |
| ı | 1000 | Bart Stryker | | :38 |
| ı | M70 | Leroy Carter | | 22 |
| ı | | Van Aposhian | | :42 |
| ۱ | - | Gino Fredianelli | | 42 |
| ı | M75 | Milo Sather | | 28 |
| ı | | Gerald Derus | | 25 |
| ۱ | M80 | John Pugh | | 38 |
| ı | 14140 | Ludlow Gibbons | | 02 |
| ı | W40 | Laura Weissert | | 44 |
| ı | | Sandy Grant | | 21 |
| I | 14145 | Petra Law | 23 | |
| ı | W45 | Ann Phillips | 21 | |
| ı | | Denise Janneck | _ | .52 |
| ı | MEO | Sue Branica | 24 | |
| ı | WSU | Patti Tisone Pamela Fisher | 25 | |
| 1 | | Debby Thalken | 26 | 10 |
| ۱ | WEE | KathyHimmelberger | | |
| ı | 4433 | Diann Heyer | 26 | |
| ۱ | WED | Nancy TenBerge | 25 | |
| ۱ | ***** | Marge Gerrity | | 43 |
| ۱ | Wes | Chieko Allwein | | 54 |
| ı | | LorraineSeidmeyer | | |
| ۱ | W70 | Miyoko Ohara | 37 | |
| ۱ | 100 | Beverley Smith | 38 | |
| ۱ | W75 | Mary Storey | 31 | |
| ı | THE | Margaret Baney | 41 | |
| 1 | 14100 | the Date of | 1 | 100 |

| 27th Fiesta Da La Cañada, CA; M | |
|------------------------------------|-------------------|
| -5K- | Sales of the last |
| Overall | |
| Marco Arriaga 22 | 15:37 |
| Julie Manson 19 | 17:46 |

W80 Juana DeLeon

from Milo Sather

W85+Edith Allen 91 AR46:24

(Riley/48:35/1995) Anne Edwards 85 56:27

| M45 M50 | Dave Eagle Scott Broberg Craig Schoenbaum Cren Savedra | 18:03 18:50 19:30 |
|-------------|---|-------------------------|
| | Craig Schoenbaum | 19:30 |
| M50 | Craig Schoenbaum Cren Savedra | |
| M50 | Cren Savedra | |
| M50 | | 19:31 |
| | Javier Rodriguez | 19:35 |
| | James Shanks | 19:54 |
| | Edward Graczyx | 20:47 |
| M55 | Steve MacPherson | 20:26 |
| | Paul Stella | 22:57 |
| | Bullet Balss | 23:23 |
| M60 | Lee Baca | 19:46 |
| | Bob Petrovich | 23:37 |
| | Raul Esquivel | 24:54 |
| M65 | Don Williams | 27:38 |
| | Arakel Martirossian | 32:32 |
| 477 | Jerry Silberberg | 39:39 |
| M70 | Walter Sanmartin | 25:37 |
| | Bill Moremen | 33:04 |
| | Cliff Ford | 34:45 |
| M75 | Walter Atcheson 75 | 29:03 |
| M80 | E Van Leeuwen 89 | 36:43 |
| Contract of | Hal McWilliams 86 | 39:06 |
| | Bill Dietrich 82 | 39:55 |
| W40 | Claire Seibly | 20:58 |
| | Kay Robertson | 23:55 |
| | Gretchen Zelek | 26:05 |
| W45 | Rachelle Katz | 24:08 |
| | Debbie Watkins | 25:26 |
| | Carol Williams | 26:32 |
| W50 | Margaret O'Hara | 28:39 |
| | Barbara Jochheim | 30:17 |
| | Dorene Lau | 30:54 |
| W55 | Donna Cunngunga | 24:28 |
| | Joanie Matheson | 29:55 |
| W60 | Hannelore Nese | 27:45 |
| | Carole Davis | 28:37 |
| | Carol Pilote | 37:45 |
| W65 | Mary Plazony | 39:59 |
| Traver. | June MacArthur | 44:05 |
| 30 | Sharon Dooner | 44:50 |
| W70 | Barbara Monroe | 40:00 |
| | Grace Moremen | 41:51 42:30 |
| | Dorothy Ramirez 78 | 42:30 |
| from | Bob Koch | |

M40 Tracy River

17:53

-Half-Marathon-Overall Samuel Marquez 20 1:07:58

| Samuel Marquez 20 | 1:07:58 |
|--|--|
| Pilar Delgado 31 | 1:19:12 |
| M40 Phil Nicholls | 1:13:47 |
| Keith Harnden | 1:17:44 |
| James Marquez | 1:17:48 |
| | 1:12:08 |
| | 1:15:32 |
| | 1:17:54 |
| | 1:21:55 |
| | 1:23:53 |
| | 1:32:27 |
| | 1:20:08 |
| | 1:21:00 |
| | 1:31:53 |
| | |
| M60 Hoberto Vargas | 1:30:43 |
| | 1:41:42 |
| | 1:45:46 |
| M65 William Wall | 1:33:15 |
| Don Moore | 1:35:25 |
| Michael Pang | 1:48:17 |
| M70 Rao Paladugu | 2:12:29 |
| | 1:46:45 |
| | 2:21:16 |
| WANTammy Sameant | 1:26:07 |
| Cunthia Signaran | 1:26:19 |
| Cylinia Sjogren | 1:27:38 |
| Lon Fisher | 1:41:58 |
| | |
| | 1:46:52 |
| | 1:47:55 |
| | 1:40:20 |
| | 1:45:52 |
| Kong Kim | 1:50:36 |
| W55 Sally Tyree | 1:44:05 |
| Denise Leffert | 1:56:05 |
| Diane Thomas | 1:59:39 |
| W60 Penny Tyree | 1:39:17 |
| Carolyn Hickey | 2:03:45 |
| W65 Chieko Allwein | 1:53:37 |
| | 2:23:08 |
| | 2:28:57 |
| Man and the same of the same o | 2.28.5/ |
| -5K- | |
| Overall | |
| | 13:50 |
| | 16:08 |
| | 15:28 |
| | 16:56 |
| Pick Perrice | 10.50 |
| | Pilar Delgado 31 M40 Phil Nicholls Keith Harnden James Marquez M45 Jose Luis Diaz Leon Laub Antonio Arevaloo M50 Jim Rucker Rusty Miliar Robert Walter M55 Juan Cabeza Joel Soto Jesus Cuevas M60 Roberto Vargas Ralph Smith Robert Carter M65 William Wall Don Moore Michael Pang M70 Rao Paladugu M75 Bob Koch 75 Charley Somol 75 W40 Tammy Sargeant Cynthia Sjogren Lof Fisher W45 Susan Mather Debbie Morrow Christina Licata W50 Lauren Mueller Patrica Fox-West Kong Kim W55 Sally Tyree Denise Leffert Diane Thomas W60 Penny Tyree Carolyn Hickey W55 Chieko Allwein Jai Kim W75 Byung Kim 75 -5K- Overall Gray Mavhera 30 Heather Frisone 29 M40 Chris Jaggers Amulfo Zuniga |

| | Mavhera 30 | 13:50 | K |
|------|---------------------|---|------|
| Heat | her Frisone 29 | 16:08 | M |
| M40 | Chris Jaggers | 15:28 | M |
| | Amulfo Zuniga | 16:56 | 4300 |
| | Rick Berrios | 18:10 | M |
| M45 | Rich Burns | 15:14 | M |
| | Rigoberto Vega | 15:54 | W |
| | Ruben Acuna | 16:44 | W |
| M50 | Jim Kornell | 15:55 | W |
| | Mark Newton | 19:27 | |
| | Bob Randle | 20:17 | 0 |
| M55 | Benjamin Caro | 17:16 | M |
| | John Hunter | 17:23 | T |
| | Jim Gulaskey | 19:29 | N |
| M60 | Anthony Gomez | 22:01 | N |
| | Gerald Tyner | 22:52 | N |
| | Tony Dinardo | 25:12 | 1000 |
| M65 | Emie Morales | 24:04 | N |
| | Pete Robles | 25:13 | N |
| | Gordon Barnard | 27:16 | N |
| M70 | Dave Bernal | 20:52 | N |
| | Chris Christlieb | 34:00 | N |
| | Harold Lindsay | 51:52 | V |
| M75 | Joe Fleishman 79 | 28:07 | |
| | Gilbert Cisneros 77 | 32:51 | ٧ |
| | Karlis Smiltons 80 | 37:58 | 33 |
| | | No. of Concession, Name of Street, or other Designation, or other | |

| 9 | W40 Tracy Golba | 17:34 |
|----|----------------------|---------------------|
| ÿ | Kelly Archuletta | 17:50 |
| i, | Miriam Wiegel | 19:30 |
| Ä | W45 Carla Hoppie | 20:59 |
| B | Jeannie Thompson | 21:19 |
| i | Suzy Mathis | 24:50 |
| М | W50 Pamela Fisher | 23:56 |
| Š, | Norma Porter | 24:35 |
| B | Carolyn Pelonis | 25:15 |
| ř | W55 Lorrie Gulaskie | 31:17 |
| | Koni Kim | 32:13 |
| í | W60 Bonnie Harkins | 23:25 |
| S | Suzanne Griffen | 26:03 |
| | Lorie Rose | 28:24 |
| | W65 Shirley Chadwick | 31:46 |
| | Colleen Corbin | 31:50 |
| 9 | W70 Elaine Herfert | 30:38 |
| ķ) | W75 Gladys Mathes 78 | 48:41 |
| | from Bob Koch | 70.41 |
| i, | IIOIII BOO KOOI | STATE OF THE PARTY. |
| ñ | MODTHWES | T |

NORTHWEST

| rathon |
|---------|
| ; April |
| |
| 2:44:35 |
| 3:30:2 |
| 3:17:37 |
| 3:28:44 |
| 2:44:3 |
| 3:02:46 |
| 3:47:2 |
| 4:03:12 |
| 3:51:24 |
| 4:19:3 |
| 3:35:24 |
| 3:40:00 |
| 4:10:14 |
| 3:30:2 |
| 6:54:0 |
| |

Olympia, WA; May 19

| Overall | |
|-------------------------|---------|
| Andy Wedam 25 | 2:30:43 |
| Karen Steen 37 | 2:56:13 |
| M40 Dave Steffens | 2:40:55 |
| M45 Mark Houghton | 2:56:46 |
| M50 Pekka Termonen | 2:50:57 |
| M55 David Jones | 2:28:32 |
| M60 Richard Blaskiewicz | 3:34:39 |
| M65 Mel Preedy | 3:52:39 |
| M70 Bob Dolphin | 4:08:01 |
| W40 Juliane Hooper | 3:30:27 |
| W45 Wendy Jones | 3:38:51 |
| W50 Bev McKenna | 3.48:25 |
| W55 Cass Newell | 4:19:31 |
| W60 Elinor Jensen | 5:31:22 |
| W65 Delores Scott | 5:43:50 |
| | - |

Coeur d'Alene Marathon

| Coeur d'Alene, ID; N | 1av 26 |
|------------------------|-------------|
| Overall | TO STATE OF |
| Vince Cole 48 | 2:48:0 |
| Gayle Jacklin 38 | 3:00:3 |
| M40 Clifford Bannister | 2:57:0 |
| M45 Vince Cole | 2:48:0 |
| M50 Rob Benedetti | 2:51:2 |
| M55 Neil Felgenhauer | 3:29:4 |
| M60 Larry Carroll | 3:23:4 |
| M65 Mel Preedy | 6:54:2 |
| M70 Bob Dolphin | 4:06:4 |
| W40 Jill Banister | 3:14:2 |
| W45 Kathy Pasqua | 3:40:4 |
| W50 Lori Curtis | 4:04:5 |
| W55 Sharon Carroll | 4:23:5 |
| W60 Jane Cutting | 6:35:3 |
| W65 Sylvia Quinn | 5:33:0 |
| Wyoming Marathon | Races |

Medicine National Forest

| Laramie, WY; May 26 | | |
|--|--------------------|--|
| Rocky Mountain Do | uble | |
| Marathon, 52.4 Miles | | |
| Overall | | |
| Erik Solof 35 | 7:24:38 | |
| Karen Scott 35 | 8:52:27 | |
| M40 Steve Pollock | 9:10:19 | |
| M45 Kevin O'Neall | 11:40:58 | |
| M50 Larry Preston | 12:51:31 | |
| M60 Dallas Smith | 10:50:13 | |
| W45 Barbara Marque | | |
| W50 Cynthia Daniels | 13:55:11 | |
| Wyoming Marathon | | |
| Overall | | |
| Matt Bauer 29 | 3:26:14 | |
| Tonia Ellsworth 33 | 4:25:59 | |
| M40 Tony martin | 3:47:17 | |
| M45Dave Yanchek | 3:55:20 | |
| M50 Larry Thompson M55 John Wallace | | |
| Control of the Contro | 4:09:52 | |
| M60 Rusty Belina M65 Dan Shuff | 5:00:36 | |
| M70 Don Taylor | 4:38:54 6:08:43 | |
| M75+Dean Rademal | | |
| W40 Christine Gibbo | | |
| W45 Theresa D-Web | | |
| THE THEOLOGIC D-MACE | 014.23.33 | |

Continued on next page

W50 Emy Welle W55 Aria Stras Up the Lazy F Masters Ch West Linn

INTERN World Master

Stadia Cha

Kay Pink

Rose Wa

Jayne La

Diane Ye

Sami Tu

W45 Theresa

W50 Bonnie M

W55 Kathy Ga Carole S

Riccione, I 10K Run M40 S Schweid Richard Mullig Jesus Prieto Marco Caccia Philippe Moni M45 Johann H Marijan Krem Nigel Gates (Gerhard Flex Stefano Maes M50 Gianni V Peter Kiefl G Manuel Puer Milan Kotnik Aldo Allori IT M55 Hermann Alfred Herme Harry Matthe Frank Reilly Roberto Orla M60 Peter L Ivo Rezac C Fred Gibbs Andrea Nico Francis Gice M65 A Prysy Bruno Bago Fernando \ Franz Duss Gury Sitski

M70 Luciano John Rober John Taylor Luciano Mo Robert Day M75 Sergi Marcello V Gerardo Ri Pietro Vaci Josef Cupa M80 Heinri Odino Soli D Intelliger Josef Ried Cesare Di M85 Otto I

| Continued from previous | page | Albert Olbrechts GER | 70:12 |
|---|-----------------|--|-------------------------|
| W50 Pamela Penfield 5 | | Vittorio Bertoldi ITA | 72:31 |
| | 12:20 | Clemons Green NZL W35 K Pieczulis POL | 100:51 35:41 |
| Medicine Bow Half-Mar Overall | athon | Lucilla D'Errico ITA | 37.00 |
| | 28:34 | Doriana Cetorelli ITA Roberta Medri ITA | 37:49 38:24 |
| | 58:21 54:25 | Sabina Guizzardi ITA | 38:35 |
| | 01:19 | W40M Duventaster GER | |
| M50 Carlos Banderas 2: | | Katharina Kaufmann GER Barbara Paczos POL | 36:40 |
| | 15:16 | Ileana Beres ROM | 38:46 |
| M60+Mark Malone 2: W40 Emily Quartermann | 23:11 | Margaret Greenan IRL | 38:47 |
| | 11:47 | W45 Sylviane Levesque FR | A37:12 37:31 |
| | 29:42 | Marialda Manzone ITA | 37:46 |
| | 26:04 | Marita Yli Ilkka FIN | 38:29 |
| Up the Lazy River 10K | | Maj Lis Eklund FIN W50Janette Stevenson GBR | 38:33 |
| West Linn, OR; Ma | | Lucia Soranzo ITA | 38:04 |
| Overall A | 24.04 | Stefica Gajic SUI Waltraud Egger ITA | 38 38 39 55 |
| Chris Clark 42 Myra Klettke 42 | 34:01 | Brigitte Ziegler GER | 41:44 |
| M40 Carl Trabant | 34:19 | W55 Emmi Luthi SUI | 40:21 |
| David Kessler Kurt Schaefer | 34:59 35:38 | Val Hancock GBR Roswitha Schaffler GER | 41:34 |
| M45 John Harper | 38:44 | Margaret Averback GBR | |
| Brad Pinkstaff | 40:13 | Gabriele Rost GER | 43:49 |
| Stephen Kirby M50 Bob Ray | 41:56 38:10 | W60 Rona Frederiks GER Marlis Schroeder GER | 42:00 |
| Mark Mochon | 38:59 | Barbara Wolf GER | 43:53 |
| Neil Gelblum | 39:06 | Alla Kolensnikova RUS Jeanne Bryan GBR | 44:48 |
| M55 Scott Taylor. Gaylord Davis | 38:49 | W65 Jutta Weiss SUI | 47:32 |
| Greg Jacob | 44:54 | Elfriede Hadapp GER | 45:57 |
| M60 Michael Gandert | 43:08 | Pamela Jones GBR Bruna Miniotti ITA | 46:12 |
| David Loprinzi Robert Ames | 44:52 | Denise Leclerc FRA | 50:12 |
| M65 Ken Ogden | 50:45 | W70 Inge Fuhr GER | 51:38 |
| Jim Straight | 53:52 | Eileen Quinton GBR W75Giuseppina Gurtner SUI | 53:03 |
| M70 Tony Freeman W40 Michelle Ballew | 56:48 43:43 | Marianne Dahinden SUI | |
| Kay Pinkstaff | 45:53 | W80 Elfriede Falke GER Half-Marathon Run | 91:51 |
| Rose Wasche W45 Theresa Caspell | 46:08 | M40 S Schweickhardt SUL1 | :07:32 |
| Jayne Lancaster | 47:06 | | :10:38 |
| Diane Yensen | 47:22 | | 10:50 |
| W50 Bonnie Morris Sami Tucker | 46:49 56:14 | | :12:19 |
| W55 Kathy Gardiner | 64:04 | | 13:19 |
| Carole Schottman | 64:44 | | 13.52 |
| INTERNATIO | NAI | Jean Duparfait FRA 1 | 14:20 |
| World Masters Athletic | | | :14:30 |
| Stadia Championsh | nips | | 14:53 |
| Riccione, ITA; May 2 | 24-26 | Giuseppi Diamanti ITA 1 Antonio Trabuco ITA 1 | 15:10 |
| 10K Run M40 S Schweickhardt SUI | 29:47 | Aurelio Moscato ITA 1 | :16:02 |
| Richard Mulligan IRL | 30.46 | M55 Heinz Syeiner AUT Alfred Hermed GER 1 | |
| Jesus Prieto ESP Marco Cacciamani ITA | 31:09 | | :17:44 |
| Philippe Monnier FRA | 31:31 | Edmund Schlenker GER | |
| M45 Johann Hopfner GER | 31:03 | Ezio Mattei ITA 1 M60 Walter Koch GER1 | 20:23 |
| Marijan Krempl SLO Nigel Gates GBR | 32:03 | | 20:24 |
| Gerhard Flexeder GER | 33:39 | | :24:11 |
| Stefano Maestripieri ITA | | | 24:16 |
| M50 Gianni Vello ITA Peter Kiefl GER | 32 43 33 20 | M65 Manuel Rosales ESP 1 | |
| Manuel Puerta ESP | 33:30 | | 27:08 |
| Milan Kotnik SLO Aldo Allori ITA | 33:49 33:58 | | 28:24 |
| M55 Hermann Schaiter ITA | | Vitezslav Jantsch CZE 1 | :29:39 |
| Alfred Hermes GER | 34:34 | M70 L Acquarone ITA 1: | |
| Harry Matthews GBR Frank Reilly IRL | 35:15 35:30 | Walter Bittman GER 1: Georg Willnecker GER1: | 35:48 |
| Roberto Orlandini ITA | 35:46 | E S Vladimiro ITA 1 | 41:11 |
| M60 Peter Lessing GEF | | Alfred Mielke GER 1: M75 Marcello Vigni ITA1 | 41:35 |
| Ivo Rezac CZE Fred Gibbs GBR | 35:52 36:18 | | 43:59 |
| Andrea Nicolai ITA | 36:40 | | 49:02 |
| Francis Gicquel FRA | 36:51 | | :50:31 |
| M65 A Prysyahnyuk UKR Bruno Baggia ITA | 36:56 38:55 | M80 Heinrich Keller SUI 2 | :07:09 |
| Fernando Valente ITA | 39:06 | | 19:59 |
| Franz Duss SUI | 39.08 | | 24:49 |
| Gury Sitski RUS M70 Luciano Acquarone IT | 39:33 A40:38 | Constantin Pagu 3 | :00:42 |
| John Roberts GBR | 44:54 | M85 Albt. Olbrechts GER 2 W35 R Boggiatto ITA 1 | :49:00 :23:25 |
| John Taylor GBR Luciano Montenovo ITA | 45:06 | | 24:52 |
| Robert Davidson GBR | 48:34 | Anke Hartl GER 1 | 26:19 |
| M75 Sergio Agnoli ITA | 44:41 | | 27:46 |
| Marcello Vigni ITA | 45:51 | W40 Kerstin Pressler GER1 | |
| Gerardo Riviello AUS Pietro Vaccari ITA | 47:27 | Odile Brakebusch FRA1 | :21:19 |
| Field Vaccan IIA | | Silvia Altamirano ESP 1 | 23:53 |
| Josef Cupanek CZE | 51:53 | | |
| Josef Cupanek CZE M80 Heinrich Keller SU | 154:16 | Ann Carrol IRL 1 | 24.54 26.01 |
| Josef Cupanek CZE M80 Heinrich Keller SU Odino Soligo CAN D Intelligente ITA | 59 09 60 55 | Ann Carrol IRL 1 Sheila Dodds GBR 1 W45 Maria Moras ITA 1 | 24 54 26 01 25 24 |
| Josef Cupanek CZE M80 Heinrich Keller SU Odino Soligo CAN | 59:09 | Ann Carrol IRL 1 Sheila Dodds GBR 1 W45 Maria Moras ITA 1 Maria Navacchia ITA 1 | 24:54 26:01 |

| Nationa | M |
|--|----|
| Beth Combes FRA 1:29 | 04 |
| W50 Giva Mazzucco ITA 1:31 | |
| Rosalia Zanoner II A 1:33 | |
| Brigitte Ziegler GER 1:34 Simona Nicolae ITA 1:35 | 03 |
| Settimia Palusci FRA 1:35 | |
| W55 Jacq. Beelen BEL1:30. Karin Risch GER 1:33: | 30 |
| Emmi Luthi SUI 1:34 | 14 |
| Gabriele Rost GER 1:37 | 54 |
| Hanni Zehendner GER1:40: W60 M Schroeder GER 1:40: | |
| Margit Waldbrunner AUT 1:42: | |
| Barbara Wolf GER 1:45 | 26 |
| Ofelia Mariani ITA 1:47: Ingrid Hoflehner AUT 1:49 | |
| W65 Pamela Jones GBR 1:45: | 17 |
| Jutta Weiss SUI 1:49: Erika Keller SUI 1:53: | |
| Erika Keller SUI 1:53: Elis Kuhnert AUT 1:54: | |
| Elfreide Willerts GER 1:59: | 20 |
| W70 Inge Fuhr GER 2:00: Eileen Quinton GBR 2:07: | |
| W75 G Gurtner SUI 2:27: | |
| 10K Walk | |
| M40 Gabriele Caldarelli ITA 48: | |
| Patrick Murphy IRL 48: James J Gibbons IRL 48: | |
| M45 Roberto Cervi ITA 47: | 33 |
| Melo Ignasi ESP 49: Fabio Ruzzier ITA 49: | |
| M50 Udo Schaeffer GER49: | |
| Luigi Gianuzzi ITA 51: | 49 |
| Christian Ducrot FRA 51: M55 Valter Sgardello ITA50: | |
| | |
| Anthony King IRL 51: Eduard Straka SVK 53: | |
| M60 D Zschiesche GER 51: Hermann Strieder AUT 52: | |
| Hermann Strieder AUT 52: Minivali Synagulov RUS 54: | |
| M65 Romolo Pelliccia ITA 54: | 03 |
| Gerhard Weidner GER 54: Alexis Jordana FRA 56: | |
| M70 Giuseppi Desiderio ITA 63: | |
| Severino Rossetti ITA. 65: | 09 |
| K Teufert GER 68: M75 Jack Fitzgerald GBR 80: | |
| G Laminafra ITA 84: | |
| Carlo Mariani ITA 86: | 02 |
| M80 Carlo Bomba ITA 77: Antonino Maccarrone ITA 81: | |
| Giulio Suberni ITA 85: | 03 |
| W35 Niobe Menendez GBR 47: | |
| Barbara Primas GER 57: Petra Wenghoefer GER 62: | |
| W40 Carmen Frontons ESP 56: | 19 |
| Janina Luniewska POL 56: | |
| Patricia Toru FRA 57: W45 Nanci Sweazey CAN 55: | |
| Natali Sapounova ITA 56: | |
| Angela Minnella ITA 57: | |
| W50 Helga Middelberg GER 64: Maura Luppi ITA 65: | |
| W55 GudrunFleetwood SWE62: | 20 |
| Frieda De Wolf BEL 62: | |
| W60 Eliana Muller GER 64: Johanna De Petra ITA 65: | |
| W65 Josette Sommier FRA 63: | |
| Sheila Champion IRL 79: | 40 |
| 30K Walk-Men M40 G Caldarelli ITA 2:35:0 | 19 |
| Stephan Wogerbauer AUT 2:36:0 | |
| Ferenc Maior HUN 2:36:4 | 14 |
| M45 Roberto Cervi ITA2:35: Pierino Tamburini ITA 2:42: | 08 |
| Charles Ryan GBR 2:43: | |
| M50 Graziano Morotti ITA 2:34: | |
| Seppo Savolainen FIN 2:45: M55 Valter Sgardello ITA 2:42: | 53 |
| Bornard Binggelli Still 2:52: | 50 |
| M60 D Zschiesche GER 2:47: | 58 |
| Hermann Strieder AUT2:49: M65 G Weidner GER 2:55: | |
| | |
| Wincenzo Menafro ITA 3:03: M70 R Schouckens BEL 3:19: Atois Balcarik CZE 3:24: | 30 |
| Atois Balcarik CZE 3:24: | 52 |
| W35 C Steamaier GER1:49: | 37 |
| W40 Stef. Codini ITA 2:10: | 33 |
| W45 Anne McGill IRL 1:53: W50 Maura Luppi ITA 2:13: | 42 |
| W55 Hedi Maeder SUI 1:57: | 29 |
| W60 Waltr. Seiler GER2:05: | 35 |
| W65 J Fijalkowska POL2:06 W75 Olena Chub UKR 2:57: | |
| DACEWALVIN | C |
| | |
| National Invitational Racew Manassas, VA; April 14 | |
| 5K | |

Overall
James Carmines 58

M40 Edward Fitch

Maryanne Torrellas 42

28:08 25:45 28:32

| A STATE OF THE PARTY OF THE PAR | | | |
|--|--|--|--|
| MEO James Comines 28.09 | L 1100 D | 70:05 | Luco Data Barres 92.54 |
| M50 James Carmines 28:08 | M50 Paul Brown | 70:05 | M60 Pete Bayer 33:54 |
| M60 Harry Watson 29:47 | M55 Don DeNoon | 56:32 | M65 Gerry Gomes 31:22 |
| M70 Charles Boyle 35:09 | M60 Paul Johnson | 58:42 | M70 Bob Fine 32:41 |
| W40 Maryanne Torrellas 25:45 | Peter Bayer | 71:37 | Herman Smolar 44:10 |
| W50 Lilian Whalen 30:30 | M70 Bob Fine | 70:30 | M75 Robert Miller 39:31 |
| W60 Lois Dicker 33:13 | W40 Cathy Fox | 75:37 | Jerry Kauffman 39:34 |
| The state of the s | W45 Carol Simonds | 62:32 | W30 Tammy Reyes 40:30 |
| 20K | W50 Linda Stein | 65:16 | W35 Karla Heckman 43:20 |
| Overall | W55 Linda Binge | 77:15 | W45 Nancy Paris 38:27 |
| Kevin Eastler 24 1:33:51 | W65 Joanne Elliott | 73:48 | Control of the Contro |
| Teresa Vaill 39 1:37:56 | W75 Pepper Davis | 86:56 | W50 Kathryn Remini 40:07 |
| M40 Steven Pecinovsky 1:50:14 | | 00.50 | W55 EleanorPerry Smith 34:39 |
| | Non-Championships | 100 | Rita Strauss 36:01 |
| M50 Nicholas Bdera 1:55:21 | M55 Norm Frable | 56:30 | W65 Dolores Migilozzi 51:50 |
| M60 Stuart Summerhayes 2:26:20 | M65 Ted Sager | 66:26 | W70 MarciaShafmaster 39:25 |
| M70 Jack Starr 2:20:20 | W55 Kathy Frable | 71:41 | And the second s |
| W40 Heidi Hauch 1:56:44 | The file of the contract | F-2000077 | Indiana Association 10K Road |
| | Sig Kurz Invitation | al 5000 | RW Championships |
| W50 Fran Emanuel 2:38:22 | Racewalk | A STATE OF THE PARTY OF THE PAR | Indianapolis; May 19 |
| designation of the second of the second | Coconut Creek, FL | : May 4 | The state of the s |
| USATF Florida 10K Racewalk | ATTENDED TO THE RESIDENCE OF THE PARTY OF TH | | Max Walker 55 54:32 |
| Championships | Overall | | John Lucke 38 58:44 |
| Orlando; April 21 | Mike Felling 44 | 26:58 | Greg Gember 48 65:08 |
| The spinish second and the second | Linda Stein 51 | 31:15 | Janet Higbie 60 68:16 |
| M30 Ray Jenkins 69:01 | M40 M Felling | 26:58 | Cathy Mayfield 50 69:46 |
| M40 Steve Renard 51:50 | M50 John Fredericks | 31:10 | Bob Stewart 69 80:09 |
| M45 Mike Felling 56:15 | M55 Dan Koch | 31:31 | Robert Clements 74 92:10 |
| | | | from Cheryl Sunman |
| Rob Carver 69:28 | Doug Brown | 41:55 | Irom Cheryi Sunman |
| | | | |
| I ATHIFTES WHO FAT | ER A NEW DIVICIO | ON THE | S MONTH, JULY 2002 |
| | W W HELL DILLIN | | |
| ATHLETE (RESIDENCE) | | | DATE AGE GROUP |
| LAURIE TICKNOR (SPOKANE | ,WA) | 7-2 | |
| JENNIE MATHEWS (GBR) MARY MACAULEY (EUGENE | THE RESERVE TO A STREET | 7-3 | |
| MARY MACAULEY (EUGENE | OFAINED LES | 7-12 | |
| RONALD MCCONNELL (VEH | GENNES,VI) | 7-14 | -62. 40-44 |
| MARIE-CHRIS MARIE (FRA) | 10 | 7-23 | |
| GALINA CHRISTYAKOVA (SV | N) | 7-26 | |
| PETER SLADEK (SLV) | | 7-24 | |
| VICTORIA CRISP (US) | VOOD ORY | 7-10 | |
| CLAUDIA COTTRÈLL (LYNNY | | 7-17 | |
| MARSHA DOWLING (KANSA: | O (11, 1, 10) | 7-28 | |
| ED DANIELS (US) BIRGIT MARTIN (FRA) | | 7-2 | |
| JACK NORTON (LYNN,MA) | | 7-7 | |
| ANNA MAPPS (PHILADELPH | IA PA) | 7-10 | |
| SONDRA SCHUMACHER (GL | FNDALEXA) | 7-14 | |
| PHYLLIS NELSON (EDMUND | WA) | 7-17 | |
| ICIAR MARTINEZ (SPA) | | 7-20 | 55-59 |
| ROSEMARY CHAPPELL (GBI | R). | 7-21 | |
| ROSEMARIE ALEXANDER (C | | 7-2 | |
| SUSANNE HOULTON (ATLAN | | 7-23 | |
| ULLA LITTENHEIM (SWE) | The state of the s | 7-23 | |
| JOYCE BANKIN (CA) | | 7-24 | |
| KATHLEEN PIERCE (CORTL | AND,NY) | 7-21 | |
| KATHLEEN PIERCE (CORTLI MARJATTFIN KARJALAINEN | (FIN) | 7-1 | |
| SANDY PASHKIN (NEW YOR | K,NY) | 7-6 | |
| MARGE TIMBERLAKE (CA) | 多种子与一个大型。 | 7-9 | 0-42 60-64 5-42 60-64 |
| DEREK BOOSEY (ITA) LAURIE ROTHROCK (MA) | | | 3-42 60-64 |
| LAURIE HOTHHOCK (MA) | | | 1-42 60-64 |
| JOSE SANCHEZ (SPA) ROBERTA WIDMANN (FT. WA | YNE INDI | | 60-64 |
| LYNNE INGALLS (CHICAGO, | 11 | | 3-42 60-64 |
| LORI SCHUTT (WEST LINN,C | OR) | 7-28 | |
| KAY MOORE (DENVER,CO) | A STATE OF THE STA | 7-28 | 3-42 60-64 |
| DIETHILD NIX (GER) | | 7-29 | |
| G. JONES (NZL) | | | 9-42 60-64 |
| GISELE FONTANA (SWI) | | 7-30 | 0-42 60-64 |
| ERIKA DREROLL (GER) | | 7-2 | -37 65-69 |
| FHANS VANDEPEHHE (BEL) | | 7-3 | -37 65-69 |
| HERR PARSONS (US) | | 7. 6 | 37 65-69 -37 65-69 -37 65-69 -37 65-69 -37 65-69 |
| LORRAINE CRAIG (ALIS) | | 7. 0 | -37 65-69 |
| JOAN REISS (SACRAMENTO | (CA) | 7.11 | -37 65-69 |
| PIRKKO MARTIN (FIN) | | 7-16 | 3-37 65-69 |
| GEORGE YOUNG (AZ) | | 7-24 | -37 65-69 |
| KAY MOORE (DENVER,CO) DIETHILD NIX (GER) G. JONES (NZL) GISELE FONTANA (SWI) ERIKA DREROLL (GER) FRANS VANDEPERRE (BEL) JACK GEDDES (CAN) HERB PARSONS (US) LORRAINE CRAIG (AUS) JOAN REISS (SACRAMENTO PIRKKO MARTIN (FIN) GEORGE YOUNG (AZ) WILTRUD LOHNERT (GER) HEIDI SKADEN (SACRAMEN CHARLES MILLER (SAGINAN MARGARET DUNBAR (AUS) ASTA SEVERINKANGAS (FIN EDITH BISCHOFF (GER) BOB KEEGAN (NEWBORN) JAMES DUNCAN (WXNSTON SUSAN THOMPSON (GBR) | | 7-25 | -37 65-69 |
| HEIDI SKADEN (SACRAMÉN | TO,CA) | 7-27 7-28 7-28 7-31 7-3 | -37 65-69 |
| CHARLES MILLER (SAGINAV | V,TX) | 7-28 | 3-37 65-69 |
| MARGARET DUNBAR (AUS) | | 7-28 | 3-37 65-69 |
| ASTA SEVERINKANGAS (FIN | | 7-3 | -37 65-69 |
| EDITH BISCHOFF (GER) | 24.7 | 7-3 | -32 70-74 -32 70-74 |
| IAMES DUNCAN (NEWBORN) | LSALEM NC) | 7. 9 | -32 70-74 |
| SUSAN THOMPSON (GRE) | UNLLIN, NO) | 7. 8 | -32 70-74 |
| VI ADMIR POPOV (RUS) | | 7. 9 | -32 70-74 |
| MANERED PREUSSGER (EG | | 7-10 | 0-32 70-74 |
| JANET FREEMAN (NAPOLEA | N,OH) | 7-11 | -32 70-74 |
| MADI VE DAVDEN (KENTEJE | LD,CA) | 7-11 | 2-32 70-74 |
| MARLTS RATUEN (KENTFIE | | 1-14 | 5-32 70-74 |
| JOYCE HALS (LEXINGTON.M | (A) | 7-16 | |
| JOYCE HALS (LEXINGTON,N RALPH ROMAIN (TRI-BETHE | (A) (SDA,MA) | 7-16 | 0-32 70-74 |
| JOYCE HALS (LEXINGTON,N RALPH ROMAIN (TRI-BETHE JOAN DUGAN (THORNTON,0 | SDA,MA) | 7-16 7-20 7-2 | 0-32 70-74 1-32 70-74 |
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Compiled by Pete Mundle, World and U.S. Masters T&F Records Coordinator





University of Maine Clearence Beckett Family Track & Field Facility

Orono. Maine

For those wishing to experience the natural outdoor beauty of "Vacationland," a variety of activities including rafting trips, hiking, biking and area outings were organized. From the beautiful nearby coastal villages to inland attractions, Maine offers exceptional state parks and recreational areas.

For more information contact: Rolland Ranson, Executive Board, Maine USATF and UMaine Track & Field Coach or call 207-581-1077 http://www.ume.maine.edu/~track/trackfield.html

Host Site of the USATF National Masters Track & Field 2002 Championships

Welcome to the University of Maine







TRACK & FIELD CHAMPIONSHIPS

COMPETITION ENTRY FORM 2002 USA Track & Field National Masters Outdoor Championships University of Maine, Orono, ME

Please use this form (or make a photocopy) complete it, and mail with a check for entry fees to:
Willi Gallant, National Masters Entry
University of Maine,
5747 Memorial Gymnasium
Orono, ME, 04469
Orono, ME, 04469 send on-campus housing form
in separate envelope to their office.

All entries must be received by July 17 to be guaranteed a confirmation reply.

Late fee for entries postmarked after July 17, 2002 -

*** USATF NATIONAL MASTERS COMMITTEE SURCHARGE FEE [\$10]

TOTAL AMOUNT DUE.

Write check payable to the University of Maine.

**Mandatory USATF National Masters Committee Surcharge Fee is forwarded to the National committee to assist them in operations and expenses.____

PLEASE PRINT CLEARLY: proof of date of birth is required of all competitors in advance

| Last Name | First name | N | LL_ |
|---|---|---|------|
| Mailing Address | , City_ | | |
| State | , Zip code | _, country | |
| Phone: [home]e-mail | , City, City, office | | |
| 2002 USATF registration nu | amber: | Club/team_ | |
| U.S. citizen [circle one]: Ye Resident Alien: [circle one]: | s / No Yes / No. Country of Citizenshi | p: | |
| [circle one] Female / Male AGE as of August 8, 2002 | Date of Birth: MonthDay | Year | _ |
| | Best recent performance t count as your first event) | (F 630) | |
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| | mmemorative Moose Logo ; #M; #L; #XL; # _ | XXL @\$10 es | ch . |
| Number attending the cook Place number of people sele | Downeast Entertainment on Sat. Aug out #@ \$18 each— ecting each entrée before the selection Steak; # Chicken; # Vege | on below: | |

USATF NATIONAL MASTERS CHAMPIONSHIPS AUGUST 8 - 11, 2002 SCHEDULE OF EVENTS

Thursday August 8, 2002

5000m. Run W/M - finals 5000m. Run W/M - finals
400m. W/M - prelims
800m. W/M - prelims, as needed
Pentathion - Women [HH, HJ, SP, LJ, 800]
Pentathion - Men [LJ, JT, 200, DT, 1500]
Shotput W/M - all ages - 2 throw areas
Pole Vault - W all ages & M 60+

Friday August 9, 2002

5000m. Racewalk W/M - Finals, on the track 100m. W/M - prelims Steeplechase W/M - finals 400m. W/M - finals High Hurdles W/M - prelims and finals 1500m. W/M prelims, as needed 100m. W/M - round 2 if necessary Discus W/M - all ages - 2 throw areas Pole Vault M 50 - 59 High jump M 30 - 49 Long Jump W - all ages & M 60+

Saturday August 10, 2002

10000m.W/M - Finals - on track 100m. W/M - Finals 800m. W/M - Finals 200m. W/M - prelims

Javelin W/M - all ages - Synthetic surfaces. Pole Vault M 30 - 49 High Jump W - all ages & M 50+ Long Jump M 30 - 59

6 pm -Fabulous Championship Cookout Feast

Sunday August 11, 2002

Road Walk 10k W / M 200m. W/M round 2, if necessary 1500m. W/M - Finals 300/400m. Hurdles W/M - Finals 200 W/M - Final Relays Hammer W/M - all ages - 2 throw areas Triple jump W/M - all ages

**THE DAY OF THE EVENT WILL NOT CHANGE **

.. Specific times will be set once all entries are in.

WELCOME !!. to the Orono, Old Town, Bangor region of Maine ! You will discover yourselves surrounded by friends as you enjoy these USATF Nation! Masters Track & Field Championships.

Travel Arrangements: The Bangor Bangor Travel Services again is eagerly awaiting your calls for travel arrangements.
They will assist you in finding the best discounts and in meeting your needs. Contact Jill Bradford 207-866-5900 or 800-682-4125

ON CAMPUS Housing and Meals: Call 207 - 581-4092; e-mail csd@umit.maine.edu for information on convenient campus dor meal packages. Those staying off campus may also enjoy meals and meal packages on campus - great variety, special needs, and convenient. Campus living and dining at its best.

Oldest to youngest and women first unless otherwise stated.

Areca Hotels/Bed & Breakfast / camping/ tourist questions/day trips: CONTACT : the Bangor Convention and Visitors Bureau at 800 - 91 - MOOSE; or 207-947-5205. They are enthusiastically

CONTACT: the Bangor Convention and Visitors Bureau at 800 - 91 - NIGUDE; or 2017-7-12-20-20 - 10-17
willing to assist you
Selected Hotels: Best Western Black Bear Inn - Orono 207 - 866 - 7120, 800-528-1234—2 miles to campus, a sponsor.
Best Inn - Main St. Bangor 207 - 947 - 8056; Holiday Inn Odlin Road - Bangor 207 - 947 - 80101;
Holiday Inn Civic Center 207 - 947 - 8655; Days Inns - Bangor 207 - 942 - 8272; Four Points Shernton 207 - 947 - 6721;
Howard Johnson Inn 207 - 942 - 5251; Motel 6 - Bangorr 207 - 947 - 6921; Fatifield Inn by Marriott 207 - 990 - 0001
Best Western Whitebouse Inn - 207 - 862 - 3737; Commiry Inn at the Mail - 207 - 941 - 0200; Hampton Inn 207-990-4000;
Econo Lodge 207-945-9111; Comfort Inn 207 - 942 - 7899; Super 8 Motel 207-947-3800; Ramada Inn 207-947-6961;
University Inn Orono - walk to campus 207 - 866-4921 or 800-321 - 4921; The Lucerne Inn - overlooking a lake 207-843-5123.
Bar Harbor is 50 minutes away on the ocean, with many wonderful scenic hotels and campsites.

CONTACT FOR FURTHER INFORMATION: Willi Gallant - Assistant Director 207 - 581 - 2099; willi_gallant@umit.maine.ed

Rolland Ranson - Director 207 - 581 - 1077; e-mail

University of Maine, Memorial Gymnasdum, Oroso, ME 04469

WEB NITE IN DEPTH INFORMATION: www.ume.maine.edu/~track/track/field.html (~ sign is a squiggle or tilde sign)

USATF National Masters Outdoor Track and Field Championships Aug. 8 - 11, 2002 @ University of Maine in Orono Maine.

on is open to all men and women 30 years of age and older. Age on Angust 8, 2002 will determine a competitor's age group. competitions will be held in age groups of 5-year increments starting at age 30. Relays will be held in age groups of 10-year

Proof of Registration with USATF will be required of all U.S. Citizens. USATF registration cards will be available on site, at U. Maine. W strongly urge you to obtain your USATF card in advance through your local organization. Competitors must present their USATF card when picking up their packets. International competitors may compete as guests with no USATF registration required.

**Proof of date of birth is required of all competitors in advance. You must send a photocopy of your birth certificate or passport with your entry form to ensure eligibility.

Entry Fees and Procedures

Entry fees is 35 for the first event, \$15 for the second event, \$15 for the third event, and \$10 for each subsequent event. There is a \$10 surcharge fee which goes to the USATF National masters Committée. Pentathion entry fee is \$30 and cannot be counted as your first event. Relays are \$40 per team, payable the day prior to the relay competition. Each competitor receives a free commemorative T-Shirt as part of the entry fee. Additional T-shirts may be purchased for \$10 each. MAKE CHECKS PAYABLE TO: UNIVERSITY OF MAINE.

will be divided into 10-year age groups. Entries will be taken on site only and must be declared and paid the day prior to the actual relay tion. If any relay team member has not entered an open event they will be required to provide proof of date of birth and USATF registration

Awards
USATF Championship medals will be awarded to the top three (3) U.S. citizens in each age group division of each championship final. Internatio
guest competitors finishing in the top three will receive a medal. Awards will be given as soon as possible after the event is completed and
results vertified. A photographer will be available for photos of you competing at a reasonable cost.

Packet pick-up

Competitors may pick up their packets on Wednesday August 7th from 1:30pm - 11:00pm, and then daily from 7:00am at the Track facility complex in the white building.

Declarations must be made at least thirty minutes before the scheduled start of all running events. Field events may declare scrutch any time. Declarations sheets will be available at the track facility complex in the white building beginning Wed. afternoon.

Equipment
Maximum spike length is 1/4" for all events, including the javelin throw. Throwing event implements and starting blocks will be available for
use by all competitors. Individuals may use their own implements, provided they comply with rule specifications. Throwing event implement weig
in will be at the throwing areas. All javelin runways are synthetic surfaces.

The Fabulous Championship Cookout Feast
Saturday, August 10 at 6:00pm, in the Fieldhouse with Downcast hospitality and entertainment you'll joyously remember. Serving begins at 7:00pm.

"Maine lobster, chicken, steak, vegetarian lasagna an all the "Downcast fixins".

- *Downeast entertainers will add lots of fun.
- To top the evening off bring one of your favorite T-shirts from your part of the country and we will have a T-shirt swap!!
- *Tickets are \$18 per person, and must be purchased in advance.
- ""No entry will be considered complete unless it is accompanied by full payment of fees. ""

**There will be no refund of entry fees for any reason. **

Shuttle Buses
There will be shuttle busses from hotels - to and from the truck stadium, and to and from the Bangor International Airport, at selected hich will be posted

Entry Deadline: Confirmation of entry will be sent to all competitors who have registered by July 17, 2002. Late entries postmarked after July 17 will be assessed a \$25 late fee. 2002. Late entries postmarked after July 17 v NO ENTRIES ACCEPTED AFTER Aug. 1