227th Issue **July 1997**

5700 Athletes from 69 Nations Enter World Championships in Durban

Approximately 5700 veteran athletes from 69 nations have entered the XII WAVA World Veterans Athletics Championships this month in Durban, South Africa.

It will be the second-largest World Veterans Championships ever held, surpassed only by the phenomenal 12,178 participants - including 9701 Japanese - who competed in Miyazaki, Japan in 1993. The XI Championships in Buffalo, N.Y. two years ago drew 5335 participants.

The number of foreign entries is about 3450, close to the record 3699 non-USA entries in Buffalo in 1995. About 2250 entries are from the host country, compared to 1796 USA entries in 1995.

The World Veterans Athletics Championships are the premier international track and field competition for men 40 years of age and over, and for women 35 years of age and over. An additional 6000 accompanying persons

Continued on page 23



Top five masters women at the WZYP Cotton Row 10K, Huntsville, Ala., May 26, from left: Tatyana Pozdnyakova, winner in 35:47, Judith Hine (39:00), Joyce Deason (39:38), Victoria Crisp (39:48), and Molly Gerke (44:08).

Nationals Entry Deadline is July 11

Planning is under way for the 30th annual USATF National Masters Track and Field Championships on August 7-10 in San Jose, Calif.

The event is expected to draw more than 1000 men and women from most of the 50 states and Canada.

The deadline for entries is July 11. Confirmation of entry will be sent to all competitors who register by that date. Late entries received after July 11 will be assessed a \$50 penalty.

The entry form is published in this

This will be the biggest masters meet in the nation. More than 900 participated in last year's nationals in Spokane, Wash. Competition will be held in five-year age groups for both men and women, starting at age 30-34 and going to age 95+. Performances will range from outstanding to ordinary. Everyone is welcome. There are no qualifying standards, except to be at least age 30. What matters most is hav-

Continued on page 16

Cotton Row is a Russian Affair by JIM OAKS HUNTSVILLE, Ala. - There was slugged it out for the entire 6.2 miles.

no roulette related to the two Russian entries in the masters divisions at the WZYP Cotton Row Run 10K on Memorial Day this year.

Both Valery Svetogor of St. Petersburg and Tatyana Pozdnyakova from Ukraine lived up to their top prerace seeding and took masters wins in the 18th edition of this traditional

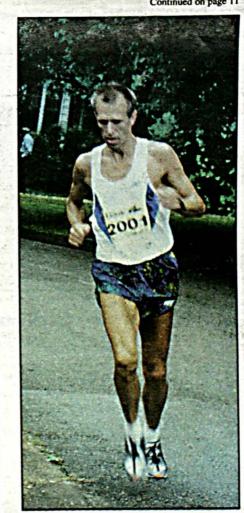
worth \$500 in prize money, with Phillip Rowan of Greenville, N.C., a close second (\$400) in 33:10. Pozdnyakova was not challenged by the other female masters, and her time of 35:47 was also good for third overmaster. New Zealander Judith Hine, presently residing in Georgia, was

last year, but the masters race was more interesting. In 1996, Antoni Niemczak had run just fast enough in the last 100 meters to win the title.

southern masters race. Svetogor ran 33:00 for the win, all, adding \$400 to her \$500 for top second female master (\$400) in 39:00. The men's field was not as deep as

INSIDE:

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 - page 5
- Entry Form for Nationals - page 2



Valery Svetogor, St. Petersburg, Russia, masters winner (33:00), WZYP Cotton Row 10K, Huntsville, Ala., May 26, out front in the second Photo by Jim Oaks



Pentathlon participants, Southeastern Masters Meet, Raleigh, N.C., May 2, from left: James Duncan, M60, Jack Gilmore, M60, Marshall Lipton, M60, Ken Morris, M65, Bobby Moore, M60, and Jim Flowers, M65. Story on page 7.



1997 USATF National Masters Outdoor Track and Field Championships

San Jose, California • San Jose City College August 7-10, 1997

GENERAL INFORMATION Meet Director: Steve Haas Meet Information: (408) 288-2935

ELIGIBILITY: Competition is open to ALL men and women 30 years of age and older. Age on August 7, 1997 will determine a competitor's age group. Individual competition will be held in age groups of 5-year increments starting at age 30. Relays will be held in age groups of 10-year increments.

Proof of date of birth will be required from all competitors in advance. A photocopy of driver's license, passport or birth certificate and USATF membership must be sent with your entry form to ensure eligibility.

Proof of registration with USA Track and Field will be required from all U.S. citizens. On-site registration will be available; however, we strongly urge you to obtain your USATF card in advance through your local association.

AWARDS: USATF Championship medals will be awarded to the top three U.S. citizens in each age division of each Championship final.

ENTRIES: All entries must be RECEIVED BY JULY 11, 1997. Confirmation of entry will be sent to all competitors who have registered by this date. Late entries received after July 11 will be assessed a 850 penalty. All entries must be accompanied by full payment of fees. There will be no refunds of entry fees for

RELAYS: Relays must be comprised of duly accredited athletes from a single club or region. Teams will be divided into 10-year age groups. Entries will be taken on-site only. Entry fee is \$40 per team. If any relay team member has not also entered an open event, they will be required to provide proof of date of birth and USATF registration.

SHUTTLE: A free shuttle will be provided to and from San Jose City College, the dorms and the Hyatt San Jose, throughout the

CHAMPIONSHIP BARBECUE: A post meet barbecue, open to all athletes and their guests, will be held at the end of competition on Saturday, August 9, at San Jose City College. There will be a special guest speaker. Cost of the barbecue is \$20.00 and advance tooket purchase with your entry is required.

OFFICIALS' FUND: A \$15.00 donation to help supplement the expense of meals and uniforms for the officials. Please help support these volunteers.

DECLARATIONS: You will be required to make a final declaration in person when you arrive at San Jose City College. The earlier you do Ulis for your event(s) the better. The deadline for this final declaration is two hours prior to the listed start time for your event(s). If you fall to appear at the declaration table before the two hour deadline, you will be scratched from that

AIR TRAVEL AND RENTAL CAR: Official Airlines, American and Reno Air and Official Car Rental Agency. Budget Rent a
Car are pleased to offer exclusive discounts for all Masters participants and spectators. In order to take advantage of these special rates call the toll-free reservation numbers listed below.

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1-800-772-3773

AIRLINES American Airlines Star File # S0287LD 1-800-433-1790

Masters Convention 1-800-736-6426

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ACCOMMODATIONS-HOTEL/MOTEL:
Rooms have been blocked at the following hotels/motels. Please identify yourself as a competitor in the USATF National Masters Changionships. Make your reservations at least 30 days prior to your arrival date to ensure accommodations and secure the group rate.

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Red Lion Hotel 2050 Gateway Pl., SJ 95110 Phone: (408) 453-4000 Fax: (408) 437-2898 \$99 single occupancy \$109 double occupancy

Best Western 455 S. Second St., SJ 95113 Phone: (408) 298-3500 Fax: (408) 298-2477 \$60 single occupancy \$70 double occupancy

Dorm Facilities San Jose State University 1 Washington Sq., SJ 95192 Phone: (408) 924-6180 Fax: (408) 924-7500 \$22 per person/double occupancy \$30 single occupancy

Storil phantaine

National Masters Outdoor Track & Field Championships Schedule

THURSDAY: a.m. Track Events	F	Field Events	77.1.4	p.m. <u>Track Events</u> Short Hurdles	(W&M)			a.m. Track Events		Field Events	
Pentathlon	(M)	Hammer	(W&M)	100 M Trials	(W&M)			Road Walk	(W)	Triple Jump	(W, all ages)
Pentathlon	(W)			1500 M Trials	(W&M)		The state of	Road Walk	(M)	Pole Vault	(M30-59)
5000 Meters	(W)			400 M Finals	(W&M)	The second second		1500 M Final	(w)	Javelin	(M30-59)
5000 Meters	(M)		9 14 5	Steeplechase	(W&M) (36 in. barriers)		1500 M Final	(M)	Shot Put Triple Jump	(M. all ages)
p.m. Track Events				SATURDAY:		a comment		The second section is		Developation of	MANAGEMENT AND AND ADDRESS OF THE PARTY OF T
800 M Trials	(W)			a.m. Track Events		Field Events		p.m. Track Events	*		
800 M Trials	(M)			10,000 M	(W)	Shot Put	(M)	200 M Final	(W&M)		- 1
400 M Trials	(W)	The second		10,000 M	(M)	Javelin	(M60+)	Age Graded 100	M		
400 M Trials	(M)			Long Hurdles	(W)	Long Jump	(M30-59)	2 x 100 Relay	(W&M)		
THE PERSON NAMED IN				Long Hurdles	(M)	High Jump	(W)	4 x 400 Relay	(W&M)		
FRIDAY:				STATES STATE AND ADDRESS.		High Jump	(M60+)	4 x 800 Relay	(W&M)		
a.m. Track Events	The state of	Field Events		A Section of the second		Pole Vault	(M40-59)	The state of the s			
5000 Walk	(W)	Discus	(M&W)	The second second second				Road Walk may be	held off-s	ite.	
5000 Walk	(M)	Long Jump	(M 60+)	p.m. Track Events				Pole Vault starts m	inimum 1	1/2 hour after lo	ng jump starts.
RESERVED AND ADDRESS.		Long Jump	(W)	800 M Final	(W)			The state of the s		The same of the sa	The second second
		Pole Vault	(4)	800 M Final	(M)			Order of competition	on: womer	illist, except wi	ere noted.
The second second		Pole Vault	(.11 60+)	100 M Final	(W)	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		Events will not be n	oved to dif	ferent days in the	final schedule.
ALC: THE STATE OF		High Jump	(M30-59)	100 M Final	(M)			The state of the s			
		Javelin	(rA)	200 M Trials	(W)			A STATE OF THE STA			
				200 M Trials	(M)						

1997 USA TRACK & FIELD NATIONAL MASTERS OUTDOOR CHAMPIONSHIPS ENTRY FORM

Last Name	The second second	First Nam	e	CONTRACT OF
Address	AND DESCRIPTION OF THE PARTY OF	City/State	z	lp
Telephone	The second of	_ Club/Affiliation	week road.	LT TOLK LL.
M/F	Date of Birth_	Elympy (-t)	Age on Aug.	7, 1997
Event #1 & Best Mark		Compart Strategic	×	\$30
Event #2 & Best Mark	ATTENDED OF	10 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	x	815
Event #3 & Best Mark	THE REAL PROPERTY.	All a market to	×	815
Event #4 & Best Mark	Burkey Bullion	No to Secretary	X	815
Pentathlon & Best Ma	rk	and the second to	×	825
Championship Barbeq	jue		x \$20.00 per p	person
Championship T-Shirt	(\$10.00) Size	S M L	XL XXL (\$	12.00)
Extra Shirts S	M L	XL	XXL x \$10	0 each
1997 National Masters	Outdoor Cham	pionship Program.	x	\$3
Officials' Fund			x	\$15
USATF Registration N	0	The second second	TOTAL ENCLOS	ED \$











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Mall to: San Jose Sports Authority, 99 Almaden Blvd., Suite 975, San Jose, CA 95113. Remember to include your proof of birthdate.

WAIVER

I hereby declare that I am in good health and am properly conditioned for the competitions, and that I am of the stated age on this application. I absolutely relieve the San Jose Sports Authority, San Jose City College, USA Track & Field, and the corporate sponsors of any responsibility for any injury, loss or damage to myself or my property which I may sustain in the course of (or in connection with) the 1997 USATP National Masters Outdoor Championships. I also verify that I am registered for the 1997 year with USA Track & Field.

Signature

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Creative Art: Eugene Paasinen, Herb Parsons The National Masters News (ISSN-0744216) is published monthly, with an annual subscription rate of \$26.00. Main office address: 14155 Magnolia Blvd. #338, Sherman Oaks, CA 91423, Mailing address: P.O. Box 50098 Eugene, OR 97405. Periodicals postage paid at Van Nuys, CA 91409. The National Masters News is an official publication

of USA Track & Field and of the World Association of Veteran Athletes. As an independent publication, its editorial policy is not necessarily that of USATF

USATF is a major funding supporter of NMN. Executive Officers of USATF: Pat Rico, President; Ollan C. Cassell, Executive Director.

The National Masters News is devoted exclusively to track & field, long distance running, and race-walking for men and women over age 30. Each month it delivers 32 to 48 pages of results, schedules, entry forms, age records, rankings, photos, articles, training tips, and all the inside scoops and information that affect the world of masters athletics competition.

Some masters events are sponsored by USATF, the national governing body for athletics in the USA. sponsored by individuals, clubs or other senior organizations.

Generally, anyone age 30 or over may come to a masters event and participate. Some events are limited to age 40 +, 50 + or 55 + (please check the schedule for details). Some events require advance registration. Some require a current USATF card (\$12 to \$15 per year, depending on the region). To inquire about a USATF card, call USATF in your area, or 317/261-0500. There are no qualifying standards for most masters athletics events.

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Mailing: The issue is mailed the last week of the

month prior to the cover date. National Masters News, P.O. Box 50098, Eugene OR 97405. Phone: 541-343-7716; Fax: 541-345-

Postmaster: Send address changes to: National Masters News, P.O. Box 16597, No. Hollywood, CA 91615.

Subscriptions: A one-year subscription (12 issues) is \$26.00 (mailed 2nd class). Add \$16 for 1st class (USA & Canada) or \$19 for foreign air mail. Please send all correspondence on subscriptions to NMN, P.O. Box 16597, No, Hollywood, CA 91615.

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AGE RULE NEEDS CHANGING

In the WAVA World Veterans Championships in Buffalo in 1995, Vicki Bigelow set a W60 world record in the 1500 meters while finishing seventh against younger women in the W55 age group.

She had turned 60 during the competition, but the rules held her to running as a 59-year-old, rather than with her peers, the 60-year-olds.

Other similar cases abound.

The WAVA rule which holds that an athlete's age is determined as of the first day of the meet can and should be changed.

There are two possible solutions:

1) The athlete competes in the age division the calendar says they are until their birthday. Once the birthday comes, the athlete is assigned the new division. However, this would probably cause a lot of headaches for meet management.

2) The athlete's age is determined as of the first day of the first event in which he or she competes.

This issue needs to be put before the WAVA Council at this July's South Africa meet.

Madeline Bost Ironia, New Jersey

STUART'S JAVELIN THROW

The excellent mark listed in the June Masters Scene for Stew Thomson was actually for the hammer, not the javelin. In the javelin, Larry Stuart's throw of 61.16 (200-8) was not men-

tioned. Seems odd that a 107.9% A-G effort by a 59-year-old in the same meet would be overlooked. In 1995, Larry threw the javelin 215-0 at age 56. Not a bad throw. In 1988, when he threw the javelin the same distance, it was considered the single outstanding performance for the year. Yet in 1995, his effort received no recognition. I wish someone could explain this to

Russ Reabold La Puente, California

(We goofed. The directors of the So. Calif. Striders Meet submitted computer results to us, but did not submit a story or any comment on their meet. Our editors scanned the list of agegraded marks, but missed Stuart's incredible performance. New glasses have been ordered for those responsible. – Ed.)

NO FALSE START RULE

Virtually every masters sprinter would concur with Lee Gillespie's take on the "No False Start" rule, as expressed in the June issue of NMN. I participated in the same meet in Santa Ana, Calif., and I was left with only one opponent in my 60-64 age group due to others false starting. This was even sad for me; though I won, most of my buddies were out, leaving me with a hollow victory.

Should there be exceptions to the rule? Yes, of course. Take my personal experience at this year's indoor

Championships as an example. I traveled to Boston, hoping to extend my 1996 national championships in the 60m and long jump into 1997.

I false started in the 60. I was unstable in my blocks because my lane did not have enough room for the rear block. The curb on the edge of the oval track was too close to my particular lane for the way I set my blocks. No room! I complained briefly, but to no avail. I was totally frustrated, and I believe other competitors were as well. Exceptions exist; and a runner must run; win, lose, or draw!

Dick Richards Encinitas, California

WEIGHT SHENANIGANS

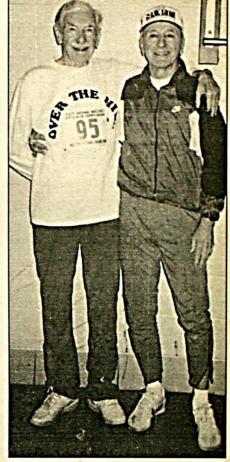
I read with interest Jerry Wojcik's article regarding possible shenanigans in the throwing events, as I have been investigating these things ever since I started with the javelin about a year

Let me tell you, there is a lot going on!

For instance, I have noticed that good throwers also get their body into the throw, not just their arm! I guess this is legal? I've been reluctant to try this in my throwing, as I worry about officials a lot.

This one gentleman, whom I won't name as it might embarrass him, threw the javelin over fifty feet farther than I ... and, he is in an older age group! now, come on! Also, his throw was high, straight and kept going (instead of turning to the side and landing flat). His follow-through went farther than my throw.

Anyway, I think I detected a vapor trail in its arc and, when he went to have a drink, I had a good look at the tip of his javelin. As I suspected, there



Everett Hosack, M95, and Bill Daprano, M70, Illinois Masters Invitational, Hillside, III., April 5-6. Photo by Karen Huff

was a small jet engine embedded, along with some trigger device near the grip. Everything was cleverly hidden as it looked like a regular javelin. It is a mystery.

Another thing that just can't be right, is when these throwers do their approach and do not cross the line and foul ... ever! This may not be suspect, but it isn't very fair. I won't go into their high velocity at the moment of the actual throw, etc., as it all is under investigation.

Some of these things I may try to incorporate into my throwing . . . after all, no one seems to be watching. Who knows, I may get by with a lot of stuff after a while!

Earl Johnson
Orick, California
Continued on page 8

NATIONAL MASTERS NEWS

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Steve Demedicis
Edward Gonera
Joseph Hehn
Burt Raabe
Lincoln Russin
Duane Rykhus
William Rykhus

Little Rock, Arkansas
Dallas, Texas
Campbellsville, Kentucky
Montrose, Michigan
Aiken, South Carolina
San Clemente, California
Birmingham, Alabama
Bardonia, New York
Flemington, New Jersey
Peoria, Illinois
Northhampton, Massachusetts
Brookings, South Dakota
Lapeer, Michigan

Welzel Takes Over First Place in Indy Life Circuit

Wysocki Sets World Record in Freihofer's 5K

New masters phenom, Ruth Wysocki continued her record rampage with a 16:06 at the Freihofer's Run for Women 5K, the fifth race in the Indy Life Circuit Series, in Albany, N.Y., on May 31. Since turning 40 on March 8, Wysocki, Canyon Lake, Calif., has been setting U.S. masters records from the 800 on the track to the 10K on the roads.

Her 16:06, a masters win and 10th overall, in the USA Open Women's Championship, is a pending U.S. and world masters record. Wysocki, a 1984 Olympian, broke her own national masters record of 16:23, set at the Carlsbad 5000 in April. The old world mark was 16:20 by Heather Mathews of New Zealand at Freihofer's in 1989.

In each Indy Life Circuit race, Wysocki has set a U.S. record. In March, at the Azalea Trail Run, she ran 33:22 to break the masters 10K record.

For her record-setting effort, she earned \$3000 (\$600 for 10th overall, \$1200 as first master, and \$1200 for top age-graded runner).

Defending Freihofer's masters champion, Jane Welzel, 42, Ft. Collins, Colo., was second in 16:28, and, as important, picked up nine more points in the Indy Life Circuit to move into first place in the masters division with 58 points.

Joan Benoit-Samuelson, 1984 Olympic marathon gold medalist, in her first serious race as a master since turning 40 on May 16, ran 16:31 to finish third.

In the age-graded scoring, five women - Wysocki, Welzel, Shirley Matson, Joan Ottaway, and Samuelson - produced times at the world-class level of 90% or better. Wysocki's 16:06 scored 94% or an adjusted time of 15:20. The five women shared \$2500 in prize money for their agegraded bests.

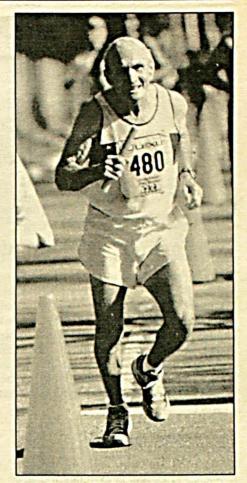
The overall winner and USATF champion was Elva Dryer in 15:29.

After five women's Indy Life Circuit events, Terry Mahr, 48, from Oregon, Ohio, with 263 points, has a one-point lead in the age-graded standings over Honor Fetherston, 42, Mill Valley, Calif. with 262 points. Joan Ottaway, 53, Sonora, Calif., is third at 256.

After four men's Circuit races, Gary Romesser, 46, Indianapolis, with 839 points, has a four-point lead over Doug Kurtis, 45, Northville, Mich., in the age-graded standings. Craig Young, 40, Colorado Springs, Colo., is third with 830.

With no men's Circuit races last month, Young continues to lead the standings with 55 points. Kurtis (44), Romesser (41) and Steve Plasencia (40) follow.

-from the USATF Road Running Information Center



Avery Bryant, M70, finishing his leg of the 16th annual Jimmy Stewart Relay Marathon in Los Angeles. The event featured 640 relay teams, 26 of which were masters. Each runner ran 5.2 Photo from Melanie Bauleke

INDY LIFE CIRCUIT **Upcoming Indy Life Circuit Races:**

July 12 July 20

Bastille Celebration 8K + Chicago Distance Festival 5K

October 5 * Twin Cities Marathon Tulsa Run 15K October 25

Newport Beach, CA Chicago, IL Minneapolis/St. Paul, MN Tulsa, OK

10) Claudia Piepenburg

+ Counts for men only

* The points - overall and age-graded - earned at the Twin Cities Marathon will be multiplied by 1.5.

The inaugural Indy Life Circuit features nine events - eight scoring races per gender – which range in distance from 5K to the marathon. The Circuit offers over \$125,000 in total prize money including a final \$50,000 Grand Prix purse. The prize money for each race ranges from \$5,000 to \$38,000.

In the Indy Life Circuit, eligible masters athletes will earn Grand Prix points based on their overall finishing place (top ten) and/or time in each event. To score points, an athlete must be: 1) a member of USA Track and Field, 2) 40 years of age or older - proof of age may be requested, and 3) a U.S. citizen or green card holder.

At each Circuit race, the top ten masters overall earn points in reverse order of place: first place is worth ten points, second (9), third (8), fourth (7), fifth (6), sixth (5), seventh (4), eighth (3), ninth (2), and tenth (1).

Athletes can accumulate points in both categories (finish and age-graded). The top overall Grand Prix finishers in the Circuit will share \$50,000 in prize money (\$21,000 for the top three male and female masters, and \$29,000 for the top five male and female age-graded performers).

1997 Indy Life Circuit Standings

A STATE OF THE PARTY OF THE PAR	(after fo	and		
		our events)	Ctata	Total
Men	Age	Hometown	State	Total
1) Craig Young	40	Colorado Springs	CO	55
2) Doug Kurtis	45	Northville	MI	44
3) Gary Romesser	46	Indianapolis	IN	41
4) Steve Plasencia	40	Minneapolis	MN	40
5) Bill Rodgers	49	Sherborn	MA	29
6) Lloyd Stephenson	42	San Francisco	CA	28
7) Jeff Foster	40	Edinboro	PA	22
8) Steve Jones	41	Boulder	CO	9
Steve Fader	40	Cincinnati	OH	9
10) Miguel Tibaduiza	49	Reno	NV	8
10) Higuel Hoadulza		. Itomo	10-21	
· (Detail	(ofter fi	ve events)		
Women	Age	Hometown	State	Total
	42	Ft. Collins	CO	58
1) Jane Welzel		Mill Valley	CA	55
2) Honor Fetherston	42		CA	36
3) Kimberlee Campo	41	San Diego	CA	29
4) Joan Ottaway	53	Sonora	CA	28
5) Kathy Ward	42	Sacramento	and the second second	27
6) Alice Thurau	41	Fisher	PA	
7) Terry Mahr (GBR)	48	Oregon	OH	24
8) Ruth Wysocki	40	Canyon Lake	CA	20
9) Shirley Matson	56	Moraga	CA	18
10) Claudia Pienenburg	48	Arlington	VA	9

Arlington

Indy Life Circuit Age-Graded Standings

(after four events)				
Men	Age	HomeTown	State	Total
1) Gary Romesser	46	Indianapolis	IN	839
2) Doug Kurtis	45	Northville	MI	835
3) Craig Young	40	Colorado Springs	CO	830
4) Fay Bradley	59	Washington	DC	823
5) Jan Frisby	52	Grand Junction	CO	818
6) Lloyd Stephenson	42	San Francisco	CA	804
7) Sonny Monioz	60	El Segundo	CA	789
8) Bill Rodgers	49	Sherborn	MA	756
9) Ken Sparks	52	Chagrin Falls	OH	713
10) Jeff Foster	40	Edinboro	PA	682
ALTHURY D	HEN ST	THE STATE OF STREET		
W. CO. DESCRIPTION OF THE PROPERTY OF THE PROP		ve events)	-	
Women	Age	Hometown	State	Total
1) Terry Mahr (GBR)	48	Oregon	OH	263
2) Honor Fetherston	42	Mill Valley	CA	262
3) Joan Ottaway	53	Sonora	CA	256
4) June Machala	66	Spokane	WA	247
5) Kimberlee Campo	41	San Diego	CA	246
6) Jane Welzel	42	Ft. Collins	CO	241
		THE RESERVE OF THE PARTY OF THE	INI	200
7) Marilyn Grissom	54	Greenwood	IN	200
8) Shirley Matson	56	Moraga	CA	179
8) Shirley Matson 9) Kathy Ward		Moraga Sacramento		
8) Shirley Matson	56	Moraga	CA	179

The age-graded scoring system used for the Indy Life Circuit is based on the number of eligible runners who scored 70% or higher (regional class or better) from the 1994 WAVA tables.

At each race, participants earn points in reverse order of the total number of runners over 70%. For example, at the Las Vegas Half-Marathon, ninetytwo (92) men scored 70% or higher. The first man earned 92 points, the second 91 points, the third 90 points and so on down to one point for the 92nd man. The other three Indy Life Circuit races had the following number of eligible male masters runners: Gate River Run 15K (120), Azalea Trail Run 10K (121) and Indianapolis Life 500 Half-Marathon (176). For the Indianapolis Life race, runners received triple points (e.g., the first man -176 times three - earned 528 points). Circuit points at the Twin Cities Marathon on October 5 are worth 1.5 times.



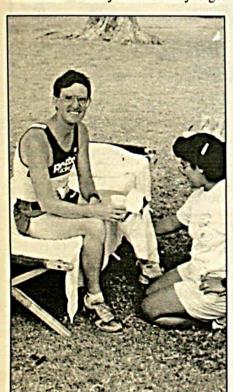
Former "Boy Wonder" Now Coaching

If you're in Honolulu and see people running around the streets with little bells on their shoes, don't assume that they are looking for attention or are already in the Christmas spirit. They're probably training under the tutelage of former Olympian Gerry Lindgren. "It's my way of teaching them pace," explained Lindgren, once referred to as the "boy wonder" of track, and now a professional coach. "I guess you can call it a poor man's heart monitor. I get them out on the track and ask them to run a quarter in two minutes, eight-minute mile pace, and to pay close attention to the jingle of the bells. Within a few weeks they are listening to their feet and can judge pace without looking at a watch. It really seems to work."

When Lindgren, 51, decided to get into coaching, he thought he'd work more with elite runners, but it hasn't worked out that way. "That's where I had been and I thought I could help the real competitive runners more," he said, "but I seem to be working more with beginners and intermediate runners. I find that just as rewarding as long as they are committed. You can see much more progress as they're developing. I have a guy who couldn't break four hours in the marathon when I began working with him and now he's down to 16:32 for 5K (a relatively much faster time)."

Focus is the Key

Lindgren believes that just about anyone can be an outstanding runner if he or she is dedicated and willing to put in the time. "I don't think they've identified a gene that is associated with outstanding running ability," Lindgren continued. "I really believe that you get



Gerry Lindgren has a sore calf muscle tended to after a Honolulu 10K. Photo by Mike Tymn



Former Olympian Gerry Lindgren greets winner Tesfaye Bekele of Ethiopia (47:00), Norman Tamanaha Memorial 15K, Honolulu, March 30. Photo by Tesh Teshima

out of it what you put into it. The key is to be focused."

As any track buff who was familiar with the sport back during the early 1960s will tell you, there was no one more focused than Lindgren. At a time when most distance runners were training on no more than 40 miles a week, Lindgren was averaging 200-mile weeks. He recalls doing as much as 350 miles one week.

An article by Bob Payne in the February 1971 issue of *Track & Field News* suggests that Lindgren, probably more than any other individual, revolutionized American training methods while also revising the image of American distance running.

Lindgren did not fit the lean, loping, sinewy runner stereotype. Although slight of build at 5-6 and 118 pounds, he was scrawny with little definition in his muscles. But inside this unathletic-looking teenager was a seemingly unlimited supply of desire, drive, and determination. This apparently more

than compensated for what appeared to be physical shortcomings. Lindgren is said to have occasionally gotten up in the middle of the night to take a long run after already having worked out two or three times the previous day.

It paid off in Lindgren winning 11 NCAA titles in cross-country and track at Washington State and also setting a world record of 27:11.6 for six miles (then a more standard distance than the current 10,000 meters).

Russian Defeat

Lindgren is most remembered for his upset victory over the Russians in the 1964 USA vs USSR track meet. Before more than 50,000 screaming spectators at the Los Angeles Coliseum, Lindgren dogged the favored Russians until the ninth lap of the 24-lap 10,000-meter race and then surged to the lead, pulling away to a 22-second victory

A few months later, Lindgren, only 18, participated in the Tokyo Olympics. But an ankle injury before the final slowed him to a ninth-place finish behind the winning effort of fellow

American Billy Mills.

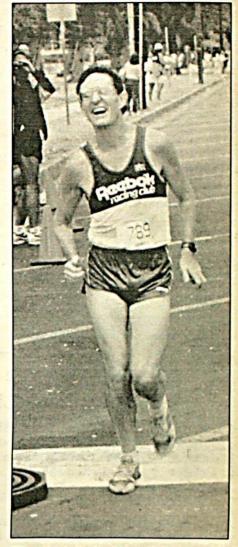
One can't help but wonder if, given his background, Lindgren might expect too much from the people he is coaching. "I don't think so," Lindgren responded. "But I tell them you've got to put in the miles. You've got to do the work, if you really want to realize your potential. And some of that work has to be speed work."

Looking back on his 200-plus-weekly miles, Lindgren thinks he may have done too much. "But I have no way of knowing if I would have been able to compete at the international level by not doing as much as I did. I was young and energetic and it didn't seem to hurt me then," he adds. "Everyone's different and maybe I needed all that work more than someone else."

For the more advanced runners he is coaching, Lindgren recommends at least 70 to 80 miles a week. "But if I can get 40 out of some of them, I consider it an accomplishment, because it's a lot more than they had been doing."

Getting in Gear

As Lindgren see it, most beginning and recreational runners have only one



Still a competitor, Gerry Lindgren finishes a 10K race in Honolulu. He's usually in the 37-38 minute range these days. Photo by Mike Tymn

gear. "They're going at the same speed all the time," he commented, "both in training and in a race. What I try to do is help them develop a second gear and then a third and maybe a fourth gear by getting them running faster for short stretches. Once they develop those higher gears, they can train more relaxed and with less energy.

"What I try to do more than anything else is give them direction," Lindgren concluded. "Then it's up to them how far they go in that direction."

(If you are interested in being coached by Lindgren by mail or phone, you can contact him at 808-396-0089.)

Advil Mini-Marathon Held in NYC

by MARILYN J. MITCHELL

The first masters woman over the line for the 1997 Advil Mini-Marathon 10K race on June 7 in New York City was 42-year old Tatyana Pozdnyakova, with a time of 33:53 for a 13th overall position out of a field of more than 8000 women. Second master was Gillian Horovitz (42, NY) and third, Kari Proffitt (40, NY).

Pozdnyakova was the pre-race favorite for the masters division, with a 10K best of 31:46 and a great marathon time of 2:29:57, posted in the 1995 Los Angeles Marathon. Only the first nine places were awarded prize money, so Pozdnyakova's earnings for the day would have consisted of whatever appearance fees she was able to obtain.

Overall winner was Kenyan Tegla Loroupe, with a time of 31:45.

Temperatures remained stable at 51°F from race start time to finish with overcast skies, a perfect day for racing.

ESPN announcer and masters runner Robin Roberts was a part of the story this time, having run the race. Her broadcast credits include network coverage of the men's NCAA Final Four and NCAA women's basketball tournaments, LPGA events, U.S. Open Tennis Tournament, the Summer Olympics and Wimbledon. A former basketball player herself, Robin has run in the Peachtree 10K and other races but said, "Next year, I want to be back in the lead truck . . . with a bagel!"

Raschker Sets Three World Records in Tucson

from PHIL MULKEY

Philippa Raschker, 50, set three world and two U.S. W50 records May 23-28 in the UNSNO Sports Classic VI – the Senior Olympics in Tucson, Ariz.

The Marietta, Ga., accountant won seven of the ten events she entered, taking two seconds and a fourth.

Her WRs were set in the 100 (12.65, bettering Irene Obera's 12.9), 200 (26.12, lowering Marge Allison's 27.56) and high jump (5-1, raising Renate Vogel's 5-0).

She also set U.S. marks in the 400 (63.48) and long jump (16-9), both bettering Obera's marks of 63.7 and 14-61/2, respectively.

Yet, so accustomed is she to these running and jumping performances, that she took the most pride in her seldom-attempted throwing events.

"The shot was the second longest mark (30-21/2, fourth) I've ever made," she said, "and the discus (78-1, second) was by far my best ever. But the javelin was the most thrilling (99-4, second). Every throw was better than I had ever done."

Raschker is entered in the WAVA World Veterans Championships in Durban this month, but may not go.

"I'm starting therapy for four weeks on my achilles," she told NMN, "and the doctor doesn't think it will hold through Durban."



Competitors in the W50 shot put at the Senior Sports Classic VI in Tucson. From left: 1328, Rachel Singleton, DE; Karen Huff, IL; 1180, Phil Raschker, GA; 1407, Erika Szanto, OH, 1393; Lurline Struppeck, LA, 1st; Kathy Jack, AZ.

Messner and Hilliard Set Records in Southeast Regional Championships

from BILL HOFHEIMER

Erika Messner and Vanessa Hilliard turned in record-setting performances in the throws during the opening day of the USATF Southeast Regional Masters Championships, May 10-11, at Disney's Wide World of Sports track and field complex in Lake Buena Vista, Fla.

Messner, 61, representing the Florida AC, broke her W60-64 U.S. record of 97-3 in the hammer with a toss of 98-0. The next day she registered a shot put mark of 32-2, less than an inch away from Bernice Holland's U.S. record of 32-2¹/₄.

Hilliard, 56, also of the Florida AC, set an outdoor single-age world record of 54-4 with the 16-lb. weight. She, like Messner, barely missed another record on Sunday, with a 105-4 discus

throw, just four inches short of her W55-59 national record set in 1996.

On Sunday, Mark Witherspoon, 1984 Olympic gold medalist, and former NFL standout Billy "White Shoes" Johnson headlined the list of athletes competing in the sprints. The 31-year-old Witherspoon, competing for the first time this year, captured the 100m title with a 10.71 and the 200 in 22.17. Johnson blazed to victory in both the M40-44 100 (11.66) and 200 (23.30).

The Florida AC dominated the team

scoring in both the men's and women's events, finishing with 300 and 120, respectively. The Atlanta TC was runner-up in both the men's (57.5) and women's (89) standings.

The Disney Sports Complex is spread over some 200 acres and, besides the nine-lane t&f facility, includes a 5000-set fieldhouse with room for six full-size basketball courts, a 9500-seat baseball stadium, plus facilities for tennis, softball, youth baseball, and soccer.



Vanessa Hilliard Photo by Sara Meeks

Colbert Romps, Hagemann Breaks Record in Southeastern Meet in Raleigh

by JERRY WOJCIK

Larry Colbert, 60, produced the speed and Libby Hagemann, 76, supplied some distance in the Southeastern Masters Meet, Raleigh, N.C., on May 2-4.

Colbert, who broke world records in the 200 (25.15) and 400 (56.32) at the 1997 Indoor Championships in Boston, won the three sprints with age-graded performances in the 90+% range. In the 100, he ran a 12.57, taking the race from Bob Dobbs, 63, also in the 90% level with a 12.91. Colbert won the 200 in 25.64 and the 400 in 58.39.

Hagemann, who broke the U.S. indoor W75 shot put record in Boston with a 6.46/21-21/2, smashed the U.S. record of 58-41/4, for the 3kg hammer with a 19.56/64-21/2, not far off the world record of 65-71/2.

Canada's Earl Fee, 68, won the 400 in 61.15, an age-graded 94.8%, and had the best masters performance of the meet in the 800, his specialty, with a 96.7% 2:23.0h.

In the distance races, Jack Miller, 60, reeled off an event best 5:02.10 in the 1500, and Phil Rowan, 42, posted

the best mark in the 5000 with a 15:40.8h.

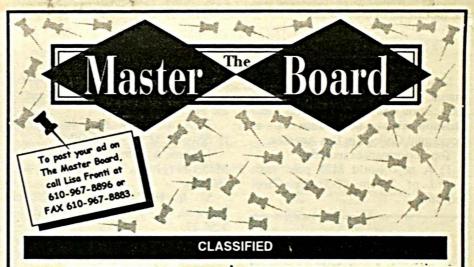
Racewalker Robert Mimm, 72, strode to the most noteworthy performances in the 5000 track walk (30:43.30) and 20K road walk (1:10:06).

High jumper Leonore McDaniels hit the 89% level with a 1.14/3-8³/₄. Male Masters Athlete of the Year in 1996, Jim Stookey, was a multiple winner, topping his marks with an agegraded 92.2% 10.40/34-1¹/₂ in the triple jump.

Leonard Olson, 65, was the class of the fields in the shot put (13.05/42-9³/₄) and discus (46.24/151-8). David Vandergriff, 41, far outdistanced everybody else in the 56-lb. superweight at 10.87/35-8.

In the regular pentathlon, David Ayers, 55, scored an event high 3169 in a field of 24 athletes, including 82year-old Ian Hume, of Canada.

Olson, the top point scorer (4781) in the 1996 Weight Pentathlon Championships in Bozeman, scored 4460 in the weight pentathlon, the highest in a field of 28 masters throwers, which included nine women.



GREETING CARDS

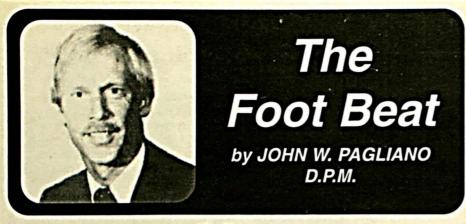
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Calluses

I am a 62-year-old long distance runner. I have been getting calluses on my feet for years. Should I worry about them if they don't hurt?

Calluses are very common among runners and other active people.
Usually, they are caused by some type of foot abnormality such as high
arches, flat feet, hammer toes, bunions and claw toes.

Basically, a callus is a thickening of the outer layer of skin caused by some repetitive stress to the area. Sometimes pain is experienced when the callus is pressed. Usually, calluses overlie some type of bony prominence or bony spur. Often the spur needs to be removed before the callus will go away.

You can use a pumice stone to reduce the size of the callus to the level of the surrounding skin. This often has to be done 2-3 times per week. Over-the-counter chemical agents are available, but I do not suggest their use. They are especially dangerous for people with circulatory problems or diabetes, and could cause healing problems.

If the callus is unmanageable, your foot specialist can reduce and trim the lesion under safe, sterile conditions. To avoid future calluses, switch to a well-cushioned shoe and consider using an orthotic insert. These devices are quite effective in providing relief from painful calluses, and preventing their recurrence.

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or Achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 50098, Eugene, OR 97405.)

Johnston Sets WR in Los Angeles

Nearly 200 athletes took part in the annual USATF Southern California Association Masters Track and Field Championships held June 8 at Occidental College in Los Angeles.

Top performances included:

1) A new world M85 pole vault record of 2.21m (7-3) by Carol Johnston.

FIFTEEN YEARS AGO July, 1982

- Southeastern Masters T&F Championships Draw 600 to Raleigh, N.C.
- New Zealander Jack Foster Sets M50 WR of 2:20:28 in Auckland Marathon
- Southern Calif. Striders M40-49 Relay Team Sets a New U.S. Record for the Distance Medley Relay (11:03.8)
- Mike Heffernan (M40, 31:55) and Shirley Matson (W40, 37:32) are Top Masters in Viking Classic 10K

- 2) A U.S. M45 record 14.17 (46-6) triple jump by Milan Tiff, 47 close to the M45 WR of 14.18.
- 3) A new U.S. M75 high jump record of 1.32 by Walt Dahlin.
- 4) Three wins by Alberto Ros in the M35 100 (11.04), 200 (22.57) and 400 (50.58).
- 5) A 1:57.42 800 by Nolan Shaheed, 47 close to the M45 AR of 1:56.27.
- 6) Sid Wing's return to competition with impressive wins in the M65 400 (64.72) and 800 (2:32.30).
- 7) Ken Dennis beat Dick Richards, 12.50 to 12.53 in the M60 100, while Richards bested Dennis in the 200, 25.57 to 25.72.
- 8) Jeanne Hoagland came within two seconds of a new W60 world 800 record with a 2:47.95.

Svetlana Yesayan brought a new group of Armenian masters athletes to the meet, and they performed very well. Another talented newcomer was Jim Kerman, 40, who beat his coach and mentor, Mike Deller, M45, with a 12.73m shot put on his last effort.

The meet was a Miller affair, with meet director Christel Miller doing her usual outstanding job, despite a broken hand and bruised ribs suffered a week earlier. Husband Gary and sons Doug, Nils and Gunnar ably assisted, along with an abundance of excellent officials.

Write On

Continued from page 4

WHY THE TERM 'SUBMASTERS'?

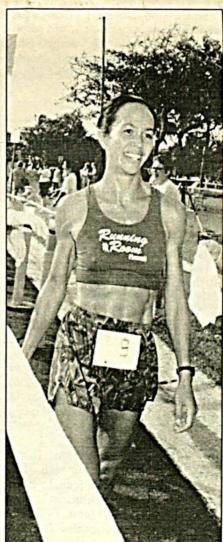
In the June issue, USATF Masters T&F Chairman Ken Weinbel asks "Why are age 30-39 athletes called 'submasters'?"

Before WAVA existed, IGAL conducted world road race championships. There was much disagreement about the minimum age, but most opted for age 40.

When Canada put on the first World Masters T&F Championships in 1975, ages 30-34 and 35-39 were included, but as submasters.

During the meeting at these championships when 800 athletes came to offer their views on a proposed world body, it was felt there should be a positive "space" between open athletes and masters. Since most younger athletes at that time "hung up their spikes" at 30 (women 25), it was decided a 10-year period was appropriate; hence, 40 for men and 35 for women.

Between Toronto 1975 and Gothenberg 1977, there were considerable amateur/professional problems. Athletes who had earlier lost amateur status with the IAAF were competing in masters events. Other athletes who still competed for their clubs were concerned they might be "tainted" by competing with those who had lost amateur standing.



Connie Comiso Fanelli, 43, comes in first in the Windward Half-Marathon, Hawaii, in 1:29:53.

Photo by Tesh Teshima

This matter came to a head as we approached the Gothenburg meet in 1977. Former great Arne Anderssen lived in Gothenberg and, although declared a professional by the IAAF, was training for the events at age 57. Sweden, athletically structured as it was, and is, applied for meet sanction from their athletic association and was told it could not include Anderssen, or anyone no longer an amateur. Arne's request for his lifetime ban to be lifted was denied.

Many masters around the world were enraged. Some suggested a dual status, i.e., in open events, IAAF rules; in masters events, masters rules. Others said, "To hell with the IAAF, we'll go our own way." Arne did not enter.

During the Swedish meet, the then-IAAF President Adrian Paulens, a gracious and charming man, came to watch. As President of the newly-formed WAVA, I met with him and broached the subject of concern.

"You people are having such fun," he said. "Something must be done, but your athletes would have to be beyond normal international competition age – at least 40 for men."

As good as his word, the following year the IAAF Council agreed that at masters (veterans) meets, WAVA would decide who could compete, provided the minimum ages were observed.

At world meets, we have kept the agreement. At regional and national events, we have allowed younger ages, but have always maintained the distinction.

Don Farquharson Toronto, Canada

NAPLES MEET

I would like to thank Rudy Vlaardingerbroek for his outstanding job as meet director of the Naples Meets in Florida for the last seven years. My friends and I from Stuttgart, Germany, have competed in his meets for the past three years, arranging our vacation trips to Florida according to the date of the meet. The meet will not be held next year, so I, on behalf of my friends, would like to express our gratitude to Rudy for his personal effort in organizing these meets.

Walter Hillebrand Stuttgart, Germany

DEADLINE

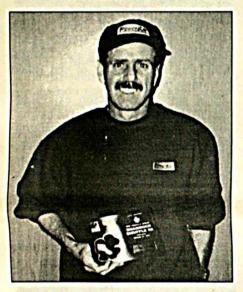
NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of issue. Send to National Masters News, P.O. Box 50098, Eugene OR 97405

Bradley, Hutchison Best in NationsBank 10K

by CLARK ENSZ

Although the open women's race produced a course record and the open men's competition came down to a four-man drag race to the finish, it was the masters competition again providing many of the best highlights in the NationsBank River Run 10K, Wichita, Kansas, May 10. The men's masters age-graded competition put on an especially great show of quality running.

How good was it? Doug Clark of Tulsa set a Kansas M40-44 record and only took fourth in the age-grading. Last year's winner, Paul Heitzman, improved his 1996 graded time by 34 seconds (he improved his real time to 39:26 at age 66) and dropped to third. Dick Wilson took 21 seconds off his 1996 graded time, set a state M65 record of 39:18; and went from second



Gordon Benfield, 43, Evansville, Ind., fifth overall (25:59), USATF Masters 8K Championships. Chicago, March 23. Photo by Melinda Vaughn

to fifth.

Fay Bradley, the nationally known 59-year-old, announced his arrival in Kansas by winning the masters agegraded competition with a state record 35:31, which graded to 29:32, worth \$400. Dan Lawson, 41, with 31:46/30:32 took the second-place \$200 prize. Eleven masters runners ran times that would have been in the topfive money last year.

The women's field was again dominated by the Webb City comet, 51year-old Jane Hutchison. Although she ran more than a minute slower than last year's 38:18, her 39:20 was still good enough to win the age-graded competition by over two minutes (34:16). Second-place Marla Rhoden, 41 (38:15/36:22), might have put up a stronger battle except that she had run two marathons in the previous three weeks. The very consistent Wichita area trio of Trudy Calloway, Vera Burton, and Barbara Holzman rounded out the top five money list.

FIVE YEARS AGO June, 1992

 Pierre Levisse (40, 29:33)
 and Priscilla Welch (47, 34:38) Top Masters in Sallie

- Mike Heffernan (51, 26:18) Wins 9th Annual Fifty-Plus
- Mae 10K
- Payton Jordan, 75, Sets M75 WRs in 100 (13.5) and 200 (28.3)



Charlene Landrum #400, 33, New York, winner W30 200 (28.04), USATF 1997 Masters Championships, Boston. Shemayne Williams #755, 34, New Jersey, was second. Photo by Mitchell Lovett

Sprinters Excel at Birmingham TC Classic

by GORDON SEIFERT

Rainy weather delayed the start of some of the field events but was not a problem for the sprinters at the 15th annual Birmingham Track Club Classic held at Hoover High School, Birmingham, Ala., on June 7.

All eight of the KC Distance Handicap 100m participants had 90+% performance level qualifying times, with 47-year-old Marion McCoy (9-meter handicap) winning the race. Reggie Mason's 52.87 won the Jim Law 400m award. The other special award was won by Phil Mulkey, Jr., M40, for his 2767 points in the mini-decathlon (five of the ten events).

The BTC also presented a gift certificate to Simpson Pepper, the meet announcer, for his many years of outstanding community service in the promotion of sports in coaching and sports announcing.

Does Your Heart Good. American Heart Association

Oklahoma Masters Athletic Meet Track & Field in the Heartland!

August 1-2, 1997

Spaulpa H.S. Stadium, Tulsa, Oklahoma

Hosts: Team Oklahoma Masters Track & Field Club Masters Competition in 5-Year Age Groups & Open Division

Entry Fees: Pre-registered by July 29: \$10 1 event, \$5 additional events, Relays \$15 Entries close 1 hour before scheduled start. Late entries @ 918-446-0064.

Schedule: Times are approximate, events ran in order listed;

Friday Aug 1 3:00 PM Athlete Check-in Open 5:00 Javelin Javelin
Triple Jump
100 prelims/final
Pole Vault
Short Hurdles, Shot
400
5000
5000 Racewalk
4 X 800 Relay

Sat Aug 2
6:30 AM Athlete Check-in Open
7:30 1 Mile
8:00 Long Jump
8:30 Long Hurdles
9:00 4 X 100 Relay
9:30 1 Mile Racewalk, Discus
10:00 200
10:30 800
11:00 High Jump
11:30 100 Final (if needed)
12:00 4 X 400 Relay

All events ran as timed finals, except the 100 which will have prelims if needed. USATF sanctioned meet, USATF rules including Masters exceptions. No false start rule in effect. Age groups and sexes may be combined in race heats. USATF Certified Officials. Medals to top 3 in each age/sex division. Directions to track: from Tulsa, take 1-44 west and exit on Highway 66 toward Sapulpa. Continue into Sapulpa, turn left on Dewey or Lincoln, 3 blocks to track. (about 20 mins from downtown Tulsa)

Date of Birth Address

In consideration of my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors and administrators, waive and release forever, any and all rights, claims or damages I may accrue against the TEAM OKLAHOMA Masters Track Club, Sapulpe Public Schools, Oklahoma Association of USATF, any individual associated with the operation of this meet and all sponsors of this meet, their successors, representatives and assigns for any and all injuries suffered by me while traveling to and from and while participating in the Oklahoma Masters Athletic Meet held on August 1 and 2, 1997.

Best 1996/199	7 performance in even	ts entered;	
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Event	Mark	Event	Mark
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Fax: 1-541-345-2436

Mail: P.O. Box 50098, Eugene OR 97405

Shipments: 1675 Willamette Ave., Eugene, OR 97401

Publisher/Editor, International

Phone: 1-818-981-1996 (Al Sheahen)

Fax: 1-818-981-1997

Mail: P.O. Box 2372, Van Nuys CA 91404

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Veterans Games, Durban - What to Expect

The following is from an article submitted by Lionel Lawson on what race-walkers can expect at the World Veteran Games in South Africa. Next month will feature brief biographies of some of the South African racewalkers you may have already met by then, as well as information on Lionel's new book on racewalking.

What can racewalkers expect in Durban? As it will be winter, it is the best time to compete in Durban. Organization is basically good. We have a long history of race organization and the carry over from road running into racewalking has, by and large, been successful. I am assured that there will be some congestion in various events, due to the high participation expected, so it would be wise to arrive early for all events.

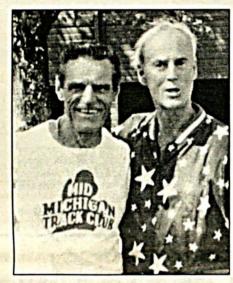
A few things to be prepared for:

Heat: Durban, being tropical, is noted for its humidity and heat, and only racewalkers have set South African records here in the winter or spring events. Even in winter, the daytime temperature is likely to climb from 9 to 26 degrees Centigrade (48°F to 82°F) and humidity from 50% in the morning to 70% or more in the later afternoon or evening. Rain is not a major factor in July as the rain usually doesn't arrive until October, typically the coldest month.

Warm-up and stretching: Warm-up and stretching are very important in Durban. Because of the heat, we are often fooled into thinking we are warm. Not so. Externally, we may be glowing; but internally, the body is still struggling with unequal temperature stresses. The same holds when racing.

Hydration: It is vitally important to maintain an input of at least 200cc of liquid every 15 to 20 minutes. Any less and you are a candidate for the dehydration tent. I have ended up with heat stress in as short a race as 5K. We often provide sponging water for track 10K races. Water is medically mandatory on all road races longer than 5K and has to be provided at least at 3K and 7K. On 20K races, water has to be provided every 3K (walkers every 2K). Overseas, eyebrows are raised at this requirement, but medical research carried out here proved the requirement. A recent Sports Science Institute of SA study showed that after 90 minutes all athletes need not only water, but can benefit from receiving a CHO based drink.

Course: The WAVA course design is my responsibility. At present we are negotiating for the following: 20K – approximately 270m on track, 671m out from track via perimeter road and on to a main road for nine 2K loops.



Racewalkers Bob Mimm, M70, and Jack Bray, M60, mug for the camera at last year's WAVA North American Championships. Mimm has participated in all 11 WAVA World Veterans Championships.

Then the 671m back to the track and finish with 389m on track. The women's 10K is the same but only has 4 laps of 2K.

The greatest concern about designing the racewalk course is to present a course that complies with the IAAF rules, is fast and flat, and presents the minimum of tight turns or awkward height changes such as curb height transition on a road.

Competitors: How many racewalkers are expected? The organizers do not have all the entries yet, but it looks like there will be several hundred.

Racewalking Clubs: There are no racewalking clubs as such in South Africa. By constitution under Athletics South Africa and the provincial athletics bodies (such as Kwa-Zulu Natal Athletics), all athletics clubs have to be just that and allow membership to athletes of many disciplines. Fortunately, long before the "New South Africa," athletic clubs were open to all, irrespective of race, color or religion. Athletics prides itself in leading the pace in open sport, and it is not so long ago that all participants ran the Comrades Marathon with black arm bands to protest the authoritarian interdict against darker skinned participation. We won our battle!

Senior Sports Classic Starts at 50

(The following report is by Richard Charles, Event Director of the Racewalks at the Tucson Senior Sports Classic.)

The Senior Sports Classic VI Racewalks were held in Tucson, Ariz., May 25-26. This was the first classic where the competing ages start at fifty. We are seeing more of the experienced and competitive "baby boomer" racewalkers as well as those older athletes seeking additional senior competition. The national organization and host cities must meet the challenge of this changing population.

The 1500m racewalk was held on the Tucson High School track where over 300 male and female entrants aged 50+ competed in 28 heats. The average heat had 16 walkers. The day's event both started and ended on time. The reaction of the athletes was very favorable and their comments sincerely appreciated by all the officials and other volunteers.

The 5000m road race held on the University of Arizona campus was well administered, but did not provide a satisfactory racing experience for many athletes. Approximately 280 athletes competed in age-groups with staggered starts. The unofficial results were posted within 15 minutes after the last walker crossed the finish line.

When the official results with the DQs were posted, shock, disappointment and anger ensued. One hundred seventy entrants had been DQ'd including some of our finest, most experienced athletes. This represented 61% of the starters. I am in the process of evaluating factors that may have contributed to this poor showing, such

a. Are there too many entrants for one race?

b. The use of "wave" starts equates to having mini races. Do we need to consider increasing the time between "wave" starts to 10 minutes? 15 minutes? Or more?

c. Were there too many racewalk judges? The spacing between judges was about 500 feet.

d. Should the course be changed from a 5K out-and-back course, to a 2.5K out-and-back course requiring two laps? The shorter distance would reduce the number of judges (with the same spacing between judges) but add the element of "lap counting".

e. Should consideration be given to a 5K track event?

The above is a short list of items being evaluated. I have requested that athletes, volunteers and officials write me with their suggestions. Some very experienced racewalkers and officials have already responded with great ideas.

Other general items that need to be addressed include:

a. Coordination with State Games committees to assure that athletes who have advanced to the National Classic VII have, in fact, been in a properly judged racewalk. For example, when

the qualifying lists of racewalkers are submitted, they must include the names and residences of the racewalk officials.

b. Receipt of athlete qualifying times to allow for "seeding" in the 1500m heats and, if necessary, in the 5K race.

Last, but by no means least, it is absolutely necessary to address the needs of those athletes who, because of physical limitation, can no longer legally adhere to the two racewalking rules. These athletes walk for health and fitness and must be encouraged to continue. The Senior Sports Classic organization can be a leader in this effort by establishing a new monitored event having as its only rule: No Lifting or Loss of Contact. This rule eliminates hopping, skipping, jumping and running. Many local walking events have such a monitored category. A single-rule walking event would accommodate the many athletes who enjoy being in a walking event while preserving the integrity of the rules governing racewalking.

The athletes at Tucson expressed their overwhelming approval of having both a monitored, single-rule walking event and a judged racewalking event. The Senior Sports Classic VI racewalks are history. I am earnestly seeking constructive suggestions for improving the racewalks in 1999. Make your ideas known now.

(Richard Charles, Event Director -Racewalks, 500 E. Riverside Drive, #227, Austin, TX 78704.)



Jurgen Spencer, M55, South African record holder in the 5000 and 20K racewalks, won the 5000, South Africa Veterans Championships, Durban, May 2-3. Photo by Leo Benning

Cotton Row 10K

Continued from page 1

Svetogor took a five second lead in the first mile, but Rowan closed the gap to a few meters in the next 1.5 miles.

On the steep climb of Mountainwood Hill, Rowan moved ahead for his first lead in the race. By the time they had descended the one-mile downgrade along Bankhead Parkway, Svetogor was back in front.

"I caught him again with about a mile to go," Rowan said. "But on that last downhill just before the 6-mile mark he just had too much leg speed."

Rowan did not use as an excuse the fact that he had run a 32:30 in winning the News-Sentinel Expo 10K two days earlier in Knoxville, Tenn.

Terry Daniel of nearby Guntersville, Ala., was third (\$300) in 34:04; Stann Vernon of Lafayette, Colo., finished fourth (\$200) in 34:42; and Joe Francica of Huntsville took fifth (\$100) in 35:41.

Svetogor is an anesthesiologist back in St. Petersburg, but made it clear through his interpreter that the occupation does not pay as much in Russia as in the United States. He was one of seven Russians who entered Cotton Row this year. They came from two different training bases in Florida. They usually stay for three or four months, run as many races as they can, then return home.

He had already won masters titles at the New Bedford Half-Marathon in March, a 10K in Dedham, Mass. in April, and the Hopkinsville (Ky.) 10K; finished second at Cooper River Bridge in 31:13, and at a 10K in Evansville, Indiana; and ran a 2:29:44 for 10th master at Boston. His group was headed to Kansas for another race the following weekend.

In the women's race, Pozdnyakova ran with the two open female leaders (also Russian) for the first two miles before slowing on the hill. She had hoped to break Nancy Grayson's course record of 35:34, but admitted the course was tougher than expected.

Pozdnyakova was a part of Russia's national track and field program for about 15 years, and competed internationally in track and crosscountry. This spring she had been almost unbeatable as a master in southern races, with wins at the Carolina Marathon 10K (33:50) in Columbia, S.C., and the Reedy River 10K (34:27) in Greenville, S.C. In these two races she was also third and second overall, respectively. At the Azalea Trail 10K in Mobile, Ala., only Ruth Wysocki's new American record of 33:22 was faster than her 34:31. Even more impressive was her win of the overall female title at the Cleveland Revco Marathon in early May in 2:33:27.

Joyce Deason of Shreveport, La., took third (\$300) in 39:38; Victoria Crisp was fourth (\$200) in 39:48; and Molly Gerke of Arlington, Va., finished fifth (\$100) in 44:08.

For the first time in eight years, Nancy Grayson of Northville, Mich., was not a part of the female masters field. Last year Grayson won her seventh straight masters title at this race and this year decided to leave the race open for a new winner. The race committee missed her warm personality and tough racing spirit this year.

In the older male age groups, Malcolm Gillis won the 60-64 division in 41:25, also only two days after winning the same division in Knoxville. The division win gave Gillis the Running Journal Grand Prix XIX title for his division.

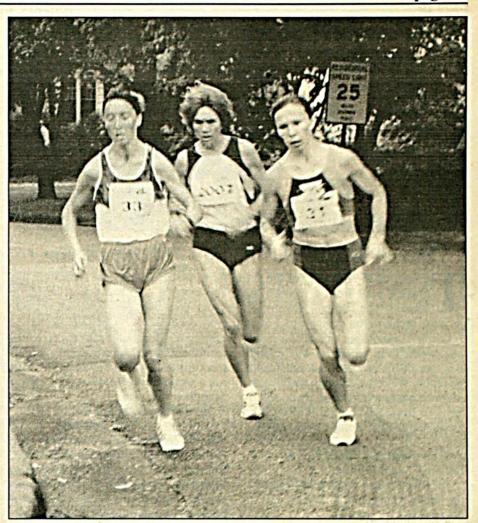
For the past seventeen years, Cotton Row has been the final race in the Running Journal Grand Prix series. Other Grand Prix division winners who ran Cotton Row include Rowan (40-44), Dick Franklin of Huntsville (50-54), Andrew Sherwood of Atlanta, Ga. (55-59), Jack Gough of Clearwater, Fla. (65-69), and Joe Conrad of Gainesville, Fla. (70+).

The only female Grand Prix division winner who ran Cotton Row was Mary Thompson of Columbia, S.C. She finished second in 52:07 in the 50-54 division.

Of the 1,550 finishers this year, 692 (45%) were masters. The overall gender breakdown indicated 1190 males and 360 females. In the master divisions, 574 (83%) were male and 118 (17%) female.



Phillip Rowan, Greenville, N.C., masters runnerup (33:10) in the WZYP Cotton Row 10K, Huntsville, Ala., May 26, before the start of the race. Photos by Jim Oaks



Tatyana Pozdnyakova (2007) of Russia, first masters woman (35:47), WZYP Cotton Row 10K, Huntsville, Ala., May 26, runs with two open female leaders in the second mile. Photo by Jim Oaks

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Derek Turnbull Still Can Wrestle Sheep

urning up the dirt road of the sheep farm, we came to a gate separating the grazing pens from a wooded area. The wooded area had a sign beside it labeled "The Turnbull Reserve." In ecology-conscious New Zealand, you can get a tax break if you dedicate part of your property to forest for wildlife habitat.

Derek Turnbull got out of the fourwheel-vehicle in which he was giving us a tour of his property and unlatched the fence. We drove through and he got out once again to close the fence so no sheep or livestock could follow us. We continued driving along a twisting, dirt road.

"This must be where you do your training," I said to Derek.

Turnbull looked at me with a knowing smile. "I don't train," he said. "I just run."

Whether or not Turnbull trains or merely runs, he is among the world's greatest masters runners. He is the winner of nearly two dozen gold medals at the World Veterans' Championships. In three of those championships (Rome, Melbourne and Eugene), he won six medals each at distances between 800 meters and the marathon. In 1992 after

turning 65, Turnbull broke every world record for flat distance events on the track for those same distances. He also ran a world-best 2:41:47 at the London Marathon that year.

Switch to Multi-Sports

Turnbull has not competed at the World Veterans' Championships since Eugene in 1989, having skipped Turku, Finland; Miyazaki, Japan; and Buffalo, New York. Turnbull claims as one reason the expense (the price of sheep not being what it used to be), but another is that some of his athletic attention recently has been directed toward multi-sport events.

When I visited him this March at his farm near Invercargill toward the bottom of the South Island, Turnbull admitted to having competed the previous evening in a 25-mile bicycle race. There was a road race that evening in

Invercargill. He asked if I wanted to attend. I said no, partly because I was running in the New Zealand Veterans Championships in Dunedin the following evening, but more because I would rather hang around the farm and chat with Derek than compete in a road race. Derek seemed content over my decision.

I was in New Zealand on assignment for Runner's World to do a travel article, which will appear in coming months. My wife Rose and I spent three weeks Down Under, furiously traveling by rental car all over that country that seems small by comparison to neighboring Australia, but covers a distance about the same as from Portland, Oregon to San Diego, California and at about an equivalent latitude.

Rushing from landmark to landmark, Rose and I didn't know if we could find time to visit Derek Turnbull, who lives almost as far south as you can get in New Zealand without swimming toward Antarctica. Roger Robinson, another veteran runner, had given us Derek's address, saying he and his wife Pat ran a bed & breakfast, perhaps more accurately a "farm stay" for tourists. Pressed for time, we hesitated to call. Finally, after a visit to Fiordland National Park, we called Derek's number. He wasn't home, so I left a message on his answering machine.

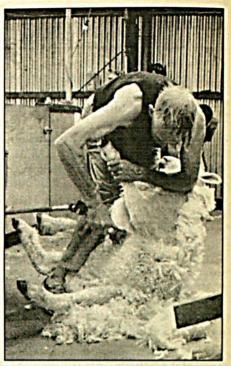
A day later, I called and found Derek home. I asked if he had gotten my message. "Pat's not here," said Derek. "I don't know how to use that machine." He invited us to spend the night, offering directions to his sheep ranch, which was off the main road between Te Anau and Invercargill, just past a spot on the map labeled Tussocks Crossing, more an intersection than a town.

The Wooling Shed

"I'll be in the wooling shed," said Derek.

Turning off the main highway, we arrived at a mailbox with Turnbull's name on it and encountered another vehicle exiting the driveway. It was driven by Derek's son Guy, his partner in the sheep business. Guy indicated that we should follow him to the wooling shed, just passed. The shed was a barnlike building. We entered and encountered Derek standing on a platform shearing a sheep. He wore plain trousers and a short-sleeved black vest that bared his powerful arms. His dress and appearance reminded me of the monster in the old "Frankenstein" movies, except he wore running shoes, a model that appeared to date back to the 1970s. No longer fit for running, they still could be used for shearing sheep.

And shear sheep Derek did. Watching Derek work gave me an insight into what makes him a great runner. Sheep ready to be sheared waited in a holding pen. Derek entered the pen and darted around until he could grab one. He then flipped the 150-pound sheep onto its back and dragged it onto a dock, pinning one of the sheep's forelegs beneath his arm. Despite some bleating, the sheep took this abuse good-naturedly. Derek used



Derek Tumbull shearing sheep in the wooling shed.

wait below before being led back to the fields.

As Rose and I watched, Derek and his son sheared two dozen sheep. Over a period of several days, they would

electric shears to strip the sheep of its

wool, then shoved it down a ramp to

a period of several days, they would shear hundreds – and it appeared to our eyes that Derek worked faster and harder than his son. At the World Veterans' Championships in Melbourne, I had done an interview with Derek about his training for an article that appeared in Runner's World and, later, as a chapter in my book, "Masters Running Guide."

Derek had described his running to me: "I get a long run on Sunday with the boys, a fast-medium run middle of the week, and fiddle around in between." Derek said that running was the easiest thing he did during his day. Seeing how he worked at the age of 70, I wondered how any ordinary mortal, such as myself, whose day was spent staring at a computer, ever could hope to defeat him in a running race.

Different Age Groups

Unfortunately, Derek and I never have competed on the track. His birthday comes a few months after mine, and he is a little less than five years older, so usually he has moved out of the next age group before I have moved in. The one exception was at the World Vets in 1991 at Turku, Finland. I had turned 60 just before that meet and knew Derek Turnbull remained in M60. I entered the 5000 in Turku mainly for the honor of running on the same track with the great Derek Turnbull and finishing (probably) behind him.

Alas for my plans, Derek did not appear. Inquiry on my part suggested he might have been injured. I ran the first five laps of the 5000 as a workout, then dropped out to save myself for the 2000 meter steeplechase, which I later won. As a distance running groupie, I almost would have preferred having

Continued on page 17

Enjoy Training

Name: Derek Turnbull Home: Invercargill, New Zealand Born: December 5, 1926 Occupation: Farmer

Achievement: Won every M60 flat event from 800 meters through the marathon at the VII World Veterans Championships. Earlier in 1987, Turnbull set his all-time personal best time of 2:38:46 at the City of Adelaide (Australia) Festival Marathon. "Nobody else over 60 had broken 2:40 before," says

Turnbull, "so I thought I would give it a go."

Career: Turnbull began running in 1939 at age 13 and has competed continuously since. "I've run with one club all my life," he says. "For years, there was no vets' competition, but I enjoyed running weekends with the boys." The first World Vets occurred in Toronto in 1975. Turnbull failed to attend, but looked at the results and thought, "I can do better than that." He appeared at the second Championships in Gothenburg, Sweden, two years later to win at 1500 meters. His Vets' medal count following the 1989 Championships in Eugene stood at 23 gold and three silver.

Training: "Fitness is half in your mind," says Derek Turnbull. "If you enjoy training, you get results." He claims to eat like a horse, sleep like a dog, and train "when and if I can with no stopwatch, no coach and no special diet."

Turnbull credits his basic strength to the rugged life he leads as owner of a 600-acre farm with 60 breed cows and several thousand ewes. "I'm on my feet all day, lifting, pulling. I never stretch or lift weights. It comes natural."

His training is simple: 'I get a long run on Sunday with the boys, a fast-medium run middle of the week, and fiddle around in between." Sometimes returning from chores, he will jump out of the truck two miles from home and run the remaining distance. Turnbull's long run sometimes stretches to 25 miles. "If I'm running through the bush and climb a hill I've never seen before, that's a bonus."

Advice: "Never give up."
(Reprinted from "The Masters Running Guide," by Hal Higdon, Published in 1990 by National Masters News. The book is temporarily out of print.)

Raschker Smashes Records in Tennessee

by DEAN WATERS

The USATF Tennessee Masters Classic, in its 11th year in Knoxville on May 16-17, provided some extraordinary performances that have become the norm for this meet. Last year, Lawrence Johnson, as a special entrant, broke the U.S. record for the pole vault by clearing 19-7½. This year, by jumping into two races she didn't even intend to run, Phil Raschker obliterated the W50-54 world records for the 80mH and the 100.

Raschker, who was nursing a sore tendon, had not entered either event prior to the start of the meet. Taking advantage of a beautiful, clear morning and a slight tailwind, she entered the hurdles when another hurdler scratched. She then became the first woman over 50 to run under 13 seconds in the 80mH with a 12.90, caught by the timing system at the University of Tennessee's Tom Black track.

Those watching judged this record won't stand for long as Raschker has yet to get her steps down for the distance between the hurdles in the 80mH as compared to the 100mH she had been running prior to turning 50.

Three hours later, she crushed the 100 world record when she ran 12.50, 3/10ths under the listed records, with a 1.6 meter tailwind. She dropped out of three field events she had entered but finished the day with a 2.90 pole vault.

finished the day with a 2.90 pole vault.

The age-graded Nolan Fowler
Weight Pentathlon was won by Ray
Feick, M65, with 4223 points, followed by Pay Carstensen, M65, at
3863.

Local athletes who turned in notable performances included Herbert Collins, M30, 400 (54.75), Scott King, M35, 800 (2:01.13), and Rod Marriott, M75, pentathlon (3601).

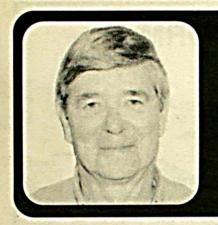
The team title, based on scores by athletes 35-and-older, went to the Knoxville TC (156), with Mjolnir, second (70), and Godiva, third (56)).

As usual, the excellent performance by the Knoxville Officials Association made the meet management a joy. Everything went off on time thanks to Charles Reeves and Rich Jones (timing), Jane Gaby (starter), Herb Robers (clerk), and others too numerous to mention.

The turnout of 120 athletes, averaging nearly three events apiece, led to the award of 180 first, 67 second, and 25 third places. Frugality by the director led to an underestimate of medals, so 32 are on back order and will be sent out as soon as they are received from the vendor.



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The Weight Room

Rankings Toppers and Records Smashers

The 1997 indoor rankings in this issue and the recent publication of Pete Mundle's "Masters Age Records" should keep statistics buffs off the street for awhile. In the indoor rankings, any masters shot putter who can retain a numero uno spot in one's division from one year to the next is a rarity - what with throwers coming into and moving out of divisions, athletes dropping out with injuries and dropping in after recovery, plus having the opportunity to throw in an indoor meet without traveling across the country, and finally having their marks listed or reported for rankings purposes.

Only three throwers maintained their 1996 division top standings in the 1997 lists: M45 Craig Schumaker, who bettered his reported 44-71/2 in 1996 with a 46-111/2 in 1997; M55 Carl Wallin, who dropped from 50-0 with the 6kg to 47-71/4 but still held on to first; and W60 Mary Roman, who slipped a little from 29-41/2 with the 3kg to 28-11.

Spectators at an indoor masters meet are usually seated closer to the

throwers than they are at an outdoor meet. At Boston this year, a really rabid fan could stand safely behind a screen about three yards from the ring. Some individual throwers have their own cliques and groupies, but if you want to be up close and personal with one group of shot putters who are fun to watch, I'd like to suggest the M50-54 bunch, headed by Clay Larson, Lad Pataki, and Tom Gage, 1-2-3 in the

Larson didn't make it to Boston, but I saw all three in action in the Reno meet in February, where Larson won, heaving the 6kg 52-8. The electricity hangs in the air when these guys go up against each other. Former Olympian Gage is, of course, a premier hammer and weight man, but his competitive juices still run hot in the shot.

Gage heads the 1997 M50-54 indoor weight list at 54-4 with the 35lb., far outdistancing his competitors, including Pataki. Others with big marks are Ken Jansson, M35, 64-21/4, 35-lb.; Stew Thomson, M65, 56-7¹/₂, 25-lb.; Joan Stratton, W45, 39-11¹/₂, 20-lb.; and Vanessa Hilliard, W55, 49-21/2, 16-lb.

The most striking throws performance in the lists is the 68-41/4 toss by Yuriy Syedikh, 41, of the Ukraine, who threw the 35-lb. in the Dartmouth Relays early in the year. Syedikh is a former USSR Olympian and record holder in the hammer, who has been living in the U.S., giving clinics and coaching under the aegis of Ken Jansson. The last masters thrower in that range was Ed Burke, who peaked at age 43 in 1984 with a 73-103/4.

Pete's Sheets

I got Burke's marks from Pete Mundle's compilation of world and U.S. single-age records, which, to resort to an old saw, is full of characters but thin on plot. It also contains one of the best typos of the year: the 3 gram women's hammer throw on p.41. However, having just discovered at least two glaring omissions in the indoor rankings, I can sympathize with Mundle.

I'm always curious when I look through the book as to why many younger age marks are worse than older age marks. As an example, Gordon Nordgren holds the age-70 WR for the 800g javelin at 34.16/112-1, set in 1989. In 1990, Manuel White set a record of 36.90/121-1 with the 800g for age 74. Why didn't Manuel set a record when he was 70? Sore arm? No forms to fill out? Illegal

implement? Training for the age-74 record? Preoccupied with silly things like work?

In the 20-lb. weight list on p.43, Vanessa Hilliard's age-54 WR of 13.60/44-71/2 is better than all of the previous marks, including her own, for ages 35 and up; the same pattern is true for her in the 16-lb.

It's a kind of history of the progress that women throwers have made and also a capsule view of Hilliard's remarkable improvement in training

and technique, I suppose.

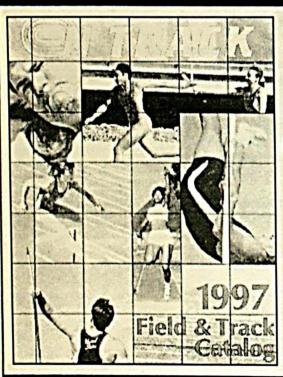
Although Mundle admits in the preface that single-age records are not scrutinized as carefully as the agegroup records, they do require some paperwork with officials' signatures, proof of age, etc. In addition, you'll have to find officials willing to hold up the meet while they re-measure the mark, re-weigh the implement, and such. Most officials are pretty cooperative with this, as long as you don't become a pain in the tochus about it. If they start screaming for the metal tape, as happens in too many meets I've attended, you'll not endear yourself to your throwing companions either because you'll be blamed instead of the too-cheap-to-buy-a-couple-ofmetal-tapes meet director for holding things up.

Record applications were published in the May issue, and a thoughtful meet director will have some on hand. Many world and U.S. single-age records, especially the women's, are vacant or weak, so there are opportunities to add your name (if only for a year or so) to the dramatis personae in Mundle's best seller.

TEN YEARS AGO June, 1987

- Web Loudat Wins Bud Light Legends Mile in 4:20.89
- Priscilla Welch, 42, Sets Masters Women's World Record of 2:26:51 in London Marathon
- England's Dave Clark (43, 2:21:37) and Sweden's Evy Palm (45, 2:36:24) Take Top Masters Prizes in **Boston Marathon**
- Paul Bruvik (44, 1:24:21)
 and Judy Kewley (42, 1:36:00)
 Score Masters Triumphs in Las Vegas Half-Marathon





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Ruth Welding, 41, Indiana, in the weight throw, 1997 Indoor Championships, Boston. Photo by Suzy Hess



Speaker's Corner

by HANK NOTTINGHAM

Rescind the No False Start Rule

A committee has been formed by Louise Mead Tricard and myself to rescind the masters no false start rule and return it to the original rule (one warning, then elimination), which governs all non-masters USATF athletes and masters athletes worldwide.

This rule has never been well received by the majority of the athletes and was originally passed against the wishes of 80-90% of the sprinters nationwide. (I was at the convention and saw how it was "railroaded" through by a few people in positions of power and influence.)

Within everyone who has ever been disqualified by this unnecessary rule, and all the other athletes who have to go "passive" at the start for fear of false starting and then get a poor start (for them), there smolders a burning resentment. Some of us won't compete where the current rule is used - we refuse to be abused this way and it is

However, there seemed nowhere to turn since the small group of people who controlled masters track and field for a number of years refused any consideration of what the vast majority of sprinters really wanted.

Grass Roots Movement

Now, however, there is someone to join with - the "Committee to Rescind the No False Start Rule." This is starting as a grass roots movement, through the petitions of individual athletes and will grow into other areas as well. Our goal is to have 1000 petitions to present at the convention in 1998 in Orlando, Florida when it comes up for a vote. The input of each and every masters sprinter/hurdler (and other athletes and officials) will count this time. We will be utilizing all avenues available to us and have confidence that the rule change will be on the bal-

There are many arguments against the no false start rule and few for it, especially for seniors.

Masters compete entirely on their own and to put someone out of a race who spent up to 3-5 days and \$500-\$1000 dollars of their own money, for such a minor offense, is beyond any comprehension of fairness and common sense.

Most masters athletes (generally) train alone and have no one to give them practice starts (and false starts). Thus, they are not as well prepared for starting line dynamics (both the physical and psychological) as they might be otherwise.

By the Rules

The majority of false starts are caused by starters, not sprinters (see article on "Seed Starting" in NMN, November 1987, p.5). When starters start the race correctly, according to the written rules (which most do not, unfortunately) there are very few false starts. I am a starter, as well as a sprinter. At our local senior games, as starter (and also meet director), I had a "NO" disqualification rule for false starts. In four races (50, 100, 200, 400) there were three false starts. Three out of 90 "possibles" is hardly a problem I would say.

The current rule penalizes U.S. athletes unnecessarily in international and world competition, since most of them will have developed "passive" starts (for fear of false starting) while the rest of the world has more "active" starts.

It alters the outcome of the race in other ways (in addition to "passive" starts giving poor starters an unfair advantage):

 Starters (who care about the athletes) will often let false starts "go" rather than call them.

 Caring starters will sometimes fire the gun too quickly (before the athletes are ready) in order to prevent false starts.

Faulty Reasoning

Only two reasons are generally put forth "for" the NFS Rule, both lacking validity when examined more closely.

1) Anyone who false starts is automatically "cheating." This is totally without merit. First of all, there is nothing in the written rules (national and international) that states you can't "guess"; and anything not prohibited is obviously legal (advisable - no, most people guess wrong; but legal - yes). So how can you "cheat" a rule that doesn't even exist? Secondly, false starts occur for many reasons other than "guessing." Other, secondary reasons, are excess nervousness, various distractions, lapse of concentration, uncomfortable starting position, etc.

2) Sprinters are the cause of all meet "delays." This is absurd. Many factors can cause a meet to be delayed. Administrators (poor planning of the meet) and officials (poor conduct of the meet) cause/create many delays. Also, distance races can take longer than expected. One sprinter who responded to our petition commented, "The meet was already an hour behind when it got to my race." The throws

and jumps can also cause a meet to be delayed, depending on the structure of the meet. Let's not blame the sprinter entirely for something they are only a fractional part of.

Under the regular false start rule (warning, then disqualification), when an athlete false starts and has to go "passive" (for fear of false starting again), this alone is a very heavy penalty/handicap.

Fear vs. Fun

One last comment - what about fun? Where is the "fun" in getting DQ'ed for one false start (especially when it may be the starter's fault)? In the 1997 Indoor Nationals in Boston, there were eight false starts in the men's 60m. Was it fun for them (one was 70 years old, one came all the way from California, another from Georgia)? Were they all "cheaters" (who must be severely "punished")? I think not. Perhaps it was the starter's fault (most starters in the US do it incorrectly); maybe they were just nervous, distracted, etc. Let's remove the fear and put the fun back in, and give our athletes a second chance like the rest of the world does.

A petition is published on this page. Additionally, if you want to actively assist in the campaign, by taking petitions to meets and soliciting signatures, let us know and we will send you the forms. Address all correspondence to: Committee to Rescind the NFS Rule, 290 Marco Way, N., Satellite Beach, Florida, 32937. □



Barbara Zamparelli, 67, winner of the W65 race Las Vegas Marathon, in 4:44:06.

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Petition No False Start Rule

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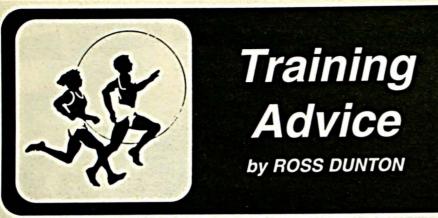
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Putting vs Throwing the Shot

Ou throw a baseball. You throw a football. You may even throw the bull. But, if you are doing it properly, you do not throw the shot, you put it.

In throwing a ball, the thumb on the throwing hand is pointed upward and the elbow is pointed down. When "putting" the shot, the thumb is pointed down, and the elbow is pointed up. The motion is started with the shot nested at the neck on the underside of the chin. The ball should rest on the pads of the fingers and thumb, not in the palm. The thumb is pointed down. From this position, the elbow is unhinged and the hand and lower arm are thrust forward at an angle of approximately 45 degrees. The hand is not pulled out sideways away from the neck. The hand moves straight ahead with no rotation of the hand or arm. At the completion of the "put," the thumb is still pointed down and the elbow up.

Proper Form

I recently videotaped some of the shot putters at a masters meet. I reviewed the tape frame-by-frame in slow motion. Almost all of the competitors finished the put with their thumbs pointed either sideways or up. As they started their arm action, they were pulling the hand sideways out from the neck and getting the arm into a throwing position. They were throwing the shot.

Whether gliding or rotating, it is imperative that the transition from the

power position to the delivery be properly implemented. When arriving at the stop-board, the chin, knee and toe of the rear foot need to be in alignment, with the body weight mainly over the rear foot. If the shot were allowed to drop at this point, it would land slightly behind the rear foot.

Next, the body turn starts at the hip. As the hips are turned, the body weight is transferred from the rear foot to the forward foot. Then the shoulders and face are turned to the front of the ring as the body straightens up and the head faces high. The shoulders should become square to the throwing area and the arm extended at approximately 45 degrees as the power is transferred from the lower body to the upper body. As the fingers are opened to release the shot, the wrist is flexed with a flicking motion to impart a last bit of speed to the ball.

Early Errors

I have found while coaching young high school shot putters that one of the most commonly made errors is that they get too low in the ring. They have not yet developed the necessary leg strength to successfully complete the transition to the upright position. As a result, they often straighten up and then rotate the hips through the power

position, rather than performing it as an integrated movement. They stand up then they put. I have observed this to a limited extent in masters shot putters.

There was an article in the Summer 1995 issue of Track Coach relative to the comparison of rotational and glide technique in the shot put. The information had originated in The Thrower, which is published in England. The concluding paragraph reads: "Top level rotational athletes generate greater angular velocity of hips and shoulders than O'Brien technique users and use their legs more effectively to provide significantly increased vertical velocity of the center of gravity. Consequently, only athletes who are capable of capitalizing on these factors will benefit from an adoption of the rotational technique." This was concluded after a computerized analysis of three-dimensional data obtained at major competitions. If you don't have great leg, hip and shoulder strength, you probably should not be rotating.

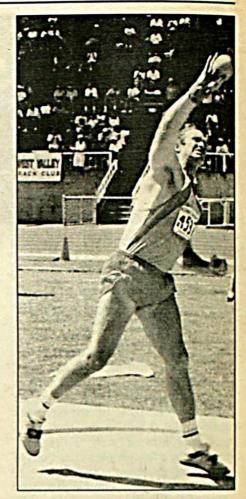
Continuous Motion

The basic, simple fundamental is that the higher the speed of the shot when released from the hand, the farther it will go. All effort must be directed at having the hand reach maximum velocity at time of release. The only reason to spin or glide is to speed up the arm and the hand. If there is any slowdown or pause during the motion, then all action prior to that point is negated. The motion must be smooth, continuous and with ever-increasing velocity.

All of the muscles which contribute to the put must reach maximum veloc-



Rex Harvey, M50, and Everett Hosack, M95, at the Indoor Heptathlon Championships, April 5-6, Hillside, III. Photo by Karen Huff



Guest competitor John Solms, M50, South Africa, 1996 NCCWAVA Regional Championships, Eugene, Ore. Photo by Jerry Wojcik

ity at release. The larger, stronger muscles are slower in reaching maximum velocity. The leg muscles are the largest and strongest, so the longer they are pushing against the ring surface, the better chance they have of reaching maximum velocity.

Putting the shot is a skill event, not a strength event. The person with the best form usually wins. Yes, you do need some strength, but you must spend a lot of time working on technique if you want to become a top level competitor.

Nationals Preview

Continued from page 1

ing fun and taking part.

All the action will be staged at San Jose City College. A free shuttle will be provided to and from the college, the dorms and the Hyatt San Jose throughout the Championships.

A post-meet barbecue, open to all athletes and their guests, will be held at the end of competition on Sat. Aug. 9 at San Jose City College. There will be a special guest speaker.

Official airlines American and Reno Air and official car rental agency Budget Rent-a-Car are offering discounts for all masters participants and spectators.

San Jose is a 30-minute drive from San Francisco and a three-hour drive from Yosemite National Park, one of the most beautiful and spectacular places on earth. Yosemite is not to be missed if you have an extra day or two after the meet. $\Box - Al$ Sheahen

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Age Grading

What Are Age-Graded Tables?

ge-graded tables are a series of "age factors" and "age standards" which can be used to compare performances at different ages in track and field, long distance running, and racewalking events.

Age-graded tables show how much a typical person's athletic performance improves during youth and declines during aging. The performances vary by event.

In the Age-Graded Tables book, factors and standards are published for both sexes for each age from 8 to 100 for the common track and field, long distance running, and racewalking events.

What's the Purpose of Age-**Graded Tables?**

The purpose of age-graded tables is twofold:

1) To correct a person's performance, no matter what his/her age, to what it would have been (or will be) in their prime years. By so doing, all kinds of interesting comparisons can be made. You can compare back to your best performances. You can compare your performances to other people of any age, such as open-class athletes, etc.

2) To provide each individual with a percentage value which enables them to judge their performance in any event without bias to age or sex. No matter how old one gets, this performance percentage will always be judged against the standard for one's age. As your performances decline with age, so do the world standards that the tables use to calculate your percentage, giving a true measure of your performance.

The standards correspond approximately to world-record marks for a person of that age and sex in that event.

Achievement Levels

100% = Approximate World-Record Level

Over 90% = World Class Over 80% = National Class

Over 70% = Regional Class

Over 60% = Local Class

What are the Advantages of Age-**Graded Tables?**

Age-graded tables can be used to:

- 1) Keep track of your progress over the years.
- 2) Compare your own performance in a given event.
- 3) Compare your own performance in different events.
- 4) Compare your progress in the current year.
- 5) Set goals for the current year and
- future years. 6) Compare back to your best-ever

performance.

7) Compare your performance to people of any age.

8) Estimate your performance in new events.

9) Compare performances of older and younger individuals in the same or different events.

10) Select the best performance in an event among all age groups.

11) Select the best overall performance in a meet or race.

12) Select outstanding athletes.

13) Give recognition to good performances in the younger and older age groups.

14) Enable athletes at the upper end of their age groups to compete on an equal level with those at the lower end of their age groups.

15) Make the competition more interesting and exciting.

16) Make awards more meaningful. 17) Establish medal standards.

18) Score multi-events (decathlon, pentathlon, etc.) using standard IAAF scoring tables.

Who Compiled the Tables?

The tables were researched and compiled by the World Association of Veteran Athletes (WAVA), the world governing body for masters (veterans) track and field, long distance running, and racewalking.

HOW IT WORKS

Example 1: A woman of 53 runs 10K in 45:18.

The 10K factor for women age 53 is .8545. We multiply 45:18 (or 2718 seconds) by .8545 = 38:43 as her agegraded time.

The 10K standard for women age 53 is 35:01. We divide 35:01 (2101 seconds) by 45:18 (2718 seconds) and get 77.3% as her age-graded performance.

Example 2: A man of 40 runs 100 meters in 12.07 seconds.

The 100m factor for men age 40 is .9542. We multiply 12.07 by .9542 = 11.52 as his age-graded time.

The 100m standard for men age 40 is 10.33. We divide 10.33 by 12.07 and get 85.6% as his age-graded perfor-

For a copy of the 60-page Age-Graded Tables Book, with factors and standards from age 8 to 100, send \$7.25 to: National Masters News, PO Box 50098, Eugene OR 97405.

On The Run

Continued from page 12

been beaten by The Legend, Derek Turnbull. Derek said he hopes to compete this summer in Durban, South Africa, but we are back in separate age groups. Maybe by the year 2001, I'll get a chance to lose honorably to him.

Derek's sheep farm seemed like a scene out of "Far From The Madding Crowd," the novel by Thomas Hardy, but we could stay only one night. We noticed the names of several familiar runners in the guest book, including Gordon Bakoulis, now editor of Running Times. In the morning, Rose and I headed to Dunedin where I ran unplaced in the New Zealand championships. Derek had invited me to shear one of the sheep. Perhaps if I had sheared a few more, I would have gotten in better shape.

After we got home, Rose and I compared notes and decided that the high point of our three weeks in New Zealand was our visit to the home of Derek Turnbull.

(Hal Higdon is a Senior Writer for

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ith the WAVA World Championships almost upon us, we are updating our web site. For the latest information, access https://www.wava.org.za/. Confirmation of entry has been sent to all participants.

On the sponsorship side, Telkom Communications, Avis Car Rental, MTN Cellular Coms, Synery Drinks, Panasonic Business Machines, Southern Suns Hotels, Resorts, Condominiums International, and South Africa Airlines are on the list. There are still two others waiting in the wings.

Television coverage on our national broadcasting network has been negotiated. We will have 287 minutes of TV beamed into thousands of South African homes – at least 150 minutes will be live action. International TV coverage is also in the negotiation process.

Increased Staff

On the administration side, the office staff has increased dramatically from four to 18 within the last month. We now have four working shifts: morning, afternoon, evening, and all day. The noise level has increased and the telephones and fax machines never seem to stop ringing or spewing out

paper. The spirit in the office is buoyant and there is a sense of excited anticipation.

For those traveling to South Africa, SAA has been requested to make sure there are enough connecting flights out of Johannesburg to Durban, and to try and avoid long layovers for inbound passengers. We will also have good signage at the airports together with a meet-and-greet service and bus transportation.

Telkom, the communications company, will make phone cards available for sale in different denominations (R10, R20, etc.) More public telephones are being added to enable everyone to keep in touch with home.

Some homework you can do before leaving home for Durban is to work out the best time to phone home. The best rates for international calls is during the period 7 p.m. to 7 a.m. on week days and 7 p.m. Friday to 7 a.m. on Monday.



John Visser (I) and Aaron Gumbi in the M50 5000, South Africa Veterans Championships, Durban, May 2-3.

Photo by Leo Benning

Car Rentals

Avis is offering special discounted car rental rates to competitors. An inexpensive car will cost R80 (US\$18) per day and R.81 (US19¢) per kilometer or, for five days or more, R147 (US\$33) per day with 200km free per day. These prices include VAT (value added tax), but exclude insurance, fuel, etc. Avis will have a rental desk at registration or you can book in advance quoting the code (6F/6G).

MTN Cellular will have cell phones for hire during the event.

Tours

Our tour operator, together with many of the other local and national tour operators, has put together an exciting package of tours showcasing the best of what we have to offer. By booking through the central reservations, you will be assured of excellent service, the best prices, and great memories.

The full list of tours will appear both on our web site as well as in booklet form at registration. A central booking site will be in the Championship Village. However, here is a small preview of what will be on offer:

1) Township Tour (Kwa-Muhle museum) to understand the history of apartheid.

2) Township of Clermont. View the informal settlements, visit one of the largest hostels, gaining a full picture of the traditions, lifestyle and history of the larger population of South Africa. Duration 3 hrs. Price R130 (US\$30).

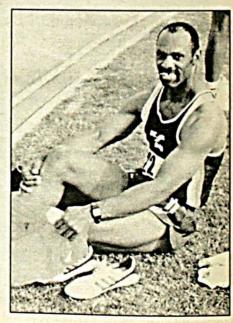
3) Half-Day Valley of 1000 Hills: Beachfront, City Centre, Westville and Kloof to Valley of a 1000 Hills and view sites. Crocodile and Snake Park, PheZulu. Enjoy the Zulu Village with tribal dancing and witch doctors. Duration 3 hrs. Price R120 (US\$27).

4) Hluhluwe/Umfolozi Game Reserve Tour: North Coast Sugar Belt region through Zululand to Hluhluwe, home of the Big 5. Lunch at Hilltop and a full day viewing game. Duration 12 hours. Price R485 (US\$109) including lunch.

5) Wild Coast: Travel along the scenic south coast into Transkei. Enjoy the day at the Wild Coast Sun and Casino. Duration 11 hours. Price R80 (US\$18), lunch not included.

6) Drakensburg/Sani Pass/Lesotho: Pietermaritzburg route, through midlands. Scenic views. Transfer 4x4 to the Sani Pass into the Kingdom of Lesotho. Dinner and overnight at local resort. Day 2: Breakfast. Morning spent at leisure to enjoy horse riding, hiking, golf and many other activities. After lunch return to Durban via the Valley of a Thousand Hills. Duration 1 night and 2 days (weather permitting and availability of accommodations). Passports required. Cost R1500 (US\$340).

To those who will be competing, we hope your training is on schedule and we look forward to welcoming you to Durban.



Collin Makhubela, M45, winner of the 200 and 400, South Africa Veterans Championships, Durban, May 2-3.

Photo by Leo Benning

Argentina AUS Australia 147 37 HRI Mauritius 60 38 HEX Mexico 26 3 AUT Austria BAR Barbados 19 MAR Belgium 5 BEL MAN GA Namibia 20 6 BOT 41 NED 27 Netherlands 7 BRA Braz11 42 NZL 70 New Zealand 43 NOR 49 Norway 9 CHI Chile 44 CHN China Chinese Taipei 45 PAK Pakistan 46 PAN II COL Colombia 39 Panama 47 PER 12 CRO Croatia Czech Republic 48 POL Poland Portugal 14 DEN Denmark Dominican Republic 50 PUR Puerto Rico 51 ROM Romania 16 EST 52 RUS Russia 17 FIN Finland 53 SIN Singapore France 105 Slovenia Cermany 19 CER 55 RSA South Africa 2250 20 CBR Creat Britain 223 56 ESP Spain 29 21 GRE 35 57 SRI Sri Lanka 10 Guyana Ilong Kong 22 CUY 58 SWE Sweden 23 HKG 59 SUI Switzerland 48 24 IILN Hungary 60 THA Thailand 25 ISL Iceland Trinidad & Tobago 61 TRI 26 IND India 62 TUR Turkey 16 Indonesia 63 UKR Ukraine 28 IRL Ireland 64 USA USA Israel 65 URU Uruguay 30 ITA Italy 66 VEN Venezuela 31 CIV Ivory Coast Yugoslavia Japan 68 ZAM Zambia 33 LAT Latvia 13 69 ZIM Zimbabwe 58 Lebanon Lithuania 20 TOTAL. *Totals are approximate

XII WAVA CHAMPIONSHIPS PARTICIPANTS BY NATION

U.S. MASTERS TRACK & FIELD RANKINGS

Coordinated by Jerry Wojcik, T&F Rankings Coordinator

1997 Indoor 55	M
Compiled by Larry	Patz
M30	

MJO
DAVID BARMER
GERALD OMENS
CHARLES JAMES
COURTNEY HANNIFORD
MITCHELL LOVETT
SCOTT THOMS
CHRIS MOLE
SHAWN RICHARDS
STEVE GORRIARAN
ANDREW JOHNSON
RICHARD BRAON
RICHARD BRAON
RICHARD BRAON
RICHARD BRAON
EVANS BONNORME
ANDREW JOHNSON
EVANS BONNORME
ANDREW GAMBLE
MANUEL CHINCHILLA
RICK LEVESQUE
ERIC GOODLOM
DENNIS LOFTON
MIKE GEMDRAU
KEVIN PARKER
DARRYL JUNGE
SCOTT STOME
PARTICK SHITM
MJS

MUSS WASHINGTON WISS WARREN WASHINGTON WASHINGT WASHINGTON WASHING

MALIK SAMAHUDDIN
DAVID FRIEDMAN
MSO
TOM BASSETT
THADDEUS MORRIS
ROM JOINSON
TIM BUTTS
ROGER PIERCE
GARY GEIGER
PARA WIGHER
BUTTS
GOGER PIERCE
GARY GEIGER
BUTTS
GOGER PIERCE
GARY GEIGER
ROGER JORNSON
DENNIS NEWTON
PAUL STEMONS
ROBERT LLOYD
CHARLE BARNHART
RICHAD SEALEY
MICHAEL AUGERI
FRANK MUSIEK
BALPH WALLACE
ROBERT LLOYD
CHARLE BARNHART
RICHADS
JEROME BELINSON
FRANK BONHAM
KEN MOSES
CLIFTON MANUEL
MARREL
LESTER MRIGHT JR
DENNY HARREL
LESTER MRIGHT JR
DELARY KOKINDA
MSS
T SHELDON
T SHELDON
T SHELDON

LARRY KOKINDA

HSS ELON
TONELLON
TONELLON
TONELLON
ROOSEVELT MEAVER
EDWIN TAFT
RON KIRKPATRICK
GENE BALLARD
GEORGE LABELLE
TOM FONDY
DOWALD AMERY
PHILIP BYENE
BRUCE MILLS
LARRY CARTER
MICHAEL MURPHY
JACK BRUNNER
AL MATHELS
JOHN MHELAN
BOB O'BRIEN
GOBERT SUNKE
PRESS RILEY
ED MELIAPILLE
PHIL FRANCIS
FRENCHMERER
PHIL FRANCIS
PHIL FRANCIS
PHIL FRANCIS
PHIL FRANCIS
PHIL FRANCIS
PHIL FRANCIS

M60
LARRY COLBERT
JOSEPH MEMLER
ALAM SREVIK
BILL MRICHET
BILL MRICHET
CHARLES RICHARD
PETE STOPOULOS
RICHARD RIZZO
ANDREM BRANCH
DICK CAMP
DON BECK
LEON TROUT
CLEON TROUT
CLE 7.51 7.5h 7.5h 7.5h 7.769 7.71 7.81 7.89 7.79h 8.25 8.45 8.45 8.45 8.5h 8.74 8.85 8.74 8.85

MSS BROWN
HARY BROWN
HARY BROWN
JALL STOOMEY
JALL VENTURA
JALL STOOMEY
JALL NELVILLE
RICHARD
L SANDERSON
EDWARD COX
CLARENCE TRINGTER
JACK LANCE
JACK PRITCHARD
WILLIAM SIMMONS
TOM RICE
JACK LANCE
GIORGIO CHIAVELLI
COMALES SOCIOR
SAN TATLOR
SAN TATLOR
SILL TOWNSEND
JELL TOWNSEND
JELL TOWNSEND
JELL TOWNSEND
JERARD HARGIS
ROSS MITCHELL
HOMARD MACHILLAN
BILL CATER
WILLIAM DAPRANO
OSCAR HARRIS
ROBERT MYLOR
JACK HIPPLE
ROBERT WINGO
FRANK BRARO
JACK HIPPLE
ROBERT WINGO
FRANK BRARO
JACK HIPPLE
SAN HARRIS
SAN HARDIS
SAN HARRIS
SAN

CAN

7.8h 8.0h 8.3h 8.52 8.6h 8.76 8.95 8.95 8.95 8.95 9.19 9.19 9.11

8.27 8.57 8.65 8.6h 9.10 9.7h 9.95 9.95 9.96 10.00

GEORGE HORNER
M75
TIM MURPHY
JOHN DAVISON
TO KENNELL
JIM AND SON
TIM BALZ
RUSSELL MORE
BOB WARNICK SR
ROSCOE BROWN
HOUSTON BRUMIT
MEL BUSCHOMN
ANGELO OLIVER
M80 M80 CHAMPION GOLDY ROBERT SORLIEN KEN BLLIOTT MEL FLACHS ED ANDRYSIAK

9.3h 10.42 10.52 11.29 13.90 M85 MANFRED D'ELIA 11.76 M90 EVERETT HOSACK 16.44 EVERETT HOSACK
M30
ANNE JENNINGS
SOPHIA SKEPPARD
ALTHEA MORRIS
LINDA CARTY
SHERRI GARBOWSKI
DENISE JONES
KAREN PYLE
SHEMAYWE WILLIAMS
IRIS LEAK
B PARRISH-HAKIM
DEBORAM GOETTEL
W35 7.53 7.59 7.78 7.94 7.95 8.2h 8.3h 8.47 8.6h 8.77

WISE CLARK
CATHY MCKEEVER
EDNA CRAWLEY
PATRICIA FINLEY
IDA JAMES 8.03 8.6h 8.7h 8.85 9.24 IDA JAMES

WAO
IRENE THOMPSON
CHERYL ALSTON
CAROLE SOLOHON
TERESA DROTAR
MARILYN O'CONNOR
MARITHA LUTZ
REMEE DIGIACOMO
JAN BRANKIN 7.4h 7.7h 8.16 8.36 8.60 8.6h 8.94 9.41

W45
KATHY CIRINA
KATHY GRINA-CORSIVO
SANDY MARYOTT
PHYLLIS MOTEN
KATHY NARY
RUTH MORSE
SHIRLEY MORTON 8.6h 8.7h 9.4h 9.87 MSO NADINE LOWENSTEIN PENNY DANIELSON NINA BRYANT MARLENE SACHS MARY ROBINSON NORMA JONES MARY ROMAN 8.31 8.8h 8.93 8.95 9.20 9.28 10.17 JUTTA RIEGEL JUDY SCOTT 9.54 11.7h

JUDY SCOTT

M60
BARBARA JORDAN
AUDREY LARY
MAUREN MURPHY
FLO MEILER
PHYLLIS BRADLEY
JEAN COBB
BETTY EISEMHOUER
JOYCE FRANKS
JANET AMERY
M MORRIS 9.16 9.3h 9.62 10.11 10.4h 10.57 11.30 11.46 11.8h W65 JEANNINE CASEY MARY HOLLAND WILLIE GATZA 10.10 W75 DIANE PRIEDMAN 11.53

1997 Indoor 60M Compiled by Larry Patz

MJO SHAMN RICHARDS
ROY BIRCH
JOHN POOGI
KRIS WOLF RAY
RODNEY YARY
COMEY YARY
ANDREW GAMBLE
DERICK WICKLIFFE 7.22 7.30 7.35 7.45 7.57 7.64 7.65 7.66 7.88 8.01 M35
MITCHELL LOVETT
EUGENE VICKERS
DEREK HOLLOWAY
NOAH LEVINGSTON

VAL BARNWELL
MATT GODBOLT
MICHAEL POCKERIN
KEVIN CRAHFORD
BEN ROSALES
MARKEN MASHINGTON
KELLY ATKINSON
JOHNNY POSEY
SCOTT SCHOERS
GREGORY FONT
SAM COLLINS
AL CHANGLE
AL CHANGLE
DAY LIANGLE
LANGULFI
DAYE LIANGLE
TIMOTHY MCDAHON
RICK CHOPPA
DOUG DITCHFIELD
M40

MAO
BEN JAMES
MEAL MCINTYRE
STACEY PRICE
ROBERT BONES
MEAL MCINTYRE
STACEY PRICE
ROBERT BONES
MUSERT EVANS
ROBERT PARIZO
STEPHEN COEMEN
MIKE SKOFLANC
MAYNE FISHER
SHERNAN WEATHERS POON
AUDEEN HEM
FRED JAMES
KEN DROLLINGER
KENNETH BAUERSFELD
GARY HERALINGER
MASS

GARY HERELINGER

M45
BILL COLLINS
BILL COLLINS
GUALES ALLIE
JUNE
STAN DRUCKEY
HERERT HENRY
PERSHING REID
MILLIAM MATHIS
JIMHE JONES III
ANTHONY SANTOS
RILEY MCHUGH
JAMES DOLEZELICKI
ROGER REMELL
THERRY BOUCCURY
JEFF EVANCELISTI
ROBERT HAND
MARK GALOVIC
JAMES MANOR
CURTIS BALDVIN
MICHAEL POTSAID
M50

MICHAEL POTSAID

M50
STANLEY WHITLEY
JOSEPH JOHNSON
RON JOHNSON
ROGER PIERCE
JOHN BATTAGLIA
THADDEUS BELL
ROBERT LLOYD
DENNIS NEWTON
RICHAEL AUGERI
DAN DURANTE
SHERIDON GROVES
JEROME BELLINGON
LLOYD HATHCOCK
LINCOLM RUSSIN
DALE HODGES
JOHN JOHNSONS
REN MOSES
DAN HANSIAN
BILL HENDRICKS
ROBERT MURRELL
BILL PROBST
JIM BURROUS
JIM BURROUS
JIM BURROUS
HSS

PRANK STOPKO
MGO
LARRY COLBERT
DICK RICHARDS
BILL WRIGHTON
ADSEPH HOWLER
ALAN REFVIK
DICK CAMP
BOB GOLLY
ALEXANDER JOHNSON
DON BECK
K M THOMAS
HONDELL ROCKES
EARL MEGE
MICHAEL PATTERSON
JOE SHANDAN
WILLIAM HUPHAGEL
RUDY MORALES
JIM MAYSLETT 7.97 8.01 8.125 8.28 8.36 8.39 8.407 8.57 8.651 8.819 9.25 9.53 10.26 10.66

NOTO THE STATE OF 8.61 9.05 9.09 9.49 9.54 9.57 9.64 9.80 10.49

MTS
TIN MURPHY
MILTON SILVERSTEIN
TOM PATSALIS
EDMAAD MATTHEWS JR
MEL BUSCHOAN
ARMONDO RICCIARDI
ANGELO OLIVER
ART HOLLAND M80 CLARENCE TRAHAN ROBERT SORLIEN ED ANDRYSIAK M85 MANFRED D'ELIA 12.78 7.88 M95
8.01 EVERETT HOSACK
W30
6.99 RETA ROBINSON
6.99 DENISE JONES
7.02 SHEMAYNE WILLIAMS
7.05 LISA JARAMILLO 16.96 8.99 9.12 9.29 10.17

M35 A J NEALY SHELLIE BANKS EDITH MOURTOS IDA JAMES IDA JAMES
W40
DENISE POREMAN
CINDY STEENBERGEN
SIRENE THOMPSON
DENISE MCFIELD
JACQUELINE BOARD
CHERYL ALSTON
DONNA GREENPOPE
CAROLE SOLOMON
JULIA SWEET W45
CASSANDRA CLARK
TEDDIE BELL
JANE HIGGINS
KATHY NARY
DEBBIE WYETH WSO
PHIL RASCHKER
ARDIENETTE TUCKER
MARLENE SACHS
NINA BRYANT
NORMA JONES
DARLENE RHODES W55 ADLIN MAIR JUTTA RIEGEL JUTTA RIEGEL
W60
CHRISTEL MILLER
BARBARA JORDAN
AUDREY LARY
MAUREEN MURPHY
ANNE YUDELL
FEI-MEI CHOU
PHYLLIS BRADLEY W65 NIKKI RYAN S ONODERA-LEONARD JEANNINE CASEY W70 PATRICIA PETERSON MARY HOLLAND JOHNNYE VALIEN

1997 Indoor 200M Compiled by Larry Patz

Compiled by Larry

MJ0
DAVID BARMER
COURTNEY HANNIFORD
DOUG DICKINSON
TRACY FOX
MITCHELL LOVETT
JOHN POOGI
STEVEN OF REAL PROOF THE POOR TRACE
ROHAN ELLESTON
CHARLES JAMES
KRIS HOLF
PAT SWIFT
ROY BIRCH
VINCE BOCOMAN
VINCE BOCOMAN
LITTER OF BENCIVENING
ETTER OF BENCIVENING
ETTER OF BENCIVENING
CHARLIE KNIGHT
JOSEPH BENCIVENING
CHARLIE KNIGHT
VARIANDOR SUTON
DAKE FOR THE POOR
PATRICK SMITH
BRIAN HENKEL
KEVIN PARKER
JOHN GOETZ
MJ5
MITCHELL LOVETT

BRIAM HENNEL 28.40
BRIAM HENNEL 28.40
JOHN GOETZ 29.52
MITCHELL LOVETT 22.47
DEREK HOLLOWAY 22.49
EUGENE VICKERS 22.66
MARKEN MASHINGTON 21.26
MARKEN MASHINGTON 21.30
TYRONE GUIDEN 21.31
MICHAEL PUCKERIN 21.54
VAL BANMWELL 21.55
BEN ROSALES 21.91
ANTHONY KRAINIK 24.09
KINLEY HILL 24.11
KEN ELLIS 24.55
ANDRE JORDAM 24.70
BEN THOMSY FAMILY 24.70
BEN THOMSY FAMILY 24.70
BEN THOMSY FAMILY 24.70
BEN THOMSY FAMILY 24.70
BEN THOMSY SAMINE 24.70
BEN THOMSY FAMILY 25.71
MUCHES 25.61
HILLOYD JERBHIAN 25.51
DOUG METMERSKIRCH 25.51
MATT GODBOLT 25.51
PHIL ROUGEUX 25.51
MATT GODBOLT 25.51
PHIL ROUGEUX 25.51
KINCH 25.51

JOE CONNELLY
DOUG DITCHPIELD CAN
M400
TYRONE GUIDEN
HONG GUIDEN
BHONGS JONES
EDWARD GONES
EDWARD GONES
EDWARD GONEN
NEIL STEINBERG
HUBERT EVANS
ARCHIE GLASFY
LARRY SCOMORET
HOBERT FLOHARDSON
CHARLES LAMPERT
TOM BUNNER
TRIP RETWOLDS
SHERN HEATHERSPOON
TONY NATALE
BEHNET RETWOLDS
ENERNET HEATHERSPOON
TONY NATALE
BEHNET SHEVE
BILL BURTON
FRED JAMES
KENNITH BAUERSFELD
FRANCIS SCHIRO
HORACE HUDSON
AL WRIGHT
KEITH GILYARD
JOSEPH HEON
LOU CRESCES
BEENT SANDERS
JEFF GALLERO
JEFFERY MATRY
DENNIS BROWN
ROCKDALE HUDSON
ROCKDALE HUDSON
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ROCKDALE HUDSON

MARC PENDLETON
KEVIN HANLOM
DAVID CODY
TERRY MCCOMMELL
JOE GONZALEZ
LINFORD MAYMES
MICK JUENGER
MICHAEL OLLIVER
KEITH HOLLAND
JEFF MUTSON
PAUL BRANKIM
MAS
MAS

ED STABLER
SAM TAYLOR
JERAZD HARGIS
BYRON WINTER
MARIO OBERTI
ROBERT ALEXANDER
ROSE MITCHELL
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HYO
HOWARD MACMILLAW
MELVIN LARSEN
WILLIAM DAPRANO
HAROLD JOHNSON
JACK HIPPLE
SOME MOANUS
SAM MADIA
ROBERT NATLOR
LESTER WRIGHT SR
BILL CARTER
MANNY HERSCHER
ROBERT NATLOR
ESTER WRIGHT SR
BILL CARTER
MANNY HERSCHER
ROBERT WINGO
FRANK BRANO
GEORGE HONNER
WALTER ATTURESON
DOUG BLANCESON
TOM MALMUT
M75

TOM WALNUT
MT5
TIM MUTPHY
JIM MANNO
JOHN DOLYISH
EDWARD WALTISH
EDWARD WALTISH
EDWARD
TOWN WEARIS
RUSSELL HORE
VERME ROCKCASTLE
EMIL BALZ
BOB MARMICK SR
HOUSTON BRUMIT
K K SLAUGHTER
M80

26.79 26.9b 27.0b 27.6b 27.80 28.0b 28.1b 28.3b 28.44 28.44 28.44 28.97 30.5b 32.53

22.89 23.99 24.02 24.30 24.40 24.40 24.40 24.40 24.40 24.40 24.40 25.34 25.47 25.47 25.47 26.25 26.25 26.25 26.25 27.81 29.25 29.56

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DOUG FROST
MEL RATTIMER
MS5
MEL BROOKS
MILLIAM BURRELL
RON KIRRPATRICK
SAN TAYLOR
JOE JOHNSON
BONNE MARCO
BONNE MARCO
BONNE MARCO
BONNE MARCO
JOHN SALLEN
TOM FONDY
TOM FONDY
DOUB FROM
JOHN ALLEN
JOHN FALLEN
JOHN BERNE
JOHN BERNE
JOHN BERNE
JOHN BERNE
JOHN HEAD
DAVE ELLIS
GEORGE LABELLE
LARRY ABRAHANSON
JOHN FURTHER
JOHN FERTOLDS
JOHN FRETTOLDS
FRANK STOFKO

MASS
JOHN FORDER
FRANK STOFKO

JOGO BERT 25.66 26.04 26.70 26.83 27.26 27.26 27.85 22.0b 28.8b 28.8b 29.76 30.64 30.65 31.07

SOGER PECHACEK

SOGER PECHACEK

PRANK STOPKO

MAGO

LARY COLBERT

DICK RICHARDS

JOSEPH HUBBER

ALAM BREVIK

BILL WRICHT

ANDREW BRANCH

ALEXANDER

JOSEPH HUBBER

ALAM BREVIK

BILL WRICHT

ALEXANDER

JOSEPH HUBBER

ALEXANDER

JOSEPH HUBBER

JOSEPH BRANCH

ALEXANDER

JOHN HACDONALD

KENNETH BAKER

LOWIEL BONIFIELD

MAYNE BENNETT

CUIFFOR FAULTING

COLIFFOR FAULTING

CULIFFOR FAULTING

JOHN BECK

JULIET

TOM LABBE

JOE SHANDAN

RICHARD

TOM LABBE

JOE SHANDAN

RICHARD

TOM LABBE

JOHN DIFFRANCO

JOHN DIFFRANCO

JOHN DIFFRANCO

JOHN CARAMATRO

BOB BROCK

H OLDHAM BROOKS

BICK COLLINS

TEARL HEGE

TEARL HEGE

RULLENT

BRUCE KURTZ

MASS

BRUCE KURTZ

MASS

STOOKEY

25.15
BRUCE KURTZ
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MSS
16.41
MARY BROWN
15.44
MARY BROWN
16.45
M

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25.15 26.67 26.67 27.26 27.27 27.58 28.59 28.59 28.59 29.06 29.06 29.37 28.59 29.66 30.71

1997 Indoor 400M Compiled by Larry Patz

Compiled by Larry Patz

M10
TRACY FOX
MITCHELL LOVETT
LYNDON PROVIDENCE
TRACY MORE
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TR 28.24 29.86 31.24 31.74 32.44 32.56 32.56 32.80 33.01 33.06 33.95 34.29 36.37 36.68 38.4b 42.3b 30.38 31.90 32.36 32.9h 33.32 34.24 36.2h 36.9h 39.16 41.63 44.45 45.05

MAGO
CHAMPION GOLDY
CLARENCE TRAMAN
MILO LIGHTPOOT
ROBERT SORLIEN
KEN ELLIOTT
MEL FLACHS
ED ANDRYSIAK 37.2h 37.45 38.71 41.38 43.73 44.9h 48.40 M85 MEL SHINE 1:08.19

27.76 27.97 29.50 29.8h 30.21 30.39 31.0h 32.6h 33.6h 33.8h 33.8h 35.87 36.1h 36.93

30.73 M85
30.73 M85
32.33 MEL SHINE

44.164 M30
24.649 ALTHEA MORRIS
24.696 ANNE JENNINGS
24.696 ANNE JENNINGS
25.16 CHOALENE LANDRUM
25.33 LINDA CARROWSKI
25.31 SWERRI GARROWSKI
25.52 SERERI GARROWSKI
25.54 DANN BEST
26.11 KAREN PYLL
25.62 SHERNIYNE WILLIAMS
26.64 DANN BEST
26.12 KAREN PYLL
26.23 RICHELLE AUANDLER
26.24 CHORLES BUONES
26.44 DELIC SHEWAYNE
26.45 RICHELLE AUANDLER
26.46 DELIC SHEWAYNE
26.47 DELIC SHEWAYNE
26.48 DELIC SHEWAYNE
26.49 DELIC SHEWAYNE
27.51 LOUISE CLARK
27.07 LEATHA DAMRON
27.06 W35
27.51 LOUISE CLARK
27.07 LEATHA DAMRON
27.08 W35
27.51 LOUISE CLARK
27.09 LINA COOPER
27.51 LOUISE CLARK
27.01 PARTICLE FINLEY
28.10 KAREN CONNELLY
28.11 MARY OTTO
28.24 PATRICLE FINLEY
28.25 CORDINARY
28.26 DELIC SHEWEREREN
28.26 DELIC SHEWERERER
28.27 DENISE MCTIELLY
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29.25 DANMES IDA JAMES
DITH MOURTOS
M40
DENIS PORDAN
CHEST STERNBERGEN
DENISE MCFIELD
SIRENE THOMPSON
JACQUELINE BOARD
IRENE THOMPSON
CHERYL ALSTON
CAROLE SOLOMON
MARILYN O'CONNOR
EDNA CRAWLEY
DO WELCH
MARYN CARRINO
DALE FISHEL
MARTHA LUTZ
RENEE DIGIACMO
K STOCKR-LAQUIDARI
JAN BRANKIN
JOAN BURGESS
JEAN ROEDER
M45

JEAN ROEDER

W45

JENNIFER PINTO
KATHY CIRINA
JAWE HIGGINS
TEDDIE BELL
SANDY MILLER
BABBARA BLASZAK
DEBBIE WYETN
MARY TROTTO
MARY TROTTO
CATHY KLECTORE
PHYLLIS MOTEN
SHIRLEY MORTON 30.22 31.6h 33.11 34.08 35.31 35.9h 36.00 36.15 37.02 41.91 41.93 43.3h

STIRLEY MORTON 43.3h
M50
PHIL RASCHKER 26.52
MICHAEL MARIE HILL 29.57
MADINE LOVENSE 30.56
MARY ROBINSON 31.59
PENNY DANIELSON 34.54
NINA BRYANT 34.74
CATHY PRIMER 34.77
MORAN JONES 35.29
YUGNNE ROTHERBERG 37.7h
T BASSETT 36.1h WSS
ADLIN MAIR
JUDY TEPPLE
LENNIS TUCKER
KAY SCHLEUSENER
ESTELLE HANN
JUDY SCOTT 30.00 37.7h 37.9h 41.2h 45.9h 47.0h

JUDY SCOTT

WEO
MAIREEN MURPHY
BARBARA JORDAN
ANNE YUDELL
FEI-MEI CHOU
JOAN BURGUESS
PHYTLLIS BRADLEY
SALLY RUSBY
FLO MEILER
JUYCE FRANKS
RACHEL MERA
JULIAN

W65 S ONODERA-LEONARD JEANNINE CASEY MARYANN ZEPPETELLO W70
PATRICIA PETERSON
MARY HOLLAND
BOBBY MOSENTHAL LIHAT D

W75 DIANE PRIEDMAN WBO ADRIENNE SALAMINI 1:12.6h

MISSILL LOVETT
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SAL BLAND
JEFF LINDSAY
ADAMA DIAGNE
EUGENE VICKERS
ANSELM LEBOURNE
ANTHONY KRAINIK
DAVID CLERKY
SANSLEL LEBOURNE
ANTHONY KRAINIK
DAVID CLERKY
SANSLEL LEBOURNE
MICHELLESS
DAVE DIPOLSA
ROBIN HNELLESS
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ROBIN HNELLESS
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GROVER PRINCE
LINGON
HIKE BABBER
GARY MOODS
LITTON HOUGHOUS
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REVIN HANLON
HIKE BABBER
GRAY MOODS
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ROGER BOWEN
HERMAN BELCHER
GERALD KRAINIK
ROM HANION
BILL MCCORNICK
RICK EASLEY
MICHAEL PANNELL
STEVE BECKMITH
ROY COTER
ROGER DAVIS
HILLIAN COMPORE
HILLIAN COMPORE
HILLIAN HOUGHOUS
STEVEN REUMAN
BILL BUTTON
STEVEN REUMAN
BUTT

59.98
1:00.21
1:00.77
1:01.82
1:01.65
1:01.70
1:01.8h
1:03.92
1:04.1h
1:04.69
1:06.51
1:07.8h
1:08.00
1:08.43
1:08.47
1:09.7h
1:10.11 MS0
STANLEY WHITLEY
ROGER PIERCE
NOBMAN MITEK
LAN FRYE
RON JOHNSON
ROBERT LLOYD
BIC STEVENS
RICHARD HANMER
GORDON REITER
DAN DURANTE
ROBERT MELSON
ROBERT MELSON

DUSTIM MANN
PAUL STELMASSYK
MARREN GRAFF
STEVE PROUTY
LESTER WRIGHT JR
FRANK HANDELMAN
GEORGE MACKETTI
DENSY MARKEL
TOM COMINION
TIM COLLINS
TOM COLLINS
VICTOR BROUSHET
JONATON TETMERLY
FRANK BONNAN
VICTOR BROUSHET
FRED ADDIZZONE
LEONARD HANSEN
JEFF STRAUSSMAN
LLOYD HATNEOCK
TOM CARR
HOSES
TOM GENERAL
TOM CARR
REN MOSES
RICK PETERSON
TOM BYRNES

TOM BYENES

MSS

MSS

MSS

WILLIAM BURRELL

MEL BROOKS

MALEN

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JOHN SLOAM
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DICK COLLINS

M65 BROWN
LAARY BROWN
LAARNEE TRIMMER
OUGLES SOCHOR
WILLIAM BERGEN
JACK HYMAN
LELAND CHISHOLM
LS AMDERSON
JOE LABRUNO
SAM TAYLOR
CHAS WRIXON
BYRON WINTER
EARL FEE
CAN 1

EARL PEE CAN
M700
HOMARD MACHILLAN
HAROLD JOHNSON
SAM MADIA
JOHN MOMANUS
ARCHIE MESSENGER
JAY CHERNIAN
LESTER MEIGHT SR
MANUY MERSCHER
DOUG BLANCHAD
MALTER ATCHESON
TOM MALMOY
ROBERT MINGO

M75
JIM MANNO
JOHN MEANS
ROSCOE BROWN
RUSSELL MORE
HOUSTON BRUMIT 1:15.58 1:23.69 1:32.30 1:32.4h 2:03.45 HOUSTON BRUMIT
M80
BOB MATTESON
MILO LIGHTPOOT
MAX SPRINGER
FRANK LEVINE
MEL FLACHS
M85
M81
M85

2:57.28 MJO
ALTHEA MORRIS
LISA DOYON
LINTZ RIVERA
ARLENE MANONEY
PHYLLIS LAIRD
DAMN BEST
KAREN PYLE
DENISE JONES

DEMISE JONES

WIS VALDEZ
RENNER STREARIT
RENNER STREARIT
AND STREAM
LOGISE CLARK
SARAH FALSO
DIAMA RIGOR
EDNA CRAMLEY
TINA COOPER
RUTH YAMAI
KAREH DONNELLY
SHELLIE BANKS
MARY GTON
LOGIST
AND CLIFTON
BETSY BINKONSKIL
LORRIE MARNELL

LORRIE MARNELL
M40
DENISE POREMAN
JACQUELINE BOARN
SIRENE THOMPSON
P DICKSON-TAYLOR
IRENE THOMPSON
SHEREE ROBERTSON
PRESE ROBERTSON
TERESA ROTAR
SIDNEY LETENDRE
EILLEN TENDE
EILLEN TALSTON
CAROLE SOLOMON
MARILYN O'CONNOR
KARYN CARRINO
DALE PISHEL
JAN BRANKIN

Continued on next page

page 20		Car Constant	
Continued from previ	ous page	Bill McHullen Jim Herr	2:21.3
JENNIPER PINTO		Smith Okread	2:25.8 2:25.9
JENNIFER PINTO MARY ROSADO BARBARA BLASZAK ERIKA CAMPBELL CASSANDRA CLARK SANDY MILLER KATHY COLLINS MARY TROTTO DEBBIE WYETH SHIRLEY MORTON	1:10.42 1:13.5h 1:14.13	Mark Lieberman	2:26.8
CASSANDRA CLARK SANDY MILLER	1:14.9h 1:15.80	D. MEETEOD	
MARY TROTTO	1:21.3h 1:22.83	Mike Hoban Gary Diamond Gary Steiner Jonathan Skrpko John Roselli	2:33.5
	1:24.3h	John Roselli M45	
PHIL RASCHKER NADINE LOWENSTEIN	1:03.84 1:09.9h	Paul Zink	2:05.9 2:06.4 2:07.7
CATHY PRIMMER ESTHER CLARK MARY ROBINSON DARLENE RHODES	1:18.34 1:27.4h	Jim Jones Charlie McMullen Richard Puckerin Randy Taylor Bill Krieger Rob Jackson Nick Caswell Glenn Thomas Carroll Blake Byron Dyce	2:07.7
The state of the s		Randy Taylor Bill Krieger	2:08.8
YVONNE ROTHENBERG LENNIS TUCKER SHEILA MCKENNA	1:22.4h 1:25.6h	Nick Casvell	2:09.8
SIGLINDE MOOKE	1:29.8h 1:44.78	Carroll Blake	2:11.6
MAUREEN MURPHY	1:22.94	Byron Dyce Chris Monroe Tom Cunningham John Hickey	2:12.9
DONNA GULLEY	1:22.94 1:23.34 1:32.0h	John Hickey Turrane Harper	2:13.4
S ONODERA-LEONARD	1:23.06	John Hickey Turrane Harper Michael Ellis Peter Reinhart Jim Gorman	2:14.5
PATRICIA PETERSON MARY HOLLAND	1:33.07	Jim Gorman Tony Plaster Curtis Baldvin Bruce Bond John Naslund Bryan Olson Don Hodge John Condon Curtis Bryant	2:15.4
W75		Curtis Baldwin Bruce Bond	2:17.4
	1:41:15	John Naslund Bryan Olson	2:18.6
HOPE SWAN	2:57.12	John Condon	2:18.8
1997 Indoor	MACON A	John Condon Curtis Bryant Bruce Clifton Karl Castor	2-22 0
Compiled by Bill	Benson	Karl Castor J. Hernandez Walter Clark C. Lehman	2:23.2
M30	1.50 1	Walter Clark C. Lehaan Victor Diaz Norman Thomas Kevin Morriaroe Frank Kunkel Rick Recker Mike Bloom Stephen Viegas Joe Rhodes Ron Salvo	2:24.3
Jim Byrne	1:59.7	Norman Thomas Kevin Morrieroe	2:25.2
David McMillan	2:00.8	Frank Kunkel Rick Recker	2:25.9
William Brosmith	2:02.6	Nike Bloom Stephen Viegas	2:29.2
Robert Udevitz Carl Clark	2:05.7	Joe Rhodes Ron Salvo	2:29.4
Weo HOPE SWAM ADRIEMNE SALAMINI 1997 Indoor & Compiled by Bill H30 Bill Jones Jim Byrne Noah Hinkston David Nchillan Jeff Mann Milliam Brosmith John Barresi Robert Udevitz Carl Clark Jon Ellis George Taylor Dean Lent Craig Lowthert Bryan Rhodes Ralph Cooper Steven Simons	2:07.5	Ron Salvo Steve Schmitt Paul Murphy Steve Calonkey Marc Gladney Tom O'Loughlin Joseph Burleson Rill Indek	2:31.4
Dean Lent Craig Lowthert	2:08.5	Marc Gladney	2:31.4 2:31.5 2:32.4 2:33.9 2:34.5 2:36.1 2:39.4 2:39.7 2:40.0 2:41.7? 2:43.5
Dean Lent Craig Lowthert Bryan Rhodes Raiph Cooper Steven Simons Michael Boni David Sullivan David Briggs Manrice Stoyall	2:09.8	Joseph Burleson	2:34.5
		Joseph Burleson Bill Indek Gene Darst L. Soukup John View Dick Green Stan More Rick Cleary Tracey Moore	2:39.4
David Briggs	2:11.6 2:13.4 2:13.6 2:13.6 2:14.8 2:14.8 2:14.9 2:16.5	John View Dick Green	2:40.0 2:41.7?
Maurice Stovall Mike Medveckus Larry Harris	2:13.8	Stan More Rick Cleary	2:43.5
Charles Bozve Garth Merrill	2:14.9	MOU	ALCOHOLD TO THE PARTY OF THE PA
Manuel Chinchilla Pat McPhillips	2:18.5	Dan Frye	2:03.9
Pat HcPhillips Jay Mustapha Scott Stone Pat Turley Bob Jones	2:19.8	Paul Perry Gordon Reiter Bob O'Connor Richard Hurray	2:09.2
Pat Turley Bob Jones	2:24.0	Bob O'Connor Richard Hurray	2:13.1
Glenn Kohler	2:25.1	Bruce Carter	2:16.1
M35	2:31.0	Bruce Carter Frank Handelman Brad Johnson Hugh Sweeney Rich Webb	2:16.4
Anselm LeBourne Sal Allah	1:55.8	Rich Webb Colin McArdle	2:17.9
Rick Smith Tony Ruiz	1:58.8	Gary Gordon Mike Wilson	2:19.4
Dennis Coleman Rich Agnello	2:05.2	Jerry Smith	2:22.5
David Lucas	2:06.0	Rich Nyers	2:22.7
Tony Watson	2:07.5	John Babington	2:23.4
Tyrone Guiden Robin Wheeless	2:08.1	Tim Collins	2:28.9
Tyrone Williams Tom Sassi	2:09.2	Larry Nafie George Marchetti	2:30.2
Guy Gordon	2:12.5	Harry Luke Tom Cannon	2:30.4
Chris Wiles	2:13.0	Larry Smith Tom Sullivan	2:31.6
Dave Cook	2:14.4	Bill Indek John Kuhi	2:32.7
Ted Carey L. Guptar	2:17.0	Jim Verdier Steven Haigh	2:40.1
Ken Svitnicki Joseph Camper	2:17.6	Vic Broushet	2:44.7
Brian Tees	2:19.7	Frank Mandelman Brad Johnson Hugh Sweeney Rich Mebb Colin McArdle Gary Gordon Mike Wilson Bob Nelson Jerry Smith Don Milcox Rich Myers Jonathan Tetherly John Babington Efrin Beltran Tim Collins Jim Palmieri Larry Nafie George Marchetti Harry Luke Tom Cannon Larry Smith Tom Sullivan Bill Indek John Kuhi Jim Verdier Steven Haigh J. Novatkowski Vic Broushet Frank Condon Tom Byrnes Len Hansen, Jr. M55 Sid Howard John Allen Dominic Raparso Jim Clark Ed Donoghee Larry Abrahamson Robert Bennett Maily Bravner Kenneth Skinner Samuel McClendon Jim Verdier Bobby Kincaid Cliff Cordy Ben Miller	2:55.8
Tim Ingall Kevin Hanlon	2:21.5	NSS Sid Bowerd	2.15
Joe Picini	2:22.7	John Allen Dominic Rapasso	2:21.8
Bruno Hodel	2:24.2	Jim Clark Ed Donoghue	2:23.9
Phil Driecoll Randy Elder	2128.0	Ed Donoghue Larry Abrahamson Robert Bennett Wally Brawner Kenneth Skinner Samuel McClendon Jim Verdier Bobby Kincaid Cliff Cordy Ben Miller	2:24.5
Jeff Endree Andy Vogel	2:29.1	Wally Brawner Kenneth Skinner	2:26.9
Gerry Mayerhoffe Brian Jones	2:33.6 2:36.5	Jim Verdier	2:30.0
H40 Bruce Hamilton	2102.6	Cliff Cordy	2:31.4
Tom Hartshorne Guy Gadomski	2:03.0	Ben Hiller Joe Cordero Paul Rehm Joseph Abelon	2:37.3
Steve Gallagher Robert Walker	2:04.3	Joseph Abelon Bruce Fredrickson	2:40.3
Steve Jaist Rick Easley	2:04.6	Rod Smith John Hurley	2:40.6
Steve Beckvith	2105.3	Joseph Abelon Bruce Fredrickson Rod Smith John Hurley Fred Bertelsen Joe Zanisllo Tom Fondy Philip Byrne Delmar Ferrel Don Antle	2:52.1
Jim Bordoni	2:07.5	Philip Byrne	2:55.8
Bob Thomas Joe Dubina	2:08.0	Don Antle	3:05.5
Roy Currie Fred Ritzroy	2:08.5	M60 Ken Baker	2:22.8
Chris Armen Miguel Tibaduiza	2:08.5	Fred Schlereth Christopher Rush	2:28.7
Tom Kinsman	2:09.4	Fred Schlereth Christopher Rush Jim Aneshansley Bruce March	2:29.2 2:30.0 2:33.9
M40 Bruce Hamilton Tom Hartshorne Guy Gadomski Steve Gallagher Robert Walker Steve Jaist Rick Easley Tim McMullen Steve Beckwith Bill Okerman Jim Bordoni Cliff Staples Bob Thomas Joe Dubina Roy Currie Fred Kitzrow Chris Armen Miquel Tibaduiz: Dave Morden Tom Kinsman Bill Krieger Tom Aspel Dave Cook Dan Murphy	2:12.0	Ren Ogden Irwin Bernstein Cliff Pauling Bruce Susong Sam Graceffo Bruce Gilbert Jim O'Toole Al Ravenscroft Bob Brock Don Farley	2:35.8
Dave Cook Dan Murphy	2:12.4	Cliff Pauling Bruce Susong	2:36.1
Walt Barnovski	2:14.9	Sam Graceffo Bruce Gilbert	2:41.1
Richard Clark Heriberto Medin	2:15.9	Jim O'Toole Al Ravenscroft	2:47.2
Paul Leestma	2:17.5	Don Farley	2:51.3
Ray Sipperly	2:17.7	Joseph O'Connor	2:57.6
Bob Crossin Neal Boiks	2:18.6	Pr. Vianzov	3:18.1
Joseph Gonzalez John Ducray	2:19.4	Tom Talbott	3129.9
Brad Keeton Mike Robison	2:20.7	Paul Heitzman	2:29.1
John Dalzell	2:21.0	Bruce March Ken Ogden Irvin Bernstein Cliff Pauling Bruce Susong Sam Graceffo Bruce Gilbert Jim O'Toole Al Ravenscroft Bob Brock Don Farley Phil Schaffer Joseph O'Connor James Kest R. Vianzow Dick Colling Tom Telbott M65 Paul Heitzman Arnold Meardon	2155.3

ı	Leiand Chisholm Clarence Trinkner Walt Desing Jack Myhan Joe Kernan Sam Taylor Earl Fee CAN M70 Archie Messenger John McManus	3:05.3	Anthony Wilson	4:26.9
	Walt Desing	3:09.8	Paul Morphy	4:30.74
	Joe Kernan	3:32.5	Tom Sassi	4:35.01
	Earl Fee CAN	2:20.1	Luca Trovato Nikos Mourtos	4:40.72
	M70 Archie Hessenger	2147.2	Dave Cook	4:45.71
	John McManus Walt Atcheson	3:14.8	Vic Thompson Bruno Hodel	
	M70 Archie Messenger John McManus Walt Atcheson Des Margetson Ernie MacDonald Doug Blanchard Sid Toabe Bob Parsons F. Luctanna Bob Wingo	3:16.6	James Reichle Ron Harper David Boor	4:49.71 4:53.52
	Ernie MacDonald Doug Blanchard Sid Toabe Bob Parsons F. Lucianna Bob Wingo	3:19.9	David Boor Dave Argus	4:56.6 4:57.58
	Bob Parsons F. Lucianna	3:22.4	Dave Argus Tim Smith	4:59.10
				4:09.96
	Emil Balz	3:19.9	Bruce Hamilton Alan Muir	4:12.23
1	M75 Emil Belz Bill Benson Russ More Danforth Geer George Blyan Houston Brumit	3149.4	Steve McChesney Tom Kinsman	4:12.73 4:15.04
1	Danforth Geer George Blynn	3:51.5	Tim McMullen Steve Shaklee	4:15.54
4			Tom Hartshorme	4:20.57
	Austin Newman Bob Matteson	3:26.1	Mark Yellin Bob Hodge	4:25.65
	Max Springer	3:54.6	Brad Hurst	4:26.13 4:26.74
	W30 C. Snow-reaser	2:18.2	Charlie Lutz Hal Carlson	4:31.1 4:33.59
	C. Snow-reaser Maureen Mahoney S. Graham	2:31.4	Wilhelm Anderson	4:33.87
	J. Buccinot Jennifer Frost	2:35.8	Tom Aspel	4:34.76
	Jennifer Frost Leatha Demron H. Ward	2:39.0	Brian Davis	4:36.27
1	H. Ward Laura Frisch Hary Franklin Dawn Best	2:48.7	Scott Schafer Walt Brown	4:38.00
	Davn Best	2:54.3	Bill McMullen Chris McKnight	4:39.22 4:40.57
	W35 Aldina Valdez Karen Papallo Caryl Senn	2:43.4 2:48.7 2:50.4 2:54.3 2:12.0 2:28.9 2:29.0 2:30.3 2:30.4 2:30.8	Maurice Pointer Joe Dubina	4:40.65
	Caryl Senn Carla Hervert	2:29.0	Rick Cleary Brad Scott	4:50.9
	Janice Morra Helen Moreno	2:30.4	Seth Okrend	4:52.1
	Mary Ellen Malloy Carolyn Eich	2:30.97	Miguel Tibaduiza Charlie Lutz Hal Carlson Wilhelm Anderson Pet Forkins Tom Aspel Chris Armen Brian Davis Scott Schafer Walt Brown Bill McMullen Chris McKnight Maurice Pointer Joe Dubina Rick Cleary Brad Scott Seth Okrend Brad Keeton Ray Sibley Bob Thompson	4:57.52
1	Helen Moreno Mary Ellen Malloy Carolyn Eich Sarah Falso Alice Fried Alicia Johnson M. Olivierl	2:31.8	Bob Thompson M45	5:04.8
	Alicia Johnson M. Olivierl		Paul Zink Harry Nolan	4:17.55
1	Linda Brown Laura Frisch	2:39.1	Harry Nolan	4:26.23
1	Pdag Casulau	2:41.8	David Salazar Bruce Bond	4:34.30 4:37.82
?	Betsy Binkowski Sue O'Malley Karen Connelly Julie Hastings	2:50.4	John Christianson Roger Price	4:38.09
١	Julie Hastings	3:07.5	Roger Price Peter Reinhart Tony Plaster	4:41.4
1	W40 Sue Parks Patti Ford	2:22.4	Tony Plaster Jim Gorman Victor Diaz Mike Tappero Glenn Andrews Frank Kunkel Juan Hernandez Bill Knapp Kavin Morrisme	4:42.77
١	Eileen Troy	2:24.2	Mike Tappero	4:46.0
١	P. Dickson-Taylor Sheree Robertson	2.20 6	Frank Kunkel	4:46.48
١	Sheree Robertson Rosa Inungaray Joyce Adams	2:40.8	Juan Hernandez Bill Knapp	4:56.06
١	D. Whitaker Crane Edna Crawley K.Stocker Laquida:	2:45.2	Kevin Morrisroe Ron Salvio	5:02.1 5:02.7
5	Irene Thompson Regina Cahill Martha Lutz	2:50.0	Juan Hermandez Bill Knapp Kevin Morrisroe Ron Salvio Steve Schmitt M50 Dan Frye 1/10 Paul Perry	5:19.25
, ,	Pam Christopher	3:12.3	Dan Frye 1/10 Paul Perry	4:15.08
	Mickey Dockviller Jan Brankin	3:12.5	Harrie Pastro	4:37.80
	W45 Barbara Blaszak Mary Rosado Erika Campbell	2:37.0	Herb Engman Alan Beck	4:41.1
	Erika Campbell Judy Ace	2:45.9	Doug Brown	4:47.0
!	Judy Ace Donna Olson Jan Daker	3:06.1	George Marchetti Ralph O'Neal	5:13.28 5:13.50
	Jennifer Pinto	3:10.7	Steven Haigh Larry Smith	5.21 40
	Maggie Zidar	3:13.4	M55	
	Diane McManus Diane Sherrer	3:29.1	Sid Howard John Craig Victor Cruz Dick Ashley	4:36.24
	.W50 ChristineStockdal	-2:32.2	Dick Ashley	5:04.0 5:06.69
1	Jo Marchetti Sylvie Kimche	2:44.3	Dick Ashley Jack Brennan JIm Fillis Ken Skinner	5:06.81 5:08.37
,	Ann Makoske	2:47.0	Ken Skinner Sam McClendon	5:08.88 5:12.93
3	Madeline Bost Yvonne Rothenberg	3:06.4	Sam McClendon Seth Kaminsky Tony Lamorte Joe Cordero D Gerridge	5:15.10 5:19.45
8	Kay Schleusener Lennis Tucker Sheila McKenna		Joe Cordero D Gerridge	5:19.69
5	W60	HEE!	OIM HOLDGE	5:20.03
3	Merion Knight Maureen Murphy	3:16.6		
9	Sally Rusby Willie Murphy	3:30.1	Joe Reynolds Don Antle	5:33.9 5:41.28
3	W65 Toshiko D'Elia	3:13.7	M60 Witold Bialdon	5.00 40
6	W70 Queenie Thompson	No rolly	Witold Bialokur Jim Aneshansley Jack Miller	5:07.69
8	W75 Louise Adams	3:46.7	Gene Chase	5:21.3
4	-		Tim O'Toole	5:30.43
3 0 3	1997 Indoor 19 Compiled by Jerry	A CONTRACT OF THE PARTY OF THE	Jia Anesharsley Jack Miller Gene Chase Bruce Marsh Tim O'Toole John O'Connor Gene Carbine M65	5:41.94
6	M30	1.05.00	M65 Joe Labruno W Desird	6:12.4
4	William Brosmith	1:09.5	W Desind Joe Kernan	6:22.5 7:12.04
8	John Trowse John Baresi Bill Newsham Peter Woods V Wusrains Tom Metz Dan Rohnke	4:13.86	M70	THE
9	V Vusrains	4:21.6	Archie Messenger Boyce Jacques	0:04.43
	Dan Rohnke	4:25.2	F Lucianna Ken Folsom	6:43.7
8 4 7	Tom Metz Dan Rohnke Larry Glazer Troy Pickett Jeff Mann Joe Paleo	4:26.20	Bill Benson	7:06.91
2	Jeff Mann Joe Paleo Dave O'Leary Jerry Lack Jud Santos Jack Burke David Sullivan	4:26.71	George Rajcevich P Hascup	7:41.8 8:37.4
9	Dave O'Leary Jerry Lack	4:29.0 4:34.4	M80 Bob Matteson	TO LET
8	Jud Santos Jack Burke	4:38.64 4:39.96	W30	8:10.60
1	David Sullivan Bob Jones	4:40.78 4:45.05	C Snow-Reaser Elizabeth Murray	4:40.98 5:02.60
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3 7	Anselm LeBourne Scott King	4:04.89 4:09.20	Kelly Timmerman H Ward	5:18.1 5:18.8
1	Bob Gerrity David Wilhide	4:13.40 4:13.97		
5	Casey Carlstrom Dave Weller M Humiston	4:14.8 4:17.2	Karen Rapallo	5:02.37
9	John Williams	4.10 02	Alice Preid	5:06.89
,	Joe Skelly Bryan Carr Anthony Watson	4:21.17	Sue O'Malley	5:25.0
3	Anthony Watson	4:21.55	W35 Carla Hervert Karen Rapallo Ann Castillo Alice Freid M Olivieri Sue O'Malley T Gordon V Hoch	5:31.8

2:29.1 Bryan Carr 2:55.3 Anthony Watson





4:51 4:52 4:52.1 4:53.36 4:54.83 4:57 4:58.96 5:01.36 5:02.27 5:02.67 5:03.18 5:04

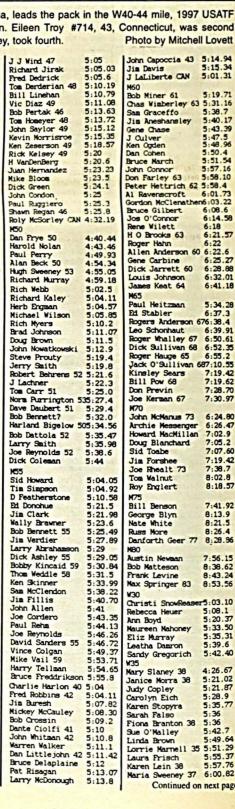


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David O'Leary 9:24.6	Kevin Morrisroe 10:52.9	Ruth Yanai 11:48	Bill Jankovich 11.49	W45 Linda Lowery 10.91	Mike Valle 1.34	Jerome Tine 3.85	M30-34
Chris Yarger 9:25.40 Keith Sinclair 9:27.00	Frank Kunkel 10:53.61	Betsy Binkowski 12:11 Karen Lein 12:13.54	Ed Kent 12.1 Jack Gilmore 12.28	Cassandra Clarke 14.02	James Mills 1.32 Fred Riley 1.32	Scott Stone 3.50	1 Andre Boyce 6.60
B Gormley 9:30.9	Ron Salvio 10:55.5 John Condon 10:56.9	Karen Barrett 13:04.80	M65	W50	George LaBelle 1.27	M35	2 James Tunstall 6.56 3 Brian Corrigan 6.54
William Ochelein 9:31.75	Phil Nemir 11:09.22	Karen Connelly 13:07	Alan Maxwell 8.5 Clarence Trinkner 8.8	Phil Raschker 9.60 M. Marie Hill 10.47	Mike Murphy 1.27	Billy Halverson 4.88 Ken Ellis 4.60	4 Jim Wardle 6.45
Jeff Knoll 9:37.5 Chip Langmaid 9:39.20	Breton Gaetan 11:10.33	WOMEN'S 40-44	Jim Stookey 9.62	Marlene Sachs 11.16	Peter Gartner 1.25 Carl Wallin 1.25	John Sayre 4.50	6 Jim Mellado 5.79
Chip Langmaid 9:39.20 Mark Doctor 9:44.76	Curtis Baldwin 11:18.64	Marge Bellisle 10:39.75	William Simmons 10.66 Bill Townsend 10.79	W60	Rex Hane 1.22	Gregg Charles 4.15 Brett Anderson 4.11	7 Vincent Martin 5.77 8 Mike Gendreau 5.51
Larry Glazer 9:56.46	Peter McClure 11:19 Rick Cleary 11:45	Sharon Vos 10:52.93 Muriel Naumann 10:59.80	Tom Delarry 11.4	Christel Miller 12.38 Barbara Jordan 13.79	Gustave Davis 1.20	Jeff Sprague 4.06	9 Charlie Knight 5.23
Keith O'Brien 9:59.75	Paul Jewell 11:58.2	Mary Gorey 11:44.74	Jack Lance 11.5 B. Winter 14.4		Jim Roth 1.17 Delmer Ferrell 1.07	Mike Bizzaro 3.81 Rob Doran 3.10	11 Rod Carson 5.15
David Sullivan 10:16.25 Pat Turley 10:18.1	Paul Dwyer 12:04.43	Susan O'Connor 11:48.36	M70	1997 Indoor High Jump	John Hurley 0.97	Nick Mitchell 3.10	12 Rick Levesque 5.03 13 Gerry Holmes 4.95
Jeff Luther 10:29.76	MEN'S 50-54	K Stockr-Laquidari12:02 Jane Parks 12:16.0	Bill Townsend 10.58 Denver Smith 10.79	Compiled by Charles Mercurio	M60	A. Courteau (CAN) 4.00	14 Eric Lauber 4.94 15 Derick Wickliffe 4.47
Phil Pillin 10:29.76	Larry Smith 9:02.9 Harold Nolan 9:13.40	Karyn Carrino 12:45.9	Manny Herscher 11.71	M30	Tom Langenfeld 1.53 Jerry Sullivan 1.53	M40	16 John Goetz 4.22
M Fitzpatrick 10:37	Laurence Olsen 9:17.27	Jean Roeder 12:51.90	Oscar Harris 12.7	Gary Duncan 2.08	Phil Mulkey 1.45	Bob Olsen 4.42	M35-39
MEN'S 35-39	Hugh Sweeny 9:37.93	Karen Gogolsky 13:30.2 Shirley Morton 13:49.90	Prank Brako 13.10 R. Thomas 13.2	Joseph Patrone 2.00	Floyd Smith 1.43	Tom Burner 4.11 Peter McGinnis 4.11	1 Greg Font 6.57
Craig Fram 8:38.97 John Steinberg 8:55.23	Rich Murray 9:47.27 Alan Beck 9:49.28	Shirley Morton 13:49.90 Karen Prochovnic 14:47.17	Mel Larsen 17.96	Andre Boyce 1.93 Andrew Baycen? 1.88	Ross Vrooman 1.42 John Steinman 1.40	Doug Sparks 4.04 Keith Petranik 3.96	2 Ben Thomas 6.55 3 Kevin Cranford 6.44
A Duarte 8:57.4	Jim Hampton 9:56.59	100000000000000000000000000000000000000	M75 Ed Lukens 10.3	Jim Melado 1.79	Jack Gilmore 1.38	Ed Seese 3.84	4 Warren Washington 6.13 5 Ken Ellis 6.12
Alan Ruben 9:09.29	Rich Friedlander 10:16.06	WOMEN'S 45-49	Armando Ricciardi 13.10	Roy Birch 1.74	Jim Peterson 1.38	Peter McGinnis 3.81	6 Kelley Lewis 6.10
Dave Weller 9:19.5 David Harding 9:19.73	Colin McArdle 10:17.07	Barbara Blaszak 11:04 Mary Rosado 11:31.86	Mel Buschman 14.56 Joh Hutchinson 15.84	Eric Goodlow 1.68 Todd Wolin 1.52	Leon Trout 1.37 Jim Ware 1.37	Ken Drollinger 3.66 Charles Banard 3.55	7 Benedict Olusola 6.01 8 Greg Pont 5.98
David Harding 9:19.73 H Correa 9:26.1	Mike Wilson 10:18.85 Jerry Smith 10:26.2	Claudia Scott 11:52.80	Tom Kennell 16.56	Rodney Carson 1.50	Bill Jankovich 1.34	Bert Serrano 3.53	9 Lamont Wilson 5.87
Joe Skelly 9:35.55	Jerry Smith 10:26.2 Rich Webb 10:26.6	April Capwill 12:27.47	M80 Ken Elliott 14.73	Scott Thomas 1.48	Jerry Lambert 1.32	Wilson Soohoo 3.40 Steve Halterman 3.23	10 Bob Shelton 5.74 11 Steve Winkel 5.66
Anthonyatson 9:42.48	Perry Hayden 10:45.40	Jan Daker 12:53.40 Kathy Collins 13:32.9	Ken Elliott 14.73 Bob Boal 16.27	M35 Bruce McBarnette 1.95	John McDonald 1.30 Harvey Lewellen 1.28	Steve Banton 3.20	12 Sidney Milden 5.56 Ben Rosales 5.56
Tim Murphy 9:44.3 Stuart Calderwood 9:44.8	Tom Parr 10:50.6	Kathy Collins 13:32.9 Mary Trotto 14.00.14	W30	Ted Lewis 1.85	Glen Markwell 1.27	Jeff Watry 3.20 Phil Mulkey 3.10	14 Joe Schieterman 5.54
Jerry Lack 9:48.80	David Narlee 11:04.14 W R Cooper 11:04.61	Debbie Wyeth 14:07.82	Sophia Sheppard 8.55	Gene McCabe 1.85	Joe Paradine 1.22	Tom Krebs 3.05	15 John Kimura 5.40 16 Rick Choppa 5.35
Grover Prince 9:54.66	W R Cooper 11:04.61 John Cederholm 11:04.72	Marcia Brevik 15:15.50	Phyllis Laird 9.18	Ken Ellis 1.83 Bob Shelton 1.70	Don Beck 1.17	Steve Owens 3.05	17 Frank Makozy 5.33 18 Ken Switnicki 5.28
Vic Thompson 10:00.90	Dane Freeman 11:17.07	WOMEN'S 50-54	Charlene Landrum 9.57	Bob Shelton 1.70 W Stollman 1.68	M65 Gordon Seifert 1.53	Greg Miguel 4.27	19 Cliff Shock 4.81
J R Stockwell 10:01.02 Peter Schmidt 10:02.93	Dick Coleman 11:28.1	Lynn Ingalls 13:12.99	Sherri Garbowski 10.34	Frank Makozy 1.62	Jim Stookey 1.50	Larry McIntyre 4.15 Steve Gorman 4.14	20 Rob Doran 4.66 21 J Oilerman 4.65
Tim Ingall 10:13.5	Jim Burrous 11:38.63 Tom Sullivan 12:15.80	Esther Clark 15:05	Denise Jones 11.98	Steve Winkel 1.58	Clarence Trinkner 1.48	Warren Wilke 4.00	22 Tim McMahon 4.58
Neal Coffey 10:13.7	Bill Welch 12:19.74	WOMEN'S 55-59	W35 Caryl Senn 9.00	Rob Doran 1.55 Miles Smith 1.46	William Simmons 1.40 Bill Butterworth 1.37	John Hoogasian 3.70	Doug Ditchfield CAN 5.95 Dave Hill CAN 5.56
Ken Mann 10:22.8	Dave Charlebois 12:53.31	Carrie Parsi 12:15.71	Wendie Moore 10.79	Joseph Rossi 1.43	Dick Scott 1.35	Mike Davis 3.50	Brian Paton CAN 5.56
Jeffrey Endres 10:27.01 Bruno Hodel 10:29.40	MEN'S 55-59	Madeline Bost 13:19.23	Kathy McKeever 10.8	J Ollerman 1.37	Dave Douglass 1.32	Jim Dolezel 3.36	M40-44
Ron Harper 10:33.32	Colman Mooney 10:40.39	Lennis Tucker 13:54	Dan Carrey	Jeff Smith 1.37	Ted Swanson 1.27	Bob Green 3.20 Ron Salvio 3.05	1 Barry Stebbins 6.15 2 David Quick 6.11
Mikos Mourtos 10:38.81	Bobby Kincaid 10:46.28	WOMEN'S 60-64	W50 Marlen Sachs 10.20	AmbroiseCorteauCAN1.66 M40	Tom Delany 1.27 Edward Kress 1.25	Bob Berke 2.74	3 Mike Skoflanc 6.03
Tim Smith 10:41.92	Joe Cordero 10:46.83	Sally Rusby 14:45.9	M. Marie Hill 10.45	Jim Barrineau 2.00	Arthur Jones 1.23	Jim Pedley 2.74 Alan Russell 2.70	5 Michael McPherson 5.76
Breck Sleight 10:43.2 Barry Lee 10:48.41	Wally Brawner 10:40.88 Victor Cruz 10:51.6		W60 Barbara Jordan 12.64	Glen Conley 2.00	J Cowles 1.22	Ivan Black 2.20	6 Ronald Jackson 5.56 7 Jeff Watry 5.50
Tom Walsh 10:49.9	Ed Donoghue 10:59	WOMEN'S 65-69 Toshiko d'Elia 13:39.60	Flo Meiler 13.49	Ken Drollinger 1.83 Jeff Watry 1.79	S Danese 1.22 Richard Soller 1.17	M50	8 Ken Drollinger 5.37
Joe White 10:52.9	Harry Tellman 11:10.11	M Zeppetello 25:41	3	John Valiska 1.74	Phil Brusca 1.07	Matti Kilpelainen 4.00 Joe Johnston 3.84	9 Phil Mulkey 5.34 10 Louis Harris 5.29 11 Keith Petranek 5.27
Scott Burgener 10:55.34	Jeff Martin 11:15.22	The second of th		D Peterson 1.68	M Edgington 1.07	Dennis Phillips 3.84	11 Keith Petranek 5.27 12 Mike Maryott 5.23
Randy Elder 10:59.0 Mark Panetta 11:01.60	3611 1101 0111	WOMEN'S 75-79	WHILL W	Ed Quigley 1.65 Kevin McLaughlin 1.63	M70 Ed Holmes 1.30	Bruce Hotaling 3.68 Dick Brady 3.55	Continued on next page
Mark Panetta 11:01.60 Dan Trent 11:06.67	John Allen 11:20 Bill Parrott 11:24.73	Louise Adams 15:43.66		Kevin McLaughlin 1.63	Lu nomes 1.30	,	on next page

Continued from previous page 13 Wayne Pisher 5.22 14 Fred James 5.03	3 Phil Mulkey 4.61 VInce Ruffin 4.61 5 Bill Jankovich 4.60	3 Jo Welch 3.69 4 Vickie McLaughlin 3.40 Maggie Dawkins CAN 3.18	Joh Meisner 10.05 B Freeland 9.68 Jerome Belinson 9.59	Greg Ken Scott	Palmisano Klein Ellis Allen	12.51 12.02 11.93 11.05	George Scott Jim Peterson Floyd Smith Jock Gilmore	10.29 10.26 9.93 9.55	M30 Troy Herr 32 17.71 Joe Benoit 15.62	Bernice Holland 7.58
15 Gary Herringer 5.02 16 Scott Thornsley 5.01 17 Stephen Cox 4.89	6 Vic Rizzo 4.59 7 Lowell Bonifield 4.51 8 Glen Markwell 4.50 9 Leon Trout 4.38	W45-49 1 Nancy Klepack 4.74 2 Linda Lowery 4.50	Ken Moses 9.50 M55 Walter Shields 10.37	Bob Doug Russ	Shelton Weimerskirch Hinson	10.90 10.64 9.88 9.84	Bill Jankovich Ed Luse	9.52 8.73	M35 Ken Jansson 19.56 Bob Higgins 14.31	Lillian Snaden 67 5.96 W75 Libby Hagemann 76 5.60
18 Wayne Spitz 4.87 19 Buddy Meyers 4.75 20 Brent Sanders 4.74	10 Jim Peterson 4.36 11 Don Beck 4.33 12 Dillon Majer 4.26	3 Lorraine Tucker 4.36 4 Cassandra Clarke 4.16 5 Sandy Maryott 3.37	Dave Eldahl 9.53 Rich Imperiale 9.14 Terry Rowan 8.87	Frank Rob Ken G	Makazy Doran Switnicki Metcalfe	9.60 9.54 9.46	Len Olson Larry Horine Ray Feick	13.03 12.51 12.36 11.55	Scott Bull 10.98 Jeff Crothers 10.61	Ivy Browne
21 Bill Mathis 4.62 22 Dennis Hansen 4.42 23 Tim Crowley 4.33	13 KM Thomas 4.23 14 Alan Brevik 4.19 15 Jack Gilmore 3.81	W50-54 1 Phil Raschker 5.40	John Head 8.52 George LaBelle 7.86	Steve Jeff Stephen	Winkel Smith Corrigan	9.15 9.07 9.02	Harry Hawke Phil Brusca Edward Kress John Caris	11.25 11.13 10.79	Stephen Corrigan 9.76 Doug Weimberskich 9.60	1997 Indoor 3000M Racewalk
24 Rick Gianni 4.20 Ken Felepchuk CAN 5.57 Wayne Bowman CAN 5.26	Bob Golly 3.81 17 Peter Pettijohn 3.31 18 Bob Smullens 3.05	2 Lorraine Tucker 4.28 3 Mariene Sachs 4.15 4 Ardienette Tucker 4.01	Don Amery 7.54 Phil Francis 7.37	Tim Dennis = M40	McMahon Munson	7.53 7.31	Pay Carstensen Reed Quinn Bill Garrahan		M40 Dave Vandergriff 15.92 Carl Reichard 14.21	Compiled by Jerry Wojcik
Marek Nowicki CAN 5.06 M45-49	KesarSingh Poonia CAN 3.94 M65-69	5 Michael Marie Hill 3.95 6 Penny Danielson 3.65 7 Barbara Stratton 2.90	M60 Haig Bohiglan 9.29 Alen Brevik 9.20	Tony Bill John	Ciccone Wolverton Dupuis	14.26 13.32 13.23	E Ventura Jonas Cowies ClarenceTrinkner	10.54 10.07 9.88	Don Filkins 43 13.94 Carl Reichard 44 13.71	Ourtis Fisher 13:37.00 Art Ortega 33 14:31.33
1 William Rea 6.61 2 Anthony Santos 5.95 3 S Finney 5.77	1 James Stookey 4.96 2 Clarence Trinkner 4.69 3 Earl Ventura 4.39	W60-64 1 Barbara Jordan 3.32	Pete Stopoulos 8.92 Jim Peterson 8.89	Fred Donald Dennis	Ruterbusch Filkins Hansen	13.19 13.12 12.71	S Danese Charles Bispala Tom Brooks	9.68 9.41 9.33	Richard Care 13.56 Mark Kreafle 11.55	Brad Bearsheart 15:07.03 MC5 Mike Korol 15:19.59
4 Pat Fahy 5.55 Alan Russell 5.55 6 Al Cestero 5.50	4 William Simmons 4.33 5 Ted Swanson 4.21 6 Gordon Siefert 4.14	Christel Miller 3.32 3 Audrey Lary 3.23	Phil Mulkey 8.39 Bill Jankovich 8.38 Bob Golly 7.97	Ted Ed Barry	Goudge Clark Stebbins	12.64 12.26 11.98	Bill Arras George Taylor Gordon Seifert	9.30 9.19 9.06	Rich BaldwinWatson10.66 Ted Goudge 10.36 Dennis Hansen 9.82	Ting Kwok 16:00.16
7 Les Hale 5.43 8 Angel Cachinero 5.39 9 John Oleski 5.31	7 Chuck Sochor 4.04 8 Tom Rice 3.97 9 Bill Butterworth 3.96	4 Flo Meiler 3.11 5 Fei-Mei Chou 3.02 6 Jean Cobb 2.82	Earl Mege 7.42 Don Beck 6.39	Dan Carl Scott	Wallace Reichard Black	11.90 11.57 11.56	Dave Douglass Giorgio Chiavelli Tom Rice	8.90 8.64 8.26	Yuriy Syedikh41UKR20.83	Bill Reed 14:31.01 Larry Beckerie 14:49.01 Pred Anderson 18:19.51
10 Stan Kus 5.30 11 Bill Corsey 5.25 12 Ivan Black 5.21	10 Dick Scott 3.91 11 Jack Lance 3.90 Grant Twitchell 3.90	7 Rachel Lyga 2.64 8 Sue Tunnicliff 2.48 9 Dortha Swanson 2.44	Bob Smullens 6.18 M65 Jim Stookey 10.24	Stephen Ken Jeff	Cox Kring Watry	11.49 11.49 11.47	James Stookey Jerry Wojcik Arthur Jones	7.99 7.95 6.87	Bruce Hedendal 12.77 Tim Edwards 12.59	M45 Joe Light 14:44.00
13 Ezra Abdullah 5.19 14 Jim Dolezel 5.17 15 Jim Manor 5.10	13 Richard Soller 3.75 14 Dave Douglass 3.74 15 Bill Townsend 3.72	10 Lorelei Ruben 2.24 11 Betty Eisenhouer 2.12 Edith Gray CAN 3.55	Bill Simmons 8.66 Tom Delany 8.59	Neil Dick Mike	Korn O'Riley Campman	11.08 11.07 11.01 10.99	MZQ Mike Orlich Vince Sempronio	12.19	Mike Grisko 12.13 Bob Pryor 12.03 R McMullen 11.67	
16 Douglas Fredericks 5.06 17 John Baylies 4.97 18 Dennis Schmitt 4.79	16 Arthur Jones 3.55 17 Edward Kress 3.52 18 Giorgio Chiavelli 3.22	W65-69 1 Jeannine Casey 2.26	Jack Lance 8.51 Bill Townsend 8.17 Ted Swanson 8.02	Richard Steve Phil	Watson Banton Mulkey, Jr Molitoris	10.72 10.45 9.85	Bill Bangert Ed Holmes Mel Larsen	11.73 10.82 10.74	Paul Germanowski 11.36 Larry Readman 11.16	
19 Mike Davis 4.68 20 Bob Green 4.67 21 Ray Panek 4.45	Bill Simons CAN 4.02	W70-74 1 Mary Holland 2.90	Bill Butterworth 7.70 Tom Rice 7.52	Mark Mike Barry	Kreafle Messenger Wise	9.73 9.01 8.82	Denver Smith Bill Walmroth A T Richeson	10.66 10.56 10.47	Bob Sager 49 10.94 Jerry Bowersox 10.87 Dennis Chandler 10.55	Ron Winkler 16:52.20 Mark O'Donnel 17:52.86 Garland Moore 18:30.41
22 Ferdinand Hague 4.44 23 Jack Clancy 4.39 24 David Friedman 4.20	1 Denver Smith 4.16 2 Richard Soller 4.14 3 Bob Higgenbotham 4.13	2 Johnnye Valien 2.78 W75-79	Don Sibigtroth 7.32 Jack Hurd 7.26 M70	David Mike Keith	Cook Pannell Petranek	8.66 8.58 8.55	Alex Leishman Charles Pistorino R Thomas	10.08 9.97 9.72 9.58	Ted Loska 10.49 F Monroe 10.10	M50
25 Don Hogan 4.14 26 Ron Salvio 4.06 27 Jim Woosley 3.99	4 Oscar Harris 3.93 5 Ken Yahiro 3.75 6 Frank Brako 3.67	1 Libby Hagemann 2.10 2 Diane Friedman 1.71	Denver Smith 9.21 Frank Brako 8.42	M45 Craig	Schumaker	14.31	Ken Yahiro Zelig Strauss Ettig Jack Doorlay	9.34 9.27 8.70	Joe Priestley 9.74 Joe Wevurski 9.11 Mike Shearil 8.97	Robert Keating 13:49.63 Jim Carmines 13:52.73 Gary Null 14:03.98
28 Dale Deuvall 3.79 29 Larry Myers 3.11	7 Bill Townsend 3.61 8 Manny Herscher 3.56 9 Jack Doorlay 3.50	1997 Indoor Triple Jump Compiled by	Bill Daprano 8.09 Jack Doorlay 6.68 Alex Leishman 6.66	Jerry Hilary Dick	Seifert Senters George McMullin	12.29 12.20 12.06	John Snaden George Homer Frank Brako	8.63 8.21 8.01	Ron Salvio 48 7.54 Jim Lammondra 7.20	Ron Shields 16:19.09 Charles Mansbach 18:03.72
M50-54 1 Jerome Belinson 5.53 2 James Dickerson 5.38	10 Bill Carter 3.35 11 Jack Hipple 3.26 12 Bill Chivvis 3.23	Charles Mercurio	B Thomas 6.05 Bob Voege 6.00	Dennis Bruce Bob	Chandler Hedendal Green	11.98 11.71 11.66	Jack Hipple Bob Voege Jacob Stein	7.73 7.66 7.33	M50 Tom Gage 16.56 George Mathews 14.44	Pete Giachetti 18:29.35 Jerry Whitten 20:57.35
3 John Battaglia 5.25 4 Rex Harvey 5.19 5 Joe Johnston 5.18	13 Jim Johnson 3.13 14 Bob Voege 2.86 15 Alex Leishman 2.76	Brian Corrigan 13.52 Bob McVicker 13.08	M75 Ed Lukens 9.38 Tom Patsalis 8.63	Joe Terry Alan	Wevurski Holland Russell	11.27 11.19 11.11	Alvin Williams M75 Mel Buschman	4.61	Lad Pataki 14.07 Terry Shuman 12.64	John Elwarner 14:38.81 Paul Johnson 15:01.16
6 Michael Milove 5.15 7 Doug Shaw 5.09 8 Mike Carroll 5.08	16 Zelig Strauss 2.03 17 Doug Blanchard 1.70 18 Alvin Williams 1.10	James Tunstall 12.97 Reginald May 12.90 M35	Tom Patsalis 8.63 Tom Kennell 8.29 George Rajcevich 6.74	Peter Bob Rich	Mithcer Sager Dunphy	10.87 10.87 10.68	Tom McDermo		Frank Monroe 10.62 Bill Walsh 10.04 Buster Byrnes 9.05	Vinston Crandall 15:31.86 Jim McFadden 16:00.53 Gustave Davis 16:09.06
9 Bill Angus 5.07 10 Joseph Johnson 4.99 11 Bill Walsh 4.91	Jahan Behboodi CAN 2.44 M75-79	Kevin Cranford? 13.91 Kenneth Crawford? 13.75	Ed Matthews 6.61 Mel Buschman 6.60	John Larry Ted	Priestley Readman Loska	10.54 10.53 10.49	Angelo Oliver Bob Horsley Eddle Coyle	8.02 7.97 7.77	Bill Walsh 8.86 Packy Fusco 7.76	Tom Knatt 16:13.87 Gerald Patrick 16:52.25 William Wiecek 5917:19.89
12 William Freeland 4.88 13 Ken Moses 4.86 14 Ernie Dew 4.82	1 Ed Lukers 4.16 2 Tom Kennell 4.00 3 John Davison 3.96	Greg Font 12.13 Warren Washington 12.05 Frank Makozy 11.85	Hillar Saareste 6.54 Art Holland 6.38 Jon Hutchison 6.03	Peter Tim Gerald	Mitchell Edwards Bowersox	10.34 10.16 9.93	George Rajcevich Robert Sparks Jon Hutchinson	7.77 7.28	Francis Weller 7.56 Carl Levine 7.52 M55	Pred Belt 17:44.42 Bob Ferrier 18:03.09 Larry Preeman 18:51.33
15 KH Troy 4.79 16 Dale Hodges 4.78 17 Paul Stelmaszyk 4.58	Milton Silverstein 3.96 5 Tom Patsalis 3.93 6 Armando Ricciardi 3.31	Frank Makozy 11.85 Doug Ditchfield CAN11.31 M40	M80 Robert Sortlen 6.81	Frank Jim Mike	Monroe Lammondra Grisko	9.44	Doc Bennett Lew Luehrs Houston Brumit	7.05 6.99 6.61	Dick Hotchkiss 13.92 Norm Cyprus 12.41	Sal Yerardi 19:01.80 Bob Skaer 19:28.00
18 Chet Dow 4.49 19 Henry Hopkins 4.46 20 Roger Williams 4.34	7 Ed Matthews 3.16 8 Doc Bennett 3.10 9 Bob Warwick 3.02	David Quick 14.07 Mike Lartza 13.93 Bob Richardson 12.08	Max Springer 6.12 George Braceland 5.27 Claude Hills 4.67	Jack Mike	Kus Panzica Davis	9.22 9.17 9.03	Vern Mattson M80 Ken Elliott	4.52 7.72	John Sloan 10.16 Brian McKenna 9.22 George LaBelle 8.78	Mike Hoffer 20:37.59 Donn Owens 22:14.48
21 Bill Busby 4.32 22 Kent Hann 4.06 23 Kent Hall 4.01	10 Art Holland 2.71 11 Houston Brumit 2.46 12 Lew Luehrs 2.01	Mike Skoflanc 11.65 Mark Gershon 11.55	W30 Wendie Moore 8.63		Hogan Deuvall Calonkey Dolezei	8.16 7.94 7.60 7.55	Milo Lightfoot Bob Boal	7.47 7.39 6.56	Dennis Leczinski 8.50 Bill Burkle 56 7.79	Jack Bray 15:08.20 Bob Barrett 15:33.17 Dick Petruzzi 16:08.37
24 Buster Byrnes 3.69 25 Charlie Barnhart 3.42 26 Randy Stebbins 3.38	13 Edward Coyle 1.99 Mel Buschman CAN 3.09 Harry Miller CAN 2.11	Bob Blackburn 11.48 Ron Jackson 10.77 Scott Thornsley 10.77	Julie Wiedls 7.85	Larry	Myers Black	7.05	George Braceland Bob Detweiler Claude Hills	6.04 5.64 5.58	Ron Sholes 7.25 Steve Biddinger 7.12 M60	Tom White 64 16:58.66 Cedric Hustace 18:01.83
M55-59 1 Dale Lance 5.70	M80-84 1 Clarence Trahan 3.23 2 Robert Sorlien 2.99	A Cestero 9.86 Bill Gangl 9.68 M McPherson 9.44	Linda Lowery 9.64 W50 Phil Raschker 10.49	Clay Lad Tom	Larson Pataki Gage	16.05 15.89 15.65	M95 Everett Hosack W30 Lisa Doyan	11.56	Stew Thomson	Robert Beaudet 19:13.15 William Boggs 19:27.75 H O Brooks 19:28.28
2 Emil Pawiik 5.29 3 Phil Byrne 5.00 4 Grover Coats 4.86	3 Bob Boal 2.81 4 Ken Elliott 2.78 5 Max Springer 2.62	Jeff Gallero 8.93	Michael-Marle Hill 8.87 Penny Danielson 7.24	John	Cooper Harper Morrone Harvey	14.40 13.44 13.10 12.69	Nicole Phillips Denise Jones W35	10.28 7.32	Richard Lee 12.00 Vernon Spencer 11.73 Bill(Pete) Barker 11.03	E R Premo 21:55.98 Sid Perryman 23:20.85
5 Avital Schurr 4.70 6 John Head 4.63 7 Rich Imperiale 4.58	6 Mel Flachs 2.54 7 Claude Hills 2.22 M95-99	Pat Fahy 11.37 Anthony Santos 11.37	W60 Audrey Lary 8.05 Barbara Jordan 7.46	Robert Jerry LaVane	Harvey Weiner	12.57 12.56 12.32	Caryl Senn Harriett Carter-Ran Katrina Geurkink	9.39 9.23 8.93	George Scott 62 8.20 John Mueller 7.2	M65 Vance Genzlinger 17:28.37
8 Bob O'Brien 4.47 9 Al Matheis 4.44 10 Richard Rizzo 4.43	1 Everett Hosack 2.00 W30-34	Ivan Black 11.23 Angel Cachinero 11.20	Fel-Mel Chou 6.45 W70	Terry Fred	Shuman Johnston Walsh	12.09 12.08 11.92	Shellie Banks Pat Finley Langner Boguslawa	8.51 8.04 7.60	Jim Peterson 7.0 Emil Muller CAN 14.0	
11 Terry Rowan 4.35 12 Dennis Leczinski 4.33 13 Mike Valle 4.26	1 Anne Jennings 5.66 2 Lisa Doyon 4.95	Jim Manor 10.62 John Oleski 10.44 John Baylies 10.31	Johnnye Vallen 6.45 W75 Libby Hagemann 4.18	Frank	Sweet Monroe Crawford	11.61 11.55 10.92	Deborah Ecklund J Reed W40	7.28 6.50	M65 Austin Baggett 65 13.2	William Flick 71 17:34.50 Ed Gawinski 70 17:40.12
14 Walt Lancaster 4.17 15 John Whelan 4.09 16 Ed Arnold 4.01	4 Dawn Best 3.39 5 Audette Williamson 3.00	Douglas Fredericks 10.07 Ferdinand Hague 9.46	Indoor Shot Put	- Bill Mike Poul	Angus Carroll Steimaszyk	10.65 10.32 10.30	Ruth Welding Sue Hallen Renee DIGlacom	10.56 8.32 6.56 6.35	Ken Weinbel 69 12.7 Ray Feick 65 11.9	Richard Bennell 21:26.15 John Snaden 22:56.31
17 John Sloan 3.88 18 Rex Hane 3.83 19 George LaBelle 3.81	W35-39 1 Caryl Senn 4.79 2 Cheryl Alston 4.24	Mark Johnson 9.33 Jack Clancy 9.13 Ron Salvio 8.69	Compiled Russ Reabolo M30 Tom Arrington 13.65	Kent	Levine Byrnes Hann	9.73 9.62 9.56 9.39	Nina Sonin Debby Crawford W45	4.70	Pay Carstensen 65 11.6 Harry Hawke 11.3	2 Tim Dyan 20-14 81
20 Delmar Ferral 3.68 21 Phil Francis 3.56 22 Ed Mezzapelle 3.39	3 Edna Crawley 4.08 4 Boguslawa Langner 4.03 Wendie Moore 4.03	M50 Doug Shaw 11.38	John Bauer 13.34 Scott Sheets 12.81 Greg Klein 12.73	Geoff Frank Joe Richard	Hughes Noble Johnston Anderberg	8.84 7.11 7.03	Joan Stratton April Capwill Lorraine Tucker Ida James	9.76 9.28 8.65	Jerry Wojcik 67 10.6 Bill Garrahan 67 7.2 M70	Joseph Perrin 21:33.55 W30
23 Bob Perrier 3.37 Don French CAN 3.13	6 Julie Wiedis 3.13 Gail Fowler CAN 4.14	K H Troy 11.28 Bill Walsh 10.84 James Dickerson 10.60	Jim Driscoll 12.52 Roy Birch 10.45 Jim Mellodo 10.31	Jerry M55 Carl	Whitten	5.93	Kathy Cirina Mary Hartzler Sandy Maryott	8.58 8.49 7.16	Bill Bangert 73 11.1 Vince Sempronio 10.2	7 V35
1 Dick Richards 5.58 2 Chartie Richard 4.90	1 Denise McField 4.37	Mike Milove 10.53 Bill Freeland 10.19	M35 Patrick O'Connor 15.81 Kark Swanke 13.36	Larry Joe Dick	Pratt Keshmiri Hotchkiss	13.97 13.96 12.45	Mary Trotto W50 Johnni Hill-Hudains	6.09	Bill Walmroth 73 10.1 Jacob Stein 8.2	JackieKerbyHoore 17:08.87 Karen Barrett 21:01.04
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Charles and a low hard					- Julian	10.49	W30-49 20#/W50-	TO#)	Marcia B/Crooks? 6.11	Dorothy Robarts 27:41.76

World Games Preview

Continued from page 1

are expected to attend the 11-day event beginning on Thurs., July 17, providing an estimated economic impact of \$12 million to the area.

11,363 Event Entries

The total number of event entries is 11,363, down 14 percent from Buffalo. The marathon drew the most entries (2060), more than double the 965 who competed in Buffalo. The next most popular events are the 10,000 (780), 5000 (744), 100 (684) and 200 (630). Except for the marathon and the 10,000, all events drew less entries than did Buffalo, not unexpected due to the higher costs of getting to South Africa. Not counting the marathon, event entries are 9303, down 24 percent from Buffalo's 12,187. Yet, even the least popular event, the pole vault, drew a substantial 133 entries.

Next to the host country's total of about 2250, the largest contingent will come from Germany (517), USA (362), Great Britain (223), Australia (147), and Brazil (127). (Note: these are approximate figures, some inflated by computer duplications; e.g. the exact USA total reported by USA Track & Field is 336.)

Countries represented for the first time are Botswana, Ivory Coast, Morocco, Zambia and Zimbabwe.

Of the estimated 5700 entries, about 30 percent are women, the highest percentage ever for a WAVA World Championships, surpassing the previous women's highs of 27% in Buffalo and 25% in Eugene.

Competition will be held in the traditional five-year age groups through age 95-plus, beginning Thurs., July 17. Opening ceremonies are set for Sat., July 19. Then, action continues through Sunday, July 27, with off days on Monday the 21st and Thursday, the 24th.

Camaraderie

While the competition is the reason for the whole affair, the best experience for most participants in Durban will be meeting and making friends with people from all over the world. It's a rare opportunity to talk to people from other nations in a relaxed and common setting

The Championships are held every other year under the auspices of the World Association of Veteran Athletes (WAVA). This year, they will be staged by the Durban Organizing Committee, under the leadership of Monty Hacker, Chairman; Harry Naidu, Vice-Chairman; Linda Barron, Chief Executive Officer; and hundreds of volunteers from the Durban community.

Durban is gearing up for the biggest gathering of tourists in its history. Many activities have been planned with the veterans in mind (see "Countdown to Durban" on page 18).

Facilities

Two stadiums in King's Park, about a mile from the Golden Mile hotel area, will be the primary sites for the competition. There will be continuous free

bus service running the loop between the housing and competition areas on about a 15-to-30 minute cycle. The distance can also easily be walked in 20-30 minutes.

The overall set-up in the park will include on-site refreshment areas, vendor booths, and other attractions. It will be a very festive atmosphere with a strong feeling of camaraderie.

Under the main stadium are rooms and covered open areas that will be used for registration, declaration, reporting, information, results, etc. Stadium 1 is well equipped with locker, training, medical, press, computer and other specialized rooms. Both stadiums are well lighted.

The cross-country races will be held on a municipal golf course just a halfmile or so from the main stadium area. The road walks will be held on a flat, smooth loop along the beachfront roads.

The marathon will be held Sunday morning, the last day of the Championships. It will be a very fast two-loop course starting outside Stadium 1, going along the entire length of the city beachfront, then looping through the city itself. The marathon will finish within the main stadium.

Officials

Jim Blair, WAVA's Stadia V-P, says "Paul Pretorius has assured me he has the required number of qualified officials to provide the high standard for the Championships." About 600 officials will be involved.

Weather

It's the middle of the South African

winter and the Durban weather is at its best of the year. The average high and low are 74°F (23°C) and 61°F (15°C), respectively. The humidity in July is at its lowest of the year, the winds are relatively calm, it's sunny, and rain is rare.

Currency
The rand is the South African currency and is a bargain at 4.5 to the U.S. dollar. Prices in Durban will be comparatively inexpensive.

An Historic Time

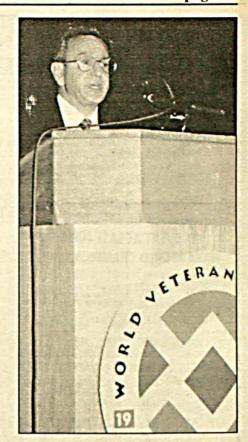
South Africa is experiencing a peaceful revolution. It will be exciting to see the dramatic changes the country has made in just a few short years. The world's veteran athletes and their families will be part of helping to bring South Africa into the world community.

South Africans are very friendly and anxious to get to know their visitors. The city is 100% behind the event, and is contributing substantial financial support to make sure the Championships go smoothly.

"South Africa has been included in the final five cities to be considered to host the 2004 Olympic Games," Barron said. "As the decision on the final city will be announced on Sept. 5, 1997, it is imperative that these Championships are well organized. So there is a strong incentive for us to prove we can hold a track and field event of world-class standard."

U.S. Team Meetings

U.S. Team Manager, Sandy Pashkin, will hold daily meetings for all U.S. participants, beginning Thurs., July 17, about one hour prior to the first event of the day at Stadium 1. Athletes are



Monty Hacker, Chairman of the Durban Organizing Committee, at a press conference.

urged to check the message board and attend the daily briefings.

WAVA Meetings

Several important meetings will take place during the Championships, many of which are open to everyone (see meeting schedule).

General Assembly

Everyone is invited to attend the WAVA General Assembly meeting on Thurs., July 24 at the Holiday Inn Crowne Plaza Hotel. Only delegates may vote, however. Contact your

Continued on page 24

NUMBER OF ENTRIES BY EVENT AND AGE GROUP - XII WAVA WORLD VETERANS ATHLETICS CHAMPIONSHIPS, DURBAN, SOUTH AFRICA, JULY 17-27, 1997

EVENT	100	200	400	800	1500	5K	10K	SH	LH	SC	HJ	PV	IJ	TJ	SP	DI	HT	JI	DEC	WP	XC	MAR	5KW	20KW	TOTAL	
M40 M45 M50 M55	48 67 55 54	59 63 54 51	69 57 61 55	Marie Co.	49 62	79 93	120 120 151 106	21 16 20 24	28 16 19 19	20 12 24 23	16 11 16 20	12 9 17 14	28 27 27 29	21 17 13 21	18 37		16 18 25 24	23 24	25 21	23 18 28 24	30 39	517 449 299 157	24 17 29 30	20 38	1391 1229 1246 1023	
M65 M70 M75	69 48 41 20	59 41 33 17	53 37 26 15		33 25	69 52 36 18	77 56 37 21	22 21 20 14	19 22 17 10	22 21 11 4	29 12 15 19	19 11 5 5	33 21 25 20	24 20 15 16	31 23	47 43 31 16	28 19 15 10	20 20	14 13	33 23 17 12	21 22 11 3	46 22	31 29 14 12	30 18	960 705 509 316	
M80 M85 M90 M95	10 10 6 0	11 11 6 0	13 10 5 0	10 11 1 0	9	11 6 1 0	9 2 1 0	3 2 1 0	2 1 0 0	3 0 0 0	8 6 1 0	3 4 1 0	8 7 3 0	4 5 1 0	2	14 14 3 0	11 7 0 0		and the same	9 6 0 0	6 0 0	ALCOHOL:	10 3 2 1	2	191 141 39 2	
TOTAL	428	405	401	313	356	521	700	164	153	140	153	100	228	157	270	302	183	203	166	193	200	1594	202	230	7762	
W35 W40 W45	28 34 32	29 32 34	28 27 33	12 28 27	24 33 27	26 29 29	14 5 2	13 15 13	12 7 15	7 6 4	11 6 9	8 5 1	19 24 24	13 14 10	17 16 20	15 17 17	9 11 14	15 14 15	7 11 9	8 2 13		121 143 94	10 15 16	24 33 27	496 576 524	
W50 W55 W60 W65	43 38 30 27	32 38 22 23	21 22 13 14	26 22 13 13	26 27 17 7	42 31 31 11	13 4 11 4	9 13 9 6	7 12 5 4	10 8 6 1	11 13 11 10	4 8 3 2	17 14 13 17	6 10 10 9	29 20 29 16	19 18 24 14	14 24 15 9	13 17 28 14	3 8 5 3	11 18 14 7	54 37 30 14	54 17 18 9	30 26 18 13	38 25 19 11	532 470 394 258	
W70 W75 W80 W85 W90	11 9 3 1 0	6 6 2 1 0	8 4 1 1 0	9 2 2 1 0	10 3 3 1 0	16 4 3 1 0	19 6 1 1 0	1 0 0 0	1 0 0 0	0 0 0 0 0	6 2 0 0	1 1 0 0	3 3 2 0 0	3 2 1 0 0	21 8 6 1 0	21 5 6 1 0	11 2 3 1 0	13 4 4 0 0	2 0 0 0	11 3 3 1 0	5 0 1 0	8 2 0 0	12 7 5 4	14 6 3 1 0	212 75 45 16	
W95	0	0 225	0 172	0 155	0 161	0 223	80	0 79	63	0	79	33	0 136	0 78	1 184	1 168	0	0 137	0 48	0 91	0 255	0 466	0 156	0	3601	
GRAND TOTAL	684	630	573	468	517	744	780	243	216	182	232	133	364	235	454	470	296	340	214	284	455	2060	358	431	11363	
EVENT	100	200	400	800	1500	5K	10K	SH	LH	sc	HJ	PV	LJ	TJ	SP	DT	HT	JT	HEP	WP	XC	MAR	5KW	10KW	TOTAL	

World Games Preview

Continued from page 23

national delegate if you have an opinion on some item of business (see page 3 for U.S. delegates).

Time Difference:

Durban is six hours ahead of New York and nine hours ahead of Los Angeles. Thus, when it's 10 p.m. in

NUMBER OF ENTRANTS BY EVENT AT LAST FOUR VAVA WORLD CHAMPIONSHIPS

WAVA	WORLD	CHAM	PIONS	HIPS
Event	1991	1993	1995	1997
100	780	1438	906	684
200	704	967	868	630
400	619	668	767	573
800	572	604	651	468
1500	. 608	738	761	517
5000	765	1025	934	744
10000	700	553	671	780
SH	261	355	320	243
LH	232	260	293	216
SC	203	189	224	182
нЈ	325	362	329	232
PV	160	164	222	133
LJ	475	713	489	364
TJ	285	374	301	235
SP	514	660	567	454
DT	537	561	590	470
HT	271	265	360	296
JT	379	490	422	340
DEC	217	175	246	166
HEP	54	57	60	48
WP	Charged Str.	174	350	284
XC	824	1997	851	455
MARA	965	5776	965	2060
5KRW	430	394	531	358
20KRW			292	230
10KRW TOTAL		91 19207	182	201
Entra		12175	5335	5700
Events			3333	3,00
	nt 2.34	1.58	-2.47	1.99
CONTRACTOR NAME OF	and the same	magnin and district		

Durban, it's 4 p.m. on the U.S. east coast and 1 p.m. on the west coast.

Jet Lag

You can't avoid tiredness and jet lag, but you can make things easier if you:

1) take your shoes off; feet tend to swell during flight; 2) don't eat or drink too much; 3) get off at transit stops; walk around; 4) stretch your legs by standing on tip-toe; 5) do deep breathing exercises; 6) exercise in any way possible.

Results

The results of the Championships will be published in the September issue of the National Masters News. A complete results book, available in November, can be ordered in Durban.

Relay Teams

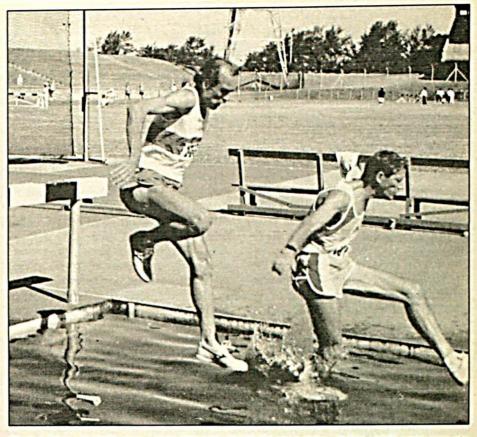
Relays (4x100, 4x400) are limited to one team per country per five-year age group. The selection process varies from country to country. U.S. relay teams will be formed by taking the best four U.S. times in each 5-year age group from the 100m and 400m competitions in Durban. Pashkin will coordinate the selections.

Sections

The 5000 and 10,000 runs, steeplechases, and 5000 track walks will have seeded sections based on estimated performances. The faster sections will go last. Overall best times from all sections will determine the age-group winners.

Advancement from Heats

In track events from 1500 down, heats will be run, if necessary. At least two competitors will advance from each heat to the next round.



Terence Brown (I), M40 winner of the 800 in the WAVA Championships, Buffalo, 1995, went on to win the steeplechase in 9:41 in the South Africa Veterans Championships, Durban, May 2-3. Stix de Jager, M40, leading here, was second in 9:44.

Photo by Leo Benning

Medals

Medals will be awarded to the first three finishers in the individual events and the first three teams in the non-stadia and relay team events.

Team Events

In team scoring events, an athlete may move down an age group subject to declaration. Medals will be awarded to each scoring member in teams that gain a 1st, 2nd, or 3rd in their team event. Teams will be formed by country. Marathon, road walks and cross-country will be scored on aggregate times by teams of the first three of each country to finish in each five-year age group.

National Uniforms

In WAVA World Championships, everyone competes as an individual, not as a member of a national team. Athletes may wear a uniform of their choice –either a national uniform, club

uniform or favorite T-shirt. There will be national team scoring in the relays, marathon, cross-country and road walks.

Anyone wishing to score as a member of a team must wear a uniform clearly identifying the country he/she is representing. Moreover, the Durban community is encouraging the wearing of national uniforms in the streets and around the town so residents will know where athletes are from.

Free Air Ticket

The Durban OC, together with SA Airlines, is offering a lucky draw of one free return international air ticket into South Africa on SAA from any SAA embarkation point worldwide. To qualify for this draw, competitors flying into South Africa on SAA must, at registration, either lodge a copy of their SAA air ticket or permit the registration officials to copy the ticket.

"I believe South Africa is the most beautiful country on earth," said South Africa's President Nelson Mandela. "I know my people will be delighted to welcome you and I think you will be enchanted by their warmth and hospitality."

—Al Sheahen

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Fax: 64-4-528-2992

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Jacques Serruys Korte Zilverstraat, 5 B-8000 Brugge, Belgium Fax: 32-50-334-325

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ATHLETES WHO HAVE PARTICIPATED IN ALL 11 WAVA CHAMPIONSHIPS

1	Ruth Anderson	USA
2	Reg Austin	AUS
3	Norbert Barth	GER
4	Hari Chandra	SIN
5	Phil Conley	USA
6	Isabel Cunningham	CAN
7	Willie Dunne	IRL
8	John Dunsford	GBR
9	Don Farquharson	CAN
10	Bob Fine	USA
11	Roland Johansson	SWE
12	Bob Mimm	USA
13	Jim O'Neil	USA
14	Hans Potsch	AUT
15	Jack Stevens	AUS
16	Jim Vernon	USA

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Victoria, Kuala Lumpur Withdraw Bids

Two of the three cities which were planning to bid for the 2001 WAVA World Veterans Athletics Championships have withdrawn, leaving Brisbane, Australia as the sole bidder for the 14th biennial championships.

Kuala Lumpur dropped out without giving a reason. Victoria, Canada, withdrew because of financial problems with the sanction fee and entry fees proposed by WAVA. Victoria said it hoped to work the problems out, and bid for the 2003 Championships two years from now.

In 1995, Gateshead, England, was chosen to host the 1999 Champion-ships.

Non-Stadia Championships

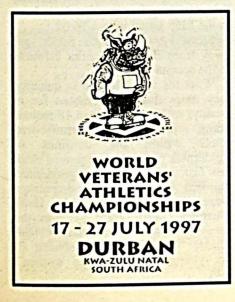
In 1995, the 1998 Non-Stadia Championships (10K, 25K, road walks) were awarded to Kobe, Japan. Three cities will bid for the Non-Stadia Championships in 2000: Cardiff, Great Britain; Portland (OR), USA; and Valladolid, Spain.

The sites will be chosen by delegates to the WAVA General Assembly in Durban on Thursday, July 24. Over 175 delegates, plus the 14-person WAVA Council, are eligible to vote. (The USA has five delegates, see names on page 3). The meeting will begin at 8 a.m. at the Holiday Inn Crowne Plaza Hotel.

Proposed Amendments

Also on the agenda in Durban will be various proposed amendments to the WAVA Constitution and By-laws:

- To increase the period for WAVA Council members from the current two years to four years with a limit of three consecutive terms.
- To include non-stadia participation in the basis for voting delegates to the General Assembly.
- To change the procedure for impeaching an officer.
- To limit the weight pentathlon to four events.
- To reduce the weight of the weight implement for women.
- To include men age 35-39 in World Championships.
- To hold the decathlon/heptathlon on the last two days of the Championships, rather than the current first two days.
 - To reduce the distance of the short



hurdles from 100m to 80m for W35.

- To reduce the distance of the long hurdles from 400 to 300 for W35-49.
- To lower the height of the hurdles for W60+ to .600m (300m) and .650m (80m).
- To reduce the javelin weight for M50-59 to 700 grams.
- To appoint a commercial manager to raise funds for WAVA.
- To formalize the role of WAVA's Executive Vice-President in dealing with organizational matters.

Council Elections

Also on the agenda will be election of officers. The nominees are:

President: Torsten Carlius (Sweden), Al Sheahen (USA).

Executive Vice-President: *Tom Jordan (USA).

Vice-President, Stadia: *Jim Blair (New Zealand).

Vice-President, Non-Stadia: Ron Bell (Great Britain), *Jacques Serruys (Belgium).

Secretary: Monty Hacker (South Africa).

Treasurer: Jose Figueras (Uruguay), Giuseppe Galfetti (Switzerland), Norm Green (USA).

(*Incumbent)

Women's Meeting

The WAVA Women's delegate to the Council will be chosen at the WAVA Women's Meeting on Monday, July 21 at the Holiday Inn Crowne Plaza at 6 p.m. The only known candidates are Hannelore Guschmann (Belgium), the incumbent; and Bridget Cushen (Great Britain), the former Women's Chair (from 1981-1993). However, nominations are permitted at the meeting.

Regional Meetings

The meetings of the six WAVA regions (Europe, Africa, North America, South America, Asia, and Oceania) will be held simultaneously at 10 a.m. at the Holiday Inn on Monday, July 21.

Committee Meetings

The Stadia and Non-Stadia Committee meetings will also be in the Holiday Inn on July 21 at 2 p.m.

Generally, all meetings are open to everyone.

NATIONS REPRESENTED in Durban, in Buffalo. but not but not in Buffalo in Durban Botswana Albania Ivory Coast Antigua Morocco Armenia Thailand Belarus Bermuda Zambia Zimbabwe Bolivia Congo Costa Rica Djibouti Fiji Jamaica Holdova Nigeria Papua New Guinea Philippines Slovakia Turkmenistan

CALENDAR OF EVENTS XII WAVA World Veterans Athletics Championships Decathlon and Heptathlon Day 1 Thursday, July 17 Cross-country Day 2 Friday, July 18 Decathlon and Heptathlon Start of Track & Field Competition Day 3 Saturday, July 19 Opening Ceremonies Day 4 Sunday, July 20 Road walks Day 5 Monday, July 21 Non-competition day WAVA Regional meetings, 10 a.m. WAVA Committee meetings, 2 p.m. WAVA Women's meeting, 6 p.m. Day 7 Wednesday, July 23 A Night at the Shebeen Day 8 Thursday, July 24 Non-competition day WAVA General Assembly, 8 a.m. Day 11 Sunday, July 27 Marathon Relays

Closing Ceremonies

ILETES WHO ENTER A NEW DIVISION	THIS MONTH	JULY 199
EDWARD BENHAM(OCEAN CITY, MU) DEREK BOOSEY(ITA) FERNAND CYR (SANTA ANA, CA) HARRY GATHERCOLE (AUS) DAGOBERTO GONZALEZ (COL-SAN JUAN, PR) OLAF GRANOS (NORWAY) MAURO HERNANDES (SANTA MONICA, CA) JAMES JOHNSON (MILLBRAE, CA) BOB KEEGAN (NEWBORN) ALLAN MERRETT (AUS) CHARLES MILLER (SAGINAW, TX) TARAKI MIYATA (JAP) JACK NORTON (LYNN, MA) DAVID PAIN (LA JOLLA, CA) HERB PARSONS (US) MANFRED PREUSSGER (EG) RALPH ROMAIN (TRI-BETHESDA, MA) JOSE SANCHEZ (SPA) IVAR SAND (NOR) TRYGVE SYVERSON (NOR) JOSHITO TASAKI (JPN) LOU TURBEVILLE (HONOLULU, HI) FRANS VANDEPERRE (BEL) RAY WILLIAMS (SANTA BARBARA, CA) GEORGE YOUNG (AZ) MARY BOWERMASTER (FAIRFIELD, OH) CLAUDIA COTTRELL (LYNNWOOD, OR) JANE COVERLEY (SAN DIEGO, CA) VICTORIA CRISP (US) MARSHA DOWLING (MO) JOAN DUGAN (THORNTON, CO) JANET FREEMAN (NAPOLEAN, OH) BETTY HALEEN (MINNETONKA, MN) JOYCE HALS (LEXINGTON, MA) MARLYS HAYDEN (KENTFIELD, CA) SUSANNE HOULTON (ATLANTA, GA) LUCY KILLEA (SAN DIEGO, CA) ALICE LEICHT (SAN DIEGO, CA) ANNA MAPPS (PHILADELPHIA, PA) KAY MOORE (DENVER, CO) NELL NORDGREN (COVINGTON, LA) SANDY PASHKIN (NEW YORK, NY) KATHLEEN PIERCE (CORTLAND, NY) JOYCE RANKIN (CA) JOAN REISS (SACRAMENTO, CA) LAURIE ROTHROCK (MA) SONDRA SCHUMACHER (GLENDALE, CA) LORI SKADEN (SACRAMENTO, CA) LAURIE ROTHROCK (MA) SONDRA SCHUMACHER (GLENDALE, CA) LORI SKADEN (SACRAMENTO, CA) LAURIE ROTHROCK (MA) SONDRA SCHUMACHER (GLENDALE, CA) MARGE TIMBERLAKE (CA) ROBERTA WIDMANN (FT. WAYNE, IND) ROSEMARIE ALEXANDER (GBR) EDITH BISCHOFF (WG) ALFILD BRENNE (NOR) MARGART DUNBAR (AUS) GISELE FONTANA (SWI) G. JONGS (NZ) MARJATTFIN KARJALAINEN (FIN) WILTRUD LOHNERT (WG) BIRGIT MARTIN (FRA) ICIAR MARTINEZ (SPA) PIRKO MARTI	BIRTHDATE	AGE GROUI
EDWARD BENHAM(OCEAN CITY, MD)	7-12- 7	90-94
DEREK BOOSEY (ITA)	7-15-42	55-59
HARRY GATHERCOLE (AUS)	7-6-7	90-94
DAGOBERTO GONZALEZ (COL-SAN JUAN, PR)	7-30-32	65-69
OLAF GRANOS (NORWAY)	7-13-12	85-89
MAURO HERNANDES (SANTA MONICA, CA)	7-13-22	75-79
BOB KEEGAN (NEWBORN)	7-4-32	65-69
ALLAN MERRETT (AUS)	7-17-22	75-79
CHARLES MILLER (SAGINAW, TX)	7-28-37	60-64
JACK NORTON (LYNN, MA)	7- 7-47	50-54
DAVID PAIN (LA JOLLA, CA)	7-31-22	75-79
HERB PARSONS (US)	7- 6-37	60-64
MANFRED PREUSSGER (EG)	7-10-32	65-69
JOSE SANCHEZ (SPA)	7-21-42	55-59
IVAR SAND (NOR)	7-17-12	85-89
TRYGVE SYVERSON (NOR)	7-30-22	75-79
YOSHITO TASAKI (JPN)	7-29-7	75-79
FRANS VANDEPERRE (BEL)	7-3-37	60-64
RAY WILLIAMS (SANTA BARBARA, CA)	7-24-7	90-94
GEORGE YOUNG (AZ)	7-24-37	60-64
MARY BOWERMASTER (FAIRFIELD, OH)	7-26-17	80-84
TANE COVERLEY (CAN DIECO CA)	7-14-52	45-49
VICTORIA CRISP(US)	7-10-52	45-49
MARSHA DOWLING (MO)	7-17-52	45-49
JOAN DUGAN (THORNTON, CO)	7-21-32	65-69
JANET FREEMAN (NAPOLEAN, OH)	7-11-32	65-69
JOYCE HALS (LEXINGTON, MA)	7-16-32	65-69
MARLYS HAYDEN (KENTFIELD, CA)	7-12-32	65-69
SUSANNE HOULTON (ATLANTA, GA)	7-23-47	50-54
ALICE LEICHT (SAN DIEGO, CA)	7-26-32	65-69
ANNA MAPPS (PHILADELPHIA, PA)	7-10-47	50-54
KAY MOORE (DENVER, CO)	7-28-42	55-59
NELL NORDGREN (COVINGTON, LA)	7-25-22	75-79
SANDY PASHKIN (NEW YORK, NY)	7-6-42	55-59
JOYCE PANKIN (CA)	7-24-47	50-54
JOAN REISS (SACRAMENTO, CA)	7-11-37	60-64
LAURIE ROTHROCK (MA)	7-18-42	55-59
SONDRA SCHUMACHER (GLENDALE, CA)	7-14-47	50-54
HEIDT CEADEN (CACDAMENTO CA)	7-28-42	55-59
JEAN SPIERLING (ARROYO GRANDE, CA)	7-13-27	70-74
MARGE TIMBERLAKE (CA)	7-9-42	55-59
ROBERTA WIDMANN (FT. WAYNE, IND)	7-26-42	55-59
ROSEMARIE ALEXANDER (GBR)	7-21-47	50-54
ALFHILD BRENNE (NOP)	7- 5-12	85-69
ROSEMARY CHAPPELL (GB)	7-21-47	50-54
LORRAINE CRAIG(AUS)	7- 9-37	60-64
MARGARET DUNBAR (AUS)	7-28-37	60-64
G. JONES (NZ)	7-29-42	22-29
MARJATTFIN KARJALAINEN (FIN)	7-3-42	55-59
WILTRUD LOHNERT (WG)	7-25-37	60-64
BIRGIT MARTIN (FRA)	7-2-47	50-54
DIDECO MARTINEZ (SPA)	7-20-47	50-54
DIETHILD NIX (GER)	7-29-42	55-59
ASTA SEVERINKANGAS (FIN)	7-31-37	60-64
SUSAN THOMPSON (GB)	7- 8-32	65-69

Compiled by Pete Mundle, World and U.S. Masters T&F Records Chairman



National Road Relays Draw Record Entry

he current buoyant state of veteran athletics in Britain was amply demonstrated May 17 by the record entry for one of the most prestigious trophies in the racing calendar, when 95 teams with eight runners per team, entered the M40 age group; 58 x 6 in the M50 and 28 x 3 in the M60, whilst 62 teams of three each turned out in the women's event.

At the end of a long day's superb racing, Barrie Moss took Red Hill Road Runners Club safely home to get their name engraved alongside some of the most distinguished clubs in Britain. Ex-international athletes Jane Shields, Frances Gill, Sally Ellis and Janet Holt ran super stages in the women's relay.

World Championships

Two hundred and twenty-nine British athletes (158 men and 71 women) have entered for Durban. Slightly less than anticipated, but there are some outstanding athletes and some ex-internationals entered for the first time in the younger age groups.

WAVA/USATF HURDIES HURDIES

and the second second	Race	Hurdle	To 1st	Between	To	I No. of
Age	Distance	Height	Hurdle	Hurdles	Finish	Hurdles
30-39	100m	.840m 33*	13.00m 42'8'/2"	8.5m 27'10'/2"	10.5m 34'5"	10
40-49	49 80m .762m 30"		12.00m 39'4"	8.0m 26'3"	12.00m 39'4"	8
50-59 60-69 70 Plus	80m	.762m 30"	12.00m 39'4"	7.0m 22'11½"	19.00m 62'4"	8
30-39 40-49	400m	.762m 30"	45.00m 147'73/4"	35.00m 114'9'/2"	40.00m 131'2'/2"	10
50-59 60-69 70 plus	300m	.762m 30*	50.00m 164'0'/2"	35.00m 114'9'/₂"	40.00m 131'2'/2"	. 7
The state of	-		MEN	action with	gart Crafficia	10 Pictoria
30-39 40-49	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'	10
50-59	100m	.914m 36"	13.00m 42'8"	8.50m 27'101/2"	10.50m 34'5"	10
60-69	100m	.840m 33"	13.00m 42'8"	8.50m 27'10'/₂"	10.50m 34'5"	10
70 plus	80m	.762m 30"	12.00m 39'4"	7.0m 22'11½"	19.0m 62'4"	8
30-49	400m	.914m 36"	45.00m	35.00m	40.00m	
50-59	400m	.840m 33°	147"7"/2"	114'9'/2"	131'2'/2"	10
60+	300m	.762m 30"	50.00m 164'0'/2"	35.00m 114'9'/2"	40.00m 131'2%*	7

IMPLEMENTS													
SHOT PUT	DISCUS	HAMMER	JAVELIN	WAYA	GHT								
4.00k 3.00k	1.00k 1.00k	4.00k 3.00k	600gms. 400 gms.	20# 16# 12#	20# 16# 16#								
7.26k (16 lbs.) 6.00k 5.00k 4.00k	2.00k 1.50k 1.00k 1.00k	7.26k (16 lbs.) 6.00k 5.00k 4.00k	800 gms. 800 gms. 600 gms. 600 gms.	35# 25# 20# 16#	35# 35# 25# 25# 25#								
	4.00k 3.00k 7.26k (16 lbs.) 6.00k 5.00k	## SHOT PUT DISCUS ### 4.00k	SHOT PUT	SHOT PUT DISCUS HAMMER JAVELIN 4.00k 3.00k 1.00k 1.00k 4.00k 3.00k 600gms. 400 gms. 7.26k (16 lbs.) 6.00k 5.00k 2.00k 1.50k 1.00k 7.26k (16 lbs.) 6.00k 5.00k 800 gms. 800 gms. 600 gms. 600 gms. 600 gms. 600 gms. 600 gms. 600 gms.	SHOT PUT DISCUS HAMMER JAVELIN WEI WAVA 4.00k 1.00k 4.00k 600gms. 20# 3.00k 1.00k 3.00k 400 gms. 16# 7.26k (16 lbs.) 2.00k 7.26k (16 lbs.) 800 gms. 35# 6.00k 1.50k 6.00k 800 gms. 25# 5.00k 1.00k 5.00k 600 gms. 20# 4.00k 1.00k 4.00k 600 gms. 16#								

Steeplechase: men 30-59: 3000m/36" (.914m); men 60+ and women: 2000m/30" (.762m)
Superweight: M30-69 56-lb.; M70+ 35-lb.; W30-49 35-lb.; W50+ 25-lb.
WAVA weights are used for USATF weight pentathlons.



One section of older sprinters in the 100m, 1997 India National Veterans Championships, Kanpur, Uttar Pradesh.

Photo from V. Suryanarayana

European 100, 200, and 400 gold medalist, Dr. Stephen Peters comes up against Kwadwo Ansah, the British 100m champion. They have not yet had a head-to-head clash. Tony Wells, M45, will compete in the hurdles, defending champion, Peter Browne in the 400 and 800 and Wilbert Greaves will make his veteran debut in the hurdles. Pat Gallagher has now moved into the W50 group and is in cracking form. Carina Graham is in the W60 group and recently set two world records.

WAVA General Assembly

There are two candidates from Britain seeking election to the WAVA Council. Ron Bell is standing for Vice President, Non-Stadia, while Bridget Cushen is standing for Women's Representative.

Drug Suspension

Drug testing was carried out at the European Veterans Track & Field Championships in Malmo last July. It has now been confirmed by EVAA that Hans Schouten from Holland has been suspended for four years by the IAAF. It is understood that he refused to take the test. This means the M45 shot put silver now goes to V. Koca, (Tch), and Karld Trumm (Estonia) moves up from 4th to take the bronze. Schouten's silver medal in the discus now goes to L. Baraldo, Italy. Viktor Zhurba from the Ukraine gets the bronze.

Gates Scores a Double in European Veterans Championships

by MARTIN DUFF and BRIDGET CUSHEN

Nigel Gates, M40, took firsts in both the 10K and half-marathon at the windswept Hague in the European Veterans Championships, Netherlands, May 31-June 1. In his last championship venture on the continent, Gates led most of the way in the 10K, only to get jumped in the closing stages. This time he made no mistake. The wind-restricted times were modest (30:56 and 68:16) by his standards, but he beat his conquerers at the World Championships last June.

The course was a three-lap affair, and, for the first two small circuits, a large group played cat and mouse in the difficult crosswind before going through 5K in 15:45. The Frenchman Alex Gonzales hit the front, with Gates giving chase. After a couple of slower kilometers, the Toronto world champion sped away to victory, but Gonzales claimed the M45 gold in 31:09.

Reinhold Leibold, Germany, took the M50s in 32:52, and Les Presland, Great Britain, won the M55 with a 33:52, chased home by the brilliant M60 Ukrainian Anatolyi Prisyaznuk, whose 34:06 must challenge the M60-64 world best.

Irish lass Mags Greenan, W35, was a narrow winner of the women's section in 36:37 over Holland's Geeske Jansen (36:43). Irene Castets, France, in the W40 (37:23), Felicity Garland, Great Britain, W45 (38:46), and Eileen Quinton, Great Britain, W65 (48:25), were all good winners.

For the half-marathon, the wind was blowing even more strongly, so again there were reluctant leaders in the men's race. Gates employed the same tactics and followed every move. Finally, after about 15K, Mike Girvan, M40, Great Britain, silver medalist in the world 10K last year, made a brave run for home. It was all the more so because he opted to race one of the local trams as well as the rest of the field.

Gates followed the break, which took the leading two clear of Ireland's Gerry Kiernan, before sprinting past Girvan in the closing stages for a 20-yard victory. The brilliant Ukrainian Prisyaznuk again came out well ahead in the M60 group with a 76:02.

Silvia Lencina, W35, Spain, got away from Britain's Sandra Edwards in the second half.

What the walks lacked in quantity, they more than compensated for in quality, with no fewer than 18 nations being represented. The traffic-free roads within the confines of Zuiderpark in The Hague proved ideal, flat, fast, and shaded, with good international judging. Four competitors were disqualified. Holland's Henk Plasman (M40, 2:26:28) won the men's 30K, while Switzerland's Heidi Maedor (W50, 1:50:11) defeated all her younger rivals in the women's 20K.

Masters Scene

NATIONAL

- Jerry Crockett, USATF Masters LDR Chairman, announced that Charles DesJardins will serve as team manager and Ruth Anderson will act as assistant manager for the cross-country and marathon relay teams at the WAVA Championships in Durban.
- Judith Flannery, 57, whose picture appeared on p. 12 of the NMN June issue, was killed when struck by an automobile driven by an unlicensed teenage driver, while she was in the 22nd mile of a 55-mile training run. Flannery was a nationally-ranked triathlete.

EAST

- Bill Rodgers (49, 32:50) showed the masters how it was done at the NYRRC Battle of the Running Cities 10K, Atlantic City, NJ, May 18.
 Mary Wagner (46, 44:28) prevailed over the women's masters field. Decisive winners in their age-groups were Annette Fresch (56, 47:26) and Joe Porter (61, 50:34).
- Sean Doyle (42, 33:32) sped to a first place masters finish (4th overall) at the NYRRC Running New York 10K, Central Park, NYC, May 4. Gillian Horovitz (41, 37:35) once again led the masters women (3rd overall). Age-group standout was Kenneth Jones (66, 42:55) with an 81% AG performance. Horovitz (41, 17:54) swept the entire field at the women's Advil 5K Tune-Up, Central Park, NYC, May 11, with an 85.1% AG performance. A strong performance was also turned in by W65 winner Thelma Wilson (65, 25:05).
- Tom Stevens, 41, 48:44, Middletown, MD; and Cathy Ventura-Merkel, 41, 59:40, Arlington, VA, gamered masters firsts, George Washington Parkway 15K, Mt. Vermon, VA, April 20. Age-graded honors went to Fay Bradley, 50, Washington, DC, M55 winner in 54:18 (91.4%), and Hedy Marque, 79, Alexandria, VA, W75 first in 85:05 (88.3%).
- Jane Fonseca, 45, 28:42, and Mary Gallagher, 40, 34:19, captured masters firsts in the Run For Freedom 5 Mile, Newark, NJ, May 12. The race was started by Frank Schiro, 44, NYC, 12 years ago to benefit programs that offer help to recovering addicts. In 1977, he was about to be pulled off life-support systems after collapsing from a heroin overdose and walking pneumonia, but his mother refused, and he survived. In 1995, for his work in helping rehabilitate users, he was honored by a meeting with Nancy Reagan ("I'm not a registered Republican, but I am a registered felon," he quipped in an interview prior to the White House visit). Schiro now runs about 50 miles a week. This year's race featured top names and national champions, including Sid Howard, 58, Victor Cruz, 57, Paul Dickson-Taylor, 43, Dudley Healy, 83, and Vincent Carnevale, 80.

SOUTHEAST

- Phil Raschker began her outdoor season on April 13 with two pending W50-54 world records. Competing in the USATF Georgia Open Championships, she high jumped 1.54/5-0½, bettering the previous mark of 1.53/5-0¼ by Renate Vogel of Germany, and erased the long jump mark of 5.25/17-2¾ by Jan Hines of Australia with a 5.40/17-8½, which equaled her world indoor record in Chicago the week before.
- Roberto Castillo, 40, Miami, won his fourth consecutive road race overall in the Run For Youth 5K, Plantation, FL, April 5, with a 15:48. Castillo, who finished third master in the Jacksonville River Run, has PRs of 3:55 in the 1500 and 4:10 in the mile. Kimberly Halliday 40, was the W40+ winner (18:36). Racewalker Linda Stein, 49, opted to run instead and won the W45 race in 21:19, leaving Elizabeth

Nelson, 47, to place first overall in the walk in 30:04, with Daniel Koch, 53, first male overall in 31:43

- Phil Rowan, 42, Greenville, NC, in 32:30, and Alendia Vestal, 45, Brevard, NC, in 39:03, breezed to masters wins, Expo 10K, Knoxville, TN, May 24. Grandmasters (50+) winners were Harry Purdy, 52, Oak Ridge, TN, 39:03, and Martie Ulmer, 55, Knoxville, 48:39.
- In the 21st Run 'Fer The Hills 10K, Gatlinburg, TN, June 7, masters wins went to Cralg Young, 40, Colorado Springs, CO, with a 32:08, and Marietjie Ceronio, 40, Clarksville, TN, with a 39:01. Grandmasters victors were Scott Barrow, 50, Nashville, TN, 37:12, and Mary Priesel, 50, Signal Mountain, TN, 42:01.
- Grabbing the masters titles at the Memorial Day Family Affair 5 Mile, Boca Raton, FL, May 26, were Gary Bloome (43, 27:48) and Marla Buechner (37:29). Bill Springer (57, 30:21) demolished his division with an 83% AG performance.
- Virginia's Leonore McDanlels set a new W65 WR of 2.04m in the pole vault at the Senior Sports Classic in Tucson, May 23-28.

MIDWEST

 At the USATF National 15K Racewalk Championships, May 18, in Elk Grove, IL, Max Green smashed the M65 U.S. record. His 1:25:38 wiped out the 1:32:55 set by Jack Starr last year. Overall masters winners were Mike De Witt (46, 1:17:21) and Sandra DeNoon (41, 1:31:29).

MID-AMERICA

• The 1997 edition of the Bolder Boulder 10K drew over 34,000 runners to Boulder, CO., on May 26. Topping off the masters field in this mega-event were Craig Young, (40, 31:40), and Jane Welzel (42, 35:29). Williams Royal, 91, completed the course in 1:54:17, with lone Smith, 82, winning her division in 1:45:10.

SOUTHWEST

 Throwers Carol Finsrud, W40, and Wendell Palmer, M65, set a total of four new U.S. records at the 6th Waterloo Championships, Buda, TX, May 17. In the discus, Finsrud threw 170-5 to obliterate Janet



Sue Ellen Trapp, 51, Ft. Myers, Fla., on her way to an open world-record 235.19 miles, in the 48 Heures De Surgeres in France, May 4-5. Photo from Ron Trapp

Wilson's 146-7 set in 1993. Palmer's 178-8 wiped out Thomas McDermott's 163-1 set in 1984. This duo was equally impressive in the shot put with Finsrud raising the standard to 42-5 (old record 39-7, Joanne Grissom, 1980) and Palmer upping the ante to 44-3 (old record 43-0, Phillip Brusca, 1993).

 Cool temps made for good times at Mississippi's largest road race, the Bank of Mississippi Gum Tree 10K, Tupelo, May 10.
 Battling down to the wire for the women's crown were masters Nancy Grayson, 38:00; Judith Hine, 38:04; and Vicki Crisp, 38:06. Men's masters champ was Brad Pace, 31:59. Grand masters champs were Jerry McGath, 36:02, and Sherry Rhodes, 47:52.

NORTHWEST

 Mark Dickey, M40, 33:55, and Debbie Hanson, W40, 41:05, took masters titles in the Salt Lake City Classic 10K in SLC, May 31.
 National record holder Stephen Lester ran 35:11 in winning the M50-54 race.

CANADA

• Dave Reed, 42, won the age-graded Mundy Masters Mile, with an 88.1% 4:32.3, Coquitlam, BC, June 1. Peter Ladner, 48, was second (87.5% 4:47.0). Debbie Collum, 45, was the first woman, ninth overall (84.5% 5:27.2).

INTERNATIONAL

Sue Ellen Trapp, 51, Ft. Myers, FL, reached a new level in ultrarunning by completing 235.19 miles virtually non-stop for 48 hours around a 301.50m track in the 48 Heures De Surgeres, France, May 4-5. Trapp stopped once for a 20-minute rest and broke the world record for women by some eight miles to finish third overall of 18 runners from seven countries in the



Reuben Beauchamp, 50, Princess Anne, Md., first M50 (54:58), George Washington Parkway 15K, Alexandria, Va., April 20.

Photo by George Banker

13th annual race. Trapp is the oldest U.S. runner to hold a world track record. Roy Pirrung, Sheboygan, WI, was second overall with an M45 U.S. record of 243.62 miles.

Masters Return To Illinois

Track and Field Championship Saturday July 12, 1997 Libertyville, Illinois

Full Day Seminar
Friday July 11, 1997
Herbs, Hormones & Change
'Altering The Faces of
AGING'

SEND SASE

Craig Dean MD. 719 Stonegate Ct. Libertyville, Illinois 60048

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Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are generally limited to men over 40 and women over 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene OR 97405.

TRACK & FIELD

NATIONAL

August 7-10. 30th annual USATF National Masters Championships, San Jose, Calif. San Jose Sports Authority, 99 Almaden Blvd., Suite 975, San Jose, CA 95113. Steve Haas, meet director. 408-288-2935. August 16. USATF National Masters Weight & Superweight Championships, Seattle, Wash. Ken Weinbel, 4103 Hillcrest Ave. S.W., Seattle, WA 98116. 206-932-3923; fax: 206-932-3917.

September 20-21. USATF National Masters Decathlon & Heptathlon Championships, Thomasville, N.C. Bill Busby, 11 Culbreth Ave., Thomasville, NC 27360. 910-476-1228(h); 475-8141(w).

October 11. USATF National Masters Weight Pentathlon Championships, Orlando/Disney Sports Complex. Jeff Wentworth, PO Box 10000, Lake Buena Vista, FL 32830-1000. 407-363-6627; fax: 407-363-6601.

July 30-August 2, 1998. 31st annual National Masters Championships, Orono, Maine.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

July 9, 16, 23, 30. Philadelphia Masters Developmental Meet, Swarthmore College, Pa. Timothy Dickens, M.D., 610-828-5528; Bill Krieger, 215-516-2283.

July 12. USATF East Regional Masters Championships, U. of Maine, Orono. Site of 1998 Championships. Rolland Ranson, 5747 Memorial Gym, U. of Maine, Orono, ME 04469. 207-581-1077.

August 6. Philadelphia Masters Developmental Meet, Swarthmore College, Pa. Timothy Dickens, M.D., 610-828-5528; Bill Krieger, 215-516-2283.

Whaddya Say To A Guy Who's Had The Same Job For 50 Years, Has Never Called In Sick Or Showed Up Late, Never Taken A Vacation Or A Holiday, Never Asked For A Raise Or Got A Bonus And, Believe It Or Not, Has No Plans For Retirement?



Thanks.

Remember - only you can prevent forest fires.

August 17. Philadelphia Masters Championships, Swarthmore College, Pa. (See Aug. 6.)

August 30-31. Potomac Valley TC Games, Williams HS, 3330 King St., Alexandria, VA. 703-671-2520.

September 19-21. New Hampshire Granite State Senior Games, Laconia. GSSG, PO Box 1942, Rochester, NH 03866-1942. 603-322-0055.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

July 19. Jacksonville TC Summer Classic, Bolles School, 7400 San Jose Blvd., Jacksonville, FL. 5 pm. Lamar Strother, 1511 S. McDuff Ave., Jacksonville, FL 32205. 904-388-7860.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

July 12. Masters Return To Illinois Meet, Libertyville HS, Libertyville. Craig Dean, 847-367-6347.

July 12. USATF Indiana Championships, Carmel HS, Carmel. SASE to USATF Indiana, 1338 E. Maple Ave., Noblesville, IN 46060. Bill McCormick, 317-773-4027. July 26. USATF Midwest Regional Masters Championships, Carmel HS, Carmel. (See July 12.)

August 2. Cleveland Track Classic, Independence High School, Independence, Ohio. SASE: Norman Thomas, 9065 Gettysburg, Twinsburg, OH 44087.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

July 17. Denver TC Meet, All-City Stadium. 6 pm. Andre Raveling, 2760 E. 2nd Ave., Denver, CO 80206. 303-320-0750. July 27. Blair TC Meet. All ages. Mike Maryott, 1478 Butler, Blair, NE 68008. 402-426-5955.

August 3. The 21st Century AGELESS GAMES. EMRec. UofMN. See entry info. page 17, and/or SASE to Rachel Lyga, 122-NE 63½ Way, Minneapolis, MN 55432. 612-574-9661.

August 5-10. Rocky Mountain Senior Games, Greeley, Colo. Cole Kathman, 970-350-9433.

August 21. Denver TC Meet, All-City Stadium. 6 p.m. Andre Raveling, 303-320-

August 30-31. Rocky Mountain Masters Games, Boulder, Colo. Jim Weed, PO Box 889, Lake Crystal, MN 56055. 507-726-2452; Dave Simmons, 303-443-4919.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

July 5. Texas Masters Championships, U. of Texas, Arlington. Dallas Masters T&F Club, 1501 W. Lavender Ln., Arlington, TX 76013. 817-274-0448. e-mail: Dallas MTAF@aol.com.

July 12. USATF South Texas Association Championships, Clemens HS, San Antonio, Texas. Don Austin, PO Box 39148, San Antonio, TX 78218. 210-354-2891.

July 17-19. USATF Southwest Regional Masters Championships, East Accension HS, Gonzales, Landichde accathlon, heptath on Averght pentathlon. Jeff Baty, 321 E. Josephine St., Gonzales, LA 70737. 504-644-6930.

August 1-2. Oklahoma Masters Athletic Meet, Spaulpa H.S. Stadium, Tulsa, Okla. 918-446-0064.

August 20-24. Pioneer Senior Games, Stillwater. 50+. Pioneer Sr. Games, Box 1449, Stillwater, OK 74076. 405-747-8080.

WEST

Arizona, California, Hawaii, Nevada

June 24-July 31. All-comers meets, Los Angeles. Tues: Banning High; Wed. Birmingham High; Thurs: Bell High. 7 p.m.

July 12. USATF West Regional Masters Championships, San Jose City College, Calif. Site of 1997 National Championships. Monica Townsend, 138 Johnson, Los Gatos, CA 95032. 408-395-9486.

July 17-July 20. San Jose Senior Games, San Jose, Calif. 50+. SJ Senior Games Headquarters: 408-297-0247.

July 26. Santa Barbara Fiesta Pole Vault Championships on the Beach, West Beach, Santa Barbara, Calif. Steve Morris, 805-965-7979; 569-1289.

October 4. Club West Meet, Santa Barbara City College, Santa Barbara, Calif. Beverley Lewis, 805-969-5851.

October 12. Sri Chinmoy Masters Games, Cal State Long Beach, Long Beach, Calif. 40+. Bigalita Egger, 310-645-0271.

November 15. Long Beach Senior Games, Long Beach City College, Long Beach, Calif. 50+. Karla Yuki, 310-570-1776.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

July 12-13. Oregon State Games, Portland, Mt. Hood CC. 503-520-1319. July 19-20. USATF Northwest Regional Masters Championships/Key Bank Classic, Seattle, WA. Ken Weinbel, 4103 Hillcrest Ave. S.W., Seattle, WA 98116. 206-932-3923.

CANADA

August 16-17. Canadian Masters AA National Championships (M40+/W35+), Metro T&F Centre, York U., Toronto. Non-championships: M35+/W30+. Jim Flowers, 479 Drewry Ave., Willowdale, Ontario, M2R 2K9, Canada. 416-226-4713.

September 6. Canadian Masters AA InterClub Championships, Metro T&F Centre, York U., Toronto. M35+/W30+.

ON TAP FOR JULY

TRACK AND FIELD

The XII WAVA World Veteran Athletics Championships will draw over 5000 M40+ and W35+ athletes from all over the world to Durban, South Africa, for 11 days of competition and camaraderie from the 17th through the 27th; 336 U.S. athletes are expected to participate. Events include cross-country, a marathon, and racewalks. Here, regional championships are set for the East in Orono, Me., and West in San Jose, Calif., on the 12th; the Northwest in Seattle on the 19th-20th; and the Midwest in Carmel, Ind., on the 26th. Additional action is available in Texas on the 5th and in Illinois, Oregon, and Texas again on the

LONG DISTANCE RUNNING

Two Indy Life Circuit Races top the list: the Bastille Day Celebration 8K, Newport Beach, Calif., on the 12th, and Chicago Distance Festival 5K (points count for men only) on the 20th. Not to be snubbed, however, are these major races: Peachtree 10K, Atlanta, on the 4th; San Francisco Marathon and Boilermaker 15K, Utica, N.Y., on the 13th; Quad City Bix 7, Davenport, Iowa, on the 26th; and Wharf To Wharf 10K, Santa Cruz, Calif., on the 27th.

RACEWALKING

The USATF Masters Men's 10K Championships take off in Niagara Falls, N.Y., on the 12th.

Awards – age-graded basis. Jim Flowers, 479 Drewry Ave., Wilowdale, Ontario, M2R 2K9, Canada. 416-226-4713.

INTERNATIONAL

July 10-25. 15th Maccabiah Games, Tel Aviv, Israel. US Maccabiah Committee, 1926 Arch Street, Philadelphia, PA 19103. 215-561-6900.

July 11-13. Russian Championships, Moscow. Vadim Marshev, 8 Pervomaiskaya St., Himki, Moscow Region, 141400, Russia. Phone/fax 7-095-573-4150; 7-095-412-4475; 7-095-456-1815. July 17-27. XII WAVA World Veterans Athletics Championships, Durban, So. Africa. P.O. Box 1044, Durban 4000, South Africa. 27-31-239-821. Fax: 27-31-239-874.

September 28-29. Russia-Germany-Ukraine Match, Sotchi, Russia. Vadim Marshev, 8 Pervomaiskaya St., Himki, Moscow Region, 141400, Russia. Phone/fax: 7-095-573-4150; 7-095-412-4475; 7-095-456-1815.

October 24-November 1. Australian

Continued on next page

Continued from previous page

Masters Games, Canberra. The Games Company, GPO Box 2697, Canberra 2601, Australia. Hotline: 06-207-9097.

January 17-28, 1998. 9th Oceania Veterans Games, Hawkes Bay. Jim Tobin, Box 7144, Taradale Napier. Phone/fax: 06-844-5072; mobile phone: 025-240-8880.

August 9-22, 1998. 4th International Masters Games (multi-sports), Portland, Ore.

LONG DISTANCE RUNNING

NATIONAL

July 12. Bastille Day Celebration 8K, Newport Beach, Calif. Indy Life Circuit Race. Food Distribution Center, 426 "A" W. Almond, Orange, CA 92866. 714-288-9080.

July 20. Chicago Distance Festival 5K, Chicago, Ill. Indy Life Circuit Race (counts for men only). Carey Pinkowski, 54 W. Hubbard #600, Chicago, IL 60610. 312-527-2200.

September 1. USATF National Masters 8K Cross-Country Championships, Pasco, Wash. Jim Peterson, 520 Franklin, Richland, WA 99352. 509-376-6731.

October 5. USATF National Masters Marathon Championships, Minneapolis/ St. Paul, Minn. Indy Life Circuit Race. 11/2 X points. Scott Schneider, 708 N. First St., #CR-33, Minneapolis, MN 55401. 612-673-0778.

October 25. USATF National Masters 15K Championships, Tulsa, Okla. Indy Life Circuit Race. Jack Wing, 4038 E. 48th St., Tulsa, OK 74135. 918-742-5418.

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

July 13. Utica Boilermaker 15K, Utica, New York. Box 4729, Utica, NY 13504. 315-853-3941.

July 19. Long Island Women's 5K, Farmington, N.Y. Irene Robinson, 516-422-3366.

July 29. Yankee Homecoming 10 Mile, Newburyport, Mass. Jon Pierson, PO Box 366, Newburyport, MA 01950. 508-454-9735.

August 3. Manhattan Half-Marathon, Central Park. NYRRC, 9 E. 89th St., NY, NY 10128. 212-860-4455; fax: 860-9754

August 9. George Sheehan Classic 10K, Red Bank, N.J. John Haulenbeek, PO Box 157, Spring Lake, NJ 07762. 908-974-8457.

August 10. USATF New England 10K Championships, Salem, Mass. SCNA, PO Box 8608, Salem, MA 01971-8608. 508-921-1990.

August 17. Falmouth 7.1 Mile, Falmouth, Mass. 508-540-7000.

September 14. Harvard Pilgrim 5K, Providence, R.I. Pilgrim 5K, PO Box 1940, East Greenwich, RI 02818. 401-331-4034.

September 14. Runs For Life 10K & 3K, Picatinny Arsenal, Dover, N.J. Runs For Life, PO Box 210, Wharton, NJ 07885.



Pete Richardson (#261), captured the M60 800 gold medal in 2:27.4. Dennis Duffy won the M50 race in 2:25.7. Visalia Classic, Visalia, Calif. May 3. Photo by Glen Williams

Hotline: 201-927-8823; e-mail: drears.@ sunsite.unc.edu.

September 20. Great Cow Harbor 10K/RRCA Championships, Northport, N.Y. SASE to GCH 10K, PO Box 41, Northport, NY 11768.

November 2. New York City Marathon. SASE for "How to Apply" brochure to NYC Marathon, 9 E. 89th St., NY, NY 10128. 212-860-4455; fax: 860-9754.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

July 4. Peachtree 10K, Atlanta. SASE (after March 1) to Atlanta TC, Peachtree, 3097 E. Shadowlawn Ave., Atlanta, GA 30305. 404-231-9064.

July 4. Yorktown Freedom 5K, Yorktown, Va. Masters money. Harry Fagan, 757-873-3627(w); 898-9251(h). August 16. Big Dog 10K/Little Dog 5K, Ft. Eustis, Va. Mike Cicero, 757-878-2097.

August 23. Maggie Valley Moonlight 8K, Maggie Valley, N.C. 704-926-1686. August 30. Cheatham Lake 6K, Williamsburg, Va. Rick Platt, Colonial RR, PO Box 657, Williamsburg, VA 23187. 757-229-7375.

September 1. U.S. 10K Classic, Atlanta. Classic, 6400 Highlands Pkwy., Suite C, Smyrna, GA 30082. 770-432-0100.

September 6. Run By The River 5K, Clarksville, Tenn. \$9600 for M&W masters & grandmasters. SASE to RBTR 5K, PO Box 3899, Clarksville, TN 37043. 615-647-3855.

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

August 9. Paavo Nurmi Marathon/Relay, Hurley, Wisc. 715-561-4334.

August 16. Camden-Clark Parkersburg Half-Marathon/USATF Open Men's National Championships. Louie A. Haer Jr., PO Box 718, Parkersburg, WV 26102. 304-424-2786.

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, New Mexico, N. Dakota, Nebraska, S. Dakota

July 4. Coast To Coast Freedom Run 8K, Brookings, S. Dak. Eric Rasmussen, 425 22nd Ave. S., Brookings, SD 57006. 605-692-7775.

July 5. Alien Chase UFO 5K & 10K, Roswell, N.M. 505-624-0251.

July 6. Fair Saint Louis 10K & 3K. Masters & grandmasters money. Nick Whiteside, 217-753-2359(h).

July 26. Quad City Times Bix 7, Davenport, Iowa. 319-359-9197.

August 17. Pikes Peak Marathon, Manitou Springs, Colo. PPM, PO Box 38235, Colorado Springs, CO 80937, 719-473-2625.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

July 4. Baytown Heat Wave 5 Mile, Baytown, Texas. 713-383-7283.

August 2. Texas Avenue Mile, El Paso. 915-533-9062.

WEST

Arizona, California, Hawaii, Nevada

July 4. Huntington Beach July 4th Parade 5K, Huntington Beach, Calif. Kinane Events, 2987 Highland Dr., Carlsbad, CA 92008. Hotline: 714-374-1535, X4.

July 13. San Francisco Marathon. Pacific Association, 120 Ponderosa Ct., Folsom, CA 95630. 1-800-722-3466 (CA only), 916-983-4622.

July 27. Wharf To Wharf 10K, Santa Cruz, Calif. SASE to WTW, PO Box 307, Capitola, CA 95010. 408-475-2196.

August 17. America's Finest City Half-Marathon, San Diego. 619-297-3901.

September 19-20. The Relay - Napa To Santa Cruz, Calif. 194 miles/12-member

teams. Starts in Calistoga. The Relay, 570 El Camino Real, Suite 150, Redwood City, CA 94063. 415-508-9700; fax 508-9703.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

July 26-August 1. Eugene Running Camp, Eugene, Ore. Coaches & speakers Bill Dellinger, Tom Heinonen, Mike Manley, & Joe Henderson. Limited to 40 adults, all levels. 800-622-8444.

August 22-24. Hood To Coast Relay, Mt. Hood to Seaside, Ore. 195 miles. Also shorter Portland To Coast Run Relay & Walk Relay. New categories: 50+ men's, women's and mixed teams. SASE to HTC Relay, 5319 SW Westgate Dr., Suite 262, Portland, OR 97221. 503-292-4626; fax 292-4113.

September 20. Idaho Women's Fitness Celebration 5K, Boise. Maryanna Young or Anne Audain, 511 W. Main St., Boise, ID 83702. 208-331-2221; fax: 331-2223.

INTERNATIONAL

July 4-13. Road race series near Galway, Dublin and Cork, Ireland. Roadrunner Tours, PO Box 1034, Michigan City, IN 46360-1034. 219-879-0133. Internet: http://www.halhigdon.com.

July 17-27. XII WAVA World Veterans Athletics Championships, Durban, South Africa. P.O. Box 1044, Durban 4000, South Africa. 27-31-239-821. Fax: 27-31-239-874.

August 31. BVAF Marathon Championships, Stokes Ferry, Norfolk, England. Tony Hunt, The Dell, Stokes Ferry, Norfolk, England. Tel: 01366500309.

October 26. Athens Marathon, Athens, Greece. Apostolos Greek Tours, Inc., 3145 S. Akron St., Denver, CO 80231. 970-669-8377.

RACEWALKING

July 12. USATF National Masters Men 10K Racewalk Championships, Niagara Falls. Dave Lawrence, 94 Harding Ave., Kenmore, NY 14217.

July 17-27. XII WAVA Championships, Durban, South Africa. W10K roadwalk; M20K roadwalk; 5000m track. See T&F International Schedule.

August 7-10. USATF National Masters T&F Championships, San Jose, Calif. W10K roadwalk; M20K roadwalk; 5000m track. See T&F National schedule. September 7. USATF National Masters 40K Racewalk Championships, Long Branch, N.J. Elliott Denman, 28 N. Locust Ave., West Long Branch, NJ 07764. 908-222-9080. Ray Funkhouser, 908-341-7386.

September 13. USATF National Masters 5K Racewalk Championships, Kingsport, Tenn. Bobby Baker, 318 Twinhill Dr., Kingsport, TN 37660.

September 14. BVAF 10K Racewalk Championships, Leicester, England. Peter Adams, 7 University Close, Syston, Leicester, LE7 2AY, England. Tel: 0116 2606628.

October 12. USATF National Masters 1-Hour Racewalk Championships, Cambridge, Mass. Justin Kuo, USATF New England, PO Box 1905, Brookline, MA 02146-1905, 617-821-3000; 731-9062.

RECIPIENTS OF CERTIFICATES/PATCHES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

M35-39	Age Des			M55-59				Walter Atcheson	2K SC	10:33.6	05-10-97
Greg Font Scott King	Long Jump 3000	21-6¾ 9:23.4	03-23-97 05-17-97	William Eisenhart	Shot Put	11.52	05-26-97	Raymond Malo- ney	Javelin	104-7	05-25-97
M40-44 Jim Hershberger	800	2:07.15	05-03-97	Byron Melendy	Javelin 5K 10K	40.34 18:16 37:38	05-28-97 11-23-96 02-22-97	M75-79 Russell Moore	100	16.2	04-24-97
M45-49 Stephen Cox	High Jump	5-8	05-17-97	M60-64		37.50		W45-49		20.5	06 17 07
Jim Dolezel	100	11.95	06-29-97	Arnie Levick M65-69	3K RW	16:01	04-20-97	Diane Vance W50-54	Javelin	79-5	05-17-97
the Charles of Co.	Long Jump	24.30 5.58	06-29-97 06-29-97	Mack Branham	Shot Put	36-6	05-10-97	Carol Hansen	5K	22:18	05-31-97
Daniel Merritt	1500-	2:09.5 4:26.8	05-03-97 05-03-97	Jack Gray	Discus 5K	130-9 20:20	05-10-97 05-26-97	W60-64 Joan Burgess	High Jump	1.05	03-23-97
M50-54				<u>M70-74</u>				Roddie Larsen	Long Jump	3.53	05-23-97
David Golden	100	12.30	06-21-96	Dick Donley	High Jump	4-2	05-26-97	Janice Wolowicz	Discus	60-7	09-07-96

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Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
100	11.0	11.33	11.67	12.0	12.5	13.0	13.5	14.0			18.0	20.0
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1500	4:11	4:15	4:22	4:32	4:45	5:02	5:24	5:47			7:59	9:15
Mile	4:31	4:35	4:42	4:53	5:07	5:25	5:49	6:14		100000	-	10:10
5000	15:30	15:42	16:06 33:30	16:44	17:30	18:24 38:10	19:36 40:30	21:08				68:30
10000 110H	32:11 15.3	32:35	17.75	34:45	36:15	36:10	40:30	44:15	40.30	34.30	01.13	66.30
100H	13.3	10.4	17.75	10.75	18.0	19.0	20.0	21.3				
80H			1		10.0	19.0	20.0	21.3	18.0	21.0	25.0	30.0
400H	57.6	59.7	62.0	64.4	67.2	70.6						River
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2K-SC	This old			2000		Need !	9:30	10:30	12:00	14:00	16:30	19:30
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A CONTRACT	6-41/2	6-1/4	5-91/4	5-6	5-21/2	4-11	4-71/2	4-4	4-1/2	3-8	3-4	3-1
PV	4.40	4.15	3.90	3.60	3.30	3.05	2.80	2.55	2.30	2.05	1.80	1.50
THE PERSON	14-51/4	13-71/4	12-91/2	11-91/2	10-10	10-0	9-21/4	8-41/4	7-61/2	6-81/2	5-11	4-11
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W35	7:22	8:03	15:18	26:27	43:11	53:56	1:21:56	1:52:06	2:24:43	2:59:15	4:08:45	5:37:3
W40	7:37	8:21	15:53	27:26	44:47	55:56	1:23:29	1:53:32		3:01:53	4:12:21	5:42:2
W45	8:03	8:41	16:32	28:33	46:35	58:10	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	5:55:4
W50	8:25	9:05		29:49		1:00:41	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:2
W55	8:55	9:31	18:05	31:14			1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:0
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W70	10:26					1:10:37	1:49:50	2:30:12	3:14:51			7:39:4
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M30	6:31		13:21	23:05	37:57	47:49	1:13:10	1:38:18	2:05:12	2:32:17	3:27:30	4:31:0
M35	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28		2:06:56			
M40	6:58	7:29	14:16	24:24	40:15	50:32	1:17:03	1:43:13	2:11:29	2:39:47	3:37:53	4:44:4
M45	7:13	7:46	14:47	25:31	41:44	52:25	1:19:58	1:47:10	2:16:35	2:46:05	3:46:36	4:56:2
M50	7:33	8:05	15:23	26:33	43:25	54:32	1:23:14	1:51:37	2:22:20	2:53:13	3:56:29	5:09:2
M55	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56	1:56:38	2:28:52			5:24:2
M60	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10	2:02:23	2:36:20	3:10:33		5:41:2
M65	8:38	9:19	17:43	30:33	49:56	1:02:45	1:36:01	2:08:58	2:44:53			6:01:0
M70	9:08	9:50	18:44	32:18	52:46	1:06:21	1:41:37		2:53:56			6:23:5
M75	9:43	10:28	19:55	34:20	56:04	1:10:35	1:48:13		3:05:02			6:50:5
M80		11:14		36:50	60:06							7:24:1
M85		12:13				1:22:26			3:39:31			8:07:5
		13:39				1:32:08			4:06:38			9:11:3

Event	30-34	35-39	40-44	45-49	50-54	MEN 55-59	60-64	65-69	70-74	75-79	80-8
100	13.8	14.2	14.6	15.0	15.6	16.2	16.9	17.8	18.8	20.0	21.
200	28.0	29.2	30.3	31.4	32.5	34.0	35.7	37.5	40.0	43.5	47.
400	63.5	65.5	67.5	69.5	71.5	73.5	78.5	83.7	90.0	96.5	103.
800	2:32	2:35	2:40	2:46	2:54	3:05	3:19	3:36	3:56	4:09	4:3
1500	5:10	5:19	5:29	5:40	5:58	6:20	6:48	7:23	8:04	8:52	9:4
Mile	5:34	5:44	5:55	6:07	6:26	6:49	7:19	7:46	8:47	9:39	10:4
5000	19:45	20:30	21:20	22:16	23:12	24:16	26:08	28:08	30:08	32:21	34:2
10000	41:00	42:40	44:40	47:00	49:30	52:00	56:00	60:00	66:00	76:00	86:0
100H	17.2	18.2	200								
80H			15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.
400H	75.5	79.9	84.4	88.8							
300H					66.0	72.0	79.0	87.0	96.0		
HJ	1.42	1.35	1.27	1.19	1.12	1.07	1.02	.97	.92	.89	.8
	4-8	4-51/4	4-2	3-11	3-8	3-61/4	3-41/4	3-21/4	3-01/2	2-11	2-
PV	2.70	2.40	2.10	1.80	1.50	1.20	1.10	1.00	0.90	0.80	0.7
	8-101/2	7-101/2	6-11	5-11	4-11	3-11	3-71/4	3-31/4	2-11	2-7/1	2-3
LJ	5.00	4.60	4.25	3.90	3.55	3.20	2.85	2.60	2.35	2.10	2.0
	16-5	15-1	13-111/4	12-91/2	11-8	10-6	9-41/4	8-61/4	7-81/2	6-11	6-
TJ	10.00	9.20	8.60	7.80	7.18	6.40	5.70	5.20	4.70	4.20	3.8
	32-10	30-21/4	28-21/2	25-71/4	23-7	21-0	18-81/4	17-1	15-5	13-91/4	12-5
Chan	10.30	9.30	8.40	7.70	7.95	7.20	6.50	5.80	5.25	4.70	4.2
Shot	33-91/2	30-61/4	27-7	25-31/4	26-1	The second second	21-4	19-01/4	17-3	15-5	13-11
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	98-5	91-2	85-4	78-9	72-2	65-8	59-1	52-6	49-2	45-11	44
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APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH

- 1. If you have equaled or bettered the standard of excellence, please fill out this application, com-
- pletely.

 2. A copy of your results or a note stating in which issue your results appeared MUST accompany
- this application.

 3. Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is \$15.

 4. Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.

 5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

TRACK & FIELD RESU

Please send results to: National Masters New Box 50098, Eugene OR 97405. To keep inforcurrent, we generally do not publish results mo 4 months old. Results that are typed (maxin spaces / 21/4" wide) in our format receive pref Deadline is the 10th of the month prior to issue

NOTICE: The National Masters News will no long process results that are submitted han

SOUTHEA	ST	W35 Keg Good
		W55 Judy Eisenhart
Potomac Valley TO	Meet Meet	W65 Maxine Bartlett
Alexandria, VA; A	pril 27	3000m RW
100m	A STATE OF	M45 John Gersh
M35 Randall Mitts	11.85	M50 Victor Litwinski
M50 D J Bertagnoli	15.20	
W75 Carla Convery	25.87	M60 Allyn Evans
	23.01	M70 Ralph Driscoll
200m	05.40	W65 Terry Hamilton
M35 Jeffrey Madison	25.40	Southeastern Maste
M45 J J Wind	33.90	Raleigh, NC; Ma
M50 Walter Gibson	27.40	100m
M65 John Martin	33.70	
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M30 Y Mermersky	5:23.50	Benny Liles
M35 William Greene	5:06.80	Samuel Hall
M40 Bruce Hamilton	4:41.20	Clifton Manuel
M45 Paul Ryan	4:47.90	M55 Marson Harrison
M50 Bob Weiner	5:46.20	Hans Gordon
M60 Bill Brice	6:54.70	
W50 Joy Chambers	8:41.50	Nat Carter
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M45 J J Wind	10:56.00	Bob Dobbs
M50 Bo Weiner	11:19.70	Raynah Adams
M60 Bill Price	14:06.90	Willie McLeod
W65 Terry Hamilton		Bobby Moore
High Jump	7.22.00	
M40 Bruce Hamilton	5	M65 James Stookey
	100	Lawrence Greco
Long Jump	THE REPORT OF	John Schreiber
M35 Jeffrey Madison	16-6.50	Kenneth Morris
W75 Carla Convery	5-4	Bill Bergen
Shot Put	Sent and serve	M70 William Dapran
M30 Zack Scott	43-2	Oscar Harris
M35 J Madison	28-8	Raymond Bowe
M45 Randy Yohe	22-7	
M55 W Eisenbart	35-5	CharlieBaker
		Stan Egerton
The second secon	32-8.50	M75 Tom Kennel
	30-11.50	M McWilliams
W30 Marion Daniel	33-9	Ed Matthews
W65 Maxine Bartlett	15-10.75	John McCarthy
	11-10.50	M85 Jeremiah Gaines
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M30 Zack Scott	129-6	Ann Carter
MAS Dandy Valo	The second second	
M45 Randy Yohe	87-9	W60 Marilyn Fitzgera
M50 Russ White	113-10	Audrey Lary
M55 Norman Johnson		W65 Betty Vosburgh
M60 Bill Smith	138-3	Lenore McDani
M70 C Pistorino	94-7	W75 Carla Convery
W30 Marion Daniel	105-3	200m
W65 Maxine Bartlett	39-11	M30 Abraham Canty
W75 Carla Convery	32-8	Jim Wiley
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	100 (Gregory Singlet
M45 Randy Yohe	108-6	M35 Kinley Hill
M50 Russ White	184-1	S Meriwether
M55 W Eisenhart	119-6	Stephen Winke
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M55 M Hamlyn	5:26.90	M70
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H Stephens	15:37.51	M33
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Bill Walsh	1.39	M30 G
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Richard Fox	1.25	M40 R
M60 Glenn Yoder	1.44	D
Jack Gilmore	1.39	R
M65 James Stookey	1.39	G
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Charlie Baker	1.14	M50 S
M75 Tom Kennel	1.07	В
M80 Ian Hume	1.10	L
W55 Essie Kean	1.14	G
W65 L McDaniels	1.14	G
Pole Vault M30 David Hood	4.42	M55 M
M40 M McGinnis	3.81	1 G
Hal Fairbanks	3.51	N
Richard Watson	2.75	Ĺ
M45 Robert Berke	3.97	M60 G
M50 Bill Walsh	3.05	V
	1.83	L
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Jack Gilmore James duncan	1.83	L
M65 R McDaniels	1.98	R
Harold Miller	1.83	V
M70 Stan Egerton	2.75	M70 C
W65 L McDaniels	1.98	E
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Reginald May	5.99	J.
M35 Julius Meekins	6.92	M80 I
Bob Shelton	6.60	C
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Stan Porter	5.37	W50 E
M40 M McPherson	5.95	WOUF
Charles Jordan	5.53	S
Hal Fairbanks	4.97	W65 I
M45 John Baylies	5.80	E
David Anderson		L
James Parsons Bob Rockwell	4.66 4.62	W70 J
M50 M McDaniel	5.57	W75 L
James Dickerson		K
Clifton Manuel		W80 B
Bill Walsh	4.51	Discus
William Yates	3.99	M30 D
M55 Hans Gordon	5.44	C
Nat Carter	4.53	S
Theodore Mordeca M60 Willie McLeod	4.65	M35 N
Tony Besase	4.03	T
	3.59	S MAO D
	2.87	M40 D
M65 James Stookey		R
Kenneth Morris	3.56 3.27	R
		K
	3.85	M45 B
Charlie Baker	3.70	M50 S
M75 Tom Kennel Ed Matthews	3.89 3.12	В
W60 Audrey Lary	3.41	V455 C
W65 L McDaniels	3.41 3.70	M55 C
W75 Carla Convery	1.63	N
Triple Jump	N.	J
M30 Reginald May	13.28	T
M35 Benedict Olusola	13.56	M60 V
	11.76	C
	11.60 11.55	J
M45 Bob Rockwell		L
john Baylies	10.55	M65 L
David Anderson	9.92	V
M50 James Dickerson	10.48	R
Bill Walsh	9.97	R
M55 Nat Carter	10.85	M70 C
Hans Gordon		E
M60 Glenn Yoder M65 James Stookey	8.90	R
R McDaniels	7.80	J
M75 Tom Kennel	8 39	
Ed Matthews	7.50	FEF ST

.49	M80 Ian Hume	5.50
1.49	W65 L McDaniels Shot Put	6.66
1.44	M30 Gary Mirka	11.56
1.39	David Hood	11.50 10.47
.25	Stephen Harriman M40 Robert Gunn	11.88
.44	D Vandergriff	10.97
.39	Richard Watson	10.70
.39	Gary Sutton Mark Kreafle	9.91 9.60
.29	M45 Craig Shumaker	13.85
.25	Bruce Hedendal	11.71
.07	M50 Selden Cooper Bill Walsh	15.03 11.42
.10	Lemuel Clayton	11.10
.14	Gordon Herbert	10.31
.14	George Cliette M55 Mike Valle	8.31 11.45
.42	George Mirka	11.00
.81	J Hoppenstein	10.92
2.75	Norris Wright Leon Combs	10.51 9.25
.97	M60 Gerald Vaughn	13.00
.05	William Smith	10.56
.44	L Gillenwater M65 Leonard Olson	9.04 13.05
2.29	Larry Horine	12.28
.83	Reed Qinn	10.47
.83	William Cox William Patrik	10.40
2.75	M70 Cliff Sampson	11.08
.98	Ed Holmes	10.97
5.50	Don Reid N Weckstein	10.74 8.57
5.99	Jacob Stein	7.70
5.92	M80 Ian Hume	8.08
5.60 5.91	Glin Casey	4.48
5.86	W30 Julie Bredenbeck W50 Erika Szanto	9.50
5.37	W60 Penny Sever	7.97
5.95 5.53	Betty Steele Sharon Good	7.66 5.34
4.97	W65 Lucille Sampson	6.92
5.80	Betty Vosburgh	6.30
5.56 4.66	W70 Jimmie Reid	5.53 5.90
4.62	W75 Libby Hagemann	6.52
5.57 5.42	Katherine Gradick	5.91
4.91	Carla Convery W80 Betty Jarvis	4.58 5.02
1.51	Discus	3.02
3.99 5.44	M30 David Hood	39.84
.53	Gary Mirka Stephen Marriman	35.64 28.96
.19	M35 Michael Jaunsey	37.72
.65	Trace Barnett	34.44
.59	Stephen Winkel M40 D Vandergriff	34.38 35.02
.87	Gary Sutton	32.62
.88	Robert Gunn	31.60
.27	Richard Watson Kevin Rumble	31.56 30.92
.85	M45 Bruce Hedendal	40.86
.70 .89	M50 Selden Cooper	43.24
.12	Bill Walsh Gordon Herbert	35.84 29.32
.41	M55 George Mirka	37.94
.70 .63	Mike Valle	36.68
1	Norris Wright Jack Hoppenstein	31.96 30.06
3.28	T Mordecai	26.66
3.56 1.76	M60 William Smith Gerald Vaughn	45.30
1.60	Jack Gilmore	38.74 35.30
1.55	Les Gillenwater	30.58
0.55	M65 Leonard Olson Larry Horine	46.24 42.98
.92	William Garrahan	39.72
0.48	Rudy Bredenbeck	26.40
.97).85	Reed Quinn M70 Cliff Sampson	35.48
0.15	Ed Holmes	33.40 32.26
.90	R Bergenback	29.94
0.40 .80	Jacob Stein	29.92
.39	Don Reid	28.22
.50	Continued on nex	t page

page	32				Natio	nal M	asters News		ALEXA SERVICE CO.		Jul	ly 1997
Continu	ued from previous	Dage	Libby Hagemann	12.62	William Garrahan	3171	Charles Smith	25.24	2000m Steeplechase	Self-Marie	M65 Leonard Olson	40.10
	STATE OF THE PARTY		Carla Convery	11.28	William Patrick	2670	David Buggs	25.61		B:11.04	Pay Carstensen	39.38
	ohn McCarthy	27.42	W80 Betty Jarvis	10.86	M70 Don Reid	3340	Ken Castro	25.87	M60 Jim Hite 10 4x100m Relay	0:21.77	Reed Quinn M75 Tom McDermott	31.68 29.84
	Fom Kennel	26.42 23.90	Weight Throw	51-79/14	Jacob Stein	2826	M45 Billy Johnson William Rea	23.30 23.93	M40 Trojan Express	43.50	W55 Vanessa Hilliard	47.40
the same was a first	an Hume	11.40	M40 D Vandergriff	15.23	Bill Snaden	2193	Tom Gilliard	24.70	Atlanta TC	45.54	W60 Erika Messner	AR29.88
	Glin Casey Jeremiah Gaines	16.32	Mark Kreafle	10.72	Norb Weckstein	2048	Stephen Foster	25.57	Orlando RC	48.24	(Messner/29.64/1996)	
	Julie Bredenbeck	38.62	Richard Watson	10.31	M80 Ian Hume	2928	Rusty Earp	30.47	High Jump	170	Javelin MOO Noil Morette	42.86
	Erika Szabti	20.58	M45 Bruce Hedendal	12.52	W50 Erika Szanto	2043	M50 Ron Chrzanowski Tom Brewer	23.84 25.10	M30 Ron Stewart M45 Larry McIntyre	1.70	M30 Neil Marotta M35 Dan Taylor	42.96
The second section	Penny Weave	23.54	M50 Lemuel Clayton	10.25	W55 Carol Young	2044	Alvin Seale	t25.80	Rusty Earp	1.44	Bill Truesdale	28.62
	The second secon	18.76	Bill Walsh	9.37	W60 Penny Weaver	2722	Ralph McCay	t25.80	M50 Tom Brewer	1.58	M40 Jesus Virella	45.22
	Betty Steele Sharon Good	11.50	M55 Mike Valle	9.32	Betty Steele	2568	Joe Johnston	26.76	M55 Larry Judd	1.39	M45 Bruce Hedendal	36.80
	Lucille Sampson	18.44	Jack Hoppenstein	7.24	Sharon Good	1383	M55 Lionel Bonck	28.00	Joe DeLuca	0.94	Rusty Earp	24.38
	Betty Vosbrgh	16.94	Richard Fox	5.90	W65 Lillian Snaden	1800	Jerry Frank	29.68	M60 Jim Cleveland	1.22	M50 Gary Lane Larry Morrell	40.18 29.32
	A Bergenback	9.48	Leon Combs	5.75	W75 Libby Hagemann		Bill Wheelock Dave Dreifuerst	29.95 32.52	M65 Larry Fleischman W45 Linda Lowery	0.94	M55 Esse Sattari	43.74
	Libby Hagemann	16.20	M60 Tim Twomey	14.79	Katherine Gradick	and the second second	Dave Ellis	32.72	W55 Barbara Cleveland		Larry Judd	29.12
	K Graddick	12.08	Les Gillenwater	8.84	W80 Betty Jarvis	2975	M60 Joe Shanahan	30.86	W60 Mary Melehan	1.06	Jerry Frank	25.60
	Carla Convery	9.00	M65 Leonard Olson	12.74	5000m RW	DIE IS	M65 Bob Alexander	30.06	Pole Vault	E NETHER	M60 Jim Cleveland	30.74
	Betty Jarvis	14.06	William Patrick	8.66	M35 Tom Flora	24:48	Bob Seelig	30.96	M35 John Murray	3.96	M65 Leonard Olson Reed Quinn	33.84 33.10
Hamn	W. C. CO. CHARLES AND DESCRIPTIONS	14.00	M70 Cliff Sampson	10.52	Glenn Irizarry	33:16	Bill Bergen M75 John Anoka	31.69 34.09	M45 Jim Pedley M50 Joe Johnston	3.20	M75 Tom Kennell	21.46
The second second	D Vandergriff	47.86	R Bergenback	9.06	M40 Andy Jackson	30:50	M80 Murrell Loy	35.10	Charlie Polhamus		Weight Throw	Partice or
The second second second	Richard Watson	36.48	Don Reid	8.71	M50 David Wade	30:23	M85 Oprin Graf	49.00	M55 H N Siverson	3.51	M40 Tony Chioccarelli	
	Mark Keafle	33.86	Jacob Stein	8.42	Bobby Baker	32:26	W30 Maryjane Carter	27.73	Ira Welborn	3.05	M45 Bruce Hedendal	17.04
	Bruce Hedendal	38.40	M80 Ian Hume	6.54	M55 Paul Mailman	33:01	W35 Dana Baumgarten	29.68	W55 Barbara Cleveland	2.13 d 1.98	John von Rohr M50 Robert Cahners	15.64 13.50
	Lemuel Clayton	33.88	W50 Erika Szanto	6.57	Heinrich Looser	33:01	W40 Jocelyn Lowther W45 Susan Houlton	33.07	Long Jump	1.90	M55 Jerry Arline	13.00
	Bill Walsh	32.16	W60 Betty Steele	8.07	M60 Cedric Hustace	31:47	W55 Barbara Cleveland		M35 Jerry Edmondson	5.52	M65 Leonard Olson	13.30
A	Mike Valle	36.58	Penny Weaver	7.78	Al Clowser	35:02	Ann Carter	35.54	M45 William Rea	6.57	Pay Carstensen	12.36
	ack Hoppenstein	22.82	Sharon Good	5.70	Philip Veenhuis	36:23	W60 Mary Melehan	37.30	Rusty Earp	3.72	Reed Quinn	10.76
	Richard Fox	22.16	W65 Lucille Sampson	7.16	Ronald Chandross		M30 Hervin Reid	49.49	M55 Larry Judd Jerry Frank	3.42	W55 V Hilliard age56W W60 Erika Messner	VR 16.56 11.04
	eon Combs	22.10	Lillian Snaden	5.53	M65 Ken Long	34:34	Lenwood Rance	53.87	Joe DeLuca	2.31	Pentathion	11.04
	Tim Twomey	42.18	W75 Libby Hagemann	6.53	Andrew Briggs	34:38	Stephen Bumpas		M65 Jim Stookey	4.48	M30 Neil Marotta	2115
	es Gillenwater	22.22	Katherine Gradick		Clint Edwards	36:15	M35 Wade Dallas	55.56	M70 Bill Daprano	3.63	M35 Tom Wadley	2244
	eonard Oson	36.00	W80 Betty Jarvis	5.04	George Solis	36:36	M40 Charles Smith	56.17	M75 Tom Kennell	3.36	Willie Gaines	1596
J.	Reed Quinn	28.80	Super Weight Throw	10.07	M70 Robert Mimm	30:43	M50 Ralph McCay	59.54 63.28	M85 Oprin Graf	1.96	M55 Jerry Frank W45 Linda Lowery	769 2104
	William Garrahan	26.92	M40 D Vandergriff	10.87	Eldridge Lloyd	36:31	Alvin Seale J C Shenk	64.31	W45 Linda Lowery W50 Lucia Schatteleyn	4.90 3.54	1500m Racewalk	2104
	William Patrick	25.12	Mark Kreafle	6.80	Bill Snaden	38:50	M55 Lionel Bonck	65.68	W55 Barbara Clevelan	7532		7:07.03
M70 I	Oon Reid	32.00	Richard Watson	6.25	M80 Bill Tallmadge	37:40	Bill Wheelock	73.96	Triple Jump			8:28.18
	Cliff Sampson	31.10	M45 Bruce Hedendal	6.49	W35 Catherine Batts	35:22	M65 Jack Lockett	68.69	M55 N DeLaneuville	9.21	The section is a second section of the section of the second section of the sect	7:49.67
	acob Stein	29.26	M50 Lemuel Clayton	6.12	W45 Judith Witt	30:50	Bill Bergen	75.09	Larry Judd	8.66	M55 Art Hansen	9:13.82 9:52.66
13000	R Bergenback	27.94	Bill Walsh	5.86	*Pending AR	185 USE	M75 John Anoka W30 Maryjane Anoka	88.07 84.00	Jerry Frank M65 Jim Stookey	5.62 10.06		
	N Weckstein	14.84	M55 Mike Valle	6.02	USATF Southeast Re	gional	W35 Anne Infante	74.75	M75 Tom Kennell	8.19		8:16.72
M80	lan Hume	16.48	Richard Fox	3.76 7.21	Masters Champions	-	W40 Jocelyn Lowther	63.24	W45 Linda Lowery	8.89		10:08.18
W50	Erika Szanto	25.00	M60 Tim Twomey Les Willenwater	4.73	Orlando, FL; May 1	0-11	W45 Susan Houlton	72.22	W55 Ann Carter	6.48		10:34.17
	Penny Waver	22.52	M65 Leonard Olson	5.77	100m	MIXT TO BE	W50 Ann Makoske Lucia Schatteleyn	75.05	M30 Neil Marotta	10.46		9:34.48 7:42.47
	Betty Steele	21.52	William patrick	4.15	M30 Mark Witherspoon		800m	00.43	M35 Dan Taylor	11.34	W40 Roswitha Sidelko	
	Sharon Good	10.46	M70 Cliff Sampson	7.55	Orlando Matthews		M30 Stephen Bumpas		Bill Truesdale	10.70	DeniseSheppard1	
	Lucille Sampson	23.46	Jacob Stein	5.64	Lenwood Rance Richard Kerr	12.03	M45 Byron Dyce	2:10.76	Mike Richardson	8.82	W45 Elizabeth Nelson	
	Jimmie Reid	16.28	Don Reid	5.47	M35 Steven Fisher	11.76	M50 J C Shenk M55 Jim Clark	2:38.16 2:25.44	M40 Gary England M45 John von Rohr	16.09 12.78	A STATE OF THE PARTY OF THE PAR	8:32.02 8:32.55
	A COLUMN TO SERVICE OF THE PARTY OF THE PART	*19.56	W65 Lillian Snaden	4.64	Randy Brower	12.23		2:46.76	Bruce Hedendal	11.23		9:54.97
	K Gradick	10.98	W75 Libby Hagemann	4.63	Dan Taylor	12.70	M65 Casey Jones	2:35.62	M50 Valan Stieler	11.47		9:57.31
W80	Betty Jarvis	14.44	Pentathlon	10 100	Bernard Scott	13.00 11.92	Jack Lockett	2:50.17	Larry Morrell	10.33		10:24.93
Javeli	in the second		M35 Michael Jaunsey	3163	M40 Barry Wise David Buggs	12.49	M70 Bart Ross	3:10.59	M55 Esse Sattari Larry Judd	12.00 9.10	MarciaShafmastr1 W70 Miriam Gordon	9:48.66
M35	Bob Shelton	43.10	Stephen Winkel	3101	Ken Castro	12.80	W35 Mimi Ney Anne Infante	2:28.69 2:55.60	Joe DeLuca	7.57	5000m Racewalk	9.40.00
M40	Thomas Nielsen	53.64	Brad Davies	2630	M45 Bill Johnson	11.66	W50 Ann Makoske	2:51.83	Jerry Frank	6.43	M45 John Fredericks 2	25:57.08
1000	Richard Watson	47.40	Frank Caucino	2285	William Rea	12.05		3:14.45	M65 Leonard Olson	12.24	Phil Brown 3	30:29.42
	Michael McGinnis	-	Glenn Irizarry	1560	Marion McCoy Tom Gilliard	12.48	1500m		Pay Carstensen	11.25		27:51.83
	Gary Sutton	36.18	M40 James anthony	3040	M50 Tom Brewer	12.92		4:10.94	Reed Quinn W45 Linda Lowery	10.74 7.00		32:42.52 29:46.95
	Robert Gunn	33.38	Richard Watson	2408	Ralph McCay	13.55		5:04.33 4:29.06	W55 Vanessa Hilliard	12.03		37:57.44
All makes that	Bruce Wolfe	39.24	Cecil Noble	2086	Joe Johnston	13.57	Bruce Kritzler	5:10.87	W60 Erika Messner	9.80	M60 Perry Whitehurst 2	
	BruceHedendal	37.90	James Doughton	1533	M55 H N Siverson	13.47		5:19.08	Discus			29:45.81
	John Baylies	28.62	M45 Charles Bernard	1851	N DeLaneuville Bill Wheelock	14.04		5:09.77	M30 Earl Johnson M35 Bill Truesdale	41.92 28.18	John MacLachin 3	
	Bill Walsh	41.30	Garland Roebuck	1688	Dave Dreifuerst	14.54		6:53.07 5:07.26	Mike Richardson	25.16	the same and the s	31:03.66 28:45.73
	Gordon Herbert	30.14 27.96	Bill Graf	1290	Dave Ellis	15.14		6:15.39	M40 Gary England	46.54	W40 RoswithaSidelko2	
	George Cliette T Mordecai	34.76	M50 Harold Lilly	2047	M60 Joe Shanahan	15.00	W50 Ann Makoske	5:55.04	M45 Bruce Hedendal	39.60	DeniseSheppard3	
	Norris Wright	33.28	Mike Crosby	1651	M65 Jim Stookey Bob Alexander	14.98 16.11	Lucia Schatteleyn	_	Robert Hume	37.00	W45 Linda Stein 2	29:07.38
	Jack Hoppenstein		M60 James Duncan	3169 2999	Bob Seeling	17.14	W60 Mary Melehan Joyce HodgesHite	6:46.09	John von Rohr M50 Gary Lane	33.22 39.76	Elizabeth Nelson3	
	Richard Fox	26.92	Jack Gilmore	2507	Bill Bergen	17.21		8:26.36	Valan Steiner	32.84		30:21.86 29:54.36
	Leon Combs	19.32	Marshall Lipton	1710	M70 Bill Daprano	16.04		8:58.38	Larry Morrell	29.82		30:07.64
M60	Les Gillenwater	27.14	M65 Kenneth Morris	2067	M75 Tom Kennell	16.71	5000m		M55 Esse Sattari	37.00	Linda Binge 3	31:28.99
	Leonard Olson	34.36	Jim flowers	1645	John Anoka M80 Murrell Loy	17.97 17.95	M35 Brian Keno 1	7:01.00	Larry Judd	32.04	W55 SperryRademakr2	29:42.28
1.103	Larry Horine	32.24	M70 Oscar Harris	2637	M85 Oprin Graf	22.40		8:31.38 8:39.22	Jerry Frank	9.44	Kay Cella 3	35:56.79
	William Garraham		Jim Dykes	1707	W35 Dana Baumgarten	14.05	The same of the sa	3:51.45	M60 Jim Cleveland M65 Leonard Olson	31.54		35:26.66
	Reed Quinn	29.84	M75 John McCarthy	2267	Anne Infante	15.52	W60 JoyceHodgesHte2	6:12.93	Reed Quinn	42.80 37.80	14100	36:08.04 35:22.86
	Jim Flowers	21.10	M80 Ian Hume	1881	W40 Jocelin Lowther W45 Linda Lowery	14.22	W70 Pepper Davis 2	9:51.85	Pay Carstensen	32.04		
M70	Jacob Stein	25.10	Weight Pentathlon	CYCLE	W55 Barbara Cleveland	15.51		2:15.00	Bill Bergen	26.98	Potomac Valley T&	F Meet
-	Don Reid	22.44	M40 D Vandergriff	3044	Ann Carter	16.40	Short Hurdles M30 Ron Stewart	16 40	M70 Bill Daprano	22.30	Alexandria, VA; M	iay 11
	Jim Dykes	20.62	Richard Watson	2726	W60 Mary Melehan	16.00	M35 A J Thomas	16.40 15.70	W45 Linda Lowery W55 Vanessa Hilliard	21.32	M35 Jeff Gold	11.00
M75	John McCarthy	23.14	Mark Kreafle	2046	Louise Tricard	16.20	Willie Gaines	16.43	Barbara Cleveland	32.12		11.50
	lan Hume	22.12	M45 Bruce Hedendal	3435	200 m M30 Mark Witherspoon	22 17	Darren Hoyle	26.54	W60 Erika Messner	24.36	M40 S Weatherspoon M50 Walter Gibson	
W30	J Bredenbeck	36.08	M50 Bill Walsh	3113	Orlando Matthews		M40 David Buggs	17.37	Hammer		M65 Don McCarten	13.90
W50	Erika Szanto	17.14	M55 Mike Valle	3369	Hervin Reid	22.49	M45 Tom Gilliard M55 Dave Ellis	15.47	M35 Mike Richardson	21.72		14.20
	Penny Weaver	14.36	Jack Hoppenstein	2721	Anthony Cole	23.56	M65 Jim Stookey	19.40 17.33	M40 Tony Chiocarelli M45 John von Rohr	43.54	M70 Francis Gallagher	r 16.30
W60	Betty Steele	12.00	Richard Fox	2214	Richard Kerr M35 Steven Fisher	24.78	Larry Fleischman	18.80	Bruce Hedendal	41.08	200 M30 Gaaraa Dida	a la
W60	The second secon	9.32	Leon Combs	1998		23.46	W45 Linda Lowery	15.65	M50 Joe Ross	38.72	M30 George Ridley	23.30
	Sharon good				Maurice Taylor	23.54					M25 1000 C-11	
W65	Betty Vosburgh	21.56	M60 Les Gillenwater	1966	Maurice Taylor Darren Hoyle	23.54	Long Hurdles	61 00	Robert Cahners	36.50	M35 Jeff Gold	23.40
W65 W70	the contract of the contract o		M60 Les Gillenwater Leonard Olson			and the same of th		61.83 63.90	Robert Cahners Larry Morrell M55 Jerry Arline		M35 Jeff Gold M40 M McPherson M50 Walter Gibson	23.40 24.20 28.00

July 1997		Control of the second	17 -	Natio	nal M	asters News					page 33
Continued from previo	us page	M35 William Green	11.75	Long Hurdles	T TOTAL	M65 Ray Feick	36.12	Birmingham TC C	assic	M40 Hal Fairbanks	11-0
M75 Bud Averitt	53.70	Steve Winkel	12.06	0	1:18.43	Pay Carstensen	35.44	Birmingham, AL; J		Phil Mulkey Jr	10-6
W75 Carla Convery	NTA	Tom Oatts	13.49	the same the second control of the second	1:00.42	M70 R Bergenback	34.08	50m		Tom Krebes	10-0
400m		M40 Barry Wise	11.48		1:18.93	Dick O'Hair	21.24	M45 Marion McCoy	6.34	M45 Johnnie Dye	12-6
M30 George Ridley	51.40	Mike McPherson	11.64	M65 C Trinkner	56.21	M75 Rod Mariott	26.44	M55 Dave Ellis	7.95 7.47	M55 Roger Chassay M60 Jack Gilmore	8-0 8-0
M35 James Banks	1:05.90	Phil Campbell	12.92	3000m Steeplechase		W50 Alice Tym	20.24	M65 John Hurd M70 Frank Hayes	7.49	Long Jump	00
M45 Wayne Harris	1:02.30	M45 T Weatherbee	13.13	The state of the s	10:27.50	Javelin	100	W35 Helen Fullard	7.25	M30 Tom Bynum	23-10.5
M60 Bill Price	1:23.60	Mike Walker	14.43	the registration of the second	12:52.79	M35 Bobby Conn	37.94	W45 Linda Lowery	7.6	Jimmy Jefferson	19-1
M65 Don McCarten	1:24.60	M55 Mike Valle	14.68		12:42.90	M40 Chris Clark	54.38	100m		M35 RichGrzeszkowia	
M70 Francis Gallaghe		Edwad Wheln	15.85	M55 John Swicegood 1	and the same of th	John Vance	35.86	M30 Wayne Watson	10.6	M40 Phil Mulkey Jr	17-2.5
M75 Bud Averitt	2:07.50	M65 John Wall	14.20	High Jump	10.00.00	Mike McGinnis	34.64	Marco Belairze	10.75	Hal Fairbanks	16-4.25
The state of the s	North Company of the Land	John Schreiber	14.63		4	M45 John Selleh	44.48	E Merryweather	11.51 12.22	Tom Krebes M50 Tom Brewer	15-8.5 19-2.25
W60 Tami Graf	1:30.40	M70 William Daprano	and the same of the same of		4-8	Jack Castner	34.06	Jimmy Jefferson M40 Stacy Price	11.49	M70 Frank Hayes	12-10
800	2.20.50	200m	14.40	Annual control of the	4-4	The second of th	and the second	Bill Cheadle	12.35	W35 Helen Fullard	15-4.5
M30 Dave Phillips	2:30.50		22 20		4-4	Barry Faust	31.92	Hal Fairbanks	13.48	W45 Linda Lowery	15-1.25
M35 Gordon Smith	2:11.60	M30 E Merriweather	23.39			M55 Mike Valle	31.08	Keith Hallmark	14.97	W65 Betty Vosburgh	10-6
M40 Jim Braden	2:42.90	Robert Harris Jr	24.01		4-2	John Swicegood	19.58	M45 Marion McCoy	12.0	Triple Jump	-1.44.0
M45 J J Wind	2:29.20	M35 William Green	24.25	James Nicholson 4	and the second	M60 James Duncan	36.34	Edwin Jeter	12.9	M35 RichGrzeszkowia	28-9.5
M60 Bill Price	3:08.40	David Knaus	25.40	M70 Buck Braderry		M65 Ray Feick	38.32	M50 Tom Brewer M65 John Wall	12.68 14.13	M50 Ed Wright W45 Linda Lowery	30-5
M65 James Keat	3:18.40	Lindsey Thurman	and the second second	W45 Linda Lowery 4		Larry Horine	36.68	Gordon Seifert	14.38	Shot Put	000
W50 Chris Stockdale	2:41.40	M40 Mike McPherson		Pole Vault		M70 Dick O'Hair	18.36	Bob Alexander	14.4	M30 Mike Johnson	425
W60 Tami Graf	3:28.50	Barry Wise	24.26	M35 Lindsey Thurman		M75 Rod Mariott	32.08	M70 Frank Hayes	14.6	Tom Bynum	32-1
Mile		M45 T Weatherbee	25.97	M40 Mike McGinnis	3.75	W40 Jane Souther	16.54	W35 Helen Fullard	14.36	M40 Phi Mulkey Jr	35-2
M30 Y Mermersky	5:18.40	Jim Woosley	27.76	M50 William Eubanks	2.75	W45 Diane Vance	24.22	W45 Linda Lowery	14.16	M45 Jim Accardi	40-9.5
M35 Ted Poulos	4:56.90	M50 Randall Brady	27.30	Kent Hann	2.60	W50 Alice Tym	17.96	Patty Harris	16.64	David Rogers	34-9 37-1
M40 W Anderson	4:50.20	M55 Joe Gross	29.29	W50 Phil Raschker	2.90	25#/35# Weight Throw	V	W65 Geraldine Young	22.09	M50 Kip Rabem M55 Paul Costa	41-2.5
M45 J J Wind	5:17.50	M65 John Wall	29.90	Long Jump	CHAP .	M35 Bobby Conn	8.67	KC 100m Marion McCoy	10.59	Jerry Arline	38-4
M50 Gil Bernabe	6:41.20	John Schreiber	30.83	M35 Tom Oatts	5.79	M40 D Vandergriff	15.82	Wayne Watkins	10.35	Chas Hallmark	30-5
M75 Bud Averitt	12:38.10	M70 William Daprano		M40 M McPherson	5.64	M45 Kasey Capps	8.68	Andre Mitchell	10.94	M60 Phil Mulkey	39-8
W35 Win Rincon	6:03.20	W50 Susie Hargis	31.95	M45 T Weatherbee	5.41	Carlton Mott	7.38	Anthony Cole	11.37	W45 Linda Lowery	23-3.5
		400m	31.73	Bob Rockwell	5.02	M55 MikeValle	10.43	200m		W50 Alice Tym	21-8.5
W50 Chris Stockdale	5:55.50	M30 Herbert Collins	54.75	M55 Mike Valle	4.08	John Swicegood	5.01	M30 Marco Belairze	22	W55 Carol Young	24-11
W60 Tami Graf	7:06.90			M60 James Duncan	4.29	M60 Tim Twomey	14.63	Anthony Cole	23.22	W65 Geraldine Young	g 18-9.25
3000m		M35 Steve Winkel	52.97	James Nicholson	3.43	M65 Ray Feick	12.66	E Merryweather	23.81	M40 Phil Mulkey Jr	123-4
M30 Jim Garster	9:24.30	Mark Carver	54.70	The same and the same	The Contract of the Contract o	Service and the service and th	and the same of th	M40 Bill Cheadle Phil Mulkey Jr	24.88 27.61	Commenced to the second	99-1
M35 Ted Poulos	9:51.30	Bob Kile	55.17	M70 Buck Bradberry	4.03	Pay Carstensen	12.06	Jerry Baker	29.45	Mike Johnson David Rogers	70-7
M45 J J Wind	10:47.40	M40 Bill Cheadle	56.39	M75 RodMariott	2.98	M70 R Bergenback	9.77	M45 Marion McCoy	24.84	M60 Phil Mulkey	102-8
M50 Gil Bernabe	13:41.60	Steve Prince	1:01.61	M45 Linda Lowery	4.43	Dick O'Hair	7.30	Mike Walker	30.06	Jack Gilmore	119-0
M65 James Keats	12:31.00	M45 Robert Fehr	1:02.82	Triple Jump		M75 Rod Mariott	8.06	M50 Tom Brewer	25.22	W45 Linda Lowery	72-6
M77 Bud Averitt	25:56.80	John Gill	1:05.33	M45 Bob Rockwell	11.39	W50 Alice Tym	4.30	M55 Dave Ellis	32.22	W50 Alice Tym	62-5
Short Hurdles	orginal h	T Weatherbee	1:05.84	T Weatherbee	11.12	56# Weight Throw		M65 Bob Alexander	29.87	W55 Carol Young	76-2
M40 M McPherson	19.50	M50 Laing Winston	1:00:27	Barry Faust	9.19	M35 Bobby Conn	5.71	John Wall	29.97	W65 Betty Vosburgh	66-10
High Jump	17.50	M55 Joe Gross	1:08.81	M60 James Nicholson	7.87	M40 D Vandergriff	10.82	M70 Frank Hayes	29.88	Hammer	00.4
W60 Tami Graf	3-2	Dick Anderson		W45 Linda Lowery	9.38	M45 Kasey Capps	5.64	W45 Patty Harris	36.6	M60 Phil Mulkey	88-1 76-4
The Part of Proposition and	3-2	John Swicegood		Shot Put	ins to	M55 Mike Valle	6.67	M30 Anthony Cole	53.28	W35 Stacy Nixon W50 Alice Tym	65-6
Long Jump	WEBSTYNESS	M70 William Daprano		A STATE OF THE PARTY OF THE PAR	11.26	M60 Tim Twomey	7.14	Stan Jefferson	56.56	W55 Carol Young	100-0
M35 David Lastra	16-3	W50 Susie Hargis	1:18:52	M40 D Vandergriff	10.44	M65 Ray Feick	6.53	M40 Reggie Mason	52.87	Javelin	
M40 M McPherson	17-9	800m	1.16.52	M45 Kasey Capps	8.84	Pay Carstensen	6.00	Bill Cheadle	53.68	M40 Chris Clark	132-1
Triple Jump			2:03:45	Carlton Mott	6.50	Weight Pentathlon	A-215	Gary Rudick	56.03	Hal Fairbanks	120-9
David Lastra	37-8	M30 Steven Kirk		M50 Kent Hann	9.38	M35 Bobby Conn	2422	M55 Dick Anderson	74.78	M45 John Selish	143-2
Shot Put		Herbert Collins	2:07:38	M55 Glen Johnson	13.18	M40 D Vandergriff	3220	M65 Gordon Seifert	66.88 70.25	Bob Hardin	105-7
M50 V Litwinski	29-5.75	John Cobb	2:07:74	No. of the last of	11.04	M55 Mike Valle	3659	Bob Alexander 800 m	70.25	M50 Kip Rabern Ed Wright	113-4 104-0
M60 Bill Smith	32-10.25	M35 Scott King	2:01:13	Mike Valle	7.60	M65 Ray Feick	4223	M35 Scott King	2:06.6	W50 Alice Tym	61-0
W35 M Jezycki	33-6.50	Mark Carver	2:02:22	John Swicegood	THE RESERVE THE PERSON NAMED IN		3601	M40 Mickey McCauley	The same of the same of the same of	W55 Carol Young	70-9
W60 Evelyn Wright	25-10.50	M40 Steve Prince	2:16:37	M60 James Duncan	10.38	M75 Rod Mariott		Norman Dodson	2:18.9	W65 Betty Vosburgh	
W75 Carla Convery		M McCauley	2:19:39	M65 Larry Horine	12.49	W50 Alice Tym	1605	M45 Bob Duncan	2:30.9	Special Trak Shak	Award
Discus	NEW P	Gerald Baker	2:30:76	Ray Feick	11.55	3000m RW	- 05 40	M50 Art Williams	2:42.2	Mini Decathlon	-
M45 Eugene Burns	50	M45 Robert Fehr	2:29:24	Pay Carstensen	11.22		7:05.40	M60 Louis Johnson	2:47.4	Phil Mulkey Jr	2767
M50 Victor Litwinsk		M50 Art Williams	2:46.92	M70 Dick O'Hair	8.50	M50 David Wade 1	7:33.80	Adrian Craven	2:50.0 3:32.7	Florida AC Champi	ionships
M55 Norman Johnson		M55 James Huffman	2:32:42	M75 Rod Mariott	8.84	10,000m RW		Peter Kenney M65 Casey Jones	2:35.8	Boca Raton, FL;	
M60 Bill Smith	139-8	Joe Gross	2:38:12	W45 Diane Vance	6.36		00.58.1	1500m	2.00.0	100m	
		John Swicegood	3:22.62	W50 Alice Tym	6.85	W40 Sally Evenden 1:	02:28.0	M35 Scott King	4:11.3	M35 Jim Farr	11.79
W35 M Jezycki	109-1	M60 Adrian Craven	2:51.77	Disaus	AN CHE		21:09.7	Andy Leonard	4:46.1	Dan Taylor	12.42
W60 Evelyn Wright	75-10	M65 C Trinkner	3:11:17	Discus	39.58	*Pending WR	Will Sale	M40 Mickey McCauley	4:48.8	M50 Jon Davis	13.29
W75 Carla Convery	30-11	M80 Max Springer	4:01:45	M35 Bobby Conn	37.28	To the Country of the	F. 9 77 1	Jerry Baker	5:03.3	W35 Dana Baumgarte 200 m	12.00
Javelin		The second secon	4.01.43	M40 D Vandergriff	The second second	North American Invita	tional	Tom Krebes	5:30.0	M35 Jim Farr	24.42
M45 Eugene Burns	36-6	1500m	1.46 72	Frank Broadys	32.88	Weight Pentathlo		M45 Bob Duncan	5:12.4	Willie Gaines	24.43
M50 Russ White	182	M40 M McCauley	4:46.73	M45 Kasey Capps	26.54	Winter Park, FL; Ju	A STATE OF THE PARTY OF THE PAR	M50 Chas Thompson	5:21.7 5:23.8	M40 Charles Smith	27.49
W35 M Jezycki	93-3	Steve Randolph	4:59.13	Carlton Mott	26.00	(HT/SP/DT/JT/WT) actual mar	THE RESERVE AND ADDRESS OF THE PARTY OF THE	Art Williams M60 Adrian Craven	5:23.8	M50 Joe Johnson	28.00
W50 Sonja Flanagan	34-1	Gerald Baker	5:05.75	M50 KentHann	33.20	Vanessa Hilliard 56	5219	Louis Johnson	5:55.3	M55 Jose Suvillage	27.76
W60 Evelyn Wright	74-8	M45 John Gill	4:54.66	M55 Glen Johnson	47.78	(48.50/11.82/32.56/32.66/1	6.79)	5000m	Description.	400m	00.0
W75 Carla Convery	37-10	M50 Art Williams	5:33.74	Mike Valle	37.88	Len Olsen 65	4806	M40 David DeMedicis	21:56.3	M35 Roger Saltsman	63.31
1600m RW	La Contract	M55 John Swicegood	6:46.87	John Swicegood	18.58	(42.06/12.54/45.52/38.74/1	5.23) 4254		21:21.8	M40 Ed Vivas	86.32 63.57
M35 Steve Coy	10:35.10	M60 Adrian Craven	5:35.88	M60 James Duncan	37.58	Austin Baggett 67 (37.58/10.24/37.82/33.16/1		M65 Jack DeMedicis		M50 J C Shenk 800 m	03.57
M75 Meyer Mathis		Charlie Engle	6:21.09	M65 Larry Horine	46.62	Pay Carstensen 65	4025		29:10.5	M30 Brett Lawler	2:01.63
3000m RW	15.55.00	M80 Max Springer	8:31.84	Ray Feick	35.80	(37.24/11.38/34.16/30.70/1	5.55)	Short Hurdles	17.00		
M50 Claude Letien	17:02.60	3000m	THE	Pay Carstensen	33.24	Ken Jansson 39	3844	M30 Jimmy Jefferson M40 Stacy Price	17.63 15.57	M50 J C Shenk	2:43.41
		M30 John Cobb	9:32.4	M70 Buck Bradberry	31.82	(62.74/14.11/41.72/39.62/19 Rex Harvey 52	3551	M55 Dave Ellis	19.01	3000m	
M75 Meyer Mathis	20.21.30	M35 Bobby Glenn	9:06.2	R Bergenback	28.58	(34.28/12.42/39.02/44.48/1		W45 Linda Lowery	17.78	W35 Lisa Dorfman	11:21.4
Tennessee Masters	Classic	Scott King	9:23.4	William Daprano		Bruce Hedendahl 49	3449	300mH		Short Hurdles	DE ANDE
T&F Champion		M55 Royce Sayer	11:33.9	W45 Linda Lowery	23.32	(36.52/11.68/42.16/39.14/1)		M60 Jack Gilmore	59.—	M35 Willie Gaines	16.00
Knoxville, TN; Ma	y 16-17	The second secon			16.40	John von Rohr 42 (38.26/12.44/34.88/34.15/1)	3044	High Jump	SERVE.	High Jump	1.42
55m		John Swicegood	Torrest Greenway	W50 Alice Tym	The same of the same of	Tony Chiocarelli 42	3044		4-8	M55 Larry Judd Pole Vault	1.43
M35 E Merriweathe	r 6.54	M60 Charlie Engle	13:09.9	W70 A Bergenback	11.50	(50.82/9.93/34.62/20.50/15.		M35 Rich Grzeszkowia		M50 Joe Johnston	3.96
		W35 Marietjie Ceronio	10.48.1	Hammer	- 16	Richard Watson 44	2849	M40 Phil Mulkey Jr M45 Bob Hardin	4-8 5-0	Long Jump	0.50
M40 Barry Wise	6.45	Short Hurdles		M35 Bobby Conn	23.24	(37.68/10.79/32.56/46.58/1		M45 Bob Hardin Mike Walker	4-10	M55 Larry Judd	4.55
M55 Edward Whelar		Short Hurdles	19.36	M40 D Vandergriff	50.42	Tom McDermott 79	2698	Johnnie Dye	4-8	Triple Jump	
M65 John Wall	7.68	M40 M McPherson	20.56	M45 Kasey Capps	25.00	(31.14/8.61/26.28//8.72) Bob Cahners 54	2676	M50 Tom Brewer	5-3	M55 Larry Judd	8.86
M75 Rod Mariott	9.86	M45 Barry Faust		Carlton Mott	22.12	((35.32/9.08/29.60/22.46/13		M60 Jack Gilmore	4-4	Shot Put	
W45 Linda Lowery	7.75	Jim Woosley	21.40	Personal Control of the Control of t	38.22	Larry Morrell 54	2375	M70 Frank Hayes	4-4	M30 Neil Marotta	10.67
		M65 John Schreiber	20.30	M55 Mike Valle John Swicegood		(23.12/10.44/30.20/30.88/8		W45 Linda Lowery	4-2	M35 Dan Taylor	11.76
100m		O' 1 T	12 10	JOHN SWICEGOOD	16.18	Mike Richardson 35	1771	Pole Vault	THE RESERVE	Bill Truesdale	11.44
100 -11	11.41	W45 Sinda Lowery W50 Phil Raschker	10.17	140 T. T		(18.38/8.02/26.40/25.95/)		M30 Tom Bynum			

Continued from previous page	The case of									
A STATE OF THE PARTY OF THE PAR	The second second	Michael Daniels :14.5	M60 Thomas Phillips	13' 5.25°	M65 Richard Hayes	3:17.02	M40 Charles Rainey	2:12.6 .	M60 D E Hendrix	81-8
		Lloyd Hathcock :12.6	M70 Richard Soller	12' 6.75"	Contract Con			2:34.8		131-4
M45 John von Rohr 13.39	1	Phillip Barcus :14.7	and the second second		M70 Bill Hubert	4:03.41	M50 Lloyd Rust	the same of the sa		
Bruce Hedendahl 12.63		Lawrence Hadley :16.3	Iriple Jump MYth Jake Butera	35' 8.5"	W60 Ursula Fagan	3:46.19	M60 C Wimberley	2:27.6	The second secon	78-11
M50 Bob Cahners 9.26		Alan Slater :13.3	MYth Jake Butera MOp Rich Sucher	29' 6'	1500m	The Street	M70 Bob Wingo	3:28.6	W40 Carol Fisrud	103-9
M55 Larry Judd 9.68		Thom Phillips :13.8 Samuel Mukes :22.2	M45 John Butera	34' 9"	M50 Stan Burgess	6:37.59	1500m		Javelin	
Discus		Richard Soller :16.2	M50 Jerry Boswell	37 8**	M55 Paul Driscoll		M30 Kurt Siklar	4:24.6		136-1
M30 Neil Marotta 31.26		200 Dash	M55 Alan Slater	35' 1" "	Committee of the commit	6:13.10		The second second		
M35 Bill Truesdale 31.54		Moira Vera :32.1	M60 Bob Jones	19' 11"	M65 Richard Hayes	6:35.46	M40 Charles Rainey	5:17.3		130-10
M45 Bruce Hedendahl 39.37		Vikki Heams :26.7	M70 Fred Hirsimaki	27 0	W60 Patricia Kelley	9:17.00	Short Hurdles		M45 Warren Wilke	163-5
John von Rohr 35.54		Linda Carty :27.3	Shot Put		High Jump		M35 Dan Cook	16.5	M50 Ken Wilson	136-11
M50 Bob Cahners 31.47	7 4 6	Kisha Carman :28.8	W30 Leslie Butler	25' 9" "				18.2		113-11
	W40	Jacqueline Board :27.5°	W45 Mary Hartzler	27' 10"	M55 Dwaine Horton	4-11.50	M40 Michael Mitchell		And the second s	
	AND THE RESERVE	Mary Robinson :33.4*	MOp Kevin Boggs	30' 2"	M60 D Spainhower	4-9.75	M45 Jim Dolezel	20.0		115-9
M35 Bill Truesdale 24.40		Aaron Daniels :28.8	M35 Michael Soriano		M65 G rant Twitchell	4-2	M55 David Melber	19.6	M70 A Hoffman	102-6
	МОр	Michael Freeman, jr. :23.1	M50 Phillip Barcus	35, 3,	m70 Bill Chivvis	4	Long Hurdles		M85 John Pearce	54-1
M45 John von Rohr 42.02	1105	Rich Sucher :27.5	M55 Paul Riggins	34' 5"		The same of		472		73-7
Bruce Hedendahl 38.36	M35	Robert Stanley :24.1	Lyndon Johnson		W60 M Goodhue	3-3	M40 Michael Mitchell		W40 Carol Finsrud	
M50 Bob Cahners 35.50	NEW TOWN	Lindsey Thurman :25.8 Mark Fox :25.9	Bruce Clodfelter		W70 Marilyn Olen	3-3	M55 David Melber	58.6	W55 Sylvia Brooks	64-3
Javelin	M40	Mike McPherson :24.2	M80 Hugh Yeomans	19' 11' '	Long Jump		M60 George Gillar	59.1	W70 Ruth Seeger	79-9
M30 Neil Marotta 41.52		Andrew Mason :25.3	Discus Throw	A STATE OF		0 1 75	4x100 Relay		Weight Throw	
M35 Bill Truesdale 25.62	E Park	Lamont Wilson :25.6	W45 Mary Hartzler	86, 8, ,	M50 Stan Burgess	9-1.75		The second		26 10
M45 Bruce Hedendahl 36.96	M45	Turran Harper :26.1	MOp Scott Butera	75' 9"	M55 D Letzinski	14-6	M30 Lufkin T & F	45.7	M35 Steve Bolles	26-10
John von Rohr 34.55		James Crutcher :27.7	M55 Paul Riggins	97 11"	M60 D Spainhower	12.5.25	(Jones/Burton/		M50 Jerry Brewer	29-9.50
M50 Bob Cahners 17.52	The state of	Michael Daniels :28.2	1500 RaceWa	lk	M65 Grat Twitchell	12-4	Wilson/Allen)		M55 Howard Zingg	29-9.50
Weight Throw		Lloyd Hathcock :26.1	W30 Lori Wilson	14:01.0				THE SHAPE	M60 Paul Adams	26-6.50
M35 Bill Truesdale 8.73		Lyndon Johnson :30.0	M80 Hugh Yeo mans		M75 Jack Davison	12-4.75	Allen)			
M45 John von Rohr 13.58	M65	Ronald Rule :29.8 Russell Henderson :38.0	*Meet Reco		W55 PeggyBallard	5-6.25	W30 Gongora Team	57.9	M65 W Palmer	46-5.50
Bruce Hedendahl 13.32		Samuel Mukes :43.9	Meet Heco	of the lates	W60 Shirley Frame	5-8.75	(Gongora/Brando	m/	M70 A Hoffman	28-4.50
	M70	Richard Soller :34.5*		25.00		6-6			W40 Carold Finsrud	42-7
M50 Bob Cahners 25# 13.90		400 Dash	MID-AME	RICA	W70 Marilyn Olen		Phillips/Kelly)	Time Time	The second secon	
3000m Racewalk	W30	Vicki Hearns :62.3			W80 Gerida Bergman	5-6.75	High Jump	ALL NO	Superweight 35# Th	
M45 Rod Vargas 16:38.2		Belinda McCoy :64.0*	Denver TC M	leet	Shot Put		M35 Randal Williams	5-3	M65 W Palmer	31-5
M55 Dan Koch 18:49	W40	Jacqueline Board :62.5*	Denver, CO; M	ay 15	M55 Clyde Gossert	34-5	M40 Cov Akers	5-3	M70 A Hoffman	23-1
Jay Caplan 20:59	W55	Mary Robinson :83.1*	100m		M60 D Spainhower	31	The state of the s	5-8	W40 Carol Finsrud	27-5.50
M75 Chris Lorenzo 21:05	W75	Ernestine Yeomans 2:31.3*		110	the state of the s		M45 Steve Cos	The second second		
W55 Barbara Grand 18:51	МОр	Michael Freeman, jr :51.2	M30 David Barmer	11.0	M65 G Twitchell	30-8.50	M50 Jim Cawley	5	Superweight 56# Th	
Weight Pentathion		Bob Kile :54.9	M35 Lewis Kelly	11.9	M70 Robert Keenan	33-3.75	M55 David Melber	4-8	M35 Steve Bolles	18-7.50
(HT/SP/DT/JT/WT) actual marks		Robert Stanley :55.5	M50 Gary Giese	13.1	M75 Howard Jensen			THE RESERVE AND ADDRESS OF THE PARTY OF THE	M50 Jerry Brewer	20-5
John von Rohr 49 3533	Mar	Mark Fox :56.6				23-1	M60 George Gillar	4-1		
(42.02/13.39/35.54/34.55/13.58)		Turran Harper :59.2	M55 Larry Carter	13.9	W55 Janis Hayes	17-7	M65 Roy Morgan	4-4	M55 John Conniff	17-7
Bruce Hedendal 49 3496		Michael Daniels :67.3	M65 Don Weis	15.0	W60 M Goodhue	25-2	M70 Adolph Hoffman		M60 Paul Adams	1150
(38.36/12.63/39.37/36.96/13.32)	farm of the	Gene Darst :71.4	M70 Jack Greenwood	d 14.6	W65 Pat Craze	21-7		4	M65 W Palmer	17-7
Bob Cahners 54 2646		Stephen Smith :58.3 Lloyd Hathcock :68.7	W40 Sue Norton	14.0			M75 Tim Murphy	Address - Control of the Control of	The state of the s	
(35.50/9.20/31.47/17.52/13.90)		Lyndon Johnson :68.5			W70 Doris Shettel	13-9.75	W70 Ruth Seeger	3-8	*Pending American F	
Bill Truesdale 37 2021		Ronald Rule :67.2	W45 Deanna Scovill	le 20.1	W75 Avanell Jensen	15-3	Pole Vault	1	W40 Carol Finsrud	170-5*
(24.40/11.94/31.54/25.62/8.73)		Russell Henderson :88.6	W50 Jane Harrington	n 18.2	W80 Gerida Bergman		M30 Flay Deats	14-6	W55 Sylvia Brooks	61-11
Southeastern Police & Fire		800 Run	200m				The second secon	The second secon	the second secon	67-10
	W30	Lori Wilson 3:54.6		20.1	W90 Thelma Dowell	6-4	M35 Brian Elmore	10-6	W70 Ruth Seeger	07-10
Championships Alexander	M30	Keith Lander 2:15.7	M50 Gary Giese	28.1	Discus		M40 James Fountain	13	Hammer	
Birmingham, AL; June 7	M35	Michael Soriano 2:32.7	M55 Larry Carter	29.4	M55 Dwaine Horton	106-5	M45 Warren Wilke	13	M35 Steve Bolles	111-7
100m		Lawrence Cox 2:56.6	M60 George Cairns	29.4	M60 D Spainhower		M50 Dennis Schmitt	9-6	M40 Steve Patridge	140-10
M30 Gerald Miles OH 11.94	W45	Mary Hartzler 2:55.7° Richard Jirack 2:11.6	M65 Don Weis	31.4				9	M50 Jack Crawford	
W30 Sherry Lyons GA 14.93	M45	Richard Jirack 2:11.6 Turran Harper 2:12.5	M70 Jack Greenwood		M65 Richard Hayes		M55 Steve Warr			
200m		Gene Darst 2:30.8			M70 Robert Keenan		M60 Paul Adams	7	M55 Howard Zingg	103-1
M30 Gerald Miles OH 24.34 M40 Adam Long MO 26.31	CL-1907	Ronald Ruffin 2:34.4	W40 Sue Norton	30.6	M75 Howard Jensen	45-1	M65 Roy Morgan	8	WEST	TO STATE OF
M40 Adam Long MO 26.31 M50 Chas Hallmark AL 36.25	M50 M55	Lawrence Hadley 3:06.7 Lyndon Johnson 2:45.0	W45 Deanna Scovill		W55 Janis Hayes	51-10	M70 Adolph Hoffman	8-6		
The state of the s	M70	Lyndon Johnson 2:45.0 Willis Moses 3:10.1*	W50 Jane Harrington	n 41.8	W60 M Goodhue	63-2	Long Jump	-	Arizona Masters Inv	itational
400 m M40 Adam Long MO 59.61	W75	Ernestine Yeomans 6:03.8*	400m	Water State		42-5		21-5.50	Tempe; May	3
				510			The state of the s	and the second second	100m	Melandaria
	MYth	Tyron Green 2:11.2	M30 Dvid Barmer	719			1126 D 117:11:			
W30 Hazel Anthony AL 75.09	MYth	Blair Meiser 2:57.0	M30 Dvid Barmer	51.9	W75 Avanell Jensen	30-5		19-9		13 14
W30 Hazel Anthony AL 75.09 800 m	MYth M80		W40 Teresa Drotar	1:08.4		30-5 32-10	The second secon	17-3	M50 Gary Giese	13.14
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2	M80	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run	W40 Teresa Drotar W45 Deanna Scovill	1:08.4 le 1:39.2	W75 Avanell Jensen W80 G Bergman	32-10	M40 M Mitchell		M50 Gary Giese M55 Larry Armstrong	13.59
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump	M80 W35	Biair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run Marilyn Brandt 5:38.7	W40 Teresa Drotar	1:08.4 le 1:39.2	W75 Avanell Jensen W80 G Bergman	32-10	M40 M Mitchell M45 Jim Dolezel	17-3 16-11.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl	13.59 13.18
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5	M80 W35 W45	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run Marilyn Brandt 5:38.7 Mary Hartzler 6:13.8*	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington	1:08.4 le 1:39.2	W75 Avanell Jensen W80 G Bergman	32-10 ST	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones	17-3 16-11.50 18-9	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson	13.59 13.18 14.33
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump	M80 W35 W45 M35	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run Marilyn Brandt 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6*	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m	1:08.4 le 1:39.2 n 1:50.0	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo	32-10 S/T	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson	17-3 16-11.50 18-9 16-4	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko	13.59 13.18 14.33 18.05
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5	M80 W35 W45	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run Marilyn Brandt 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel	1:08.4 le 1:39.2 n 1:50.0	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship	32-10 S/T to T&F	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones	17-3 16-11.50 18-9	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein	13.59 13.18 14.33 18.05 14.47
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1	W35 W45 M35 M45	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Marilyn Brandt 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m	1:08.4 le 1:39.2 n 1:50.0	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May	32-10 S/T to T&F	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith	17-3 16-11.50 18-9 16-4 10-7	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager	13.59 13.18 14.33 18.05 14.47 13.84
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5	M80 W35 W45 M35 M45	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Marilyn Brandt 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel	1:08.4 le 1:39.2 n 1:50.0	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship	32-10 S/T to T&F	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman	17-3 16-11.50 18-9 16-4 10-7 1350	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein	13.59 13.18 14.33 18.05 14.47 13.84
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11	W35 W45 M35 M45	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Marilyn Brandt 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson Willis Moses 6:33.1*	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m	32-10 SYP T&F T&F TS	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster	17-3 16-11.50 18-9 16-4 10-7	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager	13.59 13.18 14.33 18.05 14.47 13.84 16.41
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5	M80 W35 W45 M35 M45 M55 M70	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 3000 Run Nolan Smith 13:19.0	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims	32-10 S/C to T&F to T&F 17	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman	17-3 16-11.50 18-9 16-4 10-7 1350	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10	M80 W35 W45 M35 M45 M55 M70 WYth MYth	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mariy Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson Willis Moses 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney	32-10 ST 50 T&F 10 T&F 11.9 11.4	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m	13.59 13.18 14.33 18.05 14.47 13.84 16.41
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOp	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:99.4 Willis Moses 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:25.0	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton	32-10 ST 50 T&F 10 T&F 11.9 11.4 11.8	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 405 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:25.0 Ronald Ruffin 10:28.5	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney	32-10 ST 50 T&F 10 T&F 11.9 11.4	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOp M45 M50	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:25.0 Ronald Ruffin 10:26.5 Jeff Gerson 1:22.6	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringto 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins	32-10 SYC 10 T&F 11.9 11.4 11.8 11.1	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 Daybne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1590 Run Marilyn Branct 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:28.5 Jeff Gerson 11:22.6 Lyndon Johnson 13:37.4	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett	32-10 SYC 10 T&F 11.9 11.4 11.8 11.1 13.9	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3	W35 W45 M35 M45 M55 M70 WYth MYth MOp M45 M50 M55	Blair Meiser 4:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin Lyndon Johnson 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:25.0 Ronald Ruffin Jeff Gerson 10:28.5 Jeff Gerson 12:2.6 Lyndon Johnson Sprint Hurdles	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar	32-10 SYC 10 T&F 11.9 11.4 11.8 11.1 13.9 14.0	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOp M45 M50 M55 WYth	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 6:33.1* 3000 Run Nolan Smith Nate Showman 11:40.0 Bob Fritz 10:25.5 Jeff Gerson 10:28.5 Jeff Gerson 11:22.6 Lyndon Johnson 5print Hurdles Tiara Harrison :18.2	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringto 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith	32-10 SYC 10 T&F 11.9 11.4 11.8 11.1 13.9 14.0 18.3	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 DIscus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2	W35 W45 M35 M45 M55 M70 WYth MYth MOp M45 M50 M55	Blair Meiser 4:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin Lyndon Johnson 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:25.0 Ronald Ruffin Jeff Gerson 10:28.5 Jeff Gerson 12:2.6 Lyndon Johnson Sprint Hurdles	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar	32-10 SYC 10 T&F 11.9 11.4 11.8 11.1 13.9 14.0	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 DIscus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOp M45 M50 M55 WYth	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:25.0 Ronald Ruffin 10:28.5 Jeff Gerson 10:28.5 Jeff Gerson 11:22.6 Lyndon Johnson SprInt Hurdles Tiara Harrison 118.2 Marcus McCuiston Jake Butera 119.6 Keith Barron 12:0.7*	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott	32-10 SYC 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:25.0 Ronald Ruffin 10:28.5 Jeff Gerson 10:25.0 Ronald Ruffin 10:28.5 Jeff Gerson 11:22.6 Lyndon Johnson 5print Hurdles Tiara Harrison 118.2 Marcus McCuiston Jake Butera Keith Barron 2:0.7 Kevin Boggs 116.7	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringto 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy	32-10 SYC 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOp M45 M55 WYth MYth MOp M35	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora	32-10 SYC 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringtor 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy	32-10 SYC 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M35 M40 M45 M40 M45 M40 M45	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run Marilyn Brandt 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:25.0 Ronald Ruffin 10:28.5 Jeff Gerson 11:22.6 Lyndon Johnson 5prInt Hurdles Tiara Harrison :18.2 Marcus McCuiston Jake Butera Keith Barron :20.7 Kevin Boggs :16.7 Michael Soriano Jake McPherson James Crutcher :18.7	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringtor 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg	32-10 SYC 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:33.1* 3000 Run Nolan Smith 13:19.0 Notan Smith 13:19.0 Notan Smith 19:05.0 Ronald Ruffin 10:25.0 Ronald Ruffin 10:25.0 Ronald Ruffin 10:25.0 Ronald Ruffin 10:28.5 Jeff Gerson 11:22.6 Lyndon Johnson 5print Hurdles Tiara Harrison McCuiston Jake Butera Keith Barron :20.7 Kevin Boggs Michael Soriano Mike McPherson James Crutcher Fred Hirsimaki :17.0*	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni Montrose, CO; M	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks	32-10 SYC 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Dlacus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelln M50 Kip Rabern GA 113-4	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M35 M40 M45 M40 M45 M40 M45	Blair Meiser 2:57.0	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 DIscus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 JavelIn M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadlum	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run Marilyn Branck 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:33.1* 3000 Run Nolan Smith 13:19.0 Notan Smith 13:19.0 Notan Smith 10:25.0 Ronald Ruffin 10:25.0 Ronald Ruffin 10:25.0 Ronald Ruffin 10:25.0 Ronald Ruffin 10:25.5 Jeff Gerson 11:22.6 Lyndon Johnson 5print Hurdles Tiars Harrison McCuiston Jake Butera Keith Barron 2:0.7 Kevin Boggs Michael Soriano Mike McPherson James Crutcher 118.6 James Crutcher 118.6 James Crutcher 118.7 Fred Hirsimaki High Jump Keith Barron Marcus McCuiston 5* 8* Marcus McCuiston 55* 8* Marcus McCuiston 55* 4*	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800 m	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Dlacus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelln M50 Kip Rabern GA 113-4	M80 W35 W45 M35 M45 M55 M70 WYth MVth MOP M45 M50 M55 WYth MYth MOP M35 M40 M45 M40	Blair Meiser 2:57.0	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhow	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble	32-10 SYT 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 49-9 35-9.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Dlacus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 WIDWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70 MYth	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 49-9 35-9.50 40	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800 m M55 Eric Owers M60 Chris Noble	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelln M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadium Dayton, OH; June 7	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MMP M35 M40 M45 M70 MYth M35 M50	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 lor Games May 17	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 49-9 35-9.50 40 41-7	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800 m M55 Eric Owers M60 Chris Noble M65 Charles Rice	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Dlacus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 WIDWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70 MYth M35 M60	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringtor 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 14.07 wer 17.49 1 15.48 15.38 19.65	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 49-9 35-9.50 40 41-7 30-3	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson W50 Mary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800 m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M35 M40 M45 M40 M45 M70 MYth M35 M50 M55	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringtor 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 14.07 wer 17.49 1 15.48 15.38 19.65	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 49-9 35-9.50 40 41-7 30-3	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 JavelIn M50 Kip Rabern GA 113-4 MDWEST Dayton Masters Track Classic Welcome Stadium Dayton, OH; June 7 100 Dash WOp Moira Vera :14.1 W30 Vicki Heams :12.9*	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70 MYth M35 M60	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringtor 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 lor Games May 17 14.07 wer 17.49 1 15.48 15.38 19.65 26.73	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 49-9 35-9.50 40 41-7 30-3 44-3*	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W50 Marge Doerrer	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7 100 Dash WOp Moira Vera :14.1 W30 Vicki Heams :12.9* Linda Carry :13.4 Kisha Carrman :13.6 W35 Belinda McCoy :13.4	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70 MYth M35 M50 M55 M60 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowel	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 14.07 wer 17.49 1 15.48 15.38 19.65 26.73	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 49-9 35-9.50 40 41-7 30-3 44-3* 30-5.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500m M50 Jim Leonard	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 JavelIn M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7 100 Dash WOp Moira Vera :14.1 W30 Vicki Heams :12.9 Linda Carty :13.4 Kisha Carman :13.6 W35 Belinda McCoy :13.4 W40 Jacqueline Board :13.4	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70 MYth M35 M60	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 4.07 wer 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W50 Marge Doerrer	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadium Dayton, OH; June 7 100 Dash W0p Moira Vera 114.1 W30 Vicki Heams 12.9 Linda Carty 13.4 Kishe Carman 13.6 W35 Belinda McCoy 13.4 W40 Jacqueline Board 13.4 W40 Jacqueline Board 13.4 W55 Mary Robinson 16.5	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70 MYth M35 M50 M55 M60 M70	Blair Meiser 2:57.0	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowel	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 lor Games May 17 14.07 wer 17.49 1 15.48 15.38 19.65 26.73	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 49-9 35-9.50 40 41-7 30-3 44-3* 30-5.50	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500m M50 Jim Leonard	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 WDWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7 100 Dash WOp Moira Vera :14.1 W30 Vicki Heams :12.9* Linda Carty :13.4 Kisha Carman :13.6 W35 Belinda McCoy :13.4 W40 Jacqueline Board :13.4 W55 Mary Robinson :16.5 W75 Ernestine Yeomans :29.6	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70 MYth M35 M50 M55 M60 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringtor 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 4.07 over 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg	32-10 SIT 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 49-9 35-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5*	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W70 Walt Alcheson W50 Marge Doerrer W70 Carol Eisenbraur 800 m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500 m M50 Jim Leonard M60 Chris Noble W55 Jill Martin	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Dlscus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelln M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7 100 Dash W0p Moira Vera :14.1 W30 Vicki Heams :12.9* Linda Carty :13.4 Kisha Carman :13.6 W35 Belinda McCoy :13.4 W40 Jacqueline Board :13.4 W55 Mary Robinson :16.5 W75 Ernestine Yeomans :29.6 MYth Aanon Daniels :13.9	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70 MYth M35 M60 M70 M35 M60 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll M65 Grant Twitchel	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 4.07 wer 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11 31.34	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow	32-10 ST 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800 m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500 m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000 m	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadium Dayton, OH; June 7 100 Dash W0p Moira Vera 11-1 W30 Vicki Heams 12-9* Linda Carty 13-4 Kisha Carman 13-6 W35 Belinda McCoy 13-4 W40 Jacqueline Board 13-4 W55 Mary Robinson 16-5 W75 Ernestine Yeomans 29-6 MYth Aaron Daniels 13-9 MOp Josh Everett 11-8	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MOP M35 M40 M45 M70 MYth M35 M50 M55 M60 M70	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run Marilyn Brandt 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:25.0 Ronald Ruffin	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringtor 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 14.07 wer 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11 31.34 31.59	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg	32-10 SIT 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger Discus	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M50 Anderson M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M50 Andreson M50 Andreson M50 Andreson M50 Dim Leonard M60 Chris Noble W55 Jill Martin 3000m W55 Jill Martin	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 W10 DWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7 100 Dash W0p Moira Vera :14.1 W30 Vicki Heams :12.9* Linda Carty :13.4 Kisha Carman :13.6 W35 Belinda McCoy :13.4 W40 Jacqueline Board :13.4 W55 Mary Robinson :16.5 W75 Ernestine Yeomans :29.6 MYth Aaron Daniels :11.9 Kiph Aaron Dani	M80 W35 W45 M35 M45 M55 M70 WYth MYth MYth MOP M45 M50 M55 M40 M45 M70 MYth M35 M40 M45 M70 M7th M35 M40 M45 M70 M7th M35 M60 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll M65 Grant Twitchel	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 4.07 wer 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11 31.34	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow	32-10 ST 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W50 Marly Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson W70 Walt Atcheson W70 Walt Atcheson W70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000m W55 Jill Martin 3000m	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 177.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55 13:23.06
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadium Dayton, OH; June 7 100 Dash W0p Moira Vera 11-1 W30 Vicki Heams 12-9* Linda Carty 13-4 Kisha Carman 13-6 W35 Belinda McCoy 13-4 W40 Jacqueline Board 13-4 W55 Mary Robinson 16-5 W75 Ernestine Yeomans 29-6 MYth Aaron Daniels 13-9 MOp Josh Everett 11-8	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth M70 M35 M40 M45 M50 M70 M7th M35 M60 M70 M35 M60 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringtor 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 14.07 wer 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11 31.34 31.59	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow W55 Sylvia Brooks 400m	32-10 S7 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3 36.3	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger Discus M35 Bruce Navarre	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23 179-6	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000m M50 Bay Anderson	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 177.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55 13:23.06
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 W10 DWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7 100 Dash W0p Moira Vera :14.1 W30 Vicki Heams :12.9 Linda Carty :13.4 Kisha Carman :13.6 W35 Belinda McCoy :13.4 Kisha Carman :13.6 W35 Belinda McCoy :13.4 W40 Jacqueline Board :13.4 W55 Mary Robinson :16.5 W75 Ernestine Yeomans :29.6 MYth Aaron Daniels :13.9 MOp Josh Everett :11.8 Fred Jackson :11.9 Scott Butera :12.8 Rich Sucher :13.3	M80 W35 W45 M35 M45 M55 M70 WYth MYth MYth MOP M45 M50 M55 M40 M45 M70 MYth M35 M40 M45 M70 MYth M35 M50 M50 M50 M50 M50 M70 WYth M35 M60 M70	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Run Marilyn Brandt 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 6:33.1* 3000 Run Nolan Smith 13:19.0 Nate Showman 11:40.0 Bob Fritz 10:25.0 Ronald Ruffin 10:28.5 Jeff Gerson 11:20.6 Lyndon Johnson 3:37.4 Sprint Hurdles Lyndon Johnson 18.2 Marcus McCuiston 18.5 Jake Butera 19.6 Keith Barron 120.7 Kevin Boggs 116.7 Michael Soriano 118.6 James Crutcher 18.6 James Crutcher 17.0* High Jump Keith Barron 5' 8' Marcus McCuiston 5' 4' Hand Jump Keith Barron 5' 8' Marcus McCuiston 5' 4' Hold Jump Keith Barron 5' 8' Marcus McCuiston 5' 4' Rod Kavic 5' 2' Phillip Barcus 4' 11' Lyndon Johnson 7' 10' Donna Pope Green 16' 4.25' Tyron Green 12' 7.5' John Everett 17' 6.75' John Everett 17' 6.75' Josh Everett 17' 6.75' Jump 12' 7.5' Josh Everett 17' 6.75' Josh Everett	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowel 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowel 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 14.07 wer 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11 31.34 31.59 39.80	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow W55 Sylvia Brooks 400m M35 Tony Rodriguez	32-10 S7 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3 36.3 52.3	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger Discus M35 Bruce Navarre M40 Steve Patridge	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 49-9 35-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000m W55 Jill Martin 3000m M50 Ray Anderson	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55 13:23.06 24:40.44
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelln M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7 100 Dash WOp Moira Vera Linda Carty Linda Cart	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth M70 M35 M40 M45 M50 M70 M7th M35 M60 M70 M35 M60 M70	Blair Meiser 2:57.0 Hugh Yeomans 6:36.5* 1500 Rum Marilyn Brandt 5:38.7 Mary Hartzler 6:13.8* Lawrence Cox 6:05.6* Richard Jirak 4:52.2 Ronald Ruffin 5:01.7 Lyndon Johnson 6:29.4 Willis Moses 6:33.1* 3000 Rum Nolan Smith 13:19.0 Nale Showman 11:40.0 Bob Fritz 10:25.0 Ronald Ruffin 10:28.5 Jeff Gerson 11:22.6 Lyndon Johnson 13:37.4 Sprint Hurdles Tiara Harrison 18.2 Marcus McCuiston 18.5 Jake Butera 19.6 Keith Barron 10:20.7 Keith Barron 18.6 James Crutcher 18.7 Fred Hirsimaki 17.0* High Jump Keith Barron 5' 8' Marcus McCuiston 5' 4' Rod Kavic Phillip Bercus 4' 11' Lyndon Johnson 7 10* Long Jump Nolan Smith 12' 7.5* Long	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringtor 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Sent Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll	1:08.4 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 10 14.07 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11 11 31.34 31.59 39.80 1:36.74	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow W55 Sylvia Brooks 400m M35 Tony Rodriguez M40 Bill Burton	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3 36.3 52.3 52.9	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger Discus M35 Bruce Navarre M40 Steve Patridge M45 Dave Barber	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23 179-6 177-3 118-10	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000m W55 Jill Martin 3000m W55 Jill Martin 3000m M60 Ray Anderson 100mH M50 Bob Osterhoudt	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55 13:23.06 24:40.44
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelln M50 Kip Rabern GA 113-4 MDWEST Dayton Masters Track Classic Welcome Stadium Dayton, OH; June 7 100 Dash WOp Moira Vera 11.1 W30 Vicki Heams 12.9* Linda Carty 13.4 Kisha Carman 13.6 W35 Belinda McCoy 13.4 W40 Jacqueline Board 13.4 W55 Mary Robinson 16.5 W75 Ernestine Yeomans 29.6 MYth Aaron Daniels 13.9 MOp Josh Everett 11.8 Fred Jackson 13.9 MOp Josh Everett 11.8 Fred Jackson 13.9 Rich Sucher 13.3 M30 Chris Hätchens 13.4 M35 Scott Summers 12.0 Mark Fox 13.2	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth M70 M35 M40 M45 M50 M70 M7th M35 M60 M70 M35 M60 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowel 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 14.07 1 15.48 1	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow W55 Sylvia Brooks 400m M35 Tony Rodriguez M40 Bill Burton M45 Bill Collins	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3 36.3 52.3 52.9 53.1	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger Discus M35 Bruce Navarre M40 Steve Patridge M45 Dave Barber M50 Jerry Brewer	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23 179-6 177-3 118-10 135-8	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000m W55 Jill Martin 3000m W55 Jill Martin 3000m M60 Ray Anderson 100mH M50 Bob Osterhoudt M60 Bob Bergfeldt	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55 13:23.06 24:40.44 17.21 20.98
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelin M50 Kip Rabern GA 113-4 W10 WEST Dayton Masters Track Classic Welcome Stadium Dayton, OH; June 7 100 Dash W0p Moira Vera 114.1 W30 Vicki Heams 12.9 Linda Carty 13.4 Kisha Carman 13.6 W35 Belinda McCoy 13.4 W40 Jacqueline Board 13.4 W55 Mary Robinson 16.5 W75 Ernestine Yeomans 29.6 MYth Aaron Daniels 13.9 MOp Josh Everett 11.8 Fred Jackson 11.9 Scott Butera 12.8 Rich Sucher 13.3 M30 Chris Hitchens 13.4 M35 Scott Summers 12.0 Mark Fox 13.2 Michael Soriano 13.4 M35 Scott Summers 12.0 Mark Fox 13.2 Michael Soriano 13.4	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth M70 M35 M40 M45 M50 M70 M7th M35 M60 M70 M35 M60 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhon M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Richard Hayes M70 Bill Bubert	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 14.07 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11 11 31.34 31.59 39.80 1:36.74 1:21.21 1:45.16	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow W55 Sylvia Brooks 400m M35 Tony Rodriguez M40 Bill Burton	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3 36.3 52.3 52.9	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger Discus M35 Bruce Navarre M40 Steve Patridge M45 Dave Barber M50 Jerry Brewer M50 Jerry Brewer M50 Jerry Brewer	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23 179-6 177-3 118-10	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M50 Anderson M50 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000m W55 Jill Martin 3000m W55 Jill Martin 3000m M60 Ray Anderson 100mH M50 Bob Osterhoudt M60 Bob Bergfeldt M65 Dave Douglass	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55 13:23.06 24:40.44
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Dlacus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelln M50 Kip Rabern GA 113-4 W1DWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7 100 Dash W0p Moira Vera Linda Carty Linda Carty Linda Carty Linda Carty Linda Carty M30 Vicki Heams 12.9* Linda Carty Linda Carty M35 Belinda McCoy M35 Belinda McCoy M36 Belinda McCoy M37 Emestine Yeomas 29.6 MYth Aaron Daniels M90 Josh Everett H1.8 Fred Jackson M19 Scott Butera Rich Sucher Rich Sucher Rich Sucher M31.3 M30 Chris Hitchens M31.4 M35 Scott Summers M32 Michael Soriano M31.4 R04 Kavic M31.7	M80 W35 W45 M35 M45 M55 M70 WYth MVth MOP M45 M50 M55 M40 M45 M70 MYth M35 M50 M70 MYth M35 M50 M70 M7th M35 M50 M70 M7th M35 M60 M70 M35	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowel 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 14.07 1 15.48 1	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow W55 Sylvia Brooks 400m M35 Tony Rodriguez M40 Bill Burton M45 Bill Collins	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3 36.3 52.3 52.9 53.1	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger Discus M35 Bruce Navarre M40 Steve Patridge M45 Dave Barber M50 Jerry Brewer M50 Jerry Brewer M50 Jerry Brewer	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23 179-6 177-3 118-10 135-8 158-6	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraun 800 m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500 m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 1500 m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 1500 m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 1500 m M60 Ray Anderson 100 m H M50 Bob Osterhoudt M60 Bob Bergfeldt M65 Dave Douglass High Jump	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55 13:23.06 24:40.44 17.21 20.98 22.19
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelln M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7 100 Dash W0p Moira Vera :14.1 W30 Vicki Heams :12.9* Linda Carty :13.4 Kisha Carman :13.6 W35 Belinda McCoy :13.4 W40 Jacqueline Board :13.4 W55 Mary Robinson :16.5 W75 Ernestine Yeomas :29.6 MYth Aanon Daniels :13.9 MOP Josh Everett :11.8 Fred Jackson :11.9 Scott Bufera :12.8 Rich Sucher :13.3 M30 Chris Hitchens :13.4 M35 Scott Summers :12.0 Mark Fox :13.2 Michael Soriano :13.4 Rod Kavic :13.7	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MOP M35 M40 M45 M70 MYth M35 M60 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhon M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Richard Hayes M70 Bill Bubert	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 14.07 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11 11 31.34 31.59 39.80 1:36.74 1:21.21 1:45.16	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow W55 Sylvia Brooks 400m M35 Tony Rodriguez M40 Bill Burton M45 Bill Collins M50 Paul Simmons M50 Paul Simmons M55 Tony Rodriguez M40 Bill Burton M45 Bill Collins M50 Paul Simmons M70 Bob Wingo	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3 36.3 52.3 52.9 53.1 1:04.4 1:26.9	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger Discus M35 Bruce Navarre M40 Steve Patridge M45 Dave Barber M50 Jerry Brewer M50 Jerry Brewer M50 Jerry Brewer M50 James Carney	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23 179-6 177-3 118-10 135-8 158-6 112-2	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W70 Walt Atcheson W70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000m M50 Bob Osterhoudt M60 Bob Bergfeldt M65 Dave Douglass High Jump M55 Larry Armstrong	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 83.87 87.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55 13:23.06 24:40.44 17.21 20.98 22.19 1.50
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelln M50 Kip Rabern GA 113-4 MDWEST Dayton Masters Track Classic Welcome Stadium Dayton, OH; June 7 100 Daah W0p Moira Vera 14.1 W30 Vicki Heams 12.9* Linda Carty 13.4 Kisha Carman 13.6 W35 Belinda McCoy 13.4 W40 Jacqueline Board 13.4 W55 Mary Robinson 16.5 W75 Ernestine Yeomans 29.6 MYth Aaron Daniels 13.9 M00 Josh Everett 11.8 Fred Jackson 11.9 Scott Butera 12.8 Rich Sucher 13.3 M30 Chris Hitchens 13.4 M35 Scott Summers 12.0 Mark Fox 13.2 Michael Soriano 13.4 Rod Kavic 13.7 M40 Andrew Mason 11.8	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth MYth MYth MOP M35 M40 M45 M70 MYth M35 M50 M55 M60 M70 M35 M60 M70 M35 M60 M70 M35 M60 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harrington 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Richard Hayes M70 Bill Bubert W60 Ursula Fagan 800m	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 14.07 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11 11 31.34 31.59 39.80 1:36.74 1:21.21 1:45.16 1:36.94	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow W55 Sylvia Brooks 400m M35 Tony Rodriguez M40 Bill Burton M45 Bill Collins M50 Paul Simmons M70 Bob Wingo W40 C Steenbergen	32-10 ST 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3 36.3 52.3 52.9 53.1 1:04.4	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger Discus M35 Bruce Navarre M40 Steve Patridge M45 Dave Barber M50 Jerry Brewer M50 Jerry Brewer M50 Jerry Brewer M50 James Carney M65 W Palmer	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23 179-6 177-3 118-10 135-8 158-6 112-2 178-8*	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200 m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W50 Kathy Jager W60 Erika Goldstein 400 m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800 m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500 m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000 m W55 Jill Martin 5000 m M60 Ray Anderson 100 mH M50 Bob Osterhoudt M60 Bob Bergfeldt M65 Dave Douglass H1gh Jump M55 Larry Armstrong M60 Bob Bergfeldt	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 81.19 77.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55 13:23.06 24:40.44 17.21 20.98 22.19
W30 Hazel Anthony AL 75.09 800 m M40 Spencer Smith LA 2:26.2 Long Jump M40 David Rogers AL 13-4.5 W30 Daphne Horton AL 10-1 Shot Put M30 Mike Johnson MO 42-1.5 M40 PleasantParkr FL 35-11 M50 Kip Rabern GA 40-5 W30 Daphne HortonAL 29-10 Discus M30 Jim Jackson AL 102-1 M40 PleasantParkr AL 103-11 M50 Jerry Arline FL 124-2 W30 DaphneHortonAL 79-3 Hammer M40 PleasantParkr AL 83-2 M50 Jerry Arline FL 119-2 W30 DaphneHortonAL 55-3 Javelln M50 Kip Rabern GA 113-4 MIDWEST Dayton Masters Track Classic Welcome Stadlum Dayton, OH; June 7 100 Dash W0p Moira Vera 11.4.1 W30 Vicki Heams 12.9* Linda Carty 13.4 Kisha Carman 13.6 W35 Belinda McCoy 13.4 W40 Jacqueline Board 13.4 W55 Mary Robinson 16.5 W75 Ernestine Yeomans 29.6 MYth Aaron Daniels 13.9 MOD Josh Everett 11.8 Fred Jackson 11.9 Scott Butera 12.8 Rich Sucher 13.3 M30 Chris Hitchens 13.4 M35 Scott Summers 12.0 Mark Fox 13.7 M40 Andrew Mason 11.8 Anthony Doty 13.4 M45 James Crutcher 12.9	M80 W35 W45 M35 M45 M55 M70 WYth MYth MOP M45 M50 M55 WYth MYth M15 M40 M45 M70 M35 M60 M70	Blair Meiser	W40 Teresa Drotar W45 Deanna Scovill W50 Jane Harringtor 800m M45 Frank Kunkel M55 George Linn 3000m M30 Charles Bedfor M35 Hal McKelvy M40 Dave Caprera M45 Frank Kunkel M50 Larry Keuter M55 GeorgeLinn Long Jump M50 Gary Giese M60 George Cairns Western Slope Seni Montrose, CO; M 100m M55 Dwaine Horton M60 Doug Spainhov M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan W70 Marilyn Olen W90 Thelma Dowell 200m M55 Paul Driscoll M65 Grant Twitchel M75 Jack Davison W60 Ursula Fagan 400m M55 Paul Driscoll M65 Richard Hayes M70 Bill Bubert W60 Ursula Fagan 800m M55 Paul Driscoll	1:08.4 le 1:39.2 n 1:50.0 2:23.0 2:54.3 rd 9:46.5 10:14.3 11:30.5 10:42.2 11:54.5 12:55.7 16-4 14-5 lor Games May 17 1 14.07 17.49 1 15.48 15.38 19.65 26.73 1 1:29.97 36.11 11 31.34 31.59 39.80 1:36.74 1:21.21 1:45.16 1:36.94	W75 Avanell Jensen W80 G Bergman SOUTHWE 6th Annual Waterlo Championship Buda, TX; May 100m M30 Alan Sims M35 Lindy Raney M40 Bill Burton M45 Bill Collins M55 Bill Everett M60 George Gillar M65 Val Smith M70 Wilford Scott M75 Tim Murphy W30 Sonia Gongora W40 Cindy Steenberg W55 Sylvia Brooks 200m M35 Lindy Taney M40 Cecil Noble M45 Jim Dolezel M50 Paul Simmons M55 Don Denson M65 Val Smith M70 Wilford Scott M75 Tim Murphy W40 Cindy Steenberg W45 Sandra Burrow W55 Sylvia Brooks 400m M35 Tony Rodriguez M40 Bill Burton M45 Bill Collins M50 Paul Simmons M50 Paul Simmons M70 Bob Wingo W40 C Steenbergen 800m	32-10 SY 11.9 11.4 11.8 11.1 13.9 14.0 18.3 13.1 14.2 14.6 en 12.6 16.2 23.5 27.5 25.3 27.0 26.8 42.9 27.7 30.7 en 26.1 36.3 36.3 52.9 53.1 1:04.4 1:26.9 1:04.5	M40 M Mitchell M45 Jim Dolezel M50 Ed Jones M55 Don Denson M65 Val Smith M70 A Hoffman W40 M A Webster Triple Jump M30 Kevin Lendo M35 SteveBolles M40 M Mitchell M45 Jim Dolezel M50 Jim Cawley M55 David Melber M60 Paul Adams M65 Val Smith W40 M A Webster Shot Put M35 David Yeager M40 Steve Patridge M45 Dave Barber M50 Jack Crawford M55 John Coffiff M60 Paul Adams M65 Wendell Palmer M70 A Hoffman M85 John Pearce W40 Carol Finsrud W70 Ruth Seeger Discus M35 Bruce Navarre M40 Steve Patridge M45 Dave Barber M50 Jerry Brewer M50 Jerry Brewer M50 Jerry Brewer M55 John Conniff M60 James Carney M65 W Palmer M70 A Hoffman	17-3 16-11.50 18-9 16-4 10-7 1350 12-10.50 42-4.50 28-10.50 32-3.50 33-3.50 33-4 20-8.50 23-6 21-9 27-3 25-9.50 40 41-7 30-3 44-3* 30-5.50 23-7 42-5* 23 179-6 177-3 118-10 135-8 158-6 112-2 178-8* 102-11	M50 Gary Giese M55 Larry Armstrong M60 Norb Wedepohl M65 Andy Anderson M70 Georg Butchko M75+Milt Silverstein W50 Kathy Jager W60 Carol Eisenbraun 200m M50 Gary Giese M55 Antonio Chavez M60 Norb Wedepohl M65 Andy Anderson M70 Walt Atcheson M75 Milt Silverstein W50 Kathy Jager W60 Erika Goldstein 400m M50 Gary Giese M55 Antonio Chavez M65 Andy Anderson M70 Walt Atcheson W70 Walt Atcheson W70 Walt Atcheson W70 Walt Atcheson W70 Walt Atcheson W50 Marge Doerrer W70 Carol Eisenbraur 800m M55 Eric Owers M60 Chris Noble M65 Charles Rice W50 Marge Doerrer W55 Jill Martin 1500m M50 Jim Leonard M60 Chris Noble W55 Jill Martin 3000m W55 Jill Martin 3000m M50 Bob Osterhoudt M60 Ray Anderson 100mH M50 Bob Osterhoudt M60 Bob Bergfeldt M65 Dave Douglass HIgh Jump M55 Larry Armstrong	13.59 13.18 14.33 18.05 14.47 13.84 16.41 26.90 27.30 27.19 29.67 38.18 30.37 29.71 39.33 60.47 61.99 71.81 83.87 83.87 87.07 2:29.84 2:50.59 3:22.72 3:14.31 3:15.45 6:12.89 5:33.51 6:12.55 13:23.06 24:40.44 17.21 20.98 22.19 1.50
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					viasters			page 33
Continued from previous page		Bess Qualls 16.33	M50	Ron Salupo 57.28	M45	John Kuechle 5.70	I was 1 D 10.22	N55 Aaron Gumb1 36:45.56
M75+Charles Obye 1.25	The late to	Cathy Herring 16.48	11130		M55	Paul Madwin 3.18	M35 James Barry 10.27	Mud Carel Van Wyk 36:46.08
W50 Kathy Jager 1.05	ALTER T	Debbie Selby 17.10	M55	Rob Russell 57.72			Khoren Indjian 10.25	N65 Willie Loedolff 42:04.03
Pole Vault	SEE SALD	Chris Stone 21.44	MISS	Gary Sims 1:05.24	M60	Dick Richards 5.54	M40 Bill Gardner 13.73	N75 A Ferguson 49:32.0
M55 George Davies 3.35	W45	Kay Sparks 18.96	1400	Fred Hartman 1:07.30	Mes	Delos Eyer 3.85	Val Olatoa 13.34	W35 Erika Swart 39:26.0
	W55		M60	Ross Dunton 1:10.82	M65	Vincent Salce 4.03	James Kerman 12.73	W40 Jane Dickinson 39:15.0
11100	W65		M65	Sid Wing 1:04.72		Phillip Johnson 3.78	Gagik Alayozian 7.78	W45 Anne Weeden 39:39.0
Long Jump	******	Sumi Onodero 16.91	303579	James Selby 1:06.67	M70	Dewey Vroom 3.91	M45 Mike Nash 14.71	W50 Jenny Allebone 40:10.0
M50 John Davis 4.84	11/70	Magda Kuehne 17.50	Name of the last	Al Escobosa 1:11.64		Richard Warren 3.86	Mike Deller 12.50	110H M40 C LeRoux 17.75
M55 Jim Swayze 4.96	W70	Johnnye Valien 18.82		Louis Beadle 1:12.35	M80	Clarence Trahan 3.36	O. Khatchatrian 11.24	
M60 Bob Bergfeldt 4.57	M35	Alberto Ross 11.04	M75	Bob Hunt 1:37.96	Triple	Jump	Jim Cordes 9.71	100H N50 M Cordes 21.49
M65 Frank Welch 3.03		Wayne Iba 11.56	800m		W35	Elaine Iba 9.00	M50 Dan Borrey 13.55	
M70 George Butchko 2.89	The second	Darrel Reed 13.43	W35	Diana Heil 2:26.86	W65	Magda Kuehne 7.56	David Pena 11.41	W35 Hans Mickautsch 20.99 W35 Esca Taljaard 17.84
M75+Charles Obye 4.01	M40	Milton Qualls 11.80	W40	VET TO THE TOTAL OF THE TOTAL O	M35			MOII
W50 Kathy Jager 3.76	A STATE OF THE PARTY OF THE PAR	Jimmy Bonilla 11.85	W40	Carla Hoppie 2:29.68	MISS	Lav. Davenport 14.19	Art Altshiller 9.86	M70 J Scholtz 19.43
			*****	Debbie Barroza 2:37.08	4.00	Bill Henry 10.82	M55 Den. McCraven 11.93	W40 Frances Van Zyl 13.58
The second secon	A Walliam	Maurel Akopian 13.03	W55	Mary Bonner 4:13.88	M40	Andy Hecker 10.19	Tom Poole 9.35	W45 Antta De VIIIIers 13.64
Shot Put	1000	Foots Williams 13.30	W60	Jeannie Hoagl. 2:47.95	M45	Milan Tiff 14.17 AR	M60 Doug Cronin 11.31	W50 Inge Bremer 14.65
M50 Duane Thompson 12.15	M45	George Wong 13.48	W65	Sumi Onodera 3:16.05	M70	Dewey Vroom 8.10	Alan Rosen 10.36	W55 Hella Kuppe 15.22
M55 Jim Burke 12.60	M50	Frank Little 12.49	M30	Carlos Coty 1:56.44	M75	Charles Mercurio 7.78	Bob Eldridge 9.54	W60 Emilia Nel 18,52
M60 Bob Beck 12.72	Section 1	Dale Herring 12.76	151.5	Vaughn Kastor 1:57.59		ds pending upon verification	Doo Liange	W65 Isabel Hofmeyr 19.09
M65 Paul O'Leary 11.37		Diet. Reichardt 12.78	M35	Mark Cleary 2:06.99	and the same of	S - F - S - S - S - S - S - S - S - S -	TAUTEDALATIONAL	400H
M70 Wes Goodwin 11.54		Sheridon Groves 12.96	1.133		High J	ump	INTERNATIONAL	N40 I Le Roux 67.71
		Nathan Asberry 13.08	1445		W35	Karen Vaughn 1.27		M50 Wilfred Kareng 63.80
	Sell Later		M45	Nolan Shaheed 1:57.92	W45	A. Steeklenburg 1.42	South Africa Veterans	M55 Nic Neyer 84.70
W50 Kathy Jager 8.61		Tony Craddock 13.34		Bill Fitzpatrick 2:11.91	W65	Shirley Kinsey 0.97	Championships	W45 S Van Rooyen 68.70
W55 Karen Bergfeldt 6.40		Joe Perry 13.61		Ron Rook 2:31.41	W70	Johnye Valien 0.97	Durban; May 2-3	30011
Discus		Lance Pierce 13.84	M50	Rob Russell 2:12.51	M35		100	M60 Leo Benning 51.03
M50 Bob Osterhoudt 35.57	A STATE OF THE STA	Paul Gilbert 14.20		Steve Shepherd 2:25.66	M33	Timothy Jones 1.57		M65 Andy Heine 53,52
M55 Jim Burke 42.96	M55	Phil Robertson 12.79	M55	Bob McAlpine 2:23.30	484	Nikos Mourtos 1.37	M40 Bobie Tlapu 11.57	M70 Albert Van Zyl 55.39
M60 Bob Beck 44.32		Lee Gillespie 13.19	M60	Charles Kirby 2:31.77	M40	Jason Meisler 1.82	M45 Collen Makhabela 12.18	W50 Magda Tomlinson 56.44
M65 Art Brandt 33.50	Mark of the	Ron McKnight 13.89	Tarton's	Ray Archibald 2:54.57	M45	Charlie Radar 1.82	M50 D Cloete 12.69 M55 Japie Ackerman 13.45	W65 Isabel Hofmeyr 65.97 3000SC
M70 Wes Goodwin 36.84	DATE OF	Gary Sims 14.14	M65	Sid Wing 2:32.30	1 000	Mike Cates 1.47	M55 Japie Ackerman 13.45 M60 Monty Hacker 13.18	1140 Terence Brown 9:41.43
	M60	Kenny Dennis 12.50	14103		M50	Roberto Pozzi 1.67	M65 Andy Heine 14.47	Stix De Jager 9:43.74
	14100			Rob Culling 2:34.83	- Charles	Jorge Birnbaum 1.47	M70 Lucas Nel 15.01	M45 Jan Greyling 10:21.80
W50 Kathy Jager 19.86	THE PARTY	Dick Richards 12.53	30 Henry	James Selby 2:35.22	M55	Azvie Perry 1.37	W35 Marietjie Viljoen 13.08	M50 Ed Walker 11:42.31
W55 Karen Bergfeldt 15.98	CE + CE	Nick Newton 13.09	M70	Avery Bryant 3:00.38	M60	Nick Newton 1.52	W40 Elma Bronkhorst 13.58	M55 Jeff Swales 13:38.89
W65 Barbara Brandt 18.93	The said	Delos Eyer 14.21	1500m	THE RESERVE AND A STREET OF THE PERSON NAMED IN	140000000000000000000000000000000000000		W45 Gail Van Niekerk 13.32	2000SC
Javelin		John Fisher 16.42	W30	Andrea Stone 5:03.44	M75	Walt Dahlin 1.32 AR	W50 Gretha Viljoen 14.56	N60 Leo Benning 8:25.26
M50 Joe Hilbe 46.18	M65	James Selby 14.63	W35		Pole V	ault	W60 Emilia Nel 17.06	J Jordaan 8:48.21
M55 Jim Swayze 35.86	Property.	Frank Kishi 14.87			W30	Allison Jesse 3.20	W65 Veronica Welgemoed 16.26	M65 Willie Loedolff 8:31.72
M60 Bob Bergfeldt 39.66	1170	Vincent Salce -14.90	W40	Debbie Barraza 5:28.74	W65	Shirley Kinsey 1.63	200 W/O Poh (The	W35 Anthea James 7:31.49
	M70	Tom Miller 15.94	W50	Joni Shirley 5:20.27			M40 Bobie Tlapu 23.26	W40 Chris Wallace 8:11.76
	14170		W60	Pat Willis 8:38.97	M40	Doug Sparks 4.12	M45 Collen Makhabela 24.37	W50 Magda Tomlinson 9:25.99
M70 Wes Goodwin 24.08	11 13 5	Richard Warren 16.59	M30	Carlos Cota 4:06.19	M45	Steve Morris 4.12	M50 D Cloete 25.58	W55 Rachel Rossouw 9:41.48
M75+Charles Obye 29.96	17 107 7	George Simon 17.28		Henry Gobreylan 4:38.70	M50	Daniel Borrey 4.12	M55 Japie Ackerman 27.42	W60 Alet Tusscher 12:19.02
W55 Karen Bergfeldt 18.16	M80	Clarence Trahan 17.51	M35	Mark Clearly 4:24.09	M55	Terry Cannon 3.36	M60 Monty Hacker 26.99	HIGH JUMP
W65 Barbara Brandt 24.14	1200	Bert Morrow 18.25	14133	Nikos Mourtas 4:26.39	M60	Ray Fitz 2.40	M65 Andy Heine 29.01 M70 Lucas Nel 31.03	M40 C Le Roux 1.78
3000m Racewalk	100	Pete Allen 19.38			M70	Don Roser 2.30		M45 Willem Joubert 1.49
M60 Ray Anderson 18:39.97	M85	Tony Castro 18.50		James Reed 4:27.53	M75	Walt Dahlin 2.21	W35 Leonie Louwrens 26.64	M50 Pieter Kruger 1.61
M65 Jack Ozment 18:41.89	Marroll !	CONTRACTOR ASSESSMENT		Tim Jones 4:41.39	M85	Carol Johnston 2.21 WR	W40 Elma Bronkhorst 27.16	M55 Roland Van Woerkom 1.58
	200m	Manufactured of the	M40	Dave Cook 4:29.59	MIOS	Carol Johnston 2.21 WK	W45 Gail Van Niekerk 27.24	M60 Leo Benning 1,46
M75+Roy Clark 25:06.09	W35	Shellie Banks 28.42	M45	Nolan Shaheed 4:04.19	Discu	Server Comment	W50 Gretha Viljoen 30.86	M65 Andy Heine 1.34 M70 Johannes Schoeman 1.28
W60 Joann Deiner 21:53.22		Eliane Iba 28.72	M50	Roger Loder 6:22.35	W40	Svetl. Yesayan 35.58	W60 Emilia Nel 35.65	M70 Johannes Schoeman 1.28 M75 None
W70 Marion Mahoney22:08.30		Sylvia Hoss 29.25	M60	Don Truex 5:03.00	W60	Ellen Brannigan 17.12	W65 Veronica Welgemoed 34.91	W35 Hanlie Kotze 1.68
WELD ALL THE TOTAL THE TOT	W40	Kathy Herring 35.15	Printer.	Ray Archibald 6:02.07	M35	James Barry 35.12	400 W0 P-14 - 71 51 20	W50 Lee Engelbrecht 1.23
KELfield Throws Series #61	The second	Debbie Selby 37.07	M65	Rob Culling 5:15.41	M40	Val Olotoa 37.50	M40 Bobie Tlapu 51.28	W55 Hella Kuppe 1.29
Santa Cruz, CA; May 17	W45	Laurie DeNuccio 37.43	- Marsh	Gunnar Linde 5:31.51	L. Little	James Kerman 37.16	M45 Collen Makhabela 53.76 M50 Wilfred Kareng 57.85	W60 Aletta Kruger 1.11
Shot Put	W60	Pat Willis 46.79	M70	Avery Bryant 6:15.27		Bill Gardner 36.82	MSS Japie Ackerman 64.55	W65 Isabel Hofmeyr 1.05
M40 Rich Watson 36-5.75	W65	Magda Kuehne 38.77	110m l		M45	Mike Deller 40.84	M60 Miloje Grujic 58.95	POLE VAULT
	M35	Alberto Ros 22.57	_	A SCHOOL SECTION AND ADDRESS OF THE PARTY OF	14143		M65 Frik Nel 69.74	H40 K Joubert 3.15
M45 Gary Kelmenson35-3	10155	Wayne Iba 23.38	M35	Rog. Drummond 17.09	130000	Mike Nash 34.92	M70 Lucas Nel 70.76	M50 Pieter Kruger 2.80 M60 J Klopper 2.90
W40 Joann Stratton 34-3			M40	Ken Stone 19.82	Con Bis	Jim Cordes 27.58	M80 Edmond Shipton 88.44	W50 Petra Pietersen 1.20
Discus	THE ROLL	Darrell Reed 26.78	100m !	HH Shear Shear	M50	David Pena 32.98	W35 L Pretorius 58.24	LONG JUMP
M40 Rich Watson 113-6	M40	Jimmy Bonnilla 24.30	M50	Sheridan Groves 15.75	M55	Jae Marino 38.84	W40 Elma Bronkhorst 61.67	M40 Nico Van Heerden 6.21
M45 Gary Kelmenson 105-8	The same of	Footes Williams 26.68	M55	Bill Knocke 17.10		Den. McCraven 37.48	W45 Pam Immelman 63.50	M45 J Vorster 5.81
M65 George Whiting 120-4	M45	Eugene Driver 25.14	1 7 1 101		and the same of	Tom Poole 35.08	W60 Hazel Colborne 94.85	M50 Jan Van Rooyen 5.91
W40 Joan Stratton 104-6	The real	Phil Gnesin 28.56	80m HI		M60	Bob Humphries 47.42	W65 Veronica Welgemoed 82.00	M55 Harold Johnsson 3.82
Hammer	100	Rob Gillis 28.77	M75	Walter Dahlin 16.18		Alan Rosen 39.54	800 M40 Terence Brown 2:01.98	M60 M Dovale 4.38
M40 Mike Venning 138-8	M50	Frank Little 25.34	M80	Bert Morrow 18.94	44 100	Doug Cronin 35.42	M40 Terence Brown 2:01.98 M45 Len Claassen 2:03.46	M65 Andy Heine 4.40
Rich Watson 111-6	Theresale	Dale Herring 25.87	300m I	H	1 121 5	Bob Eldridge 30.86	M50 V O'Donoghue 2:10.62	M70 Johannes Schoeman 3.91
		Ron Salupo 26.29	M60	Al Sheahan 56.20	10000	Walt DeRothne 24.52	N55 Willie Greyling 2:55.92	W35 Loesje De Beer 4.32
	NAME OF		M65	Phillip Johnson 1:04.95	M65	Harry Hawke 43.54	M60 Miloje Grujic 2:24.88	W40 J Weideman 4.55
W40 Joan Stratton 44AR121-4	SEASON.	And the second s	THE RESERVE OF THE PERSON NAMED IN	Commence of the Assessment Street Str	MOS		M65 Willie Loedolff 2:42.67	W45 Steph Van Rooyen 4.26
Javelin	Vac.re	Paul Gilbert 29.18	400m I		10.00	Arnie Gaynor 42.84	M73 Carl Pace 3:38.62	W50 Lee Engelbrecht 3.52
M40 Rich Watson 155-5	M55	Phil Robertson 25.81	M35	Roger Drumm. 1:02.70	C. Carrie	Don Hegberg 38.56	W35 Elzien Konig 2:18.04	W55 Hella Kuppe 4.21
M45 Gary Kelmenson 116-10	1 - 1 -	Terry Cannon 26.72	M40	Ken Stone 1:05.55	1 0 4	Hal Wallace 34.36	W40 J Lane 2:22.37	W60 Gundi Schulz 3.53 W80 Ethel Paveley 1.64
Weight Throw	SACON.	Lee Gillespie 29.96	That were	Andy Hecker 1:10.06	1	Charles Martinez 32.42	W45 Pam Immelman 2:29.26	
M40 Rich Watson 38-1/2	WE'VE	Fred Hartman 29.23	M50	Sheridon Groves 1:06.54	M70	Dewey Vroom 29.52	W50 Annatjie Kruger 2:57.53	NAO NICO Van Heerden 12.74
M45 Gary Kelmenson 41-4 1/2	M60	Dick Richards 25.57	The same	Jorge Birnbaum 1:15.20	S. SEL	Walt Atcheson 25.46	W55 Bokkie Kleynhans 2:51.35	N40 NICO van Heerden 12.74 N45 Hendrik Nel 12.01
W40 Joan Stratton 39-8	The state of the s	Kenny Dennis 25.72	M55	Bill Knocke 1:05.20	M75	Bob Hunt 25.58	1500	MSO Jan Van Rooyen 11.60
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56# Weight	THE RESIDENCE	Nick Newton 27.15	SOOO-	The second secon		Walter Dallilli 21.10	N40 Lukas DuPreez 4:15.47	M55 None
56# Weight M40 Rich Watson 22-6	72 10		5000m	Cucan Abennian 77.77			N45 Vince Lentsoenyan4:19.26.	
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THE CONTRACT OF THE CONTRACT O	Mee	Delos Eyer 29.40 John Fisher 34.13	W35 W55	Heleno Gerundo 25:09.3	8 M80	Jerry Siefert 19.54 Pete Allen 17.80	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Wyk 5:05.54	M55 None M60 None M65 Andy Heine 9.72 M70 J Scholtz 7.14
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M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon	M65	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03	W35 W55 M30	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3	M80 Hamm M45 4 M60	Jerry Siefert 19.54 Pete Allen 17.80 ner Mike Deller 47.06	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Wyk 5:05.54 M65 Willite Loedolff 6:03.53 M75 Carl Pace NT H80 Edmond Shipton NT W35 Elzien Konig 4:46.89	M55 None M60 None M65 Andy Heine M70 J Scholtz M70 J Scholtz M75 Gerda Jacobsohn M75 Bertha bu Plessis M750 Kitty Van Der Merwe M77, PW55 Hella Kuppe M88
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HTSP/DT/JT/WT) actual marks John Garvey 35 695	WA ST	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 5rank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44	W35 W55 M30	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2	M80 Hamm M45 4 M60	Pete Allen 17.80 Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Wyk 5:05.54 M65 Willie Loedolff 6:03.53 M75 Carl Pace NT 180 Edmond Shipton NT W35 Elzien Konig 4:46.89 W40 J Lane 4:58.99	M55 None M60 None M65 Andy Heine M65 Andy Heine M70 J Scholtz M715 Gerdu Jacobsohn M75 Bertha Du Plessis M750 Kitty Van Der Merwe M75 Heila Kuppe M60 Gundi Schulz M60 Gundi Schulz M60 Gundi Schulz M60 Gundi Schulz M60 M60 None
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M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/WT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084	M70	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17	W35 W55 M30 M40	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3 Rob Petrovich 20:42.0 Ray Archibald 23:17.8 Pat Devine 21:18.4	M80 Hamn M45 4 M60 Javeli W35 8 W60	Peter Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Wyk 5:05.54 M65 Willite Loedolff 6:03.53 M75 Carl Pace NT H80 Edmond Shipton NT W35 Elzien Konig 4:46.89 W40 J Lane 4:58.99 W45 Lynda Palmer 5:19.83 W50 Jenny Allebone 5:59.79	M55 None M60 None M65 Andy Heine M65 Andy Heine M70 J Scholtz M710 Scholtz M75 Gerda Jacobsohn M750 Kitty Van Der Merwe M750 Heila Kuppe M750 Heila Kuppe M750 Christie Du Plooy M755 SHOT PUT M40 Terseus Liebenberg M750 M65 None M750 Christie Du Plooy M755 SHOT PUT M40 Terseus Liebenberg M750 None M750 Non
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/WT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82)	M70 M75 M80	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31	W35 W55 M30 M40 M45 M55 M60	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3 Rob Petrovich 20:42.0 Ray Archibald 23:17.8 Pat Devine 21:18.4 James Selby 22:52.5	M80 Hamn M45 M45 M60 7 Javelii W35 W60 M35	Peter Allen 17.80 Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Wyk 5:05.54 M65 Willie Loedolff 6:03.53 M75 Carl Pace NT M80 Edmond Shipton NT W35 Elzlen Konig 4:46.89 W40 J Lane 4:58.99 W45 Lynda Palmer 5:19.83 W50 Jenny Allebone 5:59.79 W55 Willemien Smuts 5:48.70 W60 Hazel Colborne 6:54.13	M55 None M60 None M60 None M55 Andy Heine M55 Andy Heine M55 Serda Jacobsohn M58 Bertha Du Plessis M50 Kitty Van Der Merwe M55 Hella Kuppe M60 Gundi Schulz M65 Christie Du Plooy M55 SHOT PUT M40 Terseus Liebenberg M55 J Roodt M55 J Roodt M55 H Rohde M56 H Rohde M57 H Rohde M57 H Rohde M57 H Rohde M58 H Rohde M58 H Rohde M58 H Rohde M59 H Rohde M50 H Ro
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/WT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705	M70 M75 M80	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan Bert Morrow 39.35	W35 W55 M30 M40 M45 M55 M60 M65	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3 David Leara 17:50.5 Rob Petrovich 20:42.0 Ray Archibald 23:17.8 James Selby 22:52.5 Pete Mundle 28:58.3	M80 Hamn M45 4 4 M60 7 Javelii W35 8 8 W60 M35 M40	Peter Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Wyk 5:05.54 M65 Willie Loedolff 6:03.53 M75 Carl Pace NT M80 Edmond Shipton NT W35 Elzien Konig 4:46.89 W40 J Lane 4:58.99 W40 J Lane 5:19.83 W50 Jenny Allebone 5:59.79 W55 Willemien Smuts 5:48.70 W60 Hazel Colborne 6:54.13 5000 N40 Bernett Khuele 14:55.46 K Nyabanyaba 14:58.27	M55 None M60 None M60 None M65 Andy Heine M65 Andy Heine M70 J Scholtz M710 J Scholtz M710 Gerda Jacobsohn M510 Kitty Van Der Merwe M55 Hella Kuppe M60 Gundi Schulz M60 Christie Du Plooy M60 Christie Du Plooy M60 Terseus Liebenberg M60 Terseus Liebenberg M60 L Van Der Merwe M60 Andrej Rzepecki M60 Andrej Rzepecki M60 Andrej Rzepecki M60
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HTSP/DT/JTWT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705 (-/42.02//)	M70 M75 M80 <u>400m</u> W35	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17 Bert Morrow 39.35 Vicki Ford 1:11.39	W35 W55 M30 M40 M45 M55 M60	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3 Rob Petrovich 20:42.6 Ray Archibald 23:17.8 Pat Devine 21:18.4 James Selby 22:52.5 Pete Mundle 28:58.3 Arnie Gaynor 12:72	M80 Hamn M45 M45 M60 7 Javelii W35 W60 M35	Peter Allen 17.80 Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48 Ron Rook 36.82	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Myk 5:05.54 M65 Willie Loedolff 6:03.53 M75 Carl Pace NT H80 Edmond Shipton W35 Elzien Konig 4:46.89 W40 J Lane 4:58.99 W45 Lynda Palmer 5:19.83 W50 Jenny Allebone 5:59.79 W55 Willemien Smuts 5:48.70 W40 Hazel Colborne 6:54.13 5000 N40 Hazel Colborne 6:54.13 5000 N40 Bernett Khuele 14:55.46 K Nyabanyaba 14:58.27 N45 George Moswell 15:24.59	#55 None #60 None #65 Andy Heine 9.72 #70 J Scholtz 7.14 #35 Gerda Jacobsohn 8.19 #45 Bertha Du Plessis 8.33 #50 Kitty Van Der Merwe 7.79 #55 Hella Kuppe 8.88 #60 Gundi Schulz 6.79 #65 Christie Du Plooy 7.55 #810T PUT #40 Terseus Liebenberg 12.12 #45 J Roodt 11.37 #50 L Van Der Merwe 11.91 #55 II Rohde 12.28 #660 Andrej Rzepecki 12.66 #665 Trevor Brummond 7.38
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/WT) actual marks John Garvey 35 695 (-/-/41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705 (-/42.02/-/-/-) Stewart Thomson 64 4615	M70 M75 M80	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17 Bert Morrow 39.35 Vicki Ford 1:11.39 Carla Hoppie 1:06.01	W35 W55 M30 M40 M45 M55 M60 M65	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 David Leara 17:50.5 Rob Petrovich 20:42.6 Ray Archibald 23:17.8 Pat Devine 21:18.4 James Selby 22:52.5 Pete Mundle 28:58.3 Arnie Gaynor 12:72 Harry Hawke 11:78	M80 Hamn M45 4 4 M60 Javelii W35 8 W60 M35 M40 M45	Petry Siefert 19.54 Pete Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48 Ron Rook 36.82 Make Cates 35.84	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Myk 5:05.54 M65 Willite Loedolff 6:03.53 M75 Carl Pace NT H80 klmond Shipton NT W35 Elzien Konig 4:46.89 W40 J Lane 4:58.99 W45 Lynda Palmer 5:19.83 W50 Jenny Allebone 5:59.79 W55 Willemien Smuts 5:48.70 W60 Hazel Colbornc 6:54.13 5000 N40 Bernett Khuele 14:58.46 K Nyabanyaba 14:58.27 M45 George Hoswell 15:24.59 Danie Nienaber 15:39.91	#55 None #60 None #60 None #65 Andy Heine 9.72 #70 J Scholtz 7.14 #35 Gerda Jacobsohn 8.19 #45 Bertha Du Plessis 8.33 #50 Kitty Van Der Herwe 7.79 #55 Hella Kuppe 8.88 #60 Gundi Schulz 6.79 #65 Christie Du Plooy 7.55 #60 TPUT #40 Terseus Liebenberg 12.12 #45 J Roodt 11.37 #65 H Rohde 12.28 #60 Andrej Rzepecki 12.66 #65 Trevor Drummond 7.38 #870 Johan Botha 7.63
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/WT) actual marks John Garvey 35 695 (-/-/41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705 (-/42.02/-/-/-) Stewart Thomson 64 4615 (50.84/12.98/49.62/27.58/19.42)	M70 M75 M80 400m W35 W40	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17 Bert Morrow 39.35 Vicki Ford 1:11.39 Carla Hoppie 1:06.01 Debbie Selby 1:30.31	W35 W55 M30 M40 M45 M55 M60 M65	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3 David Leara 17:50.9 Rob Petrovich Ray Archibald 23:17.8 Pat Devine 21:18.4 James Selby 22:52.5 Pete Mundle Arnie Gaynor 12:72 Harry Hawke 11:78 Carlos Martinez 10:29	M80 Hamn M45 4 4 M60 7 Javelii W35 8 8 W60 M35 M40	Petry Siefert 19.54 Pete Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48 Ron Rook 36.82 Make Cates 35.84 David Pena 40.90	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Myk 5:05.54 M65 Willite Loedolff 6:03.53 M75 Carl Pace NT M80 Edmond Shipton NT W35 Elzien Konig 4:46.89 W40 J Lane 4:58.99 W45 Lynda Palmer 5:19.83 W50 Jenny Allebone 5:59.79 W55 Willemien Smuts 5:48.70 W60 Hazel Colborne 6:54.13 5000 N40 Bernett Khuele 14:55.46 K Nyabanyaba 14:58.27 M45 George Moswell 15:24.59 Danie Nienaber 15:39.91 H50 J Kountree 16:38.82	M55 None M60 None M60 None M65 Andy Heine M55 Andy Heine M70 J Scholtz M70 J Scholtz M75 Gerda Jacobsohn M75 Heila Kuppe M88 M88 M80 Gundi Schulz M75 Gerda Jacobsohn M75 J Roodt M75 J Roodt M75 J Roodt M75 J Roodt M75 Trevor Drummond M75 M76 Adarde M77 Johan Botha M76 A Carnle M77 M75 L Van Der M77 Johan Botha M76 J Rood M77 Johan Botha M76 J Rood M77 J Johan Botha M77 J Johan Botha M78 J Rood M78 J Roo
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/MT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705 (-/42.02//) Stewart Thomson 64 4615 (50.84/12.98/49.82/27.58/19.42) Bob Stone 77 1598	M70 M75 M80 <u>400m</u> W35	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17 Bert Morrow 39.35 Vicki Ford 1:11.39 Carla Hoppie 1:06.01 Debbie Selby 1:30.31 Mary Bonner 1:49.87	W35 W55 M30 M40 M45 M55 M60 M65	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.0 Rob Petrovich 20:42.0 Ray Archibald 23:17.8 Pat Devine 21:18.4 James Selby 22:52.5 Pete Mundle 28:58.3 Arnie Gaynor 12.77 Harry Hawke 11.78 Carlos Martinez Hal Wallace 9.90	M80 Hamn M45 4 4 M60 Javelii W35 8 W60 M35 M40 M45	Petry Siefert 19.54 Pete Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48 Ron Rook 36.82 Make Cates 35.84 David Pena 40.90 Richard Rook 29.68	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Wyk 5:05.54 M65 Willie Loedolff 6:03.53 M75 Carl Pace NT W35 Elzlen Konig 4:46.89 W40 J Lane 4:58.99 W40 J Lane 5:19.83 W50 Jenny Allebone 5:59.79 W55 Willemien Smuts 5:48.70 W60 Hazel Colborne 6:54.13 S000 N40 Bernett Khuele R Nyabanyaba 14:58.27 M45 George Hoswell 15:24.59 Danie Nienaber 15:39.91 M50 J Kountree 16:38.82 N55 Aaron Gumbi 17:39.20	#55 None #60 None #65 Andy Heine 9.72 #70 J Scholtz 7.14 #35 Gerda Jacobsohn 8.19 #45 Bertha Du Plessis 8.33 #50 Kitty Van Der Merwe 7.79 #55 Hella Kuppe 8.88 #60 Gundi Schulz 6.79 #65 Christie Du Plooy 7.55 #810T PUT #40 Terseus Liebenberg 12.12 #45 J Roodt 11.37 #50 L Van Der Merwe 11.91 #55 H Rohde 12.28 #660 Andrej Rzepecki 12.66 #65 Trevor Drummond 7.38 #70 Johan Botha 7.63 #75 A Carnie 8.36 #80 L Wale 9.07
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/MT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705 (-/42.02//) Stewart Thomson 64 4615 (50.84/12.98/49.62/27.58/19.42) Bob Stone 77 1598 (13.46/5.60/17.58/11.42/5.42)	M70 M75 M80 400m W35 W40	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17 Bert Morrow 39.35 Vicki Ford 1:11.39 Carla Hoppie 1:06.01 Debbie Selby 1:30.31 Mary Bonner 1:49.87 Pat Willis 1:59.02	W35 W55 M30 M40 M45 M55 M60 M65	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3 David Leara 17:50.9 Rob Petrovich Ray Archibald 23:17.8 Pat Devine 21:18.4 James Selby 22:52.5 Pete Mundle Arnie Gaynor 12:72 Harry Hawke 11:78 Carlos Martinez 10:29	M80 Hamn M45 4 4 M60 Javelii W35 8 W60 M35 M40 M45	Petry Siefert 19.54 Pete Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48 Ron Rook 36.82 Make Cates 35.84 David Pena 40.90	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Myk 5:05.54 M65 Willite Loedolff 6:03.53 M75 Carl Pace NT H80 Edmond Shipton NT W35 Elzien Konig 4:46.89 W40 J Lane 4:58.99 W45 Lynda Palmer 5:19.83 W50 Jenny Allebone 5:59.79 W55 Willemien Smuts 5:48.70 W60 Hazel Colborne 6:54.13 S000 N40 Bernett Khuele 14:55.46 R Nyabanyaba 14:58.27 M45 George Hoswell 15:24.59 Danie Nienaber 15:39.91 H50 J Rountree 16:38.82 M55 Aaron Gumbi 17:39.20 H60 Carel Van Wyk 18:12.09	M55 None M60 None M60 None M60 None M65 Andy Heine M55 Rody Heine M55 Gerda Jacobsohn M59 Bertha Du Plessia M50 Kitty Van Der Herwe M60 Gundi Schulz M60 Gundi Schulz M60 Gristie Du Plooy M65 Christie Du Plooy M65 Christie Du Plooy M65 Christie Du Plooy M50 Terseus Liebenberg M60 Terseus M60 Terseus M60 Terseus M60 M65 Trevor M65 Trevor M65 Trevor M65 Trevor M65 Trevor M60 Andrej M60 Andrej M60 Andrej M60 Trevor M60 Trevor M60 Trevor M60 Andrej
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/WT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705 (-/4/202/-/) Stewart Thomson 64 4615 (50.84/12.98/49.82/27.58/19.42) Bob Stone 77 1598 (13.46/5.60/17.58/11.42/5.42) Jim York 83 662	M70 M75 M80 <u>400m</u> W35 W40	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17 Bert Morrow 39.35 Vicki Ford 1:11.39 Carla Hoppie 1:06.01 Debbie Selby 1:30.31 Mary Bonner 1:49.87	W35 W55 M30 M40 M45 M55 M60 M65	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3 Rob Petrovich 20:42.0 Ray Archibald 23:17.8 Pat Devine 21:18.4 James Selby 22:52.5 Pete Mundle 28:58.3 Arnie Gaynor 12.77 Harry Hawke 21:1.78 Carlos Martinez Hal Wallace 9.90	M80 Hamn M45 M60 Javelii W35 8 W60 M35 M40 M45	Petry Siefert 19.54 Pete Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48 Ron Rook 36.82 Make Cates 35.84 David Pena 40.90 Richard Rook 29.68 Jae Marino 31.32	M45 Vince Lentsoenyan4:19.26. M50 V O'Donoghue 4:47.74 M55 Jeffrey Swales 5:21.62 M60 Carel Van Wyk 5:05.54 M65 Willite Loedolff 6:03.53 M75 Carl Pace NT H80 Edmond Shipton NT W35 Elzien Konig 4:46.89 W40 J Lane 4:58.99 W45 Lynda Palmer 5:19.83 W50 Jenny Allebone 5:59.79 W55 Willemien Smuts 5:48.70 W60 Hazel Colborne 6:54.13 5000 N40 Bernett Khuele 14:58.46 K Nyabanyaba 14:58.27 M45 George Hoswell 15:24.59 Danie Nienaber 15:39.91 H50 J Rountree 16:38.82 N55 Aaron Gumbi 17:39.20 M65 Willie Loedolff 20:07.55	M55 None M60 None M60 None M60 None M55 Andy Heine M55 Andy Heine M55 Serda Jacobsohn M58 Gerda Jacobsohn M59 Gerda Jacobsohn M59 Kitty Van Der Merwe M50 Kitty Van Der Merwe M55 Hella Kuppe M60 Gundi Schulz M55 Kittstie Du Plooy M55 SHOT PUT M40 Terseus Liebenberg M50 J Roodt M55 J Roodt M55 H Rohde M65 Trevor Drummond M55 H Rohde M65 Trevor Drummond M70 Johan Botha M70 Johan Botha M70 Johan Botha M75 A Carnle M80 L Wale M80 L Wale M80 Sterley M85 Claude Sterley M85 Sonja Van Tonder M65 Sonja Van Tonder M65 Sonja Van Tonder
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/MT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705 (-/42.02//) Stewart Thomson 64 4615 (50.84/12.98/49.62/27.58/19.42) Bob Stone 77 1598 (13.46/5.60/17.58/11.42/5.42)	M70 M75 M80 400m W35 W40 W55 W60 W65	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17 Bert Morrow 39.35 Vicki Ford 1:11.39 Carla Hoppie 1:06.01 Debbie Selby 1:30.31 Mary Bonner 1:49.87 Pat Willis 1:59.02 Sumi Onodero 1:24.77	W35 W55 M30 M40 M45 M55 M60 M65	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3 Rob Petrovich 20:42.6 Ray Archibald 23:17.8 Pat Devine 21:18.4 James Selby 22:52.5 Pete Mundle 28:58.3 Arnie Gaynor 12:72 Harry Hawke 11.78 Carlos Martinez 10.29 Hal Wallace 9.90 Don Hegberg 9.81 Ed Chenoweth 11.34	M80 Hamn M45 M60 Javelii W35 8 W60 M35 M40 M50	Petry Siefert 19.54 Pete Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48 Ron Rook 36.82 Make Cates 35.84 David Pena 40.90 Richard Rook 29.68 Jae Marino 31.32 Delos Eyer 35.30	N45 Vince Lentsoenyan4:19.26 N50 V O'Donoghue 4:47.74 N55 Jeffrey Swales 5:21.62 N60 Carel Van Wyk 5:05.54 N65 Willie Loedolff 6:03.53 N75 Carl Pace NT NT 180 Edmond Shipton NT NT 180 Edmond Shipton NT NT 180 Edmond Shipton NT 180 Edmond Shipton NT 180 Edmond Shipton NT 180 Edmond Shipton NT 180 Jenny Allebone 5:19.83 W40 J Lane 4:58.99 W45 Jenny Allebone 5:19.83 W50 Jenny Allebone 5:59.79 W55 Willemien Smuts 5:48.70 W60 Hazel Colborne 6:54.13 South 1812 Colborne 18:54.70 W60 Hazel Colborne 18:54.70 W60 Hazel Colborne 18:24.70 W65 Willie Loedolff 15:39.91 W65 Willie Loedolff 20:07.55 W75 A Feguson 23:52.0	M55 None M60 None M60 None M65 Andy Heine 9,72 M70 J Scholtz 7,14 M35 Gerda Jacobsohn 8,19 M45 Bertha bu Plessis 8,33 M50 Kitty Van Der Merwe 7,79 M55 Hella Kuppe 8,88 M60 Gundi Schulz 6,79 M65 Christle Du Plooy 7,55 M60 Terseus Liebenberg 12,12 M40 Terseus Liebenberg 12,12 M45 J Roodt 11,37 M50 L Van Der Merwe 11,91 M55 H Rohde 12,28 M60 Andrej Rzepecki 12,66 M65 Trevor Drummond 7,38 M70 Johan Botha 7,63 M75 A Carnie 8,36 M80 L Wale 9,07 M85 Claude Sterley 6,70 M35 Sonja Van Tonder 9,08 M40 Rachelle Boardman 9,08 M80 Rachelle M80 R
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M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/WT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705 (-/42.02/-/-/) Slewart Thomson 64 4615 (50.84/12.98/49.62/27.58/19.42) Bob Stone 77 1598 (13.46/5.60/17.58/11.42/5.42) Jim York 83 662 (-/6.91/-/) Southern California Masters District Championships	M70 M75 M80 400m W35 W40 W55 W60 W65	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17 Bert Morrow 39.35 Vicki Ford 1:11.39 Carla Hoppie 1:06.01 Debbie Selby 1:30.31 Mary Bonner 1:49.87 Pat Willis 1:59.02 Sumi Onodero 1:24.77 Vaughn Kastar 51.42 Ben Crouch 55.14 Al Ros 50.58	W35 W55 M30 M40 M45 M55 M60 M65	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 17:50.5 Rob Petrovich Ray Archibald 23:17.8 James Selby 22:52.5 Pete Mundle Arnie Gaynor Harry Hawke Carlos Martinez Hal Wallace 9.90 Don Hegberg 9.81 Ed Chenoweth Jerrie Siefert 9.21 Jump Elaine Iba 4.76	M80 Hamn M45 M60 Javelii W35 W60 M35 M40 M45 M50 M60	Petry Siefert 19.54 Pete Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48 Ron Rook 36.82 Make Cates 35.84 David Pena 40.90 Richard Rook 29.68 Jae Marino 31.32 Delos Eyer 35.30 Chuck Coutts 33.02 Don Hegberg 27.54 Del Pickarts 44.64	N45 Vince Lentsoenyan4:19.26 N50 V O'Donoghue 4:47.74 N55 Jeffrey Swales 5:21.62 N60 Carel Van Wyk 5:05.54 N65 Willie Loedolff 6:03.53 N75 Carl Pace NT NT 180 Edmond Shipton NT NT 180 Edmond Shipton NT NT 180 Edmond Shipton NT 1818.99 W40 J Lane Ntelleone 5:19.83 Ntelleone 18:18.79 Ntelleone 18:18.79 Ntelleone 18:18.79 Ntelleone 18:18.79 Ntelleone 18:18.79 Ntelleone 18:18.82 Ntelleone 18:18.82 Ntelleone 18:18.99 Ntelleone 18:18.19.91 Ntelleone 18	M55 None M60 None M60 None M65 Andy Heine 9,72 M70 J Scholtz 7,14 M35 Gerda Jacobsohn 8,19 M45 Bertha bu Plessis 8,33 M50 Kitty Van Der Merwe 7,79 M55 Hella Kuppe 8,88 M60 Gundi Schulz 6,79 M65 Christle Du Plooy 7,55 M60 Terseus Liebenberg 12,12 M40 Terseus Liebenberg 12,12 M45 J Roodt 11,37 M50 L Van Der Merwe 11,91 M55 H Rohde 12,28 M60 Andrej Rzepecki 12,66 M65 Trevor Drummond 7,38 M70 Johan Botha 7,63 M75 A Carnie 8,36 M80 L Wale 9,07 M85 Claude Sterley 6,70 M35 Sonja Van Tonder 9,08 M40 Rachelle Boardman W45 Marl Westhulzen 9,44 W50 Jane Rzepecka 8,79 M55 Anette Crobler 9,17 M56 Anette Crobler 9,17 M57
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M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/WT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705 (-/42.02/-/-/) Slewart Thomson 64 4615 (50.84/12.98/49.62/27.58/19.42) Bob Stone 77 1598 (13.46/5.60/17.58/11.42/5.42) Jim York 83 662 (-/6.91/-/) Southern California Masters District Championships Patterson Field Occidental College; June 8	M70 M75 M80 400m W35 W40 W55 W60 W65 M30	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17 Bert Morrow 39.35 Vicki Ford 1:11.39 Carla Hoppie 1:06.01 Debbie Selby 1:30.31 Mary Bonner 1:49.87 Pat Willis 1:59.02 Sumi Onodero 1:24.77 Vaughn Kastar 51.42 Ben Crouch 55.14 Al Ros 50.58 Nikos Mourtos 56.78 Tim Jones 58.19 Neal Boyko 58.55	W35 W55 M30 M40 M45 M55 M60 M65 M65	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3 David Leara 17:50.5 Rob Petrovich Ray Archibald 23:17.8 James Selby 22:52.5 Pete Mundle 28:58.3 Arnie Gaynor Harry Hawke Carlos Martinez Hal Wallace Don Hegberg 9.90 Don Hegberg Ed Chenoweth Jerrie Siefert 9.21 Jump Elaine Iba 4.76 D. Vargas 3.51 Kay Sparks 2.64	M80 Hamn M45 M60 Javelii W35 W60 M35 M40 M45 M50 M65 M70	Petry Siefert 19.54 Pete Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48 Ron Rook 36.82 Make Cates 35.84 David Pena 40.90 Richard Rook 29.68 Jae Marino 31.32 Delos Eyer 35.30 Chuck Coutts 33.02 Don Hegberg 27.54 Del Pickarts 44.64 Ed Chenoweth 31.72 Don Roser 31.08 Jerrie Siefert 26.34	N45 Vince Lentsoenyan4:19.26 N50 V O'Donoghue 4:47.74 N55 Jeffrey Swales 5:21.62 N60 Carel Van Wyk 5:05.54 N60 Willie Loedolff 6:03.53 N75 Carl Pace NT	#55 None #60 None #65 Andy Heine 9.72 #70 J Scholtz 7.14 #35 Gerda Jacobsohn 8.19 #45 Bertlan Du Plessia 8.33 #50 Kitty Van Der Merwe 7.79 #55 Hella Kuppe 8.88 #60 Gundi Schulz 6.79 #65 Christle Du Plooy 7.55 #810T PUT #60 Terseus Liebenberg 12.12 #65 J Roodt 11.37 #50 L Van Der Merwe 11.91 #65 H Rohde 12.28 #60 Andrej Rzepecki 12.66 #65 Trewor Drummond 7.38 #70 Johan Botha 7.63 #75 A Carnie 8.36 #80 L Wale 9.07 #85 Claude Sterley 6.70 #85 Claude Sterley 6.70 #85 Sonja Van Tonder 9.08 #46 Nachelle Boardman 9.08 #45 Nari Westhulzen 9.44 #50 Jane Rzepecka 8.79 #55 Anette Grobler 9.17 #60 Naomie Van Lill 8.49 #65 Suzanne Halherbe 7.61 #80 Ethel Paveley 4.60 DISCUS
M40 Rich Watson 22-6 M45 Gary Kelmenson 28-3 KELfield Weight Pentathlon Santa Cruz, CA; May 24 (HT/SP/DT/JT/WT) actual marks John Garvey 35 695 (-//41.50/-/-) Richard Watson 44 2944 (38.26/10.89/32.94/49.38/11.01) Gary Kelmenson 46 3084 (37.86/10.54/32.36/33.94/12.82) Bob Pryor 48 705 (-/42.02/-/-/) Stewart Thomson 64 4615 (50.84/12.98/49.62/27.58/19.42) Bob Stone 77 1598 (13.46/5.60/17.58/11.42/5.42) Jim York 83 662 (-/6.91/-/) Southern California Masters District Championships Patterson Field Occidental College; June 8	M70 M75 M80 400m W35 W40 W55 W60 W65 M30 M35	Delos Eyer 29.40 John Fisher 34.13 Jim Selby 30.47 Louis Beadle 30.91 Frank Kishi 31.21 Tom Miller 34.03 Walt Atchesson 37.44 Chuck Mercurio 36.25 Bob Hunt 42.31 Clarence Trahan 39.17 Bert Morrow 39.35 Vicki Ford 1:11.39 Carla Hoppie 1:06.01 Debbie Selby 1:30.31 Mary Bonner 1:49.87 Pat Willis 1:59.02 Sumi Onodero 1:24.77 Vaughn Kastar 51.42 Ben Crouch 55.14 Al Ros 50.58 Nikos Mourtos 56.78 Tim Jones 58.19 Neal Boyko 58.55 Footes Williams 58.93	W35 W35 M30 M40 M45 M55 M60 M65 M70 M75 Long W35 W40 W45	Heleno Gerundo 25:09.3 Henry Gabreylan 17:11.3 Steve Blum. 16:03.4 John Tutle 16:39.2 Dave Cook 19:22.3 Rob Petrovich 20:42.6 Ray Archibald 23:17.8 Pat Devine 21:18.4 James Selby 22:52.5 Pete Mundle Arnie Gaynor Harry Hawke Carlos Martinez Hal Wallace Don Hegberg Ed Chenoweth Jerrie Siefert 9.21 Jump Elaine Iba D. Vargas 3.51 Kay Sparks Ellen Brannigan 2.81	M80 Hamn M45 M60 Javelii W35 8 8 W60 M35 M40 M45 M50 M65 M70	Petry Siefert 19.54 Pete Allen 17.80 ner Mike Deller 47.06 Al Cain 29.04 Bob Humphries 45.44 Susan Abramian 34.72 Karen Vaughn 19.28 Ellen Brannigan 16.40 Sam Dagmadjian 36.80 Bill Gardner 50.48 Ron Rook 36.82 Make Cates 35.84 David Pena 40.90 Richard Rook 29.68 Jae Marino 31.32 Delos Eyer 35.30 Chuck Coutts 33.02 Don Hegberg 27.54 Del Pickarts 44.64 Ed Chenoweth 31.72 Don Roser 31.08 Jerrie Siefert 26.34	M45 Vince Lentsoenyan4:19.26 M50 V O'Donoghue	## ## ## ## ## ## ## ## ## ## ## ## ##
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37:18 37:36

38:54

Nessi Hollicky

W70 Agnes Reinhard

Louis Akers

Elain Gever Samia Doro

Frances Smith

Eleanore Pease Weather: 69deg/h44%/sunny

W75 Millie Bolton

W80 Louise Martin Mary Haines

W85 Ivy Granstrom

M50 Don Rossman

M55 Jerry McGath

Don Baker John Soltis Ron Magee

Mike Vasquez

David Mellady David Graham Bill Harding Marshall Jones Bobby Kincaid

John Pelton

Wally Brawner Charles Gray Dick Ward James Hill

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Nancy Smalley Shirley Goff

Ann Kahl DorothyWilhelmser

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Continued from previous page	M70 Al Van Zyl	6411
M60 Andrej Rzepecki 45.50	W35 Loesje De Beer	3665
M70 Johan Botha 29.76	W45 Stephanie Van Rooyen	4811
M75 A Carnie 24.76	WEIGHT PENTATHLON	
MBO L Wale 23.60	M40 Terseus Liebenberg	3269
	M45 J Roodt	3372
W35 Sonja Van Tonder 22.46	M50 Theunis Naude	2920
W40 Johanna Labuschagne 28.64	M55 H Rohde	3290
W45 Mari Westhuizen 32.70	M60 Andrej Rzepecki	4279
W50 Jana Rzepecka 27.44	M70 Johan Botha	2719
W55 Anette Grobler 20.38	M75 A Carnie	2742
W60 Naomie Van Lill 21.04	M80 L Wale	3030
W65 Suzanne Malherbe 16.40	M85 Claude Sterley W35 Sonja Van Tonder	3238
W80 Ethel Paveley 10.84	W40 Rachelle Boardman	2310
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M50 Zol Van Den Berg 36.64	W60 Naomie Van Lill	3370
M55 H Rohde 28.32	W65 Suzanne Malherbe	3085
M60 Andrej Rzepecki 48.46	5K RACE WALK	
M70 Johan Botha 26.32		22:46
M70 Johan Botha 26.32 M75 A Carnie 23.24		24:54
W35 Sonja Van Tonder 21.14	M50 Zol Van Den Berg	28:14
W40 Riona Steenkamp 27.12	M55 Jurgen Spencer M60 M Rossouw M65 Martin Slabbert N70 George Haz!e	24:22
W45 Vera-May Clayton 30.96	M60 M Rossouw	28:26
W50 Kitty Van Der Merwe24.32	MOS MARTIN Slabbert	28:56
W55 Anette Grobler 31.72	M70 George Haz!e	31:31
W60 Naomie van Lill 25.42		5.30
W65 Suzanne Malherbe 22.74	M80 Bob Goodwin W35 J Cunningham W40 Barbara Nell	32:09
M80 L Wale 17.60	W40 Barbara Nell	24:59
M85 Claude Sterley 23.68	W45 Hester Van Den Berg	
JAVELIN	W50 Cynthia Van Spronsen	30:12
M40 Terseus Liebenberg 65.44	W55 Lindsay Hatz	30:52
M45 J Vorster 43.70	W55 Lindsay Hatz W60 Eunice De Bruyn	32:42
M50 L Van Der Merwe 52.12	W65 Pamela Bass	35:23
M55 Wilfred Mwalwanda 51.82	W75 Eileen Johnston	0:44
M60 C English 38.94	20K WALK	
M75 A Carnie 14.96	N40 0111e Mundell 1:3	8:26
M80 L Wale 22.50	M45 Coli Van Blommes 1:4	3:35
M85 Claude Sterley 15.26	M50 Zol Van Den Berg 2:0	
W35 Annett Van Schalkwy36.20	M55 Jurgen Spencer 1:4 N60 Peter Hatz 1:5	9:47
W40 Janse Van Rensburg 27.86	N60 Peter Hatz 1:5	3:07
W45 Mercia Ferreira 26.02	M65 Martin Slabbert 2:1	4:20
W50 Kitty Van Der Merwe21.62	M65 Martin Slabbert 2:1 470 George Hazle 2:1	2:33
W55 Hella Kuppe 25.58	M75 Rowland Rogers 2:4	2:48
W60	LOK WALK	No.
Naomie Van Lill 22.70	W35 Lili-Ann Kriegler	7:36
W65 Suzanne Malherbe 19.90	W40 Karen Davies	0:12
DECATHLON	W45 Hester Van Den Berg	4:10
M40 Pieter Williams 5559 M45 Johan Allers 6073		59:23
M45 Johan Allers 6073	W55 B Lubbe 1:1	10:50
	W60 Eunice De Bruyn 1:0	
M60 Albert Smith 5575	W65 Pumela Bass 1:	13:04
M60 Albert Smith 5575 M65 Andy Heine 6332	W75 Elleen Johnston 1:	39:28
	THE PERSON NAMED IN COLUMN TWO IS NOT THE OWNER.	
LONG DISTAN	ICE RESILTS	
LONG DISTAN	ICE DESOFIS	
Please send results to: Natio	onal Masters News, P.O. B	OX

s / 21/4" wide) in our format receive preferer ine is the 10th of the month prior to issue date.

M70 Fred Frost

Pat Gallagher

20:59

NATIONAL

U.S. National Senior Sports Classic 10K (May 24) & 5K (May 26); Tucson, AZ

5K (May 26); Tucson,	AZ
5K	
M50 Guy Berthiaume	16:27
Alex Silverman	16:53
Don Rossman	17:01
Don Baker	17:25
Lou Sariego	17:44
John Soltis	17:47
Ron Dombrowski	19:07
Mike Vazquez	19:22
Gary Coley	19:22
M55 Jerry McGath	16:35
David Mellady	17:10
Bill Harding	17:21
. John Pelton	17:24
David Graham	17:25
Ray Kunselman	17:32
Marshall Jones	17:34
Dick Ward	17:36
Wally Brawner	17:39
Bobby Kincaid	17:48
M60 Richard Silva	17:43
Fred Dice	18:16
George Mathes	18:34
Carl Trimber	19:06
Ken Ogden	19:09
Don Lein	19:10
Samuel Idrogo	19:13
Roy Nelson	19:16
David Bertke	19:35
Orville Kremmer	19:52
M65 Paul Heitzman	17:38
Joe Fernandez	18:00
Walter Gale	19:12
Carl Ellsworth	19:26
Tom Cooka	19:49
Dale Goering	19:50
Arturo Melendez	20:01
Foster Doty	20:03
Virgil Love	20:04
Jim Lynch	20:08

Pat Gallagher	20.59
Bill Carey	21:15
Phil Mongillo	21:24
Eugene Nink	22:08
Winn Talley	22:09
John Baird	22:23
Ken Arnott	22:33
M75 Will Metz	21:03
William Tribou	22:17
Ned Bennett	22:52
Larry Johnson	24:12
Francis Albaugh	24:57
Edgar Morgan	25:04
M80 Edmund Vuolo	24:56
Jesse Jolly	27:30
Joe Thornburg28:2	6
Dudley Healy	28:53
Max Springer	29:31
M85 Anthony Denardis	36:32
John Pianfetti	39:00
W50 JosephineMarchett	i 18:55
Octavia Childress	21:29
Bonnie Theall	21:33
Barbara Bloom	21:52
lleta Coley	22:02
Linn Smith	22:41
W55 Yvette Lavigne	19:36
Louise Walters	20:15
Zofia Turosz	20:45
Sue Fletcher	21:07
Rusty Barnett	21:38
Willy Moolenaar	22:04
Carolyn Wilson	22:06
Heide Moebius	23:11
W60 Lupe Parsons	21:50
Yoshiko Takahash	21:54
Janet Freeman	21:57
Mary Melehan	22:13
Tami Graf	22:15
Ruth Heidrich	22:32
Beverly Eggert	22:59
Charlotte Belless	23:03
W65 Marge Ferris	21:23
Marge Hoffman	22:57
Dorothy Bradley	22:58
A RESTAURANT NAME OF THE PARTY	No.

Jerry Levasseur	39:47
M60 Fred Dice	37:26
Richard Silva	37:47
Ross Westley	38:34
Lee Walton	39:02
Donald Lein	39:25
Jack Whitcomb	40:30
Carl Trimber	40:34
Sam Idrogo	40:51
Ken Ogden George Mathes	41:24
M65 Joe Fernandez	37:15
Paul Heitzman	38:09
Dale Goering	41:09
Arturo Melendez	41:16
Foster Doty	41:55
Tom Cooka	42:27
Jim Lynch	42;34
Virgil Love M70 Pat Gallagher	42:46 44:43
Bill Carey	45:17
Phil Mongillo	45:24
Will Talley	46:40
Gian Sahota	46:43
Dennis Egley	47:04
M75 Oscar Burris	44:13
Will Metz	44:33
Ned Bennett	50:36
Edgar Morgan	53:12
M80 Ed Vuolo	53:16
Dudley Healy	53:22
GoryunNigogosyan M85 John Pianfetti	98:43
W50 Octavia Childress	45:36
Barbara Bloom	46:40
Donna Sims	48:13
lleta Coley	48:31
W55 Louise Walters	42:16
Zofia Turosz	43:03
Rusty Barnett	44:40
Heide Moebius	48:54
Willy Moolenaar Jan Parke	49:45 50:16
W60 Lupe Parsons	46:26
Tami Graf	47:22
Charlotte Belless	48:02
Yoshiko Takahashi	48:06
Barbara Boltz	50:03
. Maureen Murphy	50:04
W65 Marge Ferris	44:36
Marge Hoffman	47:51
Dorothy Bradley	48:21
Nessie Holicky	50:28
W70 Agnes Reinhard	51:29
Kay Morrison	57:32
Pepper Davis W75 Elain Geyer	58:12
Samia Doro	62:43 66:32
Val Ellingsen	67:13
W80 Louise Martin	76:02
Mavis Borthick	79:47
Mary Haines	86:32
W85 Ivy Granstrom	86:38
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18 A	
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A HHH	
The state of the s	

Freihofer's Women's 51	(/Indy
Life Circuit Race	
Albany, NY; May 31	194
Elva Dryer 25	15:29
Lynn Jennings 36	15:30
Cheri Goddard 26	15:32
W40 Ruth Wysocki AF Jane Welzel	16:06 16:28
Joan Benoit Samuelson	
Regina Joyce	17:05
Kimberly Campo Claudia Kasen	17:35 17:57
Honor Fetherston	18:02
Mary Lammi	18:05
Kim Halliday	18:34
Marge Bellisle Eileen Troy	18:42 19:05
Charlotte Thomas	19:16
Sharon Vos	19:29
Denise Herman	19:42
Shirley Woodford W45 Terry Mahr	19:52 18:31
CatherineLempesis	
ClaudiaPiepenburg	
Nonie Hudnall	20:24
Jan Vermilye	20:27
Elaine Lutzker Kathy Ambrosio	20:59
Jean Queal	21:28
Coreen Steinbach	21:41
Martha DeGrazia	22:01
Cecily Dexter	22:06
Anna Dickerson W50 Joan Ottaway	22:06 18:19
Mary Ryczek	20:06
Susan Gustafson	20:11
Nancy Frisillo	20:36
Jayne Zinke CandiSchermerhrn	20:53
Laura Clark	21:55
Carol Hansen	22:18
Carolyn Lemmon	22:53
Sherry Dixon	23:38
W55 Shirley Matson Carrie Parsi	18:51 20:38
Marilyn Grissom	21:43
Regina Wright	23:26
Marge Rajczewski	23:56
Doris Baier Sakiko Claus	24:32
Asieh Shayegani	27:36
W60 Wen-Shi Yu	23:30
Anny Stockman	24:20
Geri Owens Eleanor Fleming	25:04 25:50
Mary Harada	26:34
Sally Rusby	26:37
Janet Kolod	27:07
Eiko Bogue	30:42
W65 June Machala Sylvia Weiner	22:07 25:34
Dolores Quinn	27:52
Pat Van Galen	28:53
Bertha McGruder	30:35
W70 Ani Rak	31:50
R Tumidajewicz W75 Althea Jureidini	32:05
Freihofer's Run For Wor Age-Graded Masters R	
Name Age Time	A-G
Ruth Wysocki 40 16:06	15:20
Jane Welzel 42 16:28 Shirley Matson 56 18:51	15:28 15:32
loan Ottaway 53 10:10	15.02

| Shirrley Matson | 56 | 18:51 | 15:32 | | Joan Ottaway | 53 | 18:19 | 15:33 | | Joan Samuelson | 40 | 16:31 | 15:44 | | June Machala | 66 | 22:07 | 16:16 | | Regina Joyce | 40 | 17:05 | 16:16 | | Terry Mahr | 48 | 18:31 | 16:28 | | Kimberlee Campo | 41 | 17:35 | 16:36 | | Camie Parsi | 58 | 20:38 | 16:38 |

EAST

NYRRC Running New Central Park, NYC	York 10K ; May 4
Overall	SICLE!
Alem Kahsay 24	32:28
Kim Griffin 35	35:39
M30 S Conroy 30	33:46
H Castorena 37	34:25
Victor Zamora	34 34:53
M40 Sean Doyle	33:32
Skip Murphy	34:32
Rimas Jakelaitis	35:08
M45 Nicholas Caswe	11 35:00
Jack McShane	35:40
Larry Graham	35:52
M50 Ian Reicksen	38.58

Michael Wilson

39:07

1		Robert Padilla	41:46
	M55	Edouard Fedosov	39:15
1		Walt Peet	40:08
١		Jim Wharton	42:40
	M60	Michael Goldman	41:05
		Adrian Horne	43:35
		Frank Dudley	47:36
١	M65		42:55
١		F Wheeler Jr	52:50
١		Luis Figueroa	57:12
١	M75	Yu-Ying Huang	52:17
١		Thomas Gibbons	56:26
١		William Coyne	58:07
١	W30	A Lieblein 31	40:22
		C Lopez 33	41:17
		Alison Barbi 32	41:30
	W40	Gillian Horovitz	37:35
		Therese Kileen	43:38
		Susan Reiter	46:43
	W45	Teiko Schultz	44:08
	Berg	Mareeen Barry	47:17
		Johana Carter	47:20
	W50	Chuang Chang	47:39
	***50	Rita LaBar	50:01
4	THE PARTY	Barbara Trazino	50:08
,	W55	Bonnie Lynn	57:58
	***33	Nike Mizell	58:28
		Lynn Blackstone	59:45
;	W60	May Chou	57:49
5	******	Jane Bendow	1:03:23
,			1:32:40
3	W70	Muriel Merl	56:53
3	- 10	The state of	The same of the
3	THE REAL PROPERTY.	Advil 5K Tune-Up	SHE!
,		ntral Park, NYC; M	ay 11
5	Over		12.61
3			17:54
3	W30	A Babakhanian 30	
1		Jeanne Pare 36 Rachel Latessa 34	18:36
	11/40	Diane Ditchfield	
3	W40		
3		Joan Baldassarri Meryl Hornstein	
3	WAS	The second secon	The state of the state of
3	W43	Dorothy Fuscaldo Maureen Barry	21:46 22:53
1	- 3- 7	Miriam Gomez	24:24
	WSO	SylvieKimche	20:59
	1130	Chuang Chang	22:59
	2 133	Susan Siderman	23:07
	WSS	Jane Sydney	23:34
	1133	Wendy Burns	24:06
		S Sternheimer	26:38
1	1000		Maria Cara Cara Cara Cara Cara Cara Cara
	WIGO	Wen-Shi Yu	23:50

Mayme Bdera 82 58:13
Run For Freedom 5 Mile & Mile Newark, NJ; May 12
5 Mile

C Goldblatt

W65 Thelma Wilson

Arlene Kernis

M Perovich

A Salmini 81

Vivian Lowery

W75 Althea Wetherbee 38:50

W80+Celia Flagello 85 56:05

Althea Jureidini 40:13

W70 Daisy Klein

Marlene Tortora

Bertha McGruder 29:43 Eileen O'Connor 30:45

28:24

28:39

25:05

31:00

32:38

40:24

59:36

57:13

5 Mile Overall Amilcar Duarte 38 25:14 Jean Chodnicki 37 29:52 M40 Peter Hughes 5:53 Frank Tone 30:01 Chas Slaughter 30:17 M45 Jaine Fonseca 28:42 Bill Warzenski 31:14 John Piccoli 31:18 M50 Victor Cruz 57 30:04 Sid Howard 58 30:06 David Fernandes5234:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 80:55:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03 Pansy Randell 57:08	Newark, NJ; May	12
Amilcar Duarte 38 25:14 Jean Chodnicki 37 29:52 M40 Peter Hughes 5:53 Frank Tone 30:01 Chas Slaughter 30:17 M45 Jaine Fonseca 28:42 Bill Warzenski 31:14 John Piccoli 31:18 M50 Victor Cruz 57 30:04 Sid Howard 58 30:06 David Fernandes5234:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 8055:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03	5 Mile	
Jean Chodnicki 37 29:52 M40 Peter Hughes 5:53 Frank Tone 30:01 Chas Slaughter 30:17 M45 Jaine Fonseca 28:42 Bill Warzenski 31:14 John Piccoli 31:18 M50 Victor Cruz 57 30:04 Sid Howard 58 30:06 David Fernandes52:34:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 80:55:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03	Overall	
M40 Peter Hughes 5:53 Frank Tone 30:01 Chas Slaughter 30:17 M45 Jaine Fonseca 28:42 Bill Warzenski 31:14 John Piccoli 31:18 M50 Victor Cruz 57 30:04 Sid Howard 58 30:06 David Fernandes52:34:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 80:55:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03	Amilcar Duarte 38	25:14
Frank Tone 30:01 Chas Slaughter 30:17 M45 Jaine Fonseca 28:42 Bill Warzenski 31:14 John Piccoli 31:18 M50 Victor Cruz 57 30:04 Sid Howard 58 30:06 David Fernandes52:34:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 80:55:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03	Jean Chodnicki 37	29:52
Chas Slaughter 30:17 M45 Jaine Fonseca 28:42 Bill Warzenski 31:14 John Piccoli 31:18 M50 Victor Cruz 57 30:04 Sid Howard 58 30:06 David Fernandes5234:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 80:55:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03	M40 Peter Hughes	5:53
M45 Jaine Fonseca 28:42 Bill Warzenski 31:14 John Piccoli 31:18 M50 Victor Cruz 57 30:04 Sid Howard 58 30:06 David Fernandes5234:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 80:55:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03	Frank Tone	30:01
Bill Warzenski 31:14 John Piccoli 31:18 M50 Victor Cruz 57 30:04 Sid Howard 58 30:06 David Fernandes5234:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 8055:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03	Chas Slaughter	30:17
John Piccoli 31:18 M50 Victor Cruz 57 30:04 Sid Howard 58 30:06 David Fernandes5234:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 8055:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03	M45 Jaine Fonseca	28:42
M50 Victor Cruz 57 30:04 Sid Howard 58 30:06 David Fernandes5234:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 8055:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03		31:14
Sid Howard 58 30:06 David Fernandes52:34:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 80:55:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03		31:18
David Fernandes5234:45 M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 8055:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03		30:04
M60 John Kopil 62 32:56 Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 80:55:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03		
Richard Wilde 62 37:15 M70+Dudley Healy 83 51:23 Vince Carnevale 80:55:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03		234:45
M70+Dudley Healy 83 51:23 Vince Carnevale 8055:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03		32:56
Vince Carnevale 8055:04 W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03		37:15
W40 Mary Gallagher 34:19 PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03		
PaulaDicksonTaylor34:29 Susan Hughes 37:55 W45 Peggy Klecha 40:03		055:04
Susan Hughes 37:55 W45 Peggy Klecha 40:03	W40 Mary Gallagher	
W45 Peggy Klecha 40:03	PaulaDicksonTaylo	r34:29
	Susan Hughes	37:55
Pansy Randell 57:08		40:03
	Pansy Randell	57:08

July	1997
W50 Eileen Cox 53	42:05
Pat O'Hanlon 53	42:19
W60 Melva Murray 64	80:33
Dena Amadorf 68	80:33
W70+JuanitaGoldman7	
Mile	Live -
Overall	
Esteban Rivera 29	4:35
Michelle Vilares 16	6:05
M35 Mario Ricca Jr	5:36
M40 Mario Bastos	4:54
M45 Tony Plaster	5:22
M50 Bill Indek 50	5:59
M60 John Orr 62	7:36
M70+EugeneSkrynas74	18:28
W35 Donna Riggi 38	6:12
W40 Elizabeth Petti	8:22
W45 Fernanda Ramos	9:55
W50 Lana Salyko 51	9:57
W60 Phyllis Bradley 60	9:54
The state of the s	congol A
NYRRC Battle of the Ru	unning
Cities 10K	
Atlantic City, NJ; Ma	y 18
Owen	

W35 Donna Riggi 38	6:12						
W40 Elizabeth Petti	8:22						
W45 Fernanda Ramos	9:55 9:57						
W50 Lana Salyko 51 W60 Phyllis Bradley 60	9:54						
Woo Filyllis Brauley oo	3.54						
NYRRC Battle of the Running							
Cities 10K							
Atlantic City, NJ; Ma	y 18						
Overall	1						
Lhoussine Siba 24	30:11						
Christina Lopez 33	39:21						
M30 M Keohane 32	31:53 32:03						
Jeff Morganti 30 T Fitzpatrick 32	35:59						
M40 R Henes	41:09						
Paul Schweizer	41:23						
Bill Kindle	41:52						
M45 Bill Rodgers	32:50						
M McCormick	42:52						
Scott Lange	44:56						
M50 Lou Dwyer	40:35						
David Dittmann	40:51						
Thomas Campo	40:58						
M55 Miles jaffe	46:16						
Enrique Gutman	46:59						
Lenny Resnick	48:27						
M60 Joe Porter	50:34						
John Chung	1:03:07						
Joe Brockway	1:10:44						
M65 Arnold Podell	1:04:30						
E Pazarecki	1:26:48						
W30 C Lopez 33 Eudair Palman 38	39:21						
M Courtney 32	41:02						
W40 Pam Murphy	45:03						
Denise Bain	48:07						
Debby Malfitano	49:07						
W45 Mary Wagner	44:28						
Barbara Raleigh	48:37						
K Benjamin	49:38						
W50 Chuang Chang	46:52						
Rita LaBar	49:40						
Susan Epstein	55:45						
W55 Annette Frisch	47:26						
Elaine Graham	56:27						
W60 May Chou	55:18						
E Thomas	1:22:56						

SOUTHEAST

Arlene Eneman

W70 Janine Maltas

E Thomas

Pearl Jones

1:26:48

59:03

1:22:56

1:30:17

Run For Youth 5K

Hull For Toutil SK	THE PARTY OF
Plantation, FL; April	5
Overall	
Roberto Castillo 40	15:48
Mary Level-Menton 34	16:54
M40 R Castillo	15:48
Jim Blanz	17:09
M45 Harry Bruner	19:31
M50 Anthony Roque	17:28
M55 Bob Joslyn	22:18
M60 Peter Romano	22:20
M65+Jim Lynch	21:05
W40 Kimberly Halliday	18:36
W45 Linda Stein	21:19
W50 Helga Brandenburg	22:08
W55 Donna Weary	23:41
W60 Lois Balafas	27:23
W65+Sylvia Wellner	25:21
Racewalkers Overall	
Dan Koch 53	31:43
Elizabeth Nelson 47	30:04

Continued on next page

Continued from previous page George Washington Pkwy. 15K					page
	Danny Goodman 24:12	Bob Fucci AL 44:19	W55 Anne Dougherty 1:06:10	Barbara Adkins 4:23:08	Herb Lindsay 33:31
	M60 Aaron Ouanana 22:03	Dave McKim GA 45:12	The state of the s	JoyceVannier 4:24:23	John Prasuhn 33:42
Mt. Vernon, VA; April 20		Robert Alt IN 45:20			
The state of the s	The second secon	Paul McCaleb TN 46:15	Cathy de Haan 1:13:05	W55 Linda Breen 3:59:27	Stan Mavis 33:52
Overall 20 46:01	Jim Richardson 25:24	Cecil Hester AL 46:16	W60 Ann Tibetts 1:13:00	Valdene Ranum 4:01:08	Scott Schafer 34:29
Sergei Shalomeyev 29 46:31	M65 Ren Williams 23:43	Raymond Mattle AL 46:26			Frank Richardson 34:44
Lyubov Belavina 24 52:43		Kelly Stinson AL 47:18	C Depenbrock 1:19:47		
M40 Tom Stevens 48:44	Henry Sanchez 33:52	James Whitt AL 48:04 Charles Terrell AL 50:03	Rose Hage 1:19:51	Ella Fennessy 5:30:04	Thom Vernon 35:04
Michael Bressi 50:22	George Bowkeer 41:14	Charles Terrell AL 50:03	W65 Carolyn Hoffman 1:20:36	W65 Marilyn Haase 5:35:51	Reid Godbolt 35:06
Jon Thoren 54:02	M70+Richard Marshall 30:58				Steve Carlson 35:33
the state of the s		Ben Morton AL 44:24 Jack Gough FL 47:03			
101.0	W40 Mary Sorrell 23:31		Ann Reidelbeger 1:42:00	W75 Doris Chandler 6:37:52	Timothy Dolen 35:34
Jack Barrar 56:57	Lynn Suhler 24:05		THE WAS DESIGNATED IN COLUMN TWO IS NOT THE OWNER.	Half-Marathon	Jeff Orgren 35:54
Tim Morgan 57:40			Run 'Fer The Hills 10K		
M50 ReubenBeauchamp54:58	Cindy Long 24:??		Gatlinburg, TN; June 7	Overall	Tom Kelecy 36:45
Alan Roe 58:48	W45 Patty Nichols 23:30	Mark Wheat AL 54:31		Aaron Johnson 21 1:07:46	Edward Strickland 36:45
	W60 Lois Balafas 27:53	B.P. Daniel GA 58:17	Overall		M45 Doug Bell 32:37
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M60 Malcolm Gillis	WZYP Cotton Row Run 10K Huntsville, AL; May 26 Overall Godfrey Siamusiye 24 29:57 Alina Ivanova 28 35:13 M40 Valery Svetogor RU 33:00 Phillip Rowan NC 33:10 Terry Daniel AL 34:04 Stann Vernon CO 34:42 Joe Francica AL 35:41 William Martin TX 37:23 Clint Jones AL 37:46 Alfred Smith AL 38:35 Mark Stevens KY 38:47 Rich Rodenhausen AL 39:24 M45 Duane Wolff KY 38:53 Gary Grace AL 40:52 Iman Majid AL 42:14 Tommy Springer AL 42:14 Tommy Springer AL 42:14 Tommy Springer AL 42:14 Tommy Springer AL 42:14 Steve Stanley Joe Ritch AL 38:37 Jim Worthey AL 38:09 M50 Jim Worthey AL 38:02 Carl Nicholson AL 39:36 Doug Starkey Dick Franklin AL 39:55 Don Wallace AL 43:37 Lee Williams AL 43:37 Celden Bertram AL 43:52	Bay-to-Bay 7.5 Mile St. Petersburg, FL; June 1 Overall Muchapiwa Mazano 23 38:04 Kim Bruce 34 45:39 M40 Steve Mikles 43:29 Bill Knapp 43:45 Rick Clark NTA M45 Royston Dillon 43:49 Bob Dozoretz 45:20 Jim Larkin 46:38 M50 David Hurley 46:50 Metayer 49:44 Charles Gervasi 50:26 M55 Roger Roullier 45:17 Joe Burgasser 45:54 Luis Varga 51:47 M60 Jim Larson 52:15 Bob Palsa 55:29 Dick Ruzicka 56:17 M65 Jack Gough 55:00 Jim Blount 56:22 Tom Depenbrock 1:01:19 M70 Gus Prince 1:01:09 Carl Hammen 1:07:40 John Malley 1:19:37 M75+Millard Shumate NTA Jim Ward 1:28:06 Ted Wendt 1:39:49 W40 Peg Elmer 52:48 Tina Pontoni 54:32 Barbara Frye 54:52	Rober Buman 2:52:40 TerryHubler 2:55:19 M50 Gary Julin 2:50:58 R Fernandez 3:08:38 Homer Hastings 3:09:07 Stanley Kunz 3:09:07 Stanley Allen 3:10:21 M55 Tom Adair 3:07:50 Russell Poulin 3:19:30 John Ohnesorge 3:31:13 Clay Mottaz 3:35:10 Ray Stevens 3:36:52 M60 George Stump 3:4:10 Jerry Sombke 3:55:21 John Ryan 3:56:54 Jerry Murphy 3:57:33 Gary Shubert 4:00:49 M65 Rex May 3:50:23 Marvin Metzer 4:02:42 Pete Norman 4:48:52 Jesse Delgado 4:57:45 Wayne Kozak 5:19:42 M70 Sigurd Daehnke 4:55:35 M75 Clarence Osborn 6:34:56 M80 Chuck McFerron 5:56:04 W40 Marla Rhoden 3:02:18 Robin Seymour 3:21:50 <	W70 Mary Otte	Robert Tafelski Mike Burzzynski Bill Moyle M60 Ross Westley John Boyle Jose Cardenas Jose Cardenas Robert Wuthrich Fred Glover Rich Romero Fred Glover Rich Romero Fred Glover Robert Wuthrich Fred Glover Rich Romero Fred Glover Rich Romero Fred Glover Robert Greene Fred Glover William Rowe William Rowe William Rowe Fred Mighell Robert Greene Fred Glover Fred Glo
M60 Malcolm Gillis	WZYP Cotton Row Run 10K Huntsville, AL; May 26 Overall Godfrey Siamusiye 24 29:57 Alina Ivanova 28 35:13 M40 Valery Svetogor RU 33:00 Phillip Rowan NC 33:10 Terry Daniel AL 34:04 Stann Vernon CO 34:42 Joe Francica AL 35:41 William Martin TX 37:23 Clint Jones AL 37:46 Alfred Smith AL 38:35 Mark Stevens KY 38:47 Rich Rodenhausen AL 39:24 R45 Duane Wolff KY 38:53 Gary Grace AL 40:52 Iman Majid AL 42:14 Tommy Springer AL 42:14 Janes Carroll TN 42:25 Rod Thompson AL 42:28 George McDermott Steve Stanley AL 42:36 Steve Stanley AL 42:58 Joe Ritch AL 39:36 Doug Starkey AL 43:09 M50 Jim Worthey AL 38:02 Carl Nicholson AL 39:36 Doug Starkey TN 39:54 Dick Franklin AL 39:55 Don Wallace AL 40:34 Steven Annan AL 43:19 Bill Knox LA 43:37 Lee Williams AL 44:34 Ed Boyles TN 44:48 M55 Andrew Sherwood GA 41:12 Sc 42:42 Andrew Sherwood GA 41:12 Sc 42:42 Bobby Jackson AL 46:01	Bay-to-Bay 7.5 Mile St. Petersburg, FL; June 1 Overall	Rober Buman TerryHubler 2:55:19 M50 Gary Julin R Fernandez 3:08:38 Homer Hastings Harvey Kunz Stanley Allen 3:10:21 M55 Tom Adair Russell Poulin John Ohnesorge Clay Mottaz Ray Stevens 3:36:52 M60 George Stump Jerry Sombke Jerry Murphy Jerry Sombke Jerry Murphy M65 Rex May Marvin Metzer Pete Norman Jesse Delgado Wayne Kozak M70 Sigurd Daehnke M80 Chuck McFerron W40 Marla Rhoden Robin Seymour Loretta Ulibarri Gail Leedy Paula Lindahl W45 Cindie McKenna Homer Hastings 3:09:03 3:09:07 3:09:07 3:09:07 3:09:07 3:31:13 3:36:52 3:36:52 44:10 3:55:21 John Ryan 3:56:54 Jerry Murphy 3:57:33 Gary Shubert 4:00:49 4:8:52 Jesse Delgado 4:57:45 Wayne Kozak M70 Sigurd Daehnke M55:35 M80 Chuck McFerron M80 Chuck McFerron S:56:04 W40 Marla Rhoden Robin Seymour Loretta Ulibarri Gail Leedy Paula Lindahl 3:37:38 W45 Cindie McKenna 3:52:35 Helene Blaustein 3:53:12 C A Anderson 4:24:04	W70 Mary Otte	Robert Tafelski Mike Burzzynski Bill Moyle M60 Ross Westley John Boyle Jose Cardenas Jose Cardenas Robert Wuthrich Fred Glover Rich Romero Fred Glover Rich Romero Fred Glover Robert Wuthrich Fred Glover Rich Romero Fred Glover Robert Greene Fred Glover William Rowe William Rowe William Rowe William Rowe Fred Mighell Noel Pace Robert Shaw Ro
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M60 Malcolm Gillis	WZYP Cotton Row Run 10K Huntsville, AL; May 26 Overall Godfrey Siamusiye 24 29:57 Alina Ivanova 28 35:13 M40 Valery Svetogor Phillip Rowan Terry Daniel Stann Vernon Stann Vernon Joe Francica AL 34:04 Stann Vernon AL 34:04 Stann Vernon AL 34:04 Stann Vernon AL 35:41 Milliam Martin AL 38:35 Alfred Smith AL 38:35 Mark Stevens AL 37:46 Alfred Smith AL 38:35 Mark Stevens KY 38:47 Rich Rodenhausen AL 39:24 M45 Duane Wolff Sary Grace AL 40:52 Iman Majid AL 42:14 Tommy Springer AL 42:14 Tommy Springer AL 42:16 James Carroll AL 42:16 James Carroll AL 42:25 Rod Thompson George McDermott Steve Stanley AL 42:26 Steve Stanley AL 42:28 AL 42:28 AL 42:28 AL 42:28 AL 42:28 AL 43:09 M50 Jim Worthey AL 38:02 Carl Nicholson AL 39:36 Doug Starkey Dick Franklin Doug Starkey Dick Franklin Doug Starkey Dick Franklin AL 39:35 Don Wallace AL 40:34 Al 43:19 Bill Knox Lee Williams Ed Boyles TN 44:48 M55 Andrew Sherwood Dean Godwin David Washington Golden Bertram AL 43:37 AL 44:34 Al 43:57 Bobby Jackson Paul McCain AL 46:31 Al 46:31 Al 46:31 Al 46:31 Al 46:31 Al 47:56 Bryan Miller AL 49:01	Bay-to-Bay 7.5 Mile St. Petersburg, FL; June 1 Overall	Rober Buman 2:52:40 TerryHubler 2:55:19 M50 Gary Julin 2:50:58 R Fernandez 3:08:38 Homer Hastings 3:09:07 Stanley Allen 3:10:21 M55 Tom Adair 3:07:50 Russell Poulin 3:19:30 John Ohnesorge 3:31:13 Clay Mottaz 3:35:10 Ray Stevens 3:36:52 M60 George Stump 3:44:10 Jerry Sombke 3:55:21 John Ryan 3:56:54 Jerry Murphy 3:57:33 Gary Shubert 4:00:49 M65 Rex May 3:50:23 Marvin Metzer 4:02:42 Pete Norman 4:48:52 Jesse Delgado 4:57:45 Wayne Kozak 5:19:42 M70 Sigurd Daehnke 4:55:35 M75 Clarence Osborn 6:34:56 M80 Chuck McFerron 5:56:04 W40 Marla Rhoden 3:02:18 Robin Seymour 3:21:50 Loretta Ulibarri 3:34:42	W70 Mary Otte	Robert Tafelski Mike Burzzynski Bill Moyle M60 Ross Westley John Boyle Jose Cardenas Jose Cardenas A3:27 Robert Wuthrich Fred Glover A4:47 Rich Romero Fred Glover A5:22 B Christensen A5:25 Ron Reichert A5:38 Robert Greene Dave Bauer William Rowe William Rowe William Rowe A7:53 M65 Bill Turley Warren Bystedt Ed Mighell A7:50 Noel Pace A7:55 Robert Shaw A7:54 Bob McCallister Ken Whitney R Hayes Eckart Lemberg Wil King Dick Gardner M70 Earl Turner Maurice Serotta Joseph Rheault Glen McIntosh Ralph Hall Warren Barker Nolan Ashburn Gerald Puls Nick VanMaire M75 Irving Weiss L1:10:24 M668 M670 Ross Westley M1:36 M5:16 M5:16 M670 Ross Westley M5:27 M55 Irving Weiss L1:10:24
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Jackie Clough 58:23 W65 M J Sheehanl 1:00:50 M Christman 1:01:05 Dolores Logan 1:01:13 Arlene Ruark 1:03:26	W65 Claydeen Allen 1:00:44 Frances Gooszen 1:26:06 Jane Kirby 1:36:00 Mary Riley 1:36:31 Janice Sartor 1:37:09 M70+Joyce Gravlee 1:17:56	W45 Suzanne Ray 47:07 Kathleen Slinger 50:10 Sally King 50:26 Wanda Kelley 50:44 Ann Bell 51:40 W50 Jayne Alkana 54:18	67fL Montgomery 7:10.7 81.0 41 Alex Seres 4:57.2 80.1 INTERNATIONAL European Veteran 10K & Half-Marathon Championships	Karel Urbanek Vassili Matveev Gerrit DeBacker M75 CZE 89:08 RUS 96:29 BEL 96:44	Colin Young GBR 2:52:27 Aaro Nokela Fln 2:54:32 M65 RobrtSchouckens BEL 3:04:24 Karl Hartwig GER 3:09:49
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Jackie Clough 58:23 W65 M J Sheehanl 1:00:50 M Christman 1:01:05 Dolores Logan 1:01:13 Arlene Ruark 1:03:26 N Chamberlin 1:04:16 M Cockerham 1:06:19 W70 Jo Kiesecker 59:20 Helen Kotris 1:09:08 E Brownstone 1:11:30 Alene Park 1:14:15 Shirley Griffin 1:16:29 W75 Gerry Wilson 1:22:40 E McMenamin 1:31:12 E Summers 1:33:48 June Vinyard 1:36:52	W65 Claydeen Allen 1:00:44 Frances Gooszen 1:26:06 Jane Kirby 1:36:00 Mary Riley 1:36:31 Janice Sartor 1:37:09 M70+Joyce Gravlee 1:17:56 Edna Masula 1:28:24 Estelle Dillard 1:35:05 WEST Jimmy Stewart Relay Marathon Los Angeles, CA; April 30 (Teams of 5 according to cumulative age; each runner runs 5.2 miles) Seniors Men 200-249: Lexus of Glendale 3:07:52 Litton Industrie GCS#5 3:39:55	W45 Suzanne Ray 47:07 Kathleen Slinger 50:10 Sally King 50:26 Wanda Kelley 50:44 Ann Bell 51:40 W50 Jayne Alkana 54:18 Judy Paine 56:10 Nancy Kress 57:57 Sharon Harkrader 58:23 Cass Newell 1:00:17 W55 Angie Tann 59:48 Shirley Weaver 1:00:26 Shirley Chovanak 1:03:03 Ethel MacDonald 1:03:25 W Kardong 1:03:37 W60 Sylvia Quinn 55:57 Carolyn Woodbury 57:42	67fL Montgomery 7:10.7 81.0 41 Alex Seres 4:57.2 80.1 INTERNATIONAL European Veteran 10K & Half- Marathon Championships The Hague, Netherlands May 31-June 110K M40 Nigel Gates GBR 30:56 Jef Eyckmans BEL 31:26 Mike Girvan GBR 31:27 M45 Alex Gonzales FRA 31:09 FernandoDiazPerezESP 31:29 Mike Hager GBR 31:31 M50 Reinhard Liebold GER 32:52	Karel Urbanek Vassili Matveev Gerrit DeBacker M75 Premsyl DolenskyCZE 1:51:09 M80 Andre Osselaer M85 Ludovit Majoros Silvia Lencia Sandra Edwards VeronikaKienbiehl W40 Magda VanMol Irene Casdtets CZE 89:08 RUS 96:29 BEL 96:44 RUS 96:29 BEL 2:03:22 M85 LUC 2:51:41 W35 SIVIA LENCIA CARROLL SANDOR CZE 89:08 RUS 96:29 BEL 2:03:22 M85 LUC 2:51:41 W35 SIVIA LENCIA CARROLL SANDOR CARR	Colin Young GBR 2:52:27 Aaro Nokela Fln 2:54:32 M65 RobrtSchouckens BEL 3:04:24 Karl Hartwig GER 3:09:49 Jouri Sokolov RUS 3:18:31 M70 Bohumil Neuman CZE 3:27:06 Jack Fitzgerald GBR 4:07:39 M75 GerhardTheune GER 4:32:10 W35 Lysianne Agasse FRA 2:19:33 W40 Cath Reader GBR 1:59:27
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