NATIONAL MASTERS NEWS

The official world and U.S. publication for masters track & field, long distance running and racewalking

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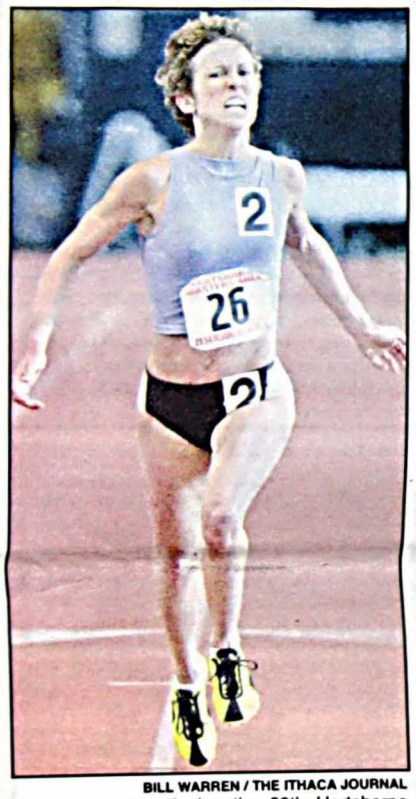
Smith-Hanna Breaks W55 Indoor Mile Record

Young, Hanson Win Hartshorne Masters Mile



BILL WARREN / THE ITHACA JOURNAL

Marisa Hanson winning the 29th Hartshorne Masters Mile.

By DIANE SHERRER

It's lonely at the top, with only rabbits for company and the weight of records hanging on every tick of the clock.

An international field of the world's best masters runners competed Saturday, Jan. 21, in the 39th annual Hartshorne Memorial Masters Mile held on the Barton Hall track at Cornell University.

With greatness comes the anticipation of the tumbling of records. For the elite men, there were none. But the elite women claimed two records for their own.

Tony Young, 43, Redmond, Wash., won his first Hartshorne elite men's title in 4:20.72. The top-ranked masters miler in the world won a prize purse of $300 for the victory, and a performance bonus of $400 for breaking the time standard of 4:26. Mike Egle, 44, Glenview, Ill., placed second in 4:33.03, earning $150.

In a flurry of microsecond maneuvers over the final 50 meters, Gladstone Jones, 43, of the Bronx, placed third in 4:35.12. The Central Park TC 800 specialist outkicked both Jim Derick, Big Flats, N.Y., 4:35.29, and Tom Dalton, Schenectady, N.Y., 4:35.77, for the final $50 share of winnings.

The elite men's veteran's (M50-59) mile was won by Jerry Kooymans, 50, Markham, Ontario, Canada, in 4:43.32. Kooymans was awarded the Charlie McMullen Memorial Award, named in honor of the Hartshorne Masters Mile multi-champion who died of cancer in 2003, at age 52.

BILL WARREN / THE ITHACA JOURNAL

Runners in the men's elite race of the Hartshorne Memorial Masters Mile leaving the start line. Tony Young, #3, won the race in 4:20.72.

In the elite women's race, Marisa Hanson, 42, Pleasant Valley, N.Y., won her first Hartshorne Masters Mile title in 5:02.69, breaking the existing meet record of 5:08.55 set in 2003 by Patti Blanchard, of Canada. Blanchard's time remains a W45 age-group world record

Hanson, a former two-time All-American in the 400 hurdles at Ithaca College, won $300 for the victory, $400 for breaking the 5:15 performance standard, and a $200 bonus for the meet record.

Lesley Chaplin-Swann, 47, McDonough, Ga., placed second in 5:16.74, and Mary Grene, 43, Andover, Kansas, was

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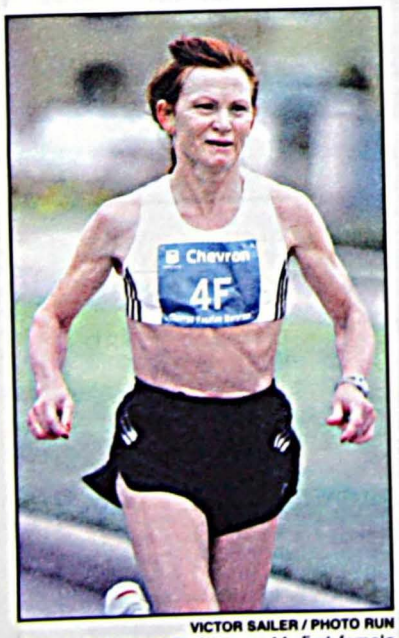
Sultanova-Zhdanova First Master in Houston Marathon



VICTOR SAILER / PHOTO RUN

Firaya Sultanova-Zhdanova, 44, first female overall in the Houston Marathon.

By JERRY WOJCIK

It's rare for a woman age-40+ to be the first female overall in a major marathon, but for one to be the first masters runner just doesn't happen. But it did in the Chevron Houston Marathon on Jan. 15 when Firaya Sultanova-Zhdanova, 44, of Russia, ran a 2:32:25.

Taking an early, wide lead, she finished 13th-overall, one second off the masters course record, despite having to walk the last two miles because of a foot injury. The victory earned her $16,500 of the race's prize total of $172,900.

A week later in the Naples Daily News Half-Marathon in Florida, she was first female in 1:15:30.

Albina Gallyamora, 41, Russia, was second masters woman in 2:38:00. The first U.S. masters woman was Sharon Stubler, Minnetonka, Minn., third W40 in 2:58:09. Christie Lammers, 49, of Houston, won the W45 race with a just-under-3:00 2:59:54.

Russell Boore, 44, Hamilton, Ill., was

Continued on page 10

Boston Set to Host 32nd National Masters Indoor Championships

For the 11th time, masters will compete for national titles at Boston's Reggie Lewis Track & Athletic Center in the USA Masters Indoor Championships on March 24-26, presented by the USATF New England Association.

The meet includes the Masters Pentathlon Championships on Friday, the 24th, starting at 8 a.m., with other events starting at 2 p.m. The schedule continues on Saturday and Sunday with a full slate, including the 60H, mile, two relays, 3000 racewalk, all of the jumps, and the super-weight throw.

A club champion will also be decided. In 2005 at Boise, the first official masters club scoring event after two years of trials, the So Cal TC was first (253.5), with the Oregon TC Masters second (151.5), and the Potomac Valley TC third (147).

Last year, masters went to the Northwest to Boise/Nampa, Idaho, where 593 men and women entrants set 21 world and 39 U.S. age-group records.

Among the athletes who broke world records were Mel Larsen, M80, with three in the 60m (9.27), 200 (31.86), and 60mH (11.10); Nadine O'Connor, W60, with two in the 200 (29.51) and pole vault (3.00/9-10); Gerry Davidson, W80, with

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Hartshorne Mile

Continued from page 1

third in 5:17.28.

Carolyn Smith-Hanna, 55, Pittsford, N.Y., posted a 5:43.75, which set a pending W55 world indoor mile record. The present record of 5:43.96 was set in 2002 by Joni Shirley.

The men's elite race was expected to be a runaway time trial, with Young racing the clock in pursuit of an M40 U.S. indoor record (4:11), and the meet record (4:17.84), which has lasted for 13 years. Egle, one of the four premier masters milers in the world, and all the others, were prepared for rabbit (pace-setter) Scott Weeks, Groton, N.Y., to lead the field through the half in 2:05.

"I was hoping, if we came through at 2:05 or 2:06 at the half, I could maintain it," said Young, the 2005 national masters indoor M40 champion in the 800 and the mile. "I was surprised, when on my own the last two laps, how badly I felt and how tough they were. I didn't feel so good, so I said to myself, OK, let's run a 4:12 and be done with it."

It was time that was always on Young's mind, not so much tactics or the probable victory. "I wanted to do my own thing, and I figured if I did that, I'd win by 10 seconds," said Young, who has run the 800 outdoors in 1:52 and a 4:05 indoor mile at the University of Washington's 300-meter track, not acceptable for ratified records.

"But every time I attempt a time, it's physically and mentally frustrating. Sometimes you get it, and sometimes you don't. But I didn't feel that pressure at all today; I just wanted to give it a good show. I'm disappointed because a 4:20 is a workout time for me. So, I'd like to say, let's go at it again!"

Egle, the 2004 Hartshorne Mile champion and 2005 runner-up, probably would be willing to go at it again, too. A gold medalist in the 800 and 1500 at the 2005 outdoor nationals and a top master at the Chicago Marathon in 2:37, Egle was eager and inspired to race with Young.

"I knew the rabbit would take it out really fast, so I wanted to run for time and go with Tony as long as possible," said Egle, who competes for Fleet Feet Racing in Chicago. "I hit my best split at the half (2:10), and I was happy with that. But I ran out of gas the last three laps. Tony was too strong for me. He's the best masters miler in the world, and I'm amazed by his talent. He sets the bar so high, and every time you have the chance to run against the best, you cherish it."

The elite women standing next to Hanson on the starting line also knew they were about to race against the very best. They all knew Hanson had run a 5:03 indoor mile a week ago in the Armory in New York City.

Because of that performance, Ithaca's Natalie Whelan, the elite women's rabbit, was instructed to pace the women to a split of 2:30 at the 800 mark.

"I was really nervous because of what was expected of me, and of the other women who were racing," said Hanson, who qualified for the 1992 Olympic trials in the steeplechase. "I was hoping I could at least match the 5:03, and not disappoint myself or the meet directors. At first, I also was disappointed there was going to be a rabbit, because I wanted the race to unfold naturally. But I soon realized it was actually to my benefit that Natalie was there."

Hanson, directly on the heels of the rabbit, passed through 800 in 2:31 with plenty of energy reserves to spare. At times, it looked as if she would pass the rabbit.

Roughly six seconds back, a second-tier race within a race was playing out among Chaplin-Swann, the outdoor national masters gold medalist in the 800 and 1500; Grene, the 1500 gold medalist at the World Masters Championships; and Sarah Stiner, Trumansburg, N.Y.

Not only was Chaplin-Swann racing for position, she was aiming to break what she thought was the W45 indoor mile record (5:18.10). "I had a pretty good idea Marisa would take it," said Chaplin-Swann, who recently set pending W45 American records in the 800 (2:22.37) and 1500 (4:53.62).

"My race was really with Sarah, and that's whom I was concentrating on all the way through. The pace went out a bit slower than I expected, and when Sarah passed me around the third lap, I just sat on her shoulder."

Meanwhile, Hanson continued to widen the gap, not really knowing what was going on behind her.

"I knew they might be close, but I didn't see any shadows," said Hanson. "I said to myself, you're here to run fast, and you know what you have to run each lap – 37s. I wanted to keep rolling with

Continued on page 6

VICTOR SAILER / PHOTO RUN

Alisa Harvey (#10) broke the W40 U.S. record for the 800 with a 2:07.23, NYC Armory, Feb. 4.

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MASTERS THROWERS

On January 10, I had a hip replacement. My surgeon has assured me that my day-to-day life will be much improved, but can give me no information on whether I will be able to throw the discus again.

Therefore, I would greatly appreciate hearing from any thrower who has had this procedure and whether or not you were able to compete again.

John W. King
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FEES

In a recent Track & Field Report by Masters T&F Committee Chair George Mathews (Jan. NMN), it seems as if his agenda and that of the Masters Track & Field Committee are very different from my own.

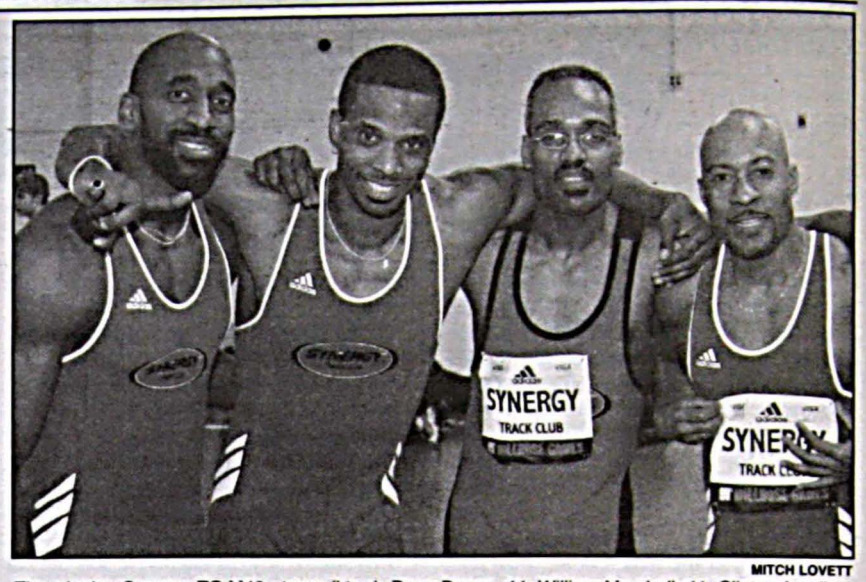
First, surcharges were added on certain meets for Games Committee Representatives. Now, membership fees are increasing by 33%. When will it stop?

I personally could care less about the strategic plan and all the personal agendas. I want to keep track & field affordable and open to the masses. Maybe most adults can afford the additional costs, but I cannot.

I plan on seeking meets that don't require membership and don't take on the additional fees.

Shouldn't there be a reduced membership for those of us with limited incomes?

Deb Vestal
Florissant, Colorado



MITCH LOVETT

The winning Synergy TC M40+ team (l to r): Dave Bynoe, 44; William Marshall, 41; Clinton Aurelien, 40; and Howard Lindsay, 42, Masters 4x400, Millrose Games, Feb. 3.

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Apply for a U.S. Age-Group Record Certificate

Masters athletes who currently hold or have set a USATF age-group record in 2004-2006, indoor or outdoor, can now apply for a U.S. Record Certificate. The certificate shows your name, event, age-group, and mark. (See sample on page 20, Feb. NMN.)

The parchment certificate is 11 x 8 1/2 inches and is suitable for framing. The cost is $10 per certificate, and the price includes postage.

If you have any questions about the certificate, e-mail Sandy Pashkin at spashkin@aol.com. ❑

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TEN YEARS AGO
March 1996

- Joan Ottaway, 51, Sets W50 Mark (78:42) in Las Vegas Half-Marathon
- Bob Milner, 60, Breaks (5:14.15) U.S. Mile Record in Harts-horne Mile
- Alice Thureau, 40, First W40+ (2:40:36) in Olympic Trials Marathon

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Track & Field Report

By GEORGE MATHEWS
Chairman, USATF Masters Track & Field

Observations From Your T&F Chair

For many years we have been trying to create a Masters Meet Manual. Many attempts have been made. Much information has been accumulated. In our strategic planning, we recognized this ongoing, serious need and discussed who might finally be the person who could make this happen. Suzy Hess nominated Becky Sisley, in her absence, as a person who might be able to complete such a project.

When Becky was asked to take on this project she stepped up and dived into the project with gusto. With very little budget and a great sacrifice of time, Becky has produced our first Masters Track & Field Meet Manual.

It is a very significant document that will be a tremendous help in providing the guidance that local organizing committees need in putting on meets from low-key, grass roots through masters regional championships. This should truly provide the quality competitive experience our athletes deserve. The document is available at www. usatf.org/mastersathletes.

Thank you, Becky, for a job well done!

Annual Membership

I appreciate the input that some athletes and association members are providing me concerning proposed annual membership increases. I understand that an increase may be a hardship for some members. We need to seriously consider all members.

I need to remind everyone that this is not my personal agenda or any other individual's that I a aware of. I know your representative committee, the Masters Track & Field Committee, has supported an increase based on recognition of the need for funds to operate your Masters Track & Field sport committee for the athletes' benefit.

The USATF Masters Track & Field Strategic Plan spells out what athletes want in the future. We can't achieve these goals without funding. Annual entry fees have been determined as the only sure way of raising the funds required.

Many have had great fund raising ideas in the past, but none has paid off. One idea may be to have a higher priced national membership and a local membership at a lower price. Masters Track & Field needs to have control of its destiny in this regard if we are to progress.

Masters Hall of Fame

We have recently learned that the USATF Hall of Fame at the Armory in New York City is possibly ready for the addition of the Masters Hall of Fame content. That's the good news!

The bad news is that it may take into six figures to make the needed renovations. It may be possible to do it for less, but we don't have a budget for any of it. We are considering possibly selling the naming rights to the masters section of the Hall to someone who might be interested in funding the project. If you know of someone, please have them get in touch with me (see p. 2).

National Senior Games

Other news about the National Senior Games relates to their addition of the hammer throw and triple jump to their next championships in Louisville in June 2007. They will require verification of having competed in two USATF-sanctioned competitions between January 1 and December 31, 2006.

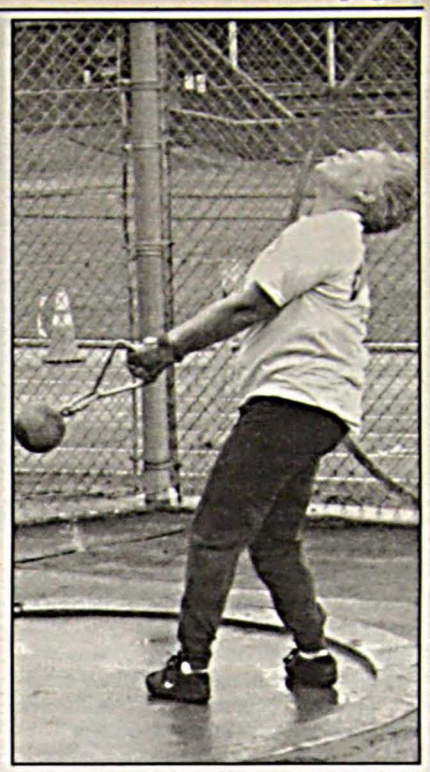
The qualifying standards for other events are on their website, www.nsga.org.

Indoor 56 lb. Weight

It looks like we have the first indoor 56lb. throwing weight. Thanks to Ian Maplethorpe of Jump Start Athletics, we have this implement for the Indoor Championships in Boston. Both Ken Weinbel and I approve of the implement which has been sent to Boston and which I will demonstrate there on Feb. 24.

I am also in possession of an outdoor 44 lb. weight that has been approved as a demonstration event for M50-69 during 2006. I am willing to ship it around the country for competitions. Let me know your date requirements.

Good luck to all competitors in the upcoming World and National Indoor Championships. ❑



JERRY WOJCIK
Georgia Cutler, W60, in the 2005 USA Weight & Superweight Championships.

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Third Wind

By MIKE TYMN

The Problem With Words

While living and working in Kuala Lumpur, Malaysia, in 1969, I summoned my peon, gave him some money, asked him to fetch my driver and go get a full tank of gas. He returned to my office 30 minutes later shouldering a large tank of propane. I realized then that I should have told him to purchase some petrol. So it is with words. They have different meanings for different people.

Until I moved to Malaysia, I thought peon was a disparaging word, but I then learned that it was simply their word for office messenger.

In my January column here, I asked whether a person able to levitate and float 30 feet should be credited with a world record in the long jump, should it be done under official conditions. I pointed out how D.D. Home, a 19th Century Scottish-American medium or mystic, was witnessed floating in the air by many credible people. In one case, the witnesses reported seeing him float 30-36 feet.

One reader wrote to me saying that it would not be a world record as it would not qualify as a jump. That was my first thought, but I turned to the dictionary for a definition of "jump." It read: "1. to spring clear of the ground or other support by a sudden muscular effort; leap; 2) to rise suddenly or quickly as from a sitting position."

A Matter of Definition

Home never claimed to use muscular effort in his levitations. He said that invisible spirits lifted him. Thus, by the first definition, he did not "jump." However, by the second definition his levitations would seemingly qualify as jumps, as that definition does not require muscular action or springing. And, if his levitations were "leaps of faith," where do they fit into the first definition? What is a leap?

This problem with words came to mind again while I was recently watching an NFL playoff game. One of the commentators referred to a particular defensive safety as an "athlete," seemingly suggesting that the other players were not athletes. To this commentator, one apparently qualifies as an athlete only if he can cover 40 yards in 4.2 seconds, cut on a dime, and leap high in the air over other players.

Athletes and Runners

Coincidentally, between plays of the game, I was also looking at some clippings about the 2005 Honolulu Marathon sent to me by a friend in Honolulu. One of the reporters referred to all the finishers as "athletes." Another reporter referred to all the finishers as "runners." Thus, all those who walked the 26.2 miles, even people who carried cameras, packed a lunch, stopped for a picnic near the halfway point and then finished in eight or nine hours, were both athletes and runners.

I'm sure that football commentator would have had a good laugh at calling all those people athletes. By his standards, even the marathon winner wouldn't qualify as an athlete. Those slow-twitch fibers required to win marathons do not permit sprint speed, cutting, or jumping ability. I think it's safe to say that few elite marathoners can beat the average 300-pound guard or tackle at 40 yards.

I recall coaching a high school cross-country team back in 1964 and a coach from another school, a former Little All-American quarterback, making a comment that cross-country was a good activity for non-athletes, those who couldn't make the football team or any other team.

He saw the kids as gangly and uncoordinated, which was true for many of them. The fact that they may have had higher maximal oxygen uptakes or stronger hearts than many of the football players wasn't a consideration in this coach's mind.

Agility, Stamina and Strength

My dictionary says that an athlete is "a person trained to compete in contests involving physical agility, stamina, or strength." Stamina is defined in the same dictionary to mean "strength of physical constitution." On that alone, marathon runners would seem to qualify as athletes.

But what about marathon walkers and strollers? Do the nine-hour people, assuming they aren't 90 years old, require stamina? If they are out of shape, maybe they do. But that means they are not "trained to compete," so they wouldn't qualify.

Then we come to the meaning of "compete." Are people who have no chance of winning the race or a division competing? Perhaps they are competing with their friends or with their old selves. Does that qualify them as competitors?

Drawing the Line

And where do we draw the line between runner, jogger, walker, stroller, etc.? There used to be a rule of thumb that anything faster than seven minutes a mile pace was running, anything slower was jogging. I don't know where that rule came from, but if there was any truth to it, it meant that you had to finish a marathon in around 3 hours, 3 minutes or faster to say you "ran the marathon."

I mentioned this in one of my columns for The Honolulu Advertiser many years ago and got all kinds of nasty feedback. I was told that people wanted to feel good about themselves, and if they wanted to walk the event and think of themselves as "runners" or "marathoners," I should not play with their self-esteem.

Running, Not Walking

That brings to mind an intersection in downtown Honolulu, where I used to work. Now and then, as I approached the intersection, the "Don't Walk" sign would stop flashing.

However, I knew that it would be three or four seconds from then before the light would change to green for the cross traffic. I'd then run across the street and make it in time. But I often wondered if I were cited for running against the "Don't Walk" sign whether I could win my case in court. "I didn't walk, your honor, I ran."

How are we supposed to figure out these things when even our leaders struggle with simple words? Our legislators and justices are unable to distinguish among Church, religion, and God. Our religions fight over the meaning of different words in the Bible.

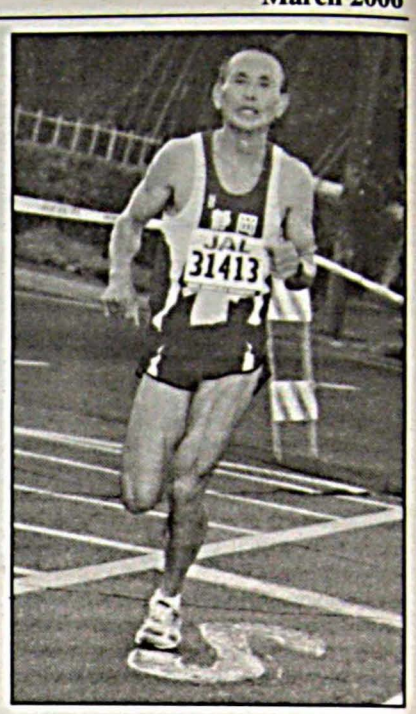
Did you know that the Greek "aion" is found in the New Testament 108 times and has been given 10 different meanings in English, including "forever," "ages," and "never"? People get divorces and fight wars over these things.

Meandering or Plodding

Residents of my retirement community sometimes refer to me as "the runner," as they see me plodding around the neighborhood. But I tell them I haven't run in years. I'm not even a jogger now. I'm just a meanderer, which is my euphemism for plodder. I feel good about calling myself a meanderer rather than a plodder. It gives me some self-esteem in my old age.

And I don't feel bad about being my wife's peon. ❑

(Mike Tymn can be contacted at METGAT@aol.com)



TESH TESHIMA

Yoshihisa Hosaka, 56, of Japan, first M55 (2:45:43), 2005 Honolulu Marathon.

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The Complete Guide to RUNNING: How to be a Champion from 9 to 90

By Earl Fee

Earl Fee, holder of 40 world records in masters running events, from 300H to the mile, has updated his highly successful previous edition to include many action photos, new chapters on plyometrics, additional information on weight training, new magic supplements, best treatments for injury, effect of age on stride length and frequency, new training workouts and more....

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Hartshorne Mile

Continued from page 3

the momentum I had going. Getting the meet record means a lot to me, and I'm thrilled. I didn't expect it, but I was hoping to be able to do it and I feel lucky."

Chaplin-Swann edged Grene for the runner-up position, and Stiner, the 2005 Hartshorne Mile runner-up, placed fourth (5:20.22). But at the finish Chaplin-Swann's joy turned to disappointment when she heard that the W45 U.S. record may have been lowered the week before to 5:11.1.

"I was happy, but a little deflated at perhaps not getting the record," Chaplin-Swann said. "I did beat Sarah, and she's one heck of a runner. We'll all meet again, and the W45 record will flip flop this year. It should be a fun season."

Ken Zeserson and Cornell professor emeritus Bob Babcock provided sponsorship for this year's elite event. The 39th Hartshorne Memorial Masters Mile was directed by Rick Hoebeke, in his 19th year as race director, and assisted by co-director and elite athlete coordinator, Tom Hartshorne, son of the race's namesake, Jim Hartshorne. ❑

(This article appeared in its original form in the Ithaca Journal, Jan. 23, 2006.)

FIFTEEN YEARS AGO
March 1991

- Wilson Waigwa Wins Millrose Masters Mile in 4:13.05
- Wes Wessely (42, 16:19) and Stephanie Holt (40, 22:57) Win Masters National 5K in DeLand, FL
- Domingo Tibaduiza, 41, Runs 68:10 in Redding, CA, Half-Marathon
- Doug Bell Captures Paramount 10K in 31:02

By BRIDGET
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Fitzgerald, M
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Holton, Dan
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Melton, Jame
Peete, Tecun
Pendland, R
Skeete, Mar
Tanaka, Akir
Thomas, Rol
Wensel, Mar
M40 Hegelbach, M
Foster, Grego
O'Donnell,
Ortiz, Alfred
Potter, Chris
Rodriguez, I
Stockard, G
Vanzandt, T
Yorges, Chr
M45 Barnwell, V
Black, Davi
Carter, Calv
Grimes, Pet
Harding, Da
Houba, Pete
Long, Willi
McBarnette
McCloud, I
Morris, Der
Paulk, Kevi
Shaiko, Ro
Shelton, De
M50 Barrineau J
Bohan, Joh
Brown, Jar
Easley, Ric
Gallegos, I
Glaspy, Ar
Hahn, Rob
Searles, A
Vollmer, L
Zahn, Rob
M55 Boucquey

Report from Britain

By BRIDGET CUSHEN

Over 270 British athletes have entered the WMA World Indoor championships in Linz, including 27 in the M35 age category.

Although indoor sports facilities have improved, due largely to hefty lottery funding, priority has been given to open athletes bound for the Common-wealth Games in Melbourne, also in March. Nonetheless, masters were able to grab an opportunity to hone their speed at some open meets.

Glen Riddington, M40, clocked a 7.83 60m, a bit slower than his 7.69 best time. Rohan Samuel, M35, ran 7.19, and Tom Phillips won an M50 race in 7.88. In Sheffield, Avril McClelland, W45, still in top form, ran 8.36 for 60m and Wendy Lang, W40, cleared 1.60 in the high jump. Alan Williams, M50, soared 3.95 in the pole vault.

Out on the roads, Daphne Ellmore set a new W55 British 10-mile road best of 63:53 on Jan. 29 in very cold conditions. A remarkable performance from a runner who admits she never leads a race due to her very poor eyesight.

John Brown, who won the BMAF 10K in September, raced to another 10K win in Glasgow in 32:11. At Linz, he will be defending his cross-country title won at the first WMA Indoors in 2004. Another M40 making his debut with the British team is Bashir Hassan, the current BMAF 5K title holder.

Some 65,000 volunteers have already signed up to help with the 2012 Olympics. The Mayor of London, Ken Livingston, has officially opened one of the first rail tracks that lead directly into the Olympic park.

When all transport links are complete, it will be possible to travel from Paris by train that will hurtle through the Channel Tunnel, dropping you at the Games, in under three hours.

Britain has 192,000 construction companies, most of whom are keenly seeking Olympic building contracts. ❑

Members of the Oregon TC Masters, second-place club in the 2005 USA Masters Indoor Championships (l to r): Carla Hervert, 48; Becky Sisley, 65; and Lance Podolski, 48.

Meet Manual Now Available on the Web

The Masters Track & Field Meet Manual will be available on the USATF website by the time this issue of National Masters News is at your door. To locate the manual go to: www.usatf.org/groups/EventDirectors/eventAdmin/mastersTF.

One of the initiatives of the MTF Strategic Plan developed in 2005 was to "Appoint a Meet Manual Coordinator to develop a Meet Manual for conduct of a successful meet." The specific directive was to "Develop and disseminate a Meet Manual on how to conduct a well-run track & field meet that ensures USATF meet certification and appropriate officials, support resources, and event scheduling for an enjoyable athletic experience." What is unique about this manual is its added focus on elements specific to masters meets.

The manual has been developed as a source of information necessary for the planning of a meet ranging from a low-key grass roots level up through a Masters Regional Championships. The author has striven to organize it to be "user friendly."

Features of the manual include: 1) a detailed "Suggested Timeline," 2) elaboration of 20 different tasks, e.g., develop a budget, determine awards, solicit volunteers, and ensure that possible U.S. and world records are properly documented, 3) checklists for these component areas: marketing/media relations, support services, facilities and equipment, competition, officials, and computer operations, and 4) an extensive array of 18 exhibits. Many of the exhibits provide a model for meet directors, while others are practical references. ❑

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www.nationalmastersnews.com

WMA World Championships – Linz, Austria U.S. Entrant List by Age-Group

(Age-group / Name / Events entered)

M35 Acosta, Alex (60m, 200)
Drummond, Don (60m, 60mH)
Fitzgerald, Neil (800, 1500)
Hawke, Karl (HJ)
Holton, Daniel (PV)
Kunselman, David (800)
Melton, James (60m, 200, 60mH, LJ, Pent., TJ)
Peete, Tecumseh (60m, 200)
Pendland, Reginald (60m)
Skeete, Marcus, (200, 400, 800, LJ)
Tanaka, Akira (60m)
Thomas, Robert (200, 400)
Wensel, Marek (400)

M40 Hegelbach, Peter (800, 1500)
Foster, Gregory (60m, 200, 60mH, HJ, LJ, TJ)
O'Donnell, Jim (200, 400)
Ortiz, Alfredo (1/2-Mar.)
Potter, Christopher (400, 800)
Rodriguez, David (1500)
Stockard, Guy (HJ)
Vanzandt, Thomas (HJ)
Yorges, Chris (800, 1500, 3000)

M45 Barnwell, Val Winslow (60m, 200)
Black, David (60m, 200, 400)
Carter, Calvin (60m, 200, 400)
Grimes, Peter (60mH)
Harding, David (1500, 3000, 8KXC, 1/2-Mar.)
Houba, Peter (HJ, LJ)
Long, William (LJ)
McBarnette, Bruce (HJ)
McCloud, Dexter (200, 60mH)
Morris, Dennis (JT)
Paulk, Kevin (800, 1500)
Shaiko, Ronald (1/2-Mar.)
Shelton, Derek (LJ)

M50 Barrineau James (HJ)
Bohan, John (HJ)
Brown, James (60mH)
Easley, Ricky J. (200, 400)
Gallegos, Franckson, Steve (800, 1500)
Glaspy, Archie (400)
Hahn, Robert (60mH)
Searles, Anthony D (60m, 200, 60mH)
Vollmer, Larry (LJ)
Zahn, Robert (60mH)

M55 Boucquey, Thierry (60m)
Collins, Bill (60m, 200, 400)
DeJesus, Michael (200, 60mH)
Diedrich, Richard (3000)
Harvey, Rex (SP)
Jamrich, Milan (HJ)
Sager, Bob (HT, SP)
Shaheed, Nolan (800, 1500)

M60 Barnum, Larry (200, 400, 800)
Hall, Samuel (60m, 200)
Handelman, Frank (800)
Johnson, Ron T (60m, 200)
Johnston, Frederick (60mH)
Kuhi, John (800)
Mathews, George (HT, SP, WT)
Pierce, Roger (60m, 200, 400)
Robbins, Stephen P (60m, 200, 400)
Sorrenti, Edorardo (3000RW, 10KRW)

M65 Edens, Paul (60m, 200)
Howard, Sid (800, 1500)
Knocke, William (60m, 200, 60mH, LJ)
McMillen, William (400, 800)
Miller, Charlie (60mH)
Pawlik, Emil (60m, 60mH, HJ, LJ, Pent.)
Tolliver, Harry (60m, 200)
Warr, Steven (PV)

M70 Fine, Robert (3000RW, 10KRW)
Sullivan, Jerry (HJ)
Vaughn, Gerald (SP)

M75 Cheek, Don (60m, 200, 400)
Starr, Jack (3000RW, 10KRW)

M80 Mozhaev, Lev (WT)

W35 Carty, Linda (60m, 200, TJ)
Daley, Lisa (200, 400)

W40 Porter, Patricia (HJ)
Stone-Borkowski, Catherine (800)
Ware, Caren (60mH, LJ, Pent., TJ)

W45 Chaplin-Swann, Lesley (400, 800, 1500)
Upshaw-Margerum, Joy (60m,200, 60mH, LJ)

W50 Rita Hanscom (60m, 200, 400, 60mH, LJ, PV)
Steenbergen, Cindy (60m, 200, 400)

W55 Rosado, Mary (800, 1500, 8KXC)
Tucker, A. Lorraine (60m, DT, JT)

W60 Douglas, Linda (HJ)
Huff-Pawlik, Karen (DT, JT, SP)

W70 Harada, Mary (400, 800, 1500, 3000)

W75 Peterson, Patricia (60m, 200, 400)

The Birmingham Track Club presents
The Birmingham Track Club
2006 Track and Field Classic
Saturday, June 10, 2006
Hoover High School
Hoover, Alabama

Entry Fees: $15.00 first event, **$6.00** each additional, $20/relay. Pre-Register by: **June 4, 2005.** Late fee: **$15.00**

Directions: I-65, Take I-459 South to Tuscaloosa. Take AL-150 (exit 10-Hoover Met Stadium), Turn Left off Exit Ramp,Right on Stadium Trace Pkwy, Left on Learning Lane, Left on Buccaneer Dr.

Age Divisions: Open and Masters (Age 30+), M&F
On-Line Registration: www.active.com
Contact: Frank Newland –205-621-9912
frank@btcclassic.com, www.btcclassic.com
USATF Membership required. Membership forms will be available day of race. You may obtain membership application at **www.usatf.org.**

Awards: Medals to top 3 finishers in each age group.
$100-1st Place: KC100m (Top 8 best 100m may compete in Age-Sex Handicapped 100m)
$100-1st Place: Phil Mulkey Mini-decathlon (Enter as many decathlon events as you want. We will score and age-grade your top five performances.)
Team Competition: Winner based on top 3 age graded performances: 5,3,1 points. Winning Team will receive Bill McClure Award.

Track Events: 50m, 100m, 200m, 400m, 800m, 1500m, 5K, 80H, 100H, 110H, 300H, 400H, 4x400Relay

Field Events: HJ, LJ, TJ, PV, Shot, Discus, Javelin, Hammer

Schedule of **Running** Events: (To Be Determined)

Schedule of **Field** Events: (approximate):
Implementation Certification: Booth opens at 7:00am Central.
Triple Jump: 8:00-11:00am, report to venue when ready to compete.

Time	HJ	PV	LJ	Shot	Discus	Javelin	Hammer
8:00	open-m45						
9:00	W,M70+	WM70+	M50-60	M50-65	Open-M45		All ages M&W
10:30	M50-65	M50-65	Open-M45	W,M70+	Women-M70+		
Noon		Open-M45	W,M70+	Open-M45	M50-65	Open-M45	
1:30						W,M70+	

Send Completed form and entry fee to: **BTC Classic, Frank Newland, 234 King Arthur Pl, Alabaster AL 35007**

Name:_____ **DOB:**__/__/____ **Age:**____ **Sex:**___ **USATF#**_____

Address:_____ **City:**_____ **St:**____ **ZIP:**_____

Phone:_____ **E-mail:**_____ **Shirt Size: S M L XL**

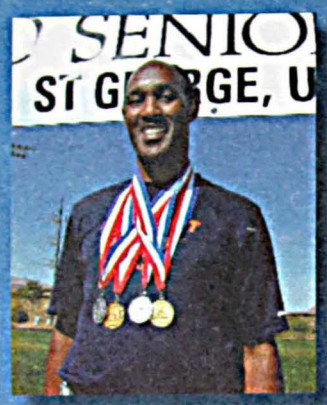
	Events	Entry Fees:	Cost:
1		First Event $15.00	$
2		___ 2nd+Events x $ 6.00	$
3		___ Relays x $20.00	$
4			$
5		Late Fee $15.00	$
6		___ T-Shirts x $10.00	$
	Make Check Payable to: BTC Classic	**Total Due**	$
	Remit completed application to: **BTC Classic Frank Newland 234 King Arthur Pl Alabaster, AL 35007**		

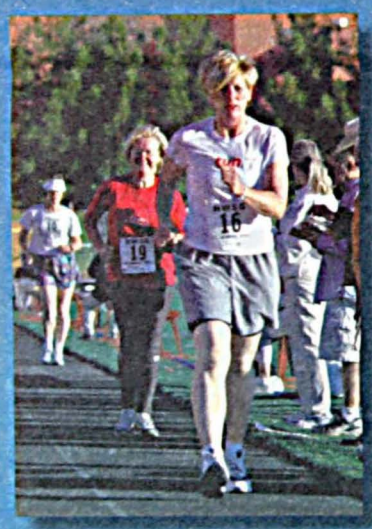
Please read and sign: I agree that I am physically fit and have sufficiently trained to participate in the 2006 Birmingham Track and Field Classic. I understand that I must be physically fit and sufficiently trained to prevent injury to myself and others. In consideration of the acceptance of my entry, I for myself, my heirs, devisees, executor, administrators and assigns, hereby release and discharge any and all claims against the BTC, Hoover High School, USATF, and the Knights of Columbus, agents or representatives arising from my participation in the 2006 BTC Track and Field Classic.

Signed:_____ **Date:**_____

March 2006

Huntsman WORLD SEN





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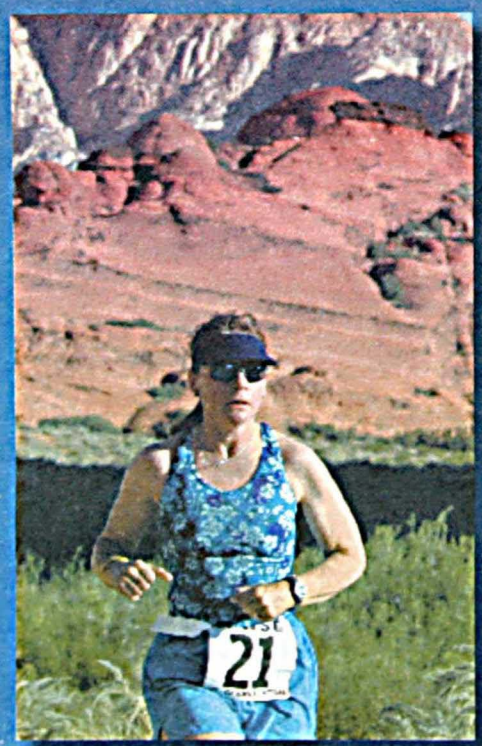

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Masters Racewalking

By ELAINE WARD

Racewalkers Recount Experiences at Championships – Part VI

This, the sixth column in a series, reflects more comments received from those attending the Nationals in Honolulu, Hawaii, and the World Championships in San Sebastian, Spain. The USA medal count at the World Championships: 8 gold, 7 silver and 5 bronze individual medals; 5 gold, 1 silver and 2 bronze team medals. –ew

Jolene Steigerwalt, W60. Worlds: 5K, 4th, 31:03.40; 10K, 4th, 1:04:11 (W60 gold medal team: Steigerwalt, 1:04:11; Kathy Frable, 1:10:02; Darlene Backlund, 1:11:07; Total: 3:25:20). Nationals: 5K, 1st, 31:57.95; 10K, 1st, 1:07:03.

Hawaii was a great venue. The housing and food were much like the Oregon Games. The heat and humidity bothered some, but the sea breezes and early race times made up for it. The 10K was in a shaded park and the judging was very reasonable.

In Spain, the U.S. team stayed in dorms, pensions and flats, as we all had to scramble for our own accommodations. The quarters were very close with little hot water.

Gastronomy

The gastronomical choices were fit for a king's palace. And we did eat – from the fresh caught fish (squid included) on the embarcadero to the Spanish cheeseburger wth one fried egg on top washed down wth the specialty of the house, a thickened hot chocolate.

We all got in plenty of hiking and the Riviera atmosphere kept most of us beach side. Some had rooms with balconies, where we sat enjoying the magnificent sunsets and sipping wine. The route to the track was through parks full of flowers.

As for the races, I was excited about both Hawaii and Spain. Some good walkers were entered in my age division in the nationals, and all the best walkers, save a few of the men, were there for the world championships.

Hydration

I knew my times were up there with the top contenders, but I didn't know how I would do race day. I was nervous about that and about the hot/humid weather in Hawaii and the fluctuating dry heat and cold rain in spain. Both venues required a lot of hydration the day before.

In Spain, it was nice greeting old friends from other championships and making new ones. Everyone had colds and jet lag when we arrived, but we sure cleaned up in the medal department. The medal presentations were great. I really appreciated being able to finish the road race in the stadium Olympic style. And, for once, we had an appreciative audience. Racewalkers are respected by the Europeans, and our performances definitely reflected an atmosphere of goodwill.

Training

I started preparing for Spain two years ago, using each race along the way to test specific goals. Training rotated between long, slow distance and fast distance (both measured by pulse rates at a specific pace).

Track work involved timed intervals for pacing, along with intervals for speed. The mileage was stepped up to meet the demands of longer races or down for shorter ones.

Fast intervals were emphasized the two weeks prior to racing, along with heat training. The heat spell in San Diego in July benefited both my races in the nationals and worlds. I trained every other day to assure quality workouts and adequate rest.

Since I am coached, I can't alter anything and am grateful for this discipline. I had so many injuries training on my own. It took two years to rebuild a reliable base and it has made a huge difference. I don't have to "cram" my training to prepare for a race and hope for the best any more.

Now I know I am prepared to do the best I can at my current level of training, which has been well calculated for safe progression. If I do get injured, I just stop until the pain has resolved, then start a few weeks back from where I was.

Nerves

The only thing I really hate at the start of a race is the "dry mouth" syndrome. This can determine whether I do well or not; so I really hydrate to avoid that.

My pre-race jitters are more about where they place me on the start line, because I use my pulse rate to determine my pace, and not my emotions. I am best when I come from behind, and this technique allows for an adequate warm-up. I am too old to try to race anyone else's race.

Initially, I am a little nervous until my breathing settles down, and I get on edge when others jump ahead forming a "lead pack." I realize that a good race depends more on pacing smart and not on racing to see if I can hang in there longer than someone else.

Critical racing begins in the last few laps, so pacing means everything if you are to finish comfortably. If I feel good after the race, then I am ready to progress to new challenges in my training.

Uniforms

The uniforms were definitely a subject of conversation. I understand that they were surplus from the Olympic Games. If wearing a uniform is mandatory, it should not be changed every two years as it has been recently.

Most of us are on fixed incomes and appreciate that other countries can wear any uniform that has been approved in the past. The Australian walkers had two different uniforms, inlcuding their warm-ups. We were told to write Mr. Roe at USATF and inform him of our feelings.

Many persons paid $35 in addition to their registration fees and want refunds for what they feel is a money-making effort by USATF done in poor taste. ❑

(Elaine Ward can be contacted by e-mail at narwf@sbcglobal.net. – ew)

Houston Marathon

Continued from page 1

the first male master, with a 17th-overall 2:34:11, worth $1500. Scott Creel, 43, Bozeman, Mont., was second M40+ in 2:35:10.

Hans Funke, 45, Boulder, Colo., and Curtis Stautz, 46, Newburgh, Ind., staged the closest division race, with Funke winning in 2:39:37 and Stautz at 2:39:59.

Clint Mericle, 52, of Houston, M50 winner of the Sunmart Texas Trail 50K with a 4:02:11 on Dec. 10, was the M50 winner in 2:58:02. Ted Traynor, 56, of Houston, won the M55 race in 2:59:40.

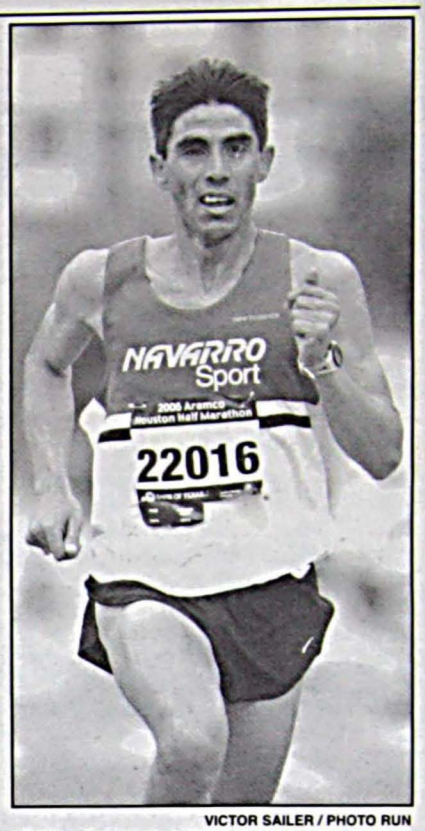
Martin Rodriguez-Flores, 40, in 1:06:55, and Bonnie Jo Barron, 44, of Houston, in 1:28:30, took the masters races in the Aramco Houston Half-Marathon, which served as the USA Men's Championships.

Ino Cantu, 72, Richmond, Texas, won the M70 age group race in 1:37:30. Harold Gillespie, of Houston, ran a 2:57:47 at age 83.

Ray Hunt, 40, Deer Lodge, Texas, with a 16:12, and Helen Gran, 42, of Houston, with a 19:40, were both second overall in the Houston Press/Smart Financial 5K. Frank Crews, 72, Galveston, Texas, won his division title in 25:03.

The events drew an unprecedented record 17,779 entrants, who were aided by 5000 volunteers, and ran while a quarter of a million spectators watched.

Runners also raised a record amount for charities with a total expected to exceed $1 million, at least $200,000 more than last year. ❑



VICTOR SAILER / PHOTO RUN

Martin Rodriguez-Flores, M40, first master (1:06:55), Houston Half-Marathon, Jan. 15

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Entry Form also on National Masters News February 2006 Edition Page 3

Questions – Please Email nctrackfield1957@yahoo.com

Masters Science

By AVITAL SCHURR

Fluid Intake and Exercise What to Drink and How Much

In a study titled "Sex differences in voluntary fluid intake by older adults during exercise" (Medicine & Science in Sports & Exercise, Vol. 37, pp.789-796, 2005), Drs. Baker, Munce and Kenny, from the University of Illinois at Chicago, compared the drinking behavior of older men and women (age 54-70) when provided cold, palatable beverages and ample opportunity to drink between repeated bouts of exercise in the heat.

Thirteen men and 14 women performed four bouts of 15-min. cycling at 65% VO_2max, each separated by 15 min. of rest at 30°C (86°F) and 50% relative humidity. In a separate set of trials, the subjects were provided with a free supply of either a carbohydrate-electrolyte solution (CES, sports drink) or distilled water during the rest periods, unaware that their fluid intake was being recorded.

Female vs. Male Differences

The subjects drank enough of either CES or water to match their loss of fluids through sweating and urination and to maintain their body mass (BM). The intake of fluid when calculated per kilogram (2.2 lb) of BM was greater when the drink was CES than when it was water (18.7 ml of CES per kg vs. 15.1 ml of water per kg).

Plasma volume (PV), calculated from blood samples taken prior to the beginning of exercise and at each rest period, was better maintained with CES drinking.

Women drank significantly more water than men on a weight unit (kg BM) basis (17.2 ml per kg by women vs. 12.8 ml per kg by men). One woman, weighing 45.7 kg (100.5 lb), showed symptoms of hyponatremia (see below), confirmed through measurements of blood sodium concentrations.

The authors of this study concluded that older adults drank enough to maintain fluid balance when palatable fluids were readily available. However, CES drove them to drink greater volumes of fluid and restore PV losses faster than water. Older women drank more than men during exercise in the heat, which may increase the risk of smaller women to develop hyponatremia.

Risks of Overdrinking

Until 1969, both athletes and exercising military personnel were advised to restrict their fluid intake due to the belief that fluid intake during exercise impairs performance. However, after a publication in 1969 highlighted the potential dangers of dehydration during exercise, the recommendation of fluid intake restriction was replaced by encouragement of athletes to "drink as much as possible" (see Acosta P. and Varon J., Life-threatening hyponatremia in marathon runners: the Varon-Ayus Syndrome revisited, Critical Care & Shock, Vol. 8, pp. 23-27, 2005).

This change in recommendation was based on the assumptions that fluid loss during exercise must be replaced, that dehydration is a great health threat, and that overdrinking poses no health risk during exercise. Consequently, the risk of dehydration during exercise fell sharply since the implementation of this recommendation.

Dangers From Hyponatremia

However, in 1985, Noakes and his colleagues described what they termed "water intoxication in endurance athletes" (Noakes TD, Goodwin N, Rayner BL, Branken T, Taylor RK, Water intoxication: a possible complication during endurance exercise, Medicine & Science in Sports & Exercise Vol. 17, pp. 370-375, 1985).

They described the development of hyponatremia and encephalopathy (brain disorder) during endurance events lasting longer than seven hours. Hyponatremia is a life-threatening condition that can occur when blood sodium concentration falls below 125 mmol/liter (normal sodium concentration is about 142 mmol/liter).

In the decade of 1989-1999, 190 cases of water intoxication that required hospitalization were recorded in the U.S. Army and at least four military recruits died from hyponatremia (Acosta P. and Varon J., Critical Care & Shock, vol. 8, pp. 23-27, 2005).

These cases led the military to revise its fluid replacement guidelines and the International Marathon Medical Directors Association (IMMDA) issued guidelines to protect runners from overhydration. These guidelines state that runners should aim to drink ad libitum 400-800 ml per hour, the higher rates by faster, heavier runners who are competing in warm environment and the lower rates by slower runners.

Nevertheless, in the 1999 Houston Marathon, a cluster of seven life-threatening hyponatremia cases were seen by Drs. Varon and Ayus. All seven were seen by the physicians as critically ill patients who developed hyponatremic encephalopathy after finishing the race. After admission to the hospital, they all required assisted mechanical ventilation due to severe hypoxemic respiratory failure (low oxygenation of the blood).

The brains of six of those runners, examined by Magnetic Resonance Imaging (MRI), showed cerebral edema (swelling of brain cells due to cellular absorption of large quantities of water). Cerebral edema due to overhydration was later recognized as the Varon-Ayus Syndrome (VAS).

Symptoms of Hyponatremia

Symptoms do not usually depend on the absolute blood sodium concentration, but rather on the rate by which this concentration falls. Thus, exercise-induced hyponatremia can be asymptomatic (without symptoms) or symptomatic.

A hyponatremic athlete without symptoms usually would not seek medical attention. In contrast, in the symptomatic hyponatremic athlete, symptoms can vary from general feeling of sickness, nausea, lightheadedness and fatigue to confusion, headache, seizures, coma, and death.

Athletes with blood sodium concentration lower than 125 mmol/liter are most likely to be symptomatic, while those with blood sodium of 130-134 mmol/liter are usually asymptomatic. In general, exercise-induced hyponatremia, both symptomatic and asymptomatic, is a common and potentially serious complication of ultra-distance runners.

How to Prevent the VAS?

Acosta and Varon (2005) recommend adequate fluid replacement, especially during ultra-distance racing to avoid overdrinking. Fluid intake of 400-800 ml/hour is recommended for most athletes. This measure can be easily accomplished by decreasing the availability of fluids and the number of drink stations during long distance races.

Also, the type of fluid replacement is very important. Most of the symptomatic runners in the 1999 Houston Marathon drank hypotonic fluid (water). Thus, instead of water, an isotonic fluid, a fluid in which the sodium concentration is similar to the normal blood sodium concentration (most sports drinks), is recommended. ❑

MITCHELL LOVETT

The first-place Atoms TC squad (l to r): Alethea Morris, 41; Lorna Forde, 53; Alicia Kelly, 44; and Dawn Best, 40, Masters 4x400, Millrose Games, Feb. 3.

TWENTY YEARS AGO
March 1986

- Bruce Mortenson Top Master in Houston Marathon With 2:23:40
- Tracy Smith's M40 31:24 and Harolene Walters' W40 37:09 Win Paramount 10K
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On The Run

By HAL HIGDON

Seven Continents, Seven Massages Every Runner Needs an Achievable Goal

Sailing the southern ocean, lying lazily on a massage table, rocking in rhythm to the pounding waves common to the Drake Passage, a therapist's soothing hands massaging my muscles sore from two strenuous weeks exploring Antarctica, I considered my next challenge as an athlete.

No, I wasn't returning from running a marathon on that continent. Many runners choose as their challenge completing a marathon in all fifty states, or on all seven continents. Thom Gilligan, who takes runners to Antarctica through his organization Marathon Tours, estimates that 112 men and 35 women have completed their seven-continent quest and another 40 runners will achieve that goal in the next two years. Although I have run marathons in 23 states and on five continents, I have no immediate plans to add to those numbers.

Stress-Free Goal

My next challenge seems more doable – and certainly more pleasurable. I want to have a massage on all seven continents.

My recent trip to Antarctica allowed me to bag two of those continents, all on the same sea voyage. Rather than going to Antarctica to run a marathon, I traveled as part of a Carleton College Alumni Adventure.

Although our group did some strenuous hiking over rocks, snow, ice and penguin poop, neither I nor anyone else attempted anywhere near a 26-mile run. But I did get massages while crossing the Drake Passage between South America and Antarctica, both coming and going.

One Cruise, Two Massages

That's the trick. It's where I got those massages that counted. The geophysical border between those two continents is at the Antarctic Convergence, where the chilly waters circulating counter-clockwise around Antarctica brush against warmer sub-Antarctic currents to the north flowing in an opposite direction. Within a few miles, the temperatures of both air and water can drop by ten or more degrees.

Since my massage en route to Antarctica occurred above the Convergence and my massage returning occurred below, I collected massages on two continents on one voyage. I might add that unless you have had a massage on board a ship rising and falling in rhythm to 20-foot waves, you haven't achieved the ultimate spa experience. I'm not sure how Sheila, my massage therapist, maintained her balance, but her hands never missed a stroke.

With massages on two continents now part of my resume, seemingly that leaves five continents to go. Well, not quite. As part of my fitness regimen, I regularly get massages in Indiana and Florida, my two residences. North America is continent number three. On two trips to Australia, I've gotten massages to combat jet lag in Melbourne and Sydney, respectively. That's continent number four.

How Many Continents More?

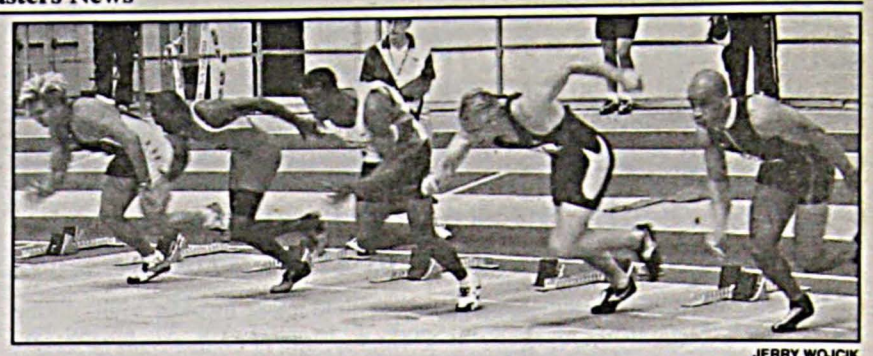
Europe should be continent number five, except my memory fails me. Given the fact that I have raced frequently in Europe, including several marathons, I must have gotten at least one massage. Unfortunately, I can't remember when or where. I probably need to check old training diaries to see where and how I can claim credit.

If I can confirm Europe, that still leaves Africa and Asia as continents for future massages. Despite running marathons on both continents, I may have skipped the massage table, a definite oversight on my part.

That's the bad news, the good news being that it gives me excuses to return to both continents to complete my quest. And maybe if my training diaries fail to reveal a European massage, I'll be forced to return to that continent too. Paris might be a good destination for my seventh massage on seven continents. Does anybody have the name of a good masseuse on the Champs d'Elysees?

We all need goals, especially broken-down runners. ❑

(Hal Higdon, a Contributing Editor for Runner's World, has run 111 marathons, but missed a few states and continents along the way. Check out his training information at www.halhigdon.com.)



JERRY WOJCIK

Start of the 60m, Reggie Lewis Center, Boston. The Lewis Center will be hosting the USA National Masters Championships, March 24-26.

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May 29, 2006

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Preview of Nationals

Continued from page 1

two in the mile (10:54.48) and 3000 (21:27.04); and John Keston, M80, with two in the mile (6:48.02) and 3000 (13:30.77).

In the 2004 Championships in Boston, 726 athletes broke 28 world and 28 national age-group records at the Lewis Center. Standouts in the meet were Leland McPhie, M90, and Max Springer, M90, who, between them, accounted for five world and four U.S. records.

Canada's Earl Fee broke three M75 world records: 400 (66.28), 800 (2:32.47) and mile (5:41.95). Throwers and racewalkers were in fine fettle with 12 national age-group records in the weight and superweight throws, and five world records in the 3000 racewalk.

The Masters Championships are open to all men and women age 30+, who compete in five-year age groups. Relay teams compete in ten-year age brackets.

No qualifying is necessary to enter. The only requirement for U.S. citizens is USATF membership, available at the site. Non-U.S. citizens compete as guests, and receive duplicate awards but are not "champions" and do not displace U.S. citizens.

The Championships entry form with the schedule and other important information was published in the January NMN. Additional information and an entry form are available at the meet website: www.usatfne.org. The USATF-New England phone number is 617-566-7600, and the e-mail address is office@usatfne. org. Entry deadline without penalty is March 13. No entries or changes will be accepted after March 20.

The headquarters hotel is the Marriott Copley Place Boston with rates at $129 single/double and $139 for triple occupancy, 888-236-2427, or 617-236-5800. To get the special rates, reservations must be made before March 13; mention the National Masters Championships when you make the reservation.

On the last weekend in February before the Masters Championships are held, the Lewis Center will also host the AT&T USA Indoor Championships. The Center features a lightly-banked 200m Mondo track, with a nine-lane straightaway in the center for the 60m and hurdles. There are one weight and two shot circles onto a synthetic surface. Indoor implements will be supplied.

The National Masters News will report on the Championships in the May issue. ❑

TESH TESHIMA
David Carlsson, 41, first master (18:07.2), Ron & Bob's 5K, Honolulu.

FIVE YEARS AGO
March 2001

- Carolyn Cappetta, 65, Breaks W65 400 WR (74.31) and 200 AR (32.75) in Dartmouth Relays
- Tim Minor (42, 32:28) and Denise Foote (41, 39:37) Win National Masters 10K XC
- Johnny Gray (40, 1:48.81, 800), and Merlene Ottey (40, 7.20, 60m) Smash WRs in Millrose Games

JOHN WELCH
Jill Childers, 41, San Diego, Calif., finishing the Sunmart Texas Trail 50 Mile, Huntsville, Texas.

PUBLICATIONS ORDER FORM

	Quantity	Total (US$)
Masters Single-Age Records Book (2005 Edition) Men's and women's world and U.S. single-age bests for all track & field and racewalking events, age 35 and up, as of May 31, 2005. 56 pages. Lists name, age, state and date of record. Includes record application forms. $10.00.	_____	$_____
Masters Track & Field Rankings (2005) Men's and women's 2005 U.S. outdoor track & field 5-year age-group rankings (25 deep). Compiled by Dave Clingan, Larry Patz and Tom Higbie. Includes mile, weights, racewalks, and combined events. 8 pages. $4.00.	_____	$_____
Masters Track & Field Indoor Rankings (2005) Indoor rankings for 2005. 4 pages. $2.00.	_____	$_____
Masters Age-Graded Tables Single-age factors and standards from age 8 to 100 for men and women for every common track & field, long distance running, and racewalking event. Shows how to conduct an age-graded event. Tells how to keep track of your progress over the years. Compares performances of different ages/sexes in different events. 60 pages, including samples and charts. Compiled by the World Association of Veteran Athletes. $6.00.	_____	$_____
Masters 5-Year Outdoor Age-Group Records Men's and women's official 2004 world and U.S. outdoor 5-year age group records for all track & field and racewalking events, age 35 and up; 8 pages. Lists name, age, state and date of record. Compiled by Sandy Pashkin. $4.00.	_____	$_____
Masters 5-Year Indoor Age-Group Records Same as above, except indoor records (M40+, W35+) as of Jan. 8, 2005 (world) and Dec. 31, 2004 (USA), 4 pages. $2.00.	_____	$_____
Competition Rules tor Athletics (2005 Edition) U.S. rules of competition for men and women for track & field, long distance running and racewalking—youth, open and masters. $12.00.	_____	$_____
WMA Handbook (2003-2005) Contains 2002 WMA New Age-Factors for All Combined Events, Constitution, By-Laws, Rules of Competition, History of Masters Athletics & More. In English, Spanish, French, German. 170 pages. $8.00	_____	$_____
Champions for Life, by John B. Scott and James S. Ward. The remarkable life of Payton Jordan, who is renowned for his personal accomplishments and for the coaching and mentoring skills that have produced many other champions in track & field. $34.95	_____	$_____
The Complete Guide to Running: How to be A Champion from 9 to 90. By Earl W. Fee, who holds 40 world records in masters events from 300H to mile. Much improved revision of the highly popular 2001 first edition. 22 color-coded chapters, including "Building a Base and Hill Training," "Training for 5K, 10K, and Marathon," "Injury Prevention and Causes." Applicable from sprinters to marathoners. 440 pages. US $19.95/CAN $29.95.	_____	$_____
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USATF Lapel Pin. 3-color USATF Logo on 7/8" soft enamel lapel pin (nail pin back with military clutch). $5.50.	_____	$_____
USATF Decal. 3-color. 3" x 2-l/2". $2.00.	_____	$_____
2005 Road Race Management Directory Published by Road Race Management, this book combines the Guide to Prize Money & Races with the Running Industry Resource Directory – two books in one – listing elite athletes (including masters) with over 1000 addresses and phone numbers, prize money structures for 400 events, Internet services, retailers, publications, TV contacts, and more. $75.00.	_____	$_____
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Schedule

USA track and field events feature competition for men and women over age 30 unless otherwise noted. Senior Games are usually limited to age 50 and over. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. International T&F meets are open to men and women over age 35. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 50098, Eugene, OR 97405.

TRACK & FIELD

NATIONAL

March 4-5. USA National Masters Indoor Heptathlon Championships, Carthage College, Kenosha, WI. Jeff Watry, 3224 CR 2700E, Penfield, IL 61862. 217-367-8438, x152.
March 24-26. 32nd USA National Masters Indoor Championships, Reggie Lewis Center, Boston, MA. USATF-NE, 617-566-7600; office@usatf ne.org; www.usatfne.org/masters
April 29. Masters Invitational Program Men's Mile, Drake Relays, Des Moines, IA. Mark Cleary, 949-589-0242; runnermark@cox.net
June 22-25. Masters Invitational Program, Event TBA, USA Outdoor Championships, Indianapolis, IN. Mark Cleary, 949-589-0242; runnermark@cox.net
July 15-16. USA National Masters Decathlon & Heptathlon Championships, Seattle, WA. www.usatf.org
August 3-6. 39th USA National Masters Championships, Charlotte, NC. Pentathlon on 3rd. Gordon Edwards, 10029 Withers Rd., Charlotte, NC 28278; 704-588-6885 (after 8:00 pm); gedwards@carolina.rr.com
August 19. USA National Masters Weight Pentathlon, Sager Ranch, Wilsall (Bozeman), MT. Bob Sager, 406-578-2080(w); 578-9870(h); hammerbeef@aol.com
September 9. USA National Masters Weight & Superweight Championships, Seattle, WA. Ken Weinbel, 4103 Hillcrest Ave. SW, Seattle, WA 98116. 206-938-3895; kweinbel@com cast.net

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

March 1. Sugarloaf Mt. AC Indoor All-Comers, Northhamption, MA. 413-586-0687.
March 3. MAC Masters Championships, New Balance T&F Center, NYC. Ivan Black, 917-837-6741; www.mactrack.org
March 5. USATF Adirondack Indoor M&O Championships, U. of Albany RACC Arena. 2 pm. www.usatfadir.org; rdo3_2000@yahoo.com
March 12 & 19. Finger Lakes RC Indoor Meets, Ithaca, NY. www.fingerlakesrunners.org
March 18. USATF East Regional Masters Indoor Championships, Susquehanna U., Selingsgrove, PA. rayfeick@peoplepc.com; www.MAUSATF.ORG
March 19. Syracuse Chargers Indoor Meet, Manley Field House, Syracuse U. Registration 8-9 am; throws 7:30 am.
April 27-29. Penn Relays, Philadelphia. Masters 100m & relays.
May 9-12. Washington, DC, Golden Olympics. Ben Butler, 202-282-0748.
May 11-14. Virginia Senior Games, Virginia Beach. 757-474-8492; www.vec.edu
May 14 & 28. Potomac Valley TC Meets, Langley HS, McLean, VA. 7:30 am. 703-481-3530; www.pvtc.org
May 20. Vermont Green Mountain Senior Games, Chester. Ardis Smith, 802-824-6521.
June 1-4. Connecticut Senior Games, Hartford. Patrick Fisher, 860-528-4588.
June 3. Throw-A-Thon, Albright College, Reading, PA. Ray Feick, 610-754-6007; ray feick@peoplepc.com
June 4. Superweight & Ultra Weight Pentathlon, Gilbertsville, PA. See June 3.
June 6-11. Empire State Senior Games, Cortland, NY. 212-866-2794; www.empirestate games.org
June 9-11. Rhode Island Ocean State Senior Olympics, Providence. Mike Lyons, 401-431-5007.
June 11 & 25. Potomac Valley TC Meets, Langley HS, McLean, VA. 7:30 am. 703-481-3530; www.pvtc.org
June 15-18. Massachusetts Senior Games, Springfield. 413-748-3810; www.masenior games.org
June 26-July 1. Pennsylvania Senior Games, Shippensburg. 570-823-3164; www.keystone games.org
July 22. USATF East Regional Masters Championships, Springfield, MA. USATF-NE, 2001 Beacon St., Ste. 207, Brighton, MA 02135-7787; 617-566-7600.
September 9. Maine Senior Games, Portland. Anita, 207-396-6500; Jerry, 729-6180.

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

March 18. Spring Fling #1, NTC, Clermont, FL. 352-241-7144, x4206; www.usantc.com
March 23-25. North Carolina A&T St. U. Aggie Relays, 100m for M45-49 only. Al Bethune, 336-324-5301, or 334-7552.
April 8. Spring Fling #2, NTC, Clermont, FL. 352-241-7144, x4206; www.usantc.com
April 14-15. USATF Georgia Association Masters Championships, Savannah St. U. Jim Hite, PO Box 717, Millen, GA 30442; 478-982-4881; jimjoyce34@bellsouth.net; online registration www.active.com
April 27-30. Louisiana Senior Olympic Games, Baton Rouge. 225-925-1748; www.log.net
April 30. USATF-FL M/O Weight Pentathlon Championships, Venice. Bob Voege, 230 Wetherby St., Venice, FL 34293; 941-493-4113; 468-6290(c).
May 5-7. Alabama Senior Olympic Games, Montgomery. Ronne Floyd, 334-242-4496.
May 5-7. Southeastern U.S. Masters Meet/USATF Southeast Region/NC-USATF Association Masters Championships, Duke U., Durham, NC. 10K/20K RW in Raleigh, NC. www.southeasternmasters.org.
May 7-12. National Veterans Golden Age Games, Hampton Roads, VA. Sherilyn Fails, 405-270-1571.
May 15-17. Mississippi Senior Olympics, Clinton. 601-925-7994; www.msseniorolym.org
May 17-20. South Carolina Senior Sports Classic, Florence. Carl Hurst, 803-772-0363.
May 27. Florida AC Classic, NTC, Clermont, FL. 352-241-7144, x4206; www.usantc.com
June 10. USATF Florida Championships, Clermont, FL. 352-241-7144, x4206; www.usantc.com

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

March 3. Mason-Dixon Games Masters & Open Indoor Championships, Broadbent Arena, Louisville, KY. 502-875-2904; fmilav cic@aol.com. Application in January issue.
March 5. USATF Midwest Regional Masters Indoor Championships, Carthage College, Kenosha, WI. PV on 4th. Steve Cohen, scohen @komdr.com; Jeff Watry, 217-367-8438, x152
June 16-18. Indiana Senior Games, Evansville. Steve Paltrow, 812-464-7800; 800-253-2188.
July 16-21. Gay Games, Chicago, IL. www. gaygameschicago.org
June 22-24. West Virginia Senior Sports Classic, Charleston. 304-346-2154; www.wvssc.com

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, S. Dakota

March 5. USATF Minnesota Indoor Championships, UM Field House, Minneapolis. 952-380-5823; www.usatfmn.org
June 4., Jolly Jogathon Meet, Marysville, KS. No entry fee. Cleve Walstrom, 1006 Broadway, Marysville, KS 66508. 785-562-3050.
June 8-11. Iowa Senior Olympics, Des Moines. 515-633-5011: iowaseniorolympics.org
June 21-25. Colorado Rocky Mountain Senior Games, Greeley. 970-350-9433; www.greeley gov.com
June 22-25. Missouri State Senior Games, U. of Missouri, Columbia. 573-882-1462; www.smsg.org
June 23-24. North Dakota Senior Games, Fargo. 701-298-6980; www.fargoparks.com
June 23-30. Minnesota Northland Senior Games, Duluth. Erin Wenneson, 218-626-4521.

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

April 8. Acadiana District Senior Games, UL-Lafayette track. M&W40+. Charlie Richard, 337-262-5990, x13.
April 22. El Paso Senior Games Meet, Irvin HS, El Paso, TX. Julie Belcher, 1800 Byron St., El Paso, TX 79930. 915-562-4268.
May 6. USATF South Texas Association/Lions Championships, Elgin. waterlootrackandfield.org
July 15. USATF Southwest Region Championships/Lions Relays, Lake Travis HS, Austin, TX. waterlootrackandfield.org

WEST

Arizona, California, Hawaii, Nevada, New Mexico

March 4, 11, 19, 25. HMTC Meets, Kaiser HS, Honolulu. 19th-Pent. 735-6366; www.hmtc.org
March 12. Team Thor USA Throws Meet, UC-San Diego, LaJolla. Scott Sargeant, 619-920-3469; www.teamthor.com
March 12. Bay Area Senior Games, Cobb Track & Angell Field, Stanford U. CA. M&W 50+. 50+ Lifelong Fitness, 2483 E. Bayshore Rd., Suite 202, Palo Alto, CA 94303. 650-843-1750; info@50plus.org; www.50plus.org
March 13 (Mon.). Green Valley Seniors Meet, Green Vallley, AZ. Karen Rans, 520-625-3440, x216; karen@gvrec.org
March 19. Henderson Senior Games, Henderson, NV. Henderson Parks & Recr., PO Box 95050, Henderson, NV 89009-5050. 702-267-4040.
April 8, 16, 23, 30. HMTC Meets, Kaiser HS, Honolulu. 23rd-Weight Pent. 735-6366; www.hmtc.org
April 9. Team Thor USA Throws, UC-San Diego, LaJolla. Scott Sargeant, 619-920-3469; www.teamthor.com
April 22. Masters Shuttle Hurdle Relay, Mesa CC, Mesa, AZ. Jeff Davison, jad-calif@cox.net
May 6. HMTC Meet, Kaiser HS, Honolulu. 735-6366; www.hmtc.org
May 12-14. Sacramento Sports Classic, Sacramento, CA. Maryjane Ortiz, 916-277-6046.
May 14. Team Thor USA Throws Meet, UC-San Diego, LaJolla. Scott Sargeant, 619-920-3469; www.teamthor.com
May 27. 2nd annual San Clemente Masters Meet, San Clemente HS, CA. Dan Johnson, coach, fax: 949-766-1318; www.tritonrun ning.com
May 28-29. HMTC Decathlon, Kaiser HS, Honolulu. 735-6366; www.hmtc.org
June 3-17. California Senior Games Championships, Pasadena. 626-685-6754; www.californiaseniorgames.com
June 10. Team Thor USA Throws Meet, UC-San Diego, LaJolla. Scott Sargeant, 619-920-3469; www.teamthor.com
June 29. LGAA/Mizuno All Comer Meets, Los Gatos, CA. $4 entry fee, unlimited events. All ages. Rick Milam, 408-275-9448; 241-6578.
July 6, 13, 20, 27. LGAA/Mizuno All Comer Meets, Los Gatos, CA. $4 entry fee, unlimited events. All ages. Rick Milam, 408-275-9448; 241-6578.
August 3 & 10. LGAA/Mizuno All Comer Meets, Los Gatos, CA. $4 entry fee, unlimited events. All ages. Rick Milam, 408-275-9448; 241-6578.

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

March 18. Portland All-Comers Meet, La Salle HS, Milwuakie, OR. 10:00 am. Entry fee: $4 for adults. http://www.xro.com/run/LaSalleACmeet.html
June 8-10. Montana Senior Olympics, Bozeman. Kay Newman, 406-586-5543; kayjn@imt.net.
June 10-11. Portland Masters Classic/Oregon Association Championships, Mt. Hood CC, Gresham. Paul Stepan, 3011 NE Linden, Gresham, OR 97030; 503-666-8950(h); lste pan@yahoo.com
June 24-25. 25th Hayward Classic/USATF Northwest Regional Masters Championships, Eugene, OR. Dick Lamster, P.O. Box 51532, Eugene, OR 97405; brem@uoregon.edu
July 22. Inland NW Masters Classic, Mooberry Track, WSU, Pullman, WA. Jeff Schaller, 435 SW State St., Pullman, WA 99163. 509-332-3148; jeffschaller@turbonet.com
August 12. Bend Masters Meet, Bend, OR. Suzi MacLeod, bendtrackmeet@yahoo.com
October 9-21. Huntsman World Senior Games, St. George, UT. T&F, RW, Road Races, Triathlon. Age 50+. Huntsman WSG, 1070 W. 1600 South, Ste. 103A, St. George, UT 84770. 435-674-0550; 800-562-1268; www.seniorgames.net

CANADA

March 11. Ontario Masters Indoor Championships. Toronto Track & Field Centre. 416-699-5818; www3.sympatico.ca/ontario.masters; douglasj.smith@sympatico.ca
July 21-23. Canadian Masters Championships. Moncton, New Brunswick. canadianmastersathletics.com; douglasj.smith@sympatico.ca

INTERNATIONAL

March 4-5. BMAF Indoor Championships, Cardiff. www.bmaf.org.uk
March 11-12. Thai Veterans Championships, Chiang Mai. psrisueb@hotmail.com
March 15-20. 2nd WMA World Indoor Championships, Linz, AUT. www.linz2006.com/eng
April 28-29. South Africa Masters Championships, Port Elizabeth. Johan Van Greunen, fax: 27 41 394 6152; Leo Benning, leobenning @lantic.net
May 28. NCCWMA 5K RW Championships, also 10K & 20K (must be able to finish in 2:00

ON TAP FOR MARCH

TRACK AND FIELD

Combined-eventers will return to Carthage College, Kenosha, WI, for the USA National Masters Indoor Heptathlon Championships, on the 4th-5th. Some will be among the masters headed for Linz, Austria, for the 2nd WMA World Indoor Championships, on the 15th-20th, who will have to hurry back for the 32nd USA National Masters Championships in Boston on the 24th-26th. Indoor regionals will be held in the Midwest along with the Heptathlon in Carthage, and in the East at Susquehanna U. on March 18. Fresh air seekers can head for outdoor meets in Nevada, Florida, Arizona, and California.

LONG DISTANCE RUNNING

The USA National Masters 50K Road Championships are set for Long Island, NY, on the 5th. The USATF-NJ 20K Championships, Newark; Sarasota, FL, Marathon; and Napa Valley, CA, Marathon; and Red Lizard 5 Miler, Portland, OR, also go off on the 5th. On the 11th, runners can opt between the Gate River Run 15K, Jacksonville, FL, or the Bayou City Classic 10K, Houston, and on the 12th, the Paul Spangler Fifty-Plus 8K, Stanford U., or the Kings Park, NY, 15K. A week later, the 18th-19th offers the Shamrock Races, Virginia Beach, VA; New Bedford, MA, Half-Marathon; Los Angeles Marathon; Women Running Wild 5K, Palm Springs, CA; and the Emerald Nuts Across the Bay 12K, San Francisco. The month ends with the USATF Inland NW 10K Championships, Ephrata, WA, and Kent City, MI, Ridge Run 15K on the 25th, and the NYRR More Marathon & Half-Marathon for Women, NYC, on the 26th.

RACEWALKING

The indoor 3000m RW Championships will be held on the 26th at Boston's Reggie Lewis Center.

hours), Hanlan's Point Island, Toronto, Ontario. Lily or Stafford Whalen 416-243-5413; stafford whalen@rogers.com; www.ontarioracewalkers.com

July 8-9. BMAF Championships, Birmingham, England. www.bmaf.org

July 19-30. European Veterans Athletics Association Championships, Poznan, POL. www.evacs2006.pl

August 24-27. NCCWMA Stadia Championships, Guatemala City, Guatemala.

November 2-12. South America Region Championships, Rio de Janeiro, Brazil. locho_arroyo@hotmail.com

September 4-15, 2007. (Opening ceremonies on the 3rd.) 17th WMA World Championships, Riccione, Italy. www.riccione .wma2007.org

March 12-17, 2008. 3rd WMA World Indoor Chammpionships, Clermont-Ferrand, France.

July-August, 2009. 18th WMA World Championships, Lahti, Finland.

LONG DISTANCE RUNNING

NATIONAL

March 5. USA National Championships/Long Island 50K Road, Long Island, NY. spolansky@aol.com; www.glirc.org

March 8-12. 49th RRCA National Convention, Hyatt Regency, Houston, TX. www.rrcahouston06.org

June 3. USA National Championships/Teva Mountain Games Spring Runoff 10K Trail, Vail, CO. mortiz@vailrec.com; www.tevamountaingames.com

June 17. USA National Championships/Mt. Washington Hill Climb, Gorham, NH. raceime@gsrs.com; www.gsrs.com

July 29. USA National Championships/White River 50 Mile Trail, Crystal Mountain, WA. searunco@aol.com; www.whiteriver50.org

August 26. USA National Championships/Headlands 50K Trail, Sausalito, CA. guypalmer@headlands50K.org; www.headlands50k.org

September 23. USA National Masters Championships/Heritage Oaks 10K, Paso Robles, CA. www.heritageoaksbank.com; www.usatf.org

October 1. USA National Masters Championships/Twin Cities Marathon, Minneapolis, MN. www.twincitiesmarathon.org; www.usatf.org

October 15. USA National Masters 5K XC Championships, Saratoga Springs, NY. George Regan, george@usatfadir.org

October 15. USA National Championships/DuPont Forest Trail Marathon, Asheville, NC. gregw@mchsi.com; www.ymcahendersoncounty.org

December 9. USA National Masters Club XC Championships, Golden Gate Park, San Francisco. M-10K/W-6K. Bill Quinslisk, billq@frontiernet.net; www.usatf.org

EAST

Connecticut, Delaware, Massachusetts, Maryland, Maine, New Hampshire, New Jersey, New York, No. Virginia, Pennsylvania, Rhode Island, Vermont

March 5. Newark Distance Classic 20K/USATF-NJ Championships, Newark, NJ. www.usatfnj.org

March 5. Boston Buildup 25K, Norwalk, CT. www.clubct.org

March 12. Kings Park 15K, Kings Park, NY. www;glirc.org; spolansky@aol.com

March 12. St. Patrick's Day 10K, Washington, DC. www.runwashington.com

March 12. Boston's Run to Remember 13.1 Mile & 5 Mile. 781-662-0091; bostonsruntoremember.org

March 19. New Bedford, MA, Half-Marathon. 508-993-1774; newbedfordhalfmarathon.com

March 25. National Marathon, Washington, DC. www.nationalmarathon.com

March 26. NYRR More Marathon & Half-Marathon for Women, NYC. 212-860-4455; www.nyrr.org/moremarathon

April 1. Nationwide Insurance Run for Aspire 10K, Plainview, NY. 516-349-7646; www.glirc.org

April 2. Cherry Blossom Ten Mile, Washington, DC. Limited to 10,000. www.cherryblossom.org

April 17. 110th BAA Boston Marathon. www.baa.org

April 17. Patriots Day 5 Miler, Portland, ME. 207-741-2084; www.MaineTrackClub.com

April 22. HMRRC Bill Robinson's 10K Masters Championships, Guilderland HS, Albany, NY. Jim Tierney, runnerjmt@aol.com

April 30. Runner's World Half-Marathon, Allentown, PA. www.runnersworld.com.halfmarathon

April 30. New Jersey Marathon & Long Beach Half-Marathon, Long Branch. 732-578-1771; www.njmarathon.org

May 7. Blue Cross Broad Street Run 10 Mile, Philadelphia. 215-683-3594; www.broadstreetrun.com

May 21. Car-a-mile Marathon, North Branch, NJ. www.caramilemarathon.com

May 21. Delaware Marathon, Wilmington. 302-654-6400; www.races2run.com

May 28. Vermont City Marathon, Burlington. 800-880-8149; www.runvermont.org

May 28. Nissan Buffalo Marathon. 716-694-5154; www.buffalomarathon.com

SOUTHEAST

Alabama, Florida, Georgia, N. Carolina, S. Carolina, Tennessee, Virginia

March 4. SEEDS Classic Rock 5K, Mobile, AL. 251-473-7223; www.pcpacers.org

March 5. Sarasota Marathon, Sarasota, FL. 941-266-8546; www.sarasotamarathon.com

March 11. Gate River Run 15K, Jacksonville, FL. 904-731-1900; www.gate-riverrun.com

March 11. Luck of the Irish 5K, Mobile, AL. 251-473-7223; www.pcpacers.org

March 11. McGuire's St. Patrick's Day 5K, Pensacola, FL. mcguiresirishpub@aol.com

March 18. Victoria Park 5K, Deland, FL. www.altavistasports.com

March 18-19. Shamrock Marathon, Half-Marathon & 8K, Virginia Beach, VA. www.shamrockmarathon.com

March 19. Bay to Bay 12K & 5K, St. Petersburg, FL. 727-367-RACE; www.runbaytobay.org

March 19. Germantown Half-Marathon, Germantown, TN. 901-331-3689; www.germantownhalfmarathon.com

March 25. Atlanta Women's 5K, Atlanta, GA. 404-231-9064; www.atlantatrackclub.org

March 25. Azalea Trail Run 10K, Mobile, AL. 251-473-7223; www.pcpacers.org

March 26. Knoxville Marathon/Relay & Half-Marathon, Knoxville, TN. www.knoxvillemarathon.com

April 1. Ukrop's Monument Avenue 10K, Richmond, VA. 804-285-9495; www.sportsbackers.org

April 1. Cooper River Bridge 10K, Charleston, SC. 843-937-4183; www.bridgerun.com

April 8. Charlotte RunFest Half-Marathon & 10K, Charlotte, NC. 704-377-8786; www.charlotteracefest.com

April 8. Pomoco Group/Running Crab Half-Marathon & 5K, Hampton, VA. 757-627-5386; ebrown@rmhcnorfolk.com

April 20. IOA Corporate 5K Orlando, FL. www.trackshack.com

April 29. Country Music Marathon & Half-Marathon, Nashville, TN. 800-311-1255; www.cmmarathon.com

May 5-7. Disney's Inaugural Minnie Marathon Weekend 5K & Women Run the World 15K, Walt Disney World, FL. disneyworldsports.com

May 21. Biltmore Estate 5K & 15K Classic, Asheville, NC. 232-0613; www.main.nc.us/kiwanisca/race06.htm

May 29. 27th Mercedes-Benz Cotton Row Run, Huntsville, Alabama. Download entry form: www.huntsvilletrackclub.org; register: www.active.com

MIDWEST

Illinois, Indiana, Kentucky, Michigan, Ohio, Wisconsin, West Virginia

March 4. Point Block 5 Mile, Stevens Point, WI. www.pointblockrun.com

March 12. St. Patrick's Day Corktown 4 Mile & 1.5 Mile, Tiger Stadium, Detroit. downto.hostme.com/corktownraces.htm

March 17 (Fri.) St. Patrick's Day 5K, Columbus, OH. www.ultrafit-usa.com

March 25. Kent City Ridge Run 15k & 5K, Kent City, MI. ccj_me@hotmail.com

April 8. Huntington Half-Marathon 7 5K, Huntington, WV. 304-634-5065; www.huntingtonroadrunners.org

April 29. Kentucky Derby Festival Marathon & Mini-Marathon/Relays, Louisville, KY. www.derbyfestivalmarathon.com

May 6. Indianapolis 500 Mini-Marathon & Finish Line 5K. 800-638-4296; www.500festival.com

May 7. Cincinnati Flying Pig Marathon. 513-721-7447; www.flyingpigmarathon

May 21. Cleveland Marathon, Half-Marathon & 10K, Cleveland, OH. 800-467-3826; www.clevelandmarathon.com

May 27. Mackinaw Bridge Run 5.6 Miles, Mackinaw City, MI. 1400 limit. www.mackinawcity.com

May 27-29. The Great Race Memorial Weekend, Goshen-Elkhart, IN. Half-Marathon, 5K & 10K. 574-296-5890; www.thegreatrace.com

MID-AMERICA

Colorado, Iowa, Kansas, Minnesota, Missouri, N. Dakota, Nebraska, S. Dakota

March 19. Human Race 8K/USATF-MN Championships, St. Paul. 952-380-5823; www.usatfmn.org

April 2. Fools Rive Road Race Mile & 8K, Lewiston, MN. 507-523-2859; www.foolsfive.com

April 2. Platte River Half-Marathon/USATF-CO Championships, Littleton. 303-220-1037; www.platteriverhalf.com

April 8-9. St. Louis Marathon/Relay & Half-Marathon, St. Louis, MO. 314-727-0800; stlouismarathon.com

April 29. Get in Gear 5K & 10K, Minneapolis. 612-722-5414; www.getingear10k.com

May 20. Olathe Marathon/Relay & 5K, Olathe (Kansas City), KS. 800-921-5678; www.ok.olathemarathon.com

SOUTHWEST

Arkansas, Louisiana, Mississippi, Oklahoma, Texas

March 11. Bayou City Classic/RRCA 10K National Championships, Houston. www.bayoucityclassic.org

March 5. Little Rock Marathon, Little Rock, AR. www.littlerockmarathon.com

March 11. St. Patrick's Day 5K, Tulsa, OK. 918-481-1234; www.sook.org

March 11. Beacon on the Bay 25K/USATF-OK Championships, Oklahoma City. DG Productions, 12120 Hickory Creek Blvd., Oklahoma City, OK 73170. www.usatf.org/assoc/ok

March 26. TransMountain Challenge 20K, El Paso, TX. 915-546-6129; mvillalva@elpasotimes.com

April 2. Big D Texas Marathon, Dallas. 972-235-2513; www.texasmarathon.com

April 8 & 9. Red Bud Half-Marathon, 5K & 10K, Oklahoma City. 405-842-8295; www.redbud.org

April 30. Oklahoma City Memorial Marathon. www.okcmarathon.com

May 13. Sooner State Games Half-Marathon, 5K & 10K, Oklahoma City. 405-236-5000; www.soonerstategames.org

WEST

Arizona, California, Hawaii, Nevada, New Mexico

March 4. Great Race of Agoura 5K & 10K, Agoura Hills, CA. 818-313-2102; GreatRaceofAgoura.com

March 5. Palm Springs Half-Marathon, Palm Springs, CA. www.kleinclarksports.com

March 5. Napa Valley Marathon/RRCA National Championships, Napa, CA. 707-255-2609; www.napavalleymarathon.org

March 12. Paul Spangler Memorial Fifty-Plus 8K/Pacific Assocation Championships & Racewalk, Stanford U. CA. Separate races for 50+ and Open. 50+ Lifelong Fitness, 2483 E. Bayshore Rd., Suite 202, Palo Alto, CA 94303. 650-843-1750; info@50plus.org; www.50plus.org

March 19. L.A.Marathon XXI & 5K, Los Angeles. 310-444-5544; lamarathon.com

March 19. Women Running Wild 5K, Palm Springs, CA. Also men's race. 760-324-7069; www.kleinclarksports.com

March 19. Emerald Nuts Across the Bay 12K, San Francisco. www.rhody.com

March 26. Mercury News Half-Marathon & 10K, San Jose, CA. 415-284-9493; www.mercuryrunwalk.com

April 1. Agua Dulce Lions 5K, Agua Dulce, CA. 661-268-0230.

April 9. Carlsbad 5000, Carlsbad, CA. 800-311-1255; www.eliteracing.com

April 15. Pat's Run 4.2 Mile, Tempe, AZ. 602-274-1988; www.patsrun.com

April 30. Pat's Run 4.2 Mile, San Jose, CA. 602-274-1988; www.patsrun.com

April 29. Southern California Hillsea 7.57 Mile, Huntington Beach, CA. Staggered start based on age/sex. Final running of this event. 714-841-5417; www.nealand.com/finishline

May 7. Marathon de Mayo, Half-Marathon, 10K, & 5K, Reno, NV. www.MarathonDeMayo.com

May 7. Avenue of the Giants Marathon, Half-Marathon & 5K, Humboldt Redwoods St. Park, CA. www.theave.org

May 13. 5K Spring into Health, Whittier, CA. 714-841-5417; www.nealand.com/finishline

NORTHWEST

Alaska, Idaho, Montana, Oregon, Utah, Washington, Wyoming

March 4. Shamrock 5 Mile, Central Point, OR. 541-779-1214; southernoregonsizzlersrunning club.org

March 5. USATF-OR Grand Prix/Red Lizard 5 Miler, Portland. www.usatf-oregon.org

March 12. Henry Weinhard's St. Patrick's Day Day 3.5 Miles, Seattle. 800-343-4411; www.stpatsdash.com

March 12. Shamrock Run 5K, 8K & 10K, Portland, OR. 503-638-4131; HamiltonEvents@aol.com

March 25. USATF Inland NW 10K Championships, Ephrata. 509-754-4251.

April 8. USATF-OR Grand Prix/Pear Blossom 5K & 10 Mile, Medford, OR. 541-535-1205; www.usatf-oregon.org

April 9. Race for the Roses Half-Marathon & 5K, Portland, OR. www.race4theroses.org

May 7. Lilac Bloomsday 12K, Spokane, WA. www.bloomsdayrun.org

May 20. Fargo Marathon/Relay, Half-Marathon & 5K, Fargo, ND. www.fargomarathon.com

May 21. Capital City Marathon & Half-Marathon, Olympia, WA. CCMA, PO Box 1681, Olympia, WA 98507.

May 27. USATF-OR Grand Prix/Eugene Challenge Mile, Eugene, OR.

CANADA

May 7. Vancouver International Marathon. 604-872-2928; www.vanmarathon.ca

May 27-28. ING Ottawa Marathon, Half-Marathon & 10K. 866-RUN-OTTA; www.runottawa.ca

INTERNATIONAL

March 5. BMAF XC Championships, Bournemouth, England. 7 Sandford Court, 32 Belle Vue Road, Bournemouth BH6 3DR, England; www.bmaf.org.uk

March 19. Mexico National Masters XC Championships, Saltillo. pedro_delgadomarinez@yahoo.com.mx

April 9. Paris Marathon, Paris, France. 800-444-4097; wwwmarathontours.org

April 23. Flora London Marathon, London, England. 800-444-4097; wwwmarathontours.org

June 18. BMAF 5K Road Championships, Horwich, England. www.bmaf.org/uk

September 23-24. WMA/WRMA Mountain Running Championships, Saillon, SUI. www.world-masters-athletics.org

RACEWALKING

March 26. USA National Masters Indoor RW Championships, Boston, MA. 3000m. See T&F-National above.

April 2. Bill Mathews Memorial USATF-FL 10K RW Championships/USATF-SE Masters 10K RW Championships, Lake Claire Recr. Area, Orlando. Rob Carver, 407-898-8633.

April 15. USATF-MN 5K RW Championships, St. Louis Park, MN. 651-330-9355; twincitiesracewalkers.org

May 17. USA National Masters 15K RW Championships, Riverside, CA. Dave Snyder, lyndavel@juno.com

August 4 & 6. USA National Masters RW Championships, Charlotte, NC. 5000m on 4th/10K on 6th.

September 10. USA National Masters/Open 40K RW Championships, Ocean Township, NJ. Elliott Denman, 732-222-9080.

October 15. USA National Masters/Open 1-Hour RW Championships, Waltham, MA. Steve Vaitones, office@usatfne.org

November 12. USA National Masters 20K RW Championships, Clermont, FL. Don DeNoon, 352-241-7144, x4206; noonwalk_992yahoo.com ❑

2006 USA Masters Outdoor Track & Field Championships

EVENTS

100m	Relays	High jump
200m	5,000m race walk	Long/Triple jump
400m	10,000 race walk	Shot put
800m	Steeplechase	Pentathlon
1,500m	Short hurdles	Discuss throw
5,000m	Long hurdles	Hammer throw
10,000m	Pole vault	Javelin throw

ELIGIBILITY
Open to men and women 30 years of age and older by August 3, 2006

REGISTRATION
You must be a 2006 USATF member to enter the Championships. Online entry strongly recommended at www.usatf.org. Additional information is also available at www.usatf.org or www.carolinastrackandfield.org

TRAVEL/ACCOMMODATIONS
Several major airlines serve Charlotte with over 500 flights daily.

A block of rooms is secured at hotels and the UNC Charlotte dorms proximate to the track facility. For online hotel reservations, visit www.usatf.org or fax a housing form (also found on this site) to 704-347-1158.

August 3-6, 2006
Transamerica Field
Irwin Belk Track and Field Center, UNC Charlotte
Charlotte, North Carolina

Charlotte is located in the heart of the Carolinas where interstates I-85 & I-77 meet. It's just a three-hour drive to the beaches or scenic mountains of the Carolinas. In Charlotte, there is always something new to entice, interest and amaze. Charlotte's southern culture represents a colorful spectrum – the fine artwork of the Mint Museum – to the engine racing thunder of NASCAR that draws more than one million visitors each year. Whether you stay a day, weekend or longer, Charlotte and the Carolinas will keep you entertained. Visit the following web sites to plan your trip: www.visitnc.com; www.tourcarolinas.com; www.visitcharlotte.com.

USA MASTERS TRACK & FIELD CHAMPIONSHIPS CHARLOTTE, NC 2006

Visit Charlotte

USA Track & Field

CHARLOTTE SPORTS COMMISSION

U.S. Outdoor Masters Track & Field Rankings for 2005

Compiled by Dave Clingan, Larry Patz and Tom Higbie

100 Meters

M30
MAURICE GREENE 10.01
TIM MONTGOMERY 10.14
BRIAN LEWIS 10.16
JEFF LAYNES 10.30
JAKE JENSEN 10.65
JOHANN JACK 10.68
PASTON COKE *10.70
KURVIN WALLACE 10.71
ROBERT DRAPER *10.73
MAWENH KOUTY 10.74
DEMITRIUS SNAER 10.79
DARREM RITCHIE 10.85
DERRICK ARCHIE 10.86
JONATHAN CARTER 10.86
J SCANTLEBURY *10.97
JEFF CULPEPPER 10.99
ALFY PETTES 11.00
JEFFREY MACK 11.13
TROY FRASER 11.15
JOHN GILMER 11.16
HEANON TATE 11.22
MAURICE ENNIS 11.29
SEAN GOOOGAIN 11.32
HENRY JOHNSON *11.33
TECUMSEH PEETE 11.35
JEFFREY MACK 10.4h
DERRICK ARCHIE 10.6h
ALFY PETTES 10.9h
ADAM ALDERTON 11.1h
CAMERON GARDNER 11.3h
ERIC BRAMWELL 11.4h
RIGGINS KELVIN 11.5h
KELVIN RIGGINS *11.5h
UOMOIYA GLASS 11.6h
JASON REUTTER *11.6h

M35
ALEX ACOSTA *10.53
RON CLARK 10.70
BARNEY BORROMEO 10.83
TRENTON GUY 11.05
ROBERT THOMAS 11.07
ROD JETT 11.08
DERWIN HALL *11.10
REGGIE PENDLAND *11.13
SHERWIN STERLING 11.13
KIP JANVRIN 11.19
HAROLD LACEY 11.21
TECUMSEH PEETE 11.32
DAREN WELBORN *11.32
WHIT WHITAKER *11.34
MATT DEVINE 11.45
ART ANDERSON 11.48
DON DRUMMOND 11.52
CHUCK GREEN 11.52
JOHN SIMPSON *11.53
RICHARD HOLMES 11.54
ANDREW HIGGINS 11.61
CURTIS MOORE 11.67
JAMES SMITH 11.67
DAVID BOWERS 11.80
ASTON SCOTT 11.82
ANDREW HIGGINS 10.9h
JEROME ROBINSON 10.9h
ROBERT THOMAS *10.9h
FRED BARNETT 11.0h
TECUMSEH PEETE *11.0h
RICKY ERVINS 11.4h
CLINTON AURELIEN 11.5h
CURTIS MOORE 11.6h
ROGER BLY *11.7h
DAVID BOWERS 11.7h
WHIT WHITAKER *11.7h

M40
WILLIE GAULT 10.49
AARON THIGPEN 10.68
KETTRELL BERRY 10.80
DON FIELDS 11.23
RAWLE CRICHLOW 11.27
ORLANDO MATTHEWS 11.29
COURTNEY MUHAMMAD 11.30
TRENT HAGLER *11.36
DEREK HOLLOWAY 11.36
LESTER LAFRANCE *11.36
FRANK STRONG 11.38
CHRIS FAULKNOR 11.39
ROGEST CHARLTON 11.53
WILLIAM MARSHALL 11.53
KIP JANVRIN 11.56
TOMMY BAKER 11.58
JEROME CADORET 11.59
GERALD CROCKER 11.59
JEFF GOLD 11.61
ERIC MERRIWEATHER 11.66
MARCUS SHUTE 11.70
ROBERT HARDING 11.71
HENRY ANDRADE 11.72
TONY HOLLAND 11.72
HOWARD LINDSAY 11.72
DON FIELDS 10.4h
ERIC MERRIWEATHER 10.9h
COURTNEY MUHAMMAD 11.0h
JEFF GOLD 11.2h
JIM REILLY 11.2h
ROBERT HARDING *11.3h
AARON WALTERS 11.3h
TOMMY BAKER 11.5h
MICHAEL KOUNTZE 11.5h
DAN WEISS 11.5h

M45
ALLAN TISSENBAUM 11.21
KEVIN MORNING 11.28
VAL BARNWELL 11.32
MARTIN KRULEE 11.32
TONY FULTON 11.59
JAMES CHINN 11.61
TIM GRAF 11.61
J. SMITH 11.71
LOVELL BUTLER 11.77
B.J. DUHAN 11.78
BERNARD SCOTT *11.78
MICHAEL KOUNTZE 11.80
RAPHAEL AUGUST 11.83
EVERAD SAMUELS 11.83
ERIC DIXON 11.87
LINDY RANEY 12.00
TONY DISALVO 12.01
WILLIAM BROWN *12.03
BRIAN HANKERSON 12.05
RICK EVANS 12.07
VERNON PITTMAN 12.08
MARK PASOS 12.11
MICHAEL WALLES 12.22
HILLEL KATZEFF 12.23
DAVID NEUMANN 12.26
TIM GRAF 11.0h
KEVIN MORNING 11.1h
TONY FULTON 11.2h
VAL BARNWELL 11.4h
JAMES CHINN 11.4h
DARRELL GREEN 11.4h
LOVELL BUTLER 11.6h
RICK EVANS 11.6h
KAESTNER MCDONNOUGH 11.6h
GLENN REID 11.7h

M50
BILL COLLINS 11.43
OSCAR PEYTON 11.47
THOMAS JONES 11.63
RANDY WILLIAMS 11.70
ROBERT BOWEN 11.75
JIM ROSS *11.85
GREG PIZZA 11.95
EDWARD GONERA 12.02
JOHN BROOKS 12.05
THOMAS SMITH *12.12
EDWARD JAMES 12.17
DAVID ORTMAN *12.19
STEVE KLOCH 12.20
RICHARD RIDDLE *12.20
NEIL STEINBERG *12.24
MARK HASTINGS *12.32
CHARLES WILLIAMS 12.32
CHARLIE POWELL 12.34
MARK JONES 12.40
JESSE THOMAS 12.49
WAYNE FISHER 12.50
NATE ROBERTSON 12.51
STACEY PRICE 12.53
GARY LEIGH 12.54
TERRY MCKECHNIE 12.54
ANTHONY SEARLES 11.5h
MARK JONES 11.7h
NEIL STEINBERG 11.8h
HUBERT EVANS 11.9h
MICHAEL FORTUNATO *12.0h
ROB DUNCANSON 12.3h
DAVID ORTMAN *12.3h
GARY LEIGH 12.4h
ANTHONY MARKLEY 12.4h
TERRY MCKECHNIE 12.4h
SABE ONYEPUNUKA 12.4h
JACK TILLET *12.4h

M55
STAN WHITLEY 12.02
CHARLES ALLIE 12.05
RALPH PETTERSON 12.08
MARION MCCOY 12.20
LAWRENCE LETTIERI *12.43
BILL THARPE 12.50
MICHAEL STEINMETZ 12.56
RAYMOND YECK 12.58
DONN IMRIE 12.59
KENRICK SMITH 12.59
TOM BASSETT 12.66
ERNIE STUCKI 12.73
JERRY SCRIVER 12.77
LEE HESS 12.78
MAC AZUOGU 12.80
TIM MONTGOMERY *12.85
ANDREW GIPSON 12.86
DAVID COTNER *12.87
LLOYD HATHCOCK *12.88
MARK LESNIAK 12.88
ZBIGY. ZLOBICKI *12.91
STEPHEN BATES 12.92
GREG MARSHALL 12.95
PATRICK LYONS *13.00
VANCE JACOBSON 13.01
DAVID WESTOVER *13.01
STAN WHITLEY 12.2h
DAVID COTNER *12.3h
LLOYD HATHCOCK 12.5h
PATRICK LYONS 12.5h
PAUL MARTIN 12.5h
MICHAEL DANIELS *12.6h
RICK LAPP 12.6h
RAYMOND YECK 12.6h
LAWRENCE LETTIERI 12.8h
GREG MARSHALL 12.8h

M60
STEPHEN ROBBINS 12.26
TED KALAIDI *12.31
DONALD NEIDIG 12.35
ROGER PIERCE 12.37
COURTLAND GRAY *12.55
PAUL EDENS 12.59
LES LANE 12.74
JAMES SNOOK 12.83
MELVIN FIELDS 12.85
ROBERT KOONTZ 12.85
SAMUEL HALL 12.89
LARRY BARNUM 12.91
SAI CHING 12.93
RICHARD JONES 12.98
WAYNE HANSEN 13.04
TYRONE BROWN *13.08
DON DENSON *13.08
WARREN GRAFF 13.10
DENNIS DAVIS *13.23
WALTER RITTE 13.39
TYRONE CARLIS 13.48
LIONEL HAMILTON 13.48
PAUL HENRY 13.48
DAN HANSMAN *13.50
CARNELL LEWIS 13.52
LARRY BARNUM *12.5h
ROBERT KOONTZ 12.6h
SAMUEL HALL 12.7h
THADDEUS MORRIS 12.8h
CLARENCE RAY *12.8h
DAN HANSMAN *12.9h
PAUL HENRY 12.9h
ALLEN HUFF *13.2h
JOHN DAVIS 13.4h
ROBERT NORTON *13.4h

M65
DOUG SMITH 12.82
ALBY WILLIAMS 12.86
STEVEN BOWLES 13.04
BOB LIDA 13.05
CHARLES DENSON 13.07
JAMES PADDIE 13.12
DON DENSON *13.21
RICHARD OCKER 13.27
WAYNE BENNETT *13.29
MARION HARRISON 13.35
KENNETH DENNIS 13.36
WALT LANCASTER *13.37
MACK STEWART *13.45
EMIL PAWLIK *13.48
GARY SIMS 13.58
HARRY TOLLIVER 13.58
LARRY COLBERT 13.66
CHARLES BARTHOLOMEW 13.76
WILLIAM BITTNER 13.77
RICHARD CAMP 13.80
RAYMOND LEBOWITZ 13.99
HOWIE SAMPSON *14.17
PETER STOPOULOS 14.19
JAMES WAGNER *14.20
WILLIAM BURCH *14.22
DENNIS BUSS 14.22
RONALD KIRKPATRICK 14.22
ALBY WILLIAMS 12.5h
DOUG SMITH 12.6h
STEVEN BOWLES *12.7h
BOB LIDA *12.9h
WILLIAM BITTNER 13.3h
KENNETH DENNIS 13.3h
FRED KJER 14.1h
TONY DEATHERAGE *14.2h
JERRY BARTON 14.4h
DAVE DOERRER 14.4h

M70
BOBBY WHILDEN *12.76
DICK RICHARDS 13.63
PAUL JOHNSON *13.79
ROBERT CONZEMIUS 13.88
DENNIS MELANSON *13.92
LLOYD WILLIAMS *14.09
ROBERT REID *14.16
ALAN BREVIK *14.20
ANDREW BRANCH *14.35
RON BROWN 14.36
ROBERT HEWITT 14.46
JAMES LEGGITT 14.55
THOMAS PHILLIPS *14.55
PAUL WILLIAMS *14.55
JOHN POLEVY *14.58
WALTER PALMER *14.75
BOB GOLLY 14.83
CHARLIE RICHARD *14.87
ROGER TSUDA 14.92
WILLIAM JANKOVICH *14.93
SAMUEL FLORY 15.08
IAN DRESCHER 15.09
RAYMOND GRAVES 15.11
WILLIAM CLARK 15.14
RAY FRANKS 15.16
WILLIAM CLARK 14.6h
RAYMOND GRAVES 14.8h
FRANK WELCH 15.2h
DONALD KANE *15.7h
FERNANDO DUARTE *16.2h
JOE VAUGHN *16.7h
AVERETT TOMBES 17.7h

M75
KEITH CURTIS *14.00
HARRY BROWN *14.07
JAMES STOOKEY *14.12
DON CHEEK *14.48
FRANK BOLLINGER 14.75
ANDY ANDERSON 14.83
YILMAZ ERYASA 14.92
PAUL BAMBROOK 15.01
WILLIAM MELVILLE 15.04
WILLIAM PLATTS 15.10
FRANK GIAIMO *15.22
EDWARD LISKOVEC 15.23
LOUIS BEADLE 15.29
PAUL EVANS *15.32
EDWARD COX 15.37
AL ESCOBOSA 15.63
CHARLES BAKER 15.66
RODNEY BROWN 15.73
JIM SELBY 15.77
ROBERT BRUCE *15.78
JACK GREENWALD *15.82
WILFORD SCOTT *15.87
HOWARD BYERS 15.90
DEAN SHAWN 15.92
LEE CONWAY 15.93
DON CHEEK 14.1h
NORM LESAGE 14.8h
WILLIAM PLATTS *14.8h
BYFORD REED *15.9h
ANDY ANDERSON 16.1h
CHARLES MAHLER *17.4h
CHUCK SOCHOR 17.4h
LAWRENCE GRECO *18.3h
JACK GILBERT *19.3h
WAYNE KELLER *19.8h

M80
MELVIN LARSEN 14.94
CHARLES MODLIN *15.65
CHARLES WILSON 16.04
CURT DAVISON *16.28
RAOUL RODRIQUES *16.41
SAM MADIA *17.55
OSCAR HARRIS 17.62
FRED HIRSIMAKI 17.65
SAM MUNIWEERA *17.66
JIM MANNO 17.71
THOMAS KENNELL 17.87
CHARLES KEENAN *17.91
BILL BALLANTINE 17.99
EARL SWEENEY *18.03
HOWARD HALL *18.10
RAYMOND BOWER *18.37
BOB WINGO 18.38
TOM PITSALIS 18.40
NILE RUSSELL *18.77
JACK HIPPLE *19.02
ROBERT KRAIS *19.04
HARRY BALDOUMAS *19.29
GEORGE BUTCHKO *19.40
TED MCDADE *19.85
JACK HIPPLE 20.96
JIM MANNO 17.1h
LEONARD TRITSCH *17.6h
KOBE ROBINSON 19.1h
GEORGE BUTCHKO 19.7h
DONALD WATSON *20.0h
JOHNNY GIBSON 22.9h

M85
DAN BULKLEY 16.76
RODERICK PARKER 16.82
JOHN MEANS *16.96
RALPH MAXWELL 17.17
ED CARTER 17.82
MILTON SILVERSTEIN *18.07
CHAMPION GOLDY 18.48
JOHN ALEXANDER *19.42
FREDERIC TOMPKINS 19.51
SEYMOUR DUCKMAN *20.23
BOB MATTESON *21.15
ARMANDO ESTANOL *21.50
JOHN ANOKA *21.93
JOHN SMARTT 22.56
ROBERT RUOZZI *23.26
GEORGE RYFFEL 23.32
JAMES WIGGINS 24.25
WALTER ZIEGLER *25.43
HUGH HACKETT 27.03
TERRY SCOTT *31.92
DOC BENNETT *39.95
CLAUDIS HAWKINS *53.00
FREDERIC TOMPKINS 21.4h
KONRAD SLAUGHTER 23.6h
PAUL HALL 26.2h

M90
CLARENCE TRAHAN *17.30
DONALD PELLMAN 17.83
JAMES HAMMOND *19.90
JOHN BOESENHOFER *21.76
MURPHY DOMINGUES *21.78
FREDERICK WINTER *24.18
FRANK LEVINE *33.08
ADOLPH PESCHKE 37.63
CARL MANCUSO 28.9h
MARNIKON POGOSBEKOF *42.7h

W30
INGER MILLER 11.46
CAROL AIKELS 12.24
L AYETOTCHE-PARKER 12.36
DENA BIRARS 12.45
PRISILA JACOBS 12.54
JILL CYPRESS-TURNER 12.83
KATEENA BUGG 13.32
RACHEL GUEST 13.40
APRIL HOLMES 13.70
AMY BYAL 14.09
DEONNE DOUGLASS 14.14
MONICA YONES *14.35
LADONNA REED 14.43
CARLINA WHITE 14.72

W45
DEBORAH MCCARTY 12.51
PEGGY WILSON *13.55
DENISE MCFIELD 13.63
MARTHA MENDENHALL 13.93
EDELZA KNIGHT 14.19
MIMI NEY 14.73
BELINDA MCCOY 14.81
ELLEN MAUSS 15.03
MARY DEXTER 15.29
HILLARY CLAYSON LOEB 15.32
JULIA BARBER 15.58
SUSAN CICCOLINI 15.75
DEBBIE SELBY 15.84
ELIZABETH WALSH 16.40
AMY HADDAD 14.24
ELAINE BODA 14.32
ABERDEAN MORTON 14.44
VIRGINIA WHITFIELD 14.58
LAURIEA BLUME 14.68
JACINTA TATUM 15.86
STEPHANIE WILLIAMS 15.91
SARAH LARSEN 16.58
TERRI LOWE 17.30
MANEE COLEMAN 13.2h
NEDENIA WEST 13.3h
AMY BYAL 14.2h
REBECCA CONNOLLY *14.3h
LAURIE MICHAEL *15.3h
CLAIRE NICHOLAS 15.4h

W40
JOY UPSHAW-MARGERUM 12.69
VERONICA AMARASEKARA 12.86
M MILLIGAN-JACKSON 13.23
RENEE HENDERSON 13.43
BARBRA TURKDAMAR 13.60
J JACKSON-MATTHEWS 13.65
MONIKA CALDWELL 13.85
REGINA RICHARDSON *13.88
KATHLEEN SHOOK 13.91
SARAH LAWSON 14.27
LINDA BUTLER *14.40
ELAINE IBA 14.42
ANGELA NEALY 14.51
DENISE WILLARD 14.63
LORIE HODKIEWICZ 14.80
TIFFANY WILSON *14.86
SARAH ANNE O'CONNELL 14.87
DEBBIE ZAKERSKI 15.02
PAULA FORTUNA 15.14
ANDREA TROUPE *15.25
CYNTHIA MARKS 15.34
CATALINA CARLON 15.36
BRIDGET WITSELL 15.46
DIANE WILKISON 15.71
SARA SCHIERL 16.30
REGINA RICHARDSON *13.7h
KATHLEEN SHOOK 13.7h
TERRI RATH 14.8h
DENISE WILLARD 14.9h
SUZANNE DALOISIO 16.0h
SUE WAFFLE 16.7h
BECKY HARTLEY 17.3h
KIM TAYLOR *17.5h
KIM KLEES 17.6h
ANNE PASTORKOVICH 18.5h

W45
DEBORAH MCCARTY 12.51
PEGGY WILSON *13.55
DENISE MCFIELD 13.63
MARTHA MENDENHALL 13.93
EDELZA KNIGHT 14.19
MIMI NEY 14.73
BELINDA MCCOY 14.81
ELLEN MAUSS 15.03
MARY DEXTER 15.29
HILLARY CLAYSON LOEB 15.32
JULIA BARBER 15.58
SUSAN CICCOLINI 15.75
DEBBIE SELBY 15.84
ELIZABETH WALSH 16.40
KAREN VAUGHN 16.41
ELIZABETH MONDAY 16.50
GIOVANNA AGUILERA 17.03
CATHLEEN WARMERDAM 17.07
RENEE PAWLAK 17.17
CHRIS CHAN 18.08
BONNIE HOLZMAN 18.08
JONI CHIN 18.14
FELICIA WEBSTER 18.34
ROSE SEARCH *18.37
ANN MARIE JONES 19.85
EDELZA KNIGHT *14.4h
BONNIE HAUCK 16.8h
CATHLEEN WARMERDAM 16.8h
WENDY KENDALL *18.3h

W50
RITA HANSCOM 13.30
JACQUELINE BOARD 13.67
SHARON WARREN 13.97
BRENDA COOK *14.21
JOCELYN LOWTHER 14.28
IRENE THOMPSON 14.37
JANET WEBB *14.66
JEANNE BOWMAN 14.71
KAY GLYNN 14.88
GAIL KANTAK *14.95
LINDA COHN 15.20
SACIA VIK 15.29
SUSAN MCDERMOT *15.39
ONEALA O'BRIANT *15.41
PEARL YEARWOOD *15.41
DENISE GOWDER *15.45
MAUREEN HALLORAN *15.49
DEBORAH ROBINSON 15.51
REBECCA MITCHELL 15.57
ELEANOR GIPSON *15.58
MARY JILKA 15.73
DEBORAH FELTZ *15.77
CLAUDIA SIMPSON *16.03
ROBYN STASZKOW 16.13
DINAH ANDERSON *16.68
JACQUELINE BOARD 13.7h
MARY JILKA *15.1h
DENISE JANNECK 15.6h
LORENE ENGLAND *18.2h

W55
PHIL RASCHKER *13.97
BRENDA MATTHEWS *14.09
HILLEN VON MALTZAHN 15.02
AUDREY COX *15.18
LILLIE KELLEY 15.20
D VANDERCRUYSSEN *15.46
CANDY PUTERBAUGH 15.52
LINDA FORRESTEL 15.72
AVRIL NAYLOR 15.88
MARY WHITE *15.94
LORRAINE TUCKER 16.06
RHONA TROTT 16.18
BEATRICE KEARNEY *16.26
CHONG HAN *16.29
SHARADA SARNAIK *16.36
JOSEPHINE ROLDAN *16.52
NORMINAH ARTHUR *16.70
PATRICIA BONHOMME 16.76
CAROLINE COONEY *16.99
TEDDIE BELL 17.22

USATF GEORGIA ASSOCIATION MASTERS TRACK AND FIELD CHAMPIONSHIPS

MASTERS PENTATHLON CHAMPIONSHIP • USATF GEORGIA ASSOCIATION RACEWALKING CHAMPIONSHIP • OPEN TRACK AND FIELD COMPETITION

FRIDAY AND SATURDAY, APRIL 14-15, 2006

SITE: Savannah State University; Ted Wright Track; Skidaway and LaRoche Ave.
Championships for all athletes 30 years of age and over. Competition for athletes 19-29 years of age.
Out of region athletes are *welcome*!

MOTEL FOR PARTICIPANTS: Hampton Inn, Stephenson Ave. at Habersham, Savannah; 912-355-4100
25 rooms have been set aside at $67 per night, two double beds, non-smoking. Deadline for this rate is March 13, 2005. Reservations can be made only through AAA of Savannah. Call 912-352-8222, ext. 2237, ask for Debbie Bussell. If Ms. Bussell is not available, ask for Tamara Greene. State you wish to reserve a room for the USA Track and Field meet. Motel is a block east of Abercorn (GA 204), about three miles from Savannah State University.

INFORMATION: Jim Hite; PO Box 717; Millen, GA 30442; 478-982-4881; FAX: 478-982-9984
jimjoyce34@bellsouth.net • Coach Ted Whitaker; SSU; 912-351-3506

All participants must be members of USATF. Memberships will be available for purchase on site. You may also purchase a USATF athlete's number on-line at usatf.org, click on *membership*. **NO ONE** will be allowed to participate without a USATF athlete's number, which must be on the entry form.

USATF ASSOCIATION medals will be awarded to Georgia residents and to the top three open (19-29) in each event. Out of state participants will receive comparable place awards, but may not displace a Georgia athlete. $100 will be awarded to the masters athlete with the best age-graded performance. This event is sanctioned by USA Track and Field, and USATF Rules apply.

Deadline for entry is April 11, 2006.

ENTRY FEE: $15 for first event, includes T-shirt; $5 for each other event. Relay team: $10 per team, in addition to each individual's first event fee.

Timing by Finishlynx.
EMT will be on site, as will sports massage therapist (no charge to the athlete).

EVENT INFORMATION
10,000M run, 5000M walk and 5000M run: all age groups will compete in a single event. Age group identification will be on runners' backs.

Preliminaries: 100M, 200M, 400M, 100M/110M Hurdles: if eight or less are entered in any age group, no trials or heats will be contested in that age group and all entrants will move to the finals. If nine or more are entered in any age group, trials or heats will be run with heat winners and the next fastest times, completing a field of eight participants, advancing to the finals. **SINCE THE NUMBER OF PARTICIPANTS WILL BE KNOWN BY APRIL 12, YOU MAY CONTACT THE MEET DIRECTOR** (Jim Hite, at email and/or phone numbers listed above) **TO FIND OUT IF YOU WILL HAVE A PRELIMINARY HEAT. NORMALLY, THERE ARE VERY FEW, IF ANY, PRELIMINARY HEATS IN MASTERS ASSOCIATION MEETS, BUT TO MAKE SURE AND NOT TO BE LEFT OUT, CALL!!!**

RELAYS: Please indicate on entry which relay(s) you will enter. Teams are to be made up within 10-year age groups for masters, beginning with 30-39. Teams also will be made up of open (19-29) athletes. However, athletes may move down in age group for relays, but not up. **PLEASE SEND ALL FOUR RELAY ENTRY FORMS IN THE SAME ENVELOPE.** It is very time consuming to have to locate four entries before entering them as a team into the Finishlynx timing system. **(Register on line at active.com)**

NOTE 1: Age groups may be combined within events in the interest of time and/or competition, but awards will not be affected.
NOTE 2: In lane races, **runners must run in assigned lane!** This is extremely important when using an automatic timing system. *There will be no exceptions.*

Register on line at: active.com

SCHEDULE OF EVENTS

TRACK

Friday
7:15 p.m. Mile Run final (Women first, then Men)
7:30 p.m. 10,000m Run final (Women first, then Men)

Saturday

8:00 a.m.	5000M Race Walk	Everyone	Final
9:00 a.m.	5000M Run	Women	Final
9:30 a.m.	5000M Run	Men	Final
10:00 a.m.	100 Hurdles	PENTATHLON (W)**	
10:10 a.m.	Preliminaries 100M/110M Hurdles 100M/200M/400M	Men, Women	(a)
10:20 a.m.	4X100M Relay	Women	Final
10:25 a.m.	4X100M Relay	Men	Final
10:30 a.m.	1500M Run	Women	Final
10:45 a.m.	1500M Run	Men	Final
11:00 a.m.	80/100 Hurdles	Women	Final
11:15 a.m.	100/110M Hurdles	Men	Final
11:30 a.m.	400M	Women	Final
11:45 a.m.	400M	Men	Final
12:00 p.m.	100M	Women	Final
12:15 p.m.	100M	Men	Final
12:35 p.m.	800M	Women	Final
12:45 p.m.	800M	Men	Final
1:15 p.m.	300/400M Hurdles	Women	Final
1:25 p.m.	400M Hurdles	Men	Final
1:40 p.m.	3000M Steeplechase	Men	Final
2:00 p.m.	2000M Steeplechase	Men 60+, Women	Final (b)
2:15 p.m.	200M	Women	Final
2:25 p.m.	200M	Men	Final
2:40 p.m.	4X400M Relay	Women	Final
2:50 p.m.	4X400M Relay	Men	Final

FIELD

Saturday

9:00 a.m.	Long Jump (men first)
	High Jump (men and women)
9:40 a.m.	Pentathlon Long Jump (M)**
10:00 a.m.	Shot Put*
	Triple Jump (men first)
11:00 a.m.	Discus*
11:00 p.m.	Pole Vault (men and women; starting height to be determined on site)
12:00 p.m.	Javelin*

*NOTE: Shot put, discus and javelin implements will be available. Personal implements will be checked and approved for use in the competition on day of meet. PLEASE NOTE that those taking part in SP, DT, JT may do so AT ANY TIME within 55 minutes after the start of the event. This is to make it easier for those participating in events with conflicting times.

(a) If necessary
(b) Barriers for 2K SC are 36"

**PENTATHLON: Pentathlon events will start approximately 30 minutes after the completion of the previous event.

PLEASE NOTE: Running events could be moved forward up to 20 minutes, if conditions warrant. Athletes are urged to pay close attention to announcements throughout the day.

JEAN SEAGER 18.14
SHARON RAHAM 18.22
PATRICIA CALDWELL 18.35
MARY TROTTO 18.60
ANTOINETTE STENUF 18.77
LILLIE KELLY 15.2h
EVELYN WILSON *16.8h
MELINDA CARTER 19.2h
CAROL SIMONS *42.2h
W60
NADINE O'CONNOR 13.95
KATHY JAGER 14.60
SANDRA GUY 15.37
MARY ROBINSON *15.83
KARIN RESCHKE *16.06
LYNN NAFTEL 16.17
KATSUYO TETHERLY *16.20
ADLIN MAIR 16.81
LYNNE CLEWELL 16.84
BARBARA LEIGHTON 16.89
MARG RADCLIFF 16.91
MARILOU CRAMER 17.11
JOY MACDONALD 17.19
MARGARET KAUFMAN 17.28
CAROL HICKS 17.63
BARBARA ALLISON 17.75
JOANN SAMPSON *17.76
SUSAN ANDREWS *17.79
CAROL STRICKLIN *17.82
ANN CARTER *17.90
NANCY SWANSON 17.94
SUSAN MINOR 17.95
BRENDA ANDRIEU *18.08
CLAIRE GINGRAS *18.08
VIRGINIA FLEMING *18.30
KATHY JAGER 15.2h
LEXI DEHAVEN 15.8h
BARBARA LEIGHTON 16.7h
MARGARET KAUFMAN *16.9h
META JANE MORTENSEN 21.4h
W65
KATHY BERGEN 14.48
BARBARA JORDAN 15.93
JOYCE TRADER 16.33
DOROTHY HASKINS *16.58
ESSIE KEA *16.75
ELSBETH PADIA *16.90
MADELAINE CAZEL *17.20
SHELLY WHITLOCK *17.30
JEANNE DAPRANO 17.43
MARILYN ONGLEY 17.49
EVELYN WRIGHT *17.62
CHAR LANE *17.66
JIMELLA CRYER *17.70
BECKY SISLEY 17.82
LOUISE TRICARD 18.22
MARY ROMAN 18.41
SYLVIA BROOKS-SMITH *18.43
FRANCES MELZER *18.52
M COFFEE-CARNEY *18.82
BETSY BOSWELL 18.96
LANA KANE *19.25
JOYCE CURTIS 19.54
MARILYN RICKSON *20.96
NADINE RIHANI 21.78
MARJORIE SASIELA *22.13
EVELYN WRIGHT 17.3h
BECKY SISLEY 17.7h
SYLVIA BROOKS-SMITH *18.3h
LANA KANE 18.7h
W70
IRENE OBERA 15.12
AUDREY LARY 16.87
FLO MEILER *17.23
JEAN SCHOOLER *17.54
JANICE BILODEAU *17.60
MAGDALENA KUEHNE 18.44
FEI-MEI CHOU *18.71
MARILYN GUNDERMANN 18.72
JANET FREEMAN *19.02
RUTH NEFF 19.13
RUTH GERBER *19.26
DALMUTHA DAMMONS *19.40
JOAN BURGUESS *19.57
ANNE YUDELL *19.61
VALERA JONES 19.80
EDNA HYER 20.70
ROSALIA GIOIA *20.72
EDYTHE LEEK 21.32
GLORIA SANTARPIA 21.40
BARBARA ROTHWELL *21.54
PHYLLIS PROVOST *22.04
ROSEMARY DEJOODE 22.91
JEANNETTE CYR *23.26
CAROLYN DODD 24.32
JOAN BLAIR 25.49
AUDREY LARY 16.5h
JOAN BURGUESS 19.2h
PHYLLIS PROVOST *21.2h
MARJORIE MOORE 21.5h
W75
BEVERLY LIBBY *16.02
LEONORE MCDANIELS 16.88
ETHEL LEHMANN *17.77
FRANCES STYLES *19.12
PATRICIA PETERSON 19.38
GEORGIA JOHNSON *19.47
MARY ANN BOE *19.55
SUMI ONODERA-LEONARD 20.61
JOHNNYE VALIEN *20.66
BURTIE SMITH *21.26
SUSIE BARNES 21.57
SHIRLEY DIETDERICH 21.99
AGNES REINHARD *22.11
ANNE WHITE *22.32
BRIGITTE LANGER *22.44
MELICENT WHINSTON 22.90
FLORENCE DAGATA *23.70
JULIA MANIGO *24.16
ISABEL GARCIA *26.11
DOTTIE GRAY *26.84
FRANCES YOUNG 27.69
BETTY GAUDY 24.1h
W80
JOSEPHINE STEWART *18.93
JOHNNYE VALIEN 20.83
ANNE MCGOWAN *21.95
FLORA MCLEOD-SMITH 22.10
BARBARA GLADD *22.34
SARAH OVERTON *23.83
LUELLA MORRIS *24.12
AGNES CHAMBERS *25.58
WALLY DASHIELL *27.09
ALMA REID 27.73
H TREXLER-CAMPBELL *28.95
W85
MOLLY MACKOWN *23.80
CARLA CONVERY 32.06
LONA FLYNN *46.09
W90
MITTIE SEAWELL *33.54
EVELYN LUDWIG 1:05.13

200 Meters

M30
JEFF LAYNES 20.85
ALLEN JOHNSON 20.89
JAKE JENSEN 21.28
DERRICK ARCHIE 21.71
MICHAEL ROBINSON 21.73
ROBERT DRAPER *21.78
MARCEL CARTER *21.85
DEMITRIUS SNAER 22.11
JEFF CULPEPPER 22.13
ALFY PETTES 22.16
JOHN GILMER 22.21
TROY FRASER 22.47
HENRY JOHNSON *22.53
CEDRIC POLLARD 22.76
ADAM ALDERTON 22.81
JEFFREY MACK 22.81
ERIC CHAMBERLAND *22.91
TECUMSEH PEETE 22.94
DAMACIO GREEN 22.95
JOHANN JACK 22.99
JOE KRALIK *23.15
MICHAEL PATTERSON 23.23
LYNDELL PITTMAN 23.32
ERNNIE GRAYSON 23.48
KEDRICK WRIGHT 23.53
DERRICK ARCHIE 21.9h
ADAM ALDERTON 22.5h
ARDIAN KRASNIQI *22.8h
AARON HAYES 23.0h
VERNON WATERS 23.0h
JASON REUTTER *24.1h
RIGGINS KELVIN 24.3h
DARYL MITCHELL *24.9h
KELVIN RIGGINS *25.3h
CARDWELL WOOTEN 26.0h
M35
ALEX ACOSTA *21.67
RON CLARK 21.90
SHERWIN STERLING 22.14
ROBERT THOMAS 22.19
AARON PRATHER 22.58
TECUMSEH PEETE 22.73
SEAN MAYE 22.85
MATT DEVINE 22.89
HAROLD LACEY 23.04
LARRY GARDNER 23.18
DERWIN HALL 23.22
CURTIS MOORE 23.38
ANDREW HIGGINS 23.48
ART ANDERSON 23.58
KEONI MCHONE 23.67
CURTIS WARD *23.67
ROLLAN PARISH 23.74
JAMES SMITH 23.93
MICHAEL CHILES 24.02
CHUCK GREEN 24.07
ANTHONY BURKS 24.14
REGGIE PENDLAND *24.15
ASTON SCOTT 24.26
CLINTON AURELIEN 24.28
RAFER WEAVER 24.33
TECUMSEH PEETE *22.0h
ROBERT THOMAS *22.7h
ANDREW HIGGINS 23.2h
CURTIS MOORE 23.5h
DAVID BOWERS 23.9h
FRED BARNETT 24.0h
ZAKEE MADJUN 24.0h
MARC NESBITT 24.4h
WHIT WHITAKER *24.4h
NICK DAMALAS 24.7h
M40
WILLIE GAULT 21.49
KETTRELL BERRY 22.01
AARON THIGPEN 22.17
COURTNEY MUHAMMAD 22.70
PAUL BROWN 22.83
ORLANDO MATTHEWS 22.91
ROBERT HARDING 23.23
TRENT HAGLER 23.27
DAVID JONES *23.49
TOMMY BAKER 23.56
DON FIELDS 23.56
MICHAEL LABAY 23.56
WILLIAM MARSHALL 23.72
FRANK STRONG 23.76
HOWARD LINDSAY 23.82
HAROLD PIERCE 23.86
CHRISTIAN BODA 23.88
TONY HOLLAND 24.02
GERALD CROCKER 24.05
ALAN TUCKER 24.05
COREY MOODY 24.07
JEFF HAGEMAN *24.08
MICHAEL KOUNTZE 24.09
JIMSON LEE 24.13
MICHAEL NEEDHAM 24.15
KETTRELL BERRY 21.4h
JIM REILLY 22.9h
ROBERT HARDING *23.0h
WILLIAM MARSHALL 23.2h
MARCUS SHUTE *23.3h
TOMMY BAKER 23.4h
ERIC MERRIWEATHER 23.9h
AARON WALTERS 24.0h
CHARLES WEEKES 24.1h
DAN WEISS 24.1h
M45
KEVIN MORNING 22.47
ALLAN TISSENBAUM 22.63
VAL BARNWELL 23.16
JAMES CHINN *23.32
MARLON SAWYERS 23.33
WILLIAM AUSTIN 23.43
MARTIN KRULEE 23.68
EVERAD SAMUELS 23.80
TIM GRAF 23.82
J. SMITH 23.86
BENNIE JAMES 23.88
MICHAEL KOUNTZE 23.93
RAPHAEL AUGUST 24.05
ERIC DIXON 24.22
JEFF LINDSAY 24.27
HAROLD PIERCE 24.35
BRIAN HANKERSON 24.41
TONY FULTON 24.47
MARK PASOS 24.75
LINDY RANEY 24.79
ROGER DAVIS 24.80
RICK EVANS 24.88
PETE WILKINSON 24.88
DAVID DIMASSA 24.89
WILLIAM KOVALCZYK 24.95
KEVIN MORNING 22.5h
JAMES CHINN 23.1h
WINDE DICKINSON 23.1h
TONY FULTON 23.6h
J. SMITH 23.7h
TIM GRAF 23.9h
PHIL BUJALSKI 24.7h
MARK PASOS 24.7h
KAESTNER MCDONNOUGH 25.0h
RON MANION 25.2h
GLENN REID 25.2h
M50
OSCAR PEYTON 23.24
BILL COLLINS 23.36
THOMAS JONES 23.56
ROBERT BOWEN 23.94
CHRISTOPHER OSORIO 24.44
DAVID ORTMAN *24.57
GREG PIZZA *24.66
EDWARD GONERA 24.75
THOMAS SMITH *24.93
RICHARD DOUGLAS *25.02
STEVE WORLEY *25.02
ROB DUNCANSON 25.03
GARRY CRAWFORD 25.09
CHARLES WILLIAMS 25.14
RICHARD RIDDLE 25.28
FRANCIS SCHIRO 25.32
TRIP REYNOLDS 25.38
CHARLIE POWELL 25.40
NEIL STEINBERG *25.41
RONALD BOLEWARE *25.51
MARK HASTINGS 25.53
MARK JONES 25.54
GEORGE HAYWOOD 25.55
MICHAEL PANNELL 25.60
HUBERT EVANS 25.65
ARCHIE GLASPY 23.9h
ANTHONY SEARLES 24.3h
ROBERT BOWEN 24.5h
HUBERT EVANS 24.8h
GREG PIZZA 24.9h
NEIL STEINBERG 25.0h
GEORGE HAYWOOD 25.1h
MARK JONES 25.2h
ROBERT RICHARDSON 25.3h
ANTHONY MARKLEY 25.7h
M55
CHARLES ALLIE 24.25
RALPH PETTERSON 24.70
MARION MCCOY 25.09
MARK LESNIAK *25.15
BILL THARPE 25.43
STEPHEN BATES 25.67
KENRICK SMITH 25.79
MAC AZUOGU 26.03
RAYMOND YECK 26.07
LEE HESS 26.32
ERNIE STUCKI 26.35
DAVID COTNER *26.38
ZBIGY ZLOBICKI *26.44
DAVID WESTOVER *26.53
JAMES DOLEZEL 26.60
GREG MARSHALL 26.76
WARREN GRAFF *26.84
STUART RADLOFF *26.84
JAMES TERRY *26.86
GARY GEIGER 26.89
LLOYD HATHCOCK *26.89
JIMMY CRITTENDEN *27.06
VANCE JACOBSON 27.07
TIM MONTGOMERY *27.07
CHRISTOPHER JENSEN 27.10
STAN WHITLEY 24.9h
RICK LAPP 25.7h
VANCE JACOBSON *25.8h
DAVID COTNER *25.9h
RAYMOND YECK 26.3h
PAUL MARTIN 26.6h
GREG MARSHALL 26.7h
MICHAEL DANIELS *26.8h
RICHARD PARKER *26.9h
KEN RAGGIO *27.4h
M60
STEPHEN ROBBINS 24.87
ROGER PIERCE 24.99
PAUL EDENS *25.08
DONALD NEIDIG 25.24
MELVIN FIELDS 26.28
TED KALAIDI *26.36
LARRY BARNUM 26.65
ROBERT KOONTZ 26.65
SAMUEL HALL 26.83
SAI CHING 26.85
ROBERT BAKER 27.06
LINCOLN RUSSIN 27.21
ALLEN HUFF *27.31
RICHARD JONES 27.48
WAYNE HANSEN *27.60
PAUL HENRY 27.69
LES LANE 27.78
DENNIS DUFFY 27.81
FRANK STROUSE 27.85
GLENN SCHMEHL 27.86
WARREN GRAFF 27.90
RICHARD DUEZ *27.94
DON DENSON 28.09
PAUL GANSLE 28.12
FRANK BONHAM *28.13
SAMUEL HALL 26.3h
ROBERT KOONTZ 26.4h
PAUL HENRY 26.7h
PETE CLARKE *27.5h
DENNIS DUFFY 27.5h
LARRY NORRIS 27.7h
FRANK STROUSE 27.9h
GLENN SCHMEHL 28.2h
GARY COX 28.4h
PAUL GANSLE 28.4h
M65
BOB LIDA *26.53
DOUG SMITH 26.80
ALBY WILLIAMS 26.80
HARRY TOLLIVER 27.33
GARY SIMS 27.45
CHARLES DENSON 27.47
STEVEN BOWLES 27.53
WAYNE BENNETT *27.88
MACK STEWART *27.98
HOWARD WEISSER *27.98
MARION HARRISON 28.10
DON DENSON *28.17
EMIL PAWLIK *28.21
LARRY COLBERT 28.23
ROBERT COZENS 28.32
WALT LANCASTER *28.53
KENNETH DENNIS 28.85
CHARLES BARTHOLOMEW *28.92
STANLEY SCHMIDT *28.92
MICHAEL MYLES *28.96
FRED KJER 28.97
NATE BYRD 28.99
RONALD KIRKPATRICK 29.01
DENNIS BUSS 29.22
RICHARD CAMP *29.22
BOB LIDA *25.7h
ALBY WILLIAMS 26.5h
STEVEN BOWLES *27.0h
DOUG SMART 27.0h
HARRY TOLLIVER *27.1h
FRED KJER 28.8h
THOMAS FONDY 29.0h
NATE BYRD 29.4h
RICHARD RIZZO *29.6h
WILLIAM BURCH 29.8h
M70
BOBBY WHILDEN *27.28
PAUL JOHNSON *28.97
DENNIS MELANSON *29.09
LLOYD WILLIAMS *29.26
ROBERT CONZEMIUS 29.43
JAMES LEGGITT 29.81
ALAN BREVIK *30.03
ROBERT REID *30.06
BOB GOLLY 30.26
JOE HOFFMAN 30.27
JAMES WARE *30.40
WALTER PALMER *30.44
ROBERT HEWITT 30.56
JOHN POLEVY *30.95
RAYMOND GRAVES 31.24
CHARLIE RICHARD *31.60
PATRICK MEAGHER 31.80
WILLIAM WRIGHT 31.94
RAY FRANKS 32.18
BEN RIVERA 32.21
BENSON FORD 32.25
PHIL SHIPP 32.29
SAMUEL FLORY 32.44
FLORIAN MANDELLA *32.56
DONALD DEATON *32.65
HAL GOOLSBY *32.65
RAYMOND GRAVES 30.2h
PATRICK PARIS 31.5h
JIM SUTTON 32.5h
FRANK WELCH 32.5h
AVERETT TOMBES 37.1h
JOE VAUGHN *37.1h
FERNANDO DUARTE *1:06.8h
M75
JAMES STOOKEY *29.66
DON CHEEK 29.94
WILLIAM MELVILLE *31.63
LOUIS BEADLE 31.65
WILLIAM PLATTS 31.80
RODNEY BROWN *31.86
ROBERT BRUCE *32.61
CHARLES BAKER *32.68
JIM SELBY 32.85
AL ESCOBOSA 33.28
EDWARD LISKOVEC *33.36
FRANK GIAIMO *33.41
ANDY ANDERSON 33.45
CHUCK SOCHOR 33.62
YILMAZ ERYASA *34.00
EDWARD COX 34.45
WILFORD SCOTT 34.99
KEITH CURTIS *35.17
JACK GREENWALD *35.74
FRED LOVELACE 36.01
DARRELL MITCHELL 36.65
HAROLD JOHNSON 36.69
WILLIAM BUERGER *37.24
RAY CHERNIAK 37.38
JOSEPH FENNICK *37.72
DON CHEEK 29.9h
WILLIAM PLATTS *30.8h
NORM LESAGE 31.0h
RODNEY BROWN 32.0h
EDWARD COX 32.3h
ANDY ANDERSON 34.0h
BYFORD REED *35.1h
CHARLES MAHLER *37.6h
LAWRENCE GRECO *42.1h
CHARLES RICE 42.1h
M80
MELVIN LARSEN 32.08
CHARLES MODLIN *32.97
CURT DAVISON *33.73
RAOUL RODRIQUES *34.91
BERNIE FOWLER *36.40
CHARLES KEENAN *38.00
BILL BALLANTINE 38.16
RAYMOND BOWER *38.27
JIM MANNO 38.34
SAM MADIA *38.43
EARL SWEENEY *39.42
THOMAS KENNELL *39.50
BOB WINGO *40.41
HOWARD HALL *40.73
JACK HIPPLE *40.74
TED MCDADE *41.84
OTTO LOHRENZ *44.14
WARREN HEYLMAN 44.20
HARRY BALDOUMAS *46.52
RAYMOND LUNDELL 55.29
PETER MURTOS 56.07
ERNIE MACDONALD 1:01.50
HARRY BERNAT *1:02.26
ROBERT DAVIDSON 1:06.47
JIM MANNO 35.4h
LESTER WRIGHT 37.1h
LEONARD TRITSCH *39.1h
DONALD HANLON 39.5h
KOBE ROBINSON 41.8h
DONALD WATSON *50.1h
M85
RODERICK PARKER 35.38
JOHN MEANS 36.52
RALPH MAXWELL 38.80
ED CARTER 39.45
JOHN ANOKA *40.79
FREDERIC TOMPKINS 41.83
CHAMPION GOLDY 42.30
DAN BULKLEY 43.17
BOB MATTESON *43.51
SEYMOUR DUCKMAN *45.12
JOHN SMARTT 52.09
JIM CURRAN *53.54
CLAUDIS HAWKINS *1:51.94
FREDERIC TOMPKINS 55.4h
M90
MURPHY DOMINGUES *45.55
CLARENCE TRAHAN 48.19
MAX SPRINGER 48.49
FREDERICK WINTER *52.50
JESSE JOLLY 1:33.32
EDWIN KOCH 1:03.4h
W30
JILL CYPRESS-TURNER 26.39
MAURELHENA WALLES 26.66
CAROL AIKELS *26.94
RACHEL GUEST 27.00
PRISILA JACOBS 27.51
APRIL HOLMES 29.10
AMY BYAL 29.36
SELISHA LANIER 29.70
MONICA YONES *30.41
KISHA RAWLINSON 31.81
DEONNE DOUGLASS 32.46
JULIE FLESHMAN 32.61
KELLY KNIGHT *33.65
MONIQUE LUCERO 35.65
DNUSUKC JACOBS 25.3h
JILL CYPRESS-TURNER 26.6h
W35
LISA DALEY 24.90
DONNA LAWRENCE 26.08
ANGELA SMITH 26.54
SARA DAVIS 27.03
COLLEEN BARNEY 27.18
SHERRI WOOLWORTH 27.72
REBECCA CONNOLLY 27.93
NEDENIA WEST 28.66
KRIS KAZEBEE 28.87
SONYA POLLARD 29.08
LINDA CARTY 29.18
DONNA JONES 29.30
ABERDEAN MORTON 29.53
AMY BYAL 29.54
PAULA LESLIE 29.87
ELAINE BODA 31.01
LAURIEA BLUME 31.19
JACINTA TATUM 33.61
LISA DALEY 24.7h
NEDENIA WEST 27.6h
MANEE COLEMAN 27.9h
AIMEE LOUISE 30.2h
ROWENA WATSON 33.1h
AMY BECKWITH *42.6h
W40
JOY UPSHAW-MARGERUM 25.89
M MILLIGAN-JACKSON 27.60
SHEMAYNE WILLIAMS 27.80
BARBRA TURKDAMAR 27.98
JAI BLACK 28.06
KATHLEEN SHOOK 28.39
CONNIE GRAHAM *28.77
LINDA BUTLER *28.81
LORRAINE JASPER 28.88
MONIKA CALDWELL 29.04
KIM KIMBER 29.21
CAREN WARE 29.35
MICHAELI SMITH 29.81
J JACKSON-MATTHEWS 29.98
SARAH ANNE O'CONNELL 30.20
REGINA RICHARDSON 30.46
LORIE HODKIEWICZ 30.63
DEBBIE ZAKERSKI 30.75
DENISE WILLARD 31.05
PAULA FORTUNA 31.12
RENEE STERRETT 31.29
ANGELA NEALY 31.31
AMANDA NOWAKOWSKI 31.36
TIFFANY WILSON *31.84
DAWN BEST 32.40
SHEMAYNE WILLIAMS 26.8h
KATHLEEN SHOOK 27.3h
JAI BLACK 28.7h
TERRI RATH 30.8h
AMANDA NOWAKOWSKI 31.3h
JULIE KAYSER 32.2h
KEENA CARSTENSEN 32.4h
PAM MALMSTEN 32.5h
CHRISTINA KATZ 32.9h
SUZANNE DALOISIO 33.5h
W45
DEBORAH MCCARTY 26.33
DENISE MCFIELD 28.40
EDELZA KNIGHT 28.92
MARTHA MENDENHALL 29.19
MIMI NEY 30.00
BELINDA MCCOY 30.40
THERESA BROWN 31.92
MARY DEXTER 31.96
JULIA BARBER 32.57
SUSAN CICCOLINI 32.66
VALERIE ST. JAMES 32.76
DEBBIE SELBY 33.63
ELLEN MAUSS 33.67
ELIZABETH MONDAY 34.90
GIOVANNA AGUILERA 35.43
RENEE PAWLAK 35.52
ROSE SEARCH *38.31
BONNIE HOLZMAN 38.76
MARTHA MENDENHALL *29.6h
W50
RITA HANSCOM 27.05
JACQUELINE BOARD 28.37
SHARON WARREN 29.35
JOCELYN LOWTHER 29.81
KAY GLYNN 29.85
BRENDA COOK *29.94
JEANNE BOWMAN 30.24
IRENE THOMPSON 30.29
AINSLEY LOVELL *31.49
GAIL KANTAK *31.93
DENISE GOWDER *32.05
DENISE JANNECK 32.23
REBECCA MITCHELL 32.34
SACIA VIK 32.70
PEARL YEARWOOD *33.21
JANET WEBB *33.29
DEBORAH FELTZ *33.58
ELEANOR GIPSON 33.67
ONEALA O'BRIANT *33.85
REBECCA MARTIN 36.00
CHERYL UHRMACHER *36.08
MARIELLA COOK *36.69
LEAH REWOLINSKI 37.69
SANDY ITZKOWITZ 37.76
PAM GUNDLACH *37.90
LORETTA WOODWARD 30.6h
ELEANOR GIPSON *32.4h
MARY JILKA *33.9h
LORENE ENGLAND *41.5h
W55
PHIL RASCHKER *29.00
CANDY PUTERBAUGH *30.81
BRENDA MATTHEWS 30.92
HILLEN VON MALTZAHN 31.01
AUDREY COX *32.03
LINDA PIFF 32.37
D VANDERCRUYSSEN *32.84
LINDA FORRESTEL 33.59
SHARADA SARNAIK *34.86
MARY WHITE *34.96
PATRICIA BONHOMME 35.38
MARTIE BEHRENS 35.53
BEATRICE KEARNEY *35.82
CHONG HAN *35.99
NORMINAH ARTHUR *38.14
MARY TROTTO 38.49
SUSAN HILL 39.32
LANA BUTLER 40.31
ANTOINETTE STENUF 40.80
PATRICIA CALDWELL 40.98
LINDA HUNT *41.68
JANET WILLIS *48.25
BARBARA TAYLOR 50.41
MARCIA LONG *51.67
JANE FULLER 51.95
HILLEN VON MALTZAHN 31.2h
LINDA FORRESTEL *32.9h
LINDA PIFF 33.4h
W60
NADINE O'CONNOR 28.62
KATHY JAGER 30.77
LYNN NAFTEL 33.27
MARY ROBINSON *33.52
M L MICHELSOHN 33.76
KARIN RESCHKE *34.26
BARBARA LEIGHTON 34.92
SANDRA GUY *35.16
ADLIN MAIR 35.21
MARG RADCLIFF 35.28
LYNNE CLEWELL 35.54
MARGARET KAUFMAN 36.92
NANCY SWANSON 37.72
CAROL STRICKLIN *38.64
CAROL HICKS 39.75
ANN CARTER 39.95
BRENDA ANDRIEU *40.61
BARBARA ALLISON 40.75
LOUISE THORNTON *43.74
KATSUYO TETHERLY *45.02
CONSTANCE JAMISON *46.15
JUDY SCOTT *47.79
DONNA BENSON 48.46
ANGELA STAAB *48.91
ROSIELEE JONES 50.10
KATHY JAGER 31.9h
BARBARA LEIGHTON 36.4h
W65
KATHY BERGEN *31.62
KEMISOLE SOLWAZI 31.72
DOROTHY HASKINS *34.35
JEANNE DAPRANO 34.40
BARBARA JORDAN *34.54
ESSIE KEA *35.67
JOYCE TRADER 36.22
ELSBETH PADIA *36.65
MADELAINE CAZEL *37.87
CHAR LANE 38.31
MARILYN ONGLEY 38.77
LOUISE TRICARD 39.51
JIMELLA CRYER *39.86
MARY ROMAN 40.15
LANA KANE *40.40
SYLVIA BROOKS-SMITH 41.65
M COFFEE-CARNEY *41.65
JOYCE CURTIS 43.98
NADINE RIHANI 47.33
MADOLYN ZIMMERMAN *51.62
MARJORIE SASIELA *56.44
CHARLOTTE AMBROSE *1:05.22
WILLIE MURPHY 41.0h
LANA KANE 41.3h
W70
IRENE OBERA 33.65
FLO MEILER *36.04
AUDREY LARY 36.10
CHRISTEL DONLEY 36.75
JEAN SCHOOLER *37.71
MARILYN GUNDERMANN 40.11
JANET FREEMAN *40.32
FEI-MEI CHOU *40.87
MAGDALENA KUEHNE 41.32
VALERA JONES 41.72
JOAN BURGUESS *42.80
ANNE YUDELL *42.92
EDNA HYER *44.58
BARBARA ROTHWELL *46.86
EDYTHE LEEK 48.86
JEANNETTE CYR *52.10
BETTY POTTS 53.82
ROSALIA GIOIA 56.59
PHYLLIS PROVOST *57.41
JANICE BILODEAU *59.14
CAROLYN DODD 1:00.50
DIANE STONE 1:01.05
DELLA WORKS *1:01.39
JOAN BLAIR 1:03.86
AUDREY LARY 36.3h
ANNE YUDELL 43.0h
GLORIA SANTARPIA 47.4h
W75
ETHEL LEHMANN *37.56
PATRICIA PETERSON 40.95
MARY ANN BOE *41.59
GEORGIA JOHNSON *41.94
FRANCES STYLES *45.74
SUSIE BARNES *46.22
SUMI ONODERA-LEONARD 46.67
BURTIE SMITH *47.39
AGNES REINHARD *49.29
BRIGITTE LANGER *51.09
JULIA MANIGO *55.47
DOTTIE GRAY *58.25
BEVERLY LIBBY *59.70
FRANCES YOUNG 1:13.22
M SAMUELSON *1:33.00
BETTY GAUDY 53.9h
W80
JOSEPHINE STEWART *43.71
JOHNNYE VALIEN 46.46
BARBARA GLADD *50.04
FLORA MCLEOD-SMITH 52.10
GERRY DAVIDSON 53.39
LUELLA MORRIS *56.05
ANNE MCGOWAN *56.13
CAROL PEEBLES 56.65
WALLY DASHIELL *1:04.83
ALMA REID 1:17.87
MINNA CHARLES 1:28.85
MARGARET HAGERTY *1:11.9h
MINNA CHARLES 1:23.4h
W85
MOLLY MACKOWN *1:03.46
BETTY SANFORD *1:48.40
BETTY SANFORD *1:44.6h
ERNESTINE YEOMANS *1:59.0h
W90
MARY HAINES *2:00.35

400 Meters

M30
LEONARD BYRD 45.09
LINCOLN LONDON 48.65
PHIL MCMULLEN 49.25
ROBERT PRICE 50.78
ALFY PETTES 50.82
LEON BULLARD 51.00
JASON REUTTER *51.1h
VERNON WATERS 51.3h
DERRICK ARCHIE 51.8h
JEFF CULPEPPER 51.97
CEDRIC POLLARD 52.28
GORDON BENNING *52.7h
DOUGLAS DEMING 52.96
RUSSELL CHANDLER *53.13
ARDIAN KRASNIQI *53.70
WILLIAM DEAN 53.83
KYLE LANIER 53.92
JOEY VANLANINGHAM *54.05
ERIC BRAMWELL 54.5h
YANCY CULP *54.64
TECUMSEH PEETE 54.84
ROLAND BRENT 55.50
BRENT ROLAND 55.50
NATHANIEL MARTIN 55.54
TOBY LAFAVE 55.74
M35
ROBERT THOMAS 48.48
KIP JANVRIN 48.85
SHERWIN STERLING 49.61
LARRY GARDNER 50.53
ERIC CRICHLOW 51.1h
DAVID NASH 51.32
SEAN MAYE 51.37
CHRIS GRANT 51.38
CURTIS MOORE 51.70
CURTIS WARD 53.64
MATT BOGDANOWICZ 53.95
MARC NESBITT 54.07
LAURENT BIRARS 54.12
DAVID KUNSELMAN 54.15
WAYNE LAWRENCE *54.4h
WHIT WHITAKER *54.50
ZAKEE MADJUN 54.5h
MELVIN FERDINAND 54.7h
JOHN MCNAMARA 54.86
MARCUS SKEETE 54.98
JEFF FRITZ 54.9h
ASTON SCOTT 55.26
DON JACKSON 55.38
JAMES SMITH 55.53
RICKY ERVINS 55.5h
DOUG HERTLER 55.5h
M40
KIP JANVRIN 49.46
COURTNEY MUHAMMAD 49.8h
KETTRELL BERRY 50.34
DAVID JONES *51.07
PAUL BROWN 51.88
ROBERT HARDING 52.25
GETULIO ECHEANDIA 52.62
DAVID BYNOE 52.72
COREY MOODY 52.79
JIM O'DONNELL 52.94
MARC NESBITT 52.97
TONY NOGUERAS 52.99
TONY YOUNG *52.9h
AARON WALDERS 53.06
GLADSTON JONES 53.07
JAMES ECKENRODE 53.30
HOWARD LINDSAY 53.36
DARNELL SMITH 53.40
BRIAN COUSHAY *53.41
MICHAEL NEEDHAM *53.90
CHRISTOPHER POTTER 54.04
RAY PARKER 54.15
MARCUS SHUTE 54.21
GEORGE SHACKLEFORD 54.25
PAUL SHIELDS 54.36
M45
SAL ALLAH 50.24
JAMES CHINN 51.79
BENNIE JAMES 52.44
DARNELL GATLING 52.5h
JAMES LOFTON 52.80
ANSELM LEBOURNE 53.0h
JEFF LINDSAY *54.16
WILLIAM KOVALCZYK 54.20
J. SMITH 54.60
IAN SMITH 54.70
LINDY RANEY *54.78
MICHAEL WOLFE 54.82
WILLIAM AUSTIN 54.87
STEVE NEARMAN 54.89
DAVID DIMASSA 55.25
EDDIE STONE *55.83
MICHAEL KOUNTZE 55.9h
JOHN DYER 56.00
MARK PASOS 56.18
CRESCENZO DIVETTA 56.2h
ROBERT STANLEY 56.38
DAVID LUCAS 56.39
KARL SMITH 56.51
DAVID NEUMANN 56.5h
BOBBY DESANTIS 57.05
M50
FRANCIS SCHIRO 53.86
BILL COLLINS 53.96
HORACE GRANT 54.01
ARCHIE GLASPY 54.27
ROBERT BOWEN 54.29
JIM ROBINSON 54.50
GEORGE HAYWOOD 54.9h
STEVEN HARDISON 55.2h
THOMAS JONES 55.61
DAVID ORTMAN *56.2h
ROB DUNCANSON 56.30
THOMAS SMITH *56.53
TRIP REYNOLDS 56.61
RICK EASLEY 56.71
CHARLES WASSON *56.80
CALVIN SAULSBERRY 57.06
ED SOUTHWICK 57.06
HAROLD DAVIS 57.08
EDWARD GONERA 57.14
PAUL GORDEN 57.19
JIM SCHOFFMAN *57.22
MICHAEL PANNELL 57.35
STEVE KEMP 57.62
CHARLES WILLIAMS 57.64
CURTIS BALDWIN 57.69
M55
CHARLES ALLIE 53.95
RALPH PETTERSON 56.76
CARROLL BLAKE 56.96
RICK LAPP 57.1h
DAVID COTNER *57.6h
JERRY SCRIVER 59.16
STUART RADLOFF *59.2h
CHARLES PLEASANT 59.3h
JOHN AIKEN *59.55
DAVID SALAZAR 59.90
KEN RAGGIO *59.98
OWEN ROGERS 1:00.02
THOMAS CUNNINGHAM *1:00.38
ED ORTIZ-HERNANDEZ 1:00.46
ARTHUR LEWIS *1:00.74
GREG MARSHALL *1:00.8h
RALPH SOUPPA 1:00.96
TONY COOPER 1:01.53
WARREN GRAFF *1:01.7h
BILL ENTYRE 1:02.72
JOHN TOMASCHKE *1:02.91
BOB MICHO 1:03.11
SEARCY BARNETT. 1:03.1h
STEFAN WALTERMANN 1:03.2h
RICHARD PARKER *1:03.44
M60
ROGER PIERCE 55.96
LARRY BARNUM 56.42
DONALD NEIDIG 58.47
SAI CHING *59.73
RICH TUCKER 59.80
MELVIN FIELDS 1:00.08
PAUL HENRY 1:00.1h
ALLEN HUFF *1:00.5h
JOHN GALAZIN *1:01.38
DENNIS DUFFY 1:01.48
STEPHEN ROBBINS 1:01.52
RON SALUPO 1:02.84
LARRY NORRIS 1:02.88
WARREN GRAFF 1:02.97
SAMUEL HALL *1:03.0h
MIKE RADOV 1:03.7h
FRANK STROUSE 1:03.82
PAUL GANSLE 1:03.89
PETE CLARKE *1:03.8h
SIMEON BALDWIN 1:04.01
GARY COX 1:04.23
GLENN SCHMEHL 1:04.38
JOEL LILES 1:04.65
LEON SAVENAS 1:05.0h
LEONARD SOWINSKI *1:05.13
M65
BOB LIDA 1:00.19
ALBY WILLIAMS 1:01.44
MACK STEWART 1:02.06
HOWARD WEISSER *1:02.30
THOMAS RAGUNA *1:03.11
GARY SIMS 1:04.17
FRED KJER 1:04.21
LARRY COLBERT 1:04.23
HARRY TOLLIVER 1:04.89
ROBERT COZENS 1:05.05
MICHAEL DESTEFANO 1:05.3h
RONALD KIRKPATRICK 1:05.66
EMIL PAWLIK 1:06.60
ABE BERNSTEIN 1:07.30
GEORGE COHEN *1:07.34
JOHN MACDONALD 1:07.93
DAN MCCORMACK 1:08.10
GEORGE CAIRNS 1:09.23
JOHN LEWIS 1:09.27
ROSS GREATHOUSE *1:09.32
CHRISTOPHER RUSH 1:09.73
WILLIAM MCMILLEN 1:09.78
JOE JONES *1:10.11
CLIFF BEDELL 1:10.38
CLEVELAND PAYNE 1:10.63
M70
PAUL JOHNSON 1:05.27
ROBERT CONZEMIUS 1:07.79
LLOYD WILLIAMS *1:08.22
JAMES LEGGITT 1:09.02
JAMES WARE *1:09.77
JIM SUTTON 1:09.8h
ALAN BREVIK *1:09.98
DONALD KANE *1:11.1h
LOWELL BONIFIELD 1:12.11
RAY ENGLISH *1:12.14
ROBERT HEWITT 1:14.27
CASEY JONES 1:14.45
PHIL SHIPP 1:14.72
DONALD DEATON *1:15.05
WILLIAM JANKOVICH *1:15.68
PATRICK MEAGHER 1:15.81
JIM O'TOOLE *1:16.64
JOHN CORBET *1:16.72
BRUCE MARSH *1:16.9h
PAUL FLANAGAN 1:17.20
RICHARD LARKIN 1:17.42
WALTER PALMER *1:18.14
GENE WILLIAMS *1:18.94
TOM LABBE *1:19.66
RAY FRANKS 1:20.08
M75
DON CHEEK *1:07.40
HARRY BROWN *1:09.00
JIM CHELY 1:09.1h
RODNEY BROWN *1:12.47
NORM LESAGE 1:15.0h
CHARLES BAKER *1:16.15
JIM SELBY 1:16.95
DEL COBB *1:19.23
LOUIS BEADLE *1:19.73
AL ESCOBOSA *1:21.01

IAN BROWN 2:06.88
BRYAN CARR 2:07.30
JEFF KNOWLTON 2:08.08
DAVID HUGHES 2:08.12
ROD ZOOK *2:08.12
WILLY ROSSOW 2:08.73
M45
SAL ALLAH 1:54.18
ANSELM LEBOURNE 1:55.13
KEVIN PAULK 2:00.23
STEVE BURGESS 2:00.30
JEFF LINDSAY 2:00.85
ALFONSO SOLANO 2:02.59
CHUCK SHIELDS 2:05.26
STEVE NEARMAN 2:05.72
TOM SHERWOOD *2:05.9h
BOB PRATHER 2:06.33
IAN SMITH 2:06.73
MICHAEL CARLSON *2:07.2h
BOB ANDREWS 2:07.9h
MARK CARVER 2:08.78
MARK LEWIS 2:08.79
DAVID LUCAS 2:09.23
MICHAEL WOLFE 2:09.23
THOMAS NOVAK 2:09.53
LAWRENCE PISTRANG *2:09.63
KEVIN OTTE 2:10.27
DAN BARRY 2:11.30
FRED KITZROW 2:11.49
LEON BROWN 2:12.09
JOHN DYER 2:12.19
PAUL ORGAN *2:12.47
M50
DAVE CLINGAN 2:02.47
JIM ROBINSON 2:06.12
HORACE GRANT *2:08.60
BOB PRATHER 2:08.76
STEPHEN CHANTRY 2:09.62
THOMAS HARTSHORNE 2:09.76
RUSS PATTON 2:09.98
BASIL SCOTT 2:12.75
BRUCE HAMILTON 2:12.7h
BRUCE FREY *2:12.91
DAVE MOORE *2:13.18
STEVE KEMP *2:14.13
DAN GOLDMAN 2:14.46
ROB DUNCANSON 2:15.44
JOSEPH BURNO 2:15.55
RICK EASLEY 2:16.15
GEORGE HAYWOOD 2:16.1h
GARY SHAPIRO 2:16.20
PAUL GORDEN 2:16.70
THOMAS RYAN *2:17.30
CHUCK HULL *2:17.47
TONY PLASTER 2:17.51
TURRAN HARPER *2:17.86
JIM SCHOFFMAN 2:17.93
WALLY BARNOWSKI 2:17.9h
M55
NOLAN SHAHEED *2:03.8h
JAMES LOFTUS 2:12.71
DAVID SALAZAR 2:14.23
BRUCE WINT 2:17.06
CARROLL BLAKE 2:17.37
MIKE MCGLYNN 2:17.60
STAN MATHES 2:17.83
TIM WIGGER *2:18.5h
KEN RAGGIO *2:18.9h
GRADY CASH 2:20.79
DICKY MORGAN *2:21.93
SHAWN REGAN *2:23.80
AL ARNOLD 2:23.8h
GARY HALL 2:24.98
HAROLD NOLAN 2:25.9h
RANDY TAYLOR *2:26.44
JOHN BARTELLO 2:27.03
DANNY MOON 2:27.64
CRAIG ANDERSEN *2:28.13
JAY SMITH 2:28.3h
MICHAEL SULLIVAN *2:28.64
ARTHUR LEWIS *2:28.91
IAN DICKSON *2:29.1h
WAYNE JACOBS *2:29.66
STEFAN WALTERMANN 2:30.11
M60
LARRY BARNUM 2:14.88
RICH TUCKER 2:19.69
JOHN GALAZIN 2:22.04
RON SALUPO 2:22.78
FRANK HANDELMAN 2:23.42
WINSTON LAING *2:25.59
DENNIS DUFFY 2:26.04
FRED MARTIN 2:26.97
KENT BLAIR *2:27.03
COLIN MCARDLE 2:27.2h
LEONARD SOWINSKI *2:29.78
JOE CARTER 2:29.95
MAXWELL HAMLYN 2:31.36
STEVE PROUTY *2:31.89
LARRY NORRIS 2:32.2h
NAT WHITE *2:33.46
SALIH TALIB 2:34.07
JAMES BOUGHTER 2:35.13
SIMEON BALDWIN 2:35.32
FRANK DAVIS *2:35.38
RICHARD WEBB *2:37.55
FRED CLARK 2:38.69
FRANK CROCKETT *2:39.0h
CARL LANDIS 2:39.94
FRANK HOPKINS *2:40.37
M65
SID HOWARD 2:24.61
MACK STEWART 2:26.29
LEE WALTON *2:31.08
HOWARD WEISSER *2:32.15
DAN MCCORMACK 2:34.39
WILLIAM MCMILLEN 2:39.42
CHRISTOPHER RUSH *2:39.7h
GEORGE COHEN *2:40.92
ABE BERNSTEIN *2:43.0h
MIKE BENDER 2:45.00
WENDELL HOLLAND *2:45.89
JEROME LYS 2:46.43
ROSS GREATHOUSE *2:46.62
CLAYTON DAVIS *2:46.67
JIM LYONS *2:46.71
BOBBY FISCHER 2:48.93
DESMOND O'ROURKE 2:49.01
CLEVELAND PAYNE *2:53.40
BRUCE GILBERT *2:54.30
ROD SMITH 2:54.5h
GEOFF HOWARD *2:54.82
JERRY LEVASSEUR *2:55.20
CHARLES GRAY 2:58.0h
JERRY WHITE *3:00.87
WALTER SCHLERETH *3:01.36
M70
RAY ENGLISH *2:43.19
GEORGE MATHES *2:48.68
CHARLES WIMBERLY *2:49.9h
EDWIN HARRIS *2:51.41
JIM O'TOOLE *2:55.27
CASEY JONES 2:56.28
BRUCE MARSH 2:58.27
HERMAN LOFTON *2:59.20
DON LEIN 3:01.62
JOHN CORBET *3:02.39
IRVIN FARIA 3:06.50
PAUL FLANAGAN 3:09.21
DONALD DEATON *3:09.40
ALVIN RAVENSCROFT 3:10.04
DONALD JONES 3:10.25
EDWIN BERRY 3:11.87
ALFRED DUBOIS 3:13.11
RICH PECK 3:14.0h
JIM WEAVER *3:15.47

TOM COOKA 3:22.1h
TOM NOVAK 3:22.61
CLIFFORD PAULING 3:23.29
HAROLD FRANKLIN *3:26.0h
ALAN SMITH 3:26.78
ROB PETTERSON 3:32.55
M75
JACK GRAY *3:01.50
JIM SELBY 3:03.26
DEL COBB *3:03.41
DAVID COLTON *3:05.59
ARNOLD MEARDON *3:09.91
KENNETH BLANCHARD *3:16.90
BOB HOLMES *3:19.49
HAROLD MOORES *3:20.24
JOSEPH BELL 3:22.77
AL ESCOBOSA 3:31.99
NORMAN MEEKER 3:33.34
HAROLD JOHNSON 3:40.28
MILO SATHER 3:57.93
RICHARD WIDENER *4:04.0h
CHARLES BAKER 4:05.0h
HAROLD LARKIN 4:11.70
ROBERT EAZOR 4:13.90
CHARLES RICE 4:14.0h
FRED LOVELACE 4:15.0h
MARTIN QUINN 4:27.44
DARWIN MICHAUD 4:27.46
GEORGE WHITNEY 4:45.76
JAMES ADAIR *8:07.81
M80
BILL PERISH *3:19.25
ROY ENGLERT 3:45.30
BERNIE FOWLER *3:47.58
CLYNE LUNSFORD 3:51.9h
BILL TRIBOU 3:55.73
THOMAS MCDONALD *4:00.41
JAMES DUNN 4:15.0h
OTTO LOHRENZ *4:26.23
DONALD WATSON *4:27.76
JOHN MCMANUS 4:38.14
M85
DAN BULKLEY 4:33.09
JOHN SMARTT 4:39.0h
FREDERIC TOMPKINS 4:42.36
BOB MATTESON *5:32.28
EDWARD POWERS *6:17.89
GEORGE BLYN 6:33.42
M90
MAX SPRINGER 4:45.0h
FRANK LEVINE *5:24.90
JESSE JOLLY 7:07.0h
W30
JENNIFER TOOMEY 1:59.96
KRISTA FERRARA 2:05.22
NICOLE TEETER 2:08.06
SONJA FRIEND-UHL 2:09.36
SARAH LEONARD *2:17.1h
ERICA NEMMERS 2:18.9h
ELLEN STRICKLER 2:29.1h
THERESA CUOZZO 2:48.68
LAQUIESHAE SONNIER 2:50.3h
BRENDA MEARS 2:54.76
KELLY KNIGHT *2:57.94
MONIQUE LUCERO 3:01.43
W35
JEARL MILES-CLARK 2:04.42
BONNIE SCHROEDER *2:07.37
CHRIS GENTILE 2:14.73
KELLY HEWETT 2:25.70
REBECCA CONNOLLY 2:27.25
CLARE LOOK-JAEGER 2:29.69
JENNIFER HEGARTY 2:30.51
SONYA BADGER 2:33.1h
DEVON MARTIN 2:34.92
CONNIE SEIGH 2:36.0h
BONNIE NUSSBICKEL 2:37.3h
S STINE-MELGARES 2:37.89
JACQUELINE MARKS 2:46.99
PAMELA BOLDT 2:52.32
GWEN HUNDLEY 3:12.99
W40
LISA DAVIS 2:20.07
TOYA REAVIS 2:20.92
KELLIE TAYLOR 2:21.72
LORRAINE JASPER 2:23.37
CARRIE SHERBURNE 2:25.91
KIM KIMBER 2:28.73
JAI BLACK 2:31.81
EILEEN PRESCOTT 2:34.0h
MICHAELI SMITH 2:34.22
KAREN JEFFERS 2:34.39
KELLIE EYRE 2:34.87
AMANDA NOWAKOWSKI 2:34.95
JOSEAN MENZ 2:36.8h
MARY WOO *2:36.97
CAREN WARE 2:37.61
MARY JOHNSON 2:38.14
TERRI RATH 2:38.1h
SHEMAYNE WILLIAMS 2:38.21
KEENA CARSTENSEN 2:38.4h
WANDA TORO SCHEIB 2:38.95
MARY HURLEY WEEKS 2:40.5h
ZETTA ARMBRUSTER 2:43.71
CLAUDIA WARD 2:47.29
BEVERLEE HART 2:47.53
JOAN HUNTER 2:48.4h
W45
L CHAPLIN-SWANN 2:21.01
REGINA JOYCE 2:26.70
JULIE HAYDEN 2:27.07
CARLA HERVERT 2:32.51
NANCY KEATING *2:34.4h
MIMI NEY 2:37.44
KEENA CARSTENSEN 2:38.58
PATRICIA CONTRERAS 2:38.72
THERESA BROWN 2:39.54
DEBBIE LEE 2:41.17
SUE GRIGSBY 2:50.63
PAMELA FALES 2:50.9h
JOAN AFFLECK 2:52.9h
BRENDA MCGOVERN 2:58.57
LORI CASSIADECKER 2:59.5h
WENDI GLASSMAN 3:00.9h
BARBARA ROSS *3:07.14
MARY VELTRE 3:16.4h
JOANNE PETKUS 3:31.39
W50
KATHRYN MARTIN 2:31.4h
C SMITH-HANNA 2:34.58
MARY RICHARDS 2:41.12
DENISE JANNECK 2:41.75
C NICOLETTI 2:44.25
KATHY WARD 2:50.28
AINSLEY LOVELL *2:52.33
KAY GLYNN 3:00.57
ARLENE LEWIS *3:00.57
SALLY SARETTO 3:07.6h
MARIELLA COOK *3:09.99
JUDY PROAL 3:10.0h
BRITTA STAUB *3:12.42
SHERRI PRATHER 3:13.02
LYNETTE ZECKUA 3:13.72
DEBI PAGE *3:16.02
IRENE THOMPSON 3:16.56
T MULLIS-DUBOW *3:21.03
JUNE ALLEN *3:22.62
MARY REA 3:22.9h
STEFANA BERCEANU *3:31.08
COLLEEN HOLLOWAY *3:31.93
LORENE ENGLAND *3:42.0h
LUCY MCCURDY 4:10.30
W55
CANDY PUTERBAUGH *2:43.99
MARY ROSADO 2:56.98

JANE HUTCHINSON 3:01.51
LINDA PIFF 3:03.46
ANN MAKOSKE 3:05.29
MARY HARTZLER *3:09.0h
DEBBIE STILES 3:09.92
SUSAN ADERHOLD 3:14.18
ALICE KELLY *3:18.2h
JEANNE RATZLOFF 3:19.84
BRIDGET PAWEICZAK 3:22.9h
LANA BUTLER 3:31.0h
MARY TROTTO 3:31.62
ROBERTA BLAKEMAN 3:34.92
BETTY JOHNSON *3:37.0h
LINDA HUNT *3:39.73
SANDRA DAVIS 3:46.0h
MARIKO BUCCOLA 3:59.01
SUSAN HILL 4:07.66
LATANYA GLASS 4:09.60
DALE HOLMES 4:24.13
BARBARA TAYLOR 5:05.0h
W60
M L MICHELSOHN 2:44.98
ANN MAKOSKE 3:04.33
RUTH THELEN *3:17.18
ELAINE MATTHEWS 3:17.6h
LYNN NAFTEL 3:18.32
MARGIE STOLL *3:18.9h
EILEEN COHEN 3:20.45
L DE LA REZA *3:24.35
ANDREA HESS *3:24.97
WILLIE MOOLENAAR *3:30.00
RUSTY BARNETT 3:36.19
JANET JERNIGAN 3:45.0h
SUSAN GILLESPIE *3:48.69
DIANE HALL *4:09.28
SHEILA MCKENNA *4:13.07
ANGELA STAAB *4:17.05
BARBARA LATTA 4:28.35
ANN CARTER 4:30.03
JUDY SCOTT *4:37.28
JEAN MILLER 4:37.4h
SUE LEVY 4:42.22
ANNA SMITH *5:38.33
JOAN DAVIS *6:57.78
W65
JEANNE DAPRANO 3:07.93
MADELAINE CAZEL *3:40.23
MARY MARSOLAIS 3:40.77
BETTY HOFF *3:44.95
BARBARA JORDAN 3:49.40
SHIRLEY WAMPLER *3:53.48
JOYCE HODGES-HITE 3:59.58
L EDDLEMON-MABEE 4:05.0h
POLLY RABALAIS *4:07.60
ESTELLE HAHN 4:08.9h
CAROLYN ROBINSON *4:13.15
MARY KAPLAN *4:13.70
PATTI PALMER 4:14.25
MADOLYN ZIMMERMAN *4:29.90
EVELYN WRIGHT 4:49.92
LAURA SANDERS 4:54.0h
CHARLOTTE AMBROSE *6:06.90
W70
VICKI BIGELOW 3:15.12
MARY HARADA 3:31.98
VALERA JONES 3:35.0h
MOLLIE CHANG 3:52.38
GLORIA SANTARPIA 3:53.5h
JANET FREEMAN *3:58.36
EDNA HYER 3:59.2h
EDITH WEBER *3:59.64
GERI OWENS 4:01.4h
JEAN SCHOOLER *4:02.18
CHRISTEL DONLEY 4:03.91
BARBARA ROBBEN 4:07.08
FLO MEILER 4:20.88
FRANCES BARGER *4:22.49
CAROL DEAN *4:22.70
PHYLLIS PROVOST *4:27.0h
MARYALICE STOOKEY 4:34.58
DELLA WORKS *5:04.59
JANICE BILODEAU *5:05.50
W75
THELMA WILSON 3:54.41
MARY ANN BOE *4:18.90
AGNES REINHARD *4:26.60
S ONODERA-LEONARD 4:28.91
HELEN SCHLEY 4:36.63
NANCY SMALLEY 4:40.00
BRIGITTE LANGER *5:21.75
DOTTIE GRAY *6:12.76
ROSE ELLEN MCCOURT 6:41.8h
M SAMUELSON *7:26.41
W80
GERRY DAVIDSON 4:45.96
LOUISE ADAMS 4:58.87
MILLIE BOLTON *5:15.86
JOHNNYE VALIEN 5:18.04
JOYCE SCHROEDER *5:18.83
MARGARET HAGERTY 6:02.5h
LUELLA MORRIS *6:02.88
LETTICE GRAHAM 6:16.6h
WALLY DASHIELL *6:51.09
W85
ERNESTINE YEOMANS *7:03.4h
BETTY SANFORD *8:15.34
W90
ESTELLE FRENDBERG 7:07.2h
MARY HAINES *9:58.81

1500 Meters

M30
BERNARD LAGAT 3:29.30
JASON LUNN 3:39.47
ADAM GOUCHER 3:39.48
MIKE MACEIKO 3:58.03
ABE SAUER 4:08.89
KYLE LANIER 4:14.47
KAREEM LANIER 4:15.54
BENJAMIN PEASE 4:16.07
PHIL MCMULLEN 4:18.77
RICHARD COONEY 4:20.87
MICHAEL BRENNER 4:23.45
CHRIS BRESSMAN 4:25.07
JEFFREY NAYLOR 4:33.6h
DAVID RHODES 4:35.28
PAUL DAVIS 4:37.03
BOB HARDY 4:39.44
TOMMY SCHIERER 4:42.68
PATRICK LINDSAY *4:48.0h
ADAM GAINES 4:49.12
MATT SPILLER 4:53.97
ADAM ALDERTON *4:57.43
M35
JIM SORENSEN 3:45.09
JOE CARNEGIE 3:59.59
DAVID NASH 4:06.56
NEIL FITZGERALD 4:07.34
MIGUEL MAGANA 4:13.27
CHRIS YORGES 4:14.50
MATT BOGDANOWICZ 4:14.79
GLEN CARNES 4:17.38
STEVEN CASSAR 4:17.48
DAVID BUYSSE 4:18.23
JOHN OAKES *4:18.70
CHRIS OWENS *4:19.1h
ROBERT VANCLEVE 4:19.52
TOM KREUZPEINTNER 4:21.1h
PAT MELGARES 4:21.20
RAFER WEAVER 4:21.39
KIP JANVRIN 4:21.45
MICHAEL GOTTARDI 4:22.06
JOHN ROBERTS 4:22.73
DAVID MISKIMENS 4:25.33
KEITH MULHOLLON 4:25.93
SHELBY SCHENCK *4:26.3h

AARON GOODALL 4:26.49
DANIEL ROSALES *4:28.85
TIM WILCOX 4:29.19
M40
JOHN HINTON 3:50.15
TONY YOUNG 3:51.58
PETER HEGELBACH 4:01.87
DAVID BAILEY 4:06.99
CONOR O'DRISCOLL *4:09.4h
KEVIN PAULK *4:10.00
DALE LONDOS 4:13.0h
JOSEPH DUDMAN *4:13.87
MIKE EGLE 4:14.97
KEN ERNST 4:17.72
BRETT DARRINGTON 4:21.42
LEN FERMAN 4:21.70
DAN GONZALEZ 4:22.18
IAN BROWN 4:22.60
JEFF HONGO 4:24.46
KIP JANVRIN 4:25.87
JIM WALSH 4:26.10
SCOTT SMITH 4:26.26
KEVIN BECK 4:26.75
JOHN AFFLECK 4:29.73
TIM KEENAN 4:30.43
JOHN LEHMAN 4:30.61
CURTIS MUSSER 4:31.50
SCOTT BRANTA 4:31.68
NORMAN BOUTHILLIER 4:34.15
M45
ANSELM LEBOURNE 4:01.64
KEVIN PAULK 4:04.15
GLENN MCISAAC 4:09.46
CHUCK COATS *4:11.40
CHUCK SHIELDS 4:16.19
STEVE NEARMAN 4:16.65
BOB PRATHER 4:18.00
MICHAEL CARLSON 4:18.0h
ROBERT PICKENS 4:19.00
TOM SHERWOOD *4:21.30
MICHAEL FUSSELL 4:25.18
TIMOTHY NASH 4:29.14
THOM TRIMBLE 4:29.50
JOHN ARAUJO *4:29.67
MARK CARVER 4:30.74
JEFF KIRK 4:31.39
MARK LEWIS 4:32.82
ADAM WEINER 4:34.91
MARK CLEARY 4:37.19
STEVEN KOLLARS 4:37.98
ANGELO DECOLLIBUS 4:39.06
MATTHEW NEVE 4:39.31
DEAN HEBERT 4:39.76
STEVE MARKLAND 4:40.32
MIKE WOODBECK 4:40.48
M50
DAVE CLINGAN 4:14.18
RICH BURNS *4:19.9h
STEPHEN CHANTRY 4:25.19
DAVE PARSEL *4:26.94
THOMAS RYAN *4:29.22
JIM ROBINSON 4:29.47
MARK BILLETT *4:35.6h
BOB PRATHER 4:36.25
THOMAS HARTSHORNE 4:37.48
BASIL SCOTT 4:40.01
RUSS PATTON 4:40.40
CHUCK HULL *4:41.13
GAYLE VANDURME *4:41.73
ROB DUNCANSON 4:42.18
ROBERT GARCIA 4:44.50
MICHAEL ALLISON 4:46.12
ARTHUR BECKERT 4:46.21
BOB MORRIS 4:46.37
TIM STONE 4:46.40
FREDERICK ROBBINS *4:47.73
JOE BOLSTER *4:48.2h
MICHAEL BJORNBERG 4:49.12
ERIK OJALA *4:51.71
CURTIS CAUGHEY *4:51.7h
GARY SHAPIRO 4:52.3h
M55
KEITH SCHRAMM *4:31.69
DAVID SALAZAR 4:40.21
JERRY LEARNED *4:49.37
STAN MATHES 4:53.27
MIKE MCGLYNN 4:56.11
KEN RAGGIO *4:57.67
RON ACKERMAN 4:57.83
CRAIG ANDERSEN *4:58.33
DICKY MORGAN *4:59.11
KARL FIELDS 4:59.4h
GARY HALL 5:00.96
ROBERT BARBER *5:02.60
MITCHELL GARNER 5:03.9h
JOHN BARTELLO 5:04.34
ALEX RODRIGUEZ 5:09.94
RON PATE 5:10.2h
WAYNE JACOBS *5:10.35
PETER O'NEIL 5:10.57
BRUCE WINT 5:12.21
DAVID GONZALEZ *5:12.43
JAMES RICH *5:13.24
BRUCE WATSON 5:19.8h
MALCOLM CARTER 5:19.9h
DENNIS SMITH *5:20.73
KEITH NOREN 5:22.94
M60
RON SALUPO 4:56.7h
FRED MARTIN 5:01.04
JAMES BOUGHTER 5:01.39
KENT BLAIR *5:03.63
G MALACZYNSKI *5:05.70
JOE CARTER 5:09.75
MAXWELL HAMLYN 5:09.92
ANDREW OPALKA 5:12.9h
FRANK DAVIS *5:14.28
RICHARD WEBB *5:18.79
DOUGLAS BROWN *5:19.70
NAT WHITE *5:19.95
JOHN DISCHINGER 5:28.0h
WINSTON LAING *5:28.12
MAURICE WATERS 5:29.77
LEONARD SOWINSKI *5:34.20
TAD JURGENS *5:34.98
CARL LANDIS 5:41.14
STEVEN BRENNECK 5:42.12
DANIEL ALARID 5:46.13
JACK STONE *5:46.44
JONATHAN TETHERLY *5:48.28
KENT LAUDEMAN 5:48.4h
TOM BALCOM 5:48.73
GARY KENYON 5:51.55
M65
SID HOWARD 5:00.27
DAN MCCORMACK 5:23.98
CHRISTOPHER RUSH 5:42.81
LEE WALTON *5:42.96
JOSE BADILLO *5:45.53
GEORGE COHEN *5:47.97
ROD SMITH 5:52.6h
DENIS DALY 5:53.9h
JIM LYONS *5:54.24
NORMAN GOLUSKIN 5:55.0h
WALLY BRAWNER 5:56.7h
SHERWOOD SAGEDAHL *5:58.81
JEROME LYS 5:59.17
DESMOND O'ROURKE 5:59.91
JOHN PELTON *6:00.98
CLIFF BEDELL 6:03.9h
BRUCE GILBERT *6:04.16
BOB FULTON 6:04.20
JERRY LEVASSEUR *6:05.78
BOB PAYNE *6:07.07
ROLAND HILL *6:16.11
JIM BEVINS 6:18.1h

LARRY WRIGHT 6:20.92
TOM DILDAY 6:21.9h
EMIL PAWLIK 6:23.15
M70
GEORGE MATHES 5:47.77
RAY ENGLISH *5:55.04
CASEY JONES *6:03.6h
JIM O'TOOLE *6:05.58
EDWIN HARRIS *6:10.87
ALVIN RAVENSCROFT 6:12.05
DONALD JONES 6:20.17
JAMES LEGGITT 6:29.03
BRUCE MARSH *6:29.3h
ALDO VIRAVO 6:29.68
HERMAN LOFTON *6:29.90
JACK KEENER 6:29.92
PAUL FLANAGAN 6:31.16
IRVIN FARIA 6:33.67
EDWIN BERRY 6:37.96
PHIL SHIPP 6:38.37
JOHN CORBET *6:41.31
TOM COOKA 6:41.7h
GORDON MCCLENATHAN 6:44.98
TOM NOVAK 6:46.22
JOHN TASSEFF *7:01.26
ALAN SMITH 7:03.35
GEORGE FREEMAN *7:06.77
MELVIN NORMENT 7:11.13
CARL GRUBBS *7:14.15
M75
JACK GRAY *6:31.8h
DEL COBB *6:39.0h
JIM SELBY 6:47.29
BILL MCCHESNEY 6:48.55
KENNETH BLANCHARD *6:54.0h
WILLIAM FORTUNE 7:02.12
JOHN MONROE *7:08.5h
JOSEPH FENNICK *7:12.7h
BOB HOLMES 7:25.93
JOHN AGGER *7:36.9h
MILO SATHER *7:41.9h
DONALD MYERS *7:44.2h
EUGENE SHAVER *7:45.2h
ROBERT WILLIAMS 7:47.8h
DAVID RIDER 7:58.1h
MARTIN QUINN 8:11.54
FRED LOVELACE 8:34.0h
CARTER BURNSIDE *8:44.7h
CHARLES RICE 8:55.6h
DARWIN MICHAUD 9:21.61
DENVER SMITH 10:19.93
M80
GERALD ARMITAGE *7:17.89
ROBERT DAVIDSON *7:19.8h
HAROLD CAREY *7:25.73
THOMAS MCDONALD *7:59.71
JOHN CROSS 8:08.32
HUGH EVANS *8:08.42
ROY ENGLERT *8:22.18
BILL CARTER 8:46.61
DONALD WATSON *9:12.0h
JOHN MCMANUS 9:23.08
OTTO LOHRENZ *9:26.92
CHARLES BOYLE *9:45.80
KARL MULLER *10:15.65
FRED HIRSIMAKI 10:17.50
DAVID WELSH *20:53.1h
M85
JOHN BOOTS *8:07.14
BILL BENSON 9:16.6h
JOHN SMARTT 9:34.0h
FREDERIC TOMPKINS 9:51.02
DAN BULKLEY 10:02.47
ANTHONY SILVIDI *10:57.51
CLAUDIS HAWKINS *17:24.02
M90
FRANK LEVINE 10:26.74
MAX SPRINGER 10:28.0h
JESSE JOLLY 13:48.0h
DUDLEY HEALY 14:45.0h
W30
JENNIFER TOOMEY 4:06.24
SHAYNE CULPEPPER 4:07.08
SARAH SCHWALD 4:07.86
AMY RUDOLPH 4:10.50
NICOLE TEETER 4:12.77
KRISTA FERRARA 4:21.65
SONJA FRIEND-UHL 4:23.19
SARAH LEONARD 4:40.46
MICHELLE ISHIO 4:57.95
KATE WALKER 5:06.0h
BRENDA MEARS 5:45.22
RACHEL MENGE 6:09.29
W35
BONNIE SCHROEDER *4:24.52
JANE HEWETT 5:03.01
SONYA BADGER 5:08.77
BONNIE NUSSBICKEL 5:18.05
DEVON MARTIN 5:23.48
JACQUELINE MARKS 5:39.25
W40
MARY THANE 4:42.19
TOYA REAVIS 4:43.31
MARY GRENE 4:43.55
KAREN STEEN 4:47.62
LISA DAVIS 4:51.06
CARRIE SHERBURNE 4:55.07
LORRAINE JASPER 4:57.06
SHERI WRIGHT 5:00.12
TERRI CASSEL 5:01.67
WANDA SCHEIB 5:05.89
KAREN JEFFERS 5:13.29
KEENA CARSTENSEN 5:13.2h
CARLA KEHOE 5:13.68
EILEEN PRESCOTT 5:14.66
WANDA TORO SCHEIB 5:17.69
SUSAN MENZ 5:18.11
SUSAN BROOKER 5:19.87
ZETTA ARMBRUSTER 5:21.70
MARY HURLEY WEEKS 5:29.20
CLAUDIA WARD 5:29.95
KELLIE EYRE 5:34.06
LYNN DOELGER *5:36.19
LISA SHATRAWKA 5:37.14
JEANNIE YOUNG 5:40.01
JACKIE MORGAN 5:45.74
W45
L CHAPLIN-SWANN *4:48.6h
REGINA JOYCE 4:55.66
CARLA HERVERT 5:03.29
JULIE HAYDEN 5:09.91
NANCY KEATING *5:13.0h
KEENA CARSTENSEN *5:13.92
DEBBIE LEE 5:21.44
THERESA BROWN 5:25.2h
PATRICIA CONTRERAS 5:28.07
SUE GRIGSBY 5:32.10
ELIZABETH RUDY *5:37.92
PAMELA FALES 5:39.9h
DIANE GROFF 5:41.38
WENDI GLASSMAN *6:04.9h
KATHRYN HALL-BOYER 7:36.4h
W50
C SMITH-HANNA 5:17.35
DENISE JANNECK 5:33.48
KATHY WARD 5:37.41
MARY RICHARDS *5:43.3h
C NICOLETTI 5:44.76
ANGIE MIYASHIRO 6:08.13
AINSLEY LOVELL *6:22.60
LYNETTE ZECKUA 6:23.65
SALLY SARETTO 6:24.28
MARIELLA COOK *6:26.92
T MULLIS-DUBOW *6:27.94
NAOMI TUITE *6:33.46
SHERRI PRATHER 6:33.77

JUNE ALLEN *6:37.58
JUDY SPIRA 8:03.41
LUCY MCCURDY *8:41.54
TERRI COLE *8:45.34
W55
JEANETTE GROESZ 5:48.75
JANE HUTCHINSON 5:59.43
YOKO EICHEL 6:05.90
WENDY GROSSMAN 6:08.9h
MARY ROSADO 6:09.92
ANN MAKOSKE 6:25.60
WAH BERMAN 6:29.92
YVONNE NICKEL 6:33.76
MARY HARTZLER *6:34.56
JEANNE RATZLOFF 6:36.57
ALICE KELLY *6:45.97
DEBBIE STILES 6:49.84
MARY TROTTO 6:55.90
LANA BUTLER 7:21.88
BETTY JOHNSON *7:34.69
JANE KAISER *9:22.53
BARBARA TAYLOR 9:41.00
W60
M L MICHELSOHN 5:44.79
ANN MAKOSKE 6:16.13
MARGIE STOLL *6:24.9h
RUTH THELEN *6:43.21
ELAINE MATTHEWS 6:53.39
L DE LA REZA *6:56.48
ANDREA HESS *7:01.78
MERRILYNN KESSLER *7:13.55
RUSTY BARNETT 7:17.95
CAROLYN ZELONIS *7:44.56
JANET JERNIGAN 7:49.51
SHIRLEY SEMINOFF *8:04.29
SHERRY SNAVELY *8:05.15
DIANE HALL *8:19.31
LENORA HOSKIE *8:36.37
SHEILA MCKENNA *8:44.91
ANGELA STAAB *8:44.91
JOAN DAVIS *13:29.61
W65
JEANNE DAPRANO 6:20.78
VICKI BIGELOW 6:27.78
SHIRLEY WAMPLER *7:47.60
L EDDLEMON-MABEE 8:06.25
PATTI PALMER 8:31.10
TONI MARTINAZZI *8:32.55
MARY KAPLAN *8:35.98
CAROLYN ROBINSON *8:39.78
LAURA SANDERS 9:44.00
C AMBROSE *12:41.39
JANET BAUMANN 12:43.77
JOAN WILDER 12:59.00
W70
VICKI BIGELOW 6:34.60
MARY HARADA 6:47.36
VALERA JONES 7:11.01
MOLLIE CHANG 7:58.51
JANET FREEMAN *8:18.02
BARBARA ROBBEN 8:34.24
EDNA HYER 8:40.81
EDITH WEBER *8:47.08
GLORIA SANTARPIA 8:47.87
JEAN SCHOOLER *8:56.77
PHYLLIS PROVOST *9:15.0h
CAROL DEAN *9:44.37
DELLA WORKS *10:49.34
GLORIA LIPTON 10:54.07
BETTY FORSVALL *11:56.63
W75
AGNES REINHARD *9:04.25
HELEN SCHLEY 10:01.71
R MCCOURT 12:55.0h
DOTTIE GRAY *13:40.43
M SAMUELSON *15:33.84
TRUDY WELSH *17:44.69
W80
GERRY DAVIDSON 9:14.96
MILLIE BOLTON *10:51.87
MARGARET HAGERTY 11:52.8h
LUELLA MORRIS 12:07.00
JOYCE SCHROEDER *12:12.95
WALLY DASHIELL *15:10.44
W85
BETTY SANFORD *15:33.84
W90
MARY HAINES *21:15.06

Mile

M30
BERNARD LAGAT 3:48.38
ADAM GOUCHER 3:56.15
MIKE PADILLA 4:31.5h
MIKE MORAN *4:35.5h
RICHARD COONEY *4:37.8h
VERNON WATERS 4:38.1h
JUSTIN RATIKE *4:39.9h
KAREEM LANIER 4:41.3h
DEVAN SCHULTZ 4:42.20
NEILL CLARK 4:44.3h
ROBERT FERGUSON 4:45.56
DANNY BENNETT 4:45.5h
ABE WEHMILLER *4:52.2h
TODD AGGER 4:53.6h
BRENDAN BANOVIC 5:05.9h
PATRICK LINDSAY *5:06.3h
CHRIS CARROLL 5:15.5h
LEON BULLARD *5:22.9h
JASON STEWART *5:24.5h
JOE SEINER 5:26.5h
KEVIN ASP 5:28.76
M35
JIM SORENSEN 4:15.2h
JOHN KING 4:33.4h
JEFF FRITZ 4:34.0h
PHIL WHARTON 4:36.51
EDMUND BURKE 4:37.8h
DANNY BENNETT 4:43.56
PETER SHERRY 4:43.73
GENE TUNG 4:46.6h
KENT LEMME 4:47.43
QUOC TRAN *4:50.2h
CHRIS YORGES 4:50.5h
SHELBY SCHENCK *4:50.7h
BRIAN HICKEY 4:58.39
TERRY KELLY 5:01.3h
RICH LEWIS *5:04.4h
MALCOLM LESTER 5:05.6h
DOUG MACINTYRE 5:07.68
ANGHEL BOGDAN 5:12.47
ANGELO HARASTS 5:13.81
JOHN MEHL 5:26.8h
GARY SZOLNOKI 5:30.3h
ED CHAN 5:31.9h
PAUL MARTIN *5:37.8h
BILL MILLER 5:41.2h
M40
TONY YOUNG 4:07.27
JOHN HINTON 4:19.38
DAVID BAILEY 4:28.8h
KEVIN PAULK 4:31.6h
PETER HEGELBACH 4:33.19
JOSEPH DUDMAN 4:36.4h
KIERAN STACK 4:38.8h
TIMOTHY WAKELAND 4:40.58
BRETT DARRINGTON 4:46.92
MICHAEL MCMAHON *4:48.8h
LEN FERMAN *4:49.1h
JEFF KNOWLTON 4:49.38
MARK HOON *4:49.57
JOE BUECHLER *4:49.8h
DAVE HAAGA *4:50.69
ALAN THATCHER 4:52.9h
TED POULOS *4:56.61
KEVIN FORDE 4:56.7h

GARY GRILLIOT 4:56.7h
STUART PINEO 4:59.7h
JAY SWEET 5:02.6h
BRYAN CARR 5:03.1h
CHUCK SPENCER *5:03.7h
BOBBY ASWELL *5:04.7h
DAN JARAMILLO 5:05.24
M45
CHUCK COATS 4:33.9h
STEVE NEARMAN *4:37.51
GEORGE BUCKHEIT *4:37.97
CHUCK SHIELDS 4:41.1h
TOM SHERWOOD *4:45.5h
MARK CARVER 4:48.87
BRYAN NIEWALD 4:51.97
ROGER SAYRE *4:56.0h
PETER ALLEN 4:56.23
JEFFREY HAYES 4:57.0h
RICK PETERSON 5:00.42
DEAN HEBERT 5:03.66
DALE RUDIGER *5:09.3h
KEVIN HIGGINS 5:09.93
PENDER MURPHY *5:11.7h
CURTIS DAVIS 5:12.2h
BOB REYNOLDS 5:13.0h
RON CLAIR *5:14.0h
JACK PRESTRUD *5:14.4h
CRESCENZO DIVETTA 5:17.2h
MATTHEW NEVE *5:17.7h
MIKE DAVIS 5:20.96
STANLY STEWART *5:21.1h
ANDREW MILLER 5:21.5h
DANIEL KAVET *5:22.1h
M50
DAVE CLINGAN 4:43.67
STEPHEN CHANTRY 4:52.8h
RUSS PATTON 4:54.0h
BRUCE HAMILTON 4:55.0h
TERRY PERMAR 4:58.7h
JOEL HOFFSMITH 4:59.8h
TOM CUSHMAN 5:05.10
PAUL HINES 5:11.2h
PAUL RYAN 5:13.3h
THOMAS DEMING *5:13.5h
CRAIG HOLM 5:14.7h
LARRY MILLER 5:15.92
MICHAEL ALLISON *5:17.7h
TOM SKINNER *5:17.7h
RICHARD CLARK 5:17.9h
JOE KERN 5:18.56
THOMAS INZANA 5:20.53
RICK HOWER 5:23.4h
JON COHEN 5:24.3h
GEORGE DIEFFENBACH 5:24.8h
JOSEPH BURNO 5:26.31
DEWAY

JOSEPH DUDMAN 16:07.62
DAVE DOBLER 16:10.74
TOM PIGOTT *16:12.2h
KIERAN TUCK 16:13.1h
BRUCE DAVIE 16:16.38
BOB HINKLE *16:18.2h
PAUL ABDALLA *16:23.3h
BOB NUGENT 16:24.15
MIKE EGLE 16:30.89
HARRIS HARDY 16:38.64
LEON SHORDON 16:38.65
TODD SHELDEN 16:46.03
JOE BUECHLER *16:48.1h
JOHN MCGOVERN 16:52.20
TODD HAMBY 16:52.57
DAVID HATFIELD 16:57.50
KEVIN FORDE 17:03.0h
N BOUTHILLIER 17:04.59
ALEX GONZALES 17:16.9h
GLENN GIBNEY 17:19.49
DAVID WHITESPIN *17:23.0h

M45
ODIS SANDERS 15:43.70
GLENN MCISAAC 15:46.56
CHUCK COATS 15:49.69
MICHAEL CARLSON 16:12.9h
GREGORY CAULLER 16:32.94
BOB PRATHER 16:44.42
MAC ALLEN 16:47.32
BRYAN NIEWALD 17:00.25
ROGER SAYRE *17:03.1h
BRIAN NELSON 17:04.02
RONALD OFSTUN 17:04.69
GREG DIAMOND 17:06.4h
ANGELO DECOLLIBUS 17:10.53
DEAN HEBERT 17:39.04
TIM MURPHY 17:39.1h
BILL GILMORE 17:45.37
MAURICE POINTER 17:55.0h
JOHN ARAUJO *17:55.2h
GERALD HUTCHINSON 17:56.84
MICHAEL HOUAR 18:03.43
LEWIS KAYES 18:07.59
ADAM WEINER 18:08.17
STEVEN KOLLARS 18:10.13
WAYNE MASON 18:11.1h
DAVID HARDING 18:12.74

M50
KENNETH LEINBACH 15:56.86
RICK BECKER 16:15.49
LEONARD HILL 16:37.98
TERRY PERMAR 16:47.0h
TOM CUSHMAN 16:51.95
STEPHEN CHANTRY *17:00.2h
BOB PRATHER 17:02.88
GREGG HORNER 17:16.04
DALE CAMPBELL 17:34.25
ROBERT GARCIA 17:47.02
TOM BERNHARD 18:12.9h
MIKE LUNDBLAD 18:14.80
JOEL HOFFSMITH 18:22.0h
BILL SCHOLL 18:28.9h
KIRK LARSON 18:31.57
REID HARTER 18:37.92
THOMAS SHINNICK 18:38.28
S SCHALLENKAMP 18:48.1h
ROB DUNCANSON 19:00.43
MIKE PETERS 19:01.96
ROBERT QUALLS 19:18.9h
STUART HANCOCK 19:20.77
MICHAEL ALLISON *19:21.6h
BARRY SCHAEFFER 19:24.69
ERNIE MCKEE 19:26.2h

M55
RICHARD OBRIEN 17:08.98
TIM HALEY 17:10.7h
MITCHELL GARNER 17:53.2h
ROBERT BARBER 17:57.0h
DUNCAN MACDONALD 18:10.61
RICK PLATT *18:13.8h
MIKE MCGLYNN 18:37.88
WES WESSELY 18:47.16
BRUCE WATSON 18:55.0h
RANDY MENDAT 18:57.03
PATRICK DEHAVEN 18:58.3h
TOM DERDERIAN 19:00.76
RON ACKERMAN 19:02.46
ROGER PRICE 19:04.9h
SETH BERGMANN 19:20.0h
ALEX RODRIGUEZ 19:24.92
GRADY CASH 19:34.0h
GARY HALL 19:36.30
PETER O'NEIL *19:40.0h
KEITH NOREN 19:42.77
LARRY LIOY 19:45.08
JOE AXLEY 19:56.0h
GAYLORD DAVIS 20:04.95
GEORGE ZAKIELARZ 20:12.94
ROBERT JACKSON *20:15.0h

M60
JACK MILLER 18:23.80
BOB KRUMMERT 18:51.35
LOUIS COPPENS 19:40.0h
MAXWELL HAMLYN 19:51.89
DOUGLAS BROWN 20:01.09
EWAR GORDILLO 20:26.32
JON MANAGO 20:36.05
GEORGE DAVIS 20:43.38
STEVEN BRENNECK 20:53.84
DANIEL ALARID 21:36.36
GERALD MILLER 21:59.85
DANIEL BIGELOW 22:00.4h
DAVID JOHNSON 22:05.2h
WILLIAM ROSENBERG 22:07.3h
JOHN SHAW 22:10.3h
SAMUEL FAUGHT 23:22.0h
DAVID SCHMIDLIN *23:39.58
MARK PRESTON *23:52.00
KEITH MCCONNELL 24:37.52
STEPHEN MAZZA 24:50.2h
STEPHEN PIERCE 25:55.57
P LIMONCIELLO 26:27.32
VERNAL JACOB 26:37.69
THOMAS SEAMONSON 27:12.82
PAUL SPINNER 27:22.00

M65
MARVIN ROWLEY 19:07.97
THOM WEDDLE 21:06.18
KEN MOHICA 21:06.28
CHARLES GRAY 21:23.0h
GEOFF HOWARD 21:23.25
STEPHEN FORMAN 21:23.41
ZANE CANTRELL 21:35.0h
NORMAN GOLUSKIN 21:40.1h
JOE CORDERO 21:52.97
DENNIS CHRISTIAN 21:57.0h
JERRY LEVASSEUR 22:21.46
DON TRUEX 22:33.36
JIM DAVIS 22:38.00
KERMIT CADRETTE 22:55.3h
LARRY WRIGHT 22:55.62
TOM HILL *22:57.18
ROGER DEAN *24:15.8h
JOSEPH GLAZER *24:36.42
KEN OGDEN 24:46.13
ROBERT HUBERTY 24:50.94
WILLIAM WUTH 25:29.93
RALPH WOLF *26:56.96
RONALD JARVINEN 31:15.02
ROBERT KIEVER 38:51.00

M70
BILL IFFRIG 20:53.81
JIM SUTTON 21:03.0h
GEORGE MATHES 21:50.53
G MCCLENATHEN 23:20.73
BRICE KATTER 23:22.55

PAUL FLANAGAN 23:32.96
DONALD PRATT 25:33.11
RICH PECK 26:05.0h
CARL TUCK 26:21.55
DUKE WELLNER 28:47.20
RICHARD CHENEY 29:08.45
AL OPPLIGER 30:01.84
JOHN RAPP 30:28.61
FRED BURCHFIELD 30:33.0h
CHARLIE TEAGUE 30:35.70
LOUIS SIMMS 32:15.90
DAVID JORDAN 39:03.23
GENE WALKER 41:30.0h

M75
CLARENCE HARTLEY 25:00.2h
WILLIAM FORTUNE 26:36.85
FRED LOVELACE 31:24.0h
JESSE LONGACRE 39:06.0h
JOE PETROLINE 50:03.70

M80
JOHN KESTON 22:39.97
JAMES O'NEIL 32:43.59
RAYMOND LUNDELL 41:32.0h

M85
JOHN SMARTT 36:01.0h

M90
FRANK LEVINE 40:15.50
JESSE JOLLY 48:24.0h

W30
AMY RUDOLPH 15:03.59
JENNIFER RHINES 15:12.39
SHAYNE CULPEPPER 15:23.31
MICHELLE LAFLEUR 17:09.97
MOLLY TABER 17:23.74
MAEGAN CHAGGARIS 18:20.37
JENNIFER MURPHY 18:59.27
EILEEN TORRES 19:18.24
DEONNE DOUGLASS 22:43.32
RACHEL MENGE 22:47.74
MONIQUE LUCERO 23:51.35
CYNTHIA PEEPLES *25:50.22

W35
JENNIFER HEGARTY 18:10.78
JANE HEWETT 18:18.81
WENDY JOHNSON 19:09.67
JULIE THOMAS 19:43.60
IMELDA GONZALES *20:25.36
ANNETTE O'FLYNN 20:42.79
S STINE-MELGARES 20:59.03
SHERRI SIMS 22:04.10
JULIE HADASZY 22:40.9h
LAURIE MICHAEL *22:46.0h
MONICA CHIAO 25:03.7h

W40
TOYA REAVIS 18:28.13
ZETTA ARMBRUSTER 18:53.65
PATRICIA FOELL 19:31.78
KAREN JEFFERS 19:32.36
JEANNIE YOUNG 19:46.02
LYNNE ANDERSSON 19:47.15
KEENA CARSTENSEN *20:05.36
TRUDY MOHR 20:26.82
JACKIE MORGAN 20:27.01
TINA KLEIN 21:28.94
KELLY NOONAN 21:33.35
GRACE NETLAND 22:10.16
KAY WEEMS 22:20.1h
DESIREE LOVE 22:44.88
SUZANNE DEMARCHI 22:45.11
MARIA ROGERS 23:00.13
BONNIE FAUGNO 24:40.9h
JEAN ASWELL 25:26.1h
KEMREY MAGNANT 25:47.43
NATHALIE GAUTHIER 25:56.90
LORETTA PINKSTON 26:05.00
FRAN SALAMON 28:55.64
PAMELA TRENT *31:00.0h

W45
C AYALA-TRONCOSO 17:33.75
REGINA JOYCE 18:34.07
KEENA CARSTENSEN 19:12.84
ANNE HIRD 19:32.80
SARAH TABBUTT 19:54.0h
DEBBIE LEE 20:43.37
THERESA BROWN 21:16.04
SALLY BROOKING 21:38.17
MARLA RHODEN 21:46.04
BETH CORDY 21:53.14
C COMISO-FANELLI 22:17.00
SUSAN CHENG-LOOI *22:28.6h
MARGARET TAYLOR 22:58.59
ODETTE DUNN 24:21.98
MELISSA WHITE 26:42.67
CYNTHIA STEWART *31:11.3h

W50
PATTY BLANCHARD 18:31.38
KATHRYN MARTIN 18:43.83
C SMITH-HANNA 19:47.50
VICTORIA CRISP 19:54.84
KATHY WARD 19:55.13
DENISE JANNECK 19:57.30
ANGIE MIYASHIRO 20:11.76
SHERRI PRATHER 21:04.09
ROBIN VESEY 21:16.00
MARY DIVER 21:22.50
PAULA COOPER 22:17.0h
KAY HARRISON 23:25.41
KATHLEEN YECK 23:44.47
TRENICE DUBOW 24:25.80
LYNDELL WEEKS 24:38.0h
JESSICA TULLY 25:37.20
CYNTHIA WEBB 26:04.03
NAN MADOUX 26:27.42
DOREEN CROUSE *29:06.0h

W55
JEANETTE GROESZ 20:41.79
JANE HUTCHINSON 23:18.33
MARCELLA PAULL 23:55.59
WAH BERMAN 24:20.34
MARY COLLINS FINN 24:20.73
DALE HOLMES 25:01.83
YVONNE NICKEL 25:06.05
LANA BUTLER 25:22.0h
BARBARA SPANNAUS 25:28.01
NANCY CHURCH -26:39.68
SANDRA DAVIS 27:34.0h
MEG WATERS 28:38.0h

W60
M L MICHELSOHN 20:12.66
MARGIE STOLL 22:18.16
SHARON DOLAN 22:34.8h
RUSTY BARNETT 26:11.27
JANET JERNIGAN 27:11.0h
MELINDA BERGE 27:29.59
FRAN EMANUEL 27:33.0h
C LIMONCIELLO 27:45.91
FREDERICKA RAPP 28:41.38
EDNA BAY 29:04.98
JULIA EMMONS 29:13.27

W65
ANN AKERS 25:54.18
MARILYN PAUL 26:23.75
L EDDLEMON-MABEE 28:14.0h
JOYCE HODGES-HITE 30:39.9h
MARY MARSOLAIS 33:27.34
LAURA SANDERS 36:19.0h
JANET BAUMANN 38:46.43
PATRICIA WALKER 39:38.0h

W70
MARY HARADA 25:26.22
VALERA JONES 25:41.0h
MOLLIE CHANG 29:37.44
BARBARA ROBBEN 30:04.80

GERI OWENS 36:25.1h

W75
THELMA WILSON 29:25.87

W80
GERRY DAVIDSON 26:13.09
LOUISE ADAMS 36:43.16
HELEN LACHMAN 42:52.79

10,000 Meters

M30
MEB KEFLEZIGHI 28:10.57
JASON HUBBARD 28:37.64
JAE YUNG HYUNG 30:27.38
MALCOLM CAMPBELL 30:55.75
KAREEM LANIER 33:53.70
PAUL DAVIS 34:01.79
KARSTEN BROWN 38:41.16
BART SIGMON *51:35.6h

M35
M STRICKLAND 32:27.65
CRAIG GODWIN 33:13.20
DREW BELL 37:36.45
BRIAN HICKEY 43:05.92

M40
PAUL AUFDEMBERGE 30:04.43
BRIAN POPE 30:55.06
DAVID MATHERNE 32:54.57
MICHAEL TRUNKES 32:57.85
TIM VANDERVLUGT 33:32.28
MARK COUGHLIN 34:14.28
N BOUTHILLIER 35:13.87
CARL FRANZMAN 35:44.68
TED POULOS 36:36.52
BRADLEY CORDTS 36:39.93
E FITZMAURICE 38:19.75
TED COTTI 39:53.68
SERGIO GONZALEZ 40:05.60
JEFF TAYLOR *52:58.0h

M45
CRAIG YOUNG 33:26.17
ODIS SANDERS 33:52.72
RICHARD PUNCHES 34:39.35
JAVIER NARANJO 34:46.60
DANIEL WOJCIK 35:12.53
MAC ALLEN 36:11.47
TIM MURPHY 37:19.21
MICHAEL HOUAR 37:48.85
STANLY STEWART *37:51.1h
DAVID HARDING 39:42.59
SCOTT ABRAMS 43:20.13
ERIC BRASCHWITZ 47:38.59
MARTY SEAMON 55:25.45

M50
GREGG HORNER 36:21.88
REID HARTER 38:32.12
ROBERT QUALLS 40:24.37
BILL SCHOLL 40:32.59
GILBERT ANDERSON 41:21.47
RANDELL STURGEON 41:48.80
JOEL PASTERNACK 43:03.48
DAVID ALDERMAN 43:27.0h
ROB DUNCANSON 44:54.02
LARRY KEOWN 46:27.0h
JAMES MANLEY 49:56.22
JOHN JENKINS 54:55.0h

M55
ROBERT BARBER 39:20.0h
BRUCE WATSON 39:24.9h
DAVID TAYLOR 39:56.26
STEVEN SCHAEFFER 40:10.11
PHILLIP DAVIS 41:41.0h
KENT PRIZER 42:16.47
GRADY CASH 42:41.0h
J J WIND 43:06.40
JOHN TURNER 43:42.08
JERRY EDMUNDSON 46:00.0h
RICK UMPLEBY 47:56.06
BRANT TOLSMA 49:48.03

M60
ROBIN TALIAFERRO 41:18.68
MAXWELL HAMLYN 41:55.49
DOUGLAS BROWN 42:08.12
JON MANAGO 44:04.22
JEFFREY MARTIN 45:20.81
TOM BALCOM 45:22.65
PETER PRESSMAN 51:00.0h
RICHARD KALMANEK 54:19.0h

M65
MARVIN ROWLEY 39:47.31
THOM WEDDLE 44:58.84
NORMAN GOLUSKIN 45:29.16
JOE CORDERO 45:38.35
DENNIS CHRISTIAN 46:13.0h
CHARLES GRAY 46:22.0h
LARRY WRIGHT 46:48.84
ZANE CANTRELL 47:30.0h
WALLY BRAWNER 47:33.53
BILL MASTERSON 47:43.43
GEOFF HOWARD 47:45.23
KERMIT CADRETTE 49:52.25
JERRY LEVASSEUR 53:20.81
DON BAUM 1:01:28.46

M70
BILL IFFRIG 44:13.21
PAUL FLANAGAN 49:53.52
DONALD PRATT 54:34.96
ARTHUR DIETZ 56:23.55
RICH PECK 1:00:56.0h
GENE WALKER 1:25:13.0h

M75
GUNNAR LINDE 51:48.06
CRAIG MCMICKEN 1:02:31.91
FRED LOVELACE 1:09:41.0h
JESSE LONGACRE 1:17:10.0h

M80
JOHN KESTON 47:42.27

M85
JOHN SMARTT 1:18:59.0h

W30
AMY RUDOLPH 31:18.96
ELVA DRYER 31:21.92
JENNIFER RHINES 31:26.66
DEENA KASTOR 31:45.08
RACHEL MENGE 49:53.75

W35
SYLVIA MOSQUEDA 32:33.22
KIMBERLY FITCHEN 32:47.79
JENNIFER CRAIN 33:05.71
NICOLE HUNT 33:42.01
DONNA GARCIA 36:30.03
KIM FEATHER 38:02.03

W40
JEANNIE YOUNG 41:43.69
LYNNE ANDERSSON 42:49.33
TRUDY MOHR 43:29.76
DESIREE LOVE 50:41.53
W45 10000 METER RUN
C COMISO-FANELLI 47:14.32
ODETTE DUNN 55:10.12

W50
KATHRYN MARTIN 40:38.31
CHRISTINE MENKIN 59:07.35
SHERRI ROWLAND 59:59.64
RACQUEL SMITH 1:01:07.58
BETH BROOKS 1:12:11.0h

W55
MARY COLLINS FINN 49:57.27
YVONNE NICKEL 55:32.12
LANA BUTLER 55:46.0h
SANDRA DAVIS 1:00:07.0h
BARBARA TAYLOR 1:14:57.0h

W65
L EDDLEMON-MABEE 59:38.0h

NADINE RIHANI 1:05:14.0h
PATRICIA WALKER 1:24:30.0h

80m Hurdles

M70
WILLIAM CLARK 13.71
DOUG SPAINHOWER 14.29
LOWELL BONIFIELD 14.61
PHIL SHIPP 14.74
CHARLIE RICHARD *14.76
DON RYAN 15.34
ROBERT HEWITT 15.60
GLEN STONE 15.67
CLARENCE TRINKNER 16.09
JAMES DUNCAN 16.45
JOEL STINSON 16.80
JAMES LEGGITT 17.34
RICHARD LARKIN 18.41
BOB GOLLY 19.08
WILLIAM JANKOVICH 20.67
PHILLIP JOHNSON 21.37
CL BRUCE 22.59
WILLIAM CLARK 14.6h
PHIL SHIPP 14.7h

M75
JAMES STOOKEY 13.62
CHUCK SOCHOR 16.80
DENVER SMITH 22.78
JAMES STOOKEY 13.6h
CHUCK SOCHOR 19.5h

M80
MELVIN LARSEN 14.75
FRED HIRSIMAKI 18.20
RICHARD WARREN 20.86
FRED HIRSIMAKI *16.0h

W40
STEPHANIE THOMAS 11.76
JOY UPSHAW-MARGERUM 12.01
VERONICA AMARASEKARA 12.68
REGINA RICHARDSON *12.82
CAREN WARE 13.82
DENISE WILLARD 14.05
PAMELA GUNNESON 14.45
KAREN WAMELING 14.55
DEBBIE ZAKERSKI 15.09
LINDA BUTLER *15.51
CYNTHIA MARKS 16.32
KAREN JEFFERS 18.07
REGINA RICHARDSON *12.9h

W45
DARLA ATWOOD 14.71
JOANNE PETKUS 15.98
ELIZABETH MONDAY 17.32
ELIZABETH WALSH 17.43
COLLEEN BURGESON 18.25
KAREN VAUGHN 18.37

W50
ANNA WLODARCZYK 13.99
IRENE THOMPSON 14.07
KAY GLYNN 14.76
LINDA LOWERY 15.71
IRENE THOMPSON *14.1h

W55
PHIL RASCHKER 13.76
AVRIL NAYLOR 16.87
RHONA TROTT 18.66
CAROLYN MCCORMICK 19.08

W60
ANN CARTER 19.33

W65
BARBARA JORDAN 17.18
EVELYN WRIGHT 20.8h

W70
FLO MEILER 17.67
CHRISTEL DONLEY 18.44

W80
JOHNNYE VALIEN 24.34

100m Hurdles

M50
BRIAN MCKINLEY 14.92
COLIN WILLIAMS *14.93
STACEY PRICE 14.97
THADDEUS WILSON 15.12
ROBERT ZAHN 15.17
JAMES BROUN 15.27
MICHAEL PANNELL 15.34
TIM WALTERS 15.40
STEVE KEMP 15.51
BILL MURRAY 15.65
DONALD KELLER *15.94
RUSSELL JACQUET-ACEA 16.07
DAVID BUGGS 16.18
VINCENT COSTELLO 16.33
ANTHONY SEARLES 16.53
MICHAEL RADIFF 16.77
SERGIO ANGULA 16.89
ANDREW HECKER 17.14
JEFF WATRY 17.48
BOB DORAN 17.87
KELLY MEARES 18.24
DOUGLAS BOEHR 18.34
ROB DUNCANSON *18.52
DAVID HALL 18.61
BOB KORTMANN 18.71
JAMES BROUN 14.7h
TIM WALTERS *14.9h
STACEY PRICE 15.5h
RUSSELL JACQUET-ACEA *16.9h
ANTHONY TORRE *17.8h
BOB KORTMANN 18.1h
RICHARD WATSON 20.5h

M55
STANLEY DRUCKREY 15.37
ROGER PARNELL 16.33
OZZIE BINION 17.23
ROBERT NORTON 17.34
JACK CRAIG 17.35
IVAN BLACK 18.20
ROBERT BAKER 18.65
RANDALL OLSON 19.27
BILL PONTIUS 19.78
CARTER HOLMES 20.60
NORMAN HOUGH 20.99
CLIFF KOON 21.48
PATRICK SWEENEY 23.50
MICHAEL MOSER 24.53
LLOYD LONG 24.92
BILL MCDONALD 25.54
PHIL PARKER 25.90
MICHAEL DEJESUS 27.82
EDWARD BASKAUSKAS 30.41
OZZIE BINION 17.5h

M60
COURTLAND GRAY *14.82
JAMES HOLLISTER 15.35
JOE JOHNSTON 16.60
VICTOR BENJAMIN 16.81
BILL ANGUS 17.54
LARRY SALLINGER 17.58
BOB OSTERHOUDT 18.43
RON COLLIVER 19.80
MICHAEL MILOVE 19.90
ROBERT NORTON 19.97
JOHNSTON EWING 20.40
HOWARD DEWEY 20.43
MICHAEL BURNS 20.71
TERENCE ROWAN 20.75
FRANK LEE 21.07
STEPHEN PIERCE *21.13
WILLIAM WOEHRLE 21.63
JIM SHOEMAKER 23.09
LARRY SHARP 24.45

ED TANNER 25.25
PHINEAS ANDERSON *21.2h

M65
EMIL PAWLIK 15.98
BOB PAULEN 17.19
GEORGE LABELLE 18.92
ROBERT PAULSEN 19.87
DAVE DOERRER 20.46
RONALD KIRKPATRICK 20.53
BARRY KLINE 20.92
BRUCE MILLS 21.49
BOB FULTON 21.71
FRED BAER 24.94
JOHN SLOAN 26.80
BOB PAULEN 19.2h

W30
ANJANETTE KIRKLAND 12.57
M MORRISON-HOWARD 12.86
KISHA RAWLINSON 18.40
BARBARA FOSTER 25.92

W35
CLARE LOOK-JAEGER 15.50
ANNIE LUNSMAN 20.30
TERRI LOWE 24.60
PATTY KRAMER 19.6h
VIKKI MICHELL 20.7h
TANIA WIOTT 24.4h

110m Hurdles

M30
ALLEN JOHNSON 12.99
DOMINIQUE ARNOLD 13.05
DUANE ROSS 13.41
HEANON TATE 14.59
PHIL MCMULLEN 14.83
MICHAEL JACKSON 16.05
CECIL FERRIS *16.07
ROBERT PRICE 16.27
COREY GRAFE 16.46
GABE GIRARD 17.24
THOMAS PEEPLES *18.72
GEORGE NICHOLS 20.03
CHIP SCHNEIDER 20.17
DURELL JOHNSON 20.41
KEVIN MCCLEASE 17.6h
DURELL JOHNSON 20.9h

M35
TERRY REESE 14.15
DON DRUMMOND 14.34
ROD JETT 14.45
RICHARD HOLMES 14.77
JAMES SMITH 14.83
KIP JANVRIN 15.26
LESLIE YOUNG 15.80
ANDREW JANNSEN *16.01
JOHNNY WATSON 16.23
TONY POLLARD 16.61
ROD WILCOX 16.96
LAMAR HASBROUCK 17.25
TIM BRENNAN 17.49
KRISTIAN MARKS 18.24
GWYNN VILLEGAS 18.42
BRETT PRESLEY 18.81
SMITH JAMES 15.8h
ROD WILCOX *17.6h

M40
WILLIE GAULT 13.87
DAVID ASHFORD 14.00
DEXTER MCCLOUD 14.53
HENRY ANDRADE 14.58
JEROME CADORET 14.65
JOHN HOYT 14.96
KIP JANVRIN 15.40
DAVID ZEITERS 16.46
FRANKLIN DAVIS 17.45
BRIAN CONLEY 17.79
ROBERT LAWSON 18.17
SCOTT MOSSER 18.30
LUIS HUARCAYA *19.05
MICHAEL BURKE 19.27
JOHN SKIRBST 20.26
MARK TWEDT 20.42
LOGAN CULP 22.17
RUSTY RYAN 22.37
JAMES TIMOCH 22.80
LYLE WHITAKER 22.82

M45
PETER GRIMES 14.67
B.J. DUHAN 15.23
EUGENE ANTON 15.65
JEFF BROWER *16.49
TIMOTHY MCMAHON 16.49
PHIL BUJALSKI 16.71
LEEE X 16.92
JOSEPH SCHWIETERMAN 17.27
KEN ELLIS *17.42
WILL SCOTT *17.48
JIM RUSS 17.88
MARK WILLIAMSON 18.13
PAUL NELSON 18.20
GEORGE MUNRO 18.59
PAT NICHOLSON *19.00
ROBERT MCDANIELS 19.10
KELLY LYCAN 19.18
KEN CAVINESS 19.60
JEFFERY DAVISON 19.98
FRANK MAKOZY 20.94
BRADY MAYER 21.34
SHAWN SHURILLA 21.41
ROBERT STANLEY 23.12
TIMOTHY MCMAHON 16.2h
PHIL BUJALSKI 16.4h
JOSEPH SCHWIETERMAN *16.8h
LEEE X 16.9h
GEORGE MUNRO 17.9h
JEFFERY DAVISON *19.5h
PAUL ZELMANSKI 20.1h
ERWIN JONES 21.1h

300m Hurdles

M50
ANDREW HECKER 47.29
ALAN CREVELING 51.56

M55
CARTER HOLMES *56.73
MICHAEL MOSER *1:09.34

M60
VICTOR BENJAMIN 47.03
WARREN GRAFF 48.76
LARRY NORRIS 49.22
JAMES HOLLISTER 49.67
DOUGLAS GEERTGENS 50.02
STEVE PROUTY 51.62
CARL ETTER 51.67
PAUL GANSLE 53.73
STEPHEN PIERCE *55.21
JOHNSTON EWING 59.45
MICHAEL BURNS *1:01.36
JACK KARBENS *1:04.19
WILLIAM WOEHRLE 1:06.75
ED TANNER 1:09.29

M65
RONALD KIRKPATRICK 48.91
MICHAEL DESTEFANO 49.37
EMIL PAWLIK 49.92
TERRY ROWAN 53.65
ROBERT PAULSEN 53.80
BOB PAULEN 54.1h
GEORGE LABELLE 58.76
BRUCE MILLS 1:00.57
GUSTAVE DAVIS 1:22.27

M70
WILLIAM CLARK 54.54
LOWELL BONIFIELD 55.39
JAMES LEGGITT 56.37
PHIL SHIPP 57.88

BOB GOLLY 1:01.24
AL SHEAHEN 1:08.40
RAYMOND FITZHUGH 1:10.39
GEORGE FREEMAN 1:10.93

M75
JAMES STOOKEY 53.15
CHUCK SOCHOR 1:20.7h

M85
DAN BULKLEY 1:33.76

W50
IRENE THOMPSON 55.90
TINA BOWMAN 1:01.01

W55
RHONA TROTT 59.38

W65
BARBARA JORDAN 1:06.33

400m Hurdles

M30
JOEY WOODY 49.60
QUINTON MILNER 49.80
WILLIAM PORTER 49.96
AARON LACY 51.66
ROBERT PRICE 52.58
MICHAEL JACKSON 57.39
COREY GRAFE 1:00.21
JEFF WESTY *1:03.53
CECIL FERRIS *1:04.76

M35
DON DRUMMOND 54.01
CHRIS GRANT 54.67
BRADLEY DITTMAR 56.79
LAURENT BIRARS 58.09
JAMES SMITH 1:00.06
ANDREW JANNSEN *1:01.87
JOHNNY WATSON 1:02.89
JEFF WILLIAMS 1:10.11
MATT MURPHY 1:11.10

M40
KIP JANVRIN 54.68
GETULIO ECHEANDIA 56.84
BRAD THOMAS 1:00.02
DEXTER MCCLOUD 1:01.00
KERRY SLOAN 1:01.33
SCOTT MOSSER 1:02.38
BERT WILLIAMS *1:04.06
DREW MONAGHAN 1:04.57
ROBERT HARRIS 1:04.85
CHARLES WEEKES 1:05.5h
JOHN LIGHT 1:07.30
JAMES SINGLETON 1:07.80
ROB LAWSON 1:08.07
TIM HAMILTON 1:08.87
BRET LIND 1:13.06
RICH COSTELLO 1:13.19
STEVE SAKUMA 1:16.63
STEVE COOPER 1:21.00

M45
DARNELL GATLING 56.8h
JEFF BROWER 1:00.87
JOHN DYER 1:00.93
PHIL BUJALSKI 1:01.82
TIMOTHY MCMAHON 1:02.2h
LEEE X 1:02.56
DOUG SCHNEEBECK 1:03.35
SHAWN SHURILLA 1:05.84
EUGENE ANTON 1:06.13
WILL SCOTT *1:07.42
JIM RUSS 1:08.35
ROB DUNCANSON 1:09.11
LARRY DUTTWEILER 1:10.6h
JAMES SINGLETON 1:11.5h
DAVID GOLDBERG 1:11.93
JEFFERY DAVISON 1:12.50
ROY ARNESEN 1:13.47
RANDY MCDERMOTT 1:16.47

M50
BRIAN MCKINLEY 1:01.60
DAVID ORTMAN 1:01.70
MICHAEL PANNELL 1:02.84
STEVE KEMP 1:03.04
RICK EASLEY 1:05.25
ROB DUNCANSON 1:05.57
RUSS JACQUET-ACEA 1:05.84
LAGRANT ANTHONY 1:06.8h
VINCENT COSTELLO 1:07.82
ANDREW HECKER 1:08.60
JOHN TAYLOR 1:09.21
LAMAR GALLOWAY 1:10.85
SERGIO ANGULA *1:12.43
PAUL SHIRES 1:12.63
DAVID HOOVER 1:12.67
DOUGLAS BOEHR 1:13.11
GENE IWEN 1:13.89
DENNIS HARKINS 1:20.15
ANTHONY BAKER 1:22.73
PATRICK WHITE 1:26.06

M55
RICK LAPP 1:03.9h
STANLEY DRUCKREY 1:07.30
LESTER MOUNT *1:08.96
OZZIE BINION 1:10.73
BILL PONTIUS 1:11.81
BRANT TOLSMA 1:13.31
HARVEY POLLACK 1:13.78
JAMES DOLEZEL *1:14.42
IVAN BLACK 1:14.79
WILL WRIGHT 1:16.53
BILL PHILLIPS 1:16.81
ROBERT NORTON 1:30.02
NEAL SCHUSTER 1:34.09

W30
TANISHA MILLS 55.57
MELINDA SALLINS 56.29
M REMBERT-THOMPSON 58.08

W35
SANDRA GLOVER 53.32
KIM BATTEN 55.58
ANNIE LUNSMAN 1:13.45
VIKKI MICHELL 1:25.4h

W40
CAREN WARE 1:12.67
DEBBIE ZAKERSKI 1:16.11
LINDA BUTLER 1:18.59
CYNTHIA MARKS 1:25.05
LISA MARIE RENDER 1:29.98
MARY WOO 1:34.26

W45
JOANNE PETKUS 1:31.95
LIZ JOHNSON 1:50.01

2000m Steeplechase

M60
STEVE PROUTY 7:44.23
LARRY NORRIS 8:26.87
FRED CLARK 8:42.96
GALE PFUELLER 8:50.68
ROLLIE CAVALETTO 8:58.71
DANIEL BIGELOW 9:28.7h
STEPHEN PIERCE 9:29.74
ED TANNER 9:38.15
BLAINE LAWSON 9:39.57
WILLIAM COOPER 10:01.26
JOHN SHAW 10:14.70
DOC MURDOCK 10:28.05
ARTHUR MAILLET 11:19.19

M65
DENIS DALY 8:52.2h
JOE CORDERO 8:55.90
WALLY BRAWNER 9:12.77
BOBBY FISCHER 9:20.15
JERRY LEVASSEUR 10:00.14
JAMES CULLEN 13:21.40

M70
GORDON MCCLENATHEN 9:27.2h
GEORGE FREEMAN 11:03.4h

JIM HITE 11:48.57
AL OPPLIGER 11:50.73

M75
JIM SELBY 11:36.75
CHUCK SOCHOR 13:32.41

M85
DAN BULKLEY 15:05.25

W30
NICOLE LYCAN 7:47.13

W35
LEE D'ALESSANDRO 8:32.4h
S STINE-MELGARES 8:56.32

W40
KAREN STEEN 7:05.06
KATIE DUNNE 8:04.8h
KAREN JEFFERS 8:42.59
KAREN DUNCANSON 9:37.44
LISA MARIE RENDER 10:21.17
DESIREE LOVE 12:39.98

W45
SUE GRIGSBY 8:55.39
ODETTE DUNN 10:43.84

W50
KATHY WARD 9:21.69
MARY DIVER 9:56.01
RACQUEL SMITH 12:11.27

W55
HILLEN VONMALTZAHN 8:59.60
MARY ROSADO 10:23.63
MARY TROTTO 11:26.40
SARAH WHITMORE 11:41.89
SUSAN HILL 11:43.44

W60
JAYNE OPPLIGER 17:25.90

3000m Steeplechase

M30
ROBERT GARY 8:24.16
JACQUES SALLBERG 8:34.91
BOB HARDY 11:50.65
MIKE ROSOLINO 12:18.69

M35
CHRIS YORGES 10:17.21
DAVID MISKIMENS 10:46.29
KURT STEEGE 12:04.92
BRIAN HICKEY 12:27.23
BAOKIM COLEMAN 16:43.16

M40
MIKE SCANNELL 9:40.02
JIM FULLARTON 11:13.48
N BOUTHILLIER 11:26.70
TED POULOS 11:39.17
RICK SHERMAN 11:41.88
RANDY MILLER 11:42.99
TIM BECKEN 13:11.50
ROB LAWSON 13:45.76
STEVE COOPER 14:03.42
BILL MCDONALD 14:22.81

M45
PHILLIP WRIGHT 10:23.1h
DAVID COOK 11:11.44
STEVEN KOLLARS 11:38.41
BRADLEY GARDNER 11:39.57
DAVID HARDING 11:53.37
MICHAEL HOUAR 12:05.38
CHUCK PERDUE 12:43.4h
NIKOS MOURTOS 13:13.20
COLE WOOLLEY 14:40.71
TIMOTHY MOYLAN 16:17.23

M50
JIM ROBINSON 10:48.12
DEAN TAYLOR 11:56.27
STUART HANCOCK 12:29.1h
SCOTT KESSLER 12:42.51
ROB DUNCANSON 12:43.94
JIM SATTERFIELD 12:54.45
BARRY BLAKE 13:03.73
KENNETH WORTHEN 13:05.95
GARY CAMP 13:15.14
WILLIAM WEIGEL 13:39.2h
JAMES MANLEY 15:01.52
PARKER WHITE 15:34.01

M55
RON PATE 12:10.56
DAVID TAYLOR 12:13.42
SEARCY BARNETT 13:43.7h
ROBERT WEINER 14:03.1h
BRANT TOLSMA 14:15.71

High Jump

M30
MATT HEMINGWAY 2.27
HENRY PATTERSON 2.17
JIM MCHUGH 1.96
PHIL MCMULLEN 1.94
JOHN BOCCI 1.82
JASON HERBST 1.75
CARDWELL WOOTEN 1.73
JEREMY MCIVER *1.70
KEVIN MCCLEASE 1.68
JAMIE JOCHUM *1.63
STEVE DOUGLASS 1.63
MICHAEL GRAHAM 1.62
ADAM ALDERTON 1.62
TERREL SCAMBLER 1.60
DURELL JOHNSON 1.52
JOHN PURRELL 1.45
SEAN QUINN 1.42
CHARLES OSWALD 1.23

M35
OLEG MYSIKOV 1.90
MATT SUNDERMAN *1.88
ALBERT IGNACIO *1.88
ANDREW GATT 1.87
KIP JANVRIN 1.83
KEVIN GROSS *1.83
TONY POLLARD 1.82
THADDEUS CHMIELEWSKI 1.80
JAMES BARR 1.80
LESLIE YOUNG 1.78
EDWARD HUSAR 1.77
ROD WILCOX 1.75
ANDREW JANNSEN 1.74
GUY STOCKARD 1.73
JOHN PEDATI 1.73
ROGER BLY *1.70
CHRIS BABCOCK 1.70
RAFAEL SUAREZ 1.68
KEVIN LUTHY 1.68
TERRY HOLLINGSWORTH *1.63
SHAWN MCILNAY 1.57
EDWARD OSTIN 1.55
JOE KAKUTA 1.52
BARRY HENRY 1.50
RANDY UNRUH 1.47

M40
THOMAS VANZANDT

MARG RADCLIFF 1.12
CAROL STRICKLIN 1.07
KATHY BALTHAZAR-HEITZ 1.05
SANDRA GUY 1.04
ANN CARTER 1.02
MARILYN BELLAMY *1.02
BRENDA ANDRIEU *1.02
W65
KATHY BERGEN *1.33
EVELYN WRIGHT 1.22
SHELLY WHITLOCK *1.12
BECKY SISLEY 1.12
ESSIE KEA *1.12
SANDY ANDERSON 1.12
BARBARA JORDAN 1.08
LINDA STRINGER 1.07
PATRICIA BEAM *1.07
BETSY BOSWELL 1.04
AUDREY KEMPF *1.02
JOYCE MANIS 0.97
HARRIET KAUFMAN *0.97
ARLENE DUPUIS *0.95
JOAN WILDER 0.94
W70
CHRISTEL DONLEY 1.16
FLO MEILER *1.12
RUTH NEFF 1.02
ELLEN BRANNIGAN *1.02
PHYLLIS PROVOST *0.97
CHARLENE OLIVER *0.97
FEI-MEI CHOU .95
VERA WHITESIDE *0.91
BARBARA SELF *0.86
ROSALIA GIOIA *0.86
KATY FELKNER *0.81
W75
LEONORE MCDANIELS 1.06
ETHEL LEHMANN *1.04
JOHNNYE VALIEN *0.97
FRANCES STYLES *0.94
BRIGITTE LANGER *0.91
MARY SEEBECK *0.86
W80
SARAH OVERTON 1.02
JOHNNYE VALIEN .91
RUTH SEEGER *0.89
MARGARET HINTON *0.84
LUELLA MORRIS 0.81
W85
HELEN BEAUCHAMP *0.84
MARY BOWERMASTER *0.79

Pole Vault

M30
DEREK MILES 5.81
NICK HYSONG 5.70
KURT HANNA 5.50
TIMOTHY MACK 5.40
TYE HARVEY 5.40
PHIL MCMULLEN 5.00
STEPHEN WHITE 4.91
BO ALTHOFF 4.72
CREED STARY 4.69
SCOTT BERRY 4.57
BEN SHAFFER *4.27
KRIS ALLISON *4.27
STEWART MCNAULL 4.11
CHRIS WATSON 4.10
PAUL GRABOW 3.81
GENE BRIDGEWATER 3.81
RAY STALLSWORTH 3.70
KEVIN CONNELLY - 3.54
JOHN PURRELL 3.51
ROB FRANGIONE 3.51
TALEN SINGER 3.05
TIM DOOLEY *2.90
M35
JEFF HARTWIG 5.65
PAT MANSON 5.50
KIP JANVRIN 4.65
CREED STRAY 4.60
JAMES JAEGER 4.57
DANIEL HOLTON 4.42
PAT LICARI *4.40
PETER BROOKS 4.26
JEFF CULLIGAN 4.12
ROBERT HAECK 4.11
PENDELL WELLINGTON 4.10
DARRELL GOBBLE 3.96
TODD ERBST 3.51
RICHARD FOX 3.50
BARRY HENRY 3.40
ROD WILCOX 3.35
KEVIN LUTHY 3.00
TERRY HOLLINGSWORTH *2.90
THOMAS PARTISS 2.85
M40
PAUL BABITS 4.90
PAUL SINATRA 4.75
KIP JANVRIN 4.70
DUNCAN LITTLEFIELD 4.57
TIM MCINTYRE 4.42
THAD BRADY *4.35
GEORGE BARBER 4.27
BERNIE MILLER 3.96
JOHN HOYT 3.90
MARC FISH 3.81
DOLF BERLE 3.81
DOUG WEIMERSKIRCH 3.66
JEFF MCGINNIS 3.66
MICHAEL LOGUE 3.66
GREG CHARLES 3.66
JAMES PITCHER 3.65
KEN BAYLESS 3.65
RICHARD BARRETT 3.65
ROBERT LAWSON 3.60
TODD HAIRE 3.50
PAUL ANGELL *3.50
ROBERT MCCORMICK 3.45
ROSS WOLFE 3.35
TIM HAMILTON 3.30
SHAWN BROWN 3.20
M45
BILL HALVERSON 4.42
TOM HINTNAUS 4.40
CHRIS DUHON 4.40
DANIEL UMENHOFER 4.27
LOUIS BAUCOM 4.15
DOUGLAS GABBERT 4.11
JAMES FOUNTAIN 4.11
COY AKERS *4.11
THOMAS BUNNER 4.10
WENDELL BECK 4.10
GERARD BYRNE 4.00
BRADFORD MCFARLING 3.95
BRAD MCFARLAND 3.95
KEN ELLIS *3.81
TERRY CHRISTOPHER 3.80
DAN ASKEY 3.67
THOMAS ROSENTHAL *3.66
BRIAN MAGERKURTH 3.66
MARK BREAULT *3.66
VICTOR BEREZOVSKIY 3.66
JERRY ROHN 3.65
ROD JACOBSON 3.65
RICK ROLL *3.60
DONALD SEVERN 3.51
WILLIAM COOK 3.51
M50
CHARLES BROWN 4.24
DANIEL WEST 4.12
MURRAY MEAD 4.11
TERRY PORTER 4.10
MIKE HOGAN 4.09
KEITH PETRANEK 3.96
STEVEN HARDISON 3.96
JOHN WORCESTER 3.95
LYNDELL FARMER *3.86
GRAY WATKINS 3.75
BOB SPARKS *3.75
ROBERT BERKE 3.73
BRAD WINTER 3.66
TOM STOVER *3.66
PETER HISCHMANN 3.66
RICHARD CHRISTOPH *3.66
MARK HERMAN 3.65
RALPH HAYNIE 3.65
BUBBA SPARKS *3.57
CARL CODY *3.54
DOUG SPARKS 3.50
RICHARD RIVAS 3.36
RONALD PHILLIPS 3.35
KELLY MEARES 3.35
RUSSELL JACQUET-ACEA 3.35
MICHAEL GRAHAM 3.35
ROB DUNCANSON 3.35
JOHN CARMONY 3.35
M55
STEVEN HARDISON 4.06
JOHN ALTENDORF 3.85
MATTI KILPELAINEN 3.80
DENNIS PHILLIPS 3.70
BRAD SUNNES *3.66
STEVE MORRIS *3.66
RICHARD MCPEEK 3.55
HENRY JORDAN 3.51
JOHNNIE DYE 3.51
TOMLINSON RAUSCHER 3.45
WARREN WILKE 3.35
JOSEF PFISTER 3.25
BRANT TOLSMA 3.20
CARY CARTER *3.20
ROBERT BAKER 3.15
GERARD DUNNE 3.07
BRUCE PERKINS 3.05
DAVID JOHNSTON 3.05
CLINT HARRIS *3.05
PETER FICHTER 3.05
JAMES DOLEZEL 3.05
MICHAEL JAMES 2.95
DICK CLINTWORTH *2.93
DENNIS SCHMITT 2.90
JOHN PERKINS 2.90
CHUCK HAMMONDS 2.90
ROBERT DUNCAN *2.90
M60
MATTI KILPELAINEN 3.83
JOE JOHNSTON 3.60
ROBERT BAKER 3.35
BRUCE HOTALING 3.30
ROGER WERNE 3.20
STEVEN WARR *3.20
JEFF TINDALL 3.20
RON COLLIVER *3.20
BILL ANGUS 3.10
MARDON CONNELLY 3.07
RICHARD KLEHM *3.05
LARRY JONES 2.95
THOMAS SHARPLES 2.92
CHARLES POLHAMUS 2.90
JOHNSTON EWING 2.90
HOWARD BOOTH *2.90
JOHN ANDRESEN 2.90
JOE TOWNSLEY 2.75
RICHARD EVANS *2.74
BUSTER BYRNES 2.74
ART RIBBELL 2.59
BOB LEWIS *2.59
MARCO LOPEZ *2.54
DON MCCREA 2.50
LARRY ARMSTRONG 2.45
M65
TERRY CANNON 3.20
GERALD COUNIHAN 3.15
DON ISETT *3.05
TAYLOR GOODE *3.05
JAMES TINELLI *2.90
DAVE DOERRER 2.90
DICK CUNNINGHAM 2.90
BOB FULTON 2.89
JIM MATEJKA 2.80
FRANK TINELLI 2.75
JOHN STEINMAN 2.75
DAVID BUTLER *2.75
PHIL SHIPP 2.74
EMIL PAWLIK 2.70
JOHN SLOAN 2.59
CHUCK TOMPKINS *2.54
LARRY HEINE *2.44
MOHLER SIMPSON 2.30
LEWIS SIMS *2.29
DAVID SERVIS 2.29
ROGER CHASSAY *2.13
BOB SOUTHERLAN *1.98
RALPH REICHE *1.98
NORM CYPRUS 1.95
JERRY ROUSE *1.83
M70
ROBERT HEWITT 2.80
PHIL SHIPP 2.75
DEKE CONKLIN 2.75
JOHN SHARP *2.59
TOM COWLEY *2.54
DOUGLASS MCFETTERS 2.45
WILLIAM JANKOVICH *2.44
JAMES DUNCAN 2.44
JAMES CONDELL *2.44
ALLEN MORRIS *2.43
MAKINI ENAKAYA 2.40
RICHARD FORMAN 2.40
RICK SCHREINER 2.28
JAMES SINGLETON 2.27
DAVID DIBLEY 2.27
M45
WILLIAM LONG 6.15
PETER HOUBA 6.10
DAVID QUICK 5.76
BRYAN JOHNSON 5.71
RICHARD CHOPPA 5.71
BRIAN HANKERSON 5.70
ANTHONY BAILEY 5.69
MAHMOUD NIROUMAND *5.66
WARREN WASHINGTON 5.59
MICHAEL TRAVERS 5.59
MARCUS BATTLE 5.59
RANDY MCDERMOTT 5.57
JIM RUSS 5.55
LOVELL BUTLER 5.54
RAGNAR MOSSBERG *5.52
JOHN CASALE 5.50
JAMES SINGLETON 5.49
STEPHEN WINKEL 5.35
MICHAEL ANCY *5.32
JOSEPH SCHWIETERMAN 5.31
JOE LAFFERTY 5.30
SCOTT COPELAND 5.28
KEN ELLIS 5.27
THOMAS CSANADI 5.25
RON MANION 5.24
M50
TIM WALTERS 5.68
ROBERT CLARK *5.64
WAYNE FISHER 5.63
JOHN KUEHLE 5.61
DAVID ORTMAN *5.56
BILL MURRAY 5.53
BOBBY TERRELL 5.44
THADDEUS WILSON 5.35
STEVE WORLEY *5.30
ROB DUNCANSON 5.27
KELLIE SUTTLE 4.41
CARRIE PALANGE 2.13
ANGIE COHORST *1.68
W40
PAMELA SWAN 2.96
DEBBIE ZAKERSKI 1.80
CAREN WARE 1.70
W45
PAMELA TRAUTMAN *2.63
LIZ JOHNSON 1.90
W50
RITA HANSCOM 2.73
DINAH ANDERSON 2.00
SUSAN MCDERMOT *1.98
W55
HILLEN VON MALTZAHN 2.75
PHIL RASCHKER *2.44
D VANDERCRUYSSEN 1.90
JANE KAISER *1.52
MARY TROTTO 1.30
W60
NADINE O'CONNOR 3.12
JOY MACDONALD 2.29
KATHY JAGER 2.29
BRENDA ANDRIEU *1.17
CAROL STRICKLIN *1.02
KATHY BALTHAZAR-HEITZ 1.00
W65
BECKY SISLEY 2.30
EVELYN WRIGHT 1.85
SHELLY WHITLOCK *1.50
W70
FLO MEILER *1.98
W75
LEONORE MCDANIELS 1.40
W80
JOHNNYE VALIEN 1.40
SARAH OVERTON *1.17
MARGARET HINTON *1.01

Long Jump

M30
KEVIN DILWORTH 7.63
SEAN ROBBINS 7.48
MAURICE ENNIS 7.21
KEVIN ROBINSON 7.06
ROD DRAYTON 7.06
OSCAR ROBINSON 7.01
PHIL MCMULLEN 6.85
JEFF SODERQUIST 6.60
MICHAEL PATTERSON 6.33
IBRAHIMA DOUMBYA 6.30
ALFY PETTES 6.27
KYLE HOPKINS 6.25
DAVE EATON 6.15
CARDWELL WOOTEN 6.08
ERIC BRAMWELL 6.06
CORWIN JACKSON 5.85
SHAWN DOLEZILEK 5.75
ADAM ALDERTON 5.63
KEVIN JOLLY *5.60
KENDALL MATTHEWS 5.56
CECIL FERRIS 5.32
TED DIEHL 5.14
MARK MANGHERA 5.13
JAMIE JOCHUM *5.07
MICHAEL GRAHAM 4.97
M35
JEROME ROBINSON 7.43
VINCENT MARTIN 6.94
STUART RICHMOND 6.84
KIP JANVRIN 6.68
CHUCK LUMIO 6.50
NICK DAMALAS 6.45
CURTIS MOORE 6.20
MARLON WILLIAMS 5.98
HENDERSON BENJAMIN 5.97
VICTOR LEWIS 5.89
DAREN WELBORN 5.88
JAMES BARR 5.87
ROD WILCOX 5.70
LESLIE YOUNG 5.64
STEVEN ELLISON 5.51
BRENT ECKELS 5.51
KEVIN LUTHY 5.41
WHIT WHITAKER *5.35
DAVID BURGESS 5.30
JAMES MELTON 5.26
RAFAEL SUAREZ 5.23
RAJ BARMA 5.23
MATT MURPHY 5.19
TERRY HOLLINGSWORTH *5.18
KURT GRAFEL 5.06
M40
KIP JANVRIN 6.78
GREG FOSTER 6.70
JOSHUA WILLIS 6.31
JOEY TUREAUD 6.31
MIKE TOLL 6.29
JOHN HOYT 6.28
ALAN SIMS *6.16
BRIAN COUSHAY 6.07
MICHAEL LABAY *5.85
MARK STEPHENSON 5.69
CHARLES WEEKES 5.66
LAVELL DAVENPORT 5.66
BRIAN ROWLES 5.60
JOHN FORIER 5.58
KENNY WONG 5.54
DARNELL WINCHESTER 5.52
MICHAEL LYNN 5.49
ARTHUR SCISSUM 5.47
ROBERT LAWSON 5.46
ALLEN EGGMAN 5.44
MAKINI ENAKAYA 5.41
RICHARD FORMAN 5.40
RICK SCHREINER 5.28
JAMES SINGLETON 5.27
DAVID DIBLEY 5.27
M45
WILLIAM LONG 6.15
PETER HOUBA 6.10
DAVID QUICK 5.76
BRYAN JOHNSON 5.71
RICHARD CHOPPA 5.71
BRIAN HANKERSON 5.70
ANTHONY BAILEY 5.69
MAHMOUD NIROUMAND *5.66
WARREN WASHINGTON 5.59
MICHAEL TRAVERS 5.59
MARCUS BATTLE 5.59
RANDY MCDERMOTT 5.57
JIM RUSS 5.55
LOVELL BUTLER 5.54
RAGNAR MOSSBERG *5.52
JOHN CASALE 5.50
JAMES SINGLETON 5.49
STEPHEN WINKEL 5.35
MICHAEL ANCY *5.32
JOSEPH SCHWIETERMAN 5.31
JOE LAFFERTY 5.30
SCOTT COPELAND 5.28
KEN ELLIS 5.27
THOMAS CSANADI 5.25
RON MANION 5.24
M50
TIM WALTERS 5.68
ROBERT CLARK *5.64
WAYNE FISHER 5.63
JOHN KUEHLE 5.61
DAVID ORTMAN *5.56
BILL MURRAY 5.53
BOBBY TERRELL 5.44
THADDEUS WILSON 5.35
STEVE WORLEY *5.30
ROB DUNCANSON 5.27
NATE ROBERTSON 5.26
VINCENT COSTELLO 5.18
STEVE KEMP 5.17
STUART HANCOCK *5.17
CARL CODY 5.17
KENNETH MCBRYDE 5.15
JIM BLEVINS *5.14
CLINT MCCANN *5.04
PAUL SHIRES 5.03
BING VERBIST 5.02
GLEN TURNER 5.02
AL CESTERO 5.02
FRED BUYS 5.01
CHARLES BROWN *5.00
RICHARD RIVAS 4.96
SPUD ALFORD 4.96
M55
ROGER PARNELL 5.69
JIMMY CRITTENDEN *5.54
ROGER TRUJILLO 5.46
JERRY BOSWELL *5.42
CARL FLOWERS 5.34
JOHN JONES *5.32
JOHN TOMASCHKE 5.12
LAWRENCE NOLLY 5.09
BRANT TOLSMA 5.05
JAMES DOLEZEL *4.98
BOB ROCKWELL 4.95
DAVID SHIELDS 4.92
JAMES MANOR 4.90
ROGER CROCKETT 4.86
JOE HOOVER *4.83
JOHN OLESKI 4.82
PAUL BLANKENSHIP *4.79
RANDALL OLSON *4.78
TARRY CORY 4.75
LARRY RODENBECK 4.73
ERIC HILL 4.73
ROBERT BAKER 4.73
IVAN BLACK 4.71
ROBERT NORTON 4.68
ERNIE STUCKI 4.67
M60
VICTOR BENJAMIN 5.45
TED KALAIDI *5.26
TYRONE CARLIS 5.04
JAMES HOLLISTER 5.03
RAY KOZUSKO *4.95
RUFUS MORRIS 4.94
EDWARD JONES 4.93
DICK CUNNINGHAM 4.92
CARL ETTER 4.87
TYRONE BROWN *4.87
DOUGLAS GEERTGENS *4.81
JOE JOHNSTON 4.77
RON COLLIVER 4.73
ROBERT BAKER 4.72
ZIGGY PAKIET *4.70
LES LANE 4.67
BILL ANGUS 4.67
JOHN DAVIS 4.66
JAMES KENNEY *4.63
HOWARD DEWEY 4.58
RON MURANAKA 4.54
JAMES CAWLEY 4.51
MICHAEL MILOVE 4.43
LARRY JONES 4.41
RICHARD WILD *4.37
M65
EMIL PAWLIK *4.89
SCOTT SWETNAM *4.62
SAMMY WHITE 4.59
RICHARD IMPERIALE *4.55
NORMAN MACLEOD *4.53
DICK CUNNINGHAM 4.48
DAVE DOERRER 4.46
CHARLES BARTHOLOMEW *4.41
JERRY BARTON *4.40
MICHAEL MYLES *4.38
FRANK TINELLI 4.35
KERMIT WALKER 4.33
DON ISETT *4.30
JAMES TINELLI *4.29
TERRY ROWAN 4.28
PETER STOPOULOS 4.27
ROBERT PAULSEN 4.26
WILLIAM WUTH 4.25
PHIL SHIPP 4.22
OTIS WILLIAMS 4.21
BOB BERGFELDT 4.19
MAX FALK 4.18
WALT LANCASTER *4.14
PAUL VICKERS *4.13
BERT BERGEN *4.13
M70
DICK RICHARDS *5.07
DOUG SPAINHOWER 4.74
PHIL SHIPP *4.55
ROBERT HEWITT 4.49
CHARLIE RICHARD *4.48
JOHN POLEVY *4.15
ROGER TSUDA 4.12
BOB GOLLY 4.03
LOWELL BONIFIELD *3.97
RICHARD HEIN *3.96
RICHARD LARKIN 3.93
ALAN BREVIK *3.87
EDWARD CORCORAN *3.85
JACK FISHER 3.83
WILLIAM WRIGHT 3.81
WAYNE MISHLER *3.81
JAMES DUNCAN 3.80
JAMES LEGGITT 3.74
ALAN RAYNOR 3.73
KENNETH PERKINS 3.73
DONALD DEATON 3.71
BENJAMIN JIMENEZ *3.67
JOE SYKES 3.66
DON RYAN 3.64
DAVE DOUGLASS 3.63
M75
JAMES STOOKEY 4.49
MONROE RATCHFORD *4.08
PAUL BAMBROOK 4.02
PAUL EVANS 3.91
CHARLES BAKER *3.76
RAY PROPST 3.63
WILLIAM DAPRANO *3.62
FRANK GIAIMO *3.58
CHUCK SOCHOR 3.52
WILLIAM PLATTS 3.52
JERRY DONLEY 3.51
DENNIS SULLIVAN *3.49
DAVID RIDER 3.42
NOVICA MILICEVIK 3.35
FRANK BRAKO *3.33
EDWARD LISKOVEC 3.30
PAT BROWN 3.29
JACK GILBERT 3.25
WILLIAM DONALD *3.21
DENVER SMITH 3.15
DONALD MYERS *3.14
GALE KEOWN 3.07
CLIFFORD DICKMAN *3.05
EDWARD WILLIAMS *3.01
RICHARD SOLLER 2.99
M80
BILL CARTER *3.96
FRED HIRSIMAKI 3.91
CHARLES MODLIN *3.80
CHARLES WILSON 3.79
MELVIN LARSEN 3.74
RAOUL RODRIQUES *3.61
CHARLES OBYE 3.31
THOMAS KENNELL *3.30
SAM MUNIWEERA *3.22
OSCAR HARRIS 3.22
TOM PATSALIS 3.13
CURT DAVISON *3.10
HOWARD HALL *3.07
GIL SPLAINE 2.93
RICHARD WARREN 2.75
NILE RUSSELL *2.73
ADOLPH HOFFMAN *2.63
GEORGE BUTCHKO *2.60
ROBERT KRAIS *2.48
BOB WINGO *2.40
JACK HIPPLE *2.24
HUGH HACKETT 2.19
DONALD WATSON *1.87
KENNY REYNOLDS 1.87
JACK HIPPLE 1.80
M85
RALPH MAXWELL 3.16
JOHN ANOKA *2.88
MILTON SILVERSTEIN *2.86
MYRON DOVER *2.55
SEYMOUR DUCKMAN *2.49
ARMANDO ESTANOL *2.36
HUGH HACKETT 2.29
DAN BULKLEY 2.22
DOC BENNETT *2.13
EVERETT PENROD 2.12
GEORGE RYFFEL 2.01
WALTER ZIEGLER *1.66
TERRY SCOTT *1.28
VERNON MATTSON *0.92
M90
DONALD PELLMAN 3.26
CLARENCE TRAHAN *2.69
JOHN BOESENHOFER *2.57
MAX SPRINGER 2.32
LELAND MCPHIE 2.29
ROBERT JONES 1.50
JESSE JOLLY 1.45
CARL MANCUSO 1.10
W30
STARLIE GRAVES 6.35
SHEILA RAE SMITH 5.47
LADONNA REED 4.93
KIMIKO NAKATAKE 4.89
TRACY ENOS *4.86
ANGIE COHORST *4.37
DEONNE DOUGLASS 4.12
YOKO OKUYAMA 4.01
YEVGENIA SHOCKOME 3.88
LAQUIESHAE SONNIER 3.53
BARBARA FOSTER 3.10
LORENA SMITH 3.09
STACEY MORRISON 3.03
HOLLY HAUFLER *1.37
W35
LAURA BARRE 5.18
CLARE LOOK-JAEGER 5.10
SARAH BOYD 4.84
CYNDI BROOKS 4.53
ANITHA SARAVANAN 4.25
VIRGINIA WHITFIELD 3.76
PATTY KRAMER 3.70
JENAY LAWRENCE 3.13
JACKIE JOINER 2.87
TERRI LOWE 2.83
W40
JOY UPSHAW-MARGERUM 5.38
REGINA RICHARDSON 5.27
VERONICA AMARASEKARA 5.25
PATRICIA HODGE 4.90
PAMELA SWAN 4.51
ELAINE IBA 4.47
TIFFANY WILSON *4.45
CAREN WARE 4.45
JULIE KAYSER 4.37
DIANE JAMAIN 4.29
DENISE WILLARD 4.27
DEBBIE ZAKERSKI 4.17
DAWN BEST 3.97
J JACKSON-MATTHEWS 3.91
PAMELA GUNNESON 3.82
TRUDY MOHR 3.56
MARY WOO 3.49
KAREN WHITE 3.34
CATALINA CARLON 3.17
VALERIE DYE 3.10
KIM KIMBER 2.64
CYNTHIA MARKS 2.41
W45
PEGGY WILSON *4.57
DONNA SCHULTZ *3.81
SUSAN CICCOLINI 3.74
GLORIA KIRCHOFF 3.73
JOANNE PETKUS 3.67
ELIZABETH MONDAY 3.59
MARBRY GANSLE 3.50
ELIZABETH WALSH 3.49
JULIE HABERMAN 3.30
LIZ JOHNSON 3.28
CHRIS CHAN 3.16
THERESA BROWN 3.10
KAREN MORIELLO 2.39
ANN MARIE JONES 2.33
ANNE MURFITT 2.14
ODETTE DUNN 1.75
ALMA LASALLE 1.44
W50
KAY GLYNN 4.72
IRENE THOMPSON 4.64
LINDA LOWERY *4.31
LINDA COHN *4.29
JOCELYN LOWTLEEN 4.27
DENISE GOWDER *3.84
PEARL YEARWOOD *3.80
MAUREEN HALLORAN *3.80
SUSAN MCDERMOT *3.73
NANCY KING 3.73
CLAUDIA SIMPSON *3.45
LAURIE GIORNO 3.38
YVONNE KIRKPATRICK 3.16
CAROL PAPENBERG *3.12
DENISE JANNECK 2.62
SHERRI ROWLAND 2.58
JOCELYN REED 2.46
DEB VESTAL 2.21
GLORIA NASH 2.19
W55
PHIL RASCHKER *4.59
BRENDA MATTHEWS 4.19
HILLEN VON MALTZAHN 4.14
SKIPPER CLARK *4.11
A STEEKELENBERG 3.96
PHYLLIS MEADE 3.87
JANET BLAIR *3.71
D VANDERCRUYSSEN 3.64
SHARADA SARNAIK *3.55
CAROLINE COONEY *3.54
BEATRICE KEARNEY *3.49
NORMINAH ARTHUR *3.46
MARY TROTTO 3.34
LORRAINE TUCKER 3.32
CAROL CROTHERS 3.25
JANE KAISER *3.09
LATANYA GLASS 3.08
MELINDA CARTER 2.93
CAROLYN MCCORMICK 2.88
PAT MCSWAIN 2.83
EVELYN WILSON *2.82
JANIS HENDERSON 2.63
JANET WILLIS *2.37
MARGIE MECKLEY *2.24
MARCIA LONG *1.73
W60
KATHY JAGER 3.84
KARIN RESCHKE *3.42
MARILYN BELLAMY *3.40
SUSAN MINOR 3.38
BRENDA ANDRIEU *3.26
SANDRA GUY *3.21
ANN CARTER 3.09
CAROL STRICKLIN *3.02
SHERRY SNAVELY *2.31
ANN SEAMONSON 2.21
JUDY SCOTT *1.91
W65
BARBARA JORDAN *3.82
JOYCE TRADER 3.66
EVELYN WRIGHT *3.52
FRANCES MELZER *3.41
CHAR LANE *3.25
MADELAINE CAZEL *3.22
MARILYN ONGLEY 3.11
BETSY BOSWELL 2.91
HARRIET KAUFMAN *2.87
SANDY ANDERSON 2.71
SUE TUNNICLIFF *2.69
JEANNE MORTON 2.59
ARLENE DUPUIS *2.53
PRISCILLA GULASKEY *2.42
ANN ABREU 2.38
PATTI PALMER 2.37
JOAN WILDER 2.35
SHELLY WHITLOCK *1.98
ROSA FUENTES *1.80
CHARLOTTE AMBROSE *1.78
NANCY SWACKHAMER *1.62
MARY SANCHEZ *1.18
W70
AUDREY LARY 3.64
FLO MEILER *3.37
CHRISTEL DONLEY 2.96
MAGDALENA KUEHNE 2.87
PATRICIA LEMANSKI *2.86
FEI-MEI CHOU *2.71
ELLEN BRANNIGAN *2.70
ROSALIA GIOIA *2.45
GLORIA KRUG 2.35
BARBARA ROTHWELL *2.31
MARJORIE MOORE 2.27
FRAN ALLISON *2.18
BETTY POTTS 2.10
MAUREEN MEEKS *2.06
ROSEMARY DEJOODE 1.84
PHYLLIS PROVOST 1.64
CAROLYN DODD 1.44
DEANIE BROWN 1.12
W75
FRANCES STYLES 3.23
ETHEL LEHMANN *2.76
JOHNNYE VALIEN *2.71
LEONORE MCDANIELS 2.51
BRIGITTE LANGER *2.44
MELICENT WHINSTON *2.24
AGNES REINHARD *1.84
FRANCES YOUNG 1.10
W80
JOHNNYE VALIEN 2.69
RUTH SEEGER *2.41
ANNE MCGOWAN *2.15
SARAH OVERTON *2.06
MARGARET HINTON *1.95
LUELLA MORRIS *1.92
WALLY DASHIELL *1.73
H TREXLER-CAMPBELL *1.70
ALVERTA PERKINS *1.41
MARY LEWIS 1.30
ROSE SNYDER *1.01
W85
MOLLY MACKOWN *2.06
HELEN BEAUCHAMP *2.05
MARY BOWERMASTER *2.02
CARLA CONVERY 1.06

Triple Jump

M30
SAM OKANTEY 15.43
MARK AXT 14.89
IBRAHIMA DOUMBYA 13.84
OKINYI AYUNGO 13.83
ALLEN LAURIE 12.99
CARDWELL WOOTEN 12.78
MARK MANGHERA 12.12
SHAWN DOLEZILEK 11.93
EUSTACE ISIDORE *11.86
MICHAEL GRAHAM 11.20
TIM TOUSSAINT 10.87
KEVIN MCCLEASE 10.67
M35
STUART RICHMOND 14.85
HENDERSON BENJAMIN 12.77
DARIUS MILLER 12.60
CURTIS MOORE 12.56
BRENT ECKELS 11.96
DAVID SANFILIPPO 11.88
DAVID BURGESS 11.87
ALBERT IGNACIO 11.07
TERRY HOLLINGSWORTH *10.48
KRISTIAN MARKS 10.10
RANDY UNRUH 9.83
KURT GRAFEL 9.70
CURTIS WARD 8.48
HENRY KUPCZYK 6.53
M40
DAVID MCFADGEN 14.48
GREG FOSTER 14.20
LAVELL DAVENPORT *13.50
BRIAN COUSHAY 13.17
CHARLES SWINDELL 12.73
JOSHUA WILLIS 12.70
MIKE TOLL 12.68
JAMES SINGLETON 11.94
BRIAN ROWLES 11.66
MICHAEL LYNN 11.30
ARTHUR SCISSUM 10.90
LOGAN CULP 10.79
GORDON LANSER *10.75
RAND CRIPPEN 10.72
JOHN LIGHT 10.62
BILL MCDONALD 10.40
JOHN ALLEN 10.37
GREGG MERCIER 10.36
ROB LAWSON 10.31
RONALD LEE 10.28
CLARENCE FULLERTON 9.56
SCOTT MURPHY 9.52
STEVE SELVIDGE 9.49
LYLE WHITAKER 9.48
MARC FISH 9.46
M45
WILLIE BANKS 14.64
ANTHONY BAILEY 14.13
CHARLES SWINDELL 13.68
DAVID QUICK 12.98
MARCUS BATTLE 12.86
EDUARD VOZAR 12.55
MONZELL BAKER *12.24
MIKE LARIZA 12.05
JAMES SINGLETON 11.93
PETER HOUBA 11.75
BRIAN HANKERSON 11.68
KELLY LYCAN 11.63
RICHARD ACKER 11.46
MAHMOUD NIROUMAND 11.38
BRYAN JOHNSON 11.33
RONALD UTZ 11.28
MORTIMER SELLERS 11.19
BRADY MAYER *10.90
CRAIG LEVINE 10.84
PAUL BRADFORD *10.46
JOHN CASALE 10.39
LAWRENCE REYNOLDS 10.09
SCOTT COPELAND 9.87
DONALD KELLER *9.65
DAVID LEDERMAN 9.47
M50
KENNETH MCBRYDE 11.81
ROBERT RICHARDSON 11.46
ROBERT CLARK 11.00
MAURO MEDINA 10.96
MICHAEL GRAHAM 10.91
JAMES CLARK 10.90
BOB ROCKWELL 10.78
BOBBY TERRELL 10.76
JIM BLEVINS *10.49
THADDEUS WILSON 10.45
DONALD KELLER *10.36
NEIL GLEASON 10.30
FRED CLARK 10.26
BILL MURRAY 10.22
JOSEPH DE MARTINI 10.17
W STEVENSON 10.04
GEORGE MCNEILL 10.04
STEVE STAFFORD 9.87
MAURE WEIGEL 9.85
SCOTT JACKSON 9.84
ANDREW HECKER 9.83
FRED BUYS 9.75
GENE IWEN 9.74
BOB KORTMANN 9.70
PAUL SHIRES 9.65
GEORGE GUSTOVICH *9.65
M55
MILAN TIFF 12.20
ROGER TRUJILLO 11.32
BOB ROCKWELL *11.00
LARRY RODENBECK 10.49
JAMES DOLEZEL *10.34
IVAN BLACK 10.33
JAMES MANOR 10.23
JERRY BOSWELL *10.01
ROGER CROCKETT 9.94
JOE HOOVER *9.85
SCOTT WOLFE 9.75
JAMES MAJOR 9.73
JOHN OLESKI 9.65
DAVID SHIELDS *9.35
JOHN BAYLIES 9.25
ALAN NAKASONE 9.00
BRANT TOLSMA 8.93
GERARD DUNNE 8.90
NORMAN HOUGH *8.72
KAMERON MITCHELL *8.66
BOB ZAWIDSKI 8.34
CLAYTON HULL 8.31
JOHN PERKINS 7.97
MELVIN HERNANDEZ 7.20
TERRY PASSALACQUA 7.14
M60
DEREK BOOSEY 10.59
DOUGLAS GEERTGENS 10.10
EDWARD JONES 10.06
VICTOR CHANEY 9.86
SAI CHING 9.85
RAY KOZUSKO 9.55
NORMAN CHAMBLISS 9.39
ROGER BAGNESKI 9.14
LARRY JONES 8.45
JOHNSTON EWING 8.12
MARDON CONNELLY 7.96
PHINEAS ANDERSON *7.90
JAMES SNOOK 7.87
JACK KARBENS *7.53
WILLIAM WOEHRLE 7.48
DENNIS LECZINSKI 7.12
STEPHEN PIERCE *6.95
BOB LEWIS *6.74
LARRY SHARP 6.47
JACK KONDRASUK 6.20
RON SIPE *3.55
M65
GEORGE LABELLE 9.96
SCOTT SWETNAM *9.73
NORMAN MACLEOD 9.52
KERMIT WALKER 9.49
RANEY JACKSON 9.36
FRANK TINELLI 9.01
TERRY ROWAN 8.98
RAYMOND LEBOWITZ 8.76
RICHARD IMPERIALE 8.70
BOB PAULEN 8.65
PETER LABARGE 8.54
ROBERT PAULSEN 8.47
PAUL KNIIVILA *8.46
RICHARD MCKISSON 8.11
WILLIAM WUTH 8.10
JERROL SPRINGER *6.60
WAYNE SKARTWED 6.17
DON SHEPERDSON 4.29
M70
DOUG SPAINHOWER 9.42
ROBERT HEWITT 9.27
CHARLIE RICHARD *8.81
ALAN RAYNOR 8.20
JOHN POLEVY 7.69
JOEL STINSON 7.39
RAYMOND FITZHUGH 7.35
JOHN CAULDWELL 7.11
BOB GOLLY 7.04
CL BRUCE 7.01
GLENN YODER 6.91
DONOLD LEIS 6.81
RON JELINEK 6.75
BURTON HUGHES 6.70
DONALD HUDSON 6.02
TOM TALBOTT 5.22
DEAN OLCOTT *5.09
M75
JAMES STOOKEY 9.00
RAY PROPST 8.01
PAUL BAMBROOK 7.85
DENNIS SULLIVAN *7.57
FRANK BRAKO 6.37
VAL SMITH 5.90
ROBERT VOEGE 4.97
DESMOND MARGETSON 4.27
M80
THOMAS KENNELL *7.14
FRED HIRSIMAKI *7.12
BILL WAMBACH 6.43
HUGH HACKETT 3.77
M85
RALPH MAXWELL 7.00
CHARLES MERCURIO 4.86
HUGH HACKETT 4.49
DOC BENNETT *4.38
M90
DONALD PELLMAN 6.44
CLARENCE TRAHAN 6.10
LELAND MCPHIE 4.92
MAX SPRINGER 4.25
W30
TIOMBE HURD 13.55
SHEILA RAE SMITH 11.63
JILL CYPRESS-TURNER 11.54
KIMIKO NAKATAKE 9.93
ANGIE COHORST *8.97
BARBARA FOSTER 6.98
W35
SARAH BOYD *10.31
LAURA BARRE 9.60
PAMALA HAIDER 9.15
ANITHA SARAVANAN 9.11
JULIE TOLL 8.81
W40
REGINA RICHARDSON *11.54
PAMELA SWAN 9.22
CAREN WARE 8.96
TRUDY MOHR 8.09
KAREN WAMELING 7.96
LISA MARIE RENDER 7.76
PATRICIA HODGE 6.71
W45
PEGGY WILSON *7.87
LIZ JOHNSON 7.20
MARBRY GANSLE 7.10
ANN MARIE JONES 5.28
W50
IRENE THOMPSON 9.35
LINDA COHN 9.11
LINDA LOWERY 8.84
DEB VESTAL 4.99
GLORIA NASH 4.20
W55
A STEEKELENBERG *9.04
HILLEN VON MALTZAHN 8.29
MARY TROTTO 6.01
JANIS HENDERSON 5.88
W60
SUSAN MINOR 6.67
ANN CARTER 6.47
W65
KATHY BERGEN 7.26
BARBARA JORDAN 7.08
EVELYN WRIGHT 6.79
W70
AUDREY LARY 8.06
FLO MEILER 6.65
RUTH NEFF 6.48
MAGDALENA KUEHNE 6.36
FEI-MEI CHOU 5.20
ROSALIA GIOIA 5.15
W75
JOHNNYE VALIEN 5.29
LEON

FLOYD SIMMONS *8.17
DALE BUYSSE 8.17
ADOLPH HOFFMAN *7.70
ISADORE GLOSSER *7.62
ROBERT HORSLEY 7.54
ROBERT KRAIS *7.53
FRANK BOWLES 7.51
BRIAN POWER-WATERS 7.46
DONALD WATSON *7.42
WILLIAM TRIMMELL *7.37
EARL BLASSINGAME *7.27
ROBERT WAGNER *7.00
NILE RUSSELL *6.97
JOSEPH SCORCIA *6.93
BUFORD MATLOCK 6.81
HY LEVY *6.70
FRANK WEBER 6.55
HOWARD HALL *6.55
GABRIEL VITALONE *6.25
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BRUNO MAKI *7.93
BRUCE MCDONALD *7.72
EDWARD HILL *7.34
ARMANDO ESTANOL *7.26
JOHN ANOKA *6.81
MYRON DOVER 6.77
SEYMOUR DUCKMAN *6.71
DAN BULKLEY 6.61
CHAMPION GOLDY *6.60
BURTON STOKES 5.99
ROY CLARK 5.98
TERRY SCOTT *5.90
DOC BENNETT *5.27
HUGH HACKETT 5.07
JOHN POLISH *3.80
VERNON MATTSON *2.57
M90
DONALD PELLMAN 9.33
JOHN BOESENHOFER *7.58
LELAND MCPHIE 7.01
JIM MURRAY 6.14
CLARENCE TRAHAN 5.87
EDWIN KOCH 5.87
FREDERICK WINTER *5.32
LEON JOSLIN 5.04
ROBERT JONES 4.83
JESSE JOLLY 4.78
JOHN PUGH *4.76
ADOLPH PESCHKE 4.50
HAROLD HASWELL *4.19
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TRENT LANE *6.20
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AMY PAULSEN *12.19
SHARON WELCH 10.84
DEE SAUNDERS 10.39
JENNIFER STEPHENS 10.25
TARA RAUX 10.19
DENISE ELOUNDOU 9.51
ANDREA FAIRCHILD 9.48
TINETTE CHAMBERS 9.43
BARBARA FOSTER 9.33
CHRIS KRUPPENBACHER 8.57
TRACY ENOS *8.07
JODY COLEMAN *7.86
JILL CYPRESS-TURNER 7.81
YOKO OKUYAMA 6.95
ANITA MICK *6.88
JENNIFER EISENBART 6.65
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JACKIE JOINER 10.78
CLARE LOOK-JAEGER 10.41
ROXANNE ROBERTS 8.86
KELLY THOMPSON 8.42
ALMA GAMEZ *8.25
VIRGINIA WHITFIELD 8.10
TERRI LOWE 7.76
CINDY MATHERS 7.48
NANCY SCHNEIDER 7.47
JENAY LAWRENCE 5.20
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PAT SHAW 13.19
ONEITHEA LEWIS 12.71
KAM JOHNSON 10.45
KAREN MILLER 10.43
VERONICA AMARASEKARA 10.43
LISA REIMER 9.44
PATRICIA DAIGNAULT 9.40
PAT ANDERSON 9.30
HEATHER SCANLON 9.29
KRIS CLAUSNITZER 9.23
MARY UNDERDOWN 9.14
MAURI DIPIETRO 8.68
DEBBIE ZAKERSKI 8.32
CINDY THORSON *8.26
GINA TILLMAN-LANIER 8.05
CAREN WARE 7.78
JUDY ROEHR 7.72
PAMELA GUNNESON 7.35
ARLEEN REYELL 7.34
BARB DOTY 7.25
SARA SCHIERL 6.88
BECKY HARTLEY 6.59
DENISE WILLARD 6.05
PATRICIA HODGE 6.05
ANNE PASTORKOVICH 5.94
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ONEITHEA LEWIS 14.00
CAROL FINSRUD 12.11
RUTH WELDING 10.08
SUSAN HALLEN 9.92
SUSAN CICCOLINI 8.53
KAREN VAUGHN 8.42
MARJ LOCKER 8.32
KATY ANDERSON 8.31
JOANNE PETKUS 8.30
CARRIE DAVIS 8.27
TAMMY MADDEN 8.07
MARBRY GANSLE 7.99
CATHLEEN WARMERDAM 7.73
VICKI CHECK *7.68
MONICA THORNTON 7.44
ANN STEFFEN 7.42
CINDY MORRISON *7.32
JOANN MCBRIDE *7.28
JANICE MILEY 7.01
LIDA REED *7.00
LISA HAMPTON 6.89
CHERYL MELLENTHIN 6.40
CHRISTINE SMITH 6.27
KAREN MORIELLO 6.23
LIZ JOHNSON 6.12
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LINDA ROWE 10.23
DEBRA MCNABNEY *10.13
YVONNE KIRKPATRICK 9.68
KAREN SAPP *9.58
COLLEEN WALLACE *9.53
LINDA COHN *9.51
JANET JOHNSON *9.27
IRENE THOMPSON 9.18
CLAUDETTE FABIAN 8.99
KAY GLYNN 8.92
PATRICIA CRESSLEY 8.89
KAREN GRENOT *8.64
KATHY WETENHALL 8.61
ONEALA O'BRIANT *8.51
MARY SPURGEON 8.24
MARILENE SISCO 8.11
GAIL KANTAK *8.08
MAUREEN HALLORAN *7.95
DEBBIE TEFFT *7.94
MARTHA GREEN 7.90
MARJORIE ROBINSON 7.88
SUSIE KINGSTON 7.87

DINAH ANDERSON *7.75
ALICE FILTER 7.65
W55
MYRLE MENSEY 11.73
MARY HARTZLER *10.99
LORRAINE TUCKER 9.94
LATANYA GLASS 9.22
BRENDA MATTHEWS 9.08
SKIPPER CLARK *8.97
GLORIA ROSE 8.93
BARBARA LOPICCOLO 8.48
PHIL RASCHKER *8.41
BARB TIEDEMANN 8.18
D VANDERCRUYSSEN *7.87
SUSAN HINZ 7.79
DIANA SCHULTZ 7.74
MELLIE CLARK *7.68
ELENA PROA *7.61
MELINDA CARTER 7.43
NANCY CORNWALL 7.34
MARY TROTTO 7.13
ELVA LUJAN *7.05
MARCIA LONG *6.99
LINDA FORRESTEL *6.95
SHARON RAHAM 6.84
JANE KAISER *6.83
MARY LOU PLATIS *6.81
ELLIE MATTHEWS 6.70
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INGRID MILLER *10.34
JOAN DAVIS *9.75
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ERIKA SZANTO *8.18
GEORGIA CUTLER 8.15
KAREN HUFF-PAWLIK 7.89
INGRID MANCINI 7.84
ROSLYN KATZ 7.57
GEORGIA SCHONHER *7.37
ROSIELEE JONES 7.28
MARY ROBINSON *7.26
WENDY DICKSON 7.15
AVE MARIA PASHO 7.13
KATHY NOBLE 6.83
KAREN WRIGHT *6.67
REBECCA VAUGHN *6.66
HATTIE PERRY *6.65
NINA BRYANT *6.65
JUDY SCOTT *6.55
CAROL STRICKLIN 6.53
VERA GUSHARD *5.92
JANIE MORTENSEN 5.91
DIANA SCHULTZ *5.78
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CHERRIE SHERRARD *9.72
MARY ROMAN 8.34
PATRICIA BEAM *8.06
RITA MATZ *7.95
MADELAINE CAZEL *7.92
EVELYN WRIGHT *7.81
SANDY ANDERSON 7.65
CAROL YOUNG 7.53
NORMA SCHILLOFF 7.41
DEE ANNE JANNE *7.33
SHELLY WHITLOCK *7.06
ELSBETH PADIA 7.01
BERTHA ALDRICH *6.96
FRANCES MELZER *6.85
ANN ABREU 6.82
BECKY SISLEY 6.81
AUDREY KEMPF *6.81
PRISCILLA GULASKEY *6.81
TOMASA SCHULTZ 6.55
BARBARA JORDAN 6.48
ELIZABETH CHAMBERS *6.48
ARLENE DUPUIS *6.34
JEANNE MORTON 6.30
ALMETA PARISH *6.23
JOAN WILDER 6.07
W70
CHRISTEL DONLEY 7.71
AUDREY LARY *7.51
NORMA PRICE *6.95
GLORIA KRUG 6.95
FLO MEILER 6.93
ANNA CIRULNICK 6.92
FRANCESCA MORAVCSIK 6.83
LAVINIA MCDONALD *6.68
MARCIA CROOKS *6.59
PATRICIA LEMANSKI *6.52
NANCY JOHNSON *6.50
DOLORES FABER *6.42
PHYLLIS PROVOST 6.36
KATY FELKNER *6.24
ROSALIA GIOIA 6.16
JOAN DASH 6.16
MULLEN PATRICIA 6.10
MAGDALENA KUEHNE 6.06
AMY HICKS *6.06
JOANNE RAMSEY 5.84
FRAN ALLISON *5.83
BETTY POTTS 5.82
PAT HUTSON *5.78
HARRIET PATCH 5.75
JANET FREEMAN *5.75
W75
JEAN BRUBAKER *6.97
JUANITA MOSLEY *6.68
GERTRUDE DISBROW *5.65
LEONORE MCDANIELS 5.48
SHEILA GILDEA 5.44
FRANCES MATTHEWS *5.12
MELICENT WHINSTON *5.00
LILLIAN SNADEN 4.96
PATRICIA OSMON 4.95
SUSIE FISTER 4.85
MARY SEEBECK *4.47
FRANCES YOUNG 2.87
W80
JOHNNYE VALIEN 6.38
H TREXLER-CAMPBELL *5.82
LUELLA MORRIS 5.82
RUTH SEEGER *5.68
ANN TOYA *5.52
MARY NORCKAUER 5.44
SARAH OVERTON 5.28
ELIZABETH PRYCL *5.16
AMANDA COLBY 5.02
MARY LEWIS 5.00
JEAN PROPST *4.94
ALVERTA PERKINS *4.88
EVELYN GOODING *4.78
ANNE MCGOWAN *4.71
ADELE MCCORMICK 4.70
DOROTHY WILSON *4.59
MARGARET HINTON *4.55
VERONICA CLARK *4.55
FLORA MCLEOD-SMITH 4.50
MELANIE RESKE 4.48
WILLIE GATZA 4.36
DORIS BERLEPSCH 4.29
WALLY DASHIELL *3.96
YVONNE SCORCIA *3.95
LEOLA HOOVER *3.76
W85
HELEN BEAUCHAMP *6.52
MARY BOWERMASTER *5.18
POLLIE TOWNEND *4.78
HELEN GORGES *3.95
FLORA WILSON *3.92
ROSE LEVY *3.78
ELSIE LOWEN *3.73
ELEANOR RIDINGER *3.70
MARY WOHLEBER *3.58
BETTY SANFORD *3.47

W90
LILLIAN WEBB *4.33
JUANITA BROOKOVER *4.32
BETTY JARVIS 3.64
MARGARET EVANS *3.52

Discus

M30
ANDY BLOOM 59.13
STEVE SCHWENGEL 54.91
WILL SUMMERS 51.10
PHIL MCMULLEN 50.54
MARK LANDA 47.72
LOREN BURKEY *46.00
CHAD LINDSAY *45.73
JAMES EBERHARDT 45.40
MIKE STANG *45.39
AARON KISER 44.39
JOSEPH FRONTIER 43.64
ERIK STRANGE 43.21
KUNLE LAWSON 43.18
JEFF WOOD *42.27
TIM KASPER 41.73
MATT HOFFMAN 37.86
MATT FOREMAN 36.70
ERIC SUNILA 36.50
ROBERT TULLOCH 35.56
DOUG DUNAGAN 34.73
KEVIN HARRISON 33.35
SEAN QUINN 32.89
DEAN BARLEY *32.46
KEVIN DUPUIS 31.49
GEOFFREY RIGGS 29.43
M35
CARL BROWN 64.95
VINCENT INSINGO *56.14
MARK COLLIER 55.38
MIKE BENNETT 50.20
BRIAN KISER 45.95
WAYNE BARTELME 43.45
KIP JANVRIN 42.77
ERIC ROUSE 41.65
BILL PAYNE 40.80
TOBIAS PALLETT 40.68
MICHAEL BUSCHER 39.95
LESLIE YOUNG 39.85
BRYAN PAYNE 39.55
DARWIN GUSHARD 38.81
BRIAN LIBENT 38.44
JAMES FAHIE 37.66
JAMES BARR 37.66
DAVID WITT *36.64
MARTY MALCOLM 36.47
PATRICK HOCHANADEL 36.29
DAVID BICKEL 36.26
MIKE CURRY *36.20
JOHN KUEMMERLIN 36.13
RAFAEL SUAREZ 36.09
NORM DEEP 34.34
M40
CAMERON BOLLES 53.65
GLENN THOMPSON 52.51
TODD DAVIS 50.55
NORM BALKE 45.99
TIM SHANNON 45.98
TIM EDWARDS 44.27
MILTON GIROUARD 43.77
JEFF LUTZ 43.11
KIP JANVRIN 42.70
DAVE ROTHENBURY *41.86
JOE NAPOLI 41.68
ROBERT JONES 41.04
PAUL QUIRKE 40.19
FRAZER PEHMOELLER 39.93
JOHN GARVEY 38.99
GAGNE FRANCE 38.66
KENNETH BASTIN 38.61
WALTER HAMILTON 38.22
JOHN HOYT 38.18
RAY BIGGS *38.02
RICHARD WARD 36.61
MITCHEL LINCOLN 36.58
RICK REED *36.28
DAVID SPEAKS 35.70
DERRICK JOHNSON 35.68
M45
DAN JOHN 48.27
BRUCE NAVARRE 47.62
RAY BURTON *47.47
WARREN TAYLOR 45.76
BRIAN VALLEY 44.68
RICHARD STEWART 42.68
DON BAILEY *42.62
RICK ANDERSON 42.44
CARL DARBY 41.47
GREG BAER 41.22
KEN JANSSON 40.64
HERMAN PINQUE 40.12
LARRY MUNSKI 38.84
ROBERT O'HIGGENS 38.61
TONY CICCONE 38.55
KRIS LETTOW 37.78
MICHAEL BOLDON 37.77
CHARLES STALEY 37.36
DAVID DEWEESE 37.24
JAMES FRUSCELLA 37.13
KEN ELLIS 36.75
TED GOUDGE 36.42
DANIEL WALLACE 36.41
BRYAN STEWART 36.35
JAMES MATTHEWS 36.28
M50
RALPH FRUGUGLIETTI 58.86
STEVE PATRIDGE *49.88
CHUCK BAER *48.64
RICHARD COMBER 48.29
JOHN NESPOLI *47.83
TIM MULLER 47.35
JIM WETENHALL 46.52
JEFF BATY 46.47
DENNIS UMSHLER 46.24
RONALD SUMMERS *45.95
ROBERT TARAS *45.69
JAY MCKEEN 45.23
JOSEPH SCHLEPPI *44.70
WILLIAM IOVINO 44.30
STEVE ROSS 43.17
FRANK HENRY 42.45
MICHAEL SMITH 42.09
WILLIS GARLAND 42.00
MURRAY HALL 41.94
MICHAEL FORTUNATO 41.74
DOUGLAS ARENDELL *41.53
TOBY BEDFORD 41.50
EDWARD FERRARO 41.32
LORIN ZASTOUPIL 41.18
STEVEN BANTON 40.94
M55
THOMAS FAHEY 54.16
TIM MULLER 48.19
TINO MARTINEZ *48.18
MIKE DELLER 47.59
FRED JESSEE *45.16
PAUL DAILY *45.10
PAUL ECONOMIDES 44.86
HILARY GOERGE *44.63
GEORGE KONEN 44.34
CRAIG SHUMAKER 43.14
TOBY BEDFORD *42.91
GOERGE HILARY 41.10
MIKE THOMASON 40.72
JAMES NICHOLS 40.11
ROBERT HUME 40.10
HAL FISHER 39.47
DAN LINKER *38.62
BOB GREEN 38.62

NICK NICHOLS *38.30
JERRY AMUNDSON *38.30
RUDOLPH BEYER *38.18
JIM LISTER 38.02
TERRY SHUMAN 37.97
DOUGLAS WATSON 37.85
ROGER CONBOY 37.63
M60
LARRY PRATT *53.61
PAUL ECONOMIDES 52.79
BILL HINEY 51.95
LLOYD HIGGINS 49.64
JEFF HARRELL *49.40
GORDON STENERSON *48.51
LOARN ROBERTSON *48.06
SHEPPARD MIERS *47.79
THOMAS HENLEY *46.95
ROGER BUSCH 45.58
VIRGIL PAULSEN 44.70
MARTIN EISNER 43.31
TOM STEED *42.82
CHUCK CHAPIN 42.61
DON HARDAWAY 42.30
MICHAEL WOODWARD 41.94
MIKE VALLE 41.75
MALCOLM REESE *41.04
TERRY LIVERMORE 40.65
BOB OSTERHOUDT 40.60
JERRY ARLINE *40.21
PETER FALZARANO *40.06
VINCE BREAUX 39.89
JOHN BURNS 39.86
HERB BACHORIK *39.55
M65
RICHARD COCHRAN 50.29
GLENN JOHNSON 48.26
BOB HUMPHREYS 45.53
DAVID MACMILLAN *44.12
RON ANDERSON 43.23
JOE MYERS *42.82
STEPHEN COHEN 42.78
JERROL SPRINGER 42.16
CONRAD SUNDHOLM 41.58
BILL GRAMLEY *41.31
BOB BERGFELDT 41.20
NEIL SALING *41.10
EMIL PAWLIK 41.05
FRED WEBER *40.47
JOHN BRONSTEIN 40.44
PHIL SHIPP 40.30
GARY SCHWENGEL 39.84
CHUCK POLIZZI 39.32
HARRY SCHWARZE 39.22
PETER LABARGE *39.07
AL SALMON *38.51
HAL SMITH 38.50
FRED WATSON *38.23
RICHARD CAMP *38.15
ROBERT DARLING 37.62
M70
WENDELL PALMER 43.94
WILLIAM SMITH 42.75
PHIL SHIPP 42.02
BOB LAWSON 41.70
BOB WARD 41.49
LEONARD ROSEN 40.82
BILL GRAMLEY *40.55
ROBERT HUSIC *39.24
DOUG TOMLINSON 38.79
NICK LERAS *38.53
STEWART THOMSON 38.19
HARRY HOLM *37.44
DEAN HESSE *37.34
PAUL XANTHOPOULOS *36.80
JAMES OGLESBY 35.13
EDWARD VAN PELT 35.05
RICHARD LOWERY *35.05
EVERETT HARDY *34.52
JAMES LEGGITT 33.80
LOU OVERBRECK 33.67
ROBERT JORDAN 33.53
LARRY HORINE *33.10
MEEMO MAASIK 32.94
TOM ALLISON 32.94
VERNON SPENCER 32.59
M75
HARVEY LEWELLEN 38.23
ARNIE GAYNOR 37.97
JIM GERHARDT *36.94
HAL WALLACE 34.00
WILLIAM GARRAHAN 33.97
PHILLIP BRUSCA 33.57
BUD HELD 33.14
KARLIS EZERINS 32.10
TOM ALLISON 31.90
FLOYD JACK 31.78
REED QUINN 30.13
SHERWIN DIXON 29.32
WILLIAM PATRICK *29.29
GEORGE RADOSEVICH *28.93
DAVID FOERSTER *28.75
WILLIAM DONALD *28.73
ARTHUR BRANDT 28.51
BOB RICHARDS 28.17
THOMAS MEAGHER *27.97
ROSS VROOMAN *27.60
ROLAND CLEMENT *27.58
WILLIAM CLEW 27.43
CLAY KRAMES *27.02
VAL SMITH *26.98
DENVER SMITH 26.85
M80
GEORGE RISER *33.17
RICHARD MULKERN *31.42
BILL CARTER *26.57
FRED HIRSIMAKI 25.47
DONALD ROSER 24.81
CHARLES PISTORINO 24.46
GEORGE BUTCHKO *23.37
BRIAN POWER-WATERS 22.13
THOMAS KENNELL 21.92
EARL BLASSINGAME *21.73
FLOYD SIMMONS *21.49
ADOLPH HOFFMAN *21.29
DALE BUYSSE 21.15
FRANK BOWLES 20.76
JACOB STEIN 20.56
ROBERT HORSLEY 20.03
ISADORE GLOSSER *19.10
ROBERT KRAIS *18.67
DONALD WATSON *18.31
EDWIN JOHNSON 18.05
BUFORD MATLOCK 17.86
ROBERT METZNER 17.50
NILE RUSSELL *16.97
GEORGE ROUDEBUSH *16.94
ROBERT CHASE 16.18
M85
MYRON DOVER *21.18
EDWARD HILL *20.93
BRUCE MCDONALD *20.52
ROY CLARK 19.67
TERRY SCOTT *18.38
CHAMPION GOLDY *18.34
SEYMOUR DUCKMAN *17.83
DAN BULKLEY 17.19
HUGH HACKETT 16.34
BRUNO MAKI *14.45
GEORGE RYFFEL 13.73
DOC BENNETT *13.03
JOHN POLISH *10.69
VERNON MATTSON *7.59
M90
DONALD PELLMAN 27.93
LELAND MCPHIE 18.40
JIM MURRAY 17.21

JOHN BOESENHOFER *15.90
LEON JOSLIN 15.58
FREDERICK WINTER *15.52
CLARENCE TRAHAN 15.13
ADOLPH PESCHKE 12.93
EDWIN KOCH 12.92
ROBERT JONES 12.62
JOHN PUGH *12.45
JESSE JOLLY 11.42
JOHN BESSON *10.85
HAROLD HASWELL *8.99
M95
TRENT LANE *18.06
W30
KRISTIN KUEHL 59.26
AMY PAULSEN *42.21
NATALIA BROWN 40.22
SHARON WELCH 35.04
KRIS STODOLA 33.02
DAWN THOMAS 30.06
TINETTE CHAMBERS *27.57
CHRIS KRUPPENBACHER 25.87
ANDREA FAIRCHILD 25.27
DEE SAUNDERS 19.66
JENNIFER EISENBART 19.41
JILL KENNEDY 17.88
W35
ROSE FRITZINGER 31.61
CINDY MATHERS 29.30
KRIS MCDERMOTT 28.17
FRANCES JONES 27.45
KELLY THOMPSON 24.50
JACKIE JOINER 24.35
ALMA GAMEZ *23.72
VIRGINIA WHITFIELD 23.54
TERRI LOWE 15.37
NANCY LOMMEL 14.75
NANCY SCHNEIDER 13.64
JENAY LAWRENCE 13.21
W40
ONEITHEA LEWIS 38.93
KAREN MILLER 34.31
GINA CROSSLEY 32.79
LISA REIMER 30.91
PAT ANDERSON 28.35
JULIA OLIVER 27.28
KRIS CLAUSNITZER 25.98
JUDY ROEHR 24.87
MAURI DIPIETRO 24.72
HEATHER SCANLON 24.64
PATRICIA DAIGNAULT 22.27
DEBBIE ZAKERSKI 20.10
SHIRLEY HILL 19.59
ARLEEN REYELL 18.76
ANNE PASTORKOVICH 11.32
W45
CAROL FINSRUD 50.85
ONEITHEA LEWIS 43.05
RUTH WELDING 35.40
LANI POWELL 31.01
KATY ANDERSON 30.50
SUSAN REINHOLZ 28.58
MARJ LOCKER 25.60
CARRIE DAVIS 25.34
SUSAN HALLEN 24.98
LIZ JOHNSON 22.69
VICKI CHECK *21.69
ELLEN MAUSS 21.26
ANN STEFFEN 20.83
EDELZA KNIGHT *20.21
LIDA REED *19.85
TAMMY MADDEN 19.61
LISA HAMPTON 19.18
DEBORAH ECKLUND 19.08
CHERYL MELLENTHIN 18.41
JOANN BCBRIDE 17.76
JOANN MCBRIDE *16.43
RENEE TAYLOR 16.15
CHRISTINE SMITH 14.55
ANNE MURFITT 13.50
W50
LINDA ROWE 30.65
COLLEEN WALLACE *27.51
YVONNE KIRKPATRICK 26.27
JOAN STRATTON 26.00
SUE SEWING 24.98
LINDA COHN *24.59
NAOMI TUITE *24.28
KAREN SAPP *24.16
LYNN DOW 23.89
DEBRA MCNABNEY *23.55
MARY SPURGEON 21.72
ALICE FILTER 21.01
KATHY WETENHALL 20.71
BETH WOLAK 19.55
MARILENE SISCO 19.49
KATHRYN PLYBON 19.25
BARBARA MCCUEN 19.12
SUSIE KINGSTON 18.57
MARTHA GREEN 17.53
DEBBIE TEFFT *16.92
TERESA REASONS 16.66
CLAUDIA SIMPSON *16.05
BRENDA COOK *15.71
SANDRA O'BRIEN *15.09
CATHY BAAR 14.96
W55
JOYCE TAYLOR 35.15
MARY HARTZLER 30.08
MYRLE MENSEY 27.33
LORRAINE TUCKER *25.52
BARBARA LOPICCOLO 25.02
RITA CARMICHAEL 23.93
SHARON RAHAM 22.62
A STEEKELENBERG 22.51
MELLIE CLARK *22.50
MARY LOU PLATIS *21.89
BRENDA MATTHEWS 21.15
SUSAN HINZ 20.62
PHIL RASCHKER *19.96
SKIPPER CLARK 19.49
BARB TIEDEMANN 18.44
ELENA PROA *18.29
NANCY CORNWALL 17.79
CINDY SMITH *17.47
ANNA PABST *17.40
ELLIE MATTHEWS 17.26
JANIS HENDERSON 17.22
MARCIA LONG *17.09
ELVA LUJAN *16.80
LINDA FRAZER *16.76
LINDA FORRESTEL 16.10
W60
INGRID MILLER *31.98
CAROL GRIFFITH *24.05
GEORGIA CUTLER 23.38
JOYCE BAHR 22.17
KATHY JAGER 20.60
WENDY DICKSON 20.18
ERIKA SZANTO *20.07
ROSLYN KATZ 19.86
GEORGIA SCHONHER *19.84
AVE MARIA PASHO *19.84
KAREN HUFF-PAWLIK 18.28
MARY PAT HENEHAN *17.78
JUDY SCOTT *17.73
CAROL STRICKLIN 17.65
ELLIE ARMSTRONG 16.52
KAREN WRIGHT *16.48
DIANA SCHULTZ *15.64
MARY ROBINSON *15.60
ANN CARTER *15.47
SANDRA GUY 15.11
PAULINE TIMM *14.12
VERA GUSHARD *13.51
BRENDA ANDRIEU *13.31

SANDRA WHITE *12.94
NINA BRYANT *12.65
W65
MADELAINE CAZEL *25.91
ELSBETH PADIA 22.32
CAROL YOUNG 21.44
CHERRIE SHERRARD *20.96
FRANCES MELZER *20.78
PATRICIA BEAM *20.47
EVELYN WRIGHT 20.39
JOAN YOUNGS 20.38
SUE TUNNICLIFF *20.05
JEANNE MORTON 19.41
JOAN BERMAN 19.03
NORMA SCHILLOFF 19.02
AUDREY KEMPF *18.54
KATHY BERGEN 18.54
DEE ANNE JANNE *18.47
RITA MATZ *18.20
SANDY ANDERSON 17.95
BERTHA ALDRICH *17.78
ANN ABREU 17.58
MARY ROMAN 17.42
TOMASA SCHULTZ 16.52
PRISCILLA GULASKEY *15.75
EMILY KUHN *15.54
SYLVIA BROOKS-SMITH 15.24
JANICE BRADLEY *15.09
W70
FLO MEILER 20.47
AUDREY LARY *20.45
AMY HICKS *17.96
ELLEN BRANNIGAN *17.42
FRANCESCA MORAVCSIK 17.37
ANNA CIRULNICK 17.03
MULLEN PATRICIA 16.92
EDNA HYER 16.91
VERA WHITESIDE *16.59
GLORIA KRUG 16.39
LAVINIA MCDONALD *16.13
PATRICIA LEMANSKI *16.13
HARRIETT BLOEMKER *16.08
PHYLLIS PROVOST 16.00
HARRIET CARTER *15.93
MARCIA CROOKS 15.30
JOAN DASH 15.16
FEI-MEI CHOU 14.96
DOLORES FABER 14.85
PAT HUTSON *14.53
ROSALIA GIOIA *14.20
SABRA CLEVELAND 13.94
KATY FELKNER *13.74
BETTY POTTS 13.51
JANICE WOLOWICZ 13.36
W75
BARBARA BRANDT 17.52
JUANITA MOSLEY *14.50
SUSIE FISTER 14.17
SHIRLEY DIETDERICH 14.15
JEAN BRUBAKER *13.72
SHEILA GILDEA 13.62
KATHLEEN FURST *12.65
FRANCES MATTHEWS 12.16
NORMA CORNELIUS *12.09
LEONORE MCDANIELS 11.78
LILLIAN SNADEN 11.07
BETTY KRUIDENIER *10.87
AGNES REINHARD *10.82
PATRICIA OSMON 10.07
MARY SEEBECK *7.70
FRANCES YOUNG 6.10
W80
SARAH OVERTON 14.30
RUTH SEEGER *13.92
MARY NORCKAUER 13.64
ANN TOYA *12.42
H TREXLER-CAMPBELL *12.37
FLORA MCLEOD-SMITH 11.91
WALLY DASHIELL *11.51
MARGARET HINTON *11.43
MARGARET DAVIS 11.25
LUELLA MORRIS 10.95
DORIS BERLEPSCH 10.77
ELIZABETH PRYCL *10.46
WILLIE GATZA *10.21
MARY LEWIS 10.02
ELSIE ADAMS 9.18
ANN MCGOWAN *8.84
ADELE MCCORMICK 8.41
JEAN PROPST *7.54
YVONNE SCORCIA *7.01
WINIFRED CANADY *6.65
ROSE SNYDER *6.53
W85
HELEN BEAUCHAMP *12.16
MARY BOWERMASTER *10.66
ALATHA COLE *8.51
ELEANOR RIDINGER *7.54
ROSE LEVY *7.39
FLORA WILSON *7.07
HELEN GORGES *6.86
ELSIE LOWEN *6.25
CARLA CONVERY 5.87
MARY WOHLEBER *5.58
W90
JUANITA BROOKOVER 11.56
BETTY JARVIS 10.07
MARGARET EVANS *8.17
LILLIAN WEBB *7.52

Hammer

M30
SCOTT BOOTHBY 74.19
TRAVIS NUTTER 72.66
JIM HEIZMAN 65.15
ERIK PROBSTFIELD 61.29
MIKE MILAKOVIC 60.90
KEVIN HARRISON *54.56
MARK LANDA 53.66
SEAN HANRAHAN 49.68
KUNLE LAWSON 43.99
DEAN BARLEY *42.81
JOHN QUINN 41.00
SEAN QUINN 38.74
DOUG DUNAGAN 38.03
ERIC SUNILA 30.64
M35
ANDERS HALVORSEN 60.99
JAMES FAHIE 55.34
KEVIN SULLIVAN 50.60
RICH CANOLE 44.72
SCOTT SARGEANT 44.20
MIKE CURRY *42.01
DAVID BICKEL 40.20
NORM DEEP 39.70
ROBERT PALAZZO 39.62
JOHN KUEMMERLIN 37.22
MARTY MALCOLM 34.62
ERIC ROUSE 27.80
JAMES BARR 24.14
DR. MICHAEL HARTLE 23.91
JOSEPH COATS 23.15
PATRICK HOCHANADEL 22.56
M40
KIONG SONG 50.93
RANDE TREECE 47.43
TIM SHANNON 45.78
DAVE ROTHENBURY *45.63
GLENN THOMPSON 45.55
TONY DZIEPAK 44.27
WALTER HAMILTON 41.60
ROBERT JONES 41.22
RAY BIGGS *40.54
TODD DAVIS 39.94
GREG THEOLOGES 39.30
BRIAN SUTER 36.35

RIK REED *33.01
ROB LAWSON 29.20
DAVID SPEAKS *28.64
ANIL NARAYANAN 27.66
RICK HEBB 27.26
JOHN ALLEN 23.36
DAVID HAMPTON 22.98
SCOTT FRASURE 22.50
JOHN GARVEY 21.58
MARK IHLEFELD 19.48
GARY HAMMOCK 17.46
STEVE COOPER 16.60
M45
KEN JANSSON 56.99
DAVID SWAN 52.61
DAN JOHN 50.22
RAY BURTON 48.64
ROBERT O'HIGGENS 46.95
MICHAEL VENNING 45.27
MICHAEL BERSCH 43.53
LARRY SCHRADER 41.52
BOB HOLTZ 40.89
RICHARD STEWART 40.72
BRIAN DOHERTY 40.64
BRUCE NAVARRE *40.11
FRANK BROADUS 39.70
JEFF CROTHERS 38.45
DANIEL WALLACE 37.48
ERIC ROTH 37.45
CARL DARBY 36.50
KEVEN MORSE *36.02
BRYAN STEWART 35.19
LARRY MUNSKI 34.82
PETER VAN AKEN 34.43
ARNY FERRANDO *34.27
HANS BIETSCH 33.64
SCOTT MEDLIN 33.40
DAVID BOLLES *33.11
M50
JIM WETENHALL 58.68
CARL SHIELDS 51.80
THOMAS MEYER 50.55
PETER FARMER *50.19
CARL REICHARD 45.68
CLAYTON HULL 44.72
BOB HOLTZ 44.40
JEFF BATY 44.35
BOB CEDRONE *43.46
GEORGE SANDAS 42.62
ROGER CONBOY 41.43
RONALD SUMMERS 41.30
JOHN PARTRIDGE 41.29
JAMES O'NEILL 40.81
DON FILKINS *40.36
RICHARD WATSON 39.87
EDWARD DANIELS 37.93
GARY SCHMIDT 35.42
DAN ROLOFF *34.47
NICK HELFRICH 32.20
GARY SUTTON 32.19
JOHN STILBERT *32.02
RAYMOND BZIBZIAK 31.23
JOSEPH MYERS 31.02
DENNIS HANSEN 30.06
M55
TODD TAYLOR 52.42
PAUL ECONOMIDES 48.39
DENNIS CAMERON *45.92
MIKE THOMASON 43.76
ROGER CONBOY 42.81
CLAYTON HULL 42.30
JOHN VON ROHR *42.06
TIM EDWARDS 41.78
ART ELLIS 41.58
HORATIO VENZOR *41.49
BOB SAGER *40.93
TERRY SHUMAN 38.44
PATRICK LYNN 38.43
HILARY GOERGE 37.52
JERRY BOOKIN-WEINER 36.57
GEORGE KONEN 36.33
TOLI WELIHOZKIY 33.70
GREGORY ZACHWIEJA 33.17
GERALD BOWERSOX 32.11
KENT WORDEN 31.48
ROD MILLER *31.38
HOWARD KELLOGG 31.20
MEL CREEL 30.23
GEOFFREY BROWN 29.86
TIM MULLER 29.46
M60
GEORGE MATHEWS 52.81
MICKEY BITSKO 48.53
ROBERT MEAD *48.02
PAUL ECONOMIDES 47.24
BOB OSTERHOUDT 45.26
CHUCK CHAPIN 44.83
LLOYD HIGGINS 42.76
CARL WALLIN *41.45
MIKE VALLE *41.10
BUSTER BYRNES 37.84
TOM STEED *37.77
VLADIMIR STRELNITSKI 35.26
VINCE BREAUX 34.47
MARK CHAPMAN *33.27
JACK KARBENS *32.70
ELUGIO PANDO *32.25
GARY CRAWFORD 31.98
JIM CHAMBERAS 31.86
BOB LUPINACCI 31.64
EULOGIO ARROYO *29.49
CHARLES QUARELLI 29.40
TOM BLYTHE 28.52
DAVID WHEELER 28.12
JULIUS CASSELS 27.30
HERB BACHORIK 26.88
M65
EDWARD BURKE 55.52
RICHARD HOTCHKISS 42.40
JEFF CHASE 39.81
BOB HUMPHREYS 39.65
PETER LABARGE *37.57
CHUCK POLIZZI 37.47
ROBIN HERRON *36.73
BILL GRAMLEY *33.63
JACK KUHNS 33.13
NORM CYPRUS 32.86
JOHN BRONSTEIN 32.21
WILLIAM KUEGLER 29.86
JOHN SELLERS 28.95
JACK HUNTER 28.58
ABE SHEINKER 27.57
EDMUND JOYCE 27.36
JERROL SPRINGER 26.59
DON NORTH 26.55
JERRY FASTEEN *26.18
GEORGE CORMEY 25.90
WALTER DEAL 25.83
JAMES TURNER 23.35
HAROLD CRATER *22.52
GEORGE LABELLE 22.51
JACK MCDONALD *22.41
M70
BOB WARD 51.35
CHARLES THOMSON 41.55
TIM TWOMEY *39.69
PAY CARSTENSEN 39.41
LOU OVERBRECK 38.68
BOB LAWSON 37.80
BILL GRAMLEY *37.74
WENDELL PALMER *36.43
DOUG TOMLINSON 35.70
VERNON SPENCER 35.48
RAY FEICK 34.01
LEONARD OLSON 33.23
DONALD HUDSON 33.16

KEN TRONSTAD 32.48
DAVE DOUGLASS 32.37
NICK LERAS 32.28
ROBERT HUSIC 30.75
OWEN SABIN 30.37
WILLIAM BARKER 30.36
CHUCK YOST 29.94
ALFRED CLOWSER 29.32
JON JACKLET 29.08
TOM ALLISON 28.58
WAYNE SABIN 28.08
ROBERT JORDAN 26.55
M75
HARVEY LEWELLEN 39.63
JERRY WOJCIK 32.01
KIO SONG 30.74
WILLIAM GARRAHAN 30.49
REED QUINN 30.09
LUIS VELEZ 29.26
TOM ALLISON 29.17
BOB RICHARDS 28.92
ARNIE GAYNOR 28.22
LEV MOZHAEV 27.92
PHILLIP BRUSCA 27.16
WILLIAM CLEW 26.

STEVE SHEPHARD 36.17
RON TIENHAARA *36.07
JEFF HARRELL *36.04
JIM FRANCIS *36.02
MARK CHAPMAN 35.82
LEONARD SOKOLOSKI 35.26
TOWNSEND GILBERT *35.20
M65
THOMAS HARASTI *49.10
PETER LABARGE *43.38
FRANK ILLUZZI 42.89
JOHN LANG *40.79
JAMES TINELLI *39.32
FRED WATSON *38.96
EMIL PAWLIK 38.44
FRANK TINELLI 38.35
TOM FULTON *37.57
PHIL SHIPP 36.92
JOHN SLOAN 36.91
MALCOLM RUSSELL 36.64
WALT LANCASTER *36.09
BOB BERGFELDT 35.69
ROBERT DARLING 35.53
EZZAT PASHAI 35.47
KEN OHM *35.18
STEVE DOMAHIDY 34.96
CHARLES LANZA *34.95
STEPHEN WORDELL *34.90
JERRY FASTEEN 33.86
JAMES TURNER 33.35
ROBERT ECKLEY *32.92
GEORGE POTTER *32.90
ROLAND WARE *32.82
M70
PHIL SHIPP 44.20
STANLEY KOSTER *41.91
ROBERT YOUNGS 41.70
PAUL XANTHOPOULOS *37.67
EDWARD MARTIN *37.58
CHARLIE RICHARD *37.14
JAMES DUNCAN 37.03
LEE IRVINE *36.70
JACK PARKER *36.58
BOB LAWSON 35.90
BOB WARD 35.68
GARY LOOSLI *35.56
EZZAT PASHAI 35.03
LARRY HORINE *34.71
MURDO CAMPBELL 34.55
MEEMO MAASIK 33.68
DEL ALAWAYS *33.45
KEN TRONSTAD 33.18
RONALD LEGGETT *32.44
DOUG TOMLINSON 31.55
PAUL HARDY *31.52
GEHRETT SMITH *31.19
JAMES LEGGITT 31.18
TOM ALLISON 30.74
RAYMOND FITZHUGH 30.38
M75
WILLIAM PLATTS 40.25
DEL ALAWAYS 34.99
JIM GERHARDT *32.66
WILLIAM GARRAHAN 32.54
ALLAN TREFRY 32.39
SIDNEY KIWITT *32.13
TOM ALLISON 30.94
WILLIAM DONALD *30.45
WILLIAM DAPRANO *29.41
KARLIS EZERINS *28.91
HAL WALLACE 28.38
EDWARD FAILOR 27.76
VAL SMITH *27.21
DENNIS SULLIVAN 26.26
RAY PROPST 26.20
RALPH WHITEMAN *26.06
ARTHUR BRANDT 25.90
REED QUINN 25.87
PHILLIP BRUSCA 25.87
JERRY WOJCIK 25.31
DOUG RICHARDSON 25.05
SAMUEL MESSITER *24.84
EDWARD LISKOVEC *23.70
BILL FOX *23.70
WADE ODOM 22.71
M80
EDWARD CHYNOWETH 29.18
FRED HIRSIMAKI 27.90
CHARLES PISTORINO *26.90
DONALD ROSER *26.54
JAY HAYS *24.77
RICHARD MULKERN 24.24
THOMAS TYRRELL *23.83
HOWARD HALL *23.65
BILL CARTER 22.48
JIM HAYS 22.12
EARL BLASSINGAME *21.21
CHARLES OBYE *21.11
JACK HIPPLE *20.37
GEORGE BUTCHKO 20.37
ROBERT WAGNER *20.12
JACK HIPPLE 19.92
ISADORE GLOSSER *19.13
DONALD WATSON *18.75
ROBERT KRAIS *18.29
FRANK WEBER *18.24
DALE BUYSSE 18.18
ADOLPH HOFFMAN *17.88
HUGH HACKETT 16.89
BRIAN POWER-WATERS 16.82
ROBERT HORSLEY 15.66
M85
BRUCE MCDONALD *26.16
EDWARD HILL *19.58
CHAMPION GOLDY *19.41
SEYMOUR DUCKMAN *18.95
BRUNO MAKI *18.69
MYRON DOVER *18.52
HUGH HACKETT 16.26
DAN BULKLEY 15.98
JOHN POLISH *9.02
DOC BENNETT *8.77
VERNON MATTSON *6.15
M90
DONALD PELLMAN 22.71
JOHN BOESENHOFER *17.93
LELAND MCPHIE 15.83
FREDERICK WINTER *15.80
JIM MURRAY 13.44
ROBERT JONES 11.71
HAROLD HASWELL *10.11
JESSE JOLLY 8.17
M95
TRENT LANE *20.80
W30
KATEEMA REITTIE 51.03
CYNDI KOBAK 39.03
TARA RAUX 29.44
ANDREA FAIRCHILD 27.66
TINETTE CHAMBERS *27.03
SHARON WELCH 23.68
JILL KENNEDY 23.09
MONICA YONES *16.23
KELLY KNIGHT *13.87
W35
VIRGINIA WHITFIELD 21.84
ALMA GAMEZ *19.97
SHAUN MCPHERSON 16.50
CINDY MATHERS 14.92
KELLY THOMPSON 14.38
ANN MARIE CHAPPELL 14.17
NANCY LOMMEL 11.42
JENAY LAWRENCE 7.60
W40
CARLA GREENE 42.05
MELISSA MOORE 30.36

CARYL SENN 30.00
SHIRLEY HILL 24.06
HEATHER SCANLON *23.96
CAREN WARE 22.70
PAMELA GUNNESON 22.13
ONEITHEA LEWIS 21.69
KAYELYNN DEGENHARDT *20.52
NICOLE HIRSCHFIELD *20.24
SANDY ALDIERI 19.61
KAREN JEFFERS 19.02
JUDY ROEHR 18.98
KAREN DUNCANSON 14.61
PATRICIA HODGE 14.58
ANNE PASTORKOVICH 13.58
CYNTHIA MARKS 13.14
ARLEEN REYELL 12.34
W45
CAROL FINSRUD 33.70
LAURA CHAREWICZ 30.59
ONEITHEA LEWIS 28.97
CAROLE DAVIS 27.07
RUTH WELDING 24.78
LANI POWELL 24.69
MARJ LOCKER 23.23
KAREN VAUGHN 21.69
LIDA REED *21.67
SUSAN HALLEN 19.70
LUBA VOZAROVA 17.81
CHRIS CHAN 17.79
LIZ JOHNSON 16.35
CHERYL MELLENTHIN 15.71
DEBBIE ROMERO *15.32
LISA HAMPTON 15.00
MONICA THORNTON 14.60
JOANN MCBRIDE 14.04
ROSA RODRIGUEZ *13.82
ANN MARIE JONES 13.38
DEBORAH ECKLUND 13.35
ALMA LASALLE 12.34
CHRISTINE SMITH 12.17
JOANN BCBRIDE 11.83
ANNE MURFITT 11.47
W50
LINDA COHN 37.57
CLAUDETTE FABIAN 36.53
GAIL KING 36.50
SUE SEWING *29.77
LINDA ROWE 29.75
TINA BOWMAN 27.38
KAY GLYNN 27.29
JANICE HAIRGROVE 23.95
JANET JOHNSON *23.14
COLLEEN WALLACE *21.62
DINAH ANDERSON *20.37
KATHY WETENHALL 20.05
DEBBIE TEFFT *19.74
KAREN SAPP *19.00
MARTHA GREEN 17.82
MARILENE SISCO 17.29
BARBARA MCCUEN 16.54
YOLANDA HERNANDEZ *16.03
TERESA REASONS 15.29
SHERYL NORTON 14.58
JENNIFER GAUDET 13.50
TERRI COLE *11.18
CATHY BAAR 10.81
KATHLEEN GOULD *8.80
GLORIA NASH 7.36
W55
JOYCE TAYLOR 35.15
D VANDERCRUYSSEN *28.30
LATANYA GLASS 28.27
DIANE JENKE-MCMAHAN *27.20
MARY HARTZLER 25.87
SHARON RAHAM 25.61
LORRAINE TUCKER 25.39
SKIPPER CLARK *24.43
PHIL RASCHKER 23.60
TEDDIE BELL 23.18
A STEEKELENBERG 23.13
BARBARA LOPICCOLO 22.80
DIANA SCHULTZ 21.34
MYRLE MENSEY 21.33
ELENA PROA *21.05
BRENDA MATTHEWS 20.78
MYRLE MENSEY *19.46
PAULA SERRA *19.13
CINDY SMITH *18.48
JANIS HENDERSON 17.70
LINDA HUNT *17.22
ELLIE MATTHEWS 16.74
MAXINE SHEININ *16.66
JUNE FICHTER *16.59
MELINDA CARTER 16.56
SUSAN HINZ 16.25
W60
MARG RADCLIFF 29.97
GEORGIA CUTLER 25.18
CAROL GRIFFITH *24.82
KAREN HUFF-PAWLIK 21.53
CAROL STRICKLIN *21.41
DIANA SCHULTZ *20.41
INGRID MILLER *19.81
WENDY DICKSON 19.56
LINDA DOUGLASS 19.36
AVE MARIA PASHO 18.86
JOYCE BAHR 18.69
ROSLYN KATZ 17.71
MARILYN BELLAMY *17.65
SANDRA GUY 17.02
KATHY JAGER 16.43
ANN CARTER 16.26
CONSTANCE JAMISON *16.21
SANDRA WHITE *15.60
NINA BRYANT *15.13
ERIKA SZANTO *14.45
DOTTIE EARLY *14.02
BRENDA ANDRIEU *12.75
JAYNE OPPLIGER 10.87
CAROLE RAGAN *10.52
ANGELA STAAB *9.40
W65
BECKY SISLEY 31.30
MADELAINE CAZEL *28.52
KATHY BERGEN 21.97
SANDY ANDERSON 21.87
ANN ABREU 21.10
ELIZABETH CHAMBERS *20.50
JOAN YOUNGS 20.40
PATRICIA BEAM *20.37
CAROL YOUNG 20.24
FAY RICHARD *19.79
DEE ANNE JANNE *19.63
EVELYN WRIGHT *19.34
MARGARET BARKER *18.49
AUDREY KEMPF *16.69
SYLVIA BROOKS-SMITH 16.66
TOMASA SCHULTZ 14.81
JOAN BERMAN 14.80
LOIS WAGNER *14.63
LAURA STEPAN *14.55
SUE TUNNICLIFF *14.48
JOYCE CURTIS 14.22
JANICE BRADLEY *14.02
ARLENE DUPUIS *13.92
EMILY KUHN *13.84
HARRIET KAUFMAN *13.23
W70
CHRISTEL DONLEY 27.32
HARRIETT BLOEMKER *23.42
LAVINIA MCDONALD *19.96
AMY HICKS *19.53
AUDREY LARY *18.62
GLORIA KRUG 18.40
PATRICIA LEMANSKI *18.26
MARCIA CROOKS *18.26

VERA WHITESIDE *17.40
BETTY POTTS 15.24
PHYLLIS PROVOST 15.19
JANET FREEMAN *15.06
FRANCESCA MORAVCSIK *14.48
EDNA HYER 14.40
DOLORES FABER 14.28
ELLEN BRANNIGAN *14.12
JOANNE RAMSEY 13.77
MULLEN PATRICIA 13.60
MAGDALENA KUEHNE 12.92
JOAN DASH 12.54
ANNA CIRULNICK 12.24
FLO MEILER *12.17
HARRIET PATCH *11.48
DORIS OLIVER *10.01
JANICE WOLOWICZ 9.97
W75
ETHEL LEHMANN *23.06
BARBARA BRANDT 22.20
DORTHY MORGAN 17.52
JOHNNYE VALIEN *16.64
JEAN BRUBAKER *16.56
LILLIAN SNADEN 14.65
CLARA GAMBLE *14.50
GERTRUDE DISBROW *13.84
PATRICIA OSMON *12.38
SHEILA GILDEA 11.66
FRANCES MATTHEWS *11.07
MARY SEEBECK *10.64
SHIRLEY DIETDERICH 10.24
SUSIE FISTER 8.74
MARGARET CORBITT 8.34
TRUDY WELSH *5.99
W80
JOHNNYE VALIEN 17.89
RUTH SEEGER *15.44
ADELE MCCORMICK 14.34
SARAH OVERTON 13.44
MARY LEWIS *13.13
MARY NORCKAUER 11.93
DORIS BERLEPSCH *11.86
WILLIE GATZA 11.76
MARGARET DAVIS *11.40
LUELLA MORRIS *11.25
FLORA MCLEOD-SMITH 10.96
ANNE MCGOWAN *10.95
ELIZABETH PRYCL *10.80
ANN TOYA *10.57
AMANDA COLBY 10.50
JEAN PROPST *10.36
WALLY DASHIELL *10.34
MARGARET HINTON *8.41
ROSE SNYDER *6.88
WINIFRED CANADY *6.27
YVONNE SCORCIA *4.72
W85
HELEN BEAUCHAMP *12.27
MARY BOWERMASTER *11.13
POLLIE TOWNEND *8.53
ELEANOR RIDINGER *7.75
ELSIE LOWEN *6.93
ROSE LEVY *6.86
CARLA CONVERY 6.64
MARY WOHLEBER *5.84
BETTY SANFORD *5.74
W90
JUANITA BROOKOVER *10.87
MARGARET EVANS *7.39
BETTY JARVIS 7.09
MARY HAINES *4.90

Weight Throw

M30
MARK LANDA 16.02
KUNLE LAWSON 14.25
KEVIN DUPUIS 13.35
SEAN QUINN 13.12
ERIC SUNILA 12.62
DOUG DUNAGAN 12.36
M35
JOHN KUEMMERLIN 13.24
MIKE CURRY *13.05
NORM DEEP 12.78
DAVID BICKEL 11.45
ERIC ROUSE 11.34
JAMES BARR 10.59
BRYAN PAYNE 10.02
BILL PAYNE 10.02
DERRICK JOHNSON 9.91
PATRICK HOCHANADEL 8.26
M40
GLENN THOMPSON 15.57
DAVE ROTHENBURY 14.82
KIONG SONG 14.52
RANDE TREECE 14.17
TIM SHANNON 14.15
BRIAN SUTER 13.22
WALTER HAMILTON 12.84
RAY BIGGS 12.65
TODD DAVIS 11.99
GREG THEOLOGES 11.61
TONY DZIEPAK 11.49
RIK REED *10.34
JOSE TORRES 10.31
SCOTT FRASURE 8.47
DAVID HAMPTON 7.38
MARK IHLEFELD 6.01
M45
KEN JANSSON 17.82
DAN JOHN 15.69
RAY BURTON 14.82
BRUCE NAVARRE *14.22
LARRY SCHRADER 13.72
RICHARD STEWART *13.66
MICHAEL HAMBRICK 13.16
KEVEN MORSE *13.08
MICHAEL VENNING 13.00
BRIAN DOHERTY 12.36
CARL DARBY 12.27
BOB HOLTZ 11.90
DANIEL WALLACE 11.68
JEFF CROTHERS 11.06
KEN ELLIS 10.90
MICHAEL BERSCH 10.59
ARNY FERRANDO 10.43
DAVID BOLLES *10.29
BRYAN STEWART 10.00
RICK ROBERSON *8.84
SCOTT MEDLIN 8.57
ERIC JOHNSON 7.81
CALVIN STECKLER 7.66
MICHAEL RUBIN 6.10
M50
JIM WETENHALL 20.38
THOMAS MEYER 18.12
PETER FARMER *18.09
JEFF BATY 17.02
ROGER CONBOY 16.61
RONALD SUMMERS *16.58
DON FILKINS *16.54
BOB CEDRONE *16.20
JAY MCKEEN 15.79
CARL REICHARD 15.71
BOB HOLTZ 15.27
ROBERT REICH 14.88
CLAYTON HULL 14.63
GARY SUTTON 13.79
RICHARD WATSON 13.44
DAVID HANSEN 13.10
BILL MURRAY 12.97
EDWARD DANIELS 12.49
RICK GONZALES 12.41
DAN ROLOFF 12.37
FRANK HENRY 12.01
NICK HELFRICH 11.98

GARY SCHMIDT 11.60
JOSEPH MYERS 11.53
BLAKE O'DELL 11.21
M55
TODD TAYLOR *17.81
PAUL ECONOMIDES 16.65
GEORGE KONEN 15.79
TIM EDWARDS 15.75
JOHN VON ROHR *15.70
ROGER CONBOY 15.41
DENNIS CAMERON *15.13
MIKE THOMASON 14.82
BOB SAGER 14.63
CLAYTON HULL 14.55
CHARLES ROLL 14.31
RAY ALLEN 14.15
JERRY BOOKIN-WEINER 13.63
TERRY SHUMAN 13.25
HORATIO VENZOR *12.65
GREGORY ZACHWIEJA 12.28
BOB MALTBY 12.04
GARY JOHN 11.89
PAUL DAILY 11.69
MEL CREEL 11.65
HOWARD KELLOGG 11.31
PAT ELLSBERG *11.02
GLENN WEAVER 10.85
DENNIS SCHOLL *10.48
FREDERICK MONESMITH 10.39
M60
GEORGE MATHEWS 20.55
ROBERT MEAD *18.85
CARL WALLIN *18.42
MICKEY BITSKO 16.24
TOM STEED *16.08
MIKE VALLE 15.80
VLADIMIR STRELNITSKI 15.71
BOB OSTERHOUDT 15.27
VINCE BREAUX 14.90
JIM CHAMBERAS 13.80
EULOGIO ARROYO *13.74
JULIUS CASSELS 13.59
JACK KARBENS *13.55
BUSTER BYRNES 12.84
TERRY LIVERMORE *12.34
ELUGIO PANDO *12.18
MARK CHAPMAN *11.99
TOM BLYTHE 10.68
HAROLD LANDRY *10.54
LAVANE JOHNSON 10.40
CARL LEVINE 10.05
BOB LUPINACCI 9.59
LUIGI SCHIAVO 9.47
DAVID WHEELER 8.69
MARC BRADSHAW 8.42
M65
EDWARD BURKE 19.92
RICHARD HOTCHKISS 16.72
BOB HUMPHREYS 15.42
PETER LABARGE 14.87
JEFF CHASE 14.07
JOHN BRONSTEIN 13.79
ROBIN HERRON 13.48
BILL GRAMLEY *13.42
CHUCK POLIZZI 13.22
WILLIAM KUEGLER 12.59
JACK KUHNS 12.49
BOB WARREN *11.96
WALTER DEAL 11.69
JOHN SELLERS 11.18
JERRY FASTEEN *10.58
GEORGE CORMEY 10.57
JERROL SPRINGER 10.54
VICTOR VALLES *10.16
JOHN NORTH 9.99
JACK MCDONALD 9.98
EDMUND JOYCE 9.91
GEORGE LABELLE 9.85
ROBERT MOLYNEUX *7.84
HAROLD CRATER *7.56
RICHARD DOW 7.53
M70
BOB WARD 19.12
BOB LAWSON *15.85
RAY FEICK 15.72
PAY CARSTENSEN 15.65
BILL GRAMLEY *15.09
TIM TWOMEY 15.08
WENDELL PALMER *14.64
LOU OVERBRECK 14.28
DOUG TOMLINSON 14.04
VERNON SPENCER 12.91
PAUL XANTHOPOULOS 12.86
WAYNE SABIN *12.29
LEONARD OLSON 12.21
DAVE DOUGLASS 12.14
MEEMO MAASIK 11.98
ROBERT HUSIC *11.98
OWEN SABIN 11.87
WILLIAM BARKER 11.84
PHIL SHIPP 11.81
ALFRED CLOWSER 11.44
TOM ALLISON 11.19
GERALD SNYDER *10.07
BILL BERGEN *9.47
AHMET ARDAMAN 8.30
M75
HARVEY LEWELLEN 15.75
WILLIAM GARRAHAN 14.08
JERRY WOJCIK 12.56
TOM ALLISON 11.92
JIM GERHARDT 11.81
ARNIE GAYNOR 11.06
REED QUINN 11.05
LEV MOZHAEV 10.88
PHILLIP BRUSCA 10.39
BOB RICHARDS 9.93
ROBERT VOEGE 9.41
VAL SMITH 9.34
LUIS VELEZ 7.68
WILLIAM PATRICK 7.58
JACK HALLER 7.34
FRED ADAMS *7.00
BILL SNADEN 6.69
AGOPITO ROCHO *6.20
M80
RICHARD MULKERN 14.43
ROBERT CHASE 12.79
ADOLPH HOFFMAN *11.68
ROBERT HORSLEY 10.52
BRIAN POWER-WATERS 9.32
DALE BUYSSE 9.12
JACOB STEIN 8.84
FRANK BOWLES 8.22
ROBERT DEW 6.25
M85
HUGH HACKETT 9.90
MYRON DOVER 7.49
GEORGE RYFFEL 7.41
M90
JIM MURRAY 7.70
LEON JOSLIN 5.93
M95
TRENT LANE 7.72
W35
ALMA GAMEZ *8.02
W40
ONEITHEA LEWIS 16.96
HEATHER SCANLON 9.59
BECKY HARTLEY 8.25
W45
ONEITHEA LEWIS 17.88
CAROL FINSRUD 13.77

CINDY MORRISON 8.51
CHERYL MELLENTHIN 8.32
LIDA REED *7.19
LISA HAMPTON 7.12
DEBORAH ECKLUND 6.12
LIZ JOHNSON 5.73
ANNE MURFITT 5.43
W50
JOYCE TAYLOR 12.00
JOAN STRATTON 11.85
KATHY WETENHALL 10.76
LINDA ROWE 9.16
YOLANDA HERNANDEZ *9.14
MARTHA GREEN 8.85
SHARON SELLEREITE 7.78
MARILENE SISCO 7.41
ELBA MOLINAR *6.74
KATHLEEN GOULD *6.05
W55
MYRLE MENSEY 13.47
JOYCE TAYLOR *12.57
MARY HARTZLER 12.41
SHARON RAHAM 8.31
MARY KNOTTS *6.17
TERESA RODRIGUEZ *5.71
ELENA PROA *5.66
W60
GEORGIA CUTLER 13.09
ROSLYN KATZ 11.45
DIANA SCHULTZ *7.55
W65
CAROL YOUNG 13.04
EVELYN WRIGHT 11.49
MARY ROMAN 9.90
SANDY ANDERSON 9.14
W70
AUDREY LARY 10.89
AMY HICKS 7.99
ANNA CIRULNICK 7.69
MARCIA CROOKS 6.98
PHYLLIS PROVOST 6.34
SHARON GOOD 5.61
W75
PATRICIA OSMON *6.17
MELICENT WHINSTON 6.08
W80
MARY NORCKAUER 5.23
MELANIE RESKE 5.14
W90
BETTY JARVIS 5.40

Superweight

M30
MARK LANDA 9.99
DOUG DUNAGAN 6.80
ERIC SUNILA 6.71
M35
JOHN KUEMMERLIN 9.09
NORM DEEP 8.32
MIKE CURRY *7.93
DAVID BICKEL 7.81
ERIC ROUSE 7.57
BRYAN PAYNE 5.82
M40
RANDE TREECE 9.75
GREG THEOLOGES 8.20
TODD DAVIS 7.68
WALTER HAMILTON *7.54
RIK REED *6.00
SCOTT FRASURE 5.35
M45
KEN JANSSON *11.07
BRUCE NAVARRE *9.78
RAY BURTON 9.60
DAN JOHN 9.47
KEVEN MORSE *8.05
DANIEL WALLACE 7.11
JEFF CROTHERS 6.96
BRYAN STEWART 6.90
SCOTT MEDLIN 6.53
CARL DARBY 6.15
DAVID BOLLES *5.61
MICHAEL RUBIN 4.16
M50
JIM WETENHALL 11.21
JAY MCKEEN 7.69
RICHARD WATSON 7.10
DENNIS HANSEN 6.04
DAN ROLOFF *5.64
NICK HELFRICH 5.36
JAN GRIGSBY 4.42
M55
TODD TAYLOR 8.60
TIM EDWARDS 7.48
WILLIAM GAINEY 7.41
RAY ALLEN 7.23
ROGER CONBOY *7.13
BOB SAGER 6.45
DENNIS SCHOLL *4.82
MEL CREEL 4.82
DOUGLAS KORHEL 4.63
HOWARD KELLOGG 4.36
TERRY MARTIN 2.80
M60
GEORGE MATHEWS 8.18
JACK KARBENS *5.83
EULOGIO ARROYO *5.69
MIKE VALLE 5.56
MARK CHAPMAN *5.18
JULIUS CASSELS *5.10
LAVANE JOHNSON 4.49
VLADIMIR STRELNITSKI 4.28
ROBERT RINEHART 4.00
LUIGI SCHIAVO 3.22
STEPHEN PIERCE 2.64
M65
JACK KUHNS 5.41
MIKE VALLE 4.75
JERRY FASTEEN *4.42
EDMUND JOYCE 4.14
ROBIN HERRON 4.11
GEORGE LABELLE 3.79
JERROL SPRINGER 3.72
JOSEPH LANDRY *3.10
VICTOR VALLES *2.82
M70
BOB WARD 10.22
TIM TWOMEY 9.41
BOB LAWSON 8.72
PAY CARSTENSEN *8.71
OWEN SABIN 7.95
RAY FEICK 7.90
WENDELL PALMER *7.68
VERNON SPENCER 7.47
BILL GRAMLEY 7.47
LOU OVERBRECK 7.46
DOUG TOMLINSON 7.42
ROBERT HUSIC *6.81
WAYNE SABIN 6.65
M75
HARVEY LEWELLEN 8.97
JERRY WOJCIK 6.80
JIM GERHARDT *6.48
TOM ALLISON 6.44
FRED ADAMS *4.50
WILLIAM PATRICK 4.24
JACK HALLER *4.12
BILL SNADEN 3.82
M80
RICHARD MULKERN *6.83
ADOLPH HOFFMAN *5.69
ROBERT CHASE 5.56
DALE BUYSSE 3.95

M90
LEON JOSLIN 3.48
W45
ONEITHEA LEWIS 14.14
CAROL FINSRUD *9.35
CHERYL MELLENTHIN *4.69
ANNE MURFITT 3.77
ROSA RODRIGUEZ *3.68
DEBORAH ECKLUND 3.60
W50
JOYCE TAYLOR 8.74
KATHY WETENHALL 7.53
JOAN STRATTON 7.34
YOLANDA HERNANDEZ *5.13
SHARON SELLEREITE 4.63
W55
MYRLE MENSEY 8.77
JOYCE TAYLOR 8.13
ELENA PROA *3.07
W60
GEORGIA CUTLER 7.41
ROSLYN KATZ 6.54
DIANA SCHULTZ *6.23
W65
CAROL YOUNG 7.75
SANDY ANDERSON 4.95
W75
MELICENT WHINSTON 3.53
PATRICIA OSMON 3.06
W80
MELANIE RESKE 3.79

Decathlon

M30
PHIL MCMULLEN 8107
M35
KIP JANVRIN 7671
KEVIN LUTHY 4423
BARRY HENRY 4011
M40
KIP JANVRIN 8618
JOHN HOYT 6929
ROBERT LAWSON 5917
JOHN SKIRBST 4348
LYLE WHITAKER 3126
JOHN RITCHIE 2824
JAMES TIMOCH 2291
M45
JIM RUSS 6426
KELLY LYCAN 5920
FRANK MAKOZY 5157
M50
BILL MURRAY 7166
STEVE KEMP 6991
TIM WALTERS 6626
ROB DUNCANSON 6556
JEFF WATRY 6545
BOB DORAN 5430
JIM REINHARD 4189
JOHN BRUBAKER 2959
M55
ROBERT BAKER 6583
MICHAEL MOSER 4511
BILL MCDONALD 3716
JEFF GERSON 2411
M60
BILL ANGUS 6863
RON COLLIVER 6304
JIM SHOEMAKER 4298
JACK KARBENS *3931
M65
EMIL PAWLIK 7900
BOB FULTON 6519
JOHN SLOAN 5124
M70
PHIL SHIPP 8086
ROBERT HEWITT 6983
JAMES LEGGITT 6632
RICHARD LARKIN 4965
WILLIAM JANKOVICH 4941
ROBERT HUSIC *3427
M75
DENVER SMITH 4700
JERRY DONLEY 4354
M80
FRED HIRSIMAKI 6802
M85
DAN BULKLEY 4169

Pentathlon

M30
ADAM ALDERTON 2852
GENE BRIDGEWATER 2283
M35
LESLIE YOUNG 2826
JAMES BARR 2817
STEVEN ELLISON 2565
ROD WILCOX 2334
JAMES BYRNE 2045
JD CAUSSE 1996
BILL O'NEILL 1969
M40
ROBERT LAWSON 2795
SCOTT MOSSER 2559
DAVID DIBLEY 2489
RICK CAWLEY 2463
DREW MONAGHAN 2357
GATHERN JONES 2341
JOHN MCKENZIE 2332
MIKE REICHARST 1855
ERIC WEBER 1708
ERIC LAUBER 1614
TIM LYNCH 1568
M45
JIM RUSS 3301
STEPHEN WINKEL 3201
MARK CARVER 2964
THOMAS CSANADI 2841
PETER HOUBA 2673
FRANK MAKOZY 2390
CRAIG NEFF 2363
KEVIN KRUSZONA 2012
TIMOTHY TAYLOR 1902
MARK BOZZINI 1813
GREG HODSON 1527
ROB DORAN 1335
M50
ROB DUNCANSON 3767
VINCENT COSTELLO 3248
RUSSELL JACQUET-ACEA 3027
KEVIN RUMBLE 2286
MAURE WEIGEL 2190
ROBERT MASERATTI 2143
PARKER WHITE 2009
STEVE ROSS 1680
LARRY HART 1429
SPUD ALFORD 1317
DEREK GOUDGE *1192
JOE HAZUCHA 1163
RICHARD WATSON 999
DENNIS UMSHLER 738
M55
DOUGLAS WATSON 3345
STEFAN WALTERMANN 2656
VANCE JACOBSON 2457
ROBERT RICE 1990
NEAL SCHUSTER 1968
DARRYL DECKER 1673
JOHN SMIGELSKI 865
M60
ROBERT BAKER 3566
JIM FRANCIS 3206
JACK KARBENS *2916
GLENN FRANCIS 2823
JAMES CAWLEY 2618
MILAN MARTINEC 2491

ALEX MEYER 2339
ROBERT TAYLOR 1706
CLEMENT CHUN *1605
M65
EMIL PAWLIK 4023
PHIL SHIPP 3508
DAVE DOERRER 3476
BOB FULTON 3268
M70
PHIL SHIPP 3854
JAMES LEGGITT 3338
ROBERT HEWITT 2933
DAVE DOUGLASS 2759
JAMES DUNCAN 2743
RICHARD LARKIN 2507
WILLIAM JANKOVICH 2134
DONOLD LEIS 1810
ROBERT HUSIC *1722
HERMAN BLINCHIKOFF 1673
DILLON MAIER 626
MARSMAL LIPTON 587
M75
WILLIAM DAPRANO 2869
M80
FRED HIRSIMAKI 2846
BILL CARTER 2108
M85
DAN BULKLEY 2466
W30
BARBARA FOSTER 1000
W35
CLARE LOOK-JAEGER 3560
TERRI LOWE 809
W40
CAREN WARE 2739
DEBBIE ZAKERSKI 2327
CYNTHIA MARKS 1322
W45
JOANNE PETKUS 1980
W50
IRENE THOMPSON 3330
W55
LATANYA GLASS 1909
MARY TROTTO 1491
W65
BARBARA JORDAN 3344
EVELYN WRIGHT 3137
W70
FLO MEILER 3942

Heptathlon

W40
CAREN WARE 3791
PAMELA GUNNESON 3189
W50
KAY GLYNN 4989
W55
PHIL RASCHKER 4813
W60
ANN CARTER 2871
W70
CHRISTEL DONLEY 6029
W80
JOHNNYE VALIEN 5521

Weight Pentathlon

M30
MARK LANDA 3580
KUNLE LAWSON 3023
M35
MIKE CURRY *2761
JOHN KUEMMERLIN 2696
JAMES BARR 2554
NORM DEEP 2551
ERIC ROUSE 2538
DAVID BICKEL 2488
DERRICK JOHNSON *2344
PATRICK HOCHANADEL 2220
M40
TIM SHANNON 3384
DAVE ROTHENBURY *3021
RANDE TREECE 2969
WALTER HAMILTON 2968
BRIAN SUTER 2699
TONY DZIEPAK 2683
RAY BIGGS *2648
RIK REED *2541
DAVID SPEAKS 2381
JEFF BLONDIN 2223
DAVID HAMPTON 1817
SCOTT FRASURE *1634
MARK IHLEFELD 1462
M45
KEN JANSSON 4071
DAN JOHN 4023
RICHARD STEWART 3442
BRYAN STEWART *3223
BRUCE NAVARRE 3204
ARNY FERRANDO 2924
DANIEL WALLACE 2856
KEN ELLIS 2855
BOB HOLTZ 2803
BRIAN DOHERTY 2632
DAVID BOLLES *2584
SCOTT MEDLIN *2432
JEFF CROTHERS 2367
CALVIN STECKLER 1542
M50
JIM WETENHALL 4210
JEFF BATY 3862
ROGER CONBOY 3339
RICHARD WATSON 3321
CARL REICHARD 3262
FRANK HENRY 3196
BILL MURRAY 3191
DAN ROLOFF 3106
GARY SCHMIDT 3052
JOSEPH MYERS 3002
RICK GONZALES 2773
KEVIN CHRISTENSEN *2694
NICK HELFRICH 2614
JOHN STILBERT *2598
RAYMOND BZIBZIAK 2501
JIM RICHARDS 2233
M55
PAUL ECONOMIDES 4039
ROGER CONBOY 3844
DENNIS CAMERON *3768
GEORGE KONEN 3757
CLAYTON HULL 3627
NORMAN HOUGH *3430
TIM EDWARDS 3371
JERRY BOOKIN-WEINER 3315
BOB SAGER 3289
WILLIAM GAINEY 3155
JIM LISTER 3008
PAUL DAILY 2974
BOB MALTBY *2677
GARY JOHN 2593
TERRY MARTIN 2534
DENNIS SCHOLL *2463
NED RICH 2249
RANDALL HOLLIS 1372
M60
GEORGE MATHEWS 4130
MICKEY BITSKO 3805
VINCE BREAUX 3774
MIKE VALLE *3655
MARK CHAPMAN 3278
JACK KARBENS *3245
JULIUS CASSELS 3199
BUSTER BYRNES 3104
TOM BLYTHE 2789
HAROLD LANDRY 2734
BOB LUPINACCI 2578
JIM CHAMBERAS 2528

LARRY RHEAMS 2188
ROBERT RINEHART 2081
CARY MILLER 2030
MARC BRADSHAW 1709
M65
BOB HUMPHREYS 4263
MIKE VALLE 4103
PETER LABARGE 4086
JACK KUHNS 3707
BILL GRAMLEY *3450
JERRY FASTEEN *3372
ROBIN HERRON 3239
WILLIAM KUEGLER *3189
DON NORTH 3180
WALTER DEAL 3051
GEORGE CORMEY 3043
JOHN SELLERS 2992
GEORGE LABELLE 2736
JACK MCDONALD *2653
HAROLD CRATER *2257
ROBERT MOLYNEUX *2229
JOSEPH LANDRY 2050
PEL STRINGER 2004
TED MORDECAI 1814
M70
BOB WARD 4979
BOB LAWSON 4494
WENDELL PALMER 4279
PHIL SHIPP 4241
DOUG TOMLINSON 3913
PAUL XANTHOPOULOS 3654
RAY FEICK 3644
TOM ALLISON 3492
PAY CARSTENSEN 3484
ROBERT HUSIC *3373
VERNON SPENCER 3168
DAVE DOUGLASS 3058
LEONARD OLSON 3054
WAYNE SABIN 2932
ALFRED CLOWSER 2896
GERALD SNYDER *2751
MILTON BRADY 2586
BILL BERGEN *2499
AHMET ARDAMAN 2344
M75
WILLIAM GARRAHAN 4412
JIM GERHARDT 4370
HARVEY LEWELLEN 4114
TOM ALLISON 3988
REED QUINN 3633
PHILLIP BRUSCA 3588
JERRY WOJCIK 3346
VAL SMITH 3322
BOB RICHARDS 3291
WILLIAM PATRICK 2874
JACK HALLER 2529
ROBERT VOEGE 2448
BILL SNADEN 1703
M80
RICHARD MULKERN 4147
ROBERT HORSLEY 3241
BRIAN POWER-WATERS 2883
JACOB STEIN 2301
ROBERT CHASE 2100
ROBERT DEW 1425
M85
HUGH HACKETT 3131
M95
TRENT LANE 5999
W30
ANN GRANKOW 3415
ASHLEY BRUEGMAN 3241
W40
ONEITHEA LEWIS 4761
HEATHER SCANLON 2130
W45
ONEITHEA LEWIS 5414
CAROL FINSRUD 5076
CHERYL MELLENTHIN 2187
LISA HAMPTON 2040
LIZ JOHNSON 1879
DEBORAH ECKLUND 1503
W50
LINDA ROWE 3135
KATHY WETENHALL 2694
MARTHA GREEN 2334
MARILENE SISCO 2098
W55
MARY HARTZLER 4257
MYRLE MENSEY 3541
SHARON RAHAM 2686
W60
GEORGIA CUTLER 3943
ROSLYN KATZ 2914
DIANA SCHULTZ *1823
W65
EVELYN WRIGHT *3443
JOY KAYLOR 3363
W70
AUDREY LARY *3791
AMY HICKS 3272
ANNA CIRULNICK 2821
PHYLLIS PROVOST 2581
SHARON GOOD 1662
W70
LILLIAN SNADEN 971
W80
MARY NORCKAUER 3404
W90
BETTY JARVIS 4017

1500m Racewalk

M35
Chris Selvaggi 0:10:30.00
Scott Manas 0:13:36.10
M40
Alberto Medina 0:07:21.44
Bruce Log

Gordon Campbell	0:16:34.80
M95	
Walter Macky	0:22:33.06
W40	
Carolyn Kealty	0:07:23.42
Ann Tuberg	0:08:20.00
Laura Draelos	0:08:30.60
Janine Stuart	0:08:36.20
Victoria Cruz	0:10:17.67
W45	
Maria Cruz	0:11:22.46
W50	
Lynn Tracy	0:07:36.90
Judy Myers	0:08:19.50
Sandra DeNoon	0:08:32.98
Delia Vargas	0:08:35.23
Joyce Prohaska	0:08:36.48
Janet Comi	0:08:50.86
Jeanine Allsup	0:08:55.10
Rosemary Sexton	0:09:12.68
Jane Hein	0:09:32.70
Barbara Hindenach	0:09:38.00
Nancy Wright-Haling	0:09:49.52
Delia Fuentes	0:10:4.00
Judy Zawacki	0:10:8.47
Terri Lister	0:10:24.10
Janet Ritchie	0:10:49.90
Gwendolyn Irvin	0:12:16.70
Maria Lee	0:12:34.74
S Pappas	0:13:11.79
Lavern Rector	0:13:14.50
Alice Smith	0:13:32.60
W55	
Judson Drennan	0:08:20.21
Yoko Eichell	0:08:40.69
Panseluta Geer	0:08:44.80
Carol Bertino	0:09:14.20
Diane Baird	0:09:21.56
Gwen Thomas	0:09:44.05
Karla Henderson	0:09:46.00
Lynn Johnson	0:10:23.00
Gwendolyn Lewis	0:10:31.61
Jacqueline Picha	0:10:36.66
Jeanne Bua	0:10:38.10
Isabel Keeley	0:10:39.90
Diane Brandt	0:10:40.00
Faith Rulapaugh	0:10:45.59
Alice Winkler	0:10:49.90
Karen Borchardt	0:11:36.90
Pamela Niles	0:11:41.00
Anne Marie Pabst	0:11:51.31
Vicki Abad	0:12:16.90
Silvia Flores	0:12:24.69
C Bishop	0:12:27.39
Rosalind Clark	0:12:30.26
Shelia C Scholl	0:12:47.78
Nancy Sullivan	0:13:11.05
Carol Simons	0:14:37.70
W60	
Jolene Steigerwalt	0:08:44.20
Kathy Frable	0:08:46.10
Donna Gonzales	0:09:0.26
Marjorie Pilla	0:09:4.42
Kathy Balser	0:09:5.00
Elsie Kallal	0:09:15.10
Eileen Gunderson	0:09:55.60
Sandra Hults	0:09:58.64
Darlene Backlund	0:10:8.30
Susan Conner	0:10:30.70
Barb Hensley	0:10:51.01
Katsuyo Tetherly	0:10:58.20
Judith Oakes	0:10:59.00
Donna Melancon	0:11:4.72
Toni Olshan	0:11:8.84
Bonnie McLean	0:11:11.38
Katherine Svensn	0:11:16.51
Bertha Guereca	0:11:28.00
Donna Uhlig	0:11:35.32
BJ Thornburg	0:11:44.15
Shelia C Scholl	0:12:11.10
Portland Zinerman	0:12:16.80
Gloria Ledezma	0:12:22.00
Shirley Freick	0:12:36.00
Shirley Rausch	0:12:42.00
W65	
Sheila McKenna	0:08:9.20
Louise Walters	0:09:12.51
Rita Sinkovec	0:09:19.06
Lois Dicker	0:09:26.27
Bertha Aldrich	0:10:7.57
Lucy Diana	0:10:21.24
Barbara Frasca	0:10:27.64
Dorothy Huston	0:10:31.10
Miram Jackobs	0:10:32.30
Mary Miller	0:10:35.60
Marty Owings	0:10:36.69
Lana Kane	0:10:40.87
Shirley Capps	0:10:47.34
Joyce Freeman	0:11:12.00
Peggy Hodge	0:11:14.67
Rita Windish	0:11:19.84
Mary Mahon	0:11:27.28
Frankie Snipes	0:11:28.53
Rachel Beaudet	0:11:42.49
Clementine Licorish	0:12:11.50
Eileen Schmidt	0:12:25.66
Winnie Perdue	0:12:54.37
Judith Thomas	0:13:29.03
Sharon Kleinschmidt	0:13:59.89
W70	
Marjorie Larragoite	0:10:17.58
Betty Allgood	0:10:44.13
Rhea Snyder	0:10:59.32
Julie Johnson	0:11:8.60
Claire Elkins	0:11:33.00
Dorothy Munson	0:11:34.83
Diane Wender	0:11:37.46
Marsha Shafmaster	0:11:41.00
Nancy Lupton	0:11:51.00
Dona-Grace Gatewood	0:11:57.50
Phyllis Goebel	0:12:4.00
Mary Simpson	0:12:5.32
Annaliises Sager	0:12:10.00
Bobbie Thrutchley	0:12:32.01
Phyllis Powder	0:12:37.98
Monica Donegan	0:12:40.76
Dee Bicek	0:12:41.25
Jeanne Weaver	0:12:51.00
Joan Burguess	0:13:0.81
Stephanie Smith	0:13:13.41
Carolyn Dodd	0:13:18.50
Joan Blair	0:13:46.10
Marilyn Stevens	0:13:55.63
Mycia Bell	0:14:34.01
Bobbie Thutchley	0:14:52.41
W75	
Eva Vogelsang	0:10:27.00
Katherine Marrs	0:10:58.49
Bonnie Vaughan	0:11:17.69
Margaret Long	0:11:44.80
Claire Elkins	0:11:47.04
Bess Grimm	0:12:24.08
Ceil Eldrich	0:12:26.00
Martha Lykens	0:12:28.86
Carol Selby	0:12:32.86

Roz Bingham	0:12:49.81
Eleanor Gibson	0:13:19.40
Thelma Fallows	0:13:32.55
Florence Dagata	0:13:36.18
Bernice Washington	0:13:55.40
Amelia Davis	0:14:0.98
Isabel Garcia	0:14:25.00
Frances Young	0:14:27.42
Darlene Dubois	0:14:32.00
Lisbeth Naber	0:14:57.73
Mary Waggoner	0:15:30.09
Jeanette Sione	0:17:24.75
W80	
Miriam Gordon	0:10:54.00
Margaret Walker	0:12:53.98
Barbara Gladd	0:13:17.01
Jean Propst	0:13:57.21
Theresa Fritz	0:14:42.20
Helen Wallace Fitgerald	0:14:52.75
Lillian Silvidi	0:14:58.64
Rose Snyder	0:15:43.95
Margaret Hagerty	0:16:12.57
Hazel Dobson	0:18:22.32
Nellie Cathcart	0:18:55.28
W85	
Jean Brunnenkant	0:13:17.34
Helene Perkins	0:16:27.74
Daisy Dotton	0:21:54.11
W90	
Estelle Frendberg	0:13:13.00

5000m Racewalk

M30	
Tim Seaman	0:19:56.41
Jussi Koski	0:25:12.00
Dean Sauls	0:41:10.00
Dennis Cuaresma	0:54:25.00
M35	
Curt Clausen	0:20:41.33
Dave McGovern	0:22:7.12
John Soucheck	0:24:7.99
Jose Perez	0:25:11.17
Rob Carver	0:33:38.82
Andree Enos	0:36:4.00
Marc Harber	0:44:14.00
M40	
Bill Vayo	0:26:0.00
Mike Blanchard	0:26:34.00
Colin Peters	0:26:41.33
Steve Renaud	0:27:21.91
Bruce Logan	0:28:4.00
Juan Crespo	0:34:42.00
Randy Miller	0:35:32.00
John Kealty	0:35:48.00
Duane Watt	0:46:39.00
M45	
Ian Whatley	0:25:15.00
Pedro Santori	0:25:37.65
Gary Morgan	0:25:37.66
Dave Talcott	0:26:4.24
Tommy Aunan	0:26:15.34
Alberto Medina	0:26:29.59
David Wolfe	0:27:30.00
Damon Clements	0:27:31.00
Shawn Frederick	0:27:34.65
Tony Hackney	0:27:59.00
Larry Windes	0:28:8.00
Doug Ermini	0:28:26.54
Joseph Benrendt	0:28:32.90
Alexis Davidson	0:29:13.00
Bart Kale	0:30:11.90
Ray Bilig	0:31:17.80
Ray Nieves	0:31:34.00
Alan Sanger	0:35:19.00
M50	
Ray Sharp	0:22:34.00
David Ciccone	0:24:16.58
Vlado Haluska	0:26:6.00
Pat Detioff	0:26:30.28
Jeff McClung	0:27:12.00
Rob Frank	0:27:17.37
Mike Counts	0:27:18.00
Mike De Witt	0:27:25.68
Klaus Thiedmann	0:27:34.76
Bob Head	0:27:51.00
Steven Shapiro	0:28:13.00
Doug Vermeer	0:28:14.57
Juan Yanes	0:28:46.00
Tom Quattrocchi	0:30:3.00
Richard Newman	0:30:38.30
Tom Gerhardt	0:30:46.00
David Lee	0:30:59.00
Jon Qalam	0:31:15.00
Brent Marsden	0:31:24.00
Tom Haling	0:31:26.00
Theodore Robu	0:31:43.00
Alexis Davidson	0:32:5.00
Ron Winkler	0:33:0.00
Gary Terwellen	0:33:51.00
Jaroslav Pruckner	0:34:24.87
M55	
Bill Richardson	0:20:6.00
Matthew De Whitt	0:23:22.00
Michael Wiggins	0:25:41.53
Bob Novak	0:27:11.99
Norm Frable	0:27:14.85
Richard McGuire	0:27:33.98
Bill Penner	0:27:48.36
Robert Shires	0:28:33.00
John Fredericks	0:28:52.30
Stan Charminski	0:29:16.77
Rick Campbell	0:30:3.37
Danny Spell	0:30:8.40
Rick Sack	0:30:42.00
Judson Drennan	0:30:52.00
Ken James	0:30:56.00
Gary Leinhart	0:31:16.00
Marcus Kantz	0:31:22.00
Tom Forman	0:31:50.93
Brent Marsden	0:31:51.00
John Gersh	0:32:13.00
Daniel Strohl	0:32:36.00
Art Glass	0:33:16.00
James Ortt	0:33:20.00
Michael Wimsett	0:33:21.00
Richard Hughes	0:33:33.50
M60	
Leon Jasionowski	0:25:19.00
Norm Frable	0:25:59.00
Mike Walker	0:26:31.00
Jim Carmines	0:27:14.00
Larry Walker	0:27:47.00
Edoardo Sorrenti	0:28:8.00
David Baldwin	0:28:25.00
George Opsahl	0:28:27.23
Bob Weeks	0:29:0.57
Marc Olshan	0:29:25.00
Ronald Sheilds	0:29:30.00
Peter Armstrong	0:29:30.00
Zdenek Gonsiorowsky	0:29:31.00
Richard Leffigen	0:29:46.59
Gary Null	0:29:56.00
Dan Betowski	0:29:58.00
James Corbeil	0:30:3.00
Daryl Meyers	0:30:13.90

Allen Albert	0:30:27.00
David Samuels	0:30:31.00
Richard Rodocker	0:30:35.00
Juan Garcia	0:30:43.04
Gary O'Daniels	0:31:4.00
Thomas Bower	0:31:57.00
Larry Seymour	0:32:4.30
M65	
Paul Johnson	0:28:0.00
Ted Moore	0:28:19.50
John Backlund	0:29:36.87
John Elwamer	0:31:1.00
James Beckett	0:31:4.00
George Antonelli	0:31:56.00
James Riccio	0:32:23.00
Richard Zeibe	0:32:32.92
James McGrath	0:32:34.00
Ed Lane	0:32:45.43
Bob Nyman	0:33:15.46
Sherwin Wilk	0:33:20.00
Carl Acosta	0:33:44.38
Ronald Walters	0:33:49.00
Peter Bayer	0:33:53.00
Jim Epperson	0:33:57.80
Carl Kane	0:33:58.00
Bernard Finch	0:34:2.13
Neil Stockton	0:34:12.00
John Knifton	0:34:26.02
S Contract	0:34:29.38
James Lagger	0:34:36.00
John Mullane	0:34:37.00
Bob Thaler	0:34:45.00
Bob Robertson	0:35:10.00
M70	
Jack Bray	0:28:5.45
Bob Barrett	0:30:4.00
Alfred Dubois	0:30:27.73
Carl Acosta	0:32:28.16
Ray Everson	0:32:34.00
Cedric Hustace	0:32:39.20
Bob Fine	0:33:8.46
Dick Petruzzi	0:33:11.63
Gerry Gomes	0:33:18.00
Alan Poisner	0:33:37.00
Allyn Evans	0:34:0.00
Philip Martin	0:34:0.29
Franklin Brown	0:34:24.00
Fred Adams	0:34:32.00
Ole Holsti	0:34:33.00
Bill Baxter	0:34:33.00
Tom Cunningham	0:34:41.00
Andrew Bnggs	0:34:43.00
Arthur Noll	0:34:44.00
Robert Ferguson	0:34:58.00
Walt Egged	0:34:58.00
Presley Donaldson	0:35:11.20
Daniel Pina	0:35:18.00
Bill Krueger	0:35:30.71
Cliff Elkins	0:35:32.00
M75	
Jack Starr	0:32:27.00
Bill Moremen	0:33:9.34
Peter Corona	0:33:31.79
Ken Burngarner	0:34:46.50
Dick Vaughn	0:35:6.38
Lou Pollay	0:35:17.75
Daniel Pina	0:35:18.00
Bill McCann	0:35:44.00
Cervin Robinson	0:36:4.00
Jack Shuter	0:36:26.00
Roy Bragger	0:36:58.00
Ryszard Nawrocki	0:37:11.57
Jack Mahon	0:37:13.00
Daniel DeMauro	0:37:23.00
Jerard Hargis	0:38:2.00
Darrell Stewart	0:38:51.00
Ralph Scott	0:39:1.00
Alex Muster	0:39:9.00
Gil Hill	0:39:29.00
Dick Cherry	0:40:14.00
Eugene Shaver	0:42:7.00
John Van Liere	0:43:56.93
John O'Sullivan	0:52:32.91
M80	
Marvin Goldenberg	0:34:7.00
Robert Mimm	0:35:11.80
Francis Albaugh	0:36:23.00
Charles Boyle	0:38:14.00
Elon Bradford	0:38:46.60
Jerome Kauffman	0:38:59.00
Nash Abrams	0:39:52.00
Leonard Stern	0:40:13.00
Karl Muller	0:42:8.00
Len Scheer	0:42:12.00
John Levinsohn	0:42:33.54
Jacob Robinson	0:43:6.00
George Caron	0:48:40.00
M85	
Weldon Bigony	0:41:53.00
Anthony Silvidi	0:42:54.00
Sigurd Andenas	0:45:6.78
Raymond Gottschalk	0:47:53.00
Troy Grove	1:17:2.75
W30	
Susan Randall	0:29:2.00
Connie Calvert	0:34:37.00
Melissa Goldman	0:36:58.00
Tricia Sauls	0:41:10.00
Ashley Yandle	0:44:13.00
Michelle Alarcon	0:48:19.00
Shannon Tennant	0:49:53.00
Sarah Preston	0:51:41.00
Angela Grant	0:51:41.00
Jackie Dean	0:52:28.00
Alicia Maurer	0:53:15.00
Maria Cuaresma	0:54:25.00
W35	
Jolene moore	0:23:33.50
Elanna Osdoby	0:32:39.00
Lisa Light	0:39:54.00
Lisa Stephenson	0:41:42.00
Jodie Whitley	0:43:11.00
Brenda Key	0:43:41.00
Myrna Miller	0:44:14.00
Jennifer Cany	0:48:20.00
Allyson Keenan	0:52:59.00
Angie Ballard	0:53:15.00
Deirdre Harrison	0:53:15.00
Leslie Eudy	0:53:52.00
W40	
Joanne dow	0:22:24.73
Alexis Davidson	0:27:24.00
Teresa Aragon	0:27:27.00
Dorit Attias	0:27:32.90
Kelly Murphey-Glenn	0:27:41.54
Nicolle Goldman	0:28:41.00
Patty Gehrke	0:30:36.00
Jean Tenan	0:31:8.15
Grace Mutz	0:31:12.00
Carolyn Fleck	0:31:23.00
Donna Masters	0:31:37.00
Ginger Armstrong	0:31:50.18
Kim Lemond	0:34:35.70
Leva Kurzemniece	0:36:52.04
Stephanie Delgrande	0:39:54.00

Karen Karavanic	0:39:59.00
Theresa Pressley	0:41:5.00
Lisa Sandman	0:42:1.00
Tracy Molleur	0:43:13.00
Jennifer Fox	0:48:34.00
Monica Pagano	0:49:54.00
Annette Homiller	0:53:29.00
Kathenie Keller	0:53:29.00
Wendy Bruner	0:53:49.00
Margaret Stiffler	0:54:13.00
W45	
Maryanne Daniel	0:27:47.28
Leslie Sokol	0:28:36.92
Heidi Haunch	0:28:39.00
Nicolle Goldman	0:29:39.25
Ann Tuberg	0:29:52.26
Pat Motschwiller	0:30:2.00
Judy Myers	0:30:25.10
Grace Mutz	0:30:42.00
Ellen O'Shaugnessy	0:31:7.99
Chris Chase	0:31:10.00
Deborah Raymer	0:31:44.66
Mary Schoenbaum	0:31:50.30
Luanne Pennesi	0:32:18.00
Terri Brothers	0:32:39.42
Maria Ferraro	0:32:53.00
Karen Sells	0:33:51.00
Ora Kurland	0:33:59.00
Joan Murray	0:34:4.00
Janine Campbell	0:34:17.00
Bechy Gerze	0:35:2.00
Michaela Kotlaba	0:35:41.00
Kim Light	0:36:53.47
Terry Daniels	0:37:52.00
Teri Walsh	0:38:22.00
Linda Lovin	0:41:21.00
W50	
Lynn Tracy	0:27:19.40
Debbie Topham	0:28:3.13
Barbara Zendig	0:28:33.00
Mary Snyder	0:28:51.20
Luanne Pennesi	0:30:5.00
Donna Green	0:30:14.65
Sherrie Gossert	0:30:23.00
Sandra DeNoon	0:30:52.00
Janet Comi	0:31:2.00
Nancy Sido	0:31:7.00
Eileen Lawrence	0:31:19.00
Joyce Prohaska	0:31:21.00
Sally Richards	0:31:47.00
Karen Stoyanowski	0:31:57.88
Jeanine Allsup	0:31:59.70
Cathy Mayfield	0:32:39.00
Jane Hein	0:32:45.00
Rosemary Sexton	0:33:25.00
Karen Hays	0:33:28.00
Susan Cottey	0:33:38.54
Lynne Conant	0:34:5.00
Barbara Shimasaki	0:34:27.00
Elyse Mallin	0:34:29.00
Kathleen Finch	0:34:34.59
Ruth Gersh	0:35:1.00
W55	
Jolene Moore	0:23:33.50
Yoko Eichell	0:29:2.78
Gayle Johnson	0:30:0.00
Panseluta Geer	0:30:3.38
Barb Armador	0:30:10.00
Carol Bertino	0:30:57.17
Donna Cunningham	0:31:8.00
Donna Cope	0:31:39.00
Darlene Backlund	0:32:2.95
Mary Baglin	0:32:18.34
Kathy Frable	0:32:32.63
Donna Cetrulo	0:32:45.00
Judy Heller	0:32:50.32
Doris McGuire	0:33:12.37
Mary Gilbert	0:33:38.00
Patricia Godfrey	0:34:10.74
C Van Brocklin	0:34:19.32
K Lessman-Hughes	0:34:27.70
Margot Stothart	0:34:54.00
Lorraine Krawczyk	0:36:10.00
Cathy vanBrocklin	0:36:24.03
Faith Rulapaugh	0:36:56.00
Ann Debacker	0:36:56.00
Alice Winkler	0:37:47.00
Gwendolyn Lewis	0:38:13.00
W60	
Jolene Steigerwalt	0:31:3.40
Kathy Frable	0:31:6.20
Janet Robinson	0:32:1.21
Kathy Balser	0:32:24.20
Donna Gonzales	0:32:27.00
Marjorie Pilla	0:32:32.00
Donna Lafayette	0:33:20.06
Fran Emanuel	0:33:37.60
Janet Higbie	0:34:3.00
Dorothy Fine	0:34:17.87
Diane Lawrence	0:34:25.00
Darlene Backlund	0:34:28.21
Maria Cox	0:34:32.00
Dorene Mangan	0:34:56.37
Sandra Hults	0:35:5.00
Urte Kurlich	0:35:51.00
Roberta Hatfield	0:36:24.93
Bonnie Dietrich	0:38:1.00
Donna Melancon	0:38:55.00
Donna Ehrenberg	0:39:14.00
Carolyn Brady	0:39:23.00
Sue Turner	0:39:36.00
Kersten Meyers	0:39:56.00
Barb Hensley	0:40:1.00
Gillian Hillman	0:41:2.10
W65	
Elton Richardson	0:31:6.00
Rita Sinkovec	0:31:45.74
Doris Casells	0:31:47.85
Doris Cassels	0:31:47.85
Louise Walters	0:32:23.00
Lois Dicker	0:33:15.10
Bertha Aldrich	0:36:3.00
Shirley Capps	0:36:4.50
Ora Julie	0:36:16.00
Joan Hargett	0:36:16.90
Lucy Diana	0:36:32.00
Lana Kane	0:36:33.00
Miram Jackobs	0:36:56.00
Marty Owings	0:36:59.00
Joyce Curtis	0:37:6.00
Dorothy Huston	0:37:49.20
Joan Berman	0:37:52.87
Sara Lee Warberg	0:38:29.48
Juanita Rogillio	0:39:7.00
Peggy Hodge	0:39:9.00
Frankie Snipes	0:40:0.00
Roswitha Albrecht	0:40:9.01
Kity Donahue	0:40:53.00
Rita Windish	0:40:57.00
Rachel Beaudet	0:41:8.00
W70	
Shirley Dockstader	0:35:4.09
Maurine Lia	0:35:7.00
Shirley Capps	0:35:20.76
Marjorie Larragoite	0:36:52.00

Julie Johnson	0:38:16.38
Betty Allgood	0:38:34.40
Millie Prihoda	0:38:47.00
Marcia Shafmaster	0:39:9.00
Gloria Arroues	0:39:49.82
Rhea Snyder	0:39:53.00
Delfina Rodriguez	0:40:20.69
Rita Hildreth	0:41:10.46
Grace Moremen	0:41:39.03
Dorothy Munson	0:41:42.00
Mary Simpson	0:41:42.00
Bobbie Thrutchley	0:42:8.00
Diane Wender	0:42:36.00
Shirley Pierce	0:43:38.10
Shirley Resnick	0:44:44.00
Anna Albritton	0:45:7.00
Elaine Goldammer	0:45:57.62
Marilyn Stevens	0:47:10.00
W75	
Kate Marrs	0:36:18.00
Ruth Ketron	0:40:6.00
Bonnie Vaughan	0:40:41.00
Claire Elkins	0:41:2.00
Carol Selby	0:42:25.00
Annie Barker	0:43:1.50
Jean McClaran	0:43:2.00
Mary Boska	0:43:13.00
Terry Hamilton	0:43:30.00
Eleanor Gibson	0:44:29.30
Jeri McDonald	0:45:0.00
Thelma Fallows	0:45:10.00
Martha Lykens	0:45:35.00
Amelia Davis	0:48:30.00
W80	
Miriam Gordon	0:37:10.27
Bess Grimm	0:41:51.00
Athanasia Thomas	0:42:6.90
Margaret Walker	0:46:52.00
Jean Propst	0:49:28.00
Margaret Hagerty	0:50:3.40
W85	
Jean Brunnenkant	0:48:54.00
W90	
Mary Lathram	0:48:2.95

10,000m Racewalk

M30	
Tim Seaman	0:41:49.00
Jussi Koski	0:51:55.00
Juan Moscoso	1:00:25.00
Michael Roth	1:01:2.00
M35	
Theron Kissinger	0:46:25.20
John Soucheck	0:50:55.00
Andree Enos	1:08:54.00
M40	
Alien James	0:45:51.00
Dave McGovern	0:48:42.00
Ed Parrot	0:49:23.00
Mel McGinnis	0:52:32.00
Bill Vayo	0:53:6.00
Mike Blanchard	0:55:6.00
Will Preischel	0:55:46.00
Andy Cable	1:01:50.90
Mitchell Young	1:07:50.30
Michael Piplani	1:19:35.00
M45	
Ray Sharp	0:47:24.00
Mark Green	0:49:17.00
Nil Lavallee	0:51:10.00
Mel McGinnis	0:52:4.00
Dave Talcott	0:52:45.00
Kevin Killingsworth	0:54:13.00
Tommy Aunan	0:55:28.00
Gary Morgan	0:55:43.00
Rod Craig	0:56:16.00
Alexis Davidson	0:59:8.00
Tony Hackney	1:02:32.60
Doug Ermini	1:03:42.50
Ray Nieves	1:08:52.00
Raymond Hanna	1:19:35.00
Julio Silveno	1:21:11.00
M50	
Steve Pecinovsky	0:53:21.00
Vlado Haluska	0:54:58.00
Mike DeWitt	0:55:46.00
Bill Reed	0:56:21.00
Klaus Thiedmann	0:57:19.00
Mike Counts	0:57:30.00
Roderick MacElwain	0:59:33.00
Jon Qalam	1:04:28.00
Jaroslav Pruckner	1:06:58.00
Art Klein	1:07:49.00
Quang Than	1:08:13.00
David Lee	1:09:15.00
John Erickson	1:12:39.00
Howard Chak	1:23:37.00
M55	
Nick Bdera	0:53:13.00
Michael Wiggins	0:54:17.00
Norm Frable	0:55:50.00
Bob Novak	0:57:0.90
Richard McGuire	0:57:19.00
Bill Penner	0:58:7.00
John Fredericks	1:01:26.70
Bill Harriman	1:01:52.40
Danny Spell	1:02:52.30
James Miner	1:03:9.00
Don Knight	1:03:34.00
Jim Troche	1:11:6.00
Ray Glend	1:13:45.00
M60	
Leon Jasionowski	0:53:46.00
Jim Carmines	0:54:50.00
Larry Walker	0:59:46.00
George Opsahl	1:00:0.40
Marc Olshan	1:00:4.00
Gary Null	1:00:24.00
Ronald Shields	1:00:53.00
Bob Weeks	1:01:9.00
Edoardo Sorrenti	1:01:30.00
Sabin Snow	1:04:7.00
Marshall Sanders	1:05:15.00
John McKay	1:05:31.40
Bob Daniel	1:10:35.00
Jim Horton	1:10:36.00
Stuart Ray	1:13:55.00
Tom Hartman	1:16:10.00
Kira Baguma	1:16:33.00
Michael Schwed	1:17:18.81
David Zovod	1:24:3.00
John Salkowsky	1:26:49.00
Mike Braverman	1:28:55.00
John Estinoza	1:39:54.00
M65	
Ted Moore	1:00:9.00
Paul Johnson	1:00:44.00
John Backlund	1:05:5.00
Tom Knatt	1:07:8.60
Stu Kinney	1:08:39.00
John Mullane	1:10:38.00
Peter Bayer	1:10:59.60
Miro Mitusina	1:12:25.00

Bernard Finch	1:12:42.00
Bob Thaler	1:13:44.00
Bob Robertson	1:14:34.20
Gustave Davis	1:15:42.10
Roger Webb	1:17:47.73
M70	
William May	1:03:3.00
Carl Acosta	1:07:23.00
Dick Petruzzi	1:08:14.00
Cedric Hustace	1:09:2.10
Presley Donaldson	1:12:48.00
Andrew Briggs	1:15:14.80
George Solis	1:29:56.00
M75	
Tony Diamond	1:01:41.00
Jack Starr	1:04:44.80
Peter Corona	1:10:36.00
Dick Vaughn	1:11:27.10
Cervin Robinson	1:12:46.00
Bill McCann	1:12:47.10
Rich Hansen	1:24:55.00
M80	
Robert Mimm	1:14:37.30
W30	
Margaret Ditchburn	0:54:50.00
Armenta Susan	0:57:46.00
Cyvonne Moore	1:17:7.00
Erica Collings	1:28:56.00
Shannon Collings	1:28:57.00
W35	
Jolene Moore	0:48:38.00
Deborah Huberty	0:49:29.00
Terri Marshall	1:04:25.00
Helen Storrs	1:17:24.00
Cathleen Cherry	1:26:17.00
Joann Ramsey	1:39:31.00
W40	
Teresa Vaill	0:45:56.00
Marcia Rutledge	0:53:27.00
Dorit Attias	0:56:26.00
Kelly Murphey-Glenn	0:57:31.00
Liz Salvato	0:58:57.00
Susan Fassett	1:01:10.00
Jean Tenan	1:03:59.20
Julielien Rosiniski	1:06:19.00
Jane Dardut	1:06:36.00
Ginger Armstrong	1:07:30.00
Maria Paul	1:08:41.00
Hamet Carter-Range	1:14:39.00
Karen Karavanic	1:18:39.00
A. Pastorkovich	1:24:51.36
Barbara Naslund	1:26:58.00
Shohreh Tehrani	1:27:24.00
Melody Platt	1:31:7.00
Heidi Marshall	1:32:44.00
Teresa Mendez	1:34:19.00
Carrie Bottger	1:43:52.00
W45	
Nanci Sweazey	0:55:0.00
Heidi Haunch	0:56:59.00
Maryanne Daniel	0:57:29.00
Nicolle Goldman	1:01:29.00
Grace Mutz	1:02:29.30
Stephanie Lyness	1:02:31.90
Leslie Sokol	1:04:8.00
Laura Cribbins	1:04:36.00
Robin Olkowski	1:07:50.00
Vickie Cady	1:08:23.00
Vicki Pritchard	1:16:42.00
Jane Herring	1:16:46.00
Deborah Adams	1:21:26.00
Cindy Rye	1:31:7.00
Cindy Bermingham	1:32:45.00
Sharlene Blackley	1:33:5.00
Denae Hovland	1:34:19.00
Mitzi Crouse	1:37:15.00
Rhonda Pees	1:37:15.00
Karen Friedman	1:41:57.00
Connie Scholler	1:43:52.00
W50	
Debbie Topham	0:59:21.00
Janet Comi	1:02:57.00
Joyce Prohaska	1:03:46.00
Luanne Pennesi	1:04:6.00
Donna Green	1:05:1.00
Eileen Lawrence	1:05:21.00
Lily Whalen	1:06:8.00
Karen Stoyanowski

Masters Scene

NATIONAL

• Men's finalists for the UltraRunning Magazine's North American Runners of the Year Award included **Howard Nippert**, 40, third; **Matt Carpenter**, 41, seventh; and **Steve Peterson**, 43, eighth. Carpenter led the voting for the Performance of the Year by a male with his record 15:42:59 in the Leadville 100 Mile, which took 90 minutes from the old mark. Women's finalists included **Sue Johnston**, 40, sixth; **Beverly Anderson-Abbs**, 41, seventh; **Ann Heaslett**, 42, ninth; and **Connie Gardner**, 41, tenth. **Roy Pirrung**, 57, led the list of age-group Performances of the Year with his 141.6 miles in the San Diego 24 Hour.

• The 2007 Summer National Senior Games–The Senior Olympics Rules of Competition and Minimum Performance Standards are now available on the NSGA website: www.nsga.com. In the t&f program, the 4x100m relay, hammer throw and triple jump have been added.

• The 2006 National Throws Coaches Association Conference and Clinic is scheduled for Nov. 10-12 in Dublin, OH, at the Columbus Marriott Northwest; 888-527-6772; www.nationalthrowscoachesassociation.com

EAST

• Two new American records were set at the USA 30K RW Championships, Chula Vista, CA, Jan. 23. Masters winner **Ray Sharp**, M45, 2:29:40, eclipsed the mark of 2:32:24 set by **Mark Green** in 2004; then Green, M50, 2:37:29, turned around and bested that of **Ed Whiteman**, 2:47:35, set in 1993. On the women's side, **Heide Hauch**, W45, prevailed with a 3:11:53.

• **Marisa Hanson** was named USA Track & Field's Athlete of the Week after winning the women's mile with a 5:02.69 in the 39th Hartshorne Memorial Masters Mile at Cornell U. on Jan. 21. Hanson, 42, is a former All-American in the 400H at Ithaca College.

• **Bruce McBarnette** set an M45 indoor WR for the high jump, pending receipt of forms by **Sandy Pashkin**, AR & WR guru, with a 1.95/6-4.75 at the Sportsplex Track Showcase, Landover, MD, Jan. 29. He owns the present record at 1.93/6-4, set March 2003.

• **Alisa Harvey**, denied entry at George Mason U. meet because she "wasn't good enough," broke the W40 US indoor 800 record, finishing fourth with a 2:07.23, in the New Balance Collegiate Invitational at NYC's Armory on Feb. 4. **Rose Monday** has the record at 2:16.01 set in March 2001. Harvey doubled in the mile, just missing the AR.

• Masters had a total of some 70 All-American performances in the Philadelphia Masters meets at Swarthmore College, Jan. 8, Glen Mills, PA, Jan. 22, and Albright College, Feb. 5. Among them were **Jim Stookey**, M75, 9.5, 55mH; **Tony Fulton**, M45, 6.6, 55m; **Jill Cypress-Turner**, W30, 7.6, 55m, and 10.60, TJ; **Terry McKechnie**, M50, 7.7, 60m; **Chris Hitchcock**, M50, 24.6, 200; **Richard Brown**, M50, 60.1, 400; **Lorraine Jasper**, W40, 2:30.5, 800; **Phyllis Yester**, W50, 6:28.2, mile; **Chuck Shields**, M45, 4:47.1, mile; **Terry Permar**, M50, 4:58.3, mile, and 9:31.1, 3000; **William May**, M70, 8:17.9, mile RW; **Maurice Pointer**, M50, 10:20.0, 3000; **Jay McQueen**, M50, 14.75, SP; **Heather Scanlon**, W40, 8.96, SP; and **Duncan Littlefield**, M40, 4.42, PV.

• The M40+ Synergy team of **Dave Bynoe**, 44, **William Marshall**, 41, **Clinton Aurelien**, 40, and **Howard Lindsay**, 42, won the masters 4x400 relay (3:40.68) in the Millrose Games, Madison Square Garden, Feb. 3. The winning W40+ team was the Atoms TC quartet of **Alethea Morris**, 41, **Lorna Forde**, 53, **Alicia Kelly**, 44, and **Dawn Best**, 40. Forde, one of the most decorated t&f athletes to come from Barbados, competed for her country in the 4x400 relay in the 1972 Olympic Games, and once held the 440y world record.

• **Ray Feick**, Masters East Region Coordinator, was honored by the Mid-Atlantic Association as the Male Masters Field Athlete for 2005 and presented with the Jesse Owens Meritorious Award, only awarded once to an individual. He was also recognized as one of the top 10 USATF officials in the association.

• First masters to exit the stairway in the NYRR Empire State Building stair climb, Feb. 7, were **Duncan Lonsdale**, NY, 43, 13:05, and **Kathryn Froelich**, IL, 43, 14:27. **Ginette Bedard**, W70, stepped/ran the 0.2 miles in 22:16.

• **Paul Thompson**, 40, 1:09:25, was first male across the line at the NYRR Half-Marathon Grand Prix, Jan. 28. First female master was **Gordon Bakoulis**, 44, 1:26:34. **Alfred Finger**, 71, turned in an impressive 1:39:40 to nab his age-group.

SOUTHEAST

• **Christy Phillips**, 43, St. Petersburg, FL, was first female and third overall with an 85:20 in the inaugural Clearwater Halfathon, Jan. 22. **Victor Yeager**, 45, Dunedin, FL, in 87:33, took the M40+ race. **Dave Schoenblum**, 50, Tampa, FL, won the M50 division with a 94:25.

• **Scott Bagley**, 42, Pittsford, NY, in 70:06, and **Paul Aufdemberge**, 41, Redford, MI, in 70:09, were seventh and eighth overall, Naples Daily News Half-Marathon, Naples, FL, Jan. 22. **Firaya Sultanova-Zhdanova**, of RUS/FL, was first female overall (75:30). **Tatyana Pozdnyakova**, 50, RUS/FL was sixth female (79:35). **Roger Rouiller**, Ft. Pierce, FL, won the M65 race in 87:40.

• **Leonard Vergunst**, 50, Ocean Springs, MS, roared to a masters first with a fifth-place 17:51, Panther Pride 5K, Mobile, AL, Jan. 21. **David Jeffrey**, 63, Semmes, AL, won the M60 race with a 21:11. **Lisa Wood**, 47, Fairhhope, AL, was first W40+ in 23:04.

• **Gerald Vaughn** extended his recent M70 indoor world record (15.16/49-9) for the 4kg SP to 15.24/50-0 at the Clemson U. Indoor Throws Fest on Jan. 22. Vaughn is a member of the Carolinas T&F Club, host for the 2006 USA National Masters Championships, Charlotte, NC, Aug. 3-6.

MIDWEST

• **Kevin Deyo**, 47, Traverse City, MI, in 17:26, and **Maryellen Stomant**, 45, Portland, MI, in 21:02, outran the masters fields in the Portland Winter 5K, Portland, MI, Jan. 14. Grandmasters firsts were **Brad Sharp**, 50, Williamston, MI, 18:45, and **Sharon Dolan**, 63, Fowler, MI, 22:43. Entrants in the W40-49 group outnumbered the M40-49 runners, 35 to 28.

• **Eric Stuber**, 42, with a third-place overall 17:19, and **Gayle Kuipers**, 40, in 20:06, scored masters firsts in the Super Bowl 5K, Okemos, MI, Feb. 5. **Sharon Dolan**, 63, won the W60 race (22:50). **James Carlton**, 63, won the M60 contest (19:23).

MID-AMERICA

• **Pat Manson**, 38, considerably upped the M35 national indoor PV record of 5.08/16-8 by **Gary Hunter** in 1992 with a 5.50/18-1/2 at a meet at the USAF Academy, Colorado Springs, Jan. 13.

• **Jeff Delwiche**, 47, 21:47, and **Sherry Hagelstrom**, 59, 29:53, were first masters in the Heart of Winter 6K, Redwood Falls, MN, Jan. 14. **Bill Field**, 43, with an overall second 41:52, and **Mary Evan**, 43, third female in 53:28, took the masters prizes in the 12K.

• **Wanda Toro-Scheib**, 43, Lenexa, KS, bested the women's field with an overall first 91:30, Topeka-Auburn Half-Marathon, Topeka, KS, Jan. 21. **Maria Rhoden**, 50, of Topeka, was fourth (1:40:07), and **Mari Mohr**, 50, Wichita, KS, fifth (1:40:36). **Kurt Fiene**, 44, Omaha, NE, won the M40+ race in 87:06, with **Steve Riley**, 51, Lawrence, KS, finishing right behind him in 1:27:39. **Bob Potter**, 66, Manhattan, KS, took his division race with a 98:48.

• **Gary Hovila**, M40, 17:41, and **Lisa Normole**, W40, 22:26, hot-footed to masters firsts in the Samson Stomp, Milwaukee, WI, Jan. 15. **David Skellett**, M45, was second M40+ in 17:47. **Bob Fitts** won the M60 race in 20:26.

• **Ken Grantier**, 46, Bemidji, MN, was first M40+ with a third-place 19:59, Polar Challenge 5K, Bemidji, Jan. 21. **Christe Kippenhan**, 40, of Bemidji, won the W40+ race (23:24).

SOUTHWEST

• **Mark Hastings**, M45, posted wins in the three sprints: 55m, 7.44; 200, 26.40; and 400, 60.79, in the USATF Southwest Regional Masters Indoor Championships, Texas Tech, Lubbock, Jan. 14. **Dorothy vander Cruyssen**, W60, did a double hat trick with six wins, from the 55m (9.27) to the SP (6.91). **Ken Ellis**, M45, also showed versatility with firsts in the 200 (25.83), HJ, LJ, and SP (10.66).

• **Karen Voss**, 40, Denver, CO, won the women's race overall with a 3:11:08, Mardi Gras Marathon, New Orleans, Feb. 5. **Bryan Smith**, 43, Thibodaux, LA, took the M40+ race in 2:43:52. **Hugo Velazquez**, 55, Hawthorne, CA, won the M55 race (3:14:59). First masters in the Half-Marathon were **Robert Winn**, 47, Ogunquit, ME, 73:32, and **Lori Thomasson**, 40 Mobile, AL, 91:52.

WEST

• **Jose Ortiz**, M40, with a 33:20, and **Kathy Evans**, in 42:53, were top masters in the Paramount 10K, Paramount, CA, Jan. 14. **John Araujo** nipped **Robert Franks** by one second to win the M45 race with a 36:07. **Perry Forrester** won the M50 division with a 37:18. **John Brennand**, M70, with a 42:38, and **Yukie Mochida**, W75, with a 61:52, set course records.

• **Scott Kobrin**, M40, 2:40:19, and **Liz Downing**, W45, 3:04:54, reeled off masters firsts in the Arizona Rock 'n' Roll Marathon, Phoenix, Jan. 15. **Les Myers** won the M50 race with a 2:42:10. **Robert Gilbert**, M40, 74:42, and **Joan Baxter**, W40, 80:47, hot-footed to masters wins in the Half-Marathon. **Dave Harrison**, M75, 1:56:43, and **Joanne Cunningham**, W60, 1:48:25, were estimable division winners.

• **Mark Murray**, 42, Davis, CA, 82:30, and **Diane Dove**, 47, Alameda, CA, 94:28, bolted to masters wins in the Davis Stampede Half-Marathon, Feb. 5. Top masters age-graded performers were **John Aldrich**, 55, Madeira, CA, with a 79.0%, and Dove (76.5%). **Tom Keenan**, 44, Dublin, CA, 36:33, and **Linda Ricci**, 48, Sacramento, CA, 42:16, were first masters in the 10K. Best masters performances came from Ricci (79.1%) and **Mike Ammon**, 60, Carmichael, CA, M60 winner in 40:10, an A-G 81.6%. **D. Williams**, 44, 17:37, and **Karen Jeffers**, 43, Wheatland, CA, 19:28, were first masters in the 5K, but top A-G performers were **Mike Houar**, 50, Forest Ranch, CA, 80.3% 18:06, and **Karen Kunz**, 50, Folsom, CA, 83.3% 19:48.

NORTHWEST

• **Chuck Coats**, 46, Forest Grove, OR, was second overall in the ORRC 10K, in Forest Grove, Jan. 8, with a 33:20. **Dave Clingan**, 51, Portland, OR, was fifth-overall with a 36:35. **Ginny Larner**, 41, Portland, OR, was first female overall in 46:36, with **Valerie Wolfe**, 40, Portland, OR, second-female (47:24). In the Y2K6 20.06K, **Joe Dudman**, 41, Portland, OR, won overall with a 70:18. **Pattie Post**, 50, Albany, OR, won the W40+ race (98:56). **Clayton Bastian**, 51, Lake Oswego, OR, took the second M40+ spot (76:54).

INTERNATIONAL

• The recent death of **Torsten Carlius**, who had been elected WMA General Secretary at the 16th WMA General Assembly, Donostia, Spain, last August, left that postion open. The WMA Constitution states in 6c that the remaining council members shall appoint a person to fulfill any office vacated for any reason. WMA President **Cesare Beccalli** unilaterally appointed **Dieter Massin**, the present WMA Europe delegate to be temporary secretary until the Riccione General Assembly in 2007. The council asserted itself so that there will now be a council election at the Riccione Council Meeting in March for the secretary position. Nominees for the position are Massin, **Winston Thomas**, and **Stan Perkins**.

• The LOC for the 2nd WMA World Indoor Championships, Linz, AUT, has published the final registration list, showing 3308 athletes age 35+ (2485 male/823 female) from 59 countries. The complete list of athletes is available at http://www.linz2006.com/eng/news_entry_list_online.htm. A sampling of entrants shows 570 in the 60m; 319 in the 1500; 234 in the 3000 RW; 317 in the SP; and, even though this is an indoor meet, 187 in the outdoor HT, and just about the same number for the indoor WT, 184.

OBITUARIES

• Two members of Western Province Masters (Cape Town area) passed away recently. **John Ponte**, a walker in his early eighties and a treasurer of the WPM some 20 years ago, had been ailing for a number of years. **Val Lunn**, 73, competed for the old Rhodesia before settling in Cape Town more than 25 years ago. He was a top sprinter and also participated in the jumps, especially the pole vault, and still holds WPM M65 PV record of 2.40.

From Leo Benning

• Running enthusiast **Vincent Carnevale**, who competed in nearly a dozen New York City Marathons and scores of other races, died Feb. 7 in Bloomfield, N.J. He was 89. A graduate of Central High School in Newark, N.J., Carnevale became a passionate runner during his junior year and later earned a full running scholarship at Georgetown U. After college he continued to compete in road races while serving in the Coast Guard during World War II. When he returned to life as a civilian he worked in the shipping department for a publishing company for many years before retiring in 1981. When he was 56, he caught the running bug again after watching the 1972 Olympic Games. After whittling his 5-8 body down to 160 pounds, he began to enter races and tried the marathon for the first time at age 70, finishing the race in Atlantic City in 3:52:11. In 1989 he set the record for a 73-year-old at the NYC Marathon in 3:54:10. On Thanksgiving Day 2002, he finished the Ashenfelter 8K race in Glen Ridge. It was his 500th race since turning 70.

–from USATF

Les Williams, a great stalwart of British masters sprinting, died at his home in Cornwall after a long illness, aged 83. He won WMA age-group titles and held M60 60m and 200 world records. He was a hero in his native Wales after his role in his country's first rugby victory over England in 1947. A great all round sportsman, we shall miss him.

– From Bridget Cushen

CORRECTIONS

• The date of the W40 mile record (4:53.91 by **Joan Nesbit**) in the USA Track & Field Indoor Age-Group Records in the February issue should have been 1/25/2003, not 3/23/2202.

• The results of the road race for the Florida Senior Games in the February NMN, p.24, were for a 5K, not 8K.

• The results of the Dartmouth Relays, February NMN, p.23, listed the women's pole vault under the shot put. These are the pole vault marks: W40 **Pamella Swan** 2.70; W55 **Hillen von Maltzahn**, 2.60; W70 **Flo Meiler**, 2.00.

TWENTY-FIVE YEARS AGO
March 1981

• St. Louis TC Wins Nike/Penn Mutual Grand Prix

• Boo Morcom, 59, Vaults 13-2 1/2 to Set New World Single-Age Best

• George Braceland Takes Nine Events in Philadelphia Masters Meet

RECIPIENTS OF ALL-AMERICAN AWARDS

M30-35	Ari Rodriguez	1500	4:14.05	2/4/06
M40-44	Ken Ernst	1500	4:17.72	7/23/05
M45-49	Michael Houar	3K SC	12:05.38	8/5-8/06
	Larry Schrader	HT	41.52	8/4-7/06
		WT	13.72	8/23-9-05
	Warren Taylor	SP	14.72	7/2/05
		DT	45.76	7/31/05
M50-55	Maurice Pointer	3000	10:16.1	12/11/05
M55-59	Seth Bergmann	3000	11:08	12/11/05
	Kevin Christensen	55m	7.88	2/3-4/06
	Richard Diedrich	3000	11:10.31	1/14/06
M60-64	Louis Coppens	Mile	5:51.7	7/24/05
	Carl Etter	LJ	4.87	7/29/05
M65-69	David Denman	100m	13.65	9/24/05
	Ted Moore	5K RW	28:19.50	8/26/05
		3K RW	16:38.46	7/30/05
	Frank Brume	800m	2:42.76	12/11/05
	Jerrol Springer	DT	138-5 1/2	6/5/05
M70-74	Paul Beckman	DT	112-6	9/23-24/05
		LJ	12-7 1/2	9/23-24/05
		HJ	4-2	9/23-24/05
	Lew Overbeck	HT	39.68	9/25/05
		WT	14.28	9/25/05
		SW	7.46	9/25/05
		SP	37-3	10/2/05
		DT	113	10/2/05
M75-79	Robert Hall	HJ	3-10	7/05
W35-39	Sarah Boyd	LJ	4.84	8/4-7/05
		TJ	9.72	8/4-7/05
		100	13.93	8/4-7/05
		200	28.74	9/10/05
		55m	8.37	1/29/05
W40-44	Heather Scanlon	WT	9.59	7/10/05
		SP	9.29	7/10/05
		WT	9.03	7/17/05
W45-49	Liz Palmer	200	30.66	2/4/06
W55-59	Carol Bertino	5K RW	30:57.17	8/26/05
W60-64	Janet Robinson	5K RW	31:21.39	8/26/05
W65-69	Donna Hiatt	10K	59:40	11/13/05

U.S. MASTERS ALL-AMERICAN STANDARDS

FOR MEN

Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
55	6.8	6.9	7.1	7.2	7.4	7.9	8.1	8.4	8.9	9.4	10.4	11.8	13.5
60	7.4	7.55	7.7	7.85	8.05	8.5	9.0	9.25	9.5	10.0	11.2	12.8	14.8
100	11.0	11.3	11.5	11.9	12.2	12.6	13.2	13.8	14.6	16.0	18.0	23.0	
200	22.4	23.2	23.8	24.6	25.5	27.0	27.9	29.5	32.0	35.0	40.2	52.0	
400	51.5	52.5	53.8	56.0	57.5	62.0	65.0	69.0	75.0	88.0	98.0	120.0	
800	2:02	2:04	2:06	2:11	2:16	2:25	2:35	2:45	3:06	3:35	3:55	4:30	
1500	4:20	4:22	4:24	4:35	4:45	5:10	5:20	5:45	6:30	7:20	8:10	9:20	
Mile	4:40	4:40	4:50	5:00	5:10	5:30	6:00	6:15	6:55	8:20	8:45	10:15	
3000	9:25	9:40	10:00	10:25	10:45	11:15	11:50	12:45	13:40	15:50	19:10	23:00	26:00
5000	15:45	16:00	16:15	16:45	17:30	18:25	19:30	21:00	23:30	26:00	29:00	32:30	
10000	32:30	32:50	33:30	36:00	38:00	39:00	40:30	44:00	48:30	54:30	61:15	68:30	
55H	8.6	8.7	9.0	9.5	10.0	10.3	10.6	10.9	11.2	11.6	12.5		
60H	9.0	9.3	9.4	9.8	10.3	10.6	10.9	11.1	11.4	12.0	13.6		
110H	15.4	16.5	17.8	18.8									
100H					18.0	19.0	20.0	21.0					
80H									18.0	21.0	25.0	30.0	
400H	58.0	60.0	62.0	64.0	68.0	71.0							
300H					48.0	51.0	55.0	60.0	67.0	75.0	85.0	95.0	
3K-SC	10:10	10:30	11:45	12:40	13:30	14:00							
2K-SC							9:30	10:30	12:00	14:00	16:30	19:30	
HJ	1.90	1.85	1.76	1.68	1.60	1.50	1.45	1.38	1.25	1.15	1.00	0.80	
	6-2¼	6-¼	5-9¼	5-6	5-3	4-11	4-9	4-6¼	4-1¼	3-9¼	3-3¼	2-7½	
PV	4.40	4.10	3.95	3.70	3.55	3.05	2.70	2.40	2.30	2.00	1.80	1.30	
	14-5¼	13-5¼	12-11½	12-1½	11-7¾	10-0	8-10¼	7-10½	7-6½	6-6¾	5-10¾	4-3¼	
LJ	6.50	6.10	5.85	5.60	5.40	4.90	4.50	4.20	3.80	3.35	2.85	2.20	
	21-4	20-¼	19-2¼	18-4½	17-8½	16-¼	14-9	13-9¼	12-5½	10-11¾	9-4¼	7-2½	
TJ	13.20	12.60	11.50	10.80	10.40	9.50	8.90	8.20	6.96	6.50	5.94	5.51	
	43-3¾	41-4¼	37-8¾	35-5¼	34-1½	31-2	29-2½	26-11	22-10	21-4	19-6	18-1	
Shot	14.50	14.02	13.41	12.62	13.10	12.00	12.80	11.50	11.00	9.00	8.00	6.00	
	47-7	46-0	44-0	41-5	42-11¾	39-4½	42-0	37-8¾	36-1¼	29-6½	26-3	19-8¼	
Discus	44.80	42.80	39.50	37.50	42.00	41.00	42.00	39.00	34.00	26.00	22.00	15.24	
	147-0	140-5	129-7	123-0	137-9	134-6	137-9	127-11	111-6	85-4	72-2¼	50-0	
Hammer	47.24	44.20	40.00	39.00	39.00	36.00	36.00	32.00	30.00	24.00	20.00	17.07	
	155-0	145-0	131-3	127-11	127-11	118-1	118-1	105-0	98-5	78-9	65-7½	56-0	
Javelin	62.00	56.00	48.76	47.00	43.00	41.00	39.00	35.00	31.00	24.00	19.00	14.02	
	203-5	183-9	160-0	154-2	141-1	134-6	127-11	114-10	101-8	78-9	62-4	46-0	
35#Wt.	15.00	14.00	13.00	12.00	10.00	9.00			6.00	5.00			
	49-2½	45-11¼	42-8	39-4½	32-9¾	29-6½			19-8¼	16-4¾			
Weight	15.00	14.00	13.25	12.50	14.25	13.25	14.00	13.25	13.50	11.75	10.00	8.75	6.00
	49-2½	45-11¼	43-5¾	41-0¼	46-9	43-5¾	45-11¼	43-5¾	44-3½	38-6¾	32-9¾	28-8½	19-8¼
Sup.Wt.	9.50	9.00	8.50	8.00	6.00	5.50	5.00	4.50	3.50	3.00	2.50	2.00	
(56#)	31-2	29-6½	27-10¾	26-3	19-8¼	18-½	16-4¾	14-9	11-5¾	9-10	8-2½	6-6¾	
Pent.	2800	2600	2600	2600	2600	2600	2600	2600	2600	2400	2200	2000	
Decath.	5500	5250	5250	5000	5200	5000	4500	5000	4800	4200	3000	2500	
Wt. Pent.	2800	2700	2800	3000	3000	3000	3000	3000	2600	2700	3000	3000	

Notes:
1) 100 standards are for automatic time; use standard conversion for hand time.
2) Short hurdles: 30-49: 39" 50-59: 36" 60-69: 33" 70-79 30" 80+: 27"
3) Long hurdles: 30-49: 36" 50-59: 33" 60-69: 30" 70+: 27"
4) Shot put: 30-49: 7.26k (16#) 50-59: 6k 60-69: 5k 70-79 4k 80+: 3k
5) Discus throw: 30-49: 2kg 50-59: 1.5kg 60+: 1.0kg
6) Hammer: 30-49: 7.26k (16#) 50-59: 6k 60-69: 5k 70-79: 4k 80+: 3k
7) Javelin: 30-49: 800g 50-59: 700g 60-69: 600g 70-79: 500g 80+: 400g
8) Weight: 30-49: 35# 50-59: 25# 60-69: 20# 70-79: 16# 80+: 12#
9) Superweight: 30-69: 56# 70-79: 35# 80+: 25#
10) Pen/Dec/Wt.Pen: 30-39 IAAF pts.; 40+ WMA factoring.
11) Metric heights and distances are the standard; feet and inches listed for convenience.

U.S. MASTERS ALL-AMERICAN STANDARDS

FOR WOMEN

Event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
55	8.0	8.20	8.50	8.80	9.10	9.40	9.80	10.30	10.80	11.50	12.30	13.40	14.80
60	8.60	8.80	9.10	9.50	9.90	10.20	10.60	11.10	11.70	12.40	13.40	14.40	15.90
100	13.8	14.1	14.4	15.0	15.5	16.4	16.8	18.6	19.8	22.0	25.0		
200	28.0	28.8	30.0	31.6	33.0	35.0	37.0	39.0	42.0	48.0	52.0		
400	63.5	65.5	68.0	70.0	78.6	80.0	83.0	84.0	86.0	98.0	104.0		
800	2:33	2:35	2:40	2:46	2:54	3:10	3:20	3:36	3:56	4:30	5:40		
1500	5:10	5:20	5:30	5:40	6:00	6:20	6:45	7:30	8:00	8:50	10:10		
Mile	5:40	5:50	6:10	6:30	6:50	7:00	7:40	8:10	8:50	9:40	10:45		
3000	11:30	11:50	12:00	12:30	14:00	14:30	15:00	16:00	18:30	20:00	23:00		
5000	19:45	20:15	21:00	22:00	23:30	24:50	26:00	28:00	30:00	34:00	36:00		
10000	41:30	42:40	44:00	48:00	50:00	52:00	56:00	60:00	66:00	76:00	85:00		
100H	17.2	18.2											
80H			15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0		
400H	75.0	79.0	84.0	88.0									
300H					66.0	72.0	79.0	87.0	96.0	110.0	120.0		
2K-SC	8:20	8:35	9:00	9:30	10:00	10:25	11:00	11:55	12:50				
HJ	1.40	1.35	1.27	1.22	1.12	1.07	1.02	0.97	0.92	0.89	0.84		
	4-7	4-5	4-2	4-0	3-8	3-6	3-4	3-2¼	3-0¼	2-11	2-9		
PV	2.70	2.40	2.10	1.80	1.50	1.20	1.10	1.00	0.90	0.80	0.70		
	8-10¼	7-10½	6-10¾	5-10¾	4-11	3-11¼	3-7¼	3-3¼	2-11½	2-7½	2-3½		
LJ	4.60	4.42	4.04	3.81	3.40	3.20	3.10	2.60	2.30	2.10	1.50		
	15-1	14-6	13-3	12-6	11-1¾	10-6	10-2	8-6¼	7-6½	6-10¾	4-11		
TJ	9.50	9.09	8.43	7.49	7.01	6.40	6.20	6.00	5.50	4.50	3.89		
	31-2	29-10	27-8	24-7	23-0	21-0	20-4¼	19-8¼	18-½	14-9	12-9		
Shot	10.30	9.32	8.51	8.40	8.00	7.77	7.50	6.60	6.00	5.20	4.30		
	33-9½	30-7	27-11	27-6¾	26-3	25-6	24-7¼	21-8	19-8¼	17-¾	14-1¼		
Javelin	35.00	33.50	28.00	25.00	23.00	22.15	20.00	17.00	16.00	15.00	12.00		
	114-10	109-11	91-10	82-0	75-5½	72-8	65-7½	55-9¼	52-6	49-2½	39-4¼		
Discus	32.00	30.00	25.00	24.00	22.00	21.00	18.00	16.00	14.00	13.00	11.00		
	105-0	98-5	82-0	78-9	72-2¼	68-10¾	59-¾	52-6	45-11¼	42-8	36-1¼		
Hammer	35.00	32.50	30.00	25.00	23.00	22.00	21.00	18.00	14.00	12.00	9.00		
	114-10	106-7	98-5	82-0	75-5½	72-2¼	68-10¾	59-¾	45-11¼	39-4½	29-6½		
Weight	10.00	10.00	9.00	8.00	9.00	8.00	9.50	8.75	7.75	6.50	5.50	4.25	3.50
	32-9¾	32-9¾	29-6½	26-3	29-6½	26-3	31-2	28-8½	25-5¼	21-4	18-0½	15-7	11-5¾
Sup.Wt.	6.50	6.00	5.50	5.00	5.25	5.00	4.75	4.50	4.00	3.50			
	21-4	19-8¼	18-½	16-4¾	17-2¾	16-4¾	15-7	14-9	13-1½	11-5¾			
Wt.Pent.	2600	2500	2500	2500	2800	2600	2600	2500	2500	2400	2300		

Notes:
1) 100 standards are for automatic time; use standard conversion for hand time.
2) Short hurdles: 30-39: 33"; 40-59: 30" 60+: 27"
Long hurdles: 30-59: 30"; 60+: 27"
3) Shot put: 30-49: 4k; 50+: 3k
4) Javelin: 30-49: 600g; 50-59: 500g; 60+: 400g
5) Hammer: 30-49: 4k; 50+: 3k
6) Weight: 30-49: 20#; 50-59: 16#; 60+: 12#
7) Superweight: 30-49: 35#; 50-79: 25# 80+: 20#
8) Metric heights and distances are the standard; feet and inches listed for convenience.

U.S. MASTERS ALL-AMERICAN STANDARDS OF EXCELLENCE FOR RACEWALKERS

	1.5K	Mile	3K	5K	8K	10K	15K	20K	25K	30K	40K	50K
WOMEN												
W30	7:13	7:47	14:50	25:38	42:04	52:43	1:21:56	1:52:06	2:24:43	2:59:15	4:08:45	5:37:30
W35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:53:32	2:26:51	3:01:53	4:12:21	5:42:23
W40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	5:55:48
W45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:25
W50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:09
W55	8:55	9:31	18:05	31:14	50:54	1:03:33	1:38:40	2:14:48	2:54:26	3:36:33	5:01:03	6:49:24
W60	9:17	10:01	19:01	32:51	53:32	1:06:50	1:43:51	2:21:54	3:03:54	3:48:29	5:17:54	7:12:43
W65	9:48	10:35	20:06	34:43	56:33	1:10:37	1:49:50	2:30:12	3:14:51	4:02:20	5:37:25	7:39:46
W70	10:26	11:15	21:22	36:54	1:00:02	1:15:01	1:56:49	2:39:54	3:27:38	4:18:30	6:00:18	8:11:30
W75	11:10	12:01	22:51	39:28	1:04:10	1:20:14	2:05:05	2:51:18	3:42:50	4:37:46	6:27:35	8:49:28
W80	12:03	12:58	24:41	42:37	1:09:13	1:26:38	2:15:15	3:05:24	4:01:36	5:01:39	7:01:26	9:47:35
W85	13:13	14:15	27:05	46:45	1:15:50	1:35:01	2:28:37	3:24:00	4:26:20	5:33:10	7:46:16	10:39:15
W90	14:56	16:06	30:36	42:14	1:25:30	1:47:18	2:48:13	3:51:12				
MEN												
M30	6:31	7:01	13:21	23:05	37:57	47:49	1:13:10	1:38:18	2:05:12	2:32:17	3:27:30	4:31:00
M35	6:43	7:14	13:47	23:46	38:55	48:53	1:14:28	1:39:43	2:06:56	2:34:14	3:30:17	4:34:53
M40	6:58	7:29	14:16	24:24	40:15	50:32	1:17:03	1:43:13	2:11:29	2:39:47	3:37:53	4:44:49
M45	7:13	7:46	14:47	25:31	41:44	52:25	1:19:58	1:47:10	2:16:35	2:46:05	3:46:36	4:56:24
M50	7:33	8:05	15:23	26:33	43:25	54:32	1:23:14	1:51:37	2:22:20	2:53:13	3:56:29	5:09:29
M55	7:50	8:26	16:04	27:43	45:19	56:55	1:26:56	1:56:38	2:28:52	3:01:19	4:07:41	5:24:22
M60	8:13	8:51	16:50	29:02	47:28	59:38	1:31:10	2:02:23	2:36:20	3:10:33	4:20:30	5:41:23
M65	8:38	9:19	17:43	30:33	49:56	1:02:45	1:36:01	2:08:58	2:44:53	3:21:11	4:35:15	6:01:01
M70	9:08	9:50	18:44	32:18	52:46	1:06:21	1:41:37	2:16:35	2:53:56	3:33:31	4:52:23	6:23:51
M75	9:43	10:28	19:55	34:20	56:04	1:10:35	1:48:13	2:25:34	3:05:02	3:48:05	5:12:40	6:50:54
M80	10:26	11:14	21:22	36:50	60:06	1:15:44	1:56:15	2:36:31	3:20:50	4:05:57	5:37:34	7:24:11
M85	11:21	12:13	23:14	40:04	65:20	1:22:26	2:06:43	2:50:48	3:39:31	4:29:18	6:10:11	8:07:50
M90	12:41	13:39	25:58	44:45	72:52	1:32:08	2:21:52	3:11:28	4:06:38	5:03:17	6:57:43	9:11:37

Age-graded time/.8 for mid-point of each 5-year interval (e.g., age 32, 37, 42, 47, etc.).

APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH

NAME_____ AGE-GROUP_____

ADDRESS_____ SEX: M_____ F_____

CITY_____ STATE_____ ZIP_____

MEET_____ DATE OF MEET_____

MEET SITE_____

EVENT_____ MARK_____

HURDLE HEIGHT_____ WEIGHT OF IMPLEMENT_____

❑ CERTIFICATE ❑ PATCH ❑ PATCH TAG

1. If you have equaled or bettered the standard of excellence, please fill out this application, completely.
2. A copy of your results or a note stating in which issue your results appeared MUST accompany this application.
3. Please send $10 for a certificate, $10 for a patch, and $10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is $15.
4. Send to: All-American, *National Masters News*, P.O. Box 50098, Eugene OR 97405.
5. A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

TRACK & FIELD RESULTS

Please send results to: National Masters News, P.O. Box 50098, Eugene, OR 97405; e-mail: natmanews@aol.com. To keep information current, we generally do not publish results more than 3 months old. Results typed and measuring 2-1/4" wide in metric in our format receive preference. Deadline is the 10th of the month prior to issue date.

EAST

USATF-LI Meet Suffolk CC; Dec. 11

55m
M40 Jim Reilly 6.6
M45 Chas DeLaParra 7.0
M55 David Molloy 8.0
M60 Mike Milove 7.6
200m
W40 Christine Katz 32.1
W55 Mary Trotto 42.5
W65 Ellen Duffy 44.2
M40 Jim Reilly 24.3
M45 Chas DeLaParra 26.9
M55 David Molloy 30.0
400m
W65 Ellen Duffy 1:42.2
W85 Jill Denzon 2:01.3
M40 Robert Lemke 64.2
M45 Donald Archer 56.0
M50 James McDougall 68.6
800m
M45 Jeff Sider 2:26.00
M50 Leo Murillo 3:06.60
1500m
M35 Phil Patanjo 5:01.00
M45 Paul Salemi 5:30.60
M50 Leo Murillo 5:59.50
M55 John Kuziw 5:49.10
55mH
M60 Mike Milove 10.0
4x400m Relay
W40+Bohemia TC 5:03.90
Northport RC 5:28.70
High Jump
M55 John Harbulak 1.21
Long Jump
W55 Janis Henderson 2.47
M45 Ralph Kleppan 4.15
M55 John Kuziw 3.92
Triple Jump
W55 Janis Henderson 5.58
Shot Put
W55 Mary Trotto 6.72
M55 John Harbulak 8.71
M65 Ed Joyce 9.13
1500m Racewalk
W40 Dorit Attias 8:40.80
M60 Robert Campbell 10:18.20

USATF-LI Indoor Meet Suffolk CC, Brentwood Campus, Dec. 30

55m
M40 Jim Reilly 6.6h
M45 Charles de la Parra 7.0h
Ralph Kleppan 7.8h
M55 David Molloy 8.0h
M60 Mike Milove 7.6h
200m
M40 Jim Reilly 24.3h
M45 Charles da la Parra 26.9h
M55 David Molloy 30.0h
W40 Christine Katz 32.1h
W55 Marro Trotto 42.5h
W65 Ellen Duffy 44.2h
Kate Shreck 47.7h
400m
M40 Robert Lemke 1:04.2h
M45 Donald Archer 56.0h
M50 James Mc Dougall 1:08.6h
W65 Ellen Dufy 1:42.2h
Kate Shreck 1:55.3h
W85 Jill Denzon 2:01.3h
800m
M45 Jeff Sider 2:36.00
M50 Leo Murillo 3:06.60
1500m
M35 Phil Patanjo 5:01.00
Kenneth Michaud 5:25.60
M45 Paul Salerni 5:30.60
Ed von Bevern 5:58.90
E Krummenacker 6:12.70
M50 Leo Murillo 5:59.50
M55 John Kuziw 5:49.10
Short Hurdles
M60 Mike Milove 10.0h
High Jump
M55 John Harbulak 1.21
Triple Jump
W55 Janis Henderson 5.58
Mary Trotto 5.26
4x400m Relay
W40 Bohemia TC 5:03.90
Northport RC 5:28.70
Long Jump
M45 Ralph Kleppan 4.15
M55 John Kuziw 3.92
John Harbulak 3.75
W55 Janis Henderson 2.47
Mary Trotto 2.38
Shot Put
M55 John Harbulak 8.71
Tom Rempe 8.21
John Kuziw 7.69
W55 Mary Trotto 6.72
Janis Henderson 6.22
Joy Rempe 6.07
1500m RW
M60 Robert Campbell 10:18.20
W40 Dorit Attias 8:40.80

Philadelphia Masters Indoor Meet, Swarthmore, PA; Jan. 8

55m
M30 Jeb Diehl 8.0
M35 Fred Barnett 6.4
Gerald Jones 6.9
Ted Diehl 7.5
Dean Diehl 8.0
M40 Gerald Crocker 6.7
Rafael Suarez 7.0
Rick Vance 9.4
M45 Tony Fulton Sr 6.6
Rick Evans 7.2
Keith Royster 7.2
M50 Gary Leigh 7.3
Kenneth Crawford 7.8
Ross Kendall 7.8
Steve McDermott 7.9
M55 Nick Vaglio 7.9
John Borden 8.0
Bruce Campelia 8.4
M60 Fred Edelstein 8.3
M75 Jim Stookey 8.2
200m
M40 Gerald Crocker 24.9
Ray Parker 26.4
Kelly Pittman 26.7
Ray Vance 35.2
M45 Rick Evans 27.1
M50 Chris Hitchcock 24.6
Gary Leigh 27.4
Russ Patton 28.4
M60 Bob Fuhrman 30.7
M75 Jim Stookey 31.0
W45 Virginia Jones 32.2
W60 Barbara Leighton 36.7
400m
M35 Ted Diehl 63.7
M40 Jim O'Donnell 54.9
Kelly Pittman 58.0
Gerard Pearlberg 59.0
Kevin Forde 59.5
Troy Ardis 65.8
M45 Chuck Shields 58.1
Tony Fulton Sr 58.8
Kevin Goldstein 1:06.9
Ed Henry 1:12.5
M50 Russ Patton 59.9
Chris Hitchcock 1:05.7
Jeff Heppard 1:18.7
M55 Richard Brown 1:07.4
M60 Bob Fuhrman 1:13.7
800m
M30 Kyle Lanier 2:04.9
M35 Greg Watson 2:14.8
Charles Sawyer 2:26.9
M40 Kevin Forde 2:12.8
Scott Landis 2:13.7
John Mooney Sr 2:27.2
Dave Huttinger 2:35.6
Troy Ardis 2:39.6
M45 Pat Good 2:27.8
Al Siuta 2:28.1
Randy Beddoe 2:33.3
Ed Henry 2:47.8
M50 Russ Patton 2:30.9
Nicodemo Ricci 3:10.5
M55 Dennis Mellish 2:43.4
Richard Brown 2:46.4
Phil Krachun 3:03.8
George Sanders 3:08.6
M60 Art Brown 2:57.7
W40 Lorraine Jasper 2:30.5
W60 Barbara Leighton 3:20.8
Mile
M30 Steve Owens 4:48.6
M35 Greg Watson 4:48.3
M35 Greg Watson 4:48.3
Paul Sorrentino 5:42.2
S Tappeiner 6:49.4
M40 Bob Rimkis 5:00.9
Daniel Feder 5:08.8
Dave Huttinger 5:52.2
M45 Mike Bizal 5:18.3
Dave Zurheide 5:25.5
Pat Good 5:32.2
Randy Beddoe 5:36.6
John Krajek 6:08.9
Ed Henry 6:13.0
M50 Terry Permar 4:58.3
Nicodemo Ricci 6:28.0
M55 Dennis Mellish 5:46.7
George Sanders 6:55.2
M60 Art Brown 6:17.4
W40 Lorraine Jasper 5:31.2
W55 Diane McManus 8:18.5
3000m
M30 Kareem Lanier 9:08.8
Steve Owens 9:13.3
M35 George Watson 9:49.3
M40 Daniel Feder 10:17.8
John Mooney Sr 10:54.5
Dave Huttinger 12:18.4
Michael Hallman 13:30.8
M45 Larry Levy 9:31.8
Al Siuta 12:13.7
Ed Levinson 12:26.9
M50 Maurice Pointer 10:20.2
Joe Kern 10.56.3
Nicodemo Ricci 13:42.4
M55 Rich Nicklas 12:46.7
Carl Grossman 13:26.7
Phil Krachun 14:03.4
W40 Lorraine Jasper 12:14.3
W55 Diane McManus 15:41.0
Short Hurdles
M55 Nick Vaglio 9.7
M75 Jim Stookey 9.5
High Jump
M30 Cardwell Wootten 1.68
M35 Fred Barnett 1.78
M75 Jim Stookey 1.27
Pole Vault
M40 Duncan Littlefield 4.27
M50 Don Severn 3.51
Long Jump
M30 Cardwell Wootten 5.93
M35 Dean Diehl 4.49
Ted Diehl 4.31
M50 Kenneth Crawford 4.55
Krzystof Kot 4.28
M75 Jim Stookey 3.90
Triple Jump
M30 Cardwell Wootten 11.44
Shot Put
M45 Jeff Woodward 9.19
M50 Jay McQueen 14.75
John Mattei 12.39
Nick Helfrich 10.79
Sal Adamo 10.20
M55 Charles Roll 14.01
W40 Heather Scanlon 9.19
Mile RW
M45 Larry Schiller 8:11.9
M70 William May 8:17.9

Finger Lakes RC Indoor Meet, Ithaca, NY; Jan. 15

55m
M30 Dave Eaton 6.55
M35 Mike Romanovich 7.74
M50 Adam Mozeleski 7.65
W40 Kathy Fairand 9.13
800m
M35 Derek Dean 2:27.9
M40 Jim Derick 2:14.4
M45 Jeffrey Juran 2:25.2
M50 Jim Robinson 2:07.7
M55 Paul Kintner 2:18.7
M60 Joe Reynolds 3:20.5
M65 Dan Mittler 3:53.8
W35 Catherine Meyer 3:01.6
W40 Rebecca Heuer 2:30.7
W45 Sarah Stiner 2:24.7
W50 Shelly Marino 2:57.8
W55 C Smith-Hanna 2:40.0
1500m
M30 John Heath 5:01.9
M35 Jeff Naylor 4:34.8
M40 Jim Derick 4:24.2
M45 Andri Goncarovs 5:07.6
M50 Tom Hartshorne 4:38.6
M55 John Saylor 5:29.7
M60 Herb Engman 5:21.3
M65 Dan Mittler 7:38.2
M70 Chuck Collins 7:12.0
W35 Alaina Dietz 6:01.0
W40 Kathy Fairand 7:41.0
W45 Sarah Stiner 5:14.4
W55 Victoria Smith 14:40.6
2 Miles
M35 Mark Thompson 12:04.5
M40 Boris Dzikovski 10:47.2
M45 Bob Carroll 11:36.7
M55 Joe Daley 11:43.2
M60 Joe Reynolds 14:48.4
M70 Don Farley 14:48.7
W30 Laurel McIntyre 14:53.1
W50 Sue Aigen 17:12.0
W35 Catherine Meyer 14:58.6

USATF Adirondack Indoor Meet, U. of Albany; Jan. 15

55m
M40 Mark Stevenson 7.5h
M55 Karryl Decker 7.9h
M60 Vito Di Cesare 8.0h
M70 Ray Cardozzi 9.1h
W45 S Krogstad Hill 9.6h
W55 Hillen von Maltzahn 8.6h
300m
M30 James van Ess 45.8h
Jeff Wright 52.4h
M40 Mark Stevenson 42.1h
M45 Ralph Sansaricco 54.0h
M50 Anthony Torre 47.2h
M60 Vito De Cesare 49.8h
W45 S Krogstad Hill 57.3h
W50 Hillen von Maltzahn 52.0h
600m
M35 Todd Mesick 1:39.1h
M50 Joe Natalie 1:44.7h
1000m
M30 Michael Woytowich 3:53.1h
M40 Tom Constantine 3:06.2h
M45 Rocco Serrafini 3:01.9h
Jim Juliano 3:04.8h
Leo Beurke 3:35.5h
Ralph Sansaricco 3:38.2h
Jim Booker 3:49.1h
M50 S Schaklenkamp 3:08.0h
3000m
M30 James van Ess 11:32.2h
Michael Woytowich 13:08.6h
M45 Jim Juliano 10:25.2h
Christopher Murphy 10:58.8h
Steve Schindler 11:19.0h
M60 S Schallenkamp 10:25.2h
Short Hurdles
M50 Anthony Torre 9.6h
W55 Hillen von Maltzahn 11.4h
High Jump
M40 Dave Murphy 1.60
W55 Hillen von Maltzahn 1.22
W60 Kathleen Balthazar 0.99
Long Jump
M40 Mark Stevenson 5.28
M45 Rick Choppa 5.43
M50 Rick Censullo 4.55
Darryl Decker 4.49
W55 Hillen von Maltzahn 4.10
Shot Put
M40 Scott Hannay 12.24
M50 Joe Ksiaskiewicz 10.26
W60 Kathleen Balthazar 6.27
Weight Throw
M35 Kevin Sullivan 14.76

Prince George's Sportfest Indoor Meet Landover, MD; Jan. 15

60m
M35 Don Davis 7.7
M40 Jeff Gold 7.2
M45 Alan Tissanbaum 7.1
M50 Thomas Jones 8.0
M60 Robert Doontz 8.0
M65 Alby Williams 8.2
M75 James Stookey 9.3
W35 Yvette Beersingh 10.1
W50 Claudia Simpson 10.1
200m
M65 Larry Colbert 27.7
W35 Camille Martin 29.3
W45 Virginia Jones 30.4
400m
M35 Remus Medley 57.0
M40 Windsor Jones 59.2
M50 Thomas Jones 58.0
M60 John Brittain 1:11.6
W40 Marie Ouimette 1:23.4
800m
M35 Daniel Will 2:25.5
M45 George Buckheit 2:13.8
M50 Joe Burno 2:25.7
W40 Marie Ouimette 3:04.8
1600m
M30 Pat Maloney 5:27.3
M35 Remus Medley 4:49.1
Masters Mile
M40 Jim Ehrenhaft 5:03.1
M45 George Buckheit 4:58.6
M50 Larry Washington 5:17.1
M55 J J Wind 7:20.6
Short Hurdles
M75 Jim Stookey 10.8
W50 Claudia Simpson 13.4
High Jump
M45 Muraji Nakazawa 4-8
M50 Keigh Mathis 4-10
M75 Jim Stookey 4-2
Pole Vault
M45 John Casale 12-6
M50 Robert Disse 10-6
M55 Vince Struble 12-0
Long Jump
M30 Doug Gilbert 5.01
M35 Les Young 6.39
M45 John Casale 4.97
M50 Keith Mathis 4.51
M75 Jim Stookey 3.90
W50 Claudia Simpson 3.30
Shot Put
M55 A J Starks 11.11
W45 Esther Willingham 6.06
Weight Throw
M55 J Bookin-Weiner 13.62
3000m RW
M65 Sheldon Contract 21:01.8
W55 Lorraine Krawczyk 21:37.2

Potomac Valley TC/DC Road Runners Club Indoor Meet Arlington, VA; Jan. 22

Open Mile
M35 Bernard Etherly 8:09.9
M40 Ted Poulos 5:44.3
M45 Ito Masaki 5:45.9
M50 David Gold 6:09.6
Elite Mile
M30 Pat Maloney 5:28.8
M35 Malcolm Lester 5:11.4
M45 George Buckheit 4:56.5
Dion O'Mara 5:21.8
Masters Mile
M40 Robert Johnson 5:11.9
M45 Robert Johnson 5:11.9
M50 Shah Mehrabi 6:06.9
M55 Paul Ryan 5:20.3
M60 John Brittain 5:53.2
Jim Noone 6:03.4
Women's Mile
W35 Jennifer Lazio 6:34.4
W45 Sarah Buckheit 6:53.1
3000m
M35 Malcolm Lester 10:26.4
M40 John Marsh 10:28.0
M45 George Buckheit 10:13.9
M50 Shah Mehrabi 11:44.4
M55 J J Wind 13:03.1
W30 Tonya Dodge 10:45.1
W35 Jennifer Lazio 12:57.4
W50 Deborah Pressley 14:22.8
1600m RW
M50 Peter Blank 9:42.4
3000m RW
M50 Jim Wass 17:54.8
M60 Victor Litwinski 19:31.3
M65 Sheldon Contract 21:01.3

Hartshorne Memorial Mile Cornell U., NY; Jan. 21

M40 Tony Young 4:20.72
Mike Egle 4:33.03
Gladstone Jones 4:35.12
Jim Derick 4:35.29
Marty Doherty 4:41.92
Mike Trunkes 4:46.61
Earl Steinbrecher 4:50.74
Sean Nicholson 4:50.86
Boris Dzikovski 4:59.23
Simon Hurley 5:01.24
John Stiner 5:04.73
Howie Beattie 5:08.12
Gerrit Van Loon 5:39.26
M45 Tom Dalton 4:35.77
Richard Raflaub 4:50.69
Jeffrey Juran 5:05.45
Tim Ingall 5:09.43
Andri Goncarovs 5:22.36
David Miller 5:39.96
Bob Talda 5:57.03
M50 Jerry Kooymans 4:43.32
Jim Robinson 4:43.58
Steve Chantry 4:46.71
Tom Ryan 4:49.30
Mark Rybinski 4:56.87
Tom Hartshorne 4:58.54
Tim McMullen 5:01.05
Fred Robbins 5:16.61
David Bowen 5:24.41
Caleb Rossiter 5:26.85
Greg Grund 5:30.62
John Whitman 5:33.65
Phil Mann 6:40.49
M55 Alston Brown 4:49.86
Tim Payne 5:26.01
Ken Zeserson 6:06.01
Steve Burke 6:34.75
Harland Bigelow 6:43.14
M60 Herb Engman 5:38.25
Joe Reynolds 6:30.76
Ken Gordon 6:43.87
M65 Dennis Featherstone 5:41.11
M70 Jack Meegan 6:29.75
Don Farley 6:59.80
Chuck Collins 7:42.96
Ted Sullivan 8:03.14
M75 Richard Sullivan 7:50.40
Roger Whalley 8:01.49
W40 Marisa Hanson 5:02.69
Mary Grene 5:17.28
Becky Heuer 5:34.26
Karen Millson 5:36.72
Lynn O'Malley 5:41.08
Sue Stage-Derick 6:44.71
Mary Magoffin 7:16.36
W45 Leslie Chaplin-Swann 5:16.74
Sarah Stiner 5:20.22
Agathe Nicholson 5:27.94
Suzanne Myette 5:36.43
Ruth Yanai 5:55.77
Lauri Francis 7:17.61
W50 Coreen Steinbach 6:00.20
Shirley Woodford 6:15.66
Patti Ford 6:18.57
Shelly Marino 6:28.59
Diane McGuire 6:53.14
W55 Carolyn Smith-Hanna 5:43.75
W65 Lennie Tucker 7:35.73

Philadelphia Masters Indoor Meet Glen Mills, PA; Jan. 22

60m
M30 Cardwell Wootten 7.6
Jeb Diehl 8.5
M35 Gerald Jones 7.9
Ted Diehl 7.9
Dean P. Diehl 8.9
M40 Gerald Crocker 7.4
M45 Lovell Butler 7.1
Tim Jones 8.0
M50 Terry Mckechnie 7.7
Gary Leigh 8.0
Steve McDermott 8.8
Frank Simpson 9.0
M55 Gary Arend 8.2
M75 Tom Rice 9.7
W30 Jill Cypress Turner 8.3
W55 Linda Piff 10.4
200m
M30 Demetrick Ray 29.0
M35 Charles Sawyer 27.9
M40 Gerald Crocker 26.6
Jon Malpass 29.2
M45 Tony Fulton 26.1
M50 Gary Leigh 27.6
Ed Price 29.0
Kenneth Crawford 29.9
Terry McKechnie 30.0
M60 Bob Fuhrman 31.0
W30 Jill Cypress Turner 29.3
W55 Linda Piff 36.2
W60 Barbara Leighton 36.4
400m
M30 Jeb Diehl 1:06.8
M35 Charles Sawyer 1:00.4
Ted Diehl 1:01.7
M40 Kevin Forde 59.5
Bob Rimkis 1:02.7
M45 Tim Jones 59.4
M50 Jeff Heppard 1:14.6
M55 Richard Brown 1:00.1
Dennis Mellish 1:11.9
M60 Bob Fuhrman 1:13.9
W55 Linda Piff 1:18.7
800m
M40 Scott Landis 2:10.3
Kevin Forde 2:17.5
Bob Rimkis 2:20.5
Martin Marsumura 2:24.2
John Mooney Sr 2:28.6
David Huttinger 2:35.1
M45 Chuck Shields 2:12.0
Thomas Schaefer 2:37.5
M50 Tom Allen 2:58.2
Nicodemo Ricci 3:05.0
Frank Simpson 3:46.3
M55 Richard Brown 2:46.3
Bill Indek 2:53.0
George Sanders 3:03.2
M60 Lou Coppens 2:44.7
W45 Kate Call 3:08.1
W50 Phyllis Yester 3:01.3
W60 Barbara Leighton 3:20.7
Mile
M30 Kyle Lanier 4:36.7
Kareem Lanier 4:36.8
M35 Paul Sorrentino 5:45.9
S. Tappeiner 6:20.5
M40 Kevin Kelly 4:43.1
Rafael Suarez 5:22.7
Skip Persick 5:35.2
David Huttinger 5:50.7
M45 Chuck Shields 4:47.1
Ed Levinson 6:19.7
M50 John Krajek 5:56.7
Tom Allen 6:22.3
Nicodemo Ricci 6:31.4
M55 Dennis Mellish 5:44.7
George Sanders 6:45.4
M60 Lou Coppens 5:50.2
W45 Kate Call 6:37.2
W50 Phyllis Yester 6:46.0
3000m
M40 Kevin Kelly 9:14.4
John Mooney Sr 10:48.6
David Huttinger 12:07.3
Michael Hallman 12:52.2
M45 Keith Davies 10:01.5
Ed Levinson 12:16.3
M50 Terry Permar 9:31.3
Joel Hoffsmith 11:39.7
Nicodemo Ricci 13:11.9
M55 Rich Nicklas 12:21.7
Phil Krachun 13:47.9
M60 Lou Coppens 11:41.5
Pole Vault
M40 Duncan Littlefield 4.42m
High Jump
M30 Cardwell Wootten 1.68m
Triple Jump
M30 Cardwell Wootten 11.22m
W30 Jill Cypress Turner 10.81m
Shot Put
M35 Tom Herdelin 10.59m
M45 Jeff Woodward 8.90m

M50 Jay McKeeen 14.58m
Nick Helfrich 10.73m
M55 Dean Diehl 9.85m
M75 Tom Rice 7.92m
W40 Heather Scanlon 9.08m

Millrose Games Masters 4x400m Relay, Madison Square Garden, NYC Feb. 3

M40+
Synergy TC 3:40.68
(Bynoe/Marshall/Aurelien/Lindsay)
Central Park TC 3:42.23
Southwest Sprinters 3:44.08
2nd Wind TC 3:47.26
Shore AC 3:51.30
The Running Company 3:57.66
W40+
Atoms TC 4:38.59
(Morris/Forde/Kelly/Best)
Genesee Valley Harriers 4:41.08
Bohemia TC 4:50.75
Shore AC 4:56.91
Central Park TC 5:06.23
Northport RC 5:17.18

Philadelphia Masters T&F Association Meet Albright College; Feb. 5

55m
M30 Cardwell Wootten 6.9
M40 Rafael Suarez 7.3
M45 Lovell Butler 6.6
John Hadrick 7.6
Howard Bolton 7.7
M50 Terry McKechnie 7.4
Gary Leigh 7.4
Steve McDermott 7.8
M55 Gary Arend 7.6
Bruce Campelia 8.6
M60 Fred Edelstein 7.8
Bob Fuhrman 8.4
M75 Joe Granahan 10.0
W30 Jill Cypress Turner 7.6
W50 Cheryl Meissner 8.7
200m
M45 Jeff Kramer 34.4
M50 Gary Leigh 27.2
Terry McKechnie 28.2
Larry Kerr 30.8
M55 Richard Brown 31.1
Bill Indek 33.6
W50 Cheryl Meissner 33.3
400m
M30 Kyle Lanier 57.4
M40 Kevin Forde 58.4
Jon Malpass 1:01.6
M50 Larry Kerr 1:06.6
M55 Bill Indek 1:15.0
W30 Jill Cypress Turner 1:06.8
800m
M30 Kareem Lanier 2:07.1
M40 Kevin Forde 2:17.8
Martin Matsumura 2:19.7
Mark Staudenmeier 2:23.4
M45 Chuck Shields 2:13.5
Pat Good 2:30.6
M50 Tom Allen 3:01.8
M55 Richard Brown 2:41.5
George Sanders 2:55.3
M60 Carl Landis 2:43.4
Bob Fuhrman 3:26.9
W45 Kate Call 2:58.8
W50 Phyliss Yester 2:58.6
Mile
M35 Eric Galosi 5:14.1
M40 Larry Levy 4:51.7
Bob Rimkis 5:07.1
Mike Connelly 5:22.0
Skip Persick 5:38.2
M45 Chuck Shields 4:52.9
Tim Hetrich 5:30.5
Pat Good 5:39.2
M50 Terry Permar 5:01.3
Jeff O'Connell 6:12.3
Tom Allen 6:34.7
M55 George Sanders 6:57.7
M60 Carl Landis 6:01.8
W45 Kate Call 6:34.6
W50 Phyliss Yester 6:28.2
3000m
M40 Bob Rimkis 11:34.1
W30 Jen Jacobsen 13:06.6
55m Hurdles
M55 Larry Nolly 9.6
High Jump
M30 Cardwell Wootten 1.60m
M60 Fred Riley 1.20m
M65 Burr Daly 1.20m
Long Jump
M30 Cardwell Wootten 5.81m
M55 Larry Nolly 4.74m
M65 Burr Daly 3.74m
W70 Gloria Krug 2.41m
Triple Jump
M30 Cardwell Wootten 11.86m
W30 Jill Cypress Turner 10.60m
W70 Gloria Krug 3.80m
Shot Put
M40 Glenn Ciripompa 8.93m
M50 John Mattei 12.25m
Nick Helfrich 10.32m
M55 Charles Roll 13.96m
Dan Folk 7.63m
M60 Walter Roucken 10.03m
M65 Bill Kuegler 12.49m
Jack McDonald 10.63m
John Sellers 8.56m
W40 Heather Scanlon 8.96m
W70 Gloria Krug 7.02m
Weight Throw
M50 Nick Helfrich 11.79m
M55 Charles Roll 14.12m
Dan Folk 9.03m
M65 Bill Kuegler 12.23m
John Sellers 11.83m
Jack McDonald 10.31m
W40 Heather Scanlon 8.95m
W70 Gloria Krug 7.66m

SOUTHEAST

Winter Sun #1 Meet Clermont, FL; Jan. 21

60m
M35 Alex Acosta 6.92
M40 Don Fields 7.21
M45 William Austin 7.35
M50 Chris Osorio 8.39
M55 William Benford 8.54
M60 Joe Johnston 8.93
200m
M40 Fran Kester 27.03
M45 William Austin 23.60
M60 Joe Johnston 31.31
400m
M45 Keith Parkinson 1:14.43
800m
M45 Alan Smith 3:48.82
Mile
M35 John Hartpence 4:54.44
M40 David O'Meara 4:48.74
M45 Jeff Noel 5:14.26
M50 Randy Cook 5:51.49
M70 Alan Smith 8:20.60
W40 C Muldson-Walker 5:48.41
Short Hurdles
M50 James Broun 9.19
M55 Lloyd Long 9.51
M60 Joe Johnston 10.98
High Jump
M50 George Robinson 1.32
M55 Lloyd Long 1.21
M60 Joe Johnston 1.52
M70 Richard Lowery 1.27
M75 Bob Voege 1.01
W55 Susan Hill 1.06
Pole Vault
M45 Tom Wilson 3.35
M55 Tomlinson Rauscher 3.35
Long Jump
M35 Roderick Drayton 5.55
M40 Darnell Winchester 5.87
M45 Keith Parkinson 4.11
M55 Lloyd Long 4.47
M60 Joe Johnston 4.72
M70 Raymond Wright 2.67
M75 Bob Viege 2.42
W55 Susan Hill 2.31
Triple Jump
M75 Bob Voege 5.06
Shot Put
M40 Scott Danberg 9.68
M45 Terry Piper 9.47
M50 Bob Holtz 12.39
M55 Lloyd Long 8.53
M60 William Barfield 11.00
M65 Tom Harasti 8.87
M70 Pay Carstensen 9.83
M75 Bob Voege 7.43
Discus
M50 Bob Holtz 37.83
M55 Robert Hume 42.28
M60 William Barfield 27.38
M70 Richard Lowery 31.71
Hammer
M50 Bob Holtz 38.04
M70 Pay Carstensen 36.97
M75 Bob Voege 19.28
1600 RW
M30 Juan Moscoso 8:44.78
M50 George Robinson 9:44.81
W50 Sandra de Noon 9:33.50

MID-AMERICA

Jayhawk Indoor Invitational Masters 800 Kansas U.; Jan. 28

Wally Brawner 66 2:53.05
Ross Greathouse 67 2:56.29
Paul Heitzman 74 2:57.41
Mike Lundgren 54 3:01.83

SOUTHWEST

SW Regional Indoor Championships, Texas Tech U. Lubbock; Jan. 14

55m
M35 Reginald Pendland 6.78
Shawn Anger 7.20
M40 Trent Hagler 6.97
Michael La Bay 7.06
Alan Sims 7.34
M45 Bryan Allcorn 7.50
Jeff Brower 7.56
Ken Ellis 7.61
M50 Richard Riddle 7.58
John Dolan 7.79
Lamar Galloway 7.98
M55 Mark Hastings 7.44
M65 Wayne Bennett 8.27
Don Isett 8.79
Richard Ellington 9.03
M70 Joe Summerlin 8.54
Jim Leggitt 8.72
Bill Biddy 10.15
M75 John Goggin 11.61
M80 Bill Carter 9.66
Bob Wingo 10.78
W40 Sherry Henry 8.70
W45 Peggy Wilson 8.05
W60 D vander Cruyssen 9.27
W65 Shelly Whitlock 10.37
W70 Christel Donley 10.12
W75 Georgia Goggin 13.10
200m
M30 Yancy Culp 24.90
M35 Shawn Anger 25.36
M40 David Jones 23.83
Michael La Bay 24.58
Trent Hagler 24.60
M45 Ken Ellis 25.83
Jeff Brower 25.85
Byron Ware 29.63
M50 Horace Grant 26.12
Richard Riddle 26.13
Rick Easley 26.95
M55 Mark Hastings 26.40
M65 Wayne Bennett 29.86
Don Isett 31.87
Richard Ellington 34.44
M70 Paul Johnson 27.88
Joe Summerlin 31.16
Jim Leggitt 31.51
M80 Bob Wingo 43.21
W40 Sherry Henry 33.38
Lisa Marie Render 34.42
W45 Tracey Rice 34.98
W60 D vander Cruyssen 35.47
400m
M30 Yancy Culp 54.08
M40 David Jones 52.48
Trent Hagler 56.81
M45 Bradley Gardner 1:00.83
M50 Rick Easley 59.74
Lamar Galloway 1:01.71
M55 Mark Hastings 1:00.79
Bill Lewis 1:01.24
Gene Iwen 1:05.75
M70 Paul Johnson 1:08.24
W40 Lisa Marie Render 1:23.87
W45 Tracy Rice 1:25.67
800m
M40 Kyle Clark 2:07.62
M45 Bradley Gardner 2:29.10
M50 Horace Grant 2:21.09
Dave Moore 2:30.70
M65 Ralph Wolf 3:13.36
Mile
M65 Ralph Wolf 7:39.96
3000m
M40 David Jackson 11:35.50
M45 Chris Lonngren 11:55.70
M65 Ralph Wolf 15:36.20
W35 Imelda Gonzalez 11:14.80
Short Hurdles
M45 Jeff Brower 9.08
Ken Ellis 9.09
M70 Lowell Bonifield 10.26
Charlie Richard 10.50
Glen Stone 10.51
High Jump
M45 Ken Ellis 1.68
Jeff Brower 1.68
M55 John Barson 1.37
Gene Iwen 1.32
M65 Don Isett 1.32
M70 Jim Leggitt 1.17
Charlie Richard 1.07
M75 Jerry Donley 1.07
John Goggin 0.92
M80 Bob Wingo 0.97
W45 Jo Ann McBride 1.12
W55 Laurie Barton 1.12
W60 D vander Cruyssen 1.17
W65 Shelly Whitlock 1.07
W70 Christel Donley 1.12
Pole Vault
M40 Flay Deats 4.00
M65 Don Isett 2.90
M75 John Goggin 1.85
W55 Laurie Barton 1.55
W60 D vander Cruyssen 2.00
W65 Shelly Whitlock 1.55
W70 Christel Donley 1.10
Shot Put
M45 Ken Ellis 10.66
Jeff Brower 7.53
M55 Gene Iwen 9.05
M70 Wendell Palmer 10.55
M75 Jerry Donley 8.47
W45 Jo Ann McBride 6.00
W60 D vander Cruyssen 6.91
W65 Shelly Whitlock 6.41
W70 Christel Donley 7.67
W75 Georgia Gogin 4.81
M80 Bill Carter 8.12
Long Jump
M35 Shawn Anger 5.95
M40 Alan Sims 5.59
Michael La Bay 5.59
M45 Ken Ellis 5.47
Byran Allcorn 4.97
Jeff Brower 4.85
M55 Gene Iwen 4.30
M65 Don Isett 3.65
M70 Lowell Bonifield 4.15
Charlie Richard 3.93
Jim Leggitt 3.61
W55 Laurie Barton 3.16
W60 D vander Cruyssen 3.25
W75 Georgia Goggins 1.73
M80 Bill Carter 3.90

WEST

Team Thor Thunder Series La Jolla, CA; Jan. 21

Shot Put
Doug Dunagan 34 12.67
Richard Watson 53 10.71
Jerry Moylan 52 7.97
Discus
Doug Dunagan 34 34.09
Richard Watson 53 34.96
Jerry Moylan 52 20.02
Hammer
Doug Dunagan 34 36.08
Richard Watson 53 36.96
Javelin
Richard Watso 53 40.28
Jerry Moylan 52 25.21
Weight Throw
Doug Dunagan 34 11.88
Richard Watson 53 13.21
Superweight
Doug Dunagan 34 7.37
Richard Watson 53 7.31
Weight Pentathlon (unofficial)
Richard Watson 53 3077

NORTHWEST

U. of Washington Invitational Masters Exhibition; Seattle

Jan. 20
60m
M45 Michael Waller 7.42
Scott Copeland 8.10
M50 Tom Dickson 7.61
M55 Clyde Hundley 8.77
Jan. 28
60m
M40 Chris Townsend 7.66
M45 Scott Copeland 8.20
M50 David Ortman 7.91
Tom Dickson 7.74
M55 Clyde Hundley 8.83
M60 Steve Robbins 7.96
Charles Brocato 8.51
200m
M45 Scott Copeland 26.72
M50 David Ortman 25.21
M60 Steve Robbins 25.46
Charles Brocato 28.25
Mile
M40 John O'Hearn 4:43
M45 Kevin Paulk 4:35
W35 Sarah Leonard 5:05
W40 Karen Steen 5:16

CANADA

HTS Janus Festival Meet Regina, Saskatchewan Jan. 14

60m
W60 Carol LafayetteBoyd 9.22
M60 Doug Renwick 9.61
200m
W60 Carol LafayetteBoyd 31.52
M60 Doug Renwick 29.99
400m
W40 Laurie Meloche 64.76
1500m
M50 Rick Minett 5:01.92
Pole Vault
M60 Doug Renwick 2.55
Long Jump
W60 Carol LafayetteBoyd 3.66
M60 Doug Renwick 4.01
Triple Jump
W60 Carol LafayetteBoyd 8.08
M60 Roland Delhomeau 8.36
M65 Bob Edwards 6.90
Shot Put
M65 Bob Edwards 9.00
Weight Throw
M65 Bob Edwards 10.60

INTERNATIONAL

Oceania Masters T&F Championships, Christchurch, New Zealand Jan. 14-21

100m
M30 Travis Venema AUS 11.58
M35 John Turner NZL 12.58
M40 Gavin Jensen NZL 12.74
M45 Gregory Potts AUS 11.98
M50 Dennie O'Leary NZL 12.64
M55 Paul Sharland NZL 13.14
M60 Russell WhiteNZL 13.32
M65 Malcolm Fraser NZL 14.06
M70 Hugh Coogan AUS 13.85
M75 Alistair Mackay NZL 16.04
M85 Eric de Lautour NZL 20.05
M90 Syd Taylor NZL 21.67
W30 Ranell Hobson AUS 12.75
W35 Sonya Pollard AUS 13.39
W40 Julie Brims AUS 12.54
W45 Marie Kay AUS 13.16
W50 Lynne Choate AUS 14.02
W55 Sheryl Gower NZL 14.67
W60 Noreen Parrish AUS 15.10
W65 May Ward AUS 16.56
W70 Margaret Peters NZL 15.88
W75 Marcia Petley NZL 21.17
200m
M30 Travis Venema AUS 23.87
M35 John Turner NZL 26.55
M40 Jack O'Connor NZL 25,00
M45 Gregory Potts AUS 24.92
M50 Dennis O'Leary NZL 26.27
M55 Paul Sharland NZL 26,10
M60 Keith Howden AUS 26.41
M65 Malcolm Fraser NZL 28.90
M70 Hugh Coogan AUS 28.10
M75 Alistair Mackay NZL 34,11
M85 Eric de Lautour NZL 40.08
M90 Syd Taylor NZL 47.38
W30 Ranell Hobson AUS 27.17
W35 Sonya Pollard AUS 27.95
W40 Julie Brims AUS 26.15
W45 Marie Kay AUS 26.55
W50 Margaret Smith AUS 29.67
W55 Sheryl Gower NZL 30.77
W60 Marge Allison AUS 31.20
W65 May Ward AUS 35.29
W70 Margaret Peters NZ 33.50
W75 Marcia Petley NZL 45.24
400m
M30 Corney Carstens NZL 54.49
M35 Rene Otto NZL 1:18.18
M40 Jack O'Connor NZL 53.85
M45 Neil McKay NZL 55.64
M50 Terry Hicks AUS 56.57
M55 Rob James NZL 1:00.89
M60 Keith Howden AUS 59.18
M65 Malcolm Fraser NZL 1:04.09
M70 Hugh Coogan AUS 1:02.28
M75 Hector Mein NZL 1:22.02
M80 Norm Pearce AUS 1:39.45
M85 Eric de Lautour NZL 1:29.82
W30 Vanessa Story NZL 1:07.00
W35 Lynette Smith AUS 1:07.89
W40 Julie Brims AUS 1:00.90
W45 Marie Kay AUS 59.27
W50 Gail Kirkman NZL 1:06:53
W55 Sheryl Gower NZL 1:12.60
W60 Marge Allison AUS 1:09.05
W65 Julie Williams NZL 1:32.12
W70 Margaret Peters NZL 1:26.28
W75 Marcia Petley NZL 1:52.13
800m
M30 B Whelan AUS 2:01.38
M35 A Davenport NZL 2:00.96
M40 Gary Ewart AUS 2:01.67
M45 D MacDonald NZL 2:12.91
M50 Terry Hicks AUS 2:05.88
M55 Tony McManus NZL 2:12.98
M60 Peter Sandery AUS 2:27.35
M65 Malcolm Fraser NZL 2:40.01
M70 Hugh Coogan AUS 2:37.43
M75 Hector Mein NZL 3:12.98
M80 Norm Pearce AUS 3:33.37
M85 Eric de Lautour NZL 3:38.31
W35 J Drummond NZL 2:53.24
W40 Anne Hare NZL 2:20.57
W45 Cris Penn AUS 2:27.26
W50 C Sanderson NZL 2:43.02
W55 Tui Ashe NZL 2:52.82
W60 Marge Allison AUS 2:48.79
W70 Dawn Cumming NZL 3:36,79
W75 Shirley Brasher AUS 4:46.95
1500m
M30 B Whelan AUS 4:07.67
M35 A Davenport NZL 4:10.48
M40 Gary Ewart AUS 4:13.61
M45 D MacDonald NZL 4:28.29
M50 Noel Burr NZL 4:29.00
M55 Tony McManus NZL 4:31.08
M60 Peter Sandery AUS 4:58.50
M65 Walter Hume NZL 5:31.20
M70 Frank Rogers AUS 5:54.98
M75 Rad Leovic AUS 6:59.60
M80 Norm Pearce AUS 7:43.01
M85 Eric de Lautour NZL 7:03.40
W40 Anne Hare NZL 4:38.35
W45 Julie Wilson NZL 5:07.68
W50 D Sanderson NZL 5:27.79
W55 Sue Waru NZL 5:46.66
W60 Jean Hampson AUS 6:47.05
W65 Carol Thompson NZL 7:37.70
W70 Dawn Cumming NZL 7:23.41
W75 Shirley Brasher AUS 9:31.08
5000m
M30 B Whelan AUS 15:25.51
M35 Brent Pulley NZL 16:13.64
M40 Ricky Gutsell NZL 16:31.21
M45 D MacDonald NZL 16:32.68
M50 Derek Shaw NZL 17:42.33
M55 Tony McManus NZL 16:34.00
M60 Peter Sandery AUS 18:01.68
M65 Walter Hume NZL 20:32.52
M70 Sid Pavett NZL 21:31.17
M75 Barrett-LennardAUS 23:27.47
M80 Norm Pearce AUS 30:06.71
M85 E de Lautour NZL 26:51.31
W35 Pitwood-Adams NZL 24:36.37
W40 Eliz Slattery AUS 19:42.01
W45 Ruth Vomund USA 19:37.06
W50 Brenda Fortune NZL 21:22.68
W55 Sue Waru NZL 21:50.40
W60 T Woodman NZL 24:49.25
W65 Carol ThompsonNZL 27:19.08
Short Hurdles
M35 John Turner NZL 19.59
M45 Rohinton Mehta IND 21.34
M50 Noel Burr NZL 21.54
M55 Murray Andersen NZL 19.02
M60 Selwyn Hawken AUS 21.26
M65 Don Chambers AUS 20.07
M70 Ron Johnson NZL 25.59
M75 Rad Leovic AUS 21.98
W30 Ranell Hobson AUS 16.67
W40 Delia Baldock AUS 16.50
W45 Marie Kay AUS 12.51
W50 Gail Kirkman NZL 15,75
W55 Lois Anderson NZL 17.09
Long Hurdles
M35 A Davenport NZL 1:01.75
M40 Brandan Magil NZL 1:01.75
M45 Robinton Mehta IND 1:10.46
M50 Terry Hicks AUS 1:04.21
M55 C Portch NZL 1:18.39
W40 Delia Baldock AUS 1:21.48
W45 Marie Kay AUS 1:04.70
2000m Steeplechase
M60 Bob Schickert AUS 8:06.13
M65 Walter Hume NZL 8:13.80
M70 Patrick Mills NZL 9:45.78
M75 Hector Mein NZL 9:57.89
W35 Pittwood-Adams NZL 11:01.16
W40 Linda Reynolds NZL 8:33.67
W50 Vicky Adams NZL 8:21.69
W55 Tulip McRoy NZL 9:37.12
W60 Fay Riley NZL 10:59.91
W65 Lynn Fraser NZL 13:31.21
W70 Dawn Cumming NZL 11:33.81
3000m Steeplechase
M35 A Davenport NZL 11:09.80
M40 Brendan Magill NZL 10:53.35
M45 Phill Monahan AUS 12:54.31
M50 Ml Morrissey NZL 11:41.25
M55 Trevor Ogilvie NZL 10:48.43
High Jump
M35 John Turner NZL 1.74
M40 Dave Rondon NZL 1.51
M45 Kieran McKee NZL 1.64
M50 Terry Hicks AUS 1.45
M55 Peter Lambert AUS 1.40
M60 Ivan Sobotka CZE 1.40
M65 Peter O'Halloran NZL 1.26
M70 Kerry Thew AUS 1.20
M75 Rad Leovic AUS 1.11
W30 Angela McKee NZL 1.89
W40 Julie Brims AUS 1.26
W45 Marie Kay AUS 1.48
W50 Gail Kirkman NZL 1.29
W55 Nancy Bowmar NZL 1.23
W60 Lesley Hamilton AUS 1.05
W70 Margaret Peters NZL 1.05
W75 Ngawini Pepene NZL 0.95
Pole Vault
M40 Dave Rondon NZL 3.00
M45 Stephen McKee NZL 3.65
M55 Murray Andersen NZL 3.00
M60 John Bradley GBR 3.20
M65 Brian Senior NZL 2.41
M70 Ron Johnson NZL 2.20
M75 Bill Newton NZL 1.70
M80 W Opperman NZL 1.45
W40 Sally Ann Taylor AUS 1.60
W55 Wilma Perkins AUS 2.20
Long Jump
M35 Gregory Brush NZL 5.37
M45 Stephen McKee NZL 5.34
M50 Terry Hicks AUS 5.00
M55 Murray Andersen NZL 4.80
M60 M Callaghan NZL 4.58
M65 Lothar Muller GER 4.82

M70 Tony Tolhurst NZL 3.76
M75 Maurice DauphinetAUS 3.38
W30 Ranell Hobson AUS 4.45
W40 Julie Brims AUS 4.81
W45 Marie Kay AUS 5.31
W50 Birgit Steltner NZL 3.58
W55 Wilma Perkins AUS 4.03
W60 Peggy Macliver AUS 3.41
W65 Yvonne Hines AUS 2.29
W70 Marie Slattery NZL 2.59
W75 Colleena Blair NZL 2.70
W80 Ingrid Lorenz GER 2.70

Triple Jump

M35 John Turner NZL 10.83
M45 Stephen McKee NZL 12.05
M50 David Lobb COK 7.63
M55 Ross McBeth NZL 9.41
M60 Maurice Callaghan NZL 9.60
M65 Spencer Herft MZL 9.31
M70 Tony Tolhurst NZL 7.27
M75 Rad Leovic AUS 6.93
W40 Julie Brims AUS 10.59
W45 Marie Kay AUS 10.68
W50 Noeline Burden COK 7.82
W55 Anne Hunter NZL 8.76
W60 Nyla Waite AUS 7.07
W65 Yvonne Hines AUS 4.90
W70 Marie Slattery NZL 6.13
W75 Shirley Brasher AUS 4.88

Shot Put

M35 Rene Otto NZL 11.83
M40 Phillip Frkovic AUS 12.83
M45 Mark Flaus NZL 11.79
M50 Lajos Joni AUS 11.58
M55 Robert Banens AUS 11.35
M60 Ray Green AUS 13.24
M65 Lothar Muller GER 10.35
M70 Arvo Ropelin AUS 11.66
M75 Graeme Lawless NZL 10.19
M80 Feliks Jekabsons AUS 10.09
M85 Dave Scratton NZL 7.80
W40 C McCahill NZL 11.46
W50 Winifred Harding NZL 10.72
W55 Christine Schultz AUS 11.39
W60 Janice Banens AUS 8.76
W65 Helen Searle AUS 11.09
W70 Patricia Drayton NZL 7.00
W75 Ngawini Pepene NZL 6.08
W80 Ingrid Lorenz GER 5.68
W95 Ruth Frith AUS 4.50

Discus

M35 Rene Otto NZL 36.24
M40 Phillip Frkovic AUS 38.37
M45 Richard Young NZL 35.90
M50 Jo Tasker NZL 40.01
M55 Cameron Murch NZL 39.60
M60 Ray Green AUS 49.90
M65 Brian Senior NZL 33.42
M70 Ron Johnson NZL 32.86
M75 Graeme Lawless NZL 32.31
M80 Feliks Jekabsons AUS 22.77
M85 Dave Scratton NZL 20.83
W35 Lynette Smith AUS 31.65
W45 Jayne Hardy AUS 35.81
W50 Heather Laltzer AUS 27.32
W55 Christine Schultz AUS 23.28
W60 Patricia Thomas AUS 21.75
W65 Helen Searle AUS 27.53
W70 Valerie Worrell AUS 19.76
W75 Colleena Blair NZL 15.59
W80 Ingrid Lorenz GER 15.17
W85 Rona Smith NZL 9.41
W95 Ruth Frith AUS 10.90

Hammer

M35 Rene Otto NZL 37.46
M40 Phillip Frkovic AUS 41.99
M45 Mark Flaus NZL 32.70
M50 Lajos Joni AUS 41,89
M55 Richard Davison NZL 42.78
M60 Kevin Bradley NZL 45.79
M65 Robin Herron USA 33.70
M70 Laurie Devlin NZL 44.54
M75 Charlie Bishop NZL 25.39
M80 Feliks Jekabsons AUS 29.44
M85 Dave Scratton NZL 22.76
W40 Jayne Hardy AUS 43.52
W45 Sharon Gibbins AUS 39.17
W50 Winifred Harding NZL 32.89
W55 Christine Schultz AUS 34.27
W60 Janice Banens AUS 39.08
W65 Helen Searle AUS 39.51
W70 Valerie Worrell AUS 26.89
W75 Ngawini Pepene NZL 16.99
W80 Pam Spiers NZL 11.74
W85 Rona Smith NZL 11.32
W95 Ruth Frith AUS 11.16

Javelin

M35 Rene Chalmers NZL 33.62
M40 Greg Gorter AUS 41.92
M45 A Atkinson-HowattAUS 41.20
M50 Joseph Bradley NZL 49.67
M55 Robert Banens AUS 51.44
M60 Ivan Sobotka CZE 40.33
M65 Ken Daniels AUS 35.80
M70 Ron Johnson NZ: 31.48
M75 Bill Newton NZL 27.40
M80 Feliks Jekabsons AUS 20.87
M85 Dave Scratton NZL 18.62
W35 Lynette Smith AUS 38.54
W40 Jayne Hardy AUS 38.54
W50 Heather Saltzer AUS 25.72
W55 Christine Schultz AUS 24.68
W60 Margaret Orman NZL 21.68
W65 Helen Searle AUS 23.03
W70 Valerie Worrell AUS 15.42
W75 Ngawini Pepene NZL 18.59
W80 Pam Spiers NZL 7.31
W95 Ruth Frith AUS 7.67

Weight Throw

M35 Rene Otto NZL 13.77
M40 Philip Frkovic AUS 13.22
M45 Mark Flaus NZL 10.84
M50 Lajos Joni AUS 14.69
M55 Richard Davison NZL 14.96
M60 Ray Green AUS 17.45
M65 Robin Herron USA 13.94
M70 Laurie Devlin NZL 18.05
M75 Graeme Lawless NZL 12.15
M80 Feliks Jekabsons AUS 11.98
M85 Dav Scratton NZL 10.21
W40 Christine McCahill NZL 14.99
W45 Sharon Gibbins AUS 12.04
W50 Winifred Harding NZL 11.31
W55 Christine Schultz AUS 11.75
W60 Janice Banens AUS 14.94
W65 Helen Searle AUS 15.20
W70 Patricia Drayton NZL 10.69
W75 Colleena Blair NZL 8.96
W80 Pam Spiers NZL 5.54
W85 Rona Smith NZL 5.22
W95 Ruth Frith AUS 5.11

Pentathlon

M35 Craig Motley NZL 2333
M40 Ian Dieudonne NZL 2523
M45 A Atkindon-HowattAUS 2056
M50 Ed Archibald NZL 2307
M55 Viddy Jermacans AUS 2518
M60 Ivan Sobotka CZH 2690
M65 Lothar Muller GER 3071
M70 Ron Johnson NZL 3135
M75 Hector Mein NZL 3029
W35 Lynette Smith AUS 2147
W40 Julie Brims AUS 2856
W45 Sharon Gibbins AUS 2070
W50 Heather Saltzer AUS 2930
W55 Tui Ashe NZL 3241
W60 Margaret Orman AUS 3196
W70 C Vanderveeken NZL 1915

Weight Pentathlon

M30 John Adams NZL 1482
M35 Gene Otto NZL 2583
M40 Philip Frkovic AUS 3024
M45 Mark Flaus NZL 2843
M50 Joe Bradley NZL 3211
M55 Robert Banens AUS 3754
M60 Ray Green AUS 3996
M65 Brian Senior NZL 3471
M70 Laurie Devlin NZL 3959
M75 Graeme Lawless NZL 3572
M80 Feliks Jekabsons AUS 4220
M85 David Scratton NZL 4119
W35 Lynette Smith AUS 2321
W40 Jayne Hardy AUS 4179
W45 Sharon Gbbons AUS 3750
W50 Winifred Harding NZL 2759
W55 Christine Schultz AUS 3953
W60 Janice Banens AUS 4063
W65 Helen Searle AUS 5387
W70 Valerie Worrell AUS 3672
W75 Ngawini Pepene NZL 3552
W80 Pam Spiers NZL 2409
W95 Ruth Frith AUS 6750

3000m RW

M40 Rodney Gillum NZL 15:24.35
M45 Mark Donahoo AUS 13:54.79
M50 Michael Hart NZL 13:55.91
M55 Roger Denton NZL 15:44.64
M60 George White AUS 15:33.90
M65 Eric Saxby NZL 16:36.71
M70 Bert Janes AUS 20:12.93
M75 C Hainsworth AUS 20:38.35
M80 R Keatinge AUS 21:00.01
W30 Wendy Healey NZL 16:07.39
W35 Pittwood-AdamsAUS 18:07.66
W40 Annette Major AUS 15:32.22
W45 H Lancaster AUS 21:41.35
W50 A Thompson AUS 16:03.30
W55 Heather Carr AUS 15:31.84
W60 Sandy Brunner AUS 16:50.23
W65 Loloma Foster NZL 21:17.03

5000m RW

M40 Rodney Gillum NZL 26:37.84
M45 Mark Donahoo AUS 23:47.48
M50 Michael Harte NZL 24:31.90
M55 Roger Denton NZL 27:00.31
M60 George White AUS 25:53.96
M65 Tony Johnson AUS 28:26.03
M75 C Hainsworth AUS 33:41.68
M80 R Keatinge AUS 35:46.76
W30 Wendy Healey NZL 27:26.23
W40 Annette Major AUS 27:00.50
W45 H Lancaster AUS 36:55.48
W50 A Thompson AUS 28:00.89
W55 Heather Carr AUS 26:21.36
W60 Sandy Brunner 28:24.59
W65 Loloma Foster NZL 35:46.91
W70 C Dauphinet AUS 35:53.64

10K Road Walk

M35 David Smyth NZL 60.51
M40 Rodney Gillum NZL 57.05
M45 Mark Donahoo AUS 48.46
M50 Machael Harte NZL 50.37
M55 Roger Denton NZL 55.45
M60 George White AUS 56.10
M65 Eric Saxby NZL 57.26
M70 Morrie Hinton NZL 61.15
M75 Colin HainsworthAUS 1:07.43
M80 Richard DeatingeAUS 1:12.14
W30 Wendy Healey NZL 55.53
W40 Annette Major AUS 57.18
W45 H Lancaster AUS 1:14.08
W50 Alison Thompson AUS 57.40
W55 Heather Carr AUS 54.01
W60 Sandy Brunner AUS 57.27
W65 Loloma Foster NZL 1:12.16
W70 C Dauphinet AUS 1:13.20

Half-Marathon

M30 Brendan Whelan AUS 1:13.59
M35 Andrew Bates NZL 1:22.36
M40 Ricky Gutsell NZL 1:18.08
M45 Peter Cajthaml USA 1:31.10
M50 D Worcester NZL 1:21.17
M55 M Clarkson NZL 1:24.30
M60 Peter Sandery AUS 1:25.18
M65 Neville Wagner NZL 1:35.31
M70 Sid Pavett NZL 1:36.32
M75 Barrett-Lennard AUS 1:44.11
W35 Yvonne Evans NZL 1:26.17
W40 E Slattery AUS 1:29.43
W45 Ruth Vomund USA 1:31.25
W50 Brenda Fortune NZL 1:36.41
W55 Judith Stewart NZL 1:35.47
W60 T Woodham NZL 1:59.13

8K Cross-Country

M30 Brendan Whelan AUS 26:42
M35 Mark Reid NZL 28:08
M40 Brent Halley NZL 27:10
M45 D MacDonald NZL 27:10
M50 Derek Shaw NZL 29:15
M55 Tony McManus NZL 27:02
M60 Peter Sandery AUS 30:16
M65 Walter Hume NZL 33:22
M70 Sid Pavett NZL 36:06
M75 I Barrett-Lennard AUS 37:40

LONG DISTANCE RUNNING

EAST

JFK/MLK 5K Washington, DC; Jan. 15

Overall

Chris Hamley 41 17:09
Aimee LeStrange 25 18:42
M40 Ted Poulos 17:46
M45 Ben Richter 20:02
M50 Mike Hart 17:49
M55 Dave Crawford 20:42
M60 Jim Noone 21:28
M70 Skip Black 23:21
W40 Margaret Bishop 21:58
W45 Sharyn Gordon 35:22
W50 Betty Blank 21:47
W60 Blair Jones 32:54
(from Ted Poulos)

NYRR Frostbite 10-Mile Central Park, NYC Jan. 22

Overall

Matt Downin 28 52:50
Carter Hamill 22 1:00:53
M40 Alfonso Polania 55:14
M45 Francisco Arias 1:03:09
M50 Jaime Palacios 59:24
M55 Inkul Yoo 1:03:52
M60 Douglas Escher 1:06:46
M65 Anthony Bond 1:21:08
M70 Joseph La Bruno 1:28:14
M75 Leo Schonhaut 2:03:52
M80 Sab Koide 2:05:09
W40 Susan Pearsall 1:10:42
W45 Emmy Stocker 1:06:50
W50 Chihiro Yamauchi 1:09:32
W55 Judith Tripp 1:20:25
W60 Kay Sheehan 1:23:56
W65 Yue Fu 1:30:26
W70 Joy Rose 1:45:35
W75 Bertha McGruder 2:01:20

NYRR Half-Marathon Grand Prix: Manhattan Central Park, NYC; Jan. 28

Overall

Paul Thompson 40 1:09:25
Caryn Heffernan 32 1:20:14
M40 Paul Thompson 1:09:25
M45 Mark Heller 1:20:38
M50 Andrew Moore 1:33:50
M55 Inkul Yoo 1:26:45
M60 John Samsel 1:29:20
M65 Pat Cosgrove 1:35:57
M70 Alfred Finger 1:39:40
M75 Jerome Olitt 2:40:19
M80 Sab Koide 2:59:53
W40 Gordon Bakoulis 1:26:34
W45 Jane Lundy 1:27:39
W50 Chihiro Yamauchi 1:32:01
W55 Melissa Kennedy 1:39:33
W60 Marjorie Kos 1:48:29
W65 Yue Fu 2:03:16
W70 Joy Rose 2:22:52
W75 Toshiko D'Elia 2:12:59

NYRR Gridiron Classic 4-Miles, Central Park, NYC Feb. 5

Overall

Elmustafa McHkirate 25 20:34
Lesley Higgins 25 24:00
M40 Antonio Martinez 21:39
M45 Jim Stemm 21:30
M50 Yasuhiro Makoshi 24:03
M55 Alston Brown 23:13
M60 Douglas Escher 26:29
M65 Pat Cosgrove 27:47
M70 Alfred Finger 28:36
M75 Kenneth Jones 33:27
M80 Sab Koide 41:56
W40 Yukiko Nishide 26:53
W45 Emmy Stocker 26:24
W50 Chihiro Yamauchi 27:09
W55 Lyn Scarpati 30:05
W60 Chuang Chang 31:38
W65 Sandra Krystal 35:00
W70 Ginette Bedard 32:06
W75 Toshiko D'Elia 38:12

Mid-Winter 10-Mile Classic Cape Elizabeth, ME; Feb. 5

Overall

Andy Spaulding 35 53:23
Sheri McCarthy-Piers 34 64:04
M40 Peter Bottomly 57:11
Mike Early 59:43
Jim Perry 1:02:27
M45 Rob Pierce 55:56
Bill Mariski 59:27
Floyd Lavery 1:01:01
M50 Norm Larson 58:59
John Mollica 1:02:08
Dick Graves 1:03:30
M55 Bill Reilly 1:04:23
James Toulouse 1:05:30
Stephen Podgajny 1:08:00
M60 Gary Larson 1:11:59
John Rancourt 1:15:46
Philip Pierce 1:16:15
M65 Fred Gladu 1:27:14
Bob Btranson 1:41:52
Hugh MacMahon 1:49:56
M70+Ronald Foster 71 1:45:45
Dick Kulh 70 1:54:22
Carlton Mendell 84 2:12:48
W40 Kelly Brown 1:08:36
Dora Rex 1:09:50
Amy Tchao 1:10:44
W45 Sarah MacColl 1:14:58
Kathy Hepner 1:15:11
Sinthy Kouslasa 1:18:19
W50 Diane Levesque 1:21:26
Carol Legere 1:24:56
Mary Algier 1:29:36
W55 Connie McLellan 1:19:18
Nancy Miller 1:23:07
Soozie Large 1:24:20
W60 Nancy Mills 1:41:15
Beth Branson 1:41:51
W65 Judy Brenner 1:34:49
Polly Kenniston 1:36:21
Ann Bunce 1:48:25

NYRR Empire State Bldg. Run-Up, 34th Street & 5th Ave., NYC Feb. 7

Overall

Thomas Dold GER 21 10:19
Andrea Mayr AUT 26 11:25
M40 Duncan Lonsdale NY 13:06
Stephen Marsalese NY 13:17
Jose M Martinez ESP 13:30
M50 Hal Carlson IL 14:04
C Gallodoro ITA 14:04
John Saxelby MA 15:09
M60 Piero Detten ITA 15:04
Donald Davis NY 16:28
Syd Arak IN 16:39
M70 Albert Puma NY 23:49
Robert Eazor PA 25:58
M80 Salmon Salha VEN 21:56
W40 Kathryn Froelich IL 14:27
Stacy Creamer NY 14:30
Bridget Collins IL 14:38
W50 Marybeth Zajac OH 16:09
Mary DeNitto NY 17:40
Ronnie Cohen NY 18:56
W60 Ruth Liebowitz NY 19:46
Patty Parmalee NY 21:48
W70 Ginette Bedard NY 22:16

SOUTHEAST

St. Pete Beach Classic 5K & 10K, St. Petersburg, FL Jan. 14

5K

Overall

Lee Stephens, 25 16:31
Christine Gentile, 35 19:29
M35 Kevin Bradbury 20:08
Jon Incerpi 25:53
Tom Sipos 26:11
M40 David O'meara 17:06
Tony Lahnston 18:28
Dave Gresko 18:42
David Sullivan 22:43
Steven Bradshaw 24:14
M45 Bill Beaumont 18:53
Tony Black 19:33
Lee Wilkerson 19:46
M50 John Masterson 19:14
Dan Pollock 24:55
Steve Watson 25:21
M55 Albert Wieringa 18:49
Jim Keppeler 20:52
Barry Clark 21:37
M60 David Badgery 20:59
John Rau 21:32
Ray Green 22:12
M65 Pete Glisor 22:39
Jack Carlock 23:40
Jake Fisher 27:17
M70 Ben Fudge 26:13
Otto Volkmann 28:03
Donald Nygaard 33:39
M75 Al Treichel 25:04
Alan Zimmerman 54:37
W35 Christine Gentle 19:29
Kathy Frailing 20:15
Karolina Skourti 20:42
Carol Glasscock 20:46
W40 Yvette Beauchamp 24:09
Patricia Navas 24:36
Nicola Murphy 25:09
W45 Debra Donald 21:59
Noreen Parker 25:01
Teresa Oberst 26:10
Henri Connell 26:50
W50 Carol Ardel 24:50
Diane Spicer 26:16
Jocelyn Mcelveen 27:00
W55 Mary Stock 27:24
Nancy Labare 27:38
Joyce Achtschin 29:44
W60 Cheryl Greenfield 30:30
Sue Koenig 30:52
Lorna Bernstein 33:14
W65 Annette Frisch 26:31
Dede Buckley 31:57
Grace Mcnasser 32:00
W70 Ginger Mc Lain 42:19
Katie Knight Perry 43:15
Patricia Varterian 48:49

10K

Overall

Steven Mandel,40 34:18
Christa Benton, 21 37:16
M35 Dror Varnin 35:17
John Seppala 36:51
Steven Wilcox 37:08
M40 Steven Mandel 34:18
Keith Sawayda 34:46
Daniel French 37:04
Jeff Lessie 40:22
Wesley Carr 20:07
Harvey Zoller 42:43
M45 Paul Hough 37:13
Anders Heidemann 40:44
David Delong 41:45
M50 Bill Knapp 42:29
Richard Mccrea 43:22
Paul Julian 45:26
M55 Michael Coyne 37:58
Kenneth Dent 42:33
Lutz Hoffman 43:31
M60 Duncan Cameron 43:24
Jon Wilson 48:04
Charlie Grotevant 48:49
M65 William Riley 42:58
Joseph Burgasser 43:48
Robert Ludwig 47:01
M70 Jack Taylor 49:03
Carl Pegels 53:00
Franklin Van Aken 53:49
M75 Frank Kasper 1:27:10
M80 Carl Hamen 1:16:15
W35 Heather Gollnick 39:07
Lois Waite 43:07
Linda Gabor 46:34
W40 Christy Phillips 39:04
Miriam Nolf 46:07
Christina Simpson 46:18
Kathy Prossick 47:12
W45 Elaine Nicholson 42:58
Carol Bancroft 47:03
Paula Didham 51:50
W50 Wendy Burgasser 49:50
Kathy Dodd 50:15
Renee Tapasak 51:50
W55 Carole Torreano 56:32
Alison Kennedy 62:41
Julie Wing 63:56
W60 Carol Jean Vosburgh 51:35
Millie Hamilton 56:37
Elizabeth Murphy 65:44
W65 Jill Moore 66:13
W70 Mickie Flinner 66:01
Dot Wall 83:27

Mississipi Marathon, 10K & 5K Walk, Clinton Jan. 14

Marathon

Overall

Chuck Engle 2:41:30
Tracy Stewart 3:10:50
M35 Bill Bizot 3:00:44
Pate Schwanke 3:20:23
Ron Fender 3:20:48
M40 Atsushi Kato 3:23:20
Noeil Fontaine 3:28:18
George Faulk 3:33:57
M45 John Strain 3:31:51
Todd Davison 3:34:06
Alan Krenzelok 3:34:29
M50 John Blancher 3:22:56
Rick Wood 3:36:02
Raymond Green 3:38:38
M55 Marvin Hemphill 3:17:40
Drake Stockert 3:21:24
Eddie Lee 3:59:27
M60+Jim Hyde 3:42:56
Jerry McGath 3:43:51
Ron Hartwig 4:14:52
W35 Pamela Kennedy 3:50:34
Tiffany Austin 4:38:38
Kirsten Reed 4:39:32
W40 Tami Martin 3:46:43
Francine Johnson 3:53:35
Miriam Allred 3:59:57
W45 Denise Thomas 4:27:05
D Burris-Kitchen 4:49:31
Mary Webb 5:33:12
W50 Jodi Alper 4:23:01
Cheryl Carr 5:00:31
Paula Erdle 5:31:53
W55 Carol Lyndell 6:01:44
W60+ Patricia O'Hanlon 5:25:10
Judy Crowson 6:15:04

10K

Overall

Matthew Cameron 35:46
Mary Catherine Barlow 42:29
M30-39
Jerry White 38:07
Bryan Lagg 40:41
Dan Seifert 41:42
M40-49
Robert Ross 37:55
David Shumate 39:28
Charles Allred 44:18
M50-59
Robert Maier 42:35
Curtis Kynerd 46:00
Larry Singleton 47:07
M60-69
James Edwards 58:14
Brock Watson 58:50
M70+
Murray Collum 1:13:55
W30-39
Amy Felder 43:31
Temple Nipper 45;23
Yolanda Brown 45:33
W40-49
Sandra Knight 48:43
Patricia Headley 49:33
Karen Malone 55:04
W50-59
Janet Vann 56:08
Erin Eckel 1:01:19
Cathy Ward 1:07:08
W60-69
Doris Burns 1:06:57

5K Walk

Overall

Buddy Brannon 34:48
Elizabeth Howard 33:31
M30-39
Bill Byrd 41:35
Sean Welch 44:34
Richard Tanner 45:20
M40-49
Jim Loom 46:44
Gary Howard 49:30
M50-59
Joe Ginn 42:26
Gary Dykes 49:48
Keith West 54:14
M60-69
James Farrell 37:48
70+
Jim Myrick 37:05
Buddy McCraine 45:31
Willie Hamilton 46:46
W30-39
Monica Thompson 36:48
Jennifer Dougherty 39:55
Pam Lewis 40:00
W40-49
Elizabeth Joyner 35:19
Karen Myers 37:54
Martha Smith 40:09
W50-59
Debra Kinser 40:03
Lynda Byrd 40:11
Debbie Ivy 42:33

W60-69
Nancy Dykes 38:36
Lee Watson 44:33
Shirley Schindler 49:29

Legg Mason Funds First Light Marathon & Half-Marathon, Mobile, AL Jan. 15

Marathon
Overall
Wyman Hamilton, 24 2:42:14
Tracy Stewart, 26 3:06:13
M35 Jack McDermott 2:52:32
Paul Landry 3:28:48
Reynold Counts 3:36:43
M40 Bryan Smith 2:43:06
Joey Warner 2:55:38
Kevin Ford 3:17:18
M45 James Donaghey 3:17:04
Ed Lessard 3:27:23
Randall Thompson 3:36:06
M50 Paul Bergman 3:17:34
Duanne Fishel 3:23:19
Tommy Blankenship 3:24:07
M55 Dick Franklin 3:26:22
Mohammad Guivi 3:41:52
Bill Brady 3:49:46
M60 Richard De Cample 3:42:53
Don Wright 3:48:00
Galen Youngsma 4:08:47
M65 John McCall 4:41:56
George Stump 5:06:13
Donald Withers 5:36:15
M70 Eugene DeFronzo 5:20:48
Eugene Bruckert 6:03:47
Jim Hartman 6:20:52
W35 Amy Masternak 4:17:31
Libby Singley 4:18:24
Tina Norwood 4:21:28
W40 Kristin Babington 3:28:52
Wonda White 4:12:44
Linda Glass 4:22:00
W45 Katherine Gregory 3:55:39
Cindy Richter 3:56:03
Kathy Hill 3:57:51
W50 Gloria Linares 4:02:45
S Bertagnolli 4:04:55
Maureen Higgins 4:17:05
W55 Hally McCrea 4:42:19
Mary Ramba 4:52:59
Deborah Paulus 4:54:28
W60 Sheila Galinsky 4:49:21
Half-Marathon
Overall
Nathan Patla, 27 1:19:12
Lori Thomasson, 40 1:30:02
M35 Lance Steed, Jr. 1:27:35
Jeffrey Conrad 1:27:47
Michael Eubanks 1:28:21
M40 M Curtner-Smith 1:19:43
Sam Fernandez 1:25:23
Ed Shirley 1:27:34
M45 Michael Brass 1:25:40
Keith Barrett 1:29:22
Ivan Lopez 1:34:10
M50 Warren Jerrems 1:23:48
Chris Calametti 1:41:45
Ronnie Adams 1:43:11
M55 Iman Majid 1:35:48
Joe Edgecombe 1:36:35
Al Waddell 1:37:13
M60 David Jeffrey 1:27:55
John Helm 1:35:32
John Roberts 1:52:26
M65 Jerry Whitener 2:05:58
Ben Harris 2:16:31
Lojza Vosta 2:20:14
M70 Phil Bohan 1:56:39
Daniel Archambeau 2:57:40
W35 Suzy Morel 1:51:10
Alison Ellis 1:51:40
Rhonda Collings 1:52:24
W40 Lori Thomasson 1:30:02
Martha LeTard 1:40:26
Lee Ann Galloway 1:40:27
W45 Elinor Carter 1:41:45
Lisa Wood 1:47:33
Elise Partridge 1:58:10
W50 Melanie Nero 1:56:27
Marita Martin 2:05:59
Marty Kirkland 2:07:29
W55 Linda Lazar 1:56:45
Jeanne Welsh 2:09:20
Mary Culp 2:15:33
W60 Eugenia Foster 1:48:24
Peggy Black 2:25:22
Mamie McCall 3:04:41
W65 Luise Mitchell 2:24:18

Inaugural Clearwater Halfathon, Clearwater, FL Jan. 22

Overall
Elias Gonzalez, 29 1:14:25
Christy Phillips, 43 1:25:20
Overall Masters
Victor Yeager, 45 1:27:33
Amy McClenathan, 46 1:37:58
M35 David Joyce 1:30:29
Eric Teets 1:32:55
Edward Brown 1:37:49
M40 Patrick Bene 1:33:40
Greg Kujawa 1:35:31
Larry Witt 1:38:25
M45 Victor Yeager 1:27:33
Anders Heidemann 1:30:41
Brad Milks 1:31:54
J.P. Napp 1:36:34
Roger Caruso 1:38:29
Bob Crosier 1:38:37
M50 Dave Schoenblum 1:34:25
Fraser Sword 1:36:00
Jerry Heaps 1:36:04
M55 Dave Hunter 1:32:19
Carlos Valle 1:36:12
Barry Levine 1:46:29
M60 Jon Kieffer 1:40:11
Silky Sullivan 1:50:34
Bob Ramsay 2:06:08
M65 Ray Goetz 2:02:17
Don Jewell 2:03:44
Ken Brown 2:11:01
M70 Marcos Alegre 1:47:46
Joseph Beals 2:19:14
Ed Zirkle 2:22:40
W35 Lois Waite 1:34:35
Kathy Frailing 1:35:46
Andrea Keane-Myers 1:40:31
Debby Farias 1:40:40
Christine Opiela 1:46:22
W40 Claudia Junqueira 1:42:02
Patti Spence 1:46:36
Erica Mantay 1:47:12
Mary Handsel 1:53:55
Janet Steinhauser 1:55:11
W45 Amy McClenathan 1:37:58
Pila Cadena-Vega 1:47:54
Carol Greening 1:48:39
LuAnn Mestre 1:51:34
W50 Debra Ryder 1:50:20
KAthy Dodd 1:51:16
Lynn Gray 1:52:39
W55 Lan Repinski 2:06:34
Stephanie Bessette 2:20:59
Gerda Kalb 2:23:46
W60 Sandra Baker 2:11:58
Cathy DeHaan 2:14:39
Ann Poppleton 3:12:10
W70 Mickie Flinner 2:45:39

Naples Daily News Half-Marathon Naples, FL; Jan. 22

Overall
John Henwood 33 65:00
Fiyara SultanovaZhdanova44 75:30
Masters (40-49)
Scott Bagley 42 70:06
Paul Aufdemberge 41 70:09
Dennis Simonaitis 42 70:43
F SultanovaZhdanova 44 75:30
Valentina Egorova 41 78:13
Debbi Kilpatrick 42 79:21
Grand Masters (50-59)
Albert Wieringa 59 84:14
Tom Perona 51 85:32
Tatyana Pozdnyakova 50 79:35
Karen Miles 52 91:43
Senior Grand Masters(60+)
Roger Rouiller 67 87:40
Jared Mondry 63 89:44
Carol Kane 60 1:50:23
Helene Price 60 1:53:50

Lady Track Shack 5K Winter Park, FL; Jan. 29

Overall
MARY LEVEL-MENTON, 42 18:20
W35 TERRI REJINIBAL 20:00
BONNIE SCHROEDER 21:04
DOINA TANASE 21:12
W40 MARY LEVEL-MENTON 18:20
LYNN LEONARD 19:57
LYNN SCHNEIDER 22:03
W45 CORI DOWNING 20:06
KIM STREIT 21:23
MELISSA CORP 21:40
W50 DIANE THOMAS 24:35
SUE STROUT 24:39
SUSAN WICKBOLDT 24:55
W55 RISSIE THIELER 24:32
SHIRLEY BUDD 25:49
SHARON WATERS 26:54
W60 LINN SMITH 26:23
ROSE REEVES 28:04
BECKY BRUSHWOOD 28:57
W65 WILLY MOOLENAAR 28:46
RITA SCHAFER 29:00
DONNA HIATT 30:04
W70 LINN SMITH 26:23
ROSE REEVES 28:04
BECKY BRUSHWOOD 28:57
W75 ANN KAHL 33:08
MARY CANTY 45:41
PEPPER DAVIS 45:43

ING Miami Marathon & Half-Marathon, Miami, FL Jan. 29

Marathon
Overall
Garcia Gomez, Ruben, 35 2:18:15
Ominami, Hiromi, 30 2:34:11
M35 Garcia Gomez, R 2:18:15
Cruz, Luis 2:31:32
Sigtryggsson, Stefan 2:44:45
Rzeppa, Eric 2:53:24
Penaherrera, Blasco 2:54:27
Gibson, Myles 2:54:11
M40 Piggott, John 2:45:16
Sousa, Ricky 2:53:13
Croset, Philip 2:53:44
Potorti, Paul 2:54:34
Anderson, Gary 2:54:53
Crawford, Chris 2:55:03
M45 Duarte, Miguel 2:45:17
Wallach, Dennis 2:49:30
Gleisberg, Henry 2:56:25
Ceccopieri, F 2:57:29
Rivillas Alvarez, R 2:58:47
Schoenlaub, Paul 3:00:33
M50 Burkholder, Steven 3:08:57
Medina, Benjamin 3:12:22
Rico, Fabio 3:17:58
Morin, Regis 3:17:46
Junkins, Ken 3:23:43
Agurcia, Alex 3:24:12
M55 Boesch, Jimmy 3:16:27
Kohorst, Steve 3:25:22
Wind, Jacob 3:28:38
Cooling, Scott 3:36:31
M60 Hendrick, Robert 3:26:21
Joyce, William 3:28:34
Wallace, John 3:34:13
Prosperi, Luciano 3:48:05
M65 Pothier, George 3:33:18
Flanagan, Jim 3:37:49
Bilgutay, Ilhan 3:58:56
Hardwick, David 4:08:58
M70 Klamroth, Werner 4:15:04
Zabara, Jacob 5:21:59
Woolam, Jim 5:40:17
Weiland, Phil 5:51:00
M75 Thomas, Robert 6:15:47
M80 Herman, Wally 6:39:40
W35 Corbett, Syl 3:12:53
Speno, Shelby 3:26:01
Kryza, Wioletta 3:39:10
Erickson, Denise 3:29:08
Naelon, Ashley 3:33:04
Brown, Amyjo 3:33:28
W40 Kroner, Lilian 2:59:09
Franz, Bouchra 3:15:00
Postigo, Carol 3:15:25
Nishide, Yukiko 3:17:59
Ariau Ochoa, M 3:25:35
Bilodeau, Fiona 3:28:19
W45 Waywell, Elizabeth 3:27:31
Briskie, Nancy 3:39:14
Canfield, Janet 3:51:01
Kambourr, Hillary 3:58:13
Francis, Sonia 4:03:27
Matson, Sally 4:10:22
W50 Degrazia, Martha 3:36:43
Richardson, Pamela 3:54:29
Joaquin, Diana 3:55:13
Rodriguez De Sanchez, M 4:00:14
Kepler, Annie 4:01:34
Daley, Amy 4:06:22
W55 Sall, Barbara 4:05:56
Seggerman, M 4:31:39
Casterton, Janet 4:33:25
Bulgin, Joan 4:31:23
W60 Chernoff, Kay 4:21:50
Mordujovich, M 4:40:23
James, Rosmarie 5:18:38

Half-Marathon
Overall
Holassie, Ronnie, 34 1:08:42
Cevallos, Alicia, 26 1:19:52
M35 Mwangi, Paul 1:13:35
Reback, John 1:19:41
Paine, Rodney 1:19:59
Schacht, Chad 1:20:09
Blow, Gregg 1:22:46
Theophilus, Lucas 1:22:58
M40 Cardoso, Joel 1:19:49
Mckenzie, Mark 1:21:50
Bouchard, Pierre 1:22:46
Herron, John 1:25:30
Redmond, Thomas 1:25:55
Mollod, Michael 1:25:46
M45 Spinney, Chris 1:16:55
Ansine, Colin 1:20:06
Bundrent, Byron 1:20:14
Correa, Marcello 1:23:31
Noritake, Richard 1:23:37
Olsthoorn, Harrie 1:24:12
M50 Wogan, Russell 1:25:02
Yasso, Bart 1:29:00
Bakowski, Andrzej 1:29:59
Hardesty, Rick 1:32:05
Fasano, Ray 1:31:51
Fuoco, Dan 1:32:47
M55 Ribeiro, Luiz 1:25:59
Santana, Steve 1:26:42
Miller, Alan 1:28:40
Kvilhaug, Joseph 1:29:03
M60 Coyle, Andrew 1:46:28
Miranda, Ricardo 1:48:02
Bechtold, Ed 1:50:43
Pavelko, John 1:54:03
M65 Mendez, Jose 1:42:12
Springer, Bill 1:45:21
Romero, Jim 1:48:40
Ferreira, Pedro 1:51:07
M70 Thompson, Bebsie 2:06:17
Wolstat, Henry 2:25:56
Spears, Win 2:26:36
M75 Leone, August 2:14:46
Allen, Monroe 2:25:51
Hager, Bob 2:44:04
W35 Ayub, Monica 1:23:49
Persson, Marlene 1:26:05
Peart, Janine 1:26:29
Degen, Tanja 1:28:24
Turenne, Eileen 1:29:08
Garden, Brooke 1:29:42
W40 Kilpatrick, Debbi 1:21:13
Butler, Trish 1:26:16
Frink, Lisa 1:29:14
Deciantis, Beth Anne 1:31:27
Wilson, Carol 1:34:46
Foley, Audrey 1:35:02
W45 Westlake, Julia 1:29:22
Wells, Deborah 1:40:01
Caucino, Lisa 1:40:18
Nash, Mary 1:41:30
Seago, Jana 1:41:33
Augustine, Maria 1:43:26
W50 Silver, Adrienne 1:38:59
Floyd, Joanne 1:45:40
Filek, Debbie 1:50:54
Murray, Nancy 1:52:07
Munroe, Joan 1:52:26
Cramer, Liz 1:55:02
W55 Simms, Susie 1:53:27
Delfina, Torcatt 1:52:59
Vaslavsky, Natalie 2:00:44
Beiley, Gail 2:06:00
W60 Weisberg, Christina 2:03:07
Kaeding, Joanne 2:13:53
Murphy Kendall, Vicki 2:12:09
Alvarez, Martha 2:22:56
W65 Oliveira, Mimi 2:02:32
Molina, Sally 2:25:13
Jimenez, Matilde 2:29:53
Ackerman, Joan 2:27:53
W70 Pelton, Sheila 2:47:41
Lehmann, Alice 3:30:37
W75 Shafmaster, Marcia 2:59:35
Weiss, Helen 3:11:49

MIDWEST

Portland Winter Run 5K Portland, MI; Jan. 14

Overall
Donavon Hornbeck 23 16;22
Gayle Kuipers 40 19:44
M35 Steve Menovcik 18:14
M40 Steve Peabody 17:45
Matt Wilson 17;46
M45 Kevin Deyo 17:26
Bob Laurie 19:47
M50 Brad Sharp 18:45
M55 Dave Minier 20:17
M60 James Carlton 18:56
M65 Bill Keller 22:06
M70+Harrison Hensley 73 31:17
Robert TorpSmith 87 75:00
W35 Bonnie Sexton 20:42
W40 G Kuipers 19:44
Darla Brown 21:34
W45 Maryellen Stomant 21:02
Peggy Zeeb 21:31
W50 Lois Wilber 26:39
W55 Maggy Zidar 23:21
W60 Sharon Dolan 22:43
W65 Ellen Nitz 25:12

Super Bowl 5K, Okemos MI; Feb. 5

Overall
Benjamin Pankow 21 16:49
Megan Swick 19 19:30
W35 Kirky Atlee-Hoshal 24:29
W40 Gayle Kuipers 20:06
Tammy Royston 22:48
W45 Mary Ellen Stamant 21:22
Lisa Schafer 25:13
W50 Kari Chandler 22:43
Amy Slonim 24:44
W55 Maggy Zidar 23:43
Janice Woodward 29:35
W60 Sharon Dolan 22:50
Kathleen Morse 27:57
W65 Ellen Nitz 25:42
Joann Lehman 26:35
M35 Brad Abendroth 16:58
M40 Eric Stuber 17:19
Robert Cook 18:27
M45 Ron Alleman 20:16
Steve Flanders 21:15
M50 Pete Blauwiekel 20:00
John Coleman 20:34
M55 Larry Morse 21:57
Gary Setza 24:00
M60 James Carlton 19:23
James Hicks 23:09
M65 Bill Keller 22:35
Jim Wilson 24:43
M70 Harrison Hensley 32:02

SOUTHWEST

Chevron Houston Marathon, Half-Marathon & 5K Houston, TX; Jan. 15

Marathon
Overall
David Cheruiyot 2:12:02
Firaya Sultanova-Zhdanova 2:32:25
M35 DAVID CHERUIYOT 2:12:02
ALEXANDER VASILEV 2:17:30
LARRY MILLARD 2:39:19
M40 RUSSELL BOORE 2:34:11
SCOTT CREEL 2:35:10
FRANSISCO GALAVIZ 2:40:47
M45 HANS FUNKE 2:39:37
CURTIS STAUTZ 2:39:59
JIM WALSH 2:42:32
M50 CLENT MERICLE 2:58:03
STEVE BRAMMER 2:58:44
JAY HENDRICKSON 3:00:02
M55 TED TRAYNOR 2:59:40
TY SCHMALZ 3:04:54
FELIPE TAPIA 3:06:14
M60 KENNETH RUANE 3:18:11
RICK KARAMPATSOS 3:35:35
CHARLIE VIERS 3:38:20
M65 MEL WILLIAMS 3:31:14
FRANCIS LEIK 3:36:25
DICK ESSELBORN 3:39:35
M70 JIM SCHLEISMAN 3:31:39
JIM BRADEN 3:39:39
DANIEL SHUFF 4:10:20
M75 DAN ALLENSWORTH 4:34:16
MARIO TORRES 5:47:01
W35 ALENA VINITSKAYA 2:38:52
WENDY TERRIS 2:51:15
LAURA MCINTYRE 2:52:16
W40 F SULTANOVA-ZHDANOVA 2:32:25
ALBINA GALLYAMOVA 2:38:00
SHARON STUBLER 2:58:09
W45 CHRISTIE LAMMERS 2:59:54
SUZANNE DAY 3:11:09
VERA HEG 3:14:38
W50 CAROLE UTTECHT 3:29:09
EVA LUCKEY 3:30:11
D'NESE FLY 3:42:00
W55 JEANNE KRUGER 3:38:24
CATHY HARRIS 4:06:47
R GOOSSENS-WINTER 4:10:34
W60 NANCY PREJEAN 3:30:38
MARYLYN PATRICK 3:44:28
KIM COE 3:57:44
W65 D MUKHERJEE 4:40:32
LINDA TYLER 5:21:30
BARBARA MCLEOD 5:59:35
Half-Marathon
Overall
Nicodemus Malakwen 1:02:07
Asmae Leghzaoui 1:11:53
M35 RONNIE HOLASSIE 1:07:18
CARLOS MARTINS 1:08:09
DAVID MORRIS 1:08:18
M40 M RODRIGUEZ-FLORES 1:06:55
LANCE DENNING 1:11:20
WILLIAM MOORE 1:11:27
M45 SAM NGATIA 1:14:25
PAUL GIANNOBILE 1:15:50
DAVID WASHBURN 1:19:10
M50 MIGUEL LOPEZ 1:23:42
MARK ANDERSON 1:24:21
LOUIE ROMERO JR. 1:26:46
M55 JOHN HOOD 1:28:42
JAMES PIEKARSKI 1:32:22
JOHN NEDLO 1:32:34
M60 BILL BUFFUM 1:42:03
CHARLES RHODES 1:42:05
ALFRED PARKS 1:45:18
M65 RICHARD JACKSON 1:50:16
FRANK NICHOLSON 1:51:05
RUBEN CORYAT 1:55:27
M70 INO CANTU 1:37:30
EARL WEIDNER 1:53:03
ORVILLE KREMMER 1:54:53
M75 LUCIANO GARCIA 2:13:21
BROOKS BOYD 2:46:30
WENDELL LONDEEN 2:51:14
M80 HAROLD GILLESPIE 2:57:47
W35 DOROTA GRUCA 1:12:08
NUTA OLARU 1:12:49
NICOLE HUNT 1:16:05
W40 BONNIE JO BARRON 1:28:30
ANN KALTENBAUGH 1:31:30
RACHEL STEIN 1:33:13
W45 LYNDA DEBOER 1:28:52
JODY BERRY 1:36:06
ANN WACKER 1:36:42
W50 JULIE VIRKUS 1:33:15
CAROLE SMITH 1:35:30
LINDA KELLY 1:41:24
W55 KAREN BOWLER 1:38:05
PHYLLIS LEMONCELLO 1:40:16
MARCELLA PAULL 1:46:01
W60 SHIRLEY WEAVER 1:55:13
JUDITH HARMONY 1:57:08
NANCY CRANE 1:57:53
W65 URSULA SPILGER 2:07:41
NAOMI MACK 2:09:46
KAY DUPLICHAN 2:14:02
W70 MICKIE AGUILAR 2:31:35
CAROL CAIN 2:53:22
JOANNE MCCAIN 3:50:30
W75 ADDIE KEPHART 3:26:37
ILDA HENRIQUE 3:42:02
BERTIE JO MOORE 4:45:44
W80 MARCIE MCCASKILL 3:28:56
5K
Overall
Scott Gall, 31 16:00
Jessica Word, 30 19:02
M35 CARLO DEASON 16:52
M40 RAY HUNT 16:12
M45 KEVIN PETERSON 18:07
M50 JOSE MARTINEZ 20:53
M55 ARTURO ROSALES 19:34
M60 FRED WARD 23:31
M65 STAN KELLEY 24:25
M70 FRANK CREWS 25:03
M75 KEN BLANCHARD 27:07
M80 GRAYSON MOSS 43:22
W35 MARIA SALDANA 23:02
W40 HELEN GRAN 19:40
W45 REBECCA MARVIL 20:30
W50 LORIE HOUGLAND 25:09
W55 YOKO PEPERA 24:31
W60 MARIE RAFTERY 29:59
W65 NANCY ZIMMERMAN 29:38
W70 NORMA ISLER 42:14
W75 MARY JANE FRANEY 1:05:07

Mardi Gras Marathon & Half-Marathon, New Orleans, LA Feb. 5

Overall
Brendan Minihan 30 2:36:44
Karen Voss 40 3:11:08
M40 Bryan Thibodaux 2:43:52
Jon Docs 2:53:42
Stan Ferguson 2:59:31
M45 Larry Gutierrez 2:56:09
Peter Cooper 3:01:34
Gordon Bennett 3:06:05
M50 Phil Henry 3:17:09
Dennis Frisby 3:19:29
Mike Alexander 3:24:31
M55 Hugo Velazquez 3:14:59
Steve Graham 3:38:10
Bill Brady 3:43:43
M60 MassoudMesskoub 3:36:03
Royce Sayer 3:37:11
Rick Karampatsos 3:46:17
M65 Jim Heinz 4:22:16
Bill Jennings 4:37:33
M70 Jim Keck 4:11:32
Tom Briggs 4:34:29
M75+Edgar Driver 80 5:20:04
Bob Dolphin 76 5:37:13
W40 K Voss 3:11:08
Kristin Babington 3:24:39
Kay Evans 3:27:08
W45 Heidi Minken 3:42:51
Margherita Scott 3:46:52
Malissa Piersol 3:52:54
W50 Barbara Freedman 3:34:02
Charlene Reinsch 3:34:17
Carol Moody 4:00:27
W55 Leslie Stanfield 4:16:01
Jane Egelhoff 4:17:19
Tillie Clark 4:26:07
W60 Shirley Scott 4:46:11
Diane Smith 5:16:38
W65 Cindy Peterson 6:01:08
Half-Marathon
Overall
Meyer Friedman 26 72:15
Ann Erath 27 87:40
M40 John Deshotel 88:22
Rob Crist 88:41
M45 Robert Winn 1M40+ 73:32
Ken Schexnayder 83:35
Redmond Barry 83:37
Pen Clark 84:05
M50 Leonard Vergunst 80:19
Bill Reese 87:06
Alfred Cronin 88:25
M55 Sherman Stanford 87:33
Neale Miller 98:59
Pat Clancy 1:41:17
M60 John Helm 95:28
Tad Jurgens 98:33
M65 Jim Romero 1:42:58
Joe McCaffrey 1:57:42
M70 Bruce Worley 2:10:47
David Clark 2:24:51
W40 Lori Thomasson 91:52
Molly Ragsdal 99:35
Lynn Goward 1:41:55
W45 Heather Tolford 95:19
Lisa Wood 1:45:28
Pam Wauters 1:47:12
W50 Fillis Friedman 1:46:31
Jonnette Anderson 1:50:40
Hamett Handshaw 1:51:39
W55 Claudia Crawford 1:55:56
Ginny Gjedsted 1:56:48
Louise Forsythe 1:58:34
W60 Yvonne Thomas 1:50:13
Yau Hong Lui 2:08:12
W65 Burnelle Landry 2:25:12
TeresaSclellenberg 2:37:31

WEST

Paramount 10K Paramount, CA; Jan. 14

Overall
Luis Ibarra 31:53

	Tanya Zeferjahn	38:39
M35	Gerard Deegan	36:55
M40	Jose Ortiz	33:20
	Al Valdez	35:58
	Jose Romero	36:29
M45	John Araujo	36:07
	Robert Franks	36:08
	Ed Davis	38:34
M50	Perry Forrester	37:18
	Nabor Gomez	38:08
	Barry Schaefer	39:45
M55	Keith Noren	41:01
	Walt Hitt	41:50
	James Shank	42:00
M60	Pat Wickens	42:52
	Jay Scollick	48:06
	John Kaneshiro	49:25
M65	Jim Waters	49:29
	Robert Leung	71:03
M70	John Brennand	42:38
	Frank Greene	47:23
	Bob Rice	51:25
M75	Aurelio Camacho	54:18
	Dick Windishar	55:18
M85	Dick Greenberg	91:18
W35	Mirza Gallardo	41:17
W40	Kathy Evans	42:53
	Kathy Hoskins	44:55
	Nina Law	45:46
W45	Tammy Sargeant	45:27
	Lisa Uhrig	46:13
	Robin Vachon	48:49
W50	Graciela Vera	47:10
	Gwen Gerety	49:57
	Debra Hinz	69:42
W55	Yoko Eichel	48:19
	Judith Fischer	48:21
	Pat Bates	49:34
W60	Patsy Hurley	48:57
	Mitsuye Morrissey	54:58
	Maria Lewis	58:17
W65	Judy Stevens	61:01
	Pinkie Rice	66:30
W75	Yukie Mochida	61:52

Maui Surf & Sand Half-Marathon, Kapalua-Lahaina, HI; Jan. 15

Overall

	Chris Charles	69:06
	Heidi Westerling	78:15
M35	John Nietfeld	81:33
M40	David Carlsson	82:23
	Paul Hopwood	84:36
M45	John Bogen	81:18
	John Dudek	85:23
M50	Mike Irons	92:19
	Tom Guerin	94:25
M55	Curtis Flowe	96:08]
	Armand Repulles	97:52
M60	Woody Paylor	98:11
M65	Chris Jermyn	93:37
M70+	Ignacio Cano	2:17:25
W35	Mia Douglas	93:55
W40	Katrina Goetz	1:40:31
	Carla Chandler	1:41:20
W45	Joan Antal	98:38
	Rose Vanduzer	99:18
W50	Corinne Loprinzi	2:02:59
	Ute Peerless	2:03:44
W55	Rose Pals	1:41:1
	Carole Tracey	1:52:14
W60	Lola Ackerman	1:55:06
W65	Eva Opel	2:17:02

Arizona Rock'n Roll Marathon & Half-Marathon, Phoenix; Jan. 15

Overall

	Shimelis Mola 23	2:13:08
	Shitaye Gemechu 25	2:31:44
M40	Scott Kobrin	2:40:19
	Fred Haubensak	2:46:06
	Irvin Daratha	2:47:08
M45	Jim Howard	2:41:42
	Dennis Wallach	2:48:40
	Manuel Portes	2:49:36
M50	Les Myers	2:42:10
	Guy Defalco	3:02:30
	William Bates	3:05:38
M55	Greg Adams	3:00:55
	Gary Julin	3:04:21
	Gary Grierson	3:17:22
M60	Peter Njegovan	3:22:12
	John Stevens	3:29:46
	Michael Verscheiden	3:32:02
M65	Benjamin Matthews	3:46:51
	Stan Neumann	3:51:23
	Marv Bradley	3:55:22
M70	Jim Smedena	3:48:18
	Jim Grindley	4:15:50
	Peter Royce	4:41:37
M75	Bob Koch 78	4:30:46
	Donald Lamarre	4:33:04
	William Hollihan	4:52:08
W40	Roberta McGraw	3:11:53
	Constance Tammen	3:12:43
	Lisa Templeton	3:14:01
W45	Liz Downing	3:04:54
	E. Brim-Snodgrass	3:11:05
	Christa Koot	3:15:48
W50	Christine Iwahashi	3:15:57
	Bertha Velsquez	3:35:57
	Jane Wickman	3:37:22
W55	Dee Jacoba	3:25:56
	Rita Clark	3:33:30
	Susan Schwartz	3:35:27
W60	Carol Shively	3:53:36
	Joni Vander Veen	4:12:00
	Eileen Cohen	4:15:33
W65	Dolores Scott	4:52:57
	Doretta Lamott	5:03;15
	Frank Moreno	6:51:08
W70	Mary Atkinson-Smith	6:59:02
W75	Brunetta Vinson	6:41:07

Half-Marathon
Overall

	Joe Munoz 20	1:09:46
	Heather Hanston 28	1:16:38
M40	Robert Gilbert	1:14:42
	Michael Streff	1:16:18
	Mark Konicek	1:17:18
M45	James Bresette	1:17:24
	Ramon Centeno	1:19:24
	Rod Denzine	1:20:05
M50	Victor Cuevas	1:19:50
	Rafael Rivas	1:20:59
	Wayne Chick	1:22:12
M55	Ray Workman	1:22:36
	Steve Santana	1:24:45
	Peter Ladner	1:26:10
M60	Doug White	1:33:43
	Don Mathieu	1:34:43
	Marc Irwin	1:38:17
M65	Danny Martinez	1:38:31
	David Rossen	1:45:11
	Robert McNeill	1:46:00
M70	Horst Schmittenberg	1:58:53
	Bob Mangrum	2:04:25
	David Peterson	2:04:47
M75	Dave Harrison	1:56:53
	Tom Cooka	2:04:18
	Ed Allen	2:21:22
M80	John Cahill 81	2:08:01
	Norman Fortress	3:11:09
W40	Joan Baxter	1:20:47
	Laura Warner	1:22:15
	Sarah Krakoff	1:25:13
W45	Jackie Morgan	1:33:23
	Dorian Paterson	1:33:41
	Andre Kent	1:36:16
W50	Jane Thompson	1:37:10
	Janet Gensler	1:40:54
	Kim Lorenz	1:41:26
W55	Marion McKenna	1:50:12
	Patty Sanders	1:52:11
	Kathleen Williams	1:52:55
W60	Joanne Cunningham	1:48:25
	Elisabeth Kandal	1:54:23
	Mary Orr	1:57:48
W65	Heide Mobius	1:56:19
	Francine Bangs	2:12:00
	Freida Reutter	2:12:43
W70	Ruth Mangrum	3:04:50
	Lori Wignall	3:06:35
	Susan Gilbert	3:07:55
W75	Mary Moore 75	3:01:02
	Patti Kennedy 75 (from Bob Koch)	3:20:04

Embarcadero 10K, San Francisco, CA; Jan. 15

Overall

	Paul Acoba, 18	36:50
	Jodi Dailey, 30	39:32
M35	Jeff Clark	41:09
M40	Peter Buhl	38:26
M45	Peter Hsia	39:12
M50	Wayne Plymale	40:52
M55	Jim Granahan	41:17
M60	Steve Stephens	41:15
M70	Bill Woolf	60:00
M75	Bruce Oliver	75:43
W35	Paige Sommer	45:09
W40	Lina Morris-Khatib	50:04
W45	Janet Nissenson	56:24
W50	Marian Lyons	53:06
W55	Wendy Newman	55:15
W60	Jane Colman	76;51
W65	Kay Teiber	65:40
W70	Barbara Robben	63:32

Pacific Shoreline Marathon/ Half-Marathon/5K, Huntington Beach, CA Feb. 5

Marathon
Overall

	Hector Lopez 38	2:32:29
	Nadia Noorzai 36	2:57:22
M40	Jose Ortiz	2:33:01
	Robert Leonardo	2:47:23
	David Schiller	3:12:21
M45	Brian Bergt	2:54:57
	Jerry Lau	2:59:11
	Ron Paquette	3:07:56
M50	Gary Leon	2:50:40
	Takashi Yagisawa	2:57:21
	Bill Kissell	3:16:17
M55	Thomas Fredette	3:20:38
	Oscar Fricke	3:30:34
	Thomas Motter	3:38:31
M60	Tony Doan	3:36:58
	Reino Ignatius	3:39:24
	Tom Balcom	3:41:07
M65	Jack Anderson	3:42:25
	Chris Kin	4:07:09
	Philo Short	4:11:30
M70	Michael Pang	4:43:50
	John Strand	5:39:34
W40	Jeannie Kiewicz	3:46:44
	Patti Zermeno	3:51:52
	Linda Drosky	3:53:30
W45	Tamara Hopkins	3:45:07
	Cheryl Buchanan	3:48:48
	Gunilla Ceder	3;49:29
W50	Susan Dewar	3:58:57
	Patsy Needham	4:06:15
	Guerin Butterworth	4:24:30
W55	Marlene Bridges	3:57:47
	Emy Weller	4:17:40
	Mary Parkin	4:35:50
W60	Judy Cole	3:57:02
	Sheila Galinsky	4:54:56
	M Travis-Blount	5:21:57
W65	Paula Brennock	5:13:41
	Dorothy Strand	5:39:32
	Evelyn Tapia	7:23:28
W70	Kathleen Callaway	5:49:50

Half-Marathon
Overall

	Sergio Reyes 24	1:06:37
	Sylvia Mosqueda 39	1:15:08
M40	Dennis Simonaitis	1:10:46
	Patrick Green	1:13:40
	John Thornell	1:16:54
M45	Danny Reed	1:12:00
	Monte Hueftle	1:20:24
	Adolfo Lopez	1:22:12
M50	Dave Parsel	1:20:02
	Perry Forrester	1:21:04
	Steve Watanabe	1:27:59
M55	David Wilson	1:29:06
	Hayward Kaiser	1:38:27
	Walt Hitt	1:39:49
M60	Tom Lemire	1:29:40
	Don Owens	1:32:30
	Jose Sandoval	1:37:10
M65	Thomas Guilfoyle	1:45:28
	Terry Duncan	1:47:54
	James Morris	1:53:36
M70	Bo Woo Lee	2:03:46
	Charlie Unger	2:04:48
	Fernando Dilabio	2:10:30
M80	Emelio Melilli	3:11:02
W40	L Sommers-Smith	1:21:23
	Pam Boyles	1:24:37
	Sherri Ellerby	1:30:50
W45	Sharon Zimmerman	1:34:39
	Kim Grant	1:35:05
	Rozanne Strong	1:37:44
W50	Jeannette Ewing	1:37:17
	Kathy Thomas	1:40:14
	Candy Clark	1:42:51
W55	Myung Hee Kim	1:39:09
	Jeanie Leitner	1:44:39
	Chu Young Shin	1:48:35
W60	Wendy Watson	1:54:34
	Ann Tack	1:59:54
	Lynne Rosser	2:06:40
W65	Freida Reutter	2:08:01
	Young Suk	2:13:36
	Mickie Shapiro	2:16:44
W70	Anne Garrett	2:07:16
	Marlene Alper	3:08:28
	Lemore Rebeschini	3:13:54

5K
Overall

	Steve Frisone 34	15:17
	Genevieve Graff-Erm 34	16:51
M40	Dan Arsenault	15:42
	Fred Cowles	16:25
	Jim Perez	18:51
M45	Chris Jaggers	16:45
	Angelo DeCollibus	18:35
	Kevin MacDonnell	19:24
M50	Bob Morris	18:07
	Tim Smith	20:48
	Danny Castro	21:18
M55	William Sumner	19:55
	Michael Gulan	21:01
	Craig Ciandella	22:09
M60	Dan Pope	21:54
	Douglas Carne	23:20
	Arthur Ortega	25:38
M65	Kanan Hamzeh	21:07
	Alan Wakeling	21:11
	Dutch O'Hoy	22:07
M70+	John Harper 72	26:06
	Jim Petit 70	26:19
	Craig McMicken 79	30:06
M80+	Ernest Williams 83	1:00:53
W40	Sue Zihlmann	20:30
	Kathleen Evans	20:46
	Mo Bowen	21:40
W45	Sally Lamb	22:09
	Michele Butorac	22:12
	Pamela Pignotti	24:37
W50	Debbie Iketani	24:46
	Debbie Miller	25:35
	Sally Blankenship	26:43
W55	Jo Britton-Reish	27:13
	Carol Griffith	27:40
	Mary Lou Cappel	29:01
W60	Barb Grange	23:51
	Sue Robbins	28:18
	Diann Geyer	29:25
W65	Winnie Rich	31:10
	Choonhee Chung	39:50
	Noreen Duzey	42:20
W70	Lois Austin	30:09
	Dorothy Williams	38:11
	Feley Eggleston	41:03
W80+	Gwen Watson 89	40:02

San Francisco Half-Marathon/5K, San Francisco CA; Feb. 5

Half-Marathon
Overall

	Tom McGlynn 33	1:11:15
	Chris Lundy 35	1:16:48
M40	Jeff Hongo	1:14:22
	Tim Wallen	1:14:38
	Ole Agesen	1:15:06
M45	Robert Pickens	1:15:38
	Michael Slavin	1:15:48
	Steven Chavez	1:16:46
M50	John Hirschberger	1:21:59
	Dan Anderson	1:23:24
	Roy Clarke	1:25:23
M55	Bobby McKee	1:24:16
	Jim Granahan	1:27:52
	Arnold Ramos	1:28:46
M60	Len Goldman	1:28:41
	Ian Reid	1:33:00
	Robert Gormley	1:33:57
M65	Joe Hurtado	1:34:05
	Theodore Jones	1:38:22
	Hans Schmid	1:39:59
M70	Peter Royce	2:02:34
	Merv Giacomini	2:11:57
	James Kambur	2:12:15
W40	Pamela Hayes	1:27:23
	Eileen White	1:27:49
	Holly Nybo	1:38:26
W45	Janet Smith	1:26:23
	Hilary Bartels	1:30:41
	Meredith Mills	1:33:25
W50	Honor Feetherston	1:33:21
	Kim Rupert	1:35:33
	Janet Cain	1:42:38
W55	Dee Gibson	1:43:58
	Irene Herman	1:45:24
	Gail Campbell	1:48:23
W60	Sharon Miller	1:38:42
	Peggy Wall	1:38:42
	Susan Brown	1:47:08
W65	Gaye Frisby	2:23:35
	Carol Pechler	2:25:46
	Brierly Reybine	2:31:08
W70+	Eleanor Rakonitz 75	1:37:33
	Harriet Anderson 70	2:19:01

5K
Overall

	Ricky Griffith 17	15:35
	Erin Reed 20	16:32
M40	Dan Mancini	16:46
	David Danzeisen	18:11
	Frank Sleven	19:47
M45	Jerold Drew	16:49
	Chris Ceraldi	21:04
	Gary Barnett	21:56
M50	Brian Davis	17:03
	Kai Bergheer	18:47
	Rick Hofstetter	19:19
M55	Victor Rodriguez	18:57
	Daniel Ramos	19:00
	Steve Sidney	19:09
M60	Jim Denham	21:49
	Gary Crangle	22:54
	Charles Higgins	28:03
M65	Gerald McGowan	23:03
	Don Moore	27:32
	Arthur Curry	30:17
M70	Bill Wilson	30:45
	Jack Saroyan	34:39
	David Olson	44:52
M75	Bruce Oliver	29:41
	Bobby Marty	46:29
	Ron Schenone	46:34
W40	Fiona McCusker	20:56
	Brenda Deperalta	22:56
	Kathryn Holder	23:22
W45	Diane Ambrose	22:24
	Carol Shea	23:14
	Denise Stevens	23:24
W50	Melinda Morse	19:66
	Nancy Wang	23:20
	Gloria Kamil	27:58
W55	Carolyn Mather	22:30
	Ellen Clark	27:01
	Mary Jean Pramik	31:57
W60	Marilyn Modafferi	26:22
	Rose O'Brien	33:10
	Keating Vogel	34:02
W65	Lynn Rodriguez	35:27
	Clara Lou Humphrey	43:06
	Jung Park	43:12
W70	Jeanie Kayser-Jones	28:30
	Joan Kambur	36:02
	Andree Lamanet	59:14
W75	Betty Baugh	42:17
	Donna Bruketta	61:47

Davis Stampede Half-Marathon, 10K & 5K Davis, CA; Feb. 5

Overall

	David Monk 31	72:07
	Shawn Chapler 36	85:45
M35	Peter Ceresa	84:32
M40	Mark Murray	82:30
	Richard Matton	83:48
	Joe Bowen	84:45
M45	Bryan Thoreson	84:58
	Michael Jackson	86:13
	Jeff Thompson	86:50
M50	Ron Souza	92:09
	Kirk Herring	92:30
	David Cervone	93:47
M55	John Aldrich	86:56
	Jim Jones	91:15
	Tim McClintick	93:25
M60	Bill Coffelt	1:49:58
	Ted Stevens	1:50:26
	Louis Encalada	1:54:10
M65	Ken Gaal	1:41:09
	Glenn Millar	2:47:45
M60	John Milne	2:01:15
	Gordon Hall	2:08:50
W40	Kim Cello	96:56
	Lisa Kottenstette	1:42:15
	Kassie Donoghue	1:43:21
W45	Diane Dove	94:28
	Gina Ramirez	1:42:19
	Tracy Brennan	1:47:15
W50	Donna Aldrich	1:47:53
	Dee Whitecotton	1:50:41
	Deborah Murray	1:50:43
W55	Barbara Ashe	1:47:55
	Susan Wheeler	1:57:14
	Heather Bracken	2:02:53
W60	Joan Kramer	2:05:50
	Judy Shipman	2:10:49
W65	Sandy Becker	2:44:58

10K
Overall

	Alex Cardiasmenos 22	32:36
	Janine Marello 33	39:52
M35	Michael Goralka	35:08
M40	Tim Keenan	36:33
	Adam Cuevas	39:27
	John Arrabit	40:14
M45	Bob Hammond	38:59
	Cliff Dimond	40:14
	Thomas Adams	45:45
M50	Mark Sutherland	39:44
	Kevin Keane	40:44
	Craighton Chin	43:08
M55	Steve Gray	44:17
	King Wayman	45:12
	William Reinert	46:23
M60	Mike Ammon	40:10
	Doug Butt	40:51
	Ben McCoy	47:31
M65	Jim Fischer	47:19
	David Ragsdale	50:26
	Azriel Kurlaender	52:01
M70	Paul Flanagan	47:43
	George Moss	57:15
M75+	Bill Ballantine 81	68:28
W35	Cheryl Wolfley	42:58
W40	Sophia Yin	43:35
	Elizabeth Sinna	46:47
	Laura Anderson	49:08
W45	Linda Ricci	42:16
	Dana Farkins	47:58
	Lori Eden	49:03
W50	Vickie Pell	45:56
	Kim DeYoung	50:23
	Cora Sturgess	52:22
W55	Pam Royer	53:24
	Debrah Miller	55:43
	Patricia Robak	55:47
W60	Julie Brusca	62:33
	Susan Henson	63:59
W65	Nova Poff	56:33
	Khartoon Brown	60:50
W70	Marlene Kinser	66:31
	Theresa Burger	67:01
W75	Bettymae Ryland 76	99:05

5K
Overall

	Michael Styczynski 23	15:14
	Stephanie Bruins 30	18:07
M35	Rob Vancleve	16:57
M40	D Williams	17:37
	Andy Mayo	20:05
M45	Elliot Block	18:53
	Chris Strutz	19:21
M50	Mike Houar	18:06
	Gary Camp	19:29
M55	David Osburn	22:19
	Augie Carlson	24:55
M60	Perry Hayden	20:31
	Bill Knierim	23:05
M65	Jerry Beavers	27:54
	Nick Tripolski	33:44
M70	Sam Stevenson	25:27
	Russ Albright	31:09
M75+	Dean Schramm 79	43:15
	EdwardComingore80	43:42
W35	RosarioDelRosario	22:36
W40	Karen Jeffers	19:28
	Lisa Balestrini	20:45
W45	Vicky Boyd	21:18
	Sally Monical	21:28
W50	Karen Kunz	19:48
	Bev Marx	23:28
W55	Suzie Chock-Hunt	27:12
	Marjorie Swartz	29:50
W60	Judy Covin	29:34
	Rosario Pereyra	34:45
W65	Julie Honey	40:45
	Linda Wark	43:58
W70	Jean Lafever	38:00
W75+	Dee Farkas 78	43:31
	Hana Schramm 85	48:45

NORTHWEST

ORRC Y2K6 20.06K & 10K, Forest Grove, OR Jan. 8

Overall

	Joe Dudman 41	70:18
	Kristina Harp 39	90:10
M40	J Dudman	70:18
M45	Larry Mock	79:23
M50	Clayton Bastian	76:54
M55	Doug Settlemier	92:37
M60	Eb Engelman	91:36
M65	Robert Lynes	1:52:50
M75+	Dave Harrison	1:50:23
W40	Kristin Brownfield	1:40:39
W45	Liz Harbert	1:39:28
W50	Pattie Post	1:38:56
W55	Becky Martinec	2:08:21
W60	Gwen Stone	2:20:33

10K
Overall

	John Howell 32	31:54
	Ginny Larner 41	46:36
M40	Leonard Farr	38:41
	Sheldon Cober	42:13
	Murray Biddulph	42:55
M45	Chuck Coats	33:20
	David Harding	41:00
	Kevin Filkowski	41:54
M50	Dave Clingan	36:35
	Steven Floyd	50:45
M55	Ben Wakashige	44:01
	Robert Mow	44:21
M60	Bernie Blazek	42:36
	John Shaw	45:02
M65	Allen Sandstrom	58:14
	Bob Morgan	73:08
M70	Gary Hamblet	73:24
W40	G Larner	46:36
	Valerie Wolfe	47:24
	Jennifer Gershon	49:01
W45	Julie Peyton	50:05
	Cheryl Kehrli	58:37
W50	Margie PalmroseMac	52:04
	Abbie Marholin	56:53
W55	Kathy Sansone	50:38
	Becky Garrett	53:28
W60	Ilse Berkeley	56:40
	Judy Martin	60:59
W70	Susan Means	71:08

RACEWALKING

USA 30K RW Championships Chula Vista, CA; Jan. 23

Overall

	Kevin Eastler	2:12:53
	Deb Huberty	2:58:27
M40	Dave McGovern	2:47:57
	Bill Vayo	2:59:39
	Colin Peters	3:04:42
M45	Ray Sharp AR	2:29:40
	(Mark Green/2:32:24/2004)	
	Chris Rael	3:01:27
M50	Mark Green AR	2:37:29
	(Ed Whiteman/2:47:35/1993)	
	Vlado Haluska	2:56:23
	Steve Pecinovsky	2:57:54
M60	Norm Frable	3:11:53
	Don Betowski	3:26:07
W45	Heidi Hauch	3:11:53
W50	Ann Gerhardt	3:27:06
W60	Darlene Backlund	3:49:20

USA TRACK & FIELD
APPLICATION FOR MASTERS RACE WALK RECORD

Identify appropriate category: Age-group record (e.g. 40-44)_____ Indoor/Outdoor Track/Road
Single-age "Best" (not an official USATF Record)_____

Event distance_____ Age_____ Official time achieved_____ Date _____

Where held (name of track or course, town, state, country)_____

Name of competitor, birthdate, address, phone #, e-mail _____

_____

If this is your first application, please enclose photocopy of birth certificate or passport.

Verification (to be completed by Event Referee)

Time recorded Name of head timer

Watch #1_____ _____ Include 10ths of seconds (100ths if FAT)
Watch #2 _____ Watch #3_____ Hand timed?____ FAT?___

USATF Rules require that track records must have a minimum of 5 certified judges and road races must have a minimum of 6 certified judges. At least half of the judges must have National judging certification or higher and at least one must have Master or IAAF certification. For single-age "bests" only 3 certified judges are needed. Race must be USATF sanctioned.

List all judges Certification # Level of Certification

Judge #1 _____

Judge #2 _____

Judge #3 _____

Judge #4 _____

Judge #5 _____

Judge #6 _____

additional judges _____

Course Certification #_____ Track 440y/400m/other_____ 2" high continuous curb? yes__ no___
5K road records must be on circuits no larger than 1250 meters.

I certify that all information on this form is correct, including 1) fairness of start; 2) accuracy of lap counting; 3) course certification; 4) correct matching of finish times to competitors; 5) judging by certified (USATF Association, National, or IAAF) judges; 6) completion of the race by the athlete; 7) race walk-only event (no runners); 8) USATF Sanctioned event.

Signature, address, phone and/or e-mail address of Referee or Meet Director

_____

Submit lap times for record applicant and complete race results to:
Beverly LaVeck, 511 Lost River Rd., Mazama, WA 98833. 509-996-2423; 206-524-4721; bevlaveck@methow.com

MARILYN GAYNOR

Shot Putters at the 2005 New Jersey GSAC/Randolph Classic (l to r): Jacques Lebel, 63; Marty Eisner, 60; Meemo Maasik, 71; Jerry Sullivan, 64; Carl Levine, 61; Joe Kalnas, 62; Tim Miles, 62; and Arnie Gaynor, 77.

DEADLINE

NMN is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material, results, schedule items, and advertising is the 10th of the month before date of issue.

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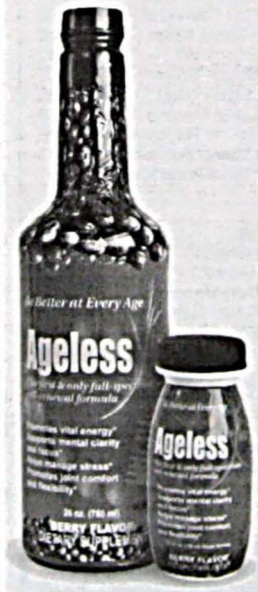

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