Results are per the <u>www.usatf.org</u> website

The **Masters Invitational Program** is an opportunity for Masters Athletes to compete at Major Track & Field competitions, and an opportunity to share with open athletes and fans the excitement of Masters Track & Field. Years 2001 through 2010 have already included many great competitions, and the future will include many more. The program has grown to include competitions at the Outdoor & Indoor Open USA Track & Field Championships, the US Olympic Trials, the Drake Relays, the Mt. Sac Relays, and the Millrose Games. We are proud to continue this program into the year 2011, and into the future. Enjoy the games, the competition, and have a great 2011!

To find out more about the Masters Invitational Program please contact: Mark Cleary

Additional information can be found on-line at http://www.usatf.org

Masters Invitational Program Review 2001 to 2010Results are per the www.usatf.orgwebsite

Masters Invitational History at the USA Open Championships: Indoor Outdoor			
2011	<u>Men / Woman</u> 60 m HH / 60 m	<u>Men / Woman</u>	
2010	1000m / 1500m	100m / cancelled	
2009	1500m / 400m	400m / 1500m	
2008	60m / 400m	3000m / 200m (Olympics Trials)	
2007	800m / 800m	mile / mile	
2006	200m / 200m	100m / 400m	
2005	400m / mile	110m HH / 1500m	
2004	1000m / 1000m	800m / 800m (Olympic Trials)	
2003	3000m / 200m	200m / 800m	
2002	mile / 400m	400m / 800m	
2001	mile / mile	mile / mile	
<u>Masters Invi</u>	tational History at Ol	ympic Trials:	
USA Olympic Trials 2004 & 2008 2004: 800 Meter: Tony Young 1:54.39 2004: 800 Meter: Rose Monday 2:16.42 2008 3000 Meter: Tony Young 8:47.17 2008 200 Meter: Donna Lawrence 25.79			
<u>Masters Invi</u>	tational History at M	ajor Relays:	
Drake Relays	2002 to 2009	Mile: Tony Young 4:12.34 (meet record)	
Mt. Sac Relay	2004; 2007 to p	bresent 800: Joe Carnegie 1:58.33 (meet record) 800 Meter: Karen Steen 2:20.74 (meet record)	
Millrose Games 2006 to present 4 x 400 M Relay Men: Southwest Sprinters 3:35.84 (meet record) Woman: Athena TC 4:20.03 (meet record)			

Overall Masters Invitational Events from 2001 to 2010

Number of times each event has been included at the Open Championships, and the US Olympics Trials. This table does not include the Drake Relays, Mt Sac Relays, or the Millrose Games.

	Indoor Men / Woman	Outdoor Men / Woman
High Hurdles	None * / None	Once / None
60/100 Meter Dash	Once / None *	Twice / None
200 Meter Dash	Once / Twice	Once / Once
400 Meter Dash	Once / Three	Twice / Once
800 Meter Run	Once / Once	Once / Three
1000 Meter Run	Twice / Once	
1500 Meter Run	Once / Once	None / Twice
Mile Run	Twice / Twice	Twice / Twice
3000 Meter Run	Once / None	Once / None

Total number of sprints and hurdle races = 16Total number of distance races = 23

Year 2011 will continue the competitions. The year will start off by providing Masters Athletes the opportunity to participate in the 60 Meter High Hurdles for the men, and the 60 meter dash for the woman at the 2011 USA Open Track & Field Indoor Championships.

Masters Invitational Program Review 2001 to 2010Results are per the www.usatf.orgwebsite

2001 Indoor Open Championships

-00	I maoor open cham		
Eve	ent 46 Men's 1 Mile Rui	n Masters Results - Fina	1 - Saturday 03/03/01
RA	NK COMP# ATHLET	E NAME TEAM	TIME
1	112 Graeme Fell	Unattached	4:18.43
2	210 Anselm LeBourne	Unattached	4:19.22
3	90 Tom Dalton	Adirondack TC	4:23.31
4	279 Sam Ngatia	SoCal Track	4:26.29
5	337 Nolan Shaheed	SoCal Track	4:27.14
6	11 Jamin Aasum	SoCal Track	4:29.02
7	252 Tim McMullen	Genessee Valley Harriers	4:32.32
8	121 Stuart Galloway	Niagara Oly. Club	4:35.06
9	378 Dave Van Houten	Byrn Mawr RC	4:36.14
10	275 Steve Nearman	Team United	4:36.55
11	129 Dave Clingan	Portland Masters	4:40.56
	377 John Tuttle	Atlanta TC	DNS

Event 47 Women's 1 Mile	Run Masters	Results - I	Final - Saturday	03/03/01
RANK COMP# ATHLETH	E NAME	TEAM	TIME	
1 281 Madelyn Noe	Asics Clu	b East	5:10.24	
2 109 Kellie Eyre	Atlanta TC		5:16.80	
3 346 Carolyn Smith-Har	nna Genesse	e Valley H	arriers 5:22.9	92
- 138 Christine Gregorek	Unattach	ned	DNF	
- 117 Patty Ford	Syracuse Ch	argers	DNS	
- 263 Rose Monday	Fila Club	West	DNS	

2001 Outdoor Open Championships

Ev	ent 101 Men's 1 Mile Run M	asters Results - F	inals - Saturday 06/23/01
RA	NK COMP# ATHLETE NA	ME TEAM	TIME
1	730 Leonard Sperandeo-41	Unattached	4:21.57
2	101 Jamin Aasum	SoCal Track	4:22.03
3	306 Joe Fabris	Reebok/Adidas	4:23.77
4	709 Nolan Shaheed-52	SoCal Track	4:25.04
5	614 Kevin Ostenberg-41	Reebok/Adidas	4:26.58
6	576 Tim Minor-43	Reebok/Adidas	4:27.92
7	718 Armmando Sipueiros-4	2 Unattached	4:30.52
8	622 Kevin Paulk-41	Oregon TC Maste	ers 4:32.61
9	221 Dave Clingan-47	Portland Masters	4:36.13

- - -

Results are per the <u>www.usatf.org</u> website

2001 Outdoor Open Championships - continue

Event 102 Women's 1 Mile R	un Masters Results -]	Finals - Saturday 06/23/01
RANK COMP# ATHLETE N	IAME TEAM	TIME
1 268 Maureen de St. Croix	Kajaks	5:03.18
2 305 Kellie Eyre-41	Atlanta TC	5:13.60
3 877 Denise Foote	Nike	5:17.20
4 727 Carolyn Smith-Hanna	a 51 Genesee Valley	5:23.30
5 365 Sue Grigsby-45	Unattached	5:29.19
6 414 Carla Hervert	Unattached	5:30.38
- 531 Mary Macauley	Oregon TC Master	DNF

2002 Indoor Open Championships:

Men 1 Mile Run Masters				
Year Team	Finals			
Unattached	4:18.48			
Whirlaway RT	4:20.48			
SoCal Track	4:21.39			
Adirondack TC	4:21.78			
Unattached	4:22.66			
SoCal Track	4:23.55			
Westchester/Puma	4:25.18			
Whirlaway RT	4:26.31			
SoCal Track	4:26.75			
Syracuse Cha	4:31.84			
	Year Team Unattached Whirlaway RT SoCal Track Adirondack TC Unattached SoCal Track Westchester/Puma Whirlaway RT SoCal Track			

Women 400 Meter Dash Masters

Name	Year Team	Finals
1 Rose Monday	Track West	59.96
2 Denise McField	Unattached	1:02.34
3 Jacqueline Board	Unattached	1:03.02
4 Paula Dickson-Ta	aylor AUI	1:04.78
5 Carolyn Smith-H	anna GV Harriers	1:05.61
6 Louise Clark	Aura Internationa	1 1:07.75

2002 Outdoor Open Championships

Event 150 Men 400 Meter Dash Masters			
Year Team	Finals		
Unattached	48.60		
Sweden	50.13		
Sprint Force	50.96		
SoCalTrack	51.77		
Md Masters	52.42		
SoCalTrack	55.69		
Unattached	DNF		
Remi TC	DNF		
	Year Team Unattached Sweden Sprint Force SoCalTrack Md Masters SoCalTrack Unattached		

Results are per the <u>www.usatf.org</u> website

2002 Outdoor Open Championships - continued

Event 149 Women 800 Meter Run Masters				
Name	Year Team	Finals		
1 Maureen De St.	Corix Kajaks	2:19.51		
2 DeeDee Grafius	s SoCalTrack	2:23.60		
3 Peggy Neal	Eugene TC	2:26.25		
4 Sharlett Gilbert	SoCalTrack	2:26.92		
5 Mimi Ney	Team Hipp	2:32.90		
6 Ruth Yanai	Syr Chargers	2:33.62		
7 Debbie Barraza	SoCalTrack	2:35.87		
8 Katie Meyer	Ric Rojas	2:37.42		

<u>2003 Indoor Open Championships:</u> Mon 2000 m Pun Mosters

Men 3000 m Run Masters				
Year Team	Final			
Club Northwes	st 8:22.51			
Unattached	8:23.70			
Fleet Feet	8:36.79			
Unattached	8:44.39			
Adirondack	8:44.94			
Greater Lowe	11 8:47.47			
/I43 Whirlaway RT	8:47.63			
Whirlaway RT	8:52.16			
-3 Whirlaway RT	8:54.25			
A53 SoCal Track	8:57.00			
Syracuse Charg	ers 8:59.35			
M46 SoCal Track	9:07.52			
0 Unattached	DNS			
	Year Team Club Northwes Unattached Fleet Feet Unattached Adirondack Greater Lowe 143 Whirlaway RT Whirlaway RT 3 Whirlaway RT 153 SoCal Track Syracuse Charg M46 SoCal Track			

Women 200 m Dash Masters

Name	Year Team	Fi	nal
1 Lesia Batiste W4	1 Un	attached	26.00
2 Jacqueline Board	W49 I	Feel the Heat T	C 27.66
3 Denise McField	W47 U	Jnattached	27.76
4 Phil Raschker W	56 Oj	ptimsm TC	27.81
5 Sarah Lawson W	40 C	Breater Bost	27.98
Shemayne Willia	ms W40	R.I.S.E. TC	DNS

Results are per the <u>www.usatf.org</u> website

Men 200 Meter Dasl	h Masters	
Name	Year Team	Finals Wind
1 Kettrell Berry	SoCal Track	22.57 -1.4
2 Rawle Crichlow	Feel the Heat TO	C 23.00 -1.4
3 Courney Muham	mad Muhammad Strid	lers 23.16 -1.4
4 Mark Kibort	SoCal Track	23.51 -1.4
5 Cornell Stephens	on SoCal Track	23.52 -1.4
6 Glen Whiteley	Potomac Valley	24.01 -1.4
7 Martin Krulee	unattached	24.26 -1.4
8 James Chinn	SoCal Track	24.54 -1.4
9 Harold Pierce	Atlanta TC	27.49 -1.4

2003 Outdoor Open Championships

Women 800 Meter Run Masters

Name	Year Team	Finals
1 Mary MaCauley	Oregon Track Clu	ub 2:29.61
2 Mimi Ney	unattached	2:34.60
3 Patricia Contreras	SoCal Track	2:37.42
4 Carla Hoppie	Dinah Runners	2:37.75
5 Debbie Barraza-L	ee SoCal Track	2:37.85
6 Katie Meyer	unattached	2:41.34
7 Mary Woo	Fleet Feet Sports	2:42.66
8 Sharlet Gilbert	SoCal Track	2:47.27
Jacqueline Board	Feel the Heat To	C DNS

2004 Indoor Open Championships:

Men 1000 Meter Run Masters			
Name	Year Team	Finals	
1 Tony Young	Club Northwest	2:27.43	
2 John Hinton	Carrboro/Fleet Feet	2:29.47	
3 Stephen Sergeant	unattached	2:33.08	
4 Conor O'Driscoll	Westchester	2:34.74	
5 Colin Corkery	unattached	2:35.77	
6 Jeff Mann	Fleet Feet S	2:36.70	
Roberto Castillo	SoCal Track	DNS	
Nolan Shaheed	SoCal Track	DNS	
Rich Marion	unattached	DNS	

Results are per the <u>www.usatf.org</u> website

Women 1000 Meter Run Masters			
Name	Year Team I	Finals	
1 Rose Monday	unattached	2:59.67	
2 Mary Thane	Mountain West TC	3:02.12	
3 Catherine Stone	-Borkowski Central Park	3:03.73	
4 Terri Cassel	unattached	3:09.26	
5 Karen Jeffers	Fleet Feet S	3:11.70	
6 Kim Kimber	Fleet Feet S	3:13.45	
7 Theresa Brown	Fleet Feet S	3:24.17	
8 Mary Woo	Fleet Feet S	3:27.66	

2004 Indoor Open Championships - continued

2004 Outdoor US Olympics Trials Men 800 Meter Run Masters

Men 800 Meter Run	Masters	
Name	Year Team	Finals
1 Tony Young	Club N W	1:54.39
2 John Hinton	Fleet Feet Char	1:54.71
3 Sal Allah	Unattached	1:55.73
4 Tony Reyes	Unattached	1:58.61
5 Kevin Paulk	Bowerman Athletics	2:00.06
6 Wes Ashford	SoCal Track	2:01.36
7 Nolan Shaheed	SoCal Track.	2:02.40
8 Jeff Lindsay	Unattached	2:11.17

Women 800 Meter Run Masters

Name	Year Team	Finals
1 Rose Monday	Unattached	2:16.42
2 Mary Thane	Mountain West TC	2:16.57
3 Catherine Stone-	Borkowski Central	Park TC 2:19.79
4 Lorraine Jasper	Runners Edge	2:20.59
5 Claudette Groene	endaal Santa Mon	ica TC 2:23.07
6 Terri Cassel	Fleet Feet/Tulsa	2:24.50
7 Sheri Wright	Running Reput	olic 2:25.03
8 Kim Kimber	Fleet Feet/Sac	2:26.27
9 Cecilia St. Geme	Cal Coast	2:27.63
10 Karen Jeffers	Nike Farm Tea	um 2:29.84

2005 Indoor Open Championships

Men 400 Meter Dash Masters			
Year Team	Finals		
Houston Elite	54.47		
Sprint Force	55.77		
Shore AC	58.73		
Sprint Force	59.22		
	Year Team Houston Elite Sprint Force Shore AC		

Results are per the <u>www.usatf.org</u> website

2005 Indoor Open Championships - continued

Women 1 Mile Run	Masters	
Name	Year Team	Finals
1 Karen Steen	Club Northw	est 5:08.12
2 Mary Thane	Mountain W	Vest TC 5:08.41
3 Sarah Kramer	Unattached	5:09.03
4 Kathryn Martin	Northport F	RC 5:18.78
5 Sheri Wright	R R Boulder	5:19.45
6 Lorraine Jasper	SoCal Track	5:19.77
7 Terri Cassel	Fleet Feet Tu	lsa 5:20.83
8 Catherine Stone-	Borkowski Centr	al Park 5:21.81
9 Carla Hervert	Oregon TC N	Masters 5:22.45
10 Marge Bellisle	Unattached	5:24.87

2005 Outdoor Open Championships:

Men 110 Meter Hurdles Masters				
Name	Year Team	Fina	ls Win	d
1 Willie Gault	Unattached		13.87	2.7
2 David Ashford	SoCal Track		14.20	2.7
3 Dexter McCloud	Atlanta Track	Club	14.53	2.7
4 Jerome Cadoret	Speedwest Tr		14.65	2.7
5 Peter Grimes	Unattached		14.67	2.7
6 Jack Hoyt	Unattached		14.96	2.7
Henry Andrade	Unattached		DNF	

Women 1500 Meter Run Masters

Name	Year Team	Finals
1 Mary Thane	Mountain West	4:42.19
2 Mary Grene	SoCal Track	4:43.55
3 Karen Steen	Club Northwest	4:47.62
4 Lisa Davis	Track West	4:51.06
5 Sheri Wright	Running Repu	5:00.12
6 Carrie Sherburne	SoCal Track	5:00.23
7 Terri Cassel	Fleet Feet/Tulsa	5:03.68

2006 Indoor Open Championships:

Men 200 Meter Dash	Masters	
Name	Year Team	Finals
1 Jones, David	Southwest Sp	23.30
2 Reilly, Jim	2 nd Wind TC	23.91
3 Barnwell, Val	Central Park	24.00
4 Fields, Don	unattached	24.25
5 Marshall, William	Synergy Track Club	24.31
6 McCloud, Dexter	Southwest Sp	24.46

Results are per the <u>www.usatf.org</u> website

2006 Indoor Open Championships- continued:

Women 200 Meter Dash Masters			
Name	Year Team	Finals	
1 Upshaw-Margeru	m, Joy unattached	26.57	
2 Lawson, Sarah	unattached	28.96	
3 Board, Jacqueline	unattached	29.21	

2006 Outdoor Open Championships Men 100 Meter Dash Masters

Men 100 Meter Das	h Masters	
Name	Year Team	Finals Wind
1 Willie Gault	unattached	10.72 1.0
2 Chris Faulknor	SoCal Run Cougars.	11.11 1.0
3 Don Fields	unattached	11.25 1.0
4 Ken Travis	Southwest Sprint	11.28 1.0
5 David Ashford	SoCal Track	11.50 1.0
6 Courtney Muhan	nmad Quantum TC	11.56 1.0
7 Peter Grimes	unattached	11.79 1.0
Val Barnwell	Nike Central Pk	DNS

Women 400 Meter Dash Masters

Name	Year Team	Finals
1 Kathleen Shook	unattached	1:02.38
2 Lesley Chaplin-S	Swann SoCal Track	1:02.59
3 Lorraine Jasper	Athena Track	1:03.51
4 Rebecca Connoll	y Merrimack Vall	1:03.87
Michaeli Smith	Athena Track	DNS

2007 Indoor Open Championships Men 800 Meter Run Masters

Men 800 Meter Run	Masters	
Name	Year Team	Finals
1 Peter Hegelbach	Fleet Feet R	2:01.56
2 Kevin Forde	Greater Phila TC	2:02.75
3 Scott Landis	Greater Phila To	C 2:02.96
4 Christopher Potte	er Nike Central	2:03.91
5 Kevin Paulk	Bowerman Ath	2:03.94
6 Conor O'Driscoll	Westchester	2:04.36
7 Jim Watts	Greater Boston	2:05.01
8 Norman Bouthill	ier unattached	2:05.43
9 Mark Alexander	Seattle Front	2:06.79
David Bynoe	unattached	DNS

Results are per the <u>www.usatf.org</u> website

2007 Indoor Open Championships - continued

Women 800 Meter Ru	un Masters	
Name	Year Team	Finals
1 Marisa Hanson	SoCal Track	2:23.68
2 Mary Thane	Mountain West	2:24.08
3 Lesley Chaplin-Sw	vann SoCal Track	2:26.72
4 Rebecca Connolly	unattached	2:26.73
5 Jennifer Hegarty	New Balance Boston	2:27.13
6 Lorraine Jasper	Athena Track	2:27.26
7 Julie Hayden	Athena Track	2:31.48
8 Leslie Golemme	Liberty AC	2:34.39
Catherine Stone-B	orkowski Nike Centr	al DNS
Alisa Harvey	unattached	DNS

2007 Outdoor Open Championships

Men 1 Mile Run Ma	sters	
Name	Year Team	Finals
1 Jim Sorensen	unattached	4:13.21
2 John Hinton	Carrboro Ath	4:23.44
3 Peter Hegelbach	Fleet Feet R	4:28.57
4 David Bailey	unattached	4:31.70
5 Pat Melgares	unattached	4:34.99
6 Robert VanCleve	Fibo Track Club	4:40.82
7 Tom Smith	unattached	4:44.88
8 Thom Burleson	SoCal Track	4:46.94
9 Christopher Bittin	nger unattached	4:50.66

Women 1 Mile Run Masters

Name	Year Team	Finals
1 Mary Grene	Athena T C	5:18.28
2 Mary Thane	Mountain West	5:19.57
3 Jennifer Hegarty	New Balance Boston	5:21.71
4 Carla Kehoe	Golden West	5:22.06
5 Noelle Green	Fleet Feet B	5:25.71
6 Terri Cassel	Athena T C	5:26.53
7 Rebecca Connoll	y Merrimack Va	5:29.51
8 Robin Judice	Blazing Bayao	5:32.76
9 Sheri Wright	Fleet Feet B	5:38.77
10 Jane Brooker	unattached	5:47.67
Lorraine Jasper	Athena T C	DNS

Results are per the <u>www.usatf.org</u> website

2008 Indoor Open Championships:

lasters	
ear Team	Finals
n unattached	7.19
unattached	7.34
Nike Central	7.38
Sprint Athletic	7.40
unattached	7.46
unattached	7.88
	ear Team n unattached unattached Nike Central Sprint Athletic unattached

Women 400 Meter Run Masters

Name Y	lear Team	Finals
1 Charmaine Roberts	Athena Track	1:00.29
2 Rebecca Connolly	unattached	1:05.33
3 Christine Reaser	SoCal Track	1:05.49
4 Jennifer Hegarty	New Balance Boston	1:07.74
5 Terri Rath	Athena Track	1:09.28
Alisa Harvey	Pacers/Brooks	DNS

2008 Olympic Trials Men 3000 Meter Run Masters

Name	Year Team	Finals
1 Tony Young	Club Northwest	8:47.17
2 Andrew Duncan	Las Vegas T C	8:54.76
3 Damian Baldovin	o unattached	8:56.35
4 Peter Hegelbach	Fleet Feet-Bou	ld 8:58.55
5 Brian Crowley	The Running Comp	any 9:00.61
6 Dan Franek	Dirigo R.C.	9:01.72
7 Sean Messiter	unattached	9:02.50
8 Chris Mattingly	Genesee V H	9:02.91
9 Daniel Gonzalez	unattached	9:03.67
10 Armando Oliveir	a Nike Central l	Pk. 9:05.19
11 Kent Lemme	Grt. Sprngfld	Hr 9:07.27
12 Francis Burdett	Grt. Sprngfld	Hr 9:07.77
13 Jason Cakouros	HFC Strider	s 9:09.34
14 Michael Lynes	Club Northwe	st 9:13.48
15 Michael Strickla	nd Atlanta Track	Club 9:33.92
16 Neil Fitzgerald	Nike Central	Pk. 9:44.75

Results are per the <u>www.usatf.org</u> website

2008 Olympic Trials - continued

Women 200 Meter I	Dash Masters		
Name	Year Team	Finals Win	d
1 Donna Lawrence	Waterloo T I	FC 25.79	1.4
2 Renee Henderson	n unattached	25.98	1.4
3 Charmaine Robe	rts Athena Trac	k 26.01	1.4
4 Joy Upshaw-Mar	gerum unattache	ed 26.78	1.4
5 Terry Ballou	Millrose AA	27.77	1.4
6 Janice Reid	Millrose AA	27.91	1.4
7 Jane Brooker	unattached	28.65	1.4
8 Janie Philpott	SoCal Track	28.96	1.4

2009 Indoor Open Championships Men 1500 Meter Run Masters

Men 1500 Meter Ru	n Masters	
Name	Year Team	Finals
1 Tony Young	Club Northwe	st 3:57.91
2 Kevin Forde	Greater Phila T	C 4:07.49
3 Christopher Simp	son Black and Ta	n TC 4:08.54
4 Jason Cakouros	HFC Striders	4:14.51
5 Francis Burdett	Grtr Springfiel	d 4:17.65
6 Paul Kelly	HFC Striders	4:20.40
Birger Ohlsson	Nike Cnt Park	TC DNS

Women 400 Meter Run Masters

Name	Year Team	Finals
1 Terry Ballou	Millrose AA	1:02.04
2 Lisa Valle	So Cal Track Club	1:03.67
3 Rebecca Connoll	y Millrose AA	1:05.15
4 Mary Thane	Mountain West TC	1:05.56
5 Terri Rath	Athena	1:07.90
6 Jennifer Draugho	n Mountain West TC	1:14.31

2009 Outdoor Open Championships

Men 400 Meter Dash Masters			
Name	Year Team	Finals	
1 Duane Gosa	Team Ohio T C	49.92	
2 Robert Thomas	Southwest Spr	50.06	
3 Khalid Mulazim	Southwest Spr	50.48	
4 Matt Devine	unattached	50.65	
5 Johnny Speed	Oxnard Stars	51.95	
6 Neil Fitzgerald	Nike Central Pk	51.97	
7 Corey Moody	Sprint Force	52.62	
8 Marcus Shute	unattached	53.02	

Masters Invitational Program Review 2001 to 2010 Results are per the <u>www.usatf.org</u> website

2009 Outdoor Open Championships - continued

Women 1500 Meter	Run Masters	
Name	Year Team	Finals
1 Aeron Arlin Gene	et unattached	4:40.76
2 Christine Olen	Boise River Run	4:44.51
3 Karen Steen	Club Northwest	4:54.53
4 Joan Benoit-Sam	uelson unattached	5:02.34
5 Alyssa Tower	Club Northwest	5:05.43
6 Jennifer Hegarty	New Balance Bo	ston 5:08.45
7 Carla Kehoe	Golden West AC	5:09.43
8 Brenda Carter	Eastside Runners	5:09.98
9 Rebecca Connolly	y unattached	5:12.10
10 Sarah Smith	Eastside Runners	5:13.52

2010 Indoor Open Championships

Men 1000 Meter Run M	lasters	
Name Ye	ar Team I	Finals
1 Christopher Simpson	n Eliot Track Club	2:39.92
2 David Kunselman	SoCal Track	2:48.19
3 Paul Fragua	SoCal Track	2:50.03
4 Scott Bickham	Genesee Valley	2:55.88
Michael Knight-Mar	ren unattached	DNS

Women 1500 Meter Run Masters

Name	Year Team	Finals
1 Lisa Valle	SoCal Track	4:54.73
2 Karen Steen	Club Northwest	5:01.32
3 Mary Thane	Mtn West TC	5:12.94
4 Janicka Umile	Mtn West TC	5:13.57
5 Christine Reaser	SoCal Track	5:28.91
6 Cheryl Bellaire	Greater Phila TC	5:38.32

2010 Outdoor Open Championships

Men 100 Meter Dash	n Masters	
Name	Year Team	Finals Wind
1 Robert Thomas	Southwest Sp	11.82 -3.6
2 Eric Merriweathe	r Sprint Athletic	s 11.98 -3.6
3 Ron Potocnik	Southwest Sp	11.99 -3.6
Reggie Pendland	Southwest Sp	DNS -3.6
Lonnie Hooker	unattached	DNS -3.6
Lyndon Herzberg	unattached	DNS -3.6

Woman: cancelled

Results are per the <u>www.usatf.org</u> website

1 Colm Rothery	Ireland	4:16.54
2 Mike Egle	Unattached	4:24.59
3 Peter Magill	SoCal Track	4:25.28
4 Graeme Fell	Powerbar Track Club	4:26.43
5 Angel Roman	Runner's High Track C	Club 4:29.06
6 Kevin Ostenbe	rg Reebok Aggies	4:35.29
7 Conor O'Drisco	oll Westchester Puma	4:39.25
8 Jamin Aasmun	n SoCal Track	4:41.27
- Steve Gallagher	r Unattached	DNS
- Nolan Shaheed	SoCal Track	DNS
- Rich Marion	Athletics East	DNS

2003 Drake Relays: Masters Men's Mile

1 John Hinton (40)	Fleet Feet Racing	4:13.98 (Masters Meet Record)
2 Kevin Ostenberg (42)	Reebok Aggies	4:31.63
3 Nolan Shaheed (53)	SoCal Track	4:36.04
4 Scott Smith (41)	unattached	4:38.26
5 Mike Carney (40)	Fitness Sports TC	4:39.47

6 Tom Novak (41) unattached 4:47.38

2004 Drake Relays: Masters Men's Mile

1 Tony Young	Club Northwest	4:12.34
	(Masters meet record)	
2 John Hinton	Carrboro-Fleet Feet	4:18.86
3 Peter Magill	Runner's High	4:19.97
4 Kevin Paulk	Bowerman A.C.	4:34.20
5 Jeff Mann	Sacramento Fleet Feet	4:38.64
6 Brad Jensen	Runner's High	4:44.92
7 Brett Darringto	n Future Track	4:48.17
8 Scott Smith	Unattached	4:50.29
9 Ron Wartgow	Unattached	4:50.96
10 Thomas Noval	k Unattached	4:51.59

2005 Drake Relays: Masters Men's	Mile
1. John Hinton (42), Carrboro Fleet Feet	4:19.38
2. David Bailey (41), Bowerman A.C.	4:31.19
3. Peter Hagelbach (40), Fleet Feet Boulde	er 4:33.44
4. Kevin Paulk (44), Bowerman A.C.	4:37.17
5. Tim Wakeland (40), Unattached	4:40.58
6. Brett Darrington, Future Track Club	4:46.92

Results are per the <u>www.usatf.org</u> website

2006 Drake Relays: Men 1 Mile Run Masters Drake Relays: D 4:12.34 2004 Tony Young, Club North West Stadium: S 4:12.34 2004 Tony Young, Club North West Name Year School Finals 1 John Hinton Carrboro Fleet Feet 4:23.85 2 Tony Young Club Northwest 4:30.69 3 Conor O'Driscoll Weschester TC 4:37.80 4 Tom Smith Team Nodak 4:38.30 5 Joe Dudman Team Red Lizard 4:40.43 6 Steve Gallagos Unattached 4:44.95 7 Nolan Shaheed So Cal TC 4:47.53 Men Mile Run Masters 2007 Drake Relays: Name Year Team Finals Unattached 1 Rod De Haven 4:19.03 2 Dan Held SoCal Track 4:28.84 3 David Bailey Competitive Edge 4:29.38 4 Michael Smith Unattached 4:31.66 5 David O'Meara Unattached 4:46.89 (Event 60) Men 1 Mile Run Masters 2008 Drake Relays: Name Year School Finals 1 John Hinton Carrboro Athletics 4:26.87 2 Dan Held Unattached 4:33.31 3 Andrew Rinn Unattached 4:36.93 4 Kyle Caudle Unattached 4:56.51 -- David Nash Unattached DNF 2009 Drake Relays: 1 Mile Run Masters Men Drake Relays: D 4:12.34 2004 Tony Young, Club North West Stadium: S 4:12.34 2004 Tony Young, Redmond, Club North West Name Club Finals Colorado Masters TE 4.25 77 1 Scott Hartley

1 SCOU	Thatticy	Colorado Masiers II	4.23.77
2 John	Hinton	Carrboro AC	4:31.17
3 Sean	Messiter	Club Northwest	4:31.83
4 Dan I	Held	SoCal Track	4:35.71
5 Franc	is Burdett	Greater Sprngfld	4:38.93
6 Arma	ndo Oliveira	Nike Central Park	4:42.49
7 Matt	Wegenka	SoCal Track	4:46.05
8 Nolar	n Shaheed	SoCal Track	4:57.72

<u>2010</u>: None

Drake Relays: http://www.godrakebulldogs.com and http://www.nmnathletics.com

Results are per the <u>www.usatf.org</u> website

Mt. Sac Relays 2004:

Event 443 Mixed Mer	n and Woman 80	00 Meter Run Masters
Name Y	ear Team	Finals
1 Nolan Shaheed	SoCal Track	x 2:53.22
2 Jeanne Daprano	Unattached	2:56.37
3 Dennis Duffy	Unattached	3:03.69
4 Mary Thane	Mountain West	TC 3:04.95
5 Mimi Ney	Unattached	3:14.17
6 Pat Contreras	SoCal Track	3:14.76
7 John Araujo	Unattached	3:17.38
8 Debbie Barraza-Lee	SoCal Trac	k 3:18.07
9 Sam Thompson	Unattached	d 3:29.58
10 Al Escobosa	Striders	3:32.48

Mt. Sac Relays 2007: Men 800 Meter Run Masters

1	Men 800 Meter Run	Masters	
	Name	Year Team Fir	nals
	1 Carnegie, Joe	Genesis Sub2	1:58.33
	2 Hegelbach, Peter	Fleet Feet Racing	2:00.32
	3 Kastor, Vaughn	Unattached	2:02.53
	4 Potter, Christophe	er Nike Central Park	2:02.82
	5 Paulk, Kevin	Bowerman TC	2:03.16
	6 Van Cleve, Rob	Fibo Track Club	2:04.68
	7 Alexander, Mark	Sea Front Run	2:05.47
	8 Shaheed, Nolan	SoCal Track	2:07.24
	9 Garabaldi, Ralph	Unattached	2:08.96

Mt. Sac Relays: 2008:

Event 504 Men 800 Meter Run Masters		
Name	Year Team F	Finals
1 Grant, Horace	Houston Elite TC	2:07.31
2 Shaheed, Nolan	SoCal Track	2:07.86
3 Barda, Kevin	Fluffy Bunny TC	2:09.98
4 Connel, Steven	Unattached	2:11.79

Event 503 Women 800 Meter Run Masters

Name	Year Team	Finals
1 Thane, Mary	Mountain W	Test TC 2:23.13
2 Fischer, Tania	SeeJaneRun	2:24.47
3 Paisley, Jennifer	Mountain W	est TC 2:32.38
4 Contreras, Patrici	ia SoCal Tracl	k 2:42.54
5 Lee, Debbie	SoCal Track	2:49.07

Results are per the <u>www.usatf.org</u> website

Mt. Sac Relays: 2009:

Men 800 Meter Master's	8	
Name Ye	ar Team	Finals
1 Kunselman, David	SoCal Track	2:06.86
2 Bittinger, Christophe	er Unattached	2:09.52
3 Gates, Robert	Unattached	2:10.12
4 Duncanson, Rob	Kd32	2:11.81
5 Walker, Richard	Unattached	2:18.57
6 Cleary, Mark	SoCal Track	2:23.60

Mt. Sac Relays: 2010: Man 800 Mater Master'

Men 800 Meter Mas	ster's	
Name	Year Team	Finals
1 Matt Bogdanowi	cz Strawbery Canyon	TC 2:05.13
2 Bret Evans	Unattached	2:06.97
3 Steven Connell	Unattached	2:07.70
4 Tyrus Deminter	Brooks	2:08.99
5 Mark Steuer	Unattached	2:09.75
6 Nolan Shaheed	SoCal Track	2:10.78
	Pending AR N	M60
7 Paul Fragua	SoCal Track	2:11.07
8 Robert Gates	SoCal Track	2:12.64
9 Scott Bickham	Genesee Valley	H 2:14.10

Women 800 Meter Master's

Name	Year Team	Finals
Finals		
1 Karen Steen	Club Northwest	2:20.74
2 Tania Fischer	The Janes	2:21.74
3 Kirsten Leetch	The Janes	2:30.29
4 Jennifer Hegarty	New Balance Boston	2:38.41

Mt. Sac Relays: <u>http://www.mtsacrelays.com/</u>

Results are per the <u>www.usatf.org</u> website

Millrose Games 2006:

Masters Men's 4x400m Relay		
1 Synergy Track Club	3:40.68	
2 Central Park Track Club	3:42.23	
3 Southwest Sprinters	3:44.08	
4 2nd Wind Track Club	3:47.26	
5 Shore Athletic Club	3:51.30	
6 The Running Company	3:57.66	

Masters Women's 4x400m Relay

1 Atoms Track Club	4:38.59
2 Genesee Valley Harriers	4:41.08
3 Bohemia Track Club	4:50.75
4 Shore Athletic Club	4:56.91
5 Central Park Track Club	5:06.23
6 Northport Running Club	5:17.18

Millrose Games 2007:

Men 4x400 Meter Relay Masters	
1 Nike Central Park Track Club	3:35.86
2 Southwest Sprinters	3:36.99
3 Synergy Track Club	3:42.80
4 2nd Wind Track Club	3:44.43
5 Shore Athletic Club	3:44.45
6 Mass Velocity Track Club	3:46.58

Women 4x400 Meter Relay Masters	
1 Athena Track Club	4:27.28
2 Bohemia Track Club	4:57.00

2 Bohemia Track Club	4:57.00
3 Nike Central Park Track Club	5:03.97
4 Long Island RRC	5:22.11
5 Northport	5:38.43

Millrose Games 2008: Men 4x400 Meter Relay Ma

Men 4x400 Meter Relay Masters	
Team	Finals
1 Southwest Sprinters	3:37.22
2 Nike Central Park Track Cl	3:44.54
3 Shore Athletic Club	3:52.04
4 Phila Athletic Charities	3:52.52
5 2nd Wind Track Club	3:54.90
6 Shore Athletic Club 'B'	4:15.24

Masters Invitational Program Review 2001 to 2010Results are per the www.usatf.orgwebsite

Millrose Games 2008 - continued:

Team Fina	
I Galli I'llia	
1 Athena Track Club	4:36.27
2 Shore Athletic Club	4:45.37
3 Nike Central Park Track Club	4:56.90
4 Bohemia Track Club	4:59.89
5 Nike Central Park Track Club 'B'	5:36.12

Millrose Games 2009:

Men 4x400 Meter Relay Masters	
Team	Finals
1 Southwest Sprinters	3:35.84
2 Nike Central Park Track Club	3:38.51
3 2nd Wind Track Club	3:43.26
4 Greater Philadelphia TC	3:46.94
5 Shore Athletic Club	3:58.77
6 Shore Athletic Club 'B'	4:38.22

Millrose Games 2009:

Women 4x400 Meter Relay Masters	
Team	Finals
1 Athena Track Club	4:23.73
2 Millrose Athletic Association	4:25.86
3 Fleet Feet	4:41.57
4 Nike Central Park Track Club	4:41.59
5 Bohemia Track Club	4:56.33
6 Greater Philadelphia TC	5:00.03

Millrose Games 2010:

Men 4x400 Meter Relay Masters	
Team	Finals
1 Greater Philadelphia TC	3:44.79
2 Central Park Track Club	3:44.90
3 Greater Philadelphia TC 'B'	3:53.06
4 Mass Velocity Track Club	4:00.24
5 Shore Athletic Club	4:17.31
 Greater Philadelphia TC Central Park Track Club Greater Philadelphia TC 'B' Mass Velocity Track Club 	3:44.79 3:44.90 3:53.06 4:00.24

Women 4x400 Meter Relay Masters	
1 Athena Track Club	4:20.03
2 Millrose Athletic Association	4:22.37
3 Central Park Track Club	4:47.73
4 Greater Philadelphia TC	4:59.41
5 Central Park Track Club 'B'	5:33.49