

-- Cuyamaca Mountain Weekend: If you have not made your reservation and want to be in on the fun and running at Camp Cuyamaca, October 7-8-9th, call Donna Gookin, 582-7752, today! Just \$15.00 for each adult and \$6.00 for children under 6, for 2 nights and 6 meals—swimming—badminton—volleyball—basketball—softball—etc. and miles and miles of running trails! Individual meals are \$2.00, \$1.00 for children, if you'll just be up for a day. The cross country run has been moved to 4:30 p.m. Saturday...but plan on enjoying a relaxed weekend with us...no cooking...no dishes... no lawn-mowing...just fun! Be sure to get your reservation in today.

-- Aztec Invitational bigger and better than ever. This years Aztec Invitational is shaping up to be one of the best cross country meets on the West Coast. The meet actually starts on Friday, the 20th, at 4:30, with the junior college division. The ever popular high school section races are scheduled to start at 8 am. on Saturday, the 21st of October. This could prove to be a real thriller with Monte Vista, Granite Hills, and San Diego as possible winners. The University and Open division, starting at noon, will host an impressive array of teams. Cal State, Long Beach, University of Arizona, and University of the Pacific, plus tentative U.S.C. and U.C.L.A. teams, add up to a hotly contested race. Note: The U.C.S.D., Pasadena, SDTC, Vets meet on Oct. 21st, has been cancelled. These teams will compete in the Aztec Invitational. The Veterans division is scheduled to start at 1 p.m., with awards given this year.

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-- The scene for the November family run will shift to San Clemente Canyon Park.

- Oct. 6,7,8th....Run, Fun, Fellowship weekend, Camp Cuyamaca.
- Oct. 7.....Culver City Athletic Assn, 15k XC, 9 a.m. (for details call Wes Alderson (213) 472-4140)
- Oct. 7.....Will Rogers/CCAC 9 mile XC, Polo Grounds on Will Rogers State Park Rd., rolling hills, 9am.
- Oct. 14.....UCSD, Chapman, Azusa and SDTC Masters at UCSD, 11:00 a.m.
- Oct. 14.....USTFF Western Championships, Long Beach, 6 miles, 10 a.m.
- Oct. 15.....Santa Barbara Marathon, 7:30 a.m. entries required, contact Tom Bache or Bill Gookin, or contact: John Brennand, 4476 Meadowlark Lane, Santa Barbara, Ca. 93105.
- Oct. 20 & 21....Aztec Invitational, Balboa Park, see above for more details.
- Oct. 22.....STC 4 man 10 mile Medley Relay, Alondra Park Gym, Redondo Beach, 9 a.m.
- Oct. 28.....SPA Vet 6km XC Champs, Mt. San Antonio College, 12:30 p.m.
- Oct. 29.....Long Beach 16.2 mile, Check in at Long Beach State track 8 a.m.
- Nov. 4.....SDTC Vets and L.A.P.D. XC 10km at U.C.S.D. 11 a.m.
- Nov. 5.....Family run, San Clemente Canyon and Regents Rd. 2.p.m.
- Nov. 11.....SPA 10km XC Champs, Mt. San Antonio College, 10 a.m.
- Nov. 18.....PSA 10km XC Champs, at U.C.S.D. 12 Noon, (new course)
- Nov. 18.....Masters AAU XC Champs, Bloomfield Hills, Mich.
- Nov. 25.....6th Annual So. Calif. Masters XC Champs, Saturday at 11.a.m. Balboa Park.
- Nov. 25.....Nat'l AAU XC Champs, Washington Park, Chicago
- Nov. 26.....Rose Bowl 10.08 mile Handicap, 9 a.m.
- Dec. 3.....Culver City Marathon, write Western Hemisphere Marathon, Box 507, Culver City, Ca. 90230.
- Dec. 9.....Family Run, 9 a.m.
- Dec. 16.....Nat'l AAU 25km Champs, Mission Bay, Cal Garrett, Meet Director.

SDTC "A" TEAM CROSS COUNTRY SCHEDULE

- Sept. 23.....SDSU & others at Balboa Park, 6 miles, 11:00 a.m.
- Oct. 1.....Bye
- Oct. 7.....Cuyamaca 10,000m, Camp Cuyamaca in the Lagunas 4:30 p.m. (a good time to get in some long training during the weekend.)
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- Nov. 11.....Southern Pacific AAU Championships, to be announced.
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S.D.T.C. PORTRAIT

Tulley Mann has become a name well known in West Coast distance running circles. In his two year tenure with the SDTC, Tulley has established himself as one of the most capable long distance runners in the Western U.S.

Tulley started his running career as a junior at the Stewart Indian school (high school), near Carson City, Nevada. The rugged terrain and climate of the Carson Valley, gave Tulley a valuable stamina, which has proved one of his best assets in recent competition.

From secondary school Tulley entered one of the most notable distance oriented Universities in the U.S., Northern Arizona University.

Our runner gained valuable experience at N.A.U. for two years, then joined the U.S. Marines. His tour of duty, fortunately for us, landed Tulley in San Diego at M.C.R.D.

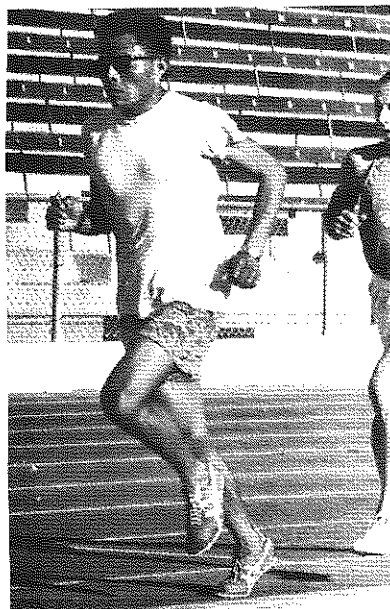
One of the most noteworthy, yet disappointing wins for Tulley was his victory in the arduous Griffith Park Marathon in L.A. Unfortunately, his winning time, slowed by 90 degree plus temperatures, didn't qualify him for the Olympic trials at Eugene. Undaunted this SDTC marathoner came back to run an impressive 2:26:05 at the Mission Bay Olympic trial qualification marathon on May 7th.

When that day in Eugene came around a number of problems, weather and preparation time, combined to limit Tulley to 2:35:38 in his Olympic berth bid.

Tulley bounced back to post a very good 11 miles 159 yards in the Balboa one hour run in August, however.

Typical of marathoners, Tulley is back at it again, going for a win at the Santa Barbara Marathon next week.

Tulley will be returning to N.A.U. in the near future to complete his college education. He will be missed in San Diego, but he has made SDTC a better organization by his courage and determination.



Tulley Mann sets the winning pace in a recent 5000 meter run, Shannon Laird



Ergebnis-Liste/Result List

5. WELTBESTENKÄMPFE DER ÜBER 40 JÄHRIGEN LANGSTRECKENLÄUFER

5th WORLD CHAMPIONSHIP FOR LONG DISTANCE RUNNERS OVER 40 YEARS OF AGE

5000 m • 10000 m • Marathon

Turnverein Refrath 1893 e.V.





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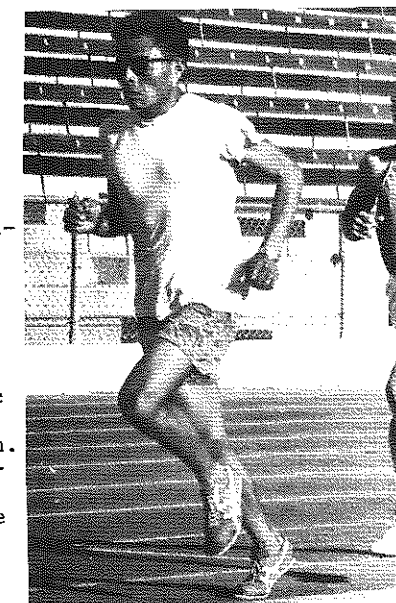
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