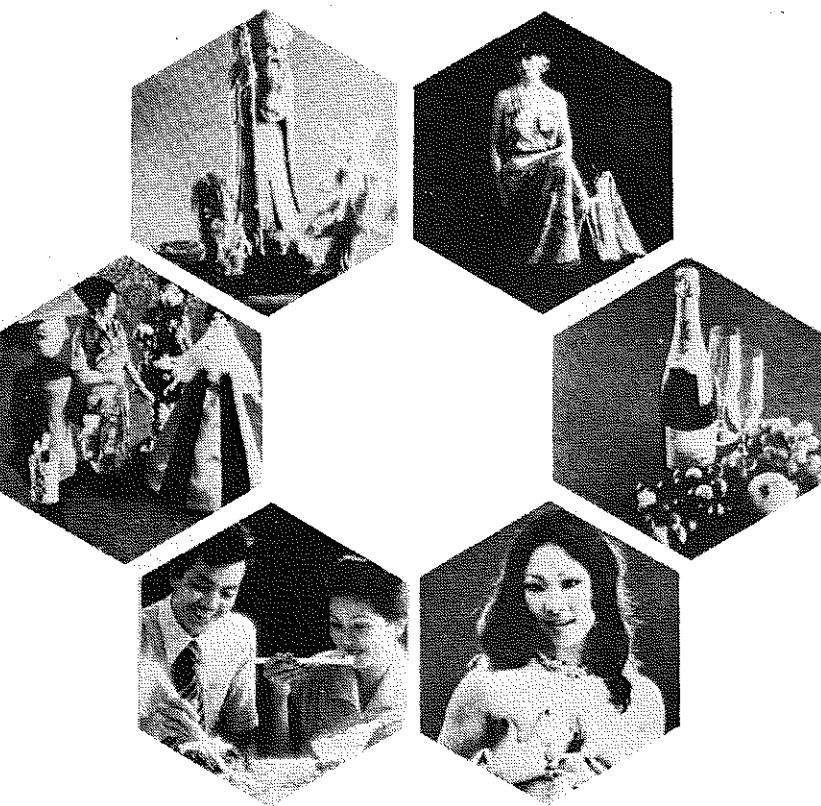
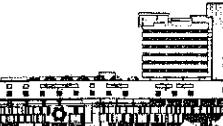


* Tom CLAYTON (400) Long Jurs. & 200 meters
JACK RANDOLPH Add Long Jump Event 2 M 45
John DICK LONG JUMP & SHOT PUT. 200 meter.
D. DAWKINS 400

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SINGAPORE MASTERS INAUGURAL TRACK & FIELD CHAMPIONSHIPS



PROGRAMME

DATE: 26/27 AUGUST 1978
VENUE: NATIONAL STADIUM

PRESIDENT'S MESSAGE



The growing interest over the past decade in age-graded track and field competition among veteran athletes has culminated in the staging of two World Masters Championships, the first one in Toronto Canada in 1975 and the last one in Gothenburg Sweden in 1977, with the planning for the third one next year in Hannover Germany.

With the formation of the Singapore Masters Track and Field Association in December last year and the inauguration of these Championships with participation by athletes from Australia, the United States of America and other countries, athletic competition among the middle-aged and elderly has at last reached our shores.

Middle age is generally taken to mean the period from 40 to 64. For many people middle age is the prime of life, not in physical prowess, but in terms of power, affluence and influence in society. While some may wish to be truly young again, most nurture a strong desire to preserve the good health, energy and vitality of youth.

Unfortunately the notion is prevalent, in Singapore anyway, that as one advances in age, even though one has led an active life as a sportsman, one has to slow down or cease vigorous physical activity altogether.

This may explain the curious phenomenon of the wiry Singapore athlete who having reached the heights in his youth suddenly disappearing from the scene to resurface with a double chin and a prosperity paunch before he is 30.

Yet physiologists tell us that the human organism prospers with physical activity and degenerates with physical inaction. This is as true in a newly-born babe in the dawn of life as in an elderly person in the twilight years.

At these Championships you will see a group of men and women, in their "middle years", plus and minus a few years both ends, perform in track and field. They are not out there to prove anything, least of all to prove they can outdo the younger generation. They are there (and some have travelled a long way to be there) because they derive great pleasure from their chosen sport and because they love the thrill of competition. For them happiness comes not with victory but with the realisation that they have given of their best, for one can do very well and yet lose.

Their performances, some of which may be astounding, will certainly be an eye-opener and food for thought for all in Singapore, the young and the not-so-young.

Dr Siak Chong Leng
Singapore Masters Track & Field Association

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Singapore 20. Tel: 4531134, 4538511

OFFICIALS OF THE MEET

MANAGER	Mr Maurice Nicholas
FIELD DOCTORS	Dr Lim Chin Hock
REFEREE	Mr Mok Khoon Yam
REFEREE (TRACK)	Mr Phee Sim Cheng
Mr Aziz Mustajab (Chief) Mrs Aziz Mustajab Mr Goh Kew Jiang Mrs Sally Cheong Mr Henry Bartholomeusz	
Mr Oon Cheng Moh (Throws Chief) Mr P Navaratnam Mr M Vijaya Kumar Mr Lim Siah Kin Mr Tan Kok Seng	Mr Lim Kim Yeow (Jumps Chief) Mr P K Panadan Mr C M John Mr King Foo Yuen
Mr P E Nathan (Chief) Mr Gurmit Singh	STARTERS Mr Kulwant Singh Mr Gordon P Deans
Mr K Kesavadas (Chief) Mr Muktiar Singh Mr S Balakrishnan Mr Steven Chong Mr S Doraraj Mr K Pakrisamy	TIMEKEEPERS Miss Rambir Kaur Mr Ramli Bin Adam Mr S Paul Mr R Subramaniam Mr George V Abraham
Mr Derrick De Souza (Chief) Miss Ellen Maha	WALK JUDGES Mr Gurusamy Ganesan Mr Ramswal Singh
Mr Philip Lee (Chief) Miss Low Miew Yin Miss Low Keng Hwee	TECHNICAL MANAGER Mr Chow Weng Kai
Mr K L Venugopalan (Chief) Miss Julie Foo Miss Norsheha	MARSHALS Miss Tan Sien Mae Miss Lim Gim Hong
Miss Pritam Kaur (Chief) Miss E Minjoot	RECORDERS Miss Margaret Ong Miss Chong Ann Hwa
Miss Joan Tan Miss Corrina Peterson	PRIZES Miss Sharon Desker
Miss Elaine Seow Miss Millie Phuah Miss Linda Ng	REFRESHMENTS Miss Lim Sze Chuing Miss Charlotte Yeo
Mr S R S Naidu Mr Joe Pereira	RECEPTION Miss Iris Lee Miss Margaret Matt
	ANNOUNCERS Miss Bianca Biana Tan

NOTICE TO COMPETITORS

- 1 The Meet is held under the Rules and Regulations of the Singapore Amateur Athletic Association Association except for the specifications of the throwing implements.
- 2 Competitors should be ready for their events 15 minutes before the time indicated on the programme. THEY SHOULD REPORT TO THE CHIEF MARSHAL WHO WILL CLEAR THEM FOR ENTRY INTO THE ARENA. The Organising Committee however, reserves the right to make any alterations in the programme that may be deemed necessary.
- 3 Competitors must wear their number tags. THEY SHOULD BE PROMINENTLY DISPLAYED ON THE FRONT AND BACK OF THEIR RUNNING VESTS.
- 4 **AGE-GROUPS:** Competitors have been divided into eight age-groups and these are identified by the first two digits of their number tags as follows:

35 —	Age-group 35 — 39	55 —	Age-group 55 — 59
40 —	" 40 — 44	60 —	" 60 — 64
45 —	" 45 — 49	65 —	" 65 — 69
50 —	" 50 — 54	70 —	" 70 & above

Proof of age is by NRIC for Singapore Nationals and by Passport or other valid travel document for foreign participants. Please have your proof of age ready for inspection if necessary.

- 5 **TRACK EVENTS:** A competitor missing his heat (if any) shall not run in another. Late entries from foreign participants will be accepted ONLY IF LANES ARE VACANT.

All competitors shall take the stations (lanes) in the order as indicated in the programme, except when the stations are drawn prior to the start of the event.

- 6 **FIELD EVENTS:** Competitors shall take their trials in the order in which their names appear in the programme unless the Referee decides to alter that order. All competitors shall be given 3 trials and the best 8 another 3 attempts — all attempts to count (except in High Jump and Pole Vault). The gear for Weight, Discus, Javelin, will be provided and competitors will not be allowed to use their own unless certified by the Organising Committee.

- 7 No person other than officials on duty and competitors (currently participating) will be allowed in the Arena. They should leave the Arena immediately after their event.

No spectator is allowed in the Arena. Team Managers may enter the Arena only for official purposes.

- 8 **PRIZES:** Medals will be awarded to the First, Second and Third place winners of every event. Medal-winners will receive their prizes at the end of each session (i.e. morning and afternoon).

- 9 **TIMINGS:** Hand-operated stopwatches will be used to record the Official Timings in all track events.

- 10 **RECORDS:** All winning times, distances and heights returned in this Meet shall be duly certified as the CHAMPIONSHIP RECORDS. ONLY SINGAPORE NATIONALS COMPETING IN THIS MEET and OTHER MEETS SANCTIONED BY THE SINGAPORE MASTERS TRACK AND FIELD ASSOCIATION after 27 December 1977 MAY HAVE THEIR RECORD PERFORMANCES submitted as the NATIONAL MASTERS' RECORDS.

Claims of records should be made to the Competition Chairman as soon as possible after such records have been established.

- 11 The Organising Committee shall not be responsible for property lost in the Restrooms/Changing Rooms or on the competition grounds.

- 12 While every care will be exercised and all precautions taken to prevent accidents, the Committee does not accept any responsibility for accidents or injuries sustained during this Meet.

ATTENTION ALL FOREIGN ATHLETES

Showers and other bathroom facilities are available in the National Stadium. It is suggested that participants registered in distant hotels avail themselves of these for a quick change of clothes for the evening's function at 7.30 pm on Sunday, August 27.

LIST OF COMPETITORS WITH NUMBERS

The State and/or Country from where the Athletes originate are indicated as follows:

ASV	-	ASV Cologne Club, West Germany
BR	-	Brunei
C	-	US Masters International Track Team California, United States of America
HK	-	Hong Kong
I	-	Surabaya, Indonesia
M	-	Malaysia
MC	-	Munich Club, West Germany
N	-	New South Wales, Australia
Q	-	Queensland, Australia
S	-	Singapore National
SA	-	South Australia, Australia
SR	-	Singapore Resident
T	-	Thailand
V	-	Victoria, Australia
WA	-	Western Australia, Australia

M35 (35 To 39+ MEN)

351	Don Fraser (T)
352	Freddie Chew (S)
353	Tham Chou Kin (S)
354	Foo Say Gee (S)
355	Brian Talbot (SR)
356	
357	Syed Alwi Aljunied (S)
358	Kwok Cheng Wah (S)
359	Reto Cavelti (SR)
360	Kan Wei Keong (S)
361	Peter Eustace (SR)
362	Peter Fuller (SR)
363	Chua Chye Seng (S)
364	N Segarajasingam (S)
365	Safiuuddin Othman (S)
366	Chen Yeu Wah (S)
367	Bernard Lee (S)
368	Wong Boo Wil (M)
369	Yeoh Teck Choon (S)
370	
371	
372	
373	
374	
375	

M40 (40 To 44+ MEN)

401	Colin Stubbings (Q)
402	Clement Wong (S)
403	Siak Chong Leng (S)
404	Steven Williams (SR)
405	Kassim Bin Salleh (S)
406	Kenneth Pereira (S)
407	Jim O'Neil (HK)
408	Hwang Hock Lim (S)
409	Goh Hood Thiam (S)
410	Raj Kuppusamy (S)
411	Ken Mitchell (N)
412	Locan Irwin (N)
413	Gazari Bin Gulam (S)
414	Wes Dauncey (SR)
415	Rocky Chau (S)
416	L Deller (V)
417	Ow Mun Hong (S)
418	Tom Hancock (V)
419	Chhabilal Rana (S)
420	Tan Chong Ming (S)
421	Richard Tan (S)
422	Tan Boh Lim (S)
423	Koh Kim Chan (S)
424	
425	

W35 (35 To 39+ WOMEN)

380	Rosemarie Chevalley (ASV)
381	
382	

M45 (45 To 49+ MEN)

451	Hari Chandra (S)
452	M Subramaniam (S)
453	Edwin Khoo (S)
454	Tamin Merican (M)
455	Benedict Gomez (S)
456	Andy Blunier (HK)
457	Derek Morris (SR)
458	Brian Alcott (SR)
459	Jack Randolph (C)
460	John Mahnidapala (S)
461	Mervyn Rozario (S)
462	B W Wiradinata (I)
463	
464	

W45 (45 To 49+ WOMEN)

465	Anna Fong (C)
466	
467	

M55 (55 To 59+ MEN)

551	Ali Bin Ahmad (S)
552	Rex Ploen (SR)
553	Bernard Hogan (C)
554	S Veerasamy (S)
555	Ang Kian Guan (S)
556	Ted McDonald (V)
557	A Sibidol (BR)
558	M Sandasamy (S)
559	Norman Hansen (C)
560	

W55 (55 To 59+ WOMEN)

571	Aileen Hogan (Q)
572	
573	

M65 (65 To 69+ MEN)

651	G Ganesan (S)
652	D C Perreau (S)
653	Bob Boal (C)
654	John Dick (S)
655	Tan Poo An (I)

M50 (50 To 54+ MEN)

501	Bob Clarke (SA)
502	Alan Calder (V)
503	D Krishnasamy (S)
504	Arthur Briffa (WA)
505	Des Frawley (Q)
506	Ho Foom Onn (S)
507	Tom Clayton (C)
508	Ossie Dawkins (C)
509	Thomas Fong (C)
510	Vance Koerner (C)
511	Jim O'Neil (C)
512	
513	
514	

W50 (50 To 54+ WOMEN)

520	Laurel Frawley (Q)
521	
522	

M60 (60 To 64+ MEN)

601	Alex Lampard (SA)
602	A A Digance (SA)
603	Jack Stevens (V)
604	M K Sundram (S)
605	
606	
607	
608	
609	
610	

M70 (70 And Over MEN)

701	Sim Thiam Hwee (S)
702	Perc Barnes (SA)
703	Ken Carnine (C)
704	Sing Lum (C)
705	

TIME TABLE OF EVENTS

SATURDAY 26 AUGUST 1978

Event 1	10,000 Metres (National Stadium Practice Track)	5:30 pm
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SUNDAY 27 AUGUST 1978

Event 1	Shot Putt	9:00 am
Event 2	Long Jump	9:00 am
Event 3	1500 Metres	9:30 am
Event 4	100 Metres	10:00 am
Event 5	High Jump	10:15 am
Event 6	3000 Metres Steeplechase	10:40 am
Event 7	Javelin Throw	11:15 am
Event 8	400 Metres	11:30 am

LUNCH BREAK

Event 9	110 Metres Hurdles	3:00 pm
Event 10	Hammer Throw	3:00 pm
Event 11	Triple Jump	3:30 pm
Event 12	800 Metres	3:30 pm
Event 13	3000 Metres Walk	4:10 pm
Event 14	Pole Vault	4:30 pm
Event 15	200 Metres	4:45 pm
Event 16	Discus Throw	5:15 pm
Event 17	5000 Metres	6:00 pm

OFFICIAL RECEPTION (Stadium Restaurant)	7:30 pm
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**SINGAPORE MASTERS
INAUGURAL
TRACK AND FIELD CHAMPIONSHIPS
PROGRAMME**

- * Numbers preceding names are lane positions and those after are the competitors' identification.
- * All records shown have been established in July 1978.
Where no records are shown they have yet to be established or ratified.
- * In field events each age group competes successively in the order shown in the programme.

SATURDAY 26 AUGUST 1978

NATIONAL STADIUM PRACTICE TRACK

EVENT 1 5:30 pm

10,000 METRES CHAMPIONSHIP

All age groups will compete in one event.

M35

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Kan Wei Keong (S)	360
2	Peter Fuller (SR)	362
3	Chua Chye Seng (S)	363
4	Bernard Lee (S)	367
5			

M40

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Rocky Chau (S)	415
2	Ken Mitchell (N)	411
3	Raj Kuppusamy (S)	410
4	Wes Davncey (SR)	414
5	Gazari Bin Gulam (S)	413
6	Tan Bok Lim (S)	422
7	Koh Kim Chan (S)	423
8			

M45

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Derek Morris (SR)	457
2	Andy Blunier (HK)	456
3	Brian Alcott (SR)	458
4			
5			

M50

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Arthur Briffa (WA)	504
2	D Krishnasamy (S)	503
3	Thomas Fong (C)	509
4	Jim O'Neil (C)	511

M55

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Ang Kian Guan (S)	555
2	Ted McDonald (V)	556
3	Norman Hansen (C)	559
4			

M60

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	A A Digance (SA)	602
2			
3			

SUNDAY 27 AUGUST 1978

NATIONAL STADIUM

EVENT 1

9:00 am

SHOT PUTT CHAMPIONSHIP

M35

Singapore Allcomers : Syed Alwi Aljunied 8.76 m
Singapore National : Syed Alwi Aljunied 8.76 m

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	N Segarajasingam (S)	364
2	Chen Yeu Wah (S)	366
3	Peter Eustace (S)	361
4	Syed Alwi Aljunied (S)	356
5			

M40

Singapore Allcomers : Hwang Hock Lim 6.57 m
Singapore National : Hwang Hock Lim 6.57 m

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Tom Hancock (V)	418
2	Hwang Hock Lim (S)	408
3	Chhabilal Rana (S)	419
4	Tan Chong Ming (S)	420
5	B W Wiradinata (I)	462
6			

M45 Singapore Allcomers : Edwin Khoo 6.65 m
Singapore National : Edwin Khoo 6.65 m

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Edwin Khoo (S)	453
2	Brian Alcott (SR)	458
3		
4		

M50 (6.0 kg)

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Ho Foom Onn (S)	506
2		
3		

M55 (6.0 kg)

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	A Sibidol (BR)	557
2		

M70 (4.0 kg)

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Perc Barnes (SA)	702
2	Sim Thiam Hwee (S)	701
3		

W40 (4.0 kg)

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Rosemarie Chevalley (ASV)	430
2		

EVENT 2

LONG JUMP CHAMPIONSHIP

M35 Singapore Allcomers : Chua Chye Seng 4.10 m
Singapore National : Chua Chye Seng 4.10 m

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Safiuddin Othman (S)	365
2	Don Fraser (T)	351
3	N Segarajasingam (S)	364
4		
5		

W40

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Rosemarie Chevalley (ASV)	430
2		

M40 Singapore Allcomers : Rocky Chau 4.57 m
Singapore National : Rocky Chau 4.57 m

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Clement Wong (S)	402
2	Steven Williams (SR)	404
3	Rocky Chau (S)	415
4	Kassim B Salleh (S)	405
5		

M45

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Tamin Merican (M)	454
2		
3		

M50

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Bob Clarke (SA)	501
2	Des Frawley (Q)	505
3		

M55

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Rex Ploen (SR)	552
2		

M60

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Alex Lampard (SA)	601
2		

M70

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Sing Lum (C)	704
2		

EVENT 3

1500 METRES CHAMPIONSHIP

M35 Singapore Allcomers : Stuart Ellick (V) 4 m 37 s
Singapore National : Chua Chye Seng 5 m 3.2 s

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Reto Cavelti (SR)	359
2	Chua Chye Seng (S)	363
3	Foo Say Gee (S)	354
4	Freddie Chew (S)	352
5	Syed Alwi Aljunied (S)	357
6	Yeoh Teck Choon (S)	369

9:00 am

9:30 am

M40 Singapore Allcomers : Raj Kuppusamy 4 m 33.0 s
Singapore National : Raj Kuppusamy 4 m 33.0 s

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Ken Mitchell (N)	411
2	Raj Kuppusamy (S)	410
3	Locan Irwin (N)	412
4	Goh Hood Thiam (S)	409
5	

M50

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Vance Koerner (C)	510
2	Thomas Fong (C)	509
3	

W50

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Laurel Frawley (Q)	520
2	

M55

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Rex Ploen (SR)	552
2	S Veerasamy (S)	554
3	

M65

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Tan Poo An (I)	655
2	

M70

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Perc Barnes (SA)	702
2	

NB The M50, W50, M55, M65 and M70 1500 Metres runs will be conducted together.

EVENT 4

10:00 am

100 METRES CHAMPIONSHIPS

M35 Singapore Allcomers : Foo Say Gee 13.8 s
Singapore National : Foo Say Gee 13.8 s

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Freddie Chew (S)	352
2	Tham Chok Kin (S)	353
3	Foo Say Gee (S)	354
4	Don Fraser (T)	351
5	Brian Talbot (SR)	355
6	
7	
8	

M40 Singapore Allcomers : Siak Chong Leng 12.9 s
Singapore National : Siak Chong Leng 12.9 s

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Clement Wong (S)	402
2	Siak Chong Leng (S)	403
3	Kenneth Pereira (S)	406
4	Colin Stubbings (Q)	401
5	Steven Williams (SR)	404
6	Kassim B Salleh (S)	405
7	
8	

W40

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Rosemarie Chevalley (ASV)	430
2	

M45 Singapore Allcomers : Edwin Khoo 13.7 s
Singapore National : Edwin Khoo 13.7 s

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Tamin Merican (M)	454
2	M Subramaniam (S)	452
3	Edwin Khoo (S)	453
4	Mervyn Rozario (S)	461
5	Hari Chandra (S)	451
6	Jack Randolph (C)	459
7	Benedict Gomez (S)	455
8	John Mahnidapala (S)	460

M50

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Ossie Dawkins (C)	508
2	Alan Calder (V)	502
3	Bob Clarke (SA)	501
4	

M55 Singapore Allcomers : Ali Bin Ahmad 14.3 s
Singapore National : Ali Bin Ahmad 14.3 s

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Rex Ploen (SR)	552
2	Bernard Hogan (C)	553
3	Ali Bin Ahmad (S)	551
4	

W55

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Aileen Hogan (Q)	571
2	

M60

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Alex Lampard (SA)	601
2	A A Digance (SA)	602
3	

M65

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	D C Perreau (S)	652
2		

M70

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Ken Carnine (C)	703
2	Sim Thian Hwee (S)	701
3	Sing Lum (C)	704
4		

NB The 100 Metres W40 and W55 events will be one race and the M60 and M65 another.

EVENT 5

10:15 am

HIGH JUMP CHAMPIONSHIP

M35 Singapore Allcomers : Syed Alwi Aljunied 1.35 m
Singapore National : Syed Alwi Aljunied 1.35 m

	<u>NAME</u>	<u>PLACING</u>	<u>HEIGHT</u>
1	N Segarajasingam (S)	364
2		

M40 Singapore Allcomers : Clement Wong 1.30 m
Singapore National : Clement Wong 1.30 m

	<u>NAME</u>	<u>PLACING</u>	<u>HEIGHT</u>
1	Tom Hancock (V)	418
2	Hwang Hock Lim (S)	408
3	Kassim B Salleh (S)	405
4	Clement Wong (S)	402
5		

	<u>NAME</u>	<u>PLACING</u>	<u>HEIGHT</u>
1	Bob Clarke (SA)	501
2		

	<u>NAME</u>	<u>PLACING</u>	<u>HEIGHT</u>
1	Alex Lampard (SA)	601
2		

	<u>NAME</u>	<u>PLACING</u>	<u>HEIGHT</u>
1	Bob Boal (C)	653
2	John Dick (C)	654

	<u>NAME</u>	<u>PLACING</u>	<u>HEIGHT</u>
1	Sing Lum (C)	704
2		

EVENT 6

10:40 am

3000 METRES STEEPLECHASE CHAMPIONSHIP

All age groups will compete in the one event.

M40

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Rocky Chau (S)	415
2		

M50

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Bob Clarke (SA)	501
2		

M60

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Alex Lampard (SA)	601
2		

M65

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Bob Boal (C)	653
2		

EVENT 7

11:15 am

JAVELIN THROW CHAMPIONSHIP

M35 Singapore Allcomers : Safiuddin Othman 35.3 m
Singapore National : Safiuddin Othman 35.3 m

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	N Segarajasingam (S)	364
2	Safiuddin Othman (S)	365
3	Peter Eustace (SR)	361
4		

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Gazari Bin Gulam	20.43 m
2	Singapore National : Gazari Bin Gulam	20.43 m

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Richard Tan (S)	421
2	Hwang Hock Lim (S)	408
3	Tom Hancock (V)	418
4	B W Wiradinata (I)	462
5		

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Edwin Khoo (S)	453
2		

M50

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Des Frawley (Q)	505
2	Ho Foom Onn (S)	506
3		

M55

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	A Sibidol (BR)	557
2		

M65 (600 g)

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	John Dick (C)	654
2	Bob Boal (C)	653
3		

M70 (600 g)

	<u>NAME</u>	<u>PLACING</u>	<u>DISTANCE</u>
1	Perc Barnes (SA)	702
2	Ken Carnine (C)	703
3		

EVENT 8

11:30 am

400 METRES CHAMPIONSHIP**M35**

Singapore Allcomers : Stuart Ellick (V) 56.6 s
 Singapore National : Kwok Cheng Wah 58.0 s

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Tham Chok Kin (S)	353
2	Kwok Cheng Wah (S)	358
3	Reto Cavelti (SR)	359
4	Syed Alwi Aljunied (S)	357
5		

M40

Singapore Allcomers : Siak Chong Leng 58.4 s
 Singapore National : Siak Chong Leng 58.4 s

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Kenneth Pereira (S)	406
2	Siak Chong Leng (S)	403
3	Jim O'Neil (HK)	407
4	Kassim Bin Salleh (S)	405
5	Colin Stubbings (Q)	401
6	Goh Hood Thiam (S)	409
7	Hwang Hock Lim (S)	408
8		

M45

Singapore Allcomers : Hari Chandra 59.1 s
 Singapore National : Hari Chandra 59.1 s

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Mervyn Rozario (S)	461
2	Hari Chandra (S)	451
3	Jack Randolph (C)	459
4	Benedict Gomez (S)	455
5		

M50

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Bob Clarke (SA)	501
2	Tom Clayton (C)	507
3	Ossie Dawkins (C)	508
4		

M55

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Rex Ploen (SR)	552
2		

M60

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	M K Sundram (S)	604
2	Alex Lampard (SA)	601
3	Jack Stevens (V)	603
4		

M65

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Bob Boal (C)	653
2		

M70

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Ken Carnine (C)	703
2		

NB The 400 Metres M55, M65 and M70 events will be a combined race.

* * * LUNCH BREAK * * *

EVENT 9

3:00 pm

110 METRES HURDLES CHAMPIONSHIP

The M35, M40 and M50 events will be combined.
 The M60 and M65 events will be combined.

M35

	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	N Segarajasingam (S)	364
2		

M40 (99.6 cm)**NAME**

1 L Deller (V)

2

M50 (91.4 cm)**NAME**

1 Tom Clayton (C)

2

M60 (84.0 cm)**NAME**

1 Alex Lampard (SA)

2

M65 (84.0 cm)**NAME**

1 John Dick (C)

2 Bob Boal (C)

3

EVENT 10**HAMMER THROW CHAMPIONSHIP****M40****NAME**

1 Tom Hancock (V)

2 Chhabilal Rhana (S)

3

PLACING**PLACING****DISTANCE****PLACING****DISTANCE****M50****NAME**

1 Des Frawley (Q)

2

PLACING**PLACING****DISTANCE****PLACING****DISTANCE****M70****NAME**

1 Perc Barnes (SA)

2

PLACING**PLACING****DISTANCE****PLACING****DISTANCE****EVENT 11****TRIPLE JUMP CHAMPIONSHIP****M35**Singapore Allcomers : Safiuddin Othman 10.85 m
Singapore National : Safiuddin Othman 10.85 m**NAME**

1 Don Fraser (T)

2 Safiuddin Othman (S)

3 N Segarajasingam (S)

4

PLACING**PLACING****DISTANCE****PLACING****DISTANCE****M40**

Singapore Allcomers : Rocky Chau 9.86 m

Singapore National : Rocky Chau 9.86 m

NAME

1 Hwang Hock Lim (S)

2 Steven Williams (SR)

3 Rocky Chau (S)

4 Kassim Bin Sulleh (S)

5 L Deller (V)

6

M50**NAME**

1 Bob Clarke (SA)

2 Des Frawley (Q)

3

M60**NAME**

1 Alex Lampard (SA)

2

M65**NAME**

1 John Dick (C)

2

3:00 pm3:30 pm**EVENT 12****800 METRES CHAMPIONSHIP**

The M45 and M55 events will be combined.

M35

Singapore Allcomers : Kwok Cheng Wah 2 m 23.5 s

Singapore National : Kwok Cheng Wah 2 m 23.5 s

NAME

1 Kwok Cheng Wah (S)

2 Reto Cavelti (SR)

3 Freddie Chew (S)

4 Syed Alwi Aljunied (S)

5 Yeoh Teck Choon (S)

6

M40

Singapore Allcomers : Raj Kuppusamy 2 m 14.9 s

Singapore National : Raj Kuppusamy 2 m 14.9 s

NAME

1 Hwang Hock Lim (S)

2 Goh Hood Thiam (S)

3 Siak Chong Leng (S)

4 Kenneth Pereira (S)

5 Colin Stubbings (Q)

6 Raj Kuppusamy (S)

7

PLACING**TIME**3:30 pm**PLACING****TIME**

M45			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Hari Chandra (S)	451
2	
M50			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Tom Clayton (C)	507
2	Vance Koerner (C)	510
3	Bob Clarke (SA)	501
4	
M55			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Rex Ploen (SR)	552
2	
M60			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Jack Stevens (V)	603
2	Alex Lampard (SA)	601
3	
M65			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Bob Boal (C)	653
2	Tan Poo An (I)	655
3	
EVENT 13			
	3000 METRES WALK CHAMPIONSHIP		
	All age groups will compete together.		
M35			
	Singapore Allcomers : Peter Eustace 17 m 16.6 s		
	Singapore National : Syed Alwi Aljunied 17 m 45.8 s		
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Peter Eustace (SR)	361
2	Syed Alwi Aljunied (S)	357
3	
M40			
	Singapore Allcomers : Rocky Chau 16 m 49.4 s		
	Singapore National : Rocky Chau 16 m 49.4 s		
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Locan Irwin (N)	412
2	Raj Kuppusamy (S)	410
3	Rocky Chau (S)	415
4	Kassim Bin Salleh (S)	405
5	
M50			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	D Krishnasamy (S)	503
2	

M55			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	M Sandasamy (S)	558
2	
M60			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	A A Digance (SA)	602
2	
M65			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	G Ganesan (S)	651
2	
M70			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Sim Thiam Hwee (S)	701
2	
EVENT 14			
	POLE VAULT CHAMPIONSHIP		
M40			
	<u>NAME</u>	<u>PLACING</u>	<u>HEIGHT</u>
1	L Deller (V)	416
2	Ow Mun Hong (S)	417
3	
M60			
	<u>NAME</u>	<u>PLACING</u>	<u>HEIGHT</u>
1	Alex Lampard (SA)	601
2	
EVENT 15			
	200 METRES CHAMPIONSHIPS		
M35			
	Singapore Allcomers : Brian Talbot (SR) 29.6 s		
	Singapore National : Chua Chye Seng 30.0 s		
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Brian Talbot (SR)	355
2	Don Fraser (T)	351
3	Tham Chou Kin (S)	353
4	Foo Say Gee (S)	354
5	Freddie Chew (S)	352
6	
7	
M40			
	Singapore Allcomers : Siak Chong Leng 26.2 s		
	Singapore National : Siak Chong Leng 26.2 s		
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Hwang Hock Lim (S)	408
2	Siak Chong Leng (S)	403
3	Steven Williams (SR)	404
4	Kenneth Pereira (S)	406
5	Jim O'Neil (HK)	407
6	Kassim Bin Salleh (S)	405
7	Clement Wong (S)	402
8	

5:15 pm

M45	Singapore Allcomers : Edwin Khoo 28.3 s Singapore National : Edwin Khoo 28.3 s	NAME	PLACING	TIME
1	Benedict Gomez (S)	445
2	Tamin Merican (M)	454
3	Jack Randolph (C)	459
4	Edwin Khoo (S)	453
5	M Subramaniam (S)	452
6	Hari Chandra (S)	451
7	Mervyn Rozario (S)	461
8	John Mahinidapala (S)	460
M50	NAME	PLACING	TIME	
1	Ossie Dawkins (C)	508
2	D Krishnasamy (S)	503
3	Alan Calder (V)	502
4	Bob Clarke (SA)	501
5				
W40	NAME	PLACING	TIME	
1	Rosemarie Chevalley (ASV)	430
2				
W55	NAME	PLACING	TIME	
1	Aileen Hogan (Q)	571
2				
M55	NAME	PLACING	TIME	
1	Ali Bin Ahmad (S)	551
2	Bernard Hogan (C)	553
3	Rex Ploen (SR)	552
4				
M60	NAME	PLACING	TIME	
1	A A Digance (SA)	602
2	Alex Lampard (SA)	601
3				
M65	NAME	PLACING	TIME	
1	D C Perreau (S)	652
2	Bob Boal (C)	653
3				
M70	NAME	PLACING	TIME	
1	Sing Lum (C)	704
2	Ken Carnine (C)	703
3				

EVENT 16**DISCUS THROW CHAMPIONSHIPS**

M35	Singapore Allcomers : N Segarajasingam 22.70 m Singapore National : N Segarajasingam 22.70 m	NAME	PLACING	DISTANCE
1	Chen Yeu Wah (S)	366
2	N Segarajasingam (S)	364
3	Peter Eustace (SR)	361
4				
M40	NAME	PLACING	DISTANCE	
1	Chhabilal Rana (S)	419
2	Tom Hancock (V)	418
3				
M45	Singapore Allcomers : Edwin Khoo 16.54 m Singapore National : Edwin Khoo 16.54 m	NAME	PLACING	DISTANCE
1	Edwin Khoo (S)	453
2				
M50 (1,5 kg)	NAME	PLACING	DISTANCE	
1	Ho Foom Onn (S)	506
2	Des Frawley (Q)	505
3				
W50 (1,0 kg)	NAME	PLACING	DISTANCE	
1	Lavrel Frawley (Q)	520
2				
M65 (1,0 kg)	NAME	PLACING	DISTANCE	
1	John Dick (S)	654
2	Bob Boal (C)	653
3				
M70 (1,0 kg)	NAME	PLACING	DISTANCE	
1	Ken Carnine (C)	703
2	Perc Barnes (SA)	702
3				
EVENT 17	5000 METRES CHAMPIONSHIPS			6:00 pm
	All age groups will compete in the one event.			
M35	Singapore Allcomers : Peter Fuller (SR) 18 m 1.3 s Singapore National : Chua Chye Seng 18 m 58.6 s	NAME	PLACING	TIME
1	Kan Wei Keong (S)	360
2	Foo Say Gee (S)	354
3	Brian Talbot (SR)	355
4	Chua Chye Seng (S)	363
5	Peter Fuller (SR)	362
6	Bernard Lee (S)	367
7	Peter Eustace (SR)	361
8	Yeoh Teck Choon (S)	369

M40	Singapore Allcomers : Raj Kuppusamy 17 m 1.6 s Singapore National : Raj Kuppusamy 17 m 1.6 s		
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Local Irwin (N)	412
2	Raj Kuppusamy (S)	410
3	Wes Davncey (SR)	414
4	Ken Mitchell (N)	411
5	Tan Bok Lim (S)	422
6	Colin Stubbings (Q)	401
7	Gazari bin Gulam (S)	413
8	Koh Kim Chan (S)	423
9	Siak Chong Leng (S)	403
10		
M45	Singapore Allcomers : Derek Morris (SR) 20 m 04 s Singapore National : Edwin Khoo 24 m 29 s		
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Andy Blunier (H)	456
2	Edwin Khoo (S)	453
3	Derek Morris (SR)	457
4	Brian Alcott (SR)	458
5		
6		
W45			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Anna Fong (C)	465
2		
M50			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Thomas Fong (C)	509
2	Arthur Briffa (WA)	504
3	Jim O'Neil (C)	511
4		
M55			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Rex Ploen (SR)	552
2	Ang Kian Guan (S)	555
3	Ted McDonald (V)	556
4	Norman Hansen (C)	559
5		
M60			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	A A Digance (SA)	602
2		
M65			
	<u>NAME</u>	<u>PLACING</u>	<u>TIME</u>
1	Bob Boal (C)	653
2		

* * * * *

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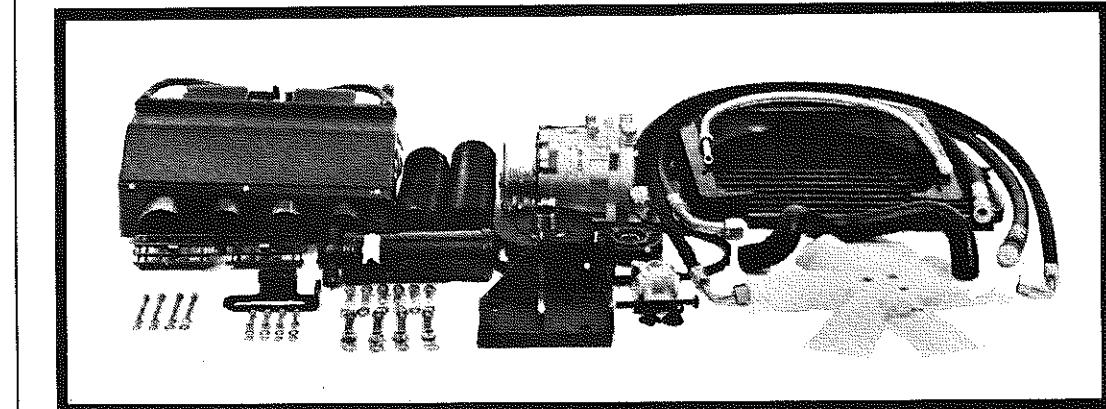
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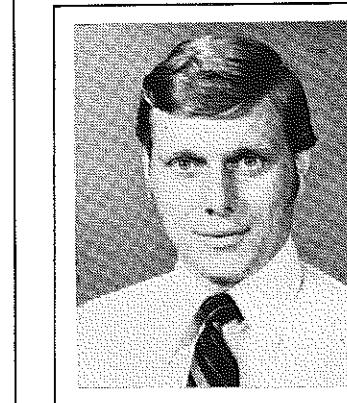
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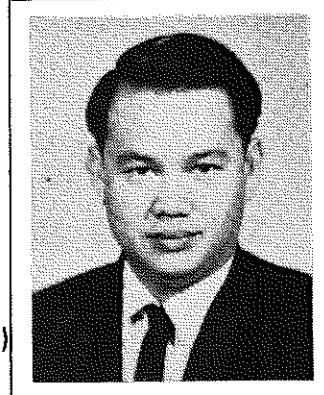
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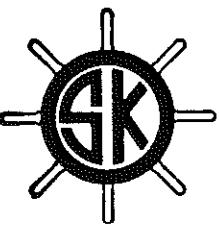
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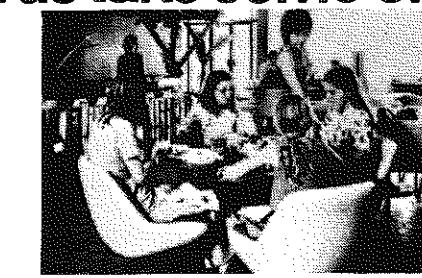
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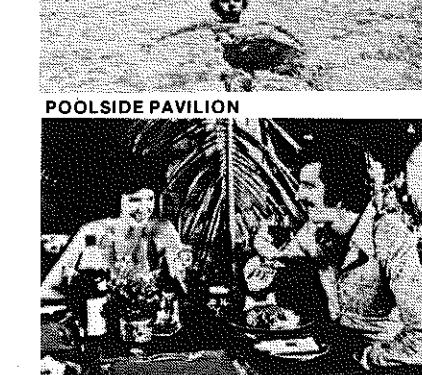
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OUR LOCATION**
just outside the central business district,
adjacent to the HOTEL MERLIN; a short drive
will get you to the city centre.

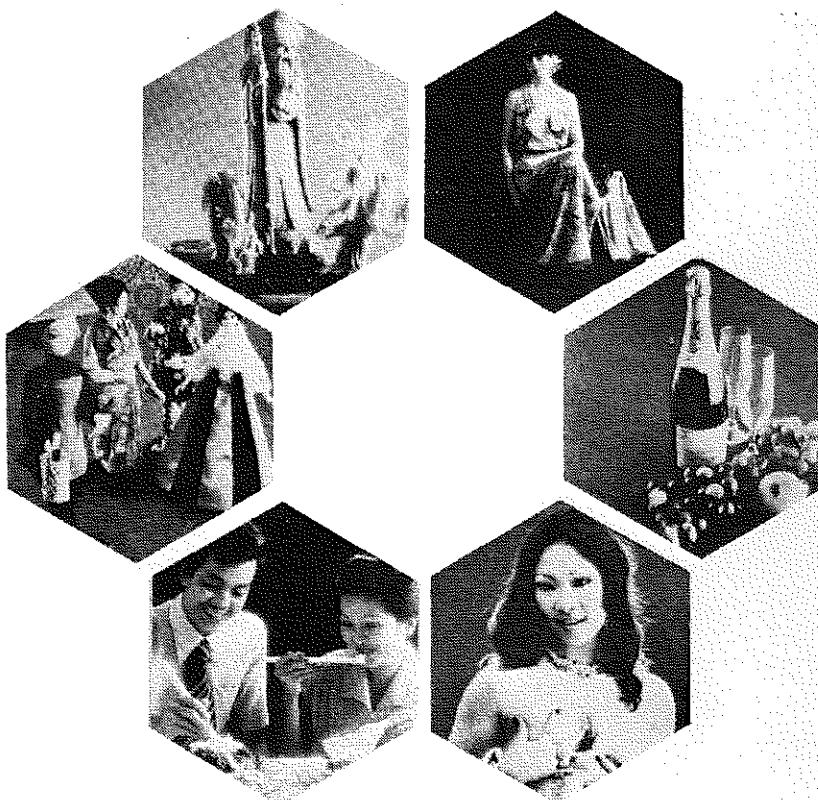
OUR FACILITIES
suitable for average sized conventions of
250-300 people; for your convenience,
technical equipment relevant to your needs
are available.

Function Rooms
we have 5 of them, of different sizes, plus
Board Rooms. Our smallest, the Fame
Room, can accommodate 50 persons
while the largest, the Grand Hall,
will accommodate 400. The Board Rooms are
ideal for small gatherings and talks.
Sports conventions can be held at the
Gymnasium and Squash Courts.

OUR OTHER FACILITIES
at the MERLIN HOTEL
COFFEE HOUSE—for snacks, quick meals
and the regular favourites
POOLSIDE PAVILION
perfect setting for a barbecue or buffet
MERLIN GRILL
for a quiet dinner

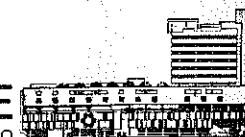
* Tom CLAYDON (400) Long Jurs & 200 meters
JACK RANDOLPH Add Long Jump Event 2 M 45
John DICK LONG JUMP & SHOT PUT 200 meter.
D. DAWKINS 400

HELLO TO GOOD BUYS!



TANGLIN SHOPPING CENTRE

19 TANGLIN ROAD, SINGAPORE 10



SINGAPORE MASTERS INAUGURAL TRACK & FIELD CHAMPIONSHIPS



PROGRAMME

DATE: 26/27 AUGUST 1978
VENUE: NATIONAL STADIUM